Bichet et al. 2020

1 Bacteriophage uptake by Eukaryotic cell layers represents a major sink for

- 2 phages during therapy
- 3

4 Authors

- 5 Marion C. Bichet¹, Wai Hoe Chin¹, William Richards¹, Yu-Wei Lin², Laura Avellaneda-
- 6 Franco¹, Catherine A. Hernandez³, Arianna Oddo⁴, Oleksandr Chernyavskiy⁵, Volker
- 7 Hilsenstein⁵, Adrian Neild⁶, Jian Li², Nicolas Hans Voelcker⁴, Ruzeen Patwa¹ & Jeremy J.
- 8 Barr^{1*}
- 9 ¹ School of Biological Sciences, Monash University, Clayton Campus, VIC, 3800, Australia
- 10 ² Biomedicine Discovery Institute and Department of Microbiology, Monash University, Clayton, VIC,
- 11 Australia
- ³ Department of Integrative Biology, University of California, Berkeley, Berkeley, CA, USA
- ⁴ Faculty of Pharmacy and Pharmaceutical Sciences, Monash University, Parkville Campus, VIC, 3800,
- 14 Australia
- ⁵ Monash Micro Imaging, Monash University, Clayton Campus, VIC, 3800, Australia
- 16⁶ Department of Mechanical and Aerospace Engineering, Monash University, Clayton Campus, VIC,
- 17 3800, Australia
- 18

19 *Corresponding author

- 20 Jeremy J. Barr
- 21 25 Rainforest Walk, School of Biological Sciences, Monash University, Clayton Campus, VIC,
- 22 3800, Australia
- 23 jeremy.barr@monash.edu

Bichet et al. 2020

24 Abstract

25 For over 100 years, bacteriophages have been known as viruses that infect bacteria. Yet 26 it is becoming increasingly apparent that bacteriophages, or phages for short, have tropisms 27 outside their bacterial hosts. During phage therapy, high doses of phages are directly administered and disseminated throughout the body, facilitating broad interactions with 28 29 eukaryotic cells. Using live cell imaging across a range of cell lines we demonstrate that cell 30 type plays a major role in phage internalisation and that smaller phages (< 100 nm) are 31 internalised at higher rates. Uptake rates were validated under physiological shear stress 32 conditions using a microfluidic device that mimics the shear stress to which endothelial cells 33 are exposed to in the human body. Phages were found to rapidly adhere to eukaryotic cell 34 layers, with adherent phages being subsequently internalised by macropinocytosis and 35 functional phages accumulating and stably persisting intracellularly. Finally, we incorporate 36 these results into an established pharmacokinetic model demonstrating the potential impact of 37 phage accumulation by these cell layers, which represents a major sink for circulating phages 38 in the body. Understanding these interactions will have important implications on innate 39 immune responses, phage pharmacokinetics, and the efficacy of phage therapy.

Bichet et al. 2020

41 Introduction

42 Phages, short for bacteriophages, are viruses that infect bacteria and are the most abundant life 43 form on the planet (1-3). Phages are found ubiquitously in the environment and are a major 44 contributor to global genetic diversity (4–6). Our bodies harbour a large number of phages, 45 and, together with their bacterial hosts, they constitute a key component of our gut microbiome (7). The gut carries the largest aggregation of phages in the body, with an estimated 2×10^{12} 46 phages present in the average human colon (4,8,9). These phages are constantly interacting 47 48 with gut bacteria, as well as the epithelial cell layers of the gut (10). Phages are detected in the 49 circulatory systems of the body, suggesting they are capable of translocating from the gut and 50 penetrating throughout the body (8,11). Once past the gut barrier phages are able to penetrate 51 cell layers and major organs of the body; being found in classically sterile regions such as the 52 blood, serum, organs and even the brain (8,10–19). Numerous mechanisms pertaining to the 53 transport of phages across epithelial barriers have been proposed (11,16), including the 'leaky 54 gut' where phages bypass cell barriers at sites of damage and inflammation (20,21), and 55 receptor-mediated endocytosis (22,23). Recently, a non-specific mechanism for phage uptake 56 and transport across epithelial cell layers was proposed by Nguyen and colleagues, whereby 57 epithelial cells uptake phages via macropinocytosis and preferentially transcytose phages from 58 the apical surface toward the basolateral side of the cell (8,24). Macropinocytosis is a broad 59 mechanism describing the enclosure of media within ruffles in cells' membrane, prior to 60 internalising the media, and any phages it may contain, within the cells. Despite their 61 prevalence in the human body, phage's capacity to interact with and influence eukaryotic cells 62 remains largely unknown. These interactions can have important implications during phage 63 therapy.

64

65 Phage therapy is a promising alternative to treat pathogenic bacterial infections. In Eastern 66 Europe, phage therapy was widely used since its discovery in 1917 (1), whereas in Western 67 countries, phage therapy was largely abandoned in favour of antibiotics (25-28). However, 68 with the rise of antimicrobial resistance as one of the greatest threats to human health, phage 69 therapy is being re-established as a potential treatment option for difficult-to-treat, antibiotic 70 resistant, bacterial infections (25). In order for phage therapy to be effective, phages must first 71 be administered to the site of infection. Administration routes include, intravenous (IV) or 72 intraperitoneal (IP) to treat septicaemia; orally to treat gastrointestinal infections; intranasal or inhalation to treat respiratory infections; or topically for cutaneous infections (29,30). The 73

Bichet et al. 2020

administration route and bioavailability of phages needs to be carefully taken into account in
order to achieve favourable efficacy *in vivo*.

76

77 In contrast to conventional drugs, phages are unique therapeutic agents capable of self-78 replicating and maintaining titres in the body (30–33). As such, there is a lack of knowledge 79 regarding phage pharmacokinetics and pharmacodynamics (31). Following administration, two major pharmacokinetic factors important for the efficacy of phage therapy are accessibility and 80 81 clearance. First, natural barriers such as cell layers and mucus can decrease accessibility of 82 phages to sites of infection, thereby necessitating the administration of higher doses to achieve 83 a favourable therapeutic effect. Second, phage clearance has been reported to occur rapidly; 84 sometimes within just minutes to hours following parenteral administration in animal models 85 and patients (14,34–40). Phage clearance within the body is thought to be mediated by three main components: 1) Phagocytic cells (41), 2) The Mononuclear Phagocytic System (MPS; 86 87 which was also previously called the reticuloendothelial system, or RES) which includes the liver and spleen that filter out and remove phages from circulation (42), and 3) Phage 88 neutralizing antibodies, although it is still unclear how effective and rapidly produced these 89 90 anti-phage antibodies are (31,43). Due to these complications, it is difficult to predict how 91 phages will behave in the body when administered and ultimately whether phage therapy will 92 be successful.

93

94 One underexplored aspect of phage therapy is the non-specific interactions between phages 95 and the cell layers of the body. During therapy, large quantities of phage monocultures or 96 cocktails are administered to patients in order to maintain a killing titre to combat a bacterial 97 infection. Once within the body, these phages can have very short half-lives and are actively 98 removed or inactivated by the body (38-40,44). Following administration during phage 99 therapy, epithelial and endothelial cell layers are amongst the first and most abundant phage-100 eukaryote interactions. Here, we present new insights into phage-mammalian cell adherence, 101 uptake, and trafficking, via *in vitro* tissue culture cell layers. Our results suggest that cell layers 102 of the human body represent a major and unaccounted sink for exogenously administered 103 phages. Put within the context of phage therapy, the interaction between eukaryotic cells and 104 exogenous phages have important implications for phage administration, dosing, and 105 pharmacokinetics.

Bichet et al. 2020

107 Results

108 The rate of phage uptake varies depending on the cell type. To better understand phage-109 eukaryote interactions, we used seven in vitro tissue culture cell lines that were selected to be 110 broadly representative of different tissues types within the body, and examined their 111 interactions with ultrapure high titre monocultures of T4 phage. Using real time live-cell 112 imaging on a confocal microscope with a sensitive hybrid detector (HyD), we visualised the interaction and subsequent internalisation of phage particles within eukaryotic cells. Cells were 113 first grown on glass bottom slides for two days to generate an $\sim 80\%$ confluent cell layer, 114 115 followed by fluorescence staining of the nucleus and plasma membrane. T4 phages were 116 prepared using the Phage-on-Tap method (45), labelled using SYBR-Gold, subsequently 117 washed to remove residual stain, and then directly applied to cell layers observed using live 118 cell imaging.

119

120 Phages were visualised in real time being engulfed and trafficked through all seven of the different cell lines over a two-hour period (Fig. 1a and Supplemental movies SM1-7). The cell 121 122 types tested include: epithelial cells - HeLa, A549 and HT29, from the cervix, lung and colon, 123 respectively; fibroblast cells - MDCK-I and BJ, from dog kidney and human skin, respectively; 124 the endothelial cell line - HUVEC from umbilical vein; and monocyte-induced macrophages -125 THP-1 cells (Fig. 1b). The increase in green fluorescence over time corresponds to the uptake and accumulation of fluorescently labelled T4 phages by the cells. We saw the first evidence 126 127 of phage accumulation within cells occurring around 30 minutes, with continued accumulation 128 over the following 90 minutes.

