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Differential dopaminergic modulation of spontaneous cortico-subthalamic activity in Parkinson's disease

Short running title: Dopamine in cortico-subthalamic networks

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Abstract

Pathological oscillations including elevated beta activity in the subthalamic nucleus (STN) and between STN and cortical areas are a hallmark of neural activity in Parkinson's disease (PD). Oscillations also play an important role in normal physiological processes and serve distinct functional roles at different points in time. We characterised the effect of dopaminergic medication on oscillatory whole-brain networks in PD in a time-resolved manner by employing a hidden Markov model on combined STN local field potentials and magnetoencephalography (MEG) recordings from 17 PD patients. Dopaminergic medication led to communication within the medial and orbitofrontal cortex in the delta/theta frequency range. This is in line with deteriorated frontal executive functioning as a side effect of dopamine treatment in Parkinson's disease. In addition, dopamine caused the beta band activity to switch from an STN-mediated motor network to a frontoparietal-mediated one. In contrast, dopamine did not modify locally-originating STN oscillations in PD. STN–STN synchrony emerged both on and off medication. By providing electrophysiological evidence for the differential effects of dopaminergic medication on the discovered networks, our findings open further avenues for electrical and pharmacological interventions in PD.

Keywords: whole-brain, time-resolved analysis, local field potentials, Magnetoencephalography

List of abbreviations:

comms - Communication state; DBS - Deep brain stimulation; EEG – Electroencephalography; ECG – Electrocardiography; EOG – Electrooculography; FO - Fractional occupancy; GMM - Gaussian mixture model; HMM - Hidden Markov model; hyper –DA Hyper-dopaminergic state; intraMED - intra-medication; interMED – inter-medication; L-DOPA – Levodopa; LFP - Local field potential; MEG – Magnetoencephalography; NNMF - Non-negative matrix factorization; PD - Parkinson's disease; PFC - Prefrontal cortex; PCA - Principal component analysis; STN - Subthalamic nucleus; TDE -Time-delay embedding

1 Introduction

Oscillatory activity serves crucial cognitive roles in the brain (Akam and Kullmann 2014; 2010)

and alterations of oscillatory activity have been linked to neurological and psychiatric diseases

(Schnitzler and Gross 2005). Different large-scale brain networks operate with their own

oscillatory fingerprint and carry out specific functions (Keitel and Gross 2016; Mellem et al.

2017; Vidaurre, Hunt, et al. 2018). Given the dynamics of cognition, different brain networks

need to be recruited and deployed flexibly. Hence, the duration for which a network is active,

its overall temporal presence, and even the interval between the different activations of a

specific network might provide a unique window to understanding brain functions. Crucially,

alterations of these temporal properties or networks might be related to neurological disorders.

In Parkinson's disease (PD), beta oscillations within the subthalamic nucleus (STN) and motor

cortex (13–30 Hz) correlate with the motor symptoms of PD (Marreiros et al. 2013; van Wijk

et al. 2016; T.O. West et al. 2018). Beta oscillations also play a critical role in synchronising

communication in a healthy brain (Engel and Fries 2010). At the cellular level, loss of nigral

dopamine neurons in PD leads to widespread changes in brain networks, to varying degrees

across different patients. Dopamine loss is managed in patients via dopaminergic medication.

As dopamine is a widespread neuromodulator in the brain (Gershman and Uchida 2019), this

raises the question of whether all medication-induced changes can restore physiological

oscillatory networks (Voon et al. 2009).

We characterised the differential effects of dopaminergic medication and delineated

pathological versus physiologically-relevant spectral connectivity in PD. In our present work,

we studied PD brain activity via a hidden Markov model (HMM), a data-driven learning

algorithm (Vidaurre et al. 2016; Vidaurre, Hunt, et al. 2018). Due to the importance of cortico–

subcortical interactions in PD, we investigated these interactions with combined spontaneous

whole-brain magnetoencephalography (MEG) and STN local field potentials (LFPs) recordings

from PD patients. By investigating whole-brain connectivity, including the STN, we extended

previous work that was limited to specific connectivity pairs (Litvak et al. 2011; Hirschmann

et al. 2013). Moreover, we identified the temporal properties of the networks both ON and OFF

medication. The temporal properties provide an encompassing view of network alterations in

PD and the effect of dopamine on these networks.

We found that cortico–cortical, cortico–STN, and STN–STN networks were differentially

modulated by dopaminergic medication. Within those networks, the effect of medication was

disruptive for the cortico–cortical networks, physiologically restorative for the cortico–STN
networks, and limited for the STN–STN interactions. These results provide novel information
on the oscillatory network connectivity occurring in PD and the differential changes caused by
dopaminergic intervention. These whole-brain networks, along with their electrophysiological
signatures, open up new potential targets for both electric and pharmacological interventions in
PD.

101   2   Results

Under resting-state conditions in PD patients, we simultaneously recorded whole-brain MEG
activity with LFPs from the STN using directional electrodes implanted for DBS. Using an
HMM we identified recurrent patterns of transient network connectivity between the cortex and
the STN, which we henceforth refer to as an 'HMM state'. Each HMM state was characterised
by coherence calculated between different pairs of regions. Additionally, the temporal evolution
of the HMM states was determined. The PD data were acquired under medication (L-DOPA)
OFF and ON conditions, which allowed us to delineate the physiological versus pathological
spatio–spectral and temporal changes observed in PD. OFF medication, patients had on average
a Unified Parkinson's Disease Rating Scale (UPDRS) part III of 29.24 ± 10.74. This was
reduced by L-DOPA (176.5 ± 56.2 mg) to 19.47 ± 8.52, indicating an improvement in motor
symptoms. HMMs model discrete-state stochastic dynamical systems (Fraser 2008) that bring
a dynamical systems perspective to the understanding of pathological versus physiological
connectivity in PD.

