

1 **Genomic investigation of a suspected multi-drug resistant *Klebsiella pneumoniae* outbreak in**
2 **a neonatal care unit in sub-Saharan Africa**

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23 **Running head (short title): *Klebsiella pneumoniae* outbreak in a Malawian neonatal unit**

24 **Key words:** Antimicrobial resistance, *Klebsiella pneumoniae*, bloodstream infections, hospital
25 outbreak, multi-drug resistance, infection, neonatal, sub-Saharan Africa, genome, sequencing.

26 **ABSTRACT:** A suspected outbreak of multi-drug resistant (MDR) *Klebsiella pneumoniae* in a
27 Malawian neonatal unit was investigated using whole-genome sequencing. Strain-types,
28 virulence and resistance genes of *K. pneumoniae* isolated from patients from the hospital over a
29 four-year period were identified. A MDR ST340 clone was implicated as the likely outbreak
30 cause.

31 **ABBREVIATIONS:** Blood stream infection (BSI); Extended spectrum beta-lactamase (ESBL);
32 Multi-drug resistance (MDR); Multi locus sequence type (MLST); Sequence type (ST); Queen
33 Elizabeth Central Hospital (QECH).

34 **BODY:** *Klebsiella pneumoniae* is an opportunistic pathogen, responsible for an increasing
35 burden of hospital-acquired infections globally. It has the ability to readily acquire antimicrobial
36 resistance mechanisms, with sequence types (STs), ST258, ST11, ST14/15 and ST405, reported
37 to cause a large proportion of cephalosporin- and carbapenem-resistant infections with high
38 mortality [1]. Critically, sepsis caused by multi-drug resistant (MDR) *K. pneumoniae* is a growing
39 challenge in neonatal care units; a recent systematic review of extended spectrum beta-
40 lactamase (ESBL) producing Enterobacteriaceae in neonatal care units reported that ESBL *K.*
41 *pneumoniae* is the pathogen most frequently responsible for outbreaks in these settings, and is
42 associated with a mortality rate of 31% [2]. There are multiple reports detailing the prevalence
43 and genetic epidemiology of MDR *K. pneumoniae* causing hospital outbreaks in high-income
44 settings [3]. However, reports from low- and middle-income settings, where such data are of
45 immense value in implementing appropriate infection prevention control and treatment
46 regimes, are scarce.

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48 Chatinkha is a 70-bed neonatal special care unit at Queen Elizabeth Central Hospital (QECH),
49 the biggest government referral hospital in Southern Malawi. Given that Chatinkha
50 predominantly admits neonates born at QECH with complications, the majority of blood stream
51 infections (BSI) diagnosed on this unit are considered to be hospital acquired. At QECH, all
52 children with clinically suspected sepsis undergo a blood culture (BC) test [4]. The BC service
53 typically identifies <2 *K. pneumoniae* BSI on Chatinkha each month, however a spike in cases

54 was observed in February (n=7) and March (n=9) 2014. The number of cases temporarily
55 decreased, however September to November 2014 showed a second peak in cases (Figure
56 TA1). Despite Chatinkha having the smallest capacity of all of the paediatric wards at QECH,
57 from February to November 2014 over 75% of all paediatric *K. pneumoniae* BSI (n=33/43) were
58 from neonates admitted to Chatinkha. This rise was not due to an increase in the number of
59 blood cultures taken, which remained stable (Fig 1A). Furthermore, *K. pneumoniae* BSI in
60 Chatinkha during this period were untreatable with locally available antibiotics; most displayed
61 identical antimicrobial resistance profiles, suggesting the possibility of a clonal outbreak.

62 Here, we performed a genomic investigation into the suspected *K. pneumoniae* outbreak,
63 sequencing genomes from February to November 2014 (boxed in Fig TA1). All viable, archived
64 *K. pneumoniae* BSI isolates from Chatinkha (n=62) and a subset of *K. pneumoniae* BSI isolates
65 (n=38) from other paediatric wards isolated January 2012 to December 2015, were whole
66 genome sequenced using the Illumina HiSeq X-Ten platform. Fourteen sequenced genomes
67 failed initial quality control, the remaining 86 samples (Chatinkha n=56, other wards n=30)
68 yielded on average 2.3 million reads/sample. The sequences were deposited in the European
69 Nucleotide Archive under project numbers PRJEB19322 and PRJNA641987. Isolates were
70 previously subjected to antibiotic susceptibility testing using the discs diffusion method and
71 BSAC guidelines [4].