129

130 We observed large variation in the uptake of phages across the seven cell types investigated. 131 To quantify this, cells containing intracellular phages were manually counted and compared 132 with the total number of cells in the field of view (FOV) at the two-hour time point for each replicate. Cells were then categorised as either high, intermediate, or low phage-uptake using 133 134 univariate clustering analysis (Fig. 1c and Supplemental Fig. 1) (46). A549 lung epithelial cells 135 showed the highest accumulation of phages, with a median of cells containing fluorescentlylabelled phages at the two-hour time point of 99% (\pm 2%, mean \pm standard deviation [SD]; 136 Field of View [FOV] n = 8; coefficient of variation [CV] = 2%). Next, HUVEC, MDCK-1, 137 138 and HeLa cells, representing endothelial, fibroblast and epithelial cell types all showed 139 intermediate levels of phage accumulation at the two hour time point, with medians of 44% (\pm

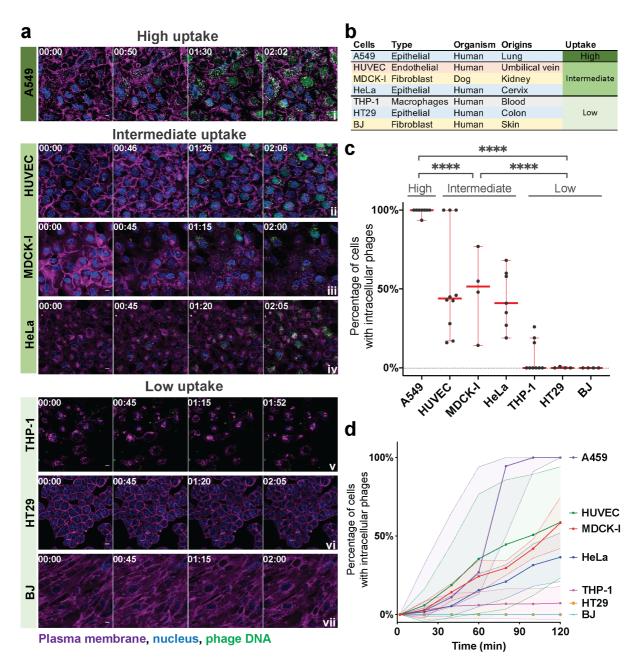
Bichet et al. 2020

140 34% SD; FOV n = 10; CV = 63%), 51% (± 26% SD; FOV n = 4; CV = 54%), and 41% (± 18%) SD; FOV n = 7; CV = 42%) of phage-positive cells, respectively. Finally, THP-1, HT29, and 141 BJ cells, representing macrophages, epithelial and fibroblast all showed little to no 142 143 accumulation with medians of 0% ($\pm 11\%$ SD; FOV n = 9; CV = 155%), 0% ($\pm 0.5\%$ SD; FOV n = 4; CV = 200%), and 0% (± 0% SD; FOV n = 4; CV = 0%) phage-positive cells at two 144 hours, respectively. We further quantified the rate at which cells internalised phages by 145 146 manually counting the number of cells per frame of interest containing fluorescently-labelled phages for each of the field of view per cell lines (Fig. 1d). Most cells showed large variability 147 in the uptake rate over the two-hour period. For A549 cells, which had the highest accumulation 148 of phages, we saw large variation in the rate of uptake, with a median of 27% (\pm 36% SD; FOV 149 150 n = 6; CV = 83%) of cells that contained phages at one hour of incubation compared to 100% $(\pm 0\%$ SD; FOV n = 6; CV = 0%) of cells at two hours. Comparatively, HUVECs, which were 151 classified as intermediate accumulation of phages showed extensive variability in their uptake 152 153 rates, with a median of 12% (\pm 41% SD, FOV n = 8; CV = 116%) and 46% (\pm 35% SD; FOV n = 8; CV = 60%) of cells containing phages at one and two hours, respectively. 154

155

156 To confirm that phages were internalised and not simply attached to the cell surface, we created 157 a three-dimensional (3D) reconstruction using a Z stack to visualise the intracellular 158 localisation of phages. After the live cell imaging of MDCK-I cells incubated with 159 fluorescently-labelled T4 phages for one hour (Supplemental movie SM8), we acquired a high-160 resolution Z stack image of one chosen field of view. We reconstituted the 3D volume of the 161 cell to visualise phage repartition in the cytoplasm (Fig. 2 top left corner and Supplemental movie SM9). Finally, we looked at the localization of phages in 3D using the XY cross section 162 163 (Fig. 2). The 3D reconstruction of the cell confirmed that phages internalized by the cells 164 (visualised as green fluorescent particles) lie in the same focal plane as the nucleus (Fig. 2). 165 Phages were distributed throughout the cell cytoplasm and appeared to be localised within 166 membrane-bound vesicles surrounding the nucleus.

Bichet et al. 2020

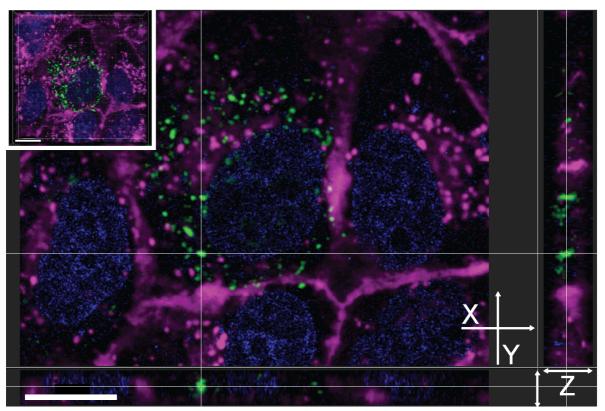




170 Figure 1. Uptake and internalisation of phages varies across cell type. (a) T4 phage was fluorescently labelled, applied to different cell lines and incubated for two hours on a glass 171 bottom slide. Cells were stained with Hoechst 33342 nucleus stain (blue), CellMask plasma 172 173 membrane stain (magenta) and T4 phages labelled with SYBR-Gold DNA-complexing stain 174 (green). Using real-time microscopy, one image was acquired every two minutes. Scale bar: 175 10 µm; Timing: hours:minutes. (b) Table of cell lines used in this study, their cell type, 176 organism, organ origins and category of uptake. Cells lines are ranked as high, intermediate, and low uptake. (c) Percentage of cells containing intracellular phages at the two-hour time 177 178 point. Scatter plots show medians of percentage of cells with intracellular phages; error bars represent 95% confidence intervals; each dot represents one Field of View (FOV). Cells lines 179 180 are ranked as high, intermediate and low uptake. P-values between the different groups calculated from a one-way ANOVA, shown as stars (F (2, 43) = 71.23; P < 0.0001: ****). (d) 181 Percentage of cells containing phages represented across time. For each video the number of 182 183 cells with and without intracellular phages in a FOV were manually counted every ten minutes 184 (A549 n = 6; HUVEC n = 8; MDCK-I n = 3; HeLa n = 6; THP-1 n = 8; HT29 n = 3; BJ n = 3).

Bichet et al. 2020

- 185 Curve plots show medians of percentage of cells with intracellular phages; error bars represent
- 186 95% confidence intervals in the shaded area for each curve; each point represents one video
- 187 over time.
- 188



Plasma membrane, nucleus, phage DNA

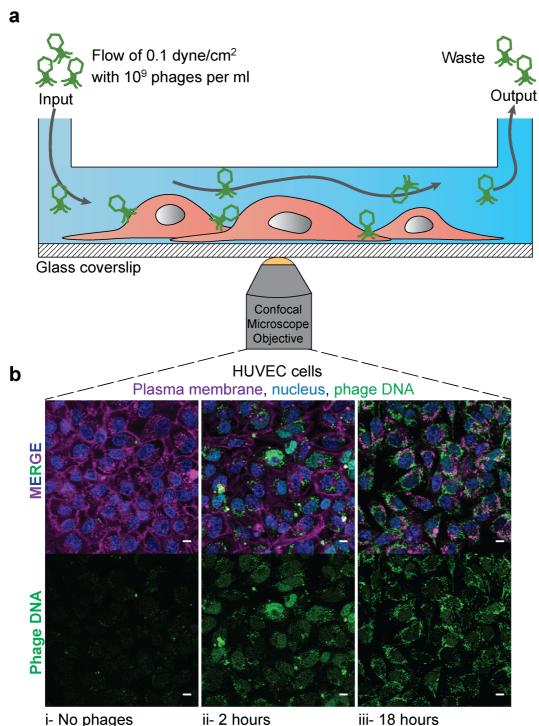
189 190

Figure 2. 3D reconstruction of intracellular phages. MDCK-I cells were incubated for an 191 192 hour with T4 phages on glass bottom slide before acquisition of a high-resolution Z stack to 193 visualise phage dispersion inside of cells. Cells were stained with Hoechst 33342 nucleus stain 194 (blue), CellMask plasma membrane stain (magenta) and T4 phages labelled with SYBR-Gold 195 DNA-complexing stain (green). Images were acquired in real-time on live cells. XY cross 196 section made using Imaris software with an embedded 3D projection of the cell in the top left 197 corner of the image. The cross in the centre of the image shows a cluster of internalised phages with its repartition in the Z dimension (depth) of the image represented in the X and Y sides 198 199 views. Scale bar: 10 µm.

Bichet et al. 2020

201 Phage uptake occurs at comparable rates under both static and flow conditions. The 202 previous experiments were all conducted under static conditions, where phages were directly 203 applied to the cell culture media and phage-cell encounters driven purely by diffusion. 204 However, in the context of phage therapy, phages administered to the body are likely to 205 encounter dynamic environments and active fluid flow, such as in the circulatory and lymphatic 206 system. These dynamic conditions may lead to increased phage-cell encounter rates or altered 207 cellular uptake (47–52). We investigated whether phage uptake rates under static conditions 208 were comparable with uptake rates under fluid flow and shear conditions that mimic the 209 circulatory systems of the body (Fig. 3a). We chose HUVECs to use in our flow experiment 210 for two main reasons, the first one is that they are part of the intermediate uptake group 211 determined in our first figure and are not part of one of the two other extremes. Secondly, HUVECs are endothelial cells and would be amongst the first type of cells to be in contact with 212 213 circulating phages in the human body. Using an in-house fabricated microfluidic device 214 mounted on a glass coverslip adapted for confocal microscopy (53,54), we seeded the device 215 with HUVECs and incubated it under static conditions for 12 hours to ensure sufficient cellular 216 attachment to the subtract. Cell layers were allowed to establish within the device under a low 217 flow rate of 0.66 µl/min for one day, before increasing to a final flow rate of 8 µl/min until cells reached confluency. Physiological shear stress values observed in the human body ranges 218 from 0.1 dyne/cm² in the microcirculation, reaching higher rates of 50 dyne/cm² found in larger 219 220 circulatory vessels (55–59). Due to the volumes of media and quantity of phages applied to the 221 chip, we chose a flow rate of 8 μ l/min, which is equivalent to a shear stress of 0.1 dyne/cm² in 222 our chip and was at the lower end of physiological circulatory range (Supplemental Table 1). We perfused the chips with media containing 10⁹ phages/ml, with phage uptake visualised as 223 224 previously described at two and 18 hours timepoints. Even though the volumes and quantity of phages seen by the cell layer in the static (200 µl) and flow (960 µl) conditions are different, 225 226 we still observe similar rates of T4 phage uptake after two hours (Fig. 1a & 3b. ii and 227 Supplemental Fig. 3). After 18 hours incubation under shear stress, we observed a significant 228 increase in the fluorescence intensity compared with two hours incubation (unpaired t-test, P 229 < 0.001) (Supplemental Fig. 3).