Spontaneous brain activity in Parkinson's disease can be resolved into distinct states

Figure 1: Data driven frequency modes

Motor or tremor network-based studies have evaluated specific cortico-subthalamic spectral connectivity (Boon et al. 2019) but did not account for the whole-brain changes affecting them. Conversely, resting-state whole-brain MEG studies have identified network changes related to both motor and non-motor symptoms of PD but did not account for STN-STN or cortico–STN activity affecting these networks (Olde Dubbelink, Stoffers, Deijen, Twisk, Stam, and Berendse 2013; Olde Dubbelink, Stoffers, Deijen, Twisk, Stam, Hillebrand, et al. 2013). Using an HMM, we delineated cortico-subthalamic spectral changes from both global source-level cortical interactions as well as local STN–STN interactions. Three of the six HMM states could be attributed to physiologically interpretable connectivity patterns. We could not interpret the other three states within the current physiological frameworks both OFF and ON medication and they are therefore not considered in the following (see Supplementary Figures S1-S3). The connectivity between different brain regions for each state was visualised for the frequency modes shown in Figure 1. Figures 2-4 show the connectivity patterns for the three physiologically meaningful states in both the OFF (top row) and ON medication condition (bottom row). We refer to the state obtained in Figure 2 as the *hyper-dopaminergic state (hyper-DA)*. The frontal cortex changes observed in this state, ON medication, are in line with the dopamine overdose hypothesis in PD (see below, Kelly et al. 2009; MacDonald and Monchi 2011) and therefore this state was labelled as hyper-DA. This state was characterised mostly by local coherence within segregated networks OFF medication in the alpha and beta band. In

contrast, there was a widespread increase in coherence across the brain from OFF to ON

medication. Therefore, ON medication, the connectivity strength in the alpha and beta band

was not significantly different from the mean noise level. Figure 3 displays the second state. A

large proportion of spectral connections in this state enable cortico–STN communication (Lalo

et al. 2008; Litvak et al. 2011; Hirschmann et al. 2013; Oswal, Brown, and Litvak 2013; van

Wijk et al. 2016) and thus we labelled this as the *communication state (comms)*. This state was

characterised by connectivity between multiple cortical regions and the STN OFF medication,

but increased specificity of cortical–STN connectivity ON medication. Finally, Figure 4 shows

the third state. Within this state, highly synchronous STN–STN spectral connectivity emerged,

both OFF and ON medication and therefore we named it the *local state (local)*. The spectral

characteristics of this state largely remain unaffected under the influence of dopaminergic

medication. In the following sections, we describe these three states in detail.

Hyper-dopaminergic state is characterised by increased frontal coherence due to elevated dopamine levels

Figure 2: Hyper-dopaminergic state

Dopaminergic medication is known to produce cognitive side effects in PD patients (Voon et al. 2009). According to the dopamine overdose hypothesis, a reason for these effects is the presence of excess dopamine in brain regions not affected in PD (MacDonald et al. 2011; MacDonald and Monchi 2011). Previous task-based and neuroimaging studies in PD demonstrated frontal cognitive impairment due to dopaminergic medication (Cools et al. 2002; Ray and Strafella 2010; MacDonald et al. 2011). Supporting the dopamine overdose hypothesis in PD, we identified a delta/theta oscillatory network involving lateral and medial orbitofrontal cortical regions. To the best of our knowledge, we report these results for the first time under resting-state conditions.

The delta/theta network emerged between the lateral and medial orbitofrontal cortex ON
medication (p < 0.05, Figure 2C delta). On the contrary, OFF medication no significant
connectivity was detected in the delta/theta band. In the alpha and beta band OFF medication
there was significant connectivity within the frontal regions, STN, and to a limited extent in the
posterior parietal regions (p < 0.05, Figure 2A).

Another effect of excess dopamine was significantly increased connectivity of frontal cortex
and temporal cortex both with the STN and multiple cortical regions across all frequency modes
(p < 0.01, Figure 2 delta, alpha, and beta). The change in sensorimotor–STN connectivity
primarily took place in the alpha band with an increase ON medication. Sensorimotor–cortical
connectivity was increased ON medication across multiple cortical regions in both the alpha
and beta band (p < 0.01, Figure 2 alpha and beta). However, STN–STN coherence remained
unchanged OFF versus ON medication across all frequency modes.

Viewed together, the hyper-dopaminergic state captured increased coherence across the cortex
ON medication within the alpha and beta band. This, however, implies that ON medication no
connectivity strength was significantly higher than the mean noise level within the alpha or beta
band. ON medication significant coherence emerged in the delta/theta band primarily between
different regions of the orbitofrontal cortex. Increased frontal cortical coherence in the
orbitofrontal cortex points towards an overdosing effect of tonic dopamine levels, which might
explain the cognitive deficits observed in PD ON medication.

Dopaminergic medication selectively reduced connectivity in the communication state

Figure 3: Communication state

Previous MEG–LFP studies in PD involving dopaminergic intervention have reported changes in beta and alpha band connectivity between specific cortical regions and the STN (Litvak et al. 2011; Hirschmann et al. 2013; Oswal et al. 2016). However, these studies did not report simultaneous cortico–cortical as well as STN–STN changes within different frequency modes. Our analysis revealed that the communication state ON medication was characterised by selective cortico–STN spectral connectivity and an overall shift in cortex-wide activity towards physiologically-relevant network connectivity.

In particular, ON medication, connectivity between STN and cortex became more selective in
the alpha and beta band. OFF medication, significant coherence was present between multiple
cortical regions and STN in the alpha and beta band ($p < 0.05$, Figure 3A). Importantly,
coherence OFF medication was significantly larger than ON medication between STN and
sensorimotor, STN and temporal and STN and frontal cortices ($p < 0.05$ for all connections,
Figure 3B alpha and beta). Furthermore, ON medication in the alpha band only the connectivity
between temporal and parietal cortical regions and the STN was preserved (Figure 3C alpha;
$p < 0.05$), consistent with previous findings (Litvak et al. 2011). In contrast, in the beta band
only STN-medial orbitofrontal connectivity remained intact ($p < 0.05$, Figure 3C beta).

