Telomere length and *TERT* expression are associated with age in almond (*Prunus dulcis*)

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Abstract

While it is well known that all organisms age, our understanding of how aging occurs varies dramatically among species. The aging process in perennial plants is not well defined, yet can have implications on production and yield of valuable fruit and nut crops. Almond, a relevant nut crop, exhibits an age-related disorder known as non-infectious bud failure (BF) that affects vegetative bud development, indirectly affecting kernel-yield. This species and disorder present an opportunity to address aging in a commercially-relevant and vegetatively-propagated, perennial crop threatened by an aging-related disorder. In this study, we tested the hypothesis that telomere length and/or *TERT* expression can serve as biomarkers of aging in almond using both whole-genome sequencing data and leaf samples collected from distinct age cohorts over a two-year period. To measure telomere lengths, we employed both *in silico* and molecular approaches. We also measured expression of *TERT*, a subunit of the enzyme telomerase, which is responsible for maintaining telomere lengths. Results from this work show a marginal but significant association between both telomere length measured by monochrome multiplex quantitative PCR and *TERT* expression, and age of almond seedlings. These results suggest that as almonds age, *TERT* expression decreases and telomeres shorten. This work provides valuable information on potential biomarkers of perennial plant aging, contributing to our limited knowledge of this process. In addition, translation of this information will provide opportunities to address BF in almond breeding and nursery propagation.

Keywords

Perennial plant aging, biomarker, telomerase

Introduction

The current concept and study of aging is centered primarily around mammals with research focused on circumventing deleterious impacts on health (Kirkwood, 2005; Sanders and Newman, 2013). However, all eukaryotic organisms exhibit signals of aging, resulting in the deterioration of key biological processes and subsequent decrease in health, performance, and fitness of individuals. Perennial plants represent a unique model to address the aging process and its impact since these species undergo cycles of dormancy and growth, and maintain the ability to reproduce for multiple years. The aging process of perennial plants is relevant due to the longevity and economic importance of perennial crops such as fruit and nut trees (Munné-Bosch, 2007; Brutovská *et al.*, 2013; Thomas, 2013). Individual trees can remain productive in orchards for decades; however, aging in plants and its implications for growth and reproduction are neglected areas of research with potential consequences for production, management, conservation, and breeding.

The lack of understanding of aging in perennials is partly due to the complexity in measuring and conceptualizing age in perennial plant species since aging occurs chronologically and ontogenetically in opposite directions (Poethig, 2003). Chronologic age can be defined as the amount of time since tissue/organ formation (e.g. human skin cells replenish every few days, meaning each cell is typically a day or 2-days old), while ontogenetic age refers more to developmental time and allows for the accumulation of mutations or chromosomal alterations (e.g. 2-day old skin cells at age 6 compared to 2-day old skin cells at age 60). Agriculturally relevant perennials are often vegetatively propagated (i.e. cloned), blurring the distinction between ontogenetic and chronologic age, and tend to be grown under intensive management. The limitation in determining age in perennials creates a need to identify biomarkers in these species that enable ontogenetic age estimation.

Almond (*Prunus dulcis* [Mill.] D.A.Webb; Fig. 1) is an economically relevant, Rosaceous crop, subject to intense horticultural management to maintain maximum nut production. In California, the almond industry is estimated to contribute ~$11 billion to the state's GDP annually (Almond Board of California, 2019). Top-producing almond cultivars, some of which were first obtained more than 100 years ago, are produced for commercial orchards via vegetative propagation (Micke, 1996; Wickson, 1914). As orchards age (after 20-25

65 years), trees are replaced with "new" clones of typically the same cultivar to maintain
66 homogeneity in quality and high levels of production (Micke, 1996).

67 Almond exhibits an age-related disorder known as non-infectious bud-failure (BF)
68 affecting vegetative bud development in the spring (Micke, 1996). Genotypes exhibiting this
69 disorder show characteristic dieback at the top of the canopy, and severe levels of BF can result
70 in up to 50% yield loss (Gradziel et al. 2013). Empirical evidence shows BF is associated with
71 age (Kester *et al.*, 2004); however, as almonds are produced primarily through vegetative
72 propagation rather than by seed, their true ontogenetic age and thus susceptibility to BF can be
73 difficult to assess (Micke, 1996). Biomarkers indicative of age would be valuable to growers,
74 breeders, and producers to screen germplasm. Thus, almond represents a potential model species
75 for the study of aging in perennials due to its economic relevance, the abundance of available
76 germplasm and breeding programs, and the exhibition of an age-related disorder.

77 One biomarker of aging is telomere length measurement (Sanders and Newman, 2013;
78 Marioni *et al.*, 2016; Runov *et al.*, 2015), which has been primarily studied in animals.
79 Telomeres are nucleoproteins that cap the end of chromosomes, preventing premature instability
80 of genomic material and cellular senescence (Watson and Riha, 2011). Telomeres tend to shorten
81 over mitotic cellular divisions due to decreased levels of telomerase, an enzyme that supports
82 telomere replication during the S-phase of the cell cycle (Nelson *et al.*, 2014). Over mitotic cell
83 divisions, telomeres eventually reach a critical minimum length at which point the cell senesces
84 and dies due to genome instability resulting from single stranded DNA at the ends of
85 chromosomes (Hemann *et al.*, 2001). This progressive shortening is proposed as a marker of
86 aging in mammalian cells and is linked to physiological deterioration and some age-related
87 disorders (Sanders and Newman, 2013; Watson and Riha, 2011; Aviv and Shay, 2018). Plant
88 chromosomes also contain telomeres with similar functions. While the relationship between
89 telomeres and the aging process is not as clearly defined in plants as in animals, previous work
90 shows associations between telomere length and various stages of plant development (Zachová *et*
91 *al.*, 2013; Watson and Riha, 2011; Procházková Schrumpfová *et al.*, 2019) suggesting telomere
92 length could be a suitable biomarker of age in plants.

