De novo characterization of cell-free DNA fragmentation hotspots boosts the power for early detection and localization of multi-cancer

Xionghui Zhou[1], Yaping Liu[1-4] *

1 Division of Human Genetics, Cincinnati Children's Hospital Medical Center, Cincinnati, OH 45229

2 Division of Biomedical Informatics, Cincinnati Children's Hospital Medical Center, Cincinnati, OH 45229

3 Department of Pediatrics, University of Cincinnati College of Medicine, Cincinnati, OH 45229

4 Department of Electrical Engineering and Computing Sciences, University of Cincinnati College of Engineering and Applied Science, Cincinnati, OH 45229

* Email: lyping1986@gmail.com

Abstract

The global variation of cell-free DNA fragmentation patterns is a promising biomarker for cancer diagnosis. However, the characterization of its hotspots and aberrations in early-stage cancer at the fine-scale is still poorly understood. Here, we developed an approach to *de novo* characterize genome-wide cell-free DNA fragmentation hotspots by integrating both fragment coverage and size from whole-genome sequencing. These hotspots are highly enriched in regulatory elements, such as promoters, and hematopoietic-specific enhancers. Surprisingly, half of the high-confident hotspots are still largely protected by the nucleosome and located near repeats, named inaccessible hotspots, which suggests the unknown origin of cell-free DNA fragmentation. In early-stage cancer, we observed the increases of fragmentation level at these inaccessible hotspots from microsatellite repeats and the decreases of fragmentation level at accessible hotspots near promoter regions, mostly with the silenced biological processes from peripheral immune cells and enriched in CTCF insulators. We identified the fragmentation hotspots from 298 cancer samples across 8 different cancer types (92% in stage I to III), 103 benign samples, and 247 healthy samples. The fine-scale fragmentation level at most variable hotspots showed cancer-specific fragmentation patterns across multiple cancer types and non-cancer controls. Therefore, with the fine-scale fragmentation signals alone in a machine learning model, we achieved 42% to 93% sensitivity at 100% specificity in different early-stage cancer. In cancer positive cases, we further localized cancer to a small number of anatomic sites with a median of 85% accuracy. The results here highlight the significance to characterize the fine-scale cell-free DNA fragmentation hotspot as a novel molecular marker for the screening of early-stage cancer that requires both high sensitivity and ultra-high specificity.

Keywords

Cell-free DNA, Fragmentation hotspot, Whole-genome sequencing, Cancer screening, Cancer early detection, **C**ell f**R**ee dn**A** fra**G**mentation, CRAG

Introduction

Routine screening in the average-risk population provides the opportunity to detect cancer early and greatly reduce morbidity and mortality in cancer [1,2]. Early identification of lethal cancer versus non-lethal disease will minimize and better manage overdiagnosis [3]. Both medical needs require non-invasive biomarkers with ultra-high specificity (>99%) and high sensitivity at the same time, which, however, are still not available in the clinic.

Recent advances in circulating cell-free DNA (cfDNA) suggested a promising non-invasive approach for cancer diagnosis by using the tumor-specific genetic and epigenetic alterations, such as mutations, copy number variations, and DNA methylation [4-9]. The number of tumor-specific alterations identified by whole-genome sequencing (WGS), however, is small in patients with early-stage cancer. Moreover, Clonal Hematopoiesis of Indeterminate Potential (CHIP)-associated genetic variations are discovered in cfDNA, which are not specific to cancer but a normal phenotype of aging[10]. Sequence degradation caused by sodium bisulfite treatment for the measurement of DNA methylation will reduce the sensitivity of the test. These limitations bring the challenges of using genetic and epigenetic variations for the early diagnosis.

In contrast to the limited number of genetic alterations, the number of cfDNA fragments is large in the circulation. The cfDNA fragmentation patterns, such as the fragment coverages and sizes, are altered in cancer and their aberrations are not associated with CHIP [11,12]. Their derived patterns, such as nucleosome positions, patterns near transcription start sites, ended position of cfDNA, and large-scale fragmentation changes at mega-base level, offer extensive signals from the tumor, as well as possible alterations from immune cell deaths [11,13-15], which can significantly increase the sensitivity for cancer early detection. The *in vivo* cfDNA fragmentation process during the cell death, however, is complicated and still not well understood [16]. Moreover, sequence complexity, such as G+C% content and mappability, will often cause the variations of fragment coverages and sizes [17,18]. These challenges, especially the unknown sources of fragmentation variations, will bring the potential noises for cancer screening, which partially requires the ultra-high specificity.

To conquer these challenges, a genome-wide computational approach is needed to narrow down the regions of interest with large signal-to-noise ratios across different pathological conditions. Recent studies suggested that local nucleosome structure reduces the fragmentation process, which also indicated the potential existence of cfDNA fragmentation hotspots (lower coverage and smaller size) at the open chromatin regions [13,19]. Nucleosome positioning is still not well characterized at a variety of cell types across different pathological conditions, while the variations of DNA accessibility at open chromatin regions have been comprehensively profiled at many primary cell types across different physiological conditions, including cancer and immune cells with nuanced activated and rest status [20,21]. Therefore, instead of identifying "fragmentation coldspots" at nucleosome protected regions, we hypothesize that the characterization of fine-scale cfDNA fragmentation hotspots will not

only help us to better elucidate the unknown molecular mechanism of fragmentation patterns

but also boost the power of cfDNA fragmentation for the identification of nuanced

pathological conditions, such as early-stage cancer.

Here, by integrating fragment coverage and size information, we developed a probabilistic

based approach, named **C**ell f**R**ee dn**A** fra**G**mentation (CRAG), to *de novo* identify the

cfDNA fragmentation hotspots genome-wide from cfDNA paired-end WGS data. We

characterized the genome-wide distribution and novel unknown origin of these fragmentation

hotspots. Finally, our results suggested that fragmentation signals alone from these regions

can significantly boost the performance of screening and localization of early-stage cancer

with high sensitivity at ultra-high specificity.

