1	Beyond broadband: towards a spectral
2	decomposition of EEG microstates
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10	Keywords: EEG; microstates; topography; Resting state; eyes
11	closed ; eyes open ; alpha; mutual information
12	
13	Highlights:
14	• Microstate topographies are similar across standard EEG
15	bands.
16	• The temporal dynamics of microstate topographies are
17	independent across standard EEG bands
18	Band-specific microstate analysis may reveal more specific
19	and/or novel effects compared to broadband microstate
20	analysis
21	
22	Abstract
23	Microstate (MS) analysis takes advantage of the
24	electroencephalogram's (EEG) high temporal resolution to
25	segment the brain's electrical potentials into a temporal
26	sequence of scalp topographies. Originally applied to alpha
27	oscillations in the 1970s, MS analysis has since been used to
28	decompose mainly broadband EEG signals (e.g. 1-40 Hz). We

29 hypothesized that MS decomposition within separate, narrow 30 frequency bands could provide more fine-grained information for capturing the spatio-temporal complexity of multichannel 31 EEG. In this study using a large open-access dataset (n=203), 32 33 we pre-filtered EEG recordings into 4 classical frequency bands 34 (delta, theta, alpha, beta) in order to compare their individual 35 MS segmentations using mutual information as well as 36 traditional MS measures. Firstly, we confirmed that MS 37 topographies were spatially equivalent across all frequencies, matching the canonical broadband maps (A, B, C, and D). 38 39 Interestingly however, we observed strong informational 40 independence of MS temporal sequences between spectral bands, together with significant divergence in traditional MS 41 42 measures (e.g. mean duration, time coverage). For instance, MS sequences in the alpha-band exhibited temporal independence 43 from sequences in all other frequencies, whilst also being 44 45 longer on average (>100 ms). Based on a frequency vs. map 46 taxonomy (e.g.  $\Theta A$ ,  $\alpha C$ ,  $\beta B$ ), narrow-band MS analyses revealed 47 novel relationships that were not evident from the coarsegrained broadband analysis. Overall, our findings demonstrate 48 the value and validity of spectral MS analysis for decomposing 49 50 the full-band EEG into a richer palette of frequency-specific 51 microstates. This could prove useful for identifying new neural 52 mechanisms in fundamental research and/or for biomarker 53 discovery in clinical populations.

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# 56 1 Introduction

57 Multi-channel Electroencephalography (EEG) is a long-established tool for 58 exploring the human brain's spatio-temporal activities. Microstate (MS) 59 analysis [1], first introduced by Lehmann [2] in 1971, takes advantage of EEG's high temporal resolution to segment EEG signals into short 60 61 successive periods of time characterized by metastable scalp 62 topographies. Initially applied to narrow-band alpha oscillations (8 -12 Hz)[2], microstate analysis is nowadays usually performed on broadband 63 EEG signals (1 – 40Hz) [1], [3]. Historically, only a limited number of 64 65 studies [4]–[6] have focused on applying MS analysis to the traditional frequencies associated with cortical oscillations (e.g. delta, theta, alpha, 66 beta etc.). For example, in the 1990's, Merrin et al [4] were the first to 67 report on a significant difference in MS segments between schizophrenic 68 patients and controls specifically in the theta EEG band. On the other hand, 69 more recent work in healthy subjects found that MS dynamics were 70 71 independent of EEG power fluctuations across the frequency spectrum [7], 72 which technically supported the rationale for performing broadband MS analysis. Neuroimaging studies have nevertheless emerged showing that 73 74 anatomically-distinct cortical regions display different dominant EEG 75 frequencies, with occipito-parietal regions more active in the alpha band, and prefrontal regions being biased more toward delta or theta power 76 77 [8]–[10]. Moreover, ongoing cortical dynamics have been reported to fluctuate from a local resting/idling alpha oscillatory state to task-specific 78 79 active mode(s) dominated by other rhythms (e.g. theta [11], gamma [12] ). As a consequence, cortical regions could combine different frequencies 80 for integrating/segregating information across large-scale networks, a 81 phenomenon termed "oscillatory multiplexing" [13]. Finally, of more 82 clinical significance, a growing body of work has indicated abnormal EEG 83

spectral power in distinct frequencies across cortical regions in a variety
of brain disorders [14], [15]. Therefore, given that different spatial
topographies uncovered by MS analysis imply anatomically-distinct
cortical generators (according to the forward-model of EEG generation
[1]), it is reasonable to hypothesize that distinct MS topographies may
display different spatial and/or temporal profiles across the frequency
spectrum.

To investigate this question as well as gain a deeper understanding of frequency-specific MS signature(s), we sought to explicitly decompose MS spatio-temporal dynamics within *discrete, narrow-band frequency bands* (i.e. delta, theta, alpha, and beta), with the aim of comparing them to the classical analysis of the broadband signal.

Here, we employed a validated, open-source dataset [16] of resting-96 state EEG recordings from 203 healthy subjects during both eyes opened 97 and eyes closed conditions. These were then filtered in the classical EEG 98 99 bands (delta: 0-4 Hz, theta: 4-8 Hz, alpha: 8-12 Hz, beta: 15-30 Hz) to obtain band specific signals. These narrow-band signals, in addition to the 100 101 broadband (1-30 Hz) signal, were then independently subjected to standard microstate analysis [17]. Map topography, mean duration, 102 103 occurrence, time coverage, and global explained variance (GEV) were used as quantitative measures of spatiotemporal microstate dynamics. In 104 summary, and using spatial correlation analysis, we firstly demonstrate 105 remarkably similar microstate topographies across frequencies, closely 106 107 matching the classical broadband maps. Interestingly, however, we observed strong informational independence of microstate sequences 108 between frequencies, in addition to significant differences in established 109 measures of temporal dynamics (mean duration, occurrence, and time 110 coverage). 111

In conclusion, our results support a more diverse, frequency-specific application of microstate analysis compatible with the narrow-band MS analyses of early pioneers [2], [4]. We anticipate this approach to provide a more fine-grained spectral information not visible to the standard broadband analysis, for example in the identification of biomarkers in clinical populations or for understanding the mechanisms underlying EEG microstates.

