The maintenance of polygenic sex determination depends on the dominance of fitness effects which are predictive of the role of sexual antagonism

Running title: Polygenic sex determination

Richard P. Meisel
Department of Biology and Biochemistry, University of Houston

Corresponding author contact details:
Richard P. Meisel
Science & Research Building 2
3455 Cullen Blvd., Suite 342
Houston, Texas 77204-5001
1-713-743-3607
rpmeisel@uh.edu

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Abstract

In species with polygenic sex determination, multiple male- and/or female-determining

loci on different proto-sex chromosomes segregate as polymorphisms within populations. The

extent to which these polymorphisms are stable equilibria is not yet resolved. Previous work

demonstrated that polygenic sex determination is most likely to be maintained as a stable

polymorphism when the proto-sex chromosomes have opposite (sexually antagonistic) fitness

effects in males and females. However, these models usually consider polygenic sex

determination systems with only two proto-sex chromosomes, or they do not broadly consider

the dominance of the variants under selection. To address these shortcomings, I used forward

population genetic simulations to identify selection pressures that can maintain polygenic sex

determination under different dominance scenarios in a system with more than two proto-sex

chromosomes (modeled after the house fly). I found that overdominant fitness effects of male-

determining proto-Y chromosomes in males are more likely to maintain polygenic sex

determination than dominant, recessive, or additive fitness effects. I also found that additive

fitness effects that maintain polygenic sex determination have the strongest signatures of

sexually antagonistic selection, but there is also some evidence for sexually antagonism when

fitness effects of proto-Y chromosomes are dominant or recessive. More generally, these results

suggest that the expected effect of sexually antagonistic selection on the maintenance of

genetic variation in natural populations will depend on whether the alleles are sex-linked and the

dominance of their fitness effects.

Keywords

Sex determination; sex chromosomes; sexual antagonism; dominance

Introduction

Sex determination is the developmental process by which a genetic signal or environmental cue initiates sexually dimorphic gene regulatory pathways to produce phenotypically different males and females (Bachtrog et al. 2014). The master regulators of sex determination evolve fast, often differing between closely related species and sometimes even polymorphic within populations (Bull 1983; Wilkins 1995; Beukeboom and Perrin 2014). These master regulators can be found on sex chromosomes, and the evolutionary divergence of sex determiners can drive turnover of the sex chromosomes (Abbott et al. 2017). Species with polygenic sex determination have multiple master sex determining loci on different chromosomes segregating within natural populations (Moore and Roberts 2013). Understanding the population dynamics of polygenic sex determination systems is informative of the factors responsible for the evolutionary divergence of sex determination pathways and sex chromosomes.

Polygenic sex determination has been observed in many animal and plant species (Moore and Roberts 2013; Bachtrog et al. 2014; Beukeboom and Perrin 2014). Most population genetic models predict that polygenic sex determination will be an unstable intermediate between monogenic equilibria (Rice 1986; van Doorn and Kirkpatrick 2007). Models that do allow for stable polygenic sex determination often predict that opposing selection pressures in males and females (i.e., sexually antagonistic selection) may be important for maintaining the polymorphism (Bull 1983; Rice 1986; van Doorn and Kirkpatrick 2007). It is also possible that variable selection pressures across heterogenous environments could maintain polygenic sex determination (Bateman and Anholt 2017).

Most previous theoretical treatments of the selection pressures that maintain polygenic sex determination considered specific cases with a small number of sex chromosomes segregating within a population. For example, in the platyfish, *Xiphophorus maculatus*, a single chromosome can be an X, Y, or Z (Kallman 1973). Orzack et al. (1980) showed that this polymorphism is maintained because heterogametic females (WY or WX) and males (XY) have higher fitness than their homogametic counterparts (XX females or YY males). In addition, van Doorn and Kirkpatrick (2007, 2010) showed that sexually antagonistic selection could maintain a polymorphism in which one chromosome segregates as an XY pair and another chromosome is either an XY or ZW pair. However, these models do not capture the full diversity of polygenic sex determination, which can include, for example, more than two XY or ZW pairs segregating within a single population (Moore and Roberts 2013). Previous models also did not broadly consider how the maintenance of polygenic sex determination depends on the dominance of

fitness effects. Dominance is important for young proto-Y and proto-W chromosomes because

the proto-X/Y and proto-Z/W contain almost all of the the same genes, but they may differ in the

alleles they carry. This is different from heteromorphic sex chromsoomes, where dominance is

important for the X or Z chromosome (because it is diploid in one sex), and not the haploid Y or

W (Rice 1984; Charlesworth et al. 1987).

The house fly, *Musca domestica*, is a well-suited model for investigating the

maintenance of a complex polygenic sex determination because it has a highly polymorphic sex

determination system (Hamm et al. 2015). The *M. domestica male determiner* (*Mdmd*) can be

found on at least four of the six house fly chromosomes in natural populations (Sharma et al.

2017). *Mdmd* causes the house fly ortholog of *transformer* (*Md-tra*) to be spliced into a non-

functional isoform, which leads to male-specific splicing and expression of downstream target

genes, thereby producing fertile males (Hediger et al. 2010). In the absence of *Mdmd*, *Md-tra* is

spliced into a female-determining transcript that regulates the splicing of downstream targets,

which promote the development of female morphological and behavioral traits (Hediger et al.

2004; Meier et al. 2013).

There are two common male-determining proto-Y chromosomes and one female-

determining proto-W chromosome in house fly populations. *Mdmd* is most commonly found on

the Y (Y^M) and third (III^M) chromosomes in natural populations (Hamm et al. 2015). Both Y^M and

III^M are young proto-Y chromosomes that arose recently (Meisel et al. 2017). In addition, there is

a dominant allele of *Md-tra* that is found in many house fly populations (*Md-tra^D*), which is

resistant to *Mdmd* and causes female development regardless of whether there are copies of

Mdmd in the genotype (McDonald et al. 1978; Hediger et al. 2010). *Md-tra* is found on the fourth

chromosome, and thus fourth chromosomes carrying *Md-tra^D* (which I will refer to as IV^F) are W

chromosomes. All sequences of *Md-tra^D* from around the world are identical (Scott et al. 2014),

suggesting that *Md-tra^D* arose recently and IV^F is a young proto-W chromosome. In populations

where Y^M, III^M, and *Md-tra^D* all segregate, there are 18 possible sex chromosome genotypes

(Table 1).

There is evidence that natural selection maintains polygenic sex determination in house

fly populations. First, the proto-Y chromosomes have remained at stable frequencies within

house fly populations over decades (Kozielska et al. 2008; Meisel et al. 2016). Second, Y^M and

III^M are distributed along north-south clines on multiple continents (Denholm et al. 1986; Tomita

and Wada 1989; Hamm et al. 2005; Kozielska et al. 2008), and temperature is the best predictor

of their frequencies (Feldmeyer et al. 2008). This suggests that heterogenous (temperature-

dependent) selection pressures maintain the Y^M and III^M chromosomes across populations. The

stable frequencies within populations, yet divergent frequencies across populations, suggest

that there are specific fitness effects associated with the house fly proto-Y chromosomes within

each population. Third, males carrying multiple proto-Y chromosomes (e.g., both Y^M and III^M, or

two copies of III^M) can be found in some populations (e.g., Hamm and Scott 2009). The

frequency of *Md-tra^D* is positively correlated with the frequency of these multi-Y males across

populations, suggesting that selection for balanced sex ratios may further maintain polygenic

sex determination (Meisel et al. 2016).

The rich body of observational data in house fly makes it a well-suited system around

which to develop population genetic models to determine how polygenic sex determination can

be maintained in natural populations. For example, Kozielska et al. (2006) showed that, even in

the complex house fly polygenic sex determination system, sex ratios are not expected to

deviate substantially from 1:1 male:female. In addition, despite no experimental evidence for

sexually antagonistic effects of any house fly proto-sex chromosomes, another population

genetic model demonstrated that the frequencies of the proto-sex chromosomes in natural

populations are consistent with sexual antagonism (Meisel et al. 2016). However, that model

assumed that the proto-Y chromosomes (Y^M and III^M) have additive fitness effects, which may

not be true if, for example, beneficial mutations are recessive or dominant (Orr 2010). In

addition, Y chromosomes are expected to carry recessive deleterious alleles (Charlesworth and

Charlesworth 2000), which can further violate the assumption of additive fitness effects. I used

population genetic simulations to investigate whether sex chromosomes with non-additive

fitness effects can maintain a complex polygenic sex determination system. I specifically tested

if these selection pressures can produce proto-sex chromosome frequencies similar to those

observed in natural populations of house fly, and I determined the conditions under which

sexually antagonistic effects of those proto-sex chromsomes are expected.

122   **Table 1**. House fly sex chromosome genotypes.

	genotype			
	X or Y^M	III or III^M	IV or IV^F	sex
f_1	X/X	III/III	IV/IV	female
f_2	X/X	III/III	IV/IV^F	female
f_3	X/X	III/III^M	IV/IV^F	female
f_4	X/X	III^M/III^M	IV/IV^F	female
f_5	X/Y^M	III/III	IV/IV^F	female
f_6	X/Y^M	III/III^M	IV/IV^F	female
f_7	X/Y^M	III^M/III^M	IV/IV^F	female
f_8	Y^M/Y^M	III/III	IV/IV^F	female
f_9	Y^M/Y^M	III/III^M	IV/IV^F	female
f_{10}	Y^M/Y^M	III^M/III^M	IV/IV^F	female
m_1	X/X	III/III^M	IV/IV	male
m_2	X/X	III^M/III^M	IV/IV	male
m_3	X/Y^M	III/III	IV/IV	male
m_4	X/Y^M	III/III^M	IV/IV	male
m_5	X/Y^M	III^M/III^M	IV/IV	male
m_6	Y^M/Y^M	III/III	IV/IV	male
m_7	Y^M/Y^M	III/III^M	IV/IV	male
m_8	Y^M/Y^M	III^M/III^M	IV/IV	male

Material and Methods

General overview

I used a simulation approach to identify fitness effects of two proto-Y chromosomes (Y^M

and III^M) and one proto-W chromosome (IV^F) that maintain polygenic sex determination under

four different dominance models. To do so, I first assigned random fitness effects to the Y^M, III^M,

and IV^F chromosomes (Figure 1A). I then calculated the fitness of each of the 18 genotypes

(Table 1) assuming one of four dominance models for the proto-Y chromosomes (Y^M and III^M):

additive effects, dominant effects, recessive effects, or overdominant effects (i.e., heterozygote

advantage). I next determined the frequency of each genotype and proto-sex chromosome after

1,000 generations of random mating with the assigned fitness effects (Figure 1A). I did this

using simulations for one million combinations of fitness effects using four different starting

genotype frequencies for each dominance model. I retained fitness effects in which all three

proto-sex chromosomes remained polymorphic after 1,000 generations, and from those I

selected the 1,000 for which the genotype frequencies were closest to those observed in natural

populations (Figure 1A). I also evaluated how well those fitness effects maintain polygenic sex

determination in a finite population (Figure 1B).

I used simulations to test if fitness effects maintain polygenic sex determination because

the model parameters were too complex to analytically solve for equilibrium conditions.

Specifically, I used dominance models to impose natural selection and recursion equations to

model random mating, and they could not be solved simultaneously. In my simulations, I tested

if polygenic sex determination persists for 1,000 generations, which may not reflect an

equilibrium state. In the Results, I show how this approach can be problematic if proto-Y

chromosomes are on a path to fixation or loss but have not yet reached fixation at 1,000

generations. However, most of my results are robust to this limitation because I specifically test

for proto-sex chromosome polymorphisms at frequencies resembling those observed in natural

populations. These observed frequencies are not near absorbing states involving fixation or

loss, and they are therefore more likely to be true equilibria.

Fitness effects and genotypic fitness

To generate the fitness of the 18 possible sex chromosome genotypes (Table 1), I first

assigned fitness effects to Y^M, III^M, and IV^F by sampling from a uniform distribution between -1

and 1. Positive fitness effects mean that the proto-sex chromosome increases fitness (i.e., it is

beneficial), and negative values mean that it decreases fitness (i.e., it is deleterious). Fitness

effects of Y^M and III^M were assigned separately for males and females. The effect of IV^F was

only assigned for females because the female-determining proto-W chromosome (carrying *Md-*

tra^D) cannot be found in male genotypes (Table 1). Thus, there are five fitness effects: Y^M in

males (M_Y), Y^M in females (F_Y), III^M in males (M_{IIIM}), III^M in females (F_{IIIM}), and IV^F in

females (F_{IVF}). The fitness effects of the proto-sex chromosomes were then used to calculate

the fitness of the 18 possible sex chromosome genotypes (Table 1), using one of four

dominance scenarios. In each dominance scenario, the fitness of the 18 genotypes is

represented by an array of 18 fitness values.

