

1 **Dihydro-alpha-lipoic acid binds to human serum albumin at Sudlow I binding site**

2 Nikola Gligorijević, Vladimir Šukalović, Goran Miljuš, Olgica Nedić, Ana Penezić*

3 Institute for the Application of Nuclear Energy, Department for Metabolism, University of
4 Belgrade, Banatska 31b, 11080 Belgrade

5 Institute of Chemistry, Technology and Metallurgy, University of Belgrade, Njegoševa 12,
6 11000 Belgrade, Serbia

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8

9 *Corresponding author

10 Ana Penezić

11 Institute for the Application of Nuclear Energy, Department for Metabolism

12 University of Belgrade

13 Banatska 31b, 11080 Belgrade

14 E-mail: anap@inep.co.rs

15 **ABSTRACT**

16 Binding of dihydro-alpha-lipoic acid (DHLA) to human serum albumin (HSA) was characterised
17 in detail in this study. Binding process was monitored by spectroscopic methods and molecular
18 docking approach. HSA binds DHLA with moderate affinity, $0.80 \pm 0.007 \times 10^4 \text{ M}^{-1}$.
19 Spectroscopic data demonstrated that the preferential binding site for DHLA on HSA is IIA
20 (Sudlow I). Hydrogen bonds and electrostatic interactions were identified as the key binding
21 interactions. DHLA binding thermally stabilized HSA, yet it had no effect on HSA structure and
22 its susceptibility to trypsin digestion. Molecular docking confirmed that Sudlow I site
23 accommodated DHLA in a certain conformation in order for binding to occur. Molecular
24 dynamic simulation showed that formed complex is stable. Reported results offer future
25 perspectives for investigations regarding the use of DHLA as a dietary intervention but also raise
26 concerns about the effectiveness of alpha-lipoic acid and DHLA in treatment of patients with
27 COVID-19.

28

29 **KEYWORDS: Spectral analysis; Molecular docking; Protein-ligand interaction; Digestion;**
30 **Protein structure**

31 INTRODUCTION

32 Human serum albumin (HSA) is the most dominant protein in the circulation, with a referent
33 concentration range from 35 to 50 g/L (522 μ M to 746 μ M). This is a protein with molecular
34 mass of 67 kDa (Wang, Tian, & Chang, 2012). Structurally, HSA is composed of three
35 homologous domains (I, II and III), each divided into two subdomains, A and B. Dominant
36 secondary structure motif of HSA is α -helix (McLachlan & Walker, 1977).

37 HSA has many important functions in the circulation. Due to its high concentration, HSA
38 participates in the osmotic pressure regulation (Lee & Wu, 2015). Its free Cys34 thiol group (in
39 healthy individuals 70–80% of Cys34 thiol group is in a reduced form), makes HSA an important
40 factor for plasma antioxidant capacity, contributing by 80% to the total plasma thiol amount
41 (Pavićević et al., 2014). HSA is also a general transporter of fatty acids, ions and drugs. Due to
42 its structure, HSA is able to accommodate and bind a variety of small molecules with moderate
43 to high affinities. Two main binding sites for a plethora of different molecules (excluding fatty
44 acids) are located at IIA subdomain or Sudlow I binding site, and IIIA subdomain or Sudlow II
45 binding site. Drugs warfarin and ibuprofen are stereotypical ligands for Sudlow site I and
46 Sudlow site II, respectively (Fasano et al., 2005).

47 Lipoic acid (LA) is a naturally occurring molecule whose main sources are potato, broccoli and
48 spinach. Humans can also synthesize LA in small amounts. LA is readily absorbed from foods
49 and its oral administration as a drug is a viable therapeutic option, including the treatment of
50 patients with COVID-19 infection (Horowitz & Freeman, 2020; Zhang & Liu, 2020). LA
51 supplements are also commercially available, with LA concentrations up to 600 mg per tablet.
52 LA is shown to improve glycemic control, alleviate symptoms of diabetic polyneuropathy and is
53 also effective against toxicity caused by heavy metal poisoning. Antioxidant activity of LA is
54 manifested through ROS scavenging, transition metal ions (e.g., iron and copper) chelating,
55 cytosolic glutathione and vitamin C levels increase, and oxidative stress damage repair (Zuliani
56 & Baroni, 2015).

57 Following cellular uptake, LA is reduced to dihydrolipoic acid (DHLA), which is a very potent
58 reducing agent (Zuliani & Baroni, 2015). LA has several beneficial effects such as antioxidant,
59 improvement of glycemic control, mitigation of toxicity by heavy metal poisoning and
60 immunomodulatory effects (Salinthoné, Yadav, Bourdette, & Carr, 2008; Smith, Shenvi,
61 Widlansky, Suh, & Hagen, 2004; Zuliani & Baroni, 2015).

62 Although the ability of albumin to bind DHLA is well known (Kawabata & Packer, 1994), no
63 detailed analysis of this interaction has been reported so far. In the case of bovine albumin
64 (BSA), DHLA was shown to bind at IIIA site (Suji et al., 2008), however no binding
65 experiments in the presence of the specific ligand for this site were performed. Taking into
66 account structural similarity of DHLA and octanoic fatty acid, it was proposed that DHLA binds

67 to IIA site (Atukeren, Aydin, Uslu, Gumustas, & Cakatay, 2010), however, IIIA site was also
68 considered (Suji et al., 2008).

