

1 **Ivermectin inhibits extracellular vesicle secretion from parasitic nematodes**

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15 **Abstract**

16 Lymphatic filariasis (LF) is a disease caused by parasitic filarial nematodes that is endemic in 49
17 countries and affects or threatens over 890 million people. Strategies to control LF rely heavily on
18 mass administration of anthelmintic drugs including ivermectin (IVM), a macrocyclic lactone drug
19 considered an Essential Medicine by the WHO. However, despite its widespread use the therapeutic
20 mode of action of IVM against filarial nematodes is not clear. We have previously reported that
21 filarial nematodes secrete extracellular vesicles (EVs) and that their cargo has immunomodulatory
22 properties. Here we investigate the effects of IVM and other anti-filarial drugs on parasitic
23 nematode EV secretion, motility, and protein secretion. We show that inhibition of EV secretion
24 was a specific property of IVM, which had consistent and significant inhibitory effects across
25 nematode life stages and species (with the exception of male parasites). IVM inhibited EV
26 secretion, but not parasite motility, at therapeutically relevant concentrations. Protein secretion was
27 inhibited by IVM in the microfilariae stage, but not in any other stage tested. Our data provides
28 evidence that inhibiting the secretion of immunomodulatory EVs by parasitic nematodes could
29 explain, at least in part, IVM mode of action and provides a phenotype for novel drug discovery.

30

31 **Keywords:** ivermectin, macrocyclic lactone, extracellular vesicle, lymphatic filariasis, *Brugia*
32 *malayi*, parasite

33 **1. Introduction**

34 Lymphatic filariasis (LF) is a Neglected Tropical Disease caused by thread-like parasitic filarial
35 nematodes, including *Brugia malayi*, that establish in the lymphatic vasculature. LF is often
36 asymptomatic but symptoms manifest in approximately 40% of cases with lymphedema,
37 hydrocoele, dermatitis and long-term disability characterizing clinical disease. It is estimated that
38 LF is endemic in 49 countries and that over 890 million people are infected or at risk of infection
39 (World Health Organization, 2019). In 2000 the Global Programme to Eliminate Lymphatic
40 Filariasis was created with the goal of eliminating this disease by 2020 and although there has been
41 reduction in the prevalence of LF in some areas this disease is far from being eliminated. Strategies
42 to control LF and other filarial parasitic nematode infections rely heavily on mass administration of
43 the anthelmintic drugs ivermectin (IVM), albendazole (ABZ) and diethylcarbamazine (DEC) in
44 endemic areas. IVM is classified as an essential medication by the World Health Organization
45 (World Health Organization, 2019) and since 2000, over 7 billion treatments have been delivered to
46 at risk individuals (World Health Organization, 2019), however, this disease still remains an issue.
47 One challenge to eliminating LF centers on the inadequate drugs that are currently available; neither
48 IVM, ABZ or DEC effectively kill adult parasites, thus established infections are incurable.
49 Compounding this and despite their widespread use, the therapeutic modes of action of IVM, and to
50 a lesser extent DEC, are not entirely clear.

51 A current working hypothesis for the therapeutic activity of IVM is that it inhibits the release of
52 excretory-secretory (ES) products from parasites; this inhibition is postulated to “unmask” the
53 parasite allowing for host recognition and parasite clearance (Moreno *et al.*, 2010). In support is the
54 acceptance that the host immune system is involved in filarial parasite elimination, especially in the
55 clearance of microfilaria (mf) stage worms (Carithers, 2017; Wolstenholme *et al.*, 2016) and data
56 from experiments such as Berrafato *et al.* showing that IVM enhanced leukocyte binding to
57 *Dirofilaria immitis* mf and Semnani *et al.* who showed that IVM could reverse the modified Th2
58 phenotypes caused in filaria infected patients (Berrafato *et al.*, 2019; Semnani *et al.*, 2006). There is

59 widespread support that ES products from filarial nematodes do modulate host immune responses.
60 Early filarial nematode infection elicits a canonical Th2 immune response characterized by
61 increased production of the cytokines interleukin (IL)-4, IL-5, IL-9, IL-10, and IL-13 and the
62 antibody isotypes IgG1, IgG4 (in humans), and IgE and increased production of Th2 cells,
63 eosinophils, alternatively activated macrophages, and innate lymphoid cells 2 (ILC2) (Allen &
64 Maizels, 2011; Geary *et al.*, 2010). With development of chronic filarial infection the Th2 response
65 becomes “modified” to a more tolerant, regulatory environment with increased IL-4, IL-10, T_{reg} and
66 alternatively activated macrophage proliferation and reduction in IL-5, IL-13 and T cell
67 proliferation coupled with T cell anergy and decreased antigen presenting capabilities (Babu &
68 Nutman, 2014). There is considerable evidence that filarial nematode parasites contribute to this
69 “modified” phenotype but the exact parasite factors driving this manipulation remain uncertain.

70 Extracellular vesicles (EVs) are membrane-bound vesicles secreted into the extracellular
71 environment by eukaryotic and prokaryotic cells. Although once thought to be carriers of waste
72 products, it has been shown that EVs function in many physiological processes and are important
73 mediators of cell-to-cell signaling (Bobrie *et al.*, 2011; Lee *et al.*, 2012; Raposo *et al.*, 1996; Valadi
74 *et al.*, 2007). EVs are considered a heterogenous group of sub-cellular structures that can be
75 subdivided based on size and biogenesis. Primary focus has been on two subsets of EVs,
76 microvesicles that range from 150-1,500 nm and a smaller grouping (30-150 nm) originally termed
77 exosomes (Johnstone *et al.*, 1987). Exosomes are products of the endosomal pathway and are
78 derived from multivesicular bodies (MVBs) that fuse with the cell membrane to secrete the vesicles
79 into the extracellular space (Catalano & O’Driscoll, 2020; Riaz & Cheng, 2017; Vlassov *et al.*,
80 2012). Consistent with a role in cell-to-cell communication, EVs contain diverse functional cargo
81 that varies depending on the cellular origin of the EVs, but in general include bioactive proteins,
82 RNA and lipids (Thery *et al.*, 2002; Valadi *et al.*, 2007). EV secretion from diverse parasitic
83 nematodes has been described (Buck *et al.*, 2014; Coakley *et al.*, 2017; Eichenberger, Ryan, *et al.*,
84 2018; Eichenberger, Talukder, *et al.*, 2018; Gu *et al.*, 2017; Hansen *et al.*, 2015, 2019; Harischandra

85 *et al.*, 2018; Shears *et al.*, 2018; Tritten *et al.*, 2017; Tzelos *et al.*, 2016; Zamanian *et al.*, 2015) and
86 the cargo of these EVs have immunomodulatory functions (Buck *et al.*, 2014; Quintana *et al.*, 2017;
87 Tritten *et al.*, 2016). We have previously reported that *B. malayi* secretes EVs and that their cargo
88 has putative immunomodulatory properties (Harischandra *et al.*, 2018; Zamanian *et al.*, 2015).
89 Driven by these emerging data, EVs have been advanced as a potential mechanism by which
90 parasites modulate host immune responses (Buck *et al.*, 2014; Coakley *et al.*, 2017; Eichenberger,
91 Sotillo, *et al.*, 2018; Harischandra *et al.*, 2018).

92 We propose that nematode EVs are essential for filarial nematode parasitism and hypothesize that
93 effective anti-filarial drugs inhibit their secretion. To investigate this hypothesis, a panel of anti-
94 filarial drugs was screened for their ability to reduce EV secretion from parasitic nematodes. We
95 found that IVM had the most consistent inhibitory effects on EV secretion by various species and
96 life stages of parasite. Importantly, however, IVM had insignificant effects on motility and limited
97 effects on protein secretion at therapeutically relevant concentrations and timepoints. These
98 observations provide insight into the mechanism of action of IVM and may support prioritizing
99 inhibition of EV secretion as a screenable phenotype for novel anti-filarial drug development.

