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Small subpopulations of β -cells do not drive islet oscillatory [Ca²⁺] dynamics via gap junction communication

JaeAnn M. Dwulet¹, Jennifer K. Briggs¹, Richard K.P. Benninger^{1,2,*}

¹Department of Bioengineering, University of Colorado, Anschutz Medical campus, Aurora, Colorado, United States of America

²Barbara Davis center for childhood diabetes, University of Colorado, Anschutz Medical campus, Aurora, Colorado, United States of America

*Corresponding author Email: <u>richard.benninger@cuanschutz.edu</u> (RKPB)

Running title: Small β -cell populations cannot drive islet Ca²⁺

3 Abstract

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The islets of Langerhans exist as a multicellular network that is important for the regulation of blood 5 6 glucose levels. The majority of cells in the islet are insulin-producing β -cells, which are excitable cells 7 that are electrically coupled via gap junction channels. β -cells have long been known to display 8 heterogeneous functionality. However, due to gap junction electrical coupling, β -cells show 9 coordinated $[Ca^{2+}]$ oscillations when stimulated with glucose, and global quiescence when 10 unstimulated. Small subpopulations of highly functional β -cells have been suggested to control the dynamics of $[Ca^{2+}]$ and insulin release across the islet. In this study, we investigated the theoretical 11 basis of whether small subpopulations of β -cells can disproportionality control islet [Ca²⁺] dynamics. 12 13 Using a multicellular model of the islet, we generated continuous or bimodal distributions of β -cell heterogeneity and examined how islet [Ca²⁺] dynamics depended on the presence of cells with 14 increased excitability or increased oscillation frequency. We found that the islet was susceptible to 15 marked suppression of $[Ca^{2+}]$ when a ~10% population of cells with high metabolic activity was 16 hyperpolarized; where hyperpolarizing cells with normal metabolic activity had little effect. However, 17 when these highly metabolic cells were removed from the islet model, near normal $[Ca^{2+}]$ remained. 18 Similarly, when ~10% of cells with either the highest frequency or earliest elevations in $[Ca^{2+}]$ were 19 removed from the islet, the $[Ca^{2+}]$ oscillation frequency remained largely unchanged. Overall these 20 21 results indicate that small populations of β -cells with either increased excitability or increased 22 frequency, or signatures of $[Ca^{2+}]$ dynamics that suggest such properties, are unable to disproportionately control islet-wide $[Ca^{2+}]$ via gap junction coupling. As such, we need to reconsider 23 the physiological basis for such small β -cell populations or the mechanism by which they may be 24 25 acting to control normal islet function.

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28 Author summary

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30 Many biological systems can be studied using network theory. How heterogeneous cell subpopulations 31 come together to create complex multicellular behavior is of great value in understanding function and 32 dysfunction in tissues. The pancreatic islet of Langerhans is a highly coupled structure that is important 33 for maintaining blood glucose homeostasis. β-cell electrical activity is coordinated via gap junction 34 communication. The function of the insulin-producing β -cell within the islet is disrupted in diabetes. 35 As such, to understand the causes of islet dysfunction we need to understand how different cells within 36 the islet contribute to its overall function via gap junction coupling. Using a computational model of β -37 cell electrophysiology, we investigated how small highly functional β -cell populations within the islet 38 contribute to its function. We found that when small populations with greater functionality were 39 introduced into the islet, they displayed signatures of this enhanced functionality. However, when these 40 cells were removed, the islet, retained near-normal function. Thus, in a highly coupled system, such as 41 an islet, the heterogeneity of cells allows small subpopulations to be dispensable, and thus their 42 absence is unable to disrupt the larger cellular network. These findings can be applied to other 43 electrical systems that have heterogeneous cell populations.

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46 Introduction

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Many tissues exist as multicellular networks that have complex structures and functions. Multicellular networks are generally comprised of heterogenous cell populations, and heterogeneity in cellular function makes it difficult to understand the underlying network behavior. Studying the constituent cells individually is of value. However, understanding how heterogeneous cell populations come together to form a coherent structure with emergent properties is important to understand what leads to dysfunction in these networks [1]. The multicellular pancreatic islet lends itself to network theory with its distinct architecture, cellular heterogeneity, and cell-cell interactions.