69 Having in mind that DHLA is a very potent antioxidant and its use can alleviate a number of
70 conditions related to oxidative stress, it seemed relevant to elucidate its mode of interaction with
71 HSA, a universal transporter in the circulation. The properties of this interaction, are still
72 unknown and undefined, so the present study aimed to investigate characteristics of the DHLA-
73 HSA binding in detail, by using spectroscopic and molecular docking approach.

74 **MATERIALS AND METHODS**

75 *Materials*

76 All chemicals used were of analytical grade and were purchased from Sigma (Burlington,
77 Massachusetts, USA). Stock solution of HSA, purchased from Sigma (A-1653) and used without
78 additional purification, was made by dissolving HSA in 10 mM PBS, pH 7.4. The concentration
79 of HSA was determined by using bicinchoninic acid (BCA) assay kit (Thermo Fisher Scientific,
80 Waltham, Massachusetts, USA). Stock solution (5 mM) of DHLA was prepared by suspending
81 DHLA in 10 mM PBS and then adding a small volume of 1 M NaOH until full clarification of
82 solution was reached (Perricone et al., 1999). Trypsin was purchased from the Institute Torlak
83 (Belgrade, Serbia) as a 0.25 % solution. All experiments were performed in triplicate at room
84 temperature, using 10 mM PBS, pH 7.4, unless otherwise stated.

85 *Spectrofluorometric analysis of HSA-DHLA complex formation*

86 Binding constant (K_a) of HSA-DHLA complex was determined by recording the quenching of
87 intrinsic fluorescence emission of HSA (0.4 μM) in the presence of increasing concentrations of
88 DHLA (from 4 to 35 μM) at 37 °C. Fluorescence spectra were recorded using FluoroMax®-4
89 spectrofluorometer (Horiba Scientific, Japan). HSA was excited at 280 nm and emission spectra
90 were recorded in the range from 290 to 450 nm. Each spectrum was corrected for the emission of
91 the control that contained only DHLA at particular concentration. The change of the emission
92 intensity at 338 nm (HSA emission maximum) was used for the calculation of the binding
93 constant. Emission intensity measured for HSA was first corrected for the small inner filter effect
94 of DHLA using the equation:

$$95 \quad F_c = F_0 \times 10^{(A_{ex}+A_{em})/2}$$

96 where F_c is corrected fluorescence, F_0 is measured fluorescence, A_{ex} and A_{em} are absorbances
97 at excitation and emission wavelengths which are 290 nm and 338 nm, respectively.

98 Using corrected fluorescence, binding constant between HSA and DHLA was calculated using
99 the following equation:

$$\log \frac{F_0 - F}{F} = -n \log \frac{1}{[L] - [P] \frac{F_0 - F}{F_0}} + n \log K_a$$

100

101 where F_0 and F represent intensities of emission signals of HSA in the absence and in the
102 presence of DHLA, $[L]$ represents the total concentration of ligand (DHLA) and $[P]$ the total
103 concentration of protein (HSA).

104 Type of quenching, whether it's static (complex formation) or dynamic, was determined by
105 plotting Stern-Volmer (SV) graph and calculating SV quenching constant (K_{sv}) from it by
106 applying the following equation:

$$\frac{F_0}{F} = 1 + k_q \tau_0 [Q] = 1 + K_{SV} [Q]$$

107

108 where F_0 and F are intensities of emission signals without and in the presence of DHLA, k_q
109 represents the biomolecule quenching rate constant, τ_0 is the average lifetime of the biomolecule
110 without quencher (10^{-8} s), $[Q]$ is the total concentration of quencher (DHLA). The slope from SV
111 plot represents K_{SV} . K_{SV} was further used for the calculation of k_q .

112 Thermodynamic parameters of DHLA binding to HSA were calculated by using the same
113 experimental approach as for K_a calculation but at three different temperatures, 25, 30 and 37
114 °C. Calculated binding constants at three temperatures were then used to plot Van't Hoff graph.
115 Enthalpy (ΔH) and entropy (ΔS) were calculated from that graph applying the following
116 equation:

$$\ln K_a = -\frac{\Delta H}{RT} + \frac{\Delta S}{R}$$

117

118 where T is temperature in Kelvins (K) and R is a universal gas constant ($8.314 \text{ J mol}^{-1} \text{ K}^{-1}$). ΔH
119 was calculated from the slope of Van't Hoff graph and ΔS from the intercept. The change in
120 Gibbs free energy was calculated from the equation:

$$\Delta G = \Delta H - T\Delta S$$

121

122 For specific fluorescence emission changes of 18 Tyr residues or the only Trp214 residue,
123 synchronous fluorescence spectra were recorded on RF-6000 spectrophotometer (Shimadzu,
124 Japan). Spectra were recorded in the range from 280 to 330 nm with $\Delta\lambda$ of 60 nm for Trp214 and
125 in the range from 290 to 325 nm with $\Delta\lambda$ of 15 nm for Tyr residues. Here, $\Delta\lambda$ represents $\Delta\lambda$ of
126 emission – $\Delta\lambda$ of excitation for each specific residue.