Figure 1. Steps in forward population genetic simulations with **(A)** infinite or **(B)** finite populations.

First, in the additive model, a baseline fitness of 1 was assigned to the f_1 genotype, which

does not have any proto-Y or proto-W chromosomes (X/X; III/III; IV/IV). The fitnesses of the

remaining genotypes were then calculated by adding the effects of Y^M, III^M, and IV^F to that

baseline value according to their representation in each genotype (Supplementary Table 1). For

example, the f_6 genotype (X/Y^M; III/III^M; IV/IV^F) has a fitness of $1 + F_Y + F_{IIIM} + F_{IVF}$

because it is female and there is one copy each of Y^M, III^M, and IV^F in the genotype. The m_2

genotype (X/X; III^M/III^M; IV/IV) has a fitness of $1 + 2M_{IIIM}$ because it is male and there are two

copies of III^M.

In the second scenario, the fitness effects of the proto-Y chromosomes (Y^M and III^M) are

dominant relative to their homologous proto-X chromosomes (X and III) in both males and

females (Supplementary Table S2). As in the additive model, the fitness of the f_1 genotype was

defined as 1 because it does not have any proto-Y or proto-W chromosomes. When the fitness

effects of the proto-Y chromosomes are dominant, adding a second copy of Y^M or III^M to a

genotype does not change the fitness of the genotype relative to an individual with one copy of

that proto-Y chromosome. For example, genotypes m_1 (X/X; III/III^M; IV/IV) and m_2 (X/X; III^M/III^M;

IV/IV) both have a fitness of $1 + M_{IIIM}$ because they have at least one III^M chromosome.

However, the inter-chromosomal effects are additive, such that the m_4, m_5, m_7, and m_8

genotypes all have a fitness of $1 + M_Y + M_{IIIM}$. In addition, IV^F has an additive effect on

female fitness, such that the f_5 (X/Y^M; III/III; IV/IV^F) and f_8 (Y^M/Y^M; III/III; IV/IV^F) genotypes both

have a fitness of $1 + F_Y + F_{IVF}$.

Third, when the effects of the proto-Y chromosomes are recessive, a single copy of Y^M

or III^M has no effect on genotype fitness in either males or females; genotype fitness is only

affected when there are two copies of either Y^M or III^M (Supplementary Table S3). For example,

genotype m_1 (X/X; III/III^M; IV/IV) has a fitness of 1, and m_2 (X/X; III^M/III^M; IV/IV) has a fitness of

$1 + M_{IIIM}$ because the fitness effect of III^M is only realized in the homozygous m_2 genotype.

Once again, inter-chromosome effects are additive, such that the fitness of the m_8 genotype

(Y^M/Y^M; III^M/III^M; IV/IV) is $1 + M_Y + M_{IIIM}$. As in all of the models, IV^F has an additive effect

on female fitness, such that the f_8 genotype (Y^M/Y^M; III/III; IV/IV^F) has a fitness of

$1 + F_Y + F_{IVF}$.

In the fourth scenario, the Y^M and III^M proto-Y chromosomes have overdominant effects

in males (Supplementary Table S4). In this scenario, a single-copy of either Y^M or III^M increases

male fitness because the chromosomes carry male-beneficial alleles with additive or dominant

effects. However, in the overdominant model, the proto-Y chromosomes also carry recessive

alleles that are deleterious in males (Charlesworth and Charlesworth 2000). Those recessive

deleterious alleles confer a fitness cost on male genotypes that are homozygous for either Y^M or

III^M (i.e., m_2, m_6, and m_8). To implement this, I determined the fitness effects of Y^M and III^M in

males (i.e., M_Y and M_{IIIM}) by taking the absolute value of the fitness sampled from the

uniform distribution between -1 and 1. I only applied those fitness effects to heterozygous male

genotypes (i.e., Y/Y^M and III/III^M). This ensures that heterozygous male genotypes have higher

fitness than either homozygote. For example, the m_1 genotype (X/X; III/III^M; IV/IV) has a fitness

of $1 + M_{IIIM}$, while the m_2 genotype (X/X; III^M/III^M; IV/IV) has a fitness of 1. Inter-chromosomal

fitness effects, on the other hand, are additive, as in the other three scenarios. Therefore, the

fitness of the m_4 genotype (X/Y^M; III^M/III; IV/IV) is $1 + M_Y + M_{IIIM}$. In contrast to males,

fitness effects in females are additive and drawn from a uniform distribution between -1 and 1

(as in the additive scenario). The female fitness effects are additive because the alleles that

increase fitness in heterozygous males are assumed to not confer a fitness benefit in females.

As in the other three scenarios, IV^F has an additive inter-locus effect on female fitness.

When calculating the fitness values of all 18 genotypes in a fitness array, the following

two normalizations were performed to ensure that the fitness of each genotype falls between 0

and 1. First, fitness effects of each proto-Y and proto-W chromosome can be negative because

they are drawn from a uniform distribution between -1 and 1. When the fitness effects of the

proto-sex chromosomes are negative, the fitness values of genotypes with multiple proto-Y and

proto-W chromosomes could be negative. To ensure that the fitness values of all 18 genotypes

are positive, the minimum fitness value across all 18 genotypes was subtracted from each

genotype fitness value. Second, genotype fitness values would be greater than 1 if the fitness

effect of a proto-Y or proto-W chromosome is positive. To ensure that all genotype fitness

values are less than 1, the adjusted fitness values were then divided by the maximum fitness

value across all 18 genotypes.

All four scenarios (additive, dominant, recessive, or overdominant) attribute fitness

effects to each proto-sex chromosome, whether it is Y^M, III^M, or IV^F. I am therefore assuming

that all copies of each proto-Y or proto-W chromosome in the population carry an identical suite

of beneficial and deleterious alleles (i.e., all copies of III^M are identical). In addition, all models

assume complete linkage between any allele(s) under selection and the *Mdmd* locus on the Y^M

and III^M chromosomes. Similarly, I assume complete linkage between the female-determining

Md-tra^D locus and any alleles on the IV^F chromosome. Complete linkage may be achieved if, for

example, chromosomal inversions suppress recombination between the proto-Y and proto-X (or

proto-Z and proto-W) chromosomes in heterozygotes (Bergero and Charlesworth 2009; Wright

et al. 2016). Free recombination in sex chromosome homozygotes would not affect genetic

variation on a sex chromosome because all copies of each chromosome are assumed to carry

the same alleles.

Simulations with infinite population size

I used forward simulations to determine how the fitness effects of the proto-sex

chromosomes affect their frequencies in populations. These simulations were performed with

non-overlapping generations and random mating, assuming a population of infinite size

(simulations with finite population sizes are described later). Each generation of a simulation

consists of two discrete steps (Figure 1A). First, each of the 18 genotypes survives according to

its fitness value. This is accomplished by multiplying the frequency of each of the 18 genotypes

by its corresponding fitness value. Second, the 18 genotypes mate randomly and produce

progeny given by recursion equations, described in the Supplementary Table S5 and elsewhere

(Hamm 2008; Meisel et al. 2016). After 1,000 generations of selection and random mating, the

frequency of each genotype and proto-sex chromosome was calculated. This process was

repeated for 1,000,000 fitness arrays for each dominance scenario (additive, dominant,

recessive, and overdominant).

I considered four possible initial genotype frequencies for each simulation. The first three

initial frequencies are based on the observed frequencies of Y^M, III^M, and *Md-tra^D* from three

North American populations (Meisel et al. 2016). These populations were sampled in Chino, CA

(Meisel et al. 2016), Wake County, NC (Hamm and Scott 2008), and Chemung County, NY

(Scott et al. 2013). Initial genotype frequencies were calculated based on the observed

frequencies of Y^M, III^M, and *Md-tra^D*, assuming random mating (Meisel et al. 2016). These three

populations were chosen because Y^M, III^M, and *Md-tra^D* have all remained at a frequency >1%

across multiple years of sampling (Hamm et al. 2005; Hamm and Scott 2008; Meisel et al.

2016). I used frequencies from actual populations as the initial frequencies because I am

specifically interested in how selection can maintain polygenic sex determination at the

frequencies observed in natural populations. However, I also performed simulations in which all

18 genotypes started at the same initial frequency (i.e., 1/18 for each genotype). This allows me

to evaluate how selection pressures can drive the proto-sex chromosomes to the frequencies

observed in natural populations if they start at arbitrary values that deviate from the observed

frequencies.

To determine whether the fitness effects maintain polygenic sex determination, I first

selected fitness arrays that produced frequencies of each proto-sex chromosome (Y^M, III^M, IV^F,

and their homologous chromosomes, X, III, and IV) that are all >0.1% after the 1,000 generation

simulations. This criterion ensures that all three chromosomes are polymorphic with both alleles

at a frequency that is measurable (i.e., 1/1,000) given the sampling schemes used in previous

studies of natural house fly populations (Hamm et al. 2005; Hamm and Scott 2008; Meisel et al.

2016). I refer to genotype fitness arrays with all proto-sex chromosomes present at a frequency

>0.1% as maintaining polygenic sex determination, although not necessarily at the frequencies

observed in natural populations.

From the genotype fitness arrays that maintain polygenic sex determination (i.e., all

proto-sex chromosomes >0.1%), I selected those that produce proto-sex chromosome

frequencies most similar to the frequencies observed in natural populations. To do so, I

calculated the mean squared error (MSE) between the frequencies of Y^M, III^M, and IV^F after

1,000 generations in a simulation (S) and the observed frequencies (O) in a natural population

(CA, NC, or NY):

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$$MSE = \frac{1}{3}[(O_{Y^M} - S_{Y^M})^2 + (O_{III^M} - S_{III^M})^2 + (O_{tra^D} - S_{tra^D})^2].$$

When using simulations that started with proto-sex chromosome frequencies observed in a

population (e.g., CA), I only used MSE to compare with observed frequencies from that same

population. When simulations started with equal frequencies of all 18 genotypes, I compared

simulated chromosomes frequencies with the observed frequencies in each of the three

populations (CA, NC, and NY). I retained the 1,000 fitness arrays that produce proto-sex

chromsome frequencies with the lowest MSE for a given dominance model, population, and

starting genotype frequency. I refer to each of these 1,000 fitness arrays as the best-fitting

arrays for each population.

Simulations with finite population sizes

I assessed how well the 1,000 best-fitting fitness arrays for each population, starting

frequency, and dominance model maintain polygenic sex determination when population sizes

are finite. Finite population sizes introduce stochasticity to the change in allele frequencies

across generations (i.e., genetic drift), in contrast to the deterministic effects of constant fitness

values in a population of infinite size (Hartl and Clark 2007). It is not possible to calculate an

expected probability of fixation or time to fixation for alleles when there is complex sex-linked

inheritance, as in the house fly polygenic sex determination system (Meisel et al. 2016). To

overcome this limitation, I used simulations that modeled finite populations by including binomial

sampling each generation.

I simulated finite populations by adding one additional step to the simulations described

above in order to model a population size (N) of 10,000 individuals (Figure 1B). This population

size was chosen because it is small enough to capture the effects of drift within the time scale of

my simulations. Each simulation was started with the frequencies of the proto-sex

chromosomes observed in the population where the fitness array was identified as best-fitting.

In each generation, following multiplication by the fitness array (i.e., natural selection), I used a

binomial sampling process to calculate a new frequency for each genotype. Binomial sampling

for each genotype was performed with 10,000 trials (i.e., $N = 10^4$) and a probability of success

equal to the frequency of the genotype (genotype frequencies were those after selection). The

resulting array of 18 genotype frequencies was then divided by the sum of all values to ensure

that the genotype frequencies sum to 1. This array of genotype frequencies (after selection and

binomial sampling) was next used as input into the same recursion equations described above

to calculate genotype frequencies after random mating (Supplementary Table S5). The process

(selection, binomial sampling, and random mating) was repeated for 1,000 generations. I

simulated 100 replicate finite populations for each fitness array. I then used the frequency with

which fixation and loss occur in those 100 replicates as an estimate of the probability of fixation

and loss of proto-sex chromosomes within 1,000 generations.

I determined a null expectation for fixation or loss of proto-sex chromosomes in finite

populations by using simulations without selection (i.e., genetic drift and no fitness differences

across genotypes). To those ends, I performed simulations with 10,000 individuals for 1,000

generations. I performed 1,000 replicate simulations with starting values at the observed

frequencies of the proto-sex chromosomes in each population (CA, NC, and NY). These drift-

only simulations included the same steps as the simulations with both selection and drift, except

that there is no differential survival (i.e., natural selection) step in the drift-only simulation. After

1,000 generations, I calculated the frequency of each proto-Y and proto-W chromosome (Y^M,

III^M, and IV^F), as well as the frequency with which each chromosome was lost, across the 1,000

simulations.

