Placental and fetal characteristics of the Ohia mouse line recapitulate outcomes in human
hypoplastic left heart syndrome

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Abstract

Congenital heart defects (CHDs) are the most common birth defect worldwide. The morbidity
and mortality associated with these defects is compounded by increased frequency of fetal
growth abnormalities. In the Ohia mouse model of hypoplastic left heart syndrome (HLHS), the
double homozygous genotype is embryonically lethal at mid-pregnancy; a time in which optimal
establishment of the placenta is crucial to fetal survival. We aimed to characterize placental and
fetal growth and development in the double heterozygous genotype ($Sap130^{m/+}Pcdha9^{m/+}$) to
determine whether the genetic mutations associated with HLHS in the Ohia mouse also affect
the placenta. The frequency of fetuses with reduced weight near term was shifted in the
$Sap130^{m/+}Pcdha9^{m/+}$ fetuses compared to wildtype. This shift in fetal weight distribution in the
$Sap130^{m/+}Pcdha9^{m/+}$ fetuses was associated with reduced labyrinth region area (P<0.001) and
reduced fetal capillary density (P<0.001) in the placentas. Positive correlations were observed
between fetal weight and placenta mRNA expression of several nutrient transporters in the
$Sap130^{m/+}Pcdha9^{m/+}$ fetuses but not observed in the wildtype. Increased protein expression of
Slc7a5 (P<0.05) and Slc7a8 (P<0.05) was also found in the placenta of $Sap130^{m/+}Pcdha9^{m/+}$
fetuses. This data shows, despite a potential compensatory mechanism to increase nutrient
transport, abhorrent placental vascularization leads to inadequate fetal growth in the Ohia
mouse model. Such differences are similar to findings in studies of human placentas and
highlights the importance of this mouse model in continuing to understand the developmental
links and disruptions to the heart-placenta axis.

Keywords: Hypoplastic left heart syndrome, congenital heart defects, placenta, Ohia mouse, fetal
growth

Background

Congenital Heart Defects (CHDs) are the most common birth defect in the Unites States. The high risk of morbidity and mortality associated with CHD is compounded by increased frequency of low birth weight (LBW; <2500 grams), small for gestational age (SGA; <10th percentile), and microcephaly (<3rd percentile) in these newborns [1]. One such defect is Hypoplastic Left Heart Syndrome (HLHS) and is characterized by the inability of the left ventricle to provide adequate systemic circulation [2] and is fatal shortly after birth without surgical intervention. The causes of HLHS remain unknown, but considerable evidence has demonstrated both genetic and environmental factors [3, 4]. Newborns with HLHS are critically ill and require multiple reconstructive surgeries early in life. In addition to brain abnormalities, which occur in approximately half of newborns with HLHS, growth abnormalities at birth are common [5, 6]. LBW and SGA are major risk factors for stage I Norwood palliative surgery, death and major complications following stage I palliative surgery [7, 8].

Currently, there is no clear link between fetal growth abnormalities and HLHS; however, fetal genetic factors, maternal health conditions and placental abnormalities have been implicated as contributing factors. The placenta has numerous functions that are crucial to supporting normal fetal growth including nutrient transfer to the developing fetus [9]. Thus, abnormal placentation, development and function can negatively impact fetal growth leading to fetal growth restriction (FGR). The paucity of knowledge regarding the causes of FGR in pregnancies with fetuses that develop HLHS is being mitigated by the generation of the Ohia mouse model of HLHS [10]. The HLHS-like phenotype in the Ohia mice arises from mutations in 2 genes: *Sap130* and *Pcdha9* with homozygotes being either embryonic lethal before or at mid-gestation, or rarely survive to late gestation and demonstrate severe cardiac defects such as hypoplasia of the left ventricle, aorta and mitral valve [11].

