

1 **Luteolin transforms the BMDM polarity to regulate the expression of**
2 **inflammatory factors**

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15 **ABSTRACT** Macrophage are indispensable regulator cells in inflammatory response.
16 Macrophage polarization and its secreted inflammatory factors have affinity with the outcomes of
17 inflammation. Luteolin, a flavonoid abundant in plants has anti-inflammatory activity, but whether
18 luteolin can manipulate M1/M2 polarization of BMDM to suppress inflammation is still veiled.
19 The purpose of this study was to observe the effects of luteolin on the polarity of BMDM derived
20 from C57BL/6 mice and the expression of inflammatory factors, to explore the mechanism of

21 luteolin regulating the BMDM polarity. M1-polarized BMDM were induced by LPS+IFN- γ ,
22 M2-polarization were stimulated with IL-4. BMDM morphology was observed by laser confocal
23 microscopy; levels of BMDM differentiation and CD11c or CD206 on membrane surface were
24 assessed by FCM; mRNA and protein of M1/M2-type inflammatory factors were performed by
25 qPCR and ELISA, respectively; the expression of p-STAT1 and p-STAT6 protein pathways was
26 detected by Western-blotting. The isolated mouse bone marrow cells were successfully
27 differentiated into BMDM, LPS+IFN- γ induced BMDM M1-phenotype polarization, and IL-4
28 induced its M2-phenotype polarization. After M1-polarized BMDM treated with luteolin, M1-type
29 pro-inflammatory factors including IL-6, TNF- α , iNOS, CD86 were down-regulated while
30 M2-type anti-inflammatory factors including IL-10, Arg1, CD206 were up-regulated; the
31 expression of M1-type surface marker CD11c decreased, nevertheless, M2-type marker CD206
32 increased; levels of inflammatory signaling protein p-STAT1 and p-STAT6 were attenuated and
33 enhanced respectively. Our study suggests luteolin may transform BMDM polarity through
34 p-STAT1/6 to regulate the expression of inflammatory mediators, thereby inhibiting inflammation.
35 Naturally occurring luteolin hold promise as an anti-inflammatory and immunomodulatory agent.

36 **KEYWORDS:** cytokines, inflammation, BMDM polarization, luteolin

37 Inflammation is the immune system's response to invading pathogens, but aberrant
38 inflammation responses leads to a “cytokine storm” that makes patients sicker (1). Mounting
39 evidences found that continuous and/or repeated inflammatory stimuli could also induce tumors
40 (2). Therefore, the inflammatory response is a double-edged sword. If immune cells and
41 pro-inflammatory cytokines are overproduced, cytokine cascades occur, called “cytokine storm”
42 or termed as “inflammatory storm”, leading to sepsis, acute respiratory distress syndrome (ARDS)

43 and even multiple organ failure (MOF) (3). As well all know, pathogenic agents such as viral or
44 bacterial infections incur the pathological process of sepsis which is characterized by an
45 overwhelming generation of pro-inflammatory cytokines. Recently, global pandemic of
46 coronavirus disease 2019 (COVID-19) suffering from severe acute respiratory syndrome
47 coronavirus 2 (SARS-CoV-2) is also associated with macrophage hyperpolarization elicits
48 “cytokine storms” and viral sepsis (4). Thus, the immunomodulatory therapy of inflammation is
49 crucial for maintaining homeostasis (5-6).

50 Macrophages have been identified as critical effector cells in inflammatory/immune response
51 and can be activated by pathogenic agents or inflammatory mediators to secrete various
52 inflammatory factors. Meanwhile, heterogeneity and plasticity are hallmarks of macrophages, that
53 is, M1-polarized (pro-inflammatory) macrophages and M2-polarized (anti-inflammatory)
54 macrophages. Pathogens infection can polarize macrophages to M1-phenotype, produce high level
55 of pro-inflammatory cytokines such as IL-6 and TNF- α , or effector molecules iNOS and surface
56 markers CD11c or CD86, exert a pro-inflammatory effect and defense against pathogens.
57 Conversely, IL-4 or TGF- β induced M2-phenotype macrophages mainly express
58 anti-inflammatory cytokine IL-10, effector molecule Arginase (Arg) 1 and surface marker CD206,
59 contribute to hinder inflammation (7). Normally, the M1/M2 polarization of macrophages
60 maintains a dynamic equilibrium. When virulent bacteria or viral infections or overmuch
61 inflammatory molecules irritation, this balance is disrupted, excessive M1 polarization of
62 macrophages will generate redundant inflammatory factors, causing systemic inflammatory
63 response syndrome (SIRS, namely sepsis) and MOF (8). Therefore, it is particularly vital to skew
64 the macrophage polarization and avoid excessive M1-polarization, thus reduce the inflammatory

65 response and promote tissue remodeling.

66 At present, most anti-inflammatory agents are glucocorticoids, antibiotics or antivirals.
67 Hormones not only produce immunosuppression, but also induce secondary infections and
68 prolong the disease course or other side effects. Antibiotics or antiviral drugs only kill the
69 pathogen, and that antibiotics lyse the bacteria while killing the bacteria, releasing more toxins to
70 induce "cytokine storms", further exacerbating the inflammatory response and promoting the
71 promoting factor to the development of sepsis. In this regard, natural anti-inflammatory immune
72 drugs extracted from plants have multi-effect regulation and less toxic, and especially have
73 obvious benefits in suppressing inflammation. Therefore, it is urgent to seek natural compounds
74 with high efficiency and low toxicity as anti-inflammatory immune agents.