93 Given that telomerase activity modulates telomere length, expression of genes involved
94 in the telomerase biosynthetic pathway could also serve as biomarkers for aging (Fitzgerald *et*

95 *al.*, 1996; De la Torre-Espinosa *et al.*, 2020; Boccardi and Paolisso, 2014; Anchelin *et al.*, 2011;
96 Fossel, 1998). TERT is the catalytic subunit of the telomerase enzyme (Oguchi *et al.*, 1999) and
97 the RNA subunit (TR) functions as the template for reverse transcription (Procházková
98 Schrumpfová *et al.*, 2019). Expression of *TERT* is shown to affect telomerase activity (Sweetlove
99 and Gutierrez, 2019; Jurečková *et al.*, 2017). In Arabidopsis, increased *TERT* expression is
100 linked to proportional increases in telomerase activity and telomere length (Zangi *et al.*, 2019;
101 Fitzgerald *et al.*, 1999) which is in turn linked to age. Since *TERT* is tied to telomere length in
102 both plants and animals, its expression may also serve as an indicator of age in plants (Watson
103 and Riha, 2010).

104 This study tests the hypothesis that telomere length and *TERT* expression in almond are
105 associated with age and can thus serve as biomarkers of aging in this species. Both telomere
106 length and *TERT* expression show promise as diagnostic biomarkers since they can be measured
107 in a high-throughput manner via *in silico* and molecular approaches (Nersisyan and Arakelyan,
108 2015; Montpetit *et al.*, 2014; Cawthon, 2009). These approaches build on previous research
109 examining the relationship between telomere lengths and age in perennial plants (Flanary and
110 Kletetschka, 2005; Moriguchi *et al.*, 2007; Liang *et al.*, 2015; Liu *et al.*, 2007). The goal of this
111 work is to advance our understanding and provide a model for the study of aging and its
112 implications in perennial plant species.

113 **Materials and Methods**

114 *Whole-genome Sequencing Data*

115 To perform *in silico* mean telomere length estimation, fastq files produced from whole-genome
116 sequencing of nine almond accessions were downloaded to the Ohio Super Computer (Anon,
117 1987) from the National Center for Biotechnology Information Sequence Read Archive from
118 bioprojects PRJNA339570 and PRJNA339144. Accessions were selected for use in this study if
119 the age of the individual was included in the metadata for the biosample entry on NCBI SRA.
120 Table 1 includes the SRA biosample number for each almond accession used as well as
121 accession name, cultivar name (if available), and age.

122 *In silico Mean Telomere Length Estimation*

123 Mean telomere lengths were estimated for nine almond accessions using files in fastq format
124 containing whole-genome sequencing data for each individual. These fastq files were used as

125 input in the program Computel v. 1.2 (Nersisyan and Arakelyan, 2015). To estimate mean
126 telomere lengths, the computel.sh script was run with the following parameters: -nchr 8 -
127 lgenome 227411381 -pattern CCCTAAA -minseed 14 using the estimated length of the peach
128 genome based on the v2 assembly (Initiative *et al.*, 2013). All work was performed using the
129 Ohio Supercomputer Center computational resources (Anon, 1987).

130 *Plant Material*

131 Leaf samples for this study were collected in May 2018 and 2019 from almond breeding
132 selections located at the Wolfskill Experimental Orchards (Almond Breeding Program,
133 University of California – Davis, Winters, CA). Tissue was harvested from the canopy of a total
134 of 21 unique individuals representing distinct age cohorts (Table 2). Samples were immediately
135 frozen on ice and stored at -20 °C until shipment overnight on dry ice to the Ohio Agricultural
136 Research and Development Center (OARDC – Wooster, OH). Samples were stored at -20 °C
137 until processing, and all subsequent experimental procedures were conducted at the OARDC.

138 *DNA and RNA Extraction*

139 DNA was extracted from the age cohort samples using the Omega E-Z 96® Plant DNA Kit
140 (Omega Bio-tek, Norcross, GA) with slight modification. Briefly, 100 mg of leaf material was
141 weighed in 2.0 mL tubes containing two 1.6 mm steel beads and kept frozen in liquid nitrogen.
142 Samples were ground in a 2000 Geno/Grinder® (SPEX SamplePrep, Metuchen, NJ) in two 48-
143 well cryo-blocks frozen in liquid nitrogen. Following a 65 °C incubation, samples were
144 incubated on ice for 20 minutes, treated with 10 µL of RNase solution (2.5 ul RNase [Omega
145 Bio-tek, Norcross, GA] + 7.5 µl TE pH 8), equilibrated through addition of 150 µl Equilibration
146 Buffer (3 M NaOH), incubated at room temperature for four minutes, and centrifuged at 4,400
147 rpm for two minutes prior to the addition of SP3 buffer. Concentration and quality were analyzed
148 using a NanoDrop™ 1000 spectrophotometer and a Qubit 4 Fluorometer with a dsDNA HS
149 Assay Kit (ThermoFisher Scientific, Waltham, MA).