Results

I used forward population genetic simulations to assess how natural selection can

maintain polygenic sex determination in a species with two proto-Y chromosomes (Y^M and III^M)

and one proto-W chromosome (IV^F), modeled after the house fly system (Hamm et al. 2015).

Simulations were performed assuming either additive, dominant, recessive, or overdominant

fitness effects of the Y^M and III^M proto-Y chromosomes. I first identified fitness arrays that

produced frequencies of each proto-sex chromosome (Y^M, III^M, IV^F, and their corresponding

homologs) that are all >0.1% after 1,000 generations. I refer to these as fitness arrays that

maintain polygenic sex determination, but not necessarily at the frequencies observed in natural

populations. I next identified the 1,000 fitness arrays that produce frequencies of each proto-Y

and proto-W chromosome (Y^M, III^M, and IV^F) that are closest to those observed in each of three

natural populations (CA, NC, and NY). These are referred to as the 1,000 best-fitting arrays. To

determine null expectations, I considered 1,000 randomly chosen fitness arrays, regardless of

the frequencies of the proto-sex chromosomes after 1,000 generations.

Simulations were started with four possible arrays of genotype frequencies. The first

three arrays of starting genotype frequencies are based on the frequencies of Y^M, III^M, and IV^F

observed in each of the three populations (CA, NC, or NY). In each of these populations, Y^M is

at a higher frequency than III^M (Hamm and Scott 2008; Scott et al. 2013; Meisel et al. 2016).

The fourth starting genotype array has equal frequencies of all 18 genotypes (i.e., each at a

frequency of 1/18). Simulations with starting frequencies based on those observed in NC or NY

and recessive fitness effects of Y^M and III^M caused populations to go extinct because of the loss

of one sex. Therefore, results for recessive fitness effects starting with NC or NY genotype

frequencies were not obtained. For that reason, I report results from simulations starting with

equal genotype frequencies in the main text, and those with starting frequencies based on the

natural populations are given in the Supplementary Materials. For the most part, results are

largely the same regardless of the starting genotype frequencies, but I highlight when the results

differ meaningfully. It can be assumed that the results are the same if I do not explicitly say that

they differ.

Figure 2. Smoothed histograms show the frequency of each proto-sex chromosome (Y^M, III^M, and

IV^F) after 1,000 generations in simulations using either 1,000 random fitness arrays (random), fitness

arrays that maintain polygenic sex determination (polygenic), or the 1,000 best-fitting fitness arrays for

each population (CA, NC, or NY). Simulations were started with equal frequencies of all genotypes. The

vertical line within each histogram shows the median. Red dots show the observed proto-sex

chromosome frequencies in each natural population. Fitness arrays were calculated assuming either (**A**)

additive, (**B**) dominant, (**C**) recessive, or (**D**) overdominant fitness effects of the proto-Y chromosomes

Dominance of fitness effects and the maintenance of polygenic sex determination

The probability with which fitness arrays maintain polygenic sex determination is affected

by the dominance of the effects of the Y^M and III^M proto-Y chromosomes (Supplementary

Figures S1A, S2A). For example, when fitness effects of proto-Y chromosomes are additive,

less than 1% of all fitness arrays maintain polygenic sex determination with a frequency of all

proto-sex chromosomes >0.1%. In contrast, when fitness effects of the proto-Y chromosomes

are dominant or recessive, ~20% of fitness arrays maintain polygenic sex determination.

Overdominant fitness effects are the most likely (>40%) to maintain polygenic sex determination

with proto-sex chromosomes at a frequency >0.1%. These results are consistent when

simulations are started with equal genotype frequencies or frequencies found in natural

populations (Supplementary Figures S1A, S2A).

The dominance of fitness effects of the proto-Y chromosomes also affects how similar

the proto-sex chromosomes frequencies are to those observed in natural populations. Additive

and recessive fitness effects that maintain polygenic sex determination result in frequencies of

Y^M, III^M, and IV^F that are more similar to those observed in natural populations (i.e., lower MSE

) than proto-sex chromosome frequencies produced by overdominant fitness effects; the proto-

sex chromosome frequencies produced by dominant fitness effects are the most divergent from

those in natural populations (Figure 2). However, when I select the 1,000 best-fitting genotypic

fitness arrays (i.e., those with the lowest MSE), the relative distributions of MSE for different

dominance models are dramatically shifted (Supplementary Figures S1A, S2A). Recessive and

overdominant fitness effects that produce the best-fitting genotypic fitness values generally

produce proto-sex chromosome frequencies more similar to those observed in natural

populations than additive or dominant fitness effects (Figure 2). These results are not affected

by the starting genotype frequencies used in the simulations (Figure 2; Supplementary Figures

S1, S2, S3).

Fitness arrays that maintain polygenic sex determination produce different frequencies

of proto-sex chromosomes depending on the dominance of fitness effects. For example, when

additive, recessive, or overdominant fitness effects maintain polygenic sex determination, there

is a broad range of frequencies at which the proto-Y chromosomes (Y^M and III^M) are maintained

(Figure 2). In contrast, most dominant fitness effects that maintain polygenic sex determination

result very high frequencies of the proto-Y chromosomes (Figure 2B). Fitness arrays based on

dominant effects that produce high frequency proto-Y chromosomes correspond to a large

number of fitness arrays that maintain polygenic sex determination and have a high MSE

(Supplementary Figures S1, S2). Randomly chosen fitness arrays, in comparison, produce

three distinct proto-Y chromosome frequency classes: 0 (loss of the proto-Y, because a different

XY or ZW system has taken over), 1 (fixation of the proto-Y, corresponding to fixation of the ZW

system), and 0.25 (the expectation for a monogenic XY system). These results are consistent

regardless of the starting genotype frequencies (Supplementary Figure S3).

The high frequency of proto-Y chromosomes when fitness effects are dominant likely

reflects a path to fixation rather than a stable polymorphism. A proto-Y chromosome with a

dominant fitness effect segregating at very high frequency is consistent with a beneficial effect

that masks the recessive allele, allowing the relatively deleterious recessive allele to persist at

very low frequency (Hartl and Clark 2007). Ultimately, the proto-Y chromosome with a dominant

beneficial effect will reach fixation, although it appears to take longer than the 1,000 generations

considered in my simulations. Therefore, most of the cases where dominant fitness effects

maintain polygenic sex determination, under the criteria I have defined, are not in fact conditions

where polygenic sex determination is maintained at equilibrium. However, there is a small

number of fitness arrays based on dominant effects of proto-Y chromosomes that maintain

polygenic sex determination at frequencies far from fixation, including those that most closely

resemble the frequencies observed in natural populations (Figure 2B).

In the majority of fitness arrays that maintain polygenic sex determination, regardless of

the dominance of the proto-Y chromosome, IV^F is almost exclusively at a frequency of 25%

(Figure 2). This is the expected frequency of a W chromosome in a randomly mating population

with ZW sex determination. This pattern holds for all starting genotype frequencies used in the

simulations (Supplementary Figure S3). Therefore, in a system with 2 proto-Y chromosomes

and one proto-W, polygenic sex determination is expected to be maintained by the (near)

fixation of the ZW female genotype. In contrast, *Md-tra^D* (the female-determining allele on the

IV^F chromosome) is at a frequency <25% in the three natural populations under consideration

(Hamm and Scott 2008; Scott et al. 2013; Meisel et al. 2016). A subset of fitness arrays in my

simulations maintain IV^F at <25% for all dominance models, including those that produce proto-

sex chromosome frequencies most similar to those observed in natural populations (Figure 2;

Supplementary Figure S3).

Sexual antagonism and the maintenance of polygenic sex determination

I next inspected if there is a relationship between the fitness effects of proto-sex

chromosomes in males and females. Each of the eight male proto-sex chromosome genotypes

has a corresponding female genotype that differs only because females carry a copy of the IV^F

chromosome and males do not (Table 1). There are two additional female genotypes (XX; III/III;

IV/IV and X/X; III/III; IV^F/IV) that do not have a corresponding male genotype because they do

not have a proto-Y chromosome. I calculated Spearman's rank order correlation of fitness

between males and females (ρ_{MF}) for the eight pairs of male and female genotypes in each

fitness array. I specifically tested for a negative intersexual fitness correlation ($\rho_{MF} < 0$), which

is a hallmark of sexually antagonistic genetic variation (Chippindale et al. 2001; Rice and

Chippindale 2001; Bonduriansky and Chenoweth 2009).

I confirmed a previous finding that additive fitness effects of Y^M and III^M that produce

proto-sex chromosome frequencies most similar to those observed in natural house fly

populations have $\rho_{MF} < 0$ (Meisel et al. 2016). For example, the single best-fitting additive

fitness effects for the CA population result in genotype fitness values that are negatively

correlated between males and females (Figure 3A). In other words, the genotype that

maximizes male fitness results in the lowest female fitness (Y^M/Y^M; III^M/III^M), and as female

fitness increases across genotypes, male fitness decreases. The genotype that produces the

highest female fitness (X/X; III/III; IV/IV^F) has no corresponding male genotype because that

genotype does not have any proto-Y chromosomes.

Figure 3. Intersexual fitness correlations (ρ_{MF}) are plotted for genotype fitness arrays used in

simulations started with equal frequencies of all genotypes. **(A)** Male and female fitness values are

plotted for the 8 proto-Y chromosome genotypes found in both males and females for the additive fitness

effects that produce proto-sex chromosome frequencies most similar to those observed in the CA

population. Numbers in the graph correspond to genotypes shown below the graph. Genotypes with the

same color circle have the same number of proto-Y chromosomes (#proto-Y). The fitness of two

genotypes only found in females (X/X; III/III) are shown on the X-axis, with their genotype at *Md-tra*

indicated by whether they carry IV^F (traD) or two wild-type copies of *Md-tra* (tra+). **(B–E)** Smoothed

histograms show ρ_{MF} for the 1,000 best-fitting genotypic fitness arrays for the CA, NC, and NY

populations. Distributions of ρ_{mf} are also shown for all fitness arrays that maintain polygenic sex

determination, as well as 1,000 random fitness arrays. Dashed vertical lines show $\rho_{MF} = 0$, and solid

vertical lines within histograms show the median.

Negative ρ_{MF} is a feature of nearly all additive fitness effects that maintain polygenic

sex determination. Almost all of the 1,000 best-fitting genotypic fitness arrays resulting from

additive effects of the proto-Y chromosomes in all three populations (CA, NC, and NY) have

have $\rho_{MF} < 0$ (Figure 3B). In addition, nearly all additive fitness effects that maintain polygenic

sex determination, regardless how similar the proto-sex chromosome frequencies are to those

in natural populations, have $\rho_{MF} < 0$ (Figure 3B). There is a negative ρ_{MF} for additive fitness

effects that maintain polygenic sex determination regardless of the genotype frequencies used

to start the simulations (Supplementary Figure S4A). In contrast, when I selected 1,000 random

additive fitness effects of proto-Y chromosomes (i.e., fitness values that do not necessarily

maintain polygenic sex determination), ρ_{MF} is uniformly distributed between -1 and 1

(Figure 3B). This demonstrates that $\rho_{MF} < 0$ is not an intrinsic property of additive fitness

effects. Instead, $\rho_{MF} < 0$ is a unique feature of additive fitness effects that maintain polygenic

sex determination.

Dominant fitness effects of proto-Y chromosomes that produce the best-fitting genotype

frequencies also tend to have $\rho_{MF} < 0$ (Figure 3C). I observe $\rho_{MF} < 0$ for the best-fitting

fitness arrays based on dominant effects regardless of the genotype frequencies used to start

the simulations (Supplementary Figure S4B). In contrast, when I consider dominant fitness

effects that maintain polygenic sex determination without producing proto-sex chromosome

frequencies similar to those in natural populations, ρ_{MF} is not as negative as in the best-fitting

fitness arrays (Figure 3C). However, most of these dominant fitness effects that appear to

maintain polygenic sex determination after 1,000 generiations are more likely to be in the

process of driving the proto-Y chromosomes to fixation (see above). Random fitness arrays

produced with dominant fitness effects do not tend to have negative ρ_{MF}, demonstrating that

$\rho_{MF} < 0$ is not an intrinsic property of dominant fitness effects. Therefore, $\rho_{MF} < 0$ is only

expected for dominant fitness effects of proto-Y chromosomes that maintain polygenic sex

determination with genotype frequencies similar to those observed in natural populations.

Recessive and overdominant fitness effects that maintain polygenic sex determination,

on the other hand, do not tend to have $\rho_{MF} < 0$. There is no clear relationship between male

and female fitness (i.e., the average $\rho_{MF} \approx 0$) for recessive fitness effects that produce the

best-fitting proto-sex chromosome frequencies in each natural population (Figure 3D;

Supplementary Figure S4C). However, recessive fitness effects that maintain polygenic sex

determination, regardless of the fit of proto-sex chromosome frequencies, tend to have

$\rho_{MF} < 0$ (Figure 3D), although this depends on the starting genotype frequencies used in the

simulations (Supplementary Figure S4C). Overdominant fitness effects that produce the best-

fitting genotype fitness arrays nearly all have $\rho_{MF} > 0$ (Figure 3E; Supplementary Figure

S4D), but this result is difficult to interpret because overdominant effects produce a concave

relationship between male genotype and fitness (i.e., heterozygotes are defined as the most fit

genotype). Therefore, a simple rank order correlation (i.e., ρ_{MF}) does not accurately capture

the relationship between male and female fitness when the proto-Y chromosomes have

overdominant effects in males.

