Age-specific mechanisms regulate neural crest and mesodermal contribution to the enteric nervous system in health and disease

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Abstract

The enteric nervous system (ENS), a collection of neurons contained in the wall of the gut, is of fundamental importance to gastrointestinal and systemic health. According to the prevailing paradigm, the ENS arises from progenitor cells migrating from the embryonic neural crest and remains largely unchanged thereafter. Here, we show that the lineage composition of maturing ENS changes with time, with a decline in the canonical lineage of neural-crest derived neurons and their replacement by a newly identified lineage of mesoderm-derived neurons. Single cell transcriptomics and immunochemical approaches establish a distinct expression profile of mesoderm-derived neurons. The dynamic balance between the proportions of neurons from these two different lineages in the post-natal gut is dependent on the availability of their respective trophic signals, GDNF-RET and HGF-MET. With increasing age, the mesoderm-derived neurons become the dominant form of neurons in the ENS, a change associated with significant functional effects on intestinal motility which can be reversed by GDNF supplementation. Transcriptomic analyses of human gut tissues show reduced GDNF-RET signaling in patients with intestinal dysmotility which is associated with reduction in neural crest-derived neuronal markers and concomitant increase in transcriptional patterns specific to mesoderm-derived neurons. Normal intestinal function in the adult gastrointestinal tract therefore appears to require an optimal balance between these two distinct lineages within the ENS.

Introduction

The enteric nervous system (ENS) is a large collection of neurons and related cells that resides within the gastrointestinal wall and regulates gut motility and secretion along with modulating epithelial and immune cell function[1,2]. During fetal development, the mammalian ENS is populated by neurons and glia derived from neural crest (NC)-derived precursors[3-9]. These precursors follow diverse migratory routes to colonize and innervate various parts of the gut before birth[10-12]. It is not clear, however, that this lineage persists in its entirety in the adult gut, as indicated by the observed lack of expression of fluorescent reporter protein in a subpopulation of adult enteric neurons in NC-lineage-traced mice[13,14]. Alternative sources of enteric neurons that have been proposed in the literature include the ventral neural tube (VENT)[15], or the Pdx1-expressing pancreatic endoderm[14], but the interpretation of these studies has been limited by the lack of robust lineage markers for non-NC derived neurons[16]. In addition, while prior studies have documented cellular changes to the ageing ENS[17], the developmental mechanisms behind these changes are unknown. Thus, confirmation of a second, distinct lineage of enteric neurons in adults is important for our understanding of the healthy post-natal development and aging of the ENS, as well as for the pathogenesis of acquired disorders of the ENS.

In this study, we found that while the early post-natal ENS is derived from the canonical NC-lineage, this pattern changes rapidly as the ENS matures, due to the arrival and continual expansion of a novel population of Mesoderm-derived Enteric Neurons (MENs) which represent an equal proportion of the ENS in young adulthood and with increasing age, eventually outnumber the NC-derived Enteric Neurons (NENs). We also found that, while the NEN population is regulated by glial derived neurotrophic factor (GDNF) signaling through its receptor RET, the MEN population is regulated by hepatocyte growth factor (HGF) signaling. Increasing HGF levels during maturation or by pharmacological dosing increase proportions of MENs. Similarly, decrease in

GDNF with age decrease NENs; and increasing GDNF levels by pharmacological dosing increase

NENs proportions in the adult ENS to impact intestinal motility.

These results indicate for the first time that the mesoderm is an important source of neurons in

the second largest nervous system of the body. The increasing proportion of neurons of

mesodermal lineage is a natural consequence of maturation and aging; further, this lineage can

be expected to have vulnerabilities to disease that are distinct from those affecting the NEN

population. These findings therefore provide a new paradigm for understanding the structure and

function of the adult and aging ENS in health, age-related gut dysfunction and other acquired

disorders of gastrointestinal motility.

Results

Only half of all mid-age adult enteric neurons are derived from the neural crest. We

analyzed small intestinal longitudinal muscle-myenteric plexus (LM-MP) from adult (post-natal

day 60; P60) Wnt1-cre:*Rosa26*-tdTomato mice, in which tdTomato is expressed by all derivatives

of Wnt1$^+$ NC-cells[18]. In these tissues, while GFAP, a glial marker, was always co-expressed with

tdTomato (Fig 1A), tdTomato-expression was absent in almost half of all myenteric neurons

expressing the pan-neuronal marker HuC/D (tdTomato$^+$ neurons: 53.5 ± 3.8 SEM; tdTomato$^-$

neurons: 45.92 ± 3.8 SEM; n = 53 ganglia from 5 mice, p = 0.16; Fig 1B, C). In these lineage-

traced mice, myenteric ganglia were found to contain tdTomato^{high} and tdTomato^{low} neurons and

due care was taken to image subsets (Fig S1A). Both tdTomato^{high} and tdTomato^{low} neurons were

classified as tdTomato$^+$ and only neurons that did not show any tdTomato-expression were

classified as tdTomato$^-$ neurons. Additional confirmation was provided by an analogous Wnt1-

cre:*Hprt*-tdTomato lineage-traced mouse line, in which tdTomato was expressed from the *Hprt*

locus in a Wnt1-cre-dependent manner (*Hprt* locus is X-inactivated in females, hence only adult

male mice were used)[19]; and by the Pax3-cre:*Rosa26*-tdTomato lineage-traced mouse line, where

Rosa26-tdTomato driven by the Pax3-cre transgene labels the derivatives of the neural tube and

pre-migratory NC (Fig S1B, C)[20]. Similar lack of reporter expression was previously observed in

adult myenteric neurons from Sox10-cre NC-lineage-traced mice, confirming our observations of

the presence of a significant proportion of non-NC-derived neurons in the adult ENS[13].

Lineage-tracing confirms a mesodermal derivation for half of all adult myenteric neurons.

Alternative sources of enteric neurons proposed previously include the ventral neural tube[15], and

the pancreatic endoderm[14], but the interpretation of these studies was limited by the lack of robust

lineage markers[16]. Brokhman et al[14] found evidence of labeled neurons in inducible Pdx1-cre,

Foxa2-cre, and Sox17-cre lineage-traced mouse lines and inferred their derivation from

pancreatic endoderm. However, in a Pdx1-cre lineage-traced mouse line, many neuroectoderm-

derived neurons of the central nervous system have also been previously shown to be derived

from Pdx1-expressing cells[21], suggesting that Pdx1 is not an exclusive endodermal marker. Foxa2

is expressed by mesoderm-derived cells in the heart[22] and Sox17 also labels mesoderm-derived

cells, especially cells of the intestinal vasculature[23-26]. We therefore hypothesized that the

embryonic mesoderm may be the true developmental source of the non-NC enteric neurons.

Mesoderm-derived cells during embryogenesis express Tek[22] and analysis of LM-MP tissues from

adult male Tek-cre:*Hprt*-tdTomato lineage-traced mice revealed the presence of a population of

tdTomato^{+} neurons (Fig 2A). Since Tek is not expressed in the adult ENS (Fig S2A), the presence

of Tek-derived adult myenteric neurons suggested their mesodermal origin. We then used

mesoderm posterior 1 or Mesp1 as a definitive developmental marker for the embryonic

mesoderm[27-31] to confirm the mesodermal derivation of the non-NC derived adult enteric neurons.

Reporter expression in this mouse line has been previously studied in cardiac development, which

we confirmed by observing its expression in the adult heart tissue (Fig 2B). Expression of

tdTomato in both Tek-cre and Mesp1-cre mice was less pronounced in cardiac myocytes (Fig 2B,

S2B) and myenteric neurons (Fig 2A, 2C) as compared with vascular cells, which reflects the

variable expression of the reporter gene in both the neural crest- and mesoderm-lineage specific

transgenic mouse lines (Fig 2B, 2C, S1A, S2B, S2C). Variable expression of CAG and other pan-

cellular promoters in various cell-types and during processes of maturation have previously been

reported[32-35]. In addition, an earlier study by Agah et al showed differing degrees of CAG-driven

LacZ reporter activation in a cardiac-specific transgenic cre mouse line, which were unrelated to

copy number, suggesting insertional and positional effects or, potentially, differential

methylation[36]. These reports are consistent with our observation and could potentially help explain

the observed variable expression of CAG and CMV promoter-driven reporter genes in our study.

