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3	Gut metabolites influence susceptibility of neonatal mice to cryptosporidiosis.
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#### 26 Abstract

27 The protozoan parasite Cryptosporidium is a leading cause of diarrheal disease in those with 28 compromised or under-developed immune systems, particularly infants and toddlers in resource-poor 29 localities. As an enteric pathogen, Cryptosporidium invades the apical surface of intestinal epithelial 30 cells, where it resides in close proximity to metabolites in the intestinal lumen. However, the effect of 31 gut metabolites on susceptibility to Cryptosporidium infection remains largely unstudied. Here, we first 32 identified which gut metabolites are prevalent in neonatal mice when they are most susceptible to 33 Cryptosporidium parvum infection, and then tested the isolated effects of these metabolites on C. 34 *parvum* invasion and growth. Our findings demonstrate that medium or long-chain saturated fatty acids 35 inhibit C. parvum growth, while long-chain unsaturated fatty acids enhance C. parvum invasion. The 36 influence of these two classes of metabolites on C. parvum infection likely reflects the streamlined 37 metabolism in *C. parvum*, which is unable to synthesize fatty acids. Hence, gut metabolites, either from 38 diet or produced by the microbiota, play an important role in the early susceptibility to cryptosporidiosis 39 seen in young animals.

40

#### 41 Importance

42 Cryptosporidium occupies a unique intracellular niche that exposes the parasite to both host cell 43 contents and the intestinal lumen, including metabolites from the diet and produced by the microbiota. Both dietary and microbial products change over the course of early development, and could contribute 44 45 to the changes seen in susceptibility to cryptosporidiosis in humans and mice. Consistent with this model, we show that the immature gut metabolome influenced growth of *C. parvum in vitro* and may 46 47 increase susceptibility to infection in young mice. Interestingly, metabolites that significantly altered 48 parasite growth were fatty acids, a class of molecules that *Cryptosporidium* is unable to synthesize de 49 novo. The enhancing effects of polyunsaturated fatty acids and the inhibitory effects of saturated fatty 50 acids provide further insight into reliance on fatty acid salvage and metabolism of this enteric parasite.

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## 52 Main

53 *Cryptosporidium* has gained notoriety in recent years due to its surprising prevalence as a major 54 enteric diarrheal pathogen in children under two years of age in Africa and South East Asia(1, 2). The 55 parasite is transmitted by a direct oral-fecal route, often through the ingestion of environmentally 56 resistant oocysts in contaminated water supplies(3). Cryptosporidiosis in humans is primarily caused by 57 two species: *Cryptosporidium parvum* infects a wide variety of domestic livestock and is transferred to

humans as a zoonotic infection, although some subtypes are known to circulate more directly between
 humans(4, 5). By contrast, *C. hominis* is almost exclusively transmitted human-to-human(5, 6).

Treatment options for cryptosporidiosis are very limited as the only FDA-approved drug, nitazoxanide, is
 ineffective in immunocompromised patients and not approved for use in children(7).

62 Numerous studies demonstrate that neonatal animals are highly susceptible to Cryptosporidium and 63 that resistance to infection increases with age in mice(8), dairy calves(9), and humans(1, 2). In fact, the Global Enteric Multicenter Study (GEMS) found that, in developing countries, Cryptosporidium was the 64 65 second leading cause of diarrheal episodes in infants (0-11 months of age), the third leading cause in 66 toddlers (12 – 23 months of age) and nearly absent in children two years and older(1, 2). Why neonatal 67 animals are particularly susceptible to the parasite, and what causes them to become resistant as they 68 age, is not well understood but could result from changes in immune system, microbiota, or diet, all of 69 which change dramatically in early life.

70 Interestingly, the increase in resistance to Cryptosporidium infection correlates with time of 71 weaning, when drastic shifts in the diversity and composition of the gut microbiota occur in both 72 neonatal mice and human infants(10, 11). As enteric pathogens, *Cryptosporidium* primarily infect the 73 apical end of small intestinal enterocytes, where they are enveloped by host membranes but remain 74 extra-cytoplasmic (12, 13). Protrusion of the parasite-containing vacuole into the intestinal lumenal 75 space places them near the mucosal layers and associated gut microbiota. In fact, several studies have 76 shown that C. parvum infection alters the microbiota of mice(14, 15), and treatment with a probiotic 77 enhanced C. parvum infection, presumably by altering the microbiota(16). Furthermore, loss of the 78 microbiota in gnotobiotic and antibiotics-treated adult mice results in an increased susceptibility to 79 Cryptosporidium infection(17), indicating that a diverse, mature microbiota provides a protective effect 80 against Cryptosporidium. A recent study comparing different antibiotics revealed that cloxacilin 81 treatment of mice induced changes in the microbiota and altered metabolites with increased 82 susceptibility (18).

Since *Cryptosporidium* spends most of its life cycle inside a host cell, interactions between the
 parasite and the microbiota are likely mediated through metabolites in the intestinal lumenal space.
 Consistent with this idea, one study showed that high levels of fecal indole, a microbial metabolite,
 protected human volunteers from infection by *C. hominis* as monitored by oocysts shedding(19). While
 indole appears to inhibit the parasite, it is possible that other gut metabolites may promote
 *Cryptosporidium* growth. The genomes of *C. parvum*(20) and *C. hominis*(21) are highly streamlined, with
 the loss of many metabolic pathways and the expansion of transporters(22); hence, they must acquire

many basic nutrients from their host or surrounding environs. It is possible that metabolites highly
enriched in the neonatal gut, either derived from diet or the microbiota, are beneficial to the parasite
and that the transition from milk to solid food, which is accompanied by changes in the microbiota,
deprives *Cryptosporidium* of an essential nutrient.

In the present study, we undertook a systematic study of the changes in susceptibility of neonatal
mice and the correlated change in the collective metabolites found in the lumen of the gut on the
growth of *C. parvum*. Our findings reflect both enhancing and inhibitor activities of metabolites,

97 indicating that gut metabolites influence susceptibility to infection during early development.

