Titrating synapse number to treat MDD in Fragile X Syndrome

Chelcie F. Heaney[1,2], Sanjeev V. Namjoshi[1], Ayse Uneri[1], Eva C. Bach[1,2], Jeffrey L.

Weiner[1,2], Kimberly F. Raab-Graham[1,2*].

Affiliations:

[1]Department of Physiology and Pharmacology, Wake Forest University Health

Sciences, Medical Center Boulevard, Winston-Salem, NC 27157, USA

[2] Wake Forest Translational Alcohol Research Center (WF-TARC), Wake Forest

University Health Sciences, Medical Center Boulevard, Winston-Salem, NC 27157, USA

*Correspondence to: kraabgra@wakehealth.edu.

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Abstract:

Rapid antidepressants are novel treatments for major depressive disorder (MDD) and work by blocking N-methyl-aspartate receptors (NMDAR), which, in turn, activate the protein synthesis pathway regulated by mechanistic/mammalian target of rapamycin complex 1 (mTORC1). Our recent work demonstrates that the RNA-binding protein Fragile X Mental Retardation Protein (FMRP) is downregulated in dendrites upon treatment with a rapid antidepressant. Here, we show that the behavioral effects of the rapid antidepressant Ro-25-6981 require FMRP expression and Ro-25-6981 treatment promotes differential mRNA binding to FMRP in an mTORC1-dependent manner. Further, we identified that these mRNAs regulate transsynaptic signaling. Using a novel technique, we show that synapse formation underlying the behavioral effects of Ro-25-6981 require $GABA_BR$-mediated mTORC1 activity in WT animals. Finally, we demonstrate that in a clinically relevant animal model of Fragile X Syndrome (FXS), which lacks FMRP expression, $GABA_BR$ activity is detrimental to the effects of Ro-25-6981. These effects are rescued when $GABA_BRs$ are blocked in addition to treatment with Ro-25-6981, indicating that rapid antidepressants alone may not be an effective treatment for people with FXS and MDD.

Introduction

Over the past 50 years, treatment for major depressive disorder (MDD) has been limited[1], with selective serotonin reuptake inhibitors (SSRIs) as the most commonly prescribed treatment for the general population. Recently, MDD treatment entered a new era with the discovery that glutamate N-methyl-D-aspartate receptor (NMDAR) antagonists produce antidepressant-like effects[2], perhaps by blocking NMDARs containing the 2B subunit (GluN2B)[3]. Importantly, these drugs have a rapid onset and work in a treatment-resistant population, with relief of MDD symptoms within hours of a single infusion that can last up to a week[4-6]. Thus, NMDAR antagonists are considered paradigm-shifting treatments for MDD[7].

Activation of mechanistic/mammalian target of rapamycin complex 1 (mTORC1), a serine-threonine kinase that regulates protein synthesis and promotes new synapse formation, is key to reducing MDD symptoms through NMDAR antagonism[8]. mTORC1 regulates protein synthesis in dendrites by utilizing mRNAs that are targeted and translated in a site-specific and temporal fashion. The coordinated expression of these mRNAs that code for proteins involved in synaptic and structural plasticity[9,10] may be regulated by RNA-binding proteins (RBPs). Our recent work suggests that NMDAR antagonism rapidly downregulates dendritic expression of the RBP Fragile X Mental Retardation Protein (FMRP)[11].

FMRP is one of the best characterized RBPs, affecting mRNA trafficking[12], mRNA repression in dendrites[13], as well as being implicated in Fragile X Syndrome (FXS), the leading single-gene cause of autism spectrum disorder (ASD)[14,15]. Loss-of-function mutations in the FMR1 gene, which codes for FMRP[16], lead to FXS. Notably,

people who are FMR1 premutation carriers exhibit higher rates of MDD and depressed mood compared to the general population[17-19]. Additionally, people with ASD have an increased risk of developing MDD by the time they are 30 years old compared to people without ASD[20]. Moreover, caretakers of people with FXS identify mood and depression as a priority for treatment development[21]. While FMRP is extensively characterized in the context of ASD, its role in MDD and MDD treatments is unclear. For instance, research indicates that SSRIs are ineffective in an animal model of FXS[23], suggesting that people with FXS and MDD may be treatment-resistant to traditional MDD pharmacotherapies.

In light of these data, critical questions need to be addressed: (1) is FMRP required for the rapid antidepressant properties of NMDAR antagonists, (2) given the importance of mTORC1 signaling in rapid antidepressant efficacy, do mTORC1 and FMRP regulate specific cellular functions, and (3) are rapid antidepressants an effective treatment for MDD in FXS?

Herein, we demonstrate that transsynaptic signaling and presynaptic engagement are mTORC1-dependent and are required for new synapse formation. Further, these mechanisms underlying the rapid antidepressant efficacy of the GluN2B-specific antagonist Ro-25-6981, require activity-dependent FMRP expression. Moreover, we demonstrate that, unlike wild-type (WT) mice, treatment with Ro-25-6981 alone is insufficient to promote new synapse formation or antidepressant-like effects on behavior in *Fmr1* knockout (KO) mice, similar to SSRIs[23]. Finally, we provide data that γ-aminobutyric acid B receptor (GABA$_B$R) signaling prevents the actions of Ro-25-6981 in *Fmr1* KO mice. Blocking GABA$_B$Rs with the specific antagonist CGP35348 restores

the antidepressant-like effect on behavior and increases synapse number when

coadministered with Ro-25-6981 in *Fmr1* KO mice. Importantly, our findings propose a

new combination therapy effective to treat MDD in FXS.

