1 Dihydro-alpha-lipoic acid binds to human serum albumin at Sudlow I binding site

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15 ABSTRACT

- 16 Binding of dihydro-alpha-lipoic acid (DHLA) to human serum albumin (HSA) was characterised
- in detail in this study. Binding process was monitored by spectroscopic methods and molecular
- docking approach. HSA binds DHLA with moderate affinity, $0.80 \pm 0.007 \times 10^4 \text{ M}^{-1}$.
- 19 Spectroscopic data demonstrated that the preferential binding site for DHLA on HSA is IIA
- 20 (Sudlow I). Hydrogen bonds and electrostatic interactions were identified as the key binding
- 21 interactions. DHLA binding thermally stabilized HSA, yet it had no effect on HSA structure and
- its susceptibility to trypsin digestion. Molecular docking confirmed that Sudlow I site
- accommodated DHLA in a certain conformation in order for binding to occur. Molecular
- 24 dynamic simulation showed that formed complex is stable. Reported results offer future
- 25 perspectives for investigations regarding the use of DHLA as a dietary intervention but also raise
- concerns about the effectiveness of alpha-lipoic acid and DHLA in treatment of patients with
- 27 COVID-19.
- 28

29 KEYWORDS: Spectral analysis; Molecular docking; Protein-ligand interaction; Digestion;

30 **Protein structure**

31 INTRODUCTION

- Human serum albumin (HSA) is the most dominant protein in the circulation, with a referent
- concentration range from 35 to 50 g/L (522 μ M to 746 μ M). This is a protein with molecular
- 34 mass of 67 kDa (Wang, Tian, & Chang, 2012). Structurally, HSA is composed of three
- 35 homologous domains (I, II and III), each divided into two subdomains, A and B. Dominant
- 36 secondary structure motif of HSA is α -helix (McLachlan & Walker, 1977).
- 37 HSA has many important functions in the circulation. Due to its high concentration, HSA
- participates in the osmotic pressure regulation (Lee & Wu, 2015). Its free Cys34 thiol group (in
- healthy individuals 70–80% of Cys34 thiol group is in a reduced form), makes HSA an important
- 40 factor for plasma antioxidant capacity, contributing by 80% to the total plasma thiol amount
- 41 (Pavićević et al., 2014). HSA is also a general transporter of fatty acids, ions and drugs. Due to
- 42 its structure, HSA is able to accommodate and bind a variety of small molecules with moderate
- to high affinities. Two main binding sites for a plethora of different molecules (excluding fatty
- 44 acids) are located at IIA subdomain or Sudlow I binding site, and IIIA subdomain or Sudlow II
- binding site. Drugs warfarin and ibuprofen are stereotypical ligands for Sudlow site I and
- 46 Sudlow site II, respectively (Fasano et al., 2005).
- 47 Lipoic acid (LA) is a naturally occurring molecule whose main sources are potato, broccoli and
- 48 spinach. Humans can also synthetize LA in small amounts. LA is readily absorbed from foods
- 49 and its oral administration as a drug is a viable therapeutic option, including the treatment of
- 50 patients with COVID-19 infection (Horowitz & Freeman, 2020; Zhang & Liu, 2020). LA
- 51 supplements are also commercially available, with LA concentrations up to 600 mg per tablet.
- 52 LA is shown to improve glycemic control, alleviate symptoms of diabetic polyneuropathy and is
- also effective against toxicity caused by heavy metal poisoning. Antioxidant activity of LA is
- 54 manifested through ROS scavenging, transition metal ions (e.g., iron and copper) chelating,
- 55 cytosolic glutathione and vitamin C levels increase, and oxidative stress damage repair (Zuliani
- 56 & Baroni, 2015).
- 57 Following cellular uptake, LA is reduced to dihydrolipoic acid (DHLA), which is a very potent
- reducing agent (Zuliani & Baroni, 2015). LA has several beneficial effects such as antioxidant,
- 59 improvement of glycemic control, mitigation of toxicity by heavy metal poisoning and
- 60 immunomodulatory effects (Salinthone, Yadav, Bourdette, & Carr, 2008; Smith, Shenvi,
- 61 Widlansky, Suh, & Hagen, 2004; Zuliani & Baroni, 2015).
- Although the ability of albumin to bind DHLA is well known (Kawabata & Packer, 1994), no
- 63 detailed analysis of this interaction has been reported so far. In the case of bovine albumin
- 64 (BSA), DHLA was shown to bind at IIIA site (Suji et al., 2008), however no binding
- experiments in the presence of the specific ligand for this site were performed. Taking into
- 66 account structural similarity of DHLA and octanoic fatty acid, it was proposed that DHLA binds

to IIA site (Atukeren, Aydin, Uslu, Gumustas, & Cakatay, 2010), however, IIIA site was also