Bichet et al. 2020





ii- 2 hours

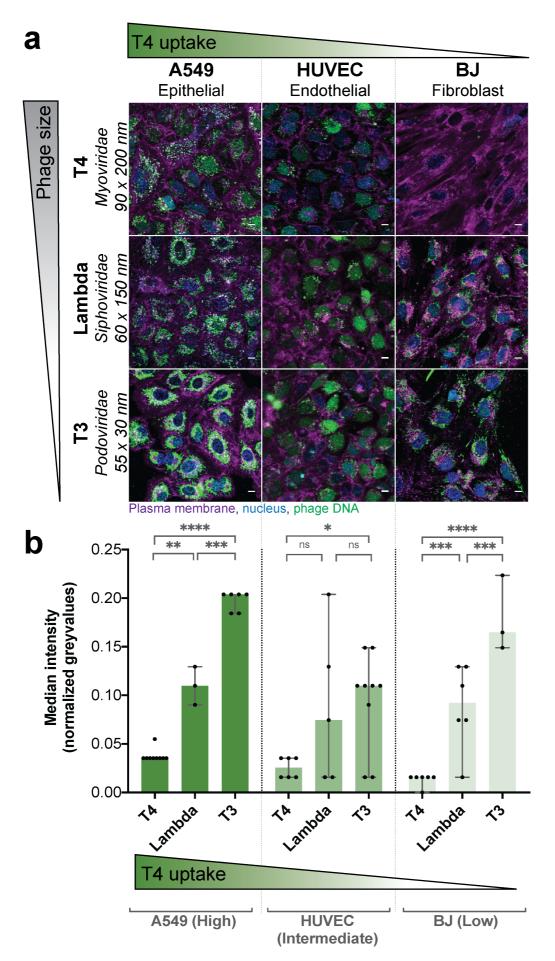
iii- 18 hours

233 Figure 3. Uptake of phages under fluid flow and shear stress. T4 phage was applied to 234 HUVECs within a microfluidic channel of a microfluidic device under a shear stress of 0.1 235 dyne/cm² for two or 18 hours with images collected via real-time microscopy images. (a) 236 Schematic of the microchannel showing the flow from one port of the channel to the other side 237 of the channel where the waste was collected. (b) Cells were stained with nucleus stain (blue), 238 plasma membrane stain (magenta) and T4 phages labelled with DNA-complexing stain (green). 239 Control cells without phages i). Cells were incubated under a constant flow of phages at a rate 240 of 8 µL/min equivalent to a shear stress of 0.1 dyne/cm² for either ii) two or iii) 18 hours. Scale 241 bar:10 µm.

Bichet et al. 2020

242 Phage size affects intracellular uptake. Next, we looked at the effect of phage size on the 243 rate of cellular uptake. We chose three *Escherichia coli* infecting phages; T4 phage from the 244 Myoviridae family, measuring 90 nm wide and 200 nm long with a contractile tail; Lambda phage from the Siphoviridae family, measuring 60 nm wide and 150 nm long with a non-245 246 contractile tail; and T3 phage from the *Podoviridae* family, measuring 55 nm wide and 30 nm long with a small non-contractile tail. We tested these phages against three cell lines 247 248 representative of high, intermediate, and low rates of uptake (Fig. 1c); A549 cells with a high 249 rate of uptake, HUVECs with an intermediate rate, and BJ cells with a low rate. We incubated 250 phages with the cell layers for two hours, acquiring images every two minutes (Supplemental 251 movies SM1-2, 7, 10-15), with the final time point represented in Fig. 4a. The first row of 252 images shows clear differences in T4 phage uptake between the three cell lines (Fig. 4a). 253 However, when we applied the smaller sized Lambda and T3 phages to the three cells lines, 254 we saw a large increase in the uptake of both phages compared with T4. This was particularly 255 evident in the BJ cell line, which had effectively no T4 phage update over a two-hour period but nonetheless, demonstrated increased uptake of the smaller sized Lambda and T3 phage. 256 257 We quantified phage uptake across phage size and cell type using a pipeline built with 258 CellProfiler software (60) (see methods) to analyse the median grayvalue intensity in the cell 259 region (median over all pixels in FOV marked as cells) as a proxy for fluorescence intensity of 260 phage (Figure 4). For T3 phage, the smallest phage of the three tested, we observed the highest rate of uptake across the three cell lines (ANOVA one way, F (2, 45) = 71,32; P < 0.0001). 261 This was especially evident for the BJ cell line where the median intensity of the phage 262 fluorescence signal increased from a median of 0.01 normalised grey value with T4 phage (\pm 263 0.006 SD; FOV n = 6; CV = 49%) up to 0.09 with Lambda (± 0.04 SD; FOV n = 6; CV = 264 49%), and finally to 0.16 with T3 phage (\pm 0.04 SD; FOV n = 3; CV = 22%) (Fig. 4b). Based 265 on our microscopy results, we suggest that smaller sized phages broadly increase the rate of 266 267 cellular uptake, and that these effects were more pronounced in our intermediate and low 268 uptake cell lines.

Bichet et al. 2020



Bichet et al. 2020

271 Figure 4. Cellular uptake of differing phage particle sizes. Real-time microscopy images showing differential uptake of phages based on particle size. One representative cell line from 272 273 each of the three high, intermediate, and low uptake groups were picked. (a) Images were 274 acquired in real-time. Cells were stained with Hoechst 33342 nucleus stain (blue), CellMask 275 plasma membrane stain (magenta) and T4 phages labelled with SYBR-Gold DNA-complexing 276 stain (green). Three cell lines used; A549, HUVEC and BJ, with the three phages; T4, Lambda, 277 and T3. Green gradient shows the qualitative increase in T4 phage uptake shown in Figure 1C. 278 Grey gradient shows qualitative decrease in sizes of phages T4 (90 \times 200 nm), Lambda (60 \times 279 150 nm), and T3 (55 \times 30 nm). Scale bar = 10 μ m. The image shown is the last image at two-280 hour acquisition. (b) Fluorescence intensity of the "phage object" area in normalized grey 281 values quantified from the CellProfiler software of the phage channel fluorescence at the two-282 hour time point (A549 - T4 n = 9; A549 - Lambda n = 3; A549 - T3 n = 6; HUVEC - T4 n = 6; HUVEC - Lambda n = 3; HUVEC - T3 n = 6; BJ - T4 n = 6; BJ - Lambda n = 6; BJ - T3 283 3). Scatter plots show medians over all pixels in FOV marked as cells: error bars represent 95% 284 285 confidence intervals; each point represents one FOV. P-values calculated from a one-way ANOVA (P < 0.0001: ****; P < 0.05: *; ns: non-significant). 286 287

Bichet et al. 2020

Phages rapidly adhere to eukaryotic cells, resulting in inactivation and uptake. We 288 demonstrate that phages have different rates of cellular uptake depending on both cell type and 289 290 the size of phages. Yet whether these phages remained functional, or if they were inactivated 291 by the cellular uptake and trafficking pathways remains unclear. To answer this, we quantified 292 the number intracellular phages using two methods: classic plaque formation unit (PFU) assays 293 and Droplet Digital PCR (ddPCR). Briefly, PFUs allowed us to quantify the number of active 294 or functional phages present within the cells, while ddPCR quantified the absolute number of 295 phage DNA genome copies present in the sample. We evaluated the accuracy of the two techniques with a dilution series of our initial phage sample from 10^9 to 10^2 phages per ml 296 using PFU and ddPCR (Supplemental Fig. 4). Subtracting active phages (PFU) from phage 297 298 DNA genome copies (ddPCR) enabled us to quantify the proportion of phages inactivated or 299 damaged during cellular uptake and trafficking, as these damaged phages are no longer able to 300 infect their bacterial host and therefore will only be detected by ddPCR.

301

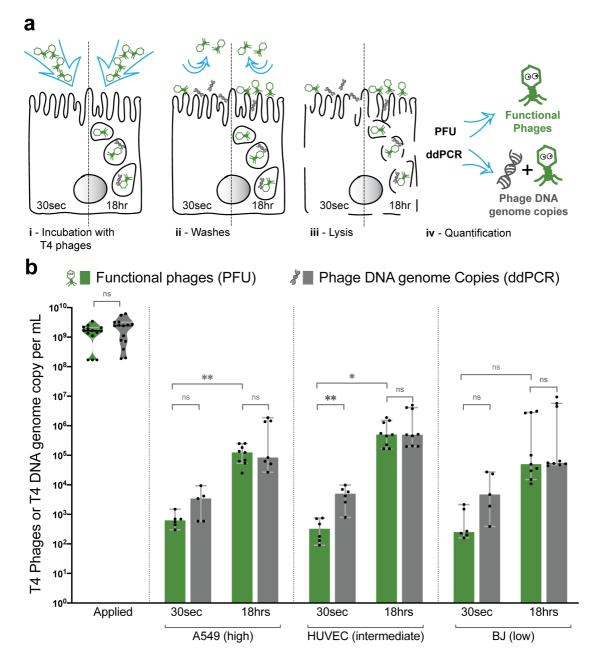
In order to differentiate between intracellular phages and those adhered to the cell surface, we 302 incubated cells with T4 phages ($\sim 10^9$ per ml) for two different periods of time: 30 seconds, 303 304 which is too short for phage internalisation; and 18 hours, to maximise the number of internalised phages. After incubation at each time point, cells were extensively washed to 305 306 remove non-adherent phages, lysed, and phages quantified by both PFU and ddPCR (Fig. 5a). We compared the same representative cell types previously used for high, intermediate, and 307 low uptake cell lines (Fig. 5b). For all three cell lines, we saw between 90 and 2200 active 308 309 phages (PFU) per ml adhered to the cells within 30 second treatment, with a median of 625 310 phages/ml (± 420 SD; n = 6; CV = 60.1%), 325 phages/ml (± 300 SD; n = 6; CV = 76.6%) and 250 phages/ml (\pm 850 SD; n = 6; CV = 114%) for A549, HUVEC and BJ cells, respectively, 311 312 suggesting a small, yet persistent number of phages rapidly adhere to the cell layers. After 18 hours of incubation, we saw a large increase in the number of functional phages associated 313 with the cells, with between 1.1×10^4 to 3.1×10^6 phages per ml accumulating within the three 314 315 cell lines. Looking across the different cell lines, we see the highest accumulation of phages in the intermediate uptake cells, with a median of 5×10^5 phages/ml (± 6.4×10^5 SD; n = 9; CV 316 = 85.7%) followed by the high and low uptake with medians respectively of 1.2×10^5 317 phages/ml ($\pm 8.4 \times 10^4$ SD; n = 9; CV = 65.7%) and 5 × 10⁴ phages/ml ($\pm 1.4 \times 10^6$ SD; n = 9; 318 319 CV = 144.3%), although there were no significant difference between the three cell lines (P > 0.1, ANOVA one way). We note that the BJ cell line, which showed the lowest rate of uptake 320