110 Results

111 CRAG: a probabilistic model to characterize the cell-free DNA fragmentation hotspots.

To integrate fragment coverage and size information, we developed an integrated

fragmentation score (IFS) by weighting the coverage of each fragment based on the

probability of its size in the overall distribution of the fragment size across the whole

chromosome (Details in Methods). Since cfDNA in healthy individuals are mostly from

hematopoietic cells, to understand the relationship between IFS and open chromatin

regions, we generated the common open chromatin regions by the DNase-seq peaks shared

across the major hematopoietic cell types in peripheral blood [22]. The distribution of IFS

showed the expected depletion around the center of common open chromatin regions

(Supplementary Figure 1a). We also compared the distribution with window protection score

(WPS) and orientation-aware cfDNA fragmentation (OCF) [13,23], which were developed

previously to integrate the coverage and size information but for different purposes

(Supplementary Figure 1b-c). WPS around the common open chromatin regions showed a

higher signal than that from the global background similar to that from nucleosome protected

regions, which will bring the challenges to identify the fragmentation hotspots.

To *de novo* characterize the fragmentation hotspot, we utilized a 200bp sliding window

approach to scan the whole genome and built a background Poisson model for the local (+/-

5kb, +/-10kb) and global (whole chromosome) genomic regions (Details in Methods). After

filtering the low mappability regions, we further calculated the significance level in each

window and performed the multiple hypotheses correction. At the BH01 dataset, we

identified 277,109 cfDNA fragmentation hotspots. The whole CRAG workflow is shown in

Figure 1 and Supplementary Figure 2a. The IFS distribution, as well as the fragment

coverage and size distribution, showed the expected depletion at the center of hotspots,

which suggested that the model correctly captured the fragmentation hotspots

(Supplementary Figure 2b). Since traditional double-stranded WGS cannot fully capture the

small single-stranded fragments in open chromatin regions, we also plotted the distribution

of fragment size from a single-stranded cfDNA WGS dataset in a healthy individual (IH01

from [13]). The patterns of fragment length around the hotspots are still similar (Supplementary
Figure 2b).
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Cell-free DNA fragmentation hotspots are enriched in regulatory elements.
We next sought to understand the genomic distribution of these *de novo* fragmentation
hotspots. The fragmentation hotspots covered the majority of the CpG island (CGI)
promoters and CTCF motifs, but showed almost no enrichment in non-CGI promoters, 5'
exon boundary, transcription terminated sites (TTS), and random genomic regions (Figure
2). DNase accessible signals from the major hematopoietic cell types in peripheral blood are
enriched in hotspots as expected (Figure 3a,d, Supplementary Figure 3). We also observed
the enrichment of active histone marks, such as H3K4me3 and H3K27ac, and the depletion
of repressive or gene body relevant histone marks, such as H3K27me3, H3K9me3, and
H3K36me3. The enhancer mark H3K4me1 from hematopoietic cell types but not other cell
types showed enrichment in hotspots (Figure 3b,d, Supplementary Figure 3). To further
understand the distribution of fragmentation hotspot in different chromatin states, we utilized
the 15-states chromHMM segmentation result across different cell types from NIH
Epigenome Roadmap Consortium (Figure 3c,d, Supplementary Figure 3) [22]. Similar to
histone modification results, the hotspots showed depletion in non-regulatory regions but
highest enrichment at active promoters (TssA and TssFlnk) and bivalent regions (TssBiv,
BivFlnk, and EnhBiv) across almost all the cell types. While in cell-type-specific chromatin
states, such as enhancer (Enh), the hotspots only showed the highest enrichment in
hematopoietic cell types and liver that often release cfDNA to the blood in healthy
individuals. The evolutionary conservation score (phastCons) in hotspots is also significantly
higher than matched random regions (two-sided Mann–Whitney U test, p value < $2.2e^{-16}$,
Supplementary Figure 4) [24].
To understand whether or not IFS in our model is the optimized way to integrate the
fragment coverage and size information, we performed similar hotspot calling and chromatin
states enrichment analysis by using WPS or OCF signals from the same cfDNA WGS
dataset, IFS signals but with the Kolmogorov–Smirnov test (K-S test), and IFS signals in
genomic DNA (gDNA) WGS obtained from 1000 genome project with merged similar
sequencing depth (Supplementary Figure 5) [25]. As expected, hotspots calling by WPS or
OCF from cfDNA did not show enrichment in promoter regions and depletion in all the non-
regulatory regions. Hotspot called by IFS from gDNA showed the enrichment in promoters
across all cell types due to the coverage dropout at high G+C% content genomic regions
near active promoters. However, the cell-type-specific enrichment of gDNA hotspots in
enhancer states from hematopoietic cell types is not observed, which further suggested that
the cell-type-specific enrichment of regulatory regions in hotspot from cfDNA WGS is not
simply due to the technical bias, such as G+C% content in next-generation sequencing.
We further explored the contributions of other possible technical factors, such as sequencing
depth, on the performance of our hotspot calling. To quantify the performance of CRAG and

the minimum requirement of the sequencing depth, we created the balanced fragmentation-
positive and fragmentation-negative regions that are randomly sampled from conserved
activated chromatin states (TssA) and silenced chromatin states (Quies) (Detailed in
Methods). We downsampled the effective fragments in BH01 from 1.2 billion to 10 million.
The performance is saturated at ~0.9 F1-score with 400 million fragments. Even with 200
million fragments, we can still achieve reasonable performance (~0.8 F1-score) together with
hematopoietic cell type specific enrichment in enhancer states (Supplementary Figure 6).
Taken together, CRAG can *de novo* accurately identify the cfDNA fragmentation hotspots
that are enriched in regulatory elements.
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Half of the cell-free DNA fragmentation hotspots are still protected by the local
nucleosomes.
Previous studies indirectly suggested that cfDNA fragmentation hotspots are mostly co-
localized with open chromatin regions from hematopoietic cell types in healthy individuals [13].
To test this hypothesis, we collected 523 public available open chromatin region datasets
measured by DNase-seq or ATAC-seq across the liver and different hematopoietic cell types
at rest or active status from NIH Epigenome Roadmap, ENCODE, BLUEPRINT, and other
publications [21,22,26–28]. To characterize the saturation point of the overlap with collected open
chromatin regions, we subsampled the number of datasets and measured their overlaps with
the fragmentation hotspots. Surprisingly, in the saturation point, half of the common
fragmentation hotspots are not overlapped with existing open chromatin regions (Figure 4a,
Supplementary Figure 7).
We next asked whether or not the lack of overlapping between open chromatin regions and
fragmentation hotspots is due to the technical artifact in DNase-seq/ATAC-seq, such as the
threshold choice of peak calling. In such a case, we should still be able to observe the
residual accessibility level at the inaccessible hotspots that are not overlapped with any
existing open chromatin regions. However, the normalized accessibility signals from the
major hematopoietic cell types did not show any enrichment at the center of these
inaccessible hotspots (Figure 4b). Even by using the GpC methyltransferase accessibility
measured from NOMe-seq that are not confounded by the coverage variations, the
accessibility still showed significant differences between accessible and inaccessible
hotspots (Supplementary Figure 8). Moreover, the neutrophil is one of the major cell types to
contribute 40-60% cfDNA fragments. The direct measurement of DNA accessibility in
neutrophil, however, is still not available. To mitigate this concern, we plotted the histone
modification data from neutrophils around these inaccessible hotspots. The results did not
suggest any potential open chromatin regions (Supplementary Figure 9). To avoid the
possible fragmentation bias caused by k-mer differences, we normalized the IFS signal by k-
mer composition (n=2) and still found similar fragmentation patterns before and after the
correction (Supplementary Figure 10).
The distribution of cell-free DNA methylation levels from healthy individuals at the same