72 Multilocus sequence (MLST) typing was performed *in silico* as described elsewhere [5].
73 Resistance genes were identified using SRST2 [6], plasmids using PBRT [7], capsular type using
74 Kaptive and virulence genes using Kleborate v0.3.0 (<https://github.com/katholt/Kleborate>). In
75 order to place the study dataset within a global context, we added our genomes to a dataset
76 from an international *K. pneumoniae* study [1]. A core gene alignment of the combined
77 genomic dataset was generated using ROARY [8] and from this, single nucleotide variants were
78 used to generate a phylogeny with RaxML v.7.8.6 [9]. Patient records were retrospectively
79 analysed to establish mortality outcomes. Ethical approval for the study was awarded by the
80 College of Medicine Research Ethics Committee (P.08/14/1614 and P.018/17/2255).

81 Whole genome sequencing analysis identified two lineages, ST340 and ST14, as the dominant *K.*

82 *pneumoniae* STs recovered from neonates admitted to Chatinkha (Fig TA1).

83 **There was a discreet outbreak of MDR ST340.** ST340, an ST within the CG258 complex that has
84 been associated with MDR hospital infections worldwide [10,11], accounted for almost a third
85 (30%, n=17/56) of all *K. pneumoniae* isolated from Chatinkha during the study period. All ST340
86 isolates were capsular type 15 and serotype O4 and differed from one another by ≤ 30 SNPs (Fig
87 TA2), indicating that a single ST340 lineage was circulating in the ward over the entire study
88 period. Over the suspected outbreak period, ST340 accounted for more than half of the *K.*
89 *pneumoniae* BSI from Chatinkha (58%, n=14/24), strongly suggesting that dissemination of this
90 clonal strain within Chatinkha was responsible for the peak in BSI observed from February to
91 November 2014. The ST340 were resistant to augmentin, ampicillin, ceftriaxone,
92 chloramphenicol, ciprofloxacin, cotrimoxazole, gentamicin and susceptible to amikacin, an
93 antibiotic not local available. Consistent with this, all ST340 isolates harboured multiple
94 antibiotic resistance genes, conserved between all ST340 isolates, namely *bla*_{CTX-M-15}, *bla*_{OXA-1},
95 *bla*_{OXA-2}, *bla*_{OXA-16}, *bla*_{SHV-11}, *bla*_{TEM-1} (beta-lactams), *aac*(6')-Ib-cr (quinolone), *strAB*
96 (streptomycin), *sul1* (sulphonamides), *catA1*, *catA2* (phenicols), *tetA*(D) (tetracycline), *aadA1*,
97 *aadA2*, *aac*(3')-IIa (aminoglycosides), *dfrA1*, *dfrA2* (trimethoprim) and *mph* (macrolides) and a
98 number of plasmids (see Fig 1B). Of the ST340 BSI cases reported in neonates on Chatinkha,
99 outcome data was available for 13, of which four died (case fatality rate, 31%).

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101 Prior to the outbreak, ST340 BSI had only been isolated from Chatinkha on two previous
102 occasions (May and November 2013) (Fig TA1). These isolates differed from the first two ST340
103 cases reported in February 2014 by <5 SNPs (Fig TA2), confirming that closely related strains
104 were circulating in Chatinkha at least six-months prior to the outbreak. Previous to this, ST340
105 was isolated on a single occasion from two other wards, the earliest in February 2013. These
106 two ST340s isolates differed from the presumed outbreak ST340 precursor isolate by <7 SNPs.
107 Whilst we cannot confirm the exact date at which ST340 was seeded into QECH, this indicates
108 that ST340 was circulating in the hospital at least a year prior to the outbreak. Following the
109 outbreak, ST340 was identified twice more on Chatinkha. A single case in April 2015 and again a

110 single case in October 2015. October 2015 saw six cases of *K. pneumoniae* BSI identified on
111 Chatinkha, hinting at the start of another outbreak, however these six cases were caused by
112 five different STs. The fact ST340 continued to circulate in the ward post November 2014 but
113 did not contribute to a further peak in cases, suggests that the success of this clone during
114 the outbreak period was not driven by genomic factors alone.

