# Effects of species traits and ecosystem characteristics on species detection by eDNA metabarcoding in lake fish communities

3

| 4  | Hideyuki Doi <sup>1,*,†</sup> , Shunsuke Matsuoka <sup>1,†</sup> , Shin-ichiro S. Matsuzaki <sup>2,†</sup> , Mariko Nagano <sup>1</sup> ,          |
|----|--|
| 5  | Hirotoshi Sato <sup>3</sup> , Hiroki Yamanaka <sup>4</sup> , Saeko Matsuhashi <sup>5</sup> , Satoshi Yamamoto <sup>6</sup> , Toshifumi             |
| 6  | Minamoto <sup>7</sup> , Hitoshi Araki <sup>8</sup> , Kousuke Ikeda <sup>9</sup> , Atsuko Kato <sup>9</sup> , Kouichi Kumei <sup>9</sup> , Nobutaka |
| 7  | Maki <sup>9</sup> , Takashi Mitsuzuka <sup>9</sup> , Teruhiko Takahara <sup>10,11</sup> , Kimihito Toki <sup>9</sup> , Natsuki Ueda <sup>9</sup> , |
| 8  | Takeshi Watanabe9, Kanji Yamazoe12, and Masaki Miya13  |
| 9  |  |
| 10 | <sup>1</sup> Graduate School of Simulation Studies, University of Hyogo, 7-1-28 Minatojima-  |
| 11 | minamimachi, Chuo-ku, Kobe, Japan. <sup>2</sup> Center for Environmental Biology and   |
| 12 | Ecosystem Studies, National Institute for Environmental Studies, 16-2 Onogawa,   |
| 13 | Tsukuba, Japan. <sup>3</sup> Graduate School of Human and Environmental Studies, Kyoto   |
| 14 | University, Yoshida-Nihonmatsu-cho, Sakyo-ku, Kyoto, Japan. <sup>4</sup> Faculty of Science and  |
| 15 | Technology, Ryukoku University, Seta-Oe, Otsu, Japan. <sup>5</sup> National Agriculture and  |
| 16 | Food Research Organization, Tsukuba, Japan. <sup>6</sup> Department of Zoology, Graduate   |
| 17 | School of Science, Kyoto University, Kitashirakawaoiwake-cho, Sakyo-ku, Kyoto,   |
| 18 | Japan. <sup>7</sup> Graduate School of Human Development and Environment, Kobe University, 3-  |
| 19 | 11 Tsurukabuto, Nada-ku, Kobe, Japan. <sup>8</sup> Research Faculty of Agriculture, Hokkaido   |
| 20 | University, N9, W9, Sapporo, Japan. <sup>9</sup> Pacific Consultants Co., Ltd, 3-22, Kanda-  |
| 21 | Nishikicho, Chiyoda-ku, Tokyo, Japan. <sup>10</sup> Faculty of Life and Environmental Sciences,  |
| 22 | Shimane University, 1060 Nishikawatsu-cho, Matsue, Japan. <sup>11</sup> Estuary Research   |
| 23 | Center, Shimane University, 1060 Nishikawatsu-cho, Matsue, Japan. <sup>12</sup> Pacific  |
| 24 | Consultants Environment Research Co., Ltd, 474, Hiregasaki, Nagareyama, Chiba,   |

- 25 Japan. <sup>13</sup>Department of Ecology and Environmental Sciences, Natural History Museum
- 26 and Institute, Aoba-cho, Chuo-ku, Chiba, Japan
- 27
- <sup>†</sup>These authors contributed equally to this study.
- 29
- 30 \*Corresponding author: Hideyuki Doi (hideyuki.doi@icloud.com)
- 31

#### 32 Abstract

33 Although environmental DNA (eDNA) metabarcoding is acknowledged to be an 34 exceptionally useful and powerful tool for monitoring surveys, it has limited 35 applicability, particularly for nationwide surveys. To evaluate the performance of 36 eDNA metabarcoding in broad-scale monitoring, we examined the effects of species 37 ecological/biological traits and ecosystem characteristics on species detection rates and 38 the consequences for community analysis. We conducted eDNA metabarcoding on fish 39 communities in 18 Japanese lakes on a country-wide scale. By comparing species 40 records, we found that certain species traits, including body size, body shape, saltwater 41 tolerance, and habitat preferences, influenced eDNA detection. We also found that the 42 proportion of species detected decreased significantly with an increase in lake surface 43 area, owing to an ecosystem-size effect on species detection. We conclude that species 44 traits, including habitat preferences and body size, and ecosystem size should be taken 45 into consideration when assessing the performance of eDNA metabarcoding in broad-46 scale monitoring. 47

Keywords: environmental DNA, community, high-throughput parallel DNA sequencing
(HTS), MiFish primers

#### 51 Introduction

52 An ongoing global decline in biodiversity is beyond doubt and is particularly pronounced in freshwater ecosystems<sup>1-3</sup>. Nevertheless, despite concerns regarding the 53 54 loss of local/global freshwater fish diversity<sup>1,2,4</sup>, there has been a recent tendency to 55 scale back on investments in monitoring and museum collections<sup>5,6</sup>. An understanding 56 of the prevailing status and trends of biodiversity provides a bedrock for ecological 57 research and conservation biology<sup>1,2</sup>, and in this regard, Matsuzaki et al.<sup>7</sup> highlighted 58 that long-term trends in local-scale fish diversity have not been comprehensively 59 monitored at broader scales (i.e., national or continental scales) and that performing 60 broad-scale surveys of fish communities is essential for planning fish management and 61 conservation measures<sup>8</sup>. However, the number of lake fish surveys conducted by national and local governments have recently declined<sup>5,6,9</sup>. Given this undesirable trend, 62 63 it would be prudent to develop broad-scale survey methods for fish monitoring, which 64 could be employed in conducting national-level surveys and thereby provide a basis for 65 formulating conservation policies. 66 Recent advances in molecular ecology have seen the emergence of 67 environmental DNA (eDNA) analysis as a useful approach for investigating the distribution and richness of aquatic and terrestrial organisms<sup>10-16</sup>, and high-throughput 68 69 parallel DNA sequencing has recently been applied to eDNA methods for simultaneous detection of multiple taxa, known as eDNA metabarcoding<sup>16-21</sup>. For example, Miya et 70 71 al.<sup>22</sup> designed and applied universal PCR primers (MiFish primers) for fish eDNA 72 metabarcoding, and MiFish primers recently developed for different fish taxa<sup>15,16,23</sup> have shown higher performance compared with other primers types<sup>24</sup> and PCR conditions<sup>25</sup>. 73

eDNA metabarcoding is acknowledged to be an exceptionally useful and
powerful tool for community surveys<sup>16-20,26,27</sup>, and consequently, in recent years, this
technique has been widely applied in aquatic community surveys worldwide<sup>28</sup>.
However, despite the growing number of eDNA metabarcoding studies being
conducted, the performance of eDNA metabarcoding applied in broad-scale (e.g.,
national-wide) surveys has, with a few exceptions<sup>18,26,29</sup>, yet to be sufficiently evaluated
quantitatively and statistically<sup>28</sup>.

