Incorporating genome-based phylogeny and trait similarity into diversity assessments
helps to resolve a global collection of human gut metagenomes

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Abstract

Tree-based diversity measures incorporate phylogenetic or phenotypic relatedness into comparisons of microbial communities. This improves the identification of explanatory factors compared to tree-agnostic diversity measures. However, applying tree-based diversity measures to metagenome data is more challenging than for single-locus sequencing (*e.g.,* 16S rRNA gene). The Genome Taxonomy Database (GTDB) provides a genome-based reference database that can be used for species-level metagenome profiling, and a multi-locus phylogeny of all genomes that can be employed for diversity calculations. Moreover, traits can be inferred from the genomic content of each representative, allowing for trait-based diversity measures. Still, it is unclear how metagenome-based assessments of microbiome diversity benefit from incorporating phylogeny or phenotype into measures of diversity. We assessed this by measuring phylogeny-based, trait-based, and tree-agnostic diversity measures from a large, global collection of human gut metagenomes composed of 33 studies and 3348 samples. We found phylogeny- and trait-based alpha diversity to better differentiate samples by westernization, age, and gender. PCoA ordinations of phylogeny- or trait-based weighted UniFrac explained more variance than tree-agnostic measures, which was largely a result of these measures emphasizing inter-phylum differences between *Bacteroidaceae* (*Bacteroidota*) and *Enterobacteriaceae* (*Proteobacteria*) versus just differences within *Bacteroidaceae* (*Bacteroidota*). The disease state of samples was better explained by tree-based weighted UniFrac, especially the presence of Shiga toxin-producing *E. coli* (STEC) and hypertension. Our findings show that metagenome diversity estimation benefits from incorporating a genome-derived phylogeny or traits.

Importance

Estimations of microbiome diversity are fundamental to understanding spatiotemporal changes of microbial communities and identifying which factors mediate such changes. Tree-based measures of diversity are widespread for amplicon-based microbiome studies due to their utility relative to tree-agnostic measures; however, tree-based measures are seldomly applied to shotgun metagenomics data. We evaluated the utility of phylogeny-, trait-, and tree-agnostic diversity measures on a large scale human gut metagenome dataset to help guide researchers with the complex task of evaluating microbiome diversity via metagenomics.

Introduction

Sequencing-based assessments of microbiome diversity are fundamental to the field of microbiome science. For instance, 16S rRNA gene and metagenomic sequence-based estimations of human gut microbiome diversity have shown substantial differences among individuals due to disease state, diet, exercise, hygiene, and antibiotic usage (Sommer and Bäckhed, 2013). The choice of diversity measure can be critical, as exemplified in many studies where only diversity assessments that incorporated microbial phylogenetic relatedness were