55 The pancreatic islet is a micro-organ that helps maintain blood glucose homeostasis [2]. Death or 56 dysfunction to insulin-secreting β -cells within the islet generally causes diabetes [3]. When blood 57 glucose levels rise, glucose is transported into the β -cell and phosphorylated by glucokinase (GK), the rate limiting step of glycolysis [4-6]. Following glucose metabolism, the ratio of ATP/ADP increases, 58 closing ATP sensitive K⁺ channels (K_{ATP}). K_{ATP} channel closure causes membrane depolarization, 59 opening voltage gated Ca^{2+} channels and elevating intra-cellular free-calcium ([Ca^{2+}]); which triggers 60 insulin granule fusion and insulin release [7, 8]. Disruptions to this glucose stimulated insulin secretion 61 pathway occur in diabetes [9-11]. β -cells are electrically coupled by connexin36 (Cx36) gap junctions 62 which can transmit depolarizing currents across the islet that synchronize oscillations in $[Ca^{2+}]$. Under 63 low glucose conditions, gap junctions transmit hyperpolarizing currents that suppress islet electrical 64 65 activity [12-15]. Understanding the role cell-cell communication between β -cells plays can increase 66 our understanding of dysfunction to islet dynamics during the pathogenesis of diabetes.

67 Despite their robust coordinated behavior within the intact islet, β-cells are functionally 68 heterogeneous [16]. Individual β-cells show heterogeneity in expression of GK [17], glucose 69 metabolism [16], differing levels of insulin production and secretion [18-21], and faster and irregular 70 $[Ca^{2+}]$ oscillations when compared to whole islet oscillations [22]. Various cell surface and protein 71 markers have been used to identify subpopulations of β-cells with differences in functionality and 72 proliferative capacity [23-27]. Nevertheless, the importance of β-cell heterogeneity and how these 73 subpopulations contribute to islet function is poorly understood.

74 While many studies of β -cell heterogeneity have been performed in dissociated cells, a few studies 75 have investigated the role of heterogeneity in the intact islet [28]. In one study, following stimulation via the optogenetic cationic channel channelrhodopsin (ChR2), ~10% of \beta-cells were found to be 76 highly excitable and able to recruit $[Ca^{2+}]$ elevations in large regions in the islet. These highly excitable 77 78 cells had higher metabolic activity [29]. In another study, the optogenetic Cl⁻ pump halorhodopsin (eNpHr3) was used to silence β -cells. A population of ~1-10% "hub" β -cells was discovered that when 79 hyperpolarized by eNpHr3 substantially disrupted coordinated $[Ca^{2+}]$ dynamics across the islet. These 80 cells had increased GK expression [30]. In related studies, a small population of cells showed $[Ca^{2+}]$ 81 82 oscillations that consistently preceded the rest of the islet and were suggested to be 'pacemaker cells' that drove islet $[Ca^{2+}]$ dynamics [31]. Theoretically, how small subpopulations of cells may be capable 83 of driving elevations and oscillatory dynamics of $[Ca^{2+}]$ across the islet is not well established, and has 84 85 been a significant topic of debate [32, 33].

86 In this study we explore the theoretical basis for whether small β -cell subpopulations can control 87 multicellular islet [Ca²⁺] dynamics. Towards this, we utilize a computational model of the islet that we have previously validated against a wide-range of experimental data [29, 34-36]. This includes understanding how populations of inexcitable cells suppress islet function and the role for electrical coupling. We investigate whether small populations of highly excitable cells or cells with high frequency oscillations can respectively drive the elevations or dynamics of islet $[Ca^{2+}]$ oscillations. This includes simulating the removal of specific cell populations within the context of broad continuous distributions or distinct bimodal distributions of heterogeneity.

- 94 **Results**
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96 How variation in metabolic activity impacts islet function. Experimental evidence indicates that 97 within the intact islet there exists 10-20% variation in metabolic activity [37]. Previous modelling 98 studies have represented beta cell heterogeneity as a continuous distribution with 10-25% variation in 99 GK activity and metabolic activity, which is sufficient to model the impact of electrical coupling and 100 heterogeneity within the islet [29, 34-36]. However, recent experimental evidence has suggested that small β-cell subpopulations with elevated metabolic activity or GK expression are present within the 101 islet and may disproportionately drive elevated $[Ca^{2+}]$ [29, 30]. For example, 'hub' β -cells show 102 increased connectivity (synchronized Ca²⁺ oscillations) and increased GK expression compared to the 103 rest of the islet [30]. When these 'hub' cells were hyperpolarized, $[Ca^{2+}]$ is suppressed in large regions 104 of the islet: whereas hyperpolarizing other cells had little impact. 105