75 Luteolin (Lut) is a flavonoid, mainly exists in fruits, vegetables and Chinese herbs, which has
76 anti-hyperlipidemia (9), antitumor (10), anti-inflammation and immunoregulation (11). Studies
77 showed that luteolin also has antiviral effects against Influenza A virus or dengue virus by
78 interfering with coat protein (12-13). Recently research indicated that active ingredients of
79 Chinese medicines including luteolin, quercetin etc. could manage COVID-19 by targeting on
80 AEC2 and 3CL protein and dampen inflammatory mediators without side effects and have
81 achieved significant clinical efficacies (14). Our previous investigation found that luteolin can
82 regulate the expression of inflammatory factors in macrophages and play an anti-inflammatory
83 role (7), but whether luteolin can regulate the polarization of macrophages and its molecular
84 mechanism is still veiled. In this research, bone marrow cells isolated from C57BL/6 mice were
85 induced to differentiate into bone marrow-derived macrophages (BMDM) for investigating the
86 effects of luteolin on the M1/2 polarization of BMDM and the expression of inflammatory factors

87 so as to explore the underlying mechanism. Our present findings preliminary provided luteolin
88 could be a future perspective for the natural anti-inflammatory agent in prevention and treatment
89 of sepsis.

90 **MATERIALS AND METHODS**

91 **Mice.** 6-week-old C57BL/6 mice (weighting 18-22 g) were provided from animal
92 experimental center of affiliated hospital of integrated traditional Chinese and Western medicine,
93 Nanjing University of Chinese medicine (Nanjing, China). Mice were maintained under specific
94 pathogen-free conditions and in accordance with protocols approved by the National Institute of
95 Health Guide for Care (Ethics Number: AEW-20181019-53).

96 **Isolation and culture of BMDM.** C57BL/6 mice were sacrificed by cervical dislocation, and
97 dissected under immersion in 75% ethanol (V/V). The epiphysis was cut after tibia and femur
98 were separated, and the bone marrow cavity was rinsed with sterile PBS until the bone became
99 white. The bone marrow washing solution was filtered with a 70 μm mesh and transferred to a 50
100 mL centrifuge tube for cell collection. After lysis of red blood cells, bone marrow stem cells were
101 resuspended in DMEM (Gibco, USA) containing 20 ng/mL M-CSF (R&D System, USA) on
102 10-cm petri dishes and renewed the medium every other day. After 7 days incubation, cells were
103 labeled with F4/80-PE fluorescently conjugated antibodies (1.0 μL ; eBioscience, USA) to identify
104 the differentiation degree of mature BMDM by FCM (Millipore, USA).

105 **Cell viability assay.** BMDM were plated in 96-well plates at a density of 2×10^4 cells/well in
106 200 μL medium with confluence overnight. After that, the cells were exposed with LPS (20 ng/mL;
107 Sigma, USA) plus IFN- γ (10 ng/mL; PeproTech, USA) or IL-4 (20 ng/mL; Pepro Tech, USA),

108 and LPS plus IFN- γ -primed cells were administrated with luteolin (Sigma, USA) at 2.5 and 5.0
109 $\mu\text{mol/L}$ for 24 h. Following treatment, cells were added with 20 μL MTT solution (5 mg/mL;
110 Sigma, MO. USA). 4 h later, culture medium was removed and crystals were dissolved with 150
111 $\mu\text{L/well}$ DMSO. The absorption values were measured at 570 nm.

112 **The morphology of polarized BMDM.** BMDM in logarithmic stage were cultivated in 6-well
113 plates, and incubated overnight followed by treatment with LPS (20 ng/mL) plus IFN- γ (10 ng/mL)
114 or IL-4 (20 ng/mL). Simultaneously, the cells stimulated with LPS+IFN- γ were co-cultured with
115 specified concentrations of luteolin for 24 h. The cell morphology was observed under an inverted
116 microscope (Olympus, Japan). Cells and culture supernatants were collected for subsequent
117 mRNA and protein analysis.

118 **Quantitative real-time PCR (qPCR).** BMDM were stimulated with LPS plus IFN- γ or IL-4
119 respectively, following dosing stimuli, cells were collected and total RNA was extracted by Trizol
120 (Ambion Life Technology, USA) and reverse-transcribed into cDNA. With GAPDH as the
121 internal reference, qPCR was carried out using SYBR Green Master Mix (Toyobo, Japan)
122 according to primer sequences with Quant studio DX real-time quantitative PCR employed
123 biosystems (Life Technologies, USA). Relative gene expression was calculated using the $2^{-\Delta\Delta\text{ct}}$
124 comparative method. Primer Sequences were obtained from Genaray Biotech Co. Ltd. (Shanghai,
125 China) and listed in Table 1.

126 Table 1. Primers for quantitative real-time PCR

Genes	Forward (5'-3')	Reverse (5'-3')
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CD86	TCAATGGGACTGCATATCTGCC	GCCAAAATACTACCAGCTCACT
iNOS	CAGAGGACCCAGAGACAAGC	TGCTGAAACATTTCTGTGC
IL-6	TAGTCCTTCCTACCCCAATTTC	TTGGTCCTTAGCCACTCCTTC
TNF-α	CCTCCCTCTCATCAGTTCTA	ACTTGGTGGTTTGCTACGAC
Arg1	CAGAAGAATGGAAGAGTCAG	CAGATATGCAGGGAGTC
CD206	CAGGTGTGGGCTCAGGTAGT	TGTGGTGAGCTGAAAGGTGA
IL-10	CTTACTGACTGGCATGAGGATCA	GCAGCTCTAGGAGCATGTGG
GAPDH	TGAAGCAGGCATCTGAGGG	CGAAGGTGGAAGAGTGGGAG

127 **ELISA for cytokines secretion.** BMDM in exponential phase were inoculated in a six-well plate
128 overnight. Successively, the drugs induced cell polarization and combined with different
129 concentrations of luteolin for 24 h. The levels of cytokines in the supernatants were performed
130 according to commercial ELISA kit (eBioscience, USA) instructions. Logistic fitting-curve for
131 two of four parameters was used to calculate the concentration of cytokines.

