Local Metabolism of Ethanol to Acetic Acid/Acetate in the Central Nucleus of Amygdala Elicits Sympathoexcitatory Responses through Activation of NMDAR in Sprague Dawley Rats

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ABSTRACT

Aim: Binge alcohol consumption elicits robust sympathoexcitation and excitatory neuronal

output. However, the central mechanism that mediates these effects remains elusive. We

investigated the effects of ethanol metabolism within the central nucleus of the amygdala (CeA)

on sympathoexcitation, and elucidated the role of acetate in these excitatory responses.

Methods: *In vivo* arterial blood pressure, heart rate and sympathetic nerve activity responses to

CeA microinjected ethanol or acetate with appropriate inhibitors/antagonists were tracked. *In vitro*

whole-cell electrophysiology recording responses to acetate in CeA neurons with axon projecting

to the rostral ventrolateral medulla (CeA-RVLM) were investigated, and cytosolic calcium

responses in primary neuronal cultures were quantified.

Results: We demonstrate that in Sprague Dawley rats, local brain metabolism of ethanol in the

CeA to acetic acid/acetate elicits sympathoexcitatory responses *in vivo* through activation of

NMDAR. Aldehyde dehydrogenase inhibition using cyanamide and NMDAR antagonism using

AP5 or memantine blunted these effects. Whole-cell patch-clamp recordings in brain slices

containing autonomic CeA-RVLM neurons revealed a dose-dependent increase in neuronal

excitability in response to acetate. The NMDAR antagonists AP5 and memantine suppressed the

acetate-induced increase in CeA-RVLM neuronal excitability, as well as the direct activation of

NMDAR-mediated inward currents by acetate in brain slices. We observed that acetate increased

cytosolic Ca^{2+} in a time-dependent manner in primary neuronal cell cultures. The acetate

enhancement of calcium signaling was abolished by memantine.

Conclusion: These findings suggest that within the CeA, ethanol is sympathoexcitatory through

local brain metabolism, which generates acetic acid/acetate leading to activation of NMDAR.

Keywords: Acetate, Acetic Acid, Calcium, Central Nucleus of Amygdala, Ethanol, Glutamate,

NMDA Receptors, RVLM, Sympathetic Nerve Activity.

INTRODUCTION

Alcohol is one of the most widely used and abused recreational substances globally.

Ethanol metabolism generates acetic acid, which is the main component of vinegar and is produced

in large quantities following ethanol ingestion. This leads to significantly elevated serum and

cerebrospinal fluid (CSF) acetate concentrations of around 1-3 mM[1,2] and 2-5 mM[1,2], respectively.

Concentrations of acetic acid/acetate in the circulation and CSF are reported to remain elevated

long after ethanol has cleared the body.[2] It is therefore reasonable to suspect that acetic acid/acetate

may be a player in the altered neuronal function following ethanol consumption and metabolism.

Precisely how ethanol produces excitatory effects in the CNS is largely unknown. On the

one hand, increases in dopamine release from the ventral tegmental area[3] facilitate reward and

possible excitatory actions on neurons post ethanol ingestion. However, this is partially

contradicted by ethanol itself inhibiting NMDAR in slice recordings.[4-6] Secondly, studies

involving NMDAR inhibition by ethanol are commonly done in brain slice preparation[4,5,7] with

large circulating volumes of ethanol relative to small tissue samples, and the effects of in-slice

metabolism of ethanol has yet to be reported. What is known is that ethanol consumption

contributes to excitatory actions originating within the CNS[3,8] with some positive modulatory

action on NMDAR.[9] Excitation is augmented following ethanol clearance, which can lead to

hangover symptoms.[10,11] Acetate has been implicated in this response.[12] Unfortunately, literature

investigating the influence of acetic acid/acetate on neuronal function remains scarce.

Our lab has been pursuing a line of thought that acetic acid/acetate is responsible for many

of the excitatory effects of ethanol metabolism on neurons. We have previously reported that

microinjection of ethanol and acetate into the central nucleus of amygdala (CeA), an area

containing pre-sympathetic neurons with axons projecting to the rostral ventrolateral medulla

(CeA-RVLM), induced sympathoexcitation and pressor responses mediated by local activation of

NMDAR.[13] Similarly, we have demonstrated that pathophysiological concentrations of acetate

from ethanol metabolism are cytotoxic in dopaminergic-like PC12 cells, at least partially through

NMDAR activation[14] and acetic acid increases excitability in medium spiny neurons of the nucleus

accumbens shell.[15] Given these parallel and converging sets of results, we hypothesized that

inhibition of ethanol metabolism (Fig. 1F) may attenuate the ethanol sympathoexcitatory response

by preventing the generation of acetic acid/acetate which we have found to activate NMDAR.

Similarly, we hypothesized that in brain slice recordings containing CeA-RVLM neurons, bath

application of acetate would increase neuronal excitability through activation of NMDAR.

MATERIALS AND METHODS

Animals

Male Sprague-Dawley rats purchased from Charles River Labs (Wilmington, MA, USA)

were individually housed in a temperature-controlled room (22-23 $^{\circ}$ C) with a 12:12 h light-dark

cycle. Chow and tap water were available *ad libitum* unless otherwise noted. All experimental and

surgical procedures were carried out under the guidelines of the National Institutes of Health Guide

for the Care and Use of Laboratory Animals with the approval of the Institutional Animal Care and

Use Committee at Michigan Technological University.

In vivo whole animal recordings of arterial blood pressure (ABP), splanchnic sympathetic nerve activity (SSNA) and lumbar sympathetic nerve activity (LSNA)

Animal surgery was performed following the previously described protocol.[16] On the day of the experiment, rats were anesthetized with an intraperitoneal injection containing a mixture of α-chloralose (80 mg/kg) and urethane (800 mg/kg). Adequate depth of anesthesia was assessed before surgery by the absence of the pedal withdrawal reflex and corneal reflexes. Animals were instrumented with an arterial catheter inserted into the aorta through a femoral artery. The catheter was connected to a pressure transducer to measure arterial blood pressure. Heart rate (HR) was obtained from the R-wave of the electrocardiogram (ECG) (lead I). A catheter was also placed in the left femoral vein to administer drugs. After tracheal cannulation, rats were paralyzed with gallamine triethiodide (25 mg·kg−1·h−1 iv) and artificially ventilated with oxygen-enriched room air. After paralysis, adequate depth of anesthesia was determined by lack of pressor responses to noxious foot pinch. Supplemental doses of anesthesia equal to 10% of the initial dose were given when needed. End-tidal PCO_2 was continuously monitored and maintained within normal limits (35–40 mmHg) by adjusting ventilation rate (70–80 breaths/min) and/or tidal volume (2.0–3.0 ml). Body temperature was held at 37°C with a water-circulating pad.