Most previous PD studies report a decrease in the motor–STN coherence ON medication in the
beta band (Hammond, Bergman, and Brown 2007; Litvak et al. 2011; Hirschmann et al. 2013;
Little et al. 2013; Marinelli et al. 2017) but do not indicate any changes that the sensorimotor
regions might experience at the whole-brain level. In the communication state, OFF medication,
STN–pre-motor (sensory), STN–frontal, and STN–parietal connectivity was present ($p < 0.05$,
Figure 3A alpha and beta). STN–cortical coherence was then significantly reduced ON
compared to OFF medication ($p < 0.05$, Figure 3B alpha and beta). Finally, ON medication, a
sensorimotor–frontoparietal network emerged ($p < 0.05$, Figure 3C beta) where sensorimotor,
frontal and parietal regions were no longer connected to the STN, but instead directly
communicated with each other in the beta band. Hence, there was a transition from STN-
mediated sensorimotor connectivity to the cortex OFF medication to a more direct cortico–
cortical connectivity ON medication.

In the communication state, we found STN–cortico and cortico–cortical changes and
simultaneously a change in STN–STN connectivity. In the ON condition, STN–STN
connectivity was significantly different from the mean noise level across all three frequency
modes ($p < 0.05$, Figure 3C). But on the other hand, there was no significant change in the
STN–STN connectivity OFF versus ON medication ($p=0.21$ - delta/theta; $p=0.25$ - alpha;
$p=0.10$ - beta; Figure 3B).

To summarise, coherence decreased ON medication across a wide range of cortical regions both
at the cortico–cortical and cortico–STN level. Still, significant connectivity was selectively
preserved in a spectrally-specific manner ON medication both at the cortico–cortical level and
the cortico–STN level. Furthermore, a sensorimotor–frontoparietal network emerged ON
medication. The most surprising aspect of this state was the emergence of bilateral STN–STN

coherence ON medication across all frequency modes. The results provide evidence for the
plausible role of dopamine to increase the signal-to-noise ratio across the brain, as well as the
importance of beta-band activity in enabling cortical control of motor activity ON medication.

Dopamine selectively modifies delta/theta oscillations within the local state

Figure 4: Local state

STN–STN intra-hemispheric oscillations positively correlate to motor symptom severity in PD
OFF medication, whereas dopamine-dependent nonlinear phase relationships exist between
inter-hemispheric STN–STN activity (T.O. West et al. 2016). Crucially, previous studies could
not rule out the influence of cortico–STN connectivity on these inter-hemispheric STN–STN

interactions. Using our whole-brain framework, we found a state exhibiting STN–STN
connectivity only, both OFF and ON medication.

In this local state, dopaminergic intervention had only a limited effect on local STN–STN
connectivity. OFF medication, STN–STN coherence was present across all three frequency
modes ($p < 0.05$, Figure 4A), while ON medication, significant STN–STN coherence emerged
only in the alpha and beta bands ($p < 0.05$, Figure 4C alpha and beta). ON medication, STN–
STN delta/theta connectivity strength was not significantly different from the mean noise level
($p < 0.05$, Figure 4C delta).

OFF compared to ON medication coherence was reduced across the entire cortex both at the
inter-cortical and the STN–cortex level across all frequency modes. The most affected areas
were similar to the ones in the communication state, in other words, the sensorimotor, frontal,
and temporal regions. Their coherence with the STN was also significantly reduced, ON
compared to OFF medication (STN–sensorimotor, $p < 0.01$ - delta/theta, beta; $p < 0.05$ - alpha;
STN–temporal, $p < 0.01$ - delta/theta, alpha, beta; and STN–frontal, $p < 0.01$ - delta/theta, alpha
and beta; Figure 4B).

In summary, STN–STN connectivity was not significantly altered OFF to ON medication. At
the same time, coherence decreased from OFF to ON medication at both the cortico–cortical
and the cortico–STN level. Therefore, only significant STN–STN connectivity existed both
OFF and ON medication, while cortico–STN or cortico–cortical connectivity changes remained
at the mean noise level.

States with a generic coherence decrease have longer lifetimes

Figure 5: Temporal properties of states

We have thus far identified three distinct HMM states, which were differentially modified, both

spatially and spectrally, under the effect of dopaminergic medication. Previous research has

shown that ON medication, spectrally-specific cortico–STN connectivity remains preserved in

PD compared to OFF medication (Litvak et al. 2011; Hirschmann et al. 2013). This indicates

the existence of functionally relevant cortico–STN loops. A decrease in coherence between the

cortex and the STN has also been observed ON medication (George et al. 2013), which was

correlated with improved motor functions in PD. All the connectivity effects were observed in

our results for the communication state. Furthermore, in the communication state, we showed

the existence of a frontoparietal sensorimotor network in the beta band ON medication. Recent

evidence indicates that with the loss of dopamine and the start of PD symptoms, delta/theta

oscillations emerge within the basal ganglia (Whalen et al. 2020). In line with these findings,

STN–STN delta/theta oscillations in the local state were reduced ON medication. Using the

temporal properties of the identified networks, we investigated whether states showing

physiological connectivity patterns lasted longer ON medication. A state that is physiological

should exhibit increased lifetime and/or should occur more often ON medication.

Figure 5A–C shows the temporal properties for the three states for both the OFF and ON

medication conditions. OFF medication, the local state was the one with the longest lifetime

(local $>$ hyper-DA, $p < 0.01$; local $>$ comms, $p < 0.01$).   The communication state OFF

medication had the shortest lifetime among all three states (comms $<$ hyper-DA, $p < 0.01$;

comms $<$ local, $p < 0.01$) and the shortest interval between visits (interval of visit comms $<$

hyper-DA, $p < 0.01$; comms $<$ local, $p < 0.01$). The largest interval between visits was for the

hyper-dopaminergic state OFF medication (hyper-DA $>$ local, $p < 0.01$; hyper-DA $>$ comms,

$p < 0.01$). The FO for the local and communication state was similar, but significantly higher

than for the hyper-dopaminergic state (local $>$ hyper-DA, $p < 0.01$; local $\approx$ comms, $p = 0.65$;

comms $>$ hyper-DA, $p < 0.01$). ON medication, the comparison between temporal properties

of all three states retained the same significance levels as OFF medication, except for the

lifetime of the communication state, which was no longer significantly different from that of

the hyper-dopaminergic state ($p = 0.75$). Within each medication condition, the states retained

their temporal characteristics relative to each other.