locations [29] suggested the intrinsic functional differences between accessible and

inaccessible hotspots (Figure 4c). We further performed the motif enrichment analysis. The

results showed that inaccessible hotspots are highly enriched with pioneer transcription

factors, such as OCT (POU, Homeobox), which usually bind the nucleosome occupied

regions (Figure 4d) [30], while accessible hotspots showed the highest enrichment in CTCF as

expected.

These results suggested that the existence of the inaccessible hotspot is not due to the

known technical artifact and shows the potential regulatory function.

We next sought to answer the question of where these inaccessible hotspots located in the

genome. Interestingly, 96% of the inaccessible hotspots are overlapped with the repeats,

which is significantly higher than that of random regions with matched chromosome and

length (71% overlapped, Hypergeometric test, $p<2.2e^{-16}$) (Figure 4e). Even by using the

most significant inaccessible hotspots (top 1% by p-value), the results are still largely the

same (Supplementary Figure 11). We further analyzed the enrichment of these inaccessible

hotspots at different types of repeat classes [31]. Highest enrichment is observed at the 5' end

of microsatellite repeats (i.e., simple repeats) and low complexity regions (Figure 4e,

Supplementary Figure 12). Interestingly, we also noticed the high enrichment of inaccessible

hotspots right after the 3' end of transposable elements, which are not due to the mappability

and G+C% bias (Supplementary Figure 13a-e). Moreover, the differences of DNA

methylation at 3'end of Alu elements with or without overlapping the inaccessible hotspots

indicated the potential functional association between fragmentation hotspots and

transposable elements (Supplementary Figure 13f).

The variations of fine-scale fragmentation signals from the cell-free DNA

fragmentation hotspots boost the detection power for early-stage cancer.

Further, we would like to characterize the aberrations of fine-scale fragmentation level at the

cfDNA fragmentation hotspots in early-stage cancer. To obtain enough fragment number for

the hotspot calling as that estimated above (Supplementary Figure 6b), we pooled the

publicly available low-coverage cfDNA WGS (~1X/sample) from 90 patients with early-stage

hepatocellular carcinoma (HCC, 85 of them are Barcelona Clinic Liver Cancer stage A, 5 of

them are stage B) and 32 healthy individuals from the same study, respectively (Details in

Methods)[32]. The volcano plot of the p-value (two-sample t-test) and z-score difference of IFS

between HCC and healthy across all the fragmentation hotspots showed more fractions of

hypo-fragmented hotspots in early-stage HCC (Figure 5a). Further, the unsupervised

hierarchical clustering of the top 10,000 most variable hotspots showed a clear

fragmentation dynamic between HCC and healthy (Figure 5b, Supplementary Figure 14-15).

Therefore, we utilized the IFS from the cfDNA fragmentation hotspots to classify the HCC

and healthy individuals by a linear Support Vector Machine (SVM) approach (Details in

Methods). By 10-fold cross-validation, we observed a much higher classification

performance (93% sensitivity at 100% specificity) than that by using copy number variations

(CNVs) with the same machine learning infrastructure and same data split (44% sensitivity at
100% specificity) and the previous publication by mitochondria DNA (mtDNA) [32] (53%
sensitivity at 100% specificity) (Figure 5c, Supplementary Table 2-3, Supplementary Figure
16).

We next asked why the IFS signal in fragmentation hotspots can boost the classification
performance. Based on the z-score differences between HCC and healthy as well as the
feature importance to the classification of the model, we split the hotspots that are
significantly contributed to the classification into two groups: Class I (Hypo-fragmented in
cancer) and Class II (Hyper-fragmented in cancer) (Figure 5d, Supplementary Table 4). The
Class I hotspots are mostly accessible hotspots and significantly enriched in promoter
regions, which suggested the potential silencing of genes with the decrease of
fragmentation. While Class II hotspots are mostly inaccessible hotspots and overlapped with
microsatellite repeats, which suggested the potential increases of fragmentation at
microsatellite repeats in early-stage cancer (Figure 5e). We further checked the enrichment
of motif and gene ontology biological processes at these two groups of hotspots. The results
further suggested the differences of motif enrichment between two groups and the potential
silencing of biological processes for the activation of peripheral immune cells that contributed
most to the cfDNA composition, such as neutrophil and myeloid cells (Figure 5f-g,
Supplementary Table 5).

Overdiagnosis is one of the major concerns for the screening of early-stage cancer. We next
sought to explore whether or not the IFS signal from cfDNA fragmentation hotspot could also
characterize the differences between early-stage HCC and non-malignant liver diseases. We
identified the hotspots on the additional cfDNA WGS datasets from 67 patients with chronic
HBV infection and 36 patients with HBV-associated liver cirrhosis in the same study [32]. PCA
analysis of IFS signals across all the hotspots suggested a clear separation between early-
stage HCC and non-malignant liver diseases, as well as healthy controls (Supplementary
Figure 17a). To exclude the possible batch effect, we also performed PCA on IFS from
matched random genomic regions in the same sample but did not observe a clear
separation between groups of samples (Supplementary Figure 17b). Another possible
artifact is our pooling strategy for the hotspot calling in low-coverage WGS data. The hotspot
calling on the pooled group may enrich the regions with similar depletions in the genome
without any biological meaningful indication. To avoid such an artifact, we randomly grouped
the samples and called the hotspots from these random groups with the matched group
sizes. The PCA results did not show any separations (Supplementary Figure 17c). We
further selected the top 30,000 most variable peaks, performed the unsupervised
hierarchical clustering, and observed the clear dynamics of the fragmentation patterns
among early-stage HCC, HBV, Cirrhosis, and healthy controls (Supplementary Figure 18-
19). Finally, by 10-fold cross validation, the linear SVM model showed a higher classification
performance (83% sensitivity at 100% specificity) than other methods, such as CNVs and
mtDNA (Supplementary Figure 20, Supplementary Table 6-7).