SSNA and LSNA recordings were performed according to previously described protocols.[13,16,17] With the use of a left flank incision, a left lumbar and postganglionic splanchnic sympathetic nerve bundle was isolated from surrounding tissue and mounted on a stainless steel wire electrode (0.127-mm OD; A-M Systems), and covered with a silicon-based impression material (Coltene, Light Body) to insulate the recording from body fluids. The recorded signal was directed to an AC amplifier (P511; Grass Technologies) equipped with half-amplitude filters (band pass: 100-1,000 Hz) and a 60-Hz notch filter. The processed signal was rectified, integrated (10-

ms time constant), and digitized at a frequency of 5,000 Hz using a 1401 Micro3 analog-to-digital

converter and Spike 2 software (7.04 version; Cambridge Electronic Design, Cambridge, UK).

The background noise was determined by a bolus injection of hexamethonium (30 mg/kg iv), a

ganglionic blocker, at the end of the experiment and was subtracted from all the integrated values

of sympathetic nerve activity.

CeA microinjection

CeA injections were performed as previously described.[13] Animals were placed in a

stereotaxic head frame, and the skull was leveled between bregma and lambda. A section of skull

was removed so that a single-barreled glass microinjector pipette could be lowered vertically into

the CeA. The following stereotaxic coordinates were used: CeA, caudal to bregma, $-2.4 \sim -2.5$

mm; lateral to midline, 4.8~5.0 mm; and ventral to dura, 7.7~8.0 mm. All animals were allowed

to stabilize at least 2 h following surgery. To test whether inhibition of ALDH prevented ethanol

elicited sympathoexcitatory responses, ethanol (1.7 µmol) or a cocktail of ethanol (1.7 µmol) and

cyanamide (0.24 nmol) were microinjected into the CeA in separate groups of animals. Similarly,

the effects of acetate and the involvement of NMDAR on acetate evoked sympathoexcitatory

response were also explored through CeA injection of acetate (0.1 µmol and 0.20 µmol) and a

cocktail containing acetate (0.20 µmol) and memantine (3.0 nmol), or acetate (0.2 µmol) and AP5

(3.0 nmol) in separate groups of animals. All compounds were microinjected in a volume of 100

nL with a pneumatic pump (WPI). The volume of each injection was determined by measuring the

movement of the fluid meniscus within the microinjector pipette using a dissecting microscope

equipped with an eyepiece reticule. At the end of each experiment, Chicago blue dye solution (2%

in saline, 100 nL) was injected into the CeA to mark the site of each injection. Brains were removed

and post fixed for 5 days at room temperature in 4% paraformaldehyde. Brain coronal sections containing the CeA were cut, and microinjection sites were identified under light microscopy. Rats with injection site(s) not inside the CeA were excluded from data analysis.

Retrograde labeling

Retrograde labeling of CeA-RVLM neurons[13]: Male Sprague-Dawely rats (350-450 g) were retrograde labeled from the RVLM to the CeA. Rats were anesthetized with an intraperitoneal injection (i.p.) of sodium pentobarbital (50 mg/kg), placed in a stereotaxic frame, leveled between bregma and lambda and the skull exposed with a midline incision. A small, unilateral burr hole was drilled to expose the cerebellum in the caudal section of the skull and a glass micropipette lowered into the pressor region of the RVLM (coordinates: -12.7 mm caudal to bregma, 1.8 mm lateral to midline and 8.9 mm below the skull).[18] 100 nL fluospheres (Life Technologies) was injected into the RVLM using a pneumatic pump (WPI) and left in place for approximately 5 minutes to prevent tracer backflow. The midline incision was closed, and the rats were administered a subcutaneous (s.c.) injection of penicillin G (30,000 units) and Metacam (1 mg/kg, NSAID) in 0.5 mL saline for three days post-surgery to prevent infection and reduce pain.

Whole-cell patch clamp recordings

Five to seven days post labeling, rats were anesthetized with isoflurane (3% in O_2) and decapitated. The brain was rapidly removed and chilled in ice cold cutting solution, containing (in mM): 206 sucrose, 2 KCl, 2 $MgSO_4$, 1.25 NaH_2PO_4, 26 $NaHCO_3$, 1 $CaCl_2$, 1 $MgCl_2$, 10 d-glucose, and 0.4 ascorbic acid, osmolarity 295-302 mosmol L^{-1} measured with an osmometer (Wescor), pH 7.3-7.4, continuously gassed with 95:5 O_2:CO_2 to maintain pH and pO_2. A brain block was cut

including the CeA region and affixed to a vibrating microtome (Leica VT 1000S; Leica, Nussloch, Germany). Coronal sections of 250 µm thickness were cut, and the slices transferred to a holding container of artificial cerebral spinal fluid (ACSF) maintained at 30 °C, continuously gassed with 95:5 O_2:CO_2, containing (in mM): 125 NaCl, 2 KCl, 2 $MgSO_4$, 1.25 NaH_2PO_4, 26 $NaHCO_3$, 2 $CaCl_2$, 10 d-glucose, and 0.4 ascorbic acid (osmolality: 295–302 mosmol L^{-1}; pH 7.3-7.4) and allowed to recover for 1 hr. Following recovery, slices were transferred to a glass-bottomed recording chamber and viewed through an upright microscope (E600FN, Nikon) equipped with DIC optics, epi-fluorescence, an infrared (IR) filter and an IR-sensitive video camera (C2400, Hamamatsu, Bridgewater, NJ).

Slices transferred to the glass-bottomed recording chamber were continuously perfused with ACSF, gassed with 95:5 O_2:CO_2, maintained at 30 °C and circulated at a flow of 2 mL min^{-1}. Patch electrodes were pulled (Flaming/Brown P-97, Sutter Instrument, Novato, CA) from borosilicate glass capillaries and polished to a tip resistance of 4–8 MΩ. Electrodes were filled with a solution containing (in mM) 135 K-gluconate, 10 HEPES, 0.1 EGTA, 1.0 $MgCl_2$, 1.0 NaCl, 2.0 Na_2ATP, and 0.5 Na_2GTP (osmolality: 280–285 mosmol L^{-1}; pH 7.3). Once a GΩ seal was obtained, slight suction was applied to break into whole-cell configuration. The cell was allowed to stabilize; this was determined by monitoring capacitance, membrane resistance, access resistance and resting membrane potential (V_m).[18] Records were not corrected for a liquid junction potential of -15 mV. Cells that met the following criteria were included in the analysis: action potential amplitude ≥50 mV from threshold to peak, input resistance (R_{input}) >0.3 GΩ (determined by injection of −20 pA from a holding potential of −80 mV), resting V_m negative to −50 mV, and <20% change in series resistance during the recording. Recordings were made using an Axopatch 200B amplifier and pCLAMP software (v10.2, Axon Instruments, Union City, CA). Signals were

filtered at 1 kHz, digitized at 10 kHz (Digidata 1400A, Axon Instruments), and saved on a

computer for off-line analysis. To study the mAHP, recordings were made from a potential of −60

mV, and +150 pA current injections (500 ms) were made followed by a return of V_m to −60 mV

for 5 s. To study single action potential AHP, the 7th action potential was selected from our mAHP

protocol train. AHP was determined from the change in greatest depression in AHP of the 7th action

potential relative to 10 ms post action potential.

