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1 Mechanosensitive Ion Channel Piezo1 Regulates Myocyte Fusion during

2 Skeletal Myogenesis

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29 Abstract

| 30 | Mechanical stimuli such as stretch and resistance training are essential to regulate growth and function of |
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| 31 | skeletal muscle. However, the molecular mechanisms involved in sensing mechanical stress remain |
| 32 | unclear. Here, the purpose of this study was to investigate the role of the mechanosensitive ion channel |
| 33 | Piezo1 during myogenic progression. Muscle satellite cell-derived myoblasts and myotubes were modified |
| 34 | with stretch, siRNA knockdown and agonist-induced activation of Piezo1. Direct manipulation of Piezo1 |
| 35 | modulates terminal myogenic progression. Piezol knockdown suppressed myoblast fusion during myotube |
| 36 | formation and maturation. This was accompanied by downregulation of the fusogenic protein Myomaker. |
| 37 | <i>Piezo1</i> knockdown also lowered Ca^{2+} influx in response to stretch. Conversely Piezo1 activation |
| 38 | stimulated fusion and increased Ca^{2+} influx in response to stretch. These evidences indicate that Piezo1 is |
| 39 | essential for myotube formation and maturation, which may have implications for msucular dystrophy |
| 40 | prevention through its role as a mechanosensitive Ca ²⁺ channel. |
| 41 | |
| 42 | Key words: skeletal muscle, satellite cells, mechanosensation, Piezo1, Ca ²⁺ channel, myocyte fusion |
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52 Introduction

Skeletal muscle is a highly specialised tissue composed of multi-nucleated, post-53 mitotic muscle fibres. Since myonuclei within a muscle fibre do not divide after development, 54 the production of new myonuclei is entrusted to satellite cells (SCs), the skeletal muscle's 55 resident stem cell. SCs are found on the surface/periphery of postnatal skeletal muscle fibres 56 [1-3] and in response to muscle damage, rapidly activate to generate a myoblast progeny that 57 proliferate, undergo myogenic differentiation, and fuse to repair damaged myofibres, 58 resulting in regeneration of a functional muscle [4]. Although much is known about the 59 60 myogenic progression program, some of the underlying mechanisms remain to be determined. Among these are the molecular mechanisms involved in sensing mechanical stress 61 (mechanosensation) and its effect on myocyte fusion at the cellular and molecular levels. 62

Mechanosensitive (MS) ion channels are pore-forming membrane proteins which gate 63 64 in response to mechanical stimuli applied on the cell membrane [5-7]. MS ion channels have been linked to many physiological processes associated with mechanosensory transduction; 65 66 including osmoregulation, proprioception, hearing, touch, blood flow regulation to name but a few examples [8-10]. Piezo1 and Piezo2 were first identified by Coste et al. (2010) as the 67 long-sought principal types of molecular force sensors (mechanosensors) in mammalian cells 68 [5]. Piezo1 (and Piezo2) is a very large protein containing ~2500 amino acids with each 69 subunit (a total of three subunits per channel) containing an estimated 24-40 transmembrane 70 (TM) segments [6,8,11,12]. Characterisation of ionic selectivity revealed that Piezo1 was 71 nonselective, permeating Na^+ , K^+ , Ca^{2+} and Mg^{2+} with a preference for Ca^{2+} [5,13]. With such 72 a crucial role Ca²⁺ regulation plays in skeletal muscle maintenance and repair, understanding 73 Piezo1's function may prove vital when looking at strategies for therapeutic interventions of 74 muscular dystrophies [14,15]. 75

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76 Piezo1 is widely expressed in a range of tissues, including skeletal muscle, the bladder, colon, lung, skin and stomach [5,16]. Piezo2 shows a similar pattern with the exception of 77 being highly expressed in the dorsal root ganglion (DRG) while being less represented in 78 skeletal muscle [5,16]. Another key difference between Piezo1 and Piezo2 is their activation 79 and inactivation kinetics. Overexpression analyses revealed that the kinetics of inactivation of 80 Piezo2-dependent mechano-activated currents was faster than Piezo1 both for inward and 81 outward currents, thus conferring distinct channel properties [5,13,11]. Although Tsuchiya et 82 al published the first report on Piezo1 in skeletal muscle cells [17], looking at the role of 83 84 transmembrane localisation of phosphatidylserine and Piezo1 activation, the physiological function(s) of Piezo1 throughout the myogenic program remain unelucidated. 85

The current study aimed to analyse the role of Piezo1 in skeletal muscle proliferation, 86 differentiation and its role in stretch-induced Ca²⁺ influx of primary derived myotubes. Our 87 88 findings revealed that Piezo1 is dispensable for myoblast proliferation and onset of differentiation, but its knockdown suppressed myotube formation and maturation in primary 89 90 myotubes derived from slow soleus and fast extensor digitorum longus (EDL) muscles in 91 mice. In line, *Piezo1* reduction was accompanied by downregulation of the fusogenic gene *Myomaker*, decreased accumulation of f-actin and lowered Ca^{2+} influx of myotubes in 92 response to mechanical stretch. In contrast, administration of the Piezo1-specific agonist 93 Yoda1 increased fusion of myoblasts. Piezo1 activation also showed increased Ca²⁺ influx in 94 response to stretch. Using publicly available datasets, we showed a dysregulation in the 95 expression of Piezo1 in the skeletal muscle disease facioscapulohumeral muscular dystrophy 96 (FSHD). In summary, we propose that Piezo1 plays a crucial role at the terminal stage of 97 myotube fusion and maturation. Piezo1 may employ direct or indirect mechanisms that 98 99 regulate fusion proteins as well as proteins involved in cytoskeletal organisation. These

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mechanisms may be regulated by intracellular Ca²⁺-signals mediated by mechanosensitive
Piezol channels.

102 Materials and methods

- 103
- 104 Primary myoblast cell culture

105 All experimental procedures were carried out in accordance with the Guide for the 106 Care and Use of Laboratory Animals as adopted and promulgated by the National Institutes 107 of Health (Bethesda, MD, USA) and were approved by the Animal Use Committee of 108 Toyohashi SOZO University A2018006, A2019006). Male C57BL/6J mice (8-12 weeks of 109 age) were used. All mice were housed in a vivarium room with 12-h-12-h light-dark cycle; 110 with temperature and humidity maintained at ~23°C and ~50%, respectively. Solid food and 111 water were provided *ad libitum*.

After cervical dislocation, the EDL (*extensor digitorum longus*) and soleus muscles 112 were carefully dissected, and manipulated only by their tendons. Muscles were digested in 113 0.2% Collagenase Type 1 (Sigma, UK. Ref: SCR103) in Dulbecco's Modified Eagle Medium 114 (DMEM, Gibco, Thermo Fisher Scientific, Ref: 11885084) with 1% penicillin/streptomycin 115 (Pen Strep, Gibco, Thermo Fisher Scientific, Ref: 15140-122) for 2 hours. Individual 116 myofibres were then dissociated by trituration using heat polished glass Pasteur pipettes 117 (Marienfeld, Germany. Ref: 3233049) with variously sized apertures (coated with 5% BSA, 118 119 Sigma-Aldrich, Ref: A7906-100G) and washed as described by Collins and Zammit (2009)[18]. Isolated myofibres were plated on Matrigel (Corning. Ref: 354234) and the 120 satellite cell-derived myoblasts were then expanded in proliferation medium, consisting of; 121 DMEM, with 30% heat-inactivated foetal bovine serum (FBS) (Gibco, Thermo Fisher 122 Scientific. Ref: 26140-079), 10% horse serum (Gibco, Thermo Fisher Scientific, Ref: 16050-123

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122), 1% chick embryo extract (Sera Laboratories. Ref: CE-650-TL), 10 ng/ml basic FGF 124 (bFGF, Gibco, Thermo Fisher Scientific. Ref: PHG0264) and 1% penicillin. Cells were kept 125 126 in a 37°C incubator (Panasonic, MCO-230AICUVH) under a humidified atmosphere with 95% air and 5% CO₂. Cells designated for proliferation and differentiation conditions were 127 seeded at different densities depending on the size of wells they were cultured in. For 96-well 128 plate proliferation conditions required 5,000 cells per well, and for differentiation, cells were 129 seeded at 10,000 cells per well. For 6-well plates, proliferating and differentiation cohorts 130 131 consisted of 50,000 cells and 70-80,000 per well, respectively. Differentiation medium was made up of DMEM, 2% heat-inactivated horse serum, and 1% penicillin. 132

133 siRNA transfection

Small interfering RNAs (siRNAs) were purchased from (Qiagen, Hiden, Germany) 134 (Table 1) and diluted to 20 or 10 µM in double-distilled water (ddH2O) and stored at -20°C. 135 To investigate the effects *Piezo1* knockdown on proliferation, early entry into differentiation 136 137 and myotube formation, *Piezo1*-targeting or control scrambled siRNA (siScrambled; Qiagen, Hiden, Germany) was transfected in proliferation medium. Cells were plated on 6-well plates 138 at 50,000 cells per well in proliferation medium. Following a 24 h incubation period, the 139 140 medium was replaced with 1.75 ml fresh proliferation medium and the transfection mixture was prepared: A solution 150 µl Optimem (Gibco, Thermo Fisher Scientific. Ref: 31985-070) 141 medium with 9 µl of lipofectamine (lipofectamine RNAiMAX Thermo Fisher Scientific. Ref: 142 13778030) was made for each well. Separately, siRNA was diluted in 150 µl Optimem. The 143 two solutions were then mixed and incubated for 5 min. 250 µl of the siRNA/lipofectamine 144 145 mixture was added to corresponding wells dropwise. The final siRNA concentration was set at 10 nM. Following overnight incubation in the transfection medium, cells were trypsinised 146 for RT-qPCR analysis and seeded in 96-well plates for proliferation and differentiation 147

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| 148 | cohorts (day 1 and day 3 differentiation) in proliferation and differentiation medium, |
|-----|---|
| 149 | respectively. After a 24-hour incubation, proliferating cells were subjected to a 2-hour 5- |
| 150 | ethynyl-2'-deoxyuridine (EdU) pulse and fixed as below. Day 1 and day 3 differentiating |
| 151 | cohorts were also fixed. |

To determine *Piezo1*'s role in myotube formation, siRNA transfection was performed
in early differentiated myotubes. Cells were seeded at confluency in differentiation medium.
Following 24-hour incubation in differentiation medium, siRNA transfection was performed.
Cohorts were designated for RT-qPCR analyses and immunolabelling.

156

157 Table 1. List of siRNAs used

| Gene | Species | siRNA ID |
|---|---------|--------------------|
| scrambled non-targeting siRNA (All Stars Negative Control siRNA) | Mouse | Qiagen, 1027281 |
| Piezo1 | Mouse | Qiagen, S104420409 |
| Piezo1 | Mouse | Qiagen, S104420402 |
| Piezo1 | Mouse | Qiagen, S100814807 |
| Piezo1 | Mouse | Qiagen, S100814821 |

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8 N.B. The highlighted *Piezo1* siRNA (S1044120409) was used for most of the

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experiments. The other three were used as validators of our obtained results.

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163 RNA Extraction and Reverse Transcription

164 RNA was extracted from cells using the RNeasy mini kit as per manufacturer's 165 requirements (Qiagen. Ref: 217004). Reverse transcription was carried out using PrimeScript 166 RT Master Mix (Takara Bio, Otsu, Japan. Ref: RR036A). Optical density analysis using a 167 Nanodrop ND-1000 spectrophotometer (Labtech, UK) quantified RNA concentration. 168 Samples were then loaded to a PCR thermal cycler (Takara, Dicemini). The resulting cDNA 169 was then diluted 1:9 to obtain a working dilution for RT-qPCR analysis.