100

101 **2. Materials and Methods**

102 **2.1 Parasite culture and maintenance**

103 *Brugia malayi* and *B. pahangi* parasites were obtained from the NIH/NIAID Filariasis Research
104 Reagent Resource Center (FR3) at the University of Georgia, USA. Persistent *B. malayi* infections
105 at FR3 are maintained in domestic short-haired cats. To obtain adult stage *B. malayi* jirds were
106 infected intraperitoneally with approximately 400 L3 stage parasites. 120 days post-infection jirds
107 were necropsied to collect adult stage parasites. L3 stage *B. malayi* were obtained from dissection
108 of anesthetized *Aedes aegypti* 14 days post-infection. Microfilaria stage *B. malayi* were obtained

109 from a lavage of the peritoneal cavity of a euthanized gerbil. *B. pahangi* stages were obtained in the
110 same manner as *B. malayi* with the exception that infective L3 stage parasites were collected 11
111 days and 16 days post-infection, respectively. The *B. malayi* parasite supply from FR3 was
112 supplemented with parasites from TRS Labs LLC (Athens, Georgia, USA). These supplemental
113 parasites were tested and responded to treatments in the same manner as parasites from FR3. Upon
114 receipt at ISU, all *B. malayi* and *B. pahangi* parasites were washed several times in warmed worm
115 culture media (RPMI with 1% HEPES, 1% L-glutamine, 0.2% Penicillin/Streptomycin, and 1% w/v
116 glucose [all Thermo Fisher Scientific, Waltham, MA]) and then counted and cultured at 37°C with
117 5% CO₂. Adult female *Ascaris suum* were collected from an abattoir in Marshalltown, Iowa, USA.
118 These parasites were washed multiple times in warmed *Ascaris* Ringer's Solution (13.14 mM NaCl,
119 9.67 mM CaCl₂, 7.83 mM MgCl₂, 12.09 mM C₄H₁₁NO₃, 99.96 mM C₂H₃NaO₂, 19.64 mM KCl
120 with Gentamycin (100 µg/ml), Ciprofloxacin Hydrochloride (20 µg/ml), penicillin (10,000
121 units/ml), streptomycin (10,000 µg/ml), and Amphotericin B (25 µg/ml) at pH 7.87 [all Sigma-
122 Aldrich, St Louis, MO]) and then incubated overnight at 34°C. After 24 hrs in culture the parasites
123 were checked for visible signs of bacterial or fungal contamination; if present the parasites were
124 discarded.

125

126 **2.2 Drug treatments of parasites**

127 Parasites were cultured in the presence or absence of drug to examine effects on extracellular
128 vesicle (EV) secretion. For *B. malayi* and *B. pahangi*, 10 adult female and 10 adult males were
129 cultured as previously described for 24 hrs in 10 ml and 3 ml culture media, respectively, in 15 ml
130 polypropylene centrifuge tubes (Thermo Fisher Scientific). 100 L3 or 1x10⁶ microfilariae were
131 cultured as previously described for 24 hrs in 1 ml culture media in 1.5 ml microcentrifuge tubes
132 (Thermo Fisher Scientific). Single adult female *A. suum* were cultured in 100 ml culture media in
133 250 ml sterile Erlenmeyer flask for 24 hrs as previously described. Four drugs, ivermectin,
134 albendazole, diethylcarbamazine, and levamisole (all Sigma-Aldrich) were investigated for their

135 effects on each life stage of the parasite species. The various drugs or DMSO (vehicle control) were
136 added to the culture media at a final concentration of 1 μ M and 0.01% respectively for screening
137 purposes. Spent media was collected after a 24 hr incubation. Additionally, drug and control treated
138 *A. suum* and *B. pahangi* media was collected at 2, 4, 6, and 12-hr intervals to investigate the time
139 course of the effects of the drugs. A dose curve for the effects of ivermectin on *B. malayi* were
140 conducted in the same manner as described above with concentrations ranging from 0.1 nM – 10
141 μ M.

142

143 **2.3 EV Isolation and Quantification**

144 EVs were collected as previously described using differential ultracentrifugation (Harischandra *et*
145 *al.*, 2018; Zamanian *et al.*, 2015). Media was filtered through 0.2 μ m PVDF filtered syringes (GE
146 Healthcare, Chicago, IL) or PVDF vacuum filters (Sigma-Aldrich) and centrifuged at 120,000 x *g*
147 for 90 minutes at 4°C. The supernatant was decanted leaving approximately 1.5 ml media to ensure
148 that the EV pellet was not disrupted. The retained media and pellet were filtered through a PVDF
149 0.2 μ m syringe filter and centrifuged at 186,000 x *g* for a further two hrs at 4°C. Pelleted EV
150 samples were resuspended to 500 μ l in dPBS (Thermo Fisher Scientific). EV quantification and size
151 determination were performed using nanoparticle tracking analysis (NTA; Nano-Sight LM10,
152 Malvern Instruments, Malvern, UK).

153

154 **2.4 Motility Analysis**

155 The Worminator system developed and described by Marcellino *et al.* (2012) was used to
156 quantitatively measure motility of adult filarial nematodes in microtiter plates. Microscopic parasite
157 life stages were quantitatively analyzed by the same software, but with methods previously
158 described by Storey *et al.* (2014). Briefly, a single adult male or female worm was cultured in one

159 well of a standard 24-well cell culture plate (Sigma-Aldrich). For infective L3 stage worms, 10
160 worms were cultured per well of a 96-well plate (Corning Inc, Corning, NY). Drug or DMSO
161 (vehicle control) was added to each well to a final concentration of 1 μ M or 0.01% respectively.
162 Worms were incubated at 37°C and 5% CO₂ and measurements were briefly taken, at room
163 temperature, prior to treatment, immediately after treatment (0 hrs) and at 2, 4, 6 and 24-hrs post
164 treatment. Measurements of the effects of doses of ivermectin ranging from 0.1 nM – 10 μ M on
165 adult female *B. malayi* were conducted at 24 hrs post treatment.

166

167 **2.5 SF21 Cell Culture**

168 Sf21 cells (Thermo Fisher Scientific) were maintained in Ex-Cell 420 serum free media (Sigma
169 Aldrich) with 1% Penicillin/Streptomycin and 0.25 ug/ml Amphotericin B. Cells were seeded at a
170 density of 3×10^5 cells/well in a 6-well plate. After an overnight incubation at 28°C, cells were either
171 treated with a final concentration of 1.0 μ M ivermectin, 0.1 μ M ivermectin or 0.01% DMSO
172 (vehicle control). Spent media was collected after 24 hrs and processed for EV isolation as
173 described above with the addition of an initial centrifugation step of 12,000 x g for 30 minutes at
174 4°C to eliminate cellular debris.

175

176 **2.6 Protein Quantification Assay**

177 A single *B. malayi* adult or 100,000 microfilariae were cultured per well of a 24-well plate with
178 either drug or DMSO at a final concentration of 1.0 μ M or 0.01%, respectively, for 24 hrs. A
179 concentration-response curve for ivermectin was conducted on adult female worms with
180 concentrations ranging from 0.1 nM – 10 μ M. Spent media was collected and filtered through a 0.2
181 μ M PVDF membrane filter (GE Healthcare) 500 μ l of media were concentrated using a 0.5 mL,
182 3,000 Da Amicon Ultra centrifugal filter unit (Sigma-Aldrich) according to manufacturer's

183 instructions. Media samples were concentrated by centrifuging at 14,000 x *g* for 30 minutes.
184 Samples were then washed with 500 μ l dPBS for 30 minutes at 14,000 x *g*. The washing step was
185 repeated four times. The volume of each sample was determined, and all samples were normalized
186 to 150 μ l with dPBS. Adult female samples were then further diluted 4-fold with dPBS while adult
187 male, L3 stage and microfilariae were diluted 2-fold with dPBS to ensure that readings would fall
188 within the standard curve. Total protein was quantified with Pierce micro BCA kit (Thermo Fisher
189 Scientific) according to manufacturers' instructions. Protein assay plates were quantified using a
190 SpectraMax M2e plate reader (Molecular Devices, San Jose, CA).

191

192 **2.7 Statistical Analysis**

193 Due to some variation among individual parasites and between batches of parasites, experiments
194 were conducted across multiple batches of parasite shipments, with each N representing parasites
195 from independent shipments. Individual control and treated worms within each batch were paired
196 together to help account for batch variation. EV NTA data was analyzed via a ratio-paired T-test
197 with p-values less than 0.05 being considered significant. Non-linear regressions with least squares
198 fit were used to analyze the dose response curves for ivermectin on *B. malayi* adult female EV
199 secretion, motility, and protein secretion. Motility data was analyzed via a RM 2-way ANOVA with
200 Geisser-Greenhouse correction followed by a Dunnet's multiple comparison test. Paired T-test
201 between each treatment for each life stage were used to analyze data from the protein assay as the
202 data contained values unsuited for a ratio-paired T-test. Due to the variability among batches and
203 individual parasites the ROUT outlier identification method was used to identify outliers in the data
204 (Q = 0.5%). All statistical analyses were performed using Prism 8.4.1. (GraphPad Software, San
205 Diego, CA).

206

207 **3. Results**

208 **3.1 Ivermectin inhibits EV secretion from *Brugia malayi* in a sex- and stage- specific manner**

209 In this study we investigated the effects of ivermectin (IVM) on *B. malayi* EV secretion *in vitro*.
210 Parasites were cultured at 37°C in the presence or absence of IVM and the number of EVs secreted
211 by the worms was quantified by nanoparticle tracking analysis (NTA). An initial screening
212 concentration of 1.0 µM IVM significantly reduced EV secretion after 24 hrs incubation from *B.*
213 *malayi* adult females by 59% ($p = 0.0204$, $N = 13$) and from L3 stage parasites by 31% ($p = 0.0067$,
214 $N = 19$). There was no significant effect on EV secretion from adult male ($p = 0.4028$, $N = 10$) or
215 microfilariae (mf) ($p = 0.2081$, $N = 13$) life stages (Fig 1A-D). The IVM concentration response in
216 adult female *B. malayi* was further profiled and the IC_{50} determined to be 7.7 nM (Fig 1E). Studies
217 conducted on the pharmacokinetics of a single dose of IVM in human subjects have determined
218 serum levels to be between 20-70 nM (González Canga *et al.*, 2008). IVM therefore inhibits EV
219 secretion in adult female parasites at therapeutically relevant concentrations suggesting that this
220 phenomenon may contribute to IVM therapeutic mode of action.