150 RNA was extracted following the protocol outline in Gambino *et al.* (2008) with slight
151 modifications. Briefly, leaf material was ground in liquid nitrogen using a mortar and pestle, and
152 150 mg of tissue was weighed into a 2.0 mL microfuge tube frozen in liquid nitrogen. To extract
153 RNA, 900 µL CTAB extraction buffer (2% CTAB, 2.5% PVP-40, 2 M NaCl, 100 mM Trish-HCl

154 pH 8.0, 25 mM EDTA pH 8.0, 2% Beta-mercaptoethanol added before use) was added to each
155 tube and samples were incubated at 65 °C for ten minutes. Following incubation, two phase
156 separations were performed using an equal volume of chloroform:isoamyl alcohol (24:1). RNA
157 was precipitated in 3 M lithium chloride and incubated on ice for 30 minutes, and samples were
158 pelleted by centrifugation at 21,000 x g for 15 minutes. Pellets were then resuspended in 500 µL
159 pre-warmed SSTE buffer (10 mM Tris-HCl pH 8.0, 1 mM EDTA pH 8.0, 1% SDS, 1 M NaCl)
160 followed by a phase separation with an equal volume of chloroform:isoamyl alcohol (24:1). A
161 final precipitation was performed using 0.7 volumes chilled 100% isopropanol. RNA was
162 pelleted and washed with 70% ethanol before being resuspended in 30 µL nuclease-free water. A
163 DNase treatment was performed using DNA-*free*™ DNA Removal Kit (ThermoFisher
164 Scientific) according to the manufacturer's instructions. All materials used for extraction were
165 nuclease- free and cleaned with RNaseZap™ RNase decontamination wipes (ThermoFisher
166 Scientific) prior to use. All centrifugation steps were performed at 4°C. RNA quality and
167 concentration were assessed using a NanoDrop™ 1000 spectrophotometer and a Qubit 4
168 Fluorometer with an RNA HS Assay Kit (ThermoFisher Scientific).

169 *Monochrome Multiplex Quantitative PCR (MMQPCR) to Measure Relative Telomere Lengths*

170 MMQPCR was conducted following the protocol outlined in Vaquero-Sedas and Vega-Palas
171 (2014) with minimal modifications. Primer sequences for genes used in this study are shown in
172 Table 3, including primers for the single copy gene, *PP2A*, and for the telomere sequence (Wang
173 *et al.*, 2014; Vaquero-Sedas and Vega-Palas, 2014). Oligos were synthesized by MilliporeSigma
174 (Burlington, MA) and resuspended to a concentration of 100 µM upon arrival. Standard curves
175 were created for each primer pair by pooling six aliquots of DNA isolated from a single clone of
176 the almond cultivar 'Nonpareil', and performing successive dilutions to 20 ng/µL, 10 ng/µL, 1
177 ng/µL, 0.5 ng/µL, and 0.25 ng/µL. Reactions were carried out in triplicate for each primer by
178 concentration combination.

179 Isolated DNA from the age cohort samples was diluted to 20 ng/µL. Multiplex reactions
180 were carried out in sextuplicate for each replicate within the age cohorts in a 10 µL volume using
181 QuantaBio PerfeCTa SYBR® Green SuperMix (Quanta Biosciences, Beverly, MA) (2X),
182 forward and reverse primers (100 nM each), and 20 ng template DNA according to the
183 manufacturer's instructions. Reactions were performed in a Bio Rad C1000 Touch Thermal

184 Cycler (Bio Rad Laboratories, Hercules, CA) using the following program: initial denaturation at
185 95 °C for 3 minutes followed by 2 cycles of incubation at 94 °C for 15 seconds and annealing at
186 49 °C for 15 seconds; telomere and *PP2A* amplicons were generated following 35 cycles at 95
187 °C for 30 seconds, 59 °C for 1 minute, 72 °C for 30 seconds, 84 °C for 15 seconds and 85 °C for
188 15 seconds; final incubation at 72 °C for 1 minute. Melting curve analysis was performed at a
189 temperature range of 74-85 °C for both primer pairs to ensure no non-specific amplification.

190 *cDNA Synthesis and Quantitative Reverse Transcriptase PCR (qRT-PCR) to Measure Relative*
191 *Expression of TERT*

192 Reactions were carried out in a 20 µL volume using the Verso™ cDNA synthesis Kit
193 (ThermoFisher Scientific). One reaction was prepared for each age cohort sample according to
194 the manufacturer's instructions. Reactions were performed in a MJ Research PTC-200 thermal
195 cycler using the following program: 42 °C for 30 minutes followed by 95 °C for 2 minutes.

196 To quantify expression of *TERT* in age cohort individuals, qRT-PCR was performed in
197 triplicate for each sample. The gene *RPII* from peach was used as a reference (Bastias *et al.*,
198 2020; Tong *et al.*, 2009), and the sequence for the *TERT* gene was derived from the 'Texas'
199 genome (https://www.rosaceae.org/analysis/295) using the homologous peach gene sequence as
200 a reference (Alioto *et al.*, 2020). Primer sequences are shown in Table 2, and all oligos were
201 synthesized by MilliporeSigma (Burlington, MA) and resuspended to a concentration of 100 µM
202 upon arrival.