170 *Real-time Quantitative PCR (RT-qPCR)*

Primers were designed using the Takara Bio Perfect Real Time Support System 171 (Takara Bio, Table 2). Primers were diluted to 50 µM in ddH₂0 and stored at -20°C. Real-172 time RT-qPCR was performed on the cDNA (Thermal Cycler Dice Real Time System 173 IIMRQ, Takara Bio) using Takara SYBR Premix Ex Taq II (Takara Bio. Ref: RR802A). 12.5 174 µl of SYBR Premix Ex were added to each RT-qPCR well. 8.5 µl of ddH20 and 2 µl of the 175 corresponding primers were then added (a final concentration of 2 µM per primer). 2 µl of 176 177 the respective cDNA was then added to the appropriate wells, bringing the total volume to 25µl per well. The RT-qPCR cycle consisted of 95°C for 30 s (for enzyme activation), 178 followed by 40 cycles at 95°C for 5 s and a qPCR amplification period of 30 s at 60°C. The 179 relative fold change of expression was calculated by the comparative threshold cycle (CT) 180 method using Takara Thermal Cycler Dice Real Time System Software Ver. 4.00 (Takara 181 Bio). To normalise for the amount of total RNA present in each reaction, Gapdh was used as 182 an internal standard. 183

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| 186 | Table 2. Real Time | quantitative PCR | (RT-qPCR) primers. |
|-----|--------------------|------------------|-----------------------------|
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| Gene | Species | Forward primer (5'-3') | Reverse primer (5'-3') | Reference |
|----------|---------|-------------------------|--------------------------|----------------------------|
| Gapdh | Mouse | TGTGTCCGTGGATCTGA | TTGCTGTTGAAGTCGCAGGAG | Takara Bio, MA050371 |
| Piezo1 | Mouse | CTTTATCATGAAGTGCAGCCGAG | CCAGATGATGGCGATGAGGA | Takara Bio, MA125411 |
| Myomaker | Mouse | CATGCGCCGTGACATTCTG | AAGCATTGTGAAGGTCGATCTCTG | Takara Bio, MA131293 |
| Myomixer | Mouse | GAATCCACCGCAGGCAAA | ACCATCGGGAGCAATGGAAC | Takara Bio, MA101853 |

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188 Piezol activation

In order to induce Piezo1 activation, early forming myotubes were subjected to the 189 Piezo1 specific agonist Yoda1 (Cayman Chemical Company. Ref: 21904) diluted in dimethyl 190 191 sulfoxide (DMSO, Sigma. Ref: D2650-5x5ML). This consisted of a 24-hour incubation period in differentiation medium at high confluency (10,000 cells/well). By this point primary 192 derived myoblasts seeded at high confluency, begin to show myotube formation in the 193 relatively small 96-well plates. These early formed myotubes were then administered Yoda1. 194 195 Yoda1 binds the agonist transduction motif (ATM), located at the pore domain of the Piezo1 196 channel [19]. With each subunit displaying such motif, Yoda1 has potentially three binding sites. This phase of the investigation consisted of two main variables 1) drug concentration 197 and 2) duration of time cells were incubated with the drug. Five concentrations were chosen 198 199 in order to cover an increasing spectrum of Yoda1 final concentration, these were: 5, 10, 30 and 100 µM diluted in differentiation medium. Preliminary findings from the group found 200 201 that a 24-hour incubation with any of the concentrations chosen, led to complete abolishment

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of myotube maturation (data not show). Thus, time-points thought to have potential to maximise myotube fusion/maturation were tested. The incubation time-points were set for 1 and 30 min, 1 and 4 hours. Control cohorts containing only DMSO were incubated at the allocated times to allow comparisons to be made within each condition. Following the incubation of Yoda1 or DMSO, cells were cultured in the differentiation medium for a further 2 days (i.e. myotubes were analysed 3 days post initial induction of differentiation).

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209 Immunolabelling

Throughout the protocol, all washes were performed with Dulbecco's phosphate-210 buffered saline (DPBS, Gibco, Dulbecco's Phosphate Buffered Saline, Thermo Fisher 211 Scientific, Ref: 14190-144). Cells were fixed with 4% paraformaldehyde for 15 min. Samples 212 213 were then washed three times with PBS (5 minutes each wash) and permeabilised for 15 min using 0.5% triton-X100/PBS (Sigma-Aldrich. Ref: T9284-500ml). Cells were blocked for 1 214 hour in 5% bovine serum albumin (BSA, Sigma-Aldrich Ref: A7906-100G). Primary 215 antibodies (diluted to the working concentration in PBS) (Table 3) were added to the samples 216 and incubated overnight at 4°C. Primary antibodies were decanted, the samples were washed 217 three times and appropriate secondary antibodies diluted to the working concentration in PBS 218 added (Table 3) were added to the samples. The Samples were covered with aluminium foil 219 to avoid light exposure and left to stand at room temperature for 1 hour. Cells were washed 220 again (three times). To visualise nuclei, the cells were incubated for 10 min at room 221 temperature with 1 µg/ml 4', 6-diamidino-2-phenylindole (DAPI) (Sigma. Ref: D9542-222 10MG) diluted 1:1000 in PBS. After a final wash with PBS (5 min), cells were replenished 223 with PBS and stored at 4 °C until image analysis. 224

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225 Table 3. Primary and Secondary antibodies used

| Primary antibody | Dilution | Reference |
|--|----------|--|
| Monoclonal mouse – myogenin | 1:10 | Development Studies Hybridoma Bank (DSHB), F5D-s |
| Monoclonal mouse – MF20 (Myosin Heavy Chain) | 1:10 | Development Studies Hybridoma Bank (DSHB), MF20-s |
| Secondary antibody | Dilution | Reference |
| Donkey anti-mouse IgG (H+L), Alexa Fluor® 555 | 1:500 | Life Technologies, A21203 |

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227 EdU incorporation

For the evaluation of cell proliferation, cells were incubated with 5-ehtynyl-2'deoxyuridine (EdU: Invitrogen, Thermo Fisher Scientific) at 10 μ M, added in fresh proliferation medium for 2 hours at 37 °C. EdU, the alkyne-containing thymidine analog, is incorporated into DNA during active DNA synthesis. The click-iT EdU Alexa Flour kit (Invitrogen, Thermo Fisher Scientific, Click-iT, EdU Alexa Fluor. Ref: 594 C10339) was used as per manufacturer's instructions with either the 488 (green) or 594 (red) azide to detect incorporated EdU.

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236 Phalloidin labelling

To evaluate the cytoskeleton, cells were treated with phalloidin (Invitrogen, Thermo Fisher Scientific, Alexa-Fluor. Ref: 488 A12379) diluted 1:40 in PBS. Phalloidin binds to factin, a major cytoskeleton protein in skeletal muscle fibres. Cells were incubated with

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phalloidin solution for 30 mins at room temperature. Cells were then washed with PBS twicefor 5 min.

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243 *Image quantification*

Images were taken using a fluorescence microscope (BZ-X710, KEYENCE, Osaka, Japan). Four to five images per each well (3 wells per repeat) consistent of a total of 12-15 images per repeat were analysed. One repeat refers to one mouse. For EdU incorporation, the total number of DAPI-counterstained nuclei and total number of EdU-incorporated cells were quantified. The proportion of EdU-incorporated cells relative the total number of nuclei was subsequently expressed as percentages. The relative proportion of cells expressing myogenin was also quantified in this manner.

The fusion index was calculated by quantifying the total number of nuclei within MyHC positive myotubes and expressing this value as a proportion of the total number of nuclei in each field of view. As a criterion, more than two nuclei must be within a MyHC positive myotube to be quantified for the fusion index: (MyHC-positive myotubes containing ≥ 2 nuclei/total number of nuclei) × 100.

To measure myotube width, the "measure" tool on ImageJ imaging software was used. 256 This allows measurements of a chosen distance to be made. Before measurement, a scale was 257 applied to all images. On the "set scale" option pixels are converted into um. Taking the 258 fluorescence microscope and magnification into account the program determines 100 µm to 259 be 133.00 pixels or 0.75 um/pixel. Three independent images were chosen per condition. The 260 criterion for this analysis was to choose the widest possible distance between myotube edges 261 without the presence of any branching points. This was carried out in three independent 262 points within the field of view. The values were then averaged. 263

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266 Stretch experiments and intracellular Ca^{2+} level imaging

Stretch experiments were performed at the National Institute for Physiological Sciences 267 (NIPS). Primary derived myoblasts were seeded (30,000 cells/chamber) on modified elastic 268 silicone chambers (Strexcell, Ooyodonaka, Ref: STB-CH-0.02). After 24-hour incubation, 269 cells were transfected with either control (siScrambled) or Piezol-specific siRNA in 270 proliferation medium. After overnight incubation, cells were switched to differentiation 271 medium and cultured for a further 3 days. Stretch experiments were conducted on the third 272 day. For Piezo1 activation by Yoda1 administration, cells were seeded as above. Following 273 the initial overnight incubation, cells were switched to differentiate and the resulting 274 myotubes were analysed 3 days post differentiation induction. 275

For Ca²⁺ imaging, Fura 2-AM (Invitrogen) with 10% Pluronic[®] F-127 (Molecular 276 Probes, USA) diluted in double distilled water (ddH₂O), was administered to EDL and 277 soleus-derived myotubes followed by a 30-min incubation time. Chambers were attached to 278 279 an extension device (modified version of STB-150, Strex) on the microscope stage. Stretch stimulation was applied using a pre-set stretch speed and distance. After an initial 1 min rest 280 period (0% stretch), stretch was applied at 3% (0.3 mm), 6% (0.6 mm) and 9% (0.9 mm) for 281 1 min followed by a 1-min resting period in between. During the initial 0% stretch timepoint, 282 Yoda1 cohorts were administered with 30 µM of the agonist before being subjected to stretch. 283 Ionomycin (Sigma-Aldrich) at 5 µM was applied at the final step in each experiment for 284 normalisation and to check cell viability. 285

Changes in intracellular calcium $[Ca^{2+}]i$ were measured by ratiometric imaging with Fura 2-AM at 340 and 380 nm, and the emitted light signal was read at 510 nm. Images were then analysed on ImageJ imaging software. Three independent myotubes from each condition

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were selected and analysed. The changes in ratios were calculated by subtracting basal valuesfrom peak values. The values were then normalised to ionomycin data.

291 Statistical analysis

Data is presented as mean \pm SEM from at least three experiments (at least three mice). 292 Significance was assessed by either paired Student's t-test or one-way ANOVA followed by 293 294 followed by the Tukey-Kramer post-hoc; wherein p-values of < 0.05 were considered to be statistically significant. A paired t-test was adopted when comparing effects within the same 295 group e.g. analysing the effects of siRNA mediated down-regulation of *Piezo1* versus siRNA 296 controls in murine derived myoblasts. A one-way ANOVA was implemented when two or 297 more independent groups were analysed, for example; comparing the effects of varying 298 299 agonist concentrations across different timepoints.

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302 **Results**

303 Expression of Piezo1 in primary myoblasts and myotubes

We investigated the expression level of *Piezo1* during myogenic progression in murine 304 fast EDL and slow soleus muscles-derived primary myoblasts (Figure 1a). The expression of 305 EDL-derived cells (Figure 1b) showed a significant increase in mRNA expression of Piezo1 306 in myotubes cultured at 3 days in differentiation medium, compared to the expression level in 307 proliferating myoblasts (p<0.05). Soleus-derived cells (Figure 1c) showed a significant 308 increase in Piezo1 mRNA expression after 24 and 72 hours in differentiation medium, 309 compared to proliferation cohorts (p<0.05). The observed increase in *Piezo1* in soleus-310 derived cells after 1 day of differentiation may be explained by the fact that soleus-derived 311 myoblasts tend to differentiate slightly quicker than EDL, i.e. myotubes could be seen sooner 312 313 in soleus-derived cells compared to EDL. Moreover, we found that *Piezo1* is expressed at a higher level in day 1 and day 3 differentiated soleus cells compared to EDL counterparts 314 (Figure S1). 315

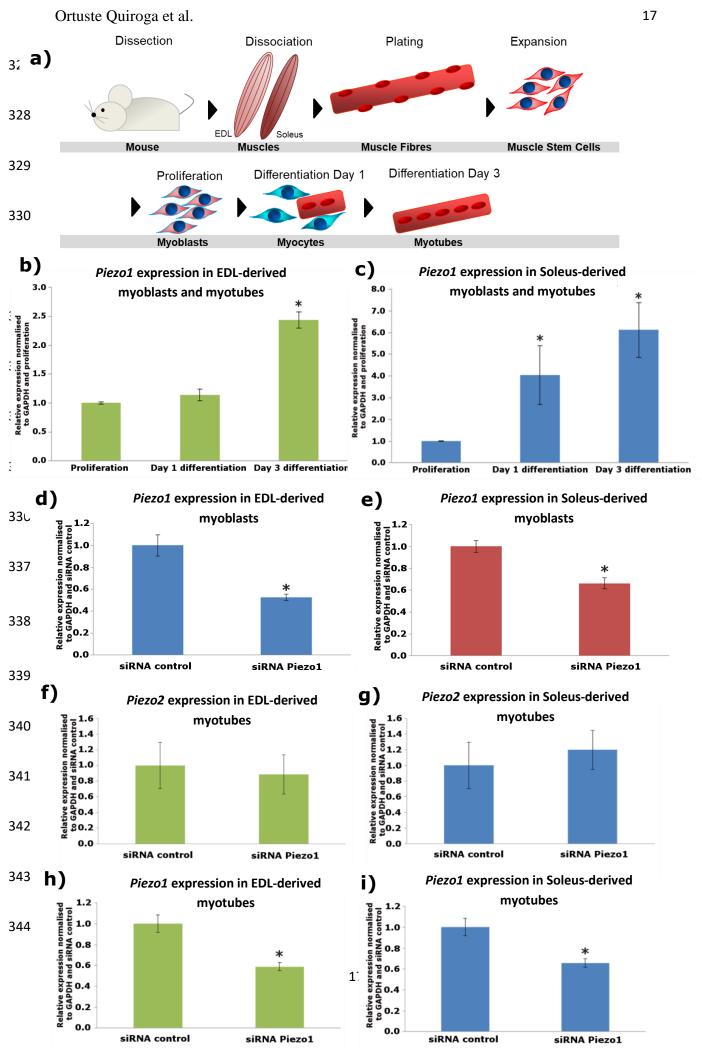
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317 siRNA-mediated downregulation of Piezo1

We next set out to evaluate the effects of manipulating *Piezo1* on proliferation and myogenic differentiation. This was achieved by siRNA-mediated knockdown (Figure 1d and e). Cells were transfected with either control (siScrambled) siRNA (control-siRNA) or targeting siRNA specific for *Piezo1* (*Piezo1*-siRNA). Following a 24-hours incubation period, the medium was changed and cells were incubated for a further 24 hours. In EDL-derived cells (Figure 1d), the treatment of *Piezo1*-siRNA showed a significant reduction (~48%) in mRNA expression level of *Piezo1*, compared to control-siRNA (p<0.05). Analysis of soleus-

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- derived cells (Figure 1e) also revealed a significant reduction (~34%) in expression of *Piezo1*
- 326 post siRNA-mediated transfection, compared to control conditions (p < 0.05).



