Bacteriophage Resistance Affects *Flavobacterium columnare* Virulence Partly via

Mutations in Genes Related to Gliding Motility and Type IX Secretion System

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Abstract

Increasing problems with antibiotic resistance has directed interest towards phages as tools to

treat bacterial infections in the aquaculture industry. However, phage resistance evolves

rapidly in bacteria posing a challenge for successful phage therapy. To investigate phage

resistance in the fish pathogenic bacterium *Flavobacterium columnare*, two phage-sensitive,

virulent wild-type isolates, FCO-F2 and FCO-F9, were exposed to phages and subsequently

analyzed for bacterial viability and colony morphology. Twenty-four phage-exposed isolates

were further characterized for phage resistance, antibiotic susceptibility, motility, adhesion

and biofilm formation on polystyrene surface, protease activity, whole genome sequencing

and virulence against rainbow trout fry. Bacterial viability first decreased in the exposure

cultures, subsequently increasing after 1-2 days. Simultaneously, the colony morphology of

the phage-exposed isolates changed from original rhizoid to rough. The rough isolates arising

in phage exposure were phage-resistant with low virulence, whereas rhizoid isolates

maintained phage sensitivity, though reduced, and high virulence. Gliding motility and

protease activity were also related to the phage sensitivity. Observed genetic mutations in

phage-resistant isolates were mostly located in genes coding for type IX secretion system, a

component of the flavobacterial gliding motility machinery. However, there were mutational

differences between individual isolates, and not all phage-resistant isolates had genetic

mutations. This indicates that development of phage resistance in *F. columnare* probably is a

multifactorial process including both genetic mutations and changes in gene expression.

Phage resistance may not, however, be a challenge for development of phage therapy against

F. columnare infections, since phage resistance is associated with decrease in bacterial

virulence.

Importance

Phage resistance of infectious bacteria is a common phenomenon posing challenges for

development of phage therapy. Along with growing World population and need for increased

food production, constantly intensifying animal farming has to face increasing problems of

infectious diseases. Columnaris disease, caused by *F. columnare*, is a worldwide threat for

salmonid fry and juvenile farming. Without antibiotic treatments, infections can lead to 100%

mortality in a fish stock. Phage therapy of columnaris disease would reduce a development of

antibiotic-resistant bacteria and antibiotic loads by the aquaculture industry, but phage-resistant

bacterial isolates may become a risk. However, phenotypic and genetic characterization of

phage-resistant *F. columnare* isolates in this study revealed that they are less virulent than

phage-sensitive isolates and thus not a challenge for phage therapy against columnaris disease.

This is a valuable information for the fish farming industry globally when considering phage-

based prevention and curing methods for *F. columnare* infections.

Introduction

Aquaculture has a central role in supporting the increasing demand for high quality protein and

healthy food. However, the use of chemotherapy in disease treatment in the industry has led to

increased resistance of disease-causing agents to commonly used antibiotics (1, 2). Further, in

the face of climate warming, production of protein with smaller carbon footprint is of

increasing importance. This has put a pressure on aquaculture industry to increase efficiency

in food production, which also means developing more effective ways to fight infectious

diseases in intensive farming including reduction the use of antibiotics. Although vaccines

against many microbial diseases are in use globally in aquaculture, there are still many diseases

with no potent immunization method available (3). This applies especially to infections of fish

fry, where efficiency of vaccination is poor due to lack of development of fish secondary

immunity at the early life stage.

One of these diseases affecting fry is caused by the fish pathogenic bacterium *Flavobacterium*

columnare, the infectious agent of columnaris disease. Columnaris infections cause extensive

losses in farmed salmonid fry and juveniles, populations of different catfish species and ayu

(*Plecoglossus altivelis*) around the world in water temperatures above 18 °C. The only effective

curing method is antibiotic treatment. However, infections often occur repeatedly and may

cause up to 100% mortality in rainbow trout fry populations if not treated, thus causing major

economic losses to the industry (4, 5). In addition, elevated water temperatures due to warmer

summers in the recent years are suggested to enhance virulence development in *F. columnar*e

(5). Although antibiotic resistance in this bacterium is not yet as severe problem as in related

pathogens, e.g. *Flavobacterium psychrophilum* (6, 7) or *Vibrio* species (8, 9), strains that have

acquired resistance towards commonly used antibiotics already exist (10).

Bacteriophages (phages) are viruses that specifically infect their host bacteria, without harming

the surrounding microbial community (reviewed in 11). Among the alternatives to traditional

antibiotics, phage therapy, i.e. the use of phages against bacterial infections, has demonstrated

a strong potential for controlling disease outbreaks in aquaculture (e.g. 12-14). Promising

results have been gained also in phage therapy trials of Flavobacterial infections. In a study by

Castillo et al. (15), phage treatment reduced the mortality of *F. psychrophilum*-infected

Atlantic salmon (*Salmo salar*) by 60 % and rainbow trout (*Oncorhynchus mykiss*) by 67 %. In

studies with columnaris infections, mortality of zebra fish (*Danio rerio*) and rainbow trout were

reduced by 100 % and nearly 42 %, respectively, in the presence of phages (16). In addition,

pre-colonization of fish with phage significantly slowed down the infection and reduced the

mortality of rainbow trout (17).

One of the biggest challenges for phage therapy is the imposed selection for phage resistance

among phage-exposed bacteria. Bacteria have developed a variety of phage defence strategies,

including surface modification and cell aggregation, inactivation of intruding phage DNA by

Restriction-Modification and CRISPR-Cas systems, proteolytic digestion of phage particles,

and quorum sensing regulation of phage receptor expression (e.g. 18- 20). The prevalence and

control of these resistance mechanisms depend specifically on the phage-bacterium interaction,

on the type and function of the receptor, and the costs of engaging the different mechanisms

under various environmental conditions. In many pathogenic bacteria the cell surface

molecules are functioning as virulence factors, and phage-driven changes in these structures

leading to phage resistance often lead to simultaneous reduction in virulence (21). This trade-

off has been detected also among several bacterial fish pathogens, e.g. in *Pseudomonas*

plecoglossicida (22), *F. psychrophilum* (23) and *Vibrio anguillarum* (24).

