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1 Nuclear pores constrict upon energy 2 depletion

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27 transport

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29 **Abstract**

30 Nuclear pore complexes (NPCs) fuse the inner and outer nuclear membranes and mediate
31 nucleocytoplasmic exchange. They are made of 30 different nucleoporins that form an
32 intricate cylindrical architecture around an aqueous central channel. This architecture is
33 highly dynamic in space and time. Variations in NPC diameter were reported, but the
34 physiological circumstances and the molecular details remain unknown. Here we combined
35 cryo-electron tomography and subtomogram averaging with integrative structural modeling
36 to capture a molecular movie of the respective large-scale conformational changes *in cellulo*.
37 While actively transporting NPCs adopt a dilated conformation, they strongly constrict upon
38 cellular energy depletion. Fluorescence recovery after photo bleaching experiments show
39 that NPC constriction is concomitant with reduced diffusion and active transport across the
40 nuclear envelope. Our data point to a model where the energy status of cells is linked to the
41 conformation of NPC architecture.

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42 **Introduction**

43 Nuclear pore complexes (NPCs) bridge the nuclear envelope (NE) and facilitate
44 nucleocytoplasmic transport. Across the eukaryotic kingdom, about 30 different genes
45 encode for NPC components, termed nucleoporins (Nups). Although specialized Nups have
46 been identified in many species, extensive biochemical and structural studies *in vitro* led to
47 the consensus that the core scaffold inventory is conserved. It consists of several Nup
48 subcomplexes that come together in multiple copies to form an assembly of eight asymmetric
49 units, called spokes, that are arranged in a rotationally symmetric fashion (1). The Y-complex
50 (also called Nup107 complex) is the major component of the outer rings (the nuclear and
51 cytoplasmic rings; NR and CR), which are placed distally into the nuclear and cytoplasmic
52 compartments. The inner ring complex scaffolds the inner ring (IR; also called spoke ring) that
53 resides at the fusion plane of the nuclear membranes. The Nup159 complex (also called P-
54 complex) asymmetrically associates with the Y-complex of the cytoplasmic ring and mediates
55 mRNA export. Despite these common features of quaternary structure, *in situ* structural
56 biology studies have revealed that the higher order assembly is variable across the eukaryotic
57 kingdom (2).

58

59 In addition to compositional variability across different species, NPC architecture is
60 conformationally highly dynamic and variations in NPC diameter have been observed in
61 various species and using different methods (3–7). It has been shown that dilation is part of
62 the NPC assembly process (8, 9). However, if NPC dilation and constriction may play a role
63 during active nuclear transport (10), or are required to open up peripheral channels for the
64 import of inner nuclear membrane proteins (11–13), remains controversial. It is difficult to
65 conceive that such large-scale conformational changes can occur on similar time scales as
66 individual transport events (14, 15), which would be the essence of a physical gate.
67 Nevertheless, several cues that potentially could affect NPC diameter have been suggested,
68 such as exposure to mechanical NE stress, mutated forms of Importin β , varying Ca^{2+}
69 concentrations or hexanediol (7, 16–21). However, these previous studies did neither explore
70 NPC diameter and its functional consequences within intact cellular environments nor did
71 they structurally analyze the conformational changes of nuclear pores in molecular detail.
72 Thus, physiological cause and consequence along with the molecular mechanisms of NPC
73 dilation and constriction remain enigmatic.

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75 Active nuclear transport of cargo relies on energy supply. Importin or exportin-mediated
76 transport requires the small GTPase RAN that binds either GTP in the nucleus or GDP in the
77 cytoplasm to ensure directionality of transport (22), while mRNA export is directly ATP
78 dependent (23). Cells of various organisms including *Schizosaccharomyces pombe* show a
79 rapid shut down of active nuclear transport and mRNA export when depleted of ATP (24–26).
80 This points to a well conserved mechanism, likely dependent on a concomitantly reduced
81 availability of free GTP (27). Moreover, energy depletion (ED) leads to a general
82 reorganization of the cytoplasm including solidification of the periplasm, general water loss
83 and reduction of the nuclear and cellular volume, which allows cells to endure under
84 unfavorable conditions (28–31). If the shutdown of active nuclear transport coincides with
85 the alteration in passive diffusion and potentially a conformational adaption of NPC
86 architecture remains unknown.

87

88 Here we demonstrate that in *S. pombe* NPCs (SpNPCs) constrict under conditions of ED, which
89 is concomitant with a reduction of both, free diffusion and active nuclear transport across the
90 nuclear envelope. Using *in cellulo* cryo-electron microscopy (cryo-EM) and integrative
91 structural modeling, we captured a molecular movie of NPC constriction. Our dynamic
92 structural model suggests large scale conformational changes that occur by movements of
93 the spokes with respect to each other but largely preserve the arrangement of individual
94 subcomplexes. Previous structural models obtained from isolated nuclear envelopes (32–37)
95 thereby represent the most constricted NPC state.

96

97 ***In cellulo* cryo-EM map of the *S. pombe* NPC**

98 To study NPC architecture and function *in cellulo* at the best possible resolution and structural
99 preservation, we explored various genetically tractable model organisms for their
100 compatibility with cryo-focused ion beam (FIB) specimen thinning, cryo-electron tomography
101 and subtomogram averaging (STA). *Saccharomyces cerevisiae* cells were compatible with high
102 throughput generation of cryo-lamellae and acquisition of tomograms. STA of their NPCs
103 resulted in moderately resolved structures (4). In contrast, a larger set of cryo-tomograms
104 from *Chaetomium thermophilum* cells did not yield any meaningful averages, possibly
105 because their NPCs displayed a very large structural variability. We therefore chose to work

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106 with *S. pombe* cells that are small enough for thorough vitrification, offer a superior geometry
107 for FIB-milling compared to *C. thermophilum* with the advantage of covering multiple cells
108 and, compared to *S. cerevisiae*, higher number of NEs and NPCs per individual cryo-lamellae
109 and tomogram, leading to high data throughput (**Fig. S1**).