Materials and Methods

Detailed Materials and Methods are outlined in the Supplement.

<u>Animals</u>

Male and female WT (C57BL/6, Jackson Laboratory) and *Fmr1* KO (B.6129P2-

Fmr1tm1Cgr/J, Jackson Laboratory) mice between the ages of 2-5 months were used.

All animals were randomly assigned to treatment groups. We found no significant effect

of sex or sex X treatment interaction (data presented in Supplement). All experiments

were carried out in accordance with the National Institutes of Health's Guide for the

Care and Use of Laboratory Animals and approved by the Wake Forest Institutional

Animal Care and Use Committee (IACUC).

<u>Pharmacology</u>

For behavioral and *in vivo* experiments, animals received intraperitoneal (i.p.) injections

of Ro-25-6981 (10 mg/kg, Tocris 1594) with or without CGP35348 (100 mg/kg; Tocris,

1245), or 0.9% physiological saline vehicle (0.01 ml/g, LabChem). Animals in the RIP-

Seq experiment received either Ro-25-6981 (10 mg/kg) with or without rapamycin (6

mg/kg; LC Laboratories, #R-5000), or 0.9% physiological saline (200 µl). For *in vitro*

experiments, Ro-25-6981 (10 µM), rapamycin (200 nM), and baclofen (50 µM; Tocris,

#0796) were used. Vehicle control cells were treated with water (vehicle for Ro-25-6981

and baclofen) and/or 0.1% DMSO (vehicle for rapamycin).

<u>Forced swim test</u>

Animals were placed into a glass cylinder filled with water 23-25ºC for six minutes;

animals were quickly removed at the end, dried, and returned to their warmed home

cage. Each animal was run in two FST sessions (see Fig. 1A for timeline); the first

session acutely stressed the animals, and the second session, 24 hours after the first,

was video recorded and scored for immobility in the last four minutes using Ethovision

(version 11.5, Noldus).

<u>Splash test</u>

Animals were individually assessed in their home cage by applying 200 µl of 10%

sucrose to their dorsal coat. Animals were video-recorded for five minutes and later

scored for grooming behavior (licking, grooming with forepaws, and scratching).

<u>RNA Immunoprecipitation (RIP)</u>

Animals were sacrificed 45 minutes after drug administration, and whole cortices were

rapidly dissected out and flash frozen on dry ice. RIP-Seq was modified from previous

methods shown to significantly reduce background mRNA binding[24,25].

<u>Immunoblotting</u>

Animals were sacrificed 45 minutes after drug administration, and cortices were

processed according to previously published methods[11,26-28].

<u>Immunohistochemistry and *in vivo* proximity ligation assay</u>

Animals were deeply anesthetized 45 minutes after drug administration and underwent

transcardial perfusion. Brains were sectioned 25 μm thick on a Leica SM2010F sliding

microtome and put into cryoprotectant. Slices were permeabilized and blocked prior to

overnight primary antibody incubation at 4ºC. Slices underwent a two-hour incubation at

37ºC in secondary antibodies, then incubated in ligase for 30 minutes at 37ºC. Finally,

slices underwent the amplification/polymerase step for two hours at 37ºC.

<u>Cell culture and *in vitro* proximity ligation assay (PLA)</u>

Primary neuronal hippocampal cultures were prepared from postnatal day 0-3 mouse

pups from WT or *Fmr1* KO mice according to previously published methods[11,26-28]. Cells

were plated between 70-100,000 per 12 mm on glass coverslips. Neuronal cultures

were used at 18-21 days *in vitro*. Drug treatments were done in media. Fixed neurons

were blocked and permeabilized and then incubated with primary antibodies for one

hour at RT, followed by secondary antibody incubation for one hour at RT

(immunofluorescence) or 37°C (PLA). PLA coverslips were then incubated with ligation

solution for 30 minutes at 37°C, followed by incubation in amplification/polymerase

buffer for 100 minutes at 37°C.

<u>Microscopy and analysis</u>

All images within a given experiment were acquired and analyzed using the same

settings. All images were acquired on a Nikon A1plus confocal microscope and

analyzed with Nikon NIS-Elements AR (version 4.40.00).

<u>Statistical Analyses</u>

Prism (version 7.05, GraphPad) was used for all statistical analyses. Statistical

comparisons were made using Student's t-test, one-way analysis of variance (ANOVA),

or two-way ANOVA where appropriate. Newman-Keuls post-hoc tests were performed

in the event of significant ANOVAs. Outliers were determined using Grubbs' test

(α=0.05). All data are expressed as mean ± standard error of the mean (SEM).

Results

The rapid antidepressant behavioral effects of Ro-25-6981 require FMRP

expression

We recently showed that dendritic FMRP expression is rapidly reduced in WT

dendrites after treatment with the GluN2B-specific antagonist Ro-25-6981, suggesting

that activity-dependent expression of FMRP and FMRP-dependent translation in

dendrites may be necessary for antidepressant efficacy[11]. To test this hypothesis, we

treated acutely stressed WT and *Fmr1* KO mice with a single i.p. injection of Ro-25-

6981 (see Fig. 1A for timeline). We then analyzed performance in two well-

characterized behavioral tasks that measure antidepressant efficacy – the forced swim

test (FST), a measure of behavioral despair, and the splash test, a measure of

motivated self-care[2,29-32]. Consistent with our previous results[26,27], Ro-25-6981-treated

WT animals are mobile about 60s more in the FST (Fig. 1B) and groom about twice as

frequently in the splash test (Fig. 1C), indicative of an antidepressant-like effect.