The effect of acetate on the excitability of CeA-RVLM neurons and the role of NMDAR

(current-clamp): With V_m adjusted to -80 mV by continuous negative current injection, a series of

square-wave current injections was delivered in steps of +25 pA, each for a duration of 800 ms.

To determine the action potential voltage threshold (Vt) and depolarizing R_{input} below V_t, ramp

current injections (0.2 pA/ms, 1,000 ms) were made from a potential of -80 mV. Square-wave and

ramp current injections were made in the same neurons. Effects of acetate on neuronal excitability

were determined by comparing current evoked spike frequency responses under control conditions

with responses recorded from neurons exposed to bath application of acetate. To determine the

dose-dependent response, the effect of various concentration of acetate (0.0, 3.75, 7.5, 37.5 and

75.0 mM) on the excitability was determined in separate groups of neurons, respectively. To test

whether the activation of NMDAR was involved in the increased neuronal excitability elicited by

acetate, the effect of bath application of AP5 (60 µM, NMDAR competitive blocker) or memantine

(30 µM, NMDAR pore blocker), on the excitability was determined in the presence of acetate

(37.5 mM) in a separate group of neurons.

Acetate evoked inward current and the role of NMDAR (voltage-clamp) in CeA-RVLM

neurons: Brain slices were continuously perfused with modified, Mg^{2+} free ACSF containing (in

mM): 127 NaCl, 2 KCl, 1.25 NaH_2PO_4, 26 $NaHCO_3$, 2 $CaCl_2$, 10 d-glucose, and 0.4 ascorbic acid

(osmolality: 295–302 mosmol L^{-1}; pH 7.3-7.4), gassed with 95:5 O_2:CO_2, maintained at 30 °C and

circulated at a flow of 2 mL min^{-1}. Tetrodotoxin (TTX, voltage gated sodium channel blocker, 0.5

µM) and picrotoxin (GABA-A blocker, 100 µM) were added into the circulating extracellular,

Mg^{2+} free ACSF. Cells were voltage clamped at V_m = -80 mV and allowed to stabilize by

monitoring baseline current. Once cells were stable and baseline recording in the absence of acetate

~1.5 min was observed, acetate (37.5 mM) was added to the circulating bath and recorded until a

plateau was observed > 15 min. At this point, washout and recovery was observed. To test whether

the activation of NMDAR was involved in the inward current evoked by acetate, the effect of

memantine (30 µM) or AP5 (60 µM) on the inward current was determined. In separate groups of

neurons, acetate (37.5 mM) and memantine (30 µM) or acetate (37.5 mM) and AP5 (60µM) were

added to the circulating bath and the inward current was observed. To exclude the possibility that

the inward current evoked by sodium acetate was due to the increase in extracellular sodium

concentration, equimolar sodium gluconate (37.5 mM) was substituted for sodium acetate and the

inward current was recorded.

Note that current- and voltage-clamp recordings were made from separated groups of CeA-

RVLM neurons.

Preparation of neuronal cultures

Whole brain neuronal cultures were made from 1 day old SD rats according to our previous

publication.[19,20] Briefly, rats were anesthetized with pentobarbital (50 mg/kg) and the brains were

extracted and dissected. Dissected brain areas were combined, and brain cells were dissociated

before being plated on poly-L-lysine precoated culture dishes. Two days following plating,

cultures were treated for two days with cytosine arabanoside (ARC, 10 µM) to kill off rapidly

dividing cells (astroglia and astrocytes) followed by fresh ARC free media for the remainder of

cultures. Neuronal cultures contained > 90% neurons with the remainder primarily astroglia.

Neuronal cell cultures were grown for 10-14 days before use in cell culture experiments.

Real-time calcium imaging

Primary neuronal cultures 12-14 days post isolation were incubated for 30 min with Fluo-

4AM (Thermofisher, 3 μM final concentration) according to the manufactures instructions in

artificial cerebral spinal fluid (ACSF), containing (in mM): 125 NaCl, 2 KCl, 2 $MgSO_4$, 1.25

NaH_2PO_4, 26 $NaHCO_3$, 2 $CaCl_2$, 10 d-glucose, and 0.4 ascorbic acid (osmolality: 295–302 mosmol

L^{-1}; pH 7.3-7.4) in a 5% CO_2 humidified incubator at 37 °C. The staining solution was aspirated

and fresh ACSF (0.5 mL) added to the cells. Baseline calcium fluorescence were taken followed

by the addition of acetate and/or acetate and memantine in ACSF (0.5 mL additional volume

added) to reach the desired concentrations (e.g., 0.5 mL ACSF initial, then add 0.5 mL acetate (75

mM) in ACSF. Final concentration acetate (37.5 mM)). Images were captured for each well in a

24 well plate using a cell imager equipped with the correct LED lights (ZOE, Bio-Rad).

Fluorescence intensity was analyzed and quantified using ImageJ software[21] on 10-13 randomly

selected cells for each treatment and corrected fluorescence intensity (CFIT) compared between

treatment groups prior to adjusting backgrounds. CFIT was calculated based on individual

background fluorescence within each well, prior to batch background normalization for image

preparation. Duplicates of each treatment were compared, and all showed similar trends. Negative

controls were run for ACSF alone on time course for alterations in baseline calcium and there was

no significant change in baseline values compared to 25 minutes post ACSF only.

Justification on doses/concentrations

To verify the effects of ethanol in the CeA, we selected a dose of ethanol (1.7 µmole or 100 nL of 17.15 M) which was a dose we found to yield a maximum response *in vivo* as previously described.[13] Previous studies of targeted brain delivery of ethanol to the CeA in rats (75-350 mg%, consisting of 8,000-10,000 nL infusions or a total dose of 0.761 µmole ethanol)[22] have been reported, and our maximum dose utilized is close to this dosing regimen. The following acetate doses were used for *in vivo* CeA microinjections: 0.1 and 0.2 µmole or 100 nL of 1 M and 2 M sodium acetate. Previous intraventricular infusions (0.8-2.8 µmole) of acetate have been reported[23] and we are within acceptable limits.

For our electrophysiology experiments, we utilized the current ethanol metabolism profile (roughly 90% of ethanol is metabolized to acetic acid/acetate).[24] That is to say, ethanol metabolism to acetic acid/acetate is a 1:1 conversion and apparent ethanol concentrations measured would in theory produce equivalent acetic acid/acetate concentrations (e.g., 50 mM ethanol should equal 50 mM acetate). We constructed a dose-dependent response curve to acetate and found an EC_{50} of 5.90 mM and an E_{max} of 37.5 mM. We utilized 37.5 mM for our electrophysiology studies because it yielded the most robust response.

Chemicals

All chemicals were obtained from Sigma-Aldrich (St Louis, MO, USA) with the exception of tetrodotoxin (Tocris Bioscience, UK) and tetraethylammonium sodium (Fluka BioChemika, Switzerland). Glacial acetic acid was obtained from Sigma-Aldrich (St. Louis, MO) and ultra-pure water (> 18 MΩ) obtained in-house by filtration and purification of house distilled water from an EasyPure II water filtration system (Barnstead).