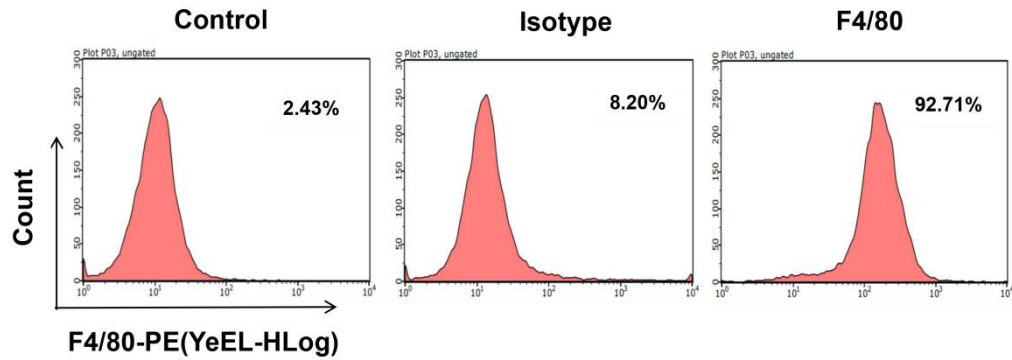
132 **Flow Cytometric Staining of BMDM surface Markers.** Totally, 5×10^5 BMDM were
133 resuspended in 100 μ L PBS, then incubated with 0.5 μ L anti-mouse CD16/32 blocking antibody
134 (BioLegend, San Diego, USA) to avoid nonspecific binding in an ice bath for 20 min.
135 Subsequently, cells were stained with anti-mouse FITC-CD11c (0.5 μ L; BioLegend) or
136 APC-CD206 (10 μ L; BioLegend) and protected from exposure to light for 30 min at room
137 temperature. After washing with PBS, the cells were fixed with 0.5 mL paraformaldehyde at 4°C,
138 and the mean fluorescence intensity (MFI) of membrane surface antigen CD11c or CD206 were
139 analyzed by FCM.

140 **Protein extraction and immunoblotting.** Collect cells and extract total protein for protein
141 quantification by BCA. After 20 µg protein was subjected to SDS-PAGE and transferred to PVDF
142 membrane (millipore, USA), the corresponding primary antibodies against p-STAT1-tyr⁷⁰¹,
143 p-STAT6-tyr⁶⁴¹ (Cell Signaling Technology, USA) and β-actin (Sigma, USA) were applied at 4°C
144 overnight. Then membranes were washed and incubated with HRP-conjugated secondary
145 antibodies with shaken at room temperature for 30 min. Immunoreactive proteins were exposed
146 and developed using ECL (Beyotime, China), and β-actin was used as an internal reference to
147 calculate the relative expression of protein.

148 **Statistical analysis.** The experimental data were presented as mean ± SD. One-way ANOVA
149 followed by Tukey's post-hoc test was used in the multiple comparisons. Analysis was performed
150 using the GraphPad Prism 5.0 software (San Diego, CA, USA). *P* < 0.05 was considered
151 statistically significant.

152 **RESULTS**

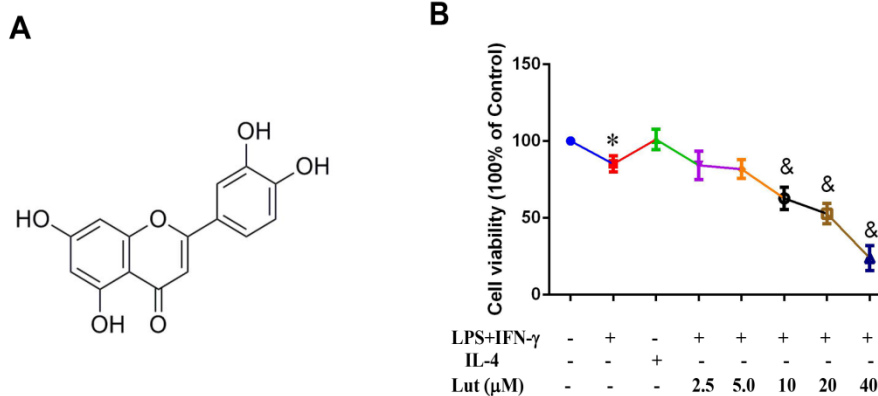
153 **Mouse bone marrow cells differentiate into macrophages.** The isolated mouse bone
154 marrow cells were induced by M-CSF for 7 days, and FCM detected the specific marker F4/80 of
155 mouse macrophages. The results showed that the purity of the differentiated macrophages reached
156 92.71%, indicating that the BMDM derived from mouse bone marrow were successfully cultured
157 and could be used in subsequent experiments (Fig. 1).



158

159 **FIG 1** The differentiation proportion of BMDM. FCM detected the surface marker F4/80 of
160 BMDM after induction for 7 days, and the positive rate was 92.71%.

161 **Effect of luteolin on BMDM viability.** The non-cytotoxic doses of luteolin were evaluated
162 via MTT assay to exclude contribution of anti-inflammatory potential of luteolin. Luteolin
163 exhibited no significant impact on the LPS+IFN- γ -primed BMDM proliferation at concentration
164 up to 5.0 μ M at 24 h (Fig. 2 B). Therefore, non-cytotoxic concentration was chosen to assess the
165 bioactivity of luteolin.