Across medication conditions, significant changes were present in the temporal properties of

the states. The lifetimes for both the local and communication state were significantly increased

by medication (ON $>$ OFF: local, $p < 0.01$; comms, $p \leq 0.01$) but the lifetime for the hyper-

dopaminergic state was not significantly influenced by medication. The hyper-dopaminergic

state was visited even less often ON medication (Interval: ON $>$ OFF hyper-DA, $p < 0.01$). The

interval between visits remained unchanged for the local and communication states. The FO for

all three states was not significantly changed from OFF to ON medication. According to the

temporal properties analysed, the hyper-dopaminergic state was visited least often compared to

the other two states both OFF and ON medication. Both the local and communication state

tended to last longer ON medication. This indicates that the states showing physiologically-
relevant spectral connectivity lasted longer ON medication.

3   Discussion

In this study, we parsed simultaneously-recorded MEG-STN LFP signals into discrete time-
resolved states to reveal distinct spectral communication patterns. We identified three states
exhibiting distinct coherence patterns ON and OFF medication: a hyper-dopaminergic, a
communication, and a local state. Our results indicate a tendency of neural activity to engage
in connectivity patterns in which coherence decreases under the effect of dopaminergic
medication and which maintain selective cortico–STN connectivity (communication and local
states). Only within the hyper-dopaminergic state did coherence increase under dopaminergic
medication. These results are in line with the multiple effects of dopaminergic medication
reported in resting and task-based PD studies (Jubault et al. 2009; T.O. West et al. 2016;
Tinkhauser et al. 2017).

The differential effect of dopamine allowed us to delineate pathological and physiological
spectral connectivity. The hyper-DA state provided electrophysiological evidence in the
delta/theta band for the overdose effect of dopaminergic medication in PD. Prior to the
electrophysiological evidence in our study, there was only evidence through task-based or fMRI
studies (Cools et al. 2002; Ray and Strafella 2010; MacDonald et al. 2011). The communication
state revealed that simultaneous cortico–cortical and STN–STN interactions emerge ON
medication, with spectrally- and spatially-specific cortico–STN interactions. In addition, ON
medication, a frontoparietal motor network was present, indicating a shift from STN-mediated
motor connectivity to a cortical one. These findings have not been reported in previous studies.
The local state exhibited the limited ability of dopaminergic medication to modify local STN–
STN delta oscillations. Our analysis also revealed significant changes in the temporal properties
of the connectivity profiles, including lifetime and FO, under the effect of dopaminergic
medication. This insight might in the future prove important for modifying medication as well
as DBS-based strategies for therapeutic purposes.

Increased tonic dopamine causes excessive frontal cortical activity

The hyper-dopaminergic state showed significant coherent connectivity between the
orbitofrontal cortical regions in the delta/theta band ON medication. According to the dopamine
overdose hypothesis (Cools 2001; Kelly et al. 2009; MacDonald and Monchi 2011;
Vaillancourt et al. 2013) in PD, the commonly used doses of dopaminergic medication to
mitigate the motor symptoms cause the ventral frontostriatal cortical circuits to experience an
excessive increase in tonic dopamine levels. This medication-induced increase is due to
excessive compensation of dopamine in the ventral striatal circuitry, which experiences a lower
loss of dopamine than its dorsal counterpart. The reason is that in PD dopaminergic neurons in
the substantia nigra are primarily lost and therefore the dopamine depletion within the dorsal
circuitry is higher than within the ventral one (Kelly et al. 2009; MacDonald and Monchi 2011).
Frontal regions involved with the ventral striatal circuitry include the orbitofrontal cortex,
anterior cingulate, and the inferior temporal cortex (Cools 2006; MacDonald and Monchi
2011). Increased frontal cortex connectivity potentially explains the cognitive deficits observed
in PD (Shohamy et al. 2005; George et al. 2013). Our detected emergence of frontal cortico–
cortical coherence (between orbitofrontal and medial orbitofrontal regions) specifically in the
delta/theta band could explain the cognitive deficits observed in PD due to dopaminergic
medication, given the role of frontal delta/theta oscillations in cognition (Harmony 2013;
Zavala et al. 2014).

A comparison of temporal properties of the hyper-dopaminergic state OFF versus ON
medication revealed that the interval between visits was significantly increased ON medication,
while the FO of this state was significantly reduced. In fact, the FO of the hyper-dopaminergic
state was the lowest among the three states. The temporal results indicate that the hyper-
dopaminergic state is least visited. Neural activity ON medication is not likely to visit this state,
but whenever it does, its visits are of the same duration as OFF medication. Hence, the hyper-
dopaminergic state's presence could explain the cognitive side effects observed ON medication
in PD.

Selective spectral connectivity remains preserved with increased dopamine

levels

In line with previous research (Litvak et al. 2011; Hirschmann et al. 2013), within the

communication state, selective spectral connectivity between the cortex and STN was

maintained ON versus OFF medication. Moreover, coherent ensembles emerged primarily in

the alpha and beta band within frontal and parietal regions. This is in line with previous HMM

results obtained for healthy subjects that also detect anterior and posterior cognitive networks

(Vidaurre, Hunt, et al. 2018).

An interesting feature of the communication state was the emergence of local STN–STN

coherence in all three frequency modes. Bilateral STN–STN coherence in the alpha and beta

band did not change in the communication state ON versus OFF medication. This activity

became significant only ON medication (IntraMed analysis). Since synchrony limits

information transfer (Cruz et al. 2009; Cagnan, Duff, and Brown 2015; Holt et al. 2019), local

oscillations are a potential mechanism to prevent excessive communication with the cortex.

Another possibility is that a loss of cortical afferents causes local basal ganglia oscillations to

become more pronounced. The causal nature of the cortico-basal ganglia interaction is an

endeavour for future research.

An important finding in the communication state was the emergence of a frontoparietal

sensorimotor network in the beta band ON medication. This was in contrast to an STN-mediated

network OFF medication, where sensorimotor frontal and parietal regions were coherent with

the STN but not directly with each other. Previous research has shown that critical information

regarding sensorimotor decision-making involves frontoparietal regions (Gertz and Fiehler

2015; Siegel, Buschman, and Miller 2015; Gallivan et al. 2018; Martínez-Vázquez and Gail

2018). Hence, the emergence of frontoparietal connectivity with motor regions points towards

the physiological relevance of the communication state. Moreover, neural activity ON

medication remained longer in the communication state as the lifetime of this state significantly

increased compared to OFF medication. The finding is in line with our hypothesis that a state

showing physiologically-relevant spectral connectivity lasts longer ON medication.