## 119 2 Methods

### 120 **2.1 Dataset**

121 EEG recordings were obtained from 203 anonymized participants 122 enrolled in the Mind-Brain-Body study [16]. Detailed protocol and 123 inclusion criteria are reported in [16]. The overall sample consisted of 227 participants divided into 2 groups: the younger adults group with 124 participant age ranging between 20 and 35 years (N = 153, 45 females, 125 126 mean age = 25.1 years, SD = 3.1) and an older adults group with age 127 ranging between 59 and 77 years (N = 74, 37 females, mean age = 67.6 128 years, SD = 4.7). Medical and psychological screening was conducted on all 129 participants at the Day Clinic for Cognitive Neurology of the University 130 Clinic Leipzig and the Max Planck Institute for Human and Cognitive and Brain Sciences in order to include only healthy patients. The study 131 132 protocol was approved by the ethics committee of the University of 133 Leipzig (reference

134 154/13-ff). Data were obtained in accordance with the Declaration of135 Helsinki.

## 136 2.2 Recordings

Resting state EEGs were recorded using 61 scalp electrodes (ActiCAP, 137 Brain Products GmbH, Gilching, Germany), and one additional VEOG 138 139 electrode for recording right eye activity. All electrodes were placed according to the international standard 10-20 extended localization 140 system with FCz reference, digitized with a sampling frequency of fs=2500 141 Hz,an amplitude resolution of 0.1 microV ,and bandpass filtered between 142 0.015Hz and 1 kHz. The ground was located at the sternum and scalp 143 144 electrode impedance was kept below 5 K $\Omega$ . Recordings took place in an 145 electrically shielded and sound-attenuated EEG booth. Here, 60s blocks alternated between eyes open (EO) and eyes closed (EC) conditions for a 146 total recording of 16 min (8 blocks EC, 8 blocks EO, starting with EC). 147 148 During the EO condition, participants were asked to stay awake while fixating their eyes on a black cross presented on a white background. 149

## 150 2.3 Prepocessing

The prepossessing steps are extensively described in [16], which we 151 152 summarize below. All EEG recordings were down-sampled from 2500 to 250 Hz and filtered between 1 and 45Hz (8th order, Butterworth filter). 153 Blocks sharing the same condition were concatenated leading to the 154 creation of 2 datasets per subject. After visual inspection, outlying 155 channels were rejected and EEG segments presenting noise and/or 156 artefacts were removed (except eye movements and eye blinks that were 157 158 kept for further prepossessing). PCA was used to reduce data 159 dimensionality, by keeping PCs ( $N \ge 30$ ) that explain 95% of the total data variance. Then, independent component analysis (ICA) was performed 160

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using the Infomax (runica) algorithm. Components reflecting eyemovement, eye blink or heartbeat related artefacts were removed.

163 Before performing microstate analysis, the following additional prepossessing steps were conducted using MNE-python [18]: missing/bad 164 channels were interpolated using spherical spline interpolation, the 165 166 reference was re-projected to average and recordings were down-167 sampled to 100Hz. Finally, each recording was filtered into broadband plus the 5 traditional EEG frequency bands: broadband (1-30 Hz), delta (1-168 4 Hz), theta (4-8 Hz), alpha (8-12 Hz), beta (15-30 Hz). Filter design 169 consisted of a two-pass forward and reverse, zero-phase, non-causal band-170 171 pass FIR filter with the following parameters.

Broadband: - Lower passband edge: 1.00 - Lower transition
bandwidth: 1.00 Hz (-12 dB cutoff frequency: 0.50 Hz) - Upper passband
edge: 30.00 Hz

- Upper transition bandwidth: 7.50 Hz (-12 dB cutoff frequency: 33.75 Hz)

176 Filter length: 331 samples (3.310 sec)

Delta: - Lower passband edge: 1.00 - Lower transition bandwidth: 1.00
Hz (-12 dB cutoff frequency: 0.50 Hz) - Upper passband edge: 4.00 Hz Upper transition bandwidth: 2.00 Hz (-12 dB cutoff frequency: 5.00 Hz) Filter length: 331 samples (3.310 sec)

181**Theta**: - Lower passband edge: 4.00 - Lower transition bandwidth: 2.00

182 Hz (-12 dB cutoff frequency: 3.00 Hz) - Upper passband edge: 8.00 Hz -

183 Upper transition bandwidth: 2.00 Hz (-12 dB cutoff frequency: 9.00 Hz) -

184 Filter length: 165 samples (1.650 sec)

Alpha: - Lower passband edge: 8.00 - Lower transition bandwidth: 2.00
Hz (-12 dB cutoff frequency: 7.00 Hz) - Upper passband edge: 12.00 Hz Upper transition bandwidth: 3.00 Hz (-12 dB cutoff frequency: 13.50 Hz) -

188 Filter length: 165 samples (1.650 sec)

- 189 **Beta**: Lower passband edge: 15.00 Lower transition bandwidth: 3.75
- 190 Hz (-12 dB cutoff frequency: 13.12 Hz) Upper passband edge: 30.00 Hz -
- 191 Upper transition bandwidth: 7.50 Hz (-12 dB cutoff frequency: 33.75 Hz) -
- 192 Filter length: 89 samples (0.890 sec)
- 193 For all filters, a Hamming window with 0.0194 passband ripple and 53
- 194 dB stopband attenuation was used to reduce border effects.

## 195 2.4 MS segmentation

#### 196 2.4.1 Segmentation

Microstate segmentation was applied to each combination of frequency 197 band (broadband, delta, theta, alpha, beta) x behavioural condition (EO, 198 199 EC) leading to the computation of 10 optimal clusters using the 200 methodology described below. First, local maxima of the Global Field 201 Power (GFP) known to represent portions of EEG data with highest signal 202 to noise ratio [19], were extracted from each individual recording. Then, 203 20 epochs of 500 time points randomly drawn from the previous 204 extraction were submitted to a modified k-means cluster analysis using 205 the free academic software Cartool [20]. For each number of cluster centers K ranging from 1 to 12, 50 k-means initialisations were applied to 206 207 each epoch. The initialisation with highest global explained variance 208 (GEV) was selected and kept for further processing. A meta-criterion [21] 209 was used to choose the optimal number of cluster centers k for each epoch. Individual optimal clusters were then merged within conditions and 210 within frequencies to form 10 groups of 4060 clusters. Each group was 211 212 then randomly re-sampled into 100 epochs of 5000 time points, and 213 submitted to the same clustering algorithm (50 initialisations, with meta 214 criterion selection), leading to the extraction of 100 optimal clusters per 215 group. Finally, these 100 clusters were submitted to the modified K means clustering algorithm to extract, for each number of cluster centroids k, a
set of maps which best represent the spatiotemporal variance of
frequency specific EEG data within each condition.