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345 Figure 1. *Piezo1* is expressed in satellite cell-derived myoblasts throughout myogenic differentiation. Piezo1

346 downregulation does not alter the expression of *Piezo2*.

- 347 a) Schematic representation of muscle isolation and satellite cell expansion procedure. b) and c) Relative fold changes in 348 expression of *Piezol* in murine EDL and soleus muscle-derived myoblasts, during proliferation and through differentiation; 349 24 hours (Day 1) and 72 hours (Day 3) in differentiation medium. d) and e) EDL and soleus-derived myoblasts were 350 transfected with 10 nM of either control-siRNA (siScrambled) or targeting siRNA against Piezol (Piezol-siRNA. After 351 overnight incubation, cells were incubated for a further 24 hours and expression of Piezol was measured. f-i) Relative fold 352 changes in expression of Piezo1 and Piezo2 in EDL and soleus muscle-derived myotubes. Following an initial differentiation 353 period (24 hours at high confluency), cells were transfected with 10 nM of either control-siRNA (siScrambled) or Piezol-354 siRNA. After overnight incubation, cells were incubated for a further 24 hours. Values were normalised to Gapdh and then 355 expressed as fold change compared to either level of proliferation (b and c) or to siScrambled conditions (f-i). Data is
- $\label{eq:second} \textbf{356} \qquad \text{presented as mean} \pm \textbf{SEM from three experiments (n = 3 mice). Asterisks (*) denote significance at p < 0.05 compared to the second second$
- 357 control conditions (either proliferating myoblasts or siScrambled cohorts), using one-way ANOVA followed by the Tukey-
- 358 Kramer post-hoc (a and b) or a 2-tailed paired student t-test (f-i).

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360 *Effects of Piezo1 downregulation on Piezo2*

Using RT-qPCR analysis, the expression of *Piezo2* in *Piezo1*-downregulated conditions 361 was measured in both EDL and soleus primary cells (Figures 1f-i). Furthermore as Piezol 362 seemed to exert most of its expression during differentiation, we evaluated *Piezo2* expression 363 in early differentiated myotubes. This encompassed a 24-hour incubation in differentiation 364 medium at high confluence, followed by siRNA transfection. After overnight incubation with 365 siRNA, the medium was exchanged with fresh differentiation medium and incubated for a 366 further 24 hours before sampling. We again confirmed the reliability in our method of 367 siRNA-mediated knockdown by showing significant reduction of *Piezo1* expression in both 368 EDL- and soleus-derived cells (Figures 1h and i). Data from the EDL (Figure 1f) showed that 369 in *Piezo1*-downregulated conditions, the expression of *Piezo2* is relatively stable. Soleus-370 derived cells subjected to *Piezo1*-siRNA (Figure 1g) showed a slight trending increase in 371 372 Piezo2 expression, compared to control-siRNA; however this did not reach statistical significance, indicating that Piezo2 did not provide a compensatory role in the down-373 374 regulation of *Piezo1*. Though, we must acknowledge that perhaps if the degree of *Piezo1* downregulation was more "potent", Piezo2 may alter its expression in response. Furthermore 375 a prolonged downregulation of *Piezo1* may also affect the expression level of *Piezo2*. 376

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378 *Piezo1 is dispensable for muscle cell proliferation*

We next turned our attention to the effects of *Piezo1* downregulation during proliferation. Although we did not see a significant difference in the expression dynamics of *Piezo1* early in the myogenic program that is not to say that the knockdown of this channel would not affect proliferating cells. Thus in order to address this question we used EdU

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383 incorporation assays (Figures 2a-d).-Analyses of the proliferation rate in myoblasts derived from EDL (Figures 2a and b) showed that the downregulation of *Piezo1* had no significant 384 effect on EdU incorporation, compared to siRNA control conditions. Similarly, the 385 386 downregulation of *Piezo1* in soleus-derived myoblasts (Figures 2c and d) showed no statistical change in the proliferation rate between *Piezo1*-siRNA-treated cells and control 387 conditions. From these results, we can summarise that on plated cell conditions, 388 downregulation of Piezol does not seem to affect the proliferation capacity of EDL- and 389 soleus-derived myoblasts. 390

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392 Suppression of Piezo1 does not inhibit the onset of the myogenic program

Our next aim was to investigate whether knockdown of *Piezo1* would alter the capacity 393 394 of cells to enter into the differentiation phase of the myogenic program. siRNA-transfected cohorts were cultured in differentiation medium for 24 hours. This early differentiation phase 395 was analysed by immunolabelling of the myogenic regulatory factor (MRF) Myogenin. 396 Quantification was performed by calculating the proportion of Myogenin-positive myoblasts 397 relative to the number of DAPI counterstained nuclei (Figures 2e-h). Analysis of EDL-398 derived myoblasts (Figures 2e and 2f) showed no significant difference in the relative 399 proportion of myogenin-positive cells between control-siRNA and Piezol-siRNA treated 400 conditions-Similarly, soleus-derived cells (Figures 2g and 2h) did not show a significant 401 difference in the relative proportion of myogenin-positive cells in samples treated with 402 403 Piezo1-siRNA, compared to control-siRNA. From these results, we may suggest that the downregulation of *Piezo1* does not seem to have any effects on the ability for myoblasts to 404 405 enter the differentiation phase of the myogenic program. However, the question remained

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- 406 whether the continuous knockdown of this receptor would affect the fusion and maturation of
- 407 myotubes. To answer this, we turn to myotube analyses.

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| 409 | Prolifera | ation |
|--------------------------|--|---|
| 410 | a) siRNA control in EDL | C) siRNA control in Soleus |
| 411 | siRNA Piezo1 in EDL | siRNA Piezo1 in Soleus |
| 412 | DAP3 EdU Merged | DAPJ EdU Merged |
| 413 | b) Proportion of EdU incorporation in EDL- derived myoblasts | d) Proportion of EdU incorporation in Soleus-derived myoblasts |
| 414 | (9) 35 - I D D D D D D D D D D D D D D D D D D D | a a b a c a |
| 415 | 5 - 0 | 5 - |
| 416 | siRNA control siRNA Piezo1 | siRNA control siRNA Piezo1 |
| 120 | Day 1 differ | |
| 417 | Day 1 differ e) siRNA control in EDL | entiation 9) siRNA control in Soleus 000000000000000000000000000000000000 |
| | - 1 | |
| 417 | e) siRNA control in EDL | g) siRNA control in Soleus |
| 417 418 | e) siRNA control in EDL i) jogenin ii) jogenin iii) jogenin iiii) jogenin iii) jogenin | g) siRNA control in Soleus iii (yogenin) ii (yogenin) |
| 417 418 419 | e) siRNA control in EDL i) jogenin ii) jogenin iii) jogenin iiii) jogenin iii) jogenin | g) siRNA control in Soleus iii (yogenin) ii (yogenin) |
| 417 418 419 420 | e) siRNA control in EDL by by b | g) siRNA control in Soleus iiiiiiiiiiiiiiiiiiiiiiiiiiiiiiii |

424 Figure 2. *Piezo1* knockdown does not affect proliferation rate nor early entry into differentiation.

a) and c) Representative images of EDL and soleus primary-derived myoblasts, transfected with 10nM of siRNAcontrol
(siScrambled) or siRNA-*Piezo1*. Following overnight incubation, the medium was changed with fresh proliferation
medium and cells were incubated for a further 24 hours, and then subjected to a 2-hour pulse with EdU (red panels).
DAPI counterstained nuclei shown in black and white panels. Scale bar is 100 µm. b) and d) Proportion of EdUincorporated cells relative to total (DAPI) cell count. e) and g) Representative images of EDL and soleus muscle-derived

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- 430 myoblasts transfected with 10nM of control-siRNA (siScrambled) or Piezol-siRNA. Following overnight incubation,
- 431 cells were incubated for a further 24 hours, immunolabelled for Myogenin (red panels) and counterstained with DAPI
- 432 (black and white panels). Scale bar is 100 µm. f) and h) Percentage proportion of Myogenin positive cells relative to total
- 433 nuclei. Data is represented as percentages. Data is mean \pm SEM from three experiments (n = 3 mice). *: significant at p
- 434 < 0.05 compared to siScrambled conditions using a 2-tailed paired student t-test.

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437 Piezo1 regulates myocytes fusion

Piezo1-siRNA-treated cells were cultured in differentiation medium for 3 days post transfection. By this timepoint myoblasts fuse to neighbouring differentiating myoblasts and begin to upregulate the sarcomeric motor protein MyHC, which is expressed in the forming myotubes. We can visualise MyHC containing myotubes through immunolabelling. Not only does this allow a visual representation of myotube formation, but it can also be used to quantify the level of fusion that has occurred - the fusion index.

The data derived from the EDL-derived cells (Figure 3a), showed a clear difference 444 between control-siRNA and *Piezo1*-siRNA conditions, with the latter displaying much fewer 445 myotubes. Indeed, we observed a significant (p<0.05) reduction of fusion index in *Piezo1*-446 siRNA conditions compared to control conditions (Figure 3b). These findings were also 447 translated to soleus-derived cells. From the myotube images (Figure 3c), we observed smaller 448 449 myotubes when *Piezo1* was downregulated. This was confirmed by the significant reduction in myocytes fusion (Figure 3d) in *Piezo1*-siRNA conditions compared to control conditions 450 451 (p<0.05).

A potential concern of the data in Figures 3a-d, is the fact that cells were first 452 453 transfected in proliferating conditions (i.e. in proliferation medium) before being switched to differentiate; and although the initial analysis of EdU- and myogenin-positive cells did not 454 reveal a change post siRNA-mediated knockdown of *Piezo1*, that is not to say that the initial 455 knockdown in proliferating conditions did not alter the behaviour of the channel and the 456 subsequent formation of myotubes. Thus, in order to address this, we carried out the 457 458 transfection of Piezo1-siRNA in differentiating conditions. This encompassed a 24-hour incubation period in differentiation medium. By this point primary derived myoblasts seeded 459 at high confluency, already begin to show myotube formation in the relatively small 96-well 460

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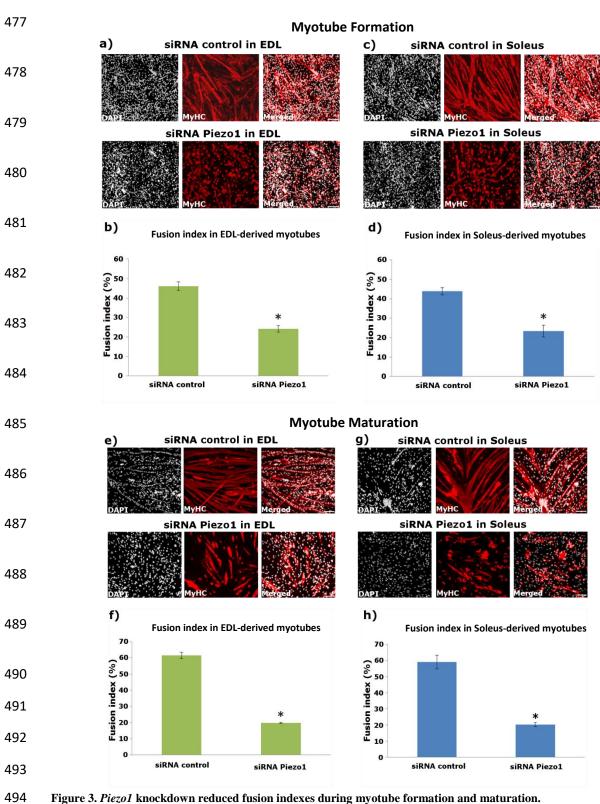
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461 plates. These early formed myotubes were then subjected to *Piezo1*-siRNA transfection in
462 differentiation medium. Following overnight incubation, the transfection mixture was
463 exchanged with fresh differentiation medium. Myotubes were subsequently analysed 3 days
464 post the initial *Piezo1*-siRNA transfection (Figures 3e-h).

Downregulation of Piezol in EDL-derived myotubes (Figures 3e and 3f), showed a 465 significant reduction (p<0.05) in the fusion index, compared to control-siRNA conditions. 466 The soleus muscle (Figures 3g and 3h) also showed a reduction in the ability of myoblasts to 467 fuse in *Piezo1*-siRNA-treated conditions, compared to control-siRNA cohorts (p<0.05). In 468 469 summary, the downregulation of the Piezo1 channel both in forming and maturing myotubes significantly reduces the ability of cells to fuse into new or existing myotubes. This response 470 471 seems to be unique to this phase of the myogenic program as downregulation of Piezol does 472 not affect proliferation or early entry into differentiation.