106 We first asked whether identification of such a 'hub' subpopulations may arise as part of the 107 natural variation within a continuous distribution. We simulated an islet with a continuous distribution in GK activity (Fig 1a), and targeted hyperpolarization to a population of cells based on their GK 108 activity. Simulated islets had normal synchronized $[Ca^{2+}]$ oscillations (Fig 1b), comparable to previous 109 studies [29, 34-36, 38, 39]. When hyperpolarization was targeted to a random set of cells across the 110 111 islet, near-normal $[Ca^{2+}]$ activity was maintained until greater than 20% of cells within the islet were targeted (Fig 1b,c). Above this level, the islet lacked significant $[Ca^{2+}]$ elevations (Fig 1c), consistent 112 with prior measurements [34, 36]. When hyperpolarization was targeted specifically to cells with either 113 higher GK (GK^{Higher}) or lower GK (GK^{Lower}), similar changes in [Ca²⁺] activity were observed as with 114 targeting a random subset of cells: the islet retained near-normal $[Ca^{2+}]$ activity until greater than 20% 115 of these GK^{Higher} or GK^{Lower} cells were targeted (Fig 1c). Nevertheless when 20% of cells were 116 hyperpolarized, targeting GK^{Higher} cells did result in silencing of significantly more of the islet 117 compared to GK^{Lower} cells. Within the simulated islet we also decoupled and removed the same 118 GK^{Higher} or GK^{Lower} populations. In this case, the remaining islet showed normal elevations in $[Ca^{2+}]$, 119 with little to no difference between removing GK^{Higher} or GK^{Lower} cells (Fig 1d). 120

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122 Figure 1. Simulations predicting how variation in GK activity impact islet function. A). Schematic of continuous distribution of heterogeneous GK activity across simulated islet with 25% variation in GK rate (k_{glc}). B). Representative 123 124 time courses of $[Ca^{2+}]$ for 3 cells in simulated islet in A. Left is simulation with 0% hyperpolarized cells and right is 125 simulation with a random 20% of cells hyperpolarized. Blue trace is cell with lowest GK rate (kglc), Green is cell with the 126 average GK rate, yellow is cell with the highest GK rate. C). Fraction of cells showing elevated $[Ca^{2+}]$ activity (active cells) 127 in simulated islets vs. the percentage of cells hyperpolarized in islet. Hyperpolarized cells are chosen based on their GK 128 rate. D). Fraction of active cells in islet when cells are uncoupled from the rest of the cells in the simulation. E). Histogram 129 showing average frequency of cells at varying GK rate (k_{elc}) for simulations that have different standard deviation in GK 130 activity. F). Average duty cycle of cells from simulations with different standard variation in GK activity. G). As in C, for 131 simulations with standard deviation in GK activity at 50% of the mean. H). As in D. for simulations with standard deviation in GK activity at 50% of the mean. Error bars are mean \pm s.e.m. Repeated measures one-way ANOVA with Tukey posthoc analysis was performed for simulations in C and G, Student's paired t-test was performed for D and H, and one-way ANOVA was performed for F to test for significance. Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates significant difference (p<.001), **** indicates significant difference (p<.0001). Data representative of 5 simulations with differing random number seeds.

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138 Given uncertainty in the exact level of heterogeneity within the islet, we next tested whether changes to the variability in GK could lead to differences in $[Ca^{2+}]$ upon targeting cells with higher GK 139 (GK^{Higher}) or lower GK (GK^{Lower}) cells. We simulated islets with decreased variation in GK activity 140 (1% variation) or increased variation in GK activity (50% variation) and compared $[Ca^{2+}]$ with our 141 previous simulations of 25% variation (Fig 1e and S1a Fig). The duty cycle of the simulated islets 142 143 slightly decreased as the GK variation increased (Fig 1f), but [Ca²⁺] oscillations remained across the 144 islet that closely matched previous studies. Under 50% variation in GK, when hyperpolarization was targeted to a random set of cells across the islet, the islet retained near-normal $[Ca^{2+}]$ activity until 145 greater than 20% of the islet was targeted, as before. In contrast, when hyperpolarization was targeted 146 specifically to cells with higher GK (GK^{Higher}), [Ca²⁺] was largely abolished for greater than 10% of 147 cells being targeted (Fig 1g). However, when hyperpolarization was targeted to lower GK (GK^{Lower}) 148 cells, $[Ca^{2+}]$ was largely unchanged until 30% of cells were targeted (Fig 1g). As such, upon 149 hyperpolarizing 20% of cells, a substantial difference in [Ca²⁺] resulted from targeting GK^{Higher} or 150 GK^{Lower} cells. Nevertheless, when these higher GK or lower GK cells were decoupled and removed 151 from the islet, the impact on $[Ca^{2+}]$ elevations was very minor. A minor 2-4% decrease in $[Ca^{2+}]$ 152 occurred when removing >10% GK^{Higher} cells, with no impact when removing GK^{Lower} cells (Fig 1h). 153

