Protective effects of VIP and PACAP in SARS-CoV-2 infection

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Abstract

Infection by SARS-CoV-2 may elicit uncontrolled and damaging inflammatory response, thus it is critical to identify compounds able to inhibit virus replication and thwart the inflammatory reaction. Here, we show that the immunoregulatory neuropeptides VIP and PACAP were able to inhibit SARS-CoV-2 RNA synthesis in human monocytes and viral production in lung epithelial cells, protect the cells from virus-induced cytopathicity and reduce the production of proinflammatory mediators. Both neuropeptides prevented the SARS-CoV-2-induced activation of NF-kB and SREBP1 and SREBP2, transcriptions factors involved in proinflammatory reactions and lipid metabolism, respectively, and promoted CREB activation in infected monocytes, a transcription factor with antiapoptotic activity and also a negative regulator of NF-kB. VIP levels were elevated in plasma from patients with severe COVID-19, which correlated with the inflammatory marker CRP, viral load, and survival on those patients. Our results provide scientific evidence to further support clinical investigation of these neuropeptides against COVID-19.

Introduction

Individuals with coronavirus disease 2019 (COVID-19), caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) (1), may present asymptomatic or mild disease to severe lung inflammation and the life threatening acute respiratory distress syndrome (ARDS) (2,3), besides a variety of extrapulmonary manifestations due to multiple organ infections (4). Severe SARS-CoV-2 infection is characterized by elevated serum levels of proinflammatory mediators (hypercytokinemia, also known as cytokine storm) such as, for example,

IL-2, IL-6, TNF-α, IL-8, IL-1b, IFN-γ (2,3,5,6). The dysregulated immune response and production of cytokines and chemokines are hallmarks of SARS-CoV-2 infection and have been pointed as the main cause of the severe lung damage and unfavorable clinical progression of patients with COVID-19 (3–8). Lately, the in vivo formation of neutrophil extracellular traps (NETs) in the lungs, SARS-CoV-2-induced inflammasome activation and cell death by pyroptosis, have also been considered as risk factors in critically ill COVID-19 patients (9–14).

During the inflammatory response to human pathogenic coronaviruses (hCoVs), circulating neutrophils and monocytes migrate and infiltrate the lungs (15,16) and other organs, where they release toxic amounts of neutrophil extracellular traps (9–12) and proinflammatory cytokines, thus contributing to potentiate and perpetuate the inflammation and eventually exacerbating the tissue damage (17–19). In fact, it has been reported that SARS-CoV-2 induces neutrophils to release NETs, which are present in the plasma and lungs of critically ill COVID-19 patients, suggesting that they are central components of the exacerbated inflammatory reaction occurring in individuals with COVID-19. Previous studies showed that MERS-CoV- and SARS-CoV-infected macrophages produce high levels of pro-inflammatory cytokines and chemokines (20,21), and, more recently, that lung monocytes from severe pneumonia caused by SARS-CoV-2 are potent producers of TNF-α and IL-6, whose levels were increased in the serum of the same patients (7). Also, we and other authors have found that SARS-CoV-2 induces inflammasome activation and cell death by pyroptosis in human primary monocytes, either by experimental or natural infection, which are associated with lung inflammation and are risk factors in critically ill COVID-19 patients (13,14).

Thus, it is critical to identify agents able to prevent the infection and

concurrently thwart the prototypical dysregulated inflammatory reaction and tissue

lesions secondary to SARS-CoV-2 infection. In this work, we evaluated whether

the neuropeptides Vasoactive Intestinal Peptide (VIP) and Pituitary Adenylate

Cyclase-Activating Polypeptide (PACAP), can present protective effects in SARS-

CoV-2 infection. VIP and PACAP share many biological properties through their

interaction with the G protein-coupled receptors VPAC1, VPAC2 and PAC1 (22),

which are systemically distributed. They have well-characterized regulatory effects

on the immune system and anti-inflammatory properties, including control of cell

activation and differentiation, down-regulation of inflammatory cytokines and

reactive oxygen species and induction of the anti-inflammatory cytokine IL-10 (23–

28). Based on their consistent anti-inflammatory activities, both neuropeptides

have been considered as promising therapeutic agents for autoimmune disorders

and chronic inflammatory illnesses (29–31). We report here that VIP and PACAP

inhibit SARS-CoV-2 gene replication in human monocytes, viral production in lung

epithelial cells, and reduced cellular production of proinflammatory mediators. We

also found that VIP levels were elevated in the plasma of individuals with severe

manifestations of COVID-19, which correlated with survival on critically ill patients.

Results

VIP and PACAP inhibit SARS-CoV-2 RNA synthesis in human primary

monocytes, protecting them from virus-mediated cytopathic effects. Based

on our previous findings showing that VIP and PACAP present antiviral effects on

HIV-1 infection (32,33), and on their ability to control the inflammatory response,

we initially investigated whether both neuropeptides could inhibit viral life cycle in

SARS-CoV-2-infected monocytes. Thus, human primary monocytes were treated with either VIP or PACAP, then infected with SARS-CoV-2 and the replication of viral genome was measured 24 hours later. We found that VIP significantly reduced the SARS-CoV-2 RNA synthesis, achieving up to 40% and 50% inhibition at 5 nM and 10 nM, respectively (Fig. 1A). PACAP similarly inhibited levels of viral RNA synthesis with 5 nM and 10 nM (up to 50% for both doses) (Fig. 1B). In parallel, we observed that VIP and PACAP, at 10 nM each, completely protected the monocytes from the SARS-CoV-2-mediated cytopathic effect, as measured by the LDH levels in the cell culture supernatant (Fig. 1C). These results show that both neuropeptides are similarly effective in their ability to reduce SARS-CoV-2 genome replication in monocytes and to prevent the virus-induced cell death.

Receptor contribution for the VIP and PACAP mediated inhibition of SARS-CoV-2 replication. Because VIP binds the receptors VPAC1 and VPAC2, and PACAP has high affinity for PAC1, but also binds the VPAC1 and VPAC2 (22), we analyzed the role of the individual receptors in the neuropeptide-mediated inhibition of SARS-CoV-2 RNA replication. To this end, monocytes were treated with specific agonists to VPAC1, VPAC2 and PAC1 (Ala-VIP, Bay 55 9837 and Maxadilan, respectively), and then exposed to SARS-CoV-2. We found that the sole activation of VPAC1 at 1 nM, 5 nM and 10 nM, and of VPAC2 at 1 nM, significantly reduced the SARS-CoV-2 gene replication (Fig. 1D). Of note, the optimal concentrations of the receptor agonists that significantly decreased the SARS-CoV-2 RNA synthesis were similar to those of the natural receptor ligands VIP and PACAP.