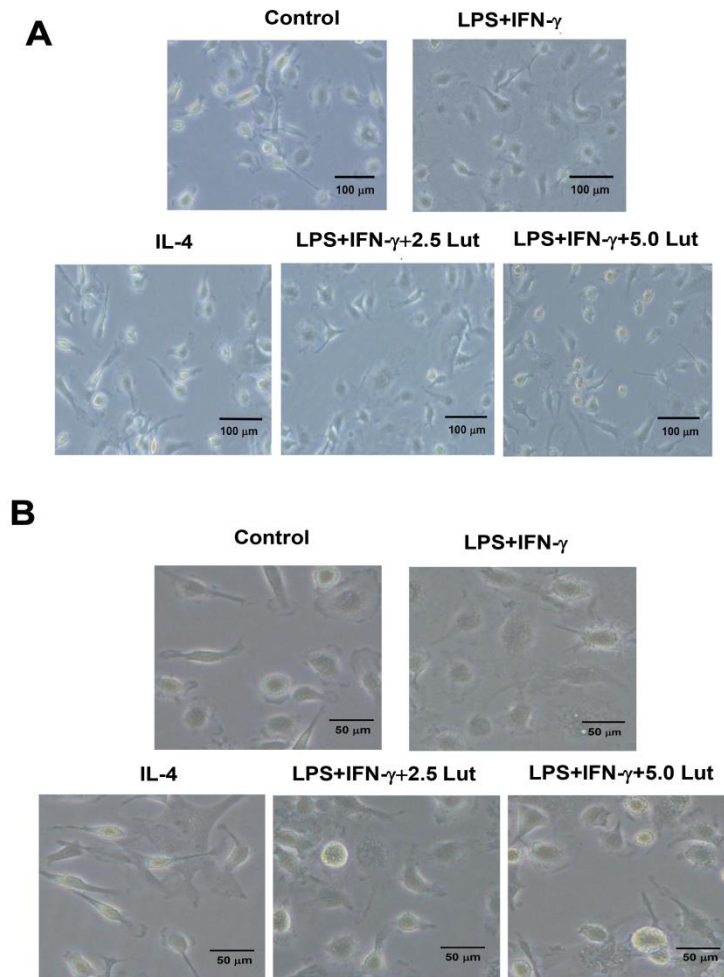
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167 **FIG 2** Effect of luteolin on LPS+IFN- γ -primed BMDM viability. A. Structure of luteolin. B.
168 BMDM were primed with LPS+IFN- γ and contributed with indicated doses of luteolin for 24 h,
169 then the cell viability was assessed by MTT assay. Data represented mean \pm SD of three
170 independent experiments performed in triple. Different symbols indicate a significant difference

171 according to ANOVA and Tukey test. * $P < 0.05$ vs. control group (non-treated control); & $P < 0.05$

172 vs. LPS+IFN- γ -treated group.

173 **Morphology of polarized BMDM.** Microscopically, BMDM showed typical morphology of
174 macrophages, such as round, oval or irregular shape, with pseudopods and adherential growth (Fig.
175 3. Control group). After being induced into M1-phenotype by LPS plus IFN- γ , the BMDM
176 presented oval "Fried egg" appearance and pseudopodia extension (Fig. 3. LPS+IFN- γ -treated
177 group), while the M2-type BMDM induced by IL-4 were round and plump cytoplasm,
178 accompanied by short pseudopodia (Fig. 3. IL-4-treated group). After various dose of luteolin
179 contribution, M1 cells contracted slightly and pseudopodia became shorter (Fig. 3.
180 LPS+IFN- γ -combined with 2.5/5.0 Lut-treated groups).



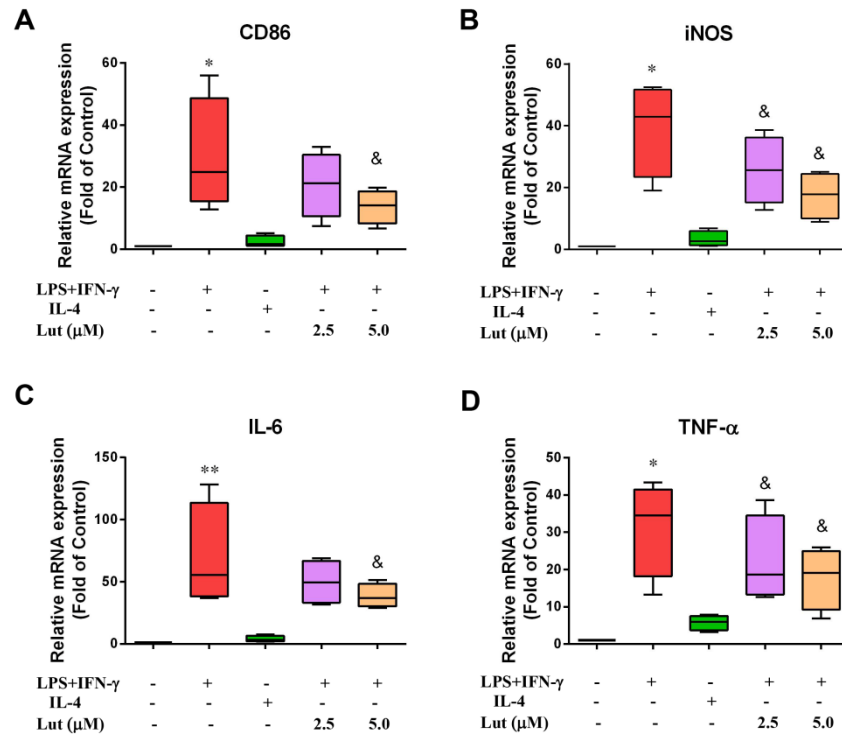
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182 **FIG 3** The morphology of polarized BMDM (A. 100 \times ; B. 200 \times). BMDM were polarized with
183 LPS+IFN- γ or IL-4, simultaneously, BMDM exposed to LPS+IFN- γ were administrated with
184 luteolin for 24 h. Micrographs of BMDM were observed using bright field Olympus imaging
185 system.