Analysis of small intestinal LM-MP from P60 Mesp1-cre:*Rosa26*-tdTomato lineage-traced mice

(Fig 2D, S2C) showed that tdTomato-expression was observed in about half of all myenteric

neurons (tdTomato$^+$ neurons: 48.5 ± 5.24 SEM; tdTomato$^-$ neurons: 51.5 ± 5.24 SEM; n = 31

ganglia from 3 mice, p = 0.68) (Fig 2E). Because of the variable expression of the reporter gene

in the transgenic mice described above, we also labeled Mesp1-cre:*Rosa26*-tdTomato$^+$ neurons

with the S46 antibody, which was raised against the slow tonic myosin heavy chain protein MHCst

derived from avian embryonic upper leg muscle, and is expressed exclusively by mesoderm-

derived cell populations (Fig 2F)[37-40]. MHCst immunostaining was exclusively observed in all Tek-

cre:*Rosa26*-tdTomato$^+$ MENs (Fig S2D) and Wnt1-cre:*Rosa26*-tdTomato$^-$ non-expressing non-

NC lineage neurons. Thus. both lineage tracing and protein biomarker expression provides strong

support for their mesodermal origin (Fig 2G, Fig S3A). Along with our observations on Wnt1-

cre:*Rosa26*-tdTomato mice (Fig 1C), our results indicate that these two distinct lineages together

account for all the adult small intestinal myenteric neurons.

The proteins RET, a receptor tyrosine kinase that transduces GDNF signaling in NC-derived

enteric neuronal precursors, and MET, a receptor for hepatocyte growth factor (HGF), are

expressed by different subsets of adult myenteric neurons[41]. MET is classically expressed by

mesoderm-derived cells[42], and by using immunostaining of small intestinal LM-MP tissues from

Wnt1-cre:*Rosa26*-tdTomato and Mesp1-cre:*Rosa26*-tdTomato mice, we found that the

expression of MET was restricted to a sub-population of adult MENs (Fig 3A, B). By contrast, RET

expression was confined to NENs (Fig 3C).

We then studied whether MENs and NENs differed phenotypically. In the adult murine ENS,

inhibitory enteric motor neurons express the nitric oxide-producing enzyme nitric oxide synthase

1 (NOS1); and enteric sensory neurons, called intrinsic primary afferent neurons (IPANs) express

the neuropeptide calcitonin gene related peptide (CGRP)[9,41]. Analyses of NOS1 and CGRP

expression in the LM-MP from P60 Wnt1-cre:*Rosa26*-tdTomato mice showed that while

tdTomato$^+$ neurons account for the majority of NOS1$^+$ inhibitory neurons (NOS1$^+$ tdTomato$^+$:

63.42 ± 3.33 SEM; NOS1$^+$ tdTomato$^-$: 36.58 ± 3.33 SEM; n = 32 ganglia from 3 mice, p < 0.0001;

Fig 3D, E), tdTomato$^-$ neurons account for the majority of CGRP$^+$ neurons (CGRP$^+$ tdTomato$^-$:

74.36 ± 2.18 SEM; CGRP$^+$ tdTomato$^+$: 25.64 ± 2.18 SEM; n = 30 ganglia from 3 mice, p < 0.0001;

Fig 3F, G). These results are in keeping with a previous report that show low expression of NOS1

and abundant expression of CGRP by MET$^+$ neurons[41], previously not known to be of a different

lineage. The cell size of MENs was significantly larger than that of NENs (n = 143 neurons/group;

Feret diameter (µm) MENs: 17.47 ± 0.36 SEM, NENs: 13.05 ± 0.23 SEM, , p < 0.0001; Fig S4A),

which is consistent with their putative role as IPANs, which are also known consist of large

diameter neurons[43]. A sensory role for MENs is also supported by their specific expression of

Cadherin-3 (CDH3, Fig 3H, S3B), which marks a sub-population of mechanosensory spinal

neurons[44].

An expanded molecular characterization of MENs using unbiased single cell RNA

sequencing (scRNAseq)-based analyses. The separate nature of the MENs and NENs was

further ascertained by scRNAseq-based analyses on all cells isolated from ileal LM-MP. Unlike

other studies that analyzed either FACS-sorted Wnt1-cre:*Rosa26*-tdTomato[+] ENS-cells or used

classical NENs markers to drive identification of enteric neurons[45,46], we performed agnostic

clustering of the scRNAseq data from tissues of two 6-month-old adult male C57BL/6 wildtype

mice (Fig S4B, C). We identified the cluster of NC-derived cells by exclusive expression of

canonical NC markers Ret and Sox10; and the MENs cluster by its co-expression of the genes

Calcb (CGRP), Met, and Cdh3 (Fig 4A; S4B, C). With cells from both samples pooled together,

we compared 1,713 NC-derived cells with 2,223 MENs.

Examination of the MENs cluster yielded additional MENs-specific marker genes Slpi, Aebp1,

Clic3, Fmo2, Smo, Myl7, and Slc17a9, whose expression by adult enteric neurons has not been

previously described (Fig 4B). In addition, the MEN cluster was also enriched in previously

characterized ENS markers, such as Ntf3 and Il18[2,47] (Fig 4B). Exclusive expression of Il18 by

MENs, which has recently been shown to regulate mucosal immunity[2], indicates a potential

immunomodulatory function. We validated the MEN-specificity of these markers using

immunochemical analyses (Fig 4C; S3B - K). In addition to these MEN-specific genes, the

expression of the pre-synaptic gene Snap25, a component of the SNARE complex, has been

reported in all NC-derived Wnt1-cre:tdTomato^{+} enteric neurons (Fig S4E) and in a subset of

human ENS neurons[45,48], while it is not detected in the MEN cluster in our analyses (Fig S4F).

While the SNAP-25 expressing neurons did express tdTomato in the myenteric ganglia of a Wnt1-

cre:*Rosa26*-tdTomato transgenic mouse, they did not express the MENs-marker MHCst,

suggesting the NENs-specific expression of this canonical marker for synaptic neurons (Fig 5).

The proportion of mesoderm-derived neurons expands with age to become the dominant

population in the aging ENS. Since the ENS at birth consists solely of NENs[13], we next studied

the birth-date and eventual expansion of the MEN lineage in the post-natal gut. Using Wnt1-

cre:*Rosa26*-tdTomato mouse line, we enumerated the tdTomato[-] MENs in LM-MP at different

ages and found a significant age-associated increase in MENs proportions (F = 296.0, DFn, DFd

= 1, 250; p < 0.0001) (Fig 6A, B, C). At P11, MENs were found only in few isolated myenteric

ganglia (Fig 6A) and together represented only ~5% of all myenteric neurons (n = 34 ganglia from

3 mice), suggesting that they originate shortly before this age. The proportion of MENs in

myenteric ganglia rises sharply thereafter: by P22, they account for ~30% of all neurons (n = 45

ganglia from 3 mice); and at P60 they represent ~45% of all neurons (n = 37 ganglia from 3 mice).

By P180, MEN comprise 75% of the ENS (n = 60 ganglia from 6 mice) and at very old age, P510,

the ENS is populated almost exclusively by MENs (Fig 6B, n = 67 ganglia from 3 mice).

We show that the proportions of NENs and MENs in the myenteric ganglia can be used as a

biomarker for deducing ENS age, as a healthy ENS dominant is NENs would be juvenile, one

with equal proportions would be adult, and an aging ENS is dominated by MENs.

GDNF and HGF levels regulate the populations of the neural crest-derived and the

mesoderm-derived neurons, respectively. GDNF-RET signaling is responsible for proliferation

and neurogenesis from NC-derived ENS precursor cells during development as well as for the

survival of Ret-expressing enteric neurons[49-52]. Similarly, HGF signaling has been shown to be

essential for the proliferation of mesoderm-derived cells[53]. Since the expression of the HGF

receptor MET and the GDNF receptor RET is exclusive to MENs and NENs respectively, we

studied the correlation between age and levels of HGF and GDNF in LM-MP (Fig 6D, E). We

found that while HGF expression increases progressively between P10 and P90 ages (n = 3

mice/age-group, Protein levels: F = 8.820, DFn, DFd = 1, 7, p = 0.02; mRNA levels: F = 36.98,

DFn, DFd = 1, 16, p < 0.0001) (Fig 6F, G); in agreement with a previous report[53], GDNF

expression is markedly reduced between the P10 and the P30 ages and remains reduced

thereafter up to the P90 age (n = 3 mice/age-group, F = 6.821, DFn, DFd = 1, 7, p = 0.0348) (Fig

5H). The ratio of HGF to GDNF expression in ileal LM-MP tissue shows significant increase from

the age of P10 to P90 in our data (Fig S5A), and HGF expression is consistently more than GDNF

expression in the full thickness small intestinal tissue from adult and aging mice (Fig S5B).

Since HGF tissue levels increase with age, we hypothesized that increasing HGF signaling drives

the expansion of MENs. HGF administration to cohorts of P10 Wnt1-cre:*Rosa26*-tdTomato mice

over 10 days promoted an increase in the tdTomato⁻ MENs population in P20 mice to levels

previously observed in P60 mice, while tissues from saline-treated control mice exhibited a

MENs:NENs ratio that is expected at P20 (n = 99 ganglia from 5 mice for Controls, %MENs: 32.48

± 2.55 SEM; n = 104 ganglia from 5 mice for HGF treatment, %MENs: 45.38 ± 2.73 SEM; p <

0.001) (Fig 6I). Interestingly, HGF-driven ENS maturation did not alter the total numbers of small

intestinal myenteric neurons (Fig 6I).