We also evaluated if the combination of VIP and PACAP could reduce the viral

replication, while reducing the optimal concentration, as VIP and PACAP are

reported to act synergistically or in additive fashion in the inhibition of HIV-1

replication in macrophages (32). We did not observe any increase of viral inhibition

activity or reduction of optimal dose when the peptides were combined, being the

10 nM dose the optimal concentration for both peptides, combined or not (Fig. 1E).

Overall, these findings suggest that VPAC1 and VPAC2 receptors are the main

contributors for the VIP- and PACAP-mediated SARS-CoV-2 inhibition in

monocytes, and that the sole activation of these receptors can lead to a

diminished viral inhibition similar as that induced by the own neuropeptides.

VIP and PACAP inhibit SARS-CoV-2 replication in Calu-3 cells and protect

them from virus-mediated cytopathic effects. We next evaluated whether VIP

and PACAP could also be able to restrict the virus production in pulmonary cells,

one of the major targets of SARS-CoV-2. Thus, Calu-3 cells, a lineage of epithelial

lung cells highly susceptible to this virus, were infected with SARS-CoV-2 and

treated with a range of concentrations of either peptide. We found that VIP

decreased the productive infection, reaching up to 50% and 40% inhibition with 1

nM and 5 nM, respectively (Fig. 2A). PACAP also diminished virus production up

to 40% and 50% at concentrations equivalent to 10 nM and 50 nM (Fig. 2B). The

different optimal concentrations between VIP and PACAP in their ability to control

the viral productive infection in Calu-3 cells might be explained by the relative

abundance of the neuropeptide receptors, since it has been shown that these cells

express only VPAC1 (34). However, all three receptors are reported to be

expressed in lungs, with some studies showing that VPAC1 levels are much

higher than VPAC2 (the other VIP receptor) or PAC1 (to which PACAP binds with higher affinity than to VPAC1 and VPAC2 (22,35–37)). Likewise what we found for monocytes, VIP and PACAP also protected Calu-3 cells from the SARS-CoV-2-induced cytopathogenic effects, at the same optimal viral inhibitory concentrations (1 nM and 50 nM, respectively) of each neuropeptide (Fig. 2C). Using agonists for VIP and PACAP receptors we also verified that VPAC1 is the main receptor involved the inhibition of SARS-CoV-2 in Calu-3 cells, emulating the level of inhibition achieved with VIP, while the exposure to a VPAC2 agonist resulted in a more modest inhibition (Fig. 2D). The stimulus with a PAC1 agonist had no effect on viral replication (Fig. 2D).

Given that monocytes and epithelial cells can be in close proximity in the lungs, and, thus, can interact and exchange molecules, we investigated whether conditioned medium (CM) obtained by SARS-CoV-2-infected monocytes exposed to VIP or PACAP could repress the viral production in human lung cells. While the transference of CM from uninfected monocytes, treated or nor with either neuropeptide, did not modify the virus growth, the addition of CM (at 50% vol/vol – the combination of fresh medium at this ratio did not alter the basal replication of SARS-CoV-2 in Calu-3 cells, Fig. 2E) from infected monocytes increased viral replication 33% when compared to cells maintained with the equivalent combination of fresh media (Fig. 2E). However, when infected Calu-3 cells were exposed to CM from infected monocytes treated with VIP or PACAP, we observed a reduction of 30% and 21% in SARS-CoV-2 replication in these cells (Fig. 2E). This finding raises the hypothesis that both neuropeptides, besides inhibiting the SARS-CoV-2 gene replication, induce monocyte production and release of factors endowed with antiviral activity, which may increase the resistance of neighboring

cells to SARS-CoV-2 growth. This bystander effect can reduce viral propagation,

thus eventually protecting the tissues from lesions secondary to SARS-CoV-2-

replication and dissemination. Future studies are needed to identify the nature of

these putative soluble factors.

Influence of peptidases on VIP and PACAP inhibition of SARS-CoV-2

replication in pulmonary cells. Lung cells are known to express several

peptidases (38–40), whose interaction with VIP and PACAP on the cell membrane

could modulate the effects of these neuropeptides, favoring or hindering the

SARS-CoV-2 replication inhibitory effect. Thus, we evaluated the inhibitory

potential of VIP and PACAP in SARS-CoV-2-infected Calu-3 cells in the presence

of Bestatin, an inhibitor of several aminopeptidases, including aminopeptidase N,

which also acts as receptor for the human coronavirus E229 (41), but not for

SARS-CoV-2 (42). While Bestatin alone (500 nM) did not change the virus yield

(Fig. 3A), we verified a gain of effect of VIP at 0.5 nM and 10 nM when combined

with Bestatin, (Fig. 3B). Moreover, PACAP achieved an optimal inhibitory

concentration at 5 nM when combined with Bestatin, a dose ten-times lower than

its optimal inhibitory concentration when alone (50 nM) (Fig. 3C). This result

suggests that VIP and PACAP could be targeted by some of the peptidases

expressed in pulmonary cells, thus requiring a high concentration to inhibit SARS-

CoV-2 replication in these cells.

Association with antivirals increments the neuropeptide anti-SARS-CoV-2

effect in pulmonary cells. Given the enhancement of PACAP-mediated SARS-

CoV-2 inhibition when in the presence of a protease inhibitor, we tested whether

the association of the neuropeptides with the protease-targeting antivirals could

also increase VIP and PACAP inhibition of SARS-CoV-2 replication in pulmonary cells, as several viral protease inhibitors can also target cell proteases and peptidases (43). We tested the combination of VIP or PACAP with atazanavir, a classical HIV-1 protease inhibitor which also inhibits SARS-CoV-2 (44), or with ritonavir (whose aminopeptidase inhibition is more prominent than atazanavir (43)). For comparison, we also evaluated the combination with remdesivir, an inhibitor of RNA-dependent RNA polymerase and potent inhibitor of SARS-CoV-2 replication in vitro (45). The concentrations used for atazanavir (ATV) and ritonavir (RDV) were 5 uM, which did not significantly inhibit SARS-CoV-2 replication (Fig. 4A). The combination the neuropeptides with ATV, did not promote any increment in the inhibition of SARS-CoV-2 replication (Fig. 4B and 4C). However, when in combination with RTV, VIP and PACAP performed better than alone, with a higher inhibition with VIP+RTV at 5 nM than VIP alone at the same concentration; and PACAP achieving an optimal inhibitory concentration of 5 nM (Fig. 4C), equal to that observed when combined to Bestatin (Fig. 3C). Surprisingly, the association of VIP or PACAP with remdesivir (RDV) resulted in a strong potentiation of VIP and PACAP inhibition of SARS-CoV-2 replication in Calu-3 cells (Fig. 4B and 4C).