186 **Effect of luteolin on mRNA expression of inflammatory factors in polarized BMDM.** The
187 expression of M1-type and M2-type proinflammatory factors were detected by qPCR. Results
188 implied that the expression of M1-type pro-inflammatory factors in M1-polarized BMDM such as
189 CD86, iNOS, TNF- α and IL-6 was up-regulated; the expression of M2 type anti-inflammatory
190 factors such as CD206, Arg1 and IL-10 in M2-polarized BMDM also up-modulated. This
191 indicates that the polarization models of BMDM were successfully induced. When M1 cells were

192 combined with luteolin, the expression of M1-type pro-inflammatory factors were decreased (Fig.

193 4), while the expression of M2-type anti-inflammatory factors were increased (Fig. 5).



194

195 **FIG 4** Effect of luteolin on the expression of M1-type pro-inflammatory factors in activated

196 BMDM. The M1-type mRNA molecules were determined by qPCR with GAPDH as an internal

197 control. BMDM were primed with LPS+IFN-γ or IL-4, and

198 LPS+IFN-γ-treated-BMDM incubated with indicated doses of luteolin for 24 h, the relative

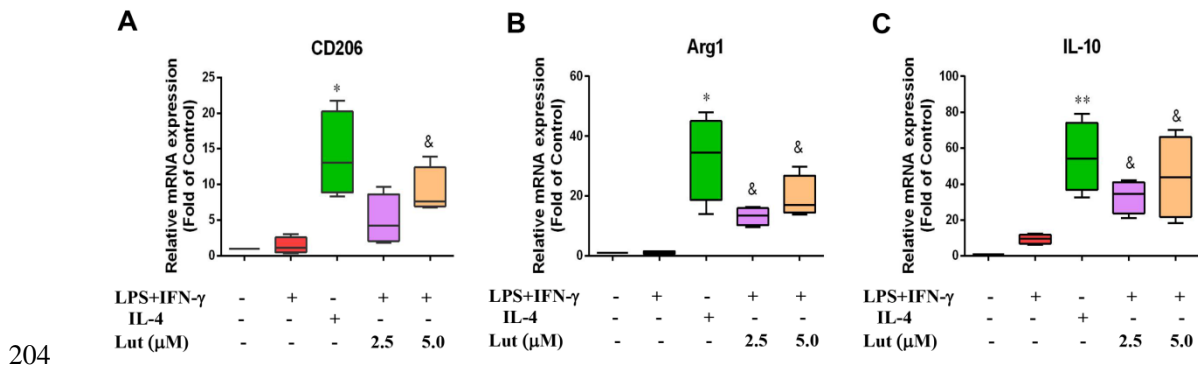
199 M1-type mRNA levels of CD86 (A), iNOS (B), IL-6 (C) and TNF-α (D) in M1-polarized

200 macrophages reduced slowly. Data represented mean ± SD of four independent experiments

201 performed in duplicate. Different symbols indicate a significant difference according to ANOVA

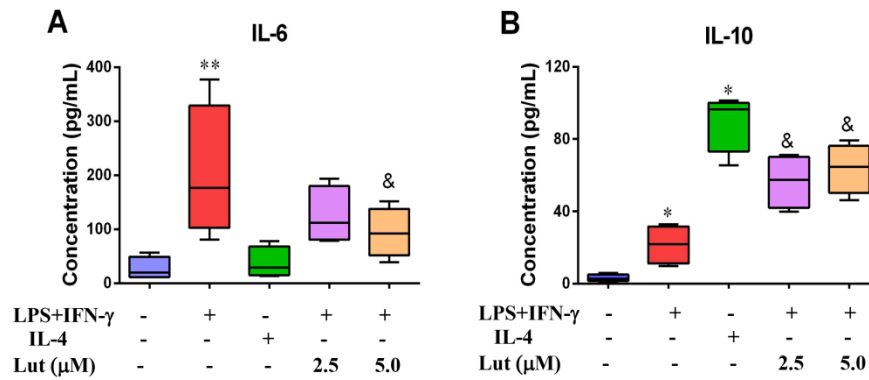
202 and Tukey test. * $P < 0.05$, ** $P < 0.01$ vs. control group (non-treated control); & $P < 0.05$ vs.

203 LPS+IFN-γ-treated group.



204
 205 **FIG 5** Effect of luteolin on the expression of M2-type anti-inflammatory factors in activated
 206 BMDM. The M2-type mRNA molecules were assessed by qPCR with GAPDH as an internal
 207 control. BMDM were primed with LPS+IFN- γ or IL-4, and
 208 LPS+IFN- γ -treated BMDM incubated with indicated doses of luteolin for 24 h, the relative
 209 M2-type mRNA levels CD206 (A), Arg1 (B) and IL-10 (C) elevated gradually. Data represented
 210 mean \pm SD of four independent experiments performed in duplicate. Different symbols indicate a
 211 significant difference according to ANOVA and Tukey test. * $P < 0.05$, ** $P < 0.01$ vs. control
 212 group (without treatment); & $P < 0.05$ vs. LPS+IFN- γ -treated group.