Since GDNF tissue levels are correlated with NENs proportions, we next hypothesized that GDNF

signaling regulates NENs proportions in maturing and adult ENS. On administration of GDNF or

saline to cohorts of P10 Wnt1-cre:*Rosa26*-tdTomato mice over 10 days[49,54], we found that GDNF

treatment promoted the juvenile phenotype by enhancing the proportions of tdTomato⁺ NENs and

correspondingly reduced the proportion of tdTomato⁻ MENs in P20 mice to a level similar to that

seen at the P10 age (Fig 6J). At the same time, the MENs proportions in saline-treated control

mice remained at a level expected of its age (Controls: n = 65 ganglia from 3 mice, %MENs: 79.39

± 2.97 SEM; GDNF: n = 58 ganglia from 3 mice, %MENs: 94.51 ± 1.75 SEM; p < 0.0001) (Fig

6J). Similar to our observations with HGF administration and consistent with a previous report [49],

the GDNF-driven expansion of NENs and associated contraction of MENs conserved the total

neuronal numbers (Fig 6J). We next tested GDNF's ability to reverse loss of NENs in the adult

ENS and found that GDNF administration significantly decreased MENs and increased NENs

proportions in P60 male Wnt1-cre:*Rosa26*-tdTomato mice compared to the saline-treated age

and strain-matched control mice, while again maintaining total neuronal numbers (Controls: n =

57 ganglia from 3 mice, %MENs: 49.32 ± 2.04 SEM; GDNF: n = 47 ganglia from 3 mice, %MENs:

42.91 ± 1.12 SEM; p < 0.05) (Fig 6K).

Reduced GDNF-RET signaling accelerates ENS aging to cause intestinal dysfunction.

Since reduced GDNF or RET levels are associated with intestinal dysfunction in patients[55], we

hypothesized that alterations in GDNF-RET signaling unrelated to those seen with normal aging,

would cause dysfunction. To test this hypothesis, we studied lineage proportions and intestinal

function in a mouse model of reduced RET signaling. Ret-null heterozygous mice, which have

been previously used to study the effect of reduced RET signaling in the adult ENS, have normal

ENS structure but altered gut physiology[49]. A similar mouse model with a Ret^{CFP} allele has a CFP

reporter inserted at its *Ret* locus rendering it null[56] and in these mice, we confirmed that the NENs

marker Ret-CFP, and the MENs marker MHCst were expressed by different neuronal

subpopulations (Fig 7A). Using the adult Ret$^{+/CFP}$ (or Ret$^{+/-}$) mice, we tested the effect of partial

Ret loss on ENS lineages at two adult ages: 9 weeks (~P60) and 16 weeks (~P110). Ret$^{+/-}$ mice

show a significant reduction in the proportions of Ret-CFP^{+} NENs (9 weeks: n = 37 ganglia from

3 mice, %Ret-CFP^{+} NENs: 25.24 ± 4.2 SEM; 16 weeks: n = 86 ganglia from 5 mice, %Ret-CFP^{+}

NENs: 14.02 ± 2.24 SEM; p < 0.05) and a corresponding significant increase in the proportions

of MHCst^{+} MENs with age, while control Ret$^{+/+}$ mice showed no significant age-associated

change in the proportions of MENs (9 weeks Ret$^{+/-}$: n = 38 ganglia from 3 mice, %MHCst^{+} MENs:

62.41 ± 3.83 SEM; 16 weeks Ret$^{+/-}$: n = 55 ganglia from 5 mice, %MHCst^{+} MENs: 84.18 ± 2.53

SEM, p < 0.0001); (9 weeks Ret$^{+/+}$: n = 37 ganglia from 3 mice, %MHCst^{+} MENs: 50.85 ± 4.23

SEM; 16 weeks Ret$^{+/+}$: n = 65 ganglia from 5 mice, %MHCst^{+} MENs: 57.77 ± 2.73 SEM, p = 0.43)

(Fig 7B, C). This expedited loss of NENs in Ret$^{+/-}$ mice confirms that depletion of endogenous

RET signaling in the adult ENS accelerates the aging-associated loss of NENs.

Having previously shown that aging mice have intestinal dysmotility[57], we tested whether the

increased loss of NENs in the Ret$^{+/-}$ ENS, concomitant with the expansion of MENs accelerated

ENS aging, as evidenced by the accelerated expansion of MENs, causes an early onset of aging-

associated intestinal dysmotility. We studied intestinal transit in a cohort (n = 8) of adult Ret$^{+/-}$

mice and their littermate control (n = 10) Ret$^{+/+}$ mice over 7 weeks, between 9 and 16 weeks of

age. While the 9-week old adult Ret$^{+/-}$ mice had similar whole gut transit times (WGTT) as control

Ret$^{+/+}$ mice, WGTT between the two genotypes diverged with age. Consistent with a prior

report[49], 16-week old Ret$^{+/-}$ mice displayed significantly delayed intestinal transit compared to

age-matched control Ret$^{+/+}$ mice (WGTT (in min) Ret$^{+/+}$: 121.4 ± 4.01 SEM; Ret$^{+/-}$: 157.3 ± 14.62

SEM, p < 0.05)(Fig 7D).

GDNF reverts aging in the ENS to normalize intestinal motility. Along with others, we have

previously shown that aging is associated with retardation of intestinal motility[58,59]. We

hypothesized that this may be a consequence of the replacement of the juvenile NENs population

by MENs and therefore GDNF supplementation, by restoring a more balanced MENs:NENs ratio,

may prevent age related changes in motility. We studied 17-month-old male mice (at an age

where NENs constitute only ~5% of all myenteric neurons; Fig 6C) before and after they received

10 days of intraperitoneal injection of GDNF or saline (n=5 for each cohort). While the two cohorts

showed no significant difference in their intestinal transit times at baseline (WGTT (in min) Control:

175.0 ± 11.55 SEM; GDNF: 202.4 ± 7.60 SEM, p = 0.50), GDNF treatment caused significant

improvement in intestinal transit (WGTT (in min) Control: 192.8 ± 8.89 SEM; GDNF: 101.0 ± 8.91

SEM, p = 0.0004), reaching levels previously observed in healthy mice (Fig 8A; 7D). GDNF

treatment did not change the average neuronal numbers in the ileal myenteric ganglia (n = 50

ganglia/cohort; Control: 18.18 ± 1.54 SEM, GDNF: 16.76 ± 1.25 SEM, p = 0.47), but significantly

reduced the proportions of MHCst[+] MENs (n = 50 ganglia/cohort; Control: 90.03 ± 1.44 SEM,

GDNF: 72.99 ± 3.24 SEM, p < 0.0001) while increasing the numbers of RET[+] NENs (Control: n =

42 ganglia, 1.35 ± 0.14 SEM, GDNF: n = 41 ganglia 3.19 ± 0.31 SEM, p < 0.0001) (Fig 8B, C;

S6).

MENs in healthy and diseased human gut. To understand the relevance of our observations to

human health and disease, we examined the expression of MENs markers MHCst and MET in

LM-MP tissues from adult humans with no known gut motility disorder and found them to be

expressed by a population of myenteric neurons, suggesting the presence of MENs in normal

adult human ENS (Fig 9A; S7). We then queried the plasma proteome levels from the LonGenity

cohort of 1,025 aging individuals and found that HGF levels correlated positively, while GDNF

and RET levels correlated negatively with age (Fig S8)[60], suggesting parallels between our data

(Fig 6) from murine intestine and human plasma proteome data.

Next, we tested whether gut dysfunction associated with pathological reductions in NENs-

signaling mechanisms are also associated with increased abundance of MENs. For this, we

mined previously generated and publicly available transcriptomic data from control tissues from

humans with normal gut motility and from patients with obstructed defecation (OD), which is a

chronic intestinal dysmotility disorder[57]. In these datasets, Kim et al have previously shown that

OD patients have significantly reduced intestinal expression of Gdnf and Ret[57]. We tested whether

the reduced expression of NENs-regulatory genes Gdnf and Ret in OD patients is associated with

an increase in MENs-specific transcriptional signature. We have previously published a

bioinformatic approach, which allows us to learn latent space representations of gene expression

patterns using single cell transcriptomic data, which include patterns that correspond to cell-type-

specific gene expression signatures[61]. We can then project new single cell and bulk RNA

transcriptomic datasets into these learned patterns to accurately quantify the differential use of

these cell-type-specific signatures in transcriptomic data across platforms, tissues, and species[61].