Statistical analysis

Data values were reported as mean ± SD. Depending on the experiments, group means were compared using either paired, unpaired Student's *t*-test, a one-way or a two-way ANOVA. Differences between means were considered significant at p < 0.05. Where differences were found, Bonferroni post hoc tests were used for multiple pair-wise comparisons. All statistical analyses were performed with a commercially available statistical package (GraphPad Prism, version 9.0).

RESULTS

Local metabolism of ethanol to acetic acid/acetate in the CeA activates NMDAR *in vivo*

Our lab previously reported that ethanol and acetate microinjected into the CeA of anesthetized rats resulted in a sympathoexcitatory effect and speculated that it was due to local metabolism of ethanol to acetate.[13] Consistent with our previous findings, microinjection of ethanol into the CeA of anesthetized rats elicited a sympathoexcitatory and pressor response (Fig 1B,D,E). Because we speculated that this sympathoexcitatory response was due to local metabolism of ethanol to acetate, we co-applied ethanol with an aldehyde dehydrogenase inhibitor (ALDH), cyanamide,[25] into the CeA (Fig 1C,D,E). Blockade of ALDH with cyanamide significantly blunted the sympathoexcitatory response from ethanol (ethanol SSNA: + 90.83 ± 28.11 % baseline, ethanol MAP: 14.75 ± 6.8 mmHg vs ethanol & cyanamide SSNA: +29.89 ± 10.88 % baseline, ethanol & cyanamide MAP: 5.6 ± 6.03 mmHg), indicating that neither ethanol nor acetaldehyde was likely a causitive agent in the excitatory response. Cyanamide (0.24 nmole) alone had no significant effect on SSNA (pre: 0.039 ± 0.016 vs post: 0.051 ± 0.020, p=0.06, paired

318　t-test) and LSNA (pre: 0.015 ± 0.007 vs post: 0.020 ± 0.009, p=0.10, paired t-test) but caused a

319　significant decrease in the MAP (pre: 120 ± 9.5 vs post: 109 ± 6.6, p =0.03, paired t-test) (n=3

320　rats).

Figure 1. Local CeA brain metabolism of ethanol is sympathoexcitatory. (A) Graphical

depection of CeA microinjection study for sympathetic nerve recordings. **(B)** Representative raw

traces displaying SSNA and arterial blood pressure (ABP) from CeA microinjected ethanol. **(C)**

Representative raw traces displaying SSNA and ABP from CeA microinjected ethanol with ALDH

inhibitor, cyanamide. **(D)** Summary data of SSNA for ethanol (black) and ethanol & cyanamide (red) (*p=0.028 vs ethanol). **(E)** Summary data of change in mean aterial pressure (MAP) for ethanol (black) and ethanol & cyanamide (red), (n=number of rats). **(F)** Major metabolic pathway for ethanol metabolism (abbreviations: ADH, alcohol dehydrogenase; ALDH, aldehyde dehydrogenase).

Next, we verified that acetate was the bioactive metabolite from ethanol metabolism. Microinjection of acetate into the CeA of anesthetized rats increased sympathetic nerve activity (saline SSNA: -1.61 ± 1.25, acetate (0.1 µmol) SSNA: +57.15 ± 12.76, acetate (0.2 µmole) SSNA: +94.60 ± 44.35 % baseline) (saline LSNA: +3.84 ± 3.26, acetate (0.1 µmol) LSNA: +35.79 ± 41.65, acetate (0.2 µmol) LSNA: +67.02 ± 38.91 % baseline) and mean arterial blood pressure (MAP) (saline MAP: 0.2 ± 1.79, acetate (0.1 µmol) MAP: 1.4 ± 3.2, acetate (0.2 µmol) MAP: 5.67 ± 3.78 mmHg) in a dose-dependent manner (Fig 2). For NMDAR antagonism, memantine has seen utilization in alcohol studies[26,27] to prevent cognitive decline and as a possible therapeutic for excitotoxicity.[28] Furthermore, it is an FDA approved NMDAR blocker for the treatment of Alzhiemer's disease,[29] which would give more powerful treatment options clinically compared to utilizing AP5 as previously described[13] or MK-801 (Olney's lesions).[30] Blockade of NMDAR within the CeA using memantine or AP5 significantly attenuated the acetate induced sympathoexcitatory and pressor responses (acetate (0.2 µmol) SSNA: +94.60 ± 44.35 vs acetate (0.2 µmol) & memantine (3.0 nmol) SSNA: +22.55 ± 16.04 vs acetate (0.2 µmol) & AP5 (3.0 nmol) SSNA: +25.1 ± 23.7 % baseline), (acetate (0.2 µmol) LSNA: +67.02 ± 38.91 vs acetate (0.2 µmol) & memantine (3.0 nmole) LSNA: +24.37 ± 21.98 vs acetate (0.2 µmol) & AP5 (3.0 nmol) LSNA: +22.4 ± 23.8 % baseline), (acetate (0.2 µmol) MAP: 5.67 ± 3.78 vs acetate (0.2 µmol) &

memantine (3.0 nmol) MAP: 0.6 ±4.56 vs acetate (0.2 µmol) & AP5 (3.0 nmol) MAP: -3.8 ± 5.6

mmHg) suggesting that increases in SNA were due to acetate activation of NMDAR (Fig 2).

Memantine (3.0 nmole) alone had no significant effect on baseline MAP (pre: 112 ± 13.2 vs post:

110.3 ± 15.0, p =0.58, paired t-test), SSNA (pre: 0.023 ± 0.014 vs post: 0.024 ± 0.015, p=0.37,

paired t-test) and LSNA (pre: 0.018 ± 0.003 vs post: 0.019 ± 0.004, p=0.14, paired t-test) (n=3

rats). Likewise, our previous study utizling AP5 saw no significant difference to CeA

microinjected AP5 on baseline parmeters.[13]

Figure 2. CeA microinjected acetate dose-dependently increases sympatheic nerve activity and is NMDAR dependent. (A) Representative raw traces displaying sympathetic nerve activity (SSNA and LSNA) and ABP from CeA microinjected acetate. **(B)** Summary SSNA data (**p=0.0093, **** p<0.0001). **(C)** Summary LSNA data (*p=0.045, **p=0.018). **(D)** Summary MAP data (**p=0.003). **(E)** Summary change in HR data (NS=not significant), (individual points=number of animals).