discriminatory, while tree-agnostic diversity measurements could not distinguish between
groupings (Bassett *et al.*, 2015; Obregon-Tito *et al.*, 2015; Vogt *et al.*, 2017; Torres *et al.*, 2018).
Without incorporating a phylogeny, all microbes in a community are treated as equally related
(*i.e.*, a star phylogeny), so within-genus differences in species composition are weighted the
same as compositional differences spanning multiple phyla or domains (Matsen, 2015). Closely
related species are often phenotypically similar and occupy comparable niches; therefore, a
measure of diversity that incorporates phylogenetic information can indirectly assess functional
overlap among microbial communities (Lozupone and Knight, 2008). Such an approach is quite
powerful, considering that the majority of microbes remain uncultured, and that the common
approach of 16S rRNA gene sequencing can only provide coarse inferences of phenotype due
to the lack of taxonomic resolution (Hugerth and Andersson, 2017; Louca, Doebeli and Parfrey,
2018). Still, trait-based assessments of microbiome diversity that focused on a few key
phenotypes have been employed with great effect in some circumstances (Ortiz-Álvarez *et al.*,
2018; Guittar, Shade and Litchman, 2019). More generally, phylogeny-based measures of
within-sample and between-sample diversity (alpha and beta diversity, respectively) have
become commonplace for microbiome studies relying on 16S rRNA sequencing (Lozupone and
Knight, 2008; Hamady, Lozupone and Knight, 2010).
As the cost of sequencing has declined, shotgun metagenomics has risen in popularity
relative to single-locus sequencing, as metagenomics provides a great wealth of information,
including i) accurate species-level taxonomic classification and abundance estimation, ii)
information on gene and metabolic pathway content, and iii) the ability to assemble genes and
metagenome-assembled genomes (MAGs) (Lu *et al.*, 2017; Parks *et al.*, 2017; Franzosa *et al.*,
2018). Recent work has shown that shallow sequencing depths can provide similar or greater
coverage of microbial diversity compared to 16S rRNA sequencing (Hillmann *et al.*, 2018).
However, generating a phylogeny from shotgun metagenome data is inherently challenging,
since read sequences originate from all genomic locations instead of a single locus (Kembel *et
al.*, 2011). Various methods exist for extracting 16S rRNA gene sequences, other single loci, or
multi-locus data from metagenome reads (*e.g.,* EMIRGE, MATAM, AMPHORA2, PhyloSIFT, and
MetaPhlAn2), but this excludes much of the data, limiting the detection sensitivity for less
common taxa (Miller *et al.*, 2011; Segata *et al.*, 2012; Wu and Scott, 2012; Darling *et al.*, 2014;
Pericard *et al.*, 2018). Alternatively, assembling MAGs enables the construction of multi-locus
phylogenies from all assembled genomes, but a very high sequencing depth is required to
assemble even the majority of taxa in a diverse microbial community like in soil or the human
gut. Another approach is to map all reads to a database of entire genomes (*e.g.,* GenBank or
RefSeq), which increases the amount of reads classified relative to single- or multi-locus
approaches, but such databases generally lack careful curation of genome assembly quality, a
standardized taxonomy, and multi-locus phylogenies for all reference genomes (Parks *et al.*,
2018).
We recently created a pipeline for generating custom metagenome profiling databases
from the Genome Taxonomy Database (GTDB) (Parks *et al.*, 2018; de la Cuesta-Zuluaga, Ley
and Youngblut, 2019), which is a comprehensive database of *Bacteria* and *Archaea* genomes,
that not only provides a coherent microbial taxonomy based on genome relatedness, but it also
includes multi-locus genome phylogenies for the reference species. Therefore, one can map all

reads to the GTDB reference genomes in order to infer species-level abundances (*e.g.,* with
Kraken2) and then utilize a genome phylogeny of reference species for calculating alpha and
beta diversity (Wood, Lu and Langmead, 2019). Importantly, the multi-locus genome phylogeny
will almost definitely be more robust and better-resolved than a phylogeny inferred from small,
hypervariable regions of the 16S rRNA gene, or even the full-length gene sequence (Maiden *et*
al., 1998). Using species-level reference genomes also enables trait inference directly from the
loci present in each genome, which is a task that state-of-the-art classifiers can perform
accurately, at least for certain common phenotypes such as cell morphology, anaerobiosis,
spore formation, and utilization of certain carbohydrates (Weimann *et al.*, 2016). Trait
relatedness can then be represented in a tree format by hierarchical clustering of genomes
based on trait presence/absence to produce a dendrogram.
While promising, this approach of species-level metagenome profiling, followed by
phylogeny- or trait-based diversity calculation has not been robustly assessed and compared to
tree-agnostic approaches that are often used for shotgun metagenome studies. We therefore
applied this methodology to a large, global human gut metagenome collection, comprising 33
datasets and 3348 samples. We found that, in comparison to tree-agnostic measures, both
phylogeny- and trait-based measures of alpha and beta diversity improved our ability to
discriminate metagenome samples based on westernization, disease status, age, and gender.

Methods

Data Retrieval

We retrieved publicly available human gut metagenomes from the Sequence Read
Archive (SRA) between December 2019 and February 2020 (Table S1). Sample metadata was
obtained from the curatedMetagenomicData v.1.17.0 Bioconductor package (Pasolli *et al.*,
2017) and included according to the following criteria: i) shotgun metagenomes sequenced
using the Illumina HiSeq platform with a median read length >95 bp; ii) with available SRA
accession; iii) labeled as adults or seniors, or with a reported age ≥18 years; iv) without report
of antibiotic consumption (*i.e.*, no or NA); v) without report of pregnancy (*i.e.*, no or NA); vi)
non-lactating women (*i.e.*, no or NA); vii) without report of gangrene, pneumonia, cellulitis,
adenoma, colorectal cancer, arthritis, Behcet's disease, cirrhosis or inflammatory bowel disease.
Only forward reads were downloaded and further processed. The final dataset was composed
of 3348 samples from 33 studies.