- 68 considered (Suji et al., 2008).
- 69 Having in mind that DHLA is a very potent antioxidant and its use can alleviate a number of
- conditions related to oxidative stress, it seemed relevant to elucidate its mode of interaction with
- HSA, a universal transporter in the circulation. The properties of this interaction, are still
- vunknown and undefined, so the present study aimed to investigate characteristics of the DHLA-
- HSA binding in detail, by using spectroscopic and molecular docking approach.

74 MATERIALS AND METHODS

75 Materials

- All chemicals used were of analytical grade and were purchased from Sigma (Burlington,
- 77 Massachusetts, USA). Stock solution of HSA, purchased from Sigma (A-1653) and used without
- additional purification, was made by dissolving HSA in 10 mM PBS, pH 7.4. The concentration
- of HSA was determined by using bicinchoninic acid (BCA) assay kit (Thermo Fisher Scientific,
- 80 Waltham, Massachusetts, USA). Stock solution (5 mM) of DHLA was prepared by suspending
- DHLA in 10 mM PBS and then adding a small volume of 1 M NaOH until full clarification of
- solution was reached (Perricone et al., 1999). Trypsin was purchased from the Institute Torlak
- 83 (Belgrade, Serbia) as a 0.25 % solution. All experiments were performed in triplicate at room
- temperature, using 10 mM PBS, pH 7.4, unless otherwise stated.
- 85 Spectrofluorometric analysis of HSA-DHLA complex formation
- 86 Binding constant (Ka) of HSA-DHLA complex was determined by recording the quenching of
- $\,$ intrinsic fluorescence emission of HSA (0.4 $\mu M)$ in the presence of increasing concentrations of
- B8 DHLA (from 4 to 35 μM) at 37 °C. Fluorescence spectra were recorded using FluoroMax®-4
- 89 spectrofluorometer (Horiba Scientific, Japan). HSA was exciteed at 280 nm and emission spectra
- were recorded in the range from 290 to 450 nm. Each spectrum was corrected for the emission of
- 91 the control that contained only DHLA at particular concentration. The change of the emission
- 92 intensity at 338 nm (HSA emission maximum) was used for the calculation of the binding
- 93 constant. Emission intensity measured for HSA was first corrected for the small inner filter effect
- 94 of DHLA using the equation:

95
$$F_c = F_0 \times 10^{(Aex + Aem)/2}$$

- 96 where Fc is corrected fluorescence, F_0 is measured fluorescence, Aex and Aem are absorbances
- at excitation and emission wavelengths which are 290 nm and 338 nm, respectively.
- Using corrected fluorescence, binding constant between HSA and DHLA was calculated usingthe following equation:

$$\log \frac{F_0 - F}{F} = -n \log \frac{1}{[L] - [P] \frac{F_0 - F}{F_0}} + n \log K_a$$

100

101 where F_0 and F represent intensities of emission signals of HSA in the absence and in the

presence of DHLA, [L] represent the total concentration of ligand (DHLA) and [P] the total
 concentration of protein (HSA).

Type of quenching, whether it's static (complex formation) or dinamic, was determined by
 ploting Stern-Volmer (SV) graph and calculating SV quenching constant (Ksv) from it by
 applying the following equation:

107
$$\frac{F_0}{F} = 1 + k_q \tau_0 [Q] = 1 + K_{SV} [Q]$$

where F_0 and F are intensities of emission signals without and in the presence of DHLA, k_q

109 represents the biomolecule quenching rate constant, $\tau 0$ is the average lifetime of the biomolecule

110 without quencher (10^{-8} s) , [Q] is the total concentration of quencher (DHLA). The slope from SV

111 plot represents K_{SV} . K_{SV} was further used for the calculation of k_q .

112 Thermodynamic parameters of DHLA binding to HSA were calculated by using the same

experimental approach as for Ka calculation but at three different temperatures, 25, 30 and 37

¹¹⁴ °C. Calculated binding constants at three temperatures were then used to plot Van't Hoff graph.