115 **ST14 did not contribute to the outbreak.** Despite being the second most commonly isolated ST
116 from Chatinkha (27%, n=15/56) during the study period, only a single ST14 case was reported
117 during the outbreak period, in March 2014. ST14 showed a greater level of variation in their
118 resistance profiles relative to ST340, and isolates were predominantly susceptible to
119 Chloramphenicol and Ciprofloxacin as well as Amikacin (Fig TA2).

120 **ST372 related to a peak in cases.** ST372 (capsular type: 43, serotype: O2V1) also appeared to
121 contribute to the peak in *K. pneumoniae* BSI over the outbreak period as ST372 was responsible
122 for 20.8% (n=5/24) of cases. ST372 was first observed in February 2014 in Chatinkha and caused
123 four BSI in one month and the remaining five *K. pneumoniae* BSIs reported during the outbreak
124 period belonged to five different STs.

125 **The outbreak strains in a global context.** A core phylogeny was constructed to place isolates
126 into a global context using a sequencing dataset of diverse *K. pneumoniae* isolates [13] (Fig
127 TA3). Although no ST340 isolates were present in this dataset, the Malawian ST340 were most
128 closely related to ST258 isolates from the USA. Interestingly, ST14 strains from Malawi were
129 clonally related (<100 SNPs) to international isolates with >99.9% identity to isolates from
130 Australia and the Netherlands, indicating a global spread.

131 **Conclusion.** We studied *K. pneumoniae* BSI isolated from neonates admitted to neonatal unit
132 over a four-year period, encompassing a suspected outbreak in 2014, as well as a
133 representative subset of *K. pneumoniae* BSI reported from other paediatric wards within the
134 same hospital.

135 We show that ST340, and to a lesser extent ST372, caused an increase in BSI reported on the
136 neonatal ward in 2014. ST340 was observed in other wards prior to the outbreak, suggesting

137 that it was circulating in the hospital prior to the outbreak. ST372 was not identified in other
138 wards prior to the outbreak, however this may be due to the limitations of our sampling. In
139 addition to the outbreak lineages we observed a large cluster of ST14 isolates, which
140 intermittently contributed to no more than two BSI cases per month on Chatinkha. All other ST
141 identified in Chatinkha over the sampling period were only observed in sporadic single isolate
142 clusters. From the sequencing analysis alone, it is unclear what exact factors allowed the
143 specific lineages to persist or successfully transmit within Chatinkha beyond antibiotic selection
144 and this is under further investigation. Further, continual monitoring of the hospital
145 environment, especially for the re-emergence of MDR ST340, is urgently needed in order to
146 implement measures to prevent the persistence and/or spread of these locally untreatable
147 lineages.