VIP and PACAP reduce production of proinflammatory cytokines by SARS-CoV-2-infected monocytes and Calu-3 cells. Given the hypothesis that controlling the production of proinflammatory cytokines may be critical for reducing SARS-CoV-2 replication and limiting tissue damages, and based on evidence that VIP and PACAP can regulate the inflammatory response (27,46), we next evaluated whether both neuropeptides could attenuate the production of proinflammatory mediators by SARS-CoV-2-infected monocytes or lung epithelial cells. As shown in Fig. 5A, SARS-CoV-2-infected monocytes produced large

amounts of the proinflammatory mediators IL-6, IL-8, TNF-α and MIF relative to uninfected cells (15, 4, 12 and 18 times more, respectively). In contrast, the treatment of monocytes with either neuropeptide after SARS-CoV-2 infection reduced to 66%, 50%, 66% and 50% the cellular production of IL-6, IL-8, TNF-α and MIF, respectively. Furthermore, VIP and PACAP reverted by approximately the same degree the release of IL-6 and IL-8 by Calu-3 cells (Fig. 5B), implying that VIP and PACAP may offer a critical protection to inflamed lungs affected by SARS-CoV-2 replication. Because proinflammatory cytokines may favor SARS-CoV-2 replication, which, in turn, can amplify the cellular synthesis of these mediators, these findings may support our assumption that VIP and PACAP offer tissue protection by inhibiting virus replication and regulating the boost of cytokine production.

VIP and PACAP regulate the activation of transcription factors in SARS-CoV-2-infected monocytes. Based on the fact that the transcription factor NF-kB is critically involved in the cellular production of inflammatory mediators (47), and on our own findings that VIP and PACAP can inhibit its activation in HIV-1-infected macrophages (33), we investigated whether both neuropeptides would exert this same effect on SARS-CoV-2-infected monocytes. As can be seen in Fig. 6A, we initially observed that NF-kB is up-modulated in infected cells (as measured by the increased amount of phosphorylated NF-kBp65 subunit) and, in addition, that VIP and PACAP reduced the NF-KBp65 phosphorylation, evidencing the significant anti-NF-kBp65 activity of VIP and PACAP. We believe that the SARS-CoV-2-induced NF-kB activation could have contributed for the elevated production of proinflammatory cytokines by SARS-CoV-2-infected monocytes, and that the inhibition of this transcription factor by VIP and PACAP was critical for the

decreased synthesis of these mediators by the same cells. Following, we analyzed

the effects of both neuropeptides on the activation of CREB, a transcription factor

induced by several GPCR ligands, including VIP and PACAP (48), and also

involved in the induction of anti-inflammatory cytokines (49,50). CREB and NF-kB

share the CREB-binding protein/p300 (CBP/p300 protein) as a cofactor, and

CREB activation results in the inhibition of NF-kB (51). We found that activation of

CREB was diminished in SARS-CoV-2-infected monocytes, a finding coherent

with NF-kB activation in the same cells (Fig. 6B). Consistent with this finding, VIP

and PACAP promoted CREB activation (as measured by augmentation of CREB

phosphorylation) in those infected monocytes, a result matching the inhibition of

NF-kB and the reduction of cellular production of proinflammatory cytokines.

We also evaluated in SARS-CoV-2-infected monocytes the expression of

the active form of SREBP-1 and SREBP-2, a transcription factor that also interacts

with CBP/p300 (52), and is crucial for the replication of several viruses, including

coronaviruses (53–55). In fact, we and other authors reported that SARS-CoV-2

infection promotes the activation of SREBP, and that this activation is associated

with enhanced viral replication (56) and COVID-19 disease severity(57). We found

that the levels of both isoforms of SREBP in active state are increased in SARS-

CoV-2-infected monocytes, but reduced in infected monocytes exposed to VIP and

PACAP when compared to the untreated infected cells, lowering to the same basal

levels found in uninfected monocytes (Fig. 6C and 6D, Supp. Fig. 1).

Together, these results suggest that the restriction of SARS-CoV-2

replication in monocytes and, possibly, in pulmonary cells (represented in this

work by the Calu-3 cell line) by VIP and PACAP can also be the outcome of the

intrinsic modulation of transcription factors related to the regulation of inflammatory

factors that are involved directly and indirectly with the viral replication, either by

favoring the cellular damage, through exacerbating the inflammation, or by

promoting a permissive cellular microenvironment for viral replication.

Plasma levels of VIP are elevated in patients with severe forms of COVID-19.

Based on our results showing that VIP and PACAP, besides inhibiting viral

replication and production, can also control the production of proinflammatory

mediators by SARS-CoV-2-infected monocytes and lung epithelial cells, we

measured the levels of both neuropeptides in plasma samples of SARS-CoV-2-

infected individuals. We found that the amount of VIP is significantly elevated in

patients affected by the most severe forms of infection, relative to levels of

uninfected healthy controls and asymptomatic/mild patients (Fig. 7A). We also

observed that some critically ill patients had increased levels of PACAP, but

without statistical significance when considering the entire group (Fig. 7B). In

addition, levels of VIP positively correlated with levels of C-reactive protein (CRP)

(Fig. 7C), but neither VIP nor PACAP levels correlated with other inflammatory

markers, such as D-dimer, fibrinogen or IL-6 (data not shown), or with each other

(Fig. 7D). We found a positive correlation between VIP levels and viral load in

positive swab samples from mild and severe COVID-19 patients (Fig. 7E and 7F).