Estimating final CeA tissue concentrations from microinjection

Estimation of brain microinjected compounds is a notoriously difficult task. Small volumes, effects of anesthesia, and blood flow can drastically alter what local brain area tissues see in terms of final concentrations. The ethanol literature reports ~90% ethanol metabolism to acetic acid/acetate, and this conversion is 1:1.[24] Reported intoxicating blood alcohol concentrations in humans and rodents typically fall in the range of 17-100 mM,[31-33] however brain slice patch clamp recordings can sometimes utilize ethanol concentrations in excess of 200 mM.[34-36] To estimate brain tissue concentrations to compounds tested, we microinjected 100 nL of ethanol or saline loaded with Chicago blue dye within the CeA, collected the stained tissue and recorded the weight. CeA estimated concentrations were determined by [x µmole compound/average tissue volume (mL)]. These concentrations represent the upper theoretical concentration limit and are likely an overestimate as diffusion is greater than the visualized stained tissue excised. Nevertheless, the upper theoretical concentration for 1.7 µmole ethanol is 283 mM, for 0.1 µmole acetate is 16.6 mM and for 0.2 µmole acetate is 33.3 mM.

Figure 3. CeA brain tissue concentrations. (A) Representative image of CeA microinjection of 100 nL ethanol loaded with chicago blue dye. **(B)** Excised CeA tissue weights of microinjected ethanol or saline. **(C)** Method for estimating upper theoretical limit of brain tissue concentrations (n=18 CeA tissue samples from N=9 rats). Abbreviations: Estimated brain tissue = EBT.

Bath application of acetate increases CeA-RVLM neuronal excitability through activatation of NMDAR

Our previous *in vivo* microinjection study demonstrated ethanol and acetate induced sympathoexcitation by activation of NMDAR in the CeA through a projection to the rostral ventraolateral medulla (CeA-RVLM).[13] We therefore examined whether acetate was capable of increasing neuronal excitability of pre-sympathetic CeA-RVLM neurons in brain slice preparation. The RVLM as we and others have previously reported[13,37,38] is a key source of sympathoexcitatory drive that can contribute to elevated sympathetic outflow and heavily regulates cardiovascular function. What we found was that extracellular acetate consistently increased CeA-RVLM neuronal excitability in a dose-dependent manner (0.0 mM: 19 ± 3.3 Hz, n=7; 3.75 mM: 21.8 ± 3.6 Hz, n=5, 7.5mM: 36 ± 17.4 Hz, n=6; 37.5 mM: 41 ± 11.7, n=8; 75 mM: 44 ± 13.1, n=7), with

an EC_{50} value of 5.90 mM (Fig 4) and an E_{max} of 37.5 mM. The EC_{50} value is close to peak acetate

concentrations of ~4.60 mM measured by Wang and colleagues in ethanol and acetate infused rats[1]

and is also similar to cytotoxic doses we observed in dopaminergic-like PC12 cells.[14] Our E_{max}

value of 37.5 mM was utilized to elicit maximum responses to both intrinsic excitability as well

as NMDAR mediated inward currents. A one-way ANOVA with Bonferroni post-hoc test revealed

differences ($F_{(4,28)}$ = 6.41, p=0.0009) in firing frequency observed between control vs 7.5 mM,

37.5 mM acetate and control vs 75 mM acetate.

Figure 4. Acetate increases CeA-RVLM neuronal excitability in a dose-dependent manner.

(A) Representative raw excitability traces for varying doses of acetate to +250 pA current injection

and representative CeA-RVLM neuron; differential interference contrast (DIC, left), epifluorescence of the same neuron from retrograde RVLM fluorescent labeling (middle), merged DIC/epifluorescence indicating CeA neuron with projection to RVLM (right). **(B)** Stimulus response curve for CeA-RVLM neurons (n=7 neurons, N=5 rats). Maximum firing occurred at +250 pA current injection. **(C)** Dose-dependent response curve for sodium acetate (NaOAc) on firing frequency at +250 pA current injection. The EC_{50} value for NaOAc was 5.90 mM. **(D)** Summary data for spike frequency at +250 pA current injection in control, and NaOAc (0, 3.75, 7.5, 37.5 and 75 mM) treated CeA-RVLM neurons (*p=0.0474, **p=0.0036, ***p=0.0016 vs control): (n=7 neurons, N=5 rats), (n=5 neurons, N=2 rats), (n=6 neurons, N=3 rats), (n=8 neurons, N=3 rats), (n=7 neurons, N=3 rats).

To verify that NMDAR were involved in the acetate induced increase in CeA-RVLM neuronal excitability, we used two NMDAR blockers, AP5 (primary synaptic NMDAR competitive antagonist)[39-41] and memantine (a synaptic and extrasynaptic non-competitive pore blocker at 30 µM).[42] Co-application of acetate and AP5 was only able to slightly reduce neuronal excitability (Fig 5A-C) while co-application of acetate and memantine (Fig 5A-C) was able to completely abolish the acetate induced increase in CeA-RVLM neuronal excitability. The stark differences in effectiveness of AP5 vs memantine likely highlights the capabilities of acetate to activate both synaptic (AP5 & memantine) and extrasynaptic (memantine) NMDAR. Synaptic blockade of acetate via AP5[43] partially reduced CeA-RVLM neuronal excitability (Fig 5A-C), whereas synaptic and extrasynaptic blockade via memantine completely abolished the acetate induced increase in intrinsic excitability (Fig 5A-C). A two-way ANOVA of the current stimulus response (Fig 5B) showed a significant group by current interaction ($F_{(18,168)} = 2.947$, p = 0.0005).

To understand the net effects of acetate on intrinsic excitability and the involvement of NMDAR

over the range of the stimulus response, we analyzed the slope (gain) of each group's curve (0-250

pA). Acetate significantly increased the slope of the stimulus response curve compared to control

(0.157 ± 0.02 vs 0.066 ± 0.009 Hz/pA). Acetate and AP5 or acetate and memantine reduced the

slopes to 0.1217 ± 0.014 Hz/pA and 0.0761 ± 0.019 Hz/pA respectively (Fig 5C). A one-way

ANOVA with Bonferroni post-hoc test revealed differences ($F_{(3,24)}$ = 47.81, p < 0.0001) between

control vs acetate, acetate vs acetate + AP5, and acetate vs acetate + memantine.

Figure 5. Effect of NMDAR antagonists on acetate induced excitability. (A) Representative raw

traces for control (black), NaOAc (37.5 mM, red), NaOAc & AP5 (grey) and NaOAc & memantine

(blue) at +100 pA (left) and +250 pA (right). **(B)** Current stimulus response for control (black),

NaOAc (red), NaOAc & AP5 (grey) and NaOAc & memantine (blue). (*p<0.05, ****p< 0.0001

NaOAc vs control, # p<0.05, ### p<0.001, ### p<0.0001 NaOAc vs NaOAc & memantine). **(C)**

Slope of the stimulus response in control (black), NaOAc (red), NaOAc & AP5 (grey) and NaOAc

& memantine (blue). (****p< 0.0001 vs control, ##p=0.0012, ####p< 0.0001 vs NaOAc) (n=7

neurons, N=5 rats), (n=8 neurons, N=3 rats), (n=6 neurons, N=2 rats) (n=6 neurons, N=3 rats).