In this instance, gene expression patterns were learned using non-negative matrix factorization

(NMF) dimensionality reduction on our murine single cell transcriptomic data. In this manner, our

scRNAseq data was decomposed into 50 distinct NMF-patterns[61,62] (Fig 9B). From the reduced

set of dimensions, we identified 4-different MENs-specific transcriptional signature patterns by

correlation of pattern usage matrix with our cellular annotations (Fig 9B). Next, using our transfer

learning tool *ProjectR*[61,63], which allowed us to query bulk-RNAseq data across species to

estimate relative use of MENs-specific NMF-patterns, we tested whether the contribution of

MENs-specific NMF-patterns was significantly altered between transcriptomes of OD patients and

healthy humans (n = 3/group)[57]. This projection indicated that 2 of the 4 MENs-specific NMF-

patterns were significantly upregulated in OD samples compared to controls (Student's t-test, p <

0.05) (Fig 9C, S9), providing evidence that intestinal dysmotility in OD patients is associated with

a relative increase in MENs-specific transcriptional signatures. We further queried the differential

gene analyses performed by Kim et al and found that important NEN genes Snap25, Gdnf, Ret,

Nos1 were significantly downregulated while the MEN marker genes identified in this study (Clic3,

Cdh3, Slc17a9) (Fig S10) were significantly upregulated. The presence of human myenteric

neurons expressing MENs markers, along with the altered NENs and MENs-signaling in aging

humans, and the relative increase in MENs-specific transcriptomic signatures in patients with gut

dysmotility suggests that the lineage dynamics we identify in murine ENS are also of importance

in the human ENS.

Discussion

Current dogma states that the adult ENS is exclusively derived from neural crest precursors that

populate the gut in early embryonic life[64]. The results of this study indicate a much more complex

system, one in which the fetal and early life "juvenile" ENS consisting of neural crest-derived

enteric neurons (NENs) is incrementally replaced during maturation by mesoderm-derived enteric

neurons (MENs); eventually, the aging ENS consists almost exclusively of the neurons of the

MEN lineage. This study also provides the first definitive evidence of a significant mesodermal

contribution to any neural tissue. Previously, the mesoderm and especially the Lateral Plate

Mesoderm (LPM) was known to give rise to diverse cell-types within the viscera, including several

in the gut[65], and our study shows that cells of this embryonic derivation also give rise to ENS

neurons. A previous report on a dual origin of the ENS described adult enteric neurons from

Foxa2$^+$ or Sox17$^+$ precursors[14] and inferred that these were endodermal in origin. However,

Foxa2 and Sox17 are also expressed by mesoderm-derived cells[22-25]. By contrast, using two NC-

lineage-traced mouse lines (Wnt1-cre and Pax3-cre), two lineage-traced mouse lines marking

mesodermal derivatives (Tek-cre, and Mesp1-cre), and robust adult mesoderm markers, we

identify a population of Mesp1-derived MHCst- and MET-expressing adult enteric neurons, which

makes up the entire non-NC-derived population of myenteric neurons. These results provide

evidence that the second source of adult enteric neurons is the mesoderm, and not the endoderm.

Importantly, we were also able to confirm MHCst and MET expression in many enteric neurons

in adult humans, suggesting that the mesoderm-derived ENS may be a feature common to mice

and humans alike. MENs in both species can readily be identified by their expression of MHCst

and MET, thus providing a convenient tool to further discriminate and study these neurons.

In our single cell transcriptomic analysis, we used the markers Calcb, Met, and Cdh3 that we had

validated to identify and annotate the MEN cell cluster. When compared with the Ret and Sox10-

expressing NC-derived cell cluster, an additional set of marker genes were found to be expressed

widely or selectively within MENs. Some of these, such as Slpi, Aebp1, Clic3, and Fmo2 have not

been previously described in enteric neurons, while others (Ntf3, Il18, and Cftr) are known to be

expressed[2,47,66]. The differential expression of genes between the two neuronal populations

(MENs versus NENs) suggests putative specialized functional roles of these subpopulations when

they co-exist in adults. Some of the prior scRNAseq analysis of post-natal ENS did not detect and

characterize the true identity of the MEN lineage. This is because previous studies were

performed either exclusively on neural crest-derived ENS cells[45], or when done in a more agnostic

manner, only applied known canonical neural markers to identify the ENS population[46,67]. Another

recent study on scRNAseq of enteric neurons detected several neurons with a 'mesenchymal'

transcriptomic signature[68]. In this study, May-Zhang et al.[68] show that these 'mesenchymal'

neurons exclusively express Ntf3 and Cdh3 which are detected as highly expressed in our MENs

scRNAseq dataset. However, May-Zhang-et al did not further interrogate the developmental

origins of the 'mesenchymal' enteric neurons to establish the etiology of their distinct

transcriptomic signature. Thus, the discovery of the distinct identity and germ-layer derivation of

MENs would not have been possible.

Since our scRNAseq data highlighted the lineage-specific nature of the expression of Ret and

Met, we studied whether these genes regulated the origin, expansion, and maintenance of the

neuronal populations that express them. While it is known that Gdnf expression in the mature gut

is significantly downregulated[41,49,54], the functional consequences of this loss have been unclear[49].

We found that reduced GDNF-RET signaling drives the age-dependent loss of NENs as this loss

can be slowed or reversed by GDNF supplementation and accelerated by further reduction of Ret

expression. In aging animals, GDNF-driven resuscitation of NENs was associated with a

functional normalization of age-associated delay in intestinal transit. Our results identify a novel

role for GDNF in maintaining or resuscitating the canonical NEN population, while preserving

overall enteric neuronal numbers. In the last few years, studies have focused on identifying

juvenile protective factors (JPFs), the loss of which correlates with or drives maturation- and

aging-associated phenotypes[69]. In this context, GDNF may therefore qualify as a JPF or a

senolytic as its presence maintains the dominance of NENs in maturing ENS, corresponding to a

juvenile phenotype; and its re-introduction promotes and resuscitates the genesis of NENs in

adult and aging gut to restore healthy gut function. The exact nature of the cells that respond to

GDNF re-introduction and generate NENs is yet unknown, but it can be hypothesized that these

may include Nestin[+] enteric neural stem cells and/or GDNF-responsive Schwann cells[70,71].

The observed mutually exclusive expression of Ret and Met by the two lineages of enteric neurons

in the mature adult ENS is consistent with an earlier study that reported that a deletion of Met in

the Wnt1-cre expressing NC-lineage did not alter the abundance of MET^{+} neurons in the adult

ENS[41]. In this study, we also show that MENs are dependent on HGF-MET signaling in a manner

analogous to the requirement of GDNF-RET signaling by NENs. Further, Ret haploinsufficiency-

mediated loss of the NEN lineage causes a proportional increase in the MEN lineage. This

suggests the presence of yet unknown quorum sensing signaling mechanisms between the two

lineages that reciprocally regulate their populations to maintain the structure of the post-natal

ENS. This also implies the existence of a precursor cell responsible for the expansion of the MEN

population in a manner analogous to what we have previously described for NENs[71].

The validation of mesodermal markers (MHCst and MET) in a subset of adult human ENS neurons

suggests that our findings may be of clinical importance. The loss of NENs and the corresponding

dominance of MENs begins in early adulthood and maybe viewed as part of the normal maturation

of the ENS. However, because of its progressive nature, it may have pathological implications for

the elderly gut. Many gastrointestinal motility functions are compromised with advancing age,

resulting in clinically significant disorders[72]. A progressive imbalance in these two populations in

favor of MENs with age may therefore have functional consequences. Although the exact

mechanisms will need to be worked out, our results indicate that a MENs-predominant ENS is

associated with significant differences in gut motility. Understanding the forces that regulate parity

between these two different sources of neurogenesis therefore holds the promise of arresting or

reverting progressive loss of gut motility with increasing age. Our results may also have

implications for the pathogenesis of disordered motility unrelated to aging, as downregulation of

Gdnf and Ret expression has been associated with diverticular disease and obstructed defecation

in adult patients[57,73,74]. GWAS analyses further showed that Gdnf gene was in the eQTL

associated with increased incidence of diverticular disease[75]. It is in this context that the

identification of SNAP-25 as a NENs marker gene and the transcriptomic pattern analyses of

patients with chronic obstructed defecation are significant. Expression of Snap25 is upregulated

by GDNF and is significantly downregulated in gut tissues of patients with diseases associated

with significant reduction in GDNF-RET signaling (diverticular disease and obstructed

defecation)[48,57,73]. Thus, while earlier thought to be a pan-neuronal marker[46,76], establishing the

identity of SNAP-25 as a NEN lineage-restricted marker provides us not only with an important

tool to query proportions of NENs in murine and human tissue but also suggests the NENs-limited

nature of prior observations based on Snap25 transgenic animals[76,77]. Gut dysmotility disorders

that present with conserved ENS neuronal numbers[73] have puzzled investigators on the etiology

of the disease. Our results suggest an explanation based on NENs-to-MENs lineage shifts that

conserve overall enteric neuronal numbers with variable effects on function.