221 These observations on the inhibitory effect of IVM on EV secretion from adult female and L3 stage
222 *B. malayi* generally align with preliminary data previously reported, (Harischandra *et al.*, 2018)
223 with the exception of the lack of inhibition in adult males and a reduced inhibition in mf stages. The
224 previously reported inhibitory effect on EV secretion from adult males was marginal, but the lack of
225 effect on mf is more surprising considering its prior robustness. Previously, mf were incubated with
226 IVM at ambient temperature whereas here they were incubated at 37°C. To test the impact of
227 temperature on the IVM phenotype in mf, we repeated the mf IVM incubation at ambient
228 temperature. Unlike at 37°C, 1.0 µM IVM significantly inhibited EV secretion by 46% ($p = 0.0177$,
229 $N = 8$) at ambient temperature (22°C) (Fig 2A). Control and treated parasites were still viable at the
230 end of the experiment indicating that it was not loss of viability or death of the parasites that had
231 caused inhibition of EV secretion. There are clear temperature-dependent effects on EV secretion
232 from mf stage worms, not only did incubation of mf at 37°C abrogate the inhibitory effect of IVM
233 on EV secretion, but it also increased EV secretion in untreated worms by approximately a factor of

234 7. Whilst logical to assume temperature changes impact worm physiology, there is a lack of data on
235 the effects of temperature on specific processes and functions in mf stage nematodes. We do know
236 that host temperature has no effect on the nocturnal periodicity of mf (Hawking, 1967) or on the
237 ability of mf to bind to vascular endothelial cells (Schroeder *et al.*, 2017). Environmental
238 temperature may affect other physiological processes in mf leading to this increased production of
239 EVs, but further investigation into this phenomenon is necessary.

240 This temperature-dependent effect in mf prompted further efforts to determine the mechanism by
241 which IVM is inhibiting EV secretion. One hypothesis is IVM inhibits EV biogenesis in these
242 parasites. Nematode cell lines that might provide an opportunity to interrogate EV biogenesis are
243 lacking so Sf21 cells from the army fallworm, *Spodoptera frugiperda*, were used as an ecdysozoan
244 surrogate to examine the effect of IVM on EV biogenesis *in vitro*. Sf21 cells were treated with high
245 (1.0 μ M) and low (0.1 μ M) concentrations of IVM and EV secretion was analyzed by NTA after 24
246 hrs. Neither concentration of IVM inhibited EV secretion from Sf21 cells (Fig 2B), perhaps
247 suggesting the drug does not directly impact EV biogenesis. Another hypothesis is that IVM
248 disrupts the location from where EVs are secreted. The physical characteristics of EVs produced
249 from IVM-treated or DMSO-treated *B. malayi* adult females were analyzed by NTA. Although EVs
250 are, as a whole, a heterogenous population in regards to size, our data suggested that there was no
251 obvious shift in EV size profile following IVM treatment (Fig 2C). It might be expected that
252 disrupting the location from where EVs are secreted, for example the parasite GI tract or
253 reproductive structures, might alter their physical characteristics, but this was not observed. The
254 physical characteristics of EVs secreted by other *B. malayi* life stages were also analyzed
255 (Supplemental Figure 2A-C). Consistent with the adult female data, there were no differences in EV
256 size following IVM treatment of any life stage. Collectively, our data suggests that IVM works not
257 by altering EV biogenesis or changing the location from where EVs are secreted, but rather restricts
258 the numbers of EVs being secreted by pre-existing pathways.

259

260 **3.2 Other drugs with anti-filarial activity do not inhibit EV secretion from *B. malayi***

261 To examine if inhibition of EV secretion is a general feature of drugs with anti-filarial activity, we
262 tested a panel of drugs with known anti-filarial activity including albendazole (ABZ),
263 diethylcarbamazine (DEC) and levamisole (LEV). LEV is a nicotinic agonist and although more
264 typically used to treat gastrointestinal nematode infection, was included in the panel because it is an
265 anthelmintic drug with known neuromuscular effects on filarial nematodes (Martin, 1997;
266 Robertson *et al.*, 2013) and also because of reported microfilaricidal effects on canine heartworm,
267 *D. immitis* (Carlisle *et al.*, 1984; Mills & Amis, 1975). Parasites were cultured with or without an
268 initial screening concentration of 1.0 μ M drug and EVs were quantified using NTA. 1.0 μ M DEC
269 significantly increased EV secretion from *B. malayi* mf by 43% ($p = 0.0177$, $N = 7$) after 24 hrs
270 (Fig 1D). DEC also seemed to increase EV secretion in L3 (Fig 1C) though not significantly ($p =$
271 0.2236 , $N = 10$). Additionally, DEC had a moderate, but not significant, inhibition on EV secretion
272 in adult females ($p = 0.1704$, $N = 10$) and had no effect on adult males ($p = 0.2323$, $N = 9$) (Fig 1A-
273 B). There was a minor, but not significant, inhibition of EV secretion due to ABZ on *B. malayi*
274 adult females ($p = 0.4042$, $N = 10$), L3 ($p = 0.1564$, $N = 11$), and mf ($p = 0.7815$, $N = 7$) (Fig
275 1A,C,D). In contrast, ABZ treatment seemed to increase EV secretion from adult males (Fig 1B)
276 though not significantly ($p = 0.0821$, $N = 9$). LEV did not have an effect on EV secretion from
277 either male ($p = 0.1091$, $N = 11$) or female adults ($p = 0.8659$, $N = 9$) (Fig 1A-B). L3 stage parasites
278 showed a minor although not significant inhibition in EV secretion due to LEV treatment ($p =$
279 0.0719 , $N = 10$) while mf had a moderate, but not significant increase in EV secretion due to LEV
280 treatment ($p = 0.0770$, $N = 7$) (Fig 1C-D). In summary, none of the drugs in the panel significantly
281 inhibited EV secretion from any of the *B. malayi* life stages when tested at 1.0 μ M, except for DEC
282 which significantly increased EV secretion from *B. malayi* microfilariae. This is significant because
283 it suggests that inhibition of EV secretion by filarial nematodes may be a phenotype specific to IVM
284 treatment and is not observed upon treatment with other anthelmintic drugs that are known to have
285 anti-filarial activity, including a drug (LEV) that has clear neuromuscular effects on filarial worms.

286 This helps support the hypothesis that the mechanism of action of IVM, and perhaps other
287 macrocyclic lactones, includes inhibition of EV secretion.

288

289 **3.3 Ivermectin has broad inhibitory effects on EV secretion across other filarial and** 290 **gastrointestinal nematode parasites**

291 To test whether the inhibitory IVM phenotype in *B. malayi* was broadly consistent in nematodes,
292 we repeated the same screening experiment with our same drug panel using first a related species of
293 filarial nematode, *B. pahangi*. Our analysis was limited to *B. pahangi* adult females, adult males and
294 mf based on worm availability. All drugs in the panel significantly inhibited EV secretion from *B.*
295 *pahangi* adult female parasites. IVM treatment had the greatest reduction in EV secretion with an
296 inhibition of 63% ($p = 0.0083$, $N = 10$), while ABZ had an inhibition of 61% ($p = 0.0066$, $N = 12$),
297 DEC by 59% ($p = 0.0322$, $N = 12$) and LEV by 44% ($p = 0.0416$, $N = 11$) (Fig 3A). The IVM,
298 ABZ and DEC results generally paralleled the trends seen in *B. malayi* adult females, but with LEV
299 now also active. Neither IVM ($p = 0.9897$, $N = 11$), ABZ ($p = 0.9369$, $N = 13$), DEC ($p = 0.0925$, N
300 $= 12$), nor LEV ($p = 0.7558$, $N = 11$) had any effect on adult male *B. pahangi* (Fig 3B). Again, this
301 is consistent with the results seen in *B. malayi* adult male parasites. In mf stage *B. pahangi*, IVM
302 significantly reduced EV secretion by 40% at 37°C ($p = 0.0358$, $N = 4$) (Fig 3C), which contrasts
303 sharply with what was seen in *B. malayi* mf and perhaps better aligns with the expected bioactivity
304 of IVM at this life stage (Moreno *et al.*, 2010). While DEC significantly increased EV secretion in
305 *B. malayi* mf it did not have any effect on *B. pahangi* mf ($p = 0.6428$, $N = 3$) (Fig 3C). Lastly, ABZ
306 ($p = 0.6605$, $N = 3$) and LEV ($p = 0.4125$, $N = 3$) had no effect on EV secretion from *B. pahangi* mf
307 (Fig 3C). To investigate whether the inhibitory effects of IVM on EV secretion were seen in more
308 divergent nematode species we again repeated our screen on single adult female *Ascaris suum*, a
309 soil-transmitted gastrointestinal nematode. IVM ($p = 0.0013$, $N = 14$) and LEV ($p = 0.0021$, $N = 16$)
310 both significantly inhibited EV secretion from individual adult female *A. suum* after 24 hrs by

311 99.4% and 99.1% respectively (Fig 3E). However, neither ABZ ($p = 0.3769$, $N = 12$) nor DEC ($p =$
312 0.9680 , $N = 16$) had any effect on EV secretion (Fig 3E).

