**1**  **Rapid tolerance to morphine in the myenteric neurons of the small intestine is independent of β-**

**2**  **arrestin-2**

**3**  Karan H. Muchhala[1], Joanna C. Jacob[1], Imran Alam[1], Shahzeb Hasan[1], Aliyeen Khan[1], Minho Kang[1],

**4**  William L. Dewey[1] and Hamid I. Akbarali[1*].

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**6**  1. Department of Pharmacology and Toxicology, Virginia Commonwealth University, 1112 East Clay St,

**7**  Richmond, VA 23298, USA

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**9**  **Correspondence:** Hamid I. Akbarali, PhD

**10**  Department of Pharmacology and Toxicology, Virginia Commonwealth University

**11**  1112 East Clay Street, Richmond, VA 23298, USA

**12**  Phone: 804-828-9688

**13**  Email: hamid.akbarali@vcuhealth.org

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*20* **Abstract**

*21* The differential rates of opioid tolerances raise the question of discrete underlying mechanisms. While

*22* opioid tolerance is strongly linked to the development of dependence, there is a dissociation between

*23* the two phenomena in the gut as tolerance does not develop to chronic opioid-induced constipation,

*24* but diarrhea still manifests upon withdrawal. Here, we find that tolerance develops to inhibition of small

*25* intestinal motility after one day of morphine exposure, and is more rapid compared to spinally-mediated

*26* antinociception and constipation in chronic morphine-treated mice. This tolerance can be reversed by

*27* protein kinase C (PKC) inhibition but not by β-arrestin-2 deletion. Similarly, morphine tolerance develops

*28* to inhibition of neuronal excitability in ileum myenteric neurons independently of β-arrestin-2 and is

*29* attenuated by inhibiting PKC. These findings reveal a potential mechanism for differences in the rates of

*30* tolerances to opioids and implicate myenteric neurons of the ileum as the primary cause for opioid-

*31* induced withdrawal effects.

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 **Introduction**

It is well known that there are differences in the rates and extent of tolerance development in various

tissues to opioids. Tolerance develops to the desired analgesic effects of opioids at a faster rate than to

the undesired respiratory depression and constipation, which ultimately limits the applicability of

opioids to treat chronic pain (Hayhurst and Durieux, 2016). The differential rate of tolerance

development to opioids, thus raises the question of differences in the mechanisms leading to tolerance.

It is now well established that most G protein-coupled receptors (GPCRs) undergo dynamic changes in

receptor confirmation to engage multiple transducers and modulatory proteins with distinct efficacies

(Kenakin, 2011; Rajagopal *et al.*, 2011; Flock *et al.*, 2017; Latorraca *et al.*, 2017; Hilger *et al.*, 2018). This

is the basis of the concept of "biased agonism" or "functional selectivity". Fundamentally, biased

agonists induce ligand-specific changes in the confirmation of GPCRs and cognate transducers to

exclusively activate associated downstream effector systems (Michel and Charlton, 2018; Wootten *et*

*al.*, 2018). The phenomenon of biased agonism has also been described for the $\mu$-opioid receptor (MOR),

which mediates the clinical effects of morphine and other opioid analgesics.

MOR is a $G\alpha_{i/o}$-coupled GPCR, which can also engage multi-functional adaptor proteins called $\beta$-

arrestins. Classically, $\beta$-arrestins function to attenuate G protein-mediated signal transduction of GPCRs

by sterically obstructing G protein binding to the activated receptor. Alternately, $\beta$-arrestins are also

known to initiate G protein-independent signal transduction once bound to the receptor (Lohse *et al.*,

1990; Lefkowitz, 1998). Previous studies have shown that genetic deletion of $\beta$-arrestin-2 ($\beta$arr2) or

down-regulation of $\beta$-arrestin-2 results in reduced antinociceptive tolerance to morphine in rodents

(Bohn *et al.*, 1999, 2000; Yang *et al.*, 2011; Wang *et al.*, 2016). These studies suggest that $\beta$-arrestin-2 is

necessary for MOR-mediated cellular processes underlying antinociceptive tolerance to opioids. This "$\beta$-

arrestin-2 hypothesis" was further supported by studies, which used MOR biased agonists that

preferentially activate G proteins over β-arrestin-2 and found reduced antinociceptive tolerance

compared to morphine (DeWire *et al.*, 2013; Manglik *et al.*, 2016; Grim *et al.*, 2020).

In the gastrointestinal (GI) tract, it was previously reported that knock out of β-arrestin-2 results in a

phenotype that is more resistant to opioid-induced inhibition of GI motility (Raehal *et al.*, 2005). On this

basis, the authors postulated that activation of β-arrestin-2-mediated signal transduction underlies

opioid-induced constipation (Raehal *et al.*, 2005). However, a number of different strategies to induce G

protein-biased signal transduction at the MOR in later studies, such as the use of β-arrestin-2 knock out

mice, phosphorylation-deficient MOR knock-in mice or biased agonists (TRV130 and PZM21), failed to

mitigate opioid-induced GI dysfunction (Kang *et al.*, 2012; Maguma *et al.*, 2012; Manglik *et al.*, 2016;

Altarifi *et al.*, 2017; Kliewer *et al.*, 2019). Furthermore, it was observed that chronic exposure to

morphine induced down-regulation of β-arrestin-2 in the ileum, but levels in the colon remained

unchanged. Moreover, deletion of β-arrestin-2 induced morphine tolerance in the colon, which under

control experimental conditions did not become tolerant to morphine (Ross *et al.*, 2008; Kang *et al.*,

2012; Maguma *et al.*, 2012). Thus, unlike in pain pathways where β-arrestin-2 is required for the

development of analgesic tolerance, tolerance to motility in the colon could be induced by

circumventing the β-arrestin-2 pathway. In contrast, the isolated ileum tissue developed tolerance to

morphine irrespective of the absence or presence of β-arrestin-2 (Ross *et al.*, 2008; Kang *et al.*, 2012;

Maguma *et al.*, 2012). Consequently, the data suggested that β-arrestin-2 might mediate tolerance in

the colon but the role of this multifunctional protein remains unknown in the development of morphine

tolerance in the ileum, specifically in neuronal substrates that regulate motility in the ileum.

Opioid tolerance is considered to induce physical dependence (Cox, 1999). Diarrhea is a common

adverse effect associated with physical dependence (Wesson and Ling, 2003; Donroe *et al.*, 2016) and

can be caused by withdrawal-induced changes in motor and secretomotor activities of the enteric

*80*  nervous system (Collier *et al.*, 1981; Warhurst *et al.*, 1984; Bianchetti *et al.*, 1986; Johnson *et al.*, 1987;

*81*  Smith *et al.*, 2014). We have previously shown that tolerance develops to repeated morphine exposure

*82*  in the isolated ileum but not in the colon (Ross *et al.*, 2008; Kang *et al.*, 2012; Maguma *et al.*, 2012) and

*83*  that in myenteric plexus neurons, which are known to regulate gastrointestinal peristalsis, naloxone

*84*  induced hyperexcitability in those isolated from the ileum but not the colon of morphine-tolerant mice

*85*  (Furness *et al.*, 2014; Smith *et al.*, 2014). Given these findings, it is possible that withdrawal-induced

*86*  diarrhea might be an ileum-derived effect. Since novel biased agonists at the MOR are being developed

*87*  for clinical use with the promise of desired analgesia without the unwanted adverse effects, it is

*88*  important to delineate the mechanism of tolerance in the ileum, specifically the role of the $\beta$-arrestin-2

*89*  desensitization pathway.

*90*  The present study shows that, unlike antinociceptive tolerance, which is purportedly mediated by $\beta$-

*91*  arrestin-2, morphine tolerance to small intestinal transit and in myenteric plexus neurons is mediated by

*92*  a protein kinase C (PKC)-dependent mechanism that does not involve the $\beta$-arrestin-2 pathway.

*93*  Furthermore, we find that morphine tolerance to small intestinal transit manifests before tolerance to

*94*  antinociception and whole gastrointestinal transit. In conclusion, the present study suggests that distinct

*95*  rates of morphine tolerance might be due to differences in the role of $\beta$-arrestin-2 in the mechanism of

*96*  tolerance at the MOR. Furthermore, the findings presented here raise the possibility that G-protein

*97*  biased agonists might induce tolerance in the ileum and lead to the development of physical

*98*  dependence even if tolerance to antinociception is prevented.

 **Results**

 **Establishing a model of morphine tolerance in male and female mice**

We first established a paradigm that produced *in vivo* morphine tolerance in male and female mice. For

this purpose, we initially tested morphine dose-response in both male and female βarr2 WT mice

implanted with 25 mg morphine (or placebo) pellet for 7 days. As shown in Figure 1A., there was a

significant rightward shift in the cumulative morphine dose response relationship of morphine-pelleted

βarr2 WT female mice compared to that of placebo-pelleted mice (Fig. 1A; Table S1). Repeated

measures three-way ANOVA with Tukey's post hoc test found a statistically significant difference in the

%MPE of placebo and morphine-pelleted female mice at 4, 8, 16 and 32 mg/kg doses of morphine (Fig.