203 To generate cDNA from the age cohort samples, 100 ng of RNA was used as input in the
204 Verso cDNA Synthesis Kit (ThermoFisher Scientific) according to the manufacturer's
205 instructions. To test for relative expression of *TERT*, reactions were carried out in triplicate for
206 each biological replicate within the age cohorts in a 10 µL volume using QuantaBio PerfeCTa
207 SYBR® Green SuperMix (Quanta Biosciences) (1X), forward and reverse primers (100 nM),
208 and cDNA (1 µL) according to the manufacturer's instructions. Reactions were performed in Bio
209 Rad C1000 Touch Thermal Cycler (Bio Rad Laboratories) using the following program: initial
210 denaturation at 95 °C for 3 minutes followed by 40 cycles at 95 °C for 15 seconds and 55 °C for
211 45 seconds. Melt curves were generated at a temperature range of 74-85 °C for both primer pairs
212 to ensure no non-specific amplification.

213 *Statistical Analysis*

214 Mean telomere lengths generated *in silico* using Computel v. 1.2 for each almond accession were
215 square root transformed prior to analysis. Mean telomere length was regressed on chronological
216 age to test for a linear relationship based on *in silico* predictions. Normality was confirmed using
217 a Shapiro-Wilks test.

218 Using the standard curve generated with *PP2A* (S) and telomere (T) primers for a
219 reference almond sample, relative T/S ratios were calculated for each individual sample based on
220 Cq values for the telomere and *PP2A* products (Vaquero-Sedas and Vega-Palas, 2014). Z-scores
221 were calculated from the T/S ratios as recommend in Verhulst (2020) for each replicate within
222 the age cohorts. Normality and homogeneity of variance were confirmed using Shapiro-Wilks
223 and Bartlett tests. Analysis of variance (ANOVA) was performed for each age cohort followed
224 by *post hoc* Fisher's LSD and pairwise t-tests. Gene expression data were analyzed according to
225 guidelines in Bustin et. al (2009), first by normalizing *TERT* expression to that of the reference
226 gene, *RPII*. Following normalization, data were log-transformed, and normality and homogeneity
227 of variance were confirmed using Shapiro-Wilks and Bartlett tests. ANOVA was performed for
228 each age cohort followed by *post hoc* analysis with Tukey's HSD. All analyses were performed
229 using R v. 3.6.1 and plots were generated using ggplot2 v. 3.3.0.

230 **Results**

231 *Associations of telomere length and age in almond*

232 Mean telomere lengths were estimated *in silico* using whole-genome sequencing data for nine
233 select almond accessions and regressed against accession age following a square root
234 transformation. Normality of residuals was confirmed using a Shapiro-Wilks test (p-value =
235 0.318). Linear regression suggests a negative relationship between mean telomere length and age
236 as depicted in Fig. 2.

237 Relative telomere lengths were generated for the almond individuals within each of the
238 age cohorts collected in 2018 (1, 5, 9, and 14 years) and 2019 (2, 7, and 11 years old) using the
239 MMQPCR approach. Normality of residuals and homogeneity of variance of relative telomere
240 lengths were confirmed using Shapiro-Wilks (**2018:** p-value = 0.2578; **2019:** p-value = 0.4682)
241 and Bartlett (**2018:** p-value = 0.1408; **2019:** p-value = 0.4613) tests. ANOVA results for the
242 linear model, z-score ~ age, were marginally significant in both 2018 and 2019, and subsequent
243 *post hoc* Fisher's LSD and pairwise t-tests revealed significant differences between ages 1 and

244 14 years and 5 and 14 years (Fig. 3a) in the 2018 cohorts, and between ages 2 and 11 years old
245 (Fig. 3b) in the 2019 cohorts.

246 *TERT gene expression patterns associated with age in almond*

247 Normalized expression of *TERT* was measured for almond samples among the age cohorts
248 collected in 2018 and 2019 for this study using *RPII* as the reference gene. Normality of
249 residuals and homogeneity of variance were confirmed using Shapiro-Wilks (**2018:** p-value =
250 0.694; **2019:** p-value = 0.09456) and Bartlett (**2018:** p-value = 0.6976; **2019:** p-value = 0.3579)
251 tests. ANOVA results comparing the average log(expression) values for each age cohort revealed
252 significant differences between cohorts in both 2018 and 2019. *Post hoc* analysis with Tukey's
253 HSD revealed significant differences in *TERT* expression between ages 1 and 14 years old in the
254 2018 cohorts (Fig. 4a) and between ages 2 and 11 years old in the 2019 age cohorts (Fig. 4b).

255 **Discussion**

256 Almond, an economically-valuable nut crop, exhibits an aging-related disorder known as non-
257 infectious bud failure that negatively impacts vegetative development and ultimately, yield. As a
258 clonally propagated crop, tracking age and thus susceptibility to bud failure is difficult, making
259 biomarkers of age a valuable resource to circumvent the impacts of aging-related disorders in
260 almond germplasm. Telomere length is used as a biomarker of age and development of age-
261 related disorders in mammals, but the association between telomere length and age in plants is
262 not well-defined (Watson and Riha, 2011; Procházková Schrumpfová *et al.*, 2019). The present
263 study tests the hypothesis that telomere length and/or *TERT* expression are associated with age in
264 almond. To test this, both *in silico* and qPCR approaches were utilized to measure telomere
265 length and estimate *TERT* expression in sets of almond accessions of known chronological age.
266 *In silico* analysis was performed using whole-genome sequencing data from nine almond
267 accessions of known age. Samples were collected from three and four sets of age cohorts over
268 two years to test for an association between relative telomere length and individual age using the
269 MMQPCR method as well as between *TERT* expression and age using qRT-PCR.