127 For the confirmation of the specific binding site for DHLA on HSA, site IIA (Sudlow I) on HSA
128 ($0.4 \mu\text{M}$) was blocked using site-specific ligand warfarin ($40 \mu\text{M}$). DHLA (20 and $40 \mu\text{M}$) was

129 added to this mixture and specific fluorescence emission of wafarin ($\lambda_{ex} = 310$ nm) was
130 recorded in the range from 340 to 440 nm (Vasquez, Vu, Schultz, & Vullev, 2009).

131 *Circular dichroism (CD) spectropolarimetric analysis of HSA-DHLA complex*

132 The influence of DHLA binding on HSA structure was determined by CD-spectropolarimeter J-
133 815 (Jasco, Japan) at room temperature and scan speed of 50 nm/min. Different concentrations of
134 DHLA were added (6, 15 and 30 μ M) to HSA (3 μ M). Both HSA and DHLA stock solutions
135 were dissolved in 10 mM phosphate buffer, pH 7.4. Tertiary protein structure was analyzed by
136 recording near-UV CD spectra in the range from 260 to 320 nm using a cell path of 10 mm,
137 while secondary protein structure was monitored by recording a far-UV CD spectra in the range
138 from 185-260 nm using a cell path of 0.5 mm. Spectra obtained for mixtures were corrected for
139 spectra derived from DHLA alone.

140 *UV-VIS analysis of HSA-DHLA complex*

141 UV-VIS spectra of HSA (9 μ M) in the presence of DHLA at different concentrations (9, 45 and
142 90 μ M) were recorded at room temperature using Ultrospec 2000 spectrophotometer (Pharmacia
143 Biotech, Sweden) in the range from 250 to 300 nm. A spectrum of each mixture was corrected
144 for a spectrum obtained for DHLA alone. Also, UV-VIS spectrum of DHLA (90 μ M) in the
145 presence of HSA (9 μ M) was recorded in the range from 300 to 450 nm and corrected for a
146 spectrum obtained for HSA alone.

147 *Temperature stability analysis of HSA-DHLA complex*

148 Temperature stability of HSA (0.4 μ M) alone and in the presence of DHLA (40 μ M) was
149 determined by recording the reduction of fluorescence emission at 338 nm (emission peak of
150 HSA) and at 335 nm (emission peak of HSA-DHLA complex), using the same equipment as in
151 the titration experiment. Emission was recorded in the temperature range from 37 to 87 °C with a
152 temperature increase rate of 2 °C. A mixture was allowed to equilibrate for 1 min before the
153 measurement at each temperature. The obtained spectra were corrected by subtracting spectra of
154 DHLA alone at each temperature. Results were fitted to sigmoid curves where inflection points
155 represent melting temperatures (T_m).

156 *Proteolytic analysis using trypsin*

157 For the investigation if DHLA binding affects susceptibility of HSA to trypsin proteolysis, the
158 following experiment was performed at 37 °C. To solutions containing 4 μ M HSA, alone and in
159 the presence of DHLA (40 μ M), 25 μ L of 0.25 % trypsin solution was added. The final volume
160 of reaction mixtures was 1 mL. At certain time points (1, 5, 10, 20 and 30 min) 50 μ L aliquots
161 were taken from the reaction mixture and PMSF immediately added at the final concentration of
162 2 mM, thus stopping the reaction. Proteolytic fragments of HSA were analyzed by reducing

163 SDS-PAGE using a 12 % gel in a standard manner. Gel was stained using Silver Stain Plus Kit
164 (Bio-Rad, Hercules, California, USA).

165 *Docking simulations*

166 Docking simulations were carried out with Schrodinger Maestro Suite (Schrödinger, LLC, New
167 York, NY, 2018) using crystal structure of HSA complexed with warfarin (PDB code: 2BXD,
168 (Ghuman et al., 2005), obtained from RCSB PDB database (<https://www.rcsb.org/>). DHLA
169 structure was drawn in ChemDraw program (PerkinElmer Informatics, 2017). All structures
170 were prepared in Maestro software, using default procedures. Up to 20 different docked
171 structures were generated with Induced fit docking protocol (Sherman, Day, Jacobson, Friesner,
172 & Farid, 2006). The obtained docking structures were examined and the best structure was
173 selected based on the number of receptor-ligand interactions and docking score.

174 *Molecular dynamics (MD) simulations*

175 MD simulations were done in Schrodinger Desmond software package (Bowers et al., 2006).
176 Selected docked structure for MD was solvated with TIP3P explicit water model, and neutralized
177 via counter ions. Salt solution of 0.15 M KCl was added. To calculate the interactions between
178 all atoms OPLS 2003 force field was used. For the calculation of the long-range Coulombic
179 interactions, particle-mesh Ewald (PME) method was used, with the cut-off radius of 9 Å for the
180 short-range Van der Waals (VdW) and electrostatic interactions.

181 During the course of the simulation, constant temperature of 310 K and a pressure of 1.01235 bar
182 were maintained, using the Nose–Hoover thermostat, and the Martyna Tobias Klein method. 50
183 ns MD simulation with 2.0 fs step was performed and the collected trajectory used in the MD
184 analysis to asses docking pose and the stability of protein-ligand interactions.