1A; Table S1). In contrast, the cumulative dose response curves of 25 mg morphine-pelleted and

placebo-pelleted male mice were not significantly different from each other (Fig. 1A; Table S1). The

$ED_{50}$ values of placebo-pelleted and 25 mg morphine- pelleted βarr2 WT male mice, 2.18 (1.7 - 2.78)

mg/kg and 3.23 (2.26 - 4.62) mg/kg respectively, overlapped, indicating that the potency shift was not

significant. Furthermore, repeated measures three-way ANOVA with Tukey's post hoc test indicated that

there was no statistically significant difference in the %MPE of placebo and morphine-pelleted male

mice at any test dose of morphine (Fig. 1A; Table S1). Thus, while 7 days of exposure to 25 mg morphine

pellet induced tolerance in female mice, it was not sufficient to produce tolerance in male mice in the

warm-water tail-withdrawal assay.

To induce tolerance in male βarr2 mice, 2 x 25 mg (50 mg) morphine pellets for 7 days were used. The

cumulative morphine dose response curve of male βarr2 WT mice was significantly right-shifted

compared to placebo controls (Fig. 1B). Analysis by repeated measures two-way ANOVA revealed

significant differences between placebo and morphine-pelleted βarr2 WT male mice at several doses

(Fig. 1B; Table S1). Thus, 7-day treatment with 50 mg morphine produced tolerance to morphine-

induced antinociception in the warm-water tail-withdrawal assay.

These data suggest that sex differences exist in the development of tolerance to morphine in the βarr2

C57/Bl6 mice. The following experiments were therefore carried out using 25 mg and 50 mg (2 x 25 mg)

morphine pellets in female and male mice, respectively.

**Figure 1. Cumulative dose response curves in morphine-pelleted male and female mice.** (A) Antinociceptive tolerance produced by 7-day 25 mg morphine pellet in male and female mice was compared in the warm-water tail-withdrawal assay (56$^o$C). 25 mg morphine pellet produced a significant right-shift in the morphine dose response curve of female mice, but not male mice, compared to placebo controls. Data are mean ± SEM. Males: N=5/group for PP WT and 25 mg MP WT. Females: N=4/group for PP WT and 25 mg MP WT. ****P<0.0001 (versus female PP WT) by repeated measures three-way ANOVA with Tukey's post hoc test. (B) The morphine dose response curve of male mice was significantly right-shifted from placebo when they were pelleted with 50 mg morphine for 7 days. Data are mean ± SEM. N=6/group. **P<0.01 and ****P<0.0001 (versus male PP WT) by repeated measures two-way ANOVA with Sidak's test.

**126  Morphine tolerance in ileum myenteric plexus neurons is not contingent on the β-arrestin-2-**

**127  desensitization pathway**

As noted previously, tolerance to repeated morphine in the isolated ileum tissue is not dependent on

the presence of β-arrestin-2 (Kang *et al.*, 2012).  In order to determine if tolerance could manifest in

isolated neurons, whole-cell patch clamp electrophysiology in the current-clamp mode was used. For

this purpose, ileum myenteric plexus neurons harvested from β- arrestin-2 WT and KO male mice were

exposed to morphine *in vitro* (10 μM morphine for 15-18 hours) or *in vivo* (50 mg morphine pellet for 7

days) and cellular tolerance was assessed by monitoring changes in neuronal excitability in response to

acute morphine (3 μM) challenge (Figs. 2, 3). Threshold potential, which is the membrane potential at

which action potential is elicited, was used as the primary metric of neuronal excitability. Threshold

potential increase from baseline signified reduced neuronal excitability. Cellular tolerance was described

as the failure of the acute morphine challenge dose to alter threshold potential.

Acute exposure to 3 μM morphine increased the threshold to fire action potential in naïve βarr2 WT

ileum neurons (-20.8 ±3.8 mV to -15.3  ±4.3 mV), but not in neurons previously exposed to morphine *in*

*vitro* (-21.9  ±1.6 mV to -23.1 ± 0.9 mV) or *in vivo* (-25.1  ±1.8 mV to -26.4  ±1.7 mV), indicating cellular

tolerance development (Figs. 2, 3A, 3B and Tables 2 and S1). The shift in threshold potential in naïve WT

neurons was time-dependent with a significant increase from baseline observed after 4 minutes of 3 μM

morphine exposure ($P < 0.05$; Fig. 3B and Table S1). Neurons previously exposed to morphine did not

produce significant deviation in threshold potential from baseline over the course of 16 minutes

($P > 0.05$; Fig. 3B and Table S1).

In ileum neurons from β-arrestin-2 KO mice, threshold potential was depolarized following acute

morphine challenge (-25.0  ±1.5 mV to -19.5  ±1.7; Figs. 3C and 3D), indicating that depletion of β-

arrestin-2 did not disrupt the ability of the MOR to respond to acute morphine. Acute morphine-induced

change in threshold potential was time-dependent with significant increase from baseline observed

after 6 minutes (P<0.05; Fig. 3D). 3 µM morphine produced a similar increase in threshold potential in

WT and KO neurons (WT: 5.6 ±1.0 mV, KO: 5.5 ±0.5 mV; Fig. 3E). No significant deviation in threshold

potential from baseline was observed in *in vitro* (-22.1 ±2.1 mV to -23.6 ±2.6 mV) or *in vivo* (- 22.4 ±2.0

mV to -21.5 ±2.6 mV) morphine-treated β-arrestin-2 knock out neurons following acute morphine

challenge (Figs. 3C and 3D; Table 2). The lack of response to the acute morphine challenge persisted for

16 minutes (Fig. 3D), indicating morphine tolerance in β-arrestin-2 knock out neurons (Table S1). Acute

exposure to morphine did not alter the resting membrane potential of naïve (WT: - 45.1 ±3.0 mV to -

45.3 ±3.3 mV; KO: -52.7 ±2.5 mV to -53.4 ±3.9), *in vitro* (WT: - 45.4 ±1.9 mV to -49.7 ±0.8 mV; KO: -

54.4 ±4.5 mV to -53.7 ±4.5 mV) or *in vivo* (WT: -57.5 ±2.2 mV to -55.7 ±1.8 mV; KO: -51.5 ±2.6 mV to -

51.8 ±4.1 mV) morphine-treated ileum neurons with or without β-arrestin-2 (Table 2).

Thus, depletion of β-arrestin-2 does not mitigate tolerance in ileum neurons and cellular tolerance to

morphine develops in ileum neurons independent of the βarr2-desensitization pathway.

**Figure 2. Representative current-clamp traces of untreated and 10 μM morphine-treated βarr2 WT ileum neuron before and after acute morphine challenge demonstrating the measurement of threshold potential.** Whole-cell current clamp traces of (A) untreated or (B) 10 μM morphine-treated (*in vitro*-treated) βarr2 WT ileum myenteric neuron at baseline (left) and after 16 minutes of acute 3 μM morphine (right). Action potential (top; in red) generated by a step-wise current stimulation protocol (middle) with the first stimulus to elicit action potential is marked in red. Threshold potential (dotted line), which is a measure of neuronal excitability, is extrapolated from the point on the action potential

derivative trace (bottom), where dV/dt>0. Acute treatment with 3 µM morphine increased threshold potential of untreated βarr2 WT neuron, but not of the 10 µM morphine-treated cell.

**Figure 3. Morphine tolerance in ileum myenteric plexus neurons does not depend on β-arrestin-2.** Ileum myenteric plexus neurons from male (A and B) βarr2 WT or (C and D) KO mice were bath perfused with 3 μM morphine and the change in $V_{thresh}$ was monitored for up to 16 minutes. (A and C) Threshold potential before (baseline) and after 3 μM morphine in individual (A) βarr2 WT or (C) βarr2 KO neurons. *P<0.05, ***P<0.001 and 'ns' (not significant, P>0.05) by two-way repeated-measures ANOVA with Sidak's post hoc test. (B and D) Time course of percent threshold potential change from baseline in (B) βarr2 WT or (D) KO neurons. N= 5, 5 or 6 for untreated, *in vitro* morphine-treated or *in vivo* morphine-

treated βarr2 WT neurons. N=9, 5 or 6 for untreated, *in vitro* or *in vivo* morphine-treated βarr2 KO neurons. All points are mean ± SEM and filled points represent significance from '0' minutes (P<0.05 by two-way repeated-measures ANOVA with Dunnett's post-test). (E) $V_{thresh}$ change across genotypes. N= 7 (untreated), 6 (*in vitro* morphine-treated) and 6 (*in vivo* morphine-treated) in βarr2 WT, and N= 8 (untreated), 6 (*in vitro* morphine-treated) and 6 (*in vivo* morphine-treated) in βarr2 KO groups. Line and error are mean ± SEM. Scatter represents individual data points. *P<0.05, **P<0.01 and 'ns' (not significant, P>0.05) by ordinary two-way ANOVA with Tukey's post-test. 3 μM morphine increased threshold potential in naïve βarr2 WT and KO neurons in a time-dependent manner. The shift in threshold potential was abolished when cells were pre-treated with morphine *in vitro* or *in vivo* irrespective of genotype.

| | | βarr2 WT Ileum myenteric plexus neurons | | | βarr2 KO Ileum myenteric plexus neurons | | |
|---|---|---|---|---|---|---|---|
| | | Untreated | *In vitro* morphine-treated | *In vivo* morphine-treated | Untreated | *In vitro* morphine-treated | *In vivo* morphine-treated |
| $V_{rest}$ (mV) | **Baseline** | -45.1 ± 3.0 | -45.4 ± 1.9 | -57.5 ± 2.2 | -52.7 ± 2.5 | -54.4 ± 4.5 | -51.5 ± 2.6 |
| | **+ 3 µM morphine** | -45.3 ± 3.3 | -49.7 ± 0.8 | -55.7 ± 1.8 | -53.4 ± 3.9 | -53.7 ± 4.5 | -51.8 ± 4.1 |
| $V_{thresh}$ (mV) | **Baseline** | -20.8 ± 3.8 | -21.9 ± 1.6 | -25.1 ± 1.8 | -25.0 ± 1.5 | -22.1 ± 2.1 | -22.4 ± 2.0 |
| | **+ 3 µM morphine** | -15.3 ± 4.3[****] | -23.1 ± 0.9 | -26.4 ± 1.7 | -19.5 ± 1.7[****] | -23.6 ± 2.6 | -21.5 ± 2.6 |

**Table 2. Active and passive cellular properties of ileum myenteric plexus neurons from male βarr2 WT and KO mice.** Active and passive properties such as $V_{thresh}$ and $V_{rest}$, respectively, were compared at baseline and after 3 µM morphine. ****$P<0.0001$ vs. respective baseline of same genotype by repeated-measures two-way ANOVA with Sidak's post-test.