313 The size characteristics of those EVs that continued to be secreted by both adult female *B. pahangi*
314 (Fig 3D) and *A. suum* (Fig 3F) following IVM treatment was examined using NTA. As was seen in
315 *B. malayi*, IVM did not affect the physical characteristics of EVs produced from these other species
316 of parasites, providing additional evidence that the inhibitory bioactivity of IVM may not be
317 involved in changing from where EVs are secreted. The effects of the other drugs in our screening
318 panel on the size of EVs secreted by *B. malayi* and *B. pahangi* life stages were also analyzed
319 (Supplemental Fig 2A-E). None of the drugs tested had any effect on the physical characteristics of
320 EVs secreted.

321 *B. pahangi* and *A. suum* adult female worms secrete EVs more robustly than *B. malayi*. In the case
322 of *A. suum*, they secrete approximately 250 times more EVs than *B. malayi* in 24 hrs. This
323 positioned us to use these two species to better understand how rapidly IVM inhibits EV secretion
324 from susceptible parasitic nematodes. Adult female *B. pahangi* and *A. suum* parasites were treated
325 with $1.0 \mu\text{M}$ IVM as before and spent media collected at 2, 4, 6, 12 and 24 hrs post IVM treatment.
326 IVM significantly inhibited both *B. pahangi* and *A. suum* EV secretion by 63% ($p = 0.0076$, $N = 3$)
327 and 99.4% ($p = 0.0054$, $N = 3$), respectively, at the 24 hrs post-treatment timepoint (Fig 3G-H). In
328 addition, EV secretion was inhibited as early as at 12 hours post-treatment by 72% ($p = 0.1929$, $N =$
329 3) for *A. suum* and by 57% ($p = 0.0762$, $N = 3$) for *B. pahangi*, though not statistically significant
330 (Fig 3G-H). *In vivo* studies have shown IVM reduces microfilaremia in mice experimentally
331 infected with *B. malayi* 24 hrs post-treatment (Halliday *et al.*, 2014). Thus, the rapidity of onset for
332 this EV secretion phenotype is consistent with the therapeutic action of IVM. For context, other
333 IVM phenotypes have been identified at 24 hrs post-treatment timepoint, *in vitro* IVM reduces the
334 release of *B. malayi* mf from adult female worms (Tompkins *et al.*, 2010) and increases the binding
335 of polymorphonuclear leukocytes to *B. malayi* mf (Berrafato *et al.*, 2019) after 24 hrs. In canine

336 heartworms, IVM inhibits the motility of Missouri strain *D. immitis* 24 hrs post-treatment *in vitro*
337 (Maclean *et al.*, 2017).

338

339 **3.4 Ivermectin inhibition of EV secretion is not driven by loss of gross motor function**

340 Glutamate-gated chloride channels (GluCl) and nicotinic acetylcholine receptors (nAChRs), are
341 known targets for IVM and LEV, respectively (Arena *et al.*, 1991, 1992; Harrow & Gration, 1985).
342 GluCl have been identified in motor neurons and interneurons in various parasitic nematode species
343 (Adrian J. Wolstenholme & Rogers, 2005) and nAChRs have been identified at the neuromuscular
344 junction in filarial nematodes (Martin, 1997). Their locations lead to the discovery that IVM can
345 induce paralysis of pharyngeal pumping in *Haemonchus contortus* (Geary *et al.*, 1993) and both
346 IVM and LEV can cause paralysis of *B. malayi* parasites (Mostafa *et al.*, 2015; Tompkins *et al.*,
347 2010). Due to these documented effects it is plausible that the EV phenotype is driven by gross
348 motor function defects. To test this we examined the effect of our screening panel on gross motor
349 function by analyzing motility quantified using the Worminator software system (Marcellino *et al.*,
350 2012). Our analysis was limited to *B. malayi* adults and L3 stage parasites due to parasite
351 availability and difficulties in consistently recording the smaller mf life stage. A single *B. malayi*
352 adult or 10 L3 stage parasites were cultured in a 24-well or 96-well plate respectively with or
353 without 1.0 μ M drug. Video recordings were taken prior to treatment, immediately after treatment
354 (0 hrs), and at 2, 4, 6 and 24 hrs post-treatment. IVM significantly reduced adult female motility by
355 57% beginning at 4 hrs post-treatment ($p < 0.0001$, $N=5$) (Fig 4A). However, when the kinetics of
356 IVM treatment on adult female parasites was investigated it was observed that more therapeutically
357 relevant concentrations did not affect motility (Fig 4D). This is corroborated by other data that
358 shows that motility of *B. malayi* parasites was not inhibited by concentrations of IVM less than 2
359 μ M (Storey *et al.*, 2014; Tompkins *et al.*, 2010). This provides additional evidence that
360 therapeutically relevant concentrations of IVM do not affect filarial nematode motility. The IC_{50} for
361 IVM was determined to be 0.203 μ M. The IC_{50} for EV secretion (7.7 nM) was below that of

362 motility indicating that IVM is not reducing EV secretion by paralyzing the parasites. DEC ($p <$
363 0.001 , $N=5$) significantly inhibited adult female motility immediately upon treatment, but parasites
364 began to recover at one hr ($p < 0.01$, $N=5$) and completely recovered by 4 hrs post-treatment. LEV
365 ($p < 0.001$, $N=5$) significantly inhibited adult female motility by 88% immediately upon treatment,
366 but parasites began to recover during the remaining 24 hrs. At one hr post treatment LEV
367 significantly inhibited adult female motility by 71%, at four hrs by 40%, at six hrs by 35% and at 24
368 hrs by 29% (1-6 hrs post-treatment: $p < 0.0001$, $N=5$; 24 hrs: $P < 0.01$, $N = 5$). As was discussed
369 earlier, no drug in our panel had any effect on EV secretion in adult male *B. malayi*, but it was
370 discovered that LEV was a potent inhibitor of motility in adult male *B. malayi* (Fig 4B). Motility in
371 adult males was significantly inhibited by 70% upon treatment with LEV. Adult male parasites
372 treated with LEV did not recover with significant inhibition ranging from 70-76% over the 24 hrs
373 tested (1-24 hrs post treatment: $p < 0.0001$, $N=5$). The only drug that had any effect on *B. malayi* L3
374 parasites was also LEV with inhibition of motility by 90% immediately upon treatment ($p < 0.001$,
375 $N=5$) (Fig 4C). However, a very quick recovery of motility was seen in just one hour. In summary,
376 $1.0 \mu\text{M}$ IVM had inhibitory effects on *B. malayi* adult female motility, but this concentration does
377 not compare to therapeutically relevant concentrations or to the concentrations that inhibited EV
378 secretion. LEV also had inhibitory effects on motility in all life stages tested, but adult female and
379 L3 life stages recovered over 24 hrs while adult males did not recover. Due to the differences in
380 IVM effects on motility compared to EV secretion we can conclude that inhibition of EV secretion
381 is not a factor of parasite gross motor function being compromised.

382

383 **3.5 Ivermectin does not have parallel effects on EV and protein secretion**

384 Data indicate that IVM and ABZ inhibit protein secretion from *B. malayi* mf (Moreno *et al.*, 2010).
385 We have already shown that IVM can inhibit EV secretion from *B. malayi* so we hypothesized that
386 excretory-secretory (ES) proteins and EVs would similarly be affected by the screening drug panel.
387 Parasites were cultured with or without drug and ES protein secreted into the culture media was

388 quantified 24 hrs after treatment using BCA. We chose to examine the 24 hr time point as it is the
389 most consistent with IVM therapeutic mechanism of action. Unlike EV secretion, neither 1.0 μ M
390 IVM ($p = 0.8152$, $N = 5$), ABZ ($p = 0.9962$, $N = 5$), DEC ($p = 0.8863$, $N=5$) or LEV ($p = 0.1571$, N
391 $= 5$) had any effect on protein secretion from *B. malayi* adult females (Fig 5A,D). Similarly, no
392 effect of any drug on protein secretion was observed in adult males (IVM $p = 0.9400$, $N = 5$, ABZ p
393 $= 0.4906$, $N=5$, DEC $p = 0.9902$, $N = 5$, LEV $p = 0.8043$, $N = 5$) (Fig 5B). Inhibition of ES protein
394 secretion from *B. malayi* mf was noted after treatment with 1.0 μ M IVM (23%, $p = 0.0535$, $N = 5$)
395 (Fig 5C), however, ABZ had no effect on protein secretion ($p = 0.5827$, $N = 5$). DEC (0.5789, $N=5$)
396 and LEV ($p = 0.1648$, $N = 5$) also had no inhibitory effect on ES protein secretion from *B. malayi*
397 mf. The data do not exactly correlate to previously published work describing clear inhibitory
398 effects of IVM and ABZ protein release from *B. malayi* mf (Moreno *et al.*, 2010). The assay we
399 used to quantify ES protein secretion from *B. malayi* was slightly modified from that study but was
400 fundamentally the same. Despite tight technical replication, there was challenging biological
401 variability between worm batches and the low quantities of ES protein secreted necessitated a
402 concentration step, potentially exacerbating variability. Despite this, we have high confidence in
403 comparing this data with those of Moreno *et al* (2010). Both studies observed a rapid inhibition of
404 ES protein secretion from *B. malayi* mf following 24 hr treatment with 1.0 μ M IVM, although our
405 observed inhibition was moderately higher at 23% inhibition than Moreno *et al* with 14%. Further,
406 Moreno *et al* described an inhibitory effect of ABZ (more potent than that of IVM) that was not
407 observed here.