110

111 To obtain a high quality cryo-EM map of *S. pombe* NPCs, we prepared cryo-FIB milled lamellae
112 of exponentially growing *S. pombe* cells and acquired 178 tomograms from which we
113 extracted 726 NPCs. Subsequent STA resulted in an *in cellulo* NPC average of very high quality
114 in terms of both visible features (**Fig. 1A, B and Fig. S2A**) and resolution (**Fig. S2B**). Systematic
115 fitting of the *S. pombe* IR asymmetric unit model (see Materials and Methods), resulted in a
116 highly significant fit (**Fig S3A**). The subsequent refinement with integrative modeling led to a
117 structural model that explains the vast majority of the observed electron optical density in
118 the IR (**Fig. 1B, Fig. S4, and Video S1**). The IR architecture appears reminiscent to NPC
119 structures of other eukaryotes (**Fig. S5**) further corroborating its evolutionary conservation
120 (1).

121

122 Although the outer rings are known to be more variable, the intra-subcomplex interaction
123 network of the Y-complex (Nup120, Nup85, Nup145C, Sec13, Nup84 and Nup133) has been
124 comprehensively characterized by many studies and considered to be conserved (1) (see
125 **Table S1** for nomenclature of Nups across different species). Systematic fitting revealed that
126 the NR of the SpNPC is composed of two concentric Y-complex rings (**Fig. 1A, Fig. S3B and**
127 **Video S1**) as in vertebrates and algae but as opposed to the single Y-complex ring observed
128 in *S. cerevisiae* (**Fig. S2A**) (4, 35, 38). Integrative modeling of the entire Y-complex ensemble
129 of the NR revealed a rather classical Y-complex architecture with the typical head-to-tail
130 oligomerization (**Fig. 2A and Fig. S4**). This analysis emphasizes that *S. pombe* Y-complex Nups
131 do localize to the NR, contrasting previous proposals (39). The homology models of SpNup131
132 and SpNup132 fit to the Y-complex tail region equally well, rendering these two proteins
133 indistinguishable by our approach.

134

135 Closer inspection of the cytoplasmic side of cryo-EM map revealed a surprising and
136 unprecedented architectural outline, since it did not form a ring. Instead, eight spatially
137 separated entities were observed (**Fig. 1A**) suggesting that the integrity of the cylindrical

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138 outline is rather provided by the IR and NR while the cytoplasmic protein entities serve as a
139 mere anchor point for the mRNA export platform, the Nup159 complex (**Fig. 2B**). Although
140 the dynein-arm that is characteristic for the *S. cerevisiae* NPC (40) is lacking, the Nup159
141 complex resembles its *S. cerevisiae* counterpart in shape (**Fig. S6A**). Systematic fitting and
142 subsequent refinement with integrative modeling revealed that the Y-complex vertex fits into
143 the density observed at the cytoplasmic side (**Fig. 2B, Fig. S3C, Fig. S4 and Video S1**). The
144 density potentially accounting for Nup107 and SpNup131/SpNup132 was missing (**Fig. S3D**)
145 and could not be recovered by local refinement (**Fig. S6B**). Instead, the observed density
146 sharply declined at the edge of SpNup189C consistent with previous work suggesting a split
147 of the SpNup189C-Nup107 interface (**Fig. S6C**) (39, 41). To independently confirm the identity
148 of the observed vertex-like density, we analyzed *nup37Δ* and *nup37Δ-ely5Δ* strains in which
149 non-essential, peripheral Y-complex Nups were deleted. The binding of both, Nup37 and Ely5
150 to Nup120 has been previously shown *in vitro* (42, 43), and as expected, density was missing
151 in the respective positions of all Y-complexes (**Fig. 2C-D and Fig. S7A-B**). Unexpectedly, a
152 density that could accommodate Ely5 homology model was missing also in the cytoplasmic Y-
153 complex, suggesting that Ely5 is present in *S. pombe* at both, the nuclear and the cytoplasmic
154 side of the NPC (**Fig 2D and Video S1**) unlike in higher metazoans where its homolog ELYS is
155 known to exclusively bind to the NR (35, 44). Otherwise, the NPC architecture remained
156 mostly unchanged, despite some increased flexibility in the Nup120 arm of the outer nuclear
157 Y-complex (**Fig. S7A-B**). These results unambiguously identify the density observed at the
158 cytoplasmic side as *bona fide* Y-complex vertex.

159

160 **Energy depletion leads to constriction of NPC scaffold and central channel**

161 Previous cryo-EM structures of NPCs obtained from isolated nuclear envelopes (32–37) or by
162 detergent extraction (45) had a smaller diameter as compared to those obtained from intact
163 cells (3, 4, 38, 46). We therefore hypothesized that NPC diameter may depend on the
164 biochemical energy level that is depleted during preparations of isolated nuclear envelopes
165 or NPCs but may also be reduced within intact cells e.g. during stress conditions. We set out
166 to systematically analyze the NPC architecture under conditions of energy depletion as
167 compared to exponentially growing cells. We structurally analyzed 292 NPCs subsequent to
168 1 hour of ED using non-hydrolysable 2-deoxy-glucose in combination with the respiratory
169 chain inhibitor antimycin A (see Materials and Methods). We measured the diameter based