Exposing *F. columnare* to phages has been observed to cause a change in colony morpohotype

from the ancestral rhizoid form to rough, which is associated with loss of gliding motility and

virulence (25-27). Since a change in colony morphology and loss of virulence have been

observed previously also by deletion of genes in the Type IX secretion system involved in

gliding motility of *F. columnare* (28), it is likely that mutations in this secretion system are

also linked with phage resistance in *F. columnare* (29). Yet, the exact mechanisms by which

phages cause the colony morphology change in *F. columnare*, and the functional implications

for the bacteria have not been previously explored.

Understanding the mechanisms and consequences of phage resistance in the target bacteria is

central for development of successful phage therapy. Thus, in this study, we exposed two *F.*

columnare isolates (FCO-F2 and FCO-F9) separately to three different phages, and studied

infection dynamics, bacterial viability and colony morphology, and isolated phage-resistant

bacteria. Twenty-four phage-exposed and no-phage control isolates were further characterized

for their phage resistance, antibiotic susceptibility, motility, adhesion and biofilm formation on

polystyrene surface, protease (elastinase, gelatinase and caseinase) activity, virulence on

rainbow trout fry, and whole genome sequence. Our results show, that if phage resistance in *F.*

columnare is gained via surface modification leading to morphotype change, virulence

decreases. However, if the colony morphology remains rhizoid, the isolates remain highly

virulent with reduced sensitivity to phage compared to the ancestral wild-type strain.

Results

Isolates from phage-exposures: growth, colony morphology and phage resistance

In all phage-exposure cultures of FCO-F2, there was a strong initial phage control of the host

population during the first day in all the phage-exposed cultures compared with control culture

without phages (Figure 1a). After this, the bacterial density started to recover. The phage-free

cultures grew exponentially during the first day, after which they reached a plateau phase.

Along with the population decline on day 1, bacterial colony morphotype changed from

ancestral rhizoid to rough (Figure 2). From day 1 onwards, more than 88% of the colonies

formed by phage-exposed bacterial isolates were rough, the amount reaching at least 97% at

the end of the experiment (Figure 1c). In addition, in FCOV-F25 exposure, few soft colonies

were observed on day 2 (Figure 2), and in no-phage control cultures, some rough colonies appeared among the prevailing rhizoid ones.

FCO-F9 showed slightly different growth dynamics. The bacterial population size increased exponentially during the first day in all cultures (Figure 1b), but decreased drastically on day 2 in response to phage exposure, and then reached exponential growth again. The phage-free cultures reached a plateau phase on day 2, after which the amount of culturable bacteria decreased. From the day 2 population crash and onwards, more than 85% of the colonies formed by phage-exposed bacteria had rough morphology (Figure 1d). At the end of the experiment, more than 98% of the colonies where rough. In FCOV-F13 exposure, a few rough colonies were observed already on day1 and some soft colonies on days 2 and 3. In no-phage control cultures, some (4 %) rough colonies appeared among the rhizoid ones on day 3.

Out of 189 colonies collected from phage exposures, 20 phage-exposed and 4 no-phage control isolates were characterized further (Table 2). Of these isolates, the no-phage control isolates all formed rhizoid colonies similar to their wild-type parent, phage-sensitive isolates FCO-F2 and FCO-F9. Most of the phage-exposed isolates were of rough colony morphology, but F2R58, F2R66 and F9R56 had rhizoid, and F9R69 soft colony morphology.

All the phage-exposed rough isolates were resistant to all the phages used to infect the ancestor wild-type bacteria (Table 2). In addition, in some cases, phage caused inhibition of bacterial growth, considered as phage resistance because no clear plaques due to phage infection were detected. The rhizoid phage-exposed isolates turned out to be partly phage-resistant with a 5.5 $\times 10^5$ to 11 $\times 10^5$-fold reduction in phage susceptibility compared to the wild type isolates,

depending on the specific phage (results not shown). Throughout this paper, these isolates with

decreased phage sensitivity are grouped together with the phage-sensitive isolates.

Antibiotic susceptibility

All isolates showed antibiotic susceptibility patterns similar to the parent wild-type isolates,

and no notable differences were observed (Figure S1 and Table S1).

Motility, adhesion and biofilm formation

Phage-sensitive bacteria forming rhizoid colonies were significantly more motile (determined

as colony spreading) than phage-resistant rough or soft morphotypes, irrespective of isolation

history (F2-isolates: $P < 0.001$, Oneway ANOVA, LG10 transformation; F9-isolates: $P \leq$

0.004, Mann-Whitney test) (Figure 3).

Compared to the parent wild-type FCO-F2 isolate, there was a large variability on the adhesion

capacity of individual phage-resistant F2-isolates (Figure 4a). Phage susceptibility (rhizoid vs.

rough colony type) or phage used in the co-culture experiment did not influence bacterial

adhesion capacity ($P = 0.3$: Mann-Whitney test and $P = 0.564$: Kruskal-Wallis test,

respectively).

Most of the individual phage-exposed and no-phage control F2-isolates had significantly lower

biofilm forming capacity than in parent wild-type FCO-F2 ($P \leq 0.017$: Oneway ANOVA, LDS

multiple comparisons, square root transformation) (Figure 4c). Still, there was no statistical

difference in biofilm formation between phage-sensitive rhizoid and resistant rough

morphology F2-isolates ($P = 0.062$: Oneway ANOVA).

Again, the bacterial strain F9 behaved differently compared to F2. In contrast to the phage-

resistant F2-isolates, the phage-resistant rough and soft morphology F9-isolates had

significantly lower adherence than sensitive rhizoid isolates ($P < 0.001$: Oneway ANOVA,

LDS multiple comparisons, square root transformation) (Figure 4b). In addition, isolates

exposed to phages isolated in 2017, FCOV-F13 and FCOV-F45, had significantly lower

adhesion capacity than in isolates exposed to FCL-2 isolated in 2009 ($P < 0.001$: Mann-

Whitney test). This may indicate phage FCL-2 uses different phage receptor (see later).

In contrast to adhesion ability, biofilm forming capacity of the most of the individual phage-

exposed and no-phage control F9-isolates was significantly higher compared to wild-type

parent isolate ($P \leq 0.004$: Oneway ANOVA, LDS multiple comparisons) (Figure 4d). F9R69

with soft colony morphology did not form any biofilm and thus excluded from the multiple

comparisons. Phage-resistant rough F9-isolates had significantly higher biofilm forming

capacity than sensitive rhizoid morphotypes ($P < 0.001$: Oneway ANOVA, square root

transformation).