Enthalpy (Δ H) and entropy (Δ S) were calculated from that graph applying the following

116 equation:

117
$$\ln Ka = -\frac{\Delta H}{RT} + \frac{\Delta S}{R}$$

118 where T is temperature in Kelvins (K) and R is a universal gas constant (8.314 Jmol⁻¹K⁻¹). ΔH

119 was calculated from the slope of Van't Hoff graph and ΔS from the intercept. The change in 120 Gibbs free energy was calculated from the equation:

120 Gibbs free energy was calculated from the equation.

121
$$\Delta G = \Delta H - T \Delta S$$

122 For specific fluorescence emission changes of 18 Tyr residues or the only Trp214 residue,

synchronous fluorescence spectra were recorded on RF-6000 spectrophotometer (Shimadzu,

124 Japan). Spectra were recorded in the range from 280 to 330 nm with $\Delta\lambda$ of 60 nm for Trp214 and

in the range from 290 to 325 nm with $\Delta\lambda$ of 15 nm for Tyr residues. Here, $\Delta\lambda$ represents $\Delta\lambda$ of

126 emission – $\Delta\lambda$ of excitation for each specific residue.

127 For the confirmation of the specific binding site for DHLA on HSA, site IIA (Sudlow I) on HSA

128 $(0.4 \ \mu\text{M})$ was blocked using site-specific ligand warfarin (40 μM). DHLA (20 and 40 μM) was

- added to this mixture and specific fluorescence emmission of wafarin ($\lambda ex = 310$ nm) was
- recoreded in the range from 340 to 440 nm (Vasquez, Vu, Schultz, & Vullev, 2009).
- 131 *Circular dichroism (CD) spectropolarimetric analysis of HSA-DHLA complex*
- 132 The influence of DHLA binding on HSA structure was determined by CD-spectropolarimeter J-
- 133 815 (Jasco, Japan) at room temperature and scan speed of 50 nm/min. Different concentrations of
- 134 DHLA were added (6, 15 and 30 μ M) to HSA (3 μ M). Both HSA and DHLA stock solutions
- were dissolved in 10 mM phosphate buffer, pH 7.4. Tertiary protein structure was analyzed by
- recording near-UV CD spectra in the range from 260 to 320 nm using a cell path of 10 mm,
- 137 while secondary protein structure was monitored by recording a far-UV CD spectra in the range
- from 185-260 nm using a cell path of 0.5 mm. Spectra obtained for mixtures were corrected for
- 139 spectra derived from DHLA alone.
- 140 UV-VIS analysis of HSA-DHLA complex
- 141 UV-VIS spectra of HSA (9 μM) in the presence of DHLA at different concentrations (9, 45 and
- 142 $90 \ \mu\text{M}$) were recorded at room temperature using Ultrospec 2000 spectrophotometer (Pharmacia
- Biotech, Sweden) in the range from 250 to 300 nm. A spectrum of each mixture was corrected
- 144 for a spectrum obtained for DHLA alone. Also, UV-VIS spectrum of DHLA (90 μ M) in the
- presence of HSA (9 μ M) was recorded in the range from 300 to 450 nm and corrected for a
- spectrum obtained for HSA alone.
- 147 Temperature stability analysis of HSA-DHLA complex
- 148 Temperature stability of HSA (0.4 μ M) alone and in the presence of DHLA (40 μ M) was
- 149 determined by recording the reduction of fluorescence emission at 338 nm (emission peak of
- HSA) and at 335 nm (emission peak of HSA-DHLA complex), using the same equipment as in
- the titration experiment. Emission was recorded in the temperature range from 37 to 87 $^{\circ}$ C with a
- temperature increase rate of 2 °C. A mixture was allowed to equilibrate for 1 min before the
- 153 measurement at each temperature. The obtained spectra were corrected by subtracting spectra of
- 154 DHLA alone at each temperature. Results were fitted to sigmoid curves where inflection points
- represent melting temperatures (Tm).
- 156 Proteolytic analysis using trypsin
- 157 For the investigation if DHLA binding affects susceptibility of HSA to trypsin proteolysis, the
- following experiment was performed at 37 °C. To solutions containing 4 μ M HSA, alone and in
- the presence of DHLA (40 μ M), 25 μ L of 0.25 % trypsin solution was added. The final volume
- 160 of reaction mixtures was 1 mL. At certain time points $(1, 5, 10, 20 \text{ and } 30 \text{ min}) 50 \mu \text{L}$ aliquots
- were taken from the reaction mixture and PMSF immediately added at the final concentration of
- 162 2 mM, thus stopping the reaction. Proteolytic fragments of HSA were analyzed by reducing

163 SDS-PAGE using a 12 % gel in a standard manner. Gel was stained using Silver Stain Plus Kit

164 (Bio-Rad, Hercules, California, USA).