The timing at which embryonic lethality occurs in the Ohia mouse model suggests the mutation has a significant impact on placental development. Placental development in the mouse can be divided into 2 broad stages [12, 13]. The first stage of placental development last from implantation to mid-pregnancy (gestational day 9.5) and is characterized by trophoblast invasion and differentiation to form the mature mouse placenta. Fetal growth is supported by the yolk sac while the labyrinth develops to coordinate placental nutrient transport. The second stage is from mid-pregnancy onwards, where maternal blood flows into the mature labyrinth to support fetal growth. It is widely accepted that the switch at mid-pregnancy creates a developmental bottleneck leading to embryonic death in numerous mouse mutants [12, 14]. In the Ohia mouse, extensive investigations have been conducted into heart development however, other aspects of fetal and placental development have not been investigated. Therefore, we aimed to determine whether the genetic mutations associated with HLHS in this mouse model also disrupt placental development and function.

Methods:
Mouse procedures:

C57Bl/6J-b2b635Clo/J (Ohia) mice were acquired from Jackson Laboratory (*Bar Harbor, ME*). All animal procedures were performed under protocol 2015-0087 and approved by the Institutional

Animal Care and Use Committee of Cincinnati Children's Hospital Medical Center. Animals were
housed in individual cages (1-4 per cage), maintained in a 12-hour light/dark cycle, and food and
water provided *ad libitum*. Ohia males double heterozygous for *Sap130* and *Pcdha9*
(*Sap130^{m/+}Pcdha9^{m/+}*) were time mated with *Sap130^{m/+} Pcdha9^{m/+}* Ohia females for 12-hours
overnight. At gestational day (GD) 18.5, females (n=4) were euthanized by CO_2 inhalation
followed by cervical dislocation, and placentas and fetuses were weighed. Maternal organs,
placentas, and fetal tissue were then either snap frozen or fixed in 10% formalin for genotyping
and further analysis.
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Genotyping:
Genomic DNA (gDNA) was extracted from fetal tails and adult ear clippings according to the
HotSHOT protocol [15]. Oligonucleotide primers were designed using Primer3 to amplify ~730bp
regions surrounding *Sap130* and *Pcdha9* single nucleotide polymorphisms (SNPs) as identified by
Liu et al. [11]. Primer sequences were as follows: Sap130 (PCR) F: CCAGTGTGAAGTGAGTCAGCA,
R: AGCACCATGTGCCTGTAATCT; Pcdha9 (PCR) F: CCTATGTTGATCGCCACTGC, R:
CACCCTGAACACAAGTTCTATTGG; Sap130 (Sequencing) F: TTTTTACCCTCTTTTCAGGATCT, R:
TCTGGGACACACATTTGTCAT; Pcdha9 (Sequencing) F: ACCTGATCATTGCCATTTGC, R:
AAGTCAAATTCAGAGTTGCTT. gDNA regions were amplified via PCR using 1/150th gDNA and
300nM forward and reverse primers in a 50 µL FastStart PCR Master Mix reaction (Roche). PCR
products were purified using QIAquick PCR Purification Kit (*Qiagen*). Purity and concentration
was determined using agarose gel electrophoresis. To assess SNPs, 30 ng of purified PCR product
and 10 pmols of forward and reverse sequencing primers in a 12 µl reaction were submitted to
the DNA Core at Cincinnati Children's Hospital Medical Center for Sanger sequencing. SNPs for
Sap130 and *Pcdha9* were confirmed using FinchTV (*Geospiza Inc*).
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Placental Histology and Immunohistochemistry:
Placental tissues were fixed in 10% formalin for 24 hours at 4°C immediately after dissection.
Tissues were embedded in paraffin, cut into 5µm serial sections, deparaffinized in xylene, and
rehydrated. To assess physical structure of Ohia placentas, sections were stained with
Hematoxylin and Eosin (H&E) following standard protocol and double label
immunohistochemistry (IHC) was performed in order to assess the volume densities of
trophoblast and fetal capillary cells in the labyrinth following the protocol outlined in [16]. IHC
analysis of the protein expression of nutrient transporters was performed as follows: sections
were incubated in 1X sodium citrate (pH 6.0) target retrieval solution (*Dako*) at 95°C for 30
minutes. Endogenous peroxidase activity was blocked by incubation in 3% hydrogen peroxide,
followed by incubation with a 10% goat serum and 1% BSA protein block to limit non-specific
antibody binding. Nutrient transporters Slc2A1 (1:750; ab15309, *Abcam*), Slc7a5 (1:100;
ab85226, *Abcam*) and Slc7a8 (1:250; ab75610, *Abcam*) were diluted and applied to sections
overnight at 4°C. Antibody binding was then amplified by incubating with goat anti-rabbit
secondary antibody (1:200, *Vector Laboratories*), followed by incubation with the ABC reagent
(*Vector Laboratories*), and visualized using DAB (3,3'-Diaminobenzidine; *Dako*). Sections were
counterstained with hematoxylin, dehydrated, and mounted. Histological examination was
conducted by light microscopy using the Axioscan (*Zeiss*). DAB staining intensity of nutrient