98

## 99 Results

## 100 Age-dependent susceptibility to *C. parvum* in a neonatal mouse model of cryptosporidiosis

101 To identify gut metabolites that may facilitate *Cryptosporidium* infection, we first determined the 102 critical window of susceptibility to C. parvum in a neonatal mouse model of cryptosporidiosis. Four 103 groups of ten pups each were reared simultaneously, and a subset of pups was infected each week with 104 5 x 10<sup>4</sup> C. parvum oocysts (Fig. 1a, Supplementary Fig. 1). After five days of infection, the number of C. 105 parvum genome equivalents in whole intestines was measured using quantitative PCR (qPCR) and 106 normalized to the initial weight of the intestinal sample (Fig. 1b). Mice infected at one week of age had 107 the highest number of *C. parvum* per gram of intestine, while parasite numbers dropped 10-fold in mice 108 infected at two-weeks old (Fig. 1b). Mice inoculated at 3-weeks-old had the sharpest decline in C. parvum infection, with five orders of magnitude less C. parvum per gram of intestine than 1-week-old 109 110 mice (Fig. 1b). Infection levels remained consistently lower for mice infected at 4, 5 and 6 weeks of age 111 (Fig. 1b), indicating that mice are most susceptible to *C. parvum* infection within the first two weeks of 112 life and experience a drastic reduction in parasite load when infected after this brief window of 113 susceptibility.

114 To verify the course of age-dependent gut microbiome maturation in our model, we collected cecal 115 contents from uninfected mice at timepoints when they are most susceptible (1 and 2 weeks of age) or 116 relatively resistant (3 and 6 weeks of age) to infection (Fig. 1a, Supplementary Fig. 1) and performed 16s 117 ribosomal RNA sequencing analysis. This analysis revealed drastic changes in the taxonomic composition of microbiota as the mice aged (Fig. 1c), similar to observations of previous studies in neonatal mice (10, 118 119 23-25). The microbial communities from 1-week-old mice were the least diverse of all four age groups 120 (Supplementary Fig. 2a) and were dominated by facultative anaerobes from the Actinobacillus, 121 Lactobacillus, and Escherichia genera (Fig. 1c, Supplementary Fig. 2b,c). By two weeks of age, the

microbiota had transitioned to mostly strict anaerobes including Bacteroides, Parabacteroides, and Clostridium (Fig. 1c). In samples from 3-week and 6-week-old mice, Clostridium remained a significant fraction of the microbiota, while the relative abundances of Bacteroides and Parabacteroides decreased with a concurrent rise of the Blautia and Mucispirillum genera (Fig. 1c, Supplementary Fig. 2b,c). When all four age groups were analyzed together, a PCoA plot of weighted Unifrac distances shows distinct clusters for 1- and 2-week-old samples, while samples from 3- and 6-week-old mice overlap (Fig. 2a).

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## 129 Changes in luminal metabolite composition over the first six weeks of life

130 To identify metabolites that could influence susceptibility to C. parvum infection, we collected small 131 intestine luminal flush samples from the same mice as the microbiome analysis and quantified 132 metabolites present using gas chromatography time-of-flight mass spectrometry (GC-TOF MS). A PCA 133 plot of metabolite similarities between all samples revealed a similar pattern as the microbiome Unifrac 134 analysis: metabolites from 1- and 2-week-old mice formed independent clusters, while those from 3-135 and 6-week-old mice were interspersed (Fig. 2b). Hierarchical clustering of the 30 metabolites with the 136 lowest FDR-corrected p-values by one-way ANOVA revealed a strong enrichment of fatty acids and their 137 glycerol esters (e.g., myristic acid and monomyristin; palmitic acid and monopalmitin) in 1-week samples 138 only (Fig. 2c). In contrast, several metabolites, such as 3-hydroxybutric acid, UDP-N-acetylglucosamine 139 and glucose-6-phosphate, were enriched in the first two weeks of life but decreased by three weeks. As 140 expected given their overlapping PCA clusters (Fig. 2b), 3-week and 6-week samples were mostly 141 enriched for the same metabolites (Fig. 2c) when compared to earlier timepoints. However, sugar 142 alcohols such as erythritol, xylitol and lyxitol were generally more abundant at 3-weeks than at 6-weeks, 143 while amino acids uracil and glutamic acid and bile acids (cholic and deoxycholic acid) were highest at 6-144 weeks (Fig. 2c). 145 A similar, but not identical, pattern emerged when Pearson's correlation was used to find the top 30

metabolites whose abundances changed linearly over time (i.e., were either positively or negatively correlated with age) (Fig. 2d). The same fatty acids and their glycerol esters that were enriched in 1week-old samples (Fig. 2c) were negatively correlated with age, with the addition of docosahexaenoic acid and lignoceric acid (Fig. 2d). Similarly, many of the metabolites enriched at the two later timepoints were positively correlated with age, with the cholic and deoxycholic bile acids having the strongest correlation (Fig. 2d).

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## 153 Screening for effects of neonatal metabolites on C. parvum growth in vitro

154 To determine if any of the metabolites negatively correlated with age (i.e., highest in 1-week-old 155 samples) were sufficient to enhance C. parvum infection, we screened 43 metabolites for their effect on 156 C. parvum growth in an HCT-8 human adenocarcinoma cell line (Table S1). All metabolites with a 157 negative correlation with age (i.e. Pearson test) with an FDR-corrected P value < 0.05 were included in 158 the screen except for those that proved insoluble or were not readily available for purchase. We also 159 excluded metabolites associated with the microbiota of adult mice that were identified in a previous 160 study comparing germ-free to recolonized mice (26). C. parvum growth was quantified using an image-161 based assay in which C. parvum oocysts were added with a single metabolite to HCT-8 cells plated in a 162 96-well format. After 24 hr of incubation, fixed cells were labeled with Pan-Cp, a polyclonal antibody 163 that recognizes all stages of C. parvum (27), and stained with Hoechst 33342 to visualize host nuclei. The 164 number of *C. parvum* and host nuclei in each well were quantified by an automated imaging platform 165 and normalized to DMSO-treated control wells. Most metabolites were screened at 0.5 mM, but several 166 metabolites required lower concentrations (either 0.1 mM or 0.02 mM) to avoid host toxicity issues (Fig. 167 3).

168 Out of the 43 metabolites screened, seven significantly inhibited *C. parvum* growth, while 15 169 significantly enhanced C. parvum infection compared to the DMSO control (Fig. 3). Interestingly, all of 170 the inhibitory metabolites were medium- or long-chain saturated fatty acids and/or their glycerol esters: 171 capric acid (C10:0); lauric acid (C12:0); myristic acid (C14:0) and monomyristin; palmitic acid (C16:0) and 1-monopalmitin; and 1-monostearin (C18:0). Not all saturated fatty acids were inhibitory: most had no 172 173 effect and two, pentadecanoic acid (C15:0) and behenic acid (C22:0), modestly enhanced C. parvum 174 growth. However, the three most potent enhancers (1.3 - 1.4X growth) were omega-3 or omega-6 175 polyunsaturated fatty acids: docosahexaenoic acid (DHA, C22:6), linolenic acid (LnA, C18:3) and linoleic 176 acid (LA, C18:2). All the inhibitors and the most effective enhancers (DHA, LA, and LnA) fall within the 177 top 20 metabolites when ranked based on their abundance fold change from week 1 to week 3 (Fig. 3a). 178 When ranked by abundance at week 1, LA and LnA remain in the top 20 metabolites along with all 179 inhibitors except for 1-monostearin (Fig. 3b). Thus, metabolites may have both protective and 180 detrimental effects on susceptibility to *C. parvum* infection in the neonatal gut.