We also tested whether changing other properties of cells with higher GK or lower GK would impact the suppression of $[Ca^{2+}]$. When GK activity correlated with gap junction conductance such that higher GK cells also had increased gap junction conductance $(GK^{Higher}/g_{Coup}^{Higher})$, little impact was observed (S2a-c Fig). However, when GK activity negatively correlated with K_{ATP} conductance, such that higher GK cells had increased gap junction conductance, but also had reduced K_{ATP} conductance, that higher GK cells had increased gap junction conductance, but also had reduced K_{ATP} conductance, no difference occurred when hyperpolarizing higher GK ($GK^{Higher}/g_{Coup}^{Higher}/g_{KATP}^{Lower}$) or lower GK ($GK^{Lower}/g_{Coup}^{Lower}/g_{KATP}^{Higher}$) cells (S2d-f Fig).

161 Thus, hyperpolarizing a small sub-population of metabolically active cells can disproportionately 162 suppress islet $[Ca^{2+}]$, particularly when heterogeneity is very broad. However, when these same cells 163 are removed or absent from the islet, the impact on $[Ca^{2+}]$ is minimal under the model assumptions set 164 here. 165

Impact of a bimodal distribution of functional β -cell subpopulations. We next examined how 166 167 imposing a bimodal distribution in GK activity would impact targeting hyperpolarization to a small population of metabolically active cells. We simulated an islet with a population of highly metabolic 168 cells that comprised 10% of the islet (GK^{High}) (Fig 2a). To maintain normal average GK activity, the 169 rest of the islet had slightly reduced GK activity (GK^{Low}) (Fig 2b). Gap junction coupling conductance 170 of all cells remained unchanged (S1b Fig). Under this bimodal distribution, the islet displayed regular 171 172 $[Ca^{2+}]$ oscillations at high glucose that closely matched previous simulations (Fig 2c). We tested the effect of targeting hyperpolarization to either the GK^{High} or GK^{Low} cell populations. When all GK^{High} 173 cells (10%) were hyperpolarized, $[Ca^{2+}]$ was fully suppressed across the islet. Conversely, when GK^{Low} 174

175 cells (10%) were hyperpolarized, $[Ca^{2+}]$ remained largely unchanged (Fig 2d). However, when a 176 greater proportion of GK^{Low} cells (20%) were hyperpolarized, $[Ca^{2+}]$ was suppressed, as with a 177 continuous distribution under 50% variation. These results show very good agreement between prior 178 experiments where very different $[Ca^{2+}]$ response was observed when hyperpolarizing cells with higher 179 GK and cells with lower GK.

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181 Figure 2. Bimodal distribution in GK activity predicts small highly functional cells are dispensable for islet $[Ca^{2+}]$ 182 dynamics. A). Schematic of bimodal distribution of GK activity across simulated islet. B). Histogram showing average 183 frequency of cells at varying GK rate (kglc) for bimodal compared with continuous distribution (25% St Dev). C). 184 Representative time courses of $[Ca^{2+}]$ for 3 cells in simulated bimodal islet in A. Blue traces are cells from GK^{Low} population and orange traces are cells from GK^{High} population. D). Fraction of cells showing elevated $[Ca^{2+}]$ activity (active 185 186 cells) in bimodal simulations vs. the percentage of cells hyperpolarized in islet. Hyperpolarized cells are chosen either from 187 GK^{High} (orange bars) or GK^{Low} (blue bars) population. E). Schematic of simulation where only GK^{Low} cells are present and no GK^{High} cells are included. F). Representative time courses of $[Ca^{2+}]$ for 3 cells in simulated islet in E. G). Average duty 188 189 cycle of cells from simulations of a bimodal model as in A (With GK^{High}) and from simulations as in E (Without GK^{High}). 190 Error bars are mean + s.e.m. Student's paired t-test was performed to test for significance. Significance values: ns indicates 191 not significant (p>.05), * indicates significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates 192 significant difference (p<.001), **** indicates significant difference (p<.0001). Data representative of 4 simulations with 193 differing random number seeds.

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We next tested whether the cells from the highly metabolic population (GK^{High}) are important to support islet function, by simulating an islet with only cells from the lower GK population (GK^{Low}) (Fig 2e). In this context, the islet retained near-normal $[Ca^{2+}]$ activity (Fig 2f), with a minor drop in duty cycle (Fig 2g). As such, the simulated islet was capable of functioning near-normally in the absence of a small (~10%) highly metabolic subpopulation. Thus, despite showing substantial differences in islet activity when hyperpolarized, a small metabolically active subpopulation is not required to maintain elevations in oscillatory $[Ca^{2+}]$ across the islet.