Tonic dopamine has a limited effect on local STN–STN interactions

In the communication state, STN–STN coherence accompanied network changes affecting cortico–STN communication ON medication, thereby likely having a functional role. In contrast, in the local state, STN–STN coherence emerged without the presence of any significant cortico–STN coherence either OFF or ON medication. This may indicate that the observed STN–STN activity in the local state emerged due to local basal ganglia circuitry. No changes were observed in the alpha and beta band in the local state ON versus OFF medication, which may indicate the inability of tonic dopamine to modify basal ganglia circuit activity. These results provide more evidence that the changes in STN–STN coherence observed in previous studies (Little et al. 2013; Oswal, Brown, and Litvak 2013; Shimamoto et al. 2013) reflect cortical interaction affecting STN activity. Future studies should analyse changes occurring within the STN. To the best of our knowledge, we are the first to uncover modulation of STN–STN delta/theta oscillations by dopaminergic medication. Studies have shown that local basal ganglia delta oscillations, which do not require input from the motor cortex, are robust biomarkers of dopamine depletion (Whalen et al. 2020). Hence, selective elimination of delta/theta oscillations under dopaminergic medication in the local state points towards restoration of physiologically-relevant network activity.

Limitations of the study

In the present study, we employed a data-driven approach based on an HMM. In order to find the appropriate model, we had to specify the number of states a priori. We selected the number of HMM model states based on a compromise between spectral quality of results and their redundancy. The number of states could also be determined by selecting the one with the highest negative free energy. However, model selection based on free energy often does not yield concrete results (Baker et al. 2014). Another limitation is the use of multivariate Gaussian distributions to characterise the state covariance matrices. Although it improves the tractability of the HMM estimation process, it is by construction unable to capture higher-order statistics of the data beyond the first two moments. For example, burst activity might also be a relevant property of brain networks (Florin, Watanabe, and Logothetis 2015).

Besides these limitations inherent in the analysis approach, there are also some related to the experimental design. As this is a study containing invasive LFP recordings, we can never have a healthy control group. The medication led to a marked motor improvement in these patients based on the UPDRS, but the patients still have impairments. To differentiate pathological and

physiological network activity, we had to rely on the temporal properties of the networks. A

further limitation was that all our recordings were made under resting conditions, preventing us

from discerning the functional role of oscillations within the discovered networks. We opted

for the current design because resting-state data allows the study of networks independent of a

task and because using a specific task bears the risk that the patients are not able to properly

perform it. Nevertheless, future studies should analyse the behaviour of specific networks using

tasks to probe them.

Conclusion

Using a data-driven machine learning approach, we identified three distinct networks (states)

that captured differential effects of dopaminergic medication on spectral connectivity in PD.

Our findings uncovered a hyper-dopaminergic state that captured the potentially adverse effects

of increased dopamine levels due to dopaminergic medication. Furthermore, a communication

state was identified that maintained spatio-spectrally selective cortico–STN connectivity ON

medication. We also found a local STN–STN coherent state, pointing towards the limited effect

of dopaminergic medication to modify local basal ganglia activity. Our findings bring forth a

dynamical systems perspective for differentiating pathological versus physiologically-relevant

spectral connectivity in PD. Furthermore, we were able to uncover differential changes induced

by altered levels of a neuromodulator such as dopamine in a completely data-driven manner

without providing detailed information about large-scale dopaminergic networks to the HMM.

This shows another advantage of our dynamical systems-level approach. Furthermore, our

whole brain–STN approach provides novel electrophysiological evidence of distributed

changes due to dopaminergic medication in brain connectivity, extending previous pairwise

connectivity results reported in PD.

4   Materials and Methods

Subjects

In total, 17 (4 female) right-handed PD patients (age: 55.2 ± 9.3 years) undergoing surgery for

therapeutic STN deep brain stimulation (DBS) were recruited for this study. Patients had been

selected for DBS treatment according to the guidelines of the German Society for Neurology.

The experimental procedure was explained to all participants and they gave written consent.

The study was approved by the local ethics committee (study number 5608R) and conducted in

accordance with the Declaration of Helsinki. Bilateral DBS electrodes were implanted in the

dorsal part of the STN at the Department of Functional Neurosurgery and Stereotaxy in

Düsseldorf. The implanted DBS electrodes used were the St. Jude Medical directional lead 6172

(Abbott Laboratories, Lake Bluff, USA) and in one case the Boston Scientific Vercise

segmented lead (Boston Scientific Corporation, Marlborough, USA). These electrodes have

four contact heights and the two middle heights are segmented into three equally-spaced

contacts.

The DBS leads were externalised and we measured the patients after 1 to 3 days. To

simultaneously acquire MEG and LFP signals, we connected the externalised leads to an

electroencephalogram (EEG) amplifier integrated with the MEG system. We used a whole-

head MEG system with 306 channels (Elekta Vectorview, Elekta Neuromag, Finland) housed

within a magnetically-shielded chamber. All patients were requested to sit still and awake

during data acquisition. To ensure that patients did not fall asleep, we tracked patients' pupil

diameter with an eye tracker. To remove eye blink and cardiac artefacts, electrooculography

(EOG) and electrocardiography (ECG) were recorded along with the LFP and MEG signals. In

order to co-register the MEG recording with the individual magnetic resonance imaging (MRI),

four head position indicator coils were placed on the patient's head. Their position as well as

additional head points were digitised using the Polhemus Isotrack system (Polhemus,

Colchester, USA). The data were recorded with a sampling rate of 2400 Hz and a low-pass filter

of 800 Hz was applied. An electrode was placed at the mastoid and all LFP signals were

referenced to it.