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182 Effects of omega-3 and omega-6 polyunsaturated fatty acids on *C. parvum* growth and invasion

Because the most potent enhancers in our screen were all omega-3 or omega-6 polyunsaturated fatty acids, we investigated whether other members of the omega-3 and omega-6 fatty acid families could positively affect *C. parvum* growth. Indeed, omega-3 eicosapentaenoic acid (EPA, C20:5) and

omega-6 arachidonic acid (AA, C20:4) significantly enhanced C. parvum growth to the same extent as 186 187 DHA, LA and LnA in a 24 hr growth assay (Fig. 4a), indicating that these two classes of fatty acids have a 188 general positive effect on C. parvum infection. To investigate whether omega-3 and omega-6 fatty acids 189 affect invasion efficiency of C. parvum, we infected HCT-8 cells with filtered sporozoites and treated 190 with either DHA, LA, or LnA during a 2.5 hr invasion period. Cells were then extensively washed before 191 fixing, staining, and imaging as described above. All three metabolites significantly increased the number 192 of *C. parvum* present in the wells compared to the DMSO control, with LA and LnA having a slightly 193 stronger effect than DHA (Fig. 4b). In contrast, parasite numbers did not significantly increase in HCT-8 194 cells that had been pretreated with DHA, LA, or LnA for 2 hr before infection with filtered sporozoites 195 (Fig. 4b). This suggests that the fatty acids may be directly facilitating sporozoite adhesion or invasion to 196 host cells, rather than acting through a host signaling pathway to "prime" the cells for invasion.

To determine if the effects of metabolites on parasite growth may be time dependent, samples 197 198 infected with filtered sporozoites were treated with LA, LnA, or DHA either during invasion (0-2.5 hours 199 post-infection (hpi)), after invasion (2.5-24 hpi), or for the duration of the experiment (0-24 hpi). All 200 samples were washed extensively 2.5 hpi to remove unattached sporozoites, and the culture media was 201 replaced with or without metabolite solution depending on the respective treatment group. After 24 202 hpi, all samples were fixed, stained, and imaged as described above. For samples treated with LA, LnA, 203 or DHA, parasite growth was significantly enhanced compared to the DMSO control when cells were 204 treated from either 0-2.5 hpi or 0-24 hpi (Fig. 4c). However, when treatment began after invasion, 205 treatment with LA significantly inhibited parasite growth, while treatment with LnA had no effect (Fig. 4c). Treatment with DHA from 2.5-24 hpi increased parasite growth relative to the control, but the 206 207 magnitude of growth enhancement was far lower in samples treated after invasion than in samples 208 where treatment began 0 hpi (Fig. 4c). These results indicate that the enhancement of parasite growth 209 resulting from treatment with LA, LnA, and DHA is dependent on the presence of these metabolites 210 during the first 2.5 hpi. This result implies that the increased parasite growth observed at later 211 timepoints may directly result from the positive effects of metabolite treatment on sporozoite adhesion 212 or invasion.

Because long-term culture and sexual reproduction of parasites is not supported in HCT-8 cell cultures, we tested whether metabolite treatment of parasites grown in air-liquid interface culture, a mouse ileal stem cell culture that allows complete development of the life cycle in vitro, would result in similar parasite growth enhancement(27). To determine this, transwells containing differentiated mouse intestinal epithelial cells (mIEC) were infected with filtered parasites and treated with LA, LnA, or DHA in 218 both the top and bottom of transwells for 3 hr. All transwells were then washed to remove unattached 219 sporozoites, and both the top and bottom of each transwell were treated with medium containing 220 either DMSO or metabolite solution for the duration of the experiment. On days 0, 1, 3 and 5 post 221 infection, DNA samples were collected from transwells, and C. parvum and mIEC genomic DNA 222 quantities were determined using qPCR and standard curve analysis. Treatment with LA or DHA 223 significantly enhanced parasite growth relative to the DMSO control at multiple timepoints, and 224 treatment with LnA significantly enhanced the magnitude of parasite growth at all time points compared 225 to the control (Fig. 4d). Metabolite treatments did not have adverse effects on epithelial culture and 226 although they enhanced cell monolayer densities at some time points, this pattern did not correlate the 227 enhanced growth of C. parvum (Fig. S1). Interestingly, treatment with LnA also increased the rate of 228 parasite growth from day 0 to day 5 by 3-fold relative to the DMSO control, suggesting that the fatty 229 acid may also be enhancing parasite replication after invasion. As a result, transwells treated 230 continuously with LnA contained significantly greater quantities of C. parvum five days post infection 231 (Fig. 4d).

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#### 233 Discussion

234 Neonatal animals, including humans, are highly susceptible to Cryptosporidium infection, but quickly 235 become resistant to the parasite as they age. In a neonatal mouse model of cryptosporidiosis, we found 236 that susceptibility to the pathogen decreases sharply between two and three-weeks of life, concurrent 237 with the cessation of breastfeeding and transition to solid food. This change in diet correlated with drastic shifts in the gut microbiota and lumenal metabolites, particularly the reduction of fatty acids 238 239 typically found in breast milk. Exogenous addition of these fatty acids to in vitro cultures revealed that 240 medium-to-long chain saturated fatty acids tend to inhibit C. parvum growth, while omega-3 and 241 omega-6 polyunsaturated fatty acids enhance parasite invasion.

242 Previous studies in mice demonstrate that the gut microbiota changes dramatically during the first few weeks of life, especially following the dietary transition from breast milk to solid food(10, 24, 25). 243 Specifically, these studies found that neonatal mice were first colonized by facultative anaerobes y-244 Proteobacteria and Lactobacillales, which were progressively replaced by obligate anaerobes Clostridia 245 246 and Bacteroidia during and after weaning(10, 24, 25). We observed similar developmental changes in 247 the microbiota of our neonatal mice: in the first week of life, Lactobacillus and Actinobaccilus (a y-248 proteobacteria) dominated the community and were replaced by two weeks of age with strict 249 anaerobes including Clostridium and Bacteroides. Clostridium remained a significant fraction of the

microbial community in mice post-weaning, while Bacteroides declined over time. Interestingly, a
previous study that colonized germ free mice with cecal contents from neonatal (4-12 day) or adult mice
(7 weeks) found that Clostridia (but not Bacteroides) protected mice colonized with adult microbiota
against the enteric pathogens *Salmonella typhimurium* and *Citrobacter rodentium*(25). Although the
protective mechanism is not fully understood, it was independent of innate and adaptive immune
responses but was modulated by metabolites including succinate(25).