Severe COVID-19 patients admitted to the ICU were further stratified between

those requiring invasive mechanical ventilation or noninvasive O_2

supplementation, or according to the 28-day mortality outcome as survivors or

non-survivors. For PACAP we did not observe statistical significance in the

stratified groups (Fig. 7G and 7H), the same for VIP considering respiratory

support (Fig. 7I). However, we found that VIP plasma levels were significantly

higher in survivors than in non-survivors (Fig. 7J).

Taking into account that VIP and PACAP regulate inflammatory reactions, it

is possible that their increased circulating amounts reflect a counter-regulatory

effect elicited by the dysregulated immune response typical of the more severe

clinical status of COVID-19 patients. The levels of VIP and PACAP in SARS-CoV-

2-infected tissues should be a matter of future studies, to support our hypothesis.

Discussion

In this work, we report that the neuropeptides VIP and PACAP, endogenous

molecules presenting anti-inflammatory properties, are able to inhibit SARS-CoV-2

RNA synthesis and viral production and reduce the exacerbated synthesis of

proinflammatory mediators due to infection, in human monocytes and lung

epithelial cells. Also, we identified that VIP plasma levels are elevated in patients

with severe forms of COVID-19, corresponding with viral load, and elevated VIP

levels at ICU admission predicts patients' favorable outcome, including association

with patient survival. Our findings provide the scientific basis for clinical trials with

VIP (Aviptadil), which can be used in intravenous (58) and inhaled (59)

formulations. Indeed, first results of clinical studies with VIP are expected to be

disclosed in the next year (58,59). Clinical data, along with mechanism described

here, may allow additional larger trials with VIP, an overlooked molecule

associated with antiviral, anti-inflammatory and enhanced survival activities.

Both neuropeptides regulate the inflammatory response due to their ability

to decrease the production of proinflammatory mediators, and to elicit the

production of anti-inflammatory molecules, Given that VIP and PACAP and their

receptors are systemically distributed, including the lungs (22,60), brain and gut,

we believe that the anti-SARS-CoV-2 effects of both neuropeptides would not be

restricted to the respiratory tract, as shown by many studies in other chronic

inflammatory illnesses.

Here, we initially observed that VIP and PACAP decreased the genome

replication of SARS-CoV-2 in monocytes, in parallel with protecting the cells from

virus-induced cytopathicity. By diminishing the intracellular levels of viral RNA and

other viral molecules, VIP and PACAP could prevent the cell death by pyroptosis,

which has been described as one of the main causes of cell damage during

SARS-CoV-2 infection (13,14). While preserving the viability of monocytes, VIP

and PACAP also diminished the production of the proinflammatory cytokines IL-6,

IL-8, TNF-α and MIF by these cells, which is in agreement with the reported ability

of these neuropeptides to regulate the inflammatory response (24–27,61). We

found similar results with lung epithelial cells, further supporting the assumption

that VIP and PACAP may offer a critical protection to inflamed lungs affected by

SARS-CoV-2 replication. Because these mediators are elevated in patients with

COVID-19, it is possible that the higher amounts of VIP in patients with severe

forms of infection may reflect a counter-regulatory feedback elicited by the

dysregulated immune response of these patients. Interestingly, the cellular

protection conferred by VIP or PACAP to SARS-CoV-2-infected monocytes can be

transferred to other neighboring virus target cells (Fig. 2E), suggesting that a

bystander effect can ultimately protect other SARS-CoV-2-infected cells not

directly interacting with VIP or PACAP. More investigations are needed to identify

the nature of the putative protecting factors present in the monocyte supernatants.

The ability of VIP and PACAP to inhibit the SARS-CoV-2-induced activation

of the subunit p65 of the transcription factor NF-kB, pertain to a complex molecular

mechanism leading to reduction of proinflammatory cytokines synthesis by SARS-

CoV-2-infected monocytes. Also, we detected here that the transcription factor

CREB, which can act as a negative regulator of NF-kB (62,63), is down-regulated

in SARS-CoV-2-infected monocytes, in opposition to NF-kB activation in the same

cells. In some models (64–69), CREB activation is related to induction of anti-

inflammatory cytokines concomitant with reduction of pro-inflammatory molecules,

mainly through direct transcription of its targets, such as IL-10, or through

competing with NF-kB by their shared co-activator protein CBP/p300

(49,62,63,69). Besides its role in the balance between pro- and anti-inflammatory

cytokines, CREB activation is also involved with the anti-apoptotic response in

monocytes and macrophages, during differentiation and inflammatory stimuli

(70,71). Thus, the imbalance between CREB and NF-kB, either as a direct effect

of infection by SARS-CoV-2 or a consequence of exposure of bystander cells to

viral products and inflammatory molecules, could be an important target for

inhibition of SARS-CoV-2 deleterious effects, at least in monocytes and probably

also in lung cells, as a similar imbalance between CREB and NF-kB was observed

in an acute inflammatory pulmonary condition (51).

The induction of SREBP activity by SARS-CoV-2 was consistent with data

showing its increase and association with COVID-19 severity in patients (57).

SREBPs are transcription factors that have well-defined roles in the regulation of

cellular lipid homeostasis (72). They exist in an inactive form associated to the

endoplasmatic reticulum, where initial activation occurs, completing the activation

in the Golgi apparatus before migrating to the nucleus (72). SREBP1 regulates the

expression of fatty acid biosynthesis genes, whilst SREBP2 regulates genes

involved in cholesterol biosynthesis, intracellular lipid movement and lipoprotein

import (72). While crucial for metabolic homeostasis, both transcription factors are

involved in pathologies when misbalanced or overactivated (72), and several

viruses are reported to induce their activation, as for their optimal replication, the

up-regulation of host lipid biosynthesis is a requirement (53–55). In fact, our group

just reported that SARS-CoV-2 activates SREBP-1 and other pathways of lipid

metabolism in human cells, and that lipid droplets enhance viral replication and

production of inflammatory mediators (56). The inhibition of SREBP activation in

SARS-CoV-2-infected monocytes exposed to VIP and PACAP points to a possible

mechanism of viral inhibition directly related to the replicative cycle, since inhibiting

SREBPs activation, the replication process can be restrained via limiting the

supply of energy and building blocks, ultimately delaying or even stopping the

replicative process.