165 *Docking simulations*

Docking simulations were carried out with Schrodinger Maestro Suite (Schrödinger, LLC, New 166 York, NY, 2018) using crystal structure of HSA complexed with warfarin (PDB code: 2BXD, 167 (Ghuman et al., 2005), obtained from RCSB PDB database (https://www.rcsb.org/). DHLA 168 structure was drawn in ChemDraw program (PerkinElmer Informatics, 2017). All structures 169 170 were prepared in Maestro software, using default procedures. Up to 20 different docked structures were generated with Induced fit docking protocol (Sherman, Day, Jacobson, Friesner, 171 & Farid, 2006). The obtained docking structures were examined and the best structure was 172 173 selected based on the number of receptor-ligand interactions and docking score.

174 Molecular dynamics (MD) simulations

175 MD simulations were done in Schrodinger Desmond software package (Bowers et al., 2006).

Selected docked structure for MD was solvated with TIP3P explicit water model, and neutralized via counter ions. Salt solution of 0.15 M KCl was added. To calculate the interactions between all atoms OPLS 2003 force field was used. For the calculation of the long-range Coulombic interactions, particle-mesh Ewald (PME) method was used, with the cut-off radius of 9 Å for the

180 short-range Van der Waals (VdW) and electrostatic interactions.

181 During the course of the simulation, constant temperature of 310 K and a pressure of 1.01235 bar

182 were maintained, using the Nose–Hoover thermostat, and the Martyna Tobias Klein method. 50

183 ns MD simulation with 2.0 fs step was performed and the collected trajectory used in the MD

analysis to asses docking pose and the stability of protein-ligand interactions.

185 **RESULTS AND DISSCUSION**

186 Binding of DHLA by HSA

187 The presence of DHLA quenches intrinsic fluorescence of HSA, as can be seen from Figure 1A.

188 Moreover, a very small blue shift of 3 nm is observed at the emission maximum of HSA, as the

189 concentration of DHLA increases. These results suggest that HSA binds DHLA and that polarity

190 of the surrounding of Tyr and Trp214 amino acid residues is not significantly altered.

- 191 Fluorescence quenching can be both dynamic and static (complex formation). In order to
- determine which type is present here, SV graph was plotted (Figure 1B) and from its slope Ksv
- 193 was calculated. The obtained SV plot is linear ($r^2 = 0.99$), indicating that only one type of
- 194 quenching occurs in the observed system. Ksv was calculated to be $0.83 \times 10^4 \text{ M}^{-1}$ and the
- quenching rate constant of the biomolecule, k_q , was calculated to be $0.83 \times 10^{12} \text{ M}^{-1}$. Since k_q is
- about two orders of magnitude higher than the diffusion rate of biomolecules $(10^{10} \text{ M}^{-1} \text{s}^{-1})$, this
- 197 result strongly suggests the presence of static type of quenching, confirming that HSA binds

198 DHLA. From the equation (2) and the plot from Figure 1C, Ka at 37 °C was calculated to be 199 $0.80 \pm 0.007 \times 10^4 \text{ M}^{-1}$, showing that HSA binds DHLA with moderate affinity.

200 When Ka was calculated at three different temperatures, its value decreased as the temperature

201 increased. This usually occurs, but is not exclusive, in static type of fluorescence quenching

202 (excluding entropy driven binding) since complex formation is weaker at higher temperatures

203 (Van De Weert & Stella, 2011). Using the obtained Ka values at three temperatures,

thermodynamic parameters were calculated from Van't Hoff plot (Figure 1D). Large negative

value of ΔH was obtained, -32 kJmol⁻¹ as well as small negative value of ΔS , 29 Jmol⁻¹K⁻¹. These

206 results indicate that electrostatic interactions, hydrogen bonds and Van der Walls interactions are

207 mainly responsible for complex formation between HSA and DHLA. The change in Gibbs free

208 energy, ΔG , at 37 °C was calculated to be -23 kJmol⁻¹.