However, Ro-25-6981 does not affect performance in either task when administered to

Fmr1 KO mice. Together, these results confirm our hypothesis that the RBP FMRP is

required for the behavioral effects of rapid antidepressants.

mTORC1-sensitive FMRP-target mRNAs are regulated by Ro-25-6981 treatment

We next set out to identify the FMRP-target mRNAs that are regulated by Ro-25-

6981, and which may underlie its antidepressant efficacy. We treated WT and *Fmr1* KO

mice with Ro-25-6981 and collected brains 45 minutes post-administration, a time point

at which behavioral changes[26] and mTORC1 activation are observed[2]. Cortices were

processed for RNA immunoprecipitation (RIP), followed by RNASeq (RIP-Seq), using a

specific antibody against FMRP[33] (see Supplemental Methods, Fig. S1-S4, and Tables

S1-S3 for RIP-Seq data preprocessing, filtering, quality control, and processing). As a

control for nonspecific binding, FMRP-RIP was performed, in parallel, on *Fmr1* KO

cortices. Ro-25-6981 treatment promoted the differential binding of 283 transcripts to

FMRP relative to control (Fig 2A; light blue circle). These data indicate that FMRP

regulates the availability of mRNAs for translation in response to Ro-25-6981 treatment.

We and others show that rapid antidepressants, including Ro-25-6981, increase

mTORC1-dependent synthesis of several synaptic proteins necessary for its

antidepressant effects[2,26,27]. To identify the mTORC1-sensitive transcripts among the

283 FMRP-target mRNAs we identified, we performed RIP-Seq on cortices from mice

co-injected with Ro-25-6981 plus the mTORC1 inhibitor rapamycin. We then compared

the differentially regulated FMRP-target mRNAs that are sensitive to both Ro-25-681

treatment (Fig. 2A, light blue circle) and mTORC1 activity (Fig. 2A, light red circle).

Differential gene expression analysis between these two treatments revealed 190

overlapping transcripts (false discovery rate cutoff of 0.1; Fig. 2A, 2B; Table S4, S5[34]).

Of these overlapping FMRP-target mRNAs sensitive to Ro-25-6981 treatment and

mTORC1 activity, 99.5% change in the same direction (58.9% upregulated/released,

40.5% downregulated/bound). FMRP is best known for repressing mRNA translation[35],

and we expected that treatment with Ro-25-6981 would induce FMRP to release select

transcripts to be translated (~59% are released/upregulated). We were surprised to find

that FMRP also bound a new set of target mRNAs (~41% become

bound/downregulated). Interestingly, we identified *Fmr1* mRNA as one of the mTORC1-

sensitive mRNA targets bound to FMRP after Ro-25-6981 treatment. These data

indicate that FMRP represses its own mRNA translation in a Ro-25-6981/mTORC1-

dependent manner (Fig. 2C, Table S5). We verified *Fmr1* as a downregulated target by

analyzing FMRP expression *in vivo* 45 minutes after treatment. As expected, and in line

with our previous results[11], we found that mice treated with Ro-25-6981 express

significantly less FMRP in cortical lysates by Western blot analysis (Fig. 2D) and in the

CA1 stratum radiatum by immunofluorescence (Fig. 2E, 2F). Together, these data

verify our RIP-Seq results and suggest that Ro-25-6981 regulates the dynamic

expression of FMRP.

FMRP-target mRNAs regulate transsynaptic signaling

Next, we used gene ontology (GO), a method of clustering transcripts based on

their coordinated biological processes, to identify critical mechanisms mediated by Ro-

25-6981/mTORC1/FMRP (Fig. 3A, 3B). Interestingly, these analyses revealed

transsynaptic signaling to be the most significantly enriched GO cluster in both

conditions (Fig. 3A, control/Ro; Fig. 3B, Ro+Rapa/Ro). Importantly, of the 190 Ro-25-

6981/mTORC1-sensitive FMRP target mRNAs (Fig. 2A), ~60% are transsynaptic (Fig.

3C, *upper right quadrant*, Fig. S4D, Table S5). These analyses suggest that regulating

transsynaptic signaling is a specific role for the FMRP-target mRNAs that are sensitive

to both mTORC1 activity and Ro-25-6981 treatment.

Transsynaptic signaling requires both NMDAR blockade and GABA$_B$R-mediated

mTORC1 activation

Transsynaptic signaling facilitates the coordinated communication of pre- and

postsynaptic terminals[36]. Additionally, new synapse formation is suggested to underlie

rapid antidepressant efficacy[2]. We have previously shown that activation of traditionally

inhibitory GABA$_B$Rs in the presence of an NMDAR antagonist unexpectedly increases

L-type calcium channel activity, which thereby increases dendritic mTORC1 activation

and downstream protein synthesis[26,27]. To validate that Ro-25-6981 affects

transsynaptic signaling, we capitalized on the ability to tightly control mTORC1 activity

in the cell culture system. We measured the expression of postsynaptic density 95

(PSD-95) and synapsin-1, two prototypical synaptic proteins that specifically localize to

post- and presynaptic terminals, respectively[2,33]. Notably, both NMDAR antagonism and

GABA$_B$R activity are required to activate mTORC1[26]. Thus, we treated cultured primary

hippocampal neurons (see Fig. 4A for timeline) with Ro-25-6981 (no mTORC1 activity *in*

vitro), Ro-25-6981 with the GABA$_B$ agonist baclofen (mTORC1 activity *in vitro*), or Ro-

25-6981 with baclofen and the mTORC1 inhibitor rapamycin (mTORC1 blocked *in vitro*).