For the clinical OFF medication state, oral PD medication was withdrawn overnight for at least

12 hours. If a patient had an apomorphine pump, this pump was stopped at least 1 hour before

the measurement. First, we recorded resting-state activity in the medication OFF condition. The

patients were then given their morning dose of L-DOPA in the form of fast-acting levodopa.

Data were acquired in three runs of 10 minutes, for a total of 30 minutes for each medication

condition. We started the ON medication measurement at least half an hour after the

administration of the dose and after clinical improvement was seen. The same procedure as for

the OFF medication state was followed for the ON medication measurement.

Pre-processing

All data processing and analyses were performed using Matlab (version R 2016b; Math Works,

Natick, USA). Custom-written Matlab scripts and the Brainstorm toolbox

(http://neuroimage.usc.edu/brainstorm/Introduction) were used (Tadel et al. 2011). To ensure

artefact-free data, two people independently inspected the data visually, cleaned artefacts, and

compared the cleaning output. The final cleaned data included changes agreed upon by both the

people involved in cleaning. The Neuromag system provides signal-space projection (SSP)

vectors for the cleaning of external artefacts from the MEG channels, which were applied. The

line noise was removed from all channels with a notch filter at 50, 100, 150, …, 550 and 600

Hz with a 3 dB bandwidth of 1 Hz. The LFP recordings from the DBS electrode were re-

referenced against the mean of all LFP channels. Very noisy and flat MEG/LFP channels were

excluded from further analysis. Time segments containing artefacts were removed from the

time series. However, if artefacts regularly occurred only in one single channel, this whole

channel was removed instead. Frequently-arising artefacts following the same basic pattern,

such as eye blinks or cardiac artefacts, were removed via SSP. All data were high-pass filtered

with 1 Hz to remove movement-related low-frequency artefacts. Finally, the data were down-

sampled to 1,000 Hz.

Source estimation was performed on these recordings at an individual level using each

individual's anatomy. Therefore, using Freesurfer (https://surfer.nmr.mgh.harvard.edu/,

v.5.3.0), the individual cortical surfaces were extracted from the individual T1-weighted MRI

scans (3T scanner and 1 mm³ voxel size). We used the overlapping spheres method with 306

spheres for the forward model. As the inverse model, we used a linearly constrained minimum

variance (LCMV) beamformer. The data covariance matrix for the LCMV beamformer was

computed directly from each 10-minute recording. The data covariance was regularised using

the median eigenvalue of the data covariance matrix. The noise covariance was obtained from

an empty room recording on the same day as the actual measurement.

For each subject, the invasive entry point of the STN was identified based on intraoperative

microelectrode recordings (Gross et al. 2006; Moran et al. 2006). Subsequently, the first

recording height after the entry into the STN was selected to obtain the three directional LFP

recordings from the respective hemisphere. The source-reconstructed MEG data were projected

to the default cortical anatomy (MNI 152 with 15002 vertices) and then down-sampled

temporally to 250 Hz for each medication condition for every subject. We used the Mindboggle

atlas to spatially reduce the data dimensions. For each of the 42 cortical regions in the atlas, a

multidimensional time series consisting of the vertices within that anatomical region was

extracted. To reduce the multivariate times series for each region to a single one, we employed

the first principal component explaining the highest variance share in each region. The first

principal component row vectors from all 42 anatomical regions were stacked into a MEG

cortical time series matrix. To correct for volume conduction in the signal, symmetric

orthogonalisation (Colclough et al. 2015) was applied to each subject's resulting cortical time

series matrix. The row vectors of this orthogonalised matrix and the six LFPs (three each for

left and right STN) were z-scored. Subsequently, they were stacked into one multidimensional

time series (N by T) matrix. Here, N = 48 is the total number of nodes/regions (42 regions from

the cortex and 6 LFP electrode contacts) and T denotes the length of the time dimension. This

48 by T data matrix obtained from each subject was concatenated along the temporal dimension

across all subjects for each specific medication condition. Finally, to resolve sign ambiguity

inherent in source-reconstructed MEG data as well as resolve polarity of LFP channels across

subjects, a sign-flip correction (Vidaurre et al. 2016) procedure was applied to this final 48 by

(T by number of subjects) dataset within a medication condition. The pre-processing steps were

performed for OFF and ON medication separately.

Hidden Markov model analysis

The HMM is a data-driven probabilistic algorithm which finds recurrent network patterns in

multivariate time series (Vidaurre et al. 2016; Vidaurre, Abeysuriya, et al. 2018). Each network

pattern is referred to as a 'state' in the HMM framework, such that these networks can activate

or deactivate at various points in time. Here onwards, 'state' or 'network' is used

interchangeably. We used a specific variety of the HMM, the time-delay embedded HMM

(TDE-HMM), where whole-brain networks are defined in terms of both spectral power and

phase-coupling (Vidaurre, Hunt, et al. 2018). Hence, for every time point, the HMM algorithm

provided the probability that a network is active. Here onwards, a contiguous block of time for

which the probability of a particular network being active remained higher than all the other

networks is referred to as a 'state visit'. Hence, the HMM produced temporally-resolved spatial

networks for the underlying time series. In our approach we also performed spectral analyses

of these state visits, leading to a complete spatio–spectral connectivity profile across the cortex

and the STN. By applying the HMM analysis to the combined MEG-LFP dataset we were able

to temporally, spatially and spectrally separate cortico–cortical, cortico–STN and STN–STN

networks.

Estimation of the hidden Markov model

Since we were interested in recovering phase-related networks, the TDE-HMM was fit directly

on the time series obtained after pre-processing steps described previously (Section 2.2), as

opposed to its power envelope. This preserved the cross-covariance within and across the

underlying raw time series of the cortical regions and the STN. The model estimation finds

recurrent patterns of covariance between regions (42 cortical regions and 6 STN contacts) and

segregates them into 'states' or 'networks'. Based on these covariance patterns, for each state,

the power spectra of each cortical region and the coherence amongst regions can be extracted.