81 From the perspective of evaluating the performance of eDNA metabarcoding 82 surveys, we hypothesized that the ecological/biological traits of targeted species and 83 ecosystem characteristics would influence the detection of species when using eDNA 84 metabarcoding; based on the fact that fish ecological/biological traits (e.g., body size 85 and habitat preference) have been considered to be factors that affect the detectability of eDNA<sup>30,31</sup>. In this regard, Pont et al.<sup>31</sup> revealed differences in the traits of fish detected 86 87 in a large river using eDNA metabarcoding and traditional survey methods. Differences 88 in the relative abundance of fish related to habitat preference (benthic or pelagic), 89 dietary type, and level of tolerance to water pollution have also been detected in 90 comparisons between eDNA metabarcoding and traditional surveys<sup>31</sup>. The findings of 91 these studies indicate that the ecological/biological traits of fish species, such as body 92 size and shape, habitat preference, and environmental tolerance, may influence specific 93 detection rates when using eDNA metabarcoding. However, despite the increasing 94 evidence of the effects of species traits on the detectability of eDNA, assessments of 95 these effects across spatially broad areas, for example, entire countries with diverse 96 species, are still minimal. Given the same sampling effort, the detection of species 97 eDNA may also depend on certain ecosystem characteristics, such as ecosystem size

98 (area and volume) and habitat types and variation. For example, eDNA metabarcoding
99 may achieve a lower rate of species detection in larger lakes where greater sampling

- 100 effort is required to characterize fish communities.
- 101 In an effort to gain a better understanding of the factors that could potentially
- 102 influence to the efficacy of eDNA metabarcoding, we conducted surveys of fish
- 103 communities in 18 lakes distributed throughout Japan using universal MiFish primers<sup>22</sup>
- and compared the results obtained with the records of over 200 fish species (including
- 105 non-native species) inhabiting these lakes<sup>7</sup>. Based on this comparison, we were able to
- 106 assess the validity of the aforementioned hypotheses regarding the use of eDNA
- 107 metabarcoding surveys. Moreover, to evaluate the utility of different sampling methods

108 for broad-scale eDNA surveys, we also conducted a survey using individual and mixed

- 109 water sampling techniques and different cooling and freezing methods to evaluate the
- 110 effects of sampling and transportation on the findings of eDNA surveys. Finally, we
- 111 discuss the applicability of eDNA metabarcoding for broad-scale monitoring in lake
- 112 fish, taking into consideration species traits and ecosystem characteristics.
- 113

#### 114 **Results**

115 Sequencing and eDNA metabarcoding overview

116 Given that we obtained a sufficient proportion of sequences from the raw data and that,

117 with the exception of Lake Shikotsu, there were very few non-fish sequences (Table

118 S2), we assumed MiSeq sequencing and pipeline analysis of the sequence data to have

- been successful. MiSeq paired-end sequencing for library construction (N = 178: 144
- samples, 18 field and filter blanks, and 16 PCR negative controls) yielded a total of

- 121 5,208,062 sequences [29,258  $\pm$  23,237 (mean  $\pm$  SD) sequences for each sample, Table
- 122 S2].
- 123
- 124 Number of detected fish taxa

| 125 | In total, 119 fish taxa were detected based on eDNA metabarcoding, and all detected        |
|-----|--|
| 126 | taxa were identified to the species or genus level (Table S4, Figs. 1 and S3). We found    |
| 127 | significant differences among the different sampling methods with respect to the           |
| 128 | number of fish taxa detected using eDNA metabarcoding (nested ANOVA with LMM,              |
| 129 | P < 0.001, Table S5 and Fig. S4). However, we also detected six species in 23 of the       |
| 130 | negative and field controls. We obtained sequence reads from six species (Carassius        |
| 131 | auratus, Chelon haematocheilus, Micropterus salmoides, Pagrus major, Rhinogobius           |
| 132 | spp., and Tribolodon hakonensis, Table S4). Furthermore, five species found in the fish    |
| 133 | records had lower sequence reads (sequences $< 276$ ) in the controls than in the samples. |
| 134 | In contrast, Pagrus major (Red seabream) was not found in the records and does not         |
| 135 | inhabit the surveyed lakes. The number of sequence reads obtained for P. major             |
| 136 | (sequences = $29$ and $452$ ) were found to be higher than those species in the samples    |
| 137 | (sequences= 20 and 21). Thus, we assumed that the species DNA was contaminated and         |
| 138 | excluded the species from further analyses.  |
| 139 | We found differences in the number of fish taxa in the different lakes (Figs. 1            |
| 140 | and S5), and the number of fish taxa detected using the Mix_cool and Mix_freeze            |

- 141 methods was significantly higher than those detected based on individual sampling (Fig.
- 142 2a, nested ANOVA with LMM, P < 0.001 and Tukey's multiple comparison, Table S5).
- 143 Nevertheless, we found that some species detected in the individual samples were not
- 144 detected in the Mix\_cool and Mix\_freeze samples (Table S4).

145

### 146 Percentage record covered

| 147 | To evaluate the species detection performance of eDNA metabarcoding, we used                  |
|-----|---|
| 148 | "percentage record covered (%)" as a measure to indicate the proportion of eDNA-              |
| 149 | detected species (number of species) matching those in the species records. We                |
| 150 | accordingly found that the percentage record covered did not differ significantly among       |
| 151 | the three sampling methods (Fig. 2b, nested ANOVA with LMM, $P = 0.249$ , Table S5),          |
| 152 | although values were found to differ among the surveyed lakes (Fig. S6).                      |
| 153 | We also compared the ecological/biological traits of species groups frequently                |
| 154 | detected using eDNA metabarcoding or in the species records, which was evaluated              |
| 155 | based indicator taxa analysis (Fig. 3). All the nested ANOVAs with linear mixed               |
| 156 | models (LMMs) for the fish traits revealed significant differences between eDNA               |
| 157 | metabarcoding and the species records, whereas no significant differences were detected       |
| 158 | among the different sampling methods (Table S6). We found that species detected at a          |
| 159 | higher frequency using eDNA metabarcoding tended to have shorter body lengths (Fig.           |
| 160 | 3a), mainly inhabit the benthopelagic zone (Fig. 3b), and are saltwater tolerant (Fig. 3c).   |
| 161 | With respect to lateral body shape types, smaller proportions of eel-like species, either     |
| 162 | short, deep bodied, or both, were identified among those species detected with a higher       |
| 163 | frequency using eDNA metabarcoding than in the species records (Fig. 3d).                     |
| 164 | To evaluate the effect of lake limnological features on the percentage record                 |
| 165 | covered, we used generalized linear models (GLMs), which revealed a significant               |
| 166 | negative effect of surface area on the percentage record covered ( $P < 0.018$ , Table S7,    |
| 167 | Fig. 4), whereas for all sampling methods used, there were no significant differences         |
| 168 | with respect to latitude, mean water depth, trophic state, or water type ( $P > 0.05$ , Table |

- 169 S7). The relationship between the percentage record covered and the non-included170 factors to the final GLMs are shown in Fig. S7.
- 171
- 172 *Community analysis*

| 173 | Using indicator taxa analysis, we established that certain species were                    |
|-----|--|
| 174 | detected at a significantly higher frequency using eDNA metabarcoding than indicated       |
| 175 | in the species records for the 18 surveyed lakes (please refer to Table 1 for species with |
| 176 | significantly higher frequencies determined by eDNA metabarcoding and all results in       |
| 177 | Table S8). For example, C. auratus was significantly more frequently detected using all    |
| 178 | three sampling methods, whereas Zacco platypus was significantly more frequently           |
| 179 | detected in the individual and Mix_freeze samples, Hemibarbus labeo and                    |
| 180 | Hypophthalmichthys nobilis were more frequently detected in individual samples, and        |
| 181 | Rhinogobius spp. were significantly more frequently detected in Mix_freeze samples.        |
| 182 | Non-metric multidimensional scaling (NMDS) ordination analysis revealed                    |
| 183 | dissimilarities in fish communities among the surveyed lakes and between eDNA              |
| 184 | metabarcoding and the species records (Fig. 5 for Mix_cool and Figs. S8 and S9 for         |
| 185 | individual and Mix_freeze, respectively). Similarly, PERMANOVA analysis revealed           |
| 186 | significant differences among the lakes and between eDNA metabarcoding and the             |
| 187 | species records ( $P < 0.003$ , Table S9).   |
| 100 |  |

188 189

## 190 **Discussion**

191 In this study, we observed a difference in the ecological/biological traits of fish species 192 and lake limnological features relating to the eDNA-evaluated community structure and 193 species detection based on broad-scale eDNA and direct surveys.