408

409 **4. Discussion**

410 IVM is a broad spectrum, anti-parasitic drug that is commonly used to treat and prevent multiple
411 diseases caused by parasitic nematodes. Even with its extensive usage, the therapeutic mechanism
412 of action of this drug is not completely understood (Wolstenholme *et al.*, 2016). The current
413 accepted hypothesis is that it functions, at least in part, by inhibiting secretion of ES proteins from

414 parasites thereby “unmasking” the parasites and facilitating host clearance (Moreno *et al.*, 2010).
415 Recent work has led to the characterization of the *B. malayi* secretome which, combined with RNA
416 sequencing approaches, has defined a complex milieu of proteins and miRNAs secreted from these
417 and other filarial parasites (Bennuru *et al.*, 2009; Hewitson *et al.*, 2008; Hoy *et al.*, 2014; Kaushal *et*
418 *al.*, 1982; Tritten *et al.*, 2016). Within this heterogenous mix of ES products are documented host
419 immunomodulatory effectors, including leucyl aminopeptidase (ES-62) and macrophage inhibiting
420 factor 1 (MIF-1), among others (Harnett *et al.*, 1998; Lal *et al.*, 1990; Pastrana *et al.*, 1998).
421 Therefore, the observation that IVM can inhibit the secretion of immunomodulatory ES products is
422 consistent with the rapid mf clearance observed after treatment in infected individuals. Although
423 there is evidence tying the inhibition of ES product secretion to the mode of action of IVM, the
424 critical ES products being inhibited are not immediately clear. In addition to freely secreted
425 proteins, we have identified that prodigious numbers of EVs are also found in the ES products of
426 filarial nematodes (Zamanian *et al.*, 2015). In this study we show that IVM significantly and
427 consistently inhibits EV secretion from *B. malayi* adult female, L3 and mf life stages, from *B.*
428 *pahangi* adult females and mfs, and from female gastrointestinal *A. suum* nematodes. This
429 inhibition occurs at therapeutically relevant concentrations ($IC_{50} = 7.7$ nM in adult female *B.*
430 *malayi*) and time frame (within 24 hrs and perhaps even by 12 hrs). Given these properties, it is
431 reasonable to hypothesize that the therapeutic mechanism of action of IVM against filarial
432 nematodes may, in part, involve inhibition of EV secretion. Although premature, there is growing
433 evidence to support this hypothesis. First, filarial nematode EVs are discrete structures that are
434 enriched in immunomodulatory molecules. The cargo of *B. malayi* EVs includes proteins and
435 miRNAs that have immunomodulatory functions and include modulatory proteins such as galectins
436 and MIF-1 as well as miRNAs with identity to immunomodulatory host miRNAs (Harischandra *et*
437 *al.*, 2018; Zamanian *et al.*, 2015). EVs from other nematode species are similarly imbued; protein
438 and small RNA profiling of EV cargo from a range of gastrointestinal and filarial nematodes reveals
439 a multitude of putative effector molecules with emerging functionality at the host-parasite interface

440 (Buck *et al.*, 2014; Eichenberger, Ryan, *et al.*, 2018; Eichenberger, Talukder, *et al.*, 2018; Gu *et al.*,
441 2017; Hansen *et al.*, 2015, 2019; Shears *et al.*, 2018; Tritten *et al.*, 2017). It is reasonable to posit
442 that specifically inhibiting EV secretion would obstruct the immunomodulatory capabilities of these
443 parasites. Second, the pharmacological disruption of EV secretion does not perfectly correlate with
444 the secretion of other ES products, hinting that the regulation of EV secretion may be distinct to that
445 of other ES products and therefore differentially “druggable”. IVM (1.0 μM) inhibited EV secretion
446 from mf stage *B. malayi* and *B. pahangi* after 24 hrs by 46% and 40%, respectively. In comparison,
447 we found the same treatment inhibited protein secretion by *B. malayi* mf more modestly at 23%.
448 Further, whilst IVM (1.0 μM) inhibited EV secretion in adult female *B. malayi* by 59% after 24 hrs,
449 the same treatment had no significant effect on protein secretion from those worms. Clearly, more
450 work is needed to understand how parasite secretions are regulated but moving forward it may be
451 advisable to disentangle the broad panoply of ES products and investigate them individually to help
452 better understand host-parasite interactions and particularly how drugs affect the secretion of
453 parasite effector molecules.

454 Parasite motility has long been used as an assay to identify and measure the anthelmintic activity of
455 compounds and as marker of parasite health and viability. Impaired motility alone, however, does
456 not adequately account for the therapeutic effects of IVM in filarial disease. The *in vitro* IVM
457 concentrations that are required to produce detrimental effects on gross filarial nematode motility
458 are significantly higher than the bioavailable concentrations found *in vivo* after therapeutic
459 administration (González Canga *et al.*, 2008; Marcellino *et al.*, 2012; Storey *et al.*, 2014; Tompkins
460 *et al.*, 2010). Our data support this – the IC_{50} of IVM in the *B. malayi* adult female EV secretion
461 assay was 7.7 nM but was over 200 nM for the motility assay. IVM inhibits EV secretion but not
462 motility in key stages at therapeutically relevant concentrations, supporting inhibition of EV
463 secretion as a component of IVM mode of action. IVM also exerted inhibitory effects on *B. malayi*
464 adult females but not adult males, and larval stages. This stage- and sex-specific activity does
465 correlate to the expression patterns of genes encoding subunits of glutamate-gated chloride channels

466 (GluCIs), a proposed target for IVM (Arena *et al.*, 1991, 1992). Li *et al* (2014) found that *avr-14*, a
467 gene encoding a putative GluCI subunit in *B. malayi*, was expressed in both female and male
468 reproductive tissues but consistently more strongly in female tissues (ovaries and surrounding body
469 wall muscle) than male. This differential expression profile may help explain why EV secretion was
470 inhibited in female worms but not male worms and may also point to reproductive structures as a
471 source of these EVs in adult female worms. Proteomic analyses of EV cargo has proved valuable in
472 identifying markers of tissue origin in other nematodes (Buck *et al.*, 2014) but our previous nano-
473 scale proteome profiling of *B. malayi* female and male EVs did not identify any clear markers
474 supporting a reproductive tissue origin for these vesicles (Harischandra *et al.*, 2018). A more
475 focused investigation of the fluid found in these structures may prove more illuminating, as would
476 demonstration that putative IVM targets are similarly expressed in reproductive tissues of adult
477 female *B. pahangi* and *A. suum* to account for the potent IVM activity we noted in those species. Li
478 *et al.*, (2014) also observed tissue-specific *avr-14* expression in embryonic stages within gravid
479 females. This corroborates the findings of Moreno *et al.* (2014) who noted strong localization of
480 *avr-14* around the ES pore of *B. malayi* mfs, earmarking this structure as another, perhaps more
481 predictable, site of EV secretion in this stage that lacks reproductive tissues or a through gut.

482 Whether these EVs have their biogenesis in reproductive tissues, the excretory system or some
483 other secretory route, the pathways by which IVM inhibits their secretion is obscure and will
484 require a more thorough description of the microscopic anatomy of key tissues and a better
485 understanding of IVM targets expressed therein. For example, despite the recognition that parasitic
486 nematode ES systems secrete a complex suite of molecules believed to be essential for successful
487 parasitism (Allen & Maizels, 2011; Hewitson *et al.*, 2009; Hoerauf *et al.*, 2005; van Riet *et al.*,
488 2007), the ultrastructure and transcriptional topography of the ES pore region has largely been
489 uninvestigated. The intersection between EVs as an important mechanism for host manipulation
490 during infection, the inhibition of their secretion by IVM at therapeutically relevant concentrations

491 and time frames, and the localization of putative IVM targets in critical stage-specific tissues,
492 provides strong rationale for addressing this knowledge gap.