256 Concurrent with the microbial changes over time, the gut metabolome in our mice also transitioned 257 as they aged: medium- and long-chain fatty acids were abundant in 1- and 2-week-old mice and were 258 gradually replaced with sugar alcohols, amino acids, and bile salts in the 3- and 6-week-old mice. The 259 abundance of fatty acids in pre-weaned mice reveals the significant contribution of diet to the overall 260 gut metabolome, as fatty acids are important constituents of breast milk(28-31). In contrast, the 261 metabolites enriched by week 6 begin to resemble those found in adult mice(26), and several are 262 metabolic byproducts of intestinal bacteria, such as 2,8-hydroxyguinoline(32) and the secondary bile 263 acid, deoxycholic acid(33). Hence, the shift in metabolite profiles after weaning is likely due to the 264 absence of milk as a nutrient source as well as the production or induction of metabolites by a more 265 mature microbiota.

266 Importantly, several of the fatty acids that were abundant in 1-week-old neonatal mice enhanced or 267 inhibited the growth of the C. parvum in vitro. C. parvum is thought to lack a system for de novo fatty 268 acid synthesis, instead relying on salvage from the host(22). It also lacks  $\beta$ -oxidation and cannot use 269 fatty acids as an energy source(22). However, it contains three isoforms of the enzyme for acyl-Co-A 270 addition (acyl co-A synthase (ACS))(34) needed for activating fatty acids salvaged from the host, a fatty 271 acid synthase (FAS1) that functions as an elongase(35), and a long chain fatty acid elongase (LCE)(36). Of 272 these enzymes, ACS isoforms prefer saturated substrates of C12-C18, and LCE prefers saturated 273 substrates of C14-C16(36). The loading domain of CpFAS1 prefers palmitic acid (C16:0), but enzyme 274 activity has been documented with substrates C12-C24 as well(37). Given these substrate preferences, it 275 is somewhat surprising that medium chain fatty acids such as lauric acid (C12:0), myristic acid (C14:0) 276 and palmitic acid (C16:0) inhibited C. parvum growth in vitro. One potential explanation for their 277 inhibitory effects could be if these medium chain fatty acids inhibit the terminal reductase domain of 278 FAS1, which normally prefers much longer chain substrates (i.e. > C24)(35). It is also possible that these 279 fatty acids integrate into parasite membranes and upset the normal balance of lipids, hence 280 compromising cellular functions. These medium-chain fatty acids have also been shown to inhibit 281 bacterial growth in vitro(38, 39). Among these inhibitory compounds, capric acid, the strongest growth

282 inhibitor in the 24 hr growth assay, has also been shown to inhibit Candida albicans growth and biofilm 283 formation by altering gene expression(40), suggesting it has broad cross-phylum activity. 284 Several metabolites found early in the neonatal period enhanced C. parvum growth in vitro. For 285 example, the long-chain, omega-3 or omega-6 polyunsaturated fatty acids, linoleic acid (LA, C18:2), 286 linolenic acid (LnA, C18:3), and docosahexaenoic acid (DHA, C22:6) were all significant enhancers of 287 parasite growth. Interestingly, this enhancement was also dependent on the timing of exposure: 288 although pretreatment of host cells had no effect on subsequent infection, exposure during the first 2.5 289 hr of infection was critical to the enhancing effect. This timing suggests that these metabolites act to 290 enhance invasion and/or formation of the parasitophorous vacuole that encases the parasite(12, 13). 291 Since invasion and vacuole membrane formation require reorganization of host and parasite membranes in a rapid process of envelopment(41-43), the enhancing effects of these long chain 292 293 unsaturated fatty acids may reflect the important properties they have on membrane composition,

fluidity, and signaling(44, 45).

295 Although our studies were performed largely in vitro, they have important implications for 296 infections in vivo. When metabolites were ranked by on overall abundance (based on the MS spectral 297 counts), several of the enhancing metabolites, including LA, LnA, and DHA, were among the top half of 298 the most abundant metabolites enriched in neonatal (1 and 2-week-old) pups, suggesting that they may 299 contribute directly to increased susceptibility to C. parvum infection. Although our studies support a role 300 for gut metabolites in modulating C. parvum infection, they are not the sole factors that determine 301 increased susceptibility of neonatal mice to pathogens. Previous studies also indicate an important role 302 for maturation of the immune system in susceptibility to infection during early life. In particular, CD103<sup>+</sup> 303 CD11c<sup>+</sup> dendritic cells are found at low levels in neonatal mice and increase with maturation and during 304 infection. Selective depletion of CD103+ dendritic cells in Batf3 knockout mice(46), or increase in their 305 number by delivery of Flt-3 ligand(47), suggest that changes in these innate immune cells may underlie 306 changes in susceptibility to C. parvum during maturation. Interestingly, administration of poly-IC to 307 neonatal mice stimulated immune responses, including expanded DC cell functions, that required the 308 presence of gut flora(48), indicating that the microbiota and immune function are tightly linked during 309 early development.

The findings of our studies also have important implications for human cryptosporidiosis. The human microbiota undergoes similar predictable transitions from facultative aerobic bacteria such as Enterobacteriaceae at birth, to organisms that specialize on a milk-based diet such as Lactobacillus, then finally to a more mature, "adult-like" microbiota by 2 to 3-years of age(49-51). Interestingly, the 314 microbiotas of children breast-feeding at 12-months-old are still dominated by Bifidobacterium and 315 Lactobacillus, while the microbiotas of children that have stopped breast-feeding by this age are 316 enriched in species prevalent in adults such as Clostridia(49). This suggests that the main driver of 317 microbiota maturation is the cessation of breast-feeding and highlights the importance of breast milk in 318 shaping the overall gut microbiota and metabolome. In our mice, polyunsaturated fatty acids in the gut 319 lumen decreased significantly following weaning. Although fatty acid profiles in breast milk vary 320 between species, all mammals produce essential fatty acids LA and LnA in their breast milk, as well as 321 significant amounts of long-chain unsaturated fatty acids such as AA and DHA(31). Our finding that LA, 322 LnA, AA and DHA all enhance sporozoite invasion suggests that human infants who are nursing may also 323 be more susceptible to Cryptosporidium infection due to higher levels of these metabolites that are 324 likely to be present in their guts, in comparisons to older, weaned children. These findings have 325 important implications for the effects of diet and microbiota on the susceptibility of infants to 326 cryptosporidiosis and possibly other enteric infections. 327

328 Methods

## 329 Neonatal mouse model of *C. parvum* infection

330 For infections of neonatal mice performed at the University of Arizona, *C. parvum* (Iowa strain) (52)

331 oocysts were maintained by repeated passage in newborn *Cryptosporidium*-free Holstein bull calves

(53), and purified from fecal material by sucrose density gradient centrifugation, as previously described(54).