**Depletion of β-arrestin-2 does not alter the rate of morphine tolerance to small intestinal motility**

We next sought to investigate whether β-arrestin-2 alters the rate at which tolerance develops to

morphine-induced inhibition of motility in the small intestine. Furthermore, we also tested sex

differences on morphine tolerance. For this purpose, we monitored the time course of the development

of morphine tolerance in the small intestine of male (Fig. 4; Table S1) and female (Fig. 5; Table S1) βarr2

KO mice. Tolerance was induced by subcutaneously implanting male mice with two 25 mg (denoted as

50 mg) morphine pellets or female mice with one 25 mg morphine pellet as these treatment regimens

produced significant morphine tolerance in the warm-water tail-withdrawal assay (Fig. 1). The

development of tolerance was assessed on indicated days by challenging mice with 10 mg/kg morphine

s.c. Charcoal transit through the small intestine was used as a functional metric of motility in the small

intestine. Inability of the morphine challenge dose to delay charcoal transit was described as tolerance.

An acute 10 mg/kg morphine injection produced robust inhibition of small intestinal transit in all cohorts

of male placebo-pelleted mice, evidenced by the reduced charcoal transit (Fig. 4). Exposure to the

morphine pellet for one day was sufficient to induce tolerance in the small intestine of male βarr2 WT

mice, since charcoal traveled a significantly greater distance in 1-day morphine-pelleted βarr2 WT mice

compared to placebo despite 10 mg/kg morphine challenge (1-day PP WT:17.8 ±2.1 % vs. 1-day MP WT:

46.7 ±9.1 %; Fig. 4A). Depletion of βarr2 did not delay the expression of small intestinal tolerance as 10

mg/kg morphine did not attenuate charcoal transit in 1-day morphine-pelleted βarr2 KO male mice to

the same extent as placebo (1-day PP KO: 19.0 ±2.1 % vs. 1-day MP KO: 49.8 ±7.7 %; Fig. 4A; Table S1).

Furthermore, the distance traversed by charcoal through the small intestine of 1-day morphine-pelleted

WT and KO male mice was comparable (Fig. 4A). This trend was observed in 3, 4 and 7-day morphine-

pelleted male WT and KO mice, suggesting that β-arrestin-2 is not required for the development of

morphine tolerance in the small intestine of male mice (Figs. 4B, 4C and 4D; Table S1).

Similar to the effects in male mice, 10 mg/kg morphine significantly inhibited charcoal transit in placebo-

pelleted female mice with or without β-arrestin-2 (Fig. 5). Charcoal transit was greater in 1-day

morphine-pelleted female mice compared to the respective placebo controls irrespective of genotype,

indicating the development of morphine tolerance (1-day PP WT: 13.0 ±1.2 % vs. 1-day MP WT: 39.5 ±

5.2 %, 1-day PP KO: 13.1 ±1.3 % vs. 1-day MP KO: 58.3 ±5.7 %; Fig. 5A; Table S1). Surprisingly, unlike in

male mice, there was a significant difference in the distance traveled by charcoal between 1-day

morphine-pelleted WT and KO female mice (Fig. 5A; Table S1). However, by Day 7 no difference in

charcoal transit was observed between morphine-pelleted WT and KO cohorts (Fig. 5B; Table S1).

In conclusion, these results suggest that β-arrestin-2 does not contribute to the development of

morphine tolerance in circuits that regulate small intestinal motility of either male or female mice.

**Figure 4. Morphine tolerance to small intestinal dysmotility in male mice is not mediated by β-arrestin-2.** Morphine tolerance in the small intestine was evaluated using the charcoal transit assay in male βarr2 WT and KO mice pelleted with placebo (PP) or 50 mg (2 x 25 mg) morphine (MP) pellets. Tolerance was assessed day-wise by challenging with 10 mg/kg morphine s.c. on indicated days. Scatter represents individual animals. Line and error are mean ± SEM. *P<0.05, **P<0.01, ****P<0.0001 and ns (not significant, P>0.05) by ordinary two-way ANOVA with Tukey's post hoc test. Morphine tolerance was observed on Day 1 post pelleting. β-arrestin-2 knock out did not alter the rapid development of tolerance.

**Figure 5. Morphine tolerance to small intestinal dysmotility in female mice does not require β-arrestin-2.** Morphine tolerance was evaluated using the charcoal transit assay in female βarr2 WT and KO mice pelleted with placebo (PP) or 25 mg morphine (MP) pellet. Tolerance was assessed day-wise by challenging with 10 mg/kg morphine s.c. on indicated days. Scatter represents individual animals. Line and error are mean ± SEM. *P<0.05, **P<0.01, ****P<0.0001 and ns (not significant, P>0.05) by ordinary two-way ANOVA with Tukey's post hoc test. Morphine tolerance in the small intestine was not altered by β-arrestin-2 knock out.

**Acute PKC inhibition abrogates *in vivo* morphine tolerance to small intestinal motility**

It has been suggested that low-efficacy agonists such as morphine desensitize the MOR and induce

tolerance through a PKC-dependent phosphorylation mechanism (Williams *et al.*, 2013). Since morphine

tolerance to small intestinal motility is not mediated by β-arrestin-2, we sought to investigate whether

PKC mediates morphine tolerance to small intestinal transit *in vivo* using the charcoal transit assay (Fig.

6A).

7-day 75 mg morphine- or placebo-pelleted male SW mice were injected with 0.6 mg/kg tamoxifen i.p.

or vehicle, following which they were challenged with 10 mg/kg morphine s.c. to determine tolerance.

10 mg/kg morphine reduced motility in both placebo-pelleted cohorts, as evidenced by the reduced

charcoal transit. Vehicle-injected morphine-pelleted mice were resistant to 10 mg/kg morphine-induced

inhibition of charcoal transit (P<0.0001 versus PP + vehicle), thus implicating tolerance. Alternately, 10

mg/kg morphine significantly reduced charcoal transit in morphine-pelleted mice injected with 0.6

mg/kg tamoxifen (P<0.0001 versus MP + vehicle; Table S1), indicating that morphine tolerance was

reversed by PKC inhibition. However, charcoal transit observed in these mice was greater than placebo-

pelleted mice acutely challenged with 10 mg/kg morphine (P<0.01 versus PP + tamoxifen and P<0.0001

versus PP + vehicle), which suggested that the reversal of morphine tolerance in the small intestine

might be incomplete.

In summary, these data show that PKC mediates, at least in part, the development of morphine

tolerance in mechanisms that regulate small intestinal motility.

**Figure 6. Morphine tolerance in the small intestine is reversed by acute inhibition of PKC.** (A) Charcoal transit in the presence of 10 mg/kg morphine was measured after acutely injecting 75 mg MP or PP male SW mice with 0.6 mg/kg tamoxifen or vehicle. 0.6 mg/kg tamoxifen partially restored the inhibitory effect of 10 mg/kg morphine in the small intestine of 7-day 75 mg MP male SW mice. Line and error are mean ± SEM. Scatter represents individual animals. N=7 in PP +Vehicle and PP + Tamoxifen; 6 in 75 mg MP + vehicle; and 8 in 75 mg MP + Tamoxifen. **P<0.01, ***P<0.001, ****P<0.0001 and 'ns' (not significant, P>0.05) by two-way ANOVA with Tukey's post-test. (B) Threshold potential at baseline and after 3 μM morphine in individual ileum myenteric plexus neurons isolated from 7-day 75 mg MP male SW mice. Neurons acutely co-treated with 100 nM Bis XI in the pipette solution exhibited morphine-induced depolarization of threshold potential, whereas cells not exposed to Bis XI failed to respond to acute morphine. ***P<0.001 and 'ns' (not significant, P>0.05) by repeated-measures two-way ANOVA with Sidak's post hoc test. N=7/group.

**PKC inhibition reverses morphine tolerance in the isolated ileum myenteric plexus neurons**

We next investigated if morphine tolerance in the isolated ileum myenteric plexus neurons could be reversed by acute PKC inhibition (Fig. 6B). Similar to earlier electrophysiology experiments, action potential threshold was used as the primary measure of neuronal excitability, such that an increase in threshold potential signified decreased cellular excitability. Ileum myenteric plexus neurons were isolated from male SW mice pelleted with 75 mg morphine for 7 days: a paradigm that produced *in vivo* morphine tolerance in the small intestine (Fig. 6A). Cellular tolerance was determined by measuring threshold potential change in response to acute 3 μM morphine challenge. No significant shift in threshold potential from baseline in response to the morphine challenge dose was described as cellular tolerance.