209 Synchronous fluorescence spectra can give information about changes in the emission of Tyr and

Trp amino acid residues. Since HSA has only one Trp residue, located inside the binding site IIA
(Sudlow I) (Salem, Lotfy, Amin, & Ghattas, 2019), information from synchronous spectra

212 (Sudiow I) (Salein, Lotry, Anni, & Ghattas, 2019), information from synchronous spectra 212 provides insight into the binding place for certain ligand. In the presence of increasing

concentrations of DHLA, Trp specific emission spectrum was significantly quenched (Figure

214 2A), while that originating from Tyr was reduced to a very small extent (Figure 2B). Considering

the position of the Trp residue in HSA, this result strongly indicated that the binding site for

216 DHLA is located in IIA subdomain (Sudlow I). To confirm this, DHLA was added to HSA in the

217 presence of warfarin, and the change in warfarin fluorescence was recorded. When bound to

HSA, warfarin fluorescence intensity increases at its emission maximum (Figure 2C). This is a

usual consequence of ligand binding to a protein, since the ligand becomes shielded from water

and located in a more hydrophobic environment (Liang, Tajmir-Riahi, & Subirade, 2008).
Similar observation was recorded in the case of phycocyanobilin (PCB) binding to HSA that

Similar observation was recorded in the case of phycocyanobilin (PCB) binding to HSA that
 occurs at both IIA and IB subdomains of HSA (Minic et al., 2015). Binding of warfarin to HSA

is well characterized with the affinity constant of about 10^5 M^{-1} (Li et al., 2014). As warfarin

specifically binds to Sudlow I site on HSA, it is used to block this site in the studies aimed to

locate the exact binding site for other ligands (Petitpas, Bhattacharya, Twine, East, & Curry,

226 2001). Results shown in Figure 2C indicate that the emission spectrum of warfarin remains the

same in the presence of DHLA (at two concentrations), confirming that binding site IIA on HSA

remains occupied by warfarin, thus suggesting that this site is the preferential binding site for

229 DHLA. Even in equimolar concentrations of DHLA and warfarin, fluorescence spectrum of

230 warfarin remains unaltered, indicating that HSA binding affinity for DHLA is lower than for

warfarin, which is in agreement with the calculated Ka for HSA-DHLA complex. Having this in

mind, it is noteworthy to mention a current pandemic situation with COVID-19 and its potential

treatment with alpha lipoic acid (Horowitz & Freeman, 2020; Zhang & Liu, 2020). It was

234 proposed that LA blocks NF- κ B and cytokine formation, and thus alleviates cytokine storm

syndrome in critically ill patients (Horowitz & Freeman, 2020). Since warfarin and its

236 derivatives are commonly used as anticoagulants (also included in the therapy of severe cases

with COVID-19) which preferentially bind to Sudlow I site on HSA, it is questionable whether

- LA treatment of patients infected with virus Sars-CoV-2 is sufficiently beneficial if they also
- 239 receive warfarin.

Proteins absorb light in the UV region at about 280 nm due to the presence of aromatic amino 240 241 acid residues and changes in the absorption spectrum of a protein in this region may occur as a consequence of changes in the polarity of the environment close to these residues. Figure 3A 242 shows that the UV-VIS absorption spectrum of HSA does not change in the presence of 243 increasing concentrations of DHLA, indicating that no significant conformational change of 244 HSA occurs, thus confirming the results obtained by spectrofluorimetry (Figure 3A). On the 245 246 other hand, the absorption spectrum of DHLA shows both blue shift of its peak and the reduction of its intensity in the presence of HSA (Figure 3B). Similar effect was previously observed upon 247 DHLA binding to fibrinogen (Gligorijević, Šukalović, Penezić, & Nedić, 2020) and upon 248 binding of 2-amino-6-hydroxy-4-(4-N,N-dimethylaminophenyl)-pyrimidine-5-carbonitrile to 249 250 BSA (Suryawanshi, Walekar, Gore, Anbhule, & Kolekar, 2016). Change in the absorption

spectrum of DHLA is an additional proof that it forms a complex with HSA.

252

253 Protein structure is often affected by ligand binding. Some ligands induce more ordered

structure, others more disordered, and some have no effect. HSA contains only α -helixes as

elements of the secondary structure. It was shown that binding of PCB and amoxicillin to HSA

increase its content of α-helixes (Radibratovic et al., 2016; Yasmeen, Riyazuddeen, & Rabbani,

257 2017), while binding of plumbagin, safranal and crocin decrease it (Qais, Husain, Khan, Ahmad,

& Hassan, 2020; Salem et al., 2019). The obtained far-UV CD spectra of HSA (Figure 4A) show

a typical signal of the protein where α -helixes are dominant, with characteristic negative wide

peak in the range from 209 to 220 nm. As it can be seen from this figure, no significant change in

the secondary structure of HSA occurs upon binding of DHLA, even when the concentration of

DHLA is ten times larger than HSA. Tertiary structure of HSA is also unaltered due to DHLA
 binding since near-UV CD spectra are practically the same in pre presence of all tested DHLA

263 concentrations (Figure 4B).