Sequence processing and taxonomic profiling

We used the bbtools "bbduk" command and Skewer v0.2.2 (Jiang *et al.*, 2014) to trim
adapters and quality-filter raw sequences. The "bbmap" command from bbtools was used to
remove human reads mapping to the human genome hg19 assembly. We created quality
reports for each step using fastqc v0.11.7 (https://github.com/s-andrews/FastQC) and multiQC
v.1.5a (Ewels *et al.*, 2016). Filtered reads were subsampled to 1 million reads per sample and
used to obtain taxonomic profiles using Kraken2 (Wood, Lu and Langmead, 2019) and Bracken
v2.2 (Lu *et al.*, 2017). Custom databases of Bacteria and Archaea were created using Struo

v0.1.6 (de la Cuesta-Zuluaga, Ley and Youngblut, 2019) and based on the Genome Taxonomy
Database (GTDB), Release 89.0 ("GTDB-r89"; available at
http://ftp.tue.mpg.de/ebio/projects/struo/) (Parks *et al.*, 2018).

Genome phylogeny

132   The GTDB-r89 "Arc122" and "Bac120" multi-locus phylogenies were obtained from the
133 GTDB ftp server (https://data.ace.uq.edu.au/public/gtdb/data/releases/release89/). The ape R
134 package was used to merge the trees and prune them to the 23,360 species in the
135 Struo-generated GTDB-r89 metagenome profiling database.

Trait inference

We generated a Python v3 implementation of traitar (Weimann *et al.*, 2016) and used it
to predict traits for all genomes (https://github.com/nick-youngblut/traitar3), with majority-rules
(phypat+PGL model) used for classifying trait presence/absence. We used the vegan R
package (Oksanen *et al.*, 2012) to apply the Jaccard dissimilarity metric to the binary
traits-per-genome matrix in order to create a distance matrix of trait relatedness among
genomes. This distance matrix was clustered via the UPGMA algorithm to create a dendrogram,
which was used for tree-based alpha and beta diversity metrics.

Congruence of the genome phylogeny and trait similarity

Global congruence of the genome phylogeny and trait similarity dendrogram was
assessed via phytools::cospeciation with 100 permutations for the null model. Local congruence
(*i.e.,* per-clade) was assessed via Procrustes superimposition (vegan::procrustes) comparing
the genome phylogeny patristic distance matrix versus the Jaccard distance matrix used to
generate the trait similarity dendrogram. Due to memory limitation issues with the standard
approach for converting a phylogeny to a patristic distance matrix in R (*i.e.,* the "cophenetic"
function in the ape R package can only process trees with fewer than ~13,000 tips), we instead
ran the procrustes analysis on 1000 randomly pruned subtrees of 1000 tips each and used the
mean residuals across all permutations for each taxon.

Alpha diversity

We calculated tree-agnostic (species richness and Shannon index) and tree-based
(Faith's Phylogenetic Diversity: Faith's PD) alpha diversity measures. Species richness and
Shannon index. All tree-agnostic measures were calculated with the vegan R package
(vegan::diversity), and Faith's PD was calculated with PhyloMeasures::pd.query. The lme4 and
lmerTest R packages were used to fit linear mixed effects models with dataset as random effect
and other variables as fixed effects; *F*-tests and *P*-values were determined via the
Satterthwaite's method (ANOVA Type II sum of squares). We adjusted *P*-values for multiple
comparisons using the Benjamini-Hochberg method.

Beta diversity analyses

Tree-agnostic weighted and unweighted intersample distances (Bray-Curtis dissimilarity and Jaccard index) were calculated using the vegan R package (vegan::vegdist), while tree-based metrics (weighted and unweighted UniFrac) were calculated with rbiom::unifrac. Principal coordinates analysis (PCoA) was applied to each distance matrix via stats::cmdscale. We used the vegan::envfit function to assess correlations of species abundances to each PCoA. PERMANOVA was performed with vegan::adonis2 (999 permutations; marginal effects of terms assessed). We assessed PCoA ordination similarity via Procrustes superimposition (999 permutations).