185 **RESULTS AND DISSCUSION**

186 *Binding of DHLA by HSA*

187 The presence of DHLA quenches intrinsic fluorescence of HSA, as can be seen from Figure 1A.
188 Moreover, a very small blue shift of 3 nm is observed at the emission maximum of HSA, as the
189 concentration of DHLA increases. These results suggest that HSA binds DHLA and that polarity
190 of the surrounding of Tyr and Trp214 amino acid residues is not significantly altered.
191 Fluorescence quenching can be both dynamic and static (complex formation). In order to
192 determine which type is present here, SV graph was plotted (Figure 1B) and from its slope Ksv
193 was calculated. The obtained SV plot is linear ($r^2 = 0.99$), indicating that only one type of
194 quenching occurs in the observed system. Ksv was calculated to be $0.83 \times 10^4 \text{ M}^{-1}$ and the
195 quenching rate constant of the biomolecule, k_q , was calculated to be $0.83 \times 10^{12} \text{ M}^{-1}$. Since k_q is
196 about two orders of magnitude higher than the diffusion rate of biomolecules ($10^{10} \text{ M}^{-1}\text{s}^{-1}$), this
197 result strongly suggests the presence of static type of quenching, confirming that HSA binds

198 DHLA. From the equation (2) and the plot from Figure 1C, K_a at 37 °C was calculated to be
199 $0.80 \pm 0.007 \times 10^4 \text{ M}^{-1}$, showing that HSA binds DHLA with moderate affinity.

200 When K_a was calculated at three different temperatures, its value decreased as the temperature
201 increased. This usually occurs, but is not exclusive, in static type of fluorescence quenching
202 (excluding entropy driven binding) since complex formation is weaker at higher temperatures
203 (Van De Weert & Stella, 2011). Using the obtained K_a values at three temperatures,
204 thermodynamic parameters were calculated from Van't Hoff plot (Figure 1D). Large negative
205 value of ΔH was obtained, -32 kJmol^{-1} as well as small negative value of ΔS , $29 \text{ Jmol}^{-1}\text{K}^{-1}$. These
206 results indicate that electrostatic interactions, hydrogen bonds and Van der Waals interactions are
207 mainly responsible for complex formation between HSA and DHLA. The change in Gibbs free
208 energy, ΔG , at 37 °C was calculated to be -23 kJmol^{-1} .

209 Synchronous fluorescence spectra can give information about changes in the emission of Tyr and
210 Trp amino acid residues. Since HSA has only one Trp residue, located inside the binding site IIA
211 (Sudlow I) (Salem, Lotfy, Amin, & Ghattas, 2019), information from synchronous spectra
212 provides insight into the binding place for certain ligand. In the presence of increasing
213 concentrations of DHLA, Trp specific emission spectrum was significantly quenched (Figure
214 2A), while that originating from Tyr was reduced to a very small extent (Figure 2B). Considering
215 the position of the Trp residue in HSA, this result strongly indicated that the binding site for
216 DHLA is located in IIA subdomain (Sudlow I). To confirm this, DHLA was added to HSA in the
217 presence of warfarin, and the change in warfarin fluorescence was recorded. When bound to
218 HSA, warfarin fluorescence intensity increases at its emission maximum (Figure 2C). This is a
219 usual consequence of ligand binding to a protein, since the ligand becomes shielded from water
220 and located in a more hydrophobic environment (Liang, Tajmir-Riahi, & Subirade, 2008).
221 Similar observation was recorded in the case of phycocyanobilin (PCB) binding to HSA that
222 occurs at both IIA and IB subdomains of HSA (Minic et al., 2015). Binding of warfarin to HSA
223 is well characterized with the affinity constant of about 10^5 M^{-1} (Li et al., 2014). As warfarin
224 specifically binds to Sudlow I site on HSA, it is used to block this site in the studies aimed to
225 locate the exact binding site for other ligands (Petitpas, Bhattacharya, Twine, East, & Curry,
226 2001). Results shown in Figure 2C indicate that the emission spectrum of warfarin remains the
227 same in the presence of DHLA (at two concentrations), confirming that binding site IIA on HSA
228 remains occupied by warfarin, thus suggesting that this site is the preferential binding site for
229 DHLA. Even in equimolar concentrations of DHLA and warfarin, fluorescence spectrum of
230 warfarin remains unaltered, indicating that HSA binding affinity for DHLA is lower than for
231 warfarin, which is in agreement with the calculated K_a for HSA-DHLA complex. Having this in
232 mind, it is noteworthy to mention a current pandemic situation with COVID-19 and its potential
233 treatment with alpha lipoic acid (Horowitz & Freeman, 2020; Zhang & Liu, 2020). It was
234 proposed that LA blocks NF- κ B and cytokine formation, and thus alleviates cytokine storm
235 syndrome in critically ill patients (Horowitz & Freeman, 2020). Since warfarin and its

236 derivatives are commonly used as anticoagulants (also included in the therapy of severe cases
237 with COVID-19) which preferentially bind to Sudlow I site on HSA, it is questionable whether
238 LA treatment of patients infected with virus Sars-CoV-2 is sufficiently beneficial if they also
239 receive warfarin.