Screening and localization of multiple early-stage cancer types by the cell-free DNA fragmentation hotspots.

One of the biggest challenges for the screening of early-stage cancer in the average-risk population is to obtain high sensitivity at ultra-high specificity (>99%) across different cancer types, which is not available in clinics yet. To further validate our method in a more comprehensive early-stage cancer dataset, we collected publicly available low-coverage cfDNA WGS data (~1X/sample) from 208 patients across 7 different kinds of cancer (88% in stage I-III, colon, breast, lung, gastric, bile duct, ovary, and pancreatic cancer) and matched 215 healthy controls in the same study [11]. We applied a similar strategy as that in the HCC study above for the hotspots calling. Across 7 different types of cancer and healthy conditions, the z-score of IFS signals in the most variable fragmentation hotspots showed clear cancer-specific fragmentation patterns in both t-SNE visualization and unsupervised hierarchical clustering (Figure 6a-b, Supplementary Figure 21, Details in Methods). The fragmentation patterns alone at these hotspots can separate the cancer types very well. By 10-fold cross validation, the linear SVM model showed a consistent high classification performance across different stages for its high sensitivity at ultra-high specificity (64% sensitivity to 82% sensitivity at 100% specificity), which is significantly and consistently higher in different stages than previous reported results by using large-scale fragmentation pattern, copy number variations, and mtDNA from the same dataset [11] (Figure 6c, Table 1). For example, at 100% specificity, we achieved 93% sensitivity (95% CI: 85%-100%) in gastric cancer, 88% sensitivity (95% CI: 76%-100%) in colorectal cancer and 81% sensitivity (95% CI: 76%-91%) in breast cancer, which of these are poorly detected at ultra-high specificity level by other liquid biopsy studies [5,8,9,11,33] . (Supplementary Figure 22-23, Table 1, Supplementary Table 8). In the other types of cancer, the performance is largely comparable to previous results [11]. We also tested the performance before GC bias correction, the results are largely the same (Supplementary Figure 22). In addition, by the same machine learning framework, the results of fragmentation hotspots are consistently better (Supplementary Figure 22).

Another big challenge for the screening of early-stage cancer is to identify the cancer types for the choices of most appropriate follow-up diagnosis and treatment. Here, we asked whether or not we can identify the tissues-of-origin of cancer samples by using the fine-scale fragmentation level alone. In the cancer positive samples identified above by machine learning algorithm, without any clinical information about the patients, we further localized the sources of cancer to one or two anatomic sites in a median of 85% of these patients across five different cancer types, and 82.5% accuracy across six different cancer types. Furthermore, we were able to localize the source of the positive test to a single organ in a median of 65% of these patients across five different cancer types, and 56% accuracy across six different cancer types, which is similar to previous reports using the combination of mutation and protein [5] or DNA methylation [8], but consistently higher than that by using

338 large-scale fragmentation patterns from the same dataset [11] (Fig. 6d, Supplementary Table
339 9, Supplementary Figure 24) (Details in Methods). The prediction accuracy is varied with
340 tumor type, from 70% (95%CI: 44%-96%) in ovarian cancer to 98% (95%CI: 94%-100%) in
341 breast cancer (Fig. 6d and Supplementary Table 9), but significantly higher than random
342 choices by the sample frequency in each cancer type (Supplementary Figure 25).
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Discussions

In summary, we have developed a computational approach, named CRAG, to *de novo*
identify the cfDNA fragmentation hotspots by integrating both fragment size and coverage
information. The fragmentation patterns of cfDNA have long been associated with local
nucleosome protection, which indicates the high overlap between fragmentation hotspots
and open chromatin regions. Extreme G+C% bias and low mappability often leads to the
drop out of fragment coverages and sometimes fragment sizes [17,18]. Therefore, genomic
regions with a higher fragmentation rate do not always mean open chromatin regions. After
excluding these potential technical bias, our genome-wide analysis here found that half of
the fragmentation hotspot regions are still protected by nucleosomes and mostly located at
repeats, especially microsatellite and 3'end of potential functional transposable elements,
which suggested the unknown origin of the cfDNA fragmentation process. At these
inaccessible hotspots, we found the significant enrichment of pioneer transcription factor
binding sites and increases of fragmentation level at the microsatellite repeats in early stage-
cancer, which further indicated its functional importance for the classification of early-stage
cancer. More importantly, the silencing of accessible hotspots is highly enriched at
promoters and the biological processes for the activation of peripheral immune cells. A lot of
recent efforts on cancer early detection, however, focused on how to enrich the circulating
tumor DNA signals from tumor cells [5,9], which ignored the critical role of peripheral immune
aberrations on cancer initiations [34]. In addition, the CTCF motif is highly enriched at the
silenced accessible hotspots, which indicated the potential three-dimensional chromatin
organization changes in the initiation of early-stage cancer [35]. Taken together, our results
suggested that the fine-scale cfDNA fragmentation hotspot should be treated as a novel
molecular marker rather than the representation of open chromatin regions.
Previous efforts had been made to characterize the nucleosome-free regions by using the
depletion of coverages from MNase-seq/ChIP-seq assay [36]. The measurement of cfDNA
fragmentation here, however, involves information from both fragment coverages and sizes.
CRAG can be further improved by better integration of the fragment coverages and sizes, or
even with more dimensions, such as the fragment orientation and endpoint. In addition,
G+C% bias is known to affect the peak calling result in ChIP-seq/ATAC-seq [37]. A better
statistical model with the incorporation of GC normalization on both of the fragment coverage
and sizes will potentially improve the performance of our method. PCR-free library
preparation for WGS will also mitigate the concerns of GC bias and other sequencing

artifacts [38].