Bichet et al. 2020

- 321 observed via microscopy (Figure 1), still accumulated active phages over prolonged periods of
- 322 time with non-significant differences of active phages at 18 hours observed with two other cell
- 323 lines (unpaired t-test, two tailed, P > 0.08 with A549 and P > 0.6 with HUVEC).
- 324

325 Surprisingly, when looking at ddPCR results, we see an increase in phage DNA associated with the 30 second treatment in all cell lines, with between 3.9×10^2 and 2.7×10^4 DNA genome 326 copies per ml persisting. When quantifying the inactivated phages at 30 second treatment, 327 328 which was calculated as the difference in DNA genome copies and PFU, we observe between 7×10^1 and 2.7×10^4 inactivated phages per ml. These results suggest that; 1) phages rapidly 329 adhere to eukaryotic cell layers, with a portion of these phages being inactivated, 2) longer 330 331 incubation time allows for adhered phages to be internalised and accumulate inside of the cells, 332 and 3) that the majority of internalised phage particles remain active and stably persist within 333 the cells for up to 18 hours.

Bichet et al. 2020





337 Figure 5. Quantifying adherence and internalisation of phages and their activity. Applied 338 T4 phages were quantified using both traditional plaque assays (PFUs) and Digital Droplet 339 PCR (ddPCR), across three different cell-lines: A549, HUVEC and BJ, representative of the 340 high, intermediate, or low phage uptake. Phages were applied to cells for either 30 seconds as 341 an adherence control, or for 18 hours to saturate phage uptake. (a) Schematic representation of 342 the experiment showing steps taken to obtain the samples with two incubation times: 30 343 seconds or 18 hours. Active or functional phages are represented in green and phage DNA or 344 inactive phages are represented in grey; (i) Incubation of phages with cells, (ii) Extensive 345 washing of cells to remove non-adherent phages, (iii) Chemical and mechanical cell lysis, and (iv) Quantification of the active and total phages via PFU and ddPCR. (b) Active T4 phages in 346 347 green quantified by PFU and in grey the total number of T4 phage DNA genome copies per 348 sample quantified by ddPCR, including both active and inactive phages. Scatter plots show 349 medians of phages or DNA genome copies per mL; error bars represent 95% confidence 350 intervals; each point represents one sample. P-values calculated from an unpaired t-test 351 between each pair (P < 0.001: ***; P < 0.01: **; P < 0.05: *; ns: non-significant).

Bichet et al. 2020

352 Phage inactivation and internalisation influences pharmacokinetics. A key underexplored 353 aspect of phage pharmacokinetics (PK) are the non-specific interactions between phages and 354 the epithelial and endothelial cell layers of the body. To address this, we integrated our experimental data (Fig. 5) with an established PK model for phage administration in a rats (38). 355 356 The model was established from a single-dose PK study performed in healthy rats, following an intravenous bolus of phages. The phage disposition in blood was well characterised using a 357 358 standard three-compartment PK model (38). In order to evaluate the impact of phage 359 inactivation and internalisation by eukaryotic cells on phage distribution, a fourth-compartment 360 was added to the existing model, representing the epi- and endothelial cell layers (Fig. 6a). Deterministic simulations were subsequently performed with the previously estimated PK 361 parameters (38) and the first-order inactivation constant estimated from our in vitro data 362 (ddPCR). Inactivation rate constant was calculated using both the 30 seconds- and 18 hours-363 derived constants, as a representative of both the rapid and prolonged phage accumulation by 364 365 cell layers (Fig. 6b, supplemental data SD2, SD3 and table 5). Deterministic simulations were performed at an IV bolus dose of 10⁹ phages. With the inactivation rate constant calculated 366 367 using 30 second data, complete removal of phages was noted as short as three hours. This is consistent with the 30 second in vitro data, in which rapid inactivation was observed. 368 369 Comparatively, using the inactivation rate constant calculated using the 18 hours data, an initial 370 rapid decay of circulating phages, followed by a longer tail and phage persistence in the blood 371 was observed for up to 32 hours. These two models represent two extremes of rapid and 372 prolonged phage accumulation by cell layers, highlighting the potential impact of these cellular 373 mechanisms on phage disposition. Further studies characterising both the affinity of phage-374 eukaryotic interactions and their influence on PK are needed for better clinical translation. 375

Bichet et al. 2020

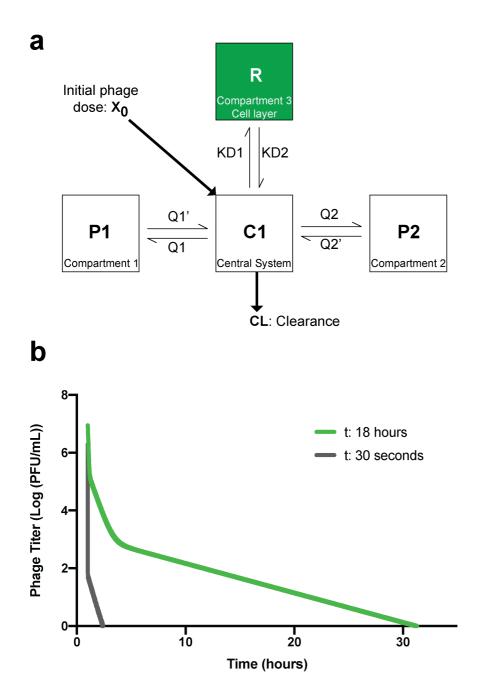


Figure 6. Pharmacokinetic (PK) model of inactivation and internalisation of phages by 378 379 eukaryotic cell layers. Extrapolation of *in vitro* results were fit to a rat model of phage decay 380 at an initial dose of 10^9 phages. (a) Schematic of the standard 3-compartments model with an 381 additional inactivation compartment. X₀, the initial dose of phages and CL phage total body 382 clearance. C1, the central compartment representing the central system (*i.e.*, the blood). P1 and 383 P2 compartments represent various organs or tissues participating in phage decay. R, the new 384 compartment representing in vitro cell layers as a major sink of phages. Q1 and Q2 are 385 intercompartmental clearance one and two, respectively. KD1 is the first order inactivation constant and KD2 is the first order reactivation constant (assumed to be zero in our model). (b) 386 Graph representing the decay of phages per central volume of distribution over time calculated 387 388 with in vitro data using an R model with an integration step of 0.001. First order for the 30 389 seconds graph is of 1511 1/h/rat and for the 18 hours the first order is of 0.44 1/h/rat calculated 390 from the geometric mean of ddPCR data (calculation in supplemental table 5).

Bichet et al. 2020

391 Discussion

392 Phage therapy is one of the more promising solutions in the fight against antibiotic resistance 393 (25). However, the effective use of phages as a treatment against multi-drug resistant bacterial 394 pathogens remains a major challenge to successfully and reproducibly implement. Our 395 understanding of the interactions between bacteriophages and eukaryotic cells may have important implications and impacts for the success of phage therapy. In this article, we 396 397 investigate the interactions between phages and in vitro tissue culture cell layers. We 398 demonstrate that cell type plays a major role in the uptake process of phages, with individual 399 cells taking up phages at different rates, even amongst the same cell types (e.g., epithelial, 400 endothelial, etc.). Uptake rates were validated under shear stress conditions using a 401 microfluidic device that mimics the shear stress to which endothelial cells are exposed to in 402 vivo (61,62), and shown to be comparable with static conditions. Using live cell imaging we 403 show that phages accumulate within cells over time and that smaller phages are internalised at 404 higher rates than larger phages. Phages were found to rapidly adhere to eukaryotic cells, with 405 adherent phages being internalised by macropinocytosis over the following 18 hours of 406 incubation, with functional phages accumulating and stably persisting within the cells. Finally, 407 we incorporate our results into an established pharmacokinetic (PK) model (38), demonstrating 408 the potential impact of phage accumulation by epithelial and endothelial cell layers, which 409 represent an unaccounted sink of phages within the body.

410

The mechanism of non-specific phage uptake by in vitro tissue culture cell lines was previously 411 412 demonstrated to occur via macropinocytosis (8). Cell types have been reported to have differing 413 basal rates of macropinocytosis depending on their function and location within the body (24), 414 thereby influencing their rate of phage uptake. The macropinosome plays further roles in the 415 presentation of antigens for pattern recognition receptors located in other organelles, and in the 416 activation of innate immune responses (63). The fate of phages within the macropinosome is 417 still unknown. It is clear phages accumulate within the macropinosomes over time, but whether 418 they are subsequently degraded by the endosomal/lysosomal system, or recycled and fused 419 back with the plasma membrane remains to be investigated (24). Here we propose that, within 420 seconds, phages rapidly adhere to the eukaryotic cell membrane. Secondly, this adherence 421 leads to an internalisation of phages via non-specific macropinocytosis. Thirdly, this allows for 422 the steady accumulation of phages within the macropinosomes and cell over time. Further 423 research is required to probe the specific mechanisms of phage adherence, uptake, and the 424 cellular mechanisms that govern the trafficking of phages within cells (64,65).