In whole-cell current clamp electrophysiology experiments, threshold potential of *in vivo* chronic morphine-treated ileum neurons did not change when exposed to the acute morphine challenge ($V_{thresh}$: -22.5 ± 2.1 mV to -22.8 ± 2.6 mV; Table 3), implicating cellular tolerance (Fig. 6B). No change in resting potential was detected for baseline versus 3 μM morphine challenge ($V_{rest}$: -51.5 ± 2.8 mV to – 51.2 ± -2.8 mV; Table 3). When neurons exposed to chronic morphine *in vivo* and 100 nM Bis XI, a PKC inhibitor, in the internal patch pipette solution were acutely challenged with 3 μM morphine, threshold potential depolarized and morphine tolerance was abolished ($V_{thresh}$: -22.7 ± 1.8 mV to -18.2 ± 2.4 mV; Fig. 6B; Tables 3 and S1). Morphine also decreased the height of the action potential of Bis XI- treated cells (Table 3). Interestingly, resting membrane potential depolarized in these cells ($V_{rest}$: -52.1 ± 3.2 mV to -47.5 ± 2.8 mV; Table 3). However, input resistance, which is a measure of the activity of ion channels at rest, remained unchanged by morphine (Table 3).

235  These results implicate a PKC-mediated cascade, not coupled to β-arrestin-2 downstream, in the

236  neuronal mechanism of morphine tolerance in the small intestine.

| | | - 100 nM Bis XI | + 100 nM Bis XI |
|---|---|---|---|
| $V_{rest}$ (mV) | Baseline | -51.5 ± 2.8 | -52.1 ± 3.2 |
| | + 3 µM morphine | -51.2 ± 2.8 | -47.5 ± 2.8*** |
| $R_{input}$ (MΩ) | Baseline | 621.1 ± 60.0 | 428.4 ± 74.3 |
| | + 3 µM morphine | 582.1 ± 61.6 | 477.0 ± 93.1 |
| $V_{thresh}$ (mV) | Baseline | -22.5 ± 2.1 | -22.7 ± 1.8 |
| | + 3 µM morphine | -22.8 ± 2.6 | -18.2 ± 2.4*** |
| AP height from $V_{rest}$ (mV) | Baseline | 98.8 ± 5.7 | 102.6 ± 5.5 |
| | + 3 µM morphine | 95.9 ± 7.0 | 88.1 ± 9.3* |

**Table 3. Active and passive cellular properties of ileum myenteric plexus neurons from 7-day 75 mg morphine-pelleted male SW mice.** Active properties such as $V_{thresh}$ and action potential height, and passive properties such as $V_{rest}$ and input resistance ($R_{input}$) were compared at baseline and after 3 µM morphine. *P<0.05 and ***P<0.001 vs. respective baseline from the same genotype by repeated-measures two-way ANOVA with Sidak's post-test.

**Morphine tolerance develops to small intestinal transit before antinociceptive tolerance**

We next sought to determine whether there was a difference in the time course of tolerance development between morphine-induced small intestinal transit and antinociception. Tolerance to the inhibition of motility in the small intestine and antinociception were assessed in same male SW mice subcutaneously implanted with two 25 mg (denoted as 50 mg) morphine pellets for 3 days. As expected, morphine-pelleted mice exhibited maximal baseline tail-withdrawal latency one day after pellet implantation (Fig. 7A). Tail-withdrawal latency progressively declined to pre-pellet levels by Day 3 (Fig. 7A). Morphine tolerance to antinociception was tested on Day 3 by measuring tail-withdrawal response to 10 mg/kg morphine challenge or 10 µL/g saline. Data were presented as percent maximal possible effect (%MPE) in Figure 7B. 10 mg/kg morphine induced similar antinociception in 3-day MP and placebo-pelleted mice, indicating that antinociceptive tolerance had not developed in these mice (Fig. 7B).

In the charcoal transit assay of small intestinal motility, 10 mg/kg morphine significantly attenuated gastrointestinal transit in PP mice from 83.25 ±3.31 % (PP + saline) to 12.64 ±2.28 % (PP + morphine; P<0.0001; Fig. 7C; Table S1). However, charcoal transit in mice exposed to morphine pellet for 3 days was not inhibited by the acute challenge (33.98 ±3.91 % in MP + saline versus 33.82 ±1.51 % in MP + morphine; P>0.05), indicating that tolerance had developed to morphine- induced inhibition of small intestinal transit (Fig. 7C, Table S1).

Collectively, these data show that morphine tolerance in the small intestine occurs before antinociceptive tolerance.

**Figure 7. Morphine tolerance in the small intestine precedes antinociceptive tolerance.** (A) Daily baseline warm-water tail-withdrawal latency in male SW mice pelleted with 50 mg morphine pellet for 3 days. N=9/day; ****$P<0.0001$ and 'ns' (not significant, $P>0.05$) versus 'Day 0' by one-way repeated-measures ANOVA with Dunnett's post hoc test. (B) Warm-water tail-withdrawal antinociception reported as percent maximum possible effect (%MPE) in 3-day 50 mg MP or PP male SW mice challenged with 10 mg/kg morphine s.c. or 10 µL/g saline s.c. 3-day MP mice responded to acute morphine in the tail-withdrawal assay, indicating no tolerance. (C) Distance traveled by charcoal through the small intestine, reported as % charcoal transit, in 3-day 50 mg MP or PP male SW mice challenged with 10 mg/kg morphine s.c. or 10 µL/g saline s.c. 3-day MP mice failed to respond to the acute challenge, indicating tolerance. (B, C) N=5/group; ***$P<0.001$, ****$P<0.0001$ and 'ns' (not significant, $P>0.05$) by two-way ANOVA with Tukey's post hoc test. Data are mean ± SEM. Scatter points are individual animals.

**Opioid tolerance to GI transit and antinociception**

Finally, we compared the rates at which antinociceptive tolerance developed versus opioid induced

constipation in male SW mice (Fig. 8). Note that the motility studies described here were capped at 300

minutes. Similar to what was previously published, we observed that the mice exhibited antinociceptive

behavior in the warm-water tail-withdrawal assay on days 1 and 2 (P<0.0001), but showed tolerance to

morphine's antinociceptive effects as early as three days following subcutaneous implantation of a 75

mg morphine pellet (Fig. 8A). In contrast, these same mice did not show any improvement in GI motility

rates until day 5 (240 ± 21.9 min), with significant constipation observed through day 7 compared to

placebo controls (P < 0.001) as assessed by the carmine dye assay (Fig. 8B). Even though GI motility rates

improved significantly on day 7 (200 ± 28.7 min) relative to day 1 (360 ± 0.0 min; P < 0.0001), there was

clearly a sustained inhibitory effect of morphine that produced prolonged constipation, despite the

development of tolerance to opioids and opioid effects elicited elsewhere in the body. This suggests that

the prolonged constipation due to opioids might be a result of the lack of tolerance in the colon.

**Figure 8. Development of Tolerance to Morphine's Antinociceptive and Constipating Effects.** Baseline measures for tail-withdrawal latency at 52°C and total gut motility using oral carmine red dye were taken prior to implantation of a 75 mg morphine pellet (MP) (N = 10) or placebo pellet (PP) (N = 10). Antinociception was assessed daily using the warm-water tail-withdrawal test, beginning 24 hours post MP implantation at 52°C (black) and ending on day 7. In the same animals, total gut motility was assessed as the time (in min) required to pass a fresh red pellet on days 1, 2, 3, 5 and 7. A) Antinociception was observed on days 1 and 2 following MP implantation compared to placebo controls (****$P<0.0001$). Tolerance to the antinociceptive effects following MP implantation developed rapidly, with no measurable morphine effect following day 3. Data shown are average tail latencies ± SEM, and were analyzed by two-way repeated measures ANOVA with Sidak's post hoc. B) Gut motility was inhibited compared to baseline and placebo measures across all test days (***$P<0.001$; ****$P<0.0001$ vs. placebo), with partial tolerance developing following day 5 (+ $P< 0.0001$ vs. Day 1 MP). Data shown are mean total transit time ± SEM, and analyzed by two-way repeated measures ANOVA with Sidak's post hoc. C) Comparison of rate of tolerance development between GI motility and antinociception in the same animals. Data are expressed as a percent maximum possible effect (%MPE) and represent mean ± SEM, with N = 10.

**Discussion**

Traditional opioid agonists have a long-standing history as the most effective compounds for pain relief, however a multitude of side effects complicate their safety margins. Additionally, we know these margins become tighter and the intensity of untoward effects and risk for overdose increase as tolerance develops to the desired analgesic effect. The development of biased opioid agonists that preferentially activate G-protein signaling pathways have generated enthusiasm within the field and new opportunities for treatment of pain with reduced risks (Madariaga-Mazón *et al.*, 2017; Siuda *et al.*, 2017). While there may be promise for some biased opioid agonists, we should be cautious to assume that an improvement in one opioid-dependent measurement equates to an overall improvement compared to the currently approved and clinically-available opioid agonists.