#### 219 Selection of "common" MS maps

Given that we found high spatial correlations between MS maps across all 220 221 frequencies and EO/EC conditions, we fitted the broadband maps directly 222 to all the frequency bands in order to have a common reference. This may 223 be considered a heuristic approach for the sake of simplicity. An alternative approach we explored was to perform subject-level (i.e. 1st 224 225 level) clustering on all data concatenated within-subject (across 226 frequencies, and/or conditions), followed by group-level (i.e. 2<sup>nd</sup>-level ) 227 clustering. We found this to once again produce identical maps to the 228 broadband decomposition. This method could theoretically be used to find 229 the most "common" clusters across different datasets, in case of variable k-means outputs (e.g. visually similar MS maps at different k-values). Since 230 231 it is beyond the scope of this paper, we leave it to future studies to validate this method more rigorously. 232

#### 233 **2.4.2 Fitting**

The common topographic maps selected above were then assigned to 234 235 every time point from all individual recordings using the traditional MS 236 back-fitting method [22]. First, the spatial correlation was computed between every timepoint and map. Using the so called 'winner takes all' 237 238 algorithm, each timepoint was labelled according to the map with which it 239 shared the highest absolute spatial correlation. Timepoints were labelled as "non-assigned" when the absolute spatial correlation was below r < 0.5 240 threshold. To ensure temporal continuity of MS segmentation, a 241

smoothing step [17], [20] was applied. Finally, segments with duration shorter than 3 samples (30ms) were assigned to neighbouring segments using the following rule: the segment was split into two parts, where each part was assigned to the neighbouring segment with the higher spatial correlation. With backfitting completed, we extracted 4 spatiotemporal parameters for each microstate map, namely:

Global explained variance (Gev) described as the sum of variances of
the original recording explained by the considered microstate map
weighted by the Global Field Power at each moment in time. Units are
percentages (%) between 0 and 1.

252 **Mean spatial correlation** (MeanSpatCorr) defined as the mean spatial 253 correlation value between the assigned MS map and actual scalp 254 topography at each timepoint. This results in a correlation coefficient  $0 \le r$ 255  $\le 1$ .

Mean duration (MeanDurs), defined as the mean temporal duration ofsegments assigned to each MS map. Units are in seconds (s).

Time coverage (TimeCov) is the ratio of time frames assigned to each
MS map relative to the total number of time frames from the recording.
Results are Units are percentages (%) between 0 and 1.

## 261 2.5 Adjusted Mutual information score

Scikit-learn [23] implementation of the adjusted mutual information score (AMI) [24] was used to quantify the mutual information (MI) shared between different MS temporal segmentations, whilst simultaneously accounting for random overlap due to chance. This metric, bounded between 0 and 1, is used to evaluate the statistical (in)dependence of two variables. In our case, AMI is estimated between the symbolic sequences of two different microstate segmentations (e.g. ABDCADB vs ABDBDAC).

A high score (approaching 1) indicates that the two segmentations agree on the temporal order of all labels while a low score (approaching 0) indicates that the segmentations' labels are not temporally aligned. We selected the corrected version of this metric in order to control for the impact of differences in label distribution due to chance (for example differences in overall time coverage between labels).

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## 276 **2.6 Statistics**

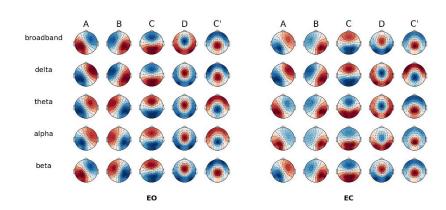
277 Statistical analyses were performed on the 4 main spatiotemporal 278 parameters (Global explained variance, Mean spatial correlation, Mean duration, Time coverage). Tests were conducted using a two sided 279 permutation test for equality of means on paired samples (same subject, 280 281 either between condition, either between frequencies) under the H0 hypothesis that both frequency (i.e. condition) share the same mean 282 against the alternative H1 that the distributions come from two different 283 populations. P-values were estimated by simulated random sampling with 284 10000 replications. As a large number of statistical tests were carried out 285 286 without specific pre-planned hypotheses [25], P values were corrected for multiple comparisons using the Bonferroni method. Corrected P-values 287 are reported in the Results section, as well as the observed means (m) of 288 289 both samples together with observed standard deviations. Effect sizes are 290 reported as the standardised difference of means using Cohen's d (d).

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## 292 **3 Results**

### **3.1 Spatial Similarity Analysis of Microstate Maps**

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Figure 1: MS segmentation parameters of MS topographies.
Global cluster centroids of each frequency band within each condition. Note
that polarity inversion is ignored in the classical analysis of spontaneous EEG.

300 Figure 1 illustrates the topographic results of MS segmentations in the different conditions and frequency bands. After visual inspection of 301 302 optimal clusters at different cluster numbers (k), we identified that a value 303 of k=5 revealed five MS topographies that were similar across all EEG 304 bands and behavioural conditions, consistent with recent findings from 305 our laboratory [21], [26], [27]. MS maps were designated in line with the canonical prototypes from the literature and their respective symbols, 306 307 featuring a left-right orientation (A), a right-left orientation (B), an anterior-posterior orientation (C), fronto-central maximum (D) and 308 309 occipito-central (C')maximum.