Protease activity: elastinase, gelatinase and caseinase

Elastinase activity was detected in the wild-type, and all the phage-sensitive rhizoid FCO-F2

isolates and one resistant rough F2-isolate (clear zone ratio > 1), whereas all remaining

resistant, rough morphology isolates, had completely lost the ability to degrade elastin (Figure

5a). There were no differences in elastinase activity between the elastinase positive isolates (P

= 0.843: Oneway ANOVA). Elastinase activity was not detected in any of the F9-isolates (clear

zone ratio = 1) (Figure 5b).

There were variations in gelatinase activity between individual F2- and F9-isolates (Oneway

ANOVA, LDS multiple comparisons) (Figure 5c and d). However, among both F2- and F9-

isolates, gelatinase activity of phage-resistant rough morphotypes was lower than that of

sensitive rhizoid morphotypes (F2-isolates: P = 0.018, Oneway ANOVA, exponential

transformation; F9-isolates: P < 0.001, Oneway ANOVA). Two of the phage-exposed F9-

isolates (F9R69 and F9R78) did not have any gelatinase activity and were thus excluded from

the multiple comparisons

Less variation in caseinase activity between individual isolates was observed (Oneway

ANOVA, LDS multiple comparisons) (Figure 5e and f), and phage-sensitive rhizoid and

resistant rough F2-isolates did not differ from each other (P = 0.058: Oneway ANOVA. On the

other hand, caseinase activity of phage-resistant rough and soft F9-isolates was lower than that

of sensitive rhizoid isolates (P = 0.007: Oneway ANOVA).

Virulence

Rainbow trout fry were exposed to wild-type, phage-exposed and no-phage control isolates,

and all of them caused mortality during 24 h (Figure 6). The phage-sensitive rhizoid

morphotypes were most virulent, causing 100 % mortality, whereas resistant rough and soft

morphotypes were less virulent, causing 46.7 % mortality at highest (except for phage-resistant

rough morphotype F2R70, which caused 100 % mortality). Mortality of control fish was 15 %,

but no bacterial growth was observed from these fish. However, *F. columnare* growth was

observed from all the fish exposed to bacteria. Colony morphotype of the bacterial isolates did

not change during the infection.

When comparing the data according to the phage susceptibility and thus colony morphology,

cumulative mortality of fish infected with phage-sensitive rhizoid morphotypes, irrespective of

if they were wild-type, phage-exposed or no-phage control isolates, was significantly higher

than mortality caused by phage-resistant rough or soft morphotypes among both F2 and F9

isolates ($P < 0.001$, Kaplan-Meier Survival Analysis). Also, the estimated survival time

(Kaplan-Meier Survival Analysis) was shortest in fish infected with sensitive rhizoid isolates

(Figure 6). In case of F2-isolates, mortality caused by phage-resistant rough isolates was also

significantly higher than mortality of control fish, but mortality caused by resistant rough and

soft F9-isolates did not differ from each other or from the control fish mortality. Mortality

caused by rhizoid phage-sensitive F2 isolates started to peak at 12 hours post infection (p.i.)

and in F9 at 16 hours p.i. ($P < 0.001$, Kaplan-Meier Survival Analysis), but between rough

phage-resistant F2 and F9 isolates the mortality patterns were more similar starting to increase

slowly at 2-3 hours p.i. ($P = 0.217$, Kaplan-Meier Survival Analysis). However, there were

differences in cumulative mortalities caused by individual isolates in each morphology group

(Data set S1).

Whole genome sequencing

Genome data of wild-type *F. columnare* isolates FCO-F2 and FCO-F9 is presented in Table 4.

Genomic comparisons between F2 wild type and phage-exposed isolates revealed a limited

number of genomic changes. In seven out of 11 isolates, single mutation leading to formation

of wrong or truncated proteins was observed in the phage-resistant mutants (Table 5). Notably,

the majority of the mutations were located in genes coding for gliding motility proteins *gldB*

(F2R67), *gldN* (F2R72) and *sprA* (F2R60, F2R64, F2R65, F2R74). Isolate F2R70 had one

nucleotide insertion in OmpH family outer membrane protein coding gene. Three isolates

(F2R62, F2R66, F2R68) did not show any genomic changes relative to the wild type. In isolate

F2R58 with decreased phage sensitivity, one nucleotide change in *rlmF* gene (coding for rRNA

large subunit methyltransferase F) did not lead to amino acid change. No mutations were

observed in the no-phage control isolates. At certain points of ribosomal RNA operons in all

phage-exposed and no-phage control isolates, and also in a 736 221 bp sequence (hypothetical

protein coding sequence in wild-type FCO-F2 genome used as a reference) in phage-exposed

isolates F2R66 and F2R68, there was a poor coverage of reads leading to unclear sequences,

which prevented detection of possible mutations in this region.

In F9 phage-exposed isolates, one or two mutations per isolate in all the other isolates, except

for F9R58, were observed (Table 6). Mutations in isolates exposed to FCOV-F45 had

insertions whereas FCOV-F13 exposed isolates had deletions or single nucleotide chances in

genes coding for gliding motility proteins *gldG* (F9R72), *gldM* (F9R64, F9R69, F9R78) and

gldN (F9R69, F9R75), leading to formation of wrong or truncated proteins. Interestingly, in

the isolate F9R69 (exposed to FCOV-F13) with a soft colony type, a deletion of genomic region

of 4 701 bp was observed, spanning over gliding motility genes *gldM* and *gldN,* and sequences

coding for FAD-binding oxidoreductase, DUF3492 domain-containing protein and a

hypothetical protein (Figure 7).

On the contrary, no mutations in gliding motility genes were observed in F9 isolates exposed

to FCL-2, but instead, two of these isolates had one nucleotide change in

DegT/DnrJ/EryC1/StrS family aminotransferase and DUF255-domain containing protein

(F9R56), and cystathionine gamma-synthase (F9R61) coding genes, leading to either one

amino acid change or truncated protein. No mutations were observed in no-phage control

isolates. Around 2 000 620 bp (hypothetical protein coding sequence in B185 genome used as

a reference), there was a poor coverage of reads leading to unclear sequence in both wild type

FCO-F9, phage-exposed and no-phage control isolates, which prevented detection of possible

mutations in this region.