Bichet et al. 2020

425

426 Using three different phages, from different families, with different sizes, we were able to show 427 an effect of phage size on the rate of uptake across three different cell lines. Using real-time 428 microscopy, we demonstrate that the smaller sized phage particles had increased rates of 429 uptake, especially in low uptake cell lines. One hypothesis for the increased uptake of smaller sized phages, may simply be the result of an increased number of particles capable of 430 431 interacting with actin-mediated ruffles associated with of macropinosome formation, thereby 432 leading to a higher number of phages engulfed within each macropinosome (24,66). It is also 433 possible that there is a difference in ruffle size across cell lines leading to a predisposition of 434 some cells to uptake smaller or bigger size phages. A similar relationship between particle size 435 and uptake has been made with nanoparticles, where it was observed that 50 nm size 436 nanoparticles had high rates of uptake, which coincidentally are of similar size as our T3 phages 437 (67–69). It was also shown that the cell type, as well as the particles shape influenced uptake, with disc-shaped particles having higher rates of uptake compared with elongated rod shapes. 438 439 Again, our T3 phage are coincidentally similarly shaped to the disc-shaped particles (70,71), 440 indicating that the shape of phages may play a role in their uptake; a factor that we cannot rule 441 out from our study. It is intriguing to speculate that much of the research into nanoparticle 442 delivery has converged upon parameters analogous with biology's own naturally-occurring 443 nanoparticles; the bacteriophages.

444

We observed, that following the rapid adsorption of phages with in vitro cell culture layers, a 445 446 high proportion of phages were inactivated (Fig. 5b); a phenomenon which has not been 447 previously reported. Our first hypothesis to explain this rapid inactivation is that upon 448 interaction with cell surface features, phages are mechanically triggered to eject their genomes, 449 thereby leading to inactivation (72). This would implicate an increase of phage DNA at the cell 450 surface, which we observed via ddPCR results, along with a concomitant decrease in functional 451 phage particles. Another hypothesis is that the transient and non-specific interactions between the phages and the cell surface features, including glycoproteins, glycolipids, and mucins (73), 452 453 may physically block or impede the phage such that it is unable to access its host bacterial 454 receptor for plaque quantification, thereby only being detected via ddPCR. Finally, this 455 inactivation could be the result of the degradation of the phage capsid due to enzymes, 456 secretions, or cellular products. Though our negative controls show this is unlikely, as there 457 was no effect of spent cell culture media on phage infectivity (Supplemental Fig. 5). At this 458 stage whilst we cannot conclude the specific mechanisms inducing this rapid loss of phage

Bichet et al. 2020

- viability, our results clearly suggest that this rapid inactivation and adsorption to the cell layermay represent a major sink for circulating phages in the body.
- 461

462 During phage therapy, the cells, organs, and systems of the body play an important role in the 463 efficacy of treatment due to their effect on the sequestration of active phages and limiting accessibility to the site of infection (30,31). It has been proposed that the mononuclear 464 465 phagocyte system (MPS) is primarily responsible for the filtering and removal of the phages 466 during phage therapy, with the liver and spleen considered the main organs responsible for 467 filtering circulating phages (43,74,75). Recent case studies of phage pharmacokinetics (PK) 468 following intravenous (IV) administration have shown rapid clearance in both humans and animal models, with over > 99% of phages applied removed from circulation within the first 469 few hours (38,76). In an extensive literature review, Dabrowska 2019 (30) noted that the phage 470 471 titres in the blood immediately following intravenous injection (1-5 minutes) were markedly 472 less than expected hypothetical dilutions. Even when accounting for phage dilutions in the blood or total body volume, phage titres only reached between 0.02% and 0.4% of their 473 474 predicted titres. This suggests that there is significant and rapid uptake of phages by the organs and cells of the MPS, or alternatively, the rapid adherence and inactivation of phages to the 475 476 epi- and endothelial cells lining the circulatory system. All the cell lines used in this study; 477 endothelial, epithelial, macrophages or fibroblast, may be in contact with phages at any time 478 during therapy. Our results demonstrate that phages rapidly adhered to and are subsequently 479 internalised by these cells (Fig. 5b). The model we developed in this article (Fig. 6), whilst 480 preliminary, illustrated the potential impact that cell layers play in the inactivation of phages 481 following their delivery to a patient. We suggest that the cell layers of the body are a major 482 sink for phages and that these interactions have unrecognised impacts on phage PK and therapy. If this mechanism is true, then phage most likely display non-linear PK (in addition to 483 484 non-linear clearance). These results have unrecognised consequences on phage dosing 485 regimens during treatment, implying higher doses and more frequent administrations of phages to patients may be needed in order to reach an optimal phage dose to fight the infection. 486

487

With these new findings on the role of eukaryotic cells in the uptake and inactivation of phages during phage therapy, we hope to help in the design and engineering of treatment for patients and to improve the clinical outcome of phage therapy.

Bichet et al. 2020

491 Materials and methods

492 Bacterial stocks and phage stocks. The bacterial strains used in this study, 493 Escherichia coli B strain HER 1024 and E. coli B strain W3350, were cultured in lysogeny 494 broth (LB) media (10 g tryptone, 5 g yeast extract, 10 g NaCl, in 1 litre of distilled water 495 [dH₂O]) at 37 °C shaking overnight and used to propagate and titre phages T4, T3 and lambda 496 supplemented with 10 mM CaCl₂ and MgSO₄. Phages T4, T3 and lambda were cleaned and 497 purified using the Phage on Tap protocol (PoT) (45) and titred up to a concentration of 498 approximately 10¹⁰ phages per ml. After purification, phages were stored in a final solution of 499 SM Buffer (2.0 g MgSO₄·7H₂O, 5.8 g NaCl, 50 ml of 1M Tris-HCl pH 7.4, dissolve in 1 litre 500 of dH₂O) at 4 °C.

501 Endotoxin removal. For each of the phage samples, endotoxin removal protocol was 502 followed from the Phage on Tap (PoT) protocol (45). Phages lysates were cleaned four times 503 with octanol to remove endotoxins from the lysate.

504 Cell line stocks. Seven cell lines were used in this study, all grown at 37 °C and 5% CO₂ and supplemented with 1% penicillin-streptomycin (Life Technologies Australia Pty. Ltd) 505 506 A549 cells were grown in Ham's F-12K (Kaighn's) (also called F12-K)) (Life Technologies 507 Australia Pty. Ltd) media with 10% Fetal Bovine Serum (FBS) (Life Technologies Australia 508 Pty. Ltd), HUVECs were grown in F12-K media with 20% FBS, HeLa and HT-29 cells were 509 both grown in Dulbecco's Modified Eagle Medium (DMEM) (Life Technologies Australia Pty. 510 Ltd) supplemented with 10% FBS, MDCK-I cells were grown in Modified Eagle Medium 511 (MEM) (Life Technologies Australia Pty. Ltd) with 10% FBS, BJ cells were grown in DMEM 512 media with 10% FBS and 1% sodium pyruvate (Sigma-Aldrich, Australia) and finally the 513 suspension of THP-1 cells were maintained in Roswell Park Memorial Institute (RPMI) 1640 514 media (Life Technologies Australia Pty. Ltd) with 10% FBS. For differentiation, phorbol 12myristate 13-acetate (PMA) (Sigma-Aldrich, Australia) was added to a final concentration of 515 516 25 mM and incubated for 48 hours. After incubation PMA supplemented media was removed 517 and cells were further grown in PMA free media for 24 hours to obtain differentiated 518 macrophages. These differentiated cells were stable for up to one week.

519 **Confocal microscopy.** For confocal microscopy experiment, cells were seeded in an 520 IBIDI μ-Slide 8-well glass-bottom slide (DKSH Australia Pty. Ltd) and grown to 80-90% 521 confluency for acquisition. Cells were treated for 20 min with the respective culture media for 522 each cell line with 5% Hoechst 33342 stain, excitation/emission 361/497 nm (Life 523 Technologies Australia Pty. Ltd) and 1% CellMask deep red plasma membrane stain, 524 excitation/emission 649/666 nm (Life Technologies Australia Pty. Ltd). After incubation cells

Bichet et al. 2020

525 were washed three times with Dulbecco's phosphate-buffered saline (DPBS) 1× and then left 526 in Hank's Balanced Salt Solution (HBSS) with 1% FBS until acquisition. Purified phages were labelled with 1% SYBR-Gold, excitation/emission 495/537 nm (Life Technologies Australia 527 528 Pty. Ltd) for one hour in the dark at 4 °C, followed by three washes with HBSS in Amicon-529 Ultra4 centrifugal unit 100-kDa membrane (Merck Pty. Ltd) to remove excess of stain. The 530 washed phages were resuspended in a final volume of 1 ml in HBSS media. From a 10⁹ phage 531 per ml solution, we added 200 µl per well to the cells under the microscope right before the 532 start of the acquisition. Cells were imaged with HC PL APO 63x/1.40 Oil CS2 oil immersion 533 objective by Leica SP8 confocal microscope on inverted stand with a hybrid detector (HyD) in 534 real time. Excitation used for Hoechst 33342 (blue), SYBR-Gold and CellMask deep red was 535 405, 488 and 638 nm; corresponding emission was recorder at 412-462, 508-545 and 648-694 536 nm detection ranges respectively. HyD detector was used in sequential mode to detect the 537 phages, it increases the sensitivity of detection by acquiring the same image multiple times and 538 accumulating the fluorescence signal. All live cell imaging experiments were completed in 539 triplicate (three fields of view per session). One image was acquired every two minutes for two 540 hours. Each field of view was hand-picked depending on the cell confluency and success of 541 staining. Videos were created through post-processing using the FIJI software version 2.0.0-542 rc-68/1.52f (77). First, the three channels acquired were merged and processed with a Gaussian 543 Blur filter of 0.8. Second, each channel brightness and contrast were enhanced for printing 544 quality. Finally, the time and scale were added to the final movie saved in 12 fps.