240 Proteins absorb light in the UV region at about 280 nm due to the presence of aromatic amino
241 acid residues and changes in the absorption spectrum of a protein in this region may occur as a
242 consequence of changes in the polarity of the environment close to these residues. Figure 3A
243 shows that the UV-VIS absorption spectrum of HSA does not change in the presence of
244 increasing concentrations of DHLA, indicating that no significant conformational change of
245 HSA occurs, thus confirming the results obtained by spectrofluorimetry (Figure 3A). On the
246 other hand, the absorption spectrum of DHLA shows both blue shift of its peak and the reduction
247 of its intensity in the presence of HSA (Figure 3B). Similar effect was previously observed upon
248 DHLA binding to fibrinogen (Gligorijević, Šukalović, Penezić, & Nedić, 2020) and upon
249 binding of 2-amino-6-hydroxy-4-(4-N,N-dimethylaminophenyl)-pyrimidine-5-carbonitrile to
250 BSA (Suryawanshi, Walekar, Gore, Anbhule, & Kolekar, 2016). Change in the absorption
251 spectrum of DHLA is an additional proof that it forms a complex with HSA.

252

253 Protein structure is often affected by ligand binding. Some ligands induce more ordered
254 structure, others more disordered, and some have no effect. HSA contains only α -helices as
255 elements of the secondary structure. It was shown that binding of PCB and amoxicillin to HSA
256 increase its content of α -helices (Radibratovic et al., 2016; Yasmeen, Riyazuddeen, & Rabbani,
257 2017), while binding of plumbagin, safranal and crocin decrease it (Qais, Husain, Khan, Ahmad,
258 & Hassan, 2020; Salem et al., 2019). The obtained far-UV CD spectra of HSA (Figure 4A) show
259 a typical signal of the protein where α -helices are dominant, with characteristic negative wide
260 peak in the range from 209 to 220 nm. As it can be seen from this figure, no significant change in
261 the secondary structure of HSA occurs upon binding of DHLA, even when the concentration of
262 DHLA is ten times larger than HSA. Tertiary structure of HSA is also unaltered due to DHLA
263 binding since near-UV CD spectra are practically the same in pre presence of all tested DHLA
264 concentrations (Figure 4B).

265 *Stability of HSA-DHLA complex*

266 Factors that may affect melting point of a protein, besides its structure, include the presence of
267 bound molecules as well as their structure. When a complex forms, new interactions establish
268 that may contribute to altered thermal stability of a protein. In the case of HSA, free protein has
269 T_m of approximately 62 °C, while bound fatty acids increase its thermal stability reaching T_m
270 from 64 to 72 °C (Lang & Cole, 2015). Certain ligands, such as PCB and embelin, also increase
271 thermal stability of HSA (Radibratovic et al., 2016; Yeggoni, Rachamalla, & Subramanyam,

272 2016). On the contrary, some drugs, such as amoxicillin, decrease thermal stability of HSA upon
273 binding (Yasmeen et al., 2017). Commercial HSA used in this study had T_m of 68 °C. In the
274 presence of DHLA, T_m of HSA increases to 70 °C (Figure 4C). Even though DHLA didn't
275 change the structure of HSA significantly upon binding (Figures 4A and 4B), it seems that new
276 interactions in this complex additionally thermally stabilized the protein.

277 Increased T_m of HSA in the presence of DHLA indicates that rigidity in the protein structure
278 increases, which may affect its susceptibility to proteolytic cleavage. In order to be proteolyzed,
279 peptide bonds in the protein need to be flexible and exposed enough to enable its accurate
280 accommodation in the active site of a protease. Some ligands, such as bilirubin, reduce the
281 susceptibility of HSA to cleavage by trypsin (Sjödin, Hansson, & Sjöholm, 1977). According to
282 the results of this study, it seems that DHLA, although it thermally stabilizes HSA, has no
283 significant effect on HSA proteolysis by trypsin (Figure 4D). Thus, it may be expected that the
284 formation of HSA-DHLA complex will not have significant (if any) effect on the protein half-
285 life in circulation in respect to proteolysis. The first and the dominant fragment of HSA resulting
286 from proteolysis by trypsin is the one at about 50 kDa, while other fragments with lower
287 concentrations and molecular masses appear later. This finding is in accordance with the already
288 published data (Radibratovic et al., 2016).

289 *Molecular modeling*

290 Binding site IIA consists of a binding pocket deeply embedded in the core of the subdomain that
291 is formed by all six helices of the subdomain and the loop-helix residues 148-154 of IB (Ghuman
292 et al., 2005). Pocket interior is predominantly hydrophobic, apart from the two clusters of polar
293 residues (Tyr150, His242, Arg257 and Lys195; Lys199, Arg218 and Arg222).

294 Induced fit docking simulation results have shown that DHLA binds to HSA BS II site (Figure
295 5). The energetically most favorable conformation of the docked pose has showed that the key
296 interactions are salt bridges formed by DHLA carboxyl group with Arg18 and Arg222 of HSA,
297 followed by hydrogen bonds formed between DHLA sulfhydryl group and Arg257, Ser287
298 (Figure 5). Molecular docking analysis suggested that DHLA binds at Sudlow I site in a defined
299 conformation, thus favoring interactions with specific amino residues. Having in mind that
300 DHLA has high torsional flexibility due to nine dihedral angles which give many possible
301 rotamers (Vigorito, Calabrese, Paltanin, Melandri, & Maris, 2017), a recorded change in the
302 absorption spectrum (Figure 3B) could point to a DHLA-conformational shift towards rotamers
303 with the highest probability of being bound to HSA.