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170 on centroids of the spokes as obtained by STA (see Materials and Methods) and found a
171 significant constriction of the mean central channel diameter during ED from ~ 70 nm to ~ 55
172 nm (**Fig. 3A**). The variation of diameters was larger within the population of NPCs exposed to
173 ED as compared to the actively transporting conditions, which likely blurred structural
174 features during STA. To generate a conformationally more homogenous ensemble, we split
175 the particles from the ED data set into two classes with central channel diameters of <50 nm
176 and >50 nm (533 and 1012 subunits respectively) (**Fig. 3B**) and refined them separately to <28
177 Å resolution (**Fig. 3C-D and Fig. S8A-B**). Both conformations of the ED state showed a smaller
178 NPC diameter compared to the control. The intermediate conformation was ~ 65 nm wide at
179 the IR while the most constricted conformation showed a diameter of ~ 49 nm (**Fig. 3D**) and
180 is thus comparable to the diameter observed in isolated NEs (32–37). We further calculated
181 the diameters at the level of the cytoplasmic side and NR and found that all three rings
182 constrict significantly during ED. While the diameter of the IR and cytoplasmic side changed
183 their conformation most dramatically, the NR was less affected (**Fig. 3E, Videos S4-S6**). The
184 estimated volume of the central channel in the most dilated state was almost twice as large
185 ($\sim 152'000$ nm³) as compared to the most constricted state ($\sim 86'000$ nm³) (**Fig. S8C**), which
186 likely translates to ~ 2 -fold change in concentration of the FG-repeats contained therein.

187
188 To better understand how NPCs accommodate such massive conformational changes on the
189 molecular level, we systematically fitted individual subcomplexes (**Fig. S9**) and built structural
190 models of the three different diameter states based on the cryo-EM maps (**Fig. 3C-D**) using a
191 multi-state integrative modeling procedure (**Fig S4**). In the cytoplasmic side and the NR,
192 conformational changes were limited to the curvature of the Y-complexes and inward-
193 bending of the mRNA export platform towards the center of the pore (**Videos S4-6**). In
194 contrast, the central channel constriction of the IR is more elaborate and mediated by a lateral
195 displacement of the 8 spokes that move as independent entities to constrict or dilate the IR
196 (**Fig. 3D and Videos S4-S6**). In the dilated state, around 3-4 nm wide gaps are formed in-
197 between the neighboring spokes, while in the constricted state the spokes form extensive
198 contacts (**Fig. S10A-B**), equivalent to those in the previously published structures of the
199 human NPC in isolated nuclear envelopes (36). Notably, the spokes do not move entirely as
200 rigid bodies, but some conformational changes occur within the Nup155 and Nsp1 complex
201 regions (**Video S7 and S8**). Those are however distinct from the previously proposed

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202 conformational sliding (10) and rather consistent with an overall preserved intra-subcomplex
203 arrangement (15, 47).

204

205 Interestingly, under conditions of ED additional density is arching out into the lumen of the
206 NE (**Fig S10A and C**), contrasting control conditions under which they are less clearly
207 discernible from the membrane. It has been previously proposed that such luminal structures
208 are formed by Pom152 (ScPom152 or HsGP210) (48, 49). In terms of their shape, the observed
209 arches are reminiscent to those observed in isolated *Xenopus laevis* (34). Our data imply that
210 the luminal ring conformation becomes more prominent upon constriction. If this has any
211 mechanical benefits to keep NPCs separated (34), or might rather limit the maximal dilation,
212 remains to be further investigated.

213

214 **NPC constriction is concomitant with reduced diffusion and active nuclear transport**

215 We wondered about the transport competence of NPCs in conditions under which they are
216 constricted in comparison to actively transporting, dilated NPCs. To address this, we
217 employed live cell imaging of *S. pombe* cells expressing a GFP variant tagged with a nuclear
218 localization signal (NLS) on its N- and C-terminus (NLS-GFP) that shows a nuclear localization
219 under control conditions (**Fig. 4A**). Already after 30 min of ED most of the NLS-GFP localized
220 into the cytoplasm (**Fig. 4 B**), confirming that active nuclear import is suspended (26). To
221 assess passive diffusion across the nuclear envelope, we performed fluorescence recovery
222 after photobleaching (FRAP) experiments of nuclei in cells expressing freely diffusing GFP at
223 different time points after ED as compared to control conditions (**Fig. 4C and Fig. S11A-B**) (see
224 Materials and Methods). GFP diffusion rates into the nucleus were significantly decreased
225 upon energy depletion (**Fig. 4C**), contrasting a minor, negligible effect observed within the
226 cytoplasm (**Fig. S11C**). Passive diffusion was the slowest after about 1 hour of ED, the time at
227 which we structurally analyzed NPC architecture and is thus concomitant with NPC
228 constriction (**Fig. 4C**).

229

230 ED was shown to generally reduce cellular and nuclear volumes *S. pombe* cells (28, 29, 31).
231 We therefore hypothesized that changes of diameter of the NPC could be a result of a reduced
232 nuclear size that may reduce mechanical strain imposed onto the NPC scaffold by the nuclear
233 membranes. As a proxy for nuclear size we quantified the median nuclear projection surface

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234 and indeed found a highly significant reduction from $71 \mu\text{m}^2$ to $<60 \mu\text{m}^2$ under conditions of
235 ED (**Fig. 4D**), while NE staining based on Nup60-mCherry fluorescence indicated NE wrinkling
236 (**Fig. 4A**). This data therefore points to a general shrinkage of nuclei during ED. For a spherical
237 nucleus, the observed changes in nuclear projection area correspond to a reduction of $\sim 15\%$
238 in nuclear surface area and $\sim 25\%$ in nuclear volume, which would be sufficient to cause a loss
239 of NE tension (50) and may relax NPC scaffold into the constricted conformation (**Fig S12**).