General data analysis

General data processing was performed with the tidyverse package in R. The ggplot2 package was used for generating all plots. All code used for this work is available on GitHub at https://github.com/leylabmpi/global_metagenome_diversity.

Data availability

The genome phylogeny, trait tables for each species-genome representative, and trait dendrograms are available at http://ftp.tue.mpg.de/ebio/projects/struo/GTDB_release89/.

Results

Dataset summary

Our combined human gut metagenome dataset consisted of 33 studies and a total of 3348 samples from 3011 individuals after filtering by required metadata fields and an adequate number of reads following quality control (101 ± 163 s.d. samples per study; Figure S1A). The percent of metagenome reads classified to our custom GTDB-r89 Kraken2 database was high (mean of 80%), and generally lowest for non-westernized populations (Figure S1B).

Broad-scale incongruences between trait and phylogenetic similarity

To assess alpha and beta diversity based on phenotypic similarity, we inferred the presence/absence of 67 traits for each reference genome in our Kraken2 database (Figure 1A). We quantified the degree of congruence between phylogeny- and trait-based relatedness of all species (taxonomy defined by the GTDB), in order to assess whether each would reveal different patterns of alpha and beta diversity. Congruence was measured via Procrustes superimposition, in which larger incongruences between phylogenetic and trait similarity among taxa will produce larger Procrustes residuals. We found that the congruence between trait and phylogenetic similarity differed greatly across phyla (Figure 1B). The bacterial phyla *Dependentiae*, *Fusobacteriota*, and *Verrucomicrobiota_A* were the most congruent between trait and phylogenetic similarity, while most of the archaeal phyla, including the *Crenarcheota*,

Thermoplasmatota, and *Nanoarchaeota* were the most incongruent. Notably, *Crenarcheota* were also found in a recent study to be especially variable in phenotypes, as defined by overlap in clusters of orthologous groups (COG) functional categories (Royalty and Steen, 2019). *Firmicutes* and *Proteobacteria* showed the greatest variance in congruence, with many highly incongruent outlier species in both phyla. An inspection at the family level revealed that the *Firmicutes* outliers belonged to *Enterobacteriaceae*, while the *Mycoplasmoidaceae* and *Metamycoplasmataceae* families were the largest outliers in *Proteobacteria* (Figure S2). *Euryarchaeota* trait-phylogeny congruence was relatively high for an archaeal phylum; however, the *Methanosphaera* genus comprised many highly incongruent outliers. Large differences between phylogeny and phenotype in these families may be due to high phenotypic plasticity relative to core genome evolutionary rates. Overall, our findings show that trait and phylogenetic similarities are only partially congruent and would thus likely describe different aspects of microbiome diversity when applied to tree-based diversity measures.

More variance is explained by alpha diversity measures incorporating phylogenetic or trait relatedness

We calculated alpha diversity for all 3348 metagenome samples with four measures: the number of observed taxa, the Shannon Index, and Faith's Phylogenetic Diversity (Faith's PD) with either the genome phylogeny ("PD_phy") or a dendrogram depicting trait relatedness ("PD_trt"). We note that all metagenomes were subsampled to 1 million reads prior to metagenome profiling and thus alpha diversity estimates should not be biased by sampling depth. Both PD_phy and PD_trt clearly separated metagenome samples based on westernization status, while such a separation was less discernible when using the Shannon Index or number of observed species (Figure 2A). When assessing samples with westernization status, age, and gender metadata (n = 1843), we also found that PD_phy and PD_trt more clearly differentiate groups along each variable (Figure 2B). Indeed, linear mixed effects models produced substantially higher and lower F-values and P-values, respectively, for PD_phy and PD_trt in regards to westernization status, age, and gender (Figure 2C). F-values were also slightly higher for BMI when filtering the dataset to just samples with all required metadata (n = 918; Figure 2C). PD_phy F-values were consistently higher for age and especially for westernization compared to PD_trt. Indeed, the number of phyla per sample was substantially higher for non-westernized individuals versus westernized (Figure S3A), while no substantial difference was seen for the number of genera (Figure S3B). This finding indicates that coarse taxonomic groups differ substantially by westernization status, which would be emphasized via a phylogenetic measure of diversity. While the boxplots hinted at a substantially greater differentiation between westernized and non-westernized males versus when comparing females (Figure S3B), we did not find a significant interaction between gender and westernization for any diversity measure (P > 0.1).