265 Stability of HSA-DHLA complex

Factors that may affect melting point of a protein, besides its structure, include the presence of bound molecules as well as their structure. When a complex forms, new interactions establish that may contribute to altered thermal stability of a protein. In the case of HSA, free protein has Tm of approximately 62 °C, while bound fatty acids increase its thermal stability reaching Tm from 64 to 72 °C (Lang & Cole, 2015). Certain ligands, such as PCB and embelin, also increase thermal stability of HSA (Radibratovic et al., 2016; Yeggoni, Rachamallu, & Subramanyam, 272 2016). On the contrary, some drugs, such as amoxicillin, decrease thermal stability of HSA upon

- binding (Yasmeen et al., 2017). Commercial HSA used in this study had Tm of 68 °C. In the
- presence of DHLA, Tm of HSA increases to 70 °C (Figure 4C). Even though DHLA didn't
- change the structure of HSA significantly upon binding (Figures 4A and 4B), it seems that new
- 276 interactions in this complex additionally thermally stabilized the protein.
- 277 Increased Tm of HSA in the presence of DHLA indicates that rigidness in the protein structure
- increases, which may affect its susceptibility to proteolytic cleavage. In order to be proteolyzed,
- 279 peptide bonds in the protein need to be flexible and exposed enough to enable its accurate
- accommodation in the active site of a protease. Some ligands, such as bilirubin, reduce the
 susceptibility of HSA to cleavage by trypsin (Sjödin, Hansson, & Sjöholm, 1977). According to
- susceptibility of HSA to cleavage by trypsin (Sjödin, Hansson, & Sjöholm, 1977). According to
 the results of this study, it seems that DHLA, although it thermally stabilizes HSA, has no
- significant effect on HSA proteolysis by trypsin (Figure 4D). Thus, it may be expected that the
- formation of HSA-DHLA complex will not have significant (if any) effect on the protein half-
- 285 life in circulation in respect to proteolysis. The first and the dominant fragment of HSA resulting
- from proteolysis by trypsin is the one at about 50 kDa, while other fragments with lower
- concentrations and molecular masses appear later. This finding is in accordance with the already
- 287 concentrations and molecular masses appear later. This finding is in accordance with the already
- 288 published data (Radibratovic et al., 2016).

289 Molecular modeling

- Binding site IIA consists of a binding pocket deeply embedded in the core of the subdomain that
- is formed by all six helices of the subdomain and the loop-helix residues 148-154 of IB (Ghuman
 et al., 2005). Pocket interior is predominantly hydrophobic, apart from the two clusters of polar
- residues (Tyr150, His242, Arg257 and Lys195; Lys199, Arg218 and Arg222).
- Induced fit docking simulation results have shown that DHLA binds to HSA BS II site (Figure 294 295 5). The energetically most favorable conformation of the docked pose has showed that the key 296 interactions are salt bridges formed by DHLA carboxyl group with Arg18 and Arg222 of HSA, followed by hydrogen bonds formed between DHLA sulfhydryl group and Arg257, Ser287 297 (Figure 5). Molecular docking analysis suggested that DHLA binds at Sudlow I site in a defined 298 299 conformation, thus favoring interactions with specific amino residues. Having in mind that DHLA has high torsional flexibility due to nine dihedral angles which give many possible 300 rotamers (Vigorito, Calabrese, Paltanin, Melandri, & Maris, 2017), a recorded change in the 301 absorption spectrum (Figure 3B) could point to a DHLA-conformational shift towards rotamers 302 with the highest probability of being bound to HSA. 303
- To verify docking simulation results, DHLA-HSA interactions were monitored throughout 50 ns molecular dynamic simulation. MD starting point was the best conformation obtained in docking stage. The obtained MD trajectory was analyzed both in terms of complex stability and the persistence of key DHLA-HSA interactions over simulation time period.

The observed RMSD values for HSA show that simulation has equilibrated, fluctuations fall within 1 - 2.5 Å range suggesting minor conformational changes during simulation (Figure 6A).

