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Early life stress targets the transcriptional signature and functional properties of voltage gated-sodium (Na$_v$) channels in hippocampal NG2+ glia.

Authors:

Giulia Treccani[1,2,3], Hatice Yigit[4]*, Thomas Lingner[5]*, Vanessa Schleußner[4,6]*, Malin Wennström[7], David P Herzog[1], Markus Fricke[5], Gregers Wegener[3], Thomas Mittmann[6], Jacqueline Trotter[4], Marianne B Müller[1,8]

Affiliations:

1. Department of Psychiatry and Psychotherapy, University Medical Center of the Johannes Gutenberg-University Mainz, Mainz, Germany

2. Institute for Microscopic Anatomy and Neurobiology, University Medical Center of the Johannes Gutenberg-University Mainz, Mainz, Germany

3. Translational Neuropsychiatry Unit, Department of Clinical Medicine, Aarhus University, Skovagervej, Aarhus, Denmark

4. Cellular Neurobiology, Institute for Developmental Biology and Neurobiology, Johannes Gutenberg-University of Mainz, Mainz, Germany.

5. Genevention GmbH, Göttingen, Germany

6. Institute of Physiology, University Medical Center of the Johannes Gutenberg-University, Mainz, Germany.

7. Department of Clinical Sciences Malmö, Clinical Memory Research Unit, The Wallenberg Lab, Lund University, Malmö, Sweden

8. Leibniz Institute for Resilience Research, Mainz, Germany

* These authors equally contributed

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Corresponding author

Giulia Treccani, PhD

Department of Psychiatry and Psychotherapy and Institute for Microscopic Anatomy and Neurobiology,

University Medical Center of the Johannes Gutenberg-University Mainz

Hanns-Dieter-Hüsch-Weg 19

55128 Mainz

Germany

Tel. +49 (0) 6131 39 21345

Email: gtreccan@uni-mainz.de

Abstract

Background: The detrimental effects of early adversity on brain development and adult mental health are well established. While studies have identified myelination processes and oligodendrocytes as targets of early adversity across species, knowledge about the precise molecular mechanisms and cell populations involved is still lacking. NG2+ cells are oligodendrocyte precursor cells with unique properties, as they form synapses with neurons, engage in cell-cell communication and respond to stress hormones.

Methods: Using an established mouse model of early life stress (ELS) we performed cell-type specific molecular profiling in hippocampal NG2 cells at early postnatal and adult stages. To further dissect the impact of glucocorticoids on ELS-induced transcriptional changes, we integrated our data with available Chip-seq data on genomic binding sites of the glucocorticoid receptor (GR). The functional relevance of one candidate gene, *Scn7a*, was confirmed by electrophysiological recordings in hippocampal NG2 cells.

Results: ELS specifically targeted the hippocampal NG2 cell transcriptome, and the molecular changes correlated with the ELS-induced increase of corticosterone. The overlap analysis with Chip-seq data on genomic binding sites of the GR revealed nine overlapping genes. Among those *Scn7a*, coding for a subunit of sodium channels, remained upregulated until adulthood in ELS animals. Upregulation of *Scn7a* was accompanied by an increase in the density of voltage-gated sodium channel activated currents in hippocampal NG2 cells.

Conclusions: Our findings indicate that ELS specifically targets the transcriptional profiles and electrophysiological properties of hippocampal NG2 glia. Considering that voltage-gated sodium channels are important for the NG2 cell-to-neuron communication, our findings may provide novel insights into the pathophysiological processes underlying stress related mental disorders.

Main text

Introduction

The brain is particularly sensitive to adversity experienced early in life, during a time period in which its development is not yet accomplished (1). Early adversity (EA)- such as child neglect and maltreatment- lastingly impacts on developmental trajectories of the brain, leading to structural changes (e.g. reduced cortical and hippocampal volumes) but also functional impairment of critical neurocognitive circuits in adulthood (2-4). In addition, meta-analytical data confirm that exposure to EA during childhood not only increases the risk for developing neuropsychiatric disorders later in life but also predicts unfavorable course of illness and treatment outcome in depression (5-7). While there is evidence for impaired brain myelination in contributing to the detrimental effects of EA on brain development across species (8, 9), knowledge about the precise molecular mechanisms and cell populations involved is still lacking. Myelin integrity and plasticity are critically important for proper brain function throughout lifespan. Despite its remarkable potential to adapt to different extrinsic stimuli and promote functional recovery (10, 11), myelination can be disturbed if environmental challenges are severe or long-lasting, e.g. under conditions of critical stress. Moreover, especially during the critical window of early postnatal life myelination appears to be particularly sensitive to environmental stress, which has been proven by both clinical (12) and preclinical studies (13, 14). Myelinating cells -oligodendrocytes within the central nervous system- derive from the differentiation of oligodendrocyte precursor cells (OPCs) (15). Both OPCs and mature oligodendrocytes can be affected by early stressful experiences (16, 17). The OPCs expressing the type I proteoglycan CSPG4 (NG2) on their cell surface - known as