Discussion

Phage therapy is seen as an attractive option to treat and prevent bacterial diseases, but the

development of phage resistance in target bacteria is considered as one of the main problems

related to the use of phages. Our results describe the selection for phage resistance in two

different *F. columnare* isolates upon exposure to six specific phages. We show that phage

resistance is associated with reduction in virulence and virulence-related phenotypic changes

in the bacterium. Our genetic data indicate that in most cases phage resistance is caused by

surface modifications, often related to the type IX secretion system connected to flavobacterial

gliding motility machinery. Mutations in the genes coding for an outer membrane protein or

genes related to gliding motility seem to be phage specific and likely prevent phage attachment,

possibly in a phage specific manner, and lead to morphology change and loss of virulence.

In the present study, phage-exposure caused significant changes in bacterial phenotypic

characteristics (motility, adhesion, protein secretion and virulence - details below) leading to

phage resistance. In most isolates, these changes could be linked to changes in gliding

motility-related genes. Flavobacteria show gliding motility on surfaces (29), and mutations in

any of the genes coding for gliding motility machinery proteins have been shown to lead to

loss of motility (e.g. 30, 31). Gliding is also connected to virulence, since part of the gliding

motility machinery (GldK, GldL, GldM, GldN, PorV, SprA, Spr E, SprF and SprT) is used as

a type IX secretion system found in Bacteroidetes (28, 32). Indeed, phage resistance due to

loss of motility has been linked with decreased virulence in *F. columnare* also previously

(27), and *F. columnare gldN* mutants have been shown to exhibit both decreased proteolytic

and chondroitinase activity, and virulence on rainbow trout (28). Similarly, phage resistance

was associated with loss of motility and mutations in genes related to cell surface properties

and gliding motility in *F. psychrophilum* (23) and in *F. johnsoniae* (31, 33). Together, the

results suggest that the type IX secretion system is a key target for infection by a wide range

of phages and across the Flavobacterium genus, and that mutations leading to morphology

changes and loss of motility is a general response to phage exposure in this bacterial group.

Exposure to a specific phage led to different mutations in gliding motility genes in different

F. columnare isolates, as also seen in phage-resistant *F. psychrophilum* (23), indicating that

several genes are involved in phage attachment and infection of *F. columnare* phages.

Furthermore, genomic analysis of one soft colony isolate revealed a large deletion (4 701 bp),

spanning over two gliding motility genes. However, although all rough colony forming

isolates were phage-resistant, not all these isolates (F2R62, F2R66, F2R68 and F9R58) had

mutations in genes coding for proteins related to gliding motility, or elsewhere in their

genome. This may indicate that development of phage resistance and colony morphology

change are also influenced by gene expression or epigenetic modifications, leading to

variation in colony morphology, as suggested previously (34). For example, in *Bordetella*

spp, phage resistance is regulated via phase variation in virulence related factors, such as

some adhesins, toxins and type III secretion system (reviewed in 35). Interestingly, isolates

exposed to FCL-2 did not have mutations in gliding motility related genes, suggesting that

FCL-2 uses other receptors for infection of *F. columnare* than the other phages. FCL-2

differs genetically from other phages infecting genetic group G bacteria (This article was

submitted to an online preprint archive [36]), supporting this suggestion.

Generally, point mutations and changes in receptor expression enable a rapid and efficient

response of bacterial populations to phage exposure. However, the large phenotypic costs of

mutational derived phage resistance observed in *F. columnare* in this study suggest that these

mutations may be dynamic and most probably also rapidly reverting back to the sensitive

form in *F. columnare*. Indeed, reversion of both phage-driven and spontaneously formed

rough colony types back to rhizoid has been observed to happen in *F. columnare* subcultures

(27). Various mechanisms to regain phage resistance have been found also in fish pathogenic

F. psychrophilum (23) and *V. anguillarum* (24), in which a rapid reversion back to phage-

sensitive phenotype has been shown to occur. This sort of dynamics in phage resistance has

also been observed in a human symbiont *Bacteroides thetaiotaomicron* (37), suggesting that

the phenomenon may be common among wide variety of bacteria.

Phage-exposed *F. columnare* isolates F2R56, F2R66 and F9R58 did not respond to phage

infection with surface modifications, but maintained their original rhizoid colony morphotype

and high virulence. These rhizoid isolates were not completely resistant to phage, although

phage infection efficiency dropped markedly (up to a million-fold decrease), suggesting some

other mechanism for reducing infection efficiency. *F. columnare* has two functional CRISPR

systems, which have been shown to adapt under phage exposure at fish farms (38). However,

we did not observe additional CRISPR spacers in whole genome sequencing. The same was

observed in phage exposed *F. psychrophilum* isolates in which no differences to the wild-

type strain's CRISPR composition were found (23). In our experience, CRISPR adaptation in

F. columnare requires different experimental set-up with longer co-culture time in low

nutrient medium, followed by enrichment in high-nutrient medium (This article was

submitted to an online preprint archive [39]). Thus, the decreased phage sensitivity of rhizoid

phage exposed isolates most probably is a consequence of yet unknown functions which need

to be studied in the future.

In addition to type IX secretion system, also type I and VI secretion systems are known to

function in *F. columnare* (40). Possible secretion of virulence related factors through type I

and VI secretion systems in *F. columnare* could be one of the reasons why also rough phage-

resistant isolates caused some mortality in fish, and explain their gelatinase and caseinase

activity despite morphology change. It has also been shown recently, that virulence of *F.*

columnare increases in the mucus and with increasing mucin concentration (17). As the mucus-

covered fish surface is the main infection route of *F. columnare*, it is probable that some *F.*

columnare virulence factors, such as proteinase activity, are expressed differently in growth

media compared to the *in vivo* infection situation. This possible differential expression could

also explain the mortality caused by phage-resistant rough isolates.

The ability to adhere and form biofilm has a major role in bacterial infections and in colonizing

niches (41). In *F. columnare*, adhesion and biofilm forming capacity may have a central role

in their persistence in the farming environment (e.g. tanks and water systems) (42), but also in

establishing the first steps of infection on the fish surfaces (43). Our results indicate that *F.*

columnare strains differ in their adherence and biofilm forming characteristics. Whereas phage

exposure had no clear effect on the adhesion capacity of the F2-isolates, phage resistance led

to decrease in biofilm forming capacity in most of the individual phage-resistant F2-isolates.