We found that GluN2B-specific antagonism increased expression of the postsynaptic

marker PSD-95 in an mTORC1-independent manner (Fig. 4B, 4C). In contrast,

expression of the presynaptic marker synapsin-1 increased only in the neurons with

mTORC1 activity (Ro-25-6981+Baclofen; Fig. 4B, 4D). When we measured

colocalization of PSD-95 with synapsin-1, however, we did not find a significant effect of

treatment (Fig. 4E), likely due to these proteins being juxtaposed versus overlapping.

Realizing the limitations of colocalization as a correlate of synapse number, we

developed a fluorescent assay that could detect pre- and postsynaptic engagement,

and, thus, indicate new synapse formation. Noting that array tomography studies

demonstrate that postsynaptic PSD-95 and presynaptic synapsin-1 localize within 40

nm of each other[37], we surmised we could utilize a proximity ligation assay (PLA) to

detect protein-protein interactions between proximal pre- and postsynaptic proteins

located across the synaptic cleft within 0-40 nm. Consistent with our immunostaining

data, NMDAR antagonism alone (Ro-25-6981) did not increase synapse formation, as

indicated by no change in PLA puncta number relative to control (Fig. 4F, 4G).

However, when we activated mTORC1 (Ro-25-6981+baclofen), the number of

detectable PLA puncta in dendrites increased by ~ 65% (Fig. 4F, 4G). Further, when we

inhibited mTORC1 with rapamycin (Ro-25-6981+Rapa+Bac), the number of detected

synapses decreased back to baseline (Fig. 4F, 4G). Thus, GABA$_B$R-mediated mTORC1

activation is required for presynaptic engagement for synapse formation with Ro-25-

6981.

We next verified that the change in synapse number detected *in vitro* is reflected

in vivo. Because there are few inhibitory neurons in hippocampal cultures[38,39], baclofen

is necessary to activate GABA$_B$Rs *in vitro*. However, *in vivo* ketamine or Ro-25-6981

treatment is sufficient to increase release of endogenous GABA[40] and to promote

mTORC1 activity and antidepressant-like effects on behavior[26,27]. Therefore, we

inhibited GABA$_B$Rs in order to investigate the effects of GABA$_B$R-mediated mTORC1

activity *in vivo*. Thus, we treated WT mice with Ro-25-6981 or Ro-25-6981 and the

specific GABA$_B$R antagonist CGP35348 to block GABA$_B$R signaling and downstream

mTORC1 activation[26]. Indeed, consistent with our *in vitro* PLA results, we found that Ro-

25-6981 treatment increased the number of detected synapses and that inhibiting

mTORC1 activity with CGP35348 prevented this increase (Fig. 4H).

GABA$_B$R activity is detrimental to synapse formation and rapid antidepressant

efficacy of Ro-25-6981 in a preclinical mouse model of FXS

Next, we sought to validate the requirement of FMRP expression for mTORC1-

dependent synapse formation upon treatment with Ro-25-6981. We replicated the PLA-

synapse assay in hippocampal slices from *Fmr1* KO mice. We predicted that if the

activity-dependent release of FMRP-target mRNAs is required for mTORC1-dependent

transsynaptic signaling and synapse formation, then the relative increase in synapses

detected by PLA upon treatment will be absent in the *Fmr1* KO mouse. Surprisingly, we

instead found a significant decrease of about 43% in the number of detected synapses

in *Fmr1* KO mice treated with Ro-25-6981 (Fig. 5A, 5B). Further, treatment with Ro-25-

6981 and CGP35348 unexpectedly reversed this decrease and significantly increased

the number of detected synapses by about 47% compared to control animals (Fig. 5A,

5B). These data suggest that in the presence of FMRP expression, GABA$_B$R signaling

is required for rapid antidepressant-mediated synaptogenesis; however, when FMRP

expression is absent, GABA$_B$R signaling is detrimental and needs to be blocked for

synaptogenesis to occur.

If the increase in synapses in WT animals underlies the efficacy of Ro-25-6981

as a rapid antidepressant, we thus questioned whether blocking GABA$_B$R activity in

conjunction with Ro-25-6981 treatment would promote an antidepressant-like effect on

behavior in *Fmr1* KO animals. We tested this hypothesis by examining the effect of Ro-

25-6981 with or without the GABA$_B$R antagonist CGP35348 on behavior of *Fmr1* KO

mice in the FST and splash test (see Fig. 1A for timeline). Indeed, *Fmr1* KO animals

treated with Ro-25-6981+CGP35348 decreased immobility in the FST by about 80s

(Fig. 5C) and increased grooming frequency in the splash test by about seven times

compared to control KO animals (Fig. 5D). Importantly, CGP35348 alone does not

affect *Fmr1* KO mice in the FST[11] or splash test (Fig. S5). Thus, our data indicate that

the rapid antidepressant efficacy of Ro-25-6981 requires FMRP expression, and

treatment with Ro-25-6981 regulates mTORC1/FMRP-target mRNAs that promote

transsynaptic signaling and synaptogenesis. However, in cases where FMRP

expression is absent, as in *Fmr1* KO animals, Ro-25-6981 is ineffective as a rapid

antidepressant. Only when GABA$_B$R activity is blocked in these animals does Ro-25-

6981 increase synaptogenesis and promote antidepressant-like effects.