NG2+ cells – has been discussed to also fulfill physiological roles in brain homeostasis, although the mechanistic nature of such roles remains unclear. In addition to serving as progenitors of myelinating oligodendrocytes (18, 19), NG2+ cells have unique properties, rendering them particularly interesting in the context of stress and EA. These properties include the ability to establish synaptic contacts with neurons (20-23), to communicate with microglia (24) and to modulate glutamatergic signal transduction via the shed version of the NG2 ectodomain (25). NG2+ cells express the glucocorticoid receptor (GR) (26) and their proliferation is regulate by glucocorticoids (27-29).

Despite the interesting roles of NG2+ cells and their responsiveness to glucocorticoids (27, 28) and chronic stress in adulthood (30), so far no study has addressed the question whether NG2+ cells could be a target population of ELS. Similarly, it has not been addressed whether they could be involved in mediating the long-term negative consequences of ELS on mental health. In rodent models, ELS takes place during the so-called stress hypo-responsive period (SHRP) (31) which is, a period characterized by a markedly reduced responsiveness of the hypothalamus-pituitary adrenal system to moderately challenging conditions. The SHRP has been discussed to protect the early postnatal and still developing brain from an excess of glucocorticoid hormones (32). Intriguingly the SHRP (postnatal day 2-9) largely overlaps with the temporal window during which NG2 cells reach their peak density (first postnatal week), and when the majority of divided NG2 cells differentiate into oligodendrocytes (33). ELS is capable to override the SHRP and to elicit a significant stress response with increased expression of central corticotropin releasing hormone and circulating corticosterone (CORT) concentrations, which in turn cause detrimental long lasting effect on memory formation and hippocampus-dependent cognitive functions (34-36). Still, the

individual contribution of an ELS-induced CORT excess and the concomitant activation of central stress neurocircuits on the developing brain has not been finally dissected.

To this end, we used an established mouse model of ELS (37, 38) and performed cell-type specific transcriptional profiling in hippocampal NG2 cells directly after stress exposure. To dissect the impact of CORT on modulating ELS-induced negative outcomes, we further correlated the molecular changes with the individual litter's CORT response to ELS. Second, we performed enrichment analyses to test the hypothesis that glucocorticoid responsive genes are overrepresented in our set of ELS candidate genes and to determine whether ELS might shift the molecular identity/profile of NG2 cells towards a more mature stage in the lineage. We extended our analyses to the adult stage and investigated the persistence of changes in the NG2 transcriptome profile in adult animals previously exposed to ELS and identified *Scn7a* (Sodium channel protein type 7 subunit alpha) as a strong ELS candidate gene. Finally, the functional relevance of an ELS-induced increase in the expression of *Scn7a* was tested by electrophysiological recordings in hippocampal NG2 cells**.**

Materials and Methods

Animals

Adult female and male C57bL/6J mice (10 weeks) were obtained from Janvier Labs (France). Mice were single housed with food and water ad libitum in an air-conditioned (temperature=22 ± 2 °C, relative humidity=50 ± 5%) housing room with 12 h/12 h light-dark cycle (lights on at 07:00 a.m.). Mice were habituated to the new environment for at least 1 week before the starting of the experiment. The breeding pairs consisted of female and male C57BL/6J. After mating pregnant dams were single housed and put in a cabinet with controlled ventilation, temperature and light cycle until the end of the experiment. From postnatal day (P) 2 to P9 the dams and litter were exposed to early life stress procedure (ELS) or control condition. For electrophysiological experiments C57bL/6N mice were bred to homozygous knock-in NG2 enhanced yellow fluorescent protein (NG2-EYFP) mice, where the expression of the reporter gene is regulated according to the endogenous NG2 promoter, allowing unbiased sampling of this population (39), to obtain heterozygous NG2-YFP pups. All experiments were performed in accordance with the European directive 2010/63/EU for animal experiments and were approved by the local authorities (Animal Protection Committee of the State Government, Landesuntersuchungsamt Rheinland-Pfalz, Koblenz, Germany).