240

241 **Discussion and Conclusion**

242 Here we have investigated the compositional and conformational plasticity of NPC
243 architecture in intact cells. We demonstrate that SpNPC scaffold exhibits an unexpected
244 subcomplex arrangement that is breaking the long-standing dogma of a three ringed
245 architecture. Similar to vertebrates and green algae, two concentric Y-complex rings form the
246 NR. On the cytoplasmic side, eight individual cytoplasmic Y-complex vertices that do not
247 exhibit any head-to-tail connection and thus do not form a ring. Although we cannot entirely
248 exclude that the Y-complex tail is flexible at the cytoplasmic side and was thus not resolved
249 during averaging, several lines of evidence argue against this. Previous biochemical analysis
250 was suggestive of less tightly associated tail and vertex portions of the Y-complex in *S. pombe*
251 (41). Another investigation suggested a non-isostoichiometric assembly of Y-complex
252 members *in vivo* (39) and structural analysis of the Y-complex from yet another fungus,
253 namely *Myceliophthora thermophila*, had demonstrated *in vitro* that Nup145C forms a stable
254 fold and associates with the vertex in absence of Nup107 (51). Although the Y-complex does
255 contain hinges (32, 51–54) that are likely important to facilitate large scale conformational
256 changes, the Nup189C-Nup107 interface is not known to be flexible. Taken together with the
257 fact that the observed electron optical density sharply declines at the respective site, it is very
258 likely that the interface between SpNup189C (HsNup96) and SpNup107, which was thought
259 to be conserved, is not formed in the cytoplasm but only in the nucleoplasm. A recent study
260 forced SpNup107 to the cytoplasmic side by expression of a SpNup189C-SpNup107 fusion
261 protein which led to re-localization of SpNup131 to the cytoplasmic side (39), and thus further
262 supports the here observed absence of the cytoplasmic Y-complex tail. How precisely *S.*
263 *pombe* cells spatially segregate the two different types of Y-complexes remains uncertain.
264 Our survey of public databases for splice variants, post-translational modifications and

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265 homologous structures did not yield significant clues. In contrast to vertebrates (35, 44), *S.*
266 *pombe* Ely5 is a member of both the nuclear and the cytoplasmic Y-complex vertex. It appears
267 plausible that ELYS acquired additional functional domains during evolution of open mitosis
268 in metazoans such as the C-terminal disordered region and AT-hook to tether Y-complexes to
269 NPC seeding sites on chromatin and consequently to the nuclear side of the NE.

270

271 We further show how conformational changes in NPC architecture mediate its constriction
272 and dilation within intact cells in response to a defined physiological cue, namely the energy
273 status of the cell. ED leads to a massive constriction of the central channel that results in a
274 ~2-fold loss in volume and is concomitant with a reduction of passive diffusion across the NE,
275 while active nuclear transport is completely shut down. If the observed reductions of
276 molecular exchange are directly or indirectly related to the NPC constriction remains
277 challenging to address, given the manifold processes occurring in cells entering quiescence in
278 response to ED (28–30, 55, 56). It however appears plausible that a reduction of the nuclear
279 pore central channel volume limits the diffusion rate. In fact it has been suggested that NPCs
280 reduce the diffusion rate of passively translocating molecules in response to their molecular
281 size, rather than showing a strict size exclusion threshold (57). It has been further shown that
282 active nuclear transport does not enhance passive diffusion (58, 59) and several studies have
283 shown that cytoplasmic diffusion of small proteins, such as soluble mCherry, is not
284 significantly affected during ED (28). Finally, a recent study showed that the uptake and
285 partitioning of both passively diffusing and nuclear transport factor (NTF)-like molecules by
286 FG-domain *in vitro* is directly dependent on their concentration (60). All of which agrees
287 well with our findings. It therefore is plausible that a constricted central channel volume leads
288 to an increased local FG-domain concentration which in turn limits the passive diffusion of
289 molecules of a constant size, similar to the diffusion limitation observed in response to
290 increasing molecular size under control conditions.

291

292 Peripheral channels are thought to be important for the nuclear import of inner nuclear
293 membrane proteins (11–13). Here we observed around 3-4 nm wide lateral gaps between the
294 individual spokes of actively transporting NPCs. Notably, our data processing workflow yields
295 an average of conformation under the respective conditions and individual spokes are even

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296 more dynamic ((6) and this study). Therefore, it is plausible that the opening and closing of
297 peripheral channels may regulate the translocation of inner nuclear membrane proteins.

298

299 Based on crystal structures of fragments of the Nsp1 (HsNup62) complex, it had been
300 previously suggested that NPCs undergo dilation cycles that involve refolding and alternative
301 configurations of the coiled-coil domains of the complex (61). The conformational changes
302 observed in this study are very different. They do not necessitate a rearrangement of
303 subcomplex folds but are rather based on large scale movements (**Videos S4-S7**). Such
304 movements may also be relevant during NPC assembly or turnover, where significant smaller
305 diameters have been observed (4, 8, 9).