Figure 4. Smoothed histograms show the distributions of fitness effects of each proto-sex
chromosome in each sex for 1,000 random fitness arrays (random), fitness arrays that maintain polygenic
sex determination (polygenic), or the 1,000 best-fitting fitness arrays for each population (CA, NC, or NY).
Simulations were started with equal frequencies of all genotypes. The vertical line within each histogram
shows the median, and dashed lines in each panel are at fitness value of 0. Fitness arrays were
calculated assuming either (**A**) additive, (**B**) dominant, (**C**) recessive, or (**D**) overdominant fitness effects
of the proto-Y chromosomes.

Negative intersexual fitness correlations can be caused by opposing effects of proto-Y chromosomes in males and females

The negative ρ_{MF} that I observe when additive or dominant fitness effects maintain

polygenic sex determination (Figure 3B–C) are suggestive of sexually antagonistic selection. A

potential cause of $\rho_{MF} < 0$ is sexually antagonistic effects of the proto-Y chromosomes if, for

example, Y^M and III^M carry male-beneficial and female-detrimental alleles (Fisher 1931; Rice

1987). Indeed, the best-fitting additive effects in the CA population are consistent with such a

sexually antagonistic model. In the best-fitting array, male fitness is highest in the genotype

carrying 4 proto-Y chromosomes (Y^M/Y^M; III^M/III^M), and male fitness decreases as the number of

proto-Y chromosomes in the genotype decreases (Figure 3A). In contrast, female fitness

increases as the number of proto-Y chromosomes in the genotype decreases. This opposing

correlation between the number of proto-Y chromosomes and fitness across males and females

is consistent with male-beneficial and female-detrimental effects of the proto-Y chromosomes.

I find that opposing effects of proto-Y chromosomes on male and female fitness are a

common feature when additive fitness effects produce proto-sex chromosome frequencies

similar to those observed in house fly populations. The additive fitness effects that produce the

best-fitting proto-sex chromosome frequencies for all three natural populations (CA, NC, and

NY) tend to have proto-Y chromosomes that decrease female fitness and increase male

fitness—i.e., the average fitness effects of Y^M and III^M are negative in females and positive in

males (Figure 4A). To test if these fitness effects result in opposing intersexual fitness, I

calculated Spearman's rank order correlation between the number of proto-Y chromosomes

across genotypes and their sex-specific fitness within each array of 8 genotypes with at least

one proto-Y (ρ_Y). The best-fitting additive fitness effects for all three natural populations tend to

have a positive ρ_Y for male fitness and negative ρ_Y for female fitness (Figure 5A), consistent

with sexually antagonistic (male-beneficial and female detrimental) effects of the proto-Y

chromosomes. With 8 genotypes per sex and 4 possible values for the number of proto-Y

chromosomes, ρ_Y can take 8 possible values (4 positive and 4 negative). I counted the number

of fitness arrays with ρ_Y greater than or equal to one of the 4 positive values and the number of

fitness arrays with a ρ_Y equal to or less than the equivalent negative value. I then compared

those counts between the best-fitting arrays and either the random fitness arrays or all arrays

that maintain polygenic sex determination. In nearly all cases, there is a significant excess of

positive ρ_Y for the best-fitting male fitness values and negative ρ_Y for the best-fitting female

fitness values (Supplementary Table S6). I observe these opposing correlations regardless of

the genotype frequencies used to start the simulations (Supplementary Figures S5A, S6A;

Supplementary Table S7).

Figure 5. Histograms show the distributions of Spearman's rank order correlation (ρ_Y) between the number of proto-Y chromosomes (Y^M or III^M) and fitness in either males (blue) or females (red). Correlations are calculated for the 1,000 best-fitting fitness arrays that produce proto-sex chromosomes most similar to those observed in natural populations (CA, NC, or NY), fitness arrays that maintain polygenic sex determination (polygenic), or 1,000 random fitness arrays (random). Simulations were started with equal frequencies of all genotypes. Dashed vertical lines indicate $\rho_Y = 0$. Genotype fitness was determined assuming either **(A)** additive, **(B)** dominant, **(C)** recessive, or **(D)** overdominant fitness effects of the proto-Y chromosomes.

When I consider all additive effects that maintain polygenic sex determination, regardless of how well they fit natural populations, there does not tend to be opposing fitness effects of proto-Y chromosomes in males and females. For example, the average fitness effects of Y^M and III^M trend toward 0 in both females and males in fitness arrays that maintain polygenic sex determination (Figure 4A). In addition, there is not a consistent positive or negative ρ_Y for either male or female fitness (Figure 5A). The lack of a relationship between proto-Y chromosomes and sex-specific fitness effects for all additive models that maintain polygenic sex determination holds regardless of the starting genotype frequencies used in the simulations (Supplementary Figures S4A, S5A). Similarly, there is not a relationship between proto-Y chromosomes and sex-specific fitness for 1,000 random fitness arrays produced by additive fitness effects (Figure 4A, Figure 5A; Supplementary Figures S5A, S6A). Therefore, proto-Y chromosomes with additive fitness effects are only predicted to be sexually antagonistic if polygenic sex determination is maintained with proto-sex chromosome frequencies observed in

natural house fly populations. This is notable because $\rho_{MF} < 0$ when additive effects maintain

polygenic sex determination regardless of how well proto-sex chromosome frequencies fit

natural populations (Figure 3B). This result suggests that genotypes can be sexually

antagonistic when polygenic sex determination is maintained by additive fitness effects without

sexually antagonistic effects of the proto-Y chromosomes themselves. The lack of sexually

antagonistic effects of the proto-Y chromosomes themselves suggests that combinations of

proto-Y chromosomes create genotypes with opposing fitness in males and females.

When dominant fitness effects of proto-Y chromosomes maintain polygenic sex

determination at proto-sex chromosomes frequencies observed in natural populations, ρ_{MF}

tends to be negative (Figure 3C). The negative ρ_{MF} suggests that sexually antagonistic

selection is involved in maintaining polygenic sex determination when the proto-Y chromosomes

have dominant fitness effects. Consistent with this hypothesis, Y^M tends to be deleterious in

females when dominant fitness effects maintain polygenic sex determination at proto-sex

chromosome frequencies observed in natural populations (Figure 4B). However, III^M does not

tend to have a negative fitness effect in females (Figure 4B). Moreover, ρ_Y is usually 0 in both

males and females when dominant fitness effects maintain polygenic sex determination

(Figure 5B). This is true regardless of the starting genotype frequencies used in the simulations

(Supplementary Figures S5B, S6B). This provides further evidence that polygenic sex

determination can be maintained with sexually antagonistic genotypes when the underlying

fitness effects of the proto-sex chromosomes are not sexually antagonistic.

Recessive fitness effects of proto-Y chromosomes that maintain polygenic sex

determination do not tend to have $\rho_{MF} < 0$, although there are some exceptions (Figure 3D).

This suggests that sexually antagonistic selection is not involved in maintaining polygenic sex

determination when proto-Y chromosomes have recessive fitness effects. It is therefore

surprising that both Y^M and III^M tend to be deleterious in females when polygenic sex

determination is maintained by recessive fitness effects, regardless of how well the proto-sex

chromosome frequencies fit those observed in natural populations (Figure 4C). Moreover, Y^M

tends to be beneficial to males when proto-sex chromosome frequencies are similar to those

observed in natural populations (Figure 4C). As expected based on the deleterious effects in

females, recessive fitness effects that maintain polygenic sex determination tend to have

$\rho_Y < 0$ for females (Figure 5C). In contrast, random recessive fitness effects do not tend to be

female-deleterious and do not produce $\rho_Y < 0$ (Figure 4C, Figure 5C), demonstrating that

female-deleterious effects and $\rho_Y < 0$ are not intrinsic properties of recessive fitness effects.

These patterns are the same regardless of the starting genotype frequencies used in the

simulations (Supplementary Figures S5C, S6C). Therefore, while genotypes are not sexual

antagonistic when polygenic sex determination is maintained by recessive fitness effects, the

proto-Y chromosomes are expected to have female-detrimental effects. The lack of sexually

antagonistic genotypes occurs because the proto-Y chromosomes do not have consistent male-

beneficial effects (Figure 4C, Figure 5C).

When overdominant fitness effects in males maintain polygenic sex determination with

proto-sex chromosome frequencies most similar to those observed in natural house fly

populations, the proto-Y chromosomes tend to have deleterious effects in females (Figure 4D).

This results in $\rho_Y < 0$ for females when there are overdominant effects of the proto-Y

chromosomes in males (Figure 5D). There is also a significant excess of $\rho_Y < 0$ in females for

the best fitting fitness arrays relative to both all fitness arrays that maintain polygenic sex

determination and random arrays (Supplementary Table S8). In contrast, when I consider all

fitness arrays that can maintain polygenic sex determination with overdominant effects

(regardless of how well they fit natural populations), the proto-Y chromosomes do not

necessarily have deleterious effects in females (Figure 4D) and ρ_Y is usually not negative in

females (Figure 5D). The same patterns are observed for all starting genotype frequencies used

in the simulations (Supplementary Figures S5D, S6D; Supplementary Table S9).

Female-beneficial effects of the proto-W chromosome

The IV[F] proto-W chromosome is nearly always female-beneficial in fitness arrays that

maintain polygenic sex determination (Figure 4). I observe the female-beneficial effect of IV[F] in

all cases when polygenic sex determination is maintained, regardless of the the dominance of

fitness effects of the proto-Y chromosomes, whether or not proto-sex chromosomes frequencies

are similar to those in natural populations, and independently of the genotype frequencies used

to start the simulations (Figure 4; Supplementary Figure S5). There is also a positive correlation

between the fitness effect and frequency of IV[F] when proto-Y chromosomes have dominant,

recessive, or overdominant effects (Figure 6), regardless of the starting genotype frequencies

used in the simulations (Supplementary Figure S7). A positive correlation indicates that the

more female-beneficial the IV[F] chromosome, the higher its frequency.

Figure 6. Bar plots show Spearman's rank order correlation between the frequency the IV^F proto-W chromosome across simulated populations and its fitness effect in the populations. Simulated populations include those that best-fit proto-sex chromosome frequencies in natural populations (CA, NC, or NY), those that maintain polygenic sex determination (polygenic), and 1,000 random populations (random). Simulations were started with equal frequencies of all genotypes. Genotype fitness in populations was calculated assuming **(A)** additive, **(B)** dominant, **(C)** recessive, or **(D)** overdominant effects of the proto-Y chromosomes.

When additive fitness effects maintain polygenic sex determination, there is not necessarily a positive correlation between the fitness effect and frequency of IV^F (Figure 6A) or the correlation is less than in other dominance scenarios (Supplementary Figure S7A). The reduced correlation is somewhat surprising because IV^F is female-beneficial when additive fitness effects maintain polygenic sex determination (Figure 4A). The negative or reduced correlation between IV^F fitness and frequency may be caused by the female-deleterious effects of proto-Y chromosomes when additive effects maintain polygenic sex determination (Figure 4A, Figure 5A). When the proto-Y chromosomes have female-deleterious effects, there will be selection against females carrying IV^F and at least one proto-Y. Selection against females that carry a female-detrimental proto-Y could explain why the correlation between IV^F frequency is negative or low when fitness effects are additive.

Selection pressures can maintain polygenic sex determination in finite populations

I next examined how well selection pressures can maintain polygenic sex determination when population sizes are finite. I used the best-fitting selection pressures that I had identified as producing proto-sex chromosome frequencies most similar to those observed in the three natural house fly populations (CA, NC, and NY) with each of the four starting genotype frequencies (CA, NC, NY, and equal). I performed 100 replicate forward simulations for each of the best-fitting selection pressures, with each simulation consisting of 1,000 generations and 10,000 individuals. Simulations using finite populations were started with genotype frequencies observed in natural populations (regardless of how the best-fitting array was identified) because

I am specifically interested in the maintenance of proto-sex chromosome polymorphisms in finite

populations, and not on the approach to the observed frequencies from arbitrary values.