545 Quantification of phages in live cell imaging. For each live cell experiment, we 546 quantified cells that contained intracellular green fluorescence as indicative of SYBR-Gold 547 labelled phages. Live cell images were acquired every ten minutes were quantified by manual 548 counting the total number of cells in the field of view and the number of cells with intracellular 549 phages to calculate the percentage of cells containing intracellular phages. Results were plotted 550 using the GraphPad Prism version 8.4.2 for macOS GraphPad Software, San Diego, California 551 USA, www.graphpad.com, to show uptake of phages over time.

552

Clustering analysis. Univariate clustering was performed using the dynamic 553 programming algorithm in the R package Ckmeans.1d.dp (46).

554 Flow conditions in microfluidic chip. A chip mold with 500 µm wide, 350 µm high 555 and 1.3 cm long channels was designed using SolidWorks® 2017. The moulds were 3D-printed 556 using Object Eden360V (Stratasys, USA) with a manufacturer-provided polymer FC720 and 557 surface-salinized in a vacuum desiccator overnight with 20 µl Trichloro(1H,1H,2H,2H-

Bichet et al. 2020

558 perfluorooctyl)silane (Sigma-Aldrich, USA). The microfluidic chips were manufactured via 559 soft-lithography, by casting a 10:1 mixture of Sylgard 184 PDMS and its curing agent (Dowsil, 560 USA) respectively, onto the moulds and were cured at 90 °C until completely solidified (~2 561 hours). The chips were then cut with a surgical knife, gently peeled off, trimmed and their inlet 562 and outlet were punched with 2 mm biopsy punchers (ProSciTech, Australia). Subsequently, 563 the chips were washed in pentane and acetone to remove residual uncured PDMS. Atmospheric 564 plasma generated at 0.65 Torr with high radio frequency was used to bound the PDMS chip to 565 a glass cover slip No. 1.5H (0.170 mm \pm 0.005 mm thickness) optimized for confocal 566 microscopy (Marienfeld), for 20 seconds. The microchannel of the assembled microfluidic device were washed with ethanol (80% v/v)-sterilised, UV-sterilised and pre-treated with 1:50 567 MaxGelTM ECM (Sigma-Aldrich) in cold F12-K media for two hours at 37 °C and 5% CO₂. 568 The microchannel was then washed with F12-K media to remove residual ECM. Schematic 569 570 and picture of the microdevice is included in supplemental Fig. 2. The channel was seeded with 10 μ l of HUVECs at a concentration of 5 \times 10⁵ cells/ml, which were carefully pipetted through 571 572 the in port. The seeded chip was incubated statically for 12 hours to allow cell attachment at 573 37 °C and 5% CO₂. This was followed by perfusing the attached cells with complete media for 574 24 hours at 0.66 ul/min flow rate to establish a confluent cell laver. The cell laver was then 575 perfused with cell culture media supplemented with 20% of FBS for another 24 hr at 8 µl/min 576 to acclimate the cells to the shear stress. Perfusion was mediated by a single-channel syringe 577 pump (New Era Pump Systems, USA) using a 10 ml 21 gauge needled-syringe fitted to Teflon 578 tubes of 1/16" inner diameter and 1/32" outer diameter (Cole-Palmer, USA) that were previously sterilised using ethanol (80% v/v)-sterilised, DPBS and UVs. HUVECs were then 579 580 stained with nucleus stain, Hoechst 33342 (blue), plasma membrane stain, CellMask (magenta) 581 under static conditions for 20 min. T4 phages labelled with DNA-complexing stain, SYBR-582 Gold (green) were then added to the chip under 8 µl/min flow rate for either two or 18 hours. 583 After incubation under flow with the phages, the in and out port of the chips were sealed using sterilized-binder paper clips and the chip placed under the microscope. The images were 584 585 acquired with HC PL APO 63x/1.40 Oil CS2 oil immersion objective on an inverted Leica SP8 586 confocal microscope. A hybrid detector (HyD) was used to visualise phage DNA (excitation/emission 495/537 nm), other channels were acquired with conventional PMT 587 588 detectors for CellMask (excitation/emission 649/666 nm) and for Hoescht 33342 589 (excitation/emission 361/497 nm).

Bichet et al. 2020

590 Image analysis with CellProfiler. To quantify the fluorescence intensity of SYBR-Gold labelled phages (495 nm wavelength), we used a pipeline created in CellProfiler (60) (see 591 592 the pipeline used in supplemental data, SD1), allowing us to measure the pixel grey values as 593 a proxy for fluorescence intensity across the image. First, we segmented regions covered by 594 nuclei by applying the IdentifyPrimaryObjects module to the Hoechst channel image. Second, 595 we defined expanded regions around the nuclei for cytoplasmic measurements using the 596 IdentifySecondaryModule with the parameter Distance-N set to 200. Third, we masked out 597 nuclei regions in the of the nuclei SYBR (phages) channel. This is to exclude fluorescence 598 coming from the cell nuclei due to the leaking of the SYBR dye from the phage capsid to the 599 cell nuclei, which would lead to false positive quantification. Finally, the grey values image 600 intensity in the masked SYBR channel and additional parameters of the secondary objects were 601 measured (Supplemental data SD1). Only a single time point at two hours at each field of view 602 was used for the analysis. The number of images analysed for each condition varied, as manual 603 quality control was applied to exclude out of focus and non-analysable fields of view.

Intracellular phages. For the intracellular phages experiment, cells were plated in T25 604 605 cm² flasks until they reached confluency. For the 18 hours experiment, phages were applied in volumes of 3 ml of media with 10⁹ phages/ml per flask and incubated overnight at 37 °C and 606 5% CO₂. The control flasks were incubated with 3 ml of phage-free media. After the 18 hours 607 608 incubation, control flasks were incubated with the same phage dilution for 30 seconds. The 609 initial dilution for each flask was collected for quantification. Cells were washed three times 610 with 5 ml of $1 \times DPBS$ to remove non-adherent phages. Next, one ml of 0.5% trypsin was added per flask and incubated at 37 °C and 5% CO2 for a few minutes, once cells detached, the 611 612 cells were resuspended in 5 ml of 1 × DPBS and spun at 1500 rpm for three minutes and washed 613 three times with 5 ml $1 \times DPBS$ to remove any non-adherent phages. After the washes, cells 614 were resuspended in 1 ml of lysis buffer (0.5 M EDTA and 1 M Tris at pH 7.5, complete with 615 dH₂O and adjust pH to 8) and left at room temperature for 20 min. After incubation the cells are passed through a 30 G syringe three times to ensure complete cell lysis. The lysis was 616 617 confirmed by looking at the sample under a microscope.

ddPCR setup. Digital Droplet Polymerase Chain Reaction (ddPCR) was performed
 following manufacturer's instructions (Bio-Rad, Australia). A 20 μl reaction was assembled
 with primers, probe, ddPCR Supermix for probe (Bio-Rad, Australia) and sample. The primer
 and probe sequence and PCR parameters are shown in supplemental Table 2 - 4. ddPCR
 reaction mix was then loaded into eight channel disposable droplet generator cartridge (Bio-

Bichet et al. 2020

623 Rad, Australia). 70 µl of droplet generation oil was added to each channel and placed in the Bio-Rad QX200 droplet generator. The droplets were transferred into the deep well 96 well 624 625 plate (Bio-Rad, Australia), using a multichannel pipette. The plate was then sealed using Bio-Rad plate sealer and then placed in a conventional thermocycler and the PCR product was 626 627 amplified (supplemental Table 4). After amplification, the plate was loaded into the droplet reader (Bio-Rad, Australia) to quantify the fluorescent droplets. Analysis of the data was 628 629 performed using the Poisson distribution with QuantaLife software (Bio-Rad, Australia).

630 PFU quantification. The Plaque Forming Unit (PFU) assay was performed using LB 631 agar plates where a thin layer of soft LB agar was mixed with one ml of host bacterial culture and the desired dilution of phages was poured on the agar plate. The plate was incubated over-632 night at 37 °C before counting the number of plaques formed on the bacterial lawn. The results 633 were calculated in PFU. To obtain the number of inactive phages we subtracted PFU numbers 634 635 (active phages) from the ddPCR numbers (total number of phages).

636 Pharmacokinetics Model. A previously developed PK model in healthy rats was utilized to evaluate the impact of phage inactivation on *in vivo* phage disposition (38). An 637 additional compartment was incorporated to describe the inactivation and reactivation of 638 639 phages by the epi- and endothelial cells. The rates of inactivation and reactivation was 640 described by first-order rate constant, KD, and was assumed to be constant over time. The 641 differential equations for phage disposition and inactivation were represented by:

642
$$\frac{dA_{1}(t)}{dt} = -(CL_{T} + Q_{1} + Q_{2})\frac{A_{1}}{V_{1}}(t) + Q_{1}\frac{A_{2}}{V_{2}}(t) + Q_{2}\frac{A_{3}}{V_{3}}(t) - KD_{1}A_{1}(t) + KD_{2}A_{4}(t)$$

$$\frac{dA_{2}(t)}{dt} = Q_{1}\frac{A_{1}}{V_{1}}(t) - Q_{1}\frac{A_{2}}{V_{2}}(t)$$

643

$$\frac{dA_3(t)}{dt} = Q_2 \frac{A_1}{V_1}(t) - Q_2 \frac{A_3}{V_3}(t)$$

 $\frac{dA_4(t)}{dt} = KD_1A_1(t) - KD_2A_4(t)$

644 645

646

$$CL_T = \frac{V_{max}}{K_m + \frac{A_1}{V_1}}$$

647 where

648	Q_1	= inter-compartmental clearance 1 (mL/h/Rat).
649	Q_2	= inter-compartmental clearance 2 (mL/h/Rat).
650	V_1	= Volume of distribution of the central compartment (mL/Rat).
651	V_2	= Volume of distribution of the peripheral compartment 1 (mL/Rat).
652	V_3	= Volume of distribution of the peripheral compartment 2 (mL/Rat).