| 194 | We initially compared the efficacy of three different sampling methods                                  |
|-----|---|
| 195 | (individual, Mix_cool, and Mix_freeze sampling) for water collection, and accordingly                   |
| 196 | found that the number of fish taxa detected using Mix_cool and Mix_freeze methods                       |
| 197 | was significantly higher than that detected using individual sampling. In contrast, we                  |
| 198 | detected no significant differences among these sampling methods based on the                           |
| 199 | percentage of record covered, NMDS, or indicator taxa analyses. In this regard, Sato et                 |
| 200 | al. <sup>20</sup> suggested that mixed samples can be used for fish community comparisons despite       |
| 201 | a somewhat lower detection rate for certain rare species, and this indeed appeared to                   |
| 202 | hold true with respect to the lakes we sampled in the present study.                                    |
| 203 | Our findings tended to indicate that the water transportation method (cool vs.                          |
| 204 | frozen) had no significant influence on the efficiency of eDNA detection, which is                      |
| 205 | consistent with the findings of Deiner et al. <sup>32</sup> , who reported a non-significant difference |
| 206 | between cool and frozen water transportation on eDNA detection by quantitative PCR                      |
| 207 | (qPCR), which is in contrast to the findings of Takahara et al. <sup>33</sup> , who found a reduction   |
| 208 | in the fish species detected using frozen preservation of water samples based on qPCR                   |
| 209 | analyses. We thus believe that both methods may be useful for transporting water                        |
| 210 | samples for eDNA analysis. In this regard, as a consequence of a field survey we                        |
| 211 | conducted in 2015, Yamanaka et al. <sup>15</sup> developed a water preservation method for eDNA         |
| 212 | analysis that included the addition of the quaternary ammonium compound                                 |
| 213 | benzalkonium chloride (BAC), and we recommend using this BAC method for water                           |
| 214 | transportation.   |
| 215 | In order to evaluate the performance of eDNA metabarcoding, we examined                                 |
| 216 | the percentage record covered for all three sampling methods. We accordingly found                      |
| 217 | that the values obtained for species records were approximately 30%, thereby indicating                 |

218 that many of the species inhabiting the surveyed lakes, particularly pelagic species and 219 those with lower occurrence, would not be detected using eDNA metabarcoding. 220 Below, we consider the factors (limnological features and species traits) that might 221 contribute to the lower detection rates obtained using eDNA metabarcoding. As factors that could potentially influence the efficacy of eDNA 222 223 metabarcoding, we examined the selected ecological/biological traits of fish species, 224 and accordingly found that species with shorter body length and normal body shape, 225 those inhabiting benthopelagic habitats, and those showing tolerance to saltwater were 226 frequently detected using eDNA metabarcoding. In previous eDNA studies, certain 227 biological traits of fish, notably body size, have been considered to influence eDNA 228 detection<sup>30,31</sup>. However, whereas the findings of several experimental studies have indicated that fish of larger body size release larger quantities of eDNA<sup>30</sup>, we found that 229 230 species with shorter body length, as an index of body size, were detected more 231 frequently using eDNA metabarcoding than their occurrence in the species records. We 232 suspect that these differences are probably attributable to the size-abundance 233 distribution of fish communities, which indicates that species with smaller body sizes 234 are more abundant in lakes than are those of larger body size<sup>34</sup>. Lakes, particularly those 235 characterized by brackish waters, harbor numerous marine-migratory fish species that 236 show tolerance to saltwater, and eDNA metabarcoding surveys of lakes have detected 237 many such migratory species<sup>16,27</sup>. Given that the timing of occurrence of species 238 influences the detection of their eDNA<sup>35</sup>, the timing of migration would influence the 239 detection of migratory species in lakes using eDNA metabarcoding, and consequently, 240 may contribute to the infrequent detection of saltwater-tolerant species by eDNA 241 metabarcoding in eDNA sampling surveys. Spatial heterogeneity in fish eDNA

242 concentrations/detection in aquatic ecosystems has previously been observed<sup>10,15,25,26</sup>, 243 and Pont et al.<sup>31</sup> found that benthic species were detected at a higher rate using eDNA 244 metabarcoding than by using traditional methods. This phenomenon would appear to 245 suggest that the habitat preferences of fish might influence their detectability using 246 eDNA metabarcoding. In this regard, the lakeshore water sampling conducted in the 247 present study revealed the presence of numerous benthopelagic species based on eDNA 248 metabarcoding, but relatively few pelagic species. Accordingly, in order to detect a 249 larger number of pelagic species, we would need to perform offshore sampling, for 250 example, using drone-assisted water collection for eDNA surveys<sup>36</sup>. The lateral body 251 shape traits of species may also be associated with their micro-habitat use; for example, 252 species with eel-like and short and/or deep body shapes appear to prefer sheltered 253 micro-habitats (i.e., beneath stones) and pelagic zones. Consequently, the preference for 254 macrohabitats, such as the benthic and pelagic zones, and their microhabitat use with 255 respect to body shape types could serve as useful indices for evaluating eDNA 256 detectability.

257 Evaluation of the effects of lake characteristics on the percentage record 258 covered based on our modeling results revealed significant negative effects of lake 259 surface area. Lakes with a larger ecosystem size are characterized by a broad diversity 260 of habitats types, and correspondingly tend to support a higher diversity of fish species<sup>37,38</sup> and an increased proportion of pelagic zones<sup>39</sup>. Consequently, the size of 261 262 lake ecosystems will tend to influence the rate of detection using eDNA metabarcoding. 263 With respect to rivers, Bylemans et al.<sup>17</sup> found that river morphology influences the optimal sampling strategy for eDNA metabarcoding in these habitats, and in the present 264 265 study, we identified a similar effect of ecosystem morphology on eDNA sampling

strategy in lakes. Taking into consideration the factors of sampling effort and expenditure, broad-scale surveys, such as nationwide surveys, tend to be constrained with respect to limited sample sizes, and given these circumstances, it may thus be important to assess the performance of eDNA metabarcoding-based limited sampling effort. In this regard, our GLM analysis predicted that the percentage record covered would decline to almost half (for example, from 30% to 15%) with an increase in lake surface area from 0.1 to 100 km<sup>2</sup>.

273 The utility of eDNA metabarcoding in evaluating fish community structure in 274 lakes has been examined in previous studies that have compared eDNA metabarcoding and traditional sampling methods<sup>16,26</sup>. Similar to the previous results, we observed 275 276 significant differences in the fish communities detected using eDNA metabarcoding and 277 those in the species records. As discussed above, lake ecosystem size and the traits of 278 fish species can influence the results obtained using eDNA metabarcoding, and 279 consequently, we would expect these effects to be reflected in differences between fish 280 community structures determined based on eDNA metabarcoding and the species 281 record. We indeed found that similar to that shown in the species records, the fish 282 community structure determined by eDNA metabarcoding showed significant 283 differences among the surveyed lakes, thereby indicating that community analysis using 284 this technique could compare the communities of different lakes. Although eDNA 285 metabarcoding would be useful for broad-scale community surveys at low survey costs, 286 we should carefully consider the influence of ecosystem characteristics and the traits of 287 species within fish communities in such surveys. 288 We acknowledge that the present study does have certain limitations, and thus

289 we acknowledge that the present study does have certain initiations, and that 289 the conclusions we draw should be viewed as provisional and in need of further

290 verification. Notably, as we performed only single samplings for the eDNA survey, we 291 were unable to evaluate the false negative/positive detection rates for fish species, 292 which is a vital consideration in applying eDNA metabarcoding to biomonitoring<sup>40</sup>. 293 eDNA sampling strategies are also prone to false-positive errors, owing to 294 contamination and/or errors in PCR or sequencing, which may result in the spurious 295 detection of species<sup>41,42</sup>. Accordingly, further studies are needed to confirm false 296 negative/positive detection rates in lake eDNA surveys. 297 In conclusion, on the basis of a comparison with existing fish records, we 298 were able to establish that certain traits of fish species and characteristics of ecosystems, 299 particularly body size/shape, species habitat preferences, and ecosystem size, would be 300 useful indices for optimizing eDNA metabarcoding sampling strategies, as well as for 301 assessing the rates of species detection using eDNA methods. From the perspective of 302 designing eDNA metabarcoding-based surveys to monitor aquatic communities across 303 wide geographical areas, we should consider the ecological/biological traits of species 304 and the characteristics of an ecosystem that can potentially influence species 305 detectability.

306

307 Methods

308 Study lakes and sampling sites

309 For the survey described herein, we selected 18 lakes distributed throughout Japan (Fig.

310 1), the locations of which are listed in Table S1. The lakes differed with respect to the

311 surface area, water depth, volume, trophic state, and water type (brackish and

312 freshwater), as shown in Table S1. Along the shores of each lake, we established six

313 sampling sites separated by approximately equal distances (Fig. S1), none of which

314 were located in the vicinity of river inflows/outflows.