transporters was analyzed using ImageJ as described [17] on 5 randomly selected images of the
placental labyrinth at 10x magnification, per placenta section.
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Placental Gene Expression
Total RNA was isolated from snap-frozen whole placentas using the FastPrep-24 Classic bead
beater homogenizer (*MP Biomedicals*) and the RNAeasy Mini Kit (*Qiagen*) per manufacturer's
protocol. 1 µg of total RNA was reverse transcribed into cDNA according to the High Capacity
cDNA Reverse Transcription kit protocol (*Applied Biosystems*). For angiogenic factor and nutrient
transport analysis, oligonucleotide primers for SYBR Green assays were designed to span
intron/exon boundaries, aligned against murine genome via Primer-BLAST to ensure specificity.
Primer sequences are as followed: *Angiopoietin 1* (*Ang1*) F: GCACGAAGGATGCTGATAAC, R:
AACCACCAACCTCCTGTTAG; *Ang2* F: GCACAAAGGATTCGGACAAT, R: AAGGACCACATGCGTCAAA;
Vascular endothelial growth factor α (*Vegfα*) F: TTAAACGAACGTACTTGCAGATG, R:
AGAGGTCTGGTTCCCGAA; *Placenta growth factor* (*Pgf*) F: GACCTATTCTGGAGACGACA, R:
GGTTCCTCAGTCTGTGAGTT; *Kinase Insert Domain Receptor* (*Kdr*) F: CGTTGTACAAATGTGAAGC, R:
CACAGTAATTTCAGGACCC; *Fms Related Receptor Tyrosine Kinase 1* (*Flt1*) F:
TGACGGTCATAGAAGGAACA, R: TAGTTGGGATAGGGAGCCA; *Slc2A1* F: TGTGCTCATGACCATCGC,
R: AAGGCCACAAAGCCAAAGAT; *Slc2A3* F: CATTGTCCTCCAGCTGTCTC, R:
GCGTCCTTGAAGATTCCTGT; Slc38A1 F: GGACGGAGATAAAGGCACTC, R:
CAGAGGGATGCTGATCAAGG; *Slc38A2* F: TCCTTGGGCTTTCTTATGCC, R:
TTGACACGAACGTCAAGAGA; *Slc7A5* F: ATTCAAGAAGCCTGAGCTGG, R:
GCAGGCCAGGATAAAGAACA; Slc7A8 F: AAGAAAGAGATCGGATTGGT, R:
TTTCGGTGAGACAAAGATTC; *Rps20* F: GCTGGAGAAGGTTTGTGCG, R:
AGTGATTCTCAAAGTCTTGGTAGGC. PCR reactions were then performed using 300 nM reverse
and forward primers, 1/40th of the cDNA template in a 25 µL reaction of SYBR Green PCR Master
Mix. Gene expression assays were completed in duplicate and normalized to murine *Rps20* using
Applied Biosystems StepOne-Plus Real-Time PCR System. Relative expression was calculated
using the Comparative Ct (ΔΔCt) method.
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Statistics and data presentation:
Data was analyzed using SPPS statistics 26 and graphed using Prism (v8.0.1). Generalized linear
modelling was used to calculate p-values with genotype considered a main effect and litter size
a covariate. Fetal and placental weight distributions were calculated using a Gaussian non-linear
model. Correlations between placenta nutrient transporter mRNA expression and fetal weight
were calculated using Spearman's method. All data are represented as estimate marginal mean
+ standard error unless otherwise stated and deemed significant with P<0.05.
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165   **Results:**
Fetal weight distribution is left-shifted in the Ohia heterozygote and associated with abhorrent
placenta morphology
No double homozygote mice were recovered at GD18.5 and therefore, no placentas could be
assessed. At GD19.5, mean fetal weight remained at wildtype levels in the double heterozygote
genotype (Figure 1A) however, fetal weight distribution was shifted towards lower fetal weights
(Figure 1B). Within the double heterozygous genotype, mean placental weight as well as