I used the simulations of finite populations to estimate the probability that proto-sex

chromsomes are lost (or fix) via genetic drift in spite of selection pressures that are expected to

maintain polygenic sex determination. To those ends, I calculated the proportion of simulations

(out of 100) in which a given proto-sex chromosome reached fixation for each fitness array. I

used this proportion as an estimate of the probability of fixation (P_{fix}). The P_{fix} value for a

given proto-X or proto-Z chromosome (i.e., X, III, or IV) is equal to the probability of loss (P_{loss})

of the homologous proto-Y or proto-W (Y^M, III^M, or IV^F), and vice versa. For example, P_{fix} of Y^M

is equal to P_{loss} of the X chromosome. I used Fisher's exact test to determine if the number of

fixations of a proto-sex chromosome is in excess or deficiency when compared to a finite

population of the same size and without selection (i.e., genetic drift only).

Selection pressures that produce proto-sex chromsome frequencies similar to those

observed in natural populations (i.e., the best-fitting arrays) promote the maintenance of the III^M

and IV^F polymorphism relative to the expectation under genetic drift alone. The standard third

chromosome without *Mdmd* (III) tends to have a lower P_{fix} with the best-fitting selection

pressures than under drift alone, and the III^M chromosome does not reach fixation at rates that

deviate from neutrality (Figure 7). Similarly, the standard fourth chromosome without *Md-tra^D*

(IV) also tends to have a lower P_{fix} with the best-fitting selection pressures than under drift

alone (Figure 7). The IV^F proto-W chromosome cannot reach fixation because it is not possible

to create ZW males given the house fly sex determination system. The maintenance of the III^M

and IV^F polymorphisms in finite populations is observed for all four dominance models and

regardless of how the best-fitting arrays are identified (Supplementary Figure S8).

The frequency of a sex chromosome in natural populations affects its P_{fix}. For

example, the X and Y^M chromosomes rarely reach fixation, regardless of the selection

pressures or population (Supplementary Figures S9, S10). Y^M is at a higher frequency than III^M

and IV^F across all three populations (Meisel et al. 2016), and the high frequency of Y^M is likely

responsible for its low P_{loss} within 1,000 generations. However, for a small fraction of the best-

fitting arrays (<10%), P_{fix} for both the X and Y^M chromosomes is greater than under drift alone

(Figure 7). The slightly elevated P_{fix} of the X and Y^M chromosomes in finite populations is

observed for all four dominance models and regardless of how the best-fitting arrays are

identified (Supplementary Figure S8). Therefore, when fixation or loss is unlikely via drift

(because the proto-Y chromosome is at high frequency), selection pressures that maintain

polygenic sex determination do not decrease P_{fix} or P_{loss} of a proto-sex chromosome in a

finite population.

Figure 7. Bar plots show the number of fitness arrays that result in a deficiency (gray) or excess
(white) of fixations of each proto-sex chromosome (X, Y^M, III, III^M, or IV) relative to simulations in which
there are no fitness differences across proto-sex chromosomes (i.e., drift only). The fitness arrays are the
1,000 best-fitting fitness values for each population (CA, NC, or NY) when simulations were started with
equal frequencies of all genotypes. Fitness effects of the proto-Y chromosomes are either **(A)** additive,
(B) dominant, **(C)** recessive, or **(D)** overdominant.

When a proto-sex chromosome is at low frequency, selection pressures that maintain

polygenic sex determination decrease P_{fix} and P_{loss} in finite populations. For example, III^M is

rare in all three populations, and it has the largest P_{loss} of any proto-sex chromosome

(Supplementary Figures S9, S10). In turn, selection pressures that maintain polygenic sex

determination decrease P_{fix} of chromosome III, thereby decreasing P_{loss} if III^M (Figure 7).

Furthermore, selection pressures that push III^M and IV^F to higher frequencies when population

sizes are infinite also decrease P_{fix} and P_{loss} in finite populations (Supplementary Figures

S11, S12). Therefore, when fixation is likely via drift because a proto-sex chromosome is at low

frequency (such as III^M and IV^F), the selection pressures that maintain polygenic sex

determination with a higher frequency of the rare proto-sex chromosome decrease P_{loss} in a

finite population.

Figure 8. Smoothed histograms show the
distributions of the additive effect of III^M in
females and males for fitness arrays that have a
lower P_{loss} of III^M than drift alone (deficient),
greater P_{loss} (excess), or not significantly
different from drift. Fitness effects are from the
best-fitting arrays in CA, NC, or NY determined
using simulations started with equal genotype
frequencies.

I finally tested if sexually antagonistic selection affects P_{loss} of III^M in a finite population. I

focus on III^M because it has the highest P_{loss} of any proto-sex chromosome, allowing for

comparisons across fitness effects with high and low rates of loss. I compared additive effects

across fitness arrays with differing rates of P_{loss} (excess, deficient, and not significantly

different from drift alone) because additive effects have the strongest signatures of sexually

antagonistic selection (Figure 3, Figure 4, Figure 5). When additive effects decrease P_{loss} of III^M

relative to drift, III^M tends to confer a fitness cost to females (i.e., the fitness effect is negative)

and benefit to males (Figure 8). The fitness cost to females and benefit to males when P_{loss} of

III^M is low are significantly greater than when P_{loss} is high or not significantly different from drift

alone (*P*<0.05 in a Mann-Whitney test for all populations). These opposing fitness effects in

males and females are consistent with sexually antagonistic selection. Therefore, III^M is more

likely to be maintained in a finite population when additive fitness effects are sexually

antagonistic. I observe these sexually antagonistic effects regardless of how the best-fitting

fitness arrays are identified (Supplementary Figure S13).

Discussion

I used forward simulations of a complex polygenic sex determination system—with two

proto-X/Y pairs and one proto-Z/W, modeled after the house fly—to investigate how the

dominance of alleles under selection affects the maintenance of polygenic sex determination. I

found that the ability of natural selection to maintain polygenic sex determination does indeed

depend on the dominance of fitness effects. For example, polygenic sex determination is more

likely to be maintained if proto-Y chromosomes have overdominant fitness effects, and least

likely if the fitness effects are additive (Supplementary Figures S1, S2). Moreover, the role of

sexually antagonistic selection in the maintenance of polygenic sex determination also depends

on the dominance of fitness effects (Figure 3, Figure 4, Figure 5). Despite these differences

across dominance models, selection pressures that are predicted to maintain polygenic sex

determination are equally effective at preventing the fixation or loss of proto-sex chromosomes

via genetic drift regardless of the dominance of fitness effects (Figure 7).

Additive sexually antagonistic fitness effects maintain polygenic sex determination

Additive fitness effects are unlikely (<1%) to maintain polygenic sex determination, and,

when they do, the proto-sex chromosome frequencies are often divergent from those observed

in natural populations (Figure 2A). When additive fitness effects maintain polygenic sex

determination, they do so with signatures of sexual antagonism. For example, additive effects

that maintain polygenic sex determination have negative intersexual correlations of genotype

fitness, regardless of whether proto-sex chromosome frequencies are similar to those observed

in natural house fly populations (Figure 3B). Furthermore, when fitness effect are additive and

proto-sex chromosomes frequencies are similar to natural populations, proto-Y chromosomes

tend to be male-beneficial and female-detrimental (Figure 4A, Figure 5A). Moreover, when I

model overdominant effects in males, I assume that the proto-Y chromosomes have additive

effects in females. When polygenic sex determination is maintained by overdominant effects in

males, the additive effects in females are deleterious (Figure 4D, Figure 5D). Enhanced sexual

antagonism is also associated with additive effects that maintain polygenic sex determination

when population sizes are finite. Specifically, I find that when the house fly III[M] proto-Y

chromosome has male-beneficial and female-detrimental effects, it is more likely to be retained

as a polymorphism in a finite population (Figure 8). Therefore, additive fitness effects maintain

polygenic sex determination via sexually antagonistic selection, even if the additive effects are

sex-specific.

The role of sexually antagonistic additive fitness effects in maintaining a complex

polygenic sex determination system is consistent with previous work demonstrating that simpler

polygenic sex determination systems could also be maintained by sexually antagonistic

selection (Bull 1983; Rice 1986; van Doorn and Kirkpatrick 2007). These sexually antagonistic

effects are notable in the house fly polygenic sex determintion system because females can

carry one or more copies of a female-deleterious proto-Y chromosome if they also have an IV[F]

proto-W chromosome (Table 1). The reduced fitness of these females with a proto-Y

chromosome likely explains the weak relationship between the fitness benefit of IV^F and its

frequency when fitness effects of the proto-Y chromosomes are additive (Figure 6A). These

hypotheses could be tested in house fly by measuring fitness-related phenotypes in females

carrying proto-Y chromosomes.

Dominant and recessive fitness effects that maintain polygenic sex determination have
contrasting signatures of sexual antagonism

Dominant fitness effects are unlikely to maintain polygenic sex determination, but there

is evidence for sexual antagonism when they do. While dominant fitness effects can maintain a

three proto-sex chromosome polymorphism after 1,000 generations (Supplementary Figures

S1, S2), most dominant fitness effects that appear to maintain polygenic sex determination are

likely to be paths to fixation. Nonetheless, there is small subset of dominant fitness effects that

maintain polygenic sex determination with proto-sex chromosomes at frequencies close to those

observed in natural populations (Figure 2B). In that subset, the dominant effects create

genotypes with opposing fitness effects in males and females (Figure 3C), consistent with

sexual antagonism. Despite this evidence for sexual antagonism, the proto-Y chromosomes

themselves are not male-beneficial and female-detrimental (Figure 4B, Figure 5B). Therefore,

sexual antagonism is an emergent property of genotypes that maintain polygenic sex

determination when fitness effects are dominant, and not an intrinsic feature of the fitness

effects of the proto-sex chromosomes.

Recessive fitness effects of proto-Y chromosomes often maintain polygenic sex

determination (Supplementary Figures S1, S2), and are capable of producing proto-sex

chromosome frequencies very similar to those observed in natural populations (Figure 2C).

When recessive fitness effects maintain polygenic sex determination, the genotypes are not

sexually antagonistic (Figure 3D). Despite no evidence for sexually antagonistic genotypes, the

proto-Y chromosomes are female-deleterious (Figure 4C, Figure 5C). This is a notable contrast

with dominant effects that maintain polygenic sex determination, where the genotypes are

sexually antagonistic but the proto-Y chromosomes are not. These results suggest that there

can be substantial decoupling of the sex-specific effects individual proto-sex chromosomes and

the sexually antagonistic effects of genotypes depending on the dominance of fitness effects.

Balancing selection and the maintenance of polygenic sex determination

The factors that contribute to the long-term maintenance of genetic variation in natural

populations include recurrent mutation, population structure, and selection (Charlesworth et al.

2003; Mitchell-Olds et al. 2007). Natural selection that maintains genetic variation is often

referred to as balancing selection (Delph and Kelly 2014; Fijarczyk and Babik 2015). Balancing

selection can take many different forms, including overdominance (also called heterozygote

advantage or heterosis) and context-dependent effects. My model explicitly considers two of

these types of balancing selection: overdominance and sex-specific fitness effects (a specific

case of context-dependence).

I find that overdominant fitness effects of proto-Y chromosome are more likely to

maintain polygenic sex determination than any other dominance scenario (Supplementary

Figures S1, S2). Most overdominant fitness effects produce proto-sex chromosome frequencies

that deviate from those observed in natural populations, but a subset are very similar to those

seen in the three house fly populations (Figure 2D). There is conflicting evidence for the amount

of genetic variation with overdominant fitness effects in natural populations, including some

work that suggests overdominance is rare (Andrés et al. 2009; Sellis et al. 2011, 2016; Hedrick

2012; Bitarello et al. 2018). It therefore remains to be investigated whether there are sufficient

alleles with overdominant effects to explain the maintenance of polygenic sex determination in

natural populations.

Sex-specific selection, including sexual antagonism, is a type of context-dependent

selection that is hypothesized to maintain genetic variation (e.g., Owen 1953; Kidwell et al.

1977; Connallon and Clark 2014). I observe multiple different signatures of sexually antagonistic

selection when polygenic sex determination is maintained under a variety of dominance regimes

(Figure 3, Figure 4, Figure 5, Figure 8), consistent with previous theory implicating sexual

antagonism in the maintenance of polygenic sex determination (Bull 1983; Rice 1986; van

Doorn and Kirkpatrick 2007; Meisel et al. 2016). There appears to be a substantial amount of

sexually antagonistic genetic variation segregating within a wide range of species (Rice 1992;

Chippindale et al. 2001; Calsbeek and Sinervo 2004; Fedorka and Mousseau 2004; Brommer et

al. 2007; Foerster et al. 2007; Innocenti and Morrow 2010). However, these sexually

antagonistic alleles are not necessarily maintained by balancing selection—they could be

transient variation on the path to fixation or maintained by mutation-selection balance (Mitchell-

Olds et al. 2007). Indeed, the evidence that sexually antagonistic genetic variation is maintained

by balancing selection in natural populations is limited and conflicting (Cheng and Kirkpatrick

2016; Dutoit et al. 2018; Meisel 2018; Kasimatis et al. 2019; Ruzicka et al. 2019).