270 *In silico and quantitative PCR approaches suggest a marginal association between average or*
271 *relative telomere length and age in almond*

272 Average telomere length estimated *in silico* using the program Computel (Nersisyan and
273 Arakelyan, 2015) revealed a non-significant, negative association with age in the almond

274 accessions tested. This same pattern was shown utilizing MMQPCR and almond leaf samples
275 collected from different almond age cohorts in 2018 and 2019 where telomere length decreases
276 with increasing age. The association demonstrated in this study adds to the growing body of
277 knowledge regarding the complex relationship between telomere length and plant aging.

278 Previous studies in both *Ginkgo biloba* and *Panax ginseng* showed a pattern of increased
279 telomere length with increased age, suggesting plants do not follow the same patterns of
280 telomere shortening as seen in mammals (Liang *et al.*, 2015; Liu *et al.*, 2007). Work in apple
281 (*Malus domestica*) and *Prunus yedoensis*, both members of Rosaceae like almond, show no
282 change in telomere lengths with increased plant age over a five year timespan (Moriguchi *et al.*,
283 2007). In bristlecone pine (*Pinus longaeva*), a long-lived perennial gymnosperm, telomere
284 lengths measured in needle and root tissues between 0 – 3,500 years old showed a cyclical
285 pattern of lengthening and shortening with age (Flanary and Kletetschka, 2005). Further, when
286 analyzing telomere length in relation to tissue differentiation, studies in both barley (*Hordeum*
287 *vulgare*) and Scots pine (*Pinus sylvestris*) showed telomere shortening through embryo
288 development to leaf or needle formation (Aronen and Ryynänen, 2012; Kilian *et al.*, 1995).
289 Similarly, in silver birch (*Betula pendula*), telomeres shorten when plant are grown in tissue
290 culture conditions compared to those grown outdoors, suggesting abiotic stressors may induce
291 telomere shortening (Aronen and Ryynänen, 2014).

292 The results in almond suggest a pattern closest to what was observed in bristlecone pine
293 where telomere lengths shorten and lengthen throughout an individual's lifetime. This pattern
294 could be unique to gymnosperms, however, and needs to be further characterized in angiosperms
295 including Rosaceous species. While the commercial lifespan of almond is typically less than 30
296 years, almond can live more than 150 years (Micke, 1996). In this study, the maximum age
297 tested via the *in silico* approach was 32 years-old and via qPCR was 14 years-old, suggesting
298 that a wider age-range of trees and a larger sample size could produce a more refined model of
299 telomere length patterns over time.

300 Current almond cultivars may also be ontogenetically old, such as 'Nonpareil', the most
301 relevant US cultivar representing ~40% of acreage, which was first described almost 140 years
302 ago and has been propagated by budding since (Wickson, 1914; Almond Board of California,
303 2019). The ontogenetic age of a cultivar may be a factor to consider in the onset of aging-related

304 disorders like BF in almond. Additionally, it would be interesting to track the change in telomere
305 length following clonal propagation (through budding) in which plants experience a rejuvenation
306 process, reverting to a juvenile state for a short period of time (Bonga, 1982). It was further
307 found that propagating almond from basal epicormic buds, potentially representing
308 ontogenetically young meristematic tissue, seemed to alleviate BF in resulting clones (Gradziel
309 *et al.*, 2019). Testing telomere lengths in epicormic tissues could present another avenue to both
310 track aging in almond and develop biomarkers to predict BF potential in almond.

311 *TERT expression measured by qRT-PCR is a putatively associated with age in almond*
312 *accessions*

313 To test the hypothesis that *TERT* expression can serve as a biomarker of age in almond,
314 expression patterns were tested in cohorts representing either three or four distinct ages over two
315 years. Results from this work showed a consistent pattern of marginally significant, decreased
316 expression with increased ontogenetic age. Telomerase was shown to be a modulator of
317 longevity in humans and other mammals, but work describing telomerase patterns in plants is
318 limited (Boccardi and Paolisso, 2014; Fitzgerald *et al.*, 1996).

319 A comprehensive study examining telomerase protein activity in carrot (*Daucus carota*),
320 cauliflower (*Brassica oleracea*), soybean (*Glycine max*), *Arabidopsis thaliana*, and rice (*Oryza*
321 *sativa*) demonstrated that, like telomere lengths, protein activity tends to be highest in
322 undifferentiated tissues like meristematic tissues and is lower in differentiated tissues such as
323 leaves (Fitzgerald *et al.*, 1996). This result was supported by further work in barley and maize
324 showing little activity in differentiated tissues (Kilian *et al.*, 1998). These studies were all
325 performed in annuals or biennials, however, suggesting that telomerase activity does in fact
326 decrease with increased plant age in these crops. Work in perennials including bristlecone pine,
327 *P. ginseng*, and *G. biloba* showed an association between telomerase activity and age, suggesting
328 patterns unique to perennial plant species (Liang *et al.*, 2015; Flanary and Kletetschka, 2005;
329 Song *et al.*, 2011). A study in almond could be performed using a wider age-range and larger
330 sample size to elucidate the effect of age on telomerase activity, similar to what was referenced
331 above for telomere length measurements. Additionally, many of the studies performed in other
332 plants examining patterns of telomerase activity focused on protein activity rather than gene
333 expression. A future study will be necessary in almond to examine the telomerase protein

activity potentially by Western blot or other proteomics approaches to corroborate the association between *TERT* expression and protein activity.