Bath application of acetate induces NMDAR mediated inward currents in CeA-RVLM

neurons

Next we examined whether external acetate application resulted in NMDAR mediated

inward currents in CeA-RVLM neurons. We again used both AP5 and memantine as our choice

NMDAR antagonists. What we found consistent with our excitability study was that bath

application of acetate significantly increased NMDAR mediated inward currents, -22.5 ± 5.2 pA

(Fig 6). Co-application of acetate and memantine or acetate and AP5 was able to completely

abolish NMDAR mediated inward currents, 7.3 ± 13.5 pA and 29.3 ± 18 pA, respectively (Fig 6).

Since we were applying acetate as a sodium salt, we wanted to verify that the increased NMDAR

mediated inward currents were not due to increased sodium concentration. As such, we used

sodium gluconate as a sodium ion control and found that 37.5 mM sodium gluconate was unable

to trigger any NMDAR mediated inward currents, -1.1 ± 3.0 pA (Fig 6), suggesting acetate was

the bioactive compound.

Figure 6. Acetate mediated NMDAR currents. (A) Representative raw traces for NMDAR mediated currents in CeA-RVLM neurons. **(B)** Summary data for NMDAR mediated currents in CeA-RVLM neurons. (****p<0.0001,***p=0.0004, **p=0.005 vs NaOAc) (n=6 neurons, N=4 rats), (n=6 neurons, N=2 rats), (n=5 neurons, N=3 rats) and (n=4 neurons, N=3 rats).

Bath application of acetate increases depolarizing input resistance (R_{input}**) in CeA-RVLM neurons**

To further understand the mechanistic effects of external acetate on CeA-RVLM neuronal excitability, neurons were subjected to a ramp protocol aimed to explore voltage threshold for firing an action potential (V_t) and to determine depolarizing input resistance (Depolarizing R_{input})

(Fig 7A-C). Input resistance (impedance) by definition is the measure of the opposition to current

in an electrical network (ie, a greater depolarizing R_{input} suggests a greater resistance to positive

current injection). Acetate increased the depolariing R_{input} compared to control (0.75 ± 0.1 GΩ vs

0.53 ± 0.12 GΩ) (Fig 7B), but had no statistically significant effect on alterations to V_t (Fig 7D).

From an excitability standpoint, increased depolarizing R_{input} suggests an increase of positive ion

influx in acetate treated neurons compared to control as they are depolarized. The effect of

NMDAR blockers significantly reduced depolarizing R_{input}, ($F_{(3,25)} = 4.00$, P=0.0186) (Fig 7B).

Figure 7. Effect of acetate on depolarizing input resistance (Depolarizing R_{input}) and voltage

threshold (V_t) to firing an action potential. (A) Representative raw traces for ramp excitability

protocol for control (black), NaOAc (red), NaOAc & AP5 (grey) and NaOAc & memantine (blue).

(B) Summary data for depolarizing R_{input}. (* p < 0.05 vs control). **(C)** Graphical summary of

depolarizing input resistance. Increased depolarizing current injection and activation of NMDAR

results in an increase in positive charge buildup measured as a change in overall resistance via

Ohm's law. 1) Baseline electrical charge resistive force, 2) increased calcium enhanced electrical

charge resistive force. **(D)** Summary data of voltage threshold to firing an action potential.

No apparent alterations to the magnitude of afterhyperpolarization (AHP) at -60 mV

To assess the impact of acetate on the magnitude of AHP, neurons were subjected to a

specific AHP protocol as we have previously reported.[44] While there was a trend for acetate to

increase the magnitude of AHPs, a one-way ANOVA among groups was not statistically

significant ($F_{(3,27)}$ = 1.50, p=0.069) (Fig 8).

Acetate increases the magnitude of single action potential AHP which is abolished by

memantine

Our second method for AHP analysis was from a single action potential. Within the same

set of trains as our AHP protocol (Fig 8), we analyzed the seventh action potential AHP. Our

rationale for this additional analysis was to compare NMDAR contributions. At -60 mV,

magnesium block of the NMDAR channel has been reported[45] and this effect may mask the effects

of NMDAR interaction with SK and BK channels, both channels activated by increased cytosolic

Ca^{2+}. Analyzing a single action potential in a train ensures magnesium unblock from the NMDAR

channel and allows for examination of the above mentioned interactions. A one-way ANOVA of

single action potential AHP magnitudes revealed an acetate induced increase on the magnitude of

AHP (Fig 9 A,B) compared to control. This response was abolisehd by co-application of

memantine ($F_{(3,26)}$ = 5.36, p=0.0052). AP5 had a non-statistical trend to reduce the AHP magnitude,

however memantine was more effective (Fig 9 B) (acetate vs acetate & mem).

Unexpected combined effect of memantine and acetate on shaping neuronal action potentials

In the process of examining the effects of NMDAR antagonists, AP5 (competitive blocker) and memantine (non-competitive pore blocker), an interesting phenomenon was observed. Memantine in combination with acetate was found to differentially shape action potentials when compared to all other groups (Fig 9, A,C). This was seen through a reduction in the decay-slope of action potentials and an overall increase in half-width, likely implicating modulation of voltage-gated/Ca^{2+} activated potassium channels such as the BK channel which as been found to be activated by the ethanol metabolite, acetic acid/acetate.[46]

Figure 8. No effect of acetate on AHP measured at -60 mV. (A) Representative raw traces

obtained from AHP protocol. **(B)** Summary data for AHP among different groups.

Figure 9. Effect of acetate on AHP from single action potential. **(A)** Representative single action

potential trace overlay of control (black), acetate (red), acetate & AP5 (gray) and acetate &

memantine (blue). **(B)** Summary data for the magnitude of AHP following a single action potential.

(C) Summary data for magnitude in rise-slope during single action potential. **(D)** Summary data

for magnitude in decay-slope during single action potential. **(E)** Summary data for half-width

during single action potential.

Bath application of acetate to primary neuronal cultures increases cytosolic calcium and is

NMDAR dependent

Our lab previously reported that bath application of acetate to dopaminergic-like PC12

cells increased cytosolic calcium[14] which was attenuated by co-application of acetate and

memantine. We wanted to corroborate our previous findings in primary neuronal cultures. Bath

application of acetate (37.5 mM, exact as those used in patch clamp recordings) increased cytosolic

calcium fluorescence intensity in primary neurons in a time-dependent manner (baseline, 1 min

and 25 min), 3,759 ± 1,552, 6,046 ± 1,805 and 6,775 ± 1,862 CFIT, respectively ($F_{(2,36)}$ = 10.58,

p = 0.0002) (Fig 10 A-C, G). Co-application of acetate (37.5 mM) and memantine (30 µM)

completely abolished any acetate induced increase in cytosolic calcium in neurons ($F_{(2,27)}$ = 0.21,

p = 0.81) (Fig 10 D-F, H).

Figure 10. Acetate increases cytosolic calcium in neurons. (**A**) Baseline calcium fluorescence. (**B**) 1-minute post NaOAc. (**C**) 25 minutes post NaOAc. (**D**) Baseline calcium fluorescence. (**E**) 1-minute post NaOAc & memantine. (**F**) 25 minutes post NaOAc & memantine. (**G**) Neuronal calcium time-course summary data with NaOAc (**p<0.01, ***p<0.001 vs baseline). (**H**) Neuronal calcium time-course summary data with NaOAc & memantine (Mem). Note **A-C** and **D-F** images were acquired from different samples.