Given the additional frequency dimension, we labelled the MS maps firstly according to the Greek letters traditionally used for narrow-band

EEG (i.e.  $\delta$ ,  $\theta$ ,  $\alpha$ ,  $\beta$ ) and then the Latin alphabet for the canonical map symbols (i.e. A, B, C, D). For example,  $\alpha$ A denoted the left-right diagonal map from the alpha band ( $\alpha$ ) segmentation, and  $\delta$ C the anterior-posterior map from the delta band ( $\delta$ ) segmentation. The broadband segmentation was designated with the prefix 'bb'

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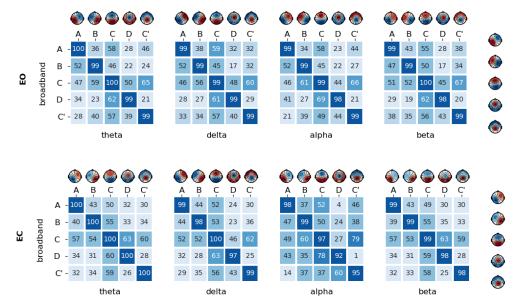




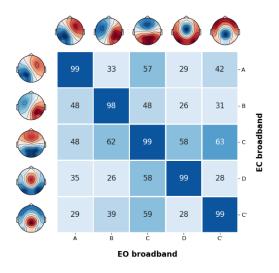
Figure 2: MS segmentation parameters of MS topographies.

Spatial correlation of cluster centers of each sub-frequency bands compared tobroadband for eyes opened (EO) and eyes closed (EC) condition.

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As shown in Figure 2, when comparing topographies between broadband and each narrow-band (i.e. the diagonal entries in the correlation matrix), all spatial correlations were r > 0.98. Consequently, we fitted the broadband maps directly to all the frequency bands in order to have a common reference.

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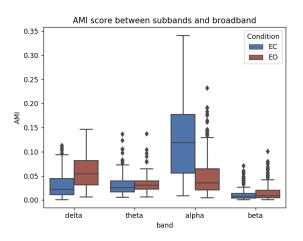
331 Figure 3: MS segmentation parameters of MS topographies.

332 Spatial correlation of broadband cluster centers between eyes opened (EO) and

- 333 eyes closed (EC) condition.
- 334

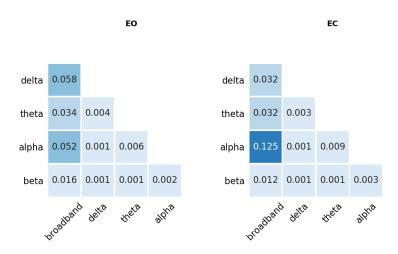
We similarly observed common MS maps when comparing broadband topographies between EO and EC conditions (Figure 3), with all intraclass spatial correlations exceeding r > 0.98, thus providing justification for comparing microstate parameters between behavioural conditions while fitting condition specific broadband maps.

## 340 3.2 Mutual information



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- 342 Figure 4: Adjusted mutual information between band segmentations.
- 343 Mean adjusted mutual information is depicted between broadband and narrow-
- band segmentations, for each behavioural condition. n = 203 subjects.



- Figure 5: Mean adjusted mutual information between bandsegmentations.
- 347 Mean (n = 203 subjects) adjusted mutual information for all frequency pairs.

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349 Concisely, Adjusted Mutual Information (AMI, bounded between 0 and 1) is an index of how similar two separate MS segmentations are, by 350 351 estimating the degree of shared information (i.e. the number of time 352 points assigned with the same MS) between their symbolic sequences (e.g. 353 ABCD vs ABDA). The 'adjusted' aspect ensures the measure is unbiased for 354 symbolic overlap(s) due to chance when cluster numbers are low (as is the case here given k=5) [24]. Higher AMI (approaching 1) indicates nearly 355 identical MS temporal sequences, while lower AMI (approaching 0) 356 indicates temporally independent sequences. (i.e. low overlap) 357

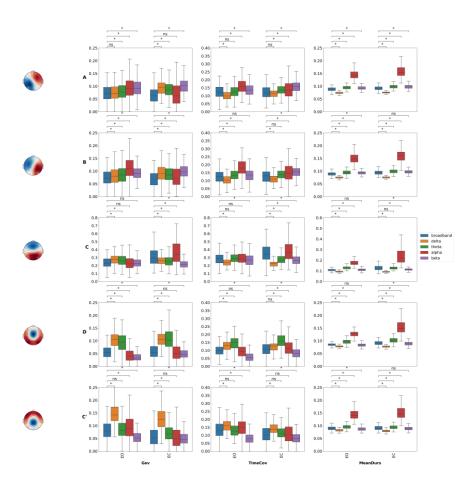
As shown in Figures 4 and 5, the AMI between broadband and narrow-358 359 band segmentations in the EO condition showed a value of s = 0.06 for 360 delta, s = 0.03 for theta, s = 0.05 for alpha, and s = 0.01 for beta. These values are surprisingly low and we can conclude that the broadband 361 segmentation is comparatively independent of the narrow EEG bands. A 362 363 similar conclusion can be made by examining the AMI between the 364 narrow-bands *themselves*, with a maximum AMI value between theta and 365 alpha bands (EO: s = 0.006, EC: s = 0.009), and a minimum AMI value of s = 0.001 for non-adjacent EEG bands (delta-alpha, delta-beta, theta-beta) 366

367 As a sanity check, inspecting the EO vs EC transition, shared 368 information with broadband decreased for the delta band (s = 0.03) but 369 increased for the alpha band (s = 0.12). The latter is in line with 370 predictions, as alpha oscillations are known to increase considerably 371 during eye closure, which would amplify their contribution to the 372 broadband signal and consequently their shared dynamics.

#### 373

## **374 3.3 Across Frequency comparison**

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377 Figure 6: MS segmentation parameters of MS topographies.

Mean global explained variance (Gev), microstate time coverage (time coverage)
and mean segment duration (MeanDurs, in s) within each microstate
configuration (A - C') for each frequency band (broadband, delta, theta, alpha,
beta) for both eyes closed condition and eyes opened condition. Significance

382 values are indicated from paired permutation test on mean between conditions.

383 ns: 0.05 < p, \* 0.01 < p <= 0.05.

Boxplots consist of median (Q2), first quartile (Q1), third quartile (Q3),
maximum (Q3 + 1.5\*(Q3 - Q1)), minimum (Q1 -1.5\*((Q3 - Q1). Scales of
Microstates C metrics are different from others states due to difference of order
of magnitude.

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All subsequent results were computed using paired permutation tests and
Bonferroni correction for c = 120 comparisons. In addition to Fig 6, pvalues and effect sizes are reported in Table 1 of the Supplementary
Results.