Early life stress protocol

ELS was performed as previously described (37, 38). Briefly, on P2, dams with 5-6 pups (of which at least one female) were randomly subjected to ELS or assigned to the control group from P2 to P9. The dams subjected to ELS were housed in cages with limited bedding and nesting materials (half square of a Nestlet, # 14010 Plexx) on an aluminum mesh platform as for Rice et al., 2008 (McNichols Co) at least 1.5 cm above the cage floor. Control litters were kept under standard conditions and provided with sufficient bedding and nesting materials (2 Nestlets) All animals were monitored but left undisturbed until the end of the experiment. For the acute effect of ELS, in the morning of P9 the male pups were weighed and euthanized. For the long-lasting effect of ELS at P9 animals were weighed and were kept and housed again under standard conditions until weaning at P21. After weaning the male offspring were kept group housed until 8 weeks. At week 9-10 the animals were single housed, behavioral phenotype tested at 4-5 months and mice were euthanized at 8 months. For a schematic overview of the different experimental schedules see Fig 1.

Fig 1: Schematic overview of the experimental procedures

Measurement of plasma CORT

Concentrations of circulating corticosterone were measured from trunk blood plasma (P9) or tail cut (adult animals) by Corticosterone ELISA Kit (Enzo Life Sciences, #Cat.No. ADI-900-0979) according to the manufacturer's instructions. The blood was collected in an EDTA tube and centrifuged for 10 min at 4 °C and 10 000 rpm.

Behavioral tests

All behavioral experiments were conducted between 09:00 and 14:00 by experimenters blinded to the treatment groups. All the animals were randomized per condition. The videos of all behavioral tests were scored manually by an experimenter blinded to the animals' treatment using The Observer XT12 software (Noldus Information Technology). Between each test session, setups and arenas were cleaned with a 5% EtOH solution and dried with tissues. Behavioral testing occurred in custom-made sound-attenuating boxes under constant light conditions (37 lx). Detailed descriptions of the behavioral tests performed are provided in the Supplementary Information (SI).

Isolation of NG2 cells by magnetic cell sorting

NG2 cells were isolated using the NTDK-P Kit (Miltenyi Biotec) according to previously described procedures (40, 41), where Magnetic isolation (MACS) was performed with anti-NG2 antibody conjugated with magnetic beads (Miltenyi Biotec). For the P9 time-point, each sample was a pool of the hippocampi from the male pups of the entire litter; n represents litter number (control n = 7, ELS low CORT n= 8, ELS high CORT n= 7, randomized in 3 batches). For the 8-month time-point each sample was a pool of the hippocampi of 3-4 males per sample (control n = 6, ELS n = 7 randomized in 3 batches).

RNA extraction and Next-Generation Sequencing (NGS)

After NG2 sorting, cells were pelleted and RNA was extracted using RNeasy Micro Kit (QIAGEN) according to manufacturer's instructions. NGS library prep was performed with NuGen Ovation SoLo RNA-Sequencing (RNA-seq) System following NuGen`s standard protocol (M01406v2). For the first experiment (at P9) libraries were prepared with a starting amount of 1 ng and amplified in 14 PCR cycles. Libraries were profiled in a High Sensitivity DNA on a 2100 Bioanalyzer (Agilent technologies) and quantified using the ddPCR Library Quantification Kit for Illumina TruSeq in a QX200 Droplet Digital PCR system (BioRad). Details information on the NGS protocol are described in the SI.

Bioinformatic analysis

Details descriptions of the bioinformatic analysis are provided in the SI.

Electrophysiology

Hippocampal NG2-cells were electrophysiologically characterized at the age of P9-P10 (n=11 (control), n=11 (ELS)) by use of the heterozygous knock-in mice model expressing the enhanced yellow fluorescent protein EYFP in NG2 cells (NG2-EYFP+/- mice,(39)). After decapitation the brains were quickly removed and put into ice-cold 95% O_2/5% CO_2 oxygenated ACSF. Next, the tissue was horizontally cut by use of a vibratome (VT 1200S, LEICA, Germany) to receive hippocampal brain slices with a thickness of 300 µm. The slices were kept in oxygenated ACSF at room temperature for at least 1 hour for recovery. Then they were transferred into a submerged-type recording chamber mounted on an upright microscope (Olympus BX-51WI) and perfused

with oxygenated 95% O_2/5% CO_2 HEPES-buffered recording solution at room temperature for 10 minutes. NG2-cells located in the stratum radiatum of area CA1 could be visually identified through a 40x objective on the microscope (Olympus) by their EYFP-fluorescence. Whole-cell clamped recordings were performed from these NG2-cells by use of glass capillaries filled with a Cesium Gluconate-based internal solution. The resistance of the recording electrode was 3-6 MΩ, and the NG2-cells were voltage clamped to a holding potential (Vm) of -60 mV. Voltage-gated sodium currents were activated by applying 20 mV steps ranging from -120 mV to +40 mV with rectangular stimuli lasting 199 ms by use of an AxoPatch 200B amplifier (Molecular Devices, California, USA). Data were acquired with PClamp11 software (Molecular Devices, California, USA), lowpass Bessel filtered at 1 kHz and sampled at 50 kHz. For Detailed description on the electrophysiology experiments and on data analysis are provided in the SI.