These thought-provoking results demand further exploration of; 1) the mechanisms of Piezo1-mediated fusion, 2) other fusion regulators, and 3) the downstream signalling pathways of the Piezo1 channel which enables correct myogenic fusion.

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a) and c) Representative images of primary derived myotubes from EDL and soleus muscle, transfected with 10nM of
control-siRNA (siScrambled) or *Piezo1*-siRNA. Following overnight incubation, cells were incubated for a further 72
hours. Cells were immunolabelled for Myosin heavy chain (MyHC) (red panels) and counterstained with DAPI (black
and white panels). b) and d) The fusion index was calculated by counting the total number of nuclei within each

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- 499 myofibre and representing this as a percentage relative to the total number nuclei in the image taken. e) and g)
- 500 Representative images of EDL and soleus muscle-derived. Early forming myotubes were transfected with 10nM of
- 501 control-siRNA (siScrambled) or *Piezo1*-siRNA. Following overnight incubation, cells were incubated for a further 72
- bours. immunolabelled for Myosin heavy chain (MyHC) (red panels) and counterstained with DAPI (black and white
- 503 panels). Scale bar is 100 µm. f) and h) Bar graphs display the fusion index. Data is mean ± SEM from three
- 504 experiments for myotube formation data (n = 3 mice) and four experiments for myotube maturation data (n = 4 mice).
- *: Significant at p < 0.05 compared to siScrambled conditions using a 2-tailed paired student t-test.

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507 Piezo1 and actin remodelling

Previous research places Piezo1 regulation as a key modulator of this cytoskeletal 508 protein [20,21]. In skeletal muscle actin plays a pivotal role not only in myoblast fusion but 509 myotube alignment to attachment sites [22]. Therefore, a putative mechanism(s) of Piezo1 is 510 the regulation of cytoskeletal structures, including filamentous actin (f-actin). As part of our 511 analyses, we examined f-actin intensity using fluorescently labelled phalloidin as a proxy to 512 evaluate its accumulation, and thus the extent of cytoskeletal reorganisation during myogenic 513 differentiation in EDL or Soleus derived myoblasts. Piezol-siRNA-treated cells showed a 514 significant decrease in the accumulation of f-actin compared to control-siRNA (Figure S2). 515 However, activation of Piezo1 using Yoda1 did not reveal a statistically significant increase 516 in f-actin intensity during any of the incubation timepoints or concentrations (Figure S3). 517 Further, high concentration and relatively longer incubation time of Yoda1, suggestive of an 518 519 over-activation of Piezo1, showed a significant decrease in f-actin in EDL (100 µM; 4-hour incubation) and soleus (100 µM; 30-min, 1- and 4-hour incubation) derived myotubes. These 520 521 findings suggest that cytoskeletal organisation may be affected by Piezo1 activity; however our methods of measuring such changes lacked resolution. For example, f-actin stress fibre 522 formation as well as filopodia extension in response to Piezo1 manipulation should be 523 quantified under higher magnification. 524

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526 Lack of Piezo1 affects the expression of fusogenic genes

527 An ever-increasing topic of interest within the skeletal muscle field is the role fusion 528 proteins play. The recently discovered fusion protein Myomaker and its associated 529 micropeptide Myomixer/Myomerger/Minion (hereafter referred to as Myomixer) are at the

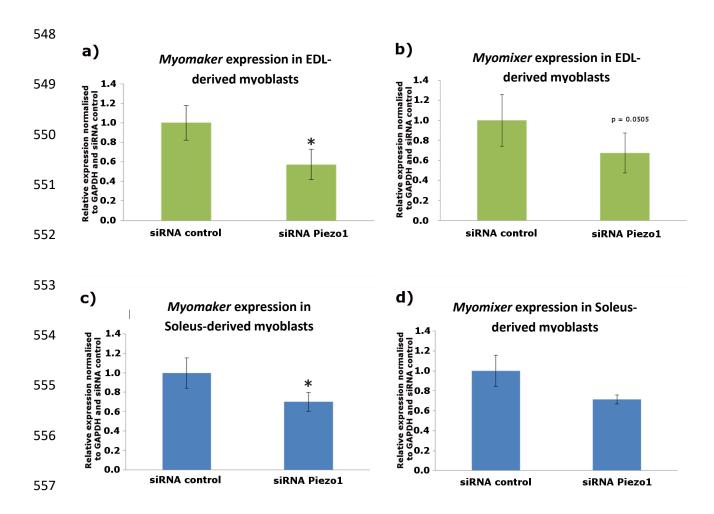
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530 centre of myogenic fusion research [23-26]. Thus, we were curious to examine the effects Piezol may have on these fusion proteins. Piezol was first downregulated in EDL- and 531 soleus-derived myoblasts. Cells were then collected and RT-qPCR against Myomaker and 532 533 Myomixer was carried out and compared to control-siRNA conditions (Figure 4a-d). EDLderived cells (Figure 4a) showed that the expression of *Myomaker* is significantly reduced in 534 Piezo1-siRNA treated cells (~43%), compared to control-siRNA conditions (p<0.05). In 535 Piezol-downregulated conditions, Myomixer (Figure 4b) showed a trend to decrease, 536 compared to control-siRNA, (p=0.0505). In soleus-derived cells (Figure 4c), downregulation 537 538 of *Piezo1* significantly lowered the expression of *Myomaker* (~30%), compared to controlsiRNA (p<0.05). Similar to the EDL, we observed a trend for *Myomixer* to decrease post 539 Piezol knockdown (Figure 4d, p>0.05). Taken together, these results show a potential 540 541 interplay between the stretch induced Piezo1 channel and the fusion protein gene Myomaker (and perhaps *Myomixer*). The question remains as to whether the downregulation of *Piezo1* 542 actively employs mechanisms which lower Myomaker expression which in turn reduce 543 myogenic fusion or whether this is an indirect effect of another *Piezo1* governed event. 544 Answering these queries may have implication in skeletal muscle regeneration and muscular 545 dystrophies. 546

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558 Figure 4. *Myomaker* expression is reduced in *Piezo1*-downregulated conditions

559Relative fold changes in expression of EDL-derived myoblasts (a and b) and soleus-derived myoblasts (c and d). Cells560were transfected with 10 nM of either control-siRNA (siScrambled) or *Piezo1*-siRNA. After overnight incubation, cells561incubated for a further 24 hours. The expression of the fusogenic protein genes *Myomaker* and *Myomixer* were then562analysed. Values were normalised to *Gapdh* and then expressed as fold change compared to siScrambled conditions.563Data is mean \pm SEM from three experiments (n = 3 mice). *: Significant at p < 0.05 compared to siScrambled conditions</td>564using a 2-tailed paired student t-test.

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567 *Ca*²⁺ influx in Piezo1 downregulated myotubes

The Piezo1 channel permeates Ca²⁺ influx at a greater preference than other cations 568 $(Na^+, K^+ and Mg^{2+})$ [5]. Ca^{2+} is itself a crucial regulatory and signalling molecule of the 569 mvogenic program as well as skeletal muscle contraction and various intracellular events. 570 Thus, a logical query to pursue was to see whether selective downregulation of *Piezo1* 571 hinders or blunts the influx of Ca^{2+} in cultured myotubes exposed to stretch. To achieve this 572 we used customised stretch silicon bio-chambers [16]. Myoblasts from both EDL and soleus 573 muscles were transfected with either Piezol-siRNA or control-siRNA (siScrambled). The 574 transfection mixture was then removed, and samples were cultured in differentiation medium 575 for 3 days. The resulting myotubes were then subjected to incremental bouts of stretch. 576 Throughout the experiment, intracellular Ca^{2+} level $[Ca^{2+}]i$ was measured using Fura-2AM, a 577 membrane-permeant fluorescent Ca^{2+} indicator (Figure 5). 578

Focusing first on control-siRNA, we found that $[Ca^{2+}]i$ was increased at certain stretch 579 conditions. In EDL-derived myotubes for example (Figures 5a and 5c), a 6% stretch 580 significantly increased $[Ca^{2+}]i$ influx compared to 0% stretch controls (p<0.05). An increase 581 in [Ca²⁺]i was also observed in EDL-derived myotubes at 9% stretch conditions (p<0.05). A 582 9% stretch bout also showed significantly higher $[Ca^{2+}]i$, compared to 3% stretch conditions 583 (p<0.05). Soleus-derived myotubes (Figures 5b and 5d) at stretch conditions of 6% and 9%, 584 showed a significant increase in $[Ca^{2+}]i$, compared to 0% stretch conditions (p<0.05). Soleus-585 derived myotubes in 9% stretch conditions also demonstrated higher $[Ca^{2+}]i$, compared to 3% 586 stretch bouts (p<0.05). Neither EDL- nor soleus-derived myotubes at the relatively lower 587 stretch bout of 3%, showed a significant increase in $[Ca^{2+}]i$, compared to 0% stretch controls. 588 This implies that a certain magnitude of physical stretch is necessary to elicit measurable 589 changes in $[Ca^{2+}]i$ in cultured myotubes. 590

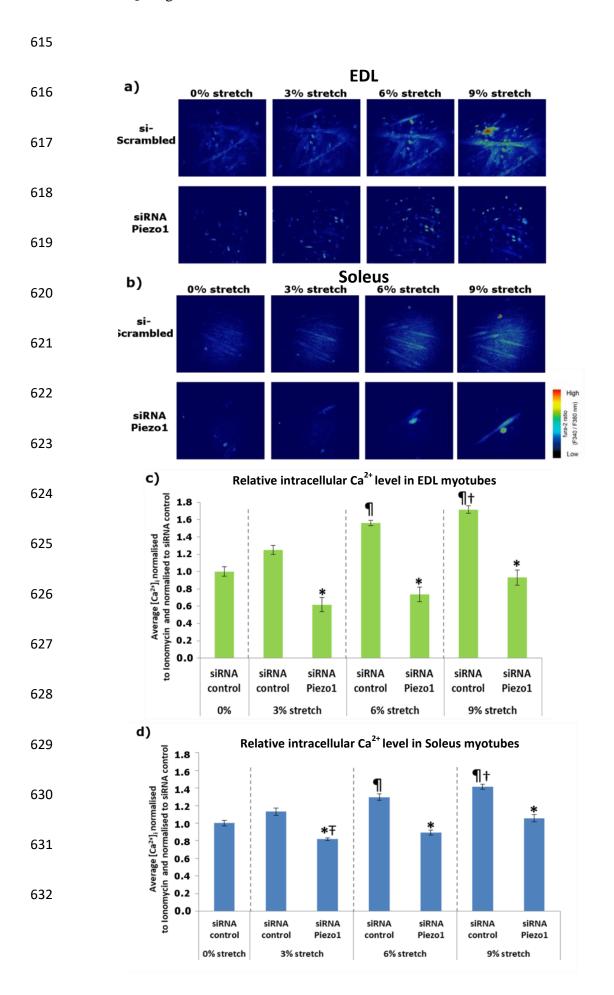
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Turning our attention to the effects of *Piezo1* downregulation, we witnessed a striking suppression in $[Ca^{2+}]i$ in response to stretch compared to control-siRNA (Figures 5a and 5b). First of all, the progressive increase in $[Ca^{2+}]i$ was completely abolished in EDL-derived myotubes (Figure 5c). Indeed neither a 6%, nor a 9% stretch could elicit a significant increase in $[Ca^{2+}]i$. In soleus-derived cells (Figure 5d), only *Piezo1*-downregulated myotubes at the 9% stretch condition, were able to show increased $[Ca^{2+}]i$, compared to 3% stretch counterparts (p < 0.05).