493 A significant outcome from the work presented here is the demonstration that EV secretion from
494 adult female and mf stage filarial nematodes (the stages that one could argue are most relevant to
495 LF control programs) can be quantified and the effect of extraneously applied compounds on this
496 secretion measured. Using this assay, we detected an IVM-sensitive EV secretion phenotype that
497 perhaps correlates better with therapeutically relevant IVM concentrations than does assaying
498 parasite motility, and in our experience is a more convenient and reproducible assay than that used
499 to measure protein secretion from these worms. It may also be a better predictor of IVM mode of
500 action. If the therapeutic mechanism of action of IVM is to inhibit immunomodulatory protein
501 secretion from mf parasites then albendazole, which has been reported to inhibit protein secretion
502 from *B. malayi* mf faster and more comprehensively than IVM (Moreno *et al.*, 2010) (although we
503 did not observe this), should also be an effective microfilaricide. Albendazole, however, is
504 ineffective against mf stage filarial nematodes (Critchley *et al.*, 2005). This suggests inhibition of
505 EV secretion may be a preferred characteristic of anti-filarial drugs and therefore assaying this
506 phenotype would be of significance to future drug discovery efforts aimed at developing new anti-
507 filarial compounds, certainly those that function like IVM. In its favor, EV quantification would
508 provide a consistent screening assay that would be comparable across different species of parasites,
509 however, EV quantification is not high-throughput and does require additional EV isolation steps
510 and specialized equipment for EV visualization. Recent technological advances may provide
511 platforms that could be leveraged to streamline EV quantification assays and overcome these
512 drawbacks. For example, we have contributed to an on-chip microfluidic device that utilizes a label-
513 free photonic crystal biosensor to detect and discriminate host EVs from those secreted by parasitic
514 nematodes based on differential expression of EV surface markers (Wang *et al.*, 2018). This type of
515 platform combines minimal sample processing with high throughput potential and does not require
516 EV labelling, overcoming the disadvantages of traditional EV quantification and could be leveraged

517 in drug discovery efforts centered on EV secretion as an assay endpoint. Another potential use for
518 this type of platform are the early detection of parasite infection. The use of EVs as a nematode
519 diagnostic has been seeded by the focus on EVs as diagnostic markers for cancer detection. Current
520 advanced technologies involve using surface enhanced Raman scattering (SERS) or localized
521 surface plasmon resonance to detect tumor-derived EVs in body fluids (Mehmet *et al.*, 2017;
522 Thakur *et al.*, 2017; Zong *et al.*, 2016). In addition, the miRNA cargo of EVs has been of interest as
523 biomarkers for various cancers (Kosaka *et al.*, 2019). Similarly, a microfluidic on-chip device has
524 potential to identify parasite EVs from host biofluids. Current efforts towards this goal are aimed at
525 identifying secreted parasite markers that that could be incorporated in such a design, or used in
526 more simple assay formats such as PCR (Quintana *et al.*, 2017; Tritten *et al.*, 2014). Finally, the
527 assay we describe here may be an example of a relatively simple *in vitro* assay to test or validate the
528 emergence of anthelmintic resistance. The Fecal Egg Count Reduction Test is the gold standard for
529 detecting resistance to anthelmintics like IVM. Alternative *in vitro* assays complement FECRT and
530 include hatching and development assays, molecular tests and, of course, motility assays (Kotze &
531 Prichard, 2016). The EV secretion assay could be added to this list if it could reliably, and with
532 sensitivity, detect resistance to drugs such as IVM in a standardized fashion. There is some
533 evidence for this potential; we previously detected differences in IVM susceptibility based on EV
534 secretion for two strains of canine heartworm, *D. immitis* (Harischandra *et al.*, 2018).

535 Collectively, our data show that the secretion of EVs from different parasitic nematode species can
536 be assayed and the effects of anthelmintic drugs or lead compounds on this physiological process
537 can be measured. IVM consistently inhibited EV secretion against all species and most life stages
538 investigated, with the exception of male worms; other anti-filarial drugs did not. These findings
539 provide new insight into the stage-, sex- and species-specific pathways and pharmacological
540 regulation of EV secretion in parasitic nematodes. The data is significant because, given the
541 emerging immunomodulatory role of EVs at the host-parasite interface, it provides new evidence
542 that the therapeutic mechanism of IVM, in part, involves inhibition of parasite EV secretion.