To assess *C. parvum* infection levels with age in vivo, groups of 5 to 10 8-day-old specific pathogenfree ICR mice (Envigo) were used. All mice used in the present study were maintained in Biosafety Level 2 (BSL-2) biocontainment at the University of Arizona in accordance with the PHS *Guide for the Care and Use of Laboratory Animals* and IACUC approval.

Neonatal mice were randomly assigned to litters as detailed in **Figure S1**. At 1 week intervals after birth, mice were gavaged with 5 x 10<sup>4</sup> *C. parvum* (Iowa strain) oocysts (N = 10 mice each for 1 and 2weeks of age, N = 5 mice each for 3-6 weeks of age). At 5 days post-infection (92-94 hr post-infection), the entire intestine was extracted from each mouse, weighed, and then homogenized using ceramic beads in the Bead Ruptor4 (OMNI International, Kennesaw, GA). DNA was extracted using the QIAamp Fast DNA stool mini kit (Qiagen, Gaithersburg, MD) with the following modifications: after the addition of InhibitEx buffer, the samples were incubated at 95°C (5 min), followed by 5 freeze-thaw cycles using

liquid nitrogen and a 37°C water bath. Total DNA in the samples was quantified by Nanodrop (Thermo
Scientific, Waltham, MA).

Quantitative PCR (qPCR) for the *C. parvum* 18s rRNA (18S) was performed using the following
 primers: ChvF18S (5'- CAATAGCGTATATTAAAGTTGTTGCAGTT-3' and ChvR18S (5'-

349 CTGCTTTAAGCACTCTAATTTTCTCAAA-3') (55)For qPCR, each 25 μL reaction contained a final

350 concentration of 100 nM for both forward and reverse primers, (Invitrogen, Grand Island, NY) and

12.5 μL SYBR green Fast mix (Quantabio, Gaithersburg, MD). Genomic DNA (2 μL) was added, and the

352 qPCR was performed in an ABI StepOne Plus Real-Time PCR System (Applied Biosystems, Grand Island,

NY) with cycling conditions of 10 min incubation at 94°C followed by 45 cycles at 94°C for 10 sec, 54°C

for 30 sec, and 72°C for 10 sec. Each sample was run in triplicate. A control with no template was run

355 concurrently and was consistently negative. The number of *C. parvum* genomic equivalents was

as calculated for each sample based on a standard curve using DNA from known quantities of *C. parvum* 

357 oocysts and divided by the original weight of the intestinal sample to obtain the number of *C. parvum* 

358 organisms per gram intestine.

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## 360 Sample collection for 16S sequencing and metabolomics

Six pregnant ICR dams with litter sizes of 10 pups each were obtained from the same source (Envigo) as 361 362 used for the neonatal infection experiment. Dams and the resulting pups were maintained in a specific 363 pathogen-free barrier facility at Washington University School of Medicine with a strict 12-hr light cycle 364 and ad libitum access to food and water. Mice were housed in complete autoclaved cage assemblies 365 containing the same chow (Envigo NIH-31 Irradiated Modified Open Formula Mouse/Rat Diet 7913) and 366 bedding (Envigo Teklad 7097 1/4" Corncob bedding) used in the neonatal infection experiment. To 367 minimize experimental variation that could potentially arise from single cages or dams, 2 pups were 368 randomly selected from each litter per timepoint (total of n=12 per timepoint) at 1-week, 2 weeks, 3 369 weeks, 4 weeks, and 6 weeks of age. Weaning was performed as usual at 3 weeks of age, with pups of 370 the same sex housed only with littermates in fresh autoclaved cage assemblies. All procedures were 371 approved by the Institutional Animal Care and Use Committee at Washington University School of 372 Medicine. For collection of small intestinal luminal flushings for metabolomics, pups were euthanized 373 and then the entire length of small intestine was dissected out intact and flushed with 500 uL of sterile 374 phosphate-buffered saline (PBS) using a 1-mL syringe tipped with a blunt needle; small intestinal luminal 375 contents from the flush were collected directly into a tared cryotube, weighed, and snap frozen in liquid 376 nitrogen. For collection of cecal contents for 16s rRNA sequencing, the intact cecum was dissected and

placed into a tared cryotube (pups aged 1, 2, or 3 weeks) or cecal contents were collected using a
sterilized spatula and placed into a tared cryotube (pups aged 4 or 6 weeks); the material was weighed
and then snap frozen in liquid nitrogen.

380

## 381 16S sequencing and analysis

382 DNA from cecal contents was isolated using the QIAamp DNA Stool Mini Kit (QIAGEN). The Washington 383 University Genome Technology Access Center performed PCR amplification of all nine 16S variable 384 regions with the Fluidigm Access Array System, indexing, pooling, and sequencing with an Illumina 385 MiSeq Sequencer, as previously described (56). Sequencing data analysis either used the V1-V9 regions 386 and the MVRSION pipeline(57) or the V4 region and QIIME pipeline version 1.9.0(58), as previously 387 described(56). The OTU table resulting from QIIME analysis was used as input for linear discriminant 388 analysis (LDA) effect size (LEfSe)(59) (http://huttenhower.sph.harvard.edu/lefse/) to identify statistically 389 significant, differentially abundant taxa between the 1-week and 6-week old mice.

390

#### 391 Metabolite profiling and analysis

Untargeted metabolomics of the small intestinal luminal flushing samples by GC-TOF mass spectrometry
 was performed by the West Coast Metabolomics Center using the primary metabolism platform and a

Leco Pegasus IV mass spectrometer. Of the 759 metabolites identified, 213 were annotated and used for

further analysis. Data was normalized across samples by averaged Week1 values, before being log<sub>2</sub>

transformed and autoscaled. Data normalization and downstream univariate, multivariate, and

397 clustering analyses were performed with Metaboanalyst 3.0 (https://www.metaboanalyst.ca)(60).

398

#### 399 HCT-8 cell culture and infection

400 For in vitro infection studies in human cell lines, *C. parvum* (AUCP-1 strain) oocysts were obtained from

401 the Witola lab at the University of Illinois at Urbana-Champaign, where they were maintained by

402 repeated passage in male Holstein calves and purified from fecal material as previously described.