Similar to NF-kB and CREB, the association of SREBP with CBP/p300 (52)

makes its function susceptible to the availability of this co-factor, which abundance

can be low or high depending on the state of activation of NF-kB and CREB. Thus,

the modulation of each one of these factors by VIP and PACAP can reflect a fine

tuning of the transcriptional regulation of metabolic and inflammatory pathways,

which in turn can affect the replication of SARS-CoV-2.

Because VIP and PACAP signaling pathway outcome is dependent of the

combined action of the receptors activated by them (VIP and PACAP receptors

can elicit cell signaling in homo and hetero dimers (73)), we evaluated whether

they were involved in the final outcome analyzed. Our assays suggest that

signaling through the receptors VPAC1 and VPAC2 contributed for VIP- and

PACAP-mediated reduction of SARS-CoV-2 RNA synthesis in monocytes and viral

production in Calu-3 cells, with VPAC1 activation alone being able to reproduce

the SARS-CoV-2 inhibition promoted by the natural neuropeptides. The inhibition

profile of SARS-CoV-2 by VIP and PACAP in Calu-3 cells may be biased

regarding the expected action in the lungs, since Calu-3 cells appear to express

only VPAC1 (34). However, lung tissues, while reported to express high levels of

VPAC1, also express VPAC2 and PAC1 (35,37), and, more specifically, VPAC2

mRNA was detected in airway epithelial, glandular, and immune cells of the lung

(36). Therefore, while the inhibition curve of SARS-CoV-2 by VIP and PACAP in

Calu-3 cells points to different optimal doses than those obtained for monocytes, it

is possible that in normal lung cells and tissue, VIP and PACAP could present a

broader range of action in the inhibition of SARS-CoV-2. In fact, VIP and specific

agonists for VPAC1 or VPAC2 have been proposed and tested for respiratory

conditions, like asthma (74–76), pulmonary arterial hypertension (PAH) (74,77,78)

and chronic obstructive pulmonary disease (COPD) (74,75,79), demonstrating that

the anti-inflammatory actions of VIP/PACAP can be achieved in lung tissues.

Future studies should define which of these receptors would preferentially be

activated by specific agonists to restrain SARS-CoV-2 replication in lungs or other

sites. Together with the possible differences of receptor expression and self-

regulatory characteristics of GPCRs, a third regulation level of VIP and PACAP

action on pulmonary cells can be achieved by the activity of proteases and

peptidases, as lungs are described to express high levels of several of them in

both normal and pathological conditions (38–40). Some of these peptidases could

target VIP and PACAP, thus altering the ligand/receptor ratio and modulating the

signaling pathways.

The improvement of VIP and PACAP action on SARS-CoV-2 inhibition in

Calu-3 cells when combined with Bestatin, suggests that some aminopeptidases

are involved in the processing or degradation of these neuropeptides. Likewise,

the finding that the anti-SARS-CoV-2 effect of both neuropeptides is enhanced

when they were combined with RTV, which *per se* did not inhibit SARS-CoV-2

replication but can inhibit cellular peptidases (43), supports the view that a

possible clinical use of VIP or PACAP for COVID-19 treatment would be aided by

a concomitant inhibition of aminopeptidases. In fact, Bestatin (Ubenimex) has

already been evaluated for clinical use for some types of cancer and

cardiovascular diseases, with no significant side effects (80,81). The strong

inhibition of virus production resulting from the combination of VIP and PACAP

with remdesivir raises the possibility that the direct inhibition of SARS-CoV-2

transcription by this antiviral could alleviate the excessive metabolic burden on

cellular processes, due to sheer reduction of viral load in the infected cells,

ultimately favoring the antiviral and anti-inflammatory actions of VIP and PACAP

on these cells.

Since up to now there are no antivirals specific to SARS-CoV-2, and that

the hyper-inflammation may persist even after the lowering of the viral load, the

searching for compounds that target the aberrant production of proinflammatory

cytokines and, simultaneously, the own viral replication, should be stimulated. Our

present results showing that VIP and PACAP hold these two critical activities point

these neuropeptides or their analogue molecules as potential therapeutic agents

for COVID-19.

Materials and Methods

Cells, virus and reagents. African green monkey kidney cells (Vero, subtype E6) and human lung epithelial cell lines (Calu-3) were expanded in high glucose DMEM (Vero) or MEM (Calu-3) with 10% fetal bovine serum (FBS; HyClone), with 100 U/mL penicillin and 100 µg/mL streptomycin (Pen/Strep; Gibco) at 37°C in a humidified atmosphere with 5% CO_2.

Peripheral blood mononuclear cells (PBMCs) were isolated by density gradient centrifugation (Ficoll-Paque, GE Healthcare) from buffy-coat preparations of blood from healthy donors. PBMCs (2×10^6 cells) were plated onto 48-well plates (NalgeNunc) in RPMI-1640 with 5% inactivated male human AB serum (Merck) for 3 hours. Non-adherent cells were removed and the remaining monocytes were maintained in DMEM (low-glucose) with 5% human serum (Merck) and 100 U/mL penicillin and 100 µg/mL streptomycin (Pen/Strep; Gibco). The purity of human monocytes was above 90%, as determined by flow cytometric analysis (FACScan; Becton Dickinson) using anti-CD3 (BD Biosciences) and anti-CD14 (BD Biosciences) monoclonal antibodies.

SARS-CoV-2 was expanded in Vero E6 cells from an isolate contained on a nasopharyngeal swab obtained from a confirmed case in Rio de Janeiro, Brazil (GenBank accession no. MT710714). Viral isolation was performed after a single passage in a cell culture in a 150 cm^2 flasks with high glucose DMEM plus 2% FBS. Observations for cytopathic effects were performed daily and peaked 4 to 5 days after infection. All procedures related to virus culture were handled in biosafety level 3 (BSL3) multiuser facilities according to WHO guidelines. Virus

titers were determined as plaque forming units (PFU/mL), and virus stocks were

kept in -80°C ultralow freezers.

The neuropeptides VIP and PACAP and the VPAC1 and VPAC2 agonists

(Ala^{11,22,28})-VIP and Bay 55-9837, respectively, were purchased from Tocris. The

PAC1 agonist Maxadilan was kindly donated by Dr. Ethan A. Lerner (Department

of Dermatology, Massachusetts General Hospital, MA, USA). All peptides and

agonists were diluted in PBS. The antivirals atazanavir (ATV), ritonavir (RTV) and

remdesivir (RDV) were purchased from Selleckhem, dissolved in 100%

dimethylsulfoxide (DMSO) and subsequently diluted at least 10^4-fold in culture or

reaction medium before each assay. The final DMSO concentrations showed no

cytotoxicity.