304 To verify docking simulation results, DHLA-HSA interactions were monitored throughout 50 ns
305 molecular dynamic simulation. MD starting point was the best conformation obtained in docking
306 stage. The obtained MD trajectory was analyzed both in terms of complex stability and the
307 persistence of key DHLA-HSA interactions over simulation time period.

308 The observed RMSD values for HSA show that simulation has equilibrated, fluctuations fall
309 within 1 – 2.5 Å range suggesting minor conformational changes during simulation (Figure 6A).

310 Monitored HSA-DHLA interactions showed that key interaction is a salt bridge formed between
311 DHLA carboxyl group and Arg218. This interaction is present over 93% of simulation time,
312 making it crucial for DHLA binding to HSA and it also indicates correct orientation of DHLA
313 inside the BS. Salt bridge with Arg218 is reinforced by interaction with Arg222 (42% of
314 simulation time). Once DHLA is in correct position in the BS, additional hydrogen bonds
315 between sulfhydryl group and Ser287, Arg257 are established. Those hydrogen bonds are
316 maintained for a 10% (Ser287) and 7% (Arg257) of total simulation time (Figure 6B). All other
317 interactions are observed for less than 5% of total simulation time (Supplementary Figure 1).

318 HSA can be modified by oxidation, and slight structural alterations, resulting from this chemical
319 modification, cause an impairment of HSA functions, including its ligand binding ability
320 (Kawakami et al., 2006). Redox state of Cys34 on HSA can also influence its binding properties
321 (Oetl & Stauber, 2007). Considering its high concentration and the capacity to bind wide range
322 of drugs, changes in binding properties of HSA may have a significant impact on
323 pharmacokinetic and pharmacodynamic (PKPD) characteristics of prescribed drugs. DHLA was
324 shown to be able to protect serum albumin from glycation (Kawabata & Packer, 1994),
325 methylglyoxal modification (Sadowska-Bartosz, Galiniak, & Bartosz, 2014) and it can protect
326 Cys34 from oxidation (Atukeren et al., 2010). Thus, by binding to HSA, DHLA can directly
327 protect HSA from oxidation and, at the same time, keep the binding and antioxidative properties
328 of HSA unaltered. Since it is used as a food supplement, a detailed PKPD knowledge on DHLA
329 is very important, including information on its binding partners in the circulation. Besides HSA,
330 fibrinogen was also shown to bind DHLA with a similar affinity (Gligorijević et al., 2020).

331 **CONCLUSION**

332 The obtained results describe in detail the binding of DHLA to HSA for the first time.
333 Experimental results have shown that binding site IIA or Sudlow I is the preferential binding site
334 for DHLA. Molecular docking analysis and dynamics confirmed the ability of Sudlow I site to
335 accommodate DHLA and that the formed complex is stable. The binding of DHLA doesn't alter
336 significantly the structure of HSA, although it stabilizes the protein itself to some extent. HSA
337 susceptibility to proteolytic cleavage by trypsin remains the same in the presence of DHLA, thus
338 no change of HSA half-life in the circulation (regarding proteolysis) is expected. The reported
339 results expand the knowledge on PKPD properties of DHLA and offer a future perspective for
340 further investigations regarding the use of DHLA as a dietary intervention. Furthermore, the
341 obtained results raise concerns whether alpha-lipoic acid and DHLA are sufficiently beneficial as
342 a part of the proposed treatment protocol of patients with COVID-19 who are receiving warfarin
343 therapy as well, due to their competitive binding and lower affinity of HSA for these antioxidants
344 than for warfarin.

345 **Acknowledgments:** This research was funded the Ministry of Education, Science and
346 Technological Development of the Republic of Serbia, contract numbers: 451-03-68/2020-
347 14/200019 and 451-03-68/2020-14/200026. There is no conflict of interest regarding this study.

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470

471 **FIGURE LEGENDS**

472 **Figure 1.** Binding analysis of HSA and DHLA using spectrofluorimetry. Fluorescence emission
473 spectra of HSA (excited at 280 nm) in the presence of increasing concentrations of DHLA (A).
474 Stern-Volmer plot (B) and plot used for the determination of the binding constant between HSA
475 and DHLA (C) obtained using fluorescence emission maximum of HSA at 338 nm. Van't Hoff's
476 graph obtained by calculating the binding constant between HSA and DHLA at three different
477 temperatures (D).

478 **Figure 2.** Determination of a binding site of DHLA on HSA. Synchronous fluorescence spectra
479 of HSA with $\Delta\lambda = 60$ nm for Trp (A) and $\Delta\lambda = 15$ nm for Tyr (B) in the presence of increasing
480 concentrations of DHLA. Fluorescence emission spectra of warfarin (excited at 280 nm) in the
481 absence and in the presence of HSA, as well as in the presence of HSA and DHLA at
482 warfarin/DHLA molar ratios of 2/1 and 1/1 (C).

483 **Figure 3.** Analysis of structural alterations of HSA and DHLA due to mutual binding. Far-UV
484 CD (A) and near-UV CD (B) spectra of HSA alone and in the presence of increasing
485 concentrations of DHLA. UV absorption spectra of HSA alone and in the presence of increasing
486 concentrations of DHLA (C). UV-VIS absorption spectra of DHLA alone and in the presence of
487 HSA (D).