placedntal weight distribution was similar between the wildtype and double heterozygotes (Figure 1C and 1D). The increased frequency of lower fetal weight double heterozygotes was associated with changes to the placenta microstructure. Placental morphology was highly variable between double heterozygote genotypes but demonstrated abnormal architecture in comparison to wildtype littermates (Figure 2A). Whilst there was no difference in total mid-sagittal cross-sectional area between double heterozygous and wildtype placentas (Figure 2B), there was an increase in junctional area in the double heterozygous placentas (Figure 2C) and as a result, a reduction in labyrinth area when compared to wildtype placentas (Figure 2D). Additionally, there was a reduction in fetal capillary density in the double heterozygote placentas (Figure 3A and 3B).

Figure 1. Fetal and placenta weight in Ohia mouse at GD18.5. Mean fetal weight was not different between double heterozygous (*Sap130^{m/+} Pcdha9^{m/+}*) and wildtype (*Sap130^{+/+} Pcdha9^{+/+}*)(**A**) however, there was a shift in fetal weight distribution toward lower fetal weight in the *Sap130^{m/+} Pcdha9^{m/+}* genotype (**B**). Neither mean placenta weight (**C**) nor placenta weight distribution (**D**) was different between the double heterozygous and wildtype genotypes. Data are estimated marginal mean + standard error, n=4 females (15 wildtype and 18 double heterozygous fetuses), analyzed using generalized linear modelling and including

litter size as a covariate. Weight distributions were calculated using Gaussian nonlinear regression analysis.

Figure 2. Gross placental structure of the Ohia mouse at GD18.5. Compared to the wildtype (*Sap130^{+/+} Pcdha9^{+/+}*; Left representative image) genotype, placental structure in the double heterozygous genotype (*Sap130^{m/+} Pcdha9^{m/+}*; Right representative image) was highly variable and exhibited abnormalities within the junctional and labyrinth regions. Whilst there was no difference in the total mid-sagittal area (**A**), there was an increase in junctional region area in the double heterozygous placentas when compared to the wildtype placentas (**B**). As a result, there was a decrease in labyrinth region area in the double heterozygous placentas compared to wildtype (**C**). Data are estimates marginal mean + standard error, n=3 females (9 wildtype and 14 double heterozygous), analyzed using generalized linear modelling and including litter size as a covariate. *P<0.05; ***P<0.001

Figure 3. Placental microstructure of the Ohia mouse at GD18.5. Compared to the wildtype (*Sap130^{+/+} Pcdha9^{+/+}*) genotype, there was an increased volume density of trophoblast cells in the labyrinth of the double heterozygous genotype (*Sap130^{m/+} Pcdha9^{m/+}*) (**A**). As a result, the volume density of fetal capillaries was reduced in the double heterozygous genotype (**B**). Representative image of labyrinth double label immunohistochemistry identifying trophoblast (brown) and fetal capillaries (black) in wildtype (Left) and double heterozygous (Right) placentas. Data are estimates marginal mean + standard error, n=3 females (9 wildtype and 14 double heterozygous), analyzed using generalized linear modelling and including litter size as a covariate. *P<0.05; ***P<0.001