We opted for six different states as a reasonable trade-off between the spectral quality of the

results and their redundancy. The HMM-MAR toolbox (Vidaurre et al. 2016) was used for

fitting the TDE-HMM model. We employed the TDE version of the HMM where the

embedding took place in a 60 ms window (i.e. a 15-time point window for a sampling frequency

of 250 Hz). Since time embedding would increase the number of rows of the data from 48 to 48

times the window length (also referred to as number of lags), an additional PCA (reduction

across 48 by number of lags) step was performed after time embedding. The number of

components retained was 96 (48 x 2). This approach follows Vidaurre, Hunt, et al. 2018. To

characterise each state, a full covariance matrix with an inverse Wishart prior was used. The

diagonal of the prior for the transition probability matrix was set as 10. To ensure that the mean

of the time series did not take part in driving the states, the 'zero mean' option in HMM toolbox

was set to 1. To speed up the process of fitting we used the stochastic version of variational

inference for the HMM. In order to start the optimisation process, the 'HMM-MAR'-type

initialisation was used (for details see Vidaurre et al. 2016). The HMM was fit separately OFF

and ON medication.

Statistical analysis of the states

After the six states were obtained for HMM OFF and HMM ON medication, these states were

statistically compared within each medication condition as well as between medication

conditions. In addition, the temporal properties of these states were compared.

Intra-medication analysis

We investigated the spectral connectivity patterns across the different states within a medication

condition (intra-medication or IntraMed). The objective was to uncover significant coherent

connectivity standing out from the background within each frequency band (delta/theta [1-8

Hz], alpha [8-12 Hz], and beta [13-30 Hz]) in the respective states. The HMM output included

the state time courses (i.e. when the states activated) for the entire concatenated data time series.

The state time courses allowed the extraction of state- and subject-specific data for further state-

and subject-level analysis. For each HMM state, we filtered the state-specific data[1] for all the

subjects between 1 and 45 Hz. Then we calculated the Fourier transform of the data using a

multitaper approach to extract the frequency components from the short segments of each state

visit.[2] Seven Slepian tapers with a time-bandwidth product of 4 were used, resulting in a

frequency resolution of 0.5Hz and therefore binned frequency domain values. Subsequently,

we calculated the coherence and power spectral density of this binned (frequency bins obtained

during the multitaper step) data for every subject and every state. The coherence and the power

spectral density obtained were three-dimensional matrices of size f (number of frequency bins)

by N (42 cortical locations + 6 STN contacts) by N.

Based on the coherence matrices, we performed a frequency band-specific analysis. Canonical

definitions of frequency bands assign equal weight to each frequency bin within a band for

every subject. This might not be suitable when considering analyses of brain signals across a

large dataset. For example, the beta peak varies between individual subjects. Assigning the same

weight to each bin in the beta range might reduce the beta effect at the group level. To allow

for inter-subject variability in each frequency bin's contribution to a frequency band, we

determined the frequency modes in a data-driven manner (Vidaurre, Hunt, et al. 2018). Because

we focused on interactions that are important to establish the STN–cortex communication, the

identification of the relevant frequency modes was restricted to the cross-coherence between

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[1] For state-wise data extraction please refer the HMM toolbox wiki (https://github.com/OHBA-analysis/HMM-MAR/wiki/User-Guide).

[2] see (Vidaurre *et al.*, 2018*b*) for discussion on multitaper for short time data segments.

the STN-LFPs and cortical signals; in other words, the block matrix consisting of rows 1 to 6 (STN) and columns 7 to 48 (cortex). For each subject, this extracted submatrix was then vectorised across columns. This gave us a (number of frequency bins by 252 [6 STN locations by 42 cortical locations]) matrix for each state. For every subject, this matrix was concatenated along the spatial dimension across all states producing a (number of frequency bins by [252 by 6 (number of states)]) matrix. We called this the subject-level coherence matrix. We averaged these matrices across all subjects along the spectral dimension (number of frequency bins) to yield a (number of frequency bins by [252 by 6]) group-level coherence matrix. We factorised the group-level coherence matrix into four frequency modes using a non-negative matrix factorisation (NNMF) (Lee and Seung, 2001). Each of the resulting four frequency modes obtained was of size (1 by number of frequency bins). Three of them resembled the canonical delta/theta (delta and theta frequencies were combined into one band), alpha, and beta bands whereas the last one represented noise. Since NNMF does not guarantee a unique solution, we performed multiple instances of the factorisation. At each instance, we visualised the output to ensure frequency specificity of the frequency modes. The stability of the output was ensured by using 'Robust NNMF', which is a variant of the NNMF algorithm (Vidaurre, Hunt, et al. 2018). We then computed the inner product between the subject- and group-level coherence matrix and the frequency modes obtained above. We called these the subject-level and group-level projection results, respectively.

To separate background noise from the strongest coherent connections, a Gaussian mixture model (GMM) approach was used (Vidaurre, Hunt, et al. 2018). For the group-level projection results, we normalised the activity in each state for each spectral band by subtracting the mean coherence within each frequency mode across all states. As a prior for the mixture model, we used two single-dimensional Gaussian distributions with unit variance: one mixture component to capture noise and the other to capture the significant connections. This GMM with two mixtures was applied to the coherence values (absolute value) of each state. Connections were considered significant if their p-value after correction for multiple comparisons was smaller than 0.05.

Inter-medication analysis

To test for differences in coherence across medication conditions (inter-medication or InterMed), the first step was to objectively establish a comparison between the states found in

the two HMMs fit separately for each condition. There is no a priori reason for the states detected in each condition to resemble each other. To find OFF and ON medication states that may resemble each other, we calculated the Riemannian distance (Förstner and Moonen 2003) the state covariance matrices of the OFF and ON HMM. This yielded an OFF states by ON states (6 x 6) distance matrix. Subsequently, finding the appropriately matched OFF and ON states reduced to a standard linear assignment problem. We found an ON state counterpart to each OFF state by minimising the total sum of distances using the Munkres linear assignment algorithm (Vidaurre, Abeysuriya, et al. 2018). This approach yielded a one-to-one pairing of OFF and ON medication states, and all further analysis was conducted on these pairs. For ease of reading, we gave each pair its own label. For example, when we refer to a 'communication' state in the following sections, then such a state was discovered OFF medication and its corresponding state ON medication is its distance-matched partner. In subsequent sections, all mentions of ON or OFF medication refer to these state pairs unless mentioned otherwise.