403 Animal procedures were approved by the Institutional Animal Studies Committee at the University of

404 Illinois at Urbana-Champaign (61). Purified oocysts were stored at 4°C in PBS plus 50 mM Tris and 10

405 mM EDTA (pH 7.2) for up to six months before use.

Human ileocecal adenocarcinoma cells (HCT-8 cells, ATCC CCL-244) were maintained in RPMI 1640
medium (Gibco, ATCC modification) supplemented with 10% fetal bovine serum. Cells were confirmed
to be mycoplasma free with the e-Myco plus *Mycoplasma* PCR detection kit (Boca Scientific).

#### 409

#### 410 *C. parvum* growth assay for initial metabolite screen

411 Metabolites were chosen for the screen based on a negative Pearson coefficient and an FDR p-value ≤
412 0.05. Metabolites that were insoluble or not readily available for purchase were excluded. We also
413 excluded metabolites that had previously been shown to be present in the gut metabolome of germ414 free mice and, thus, not likely produced or induced by the microbiota (26). In total, we tested 43
415 metabolites for their effects on *C. parvum* growth (Table S1).

All metabolites (Sigma-Aldrich) were reconstituted as 100 mM stock solutions in DMSO with the 416 417 following exceptions: glucose-6-phosphate was dissolved in filtered PBS, phosphoethanolamine and glycerol-alpha-phosphate were dissolved in filtered dH<sub>2</sub>O, and cholesterol and arachidic acid were 418 dissolved in filtered ethanol. HCT-8 cells were plated at 2 x 10<sup>5</sup> cells per well in 96-well optically-clear-419 bottomed plates (Greiner Bio-One) and infected with 1.2 x 10<sup>4</sup> to 5 x 10<sup>4</sup> C. parvum oocysts (AUCP-1 420 421 strain) per well after 24 hr of cell growth. Metabolites were diluted in culture medium and immediately 422 added to the wells following the addition of oocysts for a final metabolite concentration of 0.02 mM to 423 0.5 mM (depending on the metabolite) and 1% DMSO (three technical replicate wells per metabolite). 424 Infected control wells containing only 1% DMSO media were included on each plate. At 24 hr after 425 infection, wells were fixed in 4% formaldehyde for 10 min, washed twice with PBS, and then 426 permeabilized and blocked for 20 min in blocking buffer composed of 0.1% Triton X-100 and 1% bovine 427 serum albumin (BSA) in PBS. C. parvum were labeled with polyclonal rabbit anti-Cp antibody (27) diluted 428 1:2000 in blocking buffer, followed by goat anti-rabbit Alexa Fluor 488 (1:1000, Thermo Fisher 429 Scientific). Host nuclei were stained with Hoechst 33342 (5 µg/ml, Thermo Fisher Scientific). 430 Plates were imaged with a 10X objective on a BioTek Cytation 3 cell imager (9 images per well in a 3 431 x 3 grid). Gen5 software version 5.0.2 was used to quantify the total number of parasites (puncta in the 432 GFP channel) and host cells (nuclei in the DAPI channel) in images from each well. Relative parasite 433 growth and host cell viability for each metabolite was calculated as a ratio of the mean number of C. parvum parasites or host cells, respectively, in the treated versus DMSO control groups averaged across 434 three independent experiments with three technical replicates per experiment. Statistical analyses were 435 performed in GraphPad Prism 8 using a two-way ANOVA followed by a Dunnett's test for multiple 436 437 comparisons, in which each metabolite was compared to the DMSO control. 438

439 C. parvum invasion assay

HCT-8 cells were plated at 2 x 10<sup>5</sup> cells per well in 96-well optically-clear-bottomed plates (Greiner Bio-440 one) and cultured for 24 hr as described above. To determine the effect of metabolite treatment on host 441 442 cells before the addition of parasites, metabolite solutions diluted in culture media were added to half 443 of the plate for a final concentration of 0.1 mM to 0.5 mM (depending on the metabolite) and 0.5% DMSO for 2 hr then washed 3x with PBS. Bleached C. parvum oocysts (AUCP-1 strain) were excysted for 444 445 1 hr at 37°C in a 0.75% sodium taurocholate solution and passed through a 1  $\mu$ m filter to remove unexcysted oocysts. All wells were infected with approximately  $2 \times 10^5$  excysted sporozoites. Metabolite 446 447 solutions diluted in culture media were then added to the second half of the plate for a final concentration of 0.1 mM to 0.5 mM and 0.5% DMSO. Control wells containing only 0.5% DMSO culture 448 449 media were included for each half of the plate at each time point. After 2.5 hr of infection, wells were 450 fixed and stained with polyclonal rabbit anti-Cp antibody (1:5000), goat anti-rabbit Alexa Fluor 488 451 (1:1000, Thermo Fisher Scientific), and Hoescht 33342 (5  $\mu$ g/ml, Thermo Fisher Scientific) as detailed 452 above. 453 Parasites and host cells were imaged and quantified using the same protocol as the C. parvum

454 growth assay. Relative parasite growth and host cell viability for each metabolite was calculated as a 455 ratio of the mean number of *C. parvum* parasites or host cells, respectively, in the treated versus DMSO 456 control groups averaged across three independent experiments with three technical replicates per 457 experiment. Statistical analyses were performed in GraphPad Prism 8 using a two-way ANOVA followed 458 by a Dunnett's test for multiple comparisons, in which each metabolite was compared to the DMSO 459 control within each treatment group.

460

### 461 *C. parvum* invasion wash-out assay

462 HCT-8 cells were plated 2 x 10<sup>5</sup> cells per well in a clear-bottomed 96 well plate. After 24 hr of cell
463 growth, cells were infected with 1 x 10<sup>5</sup> filtered, excysted sporozoites per well. Immediately after
464 infection, metabolite solutions (0.5 mM except for DHA that was 0.1 mM) or DMSO control were added
465 to wells. After 2.5 hr of incubation, all wells were washed 2x with PBS, and metabolite solutions or
466 DMSO control were added to wells as appropriate for each group. At 24 hpi, all wells were fixed and
467 stained as described for the *C. parvum* invasion assay above.

Parasites and host cells were imaged and quantified as detailed in the *C. parvum* growth assay.
Relative parasite growth and host cell viability for each metabolite were calculated as a ratio of the
mean number of *C. parvum* parasites or host cells, respectively, in the treated versus DMSO control
groups averaged across three independent experiments with three technical replicates per experiment.