Bichet et al. 2020

- k_m = Phage titre that produces 50% of the maximal elimination rate of the system (PFU/mL/Rat).
- 654 V_{max} = Maximum elimination rate (PFU/h/Rat).
- KD_1 = Inactivation rate constant (1/h).
- KD_2 = Reactivation rate constant (1/h).

Deterministic was performed using model-predicted median PK parameters in rats without inter-individual variability and random unexplained variability (Supplementary table 5). Inactivation rate constant was determined using the ddPCR results as described in Supplementary table 5. First order for the 30 seconds graph is of 1415 1/h/rat and for the 18 hours the first order is of 0.358 1/h/rat calculated from the ddPCR data. Reactivation rate constant was fixed to 0. Deterministic simulations were performed in R using mrgsolve (version 0.10.4) (38,78).

Bichet et al. 2020

665

666 Authors participation

667 Conceptualization: MCB, JJB; Methodology: MCB, WHC, WR, AO, LAF, CAH, YWL;
668 Formal Analysis: MCB, JJB; Investigation: MCB; Resources: JJB; Writing – Original Draft
669 Preparation: MCB, RP, JJB; Writing – Review and Editing: all authors contributed;
670 Supervision and Funding Acquisition: JJB

- 671
- 672 Funding

Marion C. Bichet was supported by Monash Graduate Scholarship (MGS). This work,
including the efforts of Jeremy J. Barr, was funded by the Australian Research Council DECRA
Fellowship (DE170100525), National Health and Medical Research Council (NHMRC:

- 676 1156588), and the Perpetual Trustees Australia award (2018HIG00007).
- 677

678 Acknowledgements

679 We thank the following labs for kindly providing the cell lines; Hudson Institute of Medical 680 Research and the Oncogenic Signalling Lab for providing the A549 cell line; the Nucleic Acids and Innate Immunity Research Group for providing the HT29 and BJ cell lines; the University 681 682 of Melbourne and the Obstetrics, Nutrition and Endocrinology Group for providing the 683 HUVECs; Monash University and the Moseley Laboratory for providing the HeLa cell line. 684 We thank the following facilities for kindly providing equipment and guidance; Monash Micro Imaging facility for help with microscopy acquisition, Monash School of Engineering for 685 686 providing support in the fabrication of microfluidic devices, and Department of Biochemistry & Molecular Biology (Monash Biomedicine Discovery Institute) Imaging Facility for 687 688 providing access to the ddPCR equipment. This work was performed in part at the Melbourne 689 Centre for Nanofabrication (MCN) in the Victorian Node of the Australian National 690 Fabrication Facility (ANFF).

692		
693	Refe	rences:
694		
695	1.	Rohwer F, Segall AM. In retrospect: A century of phage lessons. Nature.
696		2015;528(7580):46–8.
697	2.	Hatfull GF. Dark Matter of the Biosphere: the Amazing World of Bacteriophage
698		Diversity. J Virol. 2015 Aug;89(16):8107–10.
699	3.	Rohwer F. Global phage diversity. Cell Press. 2003;113:141.
700	4.	Clokie MRJ, Millard AD, Letarov A V, Heaphy S. Phages in nature. Bacteriophage.
701		2011;1(1):31-45.
702	5.	Breitbart M, Hewson I, Felts B, Mahaffy JM, Nulton J, Salamon P, et al. Metagenomic
703		Analyses of an Uncultured Viral Community from Human Feces. J Bacteriol.
704		2003;185(20):6220–3.
705	6.	Manrique P, Bolduc B, Walk ST, Van Der Oost J, De Vos WM, Young MJ. Healthy
706		human gut phageome. Proc Natl Acad Sci. 2016;113(37):10400-5.
707	7.	Shkoporov AN, Hill C. Bacteriophages of the Human Gut: The "Known Unknown" of
708		the Microbiome. Cell Host and Microbe. 2019;Elsevier 25:195–209.
709	8.	Nguyen S, Baker K, Padman BS, Patwa R, Dunstan RA, Weston TA, et al.
710		Bacteriophage transcytosis provides a mechanism to cross epithelial cell layers. MBio.
711		2017;8(6).
712	9.	Sender R, Fuchs S, Milo R. Are We Really Vastly Outnumbered? Revisiting the Ratio
713		of Bacterial to Host Cells in Humans. Cell. 2016; Cell Press;164:337-40.
714	10.	Barr JJ. A bacteriophages journey through the human body. Immunol Rev.
715		2017;279(1):106–22.
716	11.	Górski A, Wazna E, Dąbrowska BW, Dąbrowska K, Świtała-Jeleń K, Międzybrodzki
717		R. Bacteriophage translocation. FEMS Immunol Med Microbiol. 2006;46(3):313-9.
718	12.	Ghose C, Ly M, Schwanemann LK, Shin JH, Atab K, Barr JJ, et al. The Virome of
719		Cerebrospinal Fluid: Viruses Where We Once Thought There Were None. Front
720		Microbiol. 2019 Sep;10.
721	13.	Międzybrodzki R, Kłak M, Jonczyk-Matysiak E, Bubak B, Wójcik A, Kaszowska M,
722		et al. Means to facilitate the overcoming of gastric juice barrier by a therapeutic
723		staphylococcal bacteriophage A5/80. Front Microbiol. 2017 Mar;8:1-11.
724	14.	Geier MR, Trigg ME, Merril CR. Fate of bacteriophage lambda in Non-immune germ-

725		free mice. Nature. 1973;246(5430):221-3.
726	15.	Huh H, Wong S, St. Jean J, Slavcev R. Bacteriophage interactions with mammalian
727		tissue: Therapeutic applications. Adv Drug Deliv Rev. 2019;145:4–17.
728	16.	Dabrowska K, Switała-Jelen K, Opolski A, Weber-Dabrowska B, Gorski A. A review:
729		Bacteriophage penetration in vertebrates. J Appl Microbiol. 2005;98(1):7-13.
730	17.	Dor-On E, Solomon B. Targeting glioblastoma via intranasal administration of Ff
731		bacteriophages. Front Microbiol. 2015;6.
732	18.	Srivastava AS, Chauhan DP, Carrier E. In utero detection of T7 phage after systemic
733		administration to pregnant mice. BioTechniques. 2004; 37.
734	19.	Gorski A, Dabrowska K, Switala-Jele K, Nowaczyk M, Weber-Dabrowska B,
735		Boratynski J, et al. New insights into the possible role of bacteriophages in host
736		defense and disease. Med Immunol. 2003 Feb;2:2.
737	20.	Karimi M, Mirshekari H, Moosavi Basri SM, Bahrami S, Moghoofei M, Hamblin MR.
738		Bacteriophages and phage-inspired nanocarriers for targeted delivery of therapeutic
739		cargos. Adv Drug Deliv Rev. 2016;106:45–62.
740	21.	Handley SA, Thackray LB, Zhao G, Presti R, Miller AD, Droit L, et al. Pathogenic
741		simian immunodeficiency virus infection is associated with expansion of the enteric
742		virome. Cell. 2012;151(2):253-66.
743	22.	Lehti TA, Pajunen MI, Skog MS, Finne J. Internalization of a polysialic acid-binding
744		Escherichia coli bacteriophage into eukaryotic neuroblastoma cells. Nat Commun.
745		2017;8(1).
746	23.	Tao P, Mahalingam M, Marasa BS, Zhang Z, Chopra AK, Rao VB. In vitro and in
747		vivo delivery of genes and proteins using the bacteriophage T4 DNA packaging
748		machine. Proc Natl Acad Sci. 2013 Apr;110(15):5846-51.
749	24.	Kerr MC, Teasdale RD. Defining Macropinocytosis. Traffic. 2009 Apr;10(4):364-71.
750	25.	Gordillo Altamirano FL, Barr JJ. Phage Therapy in the Postantibiotic Era. Clin
751		Microbiol Rev. 2019;32(2):1–25.
752	26.	Merril CR, Scholl D, Adhya SL. The prospect for bacteriophage therapy in Western
753		medicine. Nat Rev Drug Discov. 2003 Jun;2(6):489-97.
754	27.	Kutter E, De Vos D, Gvasalia G, Alavidze Z, Gogokhia L, Kuhl S, et al. Phage
755		Therapy in Clinical Practice: Treatment of Human Infections. Curr Pharm Biotechnol.
756		2010 Feb;11(1):69–86.
757	28.	Abedon ST, Kuhl SJ, Blasdel BG, Kutter EM. Phage treatment of human infections.

758		Bacteriophage. 2011;1(2):66-85.
759	29.	Matsuzaki S, Uchiyama J. Phage Pharmacokinetics: Relationship with Administration
760		Route. In: Phage Therapy: A Practical Approach. Springer International Publishing.
761		2019;43–57.
762	30.	Dąbrowska K. Phage therapy: What factors shape phage pharmacokinetics and
763		bioavailability? Systematic and critical review. 2019;Med Res Rev 39(5):2000-25.
764	31.	Dąbrowska K, Abedon ST. Pharmacologically Aware Phage Therapy:
765		Pharmacodynamic and Pharmacokinetic Obstacles to Phage Antibacterial Action in
766		Animal and Human Bodies. Microbiol Mol Biol Rev. 2019;83(4):1–25.
767	32.	Payne RJH, Jansen VAA. Understanding bacteriophage therapy as a density-dependent
768		kinetic process. J Theor Biol. 2001 Jan;208(1):37-48.
769	33.	Payne RJH, Jansen VAA. Phage therapy: The peculiar kinetics of self-replicating
770		pharmaceuticals. Clinical Pharmacology and Therapeutics. 2000;68:225-30.
771	34.	Hoffmann M. Animal Experiments on Mucosal Passage and Absorption Viraemia of
772		T3 Phages after Oral, Trachéal and Rectal Administration. Zentralblatt fur Bakteriol
773		Parasitenkunde, Infekt und Hyg. 1965;198(4):371–90.
774	35.	Hildebrand GJ, Wolochow H. Translocation of Bacteriophage Across the Intestinal
775		Wall of the Rat. Exp Biol Med. 1962 Jan;109(1):183-5.
776	36.	Keller R, Engley FB. Fate of Bacteriophage Particles Introduced into Mice by Various
777		Routes. Exp Biol Med. 1958 Jul;98(3):577-80.
778	37.	Sweere JM, Belleghem JD Van, Ishak H, Bach MS, Popescu M, Sunkari V, et al. of
779		bacterial infection. 2019 Mar;9691.
780	38.	Lin Y-W, Kyung Chang RY, Rao GG, Jermain B, Han M-L, Zhao J, et al.
781		Pharmacokinetics/pharmacodynamics of antipseudomonal bacteriophage therapy in
782		rats: A Proof-of-Concept study. Clin Microbiol Infect. 2020 May.
783	39.	Doub JB, Ng VY, Johnson AJ, Slomka M, Fackler J, Horne B, et al. Salvage
784		Bacteriophage Therapy for a Chronic MRSA Prosthetic Joint Infection. Antibiotics.
785		2020;9:241.
786	40.	Hodyra-Stefaniak K, Lahutta K, Majewska J, Kaźmierczak Z, Lecion D, Harhala M, et
787		al. Bacteriophages engineered to display foreign peptides may become short-
788		circulating phages. Microb Biotechnol. 2019 Jul;12(4):730-41.
789	41.	Carroll-Portillo A, Lin HC. Bacteriophage and the innate immune system: Access and
790		signaling. Microorganisms. 2019;7(12):1–11.