To resolve how the choice of diversity measure influenced per-clade estimations of diversity, we applied our mixed effects model analysis on alpha diversity calculated for each individual family (Figure S4). For all diversity measures, the *Bacteroidales* family F082 was most strongly associated with westernization status, and the strength of association was very

consistent among measures. In contrast, most of the other families associated with
westernization differed in their strength among the diversity measures (Figure S4A). For
instance, the association of *Treponemataceae* was substantially weaker for the Shannon Index
versus either tree-based measure. This inconsistency among diversity measures was also
observed for associations between family-level diversity and gender or age. *Akkermansiaceae*
had the strongest association with gender, but only for Faith's PD based on trait similarity
(Figure S4B), suggesting functional differentiation at fine taxonomic levels. Notably,
Methanobacteriaceae alpha diversity was most strongly associated with age, along with
Butyricicoccaceae, but the association strength was much lower when measuring diversity via
PD_phy versus PD_trt or the Shannon index (Figure S4C). These examples show that fine
taxonomic level diversity estimations can differ substantially depending on which aspects of
diversity are emphasized: phylogenetic relatedness, trait relatedness, or neither.

More variance is explained by beta diversity measures incorporating phylogenetic or trait
relatedness

We calculated beta diversity on all metagenome samples with 6 metrics: Bray Curtis,
Jaccard, and UniFrac in all four combinations of unweighted and weighted with either a genome
phylogeny or trait-similarity dendrogram. Principal coordinate analysis (PCoA) revealed that
substantially more variance was explained by the top principle coordinates (PCs) for both
phylogeny-based weighted UniFrac ("w-unifrac_phy") and trait-based weighted UniFrac
("w-unifrac_trt") (Figure 3). This was especially apparent for w-unifrac_phy, with 50% variance
explained by PC1 alone, while only 15.4 and 9.3% variance was explained by PC1 for
Bray-Curtis and Jaccard, respectively (Figure 3B). In contrast to weighted UniFrac, both
unweighted UniFrac measures showed similar amounts of variance explained relative to
Bray-Curtis and Jaccard. When summing across the top 5 PCs (Figure 3C), w-unifrac_phy
explained 79.1% of the variance, which is more than twice that of Bray-Curtis (38.2%) and more
than three times as much as Jaccard (23.8%). The summed percent variance explained by
w-unifrac_trt was also substantially higher (53.3%) than Bray-Curtis and Jaccard.
We investigated why w-unifrac_phy and w-unifrac_trt explained so much more variance
by correlating species abundances with each of the top three PCs (Figure 4A).
The analysis revealed that the top w-unifrac_phy and w-unifrac_trt PCs most strongly
differentiates samples based on the abundances of species belonging to *Lachnospiraceae*
(*Firmicutes_A*), *Bacteroidaceae* (*Bacteroidota*), and *Enterobacteriaceae* (*Proteobacteria*). In
contrast, Bray-Curtis and Jaccard most strongly discern samples differing in species just within
Bacteroidaceae (*Bacteroidota)*. Specifically, the top PCs for Bray-Curtis and Jaccard correlate
strongly with the *Bacteroidaceae* genera: *Bacteroidetes*, *Bacteroidetes_B*, and *Prevotella*
(Figure S5). Unlike the weighted UniFrac measures, both unweighted UniFrac measures lacked
a strong correlation with *Enterobacteriaceae*, but they did uniquely discern *Oscillospiraceae*
(*Firmicutes_A*) and *Ruminococcaceae* (*Firmicutes_A*).
To help illustrate these clade-level differences among the beta diversity measures, we
mapped the abundances of these focal clades onto each PCoA ordination. As denoted by our