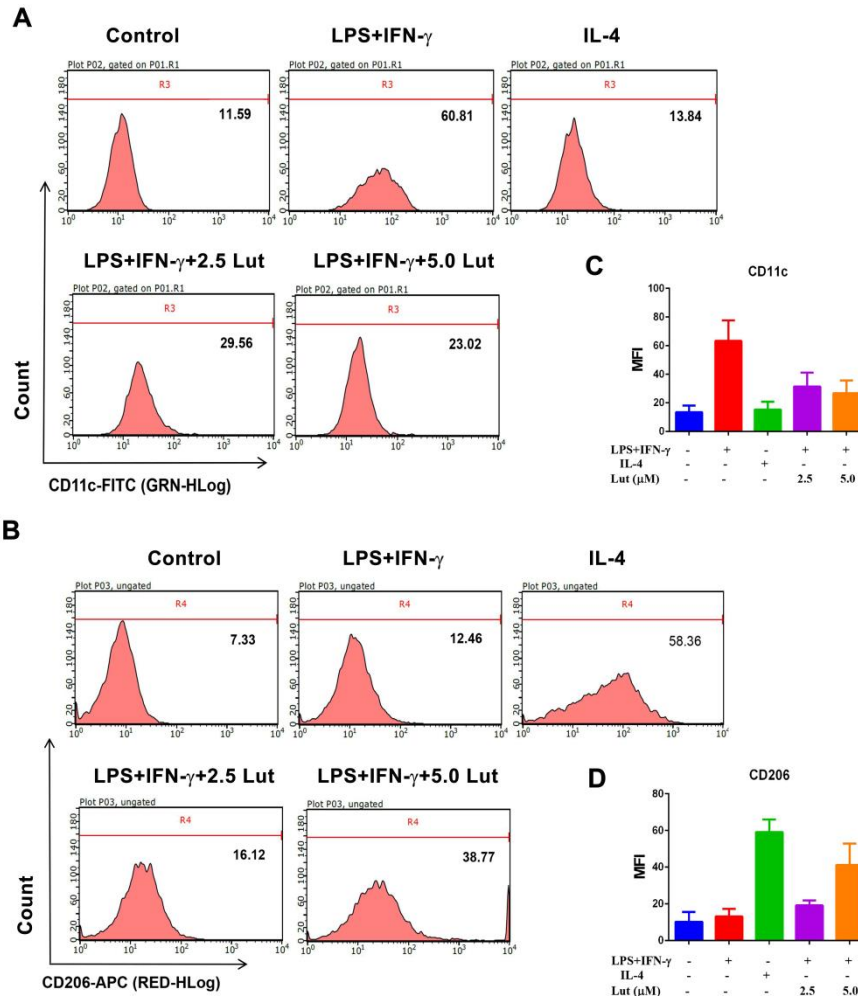
213 **Effect of luteolin on inflammatory cytokine levels in polarized BMDM.** To further explore
 214 the polarity skewing effect of luteolin in BMDM, IL-6 and IL-10 production were measured with
 215 ELISA. Pro-inflammatory cytokine IL-6 liberated by M1-polarized BMDM increased
 216 significantly, in the meantime, anti-inflammatory cytokine IL-10 secreted by M2-polarized
 217 BMDM also amplified clearly, which was statistically different from the control group (without
 218 treatment). After various dose of luteolin challenged to M1-polarized BMDM, IL-6 released by
 219 M1-polarized BMDM lowered visibly, while IL-10 elevated obviously, compared with
 220 corresponding LPS+IFN- γ -treated group, there was a statistical difference (Fig. 6).



221

222 **FIG 6** Effect of luteolin on IL-6 and IL-10 levels in polarized BMDM. BMDM were primed with
 223 LPS+IFN- γ or IL-4, followed by luteolin exposure for 24 h. Supernatants were harvested and
 224 levels of IL-6 (A) and IL-10 (B) secreted from the M-polarized BMDM were measured via ELISA.
 225 Data represented mean \pm SD of four independent experiments performed in duplicate. Different
 226 symbols indicate a significant difference according to ANOVA and Tukey test. * $P < 0.05$ vs.
 227 Control group (without treatment); & $P < 0.05$ vs. LPS+IFN- γ -treated group.

228 **Effect of luteolin on the expression of surface markers on polarized BMDM.** CD11c and
 229 CD206 are the surface marks of M1-polarized or M2-polarized BMDM, respectively. FCM results
 230 elevated that the MFI of CD11c (60.81) in M1-polarized BMDM was significantly enhanced
 231 compared with that of IL-4 treatment group (13.84) and Control group (11.59). The MFI of
 232 CD206 (58.36) in M2-polarized BMDM was also significantly amplified than that in LPS+IFN- γ
 233 alone treatment group (12.46) and Control group (7.33). Against this, luteolin treatment
 234 dramatically attenuated the CD11c MFI to 29.56 (LPS+IFN- γ +2.5Lut-treated group) and 23.02
 235 (LPS+IFN- γ +5.0Lut-treated group) in M1-polarized BMDM, but gradually strengthened the
 236 CD206 MFI to 16.12 (LPS+IFN- γ +2.5 Lut-treated group) and 38.77 (LPS+IFN- γ +5.0 Lut-treated
 237 group) in M1-polarized BMDM in a concentration-dependent pattern (Fig.7).