Infections and virus titration. Infections were performed with SARS-CoV-2 at

MOI of 0.01 (monocytes) or 0.1 (Calu-3) in low (monocytes) or high (Calu-3)

glucose DMEM without serum. After 1 hour, cells were washed and incubated with

complete medium with treatments or not. For virus titration, monolayers of Vero E6

cells (2 x 10^4 cell/well) in 96-well plates were infected with serial dilutions of

supernatants containing SARS-CoV-2 for 1 hour at 37°C. Semi-solid high glucose

DMEM medium containing 2% FSB and 2.4% carboxymethylcellulose was added

and cultures were incubated for 3 days at 37 °C. Then, the cells were fixed with

10% formalin for 2 hour at room temperature. The cell monolayer was stained with

0.04% solution of crystal violet in 20% ethanol for 1 hour. Plaque numbers were

scored in at least 3 replicates per dilution by independent readers blinded to the

experimental group and the virus titers were determined by plaque-forming units

(PFU) per milliliter.

Molecular detection of virus RNA levels. The total RNA was extracted from cultures using QIAamp Viral RNA (Qiagen®), according to manufacturer's instructions. Quantitative RT-PCR was performed using QuantiTect Probe RT-PCR Kit (Quiagen®) in a StepOnePlus™ Real-Time PCR System (Thermo Fisher Scientific). Amplifications were carried out in 15 µL reaction mixtures containing 2× reaction mix buffer, 50 µM of each primer, 10 µM of probe, and 5 µL of RNA template. Primers, probes, and cycling conditions recommended by the Centers for Disease Control and Prevention (CDC) protocol were used to detect the SARS-CoV-2 (82). The standard curve method was employed for virus quantification. For reference to the cell amounts used, the housekeeping gene RNAse P was amplified. The Ct values for this target were compared to those obtained to different cell amounts, 10^7 to 10^2, for calibration.

SDS-PAGE and Western blot for SREBPs. After 24h of SARS-CoV-2 infection, monocytes were harvested using ice-cold lysis buffer (1% Triton X-100, 2% SDS, 150 mM NaCl, 10 mM HEPES, 2 mM EDTA containing protease inhibitor cocktail - Roche). Cell lysates were heated at 100 °C for 5 min in the presence of Laemmli buffer (20% β-mercaptoethanol; 370 mM Tris base; 160 µM bromophenol blue; 6% glycerol; 16% SDS; pH 6.8), and 20 µg of protein/sample were resolved by electrophoresis on SDS-containing 10% polyacrylamide gel (SDS-PAGE). After electrophoresis, the separated proteins were transferred to nitrocellulose membranes and incubated in blocking buffer (5% nonfat milk, 50 mM Tris-HCl, 150 mM NaCl, and 0.1% Tween 20). Membranes were probed overnight with the following antibodies: anti-SREBP-1 (Proteintech #14088-1-AP), anti-SREBP-2 (Proteintech #28212-1-AP) and anti-β-actin (Sigma, #A1978). After the washing steps, they were incubated with IRDye - LICOR or HRP-conjugated secondary

antibodies. All antibodies were diluted in blocking buffer. The detections were

performed by Supersignal Chemiluminescence (GE Healthcare) or by

fluorescence imaging using the Odyssey system. The densitometries were

analyzed using the Image Studio Lite Ver 5.2 software.

Measurements of inflammatory mediators, cell death, NF-kBp65, CREB and

neuropeptides. The levels of IL-6, IL-8, TNF-α and MIF were quantified in the

supernatants from uninfected and SARS-CoV-2-infected Calu-3 cells and

monocytes by ELISA (R&D Systems), following manufacturer's instructions, and

results are expressed as percentages relative to uninfected cells. Cell death was

determined according to the activity of lactate dehydrogenase (LDH) in the culture

supernatants using a CytoTox® Kit (Promega, USA) according to the

manufacturer's instructions. Results are expressed as percentages of released

LDH compared to control cells lysed with 0.8% Triton X-100. Supernatants were

centrifuged at 5,000 rpm for 1 minute, to remove cellular debris. Evaluation of NF-

kBp65 and CREB activation was performed in infected or uninfected monocytes

using NFkB p65 (Total/Phospho) InstantOne™ and CREB (Total/Phospho)

Multispecies InstantOne™ ELISA Kits (Thermo Fisher), according to

manufacturer's instructions. VIP and PACAP levels were quantified in the plasma

from patients or control volunteers using standard commercially available ELISA

and EIA Kits, according to the manufacturer's instructions (Abelisa).

Human subjects. We prospectively enrolled severe or mild/asymptomatic COVID-

19 RT-PCR-confirmed cases, and SARS-CoV-2-negative controls. Blood and

respiratory samples were obtained from the 24 patients with severe COVID-19

within 72 hours from intensive care unit (ICU) admission in two reference centers

(Instituto Estadual do Cérebro Paulo Niemeyer and Hospital Copa Star, Rio de Janeiro, Brazil). Severe COVID-19 was defined as those critically ill patients presenting viral pneumonia on computed tomography scan and requiring oxygen supplementation through either a nonrebreather mask or mechanical ventilation. Four outpatients presenting mild self-limiting COVID-19 syndrome, and two SARS-CoV-2-positive asymptomatic subjects were also included. All patients had SARS-CoV-2 confirmed diagnostic through RT-PCR of nasal swab or tracheal aspirates. Peripheral vein blood was also collected from 10 SARS-CoV-2-negative healthy participants as tested by RT-PCR on the day of blood sampling. The characteristics of severe (n=24), mild/asymptomatic (n=6) and healthy (n=10) participants are presented in **Table 1**. Mild and severe COVID-19 patients presented differences regarding the age and the presence of comorbidities as obesity, cardiovascular diseases and diabetes (**Table 1**), which is consistent with previously reported patient cohorts (2,83–85). The SARS-CoV-2-negative control group, however, included subjects of older age and chronic non-communicable diseases, so it is matched with mild and critical COVID-19 patients, except for hypertension (**Table 1**). All ICU-admitted patients received usual supportive care for severe COVID-19 and respiratory support with either noninvasive oxygen supplementation (n=5) or mechanical ventilation (n=19) (**Supplemental Table 1**). Patients with acute respiratory distress syndrome (ARDS) were managed with neuromuscular blockade and a protective ventilation strategy that included low tidal volume (6 mL/kg of predicted body weight) and limited driving pressure (less than 16 cmH2O) as well as optimal PEEP calculated based on the best lung compliance and PaO2/FiO2 ratio. In those with severe ARDS and PaO2/FiO2 ratio below 150 despite optimal ventilatory settings, prone position was initiated. Our