While a pattern was established in plants demonstrating a direct relationship between telomerase activity and telomere length, regulation of telomerase is still not well understood in the plant kingdom (Zachová *et al.*, 2013; Jurečková *et al.*, 2017; Fitzgerald *et al.*, 1996). Interestingly, work in Arabidopsis has shown a link between DNA methylation and telomere length, suggesting that this epigenetic mark likely has a role in regulating telomere lengths potentially by modulating telomerase activity (Vega-Vaquero *et al.*, 2016; Lee and Cho, 2019; Ogrocká *et al.*, 2014). A study is ongoing in almond to analyze DNA methylation patterns in a set of almond accessions representing three distinct age cohorts to determine what, if any, impact age has on methylation profiles.

Despite the limited age-range and small sample size used in this study, a consistent pattern of both decreased telomere length and decreased *TERT* expression with increased age was observed over two years of sampling. These results provide a basis for future study and exploration into the utility of telomere length measurement and/or *TERT* expression or telomerase activity as biomarkers of aging in almond. Developing a robust biomarker to track aging in almond, a primarily clonally propagated crop, would allow growers, producers, and breeders to screen germplasm to eliminate selections or clones with a high susceptibility to age-related disorders due to advanced ontogenetic age.

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578 **Tables**

579

SRA Biosample	Accession Name	Cultivar	Age (years)
SRR4045222	DPRU 1207.2	N/A	29
SRR4045223	DPRU 210	'Languedoc'	32
SRR4045224	DPRU 2331.9	N/A	20
SRR4045225	DPRU 1791.3	N/A	23
SRR4045226	DPRU 2301	'Tuono'	21
SRR4045227	DPRU 2374.12	N/A	19
SRR4045228	DPRU 1456.4	'Badam'	28
SRR4045229	DPRU 1462.2	N/A	28
SRR4036105	DPRU 2578.2	N/A	15

580 **Table 1.** NCBI SRA biosample entry for almond accessions used for *in silico* mean telomere
581 length estimation.

582

583

584

Sampling Year	Age (years)	Sample Size
2018	1	3
2018	5	3
2018	9	3
2018	14	3
2019	2	3
2019	7	3
2019	11	3

585 **Table 2.** Sampling scheme for 2018 and 2019 almond age cohort collections.

586

587

588

589

590

Oligo Name	Oligo Sequence (5' – 3')
PP2A Forward	**CGGCGGCGGGCGGCGCGGG**CAGGATAGACATTGGAGGGTTCGGCTCGCAA
PP2A Reverse	**CGGCGGCGGGCGGCGCGGG**ACCACTGCATGCAAAGGGACCCAAGCTTAT
Telomere Forward	CCCCGGTTTTGGGTTTTGGGTTTTGGGTTTTGGGT
Telomere Reverse	GGGGCCCTAATCCCTAATCCCTAATCCCTAATCCCT
TERT Forward	GCATCAGAGAAGGGTCAGATT
TERT Reverse	CTCTGGCTCCTTGAATCGTATAG
RPII Forward	TGAAGCATACACCTATGATGATGAAG
RPII Reverse	CTTTGACAGCACCAGTAGATTCC

591 **Table 3.** Oligos used for all MMQPCR and qRT-PCR studies.

592

593 **Figure Legends**

594 **Figure 1.** Image of almond cultivar 'Nonpareil' (photo taken by K. D'Amico-Willman in May
595 2018).

596

597 **Figure 2.** Linear regression showing the relationship between $\sqrt{mean\ telomere\ length}$ and
598 accession age in nine almond accessions. Dashed line represents the best-fit linear model (p-
599 value = 0.1458; R^2 = 0.2767).

600

601 **Figure 3.** Boxplots depicting the calculated z-score of the T/S ratio for almond samples within
602 the age cohorts tested. **(a)** Age cohort collected in 2018. **(b)** Age cohort collected in 2019.
603 Significant differences in z-scores between age cohorts based on ANOVA followed by *post hoc*
604 Fisher's LSD (α = 0.1) are denoted by letter groupings (ANOVA 2018 p-value = 0.1077;
605 ANOVA 2019 p-value = 0.06548).

606

607 **Figure 4.** Normalized expression of *TERT* for almond samples within the age cohorts test. **(a)**
608 Age cohort collected in 2018. **(b)** Age cohort collected in 2019. Significant differences in
609 relative expression between age cohorts based on ANOVA followed by *post hoc* Tukey's HSD
610 (alpha = 0.1) are denoted by the letter groupings (ANOVA 2018 p-value = 0.09087; ANOVA
611 2019 p-value = 0.1414).

612

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618 USDA National Institute of Food and Agriculture, and the Ohio Supercomputer Center.