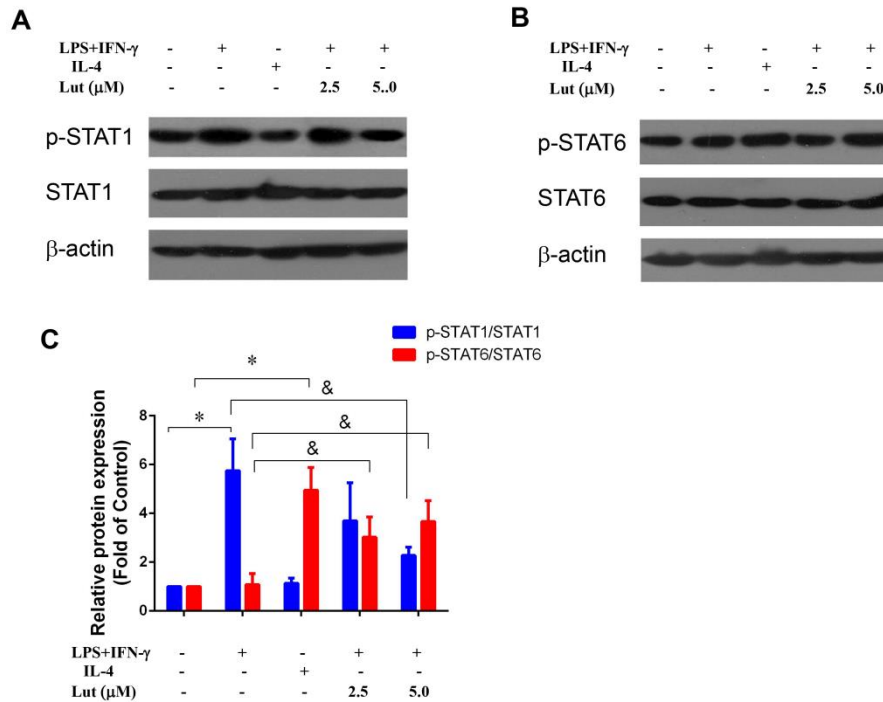


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239 **FIG 7** Effects of luteolin on the expression of BMDM surface markers CD11c and CD206. The
 240 BMDM were stimulated with LPS+IFN- γ or IL-4, and then luteolin treatment for 24 h, the
 241 expression levels of CD11c (A) and CD206 (B) protein on BMDM are presented as MFI as
 242 evaluated by FCM. The histogram presents the MFI of CD11c (C) and CD206 (D). Data
 243 represented mean \pm SD of three independent experiments performed in triplicate. Different
 244 symbols indicate a significant difference according to ANOVA and Tukey test. * $P < 0.05$ vs.
 245 Control group (without treatment); & $P < 0.05$ vs. LPS+IFN- γ -treated group.

246 **Effect of luteolin on protein pathway in polarized BMDM.** STAT signaling proteins exert a
 247 vital role in macrophage polarization and the expression of inflammatory cytokines in sepsis.
 248 Immunoblotting assay and densitometry analysis of STAT proteins revealed that M1-polarized

249 BMDM highly expresses p-STAT1 and lowly expresses p-STAT6, whereas M2-polarized BMDM
 250 lowly expresses p-STAT1 and highly expresses p-STAT6. Predominantly, after luteolin
 251 contribution, p-STAT1 expression was depressed while p-STAT6 was strengthened in protein
 252 pathway of M1-polarized BMDM (Fig. 8).



254 **FIG 8** Effects of luteolin on the protein levels of p-STAT1/6 in polarized BMDM. The BMDM
 255 were primed with LPS+IFN- γ or IL-4, and then for addition of luteolin for 24 h. Total cell lysates
 256 were analyzed by immunoblotting for the indicated antibody, respectively. β -Actin was used as
 257 loading control. Representative immunoblots of p-STAT1 (A) and p-STAT6 (B); The relative
 258 protein levels of p-STAT1 and p-STAT6 (D) by densitometric analysis. Data represented mean \pm
 259 SD of three independent experiments. Different symbols indicate a significant difference
 260 according to ANOVA and Tukey test. * $P < 0.05$ vs. Control group (without treatment); & $P < 0.05$
 261 vs. LPS+IFN- γ -treated group.

262 **DISCUSSION**

263 Infectious diseases are the leading cause of death, and the infection severity is due to an
264 exaggerated activation of macrophages and cytokine storm (15). LPS, the main component of
265 endotoxin, is the outer membrane structure of cell wall of Gram-negative bacteria which can bind
266 to toll-like receptor 4 (TLR4) on macrophage surface to induce M1 polarization and secrete
267 pleiotropic cytokines. IFN- γ can synergy with LPS to further activate cells, secrete excessive
268 cytokines, cause SIRS, and severe cases cause sepsis and MOF (7). Therefore, it is particularly
269 important to regulate macrophage polarization, avoid excessive activation of M1 macrophages,
270 reduce inflammation and promote tissue repair. BMDM are suitable cell models for studying
271 macrophage polarization. In this investigation, bone marrow cells derived from femur of C57BL/6
272 mice were stimulated to develop and differentiate into mature BMDM by M-CSF. LPS and IFN- γ
273 stimulated BMDM to undergo M1 polarization, and M1-type pro-inflammatory factors including
274 iNOS, TNF, IL-6 and surface markers CD86 and CD11C were up-regulated; IL-4 stimulated
275 BMDM M2 polarization, and M2-type anti-inflammatory factors including Arg1, IL-10 and
276 CD206 were up-regulated, indicating successful induction of M1/2 polarization in BMDM. After
277 luteolin contribution, the M1-type pro-inflammatory factors decreased and the M2-type
278 anti-inflammatory factors increased evidently in M1-polarized BMDM. Concurrently, the protein
279 pathway p-STAT1 expression was down-regulated and p-STAT6 expression was up-regulated.
280 It suggests that luteolin may modulate the phenotype polarization of BMDM through the
281 inhibition of p-STAT1 and the activation of p-STTA6, transforming it from pro-inflammatory
282 M1-type to anti-inflammatory M2-type, thereby reducing the expression of inflammatory
283 mediators and alleviating inflammation to maintain the stability of the microenvironment.