correlation analysis, *Bacteroidaceae* was highly abundant at both ends of PC1 for Bray-Curtis and Jaccard, while its abundance was lowest at the center of the PC (Figure 4B). Conversely, *Bacteroidaceae* was only highly abundant on one side of PC1 for both w-unifrac_phy and w-unifrac_trt. In contrast to *Bacteroidaceae*, *Enterobacteriaceae* was only detectable in 350 samples, with only 28 samples having >1% abundance (Figure 4C). w-unifrac_trt best partitioned the samples with high versus low levels of *Enterobacteriaceae* (Figure 4A & 4C), while w-unifrac_phy also partitioned these samples well, especially along PC2. Plotting *Lachnospiraceae*, *Oscillospiraceae*, and *Ruminococcaceae* abundances on the PCoA ordinations did confirm the correlation analysis, in which *Lachnospiraceae* abundance correlates rather well with PC1 and PC2 of all ordinations, while the *Oscillospiraceae* and *Ruminococcaceae* abundances best correlate the the top PCs for both unweighted UniFrac measures (Figure S6).

We also correlated alpha diversity with the PCoA PCs but found substantially weaker associations ($R^2 < 0.21$ for all measures). Still, gradients of diversity are somewhat apparent across the ordinations, regardless of the diversity measure (Figure S7).

To determine how well each beta diversity measure partitions individuals by age, gender, BMI, westernization, and disease states, we performed PERMANOVA with each measure on all samples with the requisite metadata (*n* = 1413). Although all model variables were significant due to the large sample size ($P < 0.001$), the effect sizes varied considerably for disease state and westernization (Figure 5). Most notably, w-unifrac_phy had an R^2 for disease state that was about twice that of Bray-Curtis or Jaccard (0.082 versus 0.041 and 0.025, respectively). Plotting the location of each metagenome sample from each disease category on PC1 illustrated how Bray-Curtis and Jaccard largely relegate most samples with each disease state to the same half of PC1, while "healthy" samples span the entire PC (Figure 5B). In contrast, the UniFrac measures, especially the weighted versions, partition the various disease states into different regions along the entire length of the PC.

To directly quantify the differences in how each beta diversity measure partitioned samples in each disease category, we performed pairwise Procrustean superposition analyses between each beta diversity measure. Large Procrustes residuals for a disease state indicate that the relative positions of samples in that grouping differ greatly between the two PCoA ordinations. Procrustes residuals were highest for Shiga toxin-producing *E. coli* (STEC) and hypertension disease states when comparing the UniFrac measures to Bray-Curtis or Jaccard (Figure S8). STEC was also moderately divergent between the trait-based and phylogeny-based UniFrac measures (both weighted and unweighted). This discrepancy between diversity measures reflects the incongruence between phylogeny- and trait-based relatedness among *Enterobacteriaceae* species (Figure S2).

Discussion

Shotgun metagenomics will continue to increase in popularity as the cost of sequencing declines and methods for processing and interpreting metagenomic data continue to develop. A major challenge is to fully harness the heterogeneous sequence data generated by metagenomics, which is vastly more complex than 16S rRNA gene sequences or other

single-locus datasets. Measuring community diversity from such heterogeneous data is not
straight-forward, and it is often unclear what measures of diversity are most appropriate for
metagenome data. Here, we have assessed a method of microbiome diversity measurement by
using metrics that incorporate a multi-locus phylogeny or a large set of traits inferred from
reference genomes to species-level abundance profiles mapped against species-level genome
representatives from the GTDB. Our method is not computationally demanding, generalizable to
a wide range of microbiome studies, and flexible in regards to which tree-based measures and
which traits are used.

We have shown that our tree-based diversity measures explained more variance, both in
regards to overall inter-sample diversity and diversity among individuals differing in
westernization, age, gender, and disease status (Figures 2 & 3). While BMI seemed to be
slightly better explained by phylogeny- and trait-based measures, the difference was too small
to be conclusive. Interestingly, westernization was substantially better explained by the
phylogeny-based alpha diversity measure relative to all other measures, while this pattern was
not observed for beta diversity. These results suggest that while overall phylogenetic diversity is
greater for non-westernized individuals, there is enough broad-scale phylogenetic overlap
between individuals to appear highly similar in a direct comparison.