For the detection and localization of early-stage cancer, there are still several limitations in

our study. First, due to the limited availability of public cfDNA WGS datasets from early-

stage cancer patients, the classification performance here is evaluated by multi-fold cross-

validation on a relatively small sample-size cohort in each cancer type, similar as other

cfDNA WGS studies [11]. Multiple independent large-scale prospective cohorts with similar

cancer types will be a better way to assess the power of our approach for the diagnosis of

early-stage cancer. Second, we pooled the low-coverage WGS samples from the same

condition for the hotspot calling. If the number of samples is small in a condition, due to the

random drop out of the fragment coverage and a large number of genomic windows in the

genome, the number of false discovered hotspots without any biological interpretations will

increase. Although our current strategy by filtering low mappability regions and correcting

GC bias is helpful, imputation methods or more stringent statistical models are still needed to

mitigate the potential missing data artifact. Third, the proportion of cancer types as well as

the ratio between cancer and healthy is not an unbiased representation of the average-risk

population in the US. The sensitivity and specificity here may not represent the true

performance in the large-scale screening. Fourth, the proof-of-concept study on HCC here

suggested the distinguished cfDNA fragmentation patterns between early-stage cancer and

non-malignant liver disease controls. More cfDNA studies on non-malignant cancer,

diseases and benign status are needed to minimize the overdiagnosis in the population-level

screening. Lastly, in some cancer types, our fine-scale study here showed complementary

classification performance compared with that in the previous large-scale fragmentation

study at the same dataset [11]. For example, our results on gastric, breast and colorectal

cancer outperformed previous large-scale fragmentation studies, while at bile duct and lung

cancer the result is reversed. Future combinations of the fragmentation patterns at multi-

scales, as well as information from other modalities or clinical meta-data, may further

improve the performance.

Our study here not only paves the road to further elucidate the molecular mechanism of

cfDNA fragmentation but also lays the practical foundation of a highly sensitive and ultra-

high specific blood test for multiple types of cancer on an existing matured high-throughput

platform in a cost-effective way.

Methods

Data collection.

The details of public datasets used in this study are listed in Supplementary Table 1.

Preprocess of whole-genome sequencing data.

Adapter is trimmed by Trimmomatic (v0.36) in paired-end mode with following parameters:

ILLUMINACLIP:TruSeq3-PE.fa:2:30:10:2:keepBothReads MINLEN:36. After adapter

trimming, reads were aligned to the human genome (GRCh37, human_g1k_v37.fa) using

BWA-MEM 0.7.15 [39] with default parameters. PCR-duplicate fragments were removed by

samblaster (v0.1.24) [40]. Only high-quality autosomal reads (both ends uniquely mapped,

either ends with mapping quality score of 30 or greater, properly paired, and not a PCR

duplicate) were used for all of the downstream analysis.

Preprocess of whole-genome bisulfite sequencing data.

DNA methylation levels measured by WGBS in cfDNA from healthy individuals are obtained

from previous publications [41]. Single-end WGBS from cfDNA is processed by the following

internal pipeline. Based on FastQC result on the distribution of four nucleotides, the adapter

is trimmed by Trim Galore! (v0.6.0) with cutadapt (v2.1.0) and with parameters "--clip_R1 10"

and "--clip_R1 10 --three_prime_clip_R1 13" in different WGBS datasets according to the

distribution of base quality score along the sequencing cycle. After adapter trimming, reads

were aligned to the human genome (GRCh37, human_g1k_v37.fa) using Biscuit

(v0.3.10.20190402) with default parameters. PCR-duplicate reads were marked by samtools

(v1.9). Only high-quality reads (uniquely mapped, mapping quality score of 30 or greater,

and not a PCR duplicate) were used for all of the downstream analysis. Methylation level at

each CpG is called by Bis-SNP [42].

Identification of cfDNA fragmentation hotspots by CRAG.

The goal of CRAG is to identify the genomic regions with lower fragment coverage and

smaller fragment size, i.e., low IFS value. A 200bp sliding window with 20 bp step was

applied to scan each chromosome (Only autosome). In the i_{th} window, all the n fragments

centered within the window were utilized to calculate IFS:

$$C_i = n + \sum_{j=1}^{n} \frac{len_j}{S_{len}} S_{coverage}$$

441   (1)

len_j is the size of j_{th} fragment. S_{len} is the sum of fragment size across the whole

chromosome, $S_{coverage}$ is the sum of fragment number in the current chromosome. Based on

this equation, the sliding window with less fragments and shorter fragment size would have a

smaller IFS. The windows overlapped with dark regions or with average mappability scores

smaller than 0.9 were removed. Dark regions are defined by the merged DAC blacklist and

Duke Excluded from UCSC table browser. Mappability score was generated by the GEM

mappability program on the human reference genome (GRCh37, human_g1k_v37.fa,

45mer) [43]. Poisson distribution was applied to test whether the IFS in the current sliding

window was significantly smaller than the local background (5kb and 10 kb) and global

background (the whole chromosome).

$$P(C_i) = f\left(\frac{C_i}{\lambda}\right) = e^{-\lambda} \sum_{k=0}^{C_i} \frac{\lambda^k}{k!}$$

452   (2)

Only the windows with p value smaller than a cut-off (p value <= $1.0e^{-05}$) in both the local

background and global background (the whole chromosome) were kept for further analysis.

Then the p value from the comparison with the global background was used for multiple

hypothesis correction (Benjamini and Hochberg method). Windows with false discovery rate

(FDR) more than 0.01 were filtered. Finally, the significant windows with distance less than

200bp to each other were merged as the hotspots.

To remove the possible bias caused by G+C% content, in each sliding window, the IFS and

mean G+C% content was calculated. Locally weighted smoothing linear regression (loess,

span = 0.75) was used to fit the GC content and IFS. The mean IFS score in each

chromosome was added back to the residual value after the correction. The hotspots were

called based on the corrected IFS in all the windows.

For the comparison, OCF or WPS of the cfDNA fragmentation in each window was also

utilized to call hotspots. OCF and WPS value could be negative, which is not suitable for the

poisson model. Thus, we used a two-sample Kolmogorov-Smirnov test to test whether WPS

(OCF) in the current sliding window was significantly lower or higher than the local

background and the whole chromosome.