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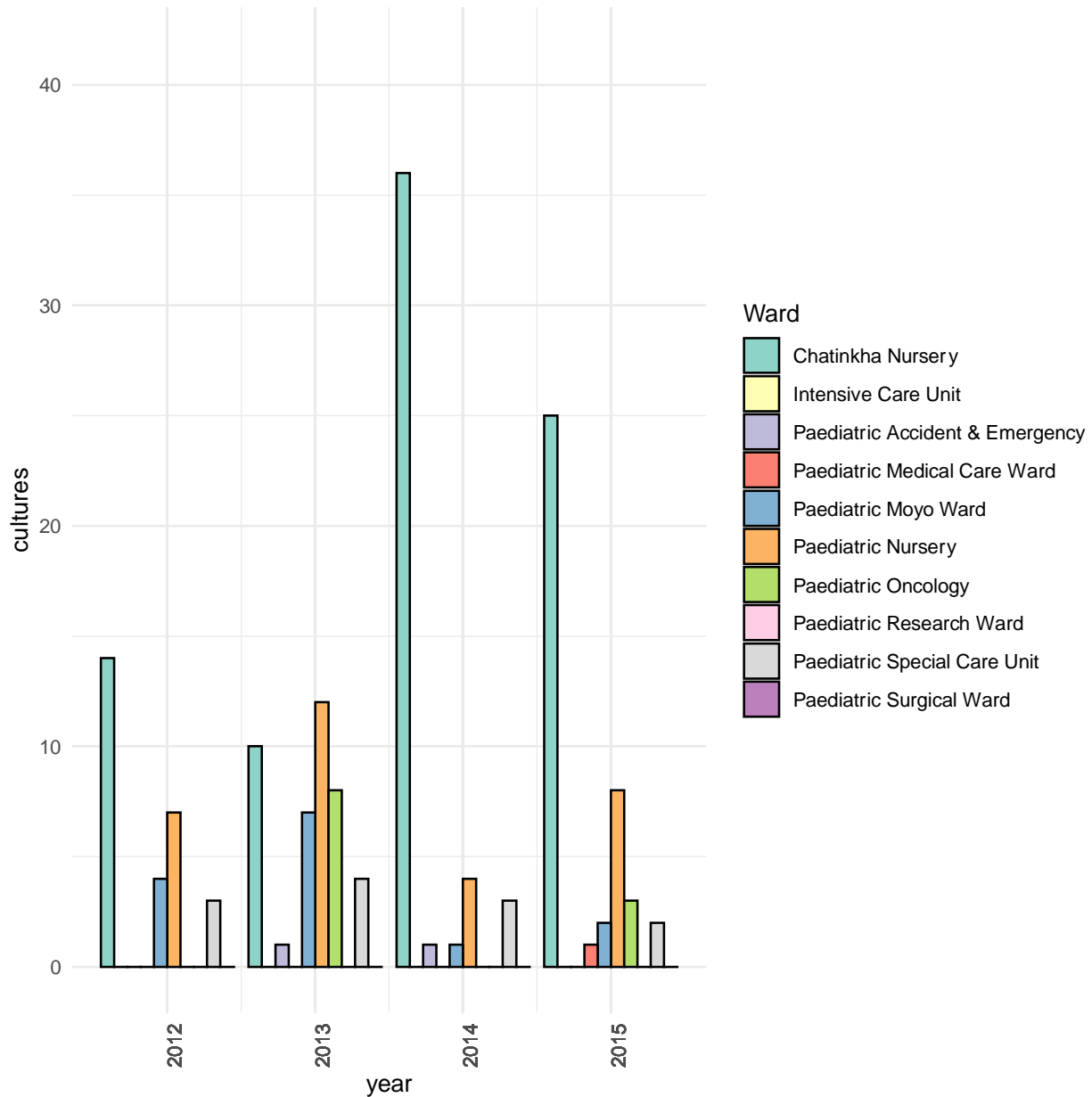
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231 **Figure 1.** Bar chart showing the number of *Klebsiella pneumoniae* positive blood cultures for
232 Chatinkha ward and other paediatric wards overlaid with a scatter plot showing the total
233 number of blood cultures (including culture negative) from the paediatric wards at Queen
234 Elizabeth Central Hospital, Malawi from 2012 – 2015. Data on the total number of blood
235 cultures taken was not available for 2012 and is not shown.



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238 **B. The distribution of antimicrobial resistance elements within the *Klebsiella pneumoniae***
239 **isolates from Queen Elizabeth Central Hospital.** The phylogeny is based on a core genome SNP
240 alignment of the Malawian isolates (n=86), the branches are labeled with ST. The panel
241 adjoining the phylogeny shows the AMR phenotype and the absence/presence of key AMR
242 genes [*bla*_{CTX-M-15}, *bla*_{OXA-1}, *bla*_{OXA-2}, *bla*_{OXA-16}, *bla*_{SHV-11}, *bla*_{TEM-1} (beta-lactams), *aac*(6')-Ib-cr
243 (quinolone), *strAB* (streptomycin), *sul1* (sulphonamides), *catA1*, *catA2* (phenicols), *tetA*(D)
244 (tetracycline), *aadA1*, *aadA2*, *aac*(3')-IIa (aminoglycosides), *dfrA1*, *dfrA2* (trimethoprim) and
245 *mph* (macrolides)] and plasmids amongst the isolates.