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In summary, only 23 of the 120 pairwise comparisons between broadband and narrow-band MS measures (Global explained variance (Gev), Mean spatial correlation, Mean duration (MeanDurs), Time coverage (TimeCov) *did not* meet the threshold for a statistical significant effect. As can be seen from Fig 6, these include Gev for  $\delta A$ ,  $\alpha C$ ,  $\beta C$ ,  $\theta C'$ , in EO and  $\alpha A$ ,  $\alpha D$ ,  $\alpha C'$ , in EC.

400 TimeCov for  $\theta A$ ,  $\beta B$ ,  $\theta C$ ,  $\alpha C$ ,  $\alpha D$ ,  $\theta C'$ , in EO and  $\delta A$ ,  $\theta B$ ,  $\delta D$ ,  $\theta C'$ ,  $\alpha C'$ , in EC. 401 MeanDurs for  $\beta C$ ,  $\beta D$ , in EO and  $\beta B$ ,  $\theta C$ ,  $\beta C'$ , in EC.

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The majority of pairwise comparisons with broadband (97) were found
to be statistically significant, some of them with large effect sizes, in
particular:

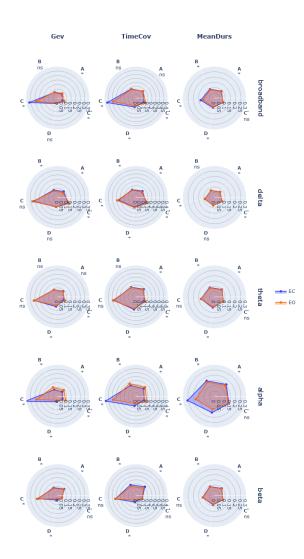
In the EC condition, mean duration of map A was longer (d = 3.38, p < 0.05) in alpha ( $\alpha$ A, 150 ms) compared to broadband (bbA, 90 ms). On the other hand, mean duration of map B was shorter (d = -2.08, p < 0.05) in delta ( $\delta$ B, 80 ms) compared to broadband (bbB, 90 ms), while map C duration was longer (d = 1.33, p < 0.05) in theta ( $\theta$ C, 130 ms) compared to

411	broadband (bbC, 110 ms). Relative time coverage of map D was lower (d
412	= -1.14, $p$ < .05) in beta ( $\beta$ D, 6 %) compared to broadband (bbD, 10%).
413	
414	In the EO condition, mean duration of map B was shorter (d = -1.69, $p$ <
415	0.05) in delta ( $\delta$ B, 74 ms) compared to broadband (bbB, 89 ms), but was
416	longer (d = 3.25, $p < 0.05$ ) in alpha ( $\alpha$ B, 151ms). In terms of time coverage,
417	map D had a lower (d = -1.14, $p$ < 0.05) presence in the beta band ( $\beta D$ , 5%)
418	compared to broadband ( <i>bbD</i> , 10%) while its presence was increased (d =
419	1.02, $p < 0.05$ ) in theta frequencies. ( $\theta D \ 15\%$ ) Microstate C' demonstrated
420	more explained variance (d = -1.44, $p$ < 0.05) in the delta band ( $\delta \mathcal{C}',$ 11%)
421	compared to broadband ( <i>bbC</i> ', 6%)
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## 424 **3.4 Within Frequency comparison**

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427 Figure 7: MS segmentation parameters of different frequency bands.

428 Mean global explained variance (Gev), microstate time coverage (time

429 coverage) and mean segment duration (MeanDurs, in s) for each microstate (A –

430 C') within each frequency band (broadband, delta, theta, alpha, beta) for both

431 eyes closed condition (EC, blue) and eyes opened condition (EO, red).
432 Significance values are indicated from paired permutation test on mean between
433 conditions.

- 434 *ns* : 0.05 < *p*, \* for 0.01 < *p* <= 0.05
- 435

In this section, we directly compared EO vs EC condition within each
frequency band, and only relevant cases where narrow-band measures
were distinctly different compared to the broadband analysis are reported
(Figure 7). The full results are documented in Table 2 of the
Supplementary Results.

For time coverage (TimeCov), map A was relatively more prevalent in EO vs EC in the alpha band (d = 0.57, p < .05) than for broadband (d = 0.24, p < .05). Conversely, map C coverage was less prevalent in alpha (sd = -1.00, p < .05) than broadband (d = -0.71, p < .05)

Some narrow-band effects were found to be opposite compared to broadband :  $\beta$ A TimeCov had decreased prevalence (d = -0.48, *p* < .05) in EO vs EC , while bbA TimeCov showed an increase (d = 0.24, *p* < .05).  $\beta$ C TimeCov had increased prevalence (d = 0.21, *p* < 0.05) in EO vs EC, while bbC TimeCov showed a decrease (d = -0.71, *p* < .05).

Finally significant EO vs EC effects were found in the narrow-band analyses which were not evident in the broadband case: a decrease (d = -0.31, p < 0.05) in Gev of map *B* was observed in the beta band while no significant effect was found for broadband. Likewise in beta, map A TimeCov was decreased (d = -0.51, p < 0.05) in EO vs EC, while broadband TimeCov was non-significant (p = 1.0, n.s.).

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## 457 **4 Discussion**

#### 458

459 Historically, the first microstate (MS) analysis was applied by Lehmann 460 and colleagues to narrowband (alpha) oscillations [2], yet this "frequencyspecific" approach appears to have been overlooked during the last 461 decades of MS research in favour of decomposing broadband (e.g. 2-40 462 Hz) EEG signals. Hence, the present study specifically explored the MS 463 464 characteristics of narrow-band EEG signals, their quantitative 465 interrelationship, and whether they provide any novel information 466 compared to course-grained broadband dynamics. This was done by first filtering the broadband EEG signal into several narrow-band frequencies 467 (delta, theta, alpha, and beta), with the goal of comparing MS symbolic 468 sequences and classical measures (explained variance, mean duration, 469 470 time coverage) between them, as well as across different behavioural 471 conditions (eyes open (EO) vs eyes closed (EC)).