As species-area accumulation curves in community surveys<sup>43,44</sup>, increasing the sample size would increase the detectability of species by eDNA metabarcoding<sup>20,45</sup>. Given that one of our aims in this study was to evaluate the effect of lake size on the detectability of species using eDNA metabarcoding, we conducted surveys with an equal number of sampling sites regardless of lake size.

320

321 Collection water samples for eDNA survey

322 Between 14 July and 4 November 2015, we collected samples of water at each of the six 323 sampling sites located along the shores of the surveyed lakes, using three sampling methods, namely, "Individual," "Mix cool," and "Mix freeze" (Fig. S1) (Table S1). 324 325 For convenience, to evaluate the monitoring methods, we collected water samples from the lakeshore and thereby avoided contamination via floating gears<sup>14</sup>. Initially, for the 326 327 individual samples, we collected 1 L of surface water in a bottle. To avoid DNA 328 contamination, we sterilized the bottles and all other equipment used in sampling, 329 including filtering apparatus, using 10% commercial bleach (ca. 0.6% hypochlorous 330 acid) followed by washing with DNA-free distilled water. For the Mix cool and 331 Mix freeze samples, we collected two 150-mL samples of surface water at each of the 332 six sampling sites, which were mixed in two sterilized bottles to give two composite 333 water samples with final volumes of 900 mL. The "field blank" sample contained 1 L of 334 DNA-free water, which we brought to the field and treated identically to the other water 335 samples, with the exception that it was not exposed to the external environment at the 336 field sites. The individual, Mix cool, and field blank water samples were stored on-site 337 in a cooler with ice packs and transported to the laboratory in a 4°C refrigerator within 2

- 338 days. The Mix freeze samples were stored on-site in a cooler with ice packs, transferred
- to a -18°C freezer within 12 h, and transported frozen at -18°C within 2 days.
- 340

341 *Water filtering and eDNA extraction from filter samples* 

- 342 Bottled water samples were vacuum-filtered through 47-mm GF/F glass fiber filters
- 343 (nominal pore size: 0.7 μm; GE Healthcare, Little Chalfont, UK) in the laboratory.
- Following filtration, all filters were stored at -20°C prior to eDNA extraction. The field
- 345 blank samples were processed in a similar manner. As an equipment control, we used 1
- 346 L of Milli-Q water to monitor contamination during the filtering of the samples from
- 347 each site and during the subsequent DNA extraction.
- 348 eDNA was extracted from filters using the method developed by Uchii et
- $al.^{46}$ . We incubated filters by submerging in a mixed buffer comprising 400  $\mu$ L of
- 350 Buffer AL (Qiagen, Hilden, Germany) and 40 µL of Proteinase K (Qiagen, Hilden,
- 351 Germany) using a Salivette tube (Sarstedt, Nümbrecht, Germany) at 56°C for 30 min.
- 352 The Salivette tube containing filters was centrifuged at  $5000 \times g$  for 5 min, after which
- 353 we added 220  $\mu$ L of TE buffer (10 mM Tris-HCl and 1 mM EDTA, pH = 8.0) onto the
- filter, which was then centrifuged at  $5000 \times g$  for 5 min. The DNA in the eluted solution
- 355 was purified using a DNeasy Blood & Tissue kit (Qiagen, Hilden, Germany), which
- 356 extracted the DNA in 200  $\mu$ L of Buffer AE. Samples were stored at 20°C until used for
- the 1st PCR assay.
- 358
- 359 Library preparation and MiSeq sequencing

360 Details of the two-step PCR procedure used for Illumina MiSeq sequencing have been

361 described previously by Fujii et al.<sup>16</sup>. We performed the 1st PCR using MiFish-U-F and

362 MiFish-U-R primers<sup>22</sup>, which were designed to contain Illumina sequencing primer

- 363 regions and 6-mer random bases, as follows:
- 364 Forward: 5'-ACACTCTTTCCCTACACGACGCTCTTCCGATCT NNNNNN
- 365 GTCGGTAAAACTCGTGCCAGC-3';
- 366 Reverse: 5'-GTGACTGGAGTTCAGACGTGTGCTCTTCCGATCT NNNNNN
- 367 CATAGTGGGGTATCTAATCCCAGTTTG-3',
- 368 in which the italicized and non-italicized base sequences represent the MiSeq
- 369 sequencing primers and MiFish primers, respectively, and the six random bases (N)
- 370 were used to enhance cluster separation on flow cells during the initial base call
- 371 calibrations on MiSeq.
- 372 We performed the 1st PCR using a  $12-\mu$ L reaction volume containing  $1 \times$  PCR
- 373 Buffer for KOD FX Neo polymerase (Toyobo, Osaka, Japan), 0.4 mM dNTP mix, 0.24
- U KOD FX Neo polymerase, 0.3 μM of each primer, and 2 μL of template DNA. The
- thermocycling conditions for this step were as follows: initial denaturation at 94°C for 2
- 376 min; followed by 35 cycles of denaturation at 98°C for 10 s, annealing at 65°C for 30 s,
- and extension at 68°C for 30 s; and a final extension at 68°C for 5 min. The 1st PCRs
- 378 were performed using eight replicates<sup>25</sup>, and the products of individual 1st PCR
- 379 replicates were pooled and purified using AMPure XP (Beckman Coulter, Brea CA,
- 380 USA) as templates for the 2nd PCR. The Illumina sequencing adapters and 8-bp
- 381 identifier indices (the X sequence in the following primers) were added to the
- 382 subsequent PCR process using the following forward and reverse fusion primers:
- 383 Forward: 5'-AATGATACGGCGACCACCGAGATCTACA XXXXXXXX
- 384 ACACTCTTTCCCTACACGACGCTCTTCCGATCT-3';

#### 385 Reverse: 5'-CAAGCAGAAGACGGCATACGAGAT XXXXXXXX

#### 386 GTGACTGGAGTTCAGACGTGTGCTCTTCCGATCT-3',

387 in which the italicized and non-italicized base sequences represent MiSeq P5/P7 adapter

- 388 and sequencing primers, respectively. The eight X bases represent dual-index sequences
- inserted to identify different samples<sup>47</sup>. We performed the 2nd PCR with 12 cycles
- 390 using a 12-μL reaction volume containing 1× KAPA HiFi HotStart ReadyMix, 0.3 μM
- 391 of each primer, and 1.0  $\mu$ L of the 1st PCR product. The thermocycling conditions after
- an initial 3-min denaturation at 95°C were as follows: denaturation at 98°C for 20 s,
- followed by combined annealing and extension at 72°C (shuttle PCR) for 15 s; and a
- final extension at the same temperature for 5 min. The 2nd PCR products were pooled
- in equal volumes and purified using AMPure XP.

396 The purified PCR products were loaded onto a 2% E-Gel SizeSelect agarose

397 gel (Thermo Fisher Scientific, Waltham, MA, USA), and those of the target size

398 (approximately 370 bp) were collected. The collected samples were quantified using a

399 Qubit dsDNA HS assay kit and a Qubit 2.0 Fluorometer (Thermo Fisher Scientific). The

400 amplicon libraries were sequenced using  $2 \times 250$  bp paired-end sequencing on the

401 MiSeq platform using an MiSeq v2 Reagent Kit. Note that sequencing runs were

402 performed for a total of 415 libraries, comprising 178 libraries constructed in the

403 present study (144 samples, 18 field and filter blanks, and 16 PCR negative controls)

404 and 237 libraries constructed in previous research projects. MiSeq sequencing was

405 conducted at the Department of Environmental Solution Technology, Faculty of Science

- 406 and Technology, Ryukoku University. All sequence data generated have been deposited
- 407 in the DNA Data Bank of Japan [DRA, Accession number: (submitted)].