Discussion

Previously, we discovered that the molecular mechanism underlying the

behavioral efficacy of rapid antidepressants requires GABA$_B$R-mediated mTORC1

activity (Fig. 5E)[11,26,27]. Here, we demonstrate that rapid antidepressants regulate

mTORC1-sensitive FMRP-target mRNAs that are involved in transsynaptic signaling.

Further, we show, with our newly developed assay, that rapid antidepressant treatment

in conjunction with GABA$_B$R activity promotes synaptogenesis *in vitro* and *in vivo* in WT

animals. In *Fmr1* KO animals, GABA$_B$R activity appears to prevent the beneficial effects

of rapid antidepressants. However, blocking GABA$_B$Rs rescued these detrimental

effects in *Frm1* KO mice and promoted the rapid antidepressant effects similar to what

we see in WT animals.

Importantly, our report is the first to provide a promising antidepressant therapy

for people with FXS. Using a clinically relevant animal model of FXS, we show that,

opposite to the effects observed in WT animals, reducing GABA$_B$R activity may promote

antidepressant efficacy[11,26,27]. While clinical trials demonstrate that treatment with the

GABA$_B$ agonist baclofen improves irritability and social responsiveness in people with

FXS and ASD, these results are mixed[41-43]. Additionally, baclofen can cause adverse

side effects, including hyperactivity and anxiety[44-46]. These data, in light of our results,

raise the question as to why GABA$_B$R signaling is required for synaptogenesis and

antidepressant efficacy in WT mice, yet prohibitive in *Fmr1* KO mice. One clue comes

from our previous data demonstrating that traditional inhibitory postsynaptic GABA$_B$R-

GIRK signaling is absent in *Fmr1* KO dendrites, and may be constitutively excitatory

instead[11]. By blocking GABA$_B$R activity, we may be preventing excessive excitation[47]

and the synapse reduction seen in Ro-25-6981-only treated *Fmr1* KO mice (Fig. 5A and

5B). Further, these data indicate that treating MDD in people with FXS or an FMR1

premutation may require combination therapy, as traditional[23] and rapid antidepressants

alone (as reported here) are not effective in animal models of FXS. A recent clinical

report indicates that oral rapamycin treatment prior to ketamine prolongs the

antidepressant effects of ketamine in a treatment-resistant population[48]. Although the

underlying causes of treatment-resistance are unclear, all together, these data support

the idea that rapid antidepressants in combination with other drugs that modify

mTORC1 activity, such as we show with CGP35348, may be more effective in select

populations.

Importantly, this study provides timely data regarding treatment of an associated

neuropsychiatric disorder in FXS[22]. Notably, FXS is not the only neurological disorder

with overactive mTORC1. Tuberous Sclerosis Complex and Alzheimer's Disease both

have comorbid MDD and are reported to have overactive mTORC1 signaling[49-51]. While

NMDAR antagonists certainly have revolutionized the treatment of MDD in a general

population, caution should be exercised when utilizing them to treat individuals with

MDD and mTORC1-related diseases.

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designed the studies; CFH, SVN, AU, and ECB, performed the experiments; KRG,

CFH, and SVN performed analyses; KRG, JLW, CFH, and SVN wrote and edited the

manuscript. **Competing interests**: The authors declare no competing interests. **Data**

and materials availability: Sequencing data available in the NCBI Sequencing Read

Archive (SRA) under submission SUB5029763. Code for RNAseq analysis available

at https://github.com/snamjoshi.

Added note of proof: Since the original submission of this manuscript a recent report

utilizes the same PLA assay to detect changes in synapse number.[52]

Supplementary information is available at MP's website.

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Figure Legends

Figure 1. *The rapid antidepressant behavioral effects of Ro-25-6981 require FMRP*

***expression.* A.** Representative timeline of behavioral procedures. Twenty-four hours

prior to the recorded forced swim test (FST), animals were acutely stressed with FST.

Approximately 22 hours later, animals received a single i.p. injection of their randomly

assigned treatment. Forty-five minutes after the injection, animals underwent the splash

test, and 30 minutes after that, they were exposed to a second FST. **B.** WT animals

treated with Ro-25-6981 significantly decreased the amount of time spent immobile in

the forced swim test, but *Fmr1* KO mice did not respond to treatment. Two-way ANOVA

revealed a significant main effect of treatment ($F_{1,41}$=7.023, *p*=0.0114) but did not find a

significant effect of genotype or genotype X treatment interaction. Newman-Keuls post-

hoc revealed a significant difference between WT control (170.8±10.3 s) vs. WT Ro-25-

6981 (109.4±14.8 s, n=17), but no significant difference between KO control

(131.3±20.0 s, n=7) and KO Ro-25-6981 (102.6±20.6 s, n=7). **C.** Similarly, Ro-25-6981-

treated WT animals increased their grooming frequency but treated *Fmr1* KO mice did

not. Two-way ANOVA revealed a significant main effect of treatment ($F_{1,46}$=4.314,

p=0.0434) and genotype ($F_{1,46}$=8.674, *p*=0.0051), but there was not a significant

genotype X treatment interaction. Newman-Keuls post-hoc revealed a significant

difference between WT control (1.92±0.32 times per minute, n=13;) vs. WT Ro-25-6981

(4.56±1.06 times per minute, n=16), but no significant difference between KO control

(1.00±0.43 times per minute) and KO Ro-25-6981 (1.42±0.48 times per minute, n=7).