Using the β-arrestin-2 knock out transgenic mouse model as a tool, the present study demonstrated that morphine tolerance in ileum myenteric plexus neurons and to small intestinal transit develops rapidly and independently of the β-arrestin-2 desensitization pathway in both male and female mice. Moreover, morphine tolerance in neurons and to small intestinal transit is reversed by acute inhibition of PKC, suggesting that in the ileum tolerance is mediated by PKC phosphorylation. The results also show that tolerance to the same ligand—morphine—develops at a faster rate to small intestinal motility compared to spinally-mediated antinociception, tolerance to which manifests before whole GI transit. This indicates that the chronic constipation due to long-term opioid use might be a colonic effect. Taken together, the findings presented in the current study implicate that tolerance in the small intestine may develop even if the β-arrestin-2 pathway is attenuated, for example by using biased agonists such as Oliceridine, which recently completed Phase 3 clinical trials (Hertz, 2018; Bergese *et al.*, 2019). Mechanisms of tolerance and dependence are closely related and tolerance is often considered as a gateway to the development of physical dependence of which diarrhea is a common symptom (Wesson

and Ling, 2003; Donroe *et al.*, 2016). Withdrawal-induced diarrhea could be due to the development of

tolerance in the ileum as opioid tolerance does not develop in the colon (Ross *et al.*, 2008; Kang *et al.*,

2012; Maguma *et al.*, 2012). Indeed, several studies have previously reported the precipitation of

spontaneous and naloxone-induced withdrawal in the isolated ileum of rodents (Collier *et al.*, 1981;

Warhurst *et al.*, 1984; Bianchetti *et al.*, 1986; Johnson *et al.*, 1987). In addition, we have previously

demonstrated that naloxone induces hyperexcitability in myenteric plexus neurons of the ileum but not

the colon of chronic morphine-treated mice (Smith *et al.*, 2014). Furthermore, Naldemedine, a

peripherally-acting MOR antagonist clinically used to mitigate opioid-induced constipation in chronic

pain patients, is known to commonly cause diarrhea, sometimes severe enough to result in drug

discontinuation (Katakami *et al.*, 2017, 2018). Given the findings presented here and in a previous study

that reported intact diarrhea in morphine-withdrawn β-arrestin-2 knock out mice (Bohn *et al.*, 2000), it

is likely that biased agonists induce dependence in the small intestine even if antinociceptive tolerance

is mitigated. Consequently, the findings presented here raise questions about the usefulness of G

protein-biased agonists to circumvent adverse effects associated with traditional opioid use.

MOR desensitization is considered as the first step leading to tolerance. β-arrestin-2 is a scaffolding

protein that is recruited to the MOR and causes uncoupling of the receptor from G-proteins, leading to

MOR desensitization (Williams *et al.*, 2013). This desensitization pathway is widely believed to be the

basis of opioid tolerance, specifically antinociceptive tolerance (Bohn *et al.*, 2000). However, in the

present study we observed that morphine tolerance to small intestinal transit *in vivo* is not mediated by

β-arrestin-2. This finding is in line with previous studies reported by our laboratory that attenuation of

β-arrestin-2 by genetic deletion or use of biased agonists such as TRV130 (Oliceridine) produce tolerance

in the isolated ileum tissue (Kang *et al.*, 2012; Altarifi *et al.*, 2017).

Opioids are known to increase sphincter tone and delay gastric emptying (Bayguinov and Sanders, 1993;

Holzer, 2009) and the kinetics of tolerance to this effect could be different. This might explain why

transit through the small intestine is reduced in some experiments and the perceived lack of complete

tolerance in the small intestine of tolerant animals.

Motility in the gastrointestinal tract is a combination of coordinated neurogenic and myogenic functions

(Costa, 2000). Therefore, mechanisms mediating morphine tolerance in isolated tissues or to small

intestinal motility in intact animal might not represent mechanisms underlying tolerance in neurons. The

ileum myenteric plexus contains cell bodies of neurons innervating the longitudinal and circular smooth

muscles of the gut wall. They coordinate peristaltic contractions in the ileum (Furness *et al.*, 2014). Here,

we found that morphine tolerance in isolated myenteric neurons is not mediated by β-arrestin-2.  Both,

"acute" and "long-term" tolerance were not altered by β-arrestin-2 deletion in neurons (as defined by

Williams *et al.*, 2013). These results correlated with findings at the whole-animal level. Altogether, these

results indicate conclusively that opioid tolerance in the small intestine is not regulated by β-arrestin-2

desensitization at the level of intact animals, isolated tissues and single neurons.

MOR regulation is strongly agonist dependent (Williams *et al.*, 2013). High-efficacy agonists such as

DAMGO are known to strongly recruit β-arrestin-2 to internalize the MOR, whereas low-efficacy agonists

such as morphine do not readily internalize the MOR. In the present study, we used only morphine—a

clinically-approved analgesic and active metabolite of heroin—to demonstrate that opioid tolerance in

the small intestine is β-arrestin-2-independent. However, we have previously also shown that tolerance

in the isolated ileum tissue develops to repeated administration of high efficacy opioids like DAMGO,

fentanyl and etorphine (Maguma *et al.*, 2012). Consequently, the β-arrestin-2-independent mechanism

of tolerance in the ileum is not contingent on the opioid agonist.

The intracellular kinase involved in MOR phosphorylation and subsequent desensitization is agonist-

selective and morphine, in particular, is known to preferentially induce PKC phosphorylation of the MOR

(Bailey *et al.*, 2006; Williams *et al.*, 2013). MOR phosphorylation, including by PKC, has been implicated

in the mechanism of *in vivo* tolerance to antinociception (Smith *et al.*, 1999, 2003, 2006; Inoue and

Ueda, 2000; Bohn *et al.*, 2002; Hua *et al.*, 2002; Gabra *et al.*, 2008; Kliewer *et al.*, 2019) and cellular

tolerance in DRG neurons (Jacob *et al.*, 2018) and locus coeruleus neurons  (Levitt and Williams, 2012;

Arttamangkul *et al.*, 2018). Interestingly, PKC also mediates morphine tolerance to small intestinal

transit *in vivo* and in isolated myenteric plexus neurons as evidenced by the findings presented here.

These findings are supported by observations previously reported by Wang et al., who found that PKC

mediated tolerance to sufentanil-induced reduction of cAMP production in chronic morphine-treated

guinea pig ileum (Wang *et al.*, 1996). PKC is a promiscuous molecule and can cause homologous and

heterologous desensitization of downstream pathways or ion channels (Gold *et al.*, 1996; Dang and

Christie, 2012; Levitt and Williams, 2012). A previous study reported that PKC inhibition reduced the

conductance of voltage-gated sodium channels, which are pivotal in the generation of action potentials

(Gold *et al.*, 1996; Ma *et al.*, 2019). However, we did not observe any change in action potentials evoked

by chronic morphine-treated ileum neurons treated with or without the PKC inhibitor, Bis XI.

Alternately, co-treatment of Bis XI with morphine altered neuronal excitability and implicated reversal of

morphine tolerance. This indicated that morphine tolerance in ileum neurons due to PKC

phosphorylation might be MOR-mediated and not a direct effect on the ion channel. This is supported

by findings that, heterologous desensitization of the noradrenergic pathway was not observed in

tolerant locus coeruleus neurons, which utilize the PKC phosphorylation for tolerance development

(Levitt and Williams, 2012).

Previous studies have reported highly variable sex differences in opioid-induced analgesia in both

humans and rodents that are subject to the type of agonist (humans and rodents), pain model (humans

and rodents), study design (humans), genotype (rodents), species (rodents), route of administration

(rodents), and supplier of animals (Bodnar and Kest, 2010; Lee and Ho, 2013). While we did not observe

sex differences in the potency of acute morphine, differences were observed in the effects of chronic

morphine. In the present study, we found that a smaller dose of morphine was required to induce

tolerance in wild-type female mice compared to male mice. This could be due to the differential

influence of sex hormones on pathways mediating morphine tolerance. Indeed, a previous study has

demonstrated that ovariectomized rats are refractory to morphine tolerance, indicating that estrogen

might be an important mediator of opioid tolerance in female rats (Shekunova and Bespalov, 2004,

2006). While sex hormones have been noted previously to influence gastrointestinal physiology (Pines *et*

*al.*, 1998; Afonso-Pereira *et al.*, 2018), no differences were noted in the rate of morphine tolerance or in

the role of β-arrestin-2 in the development of morphine tolerance to small intestinal motility between

male and female mice.

Opioid tolerance in different tissues is known to develop at different rates (Ling *et al.*, 1989; Hayhurst

and Durieux, 2016). In this study, we use the same ligand—morphine—to show that tolerance to small

intestinal transit develops before antinociceptive tolerance. Morphine tolerance to whole GI transit is

incomplete and the slowest to develop, suggesting that chronic constipation could be a function of lack

of tolerance in the colon. The findings presented here suggest that the underlying mechanisms for the

differences in the rates and extent of tolerances to the same ligand result from different cellular

pathways employed by the MOR. We found that morphine tolerance in the ileum myenteric plexus,

which regulates intestinal motility, and to small intestinal transit develops via a PKC-mediated

mechanism independent of β-arrestin-2. In contrast, antinociceptive tolerance is purportedly mediated

by β-arrestin-2, whereas tolerance in the colon is inhibited by β-arrestin-2 (Bohn *et al.*, 2000; Kang *et al.*,

2012). Nociceptive DRG neurons are the first-order neurons of ascending and reflexive pain pathways

and have been previously implicated in the expression of opioid-induced antinociception and induction

of tolerance (Chen *et al.*, 2007; Corder *et al.*, 2017; Sun *et al.*, 2019). Analysis of single-cell RNA

sequencing data from Zeisel at al. (Zeisel *et al.*, 2018) and Usoskin et al. (Usoskin *et al.*, 2015) revealed

differential expression of *Scna10a*, which encodes for Nav1.8, in DRG neurons and ileum myenteric

neurons that co-express *Oprm1* (gene for MOR; Fig. S3). Nav1.8 is expressed in TRPV1-expressing

nociceptive DRG neurons but not myenteric neurons from the ileum. On the other hand, Nav1.7 is

expressed in both ileum and DRG neurons. Voltage-gated sodium channels are critical in the upstroke of

the action potential and we and others have demonstrated that acute and chronic morphine exposure

alters the activation and inactivation dynamics of these sodium channels in DRG nociceptors and

myenteric plexus neurons (Chen *et al.*, 2012; Kang *et al.*, 2012; Smith *et al.*, 2012, 2014; Bardoni *et al.*,

2014; Mischel *et al.*, 2018). Thus, the discrete mechanisms of opioid tolerance to various physiological

effects could be due to differences in MOR-ion channel coupling at the cellular level.