408

#### 409 Bioinformatic analysis for MiSeq sequencing

| 410 | The detailed procedures used for bioinformatics analyses have been described                             |
|-----|--|
| 411 | previously by Fujii et al. <sup>16</sup> . Initially, low-quality tails were trimmed from each read, and |
| 412 | paired-end reads were then assembled. For the 5,225,947 reads thus obtained, primer                      |
| 413 | sequences were removed, and identical sequences (i.e., 100% sequence similarity) were                    |
| 414 | merged using UCLUST (usearch 7.0.1001) <sup>48</sup> . Sequences with ten or more identical              |
| 415 | reads were subjected to downstream processing. For taxonomic annotation, we                              |
| 416 | conducted a local BLASTN search using BLAST 2.2.29 based on a previously                                 |
| 417 | established reference database of fish species for processed reads <sup>22</sup> . For each assessed     |
| 418 | sequence, the top BLAST hit with a sequence identity $\geq 98.6\%$ was used for species                  |
| 419 | detection. Note that a majority of the species were identified with a match of $\geq$ 99%.               |
| 420 | Based on the BLAST results, we identified the species and genus using previously                         |
| 421 | described methods <sup>16,20</sup> . The sequence reads in the pipeline processes are listed in Table    |
| 422 | S2.  |
| 400 |  |

423

424 Fish fauna record data

425 We used fish fauna data from Japanese lakes published previously by Matsuzaki et 426 al.<sup>7,49</sup>. These studies assembled information on the distribution (i.e., presence or 427 absence) of strictly freshwater fish that are intolerant of saltwater and inhabit freshwater 428 environments for their entire life cycle, based on extensive surveys of scientific papers, 429 monographs and books, online databases (National Survey on the Natural Environment 430 by the Ministry of the Environment and National Censuses on River Environments by 431 the Ministry of Land, Infrastructure, Transport and Tourism), museum specimen 432 databases collected by the National Museum of Nature and Science, local museum

433 specimens, prefectural and municipal reports, and gray literature, including reports of 434 non-governmental organizations (NGOs) and universities. In the present study, using 435 the same sources, we further added the distributions of secondary freshwater fish, which 436 have a certain degree of salt tolerance and are occasionally able to cross narrow sea 437 barriers, and peripheral freshwater fish, which are derived from marine ancestors and 438 include diadromous fish that migrate between fresh and marine environments. Having 439 compiled the distribution data, we generated a comprehensive dataset of fish fauna 440 consisting of native and exotic fishes after extirpations and introductions. Finally, we 441 obtained records for a total of 242 fish taxa (Table S3). To evaluate the performance of 442 our eDNA metabarcoding survey, we assumed that the records obtained provided a 443 reliable indication of the fish communities inhabiting the selected lakes.

We acknowledge the potential limitations associated with analyzing such compiled data, given that these data were not systematically collected. Moreover, fish were collected using a variety of apparatus and techniques (such as electrofishing, bag seines, trap nets, minnow traps, gill nets, hand nets, and fyke nets), by different entities, and within different studies with differing objectives. However, the utilization of integrated multiple sources can serve to minimize bias and summarize fish fauna in terms of temporal and spatial replication<sup>7,48</sup>.

451

452 Fish trait data

We obtained details on the ecological and biological traits of the detected and recorded fish species from FishBase<sup>50</sup>, which was searched using species names, and obtained the related data using the "species" and "ecology" functions of the "rfishbase" package (ver. 3.1.0) on March 4, 2020. We were able to obtain sufficient data on body length

| 457 | (cm, including both total and standard lengths, but mainly standard length), recorded                    |
|-----|--|
| 458 | longevity in the wild (years), lateral body shape types, habitat types, and saltwater                    |
| 459 | tolerance, but were unable to obtain sufficient data (for less than 12% of taxa) for                     |
| 460 | certain traits, such as trophic position, and body weight, for further analysis.                         |
| 461 |  |
| 462 | Lake morphology and characteristic data  |
| 463 | We obtained data on lake morphology [surface area (km <sup>2</sup> ), maximum water depth (m),           |
| 464 | mean water depth (m), and volume (km <sup>3</sup> )], and lake types [trophic state and water types      |
| 465 | (brackish or freshwater)] from Tanaka <sup>51</sup> (Table S1).  |
| 466 |  |
| 467 | Statistical analyses   |
| 468 | To evaluate the performance of eDNA metabarcoding with respect to detecting species,                     |
| 469 | we used "percentage record covered (%)" as a measure of the proportion of eDNA-                          |
| 470 | detected species matching species recorded in the target lakes, which was calculated                     |
| 471 | from the number of eDNA-detected species matched to the fish records per total number                    |
| 472 | of recorded species in the dataset.  |
| 473 | All statistical analyses and graphic preparations were performed using R ver.                            |
| 474 | 3.6.0 <sup>52</sup> , and statistical values were evaluated at a significance level of $\alpha = 0.05$ . |
| 475 | To compare eDNA metabarcoding and species record data, we compared                                       |
| 476 | taxonomic levels in the species list compiled based on visual surveys with those in the                  |
| 477 | lists compiled using eDNA metabarcoding data (Table S1, S2) with reference to                            |
| 478 | previous studies that have used MiFish primers <sup>16,20</sup> . To confirm that the sequencing         |
| 479 | depth was sufficient to detect fish diversity in the samples, we used the "rarefy" and                   |

480 "rarecurve" functions of the "vegan" package (ver. 2.5.6) (Fig. S2). Thus, we used raw
481 data for further analyses without rarefying the data.

482 We examined differences in the number of detected fish taxa and percentage 483 records covered evaluated by eDNA metabarcoding among the sampling methods (individual, Mix cool, Mix freeze, and field and negative controls) using nested 484 485 analysis of variance (nested ANOVA) based on LMMs with "lake" as the nested 486 (random) factor, using the "anova.lme" and "lme" functions of the "nlme" package (ver. 487 3.1.139), respectively. Tukey's post hoc test was used for multiple comparisons for 488 least-squares means using the "Ismeans" function of the "Ismeans" package (ver. 489 2.30.0). 490 Differences in fish traits, body length (numeric data), habitats, lateral body 491 shape types, and saltwater tolerance (categorical data) between high frequency of 492 species detection (eDNA metabarcoding vs. species record) among the sampling 493 methods (individual vs. Mix cool vs. Mix freeze) were examined using nested 494 ANOVA and an LMM as described above. Prior to the GLM analyses, we calculated a 495 variance inflation factor (VIF) to check the collinearity of the explanatory factors of the 496 GLMs. We found that the maximum VIF value was 1.23 and that all VIF values were 497 less than 5.

We also performed GLM analysis to evaluate the relationships between the percentage record covered of the species record and the explanatory factors of lake ecosystems, including lake latitude and altitude, morphology (surface area, maximum water depth, mean water depth, and volume), trophic state (eutrophic vs. meso- and oligotrophic), and water types (freshwater vs. brackish) using the "glm" function. We set "binomial" as the error distribution of the GLMs and added the total number of

species records as the offset factor. In this case, we found that the maximum VIF value was 49.7, indicating that collinearity among the factors could potentially influence the parameter estimations in the GLMs. After removing the explanatory factors with a VIF value >5 to reduce the collinearity effect on the GLMs, we finally performed the GLMs using latitude, surface area, mean water depth, trophic state, and water types for all sampling methods.

510 We performed indicator taxa analysis<sup>53</sup> to determine those taxa showing 511 significantly different frequencies between the eDNA metabarcoding and species record species lists. The analysis was performed using the "signassoc" function of the 512 "indicspecies" package (ver. 1.7.6) based on presence/absence data<sup>53</sup>. We used mode = 513 514 1 (group-based) and calculated the P values with 999 permutations after applying 515 Sidak's correction for multiple testing. 516 Differences in community compositions were visualized using non-metric 517 multidimensional scaling (NMDS) with 500 separate runs of real data. The community 518 dissimilarity for NMDS was calculated using incidence-based Jaccard indices. We also 519 calculated NMDS stress to confirm the representation of the NDMS ordination and 520 evaluated differences in community structures between sampling methods and sites 521 using PERMANOVA, for which we used an incidence-based Jaccard similarity matrix

and calculated the statistical values with 999 permutations. For NMDS and

523 PERMANOVA analyses, we used the "metaMDS" and "Adonis" functions of the

524 "vegan" package (ver. 2.5.6), respectively.