472 Statistical analyses were performed in GraphPad Prism 8 using a two-way ANOVA followed by a
473 Dunnett's test for multiple comparisons, in which each metabolite was compared to the DMSO control

- 474 within each treatment group.
- 475

## 476 Quantification of *C. parvum* in metabolite-treated air-liquid interface transwells

477 Mouse intestinal epithelial cells (mIEC) monolayers were cultured on transwells with an air-liquid 478 interface (ALI) as previously described(27, 62). Briefly, irradiated 3T3 mouse fibroblast cells (CRL-1658 479 ATCC) were plated on transwells (polyester membrane, 0.4 µm pore; Corning Costar) coated with 10% Matrigel (Corning) and cultured at 37 °C for approximately 24 hr in Dulbecco's Modified Eagle's Medium 480 481 (DMEM high glucose; Sigma D6429) with 10% fetal bovine serum (Sigma) and 1X penicillin/streptomycin 482 (Sigma). Primary mouse ileal stem cells were harvested from three-day old spheroid cultures in Matrigel, 483 dissociated with trypsin as previously described (63), and plated onto irradiated i3T3 monolayers at 484 5x10<sup>4</sup> mIECs per transwell. mIEC monolayers were cultured with 50% L-WRN conditioned medium(64) 485 and 10  $\mu$ M Y-27632 ROCK inhibitor (Torcis Bioscience) in both the top and bottom compartments of the transwell for 7 days, after which medium was removed from the top compartment to create the air-486 487 liquid interface. Three days after removing the top medium, each transwell was infected with  $2 \times 10^5$ 488 filtered, excysted sporozoites, and DMSO control or metabolite solutions (0.5 mM except for DHA that 489 was 0.1 mM) were added to both the top (50  $\mu$ l) and bottom (400  $\mu$ l) compartments of the transwell. 490 After 3 hr of incubation, top medium was removed and each transwell was washed with PBS. Each 491 transwell was then treated continuously with either DMSO control or metabolite solution in both the 492 top and bottom chamber for the duration of the experiment.

493 DNA from transwells was collected and extracted using the QIAmp DNA Mini kit (QIAGEN). qPCR was 494 performed using the QuantStudio 3 System with cycling conditions of a 10 min incubation at 95 °C, then 495 40 cycles at 95 °C for 15s and 60 °C for 1 min, followed by a continuous melt curve analysis to identify 496 samples with evidence of non-specific amplification. Each reaction contained 2  $\mu$ L purified transwell 497 DNA (diluted 1:5) as a template, 10 μL SYBR Green QuickStart Tag ReadyMix (Sigma), and 1.6 μL of 5 μM primer solution targeting C. parvum GAPDH (forward: 5'-CGGATGGCCATACCTGTGAG-3' and reverse: 5'-498 499 GAAGATGCGCTGGGAACAAC-3')(27) or mouse GAPDH (forward: 5'-GCCATGAGTGGACCCTTCTT-3' and 500 reverse: 5'-GAAAACACGGGGGCAATGAG-3')(27). Each transwell sample was run with technical 501 duplicates, and negative (water) controls were included in each plate. 502 C. parvum and mIEC genomic DNA (gDNA) quantities per transwell were determined via the

503 QuantStudio Design & Analysis New (DA2) software using standard curves for *C. parvum* and mouse

504 gDNA, respectively. Total *C. parvum* or mIEC gDNA per transwell was calculated as an average of gDNA

505 quantities per transwell across three independent experiments with two to three technical replicates

- 506 per experiment. Statistical analyses were performed in GraphPad Prism 8 using a two-way ANOVA
- 507 followed by a Dunnett's test for multiple comparisons, in which each metabolite was compared to the
- 508 DMSO control within each timepoint.
- 509

## 510 Data Availability

- 511 16S ribosomal RNA sequencing reads are available in the ArrayExpress database
- 512 (http://www.ebi.ac.uk/arrayexpress) under accession number E-MTAB-9100. All remaining data
- 513 discussed in this report are found in the main figures or the supplementary materials.
- 514

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#### 715 FIGURE LEGENDS

716 Fig 1. Differences between C. parvum infectivity and cecal microbiota during murine postnatal 717 development. (A) Diagram of the experimental design. Separate cohorts of mice were challenged with 5 x  $10^4$  C. parvum (Cp) oocysts at each week of life (N = 5-10 mice per week). Five days post infection (p.i.), 718 719 intestines were removed, and the number of C. parvum organisms per gram of intestine was quantified 720 by qPCR. In a separate experiment, cecal contents and small intestinal luminal contents were collected 721 from uninfected mice at 1, 2, 3, and 6 weeks of age (N = 12 mice per week) for 16S ribosomal RNA sequencing and metabolomics, respectively. (B) Line graph depicting the average number of *C. parvum* 722 723 organisms per gram intestine of mice infected at the indicated weeks of age (mean  $\pm$  S.D., N = 10 mice 724 each for weeks 1 and 2, N = 5 mice each for weeks 3-6). (C) Taxonomic differences in the cecal 725 microbiota of mice at 1, 2, 3, or 6-weeks of age displayed as a stacked bar graph of the relative 726 abundances of the bacterial genera detected by 16S ribosomal RNA sequencing. 727 728 Fig 2. Differences in small intestinal metabolites during murine postnatal development. (A) PCoA plot 729 of weighted Unifrac distances between cecal microbiota samples and (B) PCA plot of small intestinal 730 metabolite differences from the same mice sampled at 1, 2, 3, or 6-weeks of age. (C) Hierarchical 731 clustering of the top 30 metabolites that most significantly differed between groups as analyzed by one-732 way ANOVA, represented as a heat map with red indicating relative enrichment and blue indicating 733 relative de-enrichment for the listed metabolites. (E) Bar graph showing the top 30 metabolites with

relative abundances most significantly correlated with age by Pearson's correlation. Red = negative
 correlation of metabolite abundance with age. Green = positive correlation of metabolite abundance
 with age.

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**Fig 3. Effects of neonatal metabolites on** *Cryptosporidium* growth. Average ratio of *C. parvum* parasites in treated samples relative to DMSO controls 24 hpi with metabolites in decreasing order of (A) fold decrease in abundance from mice aged 1 week to mice aged 3 weeks and (B) decreasing order of abundance in mice aged 1 week. Metabolites in green were found to significantly enhance growth, and metabolites in red were found to significantly inhibit growth. The three metabolites with the highest fold enhancement of growth are labeled: docosahexaenoic acid (DHA), linoleic acid (LA), and linolenic acid (LnA). \*  $P \le 0.05$ , \*\*  $P \le 0.01$ , \*\*\*  $P \le 0.001$ , \*\*\*\*  $P \le 0.0001$ .