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203 How variations in gap junction coupling impact functional β -cell subpopulations. Metabolically 204 active subpopulations of cells that disproportionately control the islet have been suggested to have 205 increased connectivity [30]. We next examined how changes in gap junction electrical coupling affect how targeting hyperpolarization to specific cell populations impacts islet $[Ca^{2+}]$. We simulated the islet 206 207 with the same bimodal distribution in GK activity as in Fig 2, but correlated gap junction coupling conductance (g_{Coup}) with GK activity (k_{glc}) across the islet (Fig 3a and S1c Fig). As such, more 208 metabolically active GK^{High} cells had ~2 times higher coupling conductance than that of the population 209 of cells with lower metabolic activity (GK^{Low} cells). Under this model, when the highly metabolic 210 population, GK^{High} cells, were targeted with hyperpolarization, the islet retained some $[Ca^{2+}]$ elevations 211 (~45%) (Fig 3b). When cells with less metabolic activity, GK^{Low}, cells were targeted with 212 hyperpolarization, the islet showed little change in $[Ca^{2+}]$ activity, as before. As such, the suppression 213 of [Ca²⁺] upon targeting hyperpolarization to highly metabolic cells is reduced by those cells having 214 215 elevated electrical coupling, (Fig 3c). We further simulated the islet with a bimodal distribution in both GK activity and gap junction conductance, such that more metabolically active GK^{High} cells had 216 increased their coupling conductance by ~3 times (Fig 3d and S1d Fig). Under these conditions when 217 218 highly metabolic cells were targeted with hyperpolarization, the islet retained substantial [Ca²⁺]

elevations (~60%) (Fig 3e,f). Thus, increasing gap junction coupling does not enhance the ability of metabolically active cells to maintain oscillatory islet $[Ca^{2+}]$ elevations.

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222 Figure 3. Simulations predicting how changes in coupling impact highly metabolic populations in a bimodal model. 223 A). Scatterplot of g_{Coup} vs. k_{glc} for each cell from a representative simulation where g_{Coup} is correlated with k_{glc} . B). Fraction 224 of cells showing elevated [Ca2+] activity (active cells) vs. the percentage of cells hyperpolarized in islet from bimodal 225 simulations in k_{glc} with correlated g_{Coup} and k_{glc} as in A. Hyperpolarized cells are chosen either from GK^{High} (orange bars) or 226 GK^{Low} (blue bars) population. C). As in B. but comparing hyperpolarization in GK^{High} cells in the presence and absence of 227 correlations in g_{Coup}. D). as in A but from a simulation where g_{Coup} and k_{glc} are correlated AND both g_{Coup} and k_{glc} are 228 bimodal distributions. E). As in B. but for simulations where g_{Coup} and k_{glc} are correlated AND both g_{Coup} and k_{glc} are 229 bimodal distributions. F). As in C. but comparing hyperpolarization in GK^{High} cells in the presence and absence of a 230 bimodal distribution of g_{Coup} . Error bars are mean \pm s.e.m. Student's paired t-test was performed for B and E and a Welches 231 t-test for unequal variances was used for C and F to test for significance. Significance values: ns indicates not significant 232 (p>.05), * indicates significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates significant difference (p<.001), **** indicates significant difference (p<.0001). Data representative of 4 simulations with differing 233 234 random number seeds.

236 Given this dependence on gap junction coupling, we examined whether decreases in coupling 237 impacted how metabolically active cells controlled islet function. We performed similar simulations as in Fig 1 and Fig 2 for an islet with reduced average gap junction conductance of 50%. In this context, 238 hyperpolarizing highly metabolic populations (GK^{Higher} or GK^{High}) or cells with reduced metabolic 239 activity (GK^{Lower} or GK^{Low}) reduced islet [Ca^{2+}] to a lesser degree than when gap junction conductance 240 241 was higher (S3 Fig). This applied to simulated islets with either a continuous distribution in GK 242 activity (S3a,b Fig) or a bimodal distribution of GK activity (S3c,d Fig). In each case, a similar difference in islet $[Ca^{2+}]$ resulted from hyperpolarizing highly metabolic or low metabolic cells, albeit 243 with greater numbers of cells needing targeting to suppress $[Ca^{2+}]$. Thus, decreasing gap junction 244 coupling does not enhance the ability of small populations of metabolic active cells to maintain islet 245 246 $[Ca^{2+}].$ 247