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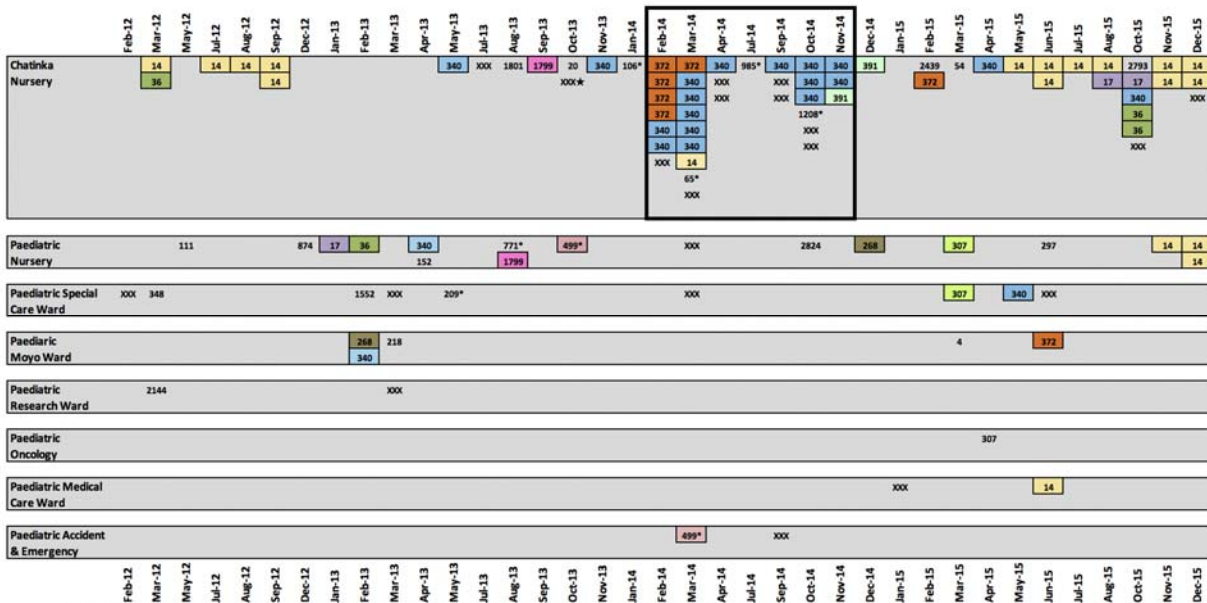
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260 **TECHNICAL APPENDIX**