Our conclusions from this series of studies are that in the ileum, tolerance at the MOR is extremely

rapid—quicker than antinociceptive tolerance—and is mediated by a PKC-dependent mechanism not

involving β-arrestin-2. This is in contrast to the finding that analgesic tolerance is caused by β-arrestin-2

(Bohn *et al.*, 2000). This suggests that different rates of morphine tolerances could be due to discrete

mechanisms in various systems. Consequently, this complicates the approach of using biased agonists as

side effects such as diarrhea and constipation will likely remain with chronic opioid use.

**Materials and Methods**

**Drugs and Chemicals**

Morphine sulfate pentahydrate was obtained from the National Institutes of Health National Institute on Drug Abuse (Bethesda, MD). Pyrogen-free isotonic saline was purchased from Hospira (Lake Forest, IL). Dulbecco's modified Eagle's medium (DMEM)/F12, Neurobasal-A medium, $Ca^{2+}$ and $Mg^{2+}$-free Hank's balanced salt solution (HBSS), Trypsin-EDTA (0.25%), 50x B-27 supplement and L-glutamine were purchased from Gibco, Thermo Fisher Scientific (Waltham, MA). Penicillin/streptomycin/amphotericin B antibiotic-antimycotic solution and Laminin were purchased from Corning (Corning, NY). Colagenase Type 2 was purchased from Worthington Biochemical Corporation (Lakewood, NJ). Glial cell line-derived neurotrophic factor (GDNF) was purchased from Neuromics (Edina, MN). Poly-D-lysine was purchased from MiliporeSigma (Burlington, MA). Fetal Bovine serum (FBS) and bovine serum albumin (BSA) were purchased from Quality Biological, (Gaithersburg, MD) and American Bioanalytical (Canton, MA) respectively. Glass cover slips were purchased from ThermoFisher Scientific (Waltham, MA). Twenty-four-well culture dishes and 35 x 10 mm petri dishes were purchased from CELLTREAT (Pepperell, MA). $CaCl_2$, $MgCl_2$, NaCl, KCl, HEPES, EGTA, $NaH_2PO_4$, glucose, $Na_2ATP$, NaGTP, L-aspartic acid (K salt), KOH, NaOH, $MgSO_4$, $NaHCO_3$, Bisindolylmaleimide (Bis) XI, charcoal, carmine red dye, tamoxifen, corn oil, and carboxymethylcellulose was purchased from MilliporeSigma (Burlington, MA). Gum arabic was purchased from Acros Organics (Fairlawn, NJ).

**Animals**

Swiss Webster (SW) male mice (Envigo, Indianapolis, IN), male and female β-arrestin-2 (βarr2) knock out (KO) or their wild-type (WT) littermates, and female MOR-mCherry mice (The Jackson

429 Laboratory, Bar Harbor, ME) were separately group housed with up to five animals per cage in animal-

430 care quarters maintained on a 12-hour light/dark cycle. Mice used in experimental procedures were at

431 least 7 weeks of age. Male SW mice weighed 25-35 g, male β-arrestin-2 mice weighed 20-25 g, and

432 female β-arrestin-2 mice weighed 19-23 g. Mice were acclimated in the vivarium for at least one week

433 prior to experimentation. Breeding pairs for the β-arrestin-2 mice were initially obtained from Dr.

434 Lefkowitz (Duke University, Durham, NC) and housed within the transgenic facility at Virginia

435 Commonwealth University. The genetic background of the β-arrestin-2 WT and KO mice used in our

436 experimental procedures was 81% C57B6J:19% C57B6N. MOR-mCherry reporter mice were generously

437 provided by Dr. J. González-Maeso (Virginia Commonwealth University). Mice had access to food and

438 water *ad libitum* unless specified otherwise. All animal care and experimental procedures were

439 conducted in accordance with procedures reviewed and approved by the Institutional Animal Care and

440 Use Committee at Virginia Commonwealth University.

442 ***In vivo* morphine treatment**

443 Subcutaneously implanted continuous-release morphine pellets were used to model chronic *in*

444 *vivo* exposure as pellets maintain a high plasma level of morphine over a longer period of time

445 compared to intermittent injections or osmotic pumps and the tolerance induced is more robust (Dighe

446 *et al.*, 2009; McLane *et al.*, 2017). Where indicated, one 75 mg, or one or two 25 mg morphine pellets

447 were implanted subcutaneously in the dorsum of male SW, or male or female β-arrestin-2 KO mice and

448 their WT phenotypes for 7 days. Male SW mice were implanted subcutaneously with two 25 mg

449 morphine pellets for 3 days only in the Figure 7 experiment. The dose of two 25 mg morphine pellets is

450 denoted as "50 mg" throughout the present study. In all experiments, control mice were implanted with

451 one or two placebo pellets. In order to insert the pellet, mice were first anesthetized with 2.5%

452 isoflurane before shaving the hair from the base of the neck. Skin was disinfected with 10% povidone

iodine (General Medical Corp, Walnut, CA) and alcohol. A 1 cm horizontal incision was made at the base

of the neck and one or two pellets were inserted in the subcutaneous space. The surgical site was closed

with Clay Adams Brand, MikRon AutoClip 9-mm wound clips (Becton Dickinson, Franklin Lakes, NJ) and

cleansed with 10% povidone iodine. Use of aseptic surgical techniques minimized any potential

contamination of the pellet, incision and subcutaneous space. Mice were allowed to recover in their

home cages where they remained throughout the experiment.

**Isolation of myenteric neurons from ileum**

Myenteric plexus neurons were isolated from the longitudinal muscle of naïve male β-arrestin-2

WT or KO mouse ileum as described by Smith et al., 2013 (Smith *et al.*, 2013). Mice were euthanized by

cervical dislocation and the ileum was immediately transferred to cold (4$^{o}$C) Krebs solution (in mmol/L:

118 NaCl, 4.6 KCl, 25 NaHCO$_3$, 1.3 NaH$_2$PO$_4$, 1.2 MgSO$_4$, 11 glucose, 2.5 CaCl$_2$) bubbled with carbogen

(95% O$_2$/5% CO$_2$) gas. Intestinal digesta was flushed out with cold Krebs following which the intestine

was transferred to a beaker containing clean ice-cold Krebs buffer. The intestine was cut into 2-4 cm

segments and each segment was threaded onto a plastic rod. Longitudinal muscle to which the

myenteric plexus is attached was gently teased apart with a moist cotton applicator and collected in

clean carbogen-bubbled, ice-cold Krebs. Longitudinal muscle pieces were rinsed three times in 1 mL

Krebs and collected by centrifugation (350 x g; 30 seconds; 4$^{o}$C). Longitudinal muscle sheets were

minced into smaller pieces with a scissor and incubated at 37$^{o}$C for 60 minutes with 1.3mg/mL

collagenase type 2 and 0.3 mg/mL BSA in carbogen-bubbled Krebs. Following collagenase digestion,

tissue was collected by centrifugation (350 x g; 8 minutes; 4$^{o}$C) and supernatant was discarded. Tissue

was then incubated at 37$^{o}$C for 8 minutes in 0.05% trypsin-EDTA in Ca$^{2+}$ and Mg$^{2+}$ -free HBSS. Digestion

was halted by neutralizing trypsin with DMEM/F12 media supplemented with 10% FBS. Tissue was

filtered through a sterile Nitrex mesh and cells were collected by centrifugation at 350 x g for 8 minutes

at 4$^o$C. Supernatant was decanted and cells were resuspended in Neurobasal-A media supplemented

with 1% FBS, 1x B-27, 10 ng/mL GDNF, 2 mM L-glutamine, and antibiotic-antimycotic solution. Isolated

cells were plated on poly-D-lysine and laminin-coated glass coverslips and maintained at 37$^o$C in a

humidified 5% $CO_2$/air-enriched incubator. 15-18 hours later, cells were used in patch clamp

experiments. Where indicated, cells were cultured in media supplemented with morphine sulfate

pentahydrate for 15-18 hours (overnight) prior to patch clamp electrophysiology experiments.

Cells were also isolated from male β-arrestin-2 WT or KO mice subcutaneously implanted with

50 mg morphine pellet for 7 days or male SW mice subcutaneously implanted with 75 mg morphine

pellet for 7 days using the procedure described above. Isolated cells were incubated as described above

in Neurobasal-A media supplemented with growth factors and antibiotic-antimycotic solution for 15-18

hours.