284 Cell polarization is regulated by various signaling molecules or transcription factors. STATs
285 are one of the pivotal signal transduction pathways and widely involved in the process of cell
286 activation, apoptosis, inflammation and immune regulation (16). Studies by Sodhi et al. (17) and
287 Zhou et al. (18) showed that IL-6 and IFN- γ released by LPS-polarized M1 macrophages can
288 promote the expression of STAT1 protein, and that IFN- γ can also motivate STAT1 by binding to
289 its receptor, and simultaneously, the activated STAT1 can further provoke the levels of TNF- α ,
290 IL-1 β and iNOS in macrophages. iNOS, is a signature of M1-polarized macrophages, which
291 responsible for nitric oxide (NO) production when cells are stimulated by IFN- γ or LPS, and
292 excessive NO causes oxidative stress and inflammatory damage (19). Both CD86 and CD11c are
293 surface markers of M1 macrophages. CD86 is a B7 costimulatory molecule that stimulates the
294 activation of antigen-presenting cells to secrete more pro-inflammatory factors. In the meantime,
295 the level of CD86 can reflect and positively correlate with the level of cytokines such as IFN- γ and
296 IL-12, while IL-10 can hinder the level of CD86 (20-210). CD11c is often coupled with CD18 and
297 binds to bacterial LPS, which activates CD4⁺T cells to proliferate and differentiate into Th1 cells
298 and secrete massive TNF- α , IL-6 and IL-12 to trigger inflammatory cascades (22). Two other
299 crucial cytokines IL-6 and TNF- α , generated abundantly by IL-1 β stimulation or autocrine from
300 activated “mononuclear-macrophage system”, are elevated not only in bacterial infection but also
301 during viral infection (23-24). More importantly, they are most strong pro-inflammatory agent
302 causing “cytokine storm”. Studies have shown that patients with severe COVID-19 characterized
303 by a “cytokine storm” inexorably exhibited high levels of IL-6 and TNF- α in serum, and IL-6 or
304 TNF- α antagonist seems to be very promising for severe COVID-19 cases (25-26).

305 To our knowledge, IL-4 or IL-13 can induce M2-type polarization of macrophages, and

306 M2-type anti-inflammatory factors such as IL-10, Arg1 and CD206 are up-modulated. In this
307 regard, IL-4 binds to its receptor to activate JAK to further phosphorylate STAT6 and enhance the
308 Arg1 activity. Arg1 and iNOS are important hallmarks of M2/M1 type macrophage polarization,
309 respectively. Under normal circumstances, the activities of Arg1 and iNOS are strictly regulated
310 by macrophages and maintain a dynamic equilibrium. When M2 polarization occurs, Arg1
311 competes for iNOS to decompose substrate arginine, thus benefit for tissue regeneration.
312 Moreover, Arg1 is also inseparable from M2 macrophage properties in playing immune memory
313 function to eliminate infectious agents. CD206, so called mannose receptor, is a membrane surface
314 marker of M2 cells, which can specifically recognize antigens to clear pathogens, promote
315 angiogenesis and repress immune response (27). Another M2-type anti-inflammatory factor, IL-10,
316 on the one hand, enhances the sensitivity of macrophages to IL-4 and IL-13 by increasing the
317 abundance of IL-4 receptors on the macrophage surface, which contributes to M2-type
318 polarization of macrophages. On the other hand, it can synergize with IL-4 to inhibit
319 pro-inflammatory cytokines IL-1 β and TNF- α to reduce inflammation. In the light of preliminary
320 data, IL-10 displayed higher levels in patients with sepsis and serious COVID-19 (28). All these
321 indicate that when inflammation is motivated, an intricate network is formed between the
322 pro-inflammatory mediators and activated STAT1, eliciting "inflammatory storm." Nevertheless,
323 upon luteolin contribution, a complex network is also formed between anti-inflammatory
324 mediators and activated STAT6, further facilitating the expression of anti-inflammatory factors
325 which resist the formation of pro-inflammatory factors and alleviate inflammation accordingly.
326 Herbal compound Physalin D can repolarize M1 toward M2 polarization in BMDM through
327 STAT1 suppression and STAT6 activation (29), which consist with our study.

328 Altogether, BMDM polarization mechanism is complex and involves many protein
329 pathways. Only by actively exploring the regulation of BMDM polarization and maintaining the
330 balance of inflammatory mediators can maintain the physical stable. In this investigation,
331 LPS/IFN- γ induced M1 polarization and IL-4 induced M2 polarization of BMDM. After being
332 treated with herbal compound luteolin, the M1 polarized BMDM showed lowered M1-type
333 pro-inflammatory factors and elevated M2-type anti-inflammatory factor, and that signaling
334 protein p-STAT1 was down-regulated and P-STAT6 was up-regulated. That is, the macrophage
335 population underwent a transformation from a pro-inflammatory M1-phenotype to an
336 anti-inflammator M2-phenotype. Simultaneously, inflammatory factors analogously altered from
337 pro-inflammatory to anti-inflammatory. In light of these findings, our research provide a novel
338 insight into the role of luteolin to be a candidate for controlling macrophage phenotype to treat
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