Comparison of [Ca²⁺]i between control-siRNA and *Piezo1*-siRNA cohorts at each 598 stretch condition further cemented the remarkable reduction of [Ca²⁺]i in *Piezo1* 599 downregulated conditions in response to stretch (Figure 5c). EDL-derived myotubes at 3% 600 stretch in *Piezo1*-siRNA conditions, show a suppression in [Ca²⁺]i compared to control-601 siRNA counterparts (p<0.05). This is also true for 6% cohorts, with Piezol-siRNA 602 transfected EDL myotubes displaying a lower $[Ca^{2+}]i$, compared to control-siRNA (p<0.05). 603 At 9% stretch we continued to see a significant suppression of increase in $[Ca^{2+}]i$ in *Piezo1*-604 siRNA treated conditions, compared to control-siRNA at the same stretch bout (p<0.05). In 605 the soleus (Figures 5b and 5d), the suppression of $[Ca^{2+}]i$ following *Piezo1* downregulation 606 persisted. Indeed, a 3% stretch showed a lower [Ca²⁺]i in *Piezo1*-downregulated conditions, 607 compared to 3% stretch in control-siRNA. At 6% stretch, increase in $[Ca^{2+}]i$ is again blunted 608 in *Piezo1*-downregulated cohorts, compared to siRNA controls (p<0.05). This is further 609 demonstrated at 9% stretch bouts, with Piezol-downregulated myotubes showing a reduced 610 increase in $[Ca^{2+}]i$, compared to control-siRNA- (p< 0.05). The suppression of increase in 611 $[Ca^{2+}]i$ following *Piezo1* downregulation may be a key factor in the reduction of fusion 612 observed in Figure 3. 613

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- 633 Figure 5. *Piezo1* downregulation inhibits stretch-mediated increase of intracellular Ca²⁺.
- 634 a) and b) Representative images of intracellular Ca²⁺ imaging in EDL and soleus-derived myotubes. Myoblasts were
- 635 transfected with 10 nM of either control-siRNA (siScrambled) (top panels) or *Piezo1*-siRNA (bottom panels). After
- 636 overnight incubation, cells were incubated for a further 72 hours. Fura 2-AM was administered to myotubes followed
- by a 30-min incubation time. Stretch was then applied at 3% (0.3 mm), 6% (0.6 mm) and 9% (0.9 mm) for 1 min
- 638 followed by a 1-min resting period in between. Ionomycin at 5 μM was then applied. Side vertical bar shows Fura 2-
- AM ratio emittance from low to high. c) and d) Average changes in the intracellular Ca^{2+} level ([Ca^{2+}]i) calculated by
- 640 difference between base and peak pixel value) normalised to ionomycin and control-siRNA at 0% stretch. Values are
- $641 \qquad \text{mean} \pm \text{SEM from three experiments (n = 3 mice).} \text{ *: Significant difference at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{ compared to control-siRNA at } \text{ at } p < 0.05 \text{$
- each condition. ¶: Significant difference at p < 0.05 compared to 0% stretch counterparts. †: Significant difference at p
- 643 < 0.05 compared to 3% stretch counterparts. T: Significant difference at p < 0.05 compared to 9% stretch in *Piezo1*-
- 644 siRNA conditions using one-way ANOVA followed by the Tukey-Kramer post-hoc.

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646 *Piezo1 activation and myotube fusion*

The next phase of the investigation demanded we look at the effects of Piezo1 647 activation in myotube fusion and Ca^{2+} influx. This was achieved using the Piezo1 specific 648 agonist Yoda1. Our preliminary findings showed that a 24-hour incubation of myotubes with 649 all the chosen Yoda1 concentrations significantly inhibited myotube maturation (data not 650 shown). Thus the subsequent experiments set out to test a series timepoints with our chosen 651 Yoda1 concentrations, in order to uncover a potential "sweet-spot" between agonist 652 concentration, incubation time and our hypothesised increase in myogenic fusion. Early 653 forming myotubes (cells incubated in differentiation medium for 24 hours at high cell 654 confluency in 96-well plates) were subjected to varying timepoints and concentrations of 655 Yoda1. After each allocated timepoint, the agonist containing medium was removed and 656 replenished with fresh differentiation medium and incubated for a further 2 days (Figure 6). 657

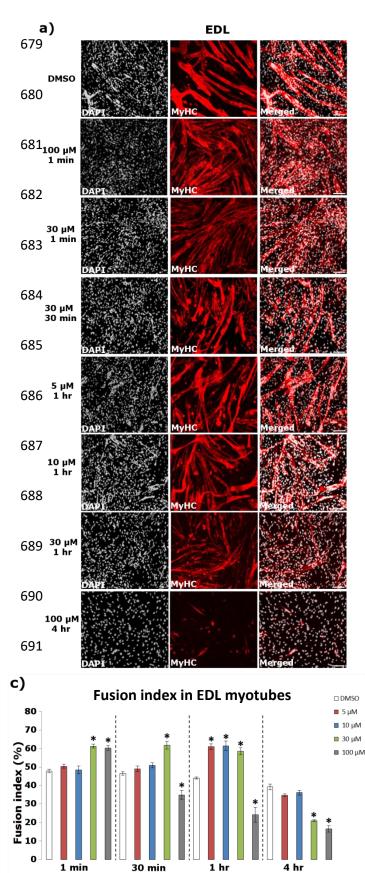
EDL-derived myotubes (Figures 6a and c) at the 1-minute timepoint showed that a 30 658 µM and 100 µM incubation with Yoda1 significantly increased the fusion index compared to 659 DMSO controls. Similarly, soleus-derived myotubes (Figures 6b and d) had a significant 660 increase in fusion at 30 μ M and 100 μ M, compared to DMSO controls (p<0.05). At the 30 661 min timepoint, we found that EDL-derived myotubes at Yoda1 concentrations of 30 µM had 662 a significantly higher fusion index, compared to DMSO counterparts (p<0.05). Soleus 663 samples incubated for 30 min with Yoda1 at 10 µM and 30 µM had a significantly higher 664 fusion index than DMSO controls (p<0.05). Unlike the 1 min timepoint, a 100 µM Yoda1 665 incubation revealed a reduced fusion index when incubated for 30 minutes. Indeed, both 666 soleus and EDL samples incubated at 100 µM beyond the 1 min mark, showed a significant 667 decrease in fusion, compared to DMSO controls. 668

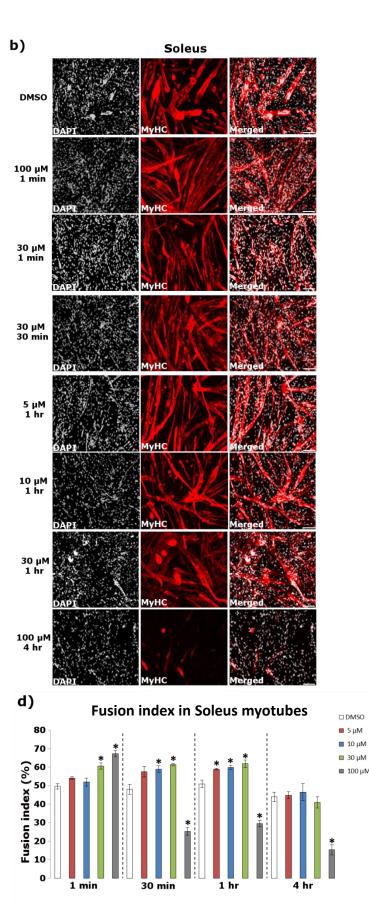
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| 669 | At the 1-hour incubation timepoint, EDL-derived myotubes exhibited increased fusion |
|-----|--|
| 670 | index at 5 μ M, 10 μ M and 30 μ M, compared to DMSO controls (p<0.05). Similarly soleus- |
| 671 | derived samples incubated with Yoda1 for 1 hour showed an increase in fusion at 5 μ M, 10 |
| 672 | $\mu M\text{-and}$ 30 $\mu M,$ compared to DMSO controls. Four hours of consistent Piezo1 activation |
| 673 | showed a significant decrease in fusion of EDL-derived myotubes at a Yoda1 concentration |
| 674 | of 30 μ M compared to DMSO control (p<0.05). Taken together, we showed that Piezo1 |
| 675 | activation results in enhanced fusion of myotubes. This is dependent on the duration and |
| 676 | potency in which Piezo1 is activated, as too much of either inhibits myotube fusion |
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696 Figure 6. Piezo1 activation increases myogenic fusion.

- 697 Early forming myotubes were administered with either DMSO (control, white bars) or the Piezo1-agonist Yoda1 at the
- 698 following concentration: 5 μM (red bars), 10 μM (blue bars), 30 μM (green bars) and 100 μM (grey bars). Myotubes
- 699 were incubated for 1 min, 10 min, 30 min, 1 hour and 4 hours. Following the incubation period, the medium was
- 700 exchanged with fresh reduced medium (without agonist) and myotubes were incubated for a further 2 days. a) and b)
- 701 Representative images of cohorts at relevant timepoints and concentrations, immunostained for Myosin heavy (MyHC)
- 702 (red panels) and counterstained with DAPI (black and white panels). Micrographs taken at x20 magnification. Scale
- bar is 100 µm. Bar graphs display fusion index in c) EDL and d) soleus-derived myotubes from each time point and
- 704 concentration variables. Values are mean \pm SEM. * indicates significance at p < 0.05 using one-way ANOVA tests
- followed by the Tukey-Kramer post-hoc. n = 3 mice.

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707 Myotube width and Piezo1 activation

We noticed that Yoda1 treated samples that exhibited increased fusion, also appeared 708 to have thinner myotubes. In order to address this, we compared the myotube width of these 709 samples to DMSO controls (Figure 7). Interestingly, both EDL (Figure 7a and b) and soleus 710 derived myotubes (Figure 7c and d) showed reduced myotube width compared to controls. 711 We further subdivided myotube width into bins of 5 µm increments and compared the 712 713 distribution of Yoda1 treated myotubes at the 1 min incubation with 100 µM concentration to 714 DMSO controls. Both EDL (Figure 7e) and soleus derived myotubes (Figure 7f), showed that Yoda1 treated cells, on average, have a greater proportion of smaller myotubes. In contrast 715 DMSO controls have a higher distribution of lager myotubes. A similar pattern was observed 716 717 in the rest of the Yoda1 treated cohorts that displayed increased fusion (Figure S5). Taken together it appears that increased fusion post Yoda1 administration comes at the cost of 718 myotube syncytial maturation. 719

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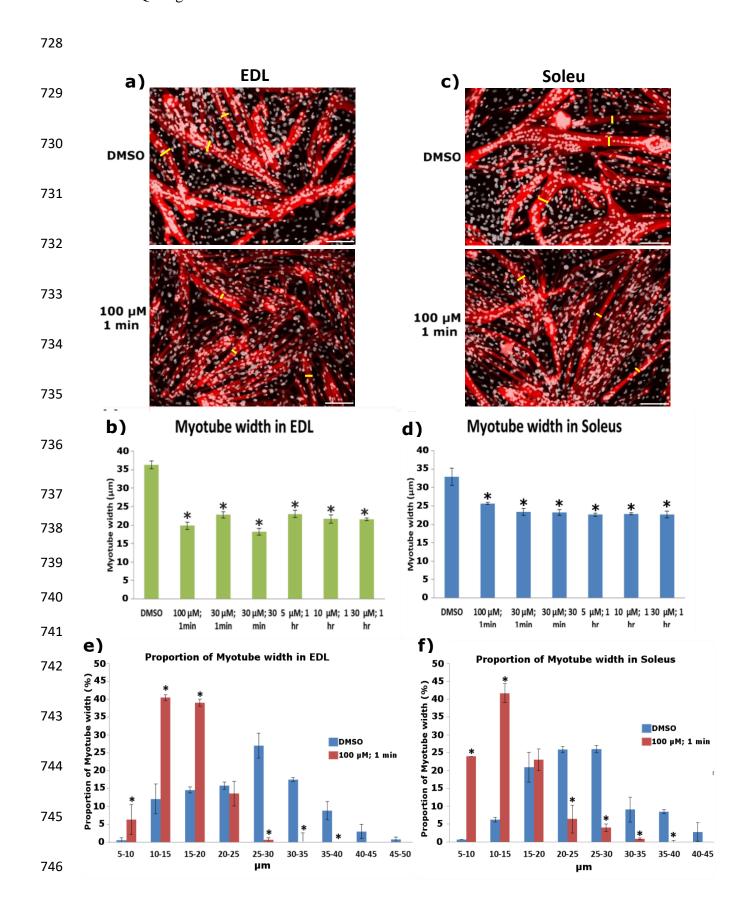
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747 Figure 7. Yoda1-mediated activation of Piezo1 decreases myotube width.

748 Representative images of a) EDL and c) soleus derived myotubes immunolabelled for MyHC. We measured the width 749 of the myotubes to quantify potential differences between Piezo1-activated cohorts (lower panels) and DMSO controls 750 (upper panels). This was achieved by taking three independent points within a field of view (yellow bars) and 751 measuring the distance from one side of the myotube to the other. Example pictures from DMSO controls and 100 µM 752 of Yoda1 incubated for 1 min are displayed. Scale bar is 100 µm. b) and d) Average myotube width in DMSO and 753 Piezo1 activated samples. e) and f) Proportion of myotube width in EDL and soleus-derived myotubes. Myotube width 754 was divided into incremental bins of 5 µm and represented as percentages relative to the total number of myotubes 755 counted. Data is mean \pm SEM from three experiments data (n = 3 mice). *: Significant at p < 0.05 compared to DMSO 756 controls conditions using one-way ANOVA followed by the Tukey-Kramer post-hoc. Please note that only cohorts 757 which showed increased myogenic fusion in both EDL and soleus myotubes from Figure 6 are displayed. 758

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759 Ca^{2+} influx and Piezol activation

The next aim of was to determine whether Piezo1 activation leads to increased influx of Ca^{2+} in cultured myotubes. Using the customised stretch silicon bio-chambers [16], we cultured myotubes derived from both EDL and soleus muscle. We then divided the samples into two groups; those given the Piezo1 agonist Yoda1 (at 30 µM) and those without. The chambers were then subjected to incremental bouts of stretch, with a minute rest in between each stretch. Throughout the experiment we measured $[Ca^{2+}]i$ (Figure 8).