Bars represent mean±SEM. *=*p*<0.05, **=*p*<0.01, n.s.=not significant.

Figure 2. *mTORC1-sensitive FMRP-target mRNAs are regulated by Ro-25-6981*

treatment. **A**. *Top:* Venn diagram of differentially expressed mRNAs isolated in

Control/Ro-25-6981 or Ro-25-6981+Rapamycin/Ro-25-6981 conditions with the FDR

cutoff of 0.1 (same mRNAs as in Fig. 2B). *Bottom*: Breakdown of $\log_2$ fold-change

direction of mRNAs in the intersection of the Venn diagram, indicative of the mRNAs

that are sensitive to both treatment of Ro-25-6981 and mTORC1 activity. See Tables S4

and S5 for a complete list of genes and fold-changes. The single mRNA that is

oppositely regulated is Dbp, a transcription factor implicated in regulating circadian

rhythm. **B.** Clustered dendrogram and heatmap for $\log_2$ fold-change for the treatments.

Targets are the same as those in the pie chart in Fig. 2A. Dendrogram created using the

average linkage method and Euclidean distance metric. Positive fold-changes indicate

mRNAs are released from FMRP and presumably translated with Ro-25-6981

treatment; negative fold-changes indicate that more mRNAs are bound to FMRP with

Ro-25-6981 treatment compared to the control (indicative of mRNA repression with Ro-

25-6981 treatment) or Ro+Rapa (indicative that mTORC1 activity is needed for mRNAs

to be released with Ro-25-6981 treatment) conditions. **C.** In both Control/Ro-25-6981

and Ro-25-6981+Rapamycin/Ro-25-6981 conditions, *Fmr1* has a negative fold-change,

indicating that *Fmr1* mRNA remains bound to FMRP with Ro-25-6981 treatment and is

mTORC1 sensitive. Significance determined with the FDR cutoff of 0.1. **D.** Verification

that protein expression of FMRP decreases with Ro-25-6981 treatment in cortical

lysates 45 minutes after treatment, in line with previous reports[11] (control=1.0±0.03

normalized optical density, n=8; Ro-25-6981=0.83±0.07, n=8; t_{14}=2.008, p=0.0322). **E,**

F. Verification that protein expression of FMRP decreases with Ro-25-6981 treatment in

CA1 stratum radiatum 45 minutes after treatment (control=1.0±0.10 normalized optical

density, n=3; Ro-25-6981=0.69±0.05, n=9; t_{10}=2.717, p=0.0108). Bars represent

mean±SEM. *=p<0.05

Figure 3. *FMRP-target mRNAs regulate transsynaptic signaling.* **A.** Uniquely

enriched GO biological process clusters for FMRP targets identified by RIP-Seq where

$\log_2$(Control/Ro-25-6981 fold-change) > 0 (*blue)* and **B** $\log_2$(Ro-25-6981+Rapa/Ro-25-

6981 fold-change) > 0 (*pink*). Transsynaptic signaling is the most significantly enriched

GO cluster in both conditions. **C.** Scatterplot showing $\log_2$(Control/Ro-25-6981 fold-

change) > 0 $\log_2$(Ro-25-6981+Rapa/Ro-25-6981 fold-change) > 0 of the mTORC1-

sensitive transsynaptic targets (*upper right quadrant*). Supplemental Tables S4 and S5

contain the complete list of identified targets.

Figure 4. *Transsynaptic signaling requires both NMDAR blockade and GABA$_B$R-*

mediated mTORC1 activation. **A.** Timeline of treatments for neuronal culture

experiments in 4B and 4F. **B.** Representative immunofluorescence images of treated

WT hippocampal neurons stained for PSD-95 (green), synapsin-1 (red), and MAP2

(grey outline). Panels depict 12.5 μm segments of dendrites, at least 20 μm from the

soma; scale bar=2 μm. Highlighted boxes indicate representative synapsin-1 and PSD-

95 staining; scale bar=0.5 μm. **C.** Quantification of average number of PSD-95 puncta

within dendritic area by treatment. PSD-95 expression increased in all treatments in an

mTORC1-independent manner. One-way ANOVA revealed a significant main effect of

treatment ($F_{3,65}$=6.472, p=0.0007). Newman-Keuls post-hoc revealed a significant

difference between control (1.0±0.18 normalized optical density, n=16) vs. Ro-25-6981

(2.02±0.33 normalized optical density, n=18), control vs. Ro-25-6981+Baclofen

(2.64±0.26 normalized optical density, n=18), and control vs. Ro-25-

6981+Rapamycin+Baclofen (2.75±0.40 normalized optical density, n=17). **D.**

Quantification of average number of synapsin-1 puncta within dendritic area by

treatment. One-way ANOVA revealed a significant main effect of treatment ($F_{3,65}$=15.31,

p<0.0001). Newman-Keuls post-hoc revealed Ro-25-6981+Baclofen (2.41±0.16

normalized optical density, n=18) significantly increased the number of synapsin-1

puncta compared to control-treated neurons (1.0±0.19 normalized optical density,

n=16), as well as neurons treated with Ro-25-6981 (0.91±0.17 normalized optical

density, n=18) and Ro-25-6981+Rapamycin+Baclofen (1.39±0.17 normalized optical

density, n=17), indicating an mTORC1-dependent effect. **E.** Quantification of Pearson's

correlation coefficient of PSD-95 and synapsin-1 by treatment. One-way ANOVA did not

reveal a significant effect of treatment for the correlation between PSD-95 and

synapsin-1 (control=0.15±0.03, n=16; Ro-25-6981=0.13±0.03, n=18; Ro-25-

6981+Baclofen=0.23±0.02, n=18; Ro-25-6981+Rapamycin+Baclofen=0.19±0.02, n=17).