Statistics

All samples represent biological replicates. Sample sizes are indicated in the figure (Fig) legends. Values are expressed as mean ± SEM. Data were checked for normal distribution using the Kolmogorov-Smirnov test. Unpaired two-tailed Student's t test (normally distributed) or Mann–Whitney U-test (not normally distributed) were used to compare sets of data obtained from two independent groups of animals. Pearson's correlation coefficient was used to measure linear correlation between two sets of data. P values are reported in Fig legends, with $P < 0.05$ considered statistically significant. All data were analyzed using Prism version 8.3 (GraphPad Software).

Results

Validation of the ELS model: neuroendocrine and behavioral outcomes

We first confirmed the validity of the ELS model. In similarity to previous published studies, we detected increased plasma CORT concentrations (Fig 2A) and a decrease in body weight (Supplementary Table 1) in pups exposed to ELS. The CORT concentrations varied highly across ELS litters (Fig 2B) despite identical experimental conditions. We therefore stratified the ELS litters based on the CORT concentration showed by the control into ELS with low CORT concentration (≤5 ng/mL) and ELS with high CORT concentration (≥ 5 ng/mL). To further evaluate the ELS model, we examined the behavioral outcome 4-5 months after ELS exposure using two behavioral tests: the novel object recognition test (NORT, assessing hippocampus-dependent cognitive performance) and the open field test (OF, investigating locomotor activity). In agreement with previous studies (37, 38, 42), we could confirm an impaired cognitive performance in the NORT and increased locomotor activity in the OF (Fig 3D and 3E) in ELS exposed mice. We did not detect any difference in the basal plasma CORT concentrations in adult animals previously exposed to ELS compared to control animals (Fig 3C).

Fig 2: Impact of ELS on plasma corticosterone concentration in P9 pups and adult animals and on behaviors in adult animals

(A) Graph showing the ELS-induced increase in plasma CORT based on individual values of each animal at P9. Two-tailed Mann-Whitney Test, U= 442, p=0.0009, n= 27 CNT and n= 57 ELS. (B) Averaging the individual plasma CORT concentrations per litter, this graph illustrates the heterogeneity of the CORT response across litters following ELS with the stratification in high CORT and low CORT concentration. Two-tailed Mann-Whitney Test, U= 30, p= 0.0553, n= 8 CNT litters and n= 15 ELS litters. (C) Graph showing the plasma CORT concentrations in adult animals calculated per litter. Unpaired Student´s t-test t(16)= 0.7235, p= 0.4798, n= 8-11 litter per group. (D) Graph showing the % of novel object recognition of adult animals calculated per litter. Unpaired Student´s t-test t(18)= 2.416, p= 0.0266, n= 8-12 litter per group. (E) Graph showing the distance travelled in the OF of adult animals calculated per litter. Unpaired Student´s t-test t(18)= 2.566, P=0.0194, n= 8-12 litter per group *p<0.05 ***p< 0.001.

Changes of the NG2 cell transcriptional signatures in response to ELS: impact of glucocorticoids

To further investigate whether ELS specifically targets NG2 cells in brain areas implicated in the behavioral changes seen after ELS exposure, we isolated NG2 cells from the hippocampus of pups (P9, directly after ELS or respective control pups) and performed bulk RNA-seq followed by differential gene expression (DGE) analysis. When comparing control samples vs all ELS samples, we found only 15 significantly differentially expressed genes (DEGs, 8 upregulated, 7 downregulated, Supplementary Table 1). However, since the impact of ELS in terms of stress-induced increase in plasma CORT concentration varied highly between ELS litters, we divided the samples based on the control level into low-CORT ELS (≤ 5 ng/mL), high-CORT ELS (≥5 ng/mL) and controls, which always had plasma CORT concentrations below 5 ng/mL (Fig 2B). Comparison of the RNA-seq data using this stratification revealed 54 DEGs (19 upregulated, 35 downregulated) between controls versus high-CORT ELS samples (Fig 3 and Table 1). No significant DEGs could be detected for control vs low-CORT ELS and low-CORT ELS vs high-CORT ELS.

Fig 3: Impact of individual increase in circulating plasma CORT concentrations on ELS-induced transcriptional changes in NG2 cells

Heatmap representing DEGs between control and high-CORT litters. In total, 54 genes were significantly upregulated (19) or downregulated (35, |log2fc| > 0.2, padj < 0.05). The heatmap shows scaled expression values for each gene across all relevant samples, whereby higher/lower expression is indicated by red/blue color. The magnitude of change in expression (log2fc) is

indicated on the very left-hand side of the plot, next to this the Pearson correlation coefficients of

gene expression with CORT level in respective samples are shown.