**Whole-cell patch clamp electrophysiology**

Coverslips with adherent cells were transferred to a microscope stage plate continuously

superfused with external physiological salt solution composed of 135 mM NaCl, 5.4 mM KCl, 0.33 mM

$NaH_2PO_4$, 5 mM HEPES, 5 mM glucose, 2 mM $CaCl_2$ and 1 mM $MgCl_2$, and adjusted to a pH of 7.4 with 1

M NaOH. Patch pipettes (2-4 MΩ) made from pulled (Model P-97 Flaming-Brown Micropipette Puller,

Sutter Instruments, Novato, CA) and fire-polished borosilicate glass capillaries (World Precision

Instruments, Sarasota, FL) were filled with internal physiological solution and used to form a GΩ

resistance seal with the cell. The internal physiological solution was composed of 100 mM L-aspartic acid

(K salt), 30 mM KCl, 4.5 mM $Na_2ATP$, 1 mM $MgCl_2$, 10 mM HEPES, 0.1 mM EGTA and 0.5 mM NaGTP and

pH adjusted to 7.2 with 3 M KOH. 100 nM Bis XI was added to the internal physiological solution in

experiments designed to test the effect of PKC inhibition on cellular tolerance. Whole-cell current clamp

recordings were made at room temperature using HEKA EPC 10 amplifier (HEKA, Bellmore, NY) at a 10

kHz sampling frequency and 2.9 kHz low-pass Bessel filtering. PatchMaster v2x60 (HEKA) was used for pulse generation and data acquisition. All current clamp recordings were performed five minutes after achieving whole-cell mode to allow dialysis of internal solution. Experiments were performed only on cells with healthy morphology and stable patch. Ileum myenteric plexus neurons were held at 0 pA resting current and a 10 pA pulse was applied in 5 pA steps starting from -30 pA to assess passive and active cells properties. Previously, myenteric plexus neurons with after-hyperpolarization (AHP) have been demonstrated to respond to morphine in patch clamp experiments (Smith *et al.*, 2012, 2014). Furthermore, in the present study we observed that MOR-mCherry-positive ileum neurons that responded to morphine in patch clamp experiments exhibited AHP (Fig. S2). Therefore, only ileum myenteric plexus neurons with AHP were tested in experiments.

Effect of morphine on excitability of ileum neurons was evaluated by superfusing external physiological solution containing 3 μM morphine and measuring action potential characteristics every two minutes for up to 16 minutes. Active and passive cellular properties such as threshold potential ($V_{thresh}$), action potential spike height, resting membrane potential ($V_{rest}$) and input resistance ($R_{input}$) were compared before and after 3 μM morphine exposure. Action potential threshold was defined as the voltage at which the first derivative of the membrane voltage with respect to time (dV/dt) significantly deviated from zero in the course of an action potential upstroke. It was used as the primary measure of neuronal excitability in our experiments. Cellular tolerance was assessed identically in cells either incubated with 10 μM morphine overnight or isolated from mice implanted with one 75 mg or two 25 mg morphine pellets for 7 days. Values reported were not corrected for junction potentials (~12 mV). In all patch clamp experiments, "N" represents the total number of cells within each group from which recordings were obtained. These values represent independent observations and not replicate values. Cells were isolated from at least 3-5 different animals. Where indicated, threshold potential

change from baseline values was calculated using the formula: threshold potential change = (Test

threshold potential at 16 minutes) – (baseline threshold potential).

**Behavioral testing**

All testing was conducted in a temperature and light-controlled room in the light phase of the

12-hour light/dark cycle. Mice were acclimated to the testing room for at least 15-18 hours before

commencing experiments to eliminate confound from potential stress-induced effects on

antinociception and gastrointestinal motility (Sorge *et al.*, 2014). All animals were randomly divided into

control and treatment groups. Mice were excluded from experiments if they exhibited wounds from

aggressive interactions with cage mates, since injury-induced activation of the endogenous opioid

system could confound nociceptive and gastrointestinal motility assays (Corder *et al.*, 2013).

Experimenters were not blinded to the identity of the groups; however, all behavioral testing was

performed and repeated by multiple experimenters (K.H.M., J.C.J., I.A., S.H. and A.K) to ensure reliability

of results.

**Charcoal meal transit assay**

The charcoal meal transit assay was used to measure gastrointestinal motility through the small

intestine. In this assay, mice were fasted for 4-6 hours with *ad libitum* access to water on a wire mesh to

prevent consumption of feces and bedding. Fasted mice were injected subcutaneously with either saline

(10 µL/g of body weight) or morphine (10 mg/kg) 30 minutes before administering a suspension of 5%

aqueous charcoal in 10% gum arabic by oral gavage at dose of 10 µL/g of body weight. 20 minutes later,

mice were euthanized by cervical dislocation and the entire small intestine from the jejunum to the

cecum was resected. Distance traveled by the leading edge of the charcoal meal was measured as a

percentage of the total length of the small intestine and represented as % charcoal transit.

**Total Gastrointestinal Transit Assay with Carmine Dye.**

Total oral to anal GI transit time was measured using the carmine red dye method as previously

described (Kimball *et al.*, 2005; Li *et al.*, 2011). A solution of carmine red, which cannot be absorbed

from the lumen of the gut, consisted of 6% (w/v) carmine red dye powder in 0.5% (w/v)

carboxymethylcellulose vehicle (in ddH$_2$0). Each animal was orally gavaged with 150 µl of the carmine

red solution through a 21-gauge round-tipped feeding needle and immediately placed in an empty cage

with no bedding. Animals had access to water, but no food, during testing. The time of gavage was

recorded as T$_0$. Fecal pellets were monitored in 15-minute intervals for the presence of carmine red in

the feces. Total transit time was determined as the interval between T$_0$ and the production of the first

fecal pellet fully incorporating the carmine dye. These times are reported as Total Transit Time in

minutes. The studies were capped at 300 minutes. Where noted, total GI transit was also normalized

within subjects as percent maximum possible effect (%MPE) calculated as: [(Test day transit time-Day 0

baseline transit time)/ (300- Day 0 baseline transit time)] x 100, adapted from Harris and Pierson, 1964

(Harris and Pierson, 1964).

**Evaluating thermal nociception**

Thermal nociception was examined using the warm-water tail-withdrawal assay. In the warm-

water tail-withdrawal assay, mice were gently secured in a cloth and the distal 1/3rd of the tail was

immersed in a water bath warmed to 56$^\text{o}$C $\pm$ 0.1$^\text{o}$C or 52$^\text{o}$C $\pm$ 0.1$^\text{o}$C. The latency to withdraw the tail

from the water was recorded. A maximum cut-off of 10 seconds was set to prevent damage to the tail.

Only naïve mice with control latency between 2 and 4 seconds were used in experiments. Tolerance was

assessed by challenging mice with an acute subcutaneous injection of 10 mg/kg morphine, which was

the ~ED80 dose of morphine in male mice. Morphine challenge latency was compared against baseline

latency. Where indicated, antinociception was quantified as %MPE, which was calculated as follows:

%MPE= [(morphine challenge latency-baseline latency)/ (10-baseline latency)] x 100, adapted from

Harris and Pierson, 1964 (Harris and Pierson, 1964).

**Morphine cumulative dose response curve**

Baseline tail-withdrawal latencies were recorded as described above for 7-day placebo or

morphine-pelleted (MP) male or female β-arrestin-2 mice. Placebo-pelleted (PP) mice were injected

subcutaneously every 30 minutes with 0.5, 0.5, 1, 2, 4 and 8 mg/kg morphine to achieve final cumulative

doses of 0.5, 1, 2, 4, 8 and 16 mg/kg morphine. The final cumulative morphine doses evaluated in

morphine-pelleted mice were 2, 4, 8, 16, 32, 64 and 128 mg/kg s.c. morphine. Tail-withdrawal latencies

were recorded every 30 minutes, following which mice were immediately injected with the next

morphine dose. Antinociception was quantified as %MPE as described above.

**Tamoxifen reversal of tolerance**

To assess the role of PKC in the mechanism of morphine tolerance, male SW mice were

implanted subcutaneously with one 75 mg morphine or placebo pellet for 7 days. On the test day (Day

7), mice were fasted for 4-6 hours on a wire-mesh with *ad libitum* access to water. Subsequently, mice

were injected intraperitoneally with 0.6 mg/kg tamoxifen in corn oil or only corn oil. 30 minutes later, 10

mg/kg morphine s.c. was injected and an additional 30 minutes later tail-withdrawal latency was re-

tested to evaluate antinociception. The tamoxifen treatment protocol was adopted from Withy et al.

(Withey *et al.*, 2017). Subsequently, each mouse received an oral gavage of 10 μL/g charcoal meal and

20 minutes later charcoal transit was assessed.