F. Representative dendritic traces of treated hippocampal neurons. White puncta

represent proximity-detected PSD-95 and synapsin-1 proteins by PLA, and grey outline

represents MAP2 staining of the neuron. Puncta at least 12.5 µm from the soma were

analyzed. Scale bar for representative dendrites=10 µm. **G.** Quantification of the

average number of PSD-95/synapsin-1 PLA puncta per dendritic area. One-way

ANOVA revealed a significant main effect of treatment ($F_{4,581}$=18.25, *p*<0.0001).

Newman-Keuls post-hoc revealed Ro-25-6981+Baclofen (1.65±0.11 puncta/µm^2

normalized, n=132) significantly increased the number of PSD-95/synapsin-1 PLA

puncta compared to control-treated (1.0±0.10 puncta/μm^2 normalized, n=119), Ro-25-

6981-treated (1.12±0.84 puncta/μm^2 normalized, n=125), and Ro-

2506981+Rapamycin+Baclofen-treated (1.06±0.10 puncta/μm^2 normalized, n=143)

neurons. Additionally, PLA control neurons (0.05±0.01 puncta/μm^2 normalized, n=67)

showed a significant lack of puncta compared to all other treatments. **H.** Representative

PLA images indicating an increase in PSD-95/synapsin-1 PLA puncta in WT CA1

stratum radiatum 45 minutes after treatment with Ro-25-6981 and is blocked with the

GABA$_B$R antagonist CGP35348; scale bar=50 μm. Bars represent mean±SEM.

*=$p<0.05$, **=$p<0.01$, ***=$p<0.001$, ****=$p<0.0001$, n.s.=not significant.

Figure 5. *GABA$_B$R activity is detrimental to synapse formation and rapid*

***antidepressant efficacy of Ro-25-6981 in a preclinical mouse model of FXS.* A.**

Representative PLA images in KO CA1 stratum radiatum 45 minutes after treatment;

scale bar=50 μm. **B.** Quantification of the average number of PSD-95/synapsin-1 PLA

puncta per CA1 stratum radiatum area. One-way ANOVA revealed a significant main

effect of treatment ($F_{2,10}$=25.45, p=0.0001). Newman-Keuls post-hoc revealed Ro-25-

6981 (0.57±0.02 puncta/μm^2 normalized, n=4) significantly decreases PLA puncta

compared to control (1.0±0.09 puncta/μm^2 normalized, n=4), but blocking GABA$_B$Rs

with CGP35348 increases the number of puncta (1.47±0.10 puncta/μm^2 normalized,

n=5) compared to both other treatments. **C.** One-way ANOVA revealed a significant

main effect of treatment ($F_{2,17}$=4.23, p=0.0323) in the FST. Newman-Keuls post-hoc

revealed *Fmr1* KO animals treated with Ro-25-6981+CGP35348 (42.38±13.66 s, n=9)

significantly decrease immobility in the FST compared to control (111.5±9.2 s, n=6), but

not Ro-25-6981-treatment only (90.1±32.8 s, n=5). WT data from Figure 1 depicted on

the y-axis for reference. **D.** Similarly, one-way ANOVA revealed a significant main effect

of treatment ($F_{2,17}$=4.854, *p*=0.0215) in the splash test. Newman-Keuls post-hoc

revealed Ro-25-6981+CGP35348 (7.4±1.3 times per minute, n=10) significantly

increases grooming frequency in the splash test compared to control (1.4±0.4 times per

minute, n=5) but not Ro-25-6981-treatment only (5.2±1.5 times per minute, n=5) for

Fmr1 KO animals. WT data from Figure 1 depicted on the y-axis for reference. **E.**

Updated rapid antidepressant signaling mechanism model[11,26,27] to include RIP-Seq

results. Under baseline conditions, activated NMDARs increase intracellular calcium,

which activates mTORC1 (*left panel*). With NMDAR antagonists like ketamine and Ro-

25-6981, NMDARs are blocked but activate the release or binding of mRNAs from the

RNA-binding protein FMRP (*middle panel*). Among these released transcripts is

GABA$_B$R mRNA, which is translated into newly synthesize GABA$_B$Rs[26]. Old GABA$_B$Rs

and the GIRK channels they are coupled to undergo endocytosis[27]. Newly synthesized

GABA$_B$Rs are coupled to L-type calcium channels and, upon activation, increase

intracellular calcium, activating mTORC1 (*right panel*)[27]. mTORC1-dependent

transcripts are released from or bound to FMRP, including those mediating a

transsynaptic signal that recruits presynaptic engagement to help form new synapses.

Yellow boxes with stars indicate the new steps added to the model based on the current

data presented. Bars represent mean±SEM. *=*p*<0.05, **=*p*<0.01, ****=*p*<0.0001.