We additionally showed that phylogeny and trait-based diversity measures were more
explanatory than tree-agnostic measures due to how each underscored different aspects of
community diversity (Figure 4). Bray-Curtis and Jaccard emphasized compositional differences
within the *Bacteroidaceae*, which is a prevalent and relatively abundant clade in the human gut.
Instead, both the phylogeny and trait-based measures accentuated differences between
Enterobacteriaceae and Bacteroidaceae, which not only belong to different phyla, but also the
former is much less prevalent than the latter. This emphasis on *Enterobacteriaceae* by the
tree-based diversity measures likely explains why the disease state that differed most between
PCoA ordinations was Shiga toxin-producing *E. coli* (Figure S8). The same may be true for the
presence of hypertension, which was the second-most different between PCoA ordinations, as
the *Enterobacteriaceae* genus *Klebsiella* has been found to overgrow in hypertensive individuals
(Li *et al.*, 2017). Of course, this increased emphasis on *Enterobacteriaceae* by the tree-based
measures is just the most prominent, and as we observed for our family-level assessment of
alpha diversity, many clades can differ in their apparent diversities depending on the measure
used.

In almost all circumstances, phylogeny-based diversity was more explanatory than when
incorporating trait relatedness. Our assessment of congruence between phylogenetic and
trait-based similarity showed why these diversity measures would differ. For instance, the lower
explanatory power of trait-based diversity in regards to disease state can be attributed to the
incongruence between trait and phylogeny for many species in the *Enterobacteriaceae* family
(Figures 5 & S2) or possibly to the choice of traits included (Figure 1). While we did use a large
number of traits relative to other recent trait-based studies of microbial community
spatiotemporal diversity (Ortiz-Álvarez *et al.*, 2018; Guittar, Shade and Litchman, 2019), they
are likely just a minor subset of all relevant phenotypes. Traits could be defined more abstractly
as COG functional categories, KEGG pathways, or other broad classifications of gene function,
which may generalize better to novel microbial genetic diversity compared to using a trait

classifier trained on a subset of all known microbial species (Royalty and Steen, 2019).
However, broad and generalized demarcations of function may obscure particular traits that are
most strongly varying across the spatiotemporal gradient of interest. One could choose
particular functional categories, like the gut-brain modules defined in a recent study for
understanding microbial functional interaction with mental health (Valles-Colomer *et al.*, 2019),
although the expert knowledge required to make such targeted selections is often lacking for
many systems.
We must note that our method of predicting traits based on the presence of loci
presumably produced false negatives for poorly studied clades in which novel genetic
mechanisms generate the same phenotypes. Given that the gut microbiome is dominated by a
few relatively well-studied clades (Lloyd-Price *et al.*, 2017), the impact of false negatives was
likely small for our trait-based weighted UniFrac measure but may have been higher for
unweighted UniFrac. Still, both phylogeny- and trait-based unweighted UniFrac were less
explanatory than their weighted counterparts, suggesting that inaccuracies in our trait
classification approach were negligible. Advances in machine learning models for predicting
gene annotations, protein structure and interactions, and metabolic pathways will improve
classification of specific microbial phenotypes, especially when generalizing to novel genetic
diversity (Celesti *et al.*, 2018; Bileschi *et al.*, 2019).
While our findings demonstrate the potential benefit of incorporating phylogeny or
function based on genome representatives of each reference species, much is still unknown
about how best to implement these approaches across highly varied microbiome studies.
Function-based diversity measures may prove to be highly advantageous for studies of
microbial community succession, as some studies have demonstrated (Ortiz-Álvarez *et al.*,
2018; Guittar, Shade and Litchman, 2019). Microbiomes with high numbers of uncultured
species such as seafloor sediments may benefit from using a more generalized measure of
traits like COG functional categories (Orsi, 2018). We recommend a focus on phylogeny-based
diversity measures for shotgun metagenomics data in cases where the most informative traits
are unknown, since phylogenetic information will be relevant for most if not all systems, and it
will allow for direct cross-study comparisons of microbial diversity.

Author contributions

392 Author contributions: N.D.Y. and J.dlC. designed the research; N.D.Y. and J.dlC. performed
393 research; N.D.Y. analyzed data; and N.D.Y., J.dlC., and R.E.L. wrote the paper.

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Figure legends

Figure 1. *Similarity between phylogenetic and trait-based relatedness differs substantially*
among phyla. A) Traits inferred from each genome representative of each species, shown as
the percent of all genomes in the phylum (left) or the total for all phyla (right). The numbers next
to each column in the right plot denote the x-axis values. B) The boxplots show Procrustes
residuals for each genome, grouped by phylum. Higher Procrustes residuals indicate more
incongruence between phylogenetic and trait-based relatedness. For clarity, only phyla with ≥10
genomes are shown.