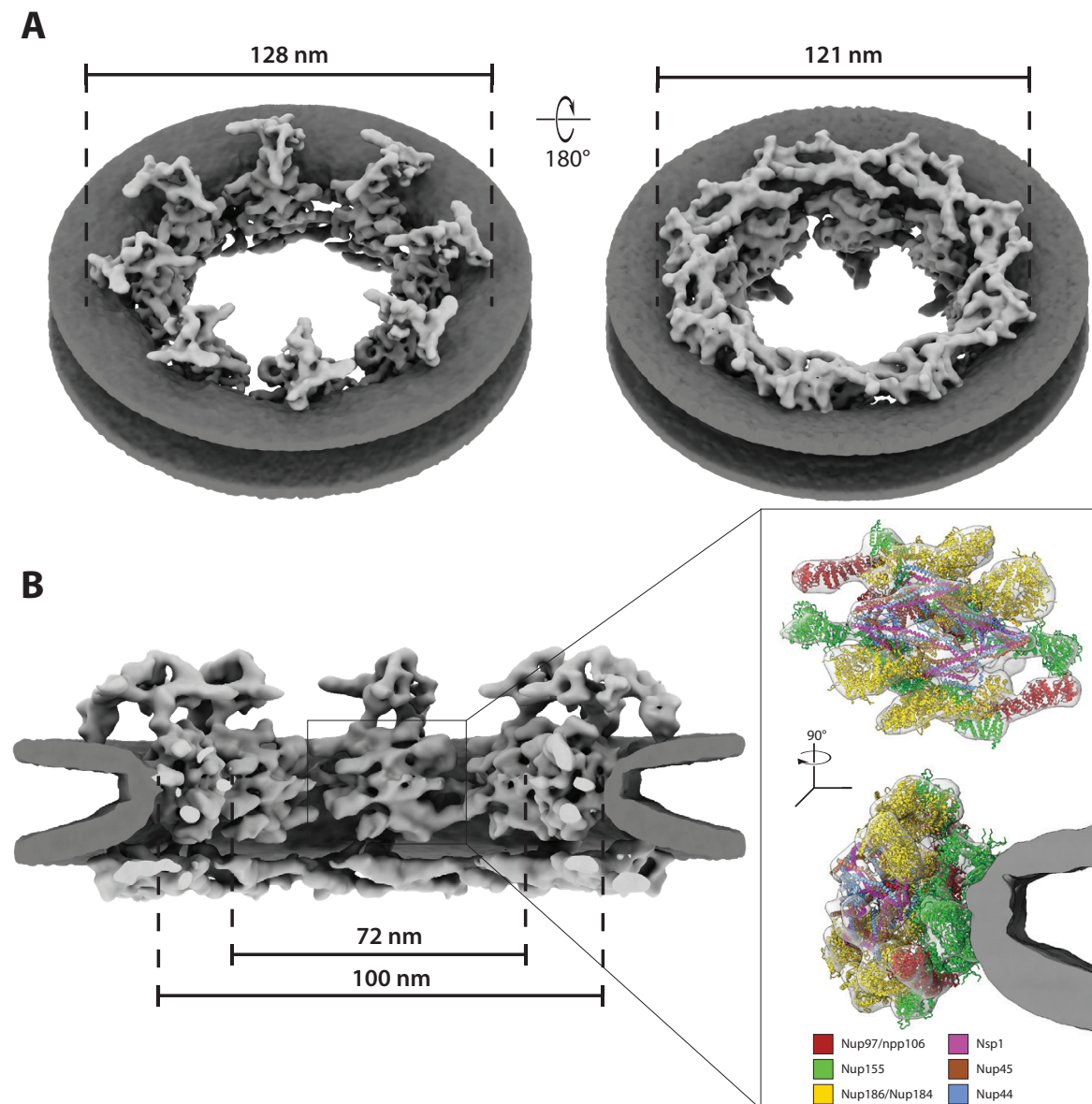
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307 How ED mechanically leads to NPC constriction remains to be further addressed in the future.
308 It appears likely that a reduced nuclear volume relieves NE tension and in turn allows NPCs to
309 constrict (50). At this point, we cannot exclude additional factors such as the previously
310 reported cellular pH-change during ED (28, 29) or the shut-down of active nuclear transport
311 itself to have an effect on NTF occupancy and NPC conformation. However, mechanical
312 tension on the NE and active nuclear transport are certainly diminished during NE or NPC
313 isolation. Therefore, previous structural analysis of such preparations has yielded structures
314 that correspond to the most constricted conformation at the very end of the scale.

315

316 In conclusion we show that NPCs within living cells populate a much larger conformational
317 space and thereby confirm their importance as regulators of nucleocytoplasmic transport in
318 response to environmental cues in living organisms on a cellular level. Hence our study
319 highlights the power and importance of *in cellulo* structural analyzes to study such crucial
320 physiological processes at the macromolecular level within the relevant cellular environment.