A

Control/Ro   Ro+Rapa/Ro

93   190   411

mTORC1-sensitive targets

77   112

Downregulated
Oppositely Regulated
Upregulated

B

Log$_2$ Fold Change
Translated

0.5
0
-0.5
-1
-1.5

Repressed

Control/Ro   Ro+Rapa/Ro

C

Fmr1	logFC	adj.P.Val
Control/Ro	-0.3093	0.0772
Ro+Rapa/Ro	-0.5727	0.0059

D

FMRP/Tubulin (normalized to control)

1.5

1.0

0.5

0.0

*

Control
Ro

FMRP

Tubulin

E

Control   Ro-25-6981

MAP2

FMRP

Merged

F

FMRP intensity/ROI area (normalized to control)

1.5

1.0

0.5

0.0

*

Control
Ro

A Control/Ro

	-log(p-value)
Transsynaptic Signaling	81
Protein Localization	151
Regulation of Transport/Ion Transport	70
Membrane Organization	68
Learning and Behavior	36
Cell Differentiation and Morphogenesis	79
Cell Signaling	92
Receptor Signaling Activity	12
Signal Transduction; Regulation	138
Regulation of Cell Signaling	101
Regulation of Morphogenesis	40
Synaptic Transmission	18
Protein Complex Assembly	72
Astrocyte Differentiation and Gliogenesis	19
Negative Regulation of Neurogensis	30

B Ro+Rapa/Ro

	-log(p-value)
Transsynaptic Signaling	94
Protein Localization	280
Synaptic Vesicle Localization	33
Learning and Behavior	39
Synaptic Transmission	34
Signal Transduction; Regulation	254
Exocytosis and Secretion	38
Negative Regulation of Signal Transduction	98
Metabotropic Receptor Regulation	52
Regulation of Phosphorylation	118
Cell Differentiation and Morphogenesis	81
Regulation of Transport/Ion Transport	65
Regulation of Catalytic Activity	73
Regulation of Receptor Activity	39
Response to Compound or Stimulus	98
Regulation of Protein Catabolism	22
Astrocyte Differentiation and Gliogenesis	26
Protein Complex Disassembly	29

C $r^2 = 0.605$

Log2 Fold Change (Control / Ro) vs Log2 Fold Change (Ro+Rapa / Ro)

A

Ro-25-6981 or vehicle   Rapamycin or vehicle   Baclofen or vehicle

15 min   30 min   45 min

B

Control — PSD95 + SYN1 + MAP2 mask   Ro

Ro-Bac   Ro-Rapa-Bac

C

PSD95 puncta/dendrite area (#/µm²) norm. to control

Ro-25-6981	-	+	+	+
Baclofen	-	-	+	+
Rapamycin	-	-	-	+

D

SYN1 puncta/dendrite area (#/µm²) norm. to control

Ro-25-6981	-	+	+	+
Baclofen	-	-	+	+
Rapamycin	-	-	-	+

E

PSD95/Syn 1 Pearson's Coefficient

Ro-25-6981	-	+	+	+
Baclofen	-	-	+	+
Rapamycin	-	-	-	+

F

PLA control   Control   Ro

Ro-Bac   Ro-Rapa-Bac

MAP2 mask + PSD95/SYN1 PLA puncta

G

PLA puncta/dendrite area (#/µm²) norm. to control

Ro-25-6981	-	-	+	+	+
Baclofen	-	-	-	+	+
Rapamycin	-	-	-	-	+
PSD95 primary	-	+	+	+	+
SYN1 primary	+	+	+	+	+

H

MAP2

PSD95/SYN1 PLA puncta

Merged

Control   Ro-25-6981   Ro-25-6981+CGP35348

A

Control | Ro-25-6981 | Ro-25-6981+CGP35348

MAP2

PSD95/SYN1 PLA puncta

Merged

B

PSD95/SYN1 PLA puncta/area (#/μm²) norm. to control

| Ro-25-6981 | - | + | + |
| CGP35348 | - | - | + |

C

Time Immobile (s)

WT control
WT Ro-25-6981

Fmr1 KO

| Ro-25-6981 | - | + | + |
| CGP35348 | - | - | + |

D

Grooming frequency (#/min)

WT Ro-25-6981
WT control

Fmr1 KO

| Ro-25-6981 | - | + | + |
| CGP35348 | - | - | + |

E

Normal Conditions

Presynaptic Terminal

GIRK GABA$_B$R L-Type Ca^{2+} Channel NMDAR

K$^+$

N N

Na$^+$ K$^+$
Ca^{2+}
PI3K
mTORC1

α β

RNA-binding protein, FMRP

GABA$_B$R mRNA
FMRP mRNA

NMDAR antagonism: Ro-25-6981

Presynaptic Terminal

GIRK New GABA$_B$R L-Type Ca^{2+} Channel NMDAR Antagonist

N N

14-3-3η

α β   α β

mTORC1 ✗

endocytosis

RNA-binding protein, FMRP
GABA$_B$R mRNA

Increased GABA$_B$R2 Translation

Endoplasmic Reticulum

FMRP mRNA *

GABA$_B$R-mediated mTORC1 activation

Increased presynaptic markers/synaptic formation

Presynaptic Terminal

New GABA$_B$R L-Type Ca^{2+} Channel NMDAR Antagonist

Dendritic Membrane

N N

Ca^{2+}

α β

mTORC1 ✗

mTORC1
activity-dependent translation

RNA-binding protein, FMRP
GABA$_B$R mRNA

FMRP mRNA

Transsynaptic signaling mechanism *