This is in agreement with the systematic reduction in biofilm forming properties of phage-

resistant *F. psychrophilum* relative to the wild type (23). Adhesion capacity of F9 phage-

resistant isolates, on the other hand, was significantly lower compared to the wild-type parent

isolate, but rough phage-resistant F9-isolates had significantly higher biofilm forming capacity

compared to rhizoid sensitive isolates. These results partly differ from what we have found

earlier (25, 26), most likely because in the previous studies the rough colonies were formed

spontaneously, without phage exposure. Indeed, morphology of spontaneously formed rough

colonies and these morphotypes' ability to move when cultured in low-nutrient media differ

from rough morphotypes formed under phage exposure (27). However, together our results

indicate, that since *F. columnare* phages are genetically group-specific, they might be using

different receptors, which, in turn, causes differences in bacterial resistance mechanisms

between genetic groups.

F. columnare infections are routinely treated by antibiotics at fish farms. In this study, phage

resistance did not affect the antibiotic susceptibility of any of the isolates studied. Lack of

association between development of antibiotic resistance and bacteriophage resistance has also

been shown e.g. in *Escherichia coli* (44). Based on our results, phage resistance does not

increase a risk of antibiotic resistance development, and thus, phage-therapy given as a cure or

prophylactic treatment at fish farms most probably does not rule out the possible concomitant

use of antibiotics as therapeutic agents against columnaris infections. Indeed, it was shown by

using *P. fluorescence* as a model bacterium, that applying phages together with antibiotic

treatments may inhibit the evolution of antibiotic resistance in pathogenic bacteria (45).

To summarize, our results show, that even though *F. columnare* rapidly develops phage

resistance under phage exposure, the arise of phage resistance does not pose a high risk for a

development of phage therapy against columnaris infections in rainbow trout. This is because

phage resistance leads to decrease in bacterial virulence, adherence to surfaces and protease

secretion. Based on our results with experiments with two genetically different wild-type

bacterial isolates, development and regulation of phage resistance in *F. columnare* is a

multifactorial process, partly affected by formation of mutations mainly in gliding motility and

type IX secretion system related genes, and partly by other defence mechanisms against

phages, the function of which needs to be studied in the future.

Materials and methods

Bacterial and phage isolates

Bacteria and phages used in this study were isolated from water samples collected from fish

farms during columnaris outbreaks (This article was submitted to an online preprint archive

[36]) (Table 1). Bacteria were confirmed as *F. columnare* by restriction fragment length

polymorphism (RFLP) analysis of 16S rRNA gene and classified into genetic groups by RFLP

of 16S-23S internal transcribed spacer (ITS) region (This article was submitted to an online

preprint archive [36]). All the six phages belong to the *Myoviridae* family and have been

characterised with respect to host range and genomic composition (This article was submitted

to an online preprint archive [36]).

Bacterial cultures and phage lysates

For phage exposure and virulence test, *F. columnare* isolates were inoculated from

cryopreserved (–80°C) stocks in modified Shieh-medium (46) and grown for 48 h at 25°C with

120 rpm agitation. After this, subcultures were made in modified Shieh-medium and grown for

24 h at 25°C with 120 rpm agitation. The optical density (OD) of the bacterial broth

suspensions was measured spectrophotometrically at 595 nm and adjusted to 5×10^5 colony

forming units (CFU) mL^{-1} for phage exposures and 5×10^6 CFU mL^{-1} for virulence experiment

(based on previously determined OD/CFU relationship). For other test, *F. columnare* isolates

were cultured in TYES broth (47), washed in TYES broth by centrifugation at 5310 X *g* for 15

min at 4°C, and cultures spectrophotometrically adjusted to OD 0.6 at 520 nm (approximately

10^8 CFU mL^{-1}).

Phage lysates were produced using "double layer agar" -method (48) as follows: Three mL of

melted (47°C) top agar (0.5%) including 300 μL of 24-hour subculture of the host bacterium

and 100 μL of phage (tenfold dilutions in Shieh medium) was poured on Shieh agar and grown

for 48 h at 25 °C. Five mL of Shieh-medium was added on top of Shieh agar plates with

confluent lysis and incubated at 7°C for 12-18 h in constant agitation (90 rpm). The lysates

were collected, filtered (PES membrane, pore size 0.45 μm, Nalgene®), and stored at +7°C or

at –80°C with 20 % glycerol. For phage exposure, phage lysates were diluted with Shieh

medium to 5×10^5 plaque forming units (PFU) mL^{-1}.

Phage exposure experiments and isolation of colonies

Two phage-sensitive wild-type *F. columnare* isolates, the high-virulence FCO-F2 isolate

(genetic group C) and the medium-virulence FCO-F9 isolate (genetic group G) (This article

was submitted to an online preprint archive [36]), were each exposed to three phages in separate

experiments with individual phages. Isolate FCO-F2 was exposed to phages FCOV-F2, FCOV-

F5 and FCOV-F25, and isolate FCO-F9 to phages FCL-2, FCOV-F13 and FCOV-F45, in

accordance with the host range of the phages. Cultures with only bacteria served as no-phage

controls. The exposures were carried out in 20 mL of autoclaved fresh water (Lake Jyväsjärvi)

in triplicate cultures under constant agitation (120 rpm) at 25ºC for three days at a multiplicity

of infection (MOI) at inoculation of 1 (1 X 10^4 CFU and PFU mL^{-1}). The cultures were sampled

every 24h for three days, by making a serial tenfold dilution of samples, and spreading on

Shieh-agar plates. After up to 4 days of incubation at room temperature, CFUs and colony

morphologies were determined from the plate cultures. Two to three colonies from each

triplicate culture at each sampling point were picked, and pure-cultured directly on Shieh agar

plates three times to get rid of any phage contamination. Colonies were then checked for phage

resistance by spot assay on agar plates: bacterial laws on top agar were prepared as above and

10 µL of ten-fold diluted original phage lysates (used in initial exposures) were spotted on agar.

After 48-h incubation at 25 °C, bacterial plates with no observed plaques or confluent lysis

were considered as phage-resistant. Altogether 189 colonies from phage-exposed and no-phage

control exposures were isolated from plate cultures. From this collection, 20 phage-exposed

and 4 no-phage control isolates were selected for further analysis (Table 2).

The phage-exposed and no-phage control isolates were named according to the latter part of

the wild-type bacterial host, a letter R for phage-exposed and S for no-phage control isolate,

plus a running number for the isolated colony. For example, F2R2 is the second selected phage-

exposed colony of the *F. columnare* wild-type isolate FCO-F2. Correspondingly, the second

F. columnare isolate from no-phage control cultures was marked as F2S2. For simplicity, wild-

type FCO-F2 and all its subsequent isolates from the phage and control exposures are

commonly called F2-isolates in this paper. Correspondingly, wild-type FCO-F9 and its

subsequent isolates are called F9-isolates.