525

526 Acknowledgments

- 527 This study was supported by the Environment Research and Technology Development
- 528 Fund (4-1602, 4-1705, 4-2004) of the Environmental Restoration and Conservation
- 529 Agency, Japan, and JST-CREST (JPMJCR13A2).
- 530

#### 531 Data availability

- All data obtained from MiSeq sequencing are available in DRA [Accession number:
- 533 DRA (submitted)], and all data used, including all species detected based on MiSeq
- sequencing, the recorded species data, and lake data used for analysis, are shown in the
- 535 Supplemental tables.
- 536

#### 537 Author contributions

- 538 HD designed the study, and HA, KI, AK, KK, NM, T Mitsuzuka, TT, KT, NU, TW, and
- 539 KY contributed to field sampling. SSM contributed to preparing the dataset of the fish
- 540 presence records. S. Matsuoka, MN, HD, HS, HY, S Matsuhashi, SY, T Minamoto, and
- 541 MM contributed to laboratory and molecular experiments. HD, S Matsuoka, and SSM
- 542 analyzed the data. HD, S Matsuoka, SSM, and MM wrote the initial draft of the
- 543 manuscript. All other authors critically reviewed the manuscript.
- 544

552

#### 545 **References**

| 546 | 1. Dudgeon, D. et al. Freshwater biodiversity: importance, threats, status and |
|-----|--|
| 547 | conservation challenges. Biol. Rev. 81, 163-182 (2006).                        |
| 548 |  |

- 549 2. Flitcroft, R., Cooperman, M. S., Harrison, I. J., Juffe-Bignoli, D. & Boon, P. J.
  550 Theory and practice to conserve freshwater biodiversity in the Anthropocene.
  551 Aquat. Cons. Mar. Freshw. Ecosyst. 29, 1013–1021 (2019).
- 3. Strayer, D. L. & Dudgeon, D. Freshwater biodiversity conservation: recent progress
  and future challenges. *J. North Am. Benthol. Soc.* 29, 344–358 (2010).
  - 24

| 556<br>557<br>558        | <ol> <li>Collen, B. et al. Global patterns of freshwater species diversity, threat and endemism.<br/><i>Glob. Ecol. Biog.</i> 23, 40–51 (2014).</li> </ol>  |
|--------------------------|---|
| 559<br>560<br>561<br>562 | <ol> <li>Gardner, J. L., Amano, T., Sutherland, W. J., Joseph, L. &amp; Peters, A. Are natural<br/>history collections coming to an end as time-series? <i>Front. Ecol. Env.</i> 12, 436–<br/>438 (2014).</li> </ol>  |
| 563<br>564<br>565        | <ol> <li>Schindler, D. E. &amp; Hilborn, R. Prediction, precaution, and policy under global<br/>change. <i>Science</i> 347, 953–954(2015).</li> </ol>   |
| 565<br>567<br>568<br>569 | <ol> <li>Matsuzaki, S. S., Sasaki, T. &amp; Akasaka, M. Invasion of exotic piscivores causes<br/>losses of functional diversity and functionally unique species in Japanese<br/>lakes. <i>Freshw. Biol.</i> 61, 1128–1142 (2016a).</li> </ol>                 |
| 570<br>571<br>572        | <ol> <li>Socolar, J. B., Gilroy, J. J., Kunin, W. E. &amp; Edwards, D. P. How should beta-<br/>diversity inform biodiversity conservation? <i>Trends Ecol. Evol.</i> 31, 67–80 (2016).</li> </ol>   |
| 573<br>574<br>575<br>576 | 9. Nishihiro, J. et al. Heterogeneous distribution of a floating-leaved plant, Trapa japonica, in Lake Mikata, Japan, is determined by limitations on seed dispersal and harmful salinity levels. <i>Ecol. Res.</i> <b>29</b> , 981-989 (2014).               |
| 577<br>578<br>579        | <ol> <li>Takahara, T., Minamoto, T., Yamanaka, H., Doi, H. &amp; Kawabata, Z. Estimation of<br/>fish biomass using environmental DNA. <i>PloS ONE</i> 7, e35868 (2012).</li> </ol>  |
| 580<br>581<br>582<br>583 | 11. Rees, H. C., Maddison, B. C., Middleditch, D. J., Patmore, J. R. & Gough, K. C. Review: the detection of aquatic animal species using environmental DNA–a review of eDNA as a survey tool in ecology. <i>J. Appl. Ecol.</i> <b>51</b> , 1450–1459 (2014). |
| 584<br>585<br>586        | <ol> <li>Goldberg, C. S., Strickler, K. M. &amp; Pilliod, D. S. Moving environmental DNA<br/>methods from concept to practice for monitoring aquatic macroorganisms. <i>Biol.</i><br/><i>Cons.</i> 183, 1–3 (2015).</li> </ol>                                |
| 587<br>588<br>589<br>590 | <ol> <li>Thomsen, P. F. &amp; Willerslev, E. Environmental DNA–an emerging tool in<br/>conservation for monitoring past and present biodiversity. <i>Biol. Cons.</i> 183, 4–18<br/>(2015).</li> </ol>   |
| 591<br>592<br>593<br>594 | 14. Doi, H. et al. Environmental DNA analysis for estimating the abundance and biomass of stream fish. <i>Freshw. Biol.</i> <b>6</b> , 30–39 (2017a).   |
| 595<br>596<br>597        | 15. Yamamoto, S. et al. Environmental DNA metabarcoding reveals local fish communities in a species-rich coastal sea. <i>Sci. Rep.</i> <b>7</b> , 1–12 (2017).  |
| 598<br>599<br>600<br>601 | 16. Fujii, K., Doi, H., Matsuoka, S., Nagano, S., Sato, H. & Yamanaka, H.<br>Environmental DNA metabarcoding for fish community analysis in backwater<br>lakes: A comparison of capture methods. <i>PLoS ONE</i> 14, e0210357 (2019).                         |

| 602<br>603<br>604<br>605        | 17. Bylemans, J. et al. Monitoring riverine fish communities through eDNA metabarcoding: determining optimal sampling strategies along an altitudinal and biodiversity gradient. <i>Metabar. Metagen.</i> <b>2</b> , e30457 (2018).   |
|---------------------------------|---|
| 606<br>607<br>608<br>609        | <ol> <li>Deiner, K., Fronhofer, E. A., Mächler, E., Walser, J. C. &amp; Altermatt, F.<br/>Environmental DNA reveals that rivers are conveyer belts of biodiversity<br/>information. <i>Nat. Comm.</i> 7, 12544 (2016).</li> </ol>   |
| 609<br>610<br>611<br>612        | 19. Deiner, K. et al. Environmental DNA metabarcoding: Transforming how we survey animal and plant communities. <i>Mol. Ecol.</i> <b>26</b> , 5872–5895 (2017).   |
| 613<br>614<br>615<br>616        | 20. Sato, H., Sogo, Y., Doi, H. & Yamanaka, H. Usefulness and limitations of sample pooling for environmental DNA metabarcoding of freshwater fish communities. <i>Sci. Rep.</i> 7, 14860 (2017).   |
| 617<br>618<br>619<br>620        | <ol> <li>Taberlet, P., Coissac, E., Pompanon, F., Brochmann, C. &amp; Willerslev, E. Towards next-generation biodiversity assessment using DNA metabarcoding. <i>Mol. Ecol.</i> 21, 2045–2050 (2012).</li> </ol>  |
| 621<br>622<br>623<br>624        | 22. Miya, M. et al. MiFish, a set of universal PCR primers for metabarcoding<br>environmental DNA from fishes: detection of more than 230 subtropical marine<br>species. <i>Royal Soc. Open Sci.</i> <b>i</b> , 150088 (2015).  |
| 625<br>626<br>627<br>628<br>629 | 23. Nakagawa, H., Yamamoto, S., Sato, Y., Sado, T., Minamoto, T. & Miya, M.<br>Comparing local- and regional-scale estimations of the diversity of stream fish<br>using eDNA metabarcoding and conventional observation methods. <i>Freshw.</i><br><i>Biol.</i> 63, 569–580 (2018). |
| 630<br>631<br>632<br>633        | 24. Collins, M. K. et al. Searching for a Salamander: Distribution and Habitat of the<br>Mudpuppy ( <i>Necturus maculosus</i> ) in Southeast Ohio Using eDNA as a Rapid<br>Assessment Technique. <i>Ame. Midland Nat</i> , <b>182</b> , 191-202 (2019)                              |
| 634<br>635<br>636<br>637<br>638 | 25. Doi, H., Fukaya, K., Oka, S. I., Sato, K., Kondoh, M. & Miya, M. Evaluation of detection probabilities at the water-filtering and initial PCR steps in environmental DNA metabarcoding using a multispecies site occupancy model. <i>Sci. Rep.</i> <b>9</b> , 3581 (2019).      |
| 639<br>640<br>641<br>642        | 26. Cilleros, K. et al. Unlocking biodiversity and conservation studies in high-diversity environments using environmental DNA (eDNA): A test with Guianese freshwater fishes. <i>Mol. Ecol. Res.</i> <b>19</b> , 27–46 (2019).   |
| 643<br>644<br>645               | 27. Li, J. et al. Ground-truthing of a fish-based environmental DNA metabarcoding method for assessing the quality of lakes. <i>J. Appl. Ecol.</i> <b>56</b> , 1232–1244 (2019).  |
| 646<br>647<br>648               | <ol> <li>Jerde, C. L., Wilson, E. A. &amp; Dressler, T. L. Measuring global fish species richness<br/>with eDNA metabarcoding. <i>Mol. Ecol. Res.</i> 19, 19–22 (2019).</li> </ol>  |