543 **Disclosure of Interest**

544 The authors report no conflict of interest.

545

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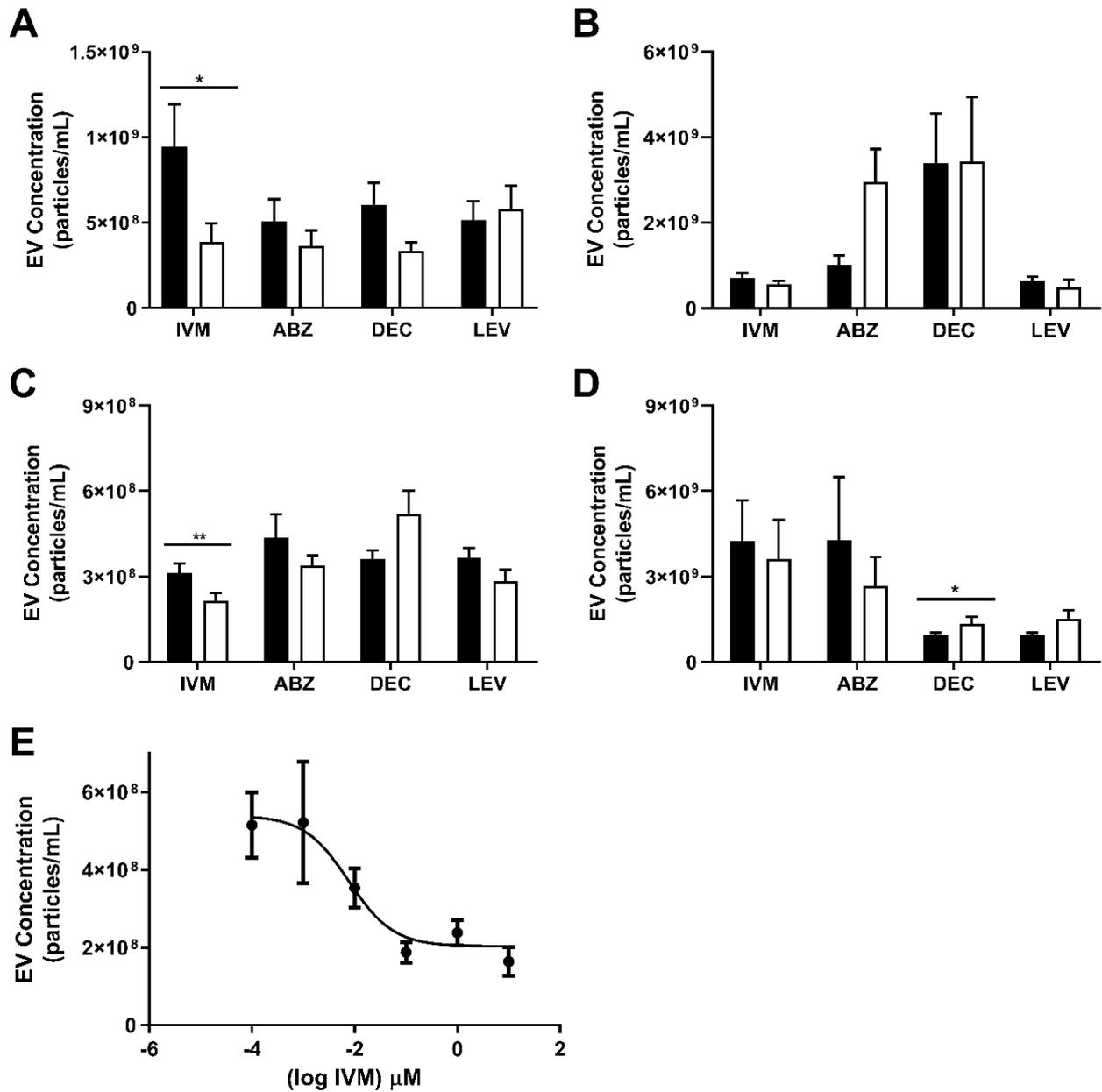
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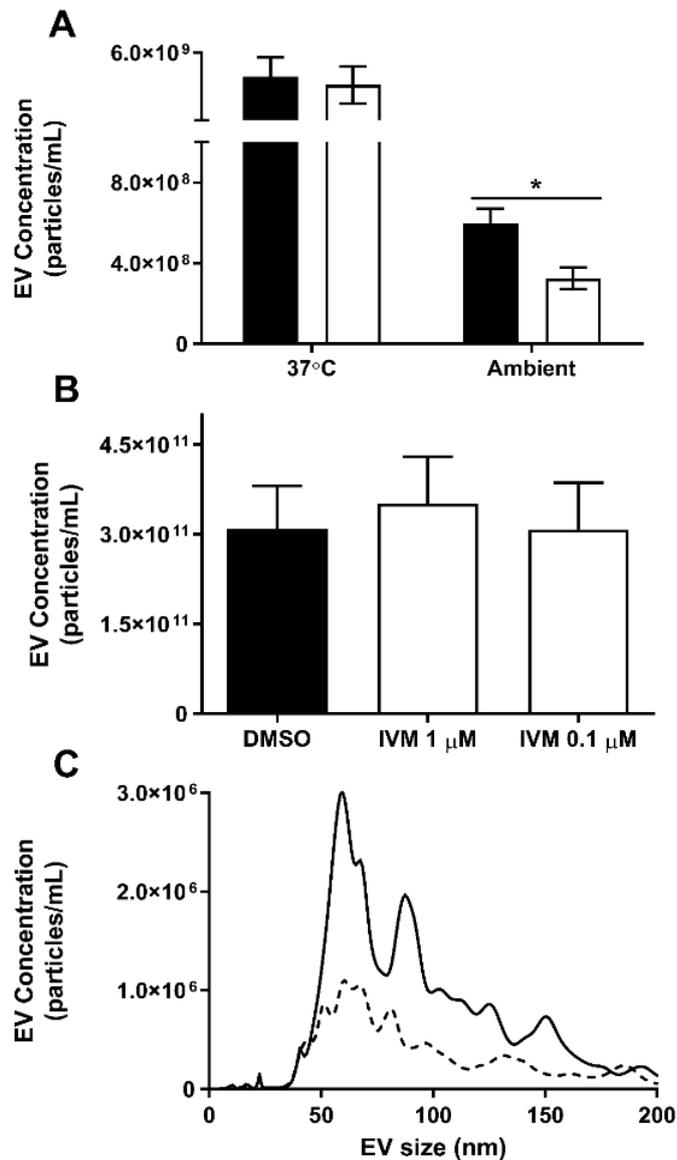
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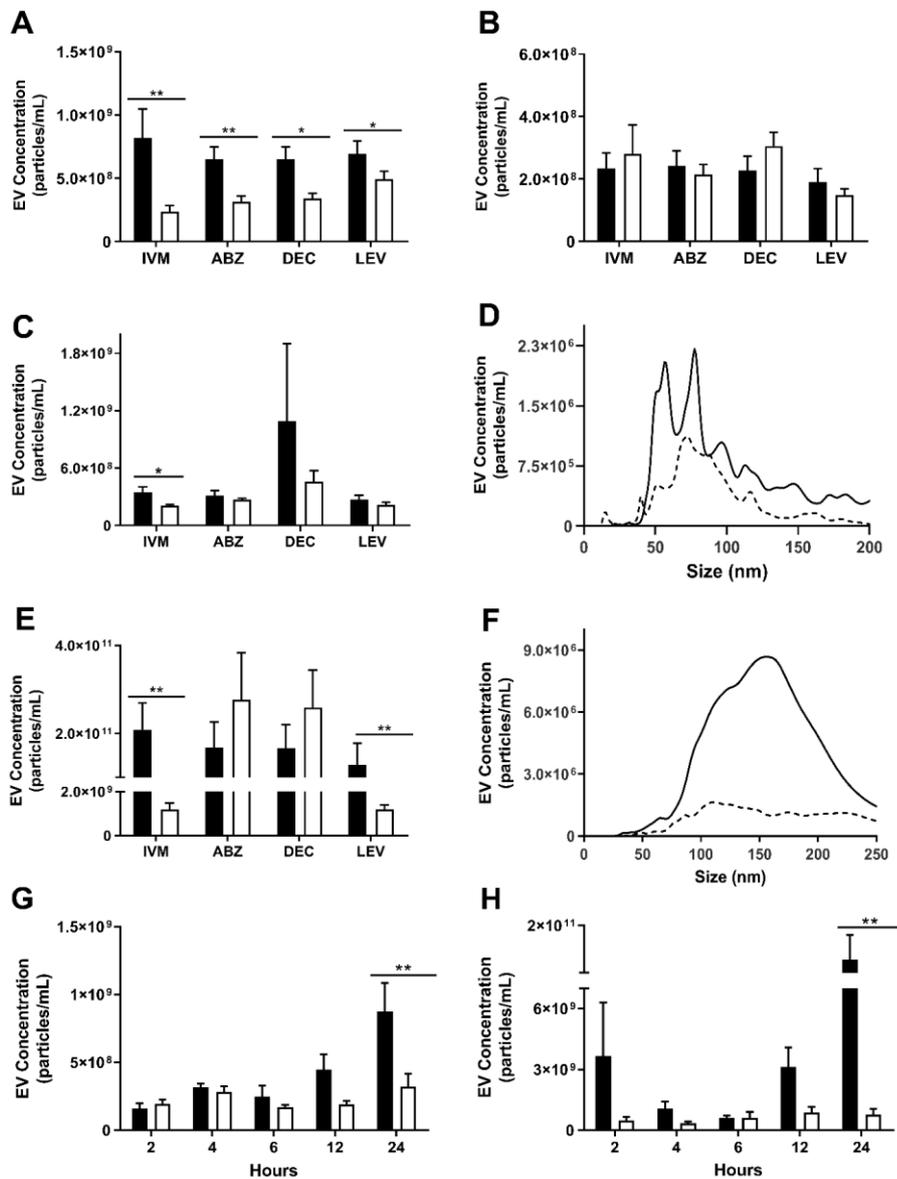
791 **Figure 1. Ivermectin inhibits *Brugia malayi* EV secretion in a stage- and sex- specific manner**
 792 *B. malayi* life stages were cultured at 37°C in RPMI with either drug (1.0 μ M) or DMSO (vehicle
 793 control). Media was collected after 24 hrs and EVs were isolated and quantified. 1.0 μ M IVM
 794 significantly reduced EV secretion from adult female worms (A) and L3 stage parasites (C) but not
 795 from adult males (B) or microfilaria (D). Albendazole (ABZ), diethylcarbamazine (DEC) or
 796 levamisole (LEV) had no effect on EV secretion from any life stage except in microfilaria, where
 797 DEC increased EV secretion. (E) The IC₅₀ for IVM on adult female worms was determined to be
 798 7.7 nM. N = 7 (minimum), Mean \pm SEM, *P<0.05, **P<0.01. ■ = DMSO control, □ = Treatment



799

800 **Figure 2. Ivermectin activity against mf stage worms is temperature dependent and does not**
801 **alter EV biogenesis**

802 *B. malayi* life stages were cultured at 37°C in RPMI with either drug (1.0 µM) or DMSO (vehicle
803 control). Media was collected after 24 hrs and EVs were isolated and quantified. The activity of
804 IVM on *B. malayi* microfilariae was temperature dependent (A). Inhibition of EV secretion
805 occurred at ambient temperature, but not at 37°C. To investigate IVM mechanism of inhibition Sf21
806 cells were treated with either DMSO, high (1.0 µM) or low (0.1µM) concentrations of IVM. Spent
807 media was collected after 24 hrs and EVs were collected and quantified. (B) there were no
808 differences in the ability of DMSO control, high, or low concentrations of IVM treated cells to
809 secrete EVs. To further investigate the potential effect on biogenesis the size of EVs secreted from
810 adult female parasites were evaluated (C). The mean size of EVs secreted from adult females was
811 highly similar between DMSO and IVM treated parasites. N = 3 (minimum). *P<0.05. ■ = DMSO,
812 □ = Treatment. Solid line = DMSO, Dashed line = IVM.



813

814 **Figure 3. Ivermectin has broad inhibitory effects across filarial and gastrointestinal parasites**

815 *B. pahangi* life stages in RPMI and adult female *A. suum* in *Ascaris* Ringers solution were cultured

816 at 37°C with either drug (1.0 µM) or DMSO (vehicle control). Media was collected after 24 hrs and

817 EVs were isolated and quantified. 1.0 µM IVM, ABZ, DEC, and LEV all significantly inhibited EV

818 secretion from *B. pahangi* adult female parasites (A) while only IVM significantly reduced EV

819 secretion in the microfilariae life stage (C). No treatment had any effect on EV secretion from *B.*

820 *pahangi* adult male parasites (B). For *A. suum* adult females, both IVM and LEV significantly