Monitored HSA-DHLA interactions showed that key interaction is a salt bridge formed between 310 311 DHLA carboxyl group and Arg218. This interaction is present over 93% of simulation time, making it crucial for DHLA binding to HSA and it also indicates correct orientation of DHLA 312 inside the BS. Salt bridge with Arg218 is reinforced by interaction with Arg222 (42% of 313 simulation time). Once DHLA is in correct position in the BS, additional hydrogen bonds 314 between sulfhydryl group and Ser287, Arg257 are established. Those hydrogen bonds are 315 maintained for a 10% (Ser287) and 7% (Arg257) of total simulation time (Figure 6B). All other 316 interactions are observed for less than 5% of total simulation time (Supplementary Figure 1). 317

- HSA can be modified by oxidation, and slight structural alterations, resulting from this chemical
- modification, cause an impairment of HSA functions, including its ligand binding ability
- 320 (Kawakami et al., 2006). Redox state of Cys34 on HSA can also influence its binding properties
- 321 (Oettl & Stauber, 2007). Considering its high concentration and the capacity to bind wide range
- 322 of drugs, changes in binding properties of HSA may have a significant impact on
- 323 pharmacokinetic and pharmacodynamic (PKPD) characteristics of prescribed drugs. DHLA was
- shown to be able to protect serum albumin from glycation (Kawabata & Packer, 1994),
- methylglyoxal modification (Sadowska-Bartosz, Galiniak, & Bartosz, 2014) and it can protect
- Cys34 from oxidation (Atukeren et al., 2010). Thus, by binding to HSA, DHLA can directly
- 327 protect HSA from oxidation and, at the same time, keep the binding and antioxidative properties
- of HSA unaltered. Since it is used as a food supplement, a detailed PKPD knowledge on DHLA
- 329 is very important, including information on its binding partners in the circulation. Besides HSA,
- fibrinogen was also shown to bind DHLA with a similar affinity (Gligorijević et al., 2020).

331 CONCLUSION

- 332 The obtained results describe in detail the binding of DHLA to HSA for the first time.
- Experimental results have shown that binding site IIA or Sudlow I is the preferential binding site
- for DHLA. Molecular docking analysis and dynamics confirmed the ability of Sudlow I site to
- accommodate DHLA and that the formed complex is stable. The binding of DHLA doesn't alter
- significantly the structure of HSA, although it stabilizes the protein itself to some extent. HSA
- 337 susceptibility to proteolytic cleavage by trypsin remains the same in the presence of DHLA, thus
- no change of HSA half-life in the circulation (regarding proteolysis) is expected. The reported
- results expand the knowledge on PKPD properties of DHLA and offer a future perspective for
- 340 further investigations regarding the use of DHLA as a dietary intervention. Furthermore, the
- 341 obtained results raise concerns whether alpha-lipoic acid and DHLA are sufficiently beneficial as
- a part of the proposed treatment protocol of patients with COVID-19 who are receiving warfarin
- therapy as well, due to their competitive binding and lower affinity of HSA for these antioxidants
- than for warfarin.

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- 470

471 FIGURE LEGENDS

Figure 1. Binding analysis of HSA and DHLA using spectrofluorimetry. Fluorescence emission
spectra of HSA (excited at 280 nm) in the presence of increasing concentrations of DHLA (A).
Stern-Volmer plot (B) and plot used for the determination of the binding constant between HSA
and DHLA (C) obtained using fluorescence emission maximum of HSA at 338 nm. Van't Hoffs
graph obtained by calculating the binding constant between HSA and DHLA at three different
temperatures (D).

Figure 2. Determination of a binding site of DHLA on HSA. Synchronous fluorescence spectra of HSA with $\Delta\lambda = 60$ nm for Trp (A) and $\Delta\lambda = 15$ nm for Tyr (B) in the presence of increasing concentrations of DHLA. Fluorescence emission spectra of warfarin (excited at 280 nm) in the absence and in the presence of HSA, as well as in the presence of HSA and DHLA at

- 482 warfarin/DHLA molar ratios of 2/1 and 1/1 (C).
- **Figure 3.** Analysis of structural alterations of HSA and DHLA due to mutual binding. Far-UV

484 CD (A) and near-UV CD (B) spectra of HSA alone and in the presence of increasing

485 concentrations of DHLA. UV absorption spectra of HSA alone and in the presence of increasing

- 486 concentrations of DHLA (C). UV-VIS absorption spectra of DHLA alone and in the presence of
 487 HSA (D).
- **Figure 4.** Analysis of temperature stability of HSA alone and in the presence of DHLA (A).
- Analysis of HSA digestion by trypsin in the absence (lanes 1-5, samples taken after 1, 5, 10, 20

and 30 min of proteolysis) and in the presence of DHLA (lanes 6-10) by reducing SDS-PAGE on