management protocol included antithrombotic prophylaxis with enoxaparin 40 to 60 mg per day. Patients did not receive routine steroids, antivirals or other anti-inflammatory or anti-platelet drugs. The SARS-CoV-2-negative control participants were not under anti-inflammatory or anti-platelet drugs for at least two weeks. All clinical information was prospectively collected using a standardized form - ISARIC/WHO Clinical Characterization Protocol for Severe Emerging Infections (CCPBR). Clinical and laboratory data were recorded on admission in all severe patients included in the study and the primary outcome analyzed was 28-day mortality (n = 11 survivors and 13 non-survivors, **Supplemental Table 2**). Age and the frequency of comorbidities were not different between severe patients requiring mechanical ventilation or noninvasive oxygen supplementation neither between survivors and non-survivors (**Supplemental Table 1 and 2**).

Statistical analysis. Statistics were performed using GraphPad Prism software version 8. All the numerical variables were tested regarding their distribution using the Shapiro-Wilk test. One-way analysis of variance (ANOVA) was used to compare differences among 3 groups following a normal (parametric) distribution, and Tukey's post-hoc test was used to locate the differences between the groups; or Friedman's test (for non-parametric data) with Dunn's post-hoc test. Comparisons between 2 groups were performed using the Student t test for parametric distributions or the Mann-Whitney U test for nonparametric distributions. Correlation coefficients were calculated using Pearson's correlation test for parametric distributions and the Spearman's correlation test for nonparametric distributions.

Study approval. Experimental procedures involving human cells from healthy donors were performed with samples obtained after written informed consent and were approved by the Institutional Review Board (IRB) of the Oswaldo Cruz Institute/Fiocruz (Rio de Janeiro, RJ, Brazil) under the number 397-07. The National Review Board approved the study protocol (CONEP 30650420.4.1001.0008) for clinical samples, and informed consent was obtained from all participants or patients' representatives.

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publish the results. The authors declare no competing financial interests.

Author Contribution

Conceived the study: JRT, TMLS, DCBH; Designed the experiments: JRT, PTB,

TMLS, DCBH; Performed the experiments: JRT, CQS, NFR, CRRP, CSF, SSGD,

ACF, MM, VCS, LT, IGAQ, EDH, PK; Analyzed the data: JRT, PTB, IGAQ, EDH,

PK, FAB, TMLS, DCBH; Wrote the paper: JRT, PTB, TMLS, DCBH. All authors

reviewed and approved the manuscript.

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 Figure legends

Figure 1. VIP and PACAP inhibit SARS-CoV-2 gene replication in monocytes and

protect the cells from virus-mediated cytopathicity. (A, B) Monocytes were infected

with SARS-CoV-2 and exposed to the indicated concentrations of (A) VIP or (B) PACAP.

Virus RNA synthesis was evaluated by qPCR in the culture supernatants 24 hours after

infection. (C) Cellular viability was analyzed by measuring LDH release in the

supernatants of uninfected or SARS-CoV-2-infected monocytes, treated or not with VIP or

PACAP. (D, E) Similar to A and B, except that cells were treated with agonists for VIP and

PACAP receptors, as indicated, at different concentrations (D) or with combined

equivalent doses VIP and PACAP (E). Data in A, B, D and E are shown normalized to

infected cells kept only with culture medium, and in C represent means ± SD of absolute

values. *$p \leq .05$; **$p \leq .01$. (A, B) n=5; (D) n=6; (D, E) n=4

Figure 2. **VIP and PACAP inhibit SARS-CoV-2 replication in Calu-3 cells, protect the**

cells from virus-mediated cytopathicity, and mediate transmission of viral

resistance from monocytes to human lung cells. Calu-3 cells were infected by SARS-

CoV-2 and then left untreated (0) or treated with the indicated concentrations of VIP (A) or

PACAP (B). After 48 hours, supernatants were collected, and viral replication was

evaluated by quantifying PFUs in plaque assays. (C) Cellular viability was analyzed by

measuring LDH release in the supernatants of uninfected or SARS-CoV-2-infected Calu-3

cells, treated or not with VIP (1 nM) or PACAP (50 nM). (D) Similar to A and B, except that

cells were treated with agonists for VIP and PACAP receptors, as indicated, at different

concentrations. (E, three bars on the left) SARS-CoV-2-infected Calu-3 cells were kept

untreated (Control) or received CM (50% final dilution) from VIP- or PACAP-treated

uninfected monocytes. (E, three bars on the right) SARS-CoV-2-infected Calu-3 cells were

kept untreated (Control) or received CM (50% final dilution) from VIP- or PACAP-treated

SARS-CoV-2-infected monocytes. After 48 hours, supernatants were collected, and viral

replication was evaluated by quantifying PFUs in plaque assay. Data are shown as means

± SD. *$p \leq .05$; **$p \leq .01$. (A, B, C, D) n=4; (E) n=5

Figure 3. **Influence of peptidases on VIP- or PACAP-induced inhibition of SARS-**

CoV-2 replication in pulmonary cells. Calu-3 cells were infected with SARS-CoV-2 and

treated with Bestatin at 500 nM (A), or with the indicated concentrations of VIP (B) or

PACAP (C) associated or not with Bestatin 500 nM. After 48 hours, supernatants were

collected, and viral replication was evaluated by quantifying PFUs in plaque assay. Data

are shown as means ± SD. * and + represent $p \leq .05$ versus control (0), and # represents

$p \leq .05$ of neuropeptide versus neuropeptide + Bestatin at indicated concentrations. (A, B,

C) n=4

Figure 4. Association with antivirals increments the neuropeptide anti-SARS-CoV-2

effect in pulmonary cells. Calu-3 cells were infected with SARS-CoV-2 and treated with

ATV 5 uM, RTV 5 uM or RDV 0.1 uM (A), or with the indicated concentrations of VIP (B)

or PACAP (C) associated or not with ATV, RTV or RDV. After 48 hours, supernatants

were collected, and viral replication was evaluated by quantifying PFUs in plaque assay.