261 **(**DETAILED METHODS**)**

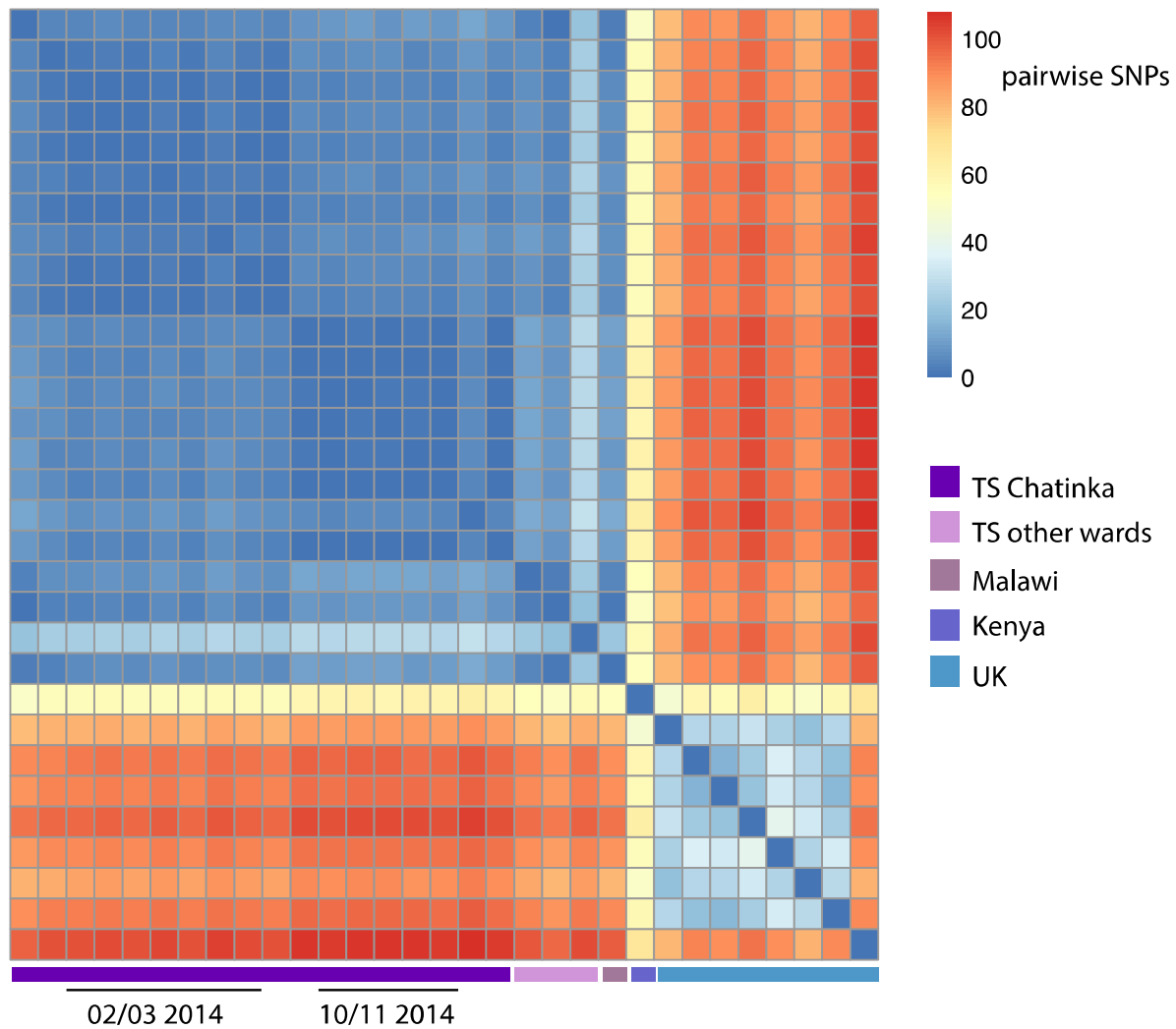
262 The blood culture and CSF data presented here were collected at QECH, which serves both as
 263 district hospital for Blantyre and tertiary hospital for the surrounding districts. The hospital
 264 admits approximately 10,000 adult (aged ≥16 years) and 50,000 pediatric (aged < 16 years)
 265 medical patients/year. Blood culture collection, processing and antimicrobial susceptibility
 266 testing methods for these isolates have been previously described [4].

267 **TA1. Schematic showing the location, sequence type (ST) and date of isolation of the *K. pneumoniae***
 268 ***pneumoniae* isolates that were subjected to whole genome sequencing (n=86).** STs that were
 269 identified more than once in the dataset are highlighted with a coloured box reflecting the STs.
 270 Singleton STs are not highlighted. Non-viable isolates (n=4) and those that failed sequencing
 271 (n=14) but were earlier confirmed as *K. pneumoniae* by the diagnostic laboratory are marked on
 272 the schematic as 'XXX' in order to give complete picture of the number of BSI *K. pneumoniae*
 273 cases reported from Chatinkha each month during the study period. Months where no cases
 274 were reported are omitted from the schematic. The suspected outbreak period is highlighted
 275 with a black outline.



276 * this is a single locus variant of the given ST ★ A *K. pneumoniae* isolate was recovered from this time point, but was not available for sequencing analysis.

277 **Figure TA2. Heatmap showing the number of SNP differences between the *K. pneumoniae***
278 **ST340 isolates sequenced as part of the outbreak investigation.** To bring the relatedness of
279 our samples into context with other ST340 isolates, the analysis includes a community acquired
280 Malawian ST340 sequenced as part of a previous study at QECH [4], a single ST340 isolate from
281 a study in Kenya [14], and eight ST340 genomes from the UK [14].