Antibiotic sensitivity

Changes in susceptibility of phage-exposed *F. columnare* isolates towards antibiotics was tested using the Kirby-Bauer disc diffusion method (49) on diluted Mueller-Hinton (50) agar medium supplemented with 5 % w/v fetal calf serum. A 40 µL volume of each isolate suspension (10^9 CFU mL^{-1}) was added to 5 mL phosphate-buffered saline and poured onto the Mueller-Hinton agar plates. After removing excess bacterial suspension by pipetting, the antibiotic discs [oxolinic acid (2 µg), florfenicol (30 µg), sulfamethoxasol/trimethoprim (25 µg) and tetracycline (30 µg)] were placed on the plates. The plates were then incubated for 3 days at 25°C. After incubation, the inhibition zone around the antibiotic discs was measured. The susceptibility patterns of the selected phage-exposed and no-phage control *F. columnare* isolates to the antibiotics were compared to that of the parent wild-type isolates.

Motility/Colony spreading

The effect of phage-exposure on bacterial motility was tested by comparing the colony spreading ability of phage-exposed and no-phage control isolates with that of their parent wild-type isolates. After spotting of 5 µL of bacterial suspension (10^9 CFU mL^{-1}) on TYES agar (0.5% agar) plates supplemented with 0.1% baker's yeast and incubation for 3 days at 25ºC, the colony diameter of each isolate was measured. Each isolate was tested in three replicates.

Adhesion and biofilm formation

Changes in adherence or biofilm formation capacities between wild-type, phage-exposed and no-phage control *F. columnare* isolates were studied in flat-bottomed 96-well microtiter plates

(Nunclon Δ Surface, Nunc) (51). *F. columnare* cells grown on TYES agar were suspended in

autoclaved fresh water (lake Littoistenjärvi) to a concentration of 10^8 CFU mL^{-1} (OD$_{520nm}$=0.6).

For testing of bacterial adherence, a 100 μL volume of the prepared bacterial suspensions were

added in triplicate into wells of replicate microtiter plates and incubated statically for 1 h at

25ºC. For testing of biofilm formation, a 100 μL volume of TYES broth was added to wells

containing 100 μL of the prepared bacterial suspensions and allowed to incubate for 3 days.

Autoclaved fresh water was used as negative control. After incubation, the contents were

discarded and the wells were washed three times with sterile 0.5% NaCl to remove non-

adherent cells and air dried. The wells were then stained with 0.1% crystal violet solution for

45 min and washed three times by submersion in a container of tap water and air dried. The

crystal violet was solubilized with 96% ethanol for 15 min before measuring the absorbance (1

s) at 595 nm (Victor2, Wallac).

Protease activity

Changes in protease activity was examined by spotting 1 μL of bacterial TYES broth

suspension (10^8 CFU mL^{-1}) of the wild-type isolates and each phage-exposed and no-phage

control isolate on TYES agar (1.5% agar) supplemented with (w/v) elastin (0.1%), gelatin (3%)

and skim milk (5%) (caseinase production). The proteolytic activity of each isolate was

observed by the presence of a clear zone surrounding the colony after incubation, and assessed

by measuring the clear zone ratio (diameter of clear zone/diameter of the colony) of three

replicate samples. In the absence of a clearing zone outside the colony, the clear zone ratio was

defined as 1. The measurements were made after 5 (caseinase and gelatinase) or 10 days

(elastinase) of incubation at 25ºC.

Virulence

Virulence of phage-exposed and no-phage control *F. columnare* isolates was tested on 1.94 g

(average weight) rainbow trout fry and compared to the virulence of wild-type isolates. Fifteen

fish per treatment, 20 in control treatment with no bacteria, were exposed individually in 500

mL of bore hole water (25ºC) to cells of single bacterial isolates by constant immersion (5.0 X

10^3 CFU mL^{-1}). Survival of the fish was monitored hourly during 24 h. Morbid fish that did

not respond to stimuli were considered dead, removed from the experiment and put down by

decapitation. At the end of the experiment, the fish having survived from the infection were

put down using 0.008 % Benzocaine. Bacterial cultivations from gills of all the dead fish were

made on Shieh agar supplemented with tobramycin (52) to confirm the presence/absence of

the bacterium. Cumulative percent mortality and estimated survival time (Kaplan-Meier

Survival Analysis), based on observed average survival time of fish after exposure to each

isolate, were used as measures of virulence with more virulent isolates having a shorter

estimated survival time.

Fish experiment was conducted according to the Finnish Act of Use of Animals for

Experimental purposes, under permission ESAVI/8187/2018 granted for Lotta-Riina Sundberg

by the National Animal Experiment Board at the Regional State Administrative Agency for

Southern Finland.

Whole genome sequencing

Genomes of the wild-type FCO-F2 and FCO-F9 *F. columnare* and selected (Table 2) 20 phage-

exposed and four no-phage control isolates were sequenced using Illumina HiSeq platform

(Institute of Molecular Medicine Finland). The Illumina data reads of FCO-F9 and its phage-

exposed and no-phage control isolates were mapped to a reference genome of *F. columnare*

isolate B185 (53) using Geneious software version 11.1.5 (Biomatters Ltd.). Genome of the

wild-type FCO-F2 isolate was sequenced also using PacBio (BGI, China). PacBio data of FCO-

F2 was assembled using > 8kbp reads with Flye (v. 2.7, four iterations) and > 6 kbp with Canu

(v. 1.9). These multi-contig assemblies were then combined using Quickmerge (v. 0.3) to

produce one 3 221 312 bp contig. This contig was polished with Illumina HiSeq reads using

Pilon (v. 1.23), with pre-processing done using Trimmomatic (v. 0.39), bowtie2 (2.3.5.1) and

Samtools (v. 1.9). The quality of the polished contig was quantified using Busco (v. 4.0.2),

which reported 100% completeness of genome against the bacteria_odb10 reference set. The

genome was annotated using the NCBI Prokaryotic Genome Annotation Pipeline (PGAP) (54,

55), and used as reference genome for mapping of F2 phage-exposed and no-phage control

isolates.