Cancer early detection by cfDNA fragmentation hotspots.

To test whether our CRAG could capture disease-specific hotspots, we used the IFS in the

hotspots called in disease plasma samples (hepatic carcinoma, HBV, HBV induced Cirrhosis,

breast cancer, bile duct, colorectal cancer, gastric cancer, ovarian cancer and pancreatic

cancer) and healthy plasma samples to classify these samples. Here, we took liver cancer vs.

healthy samples classification as an example. Ten-fold cross validation was used in this work.

In each fold, at the training data set, all the liver cancer samples and healthy samples were

merged, respectively (for each coordinate in the whole genome, the IFS was set as the sum

of the IFS across all the samples at that genomic position in the same pathological condition).

Then, hotspots for liver cancer and healthy individuals were called separately. We kept the

top 30,000 most stable hotspots (ranked by the sum of variances in case and control group)

as the feature for the classification. In particular, when we call hotspots in the data set from

Cristiano et.al. paper [11], since the sample size in the healthy condition is almost ten times

larger than single cancer type, we downsampled the healthy controls to the same size as the

cancer case in each classification (e.g. Breast cancer vs. Healthy). In addition, the hotspot

enrichment at enhancer chromatin states is better after the GC bias correction in Cristiano

et.al. data. Although IFS before and after GC bias correction have both been tested, IFS after

GC bias correction was shown in the main figure for the classification. Only genomic regions

at +/-100bp of the hotspot center were used to retrieve the IFS in each sample (the same

strategy was used in PCA and unsupervised clustering analysis). Then in each sample, the

IFS at the corresponding hotspot region was z-score transformed based on the mean and
standard deviation in each chromosome at that particular sample. Finally, a support vector
machine (SVM) classifier with linear kernel and default parameters (fitcsvm function at Matlab
2019b) was applied for the learning. At the testing dataset, z-score IFS score in each sample
is calculated at the hotspot regions which were already identified at the training set in that
particular fold. The average AUC and 95% Confidence Interval (95% CI) of the AUC was
calculated based on the classification results at testing dataset across the 10 folds.
497
Tissues-of-origin prediction by cfDNA fragmentation hotspots.
Only samples diagnosed as cancer at 100% specificity by the method above are kept for the
tissues-of-origin analysis. The saturation analysis of the fragment number needed for hotspot
calling suggested that 400 million fragments are required to achieve the best performance
(Supplementary Figure 6). Thus, pathological conditions with less than 400 million fragments
in total after merging the samples diagnosed as cancer were not used in the tissues-of-origin
analysis (e.g. lung cancer). Bile duct cancer is at the boundary condition with 380 million
fragments. Therefore, we performed the analysis with/without bile duct cancer. In the 10-fold
cross validation, similar as that for cancer early detection, hotspots for each cancer type in the
training set were identified. z-score transformed IFS after GC bias correction in each sample
was obtained as the feature. Since the sample size of breast cancer is much larger than that
in the other cancer types, after the hotspot calling, we downsampled the breast cancer
samples to the median sample size across all the cancer types. The centroid in each cancer
type was then calculated by the z-score transformed IFS across all the hotspots in the training
set. In the testing dataset, each sample was assigned to the top two candidate cancers based
on their distance to the centroids in each cancer type identified at the training set. Distance
was calculated by corr function with 'Type' of 'Spearman' at Matlab 2019b. To further narrow
down the best candidate cancer type, several decision tree models (fitctree function at Matlab
2019b) are learned to identify the better candidate by the top 100,000 most stable hotspots in
each possible pair of cancer types at the training set. Finally, between the top two candidates,
we applied the corresponding decision tree model to further characterize the best candidate.
519
Saturation analysis of the fragment number needed for cfDNA fragmentation hotspots
calling.
To benchmark the performance of CRAG on the identification of the known fragmentation
hotspots, a group of fragmentation-positive regions (known hotspots) and fragmentation-
negative regions were generated. For fragmentation-positive regions, we chose the CGI TSS
that are overlapped with conserved TssA chromHMM states (15-state chromHMM) shared
across the cell types in NIH Epigenome Roadmap. Regions that are -50bp to +150bp around
these TSS were defined as the fragmentation-positive regions. For fragmentation-negative
regions, we chose the same number of random genomic regions with the same size, G+C%
content, mappability score from conserved Quies chromHMM states shared across the cell

types.

The high-quality fragments in BH01 were downsampled and then utilized to call hotspots by

CRAG. Based on their overlap with the benchmark regions, TP (true positive), FP (false

positive), TN (ture negative), FN (false negative) was calculated. F-score for the hotspots was

calculated as follow:

$$Fscore = 2 * \frac{\Pr ecision * \operatorname{Re} call}{\Pr ecision + \operatorname{Re} call} \quad (3)$$

536 in which, Precision and Recall were calculated using equation (4) and equation (5)

537 respectively:

$$\Pr ecision = \frac{TP}{TP + FP} \quad (4)$$

$$\operatorname{Re} call = \frac{TP}{TP + FN} \quad (5)$$

Enrichment of cfDNA fragmentation hotspots in chromHMM states and other

regulatory elements.

The number of hotspots overlapped with each type of regulatory element was calculated. To

calculate its enrichment, after filtering out the dark regions and low mappability regions,

random genomic regions were generated with matched chromosomes and sizes. Fisher

exact test (two-tail) was performed to calculate the significance of enrichment.

PCA analysis of cfDNA fragmentation hotspots across different diseases.

The cfDNA fragmentation hotspots were called at each pathological condition similarly as

that in above "Cancer early detection" part. Principal Component Analysis (PCA) was

performed on the z-score transformed IFS across all the fragmentation hotspots (pca

function at Matlab 2019b).

Unsupervised hierarchical clustering analysis of cfDNA fragmentation hotspots.