| 649<br>650<br>651               | 29. Stat, M. et al. Ecosystem biomonitoring with eDNA: metabarcoding across the tree of life in a tropical marine environment. <i>Sci. Rep.</i> <b>7</b> , 1–11 (2017).   |
|---------------------------------|---|
| 652<br>653                      | 30. Maruyama, A. et al. The release rate of environmental DNA from juvenile and adult fish. <i>PLoS One</i> , <b>9</b> , e114639 (2014).  |
| 654<br>655<br>656<br>657<br>658 | 31. Pont, D. et al. The future of fish-based ecological assessment of European rivers:<br>from traditional EU Water Framework Directive compliant methods to eDNA<br>metabarcoding-based approaches. J. Fish Biol. 1–13 (2019).                     |
| 659<br>660<br>661<br>662        | <ol> <li>Deiner, K., Walser, J. C., M\u00e4chler, E. &amp; Altermatt, F. Choice of capture and<br/>extraction methods affect detection of freshwater biodiversity from<br/>environmental DNA. <i>Biol. Cons.</i> 183, 53–63 (2015).</li> </ol>      |
| 663<br>664<br>665               | 33. Takahara, T., Minamoto, T. & Doi, H. Using environmental DNA to estimate the<br>distribution of an invasive fish species in ponds. <i>PLoS ONE</i> 8, e56584 (2013).  |
| 666<br>667<br>668<br>669        | <ol> <li>Nilsson, A. N., Elmberg, J. &amp; Sjoberg, K. Abundance and species richness patterns<br/>of predaceous diving beetles (Coleoptera, Dytiscidae) in Swedish lakes. J.<br/>Biogeogr. 82, 197-206 (1994).</li> </ol>                          |
| 670<br>671<br>672               | 35. Bista, I. et al. Annual time-series analysis of aqueous eDNA reveals ecologically relevant dynamics of lake ecosystem biodiversity. <i>Nat. Comm.</i> <b>8</b> , 14087 (2017).  |
| 673<br>674<br>675               | 36. Doi, H. et al. Water sampling for environmental DNA surveys by using an unmanned aerial vehicle. <i>Limnol. Ocean. Meth.</i> <b>15</b> , 939–944 (2017b).   |
| 676<br>677<br>678<br>679        | <ol> <li>Dodson, S. I., Arnott, S. E. &amp; Cottingham, K. L. The relationship in lake<br/>communities between primary productivity and species richness. <i>Ecology</i> 81,<br/>2662-2679 (2000).</li> </ol>                                       |
| 680<br>681<br>682               | <ol> <li>Post, D. M., Pace, M. L. &amp; Hairston, N. G. Ecosystem size determines food-chain<br/>length in lakes. <i>Nature</i> 405, 1047-1049 (2000).</li> </ol>   |
| 683<br>684<br>685               | <ol> <li>Wetzel R. G. Limnology: lake and river ecosystems. 3rd edition. Gulf professional<br/>publishing, Huston, USA (2001)</li> </ol>  |
| 686<br>687<br>688               | 40. Harper, L. R. et al. Prospects and challenges of environmental DNA (eDNA) monitoring in freshwater ponds. <i>Hydrobiologia</i> <b>826</b> , 25–41 (2019).   |
| 689<br>690<br>691<br>692        | 41. Guillera-Arroita, G., Lahoz-Monfort, J. J., van Rooyen, A. R., Weeks, A. R. &<br>Tingley, R. Dealing with false-positive and false-negative errors about species<br>occurrence at multiple levels. <i>Meth. Ecol. Env.</i> 8, 1081–1091 (2017). |
| 692<br>693<br>694<br>695        | <ol> <li>Lahoz-Monfort, J. J., Guillera-Arroita, G. &amp; Tingley, R. Statistical approaches to<br/>account for false - positive errors in environmental DNA samples. <i>Mol.</i><br/><i>Ecol.Res.</i> 16, 673-685 (2016).</li> </ol>               |

| 696<br>697<br>698               | 43. Connor, E. F. & McCoy, E. D. The statistics and biology of the species-area relationship. <i>Am. Nat.</i> <b>113</b> , 791–833 (1979).   |
|---------------------------------|--|
| 699<br>700<br>701               | 44. Ugland, K. I., Gray, J. S. & Ellingsen, K. E. The species–accumulation curve and estimation of species richness. <i>J. Anim. Ecol.</i> <b>72</b> , 888–897 (2003).   |
| 702<br>703<br>704               | 45. Sigsgaard, E. E. et al. Using vertebrate environmental DNA from seawater in biomonitoring of marine habitats. <i>Cons. Biol.</i> <b>34</b> , 697–710 (2020).   |
| 705<br>706<br>707<br>708        | <ul> <li>46. Uchii, K., Doi, H. &amp; Minamoto, T. A novel environmental DNA approach to quantify the cryptic invasion of non-native genotypes. <i>Mol. Ecol. Res.</i> 16, 415–422 (2016).</li> </ul>                  |
| 709<br>710<br>711<br>712        | <ol> <li>Hamady, M., Walker, J. J., Harris, J. K., Gold, N. J. &amp; Knight, R. Error-correcting barcoded primers for pyrosequencing hundreds of samples in multiplex. <i>Nat. Meth.</i> 5, 235–237 (2008).</li> </ol> |
| 713<br>714<br>715               | <ol> <li>Edgar, R. C. Search and clustering orders of magnitude faster than BLAST.<br/><i>Bioinformatics</i> 26, 2460–2461 (2010).</li> </ol>  |
| 716<br>717<br>718<br>719        | 49. Matsuzaki, S.S. et al. Biodiversity of freshwater fish and aquatic macrophytes in Japanese lakes: a broad assessment. <i>Jap. J. Cons. Ecol.</i> <b>21</b> , 155–165 (2016b). (in Japanese)                        |
| 720<br>721<br>722               | 50. Froese, R. & Pauly D. (Eds.). (2019, December Day). FishBase [Database].<br>Retrieved from <u>www.fishbase.org</u>   |
| 723<br>724<br>725               | 51. Tanaka M. The Lakes in Japan, 530 pp. in Japanese, Nagoya University Press, Nagoya, (1992).  |
| 726<br>727<br>728<br>729        | 52. R Core Team. R: A language and environment for statistical computing. R<br>Foundation for Statistical Computing, Vienna, Austria (2019). Retrieved from <u>https://www.R-project.org/</u>                          |
| 730<br>731<br>732<br>733<br>734 | 53. Cáceres, M. D. & Legendre, P. Associations between species and groups of sites:<br>indices and statistical inference. <i>Ecology</i> 90, 3566–3574 (2009).   |