Statistical analyses

IBM SPSS Statistics version 24 was used for statistical analysis of the data. A one-way analysis

of variance (ANOVA) was used to compare means from phenotypic analyses between

experimental groups (phage-exposed isolates and no-phage control isolates) and parent wild-

type isolates. If needed, lg10, exponential or square root transformations were made for the

data to fulfil the homogeneity of variances assumption. If the homogeneity of variances could

not be met by transformations, the data were analysed using non-parametric Kruskal-Wallis

and Mann-Whitney tests. In case of elastinase and casienase activity, and biofilm formation,

the isolates with no activity/biofilm forming capacity were excluded from the ANOVA LSD

multiple comparison analyses. Kaplan-Meier Survival Analysis was used for analysis of

virulence data.

Data availability

The whole genome sequences of all the isolates were submitted to GenBank under accession

numbers presented in Table 3.

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Figure 1. Bacterial growth (a and b), determined as colony forming units mL^{-1}, and
proportion (%) of different colony types (c and d) of *Flavobacterium columnare* isolates
FCO-F2 (a and c) and FCO-F9 (b and d) during the 3-day exposure to phages FCOV-F2,
FCOV-F5, FCOV-F25, FCL-2, FCOV-F13 and FCOV-F45. Dark grey bar: proportion of
isolates forming rhizoid colony morphology, black bar: proportion of isolates forming rough
colony morphology, light grey bar: proportion of isolates forming soft colony morphology.

Figure 2. Different colony morphologies formed by *Flavobacterium columnare* on Shieh-agar plates after phage exposure: a) rhizoid, b) rough and c) soft.

Figure 3. Motility of *Flavobacterium columnare* wild-type a) FCO-F2 and b) FCO-F9 isolates, and their phage-exposed (F2R- and F9R-) and no-phage control (F2S- and F9S-) isolates expressed as colony diameter (mm, ±SE) on TYES agar. All the phage-sensitive rhizoid colonies forming isolates (dark grey bar) were significantly more motile than phage-resistant rough (black bar) or soft (light grey bar) morphology isolates (F2-isolates: $P < 0.001$, Oneway ANOVA, LG10 transformation; F9-isolates: $P \leq 0.004$, Mann-Whitney test).

Figure 4. Adherence (a and b) and biofilm forming (c and d) capacity of *Flavobacterium columnare* wild-type FCO-F2 (a and c) and FCO-F9 (b and d) isolates, and their phage-exposed (F2R- and F9R-) and no-phage control (F2S- and F9S-) isolates on a polystyrene surface measured as optical density (OD$_{595\ nm}$, ±SE). Asterisks indicate the statistically significant difference (P < 0.05) compared to the parent wild-type isolate. F9S69 did not form any biofilm and was thus excluded from the statistical analyses. Dark grey bars: phage-sensitive isolates forming rhizoid colony morphology, black bars: phage-resistant isolates forming rough morphology, light grey bar: phage-resistant isolate forming soft morphology.

Figure 5. Protease (elastinase: a and b, gelatinase: c and d, and caseinase e and f) activity of the *Flavobacterium columnare* FCO-F2 (a, c and e) and FCO-F9 (b, d and f) isolates, and their phage-exposed (F2R- and F9R-) and no-phage control (F2S- and F9S-) isolates. The activity was measured as the clear zone ratio (clear zone diameter/colony diameter, ±SE) on TYES agar supplemented with elastin, gelatin and skim milk (caseinase). The asterisk indicates significant reduction in protease activity (P < 0.05) compared to the parent wild-type isolate. A clear zone ratio 1 indicates no protease activity. Isolates with no activity were excluded from the statistical analyses. Dark grey bars: phage-sensitive isolates forming rhizoid colony morphology, black bars: phage-resistant isolates forming rough morphology, light grey bar: phage-resistant isolate forming soft morphology.

909
910 **Figure 6.** Mortality percent and estimated survival time (± SE) of rainbow trout
911 (*Oncorhynchus mykiss*) during 24-h experimental infection with wild-type *Flavobacterium*
912 *columnare* FCO-F2 (a) and FCO-F9 (b), and their phage-exposed (F2R- and F9R-) and no-
913 phage control (F2S- and F9S-) isolates. Phage-sensitive rhizoid colonies forming isolates are
914 written bold. Cntrl = control with no bacterial infection.
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920 **Figure 7.** Deletion of genomic region covering 4 701 bp in FCOV-F13 exposed, soft colonies
921 forming, phage-resistant *Flavobacterium columnare* isolate F9R69.
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923   **Tables**
924
925   **Table 1.** *Flavobacterium columnare* isolates and phages used in this study. Bacteria and
926   phages were isolated from Finnish fish farms. *F. columnare* isolates have previously been
927   categorized into genetic groups by restriction fragment length polymorphism analysis of
928   internal transcribed spacer region between 16S and 23S rRNA genes (This article was
929   submitted to an online preprint archive [36]).
930

Bacterium isolate	Genetic group of the bacterium	Phage isolate	Genetic group of the phage isolation host	Farm number	Isolation year
FCO-F2	C			1	2017
FCO-F9	G			2	2017
		FCOV-F2	C	1	2017
		FCOV-F5	C	3	2017
		FCOV-F25	C	1	2017
		FCL-2	G	2	2009
		FCOV-F13	G	1	2017
		FCOV-F45	G	2	2017

Table 2. Experimental setup of phage exposure of two phage-sensitive wild-type *Flavobacterium columnare* isolates FCO-F2 (high-virulence, genotype C; exposed for phages FCOV-F2, FCOV-F5 and FCOV-F25) and FCO-F9 (medium-virulence, genotype G; exposed for phages FCL-2, FCOV-F13 and FCOV-F45), and colony morphologies and phage susceptibilities of the 20 phage-exposed (F2R- and F9R-) and 4 no-phage control isolates (F2S- and F9S-) obtained from the exposure cultures. The isolates are shown according to the phage they were exposed to. The susceptibility of the isolates to phages used in exposures: + = sensitive, – = resistant, ± = sensitivity decreased compared to the parent wild-type isolate, i = inhibition of bacterial growth, considered as phage resistance, ND = not determined.