DISCUSSION

In the present study, we evaluated how local brain metabolism of ethanol within the CeA elicits sympathoexcitatory responses *in vivo*. We find in a similar fashion to our previously

reported work that microinjection of ethanol within the CeA increases SNA and MAP.[13] Inhibiting

local CeA ethanol metabolism with cyanamide (ALDH inhibitor) significantly blunts the ethanol

induced sympathoexcitatory response. CeA microinjection of the ethanol metabolite, acetate, was

found to increase SNA and MAP in a dose-dependent manner. These responses were attenuated

by NMDAR antagonists, AP5 or memantine. In brain slice recordings containing CeA autonomic

neurons with axon projecting to the RVLM (CeA-RVLM), bath application of acetate dose-

dependently increased neuronal excitability with a calculated EC_{50} =5.90 mM and an E_{max} of 37.5

mM. Increased depolarizing input resistance was apparent in acetate treated CeA-RVLM neurons.

Co-application of NMDAR antagonists attenuated these acetate induced responses, with

memantine proving more effective. Similarly, NMDAR mediated inward currents in the presence

of acetate were abolished by co-application with NMDAR antagonists. Finally, in primary

neuronal cell cultures, bath application of acetate increased cytosolic calcium in a time-dependent

manner, and this response was abolished by co-application of acetate and memantine. These

findings suggest that ethanol-mediated inhibition of NMDAR *in vitro* is counteracted by acetate-

mediated activation of the same receptor.

Ethanol and neural control of cardiovascular function

Human studies have consistently demonstrated that acute ethanol consumption elicits

sympathoexcitatory effects.[47-49] While these effects are likely a combination of both peripheral and

central mechanisms,[50] centrally mediated mechanisms remain unclear. Furthermore, only a

handful of studies have explored metabolic based mechanisms.[13,51] In our whole-animal SNA

recordings from targeted brain delivery, we measure SSNA as well as LSNA. The SSNA closely

corresponds with venous blood return and redistribution,[52] while LSNA can be inferred as a close

proxy for muscle SNA.[53] While microinjection of acetate in the CeA increases both SSNA and

LSNA, a key finding of increased LSNA may be linked to an effect noted in human studies. Acute

ethanol was found to increase muscle SNA in humans.[47,48] Our results of CeA acetate on increased

LSNA supports this previously mentioned finding in humans,[47,48] suggesting that increased muscle

SNA in humans from ethanol may at least be partially mediated by centrally acting acetate. Future

studies investigating the effects of microinjected acetate in other cardiovascular regulatory centers

in the brain may delineate diverging, mechanistic and temporal output responses from acetate.

Synaptic versus extrasynaptic acetate induced NMDAR activation

Our study used two types of NMDAR antagonists to investigate the role of acetate in CeA-

RVLM neuronal excitability, AP5 (classical competitive antagonist)[39-41,43] and memantine (non-

competitive pore blocker). Our results demonstrate very different responses between the two

different antagonists in reducing the acetate induced increase in intrinsic excitability (Fig 5). AP5

appears to be less effective compared to memantine. A possible explanation for this difference

may lie in synaptic vs extrasynaptic activation of NMDARs. Co-application of acetate and AP5

slightly blunted the acetate induced excitatory effect, whereas memantine and acetate completely

normalized the response relative to control. Previous work in neurosecretory autonomic neurons

has identified extrasynaptic NMDAR currents under astrocytic glutamate control.[40,41] NMDAR

mediated inward currents (-70 mV) produced robust outward currents[41] which appeared to be

larger using AP5 compared with those involving the use of memantine (30 µM).[40] Similarly to the

these studies, our CeA-RVLM NMDAR mediated inward currents in the presence of acetate and

AP5 show robust outward currents compared to acetate and memantine. AP5 NMDAR synaptic

blockade of acetate but excluding extrasynaptic NMDAR blockade could account for both this

outward current as well as the inability for AP5 to abolish the acetate induced increase in intrinsic

excitability. Conversely, memantine produces very little NMDAR mediated outward current in the

presence of acetate and abolished the acetate induced increase in neuronal excitability. This is in

agreement with the effects of memantine (30 µM) antagonism synaptically and extrasynaptically

at NMDAR.[42] Furthermore, acetate induced incorporation into GABA[54] and glutamate[55] pools

through astrocytic uptake of acetate has been demonstrated. This lends further support to our

speculation that NMDAR modulation occurs both synaptically and extrasynaptically, either

directly through acetate and/or indirectly through astrocytic modulation. However, we cannot rule

out the possibility that the true source of the AP5 and acetate induced outward current is outward

K^+ current through BK-channels induced by extrasynaptic NMDAR activation. Future studies will

be needed to delineate these mechanistic effects.

Possible involvement of large-conductance Ca^{2+} and voltage-gated K^+ channels (BK-

channels) in acetate response

Through the course of our single action potential analyses, it was revealed that acetate

increased the magnitude of the single action potential AHP relative to control neurons. Given the

acetate induced response at NMDAR, calcium activation of BK-channels is a likely mediator in

this response and NMDAR-induced-BK-channel activation has been demonstrated.[56] While BK-

channels can contribute to spike repolarization and AHP to reduce neuronal excitability[57-59] they

can oppositely increase neuronal excitability as well.[59-62] Ethanol[63,64] and its metabolite, acetic

acid/acetate[46] have both been found to activate BK-channels, however the former involving

ethanol in accumbens slice preparation lacked a control of inhibiting in-slice ethanol metabolism.

The ethanol enhancement of repolarization and shaping of action potentials in accumbens

neurons[64] may be due to in-slice metabolism and production of acetic acid/acetate. Our effects of

acetate here support this notion. Furthermore, bath application of memantine (synaptic and

extrasynaptic NMDAR blocker) with acetate abolished the acetate induced increase in single

action potential AHP magnitude while also decreasing the slope of action potential decay as well

as increasing the half-width of the action potential (Fig 9). Memantine blockade of NMDAR

calcium would be anticipated to reduce BK-channel activation via a reduction in cytosolic calcium

and would likely display the action potential shaping we find here: normalization of AHP with

peak widening and slower repolarization, thus contributing to overall reduced neuronal firing (Fig

5). While we cannot rule out acetate induced modulation of other voltage-gated K^+ channels or

small conductance calcium activated K^+ channels (SK-channels), SK-channel involvement is

highly unlikely as SK-channel loss of function has been demonstrated to increase neuronal

excitability.[44,65,66]

Potential role of dopamine and serotonin in the acetate induced excitatory response within

the CeA

In addition to glutamate,[67] the CeA also contains dopaminergic[68] as well as serotoninergic[69]

inputs, and both are enhanced by alcohol.[69-71] Increased dopamine release in the CeA has been

found to reduce inhibitory synaptic currents[68] while serotoninergic activation was found to

increase GABAergic release in naïve rats.[69] NMDAR pore-blockers (memantine and ketamine)

have off targets such as serotonin receptors and dopamine receptors,[72,73] while MK-801 has off

targets of dopamine and serotonin transporters.[74,75] Our difference in effectiveness of AP5 vs

memantine may highlight a possibility of non-NMDAR based mechanisms, which we cannot

exclude. Acetate has been demonstrated to increase dopamine release[76] and if this occurs within

the CeA, loss of inhibitory input may potentiate increases in neuronal excitability, effects blunted

by memantine but not AP5. The effects of serotonin on GABAergic strength are far less clear,

especially with ethanol.[69] Nevertheless, both the dopaminergic and serotoninergic contributions

within the CeA are potential modulation sites of acetic acid/acetate that deserve future

consideration.