791	42.	Van Belleghem JD, Dąbrowska K, Vaneechoutte M, Barr JJ, Bollyky PL. Interactions
792		between bacteriophage, bacteria, and the mammalian immune system. Viruses. 2019
793		Jan;11(1).
794	43.	Hodyra-Stefaniak K, Miernikiewicz P, Drapała J, Drab M, Jonczyk-Matysiak E,
795		Lecion D, et al. Mammalian Host-Versus-Phage immune response determines phage
796		fate in vivo. Sci Rep. 2015 Oct;5(1):1-13.
797	44.	Sweere JM, Van Belleghem JD, Ishak H, Bach MS, Popescu M, Sunkari V, et al.
798		Bacteriophage trigger antiviral immunity and prevent clearance of bacterial infection.
799		Science. 2019 Mar;363(6434).
800	45.	Bonilla N, Rojas MI, Netto Flores Cruz G, Hung S-H, Rohwer F, Barr JJ. Phage on
801		tap-a quick and efficient protocol for the preparation of bacteriophage laboratory
802		stocks. PeerJ. 2016;4:e2261.
803	46.	Wang H, Song M. Ckmeans.1d.dp: Optimal k-means clustering in one dimension by
804		dynamic programming. R J. 2011;3(2):29-33.
805	47.	Kim HJ, Li H, Collins JJ, Ingber DE. Contributions of microbiome and mechanical
806		deformation to intestinal bacterial overgrowth and inflammation in a human gut-on-a-
807		chip. Proc Natl Acad Sci. 2016;113(1):e7-15.
808	48.	Kim HJ, Huh D, Hamilton G, Ingber DE. Human Gut-on-a-Chip inhabited by
809		microbial flora that experiences intestinal peristalsis-like motions and flow. R Soc
810		Chem. 2012;12:2165–74.
811	49.	Navabi N, McGuckin MA, Linden SK. Gastrointestinal Cell Lines Form Polarized
812		Epithelia with an Adherent Mucus Layer when Cultured in Semi-Wet Interfaces with
813		Mechanical Stimulation. PLoS One. 2013;8(7).
814	50.	Kim L, Toh YC, Voldman J, Yu H. A practical guide to microfluidic perfusion culture
815		of adherent mammalian cells. Lab Chip. 2007;7(6):681–94.
816	51.	Thuenauer R, Rodriguez-Boulan E, Rümer W. Microfluidic approaches for epithelial
817		cell layer culture and characterisation. Analyst. 2014;139(13):3206-18.
818	52.	Son Y. Determination of shear viscosity and shear rate from pressure drop and flow
819		rate relationship in a rectangular channel. Polymer (Guildf). 2007 Jan;48(2):632-7.
820	53.	Chin WH, Barr JJ. Phage research in 'organ-on-chip' devices. Microbiol Aust. 2019
821		Mar.
822	54.	Barr JJ, Auro R, Sam-Soon N, Kassegne S, Peters G, Bonilla N, et al. Subdiffusive
823		motion of bacteriophage in mucosal surfaces increases the frequency of bacterial

824		encounters. Proc Natl Acad Sci. 2015;112(44):13675-80.
825	55.	Yum K, Hong SG, Healy KE, Lee LP. Physiologically relevant organs on chips.
826	55.	Biotechnol J. 2014 Jan;9(1):16–27.
827	56.	Wang C, Lu H, Alexander Schwartz M. A novel in vitro flow system for changing
827	50.	flow direction on endothelial cells. J Biomech. 2012;45(7):1212–8.
829	57.	Abaci HE, Shen YI, Tan S, Gerecht S. Recapitulating physiological and pathological
829	57.	shear stress and oxygen to model vasculature in health and disease. Sci Rep. 2014
830		May;4(1):1–9.
832	58.	Park JY, White JB, Walker N, Kuo CH, Cha W, Meyerhoff ME, et al. Responses of
833	50.	endothelial cells to extremely slow flows. Biomicrofluidics. 2011 Jun;5(2):022211.
834	59.	Davies PF, Spaan JA, Krams R. Shear stress biology of the endothelium. Ann Biomed
835	57.	Eng. 2005 Dec;33:1714–8.
836	60.	McQuin C, Goodman A, Chernyshev V, Kamentsky L, Cimini BA, Karhohs KW, et
837	00.	al. CellProfiler 3.0: Next-generation image processing for biology. PLoS Biol. 2018;
838	61.	Hosta-Rigau L, Städler B. Shear stress and its effect on the interaction of myoblast
839	01.	cells with nanosized drug delivery vehicles. Mol Pharm. 2013 Jul;10(7):2707–12.
840	62.	Han J, Zern BJ, Shuvaev V V., Davies PF, Muro S, Muzykantov V. Acute and chronic
841	02.	shear stress differently regulate endothelial internalization of nanocarriers targeted to
842		platelet-endothelial cell adhesion molecule-1. ACS Nano. 2012 Oct;6(10):8824–36.
843	63.	Canton J. Macropinocytosis: New Insights Into Its Underappreciated Role in Innate
844		Immune Cell Surveillance. Front Immunol. 2018;9:2286.
845	64.	Talman L, Agmon E, Peirce SM, Covert MW. Multiscale models of infection. Vol. 11,
846		Current Opinion in Biomedical Engineering. 2019;Elsevier 11:102–8.
847	65.	Bodner K, Melkonian AL, Barth AIM, Kudo T, Tanouchi Y, Covert MW. Engineered
848		Fluorescent E. coli Lysogens Allow Live-Cell Imaging of Functional Prophage
849		Induction Triggered inside Macrophages. Cell Syst. 2020;10(3):254-264.
850	66.	Swanson JA, Watts C. Macropinocytosis. Trends in Cell Biology. 1995;Elsevier
851		Current Trends 5:424–8.
852	67.	Lu F, Wu S-H, Hung Y, Mou C-Y. Size Effect on Cell Uptake in Well-Suspended,
853		Uniform Mesoporous Silica Nanoparticles. Small. 2009; 5(12):1408–13.
854	68.	Yin Win K, Feng SS. Effects of particle size and surface coating on cellular uptake of
855		polymeric nanoparticles for oral delivery of anticancer drugs. Biomaterials. 2005;
856		26(15):2713–22.

Bichet et al. 2020

857	69.	Zhu J, Liao L, Zhu L, Zhang P, Guo K, Kong J, et al. Size-dependent cellular uptake
858		efficiency, mechanism, and cytotoxicity of silica nanoparticles toward HeLa cells.
859		Talanta. 2013;107:408–15.
860	70.	Agarwal R, Singh V, Jurney P, Shi L, Sreenivasan S V., Roy K. Mammalian cells
861		preferentially internalize hydrogel nanodiscs over nanorods and use shape-specific
862		uptake mechanisms. Proc Natl Acad Sci. 2013 Oct;110(43):17247-52.
863	71.	Hsiao I-L, Gramatke AM, Joksimovic R, Sokolowski M, Gradzielski M, Haase A. Size
864		and Cell Type Dependent Uptake of Silica Nanoparticles. J Nanomed Nanotechnol.
865		2014;05(06).
866	72.	Kellermayer MSZ, Vörös Z, Csík G, Herényi L. Forced phage uncorking: viral DNA
867		ejection triggered by a mechanically sensitive switch. Nanoscale. 2018;10:1898.
868	73.	Barr JJ, Auro R, Furlan M, Whiteson KL, Erb ML, Pogliano J, et al. Bacteriophage
869		adhering to mucus provide a non-host-derived immunity. Proc Natl Acad Sci.
870		2013;110(26):10771–6.
871	74.	Geier MR, Trigg ME, Merril CR. Fate of bacteriophage lambda in Non-immune germ-
872		free mice. Nature. 1973;246(5430):221-3.
873	75.	Merril CR, Biswas B, Carlton R, Jensen NC, Creed GJ, Zullo S, et al. Long-circulating
874		bacteriophage as antibacterial agents. Proc Natl Acad Sci. 1996 Apr;93(8):3188-92.
875	76.	Schooley RT, Biswas B, Gill JJ, Hernandez-Morales A, Lancaster J, Lessor L, et al.
876		Development and use of personalized bacteriophage-based therapeutic cocktails to
877		treat a patient with a disseminated resistant Acinetobacter baumannii infection.
878		Antimicrob Agents Chemother. 2017;61(10):1-14.
879	77.	Schindelin J, Arganda-Carreras I, Frise E, Kaynig V, Longair M, Pietzsch T, et al. Fiji:
880		an open-source platform for biological-image analysis. Nat Methods. 2012;9(7).
881	78.	Bunn A, Korpela M. A dendrochronology program library in R (dplR).
882		Dendrochronologia. 2018 Jul;26(2):115-24.
002		