Wild-type isolate	Phage	Phage-exposed isolate	No-phage control isolate	Colony morphology of the isolate	Phage susceptibility of the isolate					
					FCOV-F2	FCOV-F5	FCOV-F25	FCL-2	FCOV-F13	FCO-F45
FCO-F2				rhizoid	+	+	+	ND	ND	ND
	FCOV-F2	F2R58		rhizoid	±	±	±	ND	ND	ND
		F2R60		rough	–	–	–	ND	ND	ND
		F2R62		rough	–	–	–	ND	ND	ND
	FCOV-F5	F2R64		rough	–	–	–	ND	ND	ND
		F2R65		rough	–	–	–	ND	ND	ND
		F2R66		rhizoid	±	±	±	ND	ND	ND
		F2R67		rough	–	–	–	ND	ND	ND
		F2R68		rough	–	–	–	ND	ND	ND
	FCOV-F25	F2R70		rough	i	i	i	ND	ND	ND
		F2R72		rough	–	–	–	ND	ND	ND
		F2R74		rough	–	–	–	ND	ND	ND
	No phage		F2S4	rhizoid	+	+	+	ND	ND	ND
			F2S17	rhizoid	+	+	+	ND	ND	ND
FCO-F9				rhizoid	ND	ND	ND	+	+	+
	FCL-2	F9R56		rhizoid	ND	ND	ND	±	±	±
		F9R58		rough	ND	ND	ND	i	i	i
		F9R61		rough	ND	ND	ND	i	i	i
	FCOV-F13	F9R64		rough	ND	ND	ND	–	–	–
		F9R66		rough	ND	ND	ND	i	i	i
		F9R69		soft	ND	ND	ND	i	i	i
	FCOV-F45	F9R72		rough	ND	ND	ND	i	i	i
		F9R75		rough	ND	ND	ND	i	i	–
		F9R78		rough	ND	ND	ND	–	–	–
	No phage		F9S15	rhizoid	ND	ND	ND	+	+	+
			F9S17	rhizoid	ND	ND	ND	+	+	+

978 **Table 3.** Accession numbers of whole genome sequences of wild-type *Flavobacterium*
979 *columnare* isolates FCO-F2 and FCO-F9 and their phage-exposed (F2R- and F9R) and no-
980 phage control (F2S- and F9S-) isolates submitted to GenBank.
981

Isolate	Accession number
FCO-F2	CPO51861
F2R58	CP054506
F2R60	CP054505
F2R62	CP054504
F2R64	CP054503
F2R65	CP054502
F2R66	CP054501
F2R67	CP054500
F2R68	CP054499
F2R70	CP054498
F2R72	CP054497
F2R74	CP054496
F2S4	CP054495
F2S17	CP054494
FCO-F9	CP054518
F9R56	CP054517
F9R58	CP054516
F9R61	CP054515
F9R64	CP054514
F9R66	CP054513
F9R69	CP054512
F9R72	CP054511
F9R75	CP054510
F9R78	CP054509
F9S15	CP054508
F9S17	CP054507

1010   **Table 4.** Data on genomes of wild-type *Flavobacterium columnare* strains FCO-F2 and
1011   FCO-F9.
1012

Wild-type isolate	Genetic group	Genome size (bases)	N:o of ORFs	GC %
FCO-F2	C	3 221 312	3 280	31.7
FCO-F9	G	3 261 403	3 374	31.7

1016 **Table 5.** Mutations revealed by whole genome sequencing (Illumina) in F2 phage-exposed *Flavobacterium columnare* isolates compared to their
1017 wild type (wt) isolate FCO-F2. The isolates are shown according to the phage they were exposed to. CDS = coding sequence, → = change to,
1018 Del = deletion, Ins = insertion, aa = amino acid.

1019

(Phage) Phage-exposed isolate	Colony morphology	Gene/CDS	Mutation	Location (base n:o) in wt genome	Outcome
(FCOV-F2)					
F2R58	rhizoid	rlmF	T → A	21 350	No aa change
F2R60	rough	sprA	Ins GT	1 314 323 – 1 314 324	Change in reading frame → stop codon → two truncated proteins
F2R62	rough				
(FCOV-F5)					
F2R64	rough	sprA	Ins G	1 317 523	Change in reading frame → stop codon → two truncated proteins
F2R65	rough	sprA	Ins G	1 317 524	Change in reading frame → stop codon → two truncated proteins
F2R66	rhizoid				
F2R67	rough	gldB	Del T	1 122 801	Truncated/wrong protein
F2R68	rough				
(FCOV-F25)					
F2R70	rough	OmpH family outer membrane protein	Ins G	1 275 242	Change in reading frame → wrong protein
F2R72	rough	gldN	Ins TCTAC	1 013 274 – 1 013 278	Change in reading frame → stop codon → two truncated proteins
F2R74	rough	sprA	Del A	1 313 911	Change in reading frame → stop codon → two truncated proteins

1043

1044 **Table 6.** Mutations revealed by whole genome sequencing (Illumina) in F9 phage-exposed *Flavobacterium columnare* isolates compared to their
1045 wild type (wt) isolate FCO-F9. The isolates are shown according to the phage they were exposed to. CDS = coding sequence, → = change to,
1046 Del = deletion, nt = nucleotide, Ins = insertion, aa = amino acid
1047

(Phage) Phage-exposed isolate	Colony morphology	Gene/CDS	Mutation	Location (base n:o) in wt genome	Outcome
(FCL-2)					
F9R56	rhizoid	DegT/DnrJ/EryC1/StrS family aminotransferase	C → T	657 725	Cys → Tyr
		DUF255 domain -containing protein	C → T	2 542 435	Stop codon → truncated protein
F9R58	rough				
F9R61	rough	Cystathionine gamma-synthase	G → A	1 720 857	His → Tyr
(FCOV-F13)					
F9R64	rough	gldM	Del CAA	2 732 551	Del Thr
F9R66	rough	Gliding motility	G → A	1 849 668	Stop codon → truncated protein
F9R69	soft	gldM	Del 255 3' nt	2 732 457 –	No/truncated protein
		gldN	Del CDS		No protein
		FAD-binding oxidoreductase	Del CDS		No protein
		DUF3492 domain containing protein	Del CDS		No protein
		Hypothetical protein	Del 454 5' nt	– 2 737 157	No/truncated protein
(FCOV-F45)					
F9R72	rough	gldG	Ins T	3 023 647	Change in reading frame → wrong protein
F9R75	rough	gldN	Ins G	2 733 099	Start and stop codon → two truncated proteins
F9R78	rough	gldM	Ins A	2 731 567	Change in reading frame → stop codon → truncated protein