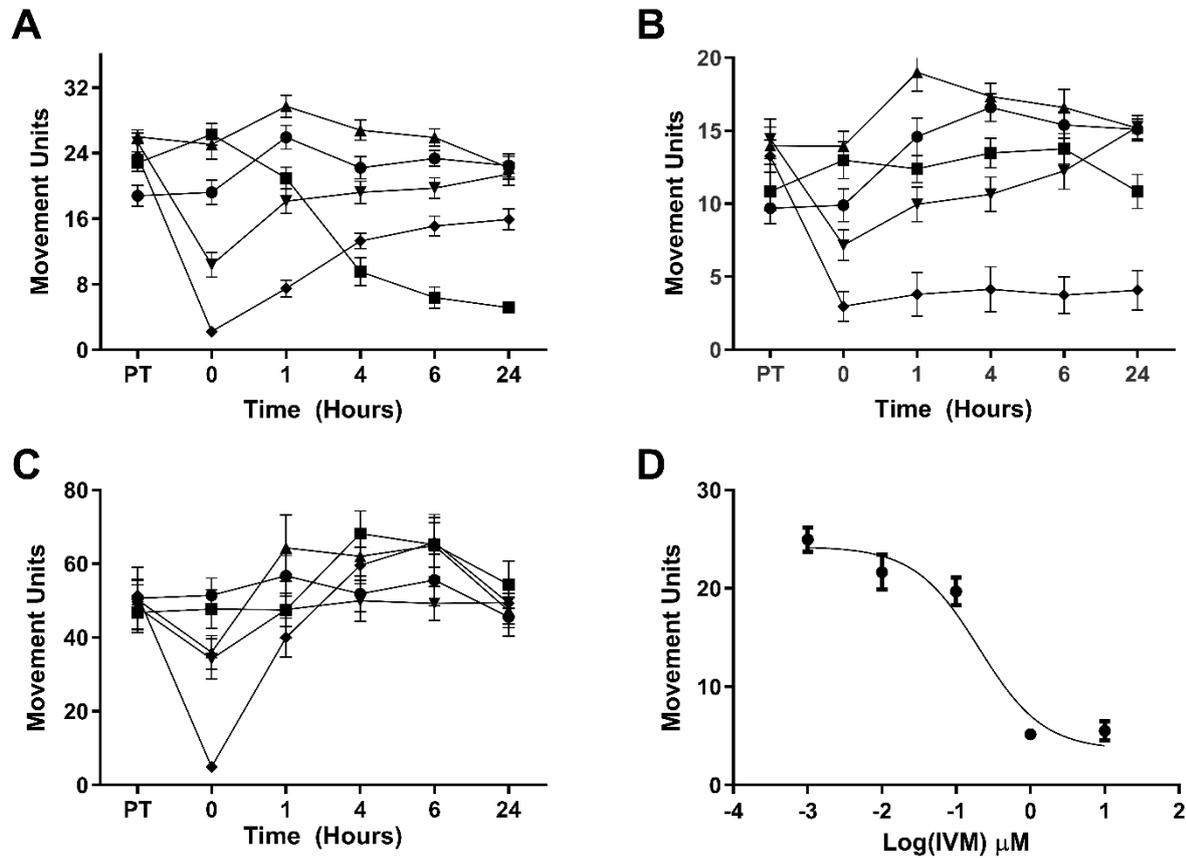
821 inhibited EV secretion (E). The size distribution of EVs secreted from DMSO and IVM treated *B.*

822 *pahangi* adult females (D) and *A. suum* adult females (F) were highly similar indicating that IVM

823 does not affect the physical characteristics of EVs produced (F). IVM rapidly inhibits EV secretion

824 from adult female *B. pahangi* and *A. suum* 24 hrs post-treatment (G-H). N = 3 (minimum). Mean ±

825 SEM, *P<0.05, **P<0.01. ■ = DMSO, □ = Treatment. Solid line = DMSO, Dashed line = IVM.



826

827 **Figure 4. Ivermectin inhibition of EV secretion is not driven by loss of gross motor function**

828 Single adult or 10 L3 stage *Brugia malayi* parasites were cultured in a 24-well plate with either 1.0
 829 μ M drug or DMSO (vehicle control). Video recordings of worms were taken at timepoints ranging
 830 from pre-treatment to 24 hrs using the Worminator system. (A) IVM significantly reduced adult
 831 female *B. malayi* motility as compared to control from 4-24 hrs post treatment ($p < 0.0001$).

832 However, further investigation revealed that more therapeutically relevant concentrations of IVM
 833 did not affect adult female motility. The IC_{50} for IVM on adult female parasites was determined to
 834 be 203 nM. (D). DEC significantly reduced adult female motility immediately upon treatment and
 835 one hour post treatment ($p < 0.001$). LEV significantly reduced adult female motility from 0-24 hrs
 836 ($p < 0.0001$ - $p < 0.01$) though the parasites began to recover after initial treatment. (B) DEC

837 significantly reduced adult male motility from one to four hours post treatment ($p < 0.05$, $p < 0.01$)

838 and IVM began to reduce motility at 24 hrs post treatment ($p < 0.05$). LEV significantly reduced

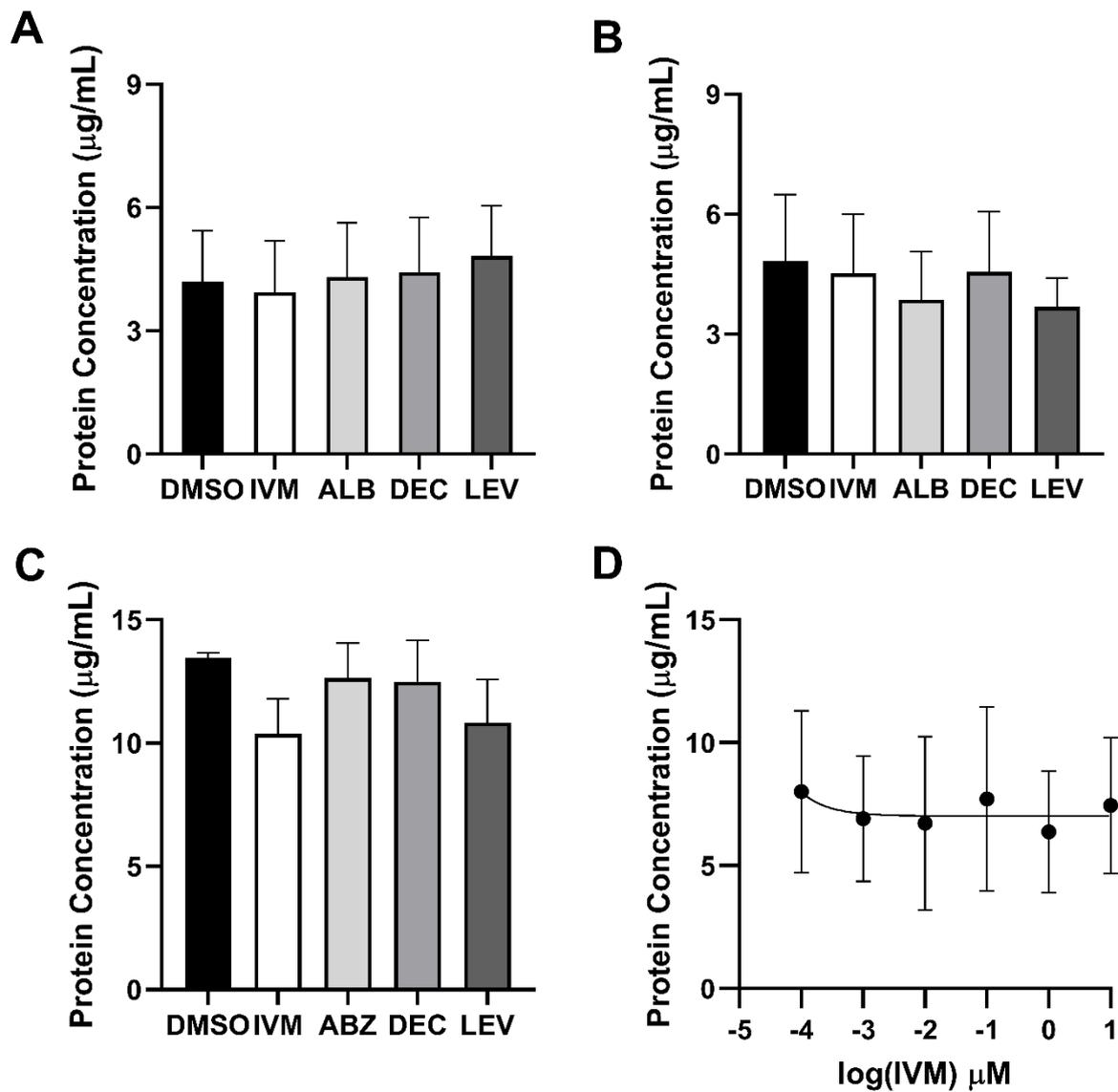
839 motility with no recovery from 0-24 hrs post treatment ($p < 0.0001$).

840 L3 stage motility immediately upon treatment ($p < 0.0001$), but the parasites quickly recovered

841 within one hr. N = 11 (minimum), Mean \pm SEM. ● = DMSO, ■ = IVM, ▲ = ABZ, ▼ = DEC, ◆ =

842 LEV

843



844

845 **Figure 5. EV and protein secretion are differentially affected by ivermectin**

846 Single adult or 100,000 microfilariae *Brugia malayi* parasites were cultured per well of a 24-well
847 plate with either drug (1.0 µM) or DMSO (0.01%) for 24 hrs. Spent media was collected and
848 proteins were concentrated and washed. Protein concentration was determined by absorbance at 562
849 nm. No drug had any effect on protein secretion from *B. malayi* adult females (A). *B. malayi* adult
850 males (B) had a decrease in protein secretion due to LEV though not statistically significant.
851 Microfilariae protein secretion (C) was inhibited by ivermectin ($p = 0.0535$). (D) A dose response
852 curve for IVM on adult female parasites showed no effect from any concentration of IVM (10 µM –
853 0.1 nM). $N = 5$ (minimum), Mean \pm SEM.

854