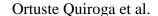
First of all our results confirmed that increasing stretch amplitude results in higher 766 $[Ca^{2+}]i$, which means a greater influx of Ca^{2+} , in both EDL- and soleus-derived myotubes 767 (Figures 8c and 8d). Indeed under control conditions (without Yoda1), EDL-derived 768 myotubes subjected to 6% stretch and 9% stretch show a higher [Ca²⁺]i, compared to 0% 769 stretch controls (p<0.05). Similarly, soleus-derived myotubes at a stretch of 6% and 9% 770 exhibited a higher $[Ca^{2+}]i$, compared to 0% stretch counterparts (p< 0.05). Notably EDL- and 771 soleus-derived myotubes under 3% of stretch showed no significant difference in $[Ca^{2+}]i$, 772 compared to 0% stretch counterparts. In contrast when Yoda1 was administered prior to 773 stretch, we find that the apparent "threshold" for Ca^{2+} influx is decreased. Indeed at 3% 774 775 stretch bouts (Figures 8c and 8d), we found that both EDL- and soleus-derived myotubes showed a significantly higher $[Ca^{2+}]i$ compared to their respective 0% stretch control 776 conditions (p<0.05). Soleus-derived myotubes (Figure 8d) also exhibited a greater increase in 777 [Ca²⁺]i post Yoda1 administration in both 6% and 9% stretch conditions, compared to 0% 778 stretch controls (p<0.05). In a similar pattern (Figure 8c), EDL-derived myotubes at 6% and 779 9% stretch bouts in Yoda1 administered groups, showed a significant increase in [Ca2+]i 780 compared to 0% controls (p<0.05). 781

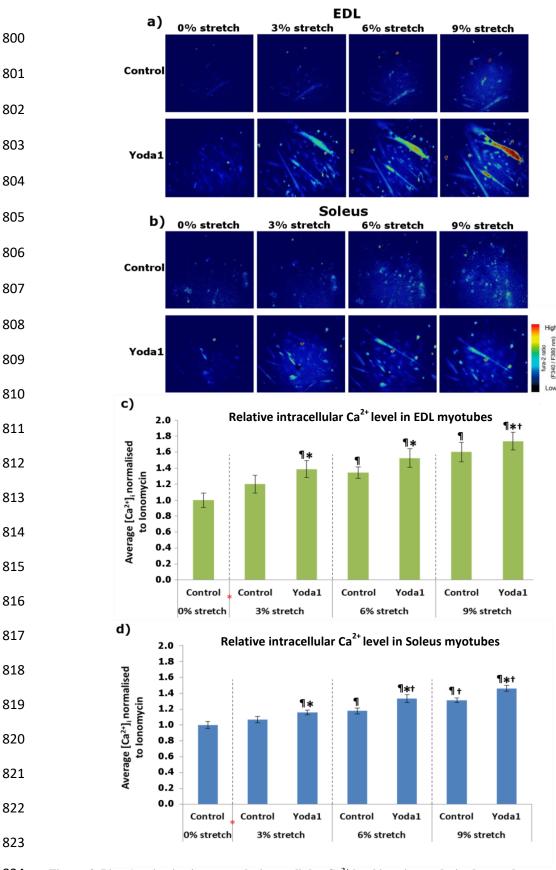
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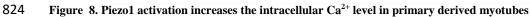
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782 Comparing the differences between agonist treated groups and those without, at each stretch condition, we are able to further demonstrate the increased $[Ca^{2+}]i$ in response to 783 Piezo1 activation. For example at bouts of 3% stretch, EDL-derived myotubes treated with 784 Yoda1 (Figure 8c) showed a significantly higher $[Ca^{2+}]_{i}$, compared to untreated 3% stretch 785 counterparts. At bouts of 6% stretch, EDL-derived myotubes given Yoda1 showed a 786 significantly higher [Ca²⁺]i, compared to untreated myotubes (p<0.05). At 9% stretch, EDL-787 derived myotubes treated with Yoda1, once again showed a significantly higher $[Ca^{2+}]i$, 788 compared to cohorts without the agonist (p<0.05). Soleus-derived myotubes at 3% stretch 789 (Figure 8d), showed that cohorts given Yoda1 prior, exhibited a higher $[Ca^{2+}]i$, compared to 790 untreated counterparts (p<0.05). At 6% stretch the significant difference in [Ca²⁺]i is also 791 evident, with Yoda1 treated myotubes showing a higher [Ca²⁺]i, compared to untreated 792 samples (p < 0.05). In line with these findings we showed that soleus-derived myotubes at 793 bouts of 9% stretch had a higher $[Ca^{2+}]i$ when given Yoda1, compared to myotubes without 794 the Piezo1 agonist (p<0.05). Taken together, this series of experiments showed that Piezo1 is 795 an essential player in the regulation and function of myotubes. This process seems to involve 796 active modulation of Ca²⁺ influx. How this leads to increased myotube fusion is an area of 797 great interest and one which demands further research. 798

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a) and b) Representative images of Ca^{2+} imaging in EDL and soleus-derived myotubes. Fura 2-AM was administered

to myotubes followed by a 30-min incubation time. Stretch was then applied at 3% (0.3 mm), 6% (0.6 mm) and 9%

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- 827 (0.9 mm) for 1 min followed by a 1-min resting period in between. During the initial 0% stretch timepoint, Yoda1
- $828 \qquad \text{cohorts were administered with 30 } \mu\text{M of the agonist (red *) before being subjected to stretch. Ionomycin at 5 } \mu\text{M was}$
- then applied. Side vertical bar shows Fura 2-AM ratio emittance from low to high. c) and d) Average changes in the
- 830 intracellular Ca^{2+} level ([Ca^{2+}]i,) difference between base and peak pixel value) normalised to ionomycin. Data is mean
- \pm SEM from three experiments (n = 3 mice). *: Significant difference at p < 0.05 compared to control at each condition.
- 832 ¶: Significant difference at p < 0.05 compared to 0% stretch counterparts. †: Significant difference at p < 0.05
- 833 compared to 3% stretch counterparts using one-way ANOVA followed by the Tukey-Kramer post-hoc.

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835 Discussion

The current study showed that the mechanosensitive ion channel Piezo1 is required for 836 the fusion and formation of myotubes. Indeed reduced expression of this channel hindered the 837 838 fusion of myocytes to forming or maturating myotubes – a phenotype that may be partly associated with interacting fusogenic proteins like Myomaker or Myomixer. We further 839 showcased how agonist mediated activation of Piezo1 can enhance myogenic fusion at the 840 expense of myotube width. Additionally, our findings revealed that over-activation of Piezo1 841 results in the loss of myotube integrity. Using live imaging assays, we discovered that Piezo1 842 activation enhances Ca²⁺ permeation in cultured myotubes. This led to an increased influx of 843 Ca²⁺ in response to stretch. Conversely, we showed how the downregulation of Piezol 844 hinders Ca²⁺ entry into myotubes of both EDL and soleus muscle. 845

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847 Piezo1 in myogenesis

The current study investigated the effects of Piezo1 regulation throughout the 848 myogenic program. *Piezol* is expressed at a higher proportion in terminally differentiated 849 myotubes, compared to proliferating myoblasts. Moreover, we found that, differentiating 850 primary muscle cells derived from the mainly slow-type muscle soleus displayed higher 851 expression of *Piezo1* compared to the fast EDL muscle (Figure S1). Understanding the 852 potential differences in muscle/fibre types and *Piezo1* regulation is an intriguing area for 853 future research and could reflect differences in the dynamics of myogenic progression. We 854 also confirmed that the expression of *Piezo2* is not altered by the down-regulation of *Piezo1*. 855 This is perhaps not surprising given the fact that *Piezo2* is not as abundant in skeletal muscle 856 857 compared to *Piezol* [5,16]. Nevertheless it was important to see any potential compensatory effects Piezo2 may impose. Specific downregulation of Piezo1 by siRNA-mediated 858 transfection showed no significant change in the proliferation rate of either EDL- or soleus-859

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860 derived primary myoblasts. However, our data do not exclude the possibility that *Piezo1* is not involved in earlier myogenic events, perhaps in balancing quiescence and activation of 861 satellite cells. In proliferating myoblasts, lack of Piezo1 function does not alter onset of 862 myogenic differentiation, evaluated by the proportion of myogenin-positive cells. In contrast, 863 where a significant phenotype was observed was in terminally differentiated myotubes. 864 Indeed, our data found that knockdown of Piezo1 significantly reduced fusion of myocytes 865 and prevented myotube formation and maturation. In contrast, activation of this Ca^{2+} 866 permeable channel resulted in enhanced myogenic fusion. The main findings are summarised 867 in Figure 9a-c. 868

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870 Piezo1 and muscular dystrophies

Piezo1 activation showed a significant increase in the fusion index of both EDL- and 871 soleus-derived myotubes. Although this phenotype could be viewed as beneficial in terms of 872 muscular dystrophy prevention, we must be aware of the potential dangers of an overactive 873 Piezo1 channel. In fact, we showed that even a 30 min incubation of myotubes with a high 874 agonist concentration (100 µM of Yoda1 treatment) led to decreased fusion in both EDL- and 875 876 soleus-derived myotubes (Figure 6). This adverse phenotype is most likely the result of a dangerously high Ca^{2+} influx. The publicly available data obtained from MRI-guided human 877 biopsies from facioscapulohumeral muscular dystrophy (FSHD) affected individuals (Figure 878 879 9f and g) further highlights the necessity to examine mechanosensor channels like Piezo1 in muscular dystrophies. FSHD is associated with mutations in the distal end of chromosome 4 880 (4q35), resulting in epigenetic deregulation of the D4Z4 macrosatellite repeat array, causing 881 uncontrolled expression of the transcription factor *Double homeobox* 4 (DUX4) [27-32]. In 882 turn, DUX4 accumulation hampers myogenic progression promoting cytotoxicity and is 883

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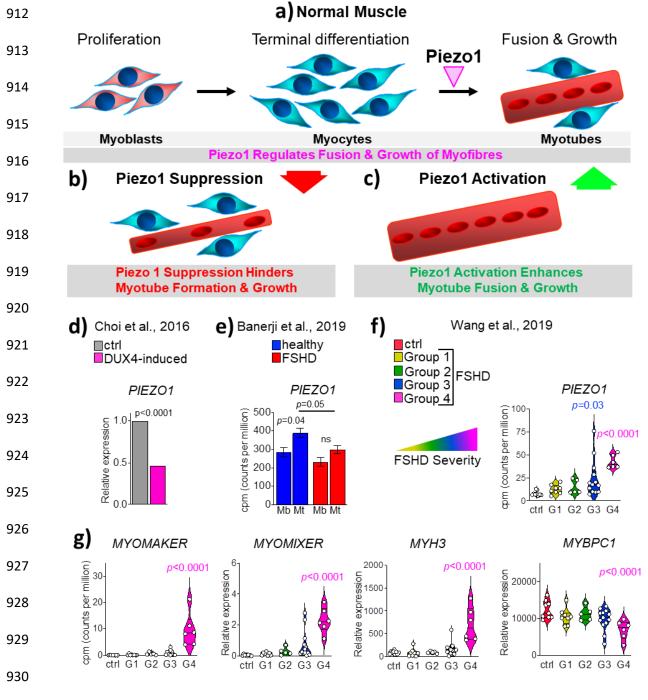
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considered the most possible root cause of FSHD pathogenesis [33]. We took advantage of a
transcriptomic study on human DUX4-inducible myoblasts model elucidating DUX4's role in
FSHD, to assess the level of *PIEZO1* in such context and found that it is significantly
downregulated upon accumulation of *DUX4* [34] (Figure 9d), thus suggesting that *PIEZO1*dysregulation may contribute to FSHD pathology.

In line with the muscular atrophy usually found in patients, human primary myoblasts 889 derived from FSHD biopsies display reduced differentiation in vitro generating hypotrophic 890 myotubes [35,36], thus resembling the effect of *Piezo1* knockdown in our experimental setup. 891 Indeed, analysis of transcriptomic dataset on differentiating isogenic FSHD affected or 892 unaffected myoblasts previously performed by Banerji and colleagues [36], revealed that 893 while during unaffected (healthy) myogenic differentiation, *Piezo1* is upregulated from 894 myoblasts to myotubes, its expression fails to increase in FSHD myogenic progression 895 896 (Figure 9e). Moreover, our analyses of transcriptomic dataset from Wang and colleagues [37] found that *PIEZO1* mRNA is significantly upregulated in MRI-guided muscle biopsy from 897 898 FSHD patients that show the worst pathological phenotype (Group 4) (Figure 9f). 899 Interestingly, it has recently been demonstrated that FSHD muscles display traces of ongoing regeneration, as indicated by elevated levels of embryonic Myosin, a canonical marker of 900 ongoing muscle fibre regeneration [27]. Congruently with the accumulation of PIEZO1 901 mRNA, additional transcriptomic analysis also revealed a concomitant upregulation of 902 MYOMAKER and MYOMIXER in the most affected group of muscle biopsies (Figure 9g) 903 indicating an ongoing regeneration process. Such regeneration is further suggested by 904 significant accumulation of embryonic MYH3 (myosin 3) mRNA (Figure 9g). In contrast, the 905 reduced level of *MYBPC1* (myosin binding protein C1), a myosin-associated protein involved 906 907 in the formation and maintenance of sarcomere structure confirmed the dystrophic status of

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FSHD muscle biopsies (Figure 9g). Therefore, from these pieces of evidence we conclude
that *Piezo1* dysregulation may contribute to the pathomechanism underlying FSHD. However,
the precise definition of *PIEZO1* dynamics in FSHD progression would require specific
investigation.