Further analysis revealed that the expression of some candidate DEGs (e.g *Scn7a*, *Nwd1*, *Grb10*)

across samples strongly correlated with the plasma CORT concentrations (values of r ≥ 0.8) (Fig

3), whereas some candidates only showed very weak correlation with the stress hormone (r ≤0.3)

(e.g *Agpat5, Fbf1, Ncam1*). A significant functional enrichment of our candidate genes in terms of

overrepresented molecular pathways could not be found. However, several candidate genes are

involved in lipid metabolic processes (*Pnlip*, *Enpp6*, *Slc27a1*, *Agpat5*, *Fa2h*, *Neu4*).

Since we found a strong correlation between the ELS-induced plasma CORT concentrations and

some of our DEGs (Fig 3 and Table 1), we wanted to understand whether the identified DEGs are

glucocorticoid responsive genes. We therefore took advantages of already existing data on

genomic binding sites of glucocorticoid receptor (GR) in neuronal PC12 cells (43) and hippocampi

(44) of rats treated with dexamethasone, a synthetic glucocorticoid receptor antagonist (45).

Overlap analysis of genes binding due to DEX treatment in PC12 cells (918) and our 54 candidate

DEGs revealed a significant enrichment represented by 5 genes: *Scn7a*, *Grb10*, *Fa2h*, *Slc5a7* and

Chrm2 (Fisher enrichment fold 2.79, p-value 0.0416; see Table 1 for overlapping genes). Overlap

with the rat hippocampus study showed no significant enrichment represented by 5 genes (5 out

of 1828/54 candidates, 1.34 fold/p=0.431, see Table 1).

gene symbol	log2FoldChange	padj	correlation	P-value	PC12	Hippocampus
Scn7a	1.07	2.51E-13	0.82	0.00	x	
Bmp4	-0.78	4.48E-07	-0.61	0.00		
Nwd1	0.73	2.80E-06	0.91	0.00		
Moxd1	0.73	1.96E-05	0.64	0.00		
Shisa9	-0.56	1.96E-05	-0.56	0.01		
Grb10	0.61	1.97E-05	0.83	0.00	x	
Vit	0.72	3.88E-05	0.60	0.00		
Tnfaip8	0.63	1.29E-03	0.75	0.00		
Gm44667	0.48	1.57E-03	0.41	0.06		
Dock9	-0.43	1.57E-03	-0.50	0.02		x
Galnt6	0.62	3.13E-03	0.24	0.27		
Peg3	0.31	3.80E-03	0.53	0.01		
Msrb3	-0.58	3.80E-03	-0.61	0.00		
Fa2h	-0.54	4.12E-03	-0.44	0.04	x	x
Slc16a12	-0.57	0.01	-0.55	0.01		
Slc27a1	0.41	0.01	0.76	0.00		
Faim2	-0.52	0.01	-0.59	0.01		
Mmp14	0.48	0.01	0.68	0.00		
Cd9	-0.47	0.01	-0.59	0.00		
Lbh	-0.45	0.01	-0.62	0.00		
Sirt2	-0.43	0.01	-0.56	0.01		
Igf2bp2	0.52	0.01	0.48	0.02		
Slc5a7	-0.5	0.01	-0.41	0.05	x	
Lrrn1	-0.39	0.02	-0.56	0.00		
Psenen	-0.47	0.02	-0.66	0.00		
Tle2	0.46	0.02	0.29	0.19		
Bmp3	-0.53	0.02	-0.38	0.08		
Cfdp1	-0.35	0.02	-0.69	0.00		x
Lrtm2	-0.48	0.02	-0.66	0.00		

Gene					
C1ql1	-0.52	0.02	-0.57	0.00	
Agpat5	-0.24	0.02	-0.44	0.04	
Btd	-0.41	0.02	-0.53	0.01	x
Dpm2	-0.43	0.02	-0.64	0.00	
Pnlip	0.52	0.03	0.47	0.02	
Neu4	-0.53	0.03	-0.47	0.03	
Chrm2	-0.49	0.03	-0.50	0.02 x	
Enpp6	-0.52	0.04	-0.23	0.31	
mt-Nd2	-0.38	0.04	-0.68	0.00	
Mif4gd	-0.44	0.04	-0.34	0.12	
Kank1	-0.42	0.04	0.43	0.04	
Fbf1	0.27	0.04	-0.55	0.01	
mt-Cytb	-0.37	0.04	0.57	0.00	
Gjc3	0.41	0.04	-0.68	0.00	
mt-Nd5	-0.36	0.04	-0.61	0.00	
9630013A20Rik	-0.46	0.04	-0.45	0.03	
Cdh19	0.51	0.04	-0.69	0.00	
Arf4	-0.24	0.04	0.39	0.07	
Ncam1	-0.23	0.04	-0.44	0.04	x
Fam174b	-0.42	0.04	-0.75	0.00	
Bcas1	-0.43	0.04	-0.47	0.02	
Adamts16	-0.5	0.04	0.38	0.08	
Gm38243	0.47	0.04	-0.49	0.02	
Col19a1	0.45	0.04	0.42	0.05	
Susd5	-0.49	0.05	-0.54	0.01	

Table 1: DE candidate genes (control vs high CORT comparison) sorted by significance.