Figure 2. *Phylogeny- and trait-based alpha diversity better differentiate samples across key*
factors. A) Boxplots of alpha diversity metrics calculated for all samples (*n* = 3348) in all
datasets (*n* = 33), grouped by westernization status. "(phy)" denotes that the genome phylogeny
was used to calculate Faith's PD, while "(trt)" means that a dendrogram of trait similarity was

used for the calculation. B) Boxplots of alpha diversity metrics calculated for all samples in which gender and age metadata were available (n = 1843) in all datasets (n = 17), grouped by westernization of individuals. C) Linear mixed effects model results for assessing the association between alpha diversity and population characteristics while accounting for inter-dataset batch effects. The labels above each bar denote P-values. Age was log2-transformed, and BMI Box-Cox transformed. The left facet is on all samples (n = 3348) in all datasets (n = 33). The middle facet is filtered to samples that have data on gender and age (number of samples = 1843; number of studies = 17). The right facet is filtered to samples that have data on gender, age, and BMI (number of samples = 918; number of studies = 11).

Figure 3. *More variance explained when incorporating taxon abundance along with phylogenetic- or trait-based relatedness.* Principal coordinate analysis (PCoA) ordinations for all samples across all datasets (n = 3348), colored by dataset and faceted by the beta-diversity metric used ("bray" = Bray-Curtis; "jaccard" = Jaccard; "unifrac_phy" = unweighted UniFrac utilizing the genome phylogeny; "unifrac_trt" = unweighted UniFrac utilizing a dendrogram depicting trait-similarity; "wunifrac_phy" = "unifrac_phy", but using weighted UniFrac; "wunifrac_trt" = "unifrac_trt", but using weighted UniFrac). The percentages in each facet label are the percent variance explained for the first two PCs. B) The percent variance explained by the top five PCs for each ordination shown in A). C) The summed percent variance explained by the top five PCs for each ordination shown in A), with values above each bar denoting the y-axis value.

Figure 4. *Phylogeny- and trait-based beta-diversity metrics emphasize inter-sample differences in certain taxa that are not emphasized by star-phylogeny measures.* A) Correlations between individual species (points) and the top 3 PCs in the PCoA ordinations shown in Figure 3. The x-axis denotes the direction of the correlation along the PC (*i.e.,* where the taxon abundance is highest), and the y-axis denotes the effect size. For clarity, only species with the top 20 highest effect sizes across all beta diversity metrics are shown. The PCoA ordinations shown in B) and C) are the same as in Figure 3, but samples are colored by the abundance of the *Bacteroidaceae* family (*Bacteroidota* phylum) and *Enterobacteriaceae* (*Proteobacteria* phylum), respectively. Note that abundance is not log10-transformed in C), and point size also represents abundance in order to emphasize the few samples with relatively high *Enterobacteriaceae* abundances, and all grey points indicate samples completely lacking *Enterobacteriaceae*.

Figure 5. *UniFrac-based beta diversity better explains disease status across the metagenome dataset.* A) Variance explained for each covariate in PERMANOVA models (n = 1413) applied to each distance matrix as shown in PCoA plots in Figure 3. B) The position of each sample (grouped by disease state) on PC1 for each PCoA of each beta diversity measure as shown in Figure 3. Note that for the tree-agnostic approaches, most disease states fall into the same, constrained range; however, the UniFrac-based approaches (especially weighted UniFrac) generate more separation among disease groups ("STEC" = Shiga toxin-producing *E. coli*; "T2D" = Type 2 diabetes; "ACVD" = atherosclerotic cardiovascular diseases; "CMV" = Cytomegalovirus disease, "IGT" = impaired glucose tolerance). All terms in each PERMANOVA model were significant (number of permutations = 9999; $P < 0.001$).

A)

Phylum;Family
- Bacteroidota;Bacteroidaceae
- Firmicutes_A;Lachnospiraceae
- Firmicutes_A;Oscillospiraceae
- Firmicutes_A;Ruminococcaceae
- Proteobacteria;Enterobacteriaceae

B)   C)

A)

B)