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932 Figure 9. Piezo1 which regulates myogenic fusion is dysregulated in FSHD muscle pathology.

933 a) Under normal conditions, membrane mechanosensors, such as Piezo1 (magenta arrowhead), regulate myocyte fusion 934 thereby ensuring efficient muscle fibre formation and maturation. b) Suppression of Piezo1 expression blunts myocyte 935 fusion and Ca^{2+} homeostasis, thus hampering the formation of proper myotubes. c) In contrast, selective chemical activation 936 of Piezo1 function enhances myogenic fusion thus significantly increasing myotube formation and maturation. d) Statistical 937 analysis derived from Choi et al, [34], shows that DUX4 expression induced by Doxycycline, which mimics human FSHD 938 pathogenesis, results in significant suppression of PIEZOI level compared to control non-induced cells (Unpaired two-tailed 939 t-test). e) Time-course transcriptomics analysis, derived from Banerji et al, [36], on differentiating isogenic (bar D4Z4 940 repeats) myoblasts derived from a male mosaic FSHD1 patient show that while unaffected (blue) myoblasts upregulated 941 significantly PIEZO1 expression when differentiating into myotubes, in FSHD PIEZO1 level remains unchanged from 942 myoblasts to myotubes (red bar) (Unpaired two-tailed t-test). f) Statistical analysis of transcriptomic data on human FSHD 943 biopsies derived from Wang et al [37]. Patients have been grouped according to FSHD severity, which increases from 944 Group1 to Group 4. Control (ctrl) represents non-affected individual. Count of gene reads (cpm, count per million) PIEZO1 945 is significantly upregulated in FSHD Group 4. g) The same dataset as (f) shows concomitant upregulation of MYOMAKER, 946 MYOMIXER and MYH3 (myosin 3) while reduced MYBPC1 (myosin binding protein C1) level in line with regeneration 947 process ongoing and a severe dystrophic phenotype respectively. One-way ANOVA with Tukey's post-hoc test.

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957 The skeletal muscle has typically a slow turnover, thus putative fusion proteins like Myomaker and Myomixer regulated by Piezo1 may be present at a relatively lower level (as 958 shown by control patients, Figure 9d) and called upon in response to muscle damage (injury, 959 960 resistive exercise etc.). However in FSHD, the disorganised and possibly inefficient activation of the regeneration program may dysregulate Piezo1 expression. From a 961 pathophysiological angle and taking into consideration our over-activation data using Yoda1 962 (Figure 6), we suggest that an over-abundance of Piezo1 expression in FSHD may result in 963 uncontrolled increase in Ca^{2+} influx, thus hindering myotube integrity. On the other hand, 964 965 improper Piezo1 expression may also lead to defective myogenic progression and muscle formation, as indicated by our knockdown analysis. In line with this, transcriptomic analysis 966 of human myoblasts induced to express a high level of DUX4, which is considered to mimic 967 968 some aspects of FSHD pathogenesis, revealed significant suppression of PIEZO1 expression (Figure 9d), thus suggesting that reduced PIEZO1 function may contribute to FSHD 969 pathogenesis. 970

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Piezo1 and the myocyte fusion machinery

Piezol downregulation significantly reduced myocyte fusion during myotube 972 formation and myotube maturation. To the best of our knowledge there is only one other 973 paper published that examined *Piezo1* in skeletal muscle by Tsuchiya et al. [17]. Interestingly, 974 the findings from this group showed that *Piezo1* inhibition resulted in a sheet-like syncytium 975 of MyHC coupled with increased fusion. Although these findings show contrasting results to 976 the ones presented in this study, we must take into consideration potential factors which may 977 978 explain why this may be the case. One such factor is the method of *Piezo1* inhibition used by Tsuchiya et al, [17]. They carried out many of their experiments using knockout lines of 979 Piezol through the gene editing tool CRISPR/Cas9. The fact that these cell lines did not 980

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981 express *Piezo1* to begin with (unlike the cells we used) may yield completely different phenotypes, compared to the transient inhibition achieved by siRNA mediated transfection. 982 Therefore, complete lack of *Piezo1* expression may favour the activation of a secondary, yet 983 984 unknown, alternative *Piezo1*-affected pathway(s) to fusion. Regarding the *Piezo1* siRNA transfection experiments, although more than 60% reduction in gene expression is ideal; we 985 nevertheless found that our level of *Piezo1* knockdown produced very interesting effects on 986 myogenic regulation. Moreover, Miyamoto et al, [16] also obtained slightly below or just 987 about 60% Piezol reduction, yet reported intriguing Piezol-associated events in urothelial 988 989 cells. Perhaps Tsuchiya et al, obtained even greater knockdown of *Piezo1* in their siRNAmediated analyses [17], further suggesting that the timing and level of *Piezo1* expression may 990 991 yield varying phenotypes. There was also the likelihood that siRNA used in this study may 992 potentially have off-target effects on other genes which could influence myotube formation by employing other mechanistic pathways. However this is excluded by the fact that we have 993 now tested four different *Piezo1*-specific siRNAs and all show a marked reduction in the 994 995 fusion of myoblasts, compared to siRNA controls (Figure S4). Therefore, we conclude that impaired Piezo1 signalling inhibits myotube fusion. Further support comes from our Piezo1 996 activation experiments. Congruently, we found that selective activation of Piezo1 by the 997 agonist Yoda1 significantly increased the fusion index in a concentration- and time-998 dependent fashion. These results do not disprove the investigation by Tsuchiya et al, but 999 rather highlight the complexity underlying Piezo1 dynamics. It would be interesting to see the 1000 effects of constitutive overexpression of *Piezo1* by retroviral transduction or conditional 1001 Piezol transgenic mice. Furthermore, obtaining the cells used by Tsuchiya et al [17] and 1002 conducting myocyte fusion analysis using our setup would undoubtedly prove vital at 1003 discerning potential reasons underlying some of the seemingly opposing results. 1004

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1005 Additional support for the involvement of Piezo1 in myogenic fusion comes from our results which showed that its downregulation significantly reduced the expression of 1006 1007 Myomaker - a muscle specific protein that localises to the plasma membrane and is crucial 1008 for vertebrate myocyte fusion [23,38,39]. Whether this is a direct response for the downregulation of Piezo1 or an indirect event remains to be determined. In addition, the 1009 1010 expression level of *Myomixer*, another essential molecule for cell fusion, showed a tendency to reduce upon *Piezo1* knockdown further suggesting that *Piezo1* contributes in the regulation 1011 of the cell fusion machinery. Removal of fusion proteins such as Myomaker results in 1012 1013 decreased myoblast fusion, whereas overexpression results in enhanced fusion [23,39,40].

A feature that became apparent in our study was the seemingly "thinner" myotubes in 1014 1015 agonist treated samples which showed increased fusion. Indeed, compared to DMSO controls, 1016 the average myotube width was smaller in Yoda1 treated cohorts (Figure 7 and Figure S5). 1017 Thus, we wonder whether the enhanced fusion, measured by the number of myonuclei within 1018 MyHC positive myotubes, comes at the expense of myotube syncytial maturation. In other 1019 words, Piezo1 activation may have hastened myonuclear fusion leading to premature myotube formation. Perhaps increased PIEZO1 expression (Figure 9f) contributes to the 1020 1021 inadequate regenerative state of FSHD stricken muscle.

DMSO controls at the 4 hours mark showed a trending decrease in fusion in soleus-1022 derived myotubes, compared to DMSO counterparts from other timepoints. EDL-derived 1023 1024 DMSO-treated myotubes at the 4-hour incubation timepoint, showed a statistically significant decline in fusion compared to DMSO counterparts. Although these differences may be 1025 negligible at lower timepoints, we should warrant concern over the potential for DMSO-1026 1027 mediated inhibition of primary derived myotubes during longer timeframes. Indeed, the observed myotube inhibition may be slightly overestimated in Yoda1-treated samples at the 1028 1029 4-hour timepoint.

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1030 *Piezo1 activation and Ca^{2+} influx*

The present study showed that selective downregulation of *Piezo1* dramatically 1031 suppressed $[Ca^{2+}]i$, which most likely translates in the depression of the influx of Ca^{2+} into 1032 cultured myotubes exposed to stretch. In contrast we showed that activation of Piezo1 1033 significantly increased $[Ca^{2+}]i$, which means the enhancement of Ca^{2+} influx. Our results 1034 propose that Piezo1 is a novel intracellular Ca^{2+} regulatory protein in skeletal muscle function. 1035 Ca²⁺ plays a crucial role in skeletal muscle function, maintenance and plasticity. All muscle 1036 fibres use Ca^{2+} as their main regulatory and signalling molecule [41-43]. Therefore, the 1037 contractile functionalities of muscle fibres are dependent on the highly regulated expression 1038 of proteins involved in Ca²⁺ handling and signalling. Our study showed that Piezo1 mediated 1039 regulation of Ca^{2+} influx is a key driving factor in the respective decrease and increase in 1040 myotube fusion in response to Piezo1 inhibition and activation. To the best of our knowledge 1041 this is the first time this has been demonstrated. 1042

The silicon bio-chamber experiments revealed that at relatively low stretch conditions 1043 of 3% (0.3 mm) neither EDL- nor soleus-derived myotubes elicited a significant increase in 1044 Ca²⁺ influx. However at higher stretch distances (6% and 9% stretch) this mechanical barrier 1045 was crossed as demonstrated by the net increase in $[Ca^{2+}]i$, compared to 0% stretch 1046 counterparts. In a similar set of experiments (albeit using urothelial cells), Miyamoto et al. 1047 also showed a distance dependent increase of Ca^{2+} influx. Interestingly this response was 1048 1049 blunted in *Piezo1*-siRNA-treated conditions [16]. The researchers also showed that a high enough $[Ca^{2+}]i$ must be attained in order to elicit a response, in their case ATP efflux. The 1050 data presented in this study supports the presence of a stretch-dependent increase in Ca²⁺ 1051 influx. Remarkably we found that activation of Piezo1 resulted in increased [Ca²⁺]i at 3% 1052 1053 stretch conditions, suggesting that the activation threshold of Piezo1 was lowered.

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1054 Furthermore the data showed that reduction of *Piezo1* expression significantly blunted any significant increase of $[Ca^{2+}]$ i in response to stretch. These results, for the first time show the 1055 need for Piezo1 to respond to stretch and permeate Ca²⁺ into myotubes. The findings also 1056 propose the presence of a physical threshold that must be attained before Piezo1 mediated 1057 Ca²⁺ influx is significantly increased. Like Miyamoto et al [14], we find that a stretch-1058 dependent increase in Ca^{2+} influx is suppressed when *Piezo1* expression is decreased. 1059 Conversely, we see an increase of $[Ca^{2+}]i$ when Piezo1 is activated. Whether this leads to 1060 altered cellular/myotube viability in the form of ATP release remains a subject for future 1061 1062 research.

1063

1064 *Conclusion*

The data presented in this study showed that the Piezo1 channel is present in primary 1065 derived myoblasts and myotubes but expressed at a higher proportion in the latter. 1066 Downregulation of *Piezo1* significantly lowered the fusion capacity during myotube 1067 formation and maturation. In contrast, Piezo1 activation increased fusion. Future research 1068 examining changes in myotube function (integrity, Ca^{2+} influx, cytoskeletal organisation and 1069 1070 fusion) that are directly the result of mechanical stress should consider analysis of Piezo1. In the context of therapeutic strategies against muscular dystrophies such as FSHD, not only 1071 1072 must we unravel the spatiotemporal regulation of *Piezo1* expression, but we must be aware of this channel's ability to alter it Ca^{2+} influx threshold by adapting or inactivating its gating 1073 capacity in response to repetitive stimuli. Pharmaceutically, small activating molecules such 1074 as Yoda1 (and others like it) may prove beneficial. However careful attention must be given 1075 1076 to the half-life and pharmacokinetics of these agonists *in vivo* before even considering them as viable drugs for human consumption. Piezo1's importance in skeletal muscle maintenance 1077

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- 1078 and function will undoubtedly grow as new research aims to explore the mechanisms and
- 1079 signalling pathways this remarkable mechanosensor employs.