In conclusion, the ENS of the juvenile and mature mammalian gut is dominated by two different

classes of neurons that have distinct ontogenies and trophic factors, associated with functional

differences. The shift in neuronal lineage may represent a functional adaptation to changes in

nutrient handling, microbiota or other physiological factors associated with different ages. Further

research in the regulation of the parity between these two nervous systems in humans during the

lifetime will be important to advance our understanding of the adult ENS and the treatment of age-

related and other pathological disorders of gut motility.

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Author contributions

S.K., and P.J.P. conceived the study; S.K., M.A., M.L, L.A.G. and P.J.P. designed the research studies; S.K. L.B, C.Z, A.S., A.B., and M.S. conducted the experiments; S.K., Z.H., M.K., J.L., L.B., S.B., E.V., J.S., S.N., M.S., G.L., and L.A.G. acquired and analyzed the data; S.K., and P.J.P drafted the manuscript.

Methods

Animals:

Experimental protocols were approved by The Johns Hopkins University's Animal Care and Use Committee in accordance with the guidelines provided by the National Institutes of Health. Presence of vaginal plug was ascertained as 0.5 days post-fertilization and this metric was used to calculate age of mice. Only male mice were used for the studies detailed in this report. The Wnt1-cre:*Rosa26*-tdTomato lineage-traced line was generated as detailed before by breeding the B6.Cg-Tg(*Wnt1-cre*) with the Ai14 transgenic mouse line (Jax #: 007914) containing the *Rosa26*-tdTomato transgene[71,78,79]. Pax3-cre:*Rosa26*-tdTomato lineage-traced line was generated by breeding the Ai9 transgenic mouse line (Jax #: 007909) with the Pax3-cre transgenic mouse (Jax #: 005549). The Wnt1-cre:*Hprt*-tdTomato mouse was generated by breeding our aforementioned Wnt1-cre transgenic mouse line with the *Hprt*-tdTomato transgenic mouse line (Jax #: 021428, kind gift from Prof. Jeremy Nathans). Mesp1-cre:*Rosa26*-tdTomato mice were generated by breeding the Mesp1-cre transgenic mice[80] (gift from Dr. Chulan Kwon, JHU) with the Ai14 transgenic mice. Ret$^{+/CFP}$ mice (MGI:3777556) were inter-bred to get a colony of adult Ret$^{+/+}$ and Ret$^{+/CFP}$ mice. Ret$^{CFP/CFP}$ mice died at or before term. Tek-cre:*Hprt*-tdTomato mice were generated by breeding Tek-cre transgenic mice (also known as Tie2-cre; Jax #: 004128) with the *Hprt*-tdTomato transgenic mouse line. 17-month-old male C57BL/6 mice from the aging mouse colony of the National Institute of Aging were procured for the GDNF-treatment experiment.

Human Tissues:

Human tissues were obtained under IRB protocol IRB00181108 that was approved by Institutional Review Board at the Johns Hopkins University. Pathological normal specimens of human duodenum and colon were obtained post-resection. Tissues were obtained from adult donors and were de-identified such that the exact age, gender, and ethnicity of the donors was unknown.

Tissue preparation:

Mice were anesthetized with isoflurane and sacrificed by cervical dislocation. A laparotomy was

performed, and the ileum was removed and lavaged with PBS containing penicillin-streptomycin

(PS; Invitrogen), then cut into 1-cm-long segments and placed over a sterile plastic rod. A

superficial longitudinal incision was made along the serosal surface and the LM-MP was peeled

off from the underlying tissue using a wet sterile cotton swab [71] and placed in Opti-MEM medium

(Invitrogen) containing Pen-Strep (Invitrogen). The tissue was then laid flat and fixed with freshly

prepared ice cold 4% paraformaldehyde (PFA) solution for 45 minutes in the dark to preserve

fluorescence intensity and prevent photo-bleaching. After the fixation, the tissue was removed

and stored in ice cold sterile PBS with Pen-Strep for immunofluorescence staining and

subsequent microscopy.

For human tissues, duodenal tissue from adult human patients (n = 3 patients), who did not have

any prior history of chronic intestinal dysmotility, that was removed by Whipple procedure was

obtained. A colonic sample from a pathologically normal colonic resection from an adult donor

suffering from colon carcinoma who similarly did not have prior history of chronic intestinal

dysmotility was also obtained. The resected tissue was placed in ice cold Opti-MEM medium

(Invitrogen) containing Pen-Strep (Invitrogen). The mucosal and sub-mucosal tissue was

dissected out in the medium under light microscope and the muscularis layer containing myenteric

plexus tissue was obtained. The tissue was laid out between two glass slides and fixed overnight

in ice cold 4% PFA after which it was removed and stored in ice cold sterile PBS with Pen-Strep

for immunofluorescence staining, optical clarification and subsequent microscopy.

Immunohistochemistry:

For murine tissue: The fixed LM-MP tissue was washed twice in ice-cold PBS in the dark at 16

°C. The tissue was then incubated in blocking-permeabilizing buffer (BPB; 5% normal goat serum

with 0.3% Triton-X) for 1 hour. While staining for antibodies that were mouse monoclonal, 5%

normal mouse serum was added to the BPB. The tissue was then removed from the BPB and

was incubated with the appropriate primary antibody at the listed concentration (Table S1) for 48

h at 16 °C in the dark with shaking at 55 rpm. Following incubation with primary antibody, the

tissue was washed three times (15-min wash each) in PBS at room temperature in the dark. The

tissue was then incubated in the appropriate secondary antibody at room temperature for 1 hour

while on a rotary shaker (65 rpm). The tissue was again washed three times in PBS at room

temperature, counterstained with DAPI to stain the nuclei, overlaid with Prolong Antifade Gold

mounting medium, cover-slipped, and imaged.

Colchicine treatment: For CGRP immunostaining, mice were injected with Colchicine at a

concentration of 5 mg/Kg body weight 16 hours (overnight) before they were sacrificed. The mice

were housed singly during this time and adequate gel packs were provided. Food and water were

provided *ad libitum*. On the following day, the mice were sacrificed, and their LM-MP tissues were

harvested as detailed above.

For human tissue: The fixed muscularis layer containing myenteric plexus tissue was removed

from ice cold PBS and incubated in blocking-permeabilizing buffer (BPB; 5% normal goat serum,

5% normal mouse serum with 0.3% Triton-X) for 4 hours. The tissue was then removed from the

BPB and was incubated with the appropriate primary antibody at the listed concentration (Table

S1) for 5 days at 16°C in the dark with shaking at 55 rpm. Following incubation with primary

antibody, the tissue was washed five times (15-min wash each) in PBS at room temperature in

the dark. The tissue was then incubated in the appropriate secondary antibody at 16°C in the dark

with shaking at 55 rpm for 2 days. The tissue was again washed in dark for five times in PBS that

contained DAPI at room temperature. After the final wash, the tissue was suspended in tissue

clarification buffer CUBIC[81] for 1 hour at 4°C in the dark after which it was overlaid with Prolong

Antifade Gold mounting medium, cover-slipped, and imaged. Briefly, the CUBIC optical

clarification buffer was made by mixing 2.5 g of urea (25% by wt), 2.5 g of N, N, N´, N´-tetrakis (2-

hydroxy-propyl) ethylenediamine (25% by wt), 1.5 g of Triton X-100 (15% by wt) in 35 ml of

Distilled Water. The solution was shaken till the ingredients were dissolved and yielded a clear

viscous solution.

Microscopy:

Imaging was done by using the oil immersion 63X objective on the Leica SP8 confocal microscope

and by using the oil immersion 40X objective on the Olympus Fluoview 3000rs confocal

microscope with resonance scanning mode. For thick tissues, such as human tissues, the

Galvano mode of the Olympus Fluoview 3000rs microscope that enabled higher resolution

imaging and averaging was used. Images obtained were then analyzed using Fiji (https://fiji.sc/).

Enumeration of neurons:

Identification of myenteric ganglia was performed according to our pre-determined method

published earlier[71]. Briefly, contiguous clusters of neurons were defined as a ganglia and the total

numbers of neurons within these clusters were enumerated as numbers of myenteric neurons per

ganglion. As a rule, clusters of 3 neurons or more were deemed to consist a ganglion and our

enumeration strategy did not count extra-ganglionic neurons. We imaged atleast 10 ganglia per

tissue for our enumeration and each group studied had n ≥ 3 mice. Identification and enumeration

of neurons and detection of co-localization was performed manually by trained laboratory

personnel.