Cells with $[Ca^{2+}]$ oscillations that precede the rest of the islet do not drive islet $[Ca^{2+}]$ oscillations. 248 Another subpopulation of β -cells that has been associated with islet function are those cells that show 249 [Ca²⁺] oscillations that precede the rest of the islet [29, 31, 40]. These cells have been suggested to 250 251 have higher intrinsic oscillation frequency [29, 40], which may lend themselves to act as rhythmic pacemakers to drive $[Ca^{2+}]$ oscillations across the islet. We next investigated whether a small 252 253 subpopulation of these cells is able to drive islet $[Ca^{2+}]$ oscillatory dynamics. We simulated an islet with a continuous distribution of heterogeneity, as in Fig 1, and identified cells with $[Ca^{2+}]$ oscillations 254 that preceded the rest of the islet (low phase) or cells with $[Ca^{2+}]$ oscillations that are delayed with 255 256 respect to the rest of the islet (high phase) (Fig 4a,b). Cells that preceded the rest of the islet (low phase cells) were temporally separated to a greater degree with respect to the rest of the islet compared to 257 258 cells that were delayed (high phase cells) (Fig 4c). The top 1% and 10% of low phase cells (earlier [Ca²⁺] oscillations) in the islet had higher intrinsic oscillation frequency – the oscillation frequency if 259 260 the cell is simulated in isolation – and lower GK activity compared to the rest of the islet (Fig 4d,e). This is consistent with prior experimental measurements that demonstrated lower metabolic activity in 261 cells that show earlier $[Ca^{2+}]$ oscillations [29]. Conversely, the top 1% and 10% of high phase = cells 262 (delayed $[Ca^{2+}]$ oscillations) had lower intrinsic oscillation frequency and high GK activity (Fig 4d.e). 263

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265 Figure 4. Simulations predicting how small populations of cells contribute to islet frequency. A). Schematic of phase lag across simulated islet with 25% variation in GK activity. B). Representative time courses of $[Ca^{2+}]$ for 9 cells in 266 267 simulated islet at 60pS coupling conductance to determine phase lag of cells in A. Blue traces are low phase cells (negative 268 phase lag), Grey is non low or high phase cells, red is a high phase cells (positive phase lag). Inset: Close up of rise of 269 [Ca2+] oscillation showing phase lags. C). Phase lag from islet average of top 1% or 10% of low phase, high phase cells, or 270 random cells. D). Average kelc from all cells, low phase cells or high phase cells across simulated islet. E). Average intrinsic 271 oscillation frequencies of all cells, top 1% and 10% of low phase cells, or top 1% or 10% of high phase cells when re-272 simulated in the absence of gap junction coupling (0pS). F). Average frequency of islet when indicated populations of cells 273 are removed from the simulated islet. G). Change in frequency of islet with indicated populations removed with respect to 274 control islet with all cells present. H). Change in frequency when low phase cells are removed compared to average 275 oscillation frequency of remaining cells that indicates the expected oscillation frequency. I). Same as H. but for simulations 276 where high phase cells are removed. Error bars are mean + s.e.m. Repeated measures one-way ANOVA with Tukey post-277 hoc analysis was performed for simulations in C-G (if there were any missing values a mixed effects model was used), 278 Student's paired t-test was performed for H and I to test for significance. Significance values: ns indicates not significant 279 (p>.05), * indicates significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates significant 280 difference (p<.001), **** indicates significant difference (p<.0001). Data representative of 4-9 simulations with differing 281 random number seeds. Random regions were removed for 10% and 30% simulations, but random removal of cells was used 282 for 1% simulations.

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284 To determine the role these cells may play in islet function, we re-simulated the islet with 285 populations of low phase and high phase cells removed from the islet. When populations (1%, 10%, 30%) of low or high phase cells were removed, the elevation of $[Ca^{2+}]$ was unchanged (S4a Fig). 286 Similarly, the frequency of the islet did not differ significantly from control islets when up to 10% of 287 288 low or high phase cells were removed (Fig 4f,g). Low or high phase cells usually exist within a 289 compact region, rather than being distributed randomly across the islet. Removing random cells within 290 a similar sized region impacts frequency of the remaining islet to a lesser degree than removing 291 randomly positioned cells across the islet (S5 Fig). Removal of up to 10% of low phase or high phase 292 cells also showed no change in frequency compared to removal of random cells within a similar sized region (Fig 4f, g). When 30% of low phase cells (earlier $[Ca^{2+}]$ oscillations) were removed from the 293 294 islet, frequency decreased slightly, by ~2% (Fig 4g). This minor decrease in frequency was equivalent 295 to the average frequency of the remaining cells in the islet, indicating no disproportionate effect of the 296 low phase cells on oscillation frequency (Fig 4h). In contrast, when 30% of high phase cells (delayed $[Ca^{2+}]$ oscillations) were removed, the islet frequency increased, by ~8% (Fig 4g). This increase in 297 298 frequency upon removing the phase high cells was significantly greater than the average frequency of 299 the remaining cells in the islet, indicating a disproportionate effect of high phase (delayed) cells on 300 oscillation frequency (Fig 4i). When these manipulations were performed in the presence of reduced 301 (50%) gap junction conductance, the changes in frequency were exacerbated: no change in frequency 302 when removing low phase (early) cells and a greater increase in frequency (~15%) when removing high phase (delayed) cells (S6 Fig). Thus, low phase cells that show earlier $[Ca^{2+}]$ oscillations do not 303 drive the $[Ca^{2+}]$ oscillation frequency of the islet, when considering a continuous distribution of cell 304 heterogeneity. However, unexpectedly, high phase cells that show delayed $[Ca^{2+}]$ oscillations appear to 305 drive a slower $[Ca^{2+}]$ oscillation frequency; but only in proportions of at least 30% of the islet. 306