There are also theoretical predictions that X chromosomes should be enriched for

sexually antagonistic genetic variation (Rice 1984; Patten and Haig 2009; Patten 2019), and

there is some evidence in support of this theory (Gibson et al. 2002; Pischedda and Chippindale

2006; Foerster et al. 2007; Innocenti and Morrow 2010). The enrichment of X-linked sexually

antagonistic variants may depend on the dominance of their fitness effects (Fry 2010), which

can further affect whether male- or female-beneficial variants are favored on the X chromosome

(Frank and Crespi 2011; Frank and Patten 2020). The theory relating sex chromsomes and

sexually antagonistic alles was developed for differentiated X and Y (or Z and W)

chromosomes. In systems with young, homomorphic sex chromosomes, such as house fly

(Meisel et al. 2017), different dynamics may be at play because the X and Y carry nearly all the

same genes (albeit with different alleles). My results suggest that young sex chromosomes are

also likely to harbor sexually antagonistic alleles, and the extent of this sexually antagonistic

variation depends on the dominance of fitness effects. This is consistent with theory that

suggests sexually antagonistic selection is important for the early evolution of sex chromosomes

and empirical studies that identified sexually antagonistic variants on young sex chromosomes

(Lindholm and Breden 2002; van Doorn and Kirkpatrick 2007, 2010; Roberts et al. 2009). I

remains to be determined, however, whether young sex chromosomes are enriched for sexually

antagonistic variants, if those variants are maintained by balancing selection, and if the sexually

antagonistic alleles contribute to the maintenance of sex chromosome polymorphisms.

Investigating these problems could follow the approaches previously developed to test if

balancing selection maintains sexually antagonistic alleles throughout the genome (e.g., Dutoit

et al. 2018; Ruzicka et al. 2019).

Additional context-dependent effects may also be important for the maintenance of

polygenic sex determination. Spatially variable, temporally fluctuating, and other heterogeneous

selection pressures can contribute to the maintenance of genetic variation (Hedrick 2006),

including maintaining polygenic sex determination (Bateman and Anholt 2017). Geographical

variation may be important for maintaining polygenic sex determination in house fly because the

Y^M and III^M proto-Y chromosomes are distributed along north-south clines on multiple continents

(Denholm et al. 1986; Tomita and Wada 1989; Hamm et al. 2005; Kozielska et al. 2008).

Intriguingly, sex-specific selection, such as sexual antagonism, is predicted to vary across

environments under certain conditions (Connallon 2015; Connallon et al. 2019), although the

empirical evidence for variation in sexual antagonism across heterogenous environments is

mixed (Delcourt et al. 2009; Delph et al. 2011; Lasne et al. 2018). In addition, migration across a

species range can prevent local adaptation (Lenormand 2002; Tigano and Friesen 2016), which

may also affect the maintenance of alleles with sex-specific effects. Sex chromosome

polymorphisms, and specifically the house fly polygenic sex determination system, may be

promising models for investigating how sexually antagonistic variation across heterogenous

environments can maintain genetic variation in natural populations.

Recombination on the sex chromosomes and Y-linked alleles

My model makes assumptions about recombination on the sex chromosomes that may

affect my conclusions about the maintenance of polygenic sex determination. Specifically, I

assume that there is no recombination between the male-determining locus (*Mdmd*) on each

proto-Y chromosome and the allele(s) under selection. I similarly assume that there is no

recombination between the female-determining allele (*Md-tra^D*) and alleles under selection on

the proto-W chromosome (IV^F). X-Y and Z-W recombination may be suppressed by

chromosomal inversions that create tight genetic linkage between the sex-determining locus

and sexually antagonistic alleles (Bergero and Charlesworth 2009; Wright et al. 2016). While

there is no direct evidence for inversions or other recombination suppressors on the house fly

sex chromosomes, male meiosis in flies is thought to occur without crossing over (Gethmann

1988). A lack of crossing over in males would prevent X-Y recombination in males without the

need for sex-chromosome-specific modifiers. However, there is evidence for male

recombination in house fly (Feldmeyer et al. 2010), which opens up the possibility for X-Y

recombination. Furthermore, in the absence of Y-linked suppressors, X-Y recombination could

also occur in the multiple female genotypes that carry a proto-Y chromosome (Table 1).

There are at least two other consequences of recombination on the sex chromosomes

that could affect how sex-specific selection maintains polygenic sex determination. First, my

model assumes that all copies of each proto-Y and proto-W chromosome have identical fitness

effects. This assumption is consistent with population genetics theory that predicts Y-linked

variants cannot segregate as protected polymorphisms when there is no X-Y recombination

(Clark 1987). In contrast to this prediction, there are numerous examples of Y-linked

polymorphisms with phenotypic effects in *Drosophila*, where the X and Y do not recombine

(Clark 1990; Zhang et al. 2000; Lemos et al. 2008, 2010; Griffin et al. 2015; Brown et al. 2020),

including Y-linked variation across heterogeneous environments over the species' geographic

range (Rohmer et al. 2004). Future work could incorporate variation in fitness effects of each

proto-Y and proto-W chromosome into my model to assess how segregating polymorphisms on

the proto-sex chromosomes affect the maintenance of polygenic sex determination.

A second consequence of sex chromosome recombination could affect how

overdominant fitness effects maintain polygenic sex determination. I assume that

overdominance arises from proto-Y chromosomes that carry recessive deleterious alleles. This

assumption is based on the prediction that suppressed X-Y recombination leads to the

accumulation of (recessive) deleterious alleles on the Y chromosome because of Muller's

ratchet and hitchhiking (Charlesworth and Charlesworth 2000; Bachtrog 2013). X-Y

recombination in males and/or females could prevent the accumulation of recessive deleterious

mutations on the Y^M and III^M chromosomes (Muller 1964; Felsenstein 1974). Moreover, there

are multiple genotypes that are homozygous for a proto-Y chromosome (Table 1), which would

expose recessive deleterious mutations to selection. Selection in proto-Y chromosome

homozygotes may purge recessive deleterious alleles from populations (Charlesworth et al.

1990; Barrett and Charlesworth 1991). Therefore, while overdominant fitness effects are likely to

maintain polygenic sex determination, proto-Y chromosomes may not posses the necessary

alleles for such selection pressures to act upon.

Generalizing to even more complex polygenic sex determination systems

I anticipate that many of the general patterns I observe here would be similar in other

complex polygenic sex determination systems with at least three different proto-sex

chromosomes. For example, in a system with >2 proto-Y chromosomes, I expect to observe

similar effects of dominance on the maintenance of polygenic sex determination and sexual

antagonism as in the system I modeled with 2 proto-Y chromosomes. In addition, if there are

multiple proto-W chromosomes and a single (epistatic) proto-Y (i.e., the opposite of the house

fly system), I would expect similar patterns as I observe in the house fly system, but with the

sexes reversed. These expectations could be tested in future work. It is not clear, however,

what would be expected if there were multiple proto-W and multiple proto-Y chromosomes in a

population. It is worth noting that polygenic systems with many sex-determining loci are

expected to be evolutionarily unstable (Rice 1986). Zebrafish may represent a promising model

for combining empirical and theoretical approaches to make additional progress in the

maintenance of many sex determining loci (Liew et al. 2012; Wilson et al. 2014).

Conclusions

My results demonstrate that the maintenance of polygenic sex determination depends

on the dominance of fitness effects, which are further predictive of the sexually antagonistic

effects of proto-sex chromosomes and genotypes. Notably, overdominant fitness effects are

most likely to maintain polygenic sex determination, but that conclusion requires at least one of

two important assumptions. First, genetic variation with overdominant effects must exist in

natural populations, or, second, proto-Y chromosomes must carry recessive deleterious alleles

(in addition to additive or dominant beneficial alleles). My results also suggest that sexual

antagonism should be most prominent when fitness effects of proto-Y chromosomes are

additive, although sexually antagonistic effects are expected to a lesser degree under other

dominance scenarios. Lastly, future work is needed to evaluate how X-Y (and Z-W)

recombination and migration across demes affect the ability of sex-specific selection pressures

to maintain complex polygenic sex determination, including systems with other combinations of

proto-sex chromosomes.

Supplementary Material

Supplementary Figure S1. Smoothed histograms show the distributions of mean squared error (MSE) values for fitness arrays that maintain polygenic sex determination (i.e., all proto-sex chromosomes at a frequency >0.1%). MSE is calculated based on the frequencies of Y^M, III^M, and IV^F found in either CA, NC, or NY. Simulations were started with equal frequencies of all genotypes. Fitness arrays are based on additive, dominant, recessive, or overdominant fitness effects of Y^M and III^M. (A) Distributions of MSE are shown for all fitness arrays that maintain polygenic sex determination, with the percent of those arrays that maintain polygenic sex determination shown in each panel. (B) Distributions of MSE are shown for the 1,000 best-fitting arrays with the lowest MSE.

Supplementary Figure S2. Smoothed histograms show the distributions of mean squared error (MSE) values for fitness arrays that maintain polygenic sex determination (i.e., all proto-sex chromosomes at a frequency >0.1%). MSE is calculated based on the frequencies of Y^M, III^M, and IV^F found in either CA, NC, or NY. Simulations were started with genotype frequencies observed in natural populations. Fitness arrays are based on additive, dominant, recessive, or overdominant fitness effects of Y^M and III^M. (A) Distributions of MSE are shown for all fitness arrays that maintain polygenic sex determination, with the percent of those arrays that maintain polygenic sex determination shown in each panel. (B) Distributions of MSE are shown for the 1,000 best-fitting arrays with the lowest MSE.

Supplementary Figure S3. Smoothed histograms show the frequency of each proto-sex chromosome (Y^M, III^M, and IV^F) after 1,000 generations in simulations using either 1,000 random fitness arrays (random), fitness arrays that maintain polygenic sex determination (polygenic), or the 1,000 best-fitting fitness arrays for each population (CA, NC, or NY). Simulations were started with genotype frequencies observed in each population. The vertical line within each histogram shows the median. Red dots show the observed proto-sex chromosome frequencies in each natural population. Fitness arrays were calculated assuming either **(A)** additive, **(B)** dominant, **(C)** recessive, or **(D)** overdominant fitness effects of the proto-Y chromosomes.

Supplementary Figure S4. Smoothed histograms show intersexual fitness correlations (ρ_{MF}) for the 1,000 best-fitting genotypic fitness arrays for the CA, NC, and NY populations, all fitness arrays that maintain polygenic sex determination (poly), and 1,000 random fitness arrays. Simulations were started with genotype frequencies observed in natural populations. Dashed vertical lines show $\rho_{MF} = 0$, and solid vertical lines within histograms show the median.

Supplementary Figure S5. Smoothed histograms show the distributions of fitness effects of each proto-sex chromosome in each sex for 1,000 random fitness arrays (random), fitness arrays that maintain polygenic sex determination (polygenic), or the 1,000 best-fitting fitness arrays for each population (CA, NC, or NY). Simulations were started with genotype frequencies observed in natural populations. The vertical line within each histogram shows the median, and dashed lines in each panel are at fitness value of 0. Fitness arrays were calculated assuming either (**A**) additive, (**B**) dominant, (**C**) recessive, or (**D**) overdominant fitness effects of the proto-Y chromosomes.

Supplementary Figure S6. Histograms show the distributions of Spearman's rank order correlation (ρ_Y) between the number of proto-Y chromosomes (Y^M or III^M) and fitness in either males (blue) or females (red). Correlations are calculated for the 1,000 best-fitting fitness arrays that produce proto-sex chromosomes most similar to those observed in natural populations (CA, NC, or NY), fitness arrays that maintain polygenic sex determination (polygenic), or 1,000 random fitness arrays (random). Simulations were started with genotype frequencies observed in natural populations. Dashed vertical lines indicate $\rho_Y = 0$. Genotype fitness was determined assuming either **(A)** additive, **(B)** dominant, **(C)** recessive, or **(D)** overdominant fitness effects of the proto-Y chromosomes.

Supplementary Figure S7. Bar plots show Spearman's rank order correlation between the frequency the IV^F proto-W chromosome across simulated populations and its fitness effect in the populations. Simulated populations include those that best-fit proto-sex chromosome frequencies in natural populations (CA, NC, or NY), those that maintain polygenic sex determination (polygenic), and 1,000 random populations (random). Simulations were started with equal frequencies of all genotypes. Genotype fitness in populations was calculated assuming **(A)** additive, **(B)** dominant, **(C)** recessive, or **(D)** overdominant effects of the proto-Y chromosomes.

Supplementary Figure S8. Bar plots show the number of fitness arrays that result in a deficiency (gray) or excess (white) of fixations of each proto-sex chromosome (X, Y^M, III, III^M, or IV) relative to simulations in which there are no fitness differences across proto-sex chromosomes (i.e., drift only). The fitness arrays are the 1,000 best-fitting fitness values for each population (CA, NC, or NY) when simulations were started with genotype frequencies observed in natural populations. Fitness effects of the proto-Y chromosomes are either **(A)** additive, **(B)** dominant, or **(C)** overdominant. Recessive fitness effects are not shown because simulations could not be run for NC and NY.