Other mechanisms for acetate induced increase in excitability within the CeA

While our present study suggests a major involvement of CeA NMDAR in the acetate

induced effects on neuronal excitability and sympathoexcitatory responses, there are other

potential contributing mechanisms. Acetate incorporation into glutamatergic[77,78] as well as

GABAergic[2,54,77] pools is likely a reflection of astrocytic metabolism. As such, astrocytic influence

on glutamate cannot be ruled out. Previous work has demonstrated that acute acetic acid increased

mEPSC frequency but not amplitudes, suggesting an increase in presynaptic glutamate.[15] Whether

this is from astrocytic generation or presynaptic synapses remains to be determined. Similarly, in

the present study, we cannot rule out this astrocytic based mechanism, and a portion of our data

(NMDAR mediated outward currents) support the notion of extrasynaptic NMDAR activation via

acetate, either directly or indirectly via astrocyte-mediated glutamate release.

Another potential contribution to increased CeA excitability in the presence of acetate is

AMPAR activation. We did see an ethanol induced AMPAR component in our previous

microinjection study within the CeA,[13] which is likely mediated via metabolism to acetate,

however the NMDAR component appeared larger and thus we chose to focus our attention there.

However, this AMPAR component may be a contributing factor seen in lack of apparent

effectiveness of AP5. While we have strong evidence to suggest synaptic vs extrasynaptic

NMDAR activation for this difference, we also cannot rule out the impact of AMPARs in this

response, especially as previous studies demonstrate an increase in mEPSC frequencies (likely

AMPAR mediated events) in response to acute acetic acid in the accumbens shell.[15] The fact that

ethanol (44 mM) increased mEPSC frequencies with no apparent effect on intrinsic excitability

supports the notion that this linkage to increased intrinsic excitability is not necessarily

straightforward given the dissociation between the two.[15] Nevertheless, these two previous studies

demonstrate an inherent effect of acetic acid/acetate on AMPAR and this contribution deserves

more attention in future studies.

Given the nature of ethanol in regulating NMDAR function, acutely inhibiting[4,79] and

chronic upregulation,[79] indirect modulation of these receptors via alternative signaling

mechanisms seems likely. The Src family kinase, Fyn, likely plays a role in the gain of function

of NMDAR via phosphorylation of tyrosine residues.[80,81] Ethanol modulation of NMDAR via Fyn

in the dorsal striatum was found to increase alcohol intake.[82] Fyn can also be directly activated via

nitric oxide (NO) and other free radicals,[83] leading to gain of function of NMDAR.[80,81] Previous

work out of our lab exploring cellular effects of acetate have revealed an acetate induced increase

in cytosolic reactive oxygen species[14] which in addition to being cytotoxic may also play a role in

Fyn regulation of NMDAR function. Our finding of memantine only being slightly effective at

reducing acetate induced toxicity in cell culture,[14] combined with the above mentioned potential

contributing mechanisms suggest multiple signaling cascades evoked by acetate.

Perspectives and future directions

To the best of our knowledge, we are the first to report the effects of acetate/acetic acid on

intrinsic exctiability of neurons, particularly autonomic CeA-RVLM neurons. As such, there is

limited availability of literature to compare our findings with. What is within the literature

regarding acetate/acetic acid regulating neuronal function seems supportive of the notion that both

have robust effects in the CNS[2,54,76,84-86] which we also report here. In summary, more studies are

needed to determine the effects of centrally acting acetic acid/acetate on neuronal function and

behavioral outputs.

Graphical Figure. Proposed mechanisms for ethanol and acetate induced increases in

sympathoexcitation within the central nucleus of the amygdala (CeA). Abbreviations: Acetic acid

(HOAc), acetate (⁻OAc), ADH (alcohol dehydrogenase), ALDH (aldehyde dehydrogenase), BBB

(blood brain barrier), CYAN (cyanamide), CYP450 (cytochrome P450), IML (intermediolateral

nucleus), RVLM (rostral ventrolateral medulla), SNA (sympathetic nerve activity).

Table 1. Membrane properties of CeA-RVLM neurons

Table 1. Membrane Properties of CeA-RVLM neurons

Group	n	V_m (mV)	C_m (pF)	HR_{input} (GΩ)	V_t (mV)	Rats (n)
Control	7	-58.0 $\pm$ 3.0	47.4 $\pm$ 2.5	0.47 $\pm$ 0.07	-43.8 $\pm$ 1.8	5
NaOAc (7.5 mM)	6	-58.5 $\pm$ 2.6	45.3 $\pm$ 4.5	0.52 $\pm$ 0.08	-42.4 $\pm$ 2.7	3
NaOAc (37.5 mM)	8	-62.3 $\pm$ 2.2	34.6 $\pm$ 2.5	0.58 $\pm$ 0.03	-49.3 $\pm$ 1.8	3
NaOAc (37.5 mM) & AP5	7	-67.9 $\pm$ 4.3	36.3 $\pm$ 2.0	0.45 $\pm$ 0.07	-45.0 $\pm$ 2.5	2
NaOAc (37.5 mM) & memantine	8	-63.0 $\pm$ 3.4	39.0 $\pm$ 3.5	0.54 $\pm$ 0.10	-47.5 $\pm$ 1.7	3
NaOAc (75 mM)	7	-59.9 $\pm$ 1.8	42.2 $\pm$ 1.6	0.40 $\pm$ 0.04	-47.7 $\pm$ 1.1	3

Values are mean ± SE, n = number of neurons, V_m, resting membrane potential; C_m, membrane capacitance; HR_{input}, hyperpolarizing input resistance; V_t, sub-threshold of membrane potential to fire action potential, NaOAc = acetate, HOAc = acetic acid.

Authors' Contribution:

A.D.C., M.J.H., K.M.D., J.E.B. and R.A.L. performed experiments. A.D.C., M.J.H., K.M.D.,

J.E.B., R.A.L., Z.S., L.Z. and Q.H.C. analyzed data. A.D.C., Q.H.C. and L.Z. prepared figures.

A.D.C., Q.H.C. and L.Z. drafted the manuscript. All authors edited and revised manuscript. All

authors approved the final version of the manuscript. A.D.C. and Q.H.C. conceptualized and

designed the research.

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