307 Low phase and high phase cells that show different timings in their $[Ca^{2+}]$ oscillations on average 308 have higher or lower intrinsic $[Ca^{2+}]$ oscillation frequency respectively. However, other factors such as

309 gap junction coupling or position within the cluster may also determine their relative timing. We next examined the role of cells that intrinsically have the highest or lowest $[Ca^{2+}]$ oscillation frequency (Fig 310 5a-c). The top 1% or 10% of cells with highest or lowest intrinsic oscillation frequency, showed a 311 312 frequency substantially different than the islet average (Fig 5d). On average, cells with a higher intrinsic oscillation frequency showed earlier $[Ca^{2+}]$ oscillations compared with the average of the islet 313 (Fig 5e) and had lower metabolic activity (Fig 5f). In contrast, cells with the lowest frequency showed 314 delayed [Ca²⁺] oscillations compared with the average of the islet and had higher metabolic activity 315 316 (Fig 5e,f). This is consistent with previous experimental measurements that demonstrated a negative 317 correlation between oscillation frequency and metabolic activity [29]. We do note that a small (~0.5%) of cells with low metabolic activity lacked $[Ca^{2+}]$ elevations and were excluded from frequency 318 319 measurements. 320

321 Figure 5. Simulations predicting how intrinsic frequency of cells contributes to islet frequency. A). Schematic of 322 frequency across simulated islet with 25% variation in GK activity. B). Representative time courses of $[Ca^{2+}]$ for 9 cells in 323 simulated islet in A in a simulation with full (120pS) coupling conductance. Blue traces are high frequency cells, Grey are 324 cells with frequency near average frequency, red traces are low frequency cells. C). Same cells as in B but showing $[Ca^{2+}]$ 325 time courses from an uncoupled simulation (0pS coupling conductance). D). Average intrinsic oscillation frequencies of all 326 cells, top 1% or 10% of high frequency cells, or low frequency cells when re-simulated in the absence of gap junction 327 coupling. E). Phase lag from islet average of top 1% or 10% of low phase, high phase cells, or random cells. F). Average 328 k_{elc} from all cells, high frequency cells, or low frequency cells across simulated islet. G). Average frequency of islet when 329 indicated populations of cells are removed from the simulated islet. H). Change in frequency of islet with indicated 330 populations removed with respect to control islet with all cells present. I). Change in frequency when high frequency cells 331 are removed compared to average oscillation frequency of remaining cells that indicates the expected oscillation frequency. 332 J). Same as I, but for simulations where low frequency cells are removed. Error bars are mean + s.e.m. Repeated measures 333 one-way ANOVA with Tukey post-hoc analysis was performed for simulations in D-H and a Student's paired t-test was 334 performed for I and J to test for significance. Significance values: ns indicates not significant (p>.05), * indicates 335 significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates significant difference (p<.001), 336 **** indicates significant difference (p<.0001). Data representative of 5 simulations with differing random number seeds. 337 Random removal of cells across the islet was used for all simulations where random cells removed is indicated.

339 When greater than 10% or 30% of high frequency cells were removed from the islet, the frequency of the islet decreased, whereas when 10% or 30% of lower frequency cells were removed from the 340 341 islet, the frequency of the islet increased (Fig 5g,h). However, in each case the change in frequency 342 upon removing high or low frequency cells was not significantly greater than the change when 343 considering the average frequency of the remaining cells (Fig 5i,j). In fact, the decrease in frequency upon removing high frequency cells was significantly less than that considering the frequency of 344 remaining cells (Fig 5i). In each case, the elevation of $[Ca^{2+}]$ was unchanged (S4b Fig). These results 345 again suggest that small numbers of cells with differing oscillation frequency do not disproportionately 346 347 affect islet $[Ca^{2+}]$ oscillations.