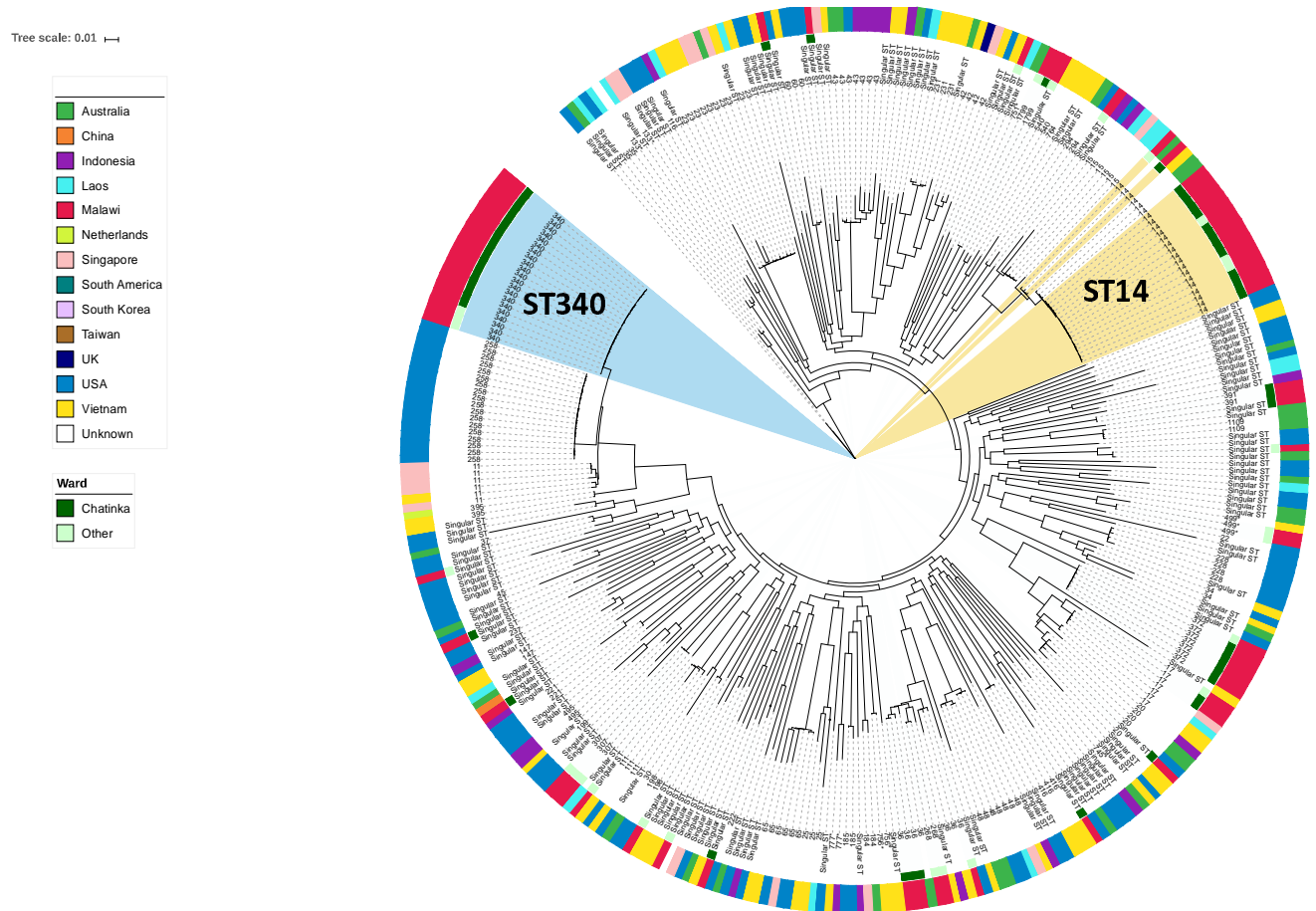
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286 **Figure TA3. Population structure of *Klebsiella pneumoniae*.** A core genome phylogeny of the
287 Malawian KP-I isolates (n=81) in the context of a previously published global dataset. Branch
288 labels are annotated with ST. The inner colored circle indicates if the Malawian isolates were
289 recovered from the Chatinkha neonatal care unit, the outer ring indicates the country of
290 isolation.



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