619

620 **Conflict of Interest Statement**

621 The authors declare no conflicts of interest.

Figures

Figure 1

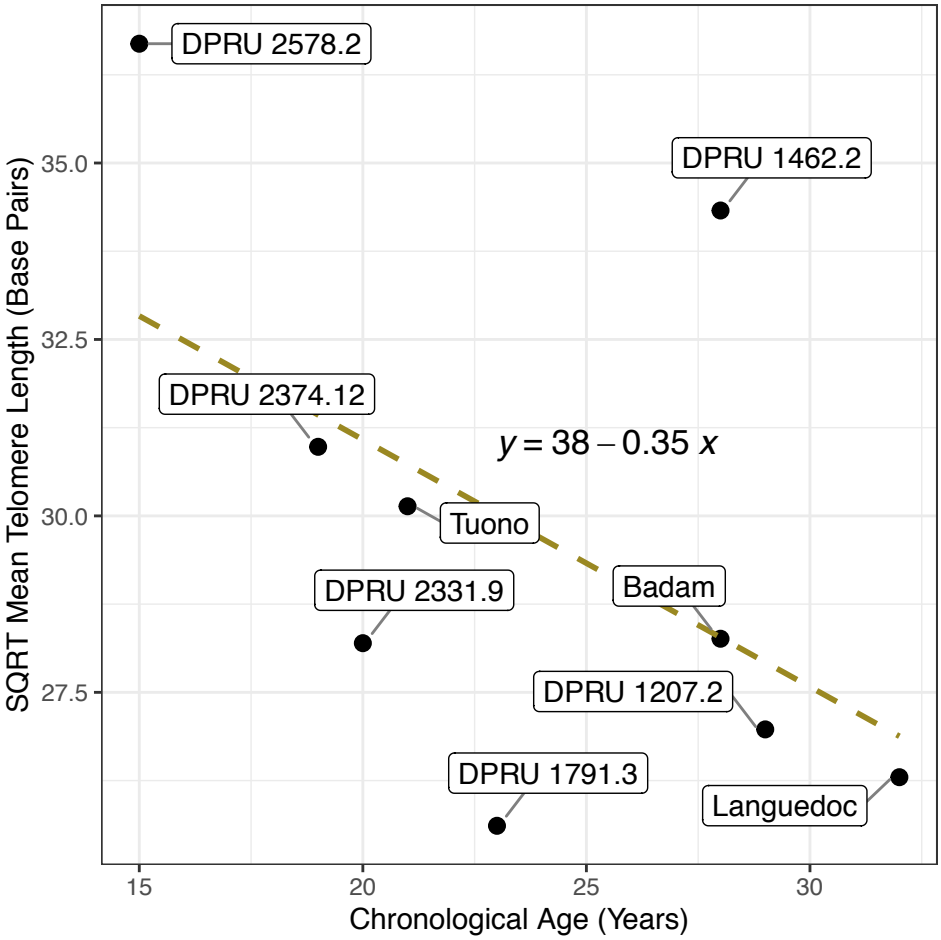
DPRU 2578.2
DPRU 1462.2
DPRU 2374.12
$y = 38 - 0.35\,x$
Tuono
DPRU 2331.9
Badam
DPRU 1207.2
DPRU 1791.3
Languedoc
35.0
32.5
30.0
27.5
15
20
25
30
SQRT Mean Telomere Length (Base Pairs)
Chronological Age (Years)

Figure 2

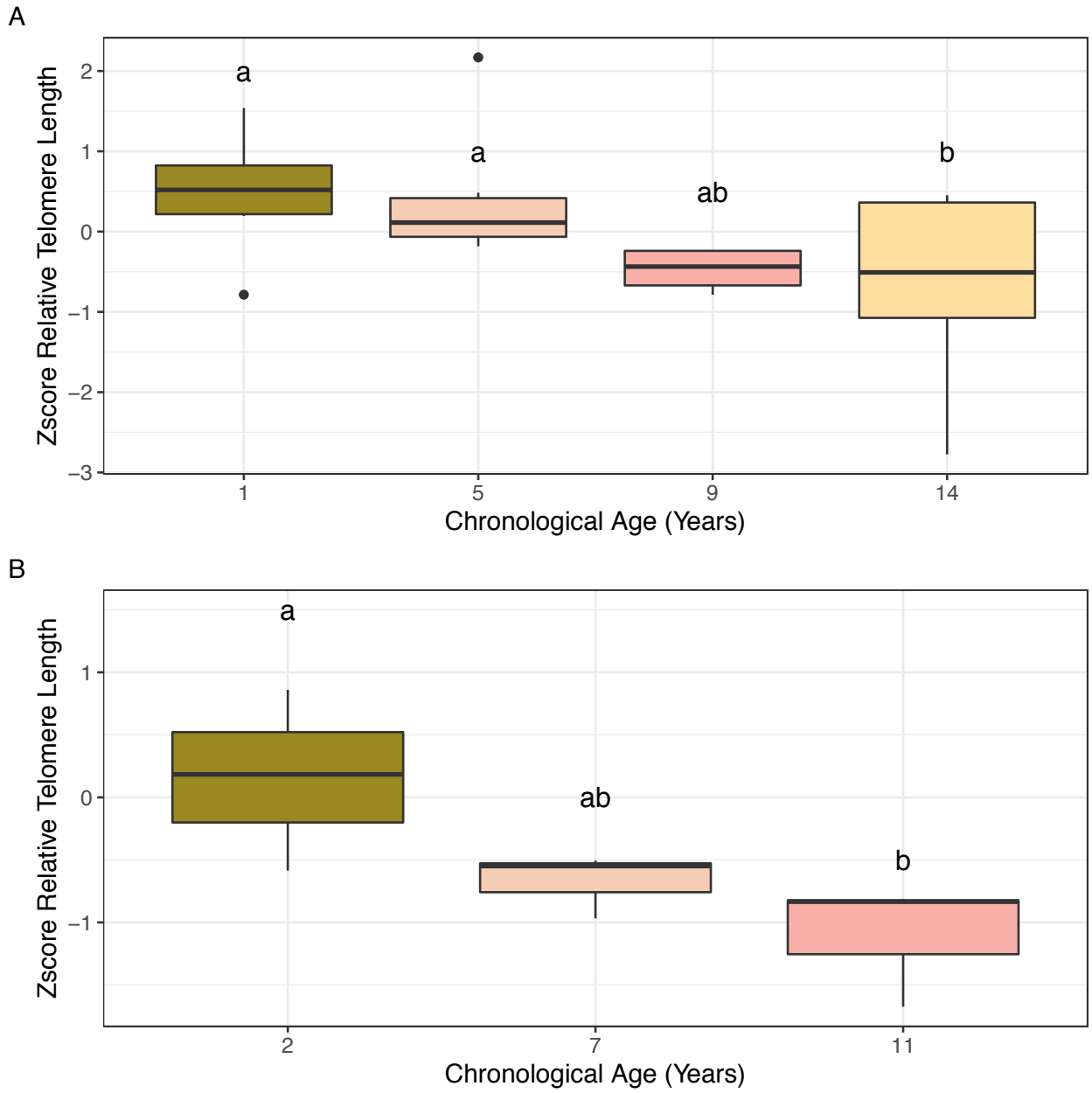
A
Zscore Relative Telomere Length
2
1
0
−1
−2
−3
a
a
ab
b
1
5
9
14
Chronological Age (Years)
B
Zscore Relative Telomere Length
1
0
−1
a
ab
b
2
7
11
Chronological Age (Years)