The table shows official gene symbols, effect size (log2-fold change) and significance (adjusted p-value) of differential expression. For the correlation analysis of CORT values and gene's expression values across samples the table presents Pearson correlation coefficients and associated p-values.

"PC12" and "Hippocampus" indicate whether a gene has been detected to differentially bind in CORT-associated ChIP-seq studies (see text).

ELS shifts the transcriptome of NG2 cells towards a more mature cell lineage

Since NG2 cells, when needed, can maturate into oligodendrocytes, we wondered whether the ELS induced change in their transcriptional signature could reflect a shift towards a different stage in the oligodendrocyte lineage. We therefore performed a comparative analysis between our 54 candidate DEGs and previously published transcriptional signatures characterizing six maturation stages (13 substages) of the mouse oligodendrocyte lineage (46). We could show that DEGs downregulated in the ELS samples tended to be higher expressed in early stages of the oligodendrocyte lineage (Fig 4A and B). This tendency was further confirmed by a significant enrichment of 7 out of the 35 downregulated-DEGs and the 50 early-stage indicator genes identified in the single-cell study (46) describing transcriptional signatures for vascular and leptomeningeal cells (VLMC), OPC and differentiation-committed oligodendrocyte precursors (COP). (7 out of 35/50, hypergeometric test p-value=$2.013*10^{-12}$, as shown in Fig 3). The expression levels of these seven genes in CNT and ELS samples can be found in Supplementary Fig 1A. We found that the up-regulated DEGs in the ELS samples were not significantly increased or decreased in any of the oligodendroglia lineage stage (Supplementary Fig 1B and C). No other combinations (upregulated DEGs vs early-stage, upregulated DEGs vs late-stage, downregulated DEGs vs late-stage) showed an overlap.

Fig 4: Stage-wise expression of ELS-downregulated genes in oligodendrocyte lineage

The heatmap (A) represents centered and scaled gene expression (mean subtracted, divided by standard deviation) of the ELS-downregulated DEG in each stage of the oligodendrocyte lineage derived from the data available in (46). These values reside between ~-3 and +3 values. The cells on top of the heatmap represented sums of scaled expression values per each cell stage in the lineage. Range -0.5 to +0.5. Abbreviation: newly formed oligodendrocytes (NFOL1 and NFOL2); myelin-forming oligodendrocytes (MFOL1 and MFOL2; mature oligodendrocytes (MOL1 to MOL6). (B) The Panel represents with a bar plot the same values represented in the cells on top of the heatmap.

The left part of the heat map shows the clustering dendrogram of genes and represents "patterns" of similar expression, to which the genes are also grouped. (C) The Venn diagram indicates the overlap of genes which are early-stage indicator genes as identified in single-cell study ((46), left-hand side) and downregulated genes in ELS animals (right-hand side).

Long lasting effects of ELS on adult hippocampal NG2 cell transcriptome: persistent upregulation of *Scn7a*

In order to understand whether the ELS-associated alterations in the transcriptome of NG2 cells isolated from P9 hippocampi are long lasting, we performed an additional series of RNA-seq analyses in 8-months old animals which showed ELS-associated cognitive impairment (47). At the transcriptome-wide level, we found no DEGs between control and mice previously exposed to ELS, which points to a relative normalization of the NG2 transcriptome profile in the adult stage. However, when choosing a candidate-driven approach and performing a targeted t-test of the same DEGs that had been identified in ELS pups, we found that one DEG (*Scn7a*) was significantly upregulated also in the adult animals (target- t-test p= 0.01969, t (11) = 2.8925, Supplementary Fig 2).