Data are shown as means ± SD. *, +, # and § represent $p \leq .05$ versus control (0), and "x"

represents $p \leq .05$ of neuropeptide versus neuropeptide + RTV (5 nM). (A, B, C) n=4

Figure 5. **VIP and PACAP reduce production of proinflammatory mediators by**

SARS-CoV-2-infected monocytes and Calu-3 cells. Monocytes and Calu-3 cells were

infected with SARS-CoV-2 for 1 hour, and then exposed to VIP or PACAP (10 nM each for

monocytes, 1 nM of VIP or 50 nM of PACAP for Calu-3 cells). The levels of IL-6, IL-8,

TNF-α and MIF were measured in culture supernatants of monocytes after 24 hours (A),

and of IL-6 and IL-8 after 48 hours for Calu-3 cells (B), by ELISA. Data represent means ±

SD. *$p \leq .05$; **$p \leq .01$. (A) n=6; (B) n=4

Figure 6. **VIP and PACAP regulate the activation of transcription factors in SARS-**

CoV-2-infected monocytes. Monocytes were infected by SARS-CoV-2 and, 1 hour later,

the infected cells were exposed (or not - Nil) to VIP or PACAP (at 10 nM). After 24 hours,

the cells were lysed and the ratios between phosphoNF-kBp65/total NF-kBp65 (A),

phosphoCREB/total CREB (B), active SREBP-1/β-actin (C), and active SREBP-2/β-actin

(D) were quantified by ELISA (A and B) or by western blot (C and D) in the cell lysates.

Data represent means ± SD. *p ≤ .05; **p ≤ .01; ***p ≤ .001. (A, B) n=3; (C, D) n=4

Figure 7. **Plasma level of VIP is elevated in patients with severe forms of COVID-19.**

The levels of VIP (A) and PACAP (B) in the plasma of SARS-CoV-2-negative control

participants, SARS-CoV-2-positive asymptomatic subjects, or symptomatic patients

presenting mild to severe COVID-19 syndrome were quantified by ELISA. Correlation

between levels of VIP and CRP (C) and levels of both neuropeptides (D) in the plasma

from patients with COVID-19. Correlation between viral load and VIP (E) or PACAP (F) in

mild and severe patients with detectable swabs samples. (G and I) Severe COVID-19

patients admitted to the ICU were stratified between those requiring invasive mechanical

ventilation or noninvasive O_2 supplementation. (H and J) Severe COVID-19 patients were

stratified according to the 28-day mortality outcome as survivors or non survivors. One

outlier (CRP = 621.64 mg/dL) was excluded from the analysis in panels C-D according to

the ROUT test. Linear regression (with the 95 % confidence interval) and Spearman's

correlation were calculated according to the distribution of the dots (controls: grey;

asymptomatics: brown; mild: green; severe: red). The horizontal lines in the box plots

represent the median, the box edges represent the interquartile ranges, and the whiskers

indicate the minimal and maximal value in each group. *p ≤ .05; **p ≤ .01.

 Table 1: Characteristics of COVID-19 patients and control subjects.

Characteristics[1]	Control (n=10)	Asymptomatical/ Mild (n=6)	Severe/critical (n=24)
Age, years	53 (32 – 60)	31 (29 – 34)	58 (48 – 66)
Sex, male	4 (40%)	2 (33.3 %)	12 (50 %)
Respiratory support			
Oxygen supplementation	0 (0%)	0 (0%)	5 (20.8%)
Mechanical ventilation	0 (0%)	0 (0%)	19 (79.2%)
SAPS 3	-	-	60 (55 – 71)
PaO2/FiO2 ratio	-	-	154 (99 – 373)
Vasopressor	-	-	10 (41.6%)
Time from symptom onset to blood sample, days	-	5 (-1 – 7)[2]	14 (8 – 17)
28-day mortality	-	-	13 (54.2%)
Comorbidities			
Obesity	1 (10%)	0 (0%)	5 (20.8%)
Hypertension	1 (10%)	0 (0%)	6 (25%)
Diabetes	0 (0%)	0 (0%)	9 (37.5%)
Cancer	0 (0%)	0 (0%)	3 (12.5%)
Heart disease[3]	0 (0%)	0 (0%)	2 (8.3%)
Presenting symptoms			
Cough	0 (0%)	3 (50%)	17 (70.8%)
Fever	0 (0%)	2 (33.3%)	18 (75%)
Dyspnea	0 (0%)	0 (0%)	20 (83.3%)
Headache	0 (0%)	2 (33.3%)	3 (12.5%)
Anosmia	0 (0%)	1 (16.6%)	8 (33.3%)
Laboratory findings on admission			
Leukocytes, x 1000/µL	-	-	138 (102 – 180)
Lymphocyte, cells/µL	-	-	1,167 (645 – 1,590)
Monocytes, cells/µL	-	-	679 (509 – 847)
Platelet count, x 1000/µL	-	-	169 (137 – 218)
C Reactive Protein, mg/L[4]	0.1 (0.1 – 0.18)	0.1 (0.1 – 0.11)	178 (74 – 308)*
Fibrinogen, mg/dL[4]	281 (232 – 302)	229 (197 – 324)	528 (366 – 714)*
D-dimer, IU/mL[4]	292 (225 – 476)	191 (190 – 291)	4836 (2364 – 10816)*
IL-6, pg/mL	13 (7 – 16)	9 (7.7 – 9.2)	33.5 (19.2 – 76.7)*

[1]Numerical variables are represented as the median and the interquartile range, and qualitative variables are represented as the number and the percentage.
[2]Day of sample collection after the onset of symptoms was not computed for asymptomatic subjects.
[3]Coronary artery disease or congestive heart failure.
[4]Reference values of C reactive Protein (0.00 – 1.00), Fibrinogen (238 – 498 mg/dL) and D-dimer (0 – 500 ng/mL).
*p < 0.05 compared to control. The qualitative variables were compared using the two tailed Fisher exact test, and the numerical variables using the t test for parametric and the Mann Whitney U test for nonparametric distributions.

Figure 1

Figure 2

Figure 3

Figure 4

A

B

C

Figure 5

A

B

Figure 6

Figure 7