## 735

## 736 Table

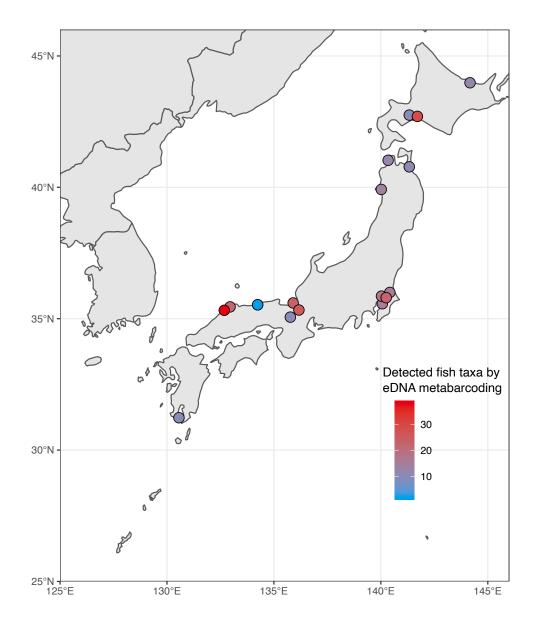
- 737 Table 1. Significantly higher frequencies of species detected using eDNA
- 738 metabarcoding compared with species records, as determined based on indicator taxa
- analysis (P < 0.05). "Best" indicates the method facilitating the most frequent detection.
- 740 P values were calculated based on 999 permutations subsequent to Sidak's correction
- for multiple testing. Species detected at non-significant, and significantly lower
- frequencies in the species records are shown in Table S7.

| Method     | Species name               | P value<br>for eDNA | P value for species records | Best<br>method | P value for multiple testing |
|------------|----------------------------|---------------------|-----------------------------|----------------|------------------------------|
| Individual | Carassius auratus          | 0.001               | 1                           | eDNA           | 0.001999                     |
| Individual | Hemibarbus labeo           | 0.001               | 1                           | eDNA           | 0.001999                     |
| Individual | Hypophthalmichthys nobilis | 0.001               | 1                           | eDNA           | 0.001999                     |
| Individual | Zacco platypus             | 0.001               | 1                           | eDNA           | 0.001999                     |
| Mix_cool   | Carassius auratus          | 0.001               | 1                           | eDNA           | 0.001999                     |
| Mix_cool   | Zacco platypus             | 0.023               | 0.997                       | eDNA           | 0.045471                     |
| Mix_freeze | Carassius auratus          | 0.001               | 1                           | eDNA           | 0.001999                     |
| Mix_freeze | Rhinogobius spp.           | 0.023               | 0.997                       | eDNA           | 0.045471                     |

743

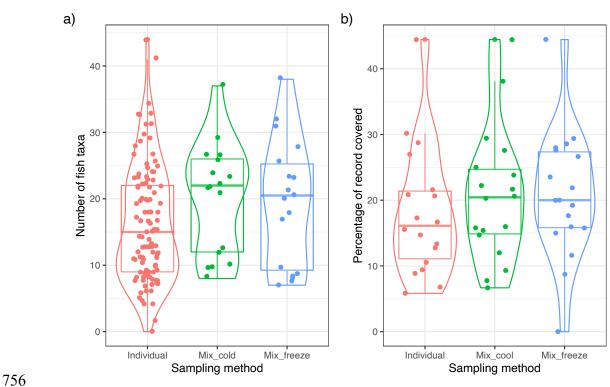
#### 745

#### 746 Figures



747

Figure 1. A map of Japan showing the locations of the 18 study lakes. The color of
circles indicates the approximate numbers of fish taxa detected using eDNA
metabarcoding based on the Mix\_cool sampling method. Total numbers of fish taxa
detected using other sampling methods (Individual and Mix\_freeze) are shown in Fig.
S3.



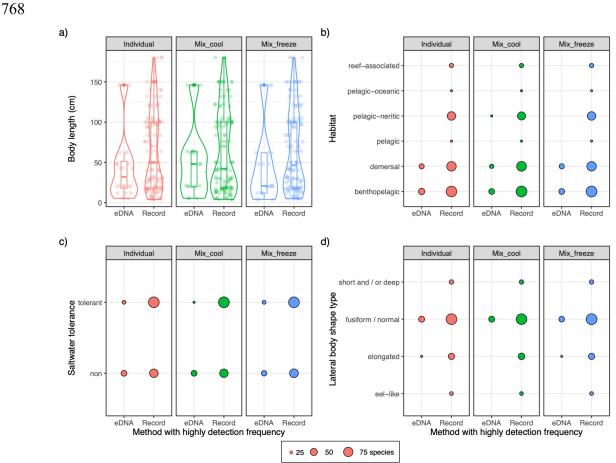


757

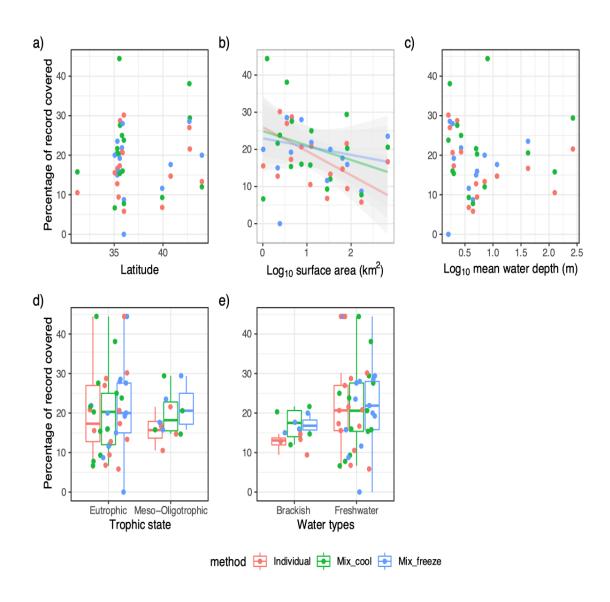
Figure 2. Box and violin plots showing (a) the fish taxa detected and (b) the percentage of record covered (%) with eDNA metabarcoding using different sampling methods. The boxes and bars in the box plots indicate median  $\pm$  inter-quartiles and  $\pm 1.5 \times$  interquartiles, respectively. The points represent individual data values. The smooth lines indicate the distribution of the data using violin plots. The violin plot outlines illustrate kernel probability density, i.e., the width of the enclosed area represents the proportion of the data located.

765

766

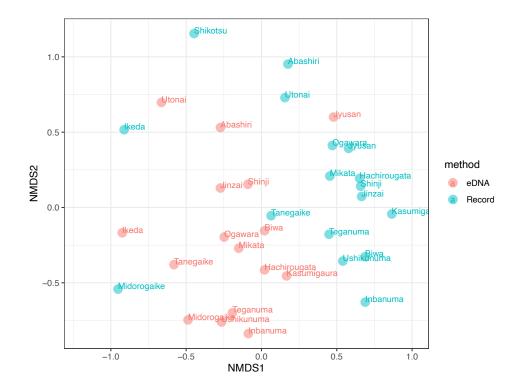


770 Figure 3. The ecological/biological traits of fish species in species group most 771 frequently detected based on eDNA metabarcoding and in the species records using the different sampling methods, as evaluated based on indicator taxa analysis. (a) Box and 772 773 violin plots for body length. The boxes and bars in the box plots indicate median  $\pm$ inter-quartiles and  $\pm 1.5 \times$  inter-quartiles, respectively. The smooth lines indicate the 774 775 distribution of the data using violin plots. The violin plot outlines illustrate kernel 776 probability density, i.e., the width of the enclosed area represents the proportion of the 777 data located. The points represent individual data values. (b-d) Balloon plots indicating 778 the habitat preference (b), saltwater tolerance (c), and lateral body shape type (d) of fish 779 species. The sizes of balloons in (b), (c), and (d) indicate the number of species in each 780 category, as shown in the bottom legend.



781 782

783 Figure 4. The relationships between the percentage of record covered by eDNA 784 metabarcoding (%) against the fish records and (a) lake latitude, (b) lake surface area, 785 (c) lake mean depth, (d) trophic state, and (e) water type, including the final GLMs, using the different sampling methods (red = Individual, green = Mix cool, and blue = 786 787 Mix freeze). Plots show the relationships with other factors are shown in Fig. S8. The solid and gray areas indicate the regression line from the significant GLM results and 788 789 the 95% CI, respectively. The boxes and bars in the box plot indicate median  $\pm$  inter-790 quartiles and  $\pm 1.5 \times$  inter-quartiles, respectively. The points represent individual data 791 values. 792



793 794

Figure 5. A non-metric multidimensional scaling (NMDS) ordination plot for fish

795 communities based on species records and eDNA metabarcoding using Mix cool

- 796 samples. The NMDS stress was 0.174. NDMS plots for Individual and Mix freeze data 797 are shown in Figs. S8 and S9, respectively.