Supplementary Figure S9. Smoothed histograms show the distributions of probability of fixation for each proto-sex chromosome in each pouplation when $N = 10^4$. Simulations were performed with the 1,000 best-fitting selection pressures for each population (CA, NC, or NY) that were identified from simulations started with equal frequencies of all genotypes, using either **(A)** additive, **(B)** dominant, **(C)** recessive, or **(D)** overdominant fitness effects of the proto-Y chromosomes.

Supplementary Figure S10. Smoothed histograms show the distributions of probability of fixation for each proto-sex chromosome in each pouplation when $N = 10^4$. Simulations were performed with the 1,000 best-fitting selection pressures for each population (CA, NC, or NY) that were identified from simulations started with genotype frequencies observed in each population using either **(A)** additive, **(B)** dominant, or **(C)** overdominant fitness effects of the proto-Y chromosomes. Recessive fitness effects are not shown because simulations could not be run for NC and NY.

Supplementary Figure S11. Smoothed histograms show the distributions of the frequency of the III^M and IV^F chromosomes after 1,000 generations in an infinite population for fitness effects that result in a deficiency, excess, or not significant loss of III^M and IV^F relative to drift alone. Fitness effects are from the 1,000 best-fitting selection pressures in each population (CA, NC, or NY) that were identified from simulations started with equal frequencies of all genotypes, using either **(A)** additive, **(B)** dominant, **(C)** recessive, or **(D)** overdominant fitness effects of the proto-Y chromosomes.

Supplementary Figure S12. Smoothed histograms show the distributions of the frequency of the III^M and IV^F chromosomes after 1,000 generations in an infinite population for fitness effects that result in a deficiency, excess, or not significant loss of III^M and IV^F relative to drift alone. Fitness effects are from the 1,000 best-fitting selection pressures in each population (CA, NC, or NY) that were identified from simulations started with genotype frequencies observed in each population, using either **(A)** additive, **(B)** dominant, or **(C)** overdominant fitness effects of the proto-Y chromosomes. Recessive fitness effects are not shown because simulations could not be run for NC and NY.

Supplementary Figure S13. Smoothed histograms show the distributions of the additive effect of IIIᴹ in females and males for fitness arrays that have a lower P_{loss} of IIIᴹ than drift alone (deficient), greater P_{loss} (excess), or not significantly different from drift. Fitness effects are from the best-fitting arrays in CA, NC, or NY determined using simulations started with genotype frequencies observed in each population.

Supplementary Table S1. Genotype fitness with additive effects of proto-Y chromosomes.

	genotype	additive fitness effects
f_1	X/X; III/III; IV/IV	1
f_2	X/X; III/III; IV/IV^F	$1 + F_{IVF}$
f_3	X/X; III/III^M; IV/IV^F	$1 + F_{IIIM} + F_{IVF}$
f_4	X/X; III^M/III^M; IV/IV^F	$1 + 2F_{IIIM} + F_{IVF}$
f_5	X/Y^M; III/III; IV/IV^F	$1 + F_Y + F_{IVF}$
f_6	X/Y^M; III/III^M; IV/IV^F	$1 + F_Y + F_{IIIM} + F_{IVF}$
f_7	X/Y^M; III^M/III^M; IV/IV^F	$1 + F_Y + 2F_{IIIM} + F_{IVF}$
f_8	Y^M/Y^M; III/III; IV/IV^F	$1 + 2F_Y + F_{IVF}$
f_9	Y^M/Y^M; III/III^M; IV/IV^F	$1 + 2F_Y + F_{IIIM} + F_{IVF}$
f_{10}	Y^M/Y^M; III^M/III^M; IV/IV^F	$1 + 2F_Y + 2F_{IIIM} + F_{IVF}$
m_1	X/X; III/III^M; IV/IV	$1 + M_{IIIM}$
m_2	X/X; III^M/III^M; IV/IV	$1 + 2M_{IIIM}$
m_3	X/Y^M; III/III; IV/IV	$1 + M_Y$
m_4	X/Y^M; III/III^M; IV/IV	$1 + M_Y + M_{IIIM}$
m_5	X/Y^M; III^M/III^M; IV/IV	$1 + M_Y + 2M_{IIIM}$
m_6	Y^M/Y^M; III/III; IV/IV	$1 + 2M_Y$
m_7	Y^M/Y^M; III/III^M; IV/IV	$1 + 2M_Y + M_{IIIM}$
m_8	Y^M/Y^M; III^M/III^M; IV/IV	$1 + 2M_Y + 2M_{IIIM}$

Supplementary Table S2. Genotype fitness with dominant effects of proto-Y chromosomes.

	genotype	dominant fitness effects
f_1	X/X; III/III; IV/IV	1
f_2	X/X; III/III; IV/IV^F	$1 + F_{IVF}$
f_3	X/X; III/III^M; IV/IV^F	$1 + F_{IIIM} + F_{IVF}$
f_4	X/X; III^M/III^M; IV/IV^F	$1 + F_{IIIM} + F_{IVF}$
f_5	X/Y^M; III/III; IV/IV^F	$1 + F_Y + F_{IVF}$
f_6	X/Y^M; III/III^M; IV/IV^F	$1 + F_Y + F_{IIIM} + F_{IVF}$
f_7	X/Y^M; III^M/III^M; IV/IV^F	$1 + F_Y + F_{IIIM} + F_{IVF}$
f_8	Y^M/Y^M; III/III; IV/IV^F	$1 + F_Y + F_{IVF}$
f_9	Y^M/Y^M; III/III^M; IV/IV^F	$1 + F_Y + F_{IIIM} + F_{IVF}$
f_{10}	Y^M/Y^M; III^M/III^M; IV/IV^F	$1 + F_Y + F_{IIIM} + F_{IVF}$
m_1	X/X; III/III^M; IV/IV	$1 + M_{IIIM}$
m_2	X/X; III^M/III^M; IV/IV	$1 + M_{IIIM}$
m_3	X/Y^M; III/III; IV/IV	$1 + M_Y$
m_4	X/Y^M; III/III^M; IV/IV	$1 + M_Y + M_{IIIM}$
m_5	X/Y^M; III^M/III^M; IV/IV	$1 + M_Y + M_{IIIM}$
m_6	Y^M/Y^M; III/III; IV/IV	$1 + M_Y$
m_7	Y^M/Y^M; III/III^M; IV/IV	$1 + M_Y + M_{IIIM}$
m_8	Y^M/Y^M; III^M/III^M; IV/IV	$1 + M_Y + M_{IIIM}$

Supplementary Table S3. Genotype fitness with recessive effects of proto-Y chromosomes.

	genotype	recessive fitness effects
f_1	X/X; III/III; IV/IV	1
f_2	X/X; III/III; IV/IV$^\text{F}$	$1 + F_{IVF}$
f_3	X/X; III/III$^\text{M}$; IV/IV$^\text{F}$	$1 + F_{IVF}$
f_4	X/X; III$^\text{M}$/III$^\text{M}$; IV/IV$^\text{F}$	$1 + F_{IIIM} + F_{IVF}$
f_5	X/Y$^\text{M}$; III/III; IV/IV$^\text{F}$	$1 + F_{IVF}$
f_6	X/Y$^\text{M}$; III/III$^\text{M}$; IV/IV$^\text{F}$	$1 + F_{IVF}$
f_7	X/Y$^\text{M}$; III$^\text{M}$/III$^\text{M}$; IV/IV$^\text{F}$	$1 + F_{IIIM} + F_{IVF}$
f_8	Y$^\text{M}$/Y$^\text{M}$; III/III; IV/IV$^\text{F}$	$1 + F_Y + F_{IVF}$
f_9	Y$^\text{M}$/Y$^\text{M}$; III/III$^\text{M}$; IV/IV$^\text{F}$	$1 + F_Y + F_{IVF}$
f_{10}	Y$^\text{M}$/Y$^\text{M}$; III$^\text{M}$/III$^\text{M}$; IV/IV$^\text{F}$	$1 + F_Y + F_{IIIM} + F_{IVF}$
m_1	X/X; III/III$^\text{M}$; IV/IV	1
m_2	X/X; III$^\text{M}$/III$^\text{M}$; IV/IV	$1 + M_{IIIM}$
m_3	X/Y$^\text{M}$; III/III; IV/IV	1
m_4	X/Y$^\text{M}$; III/III$^\text{M}$; IV/IV	1
m_5	X/Y$^\text{M}$; III$^\text{M}$/III$^\text{M}$; IV/IV	$1 + M_{IIIM}$
m_6	Y$^\text{M}$/Y$^\text{M}$; III/III; IV/IV	$1 + M_Y$
m_7	Y$^\text{M}$/Y$^\text{M}$; III/III$^\text{M}$; IV/IV	$1 + M_Y$
m_8	Y$^\text{M}$/Y$^\text{M}$; III$^\text{M}$/III$^\text{M}$; IV/IV	$1 + M_Y + M_{IIIM}$

Supplementary Table S4. Genotype fitness with overdominant effects of proto-Y chromosomes in males (additive effects in females).

	genotype	overdominant fitness effects
f_1	X/X; III/III; IV/IV	1
f_2	X/X; III/III; IV/IV^F	$1 + F_{IVF}$
f_3	X/X; III/III^M; IV/IV^F	$1 + F_{IIIM} + F_{IVF}$
f_4	X/X; III^M/III^M; IV/IV^F	$1 + 2F_{IIIM} + F_{IVF}$
f_5	X/Y^M; III/III; IV/IV^F	$1 + F_Y + F_{IVF}$
f_6	X/Y^M; III/III^M; IV/IV^F	$1 + F_Y + F_{IIIM} + F_{IVF}$
f_7	X/Y^M; III^M/III^M; IV/IV^F	$1 + F_Y + 2F_{IIIM} + F_{IVF}$
f_8	Y^M/Y^M; III/III; IV/IV^F	$1 + 2F_Y + F_{IVF}$
f_9	Y^M/Y^M; III/III^M; IV/IV^F	$1 + 2F_Y + F_{IIIM} + F_{IVF}$
f_{10}	Y^M/Y^M; III^M/III^M; IV/IV^F	$1 + 2F_Y + 2F_{IIIM} + F_{IVF}$
m_1	X/X; III/III^M; IV/IV	$1 + M_{IIIM}$
m_2	X/X; III^M/III^M; IV/IV	1
m_3	X/Y^M; III/III; IV/IV	$1 + M_Y$
m_4	X/Y^M; III/III^M; IV/IV	$1 + M_Y + M_{IIIM}$
m_5	X/Y^M; III^M/III^M; IV/IV	$1 + M_Y$
m_6	Y^M/Y^M; III/III; IV/IV	1
m_7	Y^M/Y^M; III/III^M; IV/IV	$1 + M_{IIIM}$
m_8	Y^M/Y^M; III^M/III^M; IV/IV	1

Supplementary Table S5. Recursion equations to simulate random mating.

genotype	frequency	frequency after random mating
X/X; III/III; IV/IV	f_1	$f_1 m_1/2 + f_1 m_3/2 + f_1 m_4/4$ $+ f_2 m_1/4 + f_2 m_3/4 + f_2 m_4/8$ $+ f_3 m_1/4 + f_3 m_3/8 + f_3 m_4/16$ $+ f_5 m_1/8 + f_5 m_3/8 + f_5 m_4/16$ $+ f_6 m_1/16 + f_6 m_3/16 + f_6 m_4/32$
X/X; III/III; IV/IV$^\text{F}$	f_2	$f_2 m_1/4 + f_2 m_3/4 + f_2 m_4/8$ $+ f_3 m_1/8 + f_3 m_3/8 + f_3 m_4/16$ $+ f_5 m_1/8 + f_5 m_3/8 + f_5 m_4/16$ $+ f_6 m_1/16 + f_6 m_3/16 + f_6 m_4/32$
X/X; III/III$^\text{M}$; IV/IV$^\text{F}$	f_3	$f_2 m_1/4 + f_2 m_2/2 + f_2 m_4/8 + f_2 m_5/4$ $+ f_3 m_1/4 + f_3 m_2/4 + f_3 m_3/8$ $+ f_3 m_4/8 + f_3 m_5/8$ $+ f_4 m_1/4 + f_4 m_3/4 + f_4 m_4/8$ $+ f_5 m_1/8 + f_5 m_2/4 + f_5 m_4/16 + f_5 m_5/8$ $+ f_6 m_1/8 + f_6 m_2/8 + f_6 m_3/16$ $+ f_6 m_4/16 + f_6 m_5/16$ $+ f_7 m_1/8 + f_7 m_3/8 + f_7 m_4/16$
X/X; III$^\text{M}$/III$^\text{M}$; IV/IV$^\text{F}$	f_4	$f_3 m_1/8 + f_3 m_2/4 + f_3 m_4/16 + f_3 m_5/8$ $+ f_4 m_1/4 + f_4 m_2/2 + f_4 m_4/8 + f_4 m_5/4$ $+ f_6 m_1/16 + f_6 m_2/8 + f_6 m_4/32 + f_6 m_5/16$ $+ f_7 m_1/8 + f_7 m_2/4 + f_7 m_4/16 + f_7 m_5/8$
X/Y$^\text{M}$; III/III; IV/IV$^\text{F}$	f_5	$f_2 m_3/4 + f_2 m_4/8 + f_2 m_6/2 + f_2 m_7/4$ $+ f_3 m_3/8 + f_3 m_4/16 + f_3 m_6/4 + f_3 m_7/8$ $+ f_5 m_1/8 + f_5 m_3/4 + f_5 m_4/8$ $+ f_5 m_6/4 + f_5 m_7/8$ $+ f_6 m_1/16 + f_6 m_3/8 + f_6 m_4/16$ $+ f_6 m_6/8 + f_6 m_7/16$ $+ f_8 m_1/4 + f_8 m_3/4 + f_8 m_4/8$ $+ f_9 m_1/8 + f_9 m_3/8 + f_9 m_4/16$