The cfDNA fragmentation hotspots were called at each pathological condition similarly as

that in above "Cancer early detection" part. Top N most variable hotspots were kept for the

clustering (ranked by the variation across all the samples). Spearman's rank correlation was

used to evaluate the distance among the samples and Weighted average distance

(WPGMA, with 'weighted' as parameter in clustergram function at Matlab 2019b) was

applied together with linkage method. In samples from Cristiano et.al. paper[11], the similar

unsupervised hierarchical clustering strategy is applied. The number of healthy samples

here was downsampled to the median sample size (n=27) as the other cancer types. In

addition, one-way ANOVA (p value < = 0.01). was used to select the hotspots that showed

group specific fragmentation patterns. Top 5,000 hotspots in each group were finally used

(ranked by the z-score difference between the samples within the group and outside the
group).
568

T-SNE visualization on multi-cancer and healthy.

t-SNE (tsne function at Matlab 2019b) was utilized for the dimensionality reduction and
visualization of the fragmentation dynamics in the hotspots across multiple cancer and
healthy conditions. Hotspots with a p-value <= 0.01 (one-way ANOVA) were used for the
analysis. Distance similarity was calculated by Spearman correlation together with other
default parameters (tsne function at Matlab 2019b).

Gene Ontology analysis of cfDNA fragmentation hotspots
Gene Ontology analysis of the cfDNA fragmentation hotspots was performed by GREAT
(v4.04) [44]. In this work, the GO Biological Process with FDR q-value of the binomial test ≤
0.01 were selected. If more than 10 GO Biological Processes were significant, top ten of
them were shown in the main figure.
580

581 **Motif analysis of cfDNA fragmentation hotspots**
582 Motif analysis of cfDNA fragmentation hotspots was performed using HOMER (v4.11) using
583 command 'findMotifsGenome.pl hotspots_file hg19 output_file -size given' [45]. Only the motifs
584 with FDR q-value less than 0.01 were kept. When there were more than 10 motifs enriched,
585 the top 10 of all the enriched motifs were shown in the figures.
586

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Availability of data and materials
CRAG is implemented in matlab. The source code is freely available on GitHub
(https://github.com/epifluidlab/CRAG.git) under the MIT license for academic researchers.

The source code, readme files, hotspots location, intermediate analysis scripts, and

intermediate results are available at Zenodo.org (DOI: 10.5281/zenodo.3928546).

Authors' contributions

YL conceived the study. YL and XZ designed the methodological framework. XZ

implemented the methods. XZ and YL performed the data analysis. YL and XZ wrote the

manuscript together. All authors read and approved the final manuscript.

Competing interests

Not applicable.

Ethics approval

Although only using publicly available dataset, this research study was approved by

Cincinnati Children's Hospital Medical Center Institutional Review Board (#2019-0601) in

accordance with the Declaration of Helsinki.

Figures

Figure 1. The schematic of CRAG approach

Figure 2. The enrichment of cfDNA fragmentation hotspots at (a). Transcription Starting Sites (TSS) overlapped with and without CpG island. (b). Exon boundary. (c). Transcription Termination Sites (TTS). (d). CTCF transcription factor binding sites (no TSS within +/- 4 kb). (e). Random genomics regions.

Figure 3. CfDNA fragmentation hotspots are enriched in gene-regulatory regions. The enrichment of (a). DNase-seq and (b). Histone modification signals from hematopoietic cells around the hotspots. (c). The enrichment of hotspots at different chromHMM states across different cell types. (d). Genome browser track of cfDNA fragmentation hotspots.

Figure 4. Half of the cfDNA fragmentation hotspots are still protected by nucleosomes. (a). Less than half of the cfDNA fragmentation hotspots are overlapped with existing 523 open chromatin regions datasets from hematopoietic cells and liver. (b). DNase-seq signal from major hematopoietic cell types around inaccessible and accessible cfDNA fragmentation hotspots. (c). DNA methylation level at cell-free DNA around inaccessible and accessible cfDNA fragmentation hotspots from healthy individuals (d). Motif enrichment around inaccessible and accessible cfDNA fragmentation hotspots. (e). The distribution of the inaccessible and accessible cfDNA fragmentation hotspots in different repeat elements.

Figure 5. The integrated fragmentation score (IFS) from cfDNA fragmentation hotspots can boost the performance of cancer early detection. (a). Volcano plot of z-score differences and p-value (two-way Mann–Whitney U test) for the aberration of IFS in cfDNA fragmentation hotspots between early-stage HCC and healthy. (b). Unsupervised clustering on the Z-score of IFS at the top 10,000 most variable cfDNA fragmentation hotspots called from HCC and healthy samples. (c). Receiver operator characteristics (ROC) for the detection of early-stage HCC by using IFS (after GC bias correction) from all the cfDNA fragmentation hotspots (red), copy number variations (brown), and mitochondrial genome copy number analysis (black). (d). Scatter plots of z-score differences and feature importance (coefficient in linear SVM) split the cfDNA fragmentation hotspots into two groups: hypo-fragmented in cancer (Class I) and hyper-fragmented in cancer (Class II). (e). The fraction of Class I and Class II hotspots that are overlapped with existing open chromatin regions (accessible hotspots) or microsatellite repeats, as well as their relative distance to the nearest TSS. (f) The top 10 motif enrichment at Class I and Class II hotspots. (g). The top 10 enrichment of Gene Ontology Biological Process at Class I and Class II hotspots.

Figure 6. The detection and location of multiple early-stage cancer. (a). t-SNE visualization
on the Z-score of IFS (after GC bias correction) at the most variable cfDNA fragmentation
hotspots (one-way ANOVA test with p value < 0.01) across multiple different early-stage
cancer types and healthy conditions. (b). Unsupervised clustering on Z-score of IFS (after
GC bias correction) at the top 40,000 most variable cfDNA fragmentation hotspots across
multiple different early-stage cancer types and healthy conditions. (c). The sensitivity across
different cancer stages at 100% specificity to distinguish cancer and healthy condition by
using IFS (after GC bias correction) at cfDNA fragmentation hotspots. Error bars represent
95% confidence intervals. (d). Percentages of patients correctly classified by one of the two
most likely types (sum of orange and blue bars) or the most likely type (blue bar). Error bars
represent 95% confidence intervals.

Table 1. CRAG performance for cancer early detection.