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1092

1093 Conflicts of Interest

1094 The authors declare that there are no conflicts of interest.

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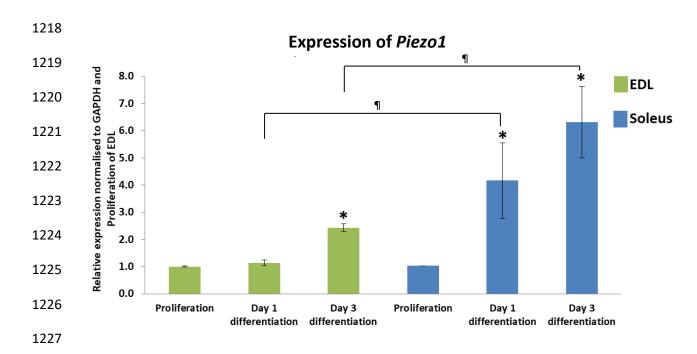
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1228 Supplementary figure 1. *Piezo1* is expressed at a higher level in soleus compared to EDL muscle-derived myoblasts.

1229 Relative fold changes in expression of *Piezo1* in myoblasts from EDL (green bars) and Soleus muscle (blue bars), during 1230 proliferation and through differentiation; 24 hours (Day 1) and 72 hours (Day 3) in differentiation medium. Values were 1231 normalised to *Gapdh* and then expressed as fold change compared to levels of proliferation in EDL samples. Data is 1232 presented as mean \pm SEM from three experiments (n = 3 mice). Asterisks (*) denote significance at p < 0.05 compared to 1233 control proliferation conditions. ¶: Significant difference at p < 0.05 significant compared to either day 1 or day 3 1234 differentiation cohorts using one-way ANOVA followed by the Tukey-Kramer post-hoc.

Ortuste Quiroga et al. 64 a) siRNA control in EDL siRNA control in Soleus b) 1235 1236 siRNA Piezo1 in Soleus siRNA Piezo1 in EDL 1237 1238 1239 1240 c) d) Flouresence intensisty in EDL muscle Flouresence intensisty in Soleus 1241 muscle 50 50 Flouresence intensity (pixels/area) Flouresence intensity (pixels/area) 45 45 1242 40 40 35 * 35 1243 30 * 30 25 25 20 20 1244 15 15 10 10 1245 5 5 0 0 siRNA control siRNA Piezo1 siRNA Piezo1 siRNA control 1246 1247 e) f) **Proportion of Phalloidin** Proportion of Phalloidin intensity in 1248 intensity in EDL muscle Soleus muscle 20 20 Proportion of intensity normalised to maximum pixel value (%) 0 2 4 9 8 01 71 41 8 80 00

1254 Supplementary Figure 2. Piezo1 knockdown reduced f-actin intensity in EDL and soleus-derived myotubes

siRNA Piezo1

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1250

1251

1252

1253

0

siRNA control

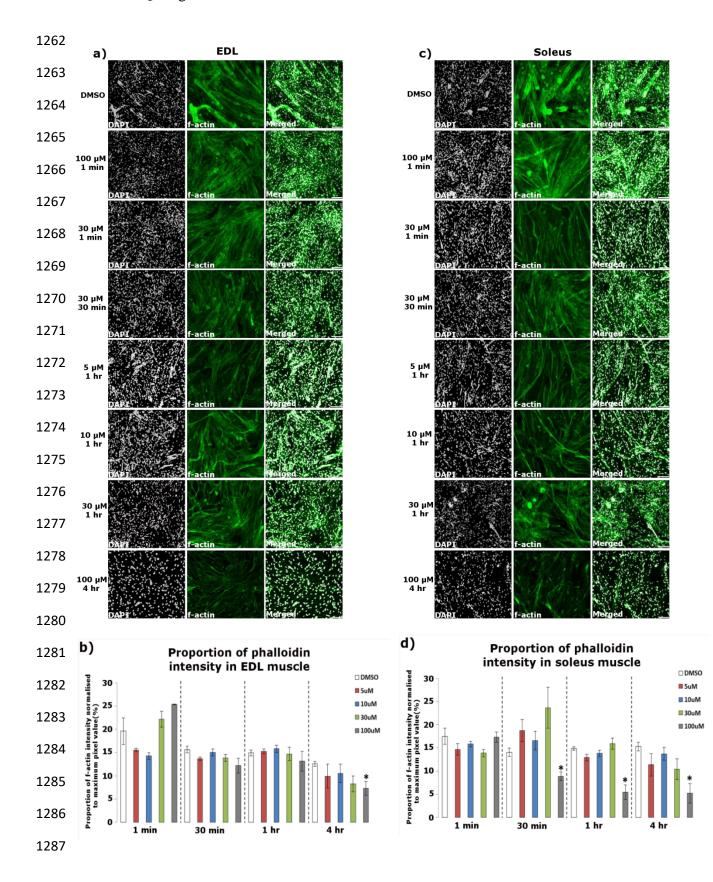
1255 a) and b) Representative images of EDL and soleus muscle--derived myotubes. Early forming myotubes were 1256 transfected with 10nM of control-siRNA (siScrambled) or Piezo1-siRNA. Following overnight incubation, cells 1257 incubated for a further 72 hours. The cytoskeleton protein f-actin was visualised using fluorescently labelled phalloidin 1258 (green panels). Nuclei were counterstained with DAPI (black and white panels). Scale bar is 100 µm. c) and d) Overall 1259 fluorescence intensity measured by pixel/area in each field of view (six images per conditions). e) and f) is data from c) 1260 and d) expressed as percentages relative to the maximum pixel value. Data is mean \pm SEM from three experiments (n = 1261 3 mice). *: Significant at p < 0.05 compared to siScrambled conditions using a 2-tailed paired student t-test.

Proportion of intensity normalised to maximum pixel value (%) 0 2 4 9 8 0 7 1 4 9 8

siRNA control

siRNA Piezo1

65



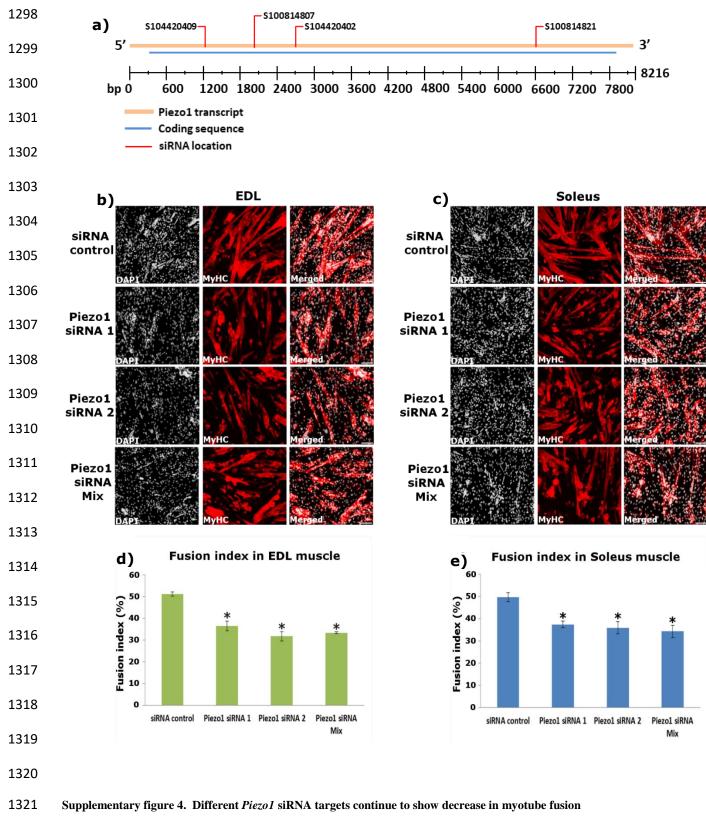
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1288 Supplementary figure 3. Yoda1-mediated activation of Piezo1 does not increase f-actin intensity

- 1289 Early forming myotubes were administered with either DMSO (control, white bars) or Yoda1 at the following
- 1290 concentration: 5 μ M (red bars), 10 μ M (blue bars), 30 μ M (green bars) and 100 μ M (grey bars). Myotubes were
- 1291 incubated for 1 min, 10 min, 30 min, 1 hour and 4 hours. Following the incubation period, the medium was exchanged
- 1292 with fresh reduced medium (without agonist) and myotubes were incubated for a further 2 days. b) and d) Representative
- 1293 images at relevant timepoints and concentrations treated with fluorescently labelled phalloidin (green panels and
- 1294 counterstained with DAPI (black and white panels). Images taken at x20 magnification. Scale bar is 100 μm. Bar graphs
- 1295 display proportion of f-actin intensity in a) EDL and b) soleus derived myotubes from each time point and concentration
- 1296 variables. Values are mean \pm SEM. * indicates significance at p < 0.05 using one-way ANOVA tests followed by the
- **1297** Tukey-Kramer post-hoc. n = 3 mice.

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1322 a) Location of siRNAs shown in Table 1 on Piezol mRNA. Diagram shows Piezol mRNA transcript (orange bar),

1323 coding sequence (blue bar) and location of each siRNA (red line). bp: base pair. Diagram is adapted from Qiagen

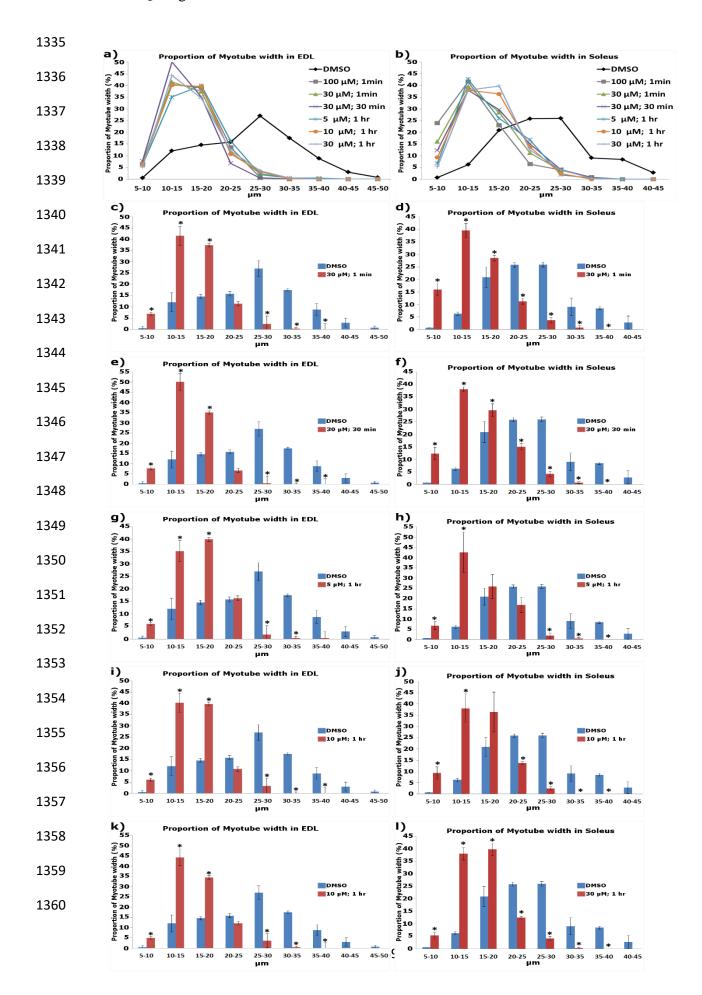
1324 (https://geneglobe.qiagen.com/product-groups/flexitube-sirna). b and c) Representative images of EDL and soleus

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| 1325 | muscle-derived myotubes, transfected with 10nM of control-siRNA (siScrambled) or different siRNAs specific for |
|------|---|
| 1326 | Piezol (Piezol-siRNA 1 and Piezol-siRNA 2). A mixture of four different Piezol-siRNAs (Piezol-siRNA Mix) |
| 1327 | including the one in the main text (Table 2) was also used at 10nM (2.5 nm each). Myoblasts were transfected and |
| 1328 | incubated overnight; cells were incubated for a further 72 hours. Cells were immunolabelled for Myosin heavy chain |
| 1329 | (MyHC) (red panels) and counterstained with DAPI (black and white panels). d) and e) The fusion index was |
| 1330 | calculated by counting the total number of nuclei within each myofibre and representing this as a percentage relative to |
| 1331 | the total number nuclei in the image taken. Data is mean \pm SEM from three experiments (n = 3 mice). *: Significant at |
| 1332 | p < 0.05 compared to siScrambled conditions using one-way ANOVA followed by the Tukey-Kramer post-hoc. From |
| 1333 | table 2, Piezo1 siRNA 1 corresponds to Qiagen, S104420402. Piezo1 siRNA 2 corresponds to Qiagen, S100814807. |



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1361 Supplementary Figure 5. Yoda1-mediated activation of Piezo1 decreases myotube width.

- 1362 Myotube width was divided into incremental bins of 5 µm and represented as percentages relative to the total number
- 1363 of myotubes counted. The overall proportion of myotube width distribution in DMSO controls and Yoda1-treated
- samples is summarised as line graphs in a) EDL and b) soleus-derived myotubes. c-l) Bar graphs comparing DMSO
- 1365 controls and samples which showed increased fusion post Yoda1 treatment in EDL (left) and soleus (right)-derived
- 1366 myotubes Data is mean \pm SEM from three experiments (n = 3 mice). *: Significant at p < 0.05 compared to DMSO
- 1367 controls conditions using one-way ANOVA followed by the Tukey-Kramer post-hoc. Please refer to Figure 6 a) and b)
- 1368 for representative images.
- 1369