X/Y$^{\text{M}}$; III/III$^{\text{M}}$; IV/IV$^{\text{F}}$	f_6	$f_2m_4/8 + f_2m_5/4 + f_2m_7/4 + f_2m_8/2$
		$+ f_3m_3/8 + f_3m_4/8 + f_3m_5/8$
		$+ f_3m_6/4 + f_3m_7/4 + f_3m_8/4$
		$+ f_4m_3/4 + f_4m_4/8 + f_4m_6/2 + f_4m_7/4$
		$+ f_5m_1/8 + f_5m_2/4 + f_5m_4/8$
		$+ f_5m_5/4 + f_5m_7/8 + f_5m_8/4$
		$+ f_6m_1/8 + f_6m_2/8 + f_6m_3/8 + f_6m_4/8$
		$+ f_6m_5/8 + f_6m_6/8 + f_6m_7/8 + f_6m_8/8$
		$+ f_7m_1/8 + f_7m_3/4 + f_7m_4/8$
		$+ f_7m_6/4 + f_7m_7/8$
		$+ f_8m_1/4 + f_8m_2/2 + f_8m_4/8 + f_8m_5/4$
		$+ f_9m_1/4 + f_9m_2/4 + f_9m_3/8$
		$+ f_9m_4/8 + f_9m_5/8$
		$+ f_{10}m_1/4 + f_{10}m_3/4 + f_{10}m_4/8$
X/Y$^{\text{M}}$; III$^{\text{M}}$/III$^{\text{M}}$; IV/IV$^{\text{F}}$	f_7	$f_3m_4/16 + f_3m_5/8 + f_3m_7/8 + f_3m_8/4$
		$+ f_4m_4/8 + f_4m_5/4 + f_4m_7/4 + f_4m_8/2$
		$+ f_6m_1/16 + f_6m_2/8 + f_6m_4/16$
		$+ f_6m_5/8 + f_6m_7/16 + f_6m_8/8$
		$+ f_7m_1/8 + f_7m_2/4 + f_7m_4/8$
		$+ f_7m_5/4 + f_7m_7/8 + f_7m_8/4$
		$+ f_9m_1/8 + f_9m_2/4 + f_9m_4/16 + f_9m_5/8$
		$+ f_{10}m_1/4 + f_{10}m_2/2 + f_{10}m_4/8 + f_{10}m_5/4$
Y$^{\text{M}}$/Y$^{\text{M}}$; III/III; IV/IV$^{\text{F}}$	f_8	$f_5m_3/8 + f_5m_4/16 + f_5m_6/4 + f_5m_7/8$
		$+ f_6m_3/16 + f_6m_4/32 + f_6m_6/8 + f_6m_7/16$
		$+ f_8m_3/4 + f_8m_4/8 + f_8m_6/2 + f_8m_7/4$
		$+ f_9m_3/8 + f_9m_4/16 + f_9m_6/4 + f_9m_7/8$
Y$^{\text{M}}$/Y$^{\text{M}}$; III/III$^{\text{M}}$; IV/IV$^{\text{F}}$	f_9	$f_5m_4/16 + f_5m_5/8 + f_5m_7/8 + f_5m_8/4$
		$+ f_6m_3/16 + f_6m_4/16 + f_6m_5/16$
		$+ f_6m_6/8 + f_6m_7/8 + f_6m_8/8$
		$+ f_7m_3/8 + f_7m_4/16 + f_7m_6/4 + f_7m_7/8$
		$+ f_8m_4/8 + f_8m_5/4 + f_8m_7/4 + f_8m_8/2$
		$+ f_9m_3/8 + f_9m_4/8 + f_9m_5/8$
		$+ f_9m_6/4 + f_9m_7/4 + f_9m_8/4$
		$+ f_{10}m_3/4 + f_{10}m_4/8 + f_{10}m_6/2 + f_{10}m_7/4$

Y^M/Y^M; III^M/III^M; IV/IV^F	f_{10}	$f_6m_4/32 + f_6m_5/16 + f_6m_7/16 + f_6m_8/8$ $+ f_7m_4/16 + f_7m_5/8 + f_7m_7/8 + f_7m_8/4$ $+ f_9m_4/16 + f_9m_5/8 + f_9m_7/8 + f_9m_8/4$ $+ f_{10}m_4/8 + f_{10}m_5/4 + f_{10}m_7/4 + f_{10}m_8/2$
X/X; III/III^M; IV/IV	m_1	$f_1m_1/2 + f_1m_2/1 + f_1m_4/4 + f_1m_5/2$ $+ f_2m_1/4 + f_2m_2/2 + f_2m_4/8 + f_2m_5/4$ $+ f_3m_1/8 + f_3m_2/4 + f_3m_3/8$ $+ f_3m_4/8 + f_3m_5/8$ $+ f_4m_1/4 + f_4m_3/4 + f_4m_4/8$ $+ f_5m_1/8 + f_5m_2/4 + f_5m_4/16 + f_5m_5/8$ $+ f_6m_1/8 + f_6m_2/8 + f_6m_3/16$ $+ f_6m_4/16 + f_6m_5/16$ $+ f_7m_1/8 + f_7m_3/8 + f_7m_4/16$
X/X; III^M/III^M; IV/IV	m_2	$f_3m_1/8 + f_3m_2/4 + f_3m_4/16 + f_3m_5/8$ $+ f_4m_1/4 + f_4m_2/2 + f_4m_4/8 + f_4m_5/4$ $+ f_6m_1/16 + f_6m_2/8 + f_6m_4/32 + f_6m_5/16$ $+ f_7m_1/8 + f_7m_2/4 + f_7m_4/16 + f_7m_5/8$
X/Y^M; III/III; IV/IV	m_3	$f_1m_3/2 + f_1m_4/4 + f_1m_6/1 + f_1m_7/2$ $+ f_2m_3/4 + f_2m_4/8 + f_2m_6/2 + f_2m_7/4$ $+ f_3m_3/8 + f_3m_4/16 + f_3m_6/4 + f_3m_7/8$ $+ f_5m_1/8 + f_5m_3/4 + f_5m_4/8$ $+ f_5m_6/4 + f_5m_7/8$ $+ f_6m_1/16 + f_6m_3/8 + f_6m_4/16$ $+ f_6m_6/8 + f_6m_7/16$ $+ f_8m_1/4 + f_8m_3/4 + f_8m_4/8$ $+ f_9m_1/8 + f_9m_3/8 + f_9m_4/16$ $+ f_5m_6/4 + f_5m_7/8$ $+ f_6m_1/16 + f_6m_3/8 + f_6m_4/16$ $+ f_6m_6/8 + f_6m_7/16$ $+ f_8m_1/4 + f_8m_3/4 + f_8m_4/8$ $+ f_9m_1/8 + f_9m_3/8 + f_9m_4/16$

X/Y$^{\mathrm{M}}$; III/III$^{\mathrm{M}}$; IV/IV	m_4	$f_1 m_4/4 + f_1 m_5/2 + f_1 m_7/2 + f_1 m_8/1$
		$+ f_2 m_4/8 + f_2 m_5/4 + f_2 m_7/4 + f_2 m_8/2$
		$+ f_3 m_3/8 + f_3 m_4/8 + f_3 m_5/8$
		$+ f_3 m_6/4 + f_3 m_7/4 + f_3 m_8/4$
		$+ f_4 m_3/4 + f_4 m_4/8 + f_4 m_6/2 + f_4 m_7/4$
		$+ f_5 m_1/8 + f_5 m_2/4 + f_5 m_4/8$
		$+ f_5 m_5/4 + f_5 m_7/8 + f_5 m_8/4$
		$+ f_6 m_1/8 + f_6 m_2/8 + f_6 m_3/8 + f_6 m_4/8$
		$+ f_6 m_5/8 + f_6 m_6/8 + f_6 m_7/8 + f_6 m_8/8$
		$+ f_7 m_1/8 + f_7 m_3/4 + f_7 m_4/8$
		$+ f_7 m_6/4 + f_7 m_7/8$
		$+ f_8 m_1/4 + f_8 m_2/2 + f_8 m_4/8 + f_8 m_5/4$
		$+ f_9 m_1/4 + f_9 m_2/4 + f_9 m_3/8$
		$+ f_9 m_4/8 + f_9 m_5/8$
		$+ f_{10} m_1/4 + f_{10} m_3/4 + f_{10} m_4/8$

X/Y$^{\mathrm{M}}$; III$^{\mathrm{M}}$/III$^{\mathrm{M}}$; IV/IV	m_5	$f_3 m_4/16 + f_3 m_5/8 + f_3 m_7/8 + f_3 m_8/4$
		$+ f_4 m_4/8 + f_4 m_5/4 + f_4 m_7/4 + f_4 m_8/2$
		$+ f_6 m_1/16 + f_6 m_2/8 + f_6 m_4/16$
		$+ f_6 m_5/8 + f_6 m_7/16 + f_6 m_8/8$
		$+ f_7 m_1/8 + f_7 m_2/4 + f_7 m_4/8$
		$+ f_7 m_5/4 + f_7 m_7/8 + f_7 m_8/4$
		$+ f_9 m_1/8 + f_9 m_2/4 + f_9 m_4/16 + f_9 m_5/8$
		$+ f_{10} m_1/4 + f_{10} m_2/2 + f_{10} m_4/8 + f_{10} m_5/4$

Y$^{\mathrm{M}}$/Y$^{\mathrm{M}}$; III/III; IV/IV	m_6	$f_5 m_3/8 + f_5 m_4/16 + f_5 m_6/4 + f_5 m_7/8$
		$+ f_6 m_3/16 + f_6 m_4/32 + f_6 m_6/8 + f_6 m_7/16$
		$+ f_8 m_3/4 + f_8 m_4/8 + f_8 m_6/2 + f_8 m_7/4$
		$+ f_9 m_3/8 + f_9 m_4/16 + f_9 m_6/4 + f_9 m_7/8$

Y$^{\mathrm{M}}$/Y$^{\mathrm{M}}$; III/III$^{\mathrm{M}}$; IV/IV	m_7	$f_5 m_4/16 + f_5 m_5/8 + f_5 m_7/8 + f_5 m_8/4$
		$+f_6 m_3/16 + f_6 m_4/16 + f_6 m_5/16$
		$+f_6 m_6/8 + f_6 m_7/8 + f_6 m_8/8$
		$+f_7 m_3/8 + f_7 m_4/16 + f_7 m_6/4 + f_7 m_7/8$
		$+f_8 m_4/8 + f_8 m_5/4 + f_8 m_7/4 + f_8 m_8/2$
		$+f_9 m_3/8 + f_9 m_4/8 + f_9 m_5/8$
		$+f_9 m_6/4 + f_9 m_7/4 + f_9 m_8/4$
		$+f_{10} m_3/4 + f_{10} m_4/8 + f_{10} m_6/2 + f_{10} m_7/4$
Y$^{\mathrm{M}}$/Y$^{\mathrm{M}}$; III$^{\mathrm{M}}$/III$^{\mathrm{M}}$; IV/IV	m_8	$f_6 m_4/32 + f_6 m_5/16 + f_6 m_7/16 + f_6 m_8/8$
		$+f_7 m_4/16 + f_7 m_5/8 + f_7 m_7/8 + f_7 m_8/4$
		$+f_9 m_4/16 + f_9 m_5/8 + f_9 m_7/8 + f_9 m_8/4$
		$+f_{10} m_4/8 + f_{10} m_5/4 + f_{10} m_7/4 + f_{10} m_8/2$

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