Protein isolation and detection:

After the LM-MP tissue was isolated, it was weighed and placed in a sterile 1.5 ml microfuge tube.

1X RIPA buffer (Cell Signaling Technology) with Halt Protease Inhibitor Cocktail (Thermo

Scientific) at 5X concentration, Phosphatase Inhibitor Cocktails II and III (Sigma-Aldrich) at 2X

concentrations were added to the tissue lysate buffer. Tissue was disrupted using 1.0 mm silica

beads in Bullet Blender 24 (Next Advance) for 5 mins at highest setting. The lysate was incubated

at 4°C with shaking for 30 mins, centrifuged at 14,000rpm for 20 mins and the supernatant was

taken and stored in -80°C in aliquots. Protein concentration was estimated using Bradford assay

solution (Biorad) following the manufacturer's protocol. For immunoblotting, 40 µg of protein was

loaded per well of 4%-20% gradient denaturing gel (Biorad). Protein marker used was Precision

Plus Dual Color standards (Biorad). After fractionating the proteins, they were blotted onto

ImmunBlot PVDF membrane (Biorad) overnight at 4°C at 17V for 12-16 hours. After blotting,

membrane was blocked with Odyssey TBS blocking buffer (Li-Cor) for 1 hour at room temperature

with shaking. Incubation with primary antibodies were carried out at 4°C with shaking for 24 hours.

Following binding, the blot was washed 4 times with TBS-T (Tris Buffered Saline with 0.5%

Tween) for 15 mins each with shaking at room temperature. Secondary antibody incubation was

carried out in dark at room temperature for 1.5 hours with shaking. The blot was then washed 4

times for 15 mins each and imaged on Odyssey CLx system (Li-Cor). Antibodies used are detailed

in the Table S1.

RNA isolation and quantitative detection of specific transcripts:

The isolated tissue was stored in RNALater Solution (Ambion). RNA was isolated using RNeasy

Mini Kit (Qiagen) following manufacturer's protocol. RNA quantification was carried out using

Epoch Microplate Spectrophotometer (BioTek). cDNA synthesis was carried by SuperScript IV

VILO Master Mix (Invitrogen). Quantitative Real-time PCR was carried out using Taqman Gene

Expression Master Mix (Applied Biosystems) and Roto-Gene Q (Qiagen). The probes used are

listed in Table S1.

Single Cell RNA sequencing and analyses:

Single cell preparation from adult murine ileal tissues: Ileal tissues from two 6-month old adult

male littermate C57/BL6 wildtype mice were isolated by peeling as previously described. The

tissues were then dissociated in Digestion Buffer containing 1 mg/ml Liberase (Sigma-Aldrich) in

OptiMEM. Tissues from mouse 1 were dissociated in the Digestion buffer containing Liberase TH

and tissues from mouse 2 were dissociated in the Digestion buffer containing Liberase TL.

Dissociation was performed at 37°C for 30 minutes on a rotary shaker, after which the cells were

centrifuged at 200g for 7 minutes, and the pellet was resuspended in ice cold sterile PBS. The

cell suspension was passed through a 40 μm cell sieve and the resulting filtered cell suspension

was again centrifuged at 200g for 7 minutes. This process of cell centrifugation and filtration was

repeated two more times, after which the cells were resuspended in 1 ml ice cold sterile PBS.

The repeated steps of serial cell washes and filtration removed clumps and debris and the viability

of the resulting cell suspension was estimated to be >90% using Trypan Blue dye test. The cells

were then processed through 10X Genomics Chromium V2.0 system according to the

manufacturer's suggested workflow. The processing was done at the GRCF Core Facility at the

Johns Hopkins University. The pooled libraries were sequenced on an Illumina HiSeq 2500 to an

average depth of 3.125×10^8 reads per sample library. The sequencing was performed at the CIDR

core facility at the Johns Hopkins University.

Pre-processing of FASTQs to Expression Matrices: FASTQ sequence files were processed

following a Kallisto Bustools workflow compatible with downstream RNA velocity calculations

[kallisto == 0.46.1, bustools == 0.39.3][82]. References required for pseudo-alignment of transcripts

were obtained using the get_velocity_files (functionality of BUSpaRSE

(https://github.com/BUStools/BUSpaRse)), with "L=98" for 10X Genomics v2.0 sequencing

chemistry. Reads were pseudo-aligned to an index built from Ensembl 97 transcriptome

annotation (Gencode vM22; GRCm38). Across two samples processed, a total of 578,529,125

reads were successfully pseudo-aligned. Barcodes within a Hamming distance of one to known

10X Genomics v2.0 barcodes were corrected. Reads were classified as "spliced" or "unspliced"

by their complement to the target list of intronic sequences and exonic sequences, respectively,

and subsequently quantified separately into expression count matrices. Spliced counts are used

for all analyses.

Single cell gene expression analysis: scRNA-seq count matrices were analyzed using Monocle3.

11,123 high-quality cells were identified as meeting a 200 UMI minimum threshold with a

mitochondrial read ratio of less than 20%; droplets that did not meet these criteria were excluded

from the analysis. Mitochondrial counts were determined as the sum of reads mapping to 37

genes annotated to the mitochondrial genome. All genes with non-zero expression were included

for downstream analysis. Raw counts were first scaled by a cell-size scaling factor and

subsequently log10 transformed with a pseudo-count of 1. Normalized values are used in place

of raw counts unless otherwise noted.

Prior to UMAP dimensionality reduction, batch effects between the two biological replicates were

assessed and corrected via the mutual nearest neighbors (MNN) algorithm as implemented by

Batchelor in Monocle3 (50 principal components, with default k=20) [83]. 15 clusters of cells in the

UMAP embedding were identified by Leiden community detection (resolution = 1e -5, number of

iterations = 5). 30 marker genes for each cluster were identified based on greatest pseudo R^2

values and used for supervised annotation of cell types by searching UniProt, Allen Cell Atlas and

through literature search with Pubmed.

NC-derived cell clusters were identified by expression of NC markers Ret and Sox10. MEN cluster

was identified by its expression of CGRP-coding Calcb, Met, and Cdh3. The pan-MENs protein

marker MHCst was identified by labeling with an antibody S46 which labels all members of the

MHCst family[38]. Since the antibody does not identify a single gene product, MHCst

immunostaining could not be used to identify a specific gene marker for use in the annotation of

the MEN cluster. For further analysis into the MENs population, the full LM-MP dataset was subset

to include only the 2,223 cells annotated as such. These cells were re-processed as above, but

with a reduced PCA dimensionality of k=20 as input for the UMAP embedding. 5 clusters of cells

in the UMAP embedding were identified by Leiden community detection (k= 10, resolution = 5e -

4). The two samples showed a similar distribution of cells across the various cell clusters (Fig

S3A). The MEN cluster had a significantly higher mean UMI count/cell compared to the NC-

derived cell cluster (Mean UMI ± S.E.M. of UMI/cell: MENs: 4045.6 ± 113.4; NENs: 1247.9 ± 38.9;

t = 23.34, df = 2727.8, p < 2.2e-16; Welch two sample t-test; Fig S4D). Total UMI per cell is

correlated directly with cell size[84]. A significantly higher UMI/cell in MENs compared to NENs

suggests that MENs would have significantly larger cell size compared to NENs, which we have

confirmed in Fig S4A.

Pattern discovery and ProjectR analyses: Pattern discovery was utilized to identify sets of co-

expressed genes that define cell-type specific transcriptional signatures. The normalized

expression matrix was decomposed via non-negative matrix factorization (NMF) as implemented

in the R package *NNLM* (https://github.com/linxihui/NNLM), with k=50 and default parameters.

Cell weights for each pattern were grouped by assigned cell-type and represented by heatmap.

Pattern vectors were hierarchically clustered by a Euclidian distance metric, implemented in

ComplexHeatmap (https://github.com/jokergoo/ComplexHeatmap)[85]. These patterns were then

tested on the bulk RNA-Seq expression matrix for the Human Obstructed Defecation study[57]

(GSE101968). The log2 expression (log2(rpkm + 1)) from this study was projected onto the NMF

patterns using projectR[61]. Students' t tests were performed on the projection weights from the

Control and OD groups to test for differences between them.

Whole gut transit time analyses:

Whole-gut transit time (WGTT) for every mouse was analyzed by the method using the carmine

red protocol[71]. Mice were placed in individual cages and deprived of food for 1 hour before

receiving 0.3 mL 6% (wt/vol) carmine solution in 0.5% methylcellulose by oral gavage into the

animal's stomach. The time taken for each mouse to produce a red fecal pellet after the

administration of carmine dye was recorded in minutes. The experiment was terminated at 210

minutes post-gavage and the WGTT of any mice that did not expel the red dye at the termination

was marked at the value of 210 min. The mean difference in whole gut transit time (in minutes)

between both the $Ret^{+/+}$ and $Ret^{+/-}$ mice cohorts, and the GDNF and Saline-treated Control

cohorts were analyzed statistically.