Figure 3

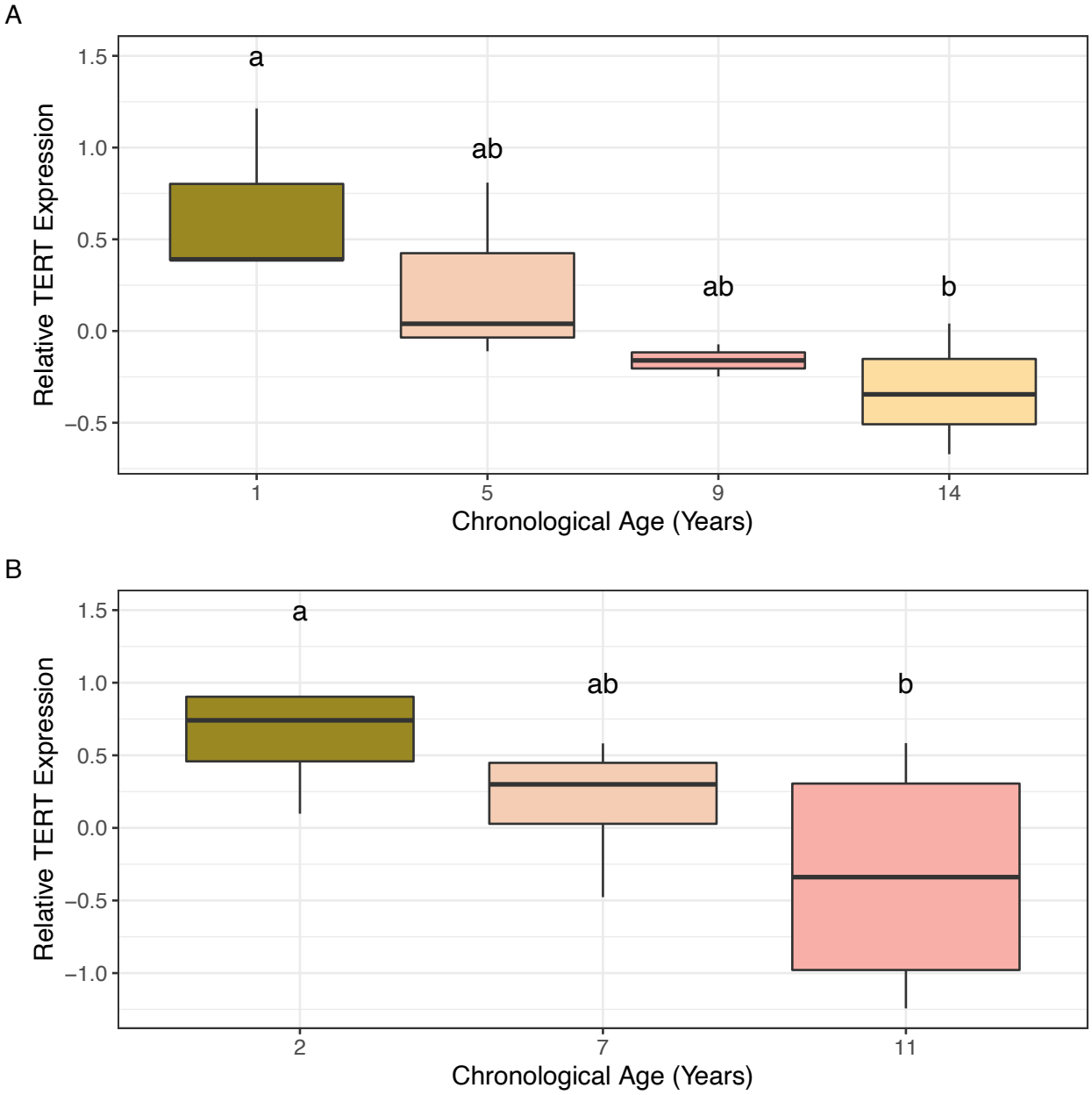
A
Relative TERT Expression
1.5
1.0
0.5
0.0
−0.5
a
ab
ab
b
1
5
9
14
Chronological Age (Years)
B
Relative TERT Expression
1.5
1.0
0.5
0.0
−0.5
−1.0
a
ab
b
2
7
11
Chronological Age (Years)

Figure 4