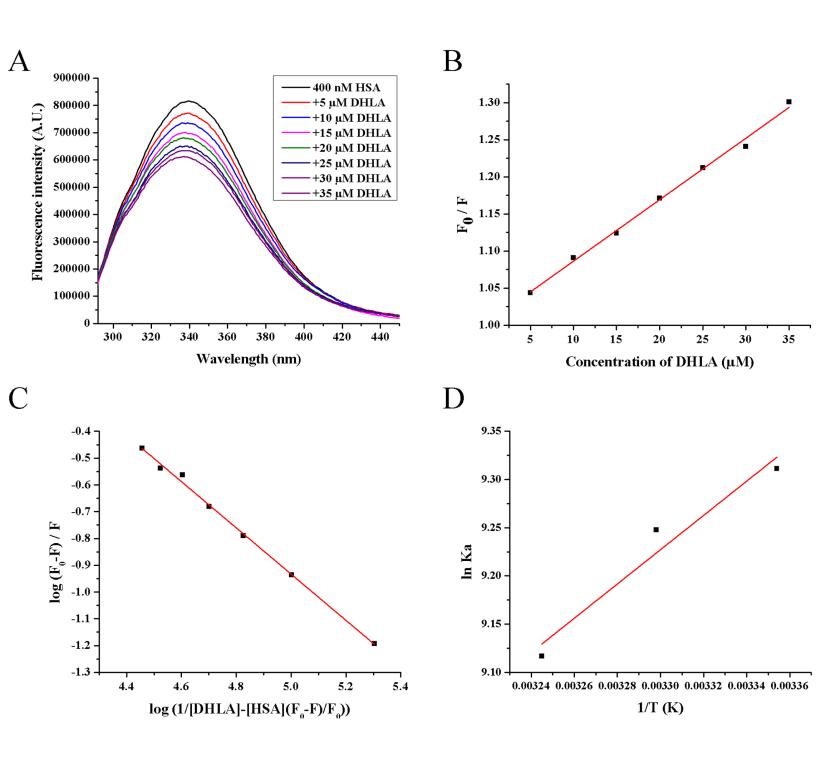
491 12 % gel (B).

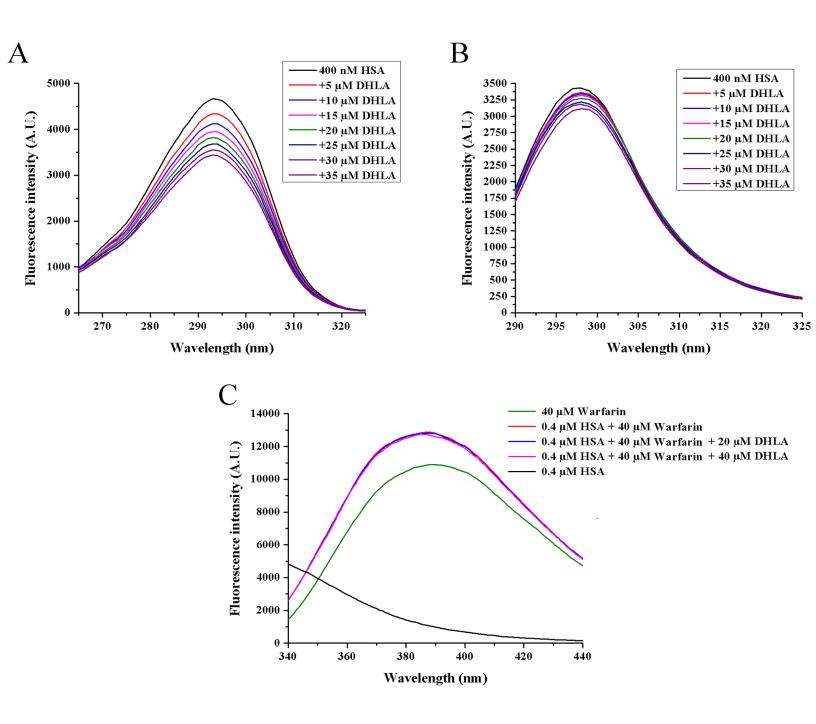
492 Figure 5. An overview of HSA with DHLA docked into BS II. Domains are color coded and 493 represented as secondary structure ribbons. BS II composition and key interactions diagram. All 494 amino acid residues in close contact with DHLA are displayed, with key amino acid residues 495 marked.

Figure 6. HSA and DHLA RMSD plot (A) and the observed key interactions during 50 ns simulation time (B).

498 Supplementary Figure 1. Summary of DHLA-HSA interactions observed during 50 ns
 499 simulation time. Each orange line represents one established interaction during 1 ns time frame.

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