In vivo Injections:

GDNF injection: Similar to prior report that gave sub-cutaneous injections of GDNF to post-natal

mice[54], we took 6 littermate 10 day old (P10) male Wnt1-cre:*Rosa26*-tdTomato mice and divided

into two subgroups, GDNF and Control. Each mouse in the GDNF group was injected sub-

cutaneously with 50 µl of 2mg/ml of GDNF (Peprotech Catalogue #: 450-44) every other day,

while the Control group was injected with 50 µl of sterile saline. The mice were given 5 doses and

then sacrificed on P20, after which their LM-MP tissues were isolated as detailed above. The

tissues were then immunostained with antibodies against HuC/D and imaged. In a separate

experiment, adult (P60) mice were also injected sub-cutaneously with GDNF (100 µl of 100 µg/ml

of GDNF). The mice were given 5 doses over a course of 10 days and then sacrificed on P70,

after which their LM-MP tissues were isolated as detailed above. For studying the effect of GDNF

on aging mice, two cohorts of 17-month-old male C57BL/6 mice (n=5 mice/cohort) were obtained

from the aging colony of the National Institute of Aging. Before the start of dosing, the whole gut

transit time was assayed. The animals were then injected daily sub-cutaneously either with 100

µl of saline (Control) or 100 µl of GDNF (500 µg/ml) for 10 consecutive days, after which the mice

were sacrificed and their LM-MP tissues were isolated as detailed above. The tissues were then

immunostained with antibodies against HuC/D and imaged.

HGF injection: Similar to prior report that gave sub-cutaneous injections of HGF to post-natal

mice, we took 6 littermate 10 day old (P10) male Wnt1-cre:*Rosa26*-tdTomato mice and divided

into two subgroups, HGF and Control. Each mouse in the HGF group was injected sub-

cutaneously with 100 µl of 2mg/ml of HGF (Peprotech Catalogue #:315-23) every other day, while

the saline group was injected with 100 µl of sterile saline. The mice were given 5 doses and then

sacrificed on P20, after which their LM-MP tissues were isolated as detailed above. The tissues

were then immunostained with antibodies against HuC/D and imaged.

Statistics:

Data was analyzed using Graphpad Prism 8.3.1 and R using Unpaired Students t-test, Simple

Linear Regression, and Ordinary One-Way ANOVA.

Data:

All raw data are provided in Supplementary Table 2-22. We imaged atleast 10 ganglia per tissue

for our enumeration and each group studied had n ≥ 3 mice. Raw single cell RNA sequencing

data is archived on the NCBI GEO server and can be accessed under the accession number

GSE156146.

Figures

Fig 1: Half of all adult small intestinal myenteric neurons are derived from a non-neural

crest lineage.

(A) Enteric glia, labeled with GFAP (green) in the myenteric plexus from an adult Wnt1-

cre:*Rosa26*-tdTomato mouse. Inset is magnified in color segregated panels, showing GFAP$^+$ glia

co-expressing tdTomato (red, red arrows). Nuclei are labeled with DAPI (blue). Scale bar = 10

μm.

(B) Enteric neurons, labeled with HuC/D (green) in the myenteric plexus from an adult Wnt1-

cre:*Rosa26*-tdTomato mouse. Inset is magnified in color segregated panels, showing only a

subpopulation of neurons co-express tdTomato (red arrows) while many neurons do not (white

arrows). Nuclei are labeled with DAPI (blue). Scale bar = 10 μm.

(C) Quantification of tdTomato$^+$ and tdTomato$^-$ neurons in the myenteric ganglia of P60 Wnt1-

cre:*Rosa26*-tdTomato mice show equal proportions of both neuronal types.

A Wnt1-cre:*Rosa26*-tdTomato GFAP DAPI

B Wnt1-cre:*Rosa26*-tdTomato HuC/D DAPI

C

Figure 1

Fig 2: Mesoderm-lineage-tracing and marker expression provide evidence of the
mesodermal-derivation of half of all adult small intestinal myenteric neurons.

(A) Small intestinal LM-MP from adult male Tek-cre:*Hprt*-tdTomato shows the presence of Tek-
derived and hence mesoderm-derived tdTomato$^+$ (red) HuC/D$^+$ (green) neurons (white arrows)
and non-mesoderm-derived tdTomato$^-$ neurons (green arrows). Vascular cells depict higher
fluorescence intensity (yellow arrow) than cells in the ganglia. Nuclei are labeled with DAPI. Scale
bar = 10 μm.

Cardiac and small intestinal tissues from (B) heart and (C) small intestinal LM-MP layer of adult
male Mesp1-cre:*Rosa26*-tdTomato mice shows the presence of variable tdTomato expression in
cells of these tissues. While cardiomyocytes in heart and cells within the myenteric ganglia (white
arrows) exhibit lower tdTomato fluorescence, similar to the tissues from Tek-cre:*Hprt*-tdTomato
mice in (A), the vascular cells exhibit higher fluorescence intensity (yellow arrows). Scale bar =
10 μm.

(D) Small intestinal LM-MP from adult male Mesp1-cre:*Rosa26*-tdTomato shows the presence of
mesoderm-derived tdTomato$^+$ (red) HuC/D$^+$ (green) neurons (white arrows) and non-mesoderm-
derived tdTomato$^-$ neurons (green arrows). Nuclei are labeled with DAPI. Scale bar = 10 μm.

(E) Quantification of tdTomato-expressing and non-expressing neurons in the myenteric ganglia
of P60 Mesp1-cre:*Rosa26*-tdTomato mice.

MHCst immunolabeling exclusively marks all the (F) mesoderm-derived adult HuC/D$^+$ (green)
neurons in the small intestinal LM-MP of Mesp1-cre:*Rosa26*-tdTomato mice; and (G) all the non-
NC-derived neurons in the small intestinal LM-MP of Wnt1-cre:*Rosa26*-tdTomato mice (white

arrows). MHCst does not label tdTomato$^+$ NC-derived cells (yellow arrows). Nuclei are stained

with DAPI (blue). Scale bar = 10 µm.

Figure 2

Fig 3: Cellular and molecular phenotyping of MENs and NENs.

MET immunostaining (green) labels (A) Wnt1-cre:*Rosa26*-tdTomato⁻ MENs and (B) a population

of Mesp1-cre:*Rosa26*-tdTomato⁺ MENs (white arrow) while not labeling all MENs (red arrow).

(C) RET immunostaining (green) only labels Wnt1-cre:*Rosa26*-tdTomato⁺ NENs (green arrow)

and not tdTomato⁻ MENs (white arrows).

(D) NOS1 is expressed by both tdTomato⁺ NENs (red, white arrows) and tdTomato⁻ MENs (blue

arrows) in an adult Wnt1-cre:*Rosa26*-tdTomato mouse, but most MENs do not express NOS1

(marked by *).

(E) NEN lineage contains significantly higher proportions of NOS1⁺ neurons compared to MEN

lineage in Wnt1-cre:*Rosa26*-tdTomato mice. Data represent mean ± S.E.M. (**** p < 0.0001).

(F) Both tdTomato⁺ (red) and tdTomato⁻ neurons in the myenteric plexus of an adult Wnt1-

cre:*Rosa26*-tdTomato mouse (HuC/D, green) express CGRP (blue) Inset showing a tdTomato⁻

CGRP⁺ neuron (white arrow) is magnified on the right.

(G) MEN lineage contains significantly higher proportions of CGRP⁺ neurons compared to NEN

lineage in Wnt1-cre:*Rosa26*-tdTomato male mice. Data represent mean ± S.E.M. (*** p < 0.001).

(H) MENs express the protein P-Cadherin/CDH-3 (green; white arrows) while tdTomato⁺ (red)

NENs do not (blue arrows) in myenteric ganglia from adult Wnt1-cre:*Rosa26*-tdTomato mice.

Nuclei in (B), (C), (H) are labeled with DAPI (blue). Scale bar for all images denotes 10 μm.

Figure 3

Fig 4: scRNAseq-analyses identifies the distinct transcriptomic profile of the MENs.

(A) UMAP representation of 11,123 sequenced high-quality cells that were identified as meeting

a 200 UMI minimum threshold with a mitochondrial read ratio of less than 20%. Clusters were

annotated by markers that were found to be cell-type specific by searching UniProt, Allen Cell

Atlas and Pubmed databases. Cells of the neural crest lineage were then identified as NC-cells

by co-expression of neural crest marker genes Ret and Sox10, or as MENs by co-expression of

Calcb (CGRP), Cdh3, and Met genes.