321

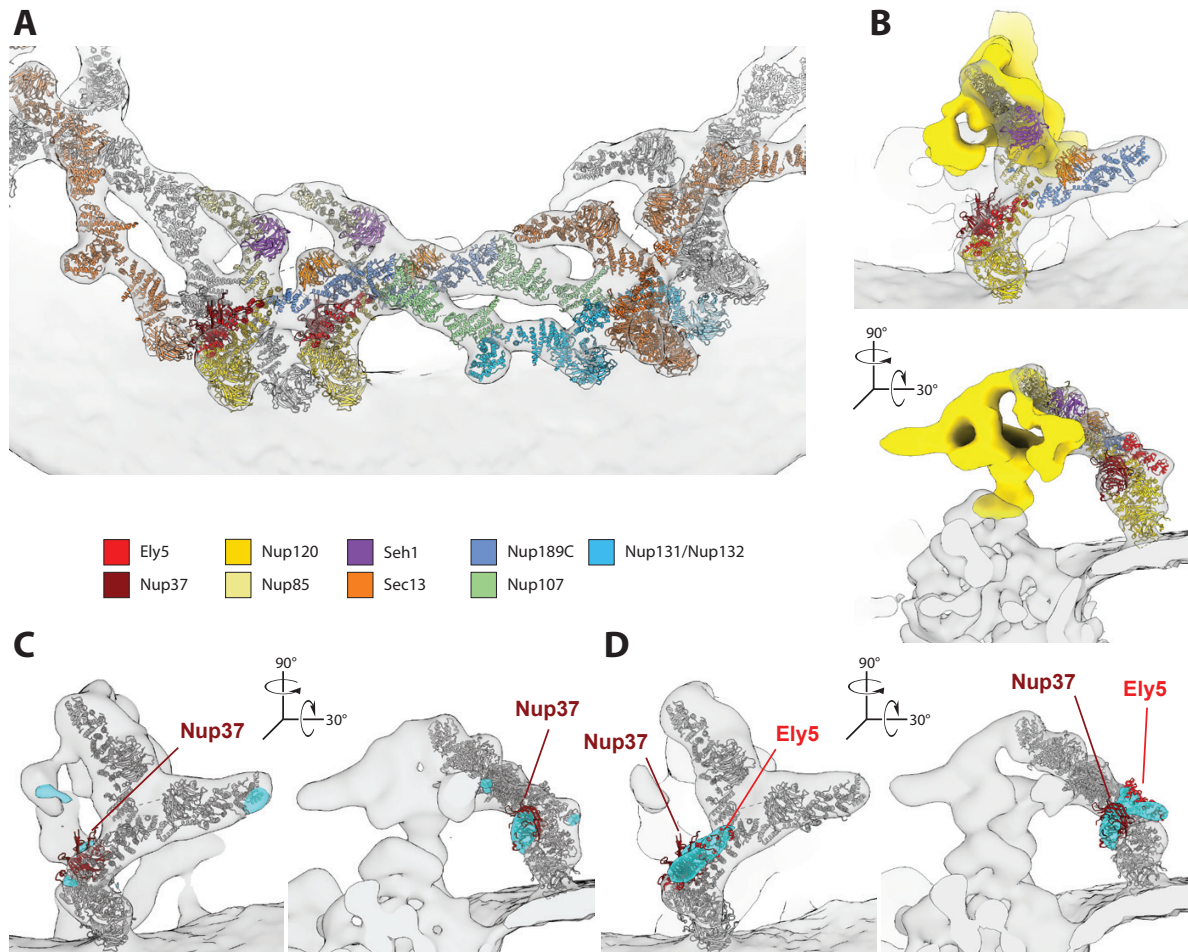


322

323 **Figure 1. *In cellulo* cryo-EM map of the *S. pombe* NPC.** A) Isosurface rendered views of the *S.*
324 *pombe* NPC as seen from the cytoplasm (left) and the nucleoplasm (right; with membranes in
325 dark and protein in light grey). While the cytoplasmic view (left) reveals eight disconnected
326 protein entities instead of a cytoplasmic ring, the nuclear view (right) shows two concentric
327 nuclear Y-complex rings. B) Same as (A) but shown as cutaway view. While the asymmetric
328 curvature of the nuclear membranes and the arrangement of the cytoplasmic side is
329 unprecedented in other species, the inner ring architecture is highly conserved as highlighted
330 in the inset (see also **Fig. S5**). Fitting of inner ring nucleoporin homology models explains the
331 vast majority of the observed electron optical density.

332

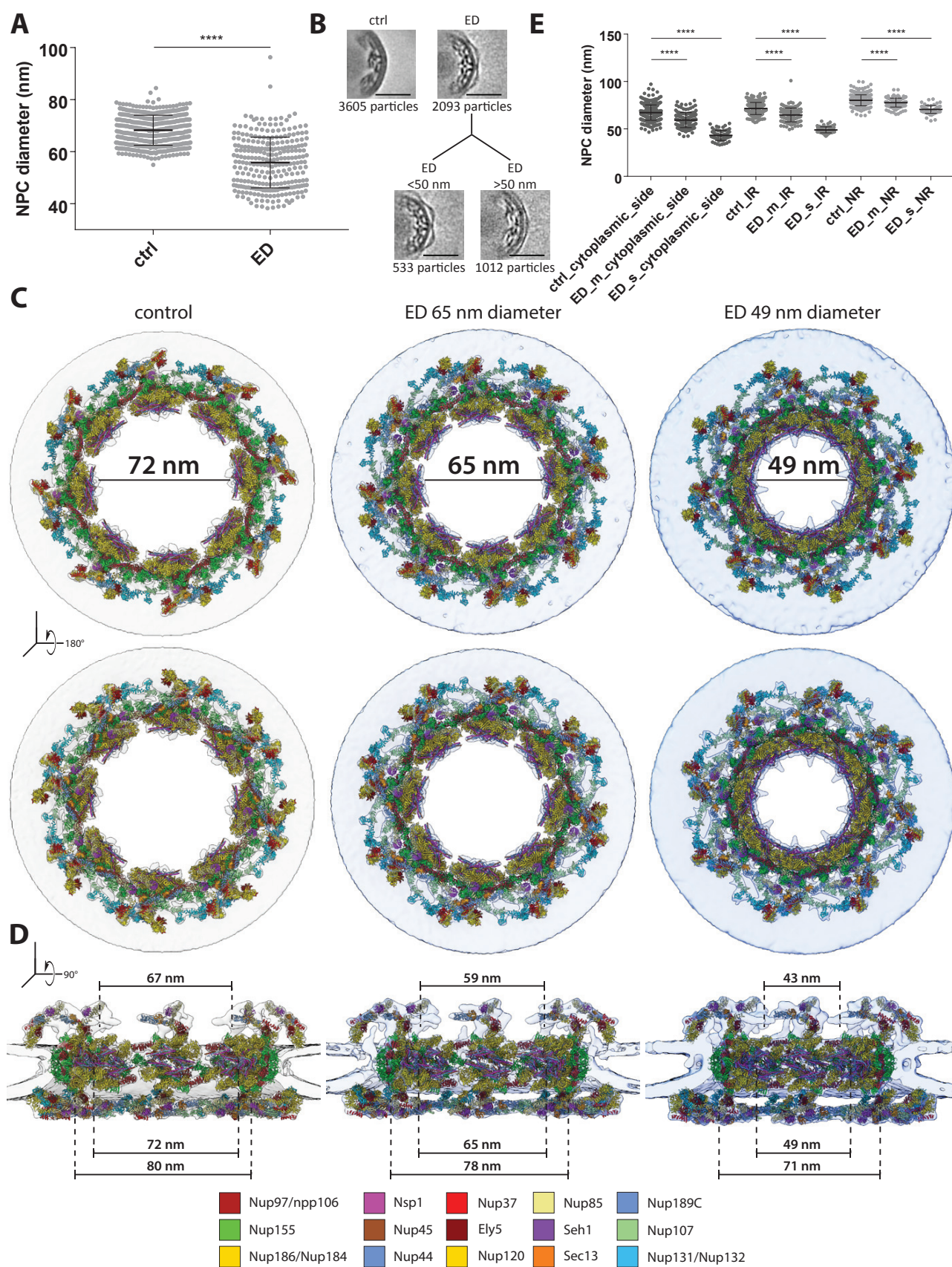
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334 **Figure 2. Architecture of spNPC outer rings.** A) Systematic fitting and integrative modeling of
 335 all *S. pombe* Y-complex nucleoporins reveals a head-to-tail arrangement with two concentric
 336 Y-complex rings on the nuclear side of the SpNPC similar to humans. A segment of the NR of
 337 the cryo-EM map is shown isosurface rendered in transparent light grey. The adjacent inner
 338 Y-complexes are shown in grey and outer Y-complexes are shown in orange. B) Integrative
 339 model of the cytoplasmic protein entities. The fit of the Y-complex vertex explains most of
 340 the observed density. The mRNA export platform as identified in (4, 62) is segmented in
 341 yellow. C, D) Verification of the molecular identity of the observed structure. C) The *nup37Δ*
 342 cryo-EM map is shown in light grey and overlaid with the difference map (cyan) of the *wild*
 343 *type* and *nup37Δ* maps, both filtered to 27 Å. The missing density in the long arm of the Y-
 344 vertex coincides with the position of Nup37 (dark red) of the Y-complex vertex (dark grey,
 345 as in A). D) *nup37Δ-ely5Δ* double knockout map (light grey) overlaid with the corresponding
 346 difference map (cyan). Differences are apparent at the location of both, Nup37 (dark red) and
 347 Ely5 (light red) with respect to the fitted Y-complex model (dark grey).