**RNA isolation and real-time PCR**

Quantitative real-time polymerase chain reaction (qRT-PCR) was performed on a Mini-Opticon real-time PCR system (Bio-Rad, Hercules, CA). Ribosomal 18S RNA was used as an internal control. Spinal cord samples were isolated from naïve male β-arrestin-2 WT and KO mice, and TRIzol (Thermo Fisher Scientific, Waltham, MA) was used to extract total RNA according to the manufacturer's protocol. A spectrophotometer (Smart Spec Plus, Bio-Rad, Hercules, CA) was used to determine the concentration and purity of RNA samples. iTaq Universal SYBR Green One-Step Kit (Bio-Rad, Hercules, CA) was used to perform real-time PCR. 200 ng total RNA was added to the reaction mixture. Expression of the β-arrestin-2 gene relative to 18S expression was quantified using the ΔΔCt method and plotted as fold change over 18S expression. Spinal cord samples were obtained from four β-arrestin-2 WT and KO mice each and PCR analysis was duplicated for each sample. Primers utilized in this study were as follows:

| Target gene | Primer sequence |
|---|---|
| **Mouse β-arrestin-2** | Forward: 5'-TCGAGCCCTAACTGCAAG-3' |
| | Reverse: 5'-CCCTGTGGCTTCTTCAGACT-3' |
| **Mouse 18S** | Forward: 5'-TCAAGAACGAAAGTCGGAGG-3' |
| | Reverse: 5'-GGACATCTAAGGGCATCAC-3' |

**Table 1. Primer sequence of mouse β -arrestin-2 and 18S**

**Analysis of published single-cell RNA sequencing data of mouse ileum myenteric plexus and dorsal root ganglia neurons**

Single-cell RNA sequencing data of naïve mouse ileum myenteric neurons and dorsal root ganglia (DRG) neurons published by Zeisel et al. (Zeisel *et al.*, 2018) available at http://mousebrain.org/genesearch.html) and Usoskin et al. (Usoskin *et al.*, 2015); available at http://linnarssonlab.org/drg/), respectively, was analyzed to visualize the expression of indicated genes in heat maps. Ileum neurons were isolated from the myenteric plexus and clustered into ENT 1-9 by Zeisel et al., and DRG neurons from L4-L6 were isolated and clustered into NP (non-peptidergic) 1-3, PEP (peptidergic) 1-2, NF (neurofilament) 1-5 and TH (tyrosine hydroxylase) by Usoskin et al. Mean expression of *Oprm1,, Scn9a, Scn10a, and Trpv1* was normalized and plotted as a heat map using Graphpad Prism (Figs. S3A and S3B).

**Data analysis**

Data analysis was performed in GraphPad Prism 8.0 (GraphPad Software, Inc., La Jolla, CA). Results for each experiment were expressed as mean ± SEM. The statistical tests used for data analysis are indicated in the text or figure legends. The various tests used were: 2-tailed unpaired Student's t-test, repeated measures one-way ANOVA with Dunnett's post-test, repeated measures two-way ANOVA with Sidak's post-test and ordinary two-way ANOVA with Tukey's post-hoc test. Experiments involving three independent variables were analyzed using three-way ANOVA or mixed-effects (REML) analysis with Tukey's or Sidak's post-hoc test. Data were statistically significant when $P < 0.05$.

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**Authorship Contributions:**

K.H.M., J.C.J. and H.I.A. intellectually conceived and designed the experiments. K.H.M., J.C.J., I.A., S.H.,

A.K. and M.K. conducted experiments, and K.H.M., J.C.J. and H.I.A. performed data analysis. H.I.A. and

W.L.D. supervised the project. K.H.M., H.I.A., J.C.J. and W.L.D. wrote or contributed to the writing of the

manuscript and all authors approved.

**Competing Interests:**

The authors declare no conflict of interest or competing financial interests.

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**Supplementary Tables and Figures**

| Related to Figure ## | | Main effect | F (DFn, DFd) | P value |
|---|---|---|---|---|
| **1** | **A** | Cumulative morphine dose x Sex x Pellet pre-treatment on tail-withdrawal % MPE | F (8, 112) = 13.74 | <0.0001 |
| | **B** | Cumulative morphine dose x Pellet pre-treatment on tail-withdrawal % MPE | F (8, 80) = 7.477 | <0.0001 |
| **3** **Ileum neurons** | **A** | Pre-treatment x Acute morphine challenge on $\beta$arr2 WT Ileum $V_{thresh}$ | F (2, 16) = 24.55 | <0.0001 |
| | **B** | Pre-treatment x Acute morphine exposure time on $\beta$arr2 WT Ileum $V_{thresh}$ | F (16, 104) = 1.892 | 0.0292 |
| | **C** | Pre-treatment x Acute morphine challenge on $\beta$arr2 KO Ileum $V_{thresh}$ | F (2, 17) = 21.51 | <0.0001 |
| | **D** | Pre-treatment x Acute morphine exposure time on $\beta$arr2 KO Ileum $V_{thresh}$ | F (16, 136) = 2.042 | 0.0145 |
| | **E** | Pre-treatment x Genotype on $V_{thresh}$ change | F (2, 33) = 1.498 | 0.2383 |
| **4** **Male SI Transit** | **A** | Pellet pre-treatment x Genotype | F (1, 19) = 0.02683 | 0.8716 |
| | **B** | Pellet pre-treatment x Genotype | F (1, 19) = 0.1816 | 0.6748 |
| | **C** | Pellet pre-treatment x Genotype | F (1, 26) = 1.584 | 0.2194 |
| | **D** | Pellet pre-treatment x Genotype | F (1, 30) = 2.727 | 0.1091 |
| **5** **Female SI Transit** | **A** | Pellet pre-treatment x Genotype | F (1, 15) = 5.019 | 0.0406 |
| | **B** | Pellet pre-treatment x Genotype | F (1, 22) = 0.8978 | 0.3537 |
| **6** | **A** | Pellet pre-treatment x Acute tamoxifen challenge on charcoal transit | F (1, 24) = 27.75 | <0.0001 |
| | **B** | Bis XI x Acute morphine challenge on $V_{thresh}$ of ileum neurons | F (1, 12) = 19.77 | 0.0008 |

| | | | | |
|---|---|---|---|---|
| 7 | A | Days exposed to morphine pellet on tail-withdrawal latency | F (1.9, 15.5) = 62.14 | <0.0001 |
| | B | Pellet pre-treatment x Acute challenge on tail-withdrawal % MPE | F (1, 16) = 1.740 | 0.2057 |
| | C | Pellet pre-treatment x Acute challenge on % charcoal transit | F (1, 16) = 147.2 | <0.0001 |
| 8 | A | Days exposed to pellet x pellet pre-treatment | F (7, 104) = 17.56 | <0.0001 |
| | B | Days exposed to pellet x pellet pre-treatment | F (5, 65) = 14.48 | <0.0001 |

**Table S1. Figure-wise results highlighting the main effect of ANOVA analyses.**
SI=Small Intestine; TW=Tail-withdrawal

**Figure S1. Relative expression of mouse β-arrestin-2 mRNA normalized to mouse 18S.** Expression of βarr2 extracted from spinal cord of naïve βarr2 WT and KO male mice. N=4 mice/group; n=8, including technical repeats. **P<0.01 (versus βarr2 WT) by two-tailed unpaired t-test (t=3.664, df=14). Line and error are mean ± SEM.

**A**

**mCherry positive ileum neurons**

**B**

| $V_{thresh}$ | Ileum neurons |
|---|---|
| **Baseline** | -24.0 ± 2.8 mV |
| **+ 3 µM morphine** | -20.42 ± 2.9 mV |

**Figure. S2. Acute morphine increased threshold potential of mCherry-positive ileum myenteric plexus neurons.** (A) 3 µM morphine increased the threshold to fire action potential in mCherry-positive ileum myenteric plexus neurons. *P<0.05 and **P<0.01 by two-tailed paired t-test. All mCherry-positive ileum neurons exhibited after-hyperpolarization. (B) Action potential threshold in mCherry-positive neurons at baseline and after 3 µM morphine exposure. Values are mean ± SEM.

**A**

**Ileum myenteric neurons**

| | ENT7 | ENT6 | ENT8 | ENT2 | ENT3 | ENT5 | ENT4 | ENT9 | ENT1 |
|---|---|---|---|---|---|---|---|---|---|
| *Oprm1* | 100.00 | 87.50 | 63.95 | 48.24 | 39.98 | 15.91 | 6.69 | 0.00 | 0.00 |
| *Scn9a* | 16.69 | 40.99 | 68.06 | 11.87 | 5.83 | 2.73 | 0.00 | 100.00 | 20.85 |
| *Scn10a* | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 100.00 | 0.00 |

**B**

**DRG neurons**

| | NP3 | NP2 | PEP2 | NP1 | PEP1 | NF4 | TH | NF1 | NF3 | NF2 | NF5 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| *Oprm1* | 100.00 | 50.00 | 47.20 | 22.40 | 18.80 | 18.00 | 1.60 | 0.00 | 0.00 | 0.00 | 0.00 |
| *Scn9a* | 96.53 | 84.43 | 98.46 | 70.01 | 50.32 | 29.21 | 100.00 | 49.81 | 85.84 | 67.05 | 0.00 |
| *Scn10a* | 54.87 | 82.24 | 77.37 | 100.00 | 36.97 | 0.00 | 29.87 | 0.00 | 0.00 | 0.00 | 0.00 |
| *Trpv1* | 100.00 | 48.20 | 10.12 | 5.49 | 53.69 | 7.72 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |

**Figure S3. Gene expression profile of select transcripts in naïve mouse ileum and DRG neurons.** Heat maps of normalized gene expression in (A) ileum myenteric plexus and (C) L4-L6 DRG neuron clusters. Correlation heat maps of genes of interest in (B) ileum myenteric and (D) DRG neurons. Single-cell RNA seq data of the mouse (A, B) ileum myenteric plexus and (C, D) DRG was obtained from Zeisel et al., 2018 and Usoskin et al., 2015, respectively. (C) '□' indicates the presence of myelination in DRG neuron subsets. Gene data was normalized to the cluster expressing the most transcript.