ELS modulates voltage-sensitive sodium currents in hippocampal NG2 cells

Since *Scn7a* encodes for subunits of sodium channels and it has been previously identified in NG2+ cells (48-51), we further tested the hypothesis that ELS could change the electrical properties, thereby modulating the activity, of hippocampal NG2 cells. To this end, we investigated the impact of ELS on the density of Voltage-Gated sodium (Na_v) channels by the use of whole-cell patch-clamp electrophysiological recordings in heterozygous NG2-EYFP knock-in pups (39, 49). As expected, and consistent with our data from the C57Bl/6J strain the NG2-EYFP line (+/-) mouse was responsive to ELS and showed the characteristic ELS-induced increase in plasma CORT concentrations as well as a decrease in body weight (Supplementary Table 1). In addition, electrophysiological recordings from NG2 cells, identified through EYFP-expression in hippocampal slices, revealed an increased density of Na_v mediated sodium currents in the ELS condition, with a peak between ELS and controls condition at a holding potential of +20 mV (Fig 5A and B).

Fig 5: ELS altered the current density of Na$_v$ channels in hippocampal NG2 cells

(A) Representative NG2+ cell. Cells were selected by their EYFP expression (NG2-EYFP knockin mice) and their characteristic morphology. Scale bar 20 μm. (B) Representative voltage traces of voltage sensitive sodium currents in NG2 cells from CNT (left) and ELS (right) P9 pups at different holding potentials. (C) Summary plot of mean density of Na$_v$ activated sodium currents in control and ELS P9 pups. Data are expressed as mean ± SEM. Unpaired t-test. * p<0.05 vs CNT (30-37 cells in 12 animals per group).

Discussion

In this study, we have defined a stringent functional link between the impact of early life adversity and hippocampal NG2+ glia as a putative mediator of CNS homeostasis. We employed a mouse model of ELS to show that ELS specifically targets the transcriptional signature of hippocampal NG2+ cells, and that changes in the NG2 transcriptome largely depend on the ELS-induced increase in circulating plasma CORT. Through integration of our transcriptome data with stage-specific clusters of marker genes in the oligodendrocyte lineage, we provided first evidence that ELS is able to shift the molecular profiles of NG2+ cells towards a more mature stage in the lineage. The most strongly ELS-induced candidate gene, *Scn7a*, continued to be persistently increased until adulthood. Since *Scn7a* encodes for a subunit of sodium channels, we finally confirmed the functional relevance of the transcriptional change for one player mediating the hippocampal network activity (52) by electrophysiological recordings showing an increase in the density of Na_v activated sodium currents after ELS.

In line with previous studies (37, 42), we confirmed a strong impact of ELS on circulating CORT plasma concentrations in P9 pups. The plasma CORT concentrations showed considerable variability between litters under strictly controlled and identical experimental conditions. Despite the large number of studies using ELS as a translationally relevant animal model, individuality in the ELS outcome is a so far neglected aspect. Usually, an increase in plasma CORT concentrations is described as a hallmark of ELS ; still the specific role of CORT in shaping the long lasting negative effects of ELS on memory and cognitive function is not finally solved (53, 54). It may thus be that the heterogeneity in CORT response across litters indicates a variance in model efficiency among

individuals, and that considering ELS-subgroups (i.e. animals resilient or susceptible to the early adverse manipulation) could be interesting to consider in future studies to enhance the translational value.

Our study showed, for the first time, that the highly dynamic population of NG2 glia is a specific target of early life adversity. NG2 glia have repeatedly been described to quickly respond to different types of challenges or insults to the adult CNS (55, 56). The fact that the time window of ELS exposure critically hits the period during which NG2 cells reach their peak density (first postnatal week) provides a strong scientific rationale to investigate the specific role of NG2 glia in modulating ELS-associated aversive outcomes. ELS-induced changes in the transcriptional signature of NG2 cells correlated with the plasma concentrations of the stress hormone CORT. This link between glucocorticoids and NG2 transcriptome changes after ELS was further strengthened by additional bioinformatic analyses: when integrating our transcriptome data with publicly available datasets on genomic binding sites of GR in neuronal PC12 cells and hippocampus of rats treated with dexamethasone (43, 44), we identified several overlapping candidates. Thus, ELS-induced activation of the hypothalamus-pituitary-adrenocortical system, which exposes the developing brain to an excess of glucocorticoids seems to play a crucial role major in shifting gene expression, with possible lasting consequences on NG2 cell function and, presumably, brain homeostasis.