(B) Cluster-specific expression patterns of select markers.

(C) Validation of the MENs-specific marker genes discovered in the scRNAseq analyses by

immunohistochemistry and confocal microscopy of small intestinal LM-MP from adult male Wnt1-

cre:*Rosa26*-tdTomato mice. Immunostaining of the proteins AEBP1, CFTR, CLIC3, FMO2, NT3,

SLPI, SMO, MYL7, IL-18, SLC17A9, and CDH3 (green; green arrows) was found to be localized

to tdTomato⁻ MENs. tdTomato⁺ (red) NC-cells did not immunostain for these markers (red arrows).

Nuclei were labeled with DAPI (blue). Scale bar denotes 10 μm.

Figure 4

 Fig 5: SNAP-25 expression is restricted to the neural crest lineage in the adult myenteric

750 **ganglia.**

751 SNAP-25 expression (green) co-localizes with tdTomato (red) but not with the MENs marker

752 MHCst (cyan) as observed in (A) 2D and (B) orthogonal views of a myenteric ganglia from a Wnt1-

753 cre:*Rosa26*-tdTomato mouse that was immunolabeled with antibodies against MHCst and SNAP-

754 25. Nuclei were labeled with DAPI (blue). Scale bar denotes 10 µm.

A

SNAP25   Wnt1-cre:*Rosa26*-tDtomato   MHCst   DAPI

B

X-Y

Y-Z

X-Z

Figure 5

Fig 6: GDNF and HGF signaling regulate age-dependent changes in NENs and MENs proportions.

(A, B) Immunostaining myenteric plexus tissue from juvenile and mature Wnt1-cre:*Rosa26*-tdTomato mice with antibodies against the pan-neuronal marker HuC/D (green).

(C) Age-associated loss of NENs and gain of MENs in the small intestinal LM-MP of maturing and aging Wnt1-cre:*Rosa26*-tdTomato mice. Data represent mean ± S.E.M. ($p < 0.0001$).

(D) Western blot analyses of GDNF (green) and the house-keeping protein β-actin (red) expression in LM-MP tissues from mice of ages P10, P30, and P90. (n = 3 mice per group; each sample is a biological replicate). Fluorescent intensities of the two bands of GDNF (that correspond to ~25 kD bands of protein marker) were quantified together. The lower band of GDNF is present only in the P10 tissues and disappears in P30 and P90 adult murine tissues.

(E) Western blot analyses of HGF (green) and the house-keeping protein β-Actin (red) expression in LM-MP tissues from mice of ages P10, P30, and P90. (n = 3 mice per group; each sample is a biological replicate). Fluorescent intensities of the two bands of HGF (that are between 50 kD and 37 kD bands of the protein marker) were quantified together.

(F) The normalized fluorescent intensity of HGF protein to house-keeping protein β-Actin was compared between the three age groups. HGF expression significantly increased from P10 through P90. Data represent mean ± S.E.M. ($p = 0.02$).

(G) Age-dependent increase in Hgf mRNA transcript expression (normalized to the house-keeping gene Hprt) in the myenteric plexuses of P10, P30, and P90 old mice. Data represent mean ± S.E.M. ($p < 0.0001$).

(H) The normalized fluorescent intensity of GDNF protein to house-keeping protein β-Actin

compared between the three age groups. GDNF presence was highest in P10 group and was

significantly reduced in P30 and P90 groups. Data represent mean ± S.E.M. (p = 0.0348).

(I) Percent proportions of tdTomato⁻ MENs and mean HuC/D⁺ neurons/ganglia in LM-MP of

cohorts of Wnt1-cre:*Rosa26*-tdTomato mice that were dosed with HGF or Saline from P10 to P20

age. Data represent mean ± S.E.M. (*** p < 0.001).

(J) Percent proportions of tdTomato⁻ MENs and mean HuC/D⁺ neurons/ganglia in LM-MP of

cohorts of Wnt1-cre:*Rosa26*-tdTomato mice that were dosed with GDNF or Saline from P10 to

P20 age. Data represent mean ± S.E.M. (*** p < 0.001).

(K) Percent proportions of tdTomato⁻ MENs and mean HuC/D⁺ neurons/ganglia in LM-MP of

cohorts of Wnt1-cre:*Rosa26*-tdTomato mice that were dosed with GDNF or Saline from P60 to

P70 age. Data represent mean ± S.E.M. (*** p < 0.001).

Figure 6

Fig 7: Reduced RET signaling accelerates ENS aging to cause pathology

(A) HuC/D immunostaining (green) LM-MP tissues from 16-week-old Ret $^{+/CFP}$ (Ret$^{+/-}$) mouse shows mutually exclusive expression of Ret-CFP (cyan, green arrow) and MHCst (red, red arrow) MENs. Nuclei are stained with DAPI (blue). Scale bar = 10 µm.

(B) Quantification of Ret-CFP$^+$ neurons from 9- and 16-week-old Ret$^{+/-}$ mice show age-associated loss of Ret-CFP$^+$ neurons. Data represent mean ± S.E.M. (* $p < 0.05$).

(C) Quantification of MHCst$^+$ MENs shows significant increase in their proportions in Ret$^{+/-}$ mice but not in Ret$^{+/+}$ mice with age. Data represent mean ± S.E.M. (**** $p < 0.0001$).

(D) Measures of whole gut transit time (WGTT) in cohorts of Ret$^{+/-}$ and Ret$^{+/+}$ mice MENs show significant slowing of whole gut transit of Ret$^{+/-}$ but not Ret$^{+/+}$ mice with age. Data represent mean ± S.E.M. (* = $p < 0.05$).

Figure 7

Fig 8: GDNF normalizes altered intestinal motility by increasing NENs proportions in the

aging gut.

(A). Measures of whole gut transit time (WGTT) in GDNF (treated with GDNF) and Control (treated

with Saline) cohorts of 17-month-old mice taken before the start of treatments and after the end

of 10 consecutive days of treatment shows that the two groups are matched in their transit times

before treatment, but GDNF treatment significant decreases average transit times when

compared to the control cohort. Data represent mean ± S.E.M. (*** = $p < 0.001$).

(B). Quantification of percent MHCst[+] MENs per HuC/D-labeled neurons in myenteric ganglia in

the GDNF and Control cohorts shows significant decrease in their proportions in GDNF-treated

cohort but not in saline-treated control cohort. Data represent mean ± S.E.M. (**** $p < 0.0001$).

(C). Quantification of numbers of RET[+] NENs per myenteric ganglia shows significant increase in

their numbers in GDNF cohort mice when compared with Control cohort mice. Data represent

mean ± S.E.M. (**** $p < 0.0001$).

Figure 8

Fig 9: Presence of putative MENs and their molecular regulatory mechanisms in the human

gut.

(A) Putative human MENs (red arrows) and NENs (green arrows) identified by presence or

absence of the murine MENs markers, MET (blue) and MHCst (red) in subpopulations of HuC/D$^+$

(green) small intestinal myenteric neurons from normal human duodenal tissue.

(B) Non-negative matrix factorization (NMF) was used to decompose our murine scRNAseq data

from adult LM-MP tissues into 50 distinct latent spaces (called NMF patterns), of which four NMF

patterns were found to be specific to MENs scRNAseq cell cluster.

(C) MENs-specific NMF patterns 32 and 41 were significantly upregulated in bulk-RNAseq of OD
patients compared to controls. Data represent mean ± S.E.M.

Figure 9

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A

B

log(mean + 0.1)

percentage
● 0.25
● 0.50
● 0.75

C

Wnt1-cre:*Rosa26*-tdTomato

AEBP1 CFTR CLIC3 FMO2

NT-3 SLPI SMC MYL7

IL-18 SLC17A9 CDH3

A Post-natal Day 11 myenteric plexus   HuC/D   Wnt1-cre:*Rosa26*-tdTomato

B Post-natal Day 510 myenteric plexus   HuC/D   Wnt1-cre:*Rosa26*-tdTomato

C Percentage of MENs and NENs in ganglia

NENs
MENs

Days

D β-Actin   GDNF
P10   P30   P90

E β-Actin   HGF
P10   P30   P90

F FL Intensity HGF/β-Actin
P10   P30   P90

G Fold change in Hgf exp
P10   P30   P90

H FL Intensity GDNF/β-Actin
P10   P30   P90

I HGF supp. into P10
***
% MENs /ganglia
Control   HGF
HuC/D neurons/ganglia
Control   HGF

J GDNF supp. into P10
****
% MENs /ganglia
Control   GDNF
HuC/D neurons/ganglia
Control   GDNF

K GDNF supp. into P60
*
% MENs /ganglia
Control   GDNF
HuC/D neurons/ganglia
Control   GDNF