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## 473 4.1 Topographic patterns

474 We first investigated whether analogous MS scalp topographies would be 475 produced by segmenting broadband versus narrow-band EEG signals 476 (including the alpha band [28]). Interestingly, we observed highly similar MS topographies (with minimum spatial correlations of r > 0.98) across all 477 investigated broad- and narrow- band frequencies (broadband, delta to 478 479 beta), as well as between EO/EC conditions. This is compatible with recent work by Brechet and colleagues [27], who observed that states of sleep 480 481 and wake exhibited significantly different spectral content (e.g. delta vs 482 beta power) but very similar MS maps. Moreover, these maps corresponded to the canonical (broadband) topographies previously 483 described in the literature [1], [29]. It is therefore tempting to assume that 484

485 identical neuronal sources are involved in generating the same 486 topographies across frequencies. However, although different maps imply different generators (forward problem), same topographies do not 487 necessarily imply identical generators (inverse problem). Due to the ill-488 489 posed nature of EEG signals (constructive and destructive electromagnetic 490 fields), similar scalp potentials can still be generated by different 491 underlying brain mechanisms [30]. Hence, although we cannot 492 unequivocally conclude that MS maps across the EEG spectrum are 493 generated by the same brain sources operate, this would be the most probable and parsimonious interpretation. Moreover, we must juxtapose 494 495 our findings with work from other groups [6] which applied a similar approach but didn't necessarily find the same topographies across the EEG 496 497 spectrum. From a methodological point of view, it should be kept in mind 498 that narrow-band MS analysis does not *per se* require similar topographies 499 between frequencies. In this case, although cross frequency comparisons would not be possible due to dissimilar maps, it would remain valid to 500 501 study and quantify spatiotemporal MS parameters within each frequency band separately, for example, in the service of clinical biomarker 502 503 discovery [4]. Reassuringly, the MS maps of our study replicate the ones derived from independent work utilising the same EEG dataset [3], further 504 505 supporting the reproducibility of MS analysis despite methodological 506 variations between studies (e.g. absence of resampling).

### 507 4.2 Mutual information

508 Milz and colleagues [28] recently proposed that alpha oscillations were 509 the major component driving microstate dynamics. In general, adjusted 510 mutual information (AMI) analyses reported in our work reveal low 511 values (near or below 0.1) of information shared between the narrow-512 band segmentations, including alpha, and that of the broadband 513 decomposition. However, consistent with the work of Milz and colleagues 514 [28], the alpha-band during eyes-closed (EC) did indeed have the highest shared information with broadband (around 0.125). 515 Importantly 516 however, this relationship did not necessarily hold during eyes-open 517 (delta being highest). This indicates specific narrow-band contribution(s) 518 to broadband dynamics heavily depend on behavioural state. Moreover, if 519 narrow-band(s) topographies were directly responsible for the origin of 520 the spatial distribution of the broadband signal, one would expect much 521 higher AMI values (at least 0.5) than those, we observed. In view of the results presented, it would be inaccurate to claim that alpha band, or any 522 523 other narrow-band as the dominant source of broadband topographies.

524 In contrast, our results appear to support the ideas of Croce and 525 colleagues [31], who suggested that broadband MS dynamics could not be 526 extrapolated from one or a subset of EEG frequency bands. It remains unclear how the interaction of several narrow-band-components leads to 527 528 a substantially different broadband MS decomposition. We speculate that 529 this might stem from the fact that i) different narrow band signals could 530 cancel each other at specific time points and ii) microstate assignment is 531 non-linear given the winner-takes all approach.

532 Lastly and most intriguingly, no significant informational interrelations were found between the narrow-band topographical dynamics 533 themselves (e.g. delta vs beta, theta vs alpha), indicating that each EEG 534 band appears to have has its own independent dynamics. This may not be 535 surprising, considering that spontaneous EEG oscillations have been 536 537 reported to dynamically switch from a resting signatures (e.g. alpha) to task-specific active mode(s) dominated by theta [11], beta [32] or gamma 538 activities [12]). In this context, our observations of spatiotemporal 539 independence between narrow-band EEG components support the 540 operation of "oscillatory multiplexing" [13] mechanisms in the cortex, 541

whereby brain regions could combine different frequencies for
integrating/segregating information across large-scale networks [33]

## 545 4.3 Classical microstate parameters

Microstates are defined as short periods of time during which the scalp 546 547 electric field remains quasi-stable. Traditional microstate analysis does 548 not suggest specific frequency filtering, thus resulting in various filters settings across studies [1]. Our findings show that quasi stable structures 549 550 (around 80ms or longer) are present in all studied bands. It is established that such spatiotemporal structures do not appear for randomly shuffled 551 552 EEG [34]. For most EEG narrow-bands, mean MS durations were usually in the same range as the typically reported 70–120 ms, but often longer 553 554 (for example, alpha in EC was about 150 ms). It is therefore interesting to consider the mechanistic links between the course-grained broadband 555 dynamics of the brain's microstates and the dynamics of different 556 frequency-specific modes. 557

### 558 **4.4 Between condition comparison: toward a**

### 559 systematic frequency decomposition of microstate

## 560 dynamics?

A total of about one third (22 of 75) of pairwise comparisons between eyes open and eyes closed conditions revealed significant effects. Within each frequency, between 14 (for alpha) and 8 (for theta) of the studied parameters were found significant. Compared to the narrow-band results, the classical broadband MS parameters had a higher effect size for only one parameter (broadband microstate B mean duration). For all other 14 567 parameters, at least one narrow-band component showed a relatively568 stronger effect size.

The addition of the frequency dimension therefore has the primary benefit of increasing the number of potential markers that could aid clinical prognosis or for the understanding of brain mechanisms. Hence, the extra frequency dimension could in itself lead to more fine-grained explorations of the multiplex EEG signal than the more general broadband analysis. It remains for future work to investigate the statistical power and effect sizes of these markers compared to those studied traditionally.

576 Moreover, narrow-band effects were sometimes found to be opposite 577 to the broadband analysis, hence limiting the analysis to the latter could 578 lead to incorrect or incomplete interpretations of underlying brain 579 dynamics. We expect that future studies will explore the 580 neurophysiological significance of narrowband MS analysis more deeply.

## 581 4.5 Potential Limitations and Future Work

We consider to current findings exploratory, considering the large number 582 583 of tests that were carried out and in the absence of well-defined 584 hypotheses. Nevertheless, we carried out Bonferroni correction, which 585 may be considered the most conservative method for controlling multiple 586 comparisons. Several studies have thus far proposed explanations for the origins of broadband MS topographies [7]. We feel it is still too early to 587 588 make analogies or speculations between these results and those of the 589 narrow-band dynamics. However, we believe that the application of the 590 methodology proposed here may lead to valuable insights in order to 591 more fully understand the underlying spectral tapestry of EEG 592 microstates.