We used the subject-level projection results obtained during IntraMed analysis to perform InterMed analyses. We performed two-sided independent sample t-tests between the matched states to compare the coherence, which was calculated between different regions of interest (see Dataset preparation). We grouped individual atlas regions into canonical cortical regions like frontal, sensorimotor, parietal, visual, medial PFC, and STN contacts. For example, in the beta band, STN (contacts)-sensorimotor coherence in the OFF condition was compared to the STN (contacts)-sensorimotor coherence in the ON condition. The p-values obtained were corrected for multiple comparisons for a total number of possible combinations.

Temporal properties of hidden Markov model states

To test for changes in the temporal properties OFF versus ON medication, we compared the lifetimes, interval between visits, and fractional occupancy (FO) for each state both within and across HMMs using two-sided independent sample t-tests. Lifetime/dwell time of a state refers to the time spent by the neural activity in that state. Interval of visit was defined as the time between successive visits of the same state. Finally, the FO of a state was defined as the fraction of time spent in each state. Extremely short state visits might not reflect neural processes, hence we only used values that were greater than 100 ms for lifetime comparisons.

Data availability

Because of privacy law, data are available upon personal request. Enquiries can be sent to the
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Competing interests

AS has been serving as a consultant for Medtronic Inc, Boston Scientific, St. Jude Medical,
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Supplementary material

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FIGURE DESCRIPTIONS

Figure 1:

Title: Data-driven frequency modes derived from the OFF and ON medication conditions.

Description: Each plotted curve shows a different spectral band. The x-axis represents
frequency in Hz and the y-axis represents the weights obtained from the non-negative matrix
factorisation (NNMF) factorisation in arbitrary units. The weights can be considered as
amplitudes corresponding to the frequency bins. The frequency resolution of the modes is 0.5
Hz. Panels A and B show the OFF and ON medication frequency modes, respectively.

Figure 2:

Title: The hyper-dopaminergic state

The hyper-dopaminergic state was characterised by a significant increase in coherence ON
compared to OFF medication (see Panel B). Due to this, no connections within the alpha and
beta band ON medication were significantly higher than the mean (Panel C). However, in the
delta band, ON medication medial prefrontal-orbitofrontal connectivity emerged.

Description: A and C: Each node in the circular graph represents a brain region based on the
Mindboggle atlas. The regions from the atlas are listed in Table 1 along with their corresponding
numbers that are used in the circular graph. The colour code in the circular graph represents a
group of regions clustered according to the atlas (starting from node number 1) STN contacts
(contacts 1, 2, 3 = right STN and contacts 4, 5, 6 = left STN), frontal, medial frontal, temporal,
sensorimotor, parietal, and visual cortices.

In the circular graph, only the significant connections (p < 0.05; corrected for multiple
comparisons, IntraMed analysis) are displayed as black curves connecting the nodes. The
circles from left to right represent the delta/theta, alpha, and beta bands. Panel A shows results
for OFF medication data and Panel C for the ON medication condition.

Panel B shows the result for inter-medication analysis (InterMed) for the hyper-dopaminergic
state. In each symmetric matrix, every row and column corresponds to a specific atlas cluster
denoted by the dot colour on the side of the matrix. Each matrix entry is the result of the
InterMed analysis where OFF medication connectivity between i^{th} row and j^{th} column was
compared to the ON medication connectivity between the same connections. A cell is white if

the comparison mentioned on top of the matrix (either ON > OFF or OFF > ON) was significant

at a threshold of p < 0.01.

Figure 3:

Title: The communication state

Description: For the general description, see the note to Figure 2.

The communication state was characterised by preservation of spectrally selective cortico–STN

connectivity ON medication. Also, ON medication, a sensorimotor–frontoparietal network

emerged.

Figure 4:

Title: The local state

Description: For the general description, see the note to Figure 2.

The local state was characterised by preservation of STN–STN coherence in the alpha and beta

band OFF versus ON medication. STN–STN theta/delta coherence was no longer significant

ON medication.

Figure 5:

Title: Temporal properties of states

Description: Panel A shows the fractional occupancy for the three states for the hyper-

dopaminergic (hyper-DA), communication, and the local state. Each point represents the mean

for a state and the error bar represents standard error. Orange denotes ON medication data and

blue OFF medication data.

Panel B shows the mean interval of visits (in milliseconds) of the three states ON and OFF

medication.

Panel C shows the lifetime (in milliseconds) for the three states. Figure insets are used for clarity

in case error bars are not clearly visible. The y-axis of each figure inset has the same units as

the main figure.

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931 **Tables:**
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935 **Table 1 Regions of the Mindboggle atlas used**
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938 **STN- Subthalamic nucleus, Vis- Visual, Par-Parietal, Smtr-Sensory motor, Tmp-**
939 **Temporal, Mpf-Medial prefrontal, Frnt-Frontal, Ctx- Cortex**
940 **The colour code is for the ring figures presented as part of the results.**
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STN	1	Contact 1 right	Smtr-Ctx	12	Postcentral
	2	Contact 2 right		13	Precentral
	3	Contact 3 right	Tmp-Ctx	14	Middle temporal
	1	Contact 4 left		15	Superior temporal
	2	Contact 5 left	Mpf-Ctx	16	Caudal middle frontal
	3	Contact 6 left		17	Medial orbitofrontal
Vis-Ctx	4	Cuneus		18	Medial orbitofrontal
	5	Lateral occipital		19	Lateral orbitofrontal
	6	Lingual	Frnt-Ctx	20	Pars opercularis
Par-Ctx	7	Inferior parietal		21	Pars orbitalis
	8	Para central		22	Pars triangularis
	9	Precuneus		23	Rostral middlefrontal
	10	Superior parietal		24	Superior frontal
	11	Supramarginal			

Supplementary Material

Figure S1-S3:

S1-S3 show the three additional states that were found in the OFF and ON conditions. S1-S3 A show the OFF states and S1-S3 B show their distance-matched ON states. To the best of our knowledge, we could not interpret these states within our current physiological understanding of Parkinson's disease.

Supplementary figure 1: Supplementary state 1

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Supplementary figure 2: Supplementary state 2

Supplementary figure 3: Supplementary state 3

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