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### 746 Fig 4. Enhancement of parasite growth and invasion by metabolites and related molecules. (A)

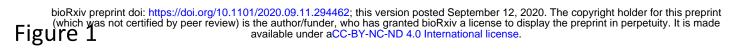
- 747 Average ratio of *C. parvum* parasites 24 hpi in treated samples relative to DMSO controls for the
- 748 metabolites docosahexaenoic acid (DHA), linoleic acid (LA), and linolenic acid (LnA) and the related
- compounds eicosapentaenoic acid (EPA) and arachidonic acid (AA). All tested compounds displayed
- significant enhancement of *C. parvum* growth compared to the DMSO control. (B) Samples were
- infected with filtered *C. parvum* sporozoites and washed after a 2.5 hr incubation period. Average ratio
- of attached *C. parvum* parasites relative to DMSO controls compared between samples that were pre-
- treated with metabolites for 2 hr and samples with metabolites added immediately after infection. (C)
- 754 Average ratio of *C. parvum* parasites relative to DMSO control in samples infected with filtered
- sporozoites and treated with metabolites during invasion (0-2.5 hpi), after invasion (2.5-24 hpi), and for
- the duration of the experiment (0-24 hpi). (D) Effects of metabolite treatment on *C. parvum* growth in
- 757 air-liquid interface (ALI) culture determined by average total *C. parvum* genomic DNA (gDNA) equivalent
- per transwell on days 0, 1, 3 and 5 post infection (mean ± S.D., N = 9 transwells per metabolite or N= 8
- for DMSO). DHA and AA were tested at a final concentration of 0.1 mM and all other metabolites were
- tested at a final concentration of 0.5 mM. \*\*\*\*  $P \le 0.0001$
- 761

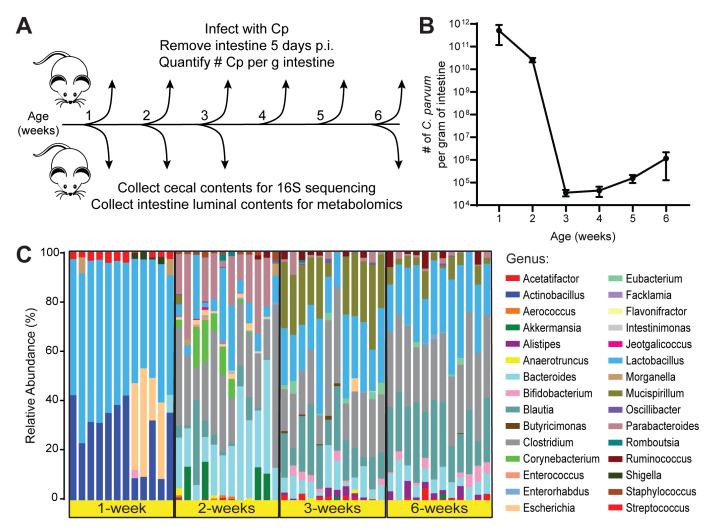
# 762 Supplemental Material

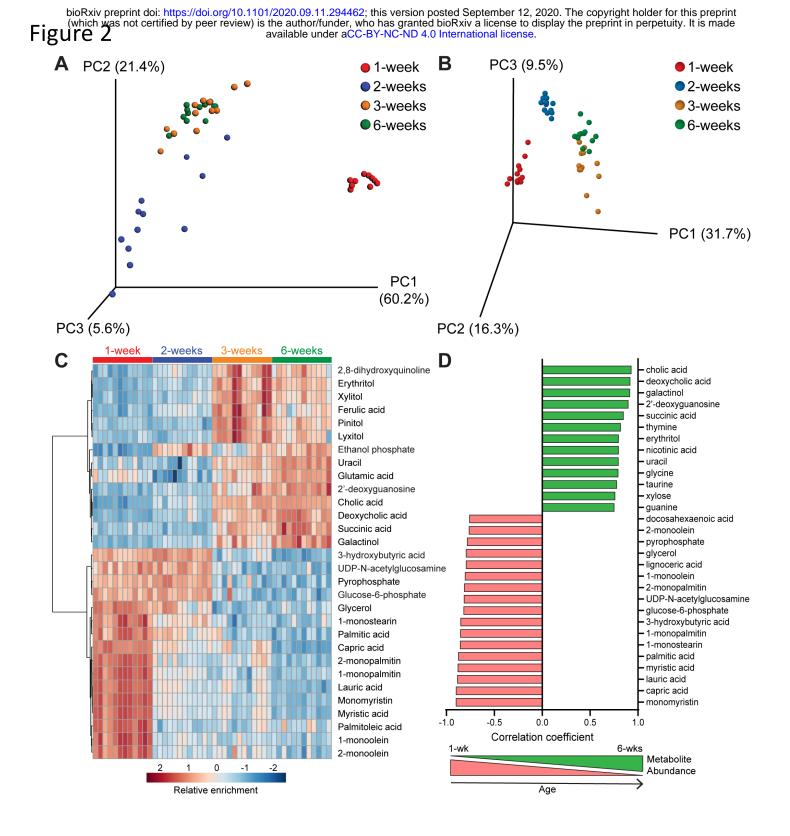
- Fig S1. Experimental timeline for testing murine susceptibility to *C. parvum* and for collecting samples
- 764 for meta
- 765 Fig S2. Cecal microbiota taxonomic differences during murine postnatal development.
- 766 Fig S3. Average host cell viability of Air-liquid Interface (ALI) culture

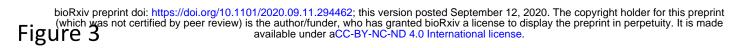
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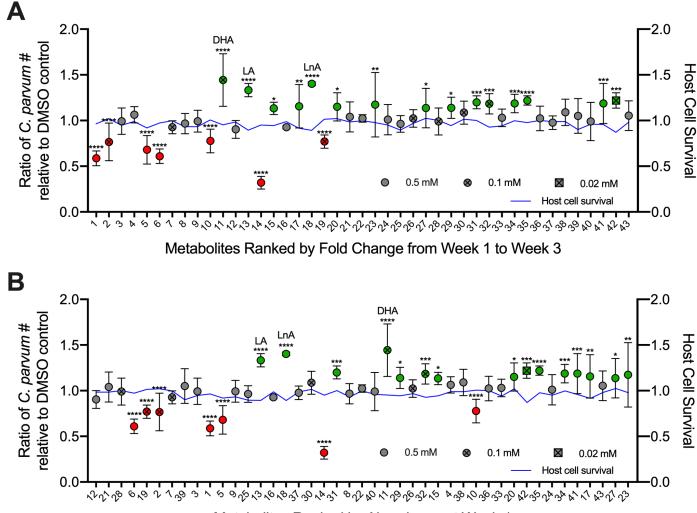
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Metabolites Ranked by Abundance at Week 1

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