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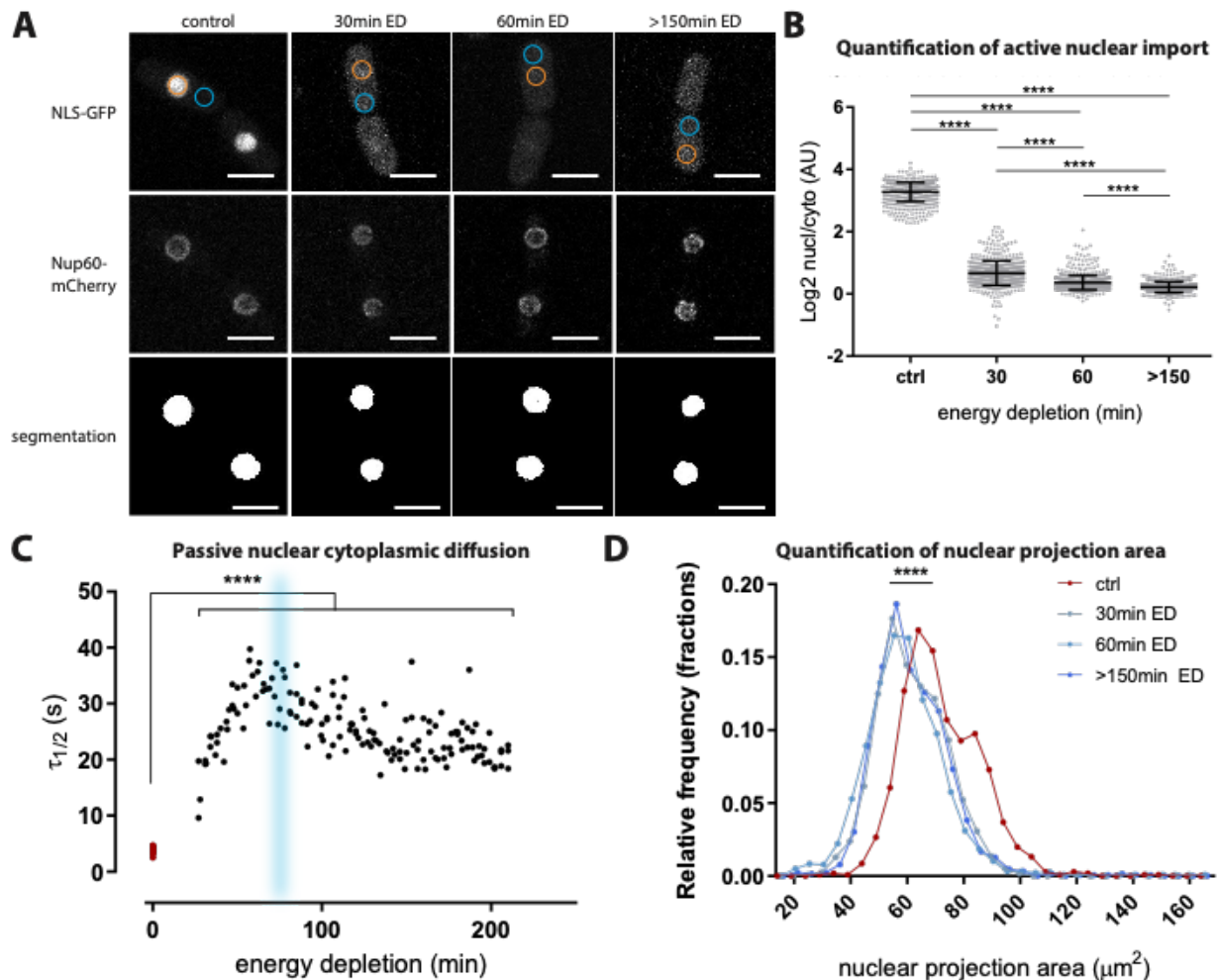