# 593 **5 Conclusion**

594 Ultimately, we report a number of important new findings between the 595 classical broadband MS analysis, usually performed in the EEG field, and 596 its application to more narrow frequency bands relevant to cortical 597 oscillatory activities. In a nutshell, it appears that each canonical EEG 598 frequency band possesses its own spatiotemporal dynamics, and that 599 broadband dynamics cannot be appropriately explained by individual 600 narrow-band frequency components.

Analysis of narrow-band MS parameters revealed spatial and temporal 601 602 characteristics that both converged and diverged from broadband MS findings. At the very least, our results indicate that narrow-band analysis 603 604 is justified as complementary to the usual broadband MS analysis. A 605 narrow-band decomposition into frequencies more specific for cortical 606 oscillatory activity could not only advance and/or consolidate findings in 607 clinical disorders e.g. [4] [6], but also enable a better understanding of the 608 organization and functioning of large-scale brain dynamics.

## 609 Credit authorship contribution statement

- 610 Victor Férat: Conceptualization, Formal analysis, Methodology,
- 611 Visualization, Writing original draft, Writing review & editing.
- 612 Martin Seeber: Writing review & editing
- 613 Christoph Michel: Writing review & editing
- 614 Tomas Ros: Writing Conceptualization, Formal analysis, Methodology
- 615 review & editing.

## 616 Acknowledgments

- 617 We would like to thank the Mind-Body-Emotion group at the Max Planck
- 618 Institute for Human Cognitive and Brain Sciences for all the work they
- 619 have done to make their dataset public.
- 620 The study was supported by the Swiss National Science Foundation (NCCR
- 621 Synapsy grant No. 51NF40 185897 and grant No. 320030\_184677) to
- 622 CMM.
- 623

# 624 **Conflict of Interest Statement**

- 625 The authors declare that the research was conducted in the absence of any
- 626 commercial or financial relationships that could be construed as a
- 627 potential conflict of interest.
- 628

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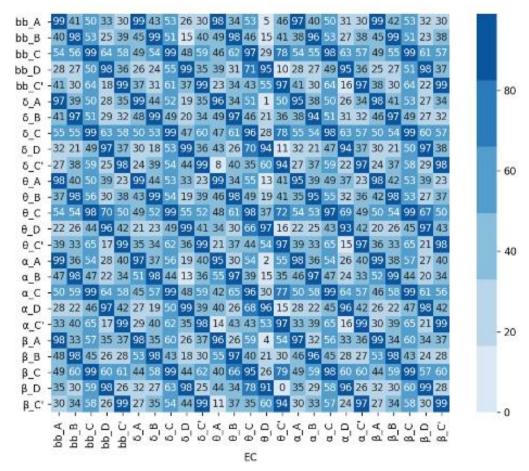
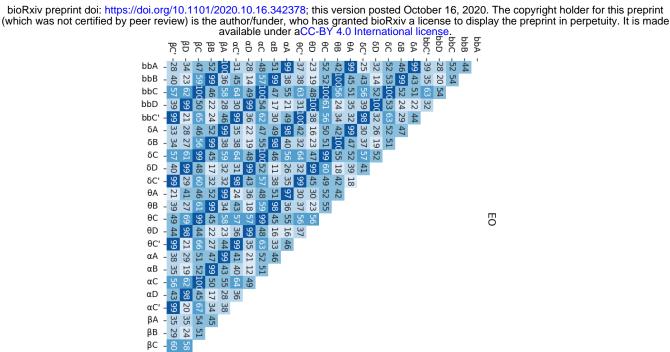


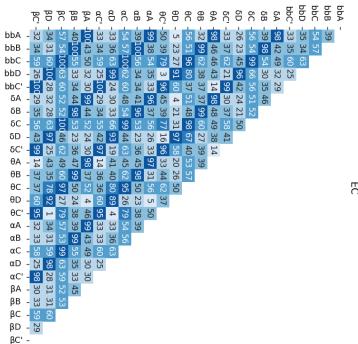
Figure : MS segmentation parameters of MS topographies.

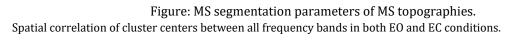
Spatial correlation of cluster centers between eyes opened (EO) and eyes closed (EC) condition across all frequency bands.