Reduced placental capillary volume density was associated with reduced placenta mRNA
expression of angiogenic factors Pgf and sFlt1
Changes in placenta microstructure of the Ohia mouse suggested reduced fetal angiogenesis.
Compared to wildtype genotype, placenta mRNA expression of *Pgf*, *Flt1* and *Kdr* was reduced in
the double heterozygotes (Figure 4A-C). There was no difference in the expression of *Vegfα*, *Ang1*
and *Ang2* between the different genotypes (Figure 4D-F).
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Figure 4. mRNA expression of angiogenic factors in the placenta of the Ohia mouse. Compared to wildtype (*Sap130*$^{+/+}$ *Pcdha9*$^{+/+}$), expression of placenta growth factor (*Pgf*; **A**), fms-like tyrosine kinase-1 (*Flt1*; **B**) and kinase insert domain receptor (*Kdr*; **C**) was reduced in the double heterozygous (*Sap130*$^{-/+}$ *Pcdha9*$^{-/+}$) placenta. There was no difference in the expression of vascular endothelial growth factor α (*Vegfα*; **D**), angiopoietin 1 (*Ang 1*; **E**) or 2 (*Ang2*; **F**). Data are estimated marginal mean + standard error, n=3 females (6 wildtype and 7 double heterozygous placentas), analyzed using generalized linear modelling and including litter size as a covariate. *P<0.05; **P<0.01; ***P<0.001

Placenta nutrient transporter expression is increased in the Ohia heterozygote indicative of a
compensatory response
Normally, the anatomy of the placenta is highly vascular with complex villous structures that
optimize nutrient, oxygen and waste exchange. Whilst mean mRNA expression of nutrient
transporters in the placentas of wildtype and double heterozygous genotypes was not different
(Supplemental Figure 1), correlations between fetal weight and placenta mRNA expression of
several nutrient transporters demonstrated positive correlations in the double heterozygous
genotypes but not in the wildtype (Table 1). More specifically, there was a positive correlation
between fetal weight and mRNA expression of *Slc2A1*, *Slc7A5* and *Slc7a8* in the double
heterozygous genotype but a negative correlation with fetal weight in the wildtype genotype.

Analysis of protein expression showed increased staining intensity of Slc7a5 (Figure 5A) and
Slc7a8 (Figure 5B) in the double heterozygous placentas when compared to the wildtype whilst
there was no difference in the expression of Slc2a1 (Figure 5C).
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Table 1. Correlation between fetal weight and mRNA expression of nutrient transporters in the placenta of wildtype (*Sap130$^{+/+}$ Pcdha9$^{+/+}$*) and double heterozygous (*Sap130$^{m/+}$ Pcdha9$^{m/+}$*) Ohia mice

	Sap130$^{+/+}$ Pcdha9$^{+/+}$	*Sap130$^{m/+}$ Pcdha9$^{m/+}$*
	Spearman r value	Spearman r value
Slc2A1	-0.0857	0.643
Slc2A3	0.429	0.679
Slc38A1	0.543	0.321
Slc38A2	0.0857	0.643
Slc7A5	-0.200	0.607
Slc7A8	-0.200	0.789

Figure 5. Nutrient transporter expression in the placenta of the Ohia mouse at GD18.5. Compared to the wildtype (*Sap130$^{+/+}$ Pcdha9$^{+/+}$*) genotype, there was an increased staining intensity of nutrient transporter Slc7a5 (**A**) and Slc7a8 (**B**) in the labyrinth of the double heterozygous genotype (*Sap130$^{m/+}$ Pcdha9$^{m/+}$*). There was no difference in staining intensity of Slc2a1 between double heterozygous and wildtype placentas (**C**). Representative images of nutrient transporters in wildtype (Left) and double heterozygous (Right) placentas. Data are estimates marginal mean + standard error, n=3 females (9 wildtype and 14 double heterozygous), analyzed using generalized linear modelling and including litter size as a covariate. *P<0.05