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349 **Figure 3. NPCs constrict upon energy depletion.** A) Diameter measurement of control
350 (n=438) and energy depleted (n=271) NPCs based on subunit positions obtained by STA (see
351 Materials and methods) reveals a significant constriction of NPCs upon ED (mean \pm standard
352 error of mean (SdEM) control: 68.2 nm and mean ED: 55.84 nm, whiskers indicate standard
353 deviation, p-value < 0.0001, two-sided t-test). B) Slices through subtomogram averages
354 corresponding to (A) show the different conformations at the level of the IR. NPCs were
355 divided into two classes with diameters of <50 nm (left) and >50 nm (right; scale bar: 50
356 nm). C) Measurements of individual NPC diameters at the CR, IR and NR in control
357 conditions and during ED reveal significant diameter constriction of all three rings (all p-
358 values <0.0001; ctrl control; ED_m represents the class with diameter of >50nm; ED_s
359 represents the class with diameter of <50 nm. Diameters mean \pm SdEM measured are: 67.25
360 \pm 0.44, n=341 (ctrl_cytoplasmic_side); 59.29 \pm 0.6817, n=136 (ED_m_cytoplasmic_side) and
361 43.15 \pm 0.6509, n=68 (ED_s_cytoplasmic_side); 71.59 \pm 0.3459, n=341 (ctrl_IR); 64.73 \pm
362 0.626, n=136 (ED_m_IR) and 49 \pm 0.3815, n=68 (ED_s_IR); 80.22 \pm 0.3106, n=341 (ctrl_NR);
363 77.71 \pm 0.4006, n=136 (ED_m_NR) and 70.59 \pm 0.5001, n=68, whiskers indicate standard
364 deviation. D) Cytoplasmic view (top) and nuclear view (bottom) of cryo-EM maps
365 superimposed with the respective integrative models from actively transporting,
366 intermediate and fully constricted NPCs illustrating the overall conformational change
367 leading to a central channel diameter constriction from 72 nm to 49 nm. The cytoplasmic
368 and IR spokes move as individual entities and contribute the most to the central channel
369 diameter change, whereas the NR constricts to a lesser extent. E) Same as (D) but show as
370 cutaway side view. Upon constriction, the mRNA export platform bends towards the center
371 of the NPC. Conformational changes of the NR are less dramatic and include mostly changes
372 in the curvature of the Y complexes (see also supplementary videos 4-8).
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374

375 **Figure 4 How energy depletion affects transport across the nuclear envelope and nuclear**

376 **size.** A) Maximum projected confocal stack from life cell imaging of NLS-GFP and Nup60-

377 mCherry are used to measure active nuclear transport and nuclear size during energy

378 depletion. Actively imported NLS-GFP loses its nuclear localization during ED indicating a

379 shutdown of active nuclear transport during ED. The nuclear projection area is reduced during

380 ED as determined by segmenting the Nup60-mCherry NE signal, indicating a reduced nuclear

381 volume. Orange (nuclear) and blue (cytoplasmic) circles indicate areas used for quantification

382 of the GFP signal. Nuclear projection areas were determined in the mCherry-channel using

383 automated segmentation (see Materials and Methods) (scale bar: 5 μm). B) Quantification of

384 nuclear/cytoplasmic signal shows a significant leakage of NLS-GFP into the cytoplasm and thus

385 indicates a shutdown of active nuclear transport already after 30 min of ED. The observed

386 mean log2 fold change were: 3.276 (n=623) under control conditions; 0.662 (n=584) after 30

387 min; 0.3654 (n=722) 60 min and 0.2144 (n=604) >150 min after ED (all adjusted p-values

388 <0.0001, ordinary one-way ANOVA and Tukey's multiple comparison test). C) FRAP-recovery

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389 half-life times of nuclear signal from freely diffusing GFP at various time points after ED are
390 significantly longer during ED as compared to control conditions (red dots) (p-value <0.0001,
391 two-sided unpaired t-test) indicating a general down regulation of passive diffusion under
392 these conditions. Passive nuclear diffusion of free GFP reaches a minimum after ~ 1 hour of
393 ED and subsequently recovers slightly, pointing to cellular adaptation. The blue area shows
394 the timepoint at which cryo-EM grids were prepared for structural analysis of ED NPCs. D)
395 Histogram of quantified nuclear projection areas measured in segmented mCherry-channel
396 of life-cell imaging as shown in (A) reveal a significant shift towards smaller values during ED
397 (blue curves) as compared to control conditions (red curve) indicating a general loss of nuclear
398 volume during ED that also manifest in NE wrinkling as seen in (A) (all adjusted p-values are
399 <0.0001, one-way ordinary ANOVA and Holm-Sidak's multiple comparison test with n=1056
400 control, n=1168 30min, n=2153 60min and n=1255 >150min after ED).

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403

404 **Supplementary Material**

405

406 **Materials and Methods**

407 **Supplementary figures 1-12**

408 **Supplementary tables 1-3**

409 **Supplementary videos 1-7**

410

411 **Author contributions**

412 CEZ conceived the project, designed and performed experiments, acquired all types of data,
413 designed and established data analysis procedures, analyzed all types of data, wrote the
414 manuscript; MA conceived the project, designed and performed experiments, acquired data,
415 analyzed data, wrote the manuscript; VR analyzed data, wrote the manuscript; SG designed
416 and performed experiments, acquired data; AOK analyzed data; IZ designed and performed
417 experiments; AH designed and performed experiments; JM designed experiments, supervised
418 the project, JK conceived the project, designed and established data analysis procedures,

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419 analyzed data, supervised the project, wrote the manuscript; MB conceived the project,
420 designed experiments, supervised the project, wrote the manuscript.

421

422 **Competing interests**

423 Authors declare no competing interests.

424

425 **Data availability**

426 Associated with the manuscript are accession numbers EMD-11373, EMD-11374, EMD-
427 11375. Integrative models will be deposited into the PDBDEV upon publication. The code,
428 along the input files, for the modeling will be deposited in Zenodo upon publication.

429

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