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			d	p	i				d	р
map	band1	metric		ľ		$_{\mathrm{map}}$	band1	metric		Ĩ
Α	alpha	Gev	0.57	0.02		Α	alpha	Gev	0.12	0.10
		MeanDurs	3.38	0.02				MeanDurs	3.25	0.02
		TimeCov	0.76	0.02				TimeCov	0.28	0.02
	beta	Gev	0.61	0.02			beta	Gev	1.12	0.02
		MeanDurs	0.47	0.02				MeanDurs	0.44	0.02
		TimeCov	0.23	0.02				TimeCov	0.83	0.02
	delta	Gev	0.11	1.00			delta	Gev	0.88	0.02
		MeanDurs	-1.80	0.02				MeanDurs	-2.00	0.02
		TimeCov	-0.66	0.02				TimeCov	-0.24	0.14
	theta	Gev	0.22	0.02			theta	Gev	0.66	0.02
		MeanDurs	0.62	0.02				MeanDurs	0.55	0.02
в	alaha	TimeCov	0.05	1.00		в	alaha	TimeCov	0.38	0.02
Б	alpha	Gev MeanDurs	$0.94 \\ 3.25$	$0.02 \\ 0.02$		Б	alpha	Gev MeanDurs	$0.22 \\ 2.91$	$0.02 \\ 0.02$
		TimeCov	5.25 1.13	0.02				TimeCov	0.38	0.02
	beta	Gev	0.56	0.02			beta	Gev	0.38	0.02
	Deta	MeanDurs	0.37	0.02			Deta	MeanDurs	0.19	0.14
		TimeCov	0.18	0.02				TimeCov	0.48	0.02
	delta	Gev	0.20	0.05			delta	Gev	0.60	0.02
		MeanDurs	-1.69	0.02				MeanDurs	-2.08	0.02
		TimeCov	-0.56	0.02				TimeCov	-0.49	0.02
	theta	Gev	0.32	0.02			theta	Gev	0.46	0.02
		MeanDurs	0.58	0.02				MeanDurs	0.43	0.02
		TimeCov	0.17	0.05				TimeCov	0.16	0.48
C	alpha	Gev	-0.06	1.00		С	alpha	Gev	0.34	0.02
		MeanDurs	2.31	0.02				MeanDurs	1.50	0.02
		TimeCov	0.00	1.00				TimeCov	0.16	0.02
	beta	Gev	-0.13	1.00			beta	Gev	-1.00	0.02
		MeanDurs	0.10	1.00				MeanDurs	-0.76	0.02
	dalta	TimeCov	-0.30	0.02			-l = 14 =	TimeCov	-1.00	0.02
	delta	Gev MeanDurs	$0.50 \\ -1.28$	$0.02 \\ 0.02$			delta	Gev MeanDurs	-0.48 -1.64	$0.02 \\ 0.02$
		TimeCov	-0.71	0.02 0.02				TimeCov	-1.53	0.02
	theta	Gev	0.31	0.02			theta	Gev	-0.50	0.02
	oneca	MeanDurs	1.33	0.02			0110000	MeanDurs	-0.08	1.00
		TimeCov	0.06	1.00				TimeCov	-0.83	0.02
C'	alpha	Gev	0.25	0.02		C'	alpha	Gev	0.00	1.00
	Ŷ	MeanDurs	2.41	0.02				MeanDurs	2.50	0.02
		TimeCov	0.25	0.02				TimeCov	0.05	1.00
	beta	Gev	-0.87	0.02			beta	Gev	-0.24	0.02
		MeanDurs	-0.30	0.02				MeanDurs	-0.20	0.24
		TimeCov	-1.10	0.02				TimeCov	-0.54	0.02
	delta	Gev	1.32	0.02			delta	Gev	1.52	0.02
		MeanDurs	-0.91	0.02				MeanDurs	-1.17	0.02
	41	TimeCov	0.45	0.02			41 4	TimeCov	0.63	0.02
	theta	Gev Maar Duur	0.06				theta	Gev Maar Daar	0.31	0.02
		MeanDurs	0.52	0.02				MeanDurs TimeCov	0.31	0.02
D	alpha	TimeCov Gev	-0.12 -0.40	$1.00 \\ 0.02$		D	alpha	TimeCov Gev	$0.07 \\ 0.02$	1.00 1.00
	aipna	Gev MeanDurs	-0.40 3.23	0.02 0.02			arpna	Gev MeanDurs	2.44	$1.00 \\ 0.02$
		TimeCov	-0.11	1.00				TimeCov	0.14	0.02
	beta	Gev	-0.91	0.02			beta	Gev	-0.40	0.02
		MeanDurs	-0.17	0.60				MeanDurs	-0.30	0.02
		TimeCov	-1.14	0.02				TimeCov	-0.73	0.02
	delta	Gev	1.44	0.02			delta	Gev	1.26	0.02
		MeanDurs	-0.91	0.02				MeanDurs	-1.47	0.02
		TimeCov	0.81	0.02				TimeCov	0.17	1.00
	theta	Gev	1.06	0.02			theta	Gev	1.15	0.02
		MeanDurs	1.06	0.02				MeanDurs	0.81	0.02
		TimeCov	1.02	0.02				TimeCov	0.87	0.02

Table 1: For both EO and EC condition, P values (p) and cohen's d (d) are reported for each test between broadband and band segmentation on each studied metric (Global explained variance, Mean duration, time coverage).

map	band	metric	d	р
A	alpha	Gev	0.12	0.10
	-	MeanDurs	3.25	0.02
		TimeCov	0.28	0.02
	beta	Gev	1.12	0.02
		MeanDurs	0.44	0.02
		TimeCov	0.83	0.02
	delta	Gev	0.88	0.02
		MeanDurs	-2.00	0.02
		TimeCov	-0.24	0.14
	theta	Gev	0.66	0.02
		MeanDurs	0.55	0.02
		TimeCov	0.38	0.02
В	alpha	Gev	0.22	0.02
	-	MeanDurs	2.91	0.02
		TimeCov	0.38	0.02
	beta	Gev	0.82	0.02
		MeanDurs	0.19	0.14
		TimeCov	0.48	0.02
	delta	Gev	0.60	0.02
		MeanDurs	-2.08	0.02
		TimeCov	-0.49	0.02
	theta	Gev	0.46	0.02
		MeanDurs	0.43	0.02
		TimeCov	0.16	0.48
С	alpha	Gev	0.34	0.02
	•	MeanDurs	1.50	0.02
		TimeCov	0.16	0.02
	beta	Gev	-1.00	0.02
		MeanDurs	-0.76	0.02
		TimeCov	-1.00	0.02
	delta	Gev	-0.48	0.02
		MeanDurs	-1.64	0.02
		TimeCov	-1.53	0.02
	theta	Gev	-0.50	0.02
		MeanDurs	-0.08	1.00
		TimeCov	-0.83	0.02
C'	alpha	Gev	0.00	1.00
	-	MeanDurs	2.50	0.02
		TimeCov	0.05	1.00
	beta	Gev	-0.24	0.02
		MeanDurs	-0.20	0.24
		TimeCov	-0.54	0.02
	delta	Gev	1.52	0.02
		MeanDurs	-1.17	0.02
		TimeCov	0.63	0.02
	theta	Gev	0.31	0.02
		MeanDurs	0.31	0.02
		TimeCov	0.07	1.00
D	alpha	Gev	0.02	1.00
	-	MeanDurs	2.44	0.02
		TimeCov	0.14	0.02
	beta	Gev	-0.40	0.02
		MeanDurs	-0.30	0.02
		TimeCov	-0.73	0.02
	delta	Gev	1.26	0.02
		MeanDurs	-1.47	0.02
		TimeCov	0.17	1.00
	theta	Gev	1.15	0.02
		MeanDurs	0.81	0.02
		TimeCov	0.87	0.02
			,	

Table 2: For each between conditions (EO/EC) test P values (p) and cohen's d (d) are reported for all combinations of band, map and metric.