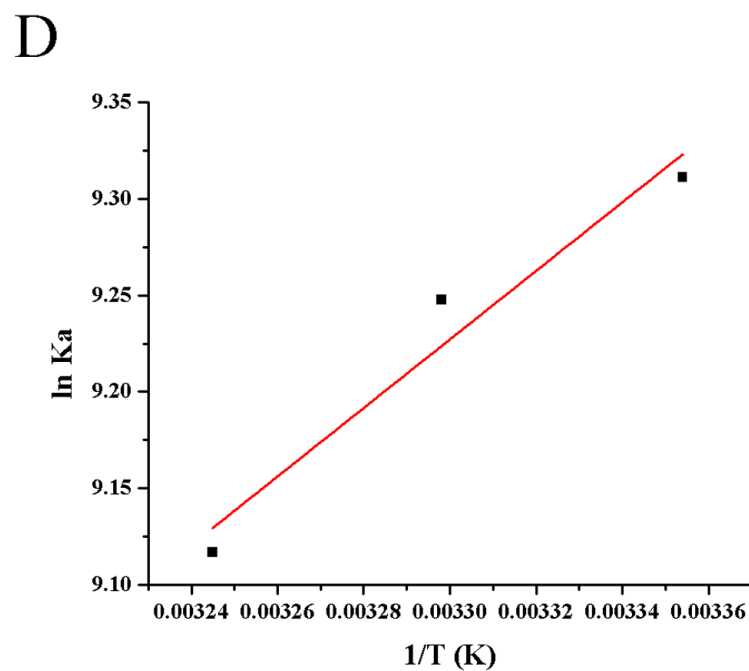
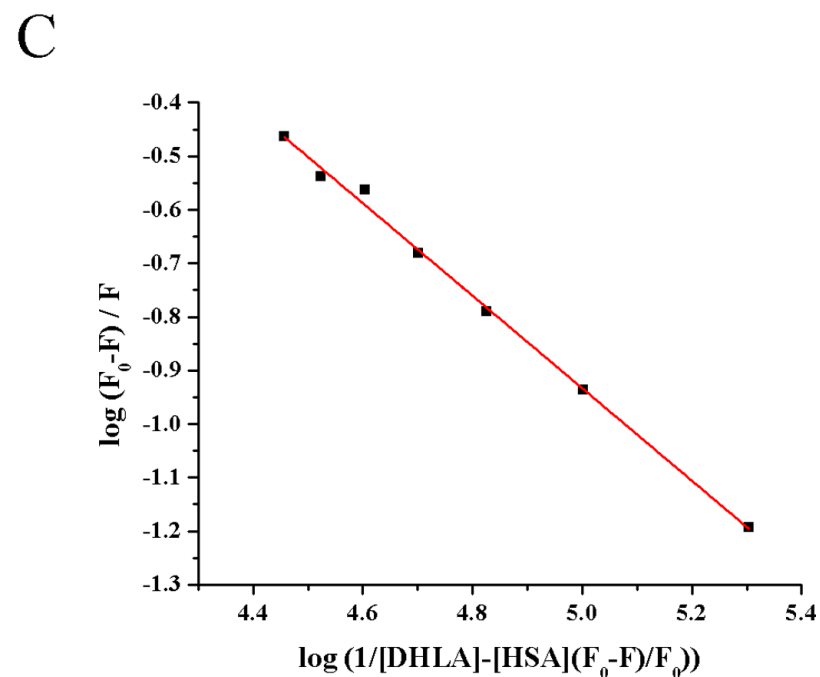
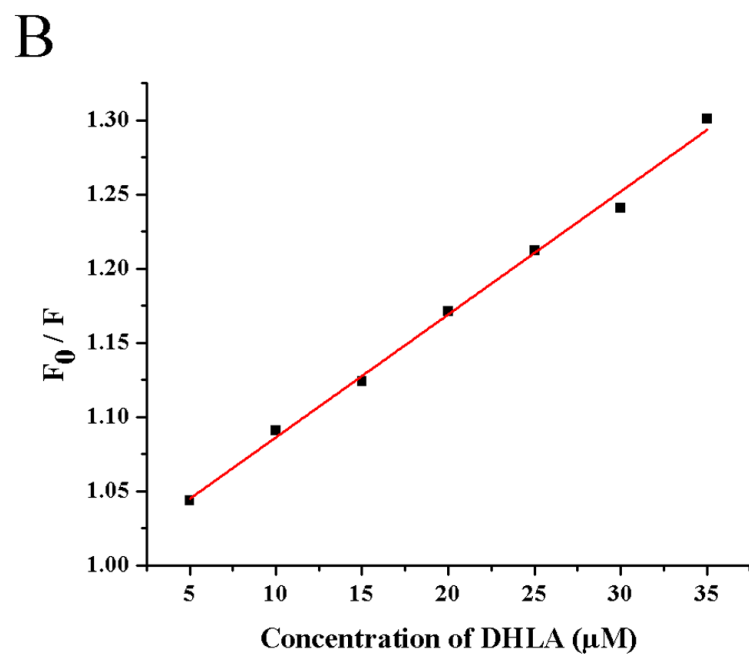
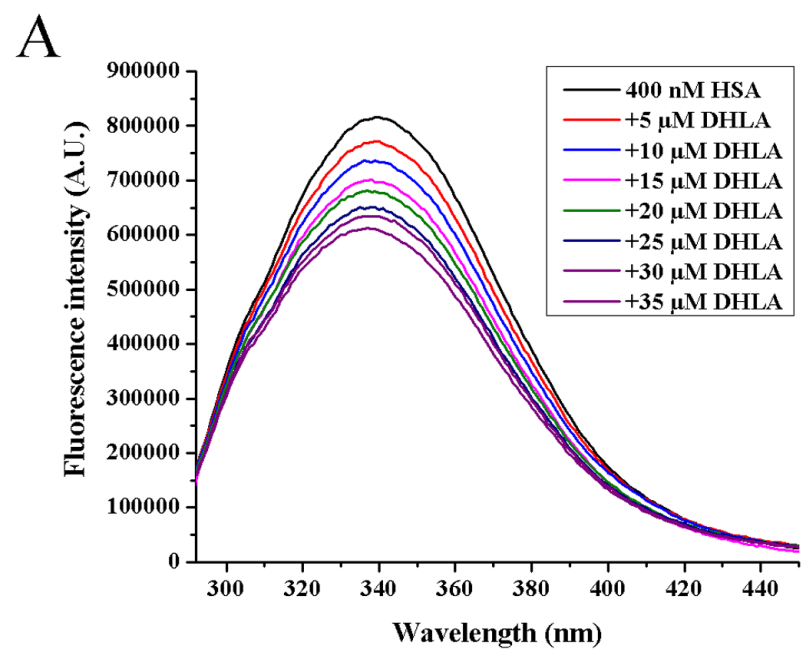
488 **Figure 4.** Analysis of temperature stability of HSA alone and in the presence of DHLA (A).
489 Analysis of HSA digestion by trypsin in the absence (lanes 1-5, samples taken after 1, 5, 10, 20
490 and 30 min of proteolysis) and in the presence of DHLA (lanes 6-10) by reducing SDS-PAGE on
491 12 % gel (B).