Interestingly, many of the downregulated DEGs overlapped with early- stage marker genes in the oligodendrocyte lineage, which suggests an accelerated maturation of NG2 cells upon excess glucocorticoid exposure. The significance of this finding should be viewed from the fact that the NG2 population is a prototypical cellular target for stress signals, (30, 57) as NG2 cells express

both GR and mineralocorticoid receptors (MR) throughout the maturational stages of the lineage, from OPCS to mature oligodendrocytes (26). Moreover, CORT treatment has been shown to influence oligodendrogliogenesis in the hippocampus (27-29), which may in turn affect neurotransmission, alter neuronal function and ultimately behavior (also discussed in (28)). Thus, it is tempting to speculate that early adversity, by altering OPCs' transcriptome patterns may lead to changes in the communication between OPCs and neurons. ELS is able to override the protective SHRP, thus putting the various CNS functions that NG2 cells homeostatically support immediately at risk. Such change could alter neuronal function and ultimately lead to long lasting effects on adult emotional behavior and cognitive performance as observed in ELS animals. In support of this hypothesis, Teissier and colleagues found that maternal separation – i. e. different form ELS - caused an increase in mature oligodendrocytes in stressed pups and a consequent decreased in the number of OPCs in adult animals. Comparable results on the OPC/oligodendrocyte ratio were obtained when they reduced medial prefrontal cortex neuron excitability using DREAAD during the first 2 postnatal weeks in control pups and could mimic ELS-like behavioral alterations later in adulthood (16). Hence, it may well be that ELS, by accelerating the maturation of the OPCs, alters the communication between NG2 cells and neurons. Recent literature showing that EA results in precocious differentiation of OPCs and neural maturation in both mice and humans (17, 58) indeed supports this idea. However, whether an acceleration in OPC differentiation can cause changes in NG2 cell-neuron-communication and finally lead to negative behavioral outcomes is not yet clear.

Considering the remarkable potential of NG2 cells to homeostatically modulate brain function, ELS-induced upregulation of *Scn7a* in NG2 cells is an intriguing finding. This gene encodes for a

subunit of sodium channels widely expressed by OPCs throughout their lifespan. The channels are fundamental in the transduction of neuronal input on OPCs (49). Given that *Scn7a* remained persistently upregulated until adulthood, was highly correlated with the concentration of circulating CORT at P9 and differentially bound in ChIP-seq studies targeting GR-responsive transcripts, it is not unlikely that the *Scn7a* might be implicated in modulating ELS-induced behavioral changes as observed in our adult mice. So far, evidence for an involvement of Scn7a in psychiatric disease phenotypes is limited to a recent genome wide association study showing that a single nucleotide polymorphism in the *Scn7a* gene is associated with response to treatment in depressed patients (59). Data on the exact role of Na_v channels in NG2+ cells both under physiological as well as disease-predisposing conditions such as early life stress are still lacking Patch-clamp recordings have confirmed the expression of functional Na_v channels in NG2+ cells (60-63). Interestingly, the expression of Na_v channels in NG2+ cells follows specific temporal dynamics and may change depending on the developmental stage (60), with higher Na_v channel density in the NG2 + proliferative stage (49) but decreased density upon maturation (48, 61, 64). Under physiological conditions, the expression of Na_v channels may be relevant for OPC-neuron communication. It is known that action potential activity can lead to vesicular glutamate release and consequent activation of ionotropic glutamate receptors in NG2 + cells (65), and that NG2+ cells respond to this type of neurotransmitter release (62). Consequently, Na_v channel-mediated electrical activity may serve as a signal between unmyelinated axonal sections and OPCs that are ready to differentiate into oligodendrocytes and are in turn capable of myelinating these axonal targets (60, 62, 66). Therefore, this kind of electrical activity may be crucial in guiding the differentiation of OPCs. Interestingly Na_v channels are sensitive to the cellular milieu and

alterations in the constituents of the medium are sufficient to alter the expression of functional ion channels (49). Considering that ELS and an excess of glucocorticoid hormones might exert a plethora of cellular and molecular effects it is tempting to speculate that ELS, most likely via an increase in circulating glucocorticoids, enhances Na_v density in NG2 cells. This increase in Na_v density may alter the responsiveness of NG2+ cells to neurons with long-lasting negative outcomes on brain function and complex behavioral phenotypes. Thus, is not surprising to see that a recent single cell RNA-seq study from autopsy brain from depressed patients revealed gene alterations specifically in OPCs and excitatory neurons with possible implications for the OPCs-to-neuron communication (67). Interestingly, in disease conditions, Na_v channel expression switches were observed in other non-neuronal cells such as reactive astrocytes, which displayed upregulated expression of Na_v channels in acute and chronic multiple sclerosis plaques as well as in tissues surrounding cerebrovascular accidents and in brain tumors from autopsy human brains (60, 68).

In conclusion, our study substantially advances our knowledge about the molecular and cellular mechanisms through which adverse early experiences can be translated into lasting changes of brain function which, later in life, might predispose to the development of mental disorders. We are confident that our data will lay the basis for future studies investigating specific effects of CORT on the maturation of NG2 cells and examining the effects of stress on the NG2-neuron-communication.

Specifically, restoration of an ELS-induced dysfunction in NG2 cell-neuron communication could represent a conceptually novel and promising therapeutic avenue to explore in the future.

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