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Figure 1

Figure 2

Figure 3

Figure 4

a

Fraction of hotspots overlapped by open chromtain regions

Number of experiments
(DNase-seq in white blood cells from Blueprint + Roadmap)

523 datasets
open chromatin region

515 ATAC-seq(rest + active)
+ DNase-seq in
White blood cells

b

Inaccessible
cfDNA fragmentation hotspots

Accessible
cfDNA fragmentation hotspots

-log10 p value (DNase-seq signal)

Distance to the center of hotspot (bp)

Neutrophil (impute)
Monocyte
B cell
T cell

c

DNA methylation level (cfDNA WGBS)

Distance to the center of hotspot (bp)

Inaccessible hotspots
Accessible hotspots

d

Top 10 enriched motifs in
the inaccessible hotspots

OCT(POU,Homeobox)
KLF10(Zf)
Pit1(Homeobox)
E2F6(E2F)
Foxf1(Forkhead)
KLF14(Zf)
FoxL2(Forkhead)
FOXA1(Forkhead)
E2F3(E2F)
Pit1+1bp(Homeobox)

-Log10(p-value)

Top 10 enriched motifs in
the accessible hotspots

CTCF (Zf)
BORIS (Zf)
OCT(POU,Homeobox)
Zfp281(Zf)
Klf9(zF)
KLF10(Zf)
Sp1(Zf)
ETS(ETS)
ELF1(ETS)
Egr2(Zf)

-Log10(p-value)

e

Fraction of hotspots

Inaccessible hotspot
Matched random region

2.5929e-05 1.6901e-23 9.0727e-134 1.4000e-322 2.4266e-05 NS NS 0.0010 6.9211e-36 1.8000e-322 NS NS NS NS 0.0490

DNA LINE LTR Low complexity Other RC RNA SINE Satellite Simple repeat (micro-satellite) rRNA scRNA snRNA srpRNA tRNA

Inaccessible hotspot
4.44%
95.56% repeats

Matched random region
28.96%
71.04% repeats

Accessible hotspot
30.20%
69.80% repeats

Matched random region
26.38%
73.62% repeats

Figure 5

a
Hyper-fragmented in cancer   Hypo-fragmented in cancer
-log10(P-value)
Z score difference (HCC - Healthy)

c
ROC (early-stage HCC vs. healthy)
Sensitivity
1-specificity
cfDNA hotspots: AUC:0.98 (95% CI: 0.96-1.00)
93% sens (95% CI: 85%-100%) @100%specificity
CNV: AUC:0.69 (95% CI: 0.60-0.78)
44% sens (95% CI: 29%-60%) @100%specificity
mtDNA (Jiang et al. 2015 PNAS): AUC:0.94
53% sens @100%specificity

d
Coefficient (linear SVM)
Hypo-fragmented in cancer (Class I)
Z score difference (HCC-healthy)
Hyper-fragmented in cancer (Class II)
x 10⁻³

e
Hypo-fragmented in cancer (Class I)
83.98% Accessible hotspots   40.31% Micro-satellite
TSS
Fraction of hotspots
Distance to TSS (kb)

Hyper-fragmented in cancer (Class II)
39.82% Accessible hotspots   91.09% Micro-satellite
TSS
Fraction of hotspots
Distance to TSS (kb)

b
Fragmentation level (0 -Z-score of IFS)
Low   High
Healthy (n=32)
HCC (n=90)
n=10,000 most variable hotspots

f
Top 10 motif enrichment in hotspots

Hypo-fragmented in cancer (Class I)
CTCF(Zf)
BORIS(Zf)
Sp1(Zf)
Elk1(ETS)
NRF1(NRF)
YY1(Zf)
GFY-Staf(?,Zf)
ELF1(ETS)
Ronin(THAP)
OCT:OCT(POU,Homeobox)
-Log10 (P-Value)

Hyper-fragmented in cancer (Class II)
OCT:OCT (POU,Homeobox)
KLF10(Zf)
Pit1(Homeobox)
Zfp281(Zf)
Arnt:Ahr(bHLH)
Foxf1(Forkhead)
E2F3(E2F)
FOXA1(Forkhead)
NRF(NRF)
NRF1(NRF)
-Log10 (P-Value)

g
Top 10 enrichment of Gene Ontology Biological Process

Hypo-fragmented in cancer (Class I)   **Hyper-fragmented in cancer (Class II)**

neutrophil mediated immunity
myeloid leukocyte activation
myeloid cell activation involved in immune response
granulocyte activation
neutrophil activation
intraciliary anterograde transport
neutrophil activation involved in immune response
leukocyte degranulation
myeloid leukocyte mediated immunity
neutrophil degranulation
-Log10(FDR)

N/A

Figure 6

a

b

c

d

Table 1: CRAG performance for cancer early detection

		Individuals analysed	100% specificity			95% specificity			85% specificity		
			Individuals detected	Sensitivity (%)	95% CI (%)	Individuals detected	Sensitivity (%)	95% CI (%)	Individuals detected	Sensitivity (%)	95% CI (%)
Cancer Type	Breast	54	44	0.8133	0.7168 - 0.9098	48	0.8867	0.7892 - 0.9842	51	0.9433	0.8865 - 1.0000
	Bile duct	26	11	0.4167	0.1819 - 0.6515	12	0.4500	0.2320 - 0.6680	14	0.5333	0.3166 - 0.7500
	Colorectal	27	24	0.8833	0.7636 - 1.0000	25	0.9167	0.8051 - 1.0000	25	0.9167	0.8051 - 1.0000
	Gastric	27	25	0.9333	0.8462 - 1.0000	25	0.9333	0.8462 - 1.0000	26	0.9667	0.9013 - 1.0000
	Lung	12	6	0.5000	0.2078 - 0.7922	8	0.6500	0.3560 - 0.9400	8	0.6500	0.3560 - 0.9400
	Ovarian	28	15	0.5500	0.3519 - 0.7451	23	0.8167	0.6592 - 0.9741	24	0.8500	0.7263 - 0.9737
	Pancreatic	34	19	0.5667	0.4251 - 0.7082	21	0.6333	0.4790 - 0.7877	22	0.6583	0.4889 - 0.8278
Cancer Stage	I	41	28	0.6350	0.4428 - 0.8272	34	0.8250	0.7046 - 0.9454	34	0.8250	0.7046 - 0.9454
	II	109	72	0.6667	0.5816 - 0.7518	79	0.7297	0.6503 - 0.8092	85	0.7813	0.7018 - 0.8607
	III	33	25	0.8200	0.6813 - 0.9587	28	0.8850	0.7796 - 0.9904	30	0.9350	0.8698 - 1.0000
	I-IV	205	141	0.6858	0.6098 - 0.7617	159	0.7742	0.7229 - 0.8255	167	0.8128	0.7596 - 0.8659