492 **Figure 5.** An overview of HSA with DHLA docked into BS II . Domains are color coded and
493 represented as secondary structure ribbons. BS II composition and key interactions diagram . All
494 amino acid residues in close contact with DHLA are displayed, with key amino acid residues
495 marked.

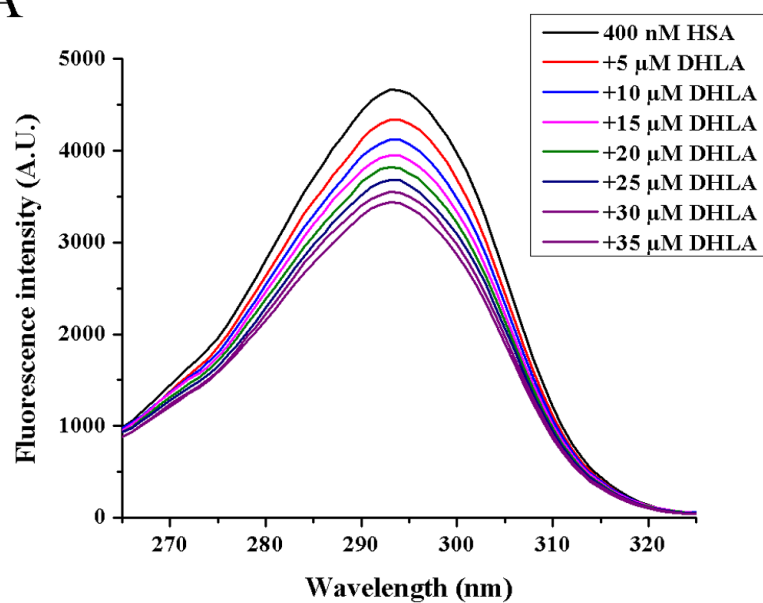
496 **Figure 6.** HSA and DHLA RMSD plot (A) and the observed key interactions during 50 ns
497 simulation time (B).

498 **Supplementary Figure 1.** Summary of DHLA-HSA interactions observed during 50 ns
499 simulation time. Each orange line represents one established interaction during 1 ns time frame.

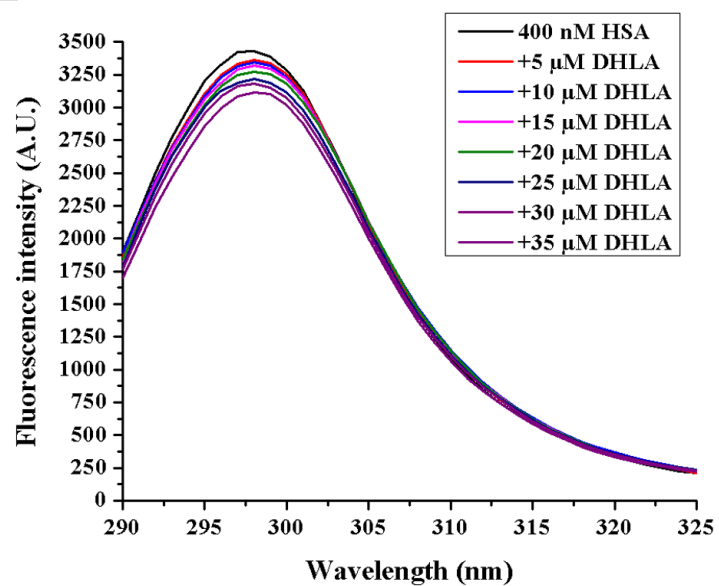
500



A



B



C