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Discussion
In humans, Congenital Heart Defects such as HLHS are often associated with poor fetal growth
that is likely contributed to by inappropriate placental development, growth and function.
Decades of research have identified hundreds of genes who disruption is associated with the
development of CHDs [18]. However, many studies designed to better understand the causative
mechanisms underlying CHDs often overlook any contribution from disruption to the
extraembryonic tissues and placenta. In the present study, we characterized fetal and placental
development at term in the Ohia mouse line which displays an HLHS-like phenotype. Most
notably, no double homozygote fetuses were recovered at GD18.5 and further analysis of the
placentas carrying the heterozygous mutation revealed a shifted frequency towards lower fetal
weight. This shift in fetal weight was associated with changes to the placenta microstructure;
reduced labyrinth area and fetal capillary volume density, and reduced gene expression of
angiogenic factors indicating disrupted angiogenesis within the placenta. Overall highlighting that
genetic mutations which cause the disruption to fetal heart development also significantly
impacts placental development.
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Early in the first trimester of pregnancy, the placenta and heart develop concurrently and
importantly, both organs share key developmental pathways [19-24]. During this period of
development, the cellular and signaling events will ultimately determine the fate of the heart and
the placenta, hence it is reasonable to assume that disrupted gene expression during first
trimester development that affects one organ is likely to affect the other as genetic perturbations
are infrequently restricted to one organ. Homozygous knockout of both *Sap130* and *Pcdha9* was
previously shown to result in embryonic lethality before or at mid-gestation [11] but that study
did not include analysis of the extra-embryonic tissues. In our study, no homozygous fetuses
remained in late gestation, an observation likely explained, by placentation failure which leads
to embryonic lethality [14], but beyond the current scope of this study.
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Several studies in human pregnancies with fetal HLHS have shown, using ultrasound, normal
umbilical artery blood flow [6, 25, 26] suggesting FGR is not due to abnormal placental blood flow
and may be due to disrupted placental structure and function. A reduction in fetal capillary
density in the placentas of the double heterozygotes, as well as reduced mRNA expression of *Pgf*,
Flt1 and *Kdr*, would, in addition, suggest abnormal placental angiogenesis. These results are
supportive of outcomes in human placentas from pregnancies in which the fetus developed HLHS
that show reduced mRNA expression of *PGF*, reduced protein expression of KDR, and
abnormalities in both the syncytiotrophoblast and the villous vasculature [27]. *Flt*^{-/-} mice are
embryonically lethal due to the inability of endothelial cells to form organized vascular channels
in early embryonic development, including in the extraembryonic tissue [28] further highlighting
the role for this gene in vascular development. Overall, such findings would indicate an imbalance
in the angiogenic mechanisms within the placenta that may contribute to the increased
frequency of lower weight fetuses carrying the heterozygous genotype.
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One of the predominant roles of the placenta is to coordinate the transport of nutrients from
mother to fetus [9]. We observed positive correlation between nutrient transporter mRNA

expression and fetal weight in the double heterozygotes, which was lacking in the wildtype
genotype, suggesting a possible compensatory response of the placenta to the
maldevelopment/malfunction. Additionally, protein expression of amino acid transporters Slc7a5
and Slc7a8 was increased in the double heterozygote placentas compared to wildtype. In the
placenta, Slc7a5 and Slc7a8 coordinate the uptake and transport of large neutral amino acids
crucial for fetal growth and development [29]. Analysis of human placentas from pregnancies
complicated by HLHS also show disrupted protein expression of Slc7a5 and Slc7a8, although this
was shown to be lower in the HLHS placentas compared to normal controls [30]. Never-the-less
such findings corroborate with the hypothesis that the mechanisms that underlie the
development of CHDs also impact placental nutrient transporter expression.

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The aim of the current study was to assess placental development and the impact on fetal
growth in the Ohia mouse model which is characterized by the development of fetal cardiac
defects similar to HLHS in humans. No fetuses with a double homozygous phenotype were found
at GD18.5; possibly due to early placental failure that requires further investigation. This
hypothesis is supported by a shift in fetal weight distribution towards lower fetal weight in
fetuses that carried the double heterozygous genotype indicating perturbations in placenta
function associated with the genetic mutations. The shifted fetal weight distribution was
associated with reduced density of fetal capillaries in the placenta and reduced placental mRNA
expression of *Pgf*, *Flt1* and *Kdr* which reflect similar outcomes in human cases of HLHS. Overall,
whilst the double heterozygous fetuses do not carry heart defects, placental development and
function is impaired; an outcome likely to be worse with the double homozygous genotype which
do demonstrate a heart defect in mid-pregnancy. As such, our study highlights the usefulness of
this model to continuing our understanding of the concurrent disruption of the placenta in CHDs
such as HLHS.

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Declarations
Ethic Approval: All animal procedures were performed under protocol 2015-0087 and approved by the
Institutional Animal Care and Use Committee of Cincinnati Children's Hospital Medical Center.
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animal husbandry, experiments and edited the manuscript. HNJ conceived and designed the study and
edited the manuscript. All authors approve the final version.

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290 **References**

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