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338

A bimodal distribution in frequency lessens the effect of high phase cells. Earlier we considered a bimodal distribution in metabolic activity that better described experimental data (Fig 2)[30]. We next investigated whether high phase and low phase cells may influence the islet to a greater degree when described by a bimodal distribution. From the continuous distribution we previously modelled (Fig 4), we generated a population of cells that incorporated the average properties of low phase cells that

showed earlier oscillations in $[Ca^{2+}]$ (see methods). This population (10%), which showed a faster 354 oscillation frequency (Fig 6a and S7a Fig) was combined with a population of cells that were similar to 355 356 the average properties of an islet. The resultant simulated islet showed cells with earlier and delayed $[Ca^{2+}]$ oscillations, as before (Fig 6b,c), albeit with a slight reduction in the time between the early and 357 delayed oscillations (Fig 6d). On average, the low phase cells that showed earlier $[Ca^{2+}]$ oscillations 358 had higher intrinsic oscillation frequencies (Fig 6e) and lower metabolic activity (Fig 6f), as before. 359 360 However, the difference between low and high phase cells was not a large as with the continuous 361 distribution. When low phase cells or high phase cells were removed from the islet, the frequency was 362 not significantly different than when random cells were removed (Fig 6g). However, when 10% of low 363 phase cells were removed, the change in frequency was significantly different, albeit small, compared 364 to the expected frequency of the remaining cells in the distribution (Fig 6h). On the other hand, the 365 removal of high phase cells was not significantly different than the expected frequency of the 366 remaining cells (Fig 6i).

367

368 Figure 6. Simulations predicting how cells from a bimodal distribution characterized by low phase cells contribute 369 to islet frequency. A). Schematic of frequency across simulated islet with a bimodal distribution in GK activity. B). 370 Schematic of phase lag across simulated islet with a bimodal distribution in GK activity. C). Representative time courses of 371 $[Ca^{2+}]$ for 6 cells in simulated islet in A (and B) in a simulation with full (120pS) coupling conductance. Blue traces are 372 high frequency cells, red traces are low frequency cells. Inset: Close up of rise of [Ca2+] oscillation showing phase lags. 373 D). Phase lag from islet average of top 1% or 10% of low phase, high phase cells, or random cells. E). Average intrinsic 374 oscillation frequencies of all cells and 1% or 10% of low phase cells, or 1% or 10% of high phase cells when re-simulated 375 in the absence of gap junction coupling (0pS). F). Average k_{glc} from all cells and top 1% or 10% of low phase cells or high 376 phase cells across simulated islet. G). Change in frequency of islet with indicated populations removed with respect to 377 control islet with all cells present. H). Change in frequency when low phase cells are removed compared to average 378 oscillation frequency of remaining cells that indicates the expected oscillation frequency. I). Same as H. but for simulations 379 where high phase cells are removed. Repeated measures one-way ANOVA with Tukey post-hoc analysis was performed for 380 simulations in D-G and a Student's paired t-test was performed for H and I to test for significance. Error bars are mean \pm 381 s.e.m. Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** indicates 382 significant difference (p<.01), *** indicates significant difference (p<.001), **** indicates significant difference 383 (p<.0001). Data representative of 5 simulations with differing random number seeds. Random removal of cells across the 384 islet was used where random cells removed is indicated.

385

We further examined how the islet behaved when the high frequency population of cells were 386 removed. These high frequency cells showed only slightly earlier $[Ca^{2+}]$ oscillations compared to the 387 388 rest of the islet on average (S7b Fig) but did show lower metabolic activity (S7c Fig). Upon removal of 389 these high frequency cells, the islet showed significantly slower oscillations (S7d Fig), that were 390 slower than expected given the average frequency of the remaining cells (S7d, e Fig). However, the 391 change in frequency was still low ($\sim 2\%$). When these high frequency cells were positioned with the 392 same spatial distribution as low phase cells, the change in frequency upon their removal was 393 significantly greater but was still relatively small and similar to the change seen when high frequency 394 cells were removed from the continuous distribution model (~5%) (S8 Fig). In conclusion, within a 395 bimodal distribution, a small population of cells with higher frequencies does not substantially impact 396 the frequency of the islet.

398 Limited excitatory gap junction current can explain lack of action of small sub-populations. To 399 understand the basis by which cells with differing metabolic activity and oscillatory frequency interact, 400 we examined the gap junction currents for cell populations within the islet (Fig 7a). As expected, the 401 total membrane current was highest in magnitude during the upstroke and downstroke of the $[Ca^{2+}]$ oscillation, and low in magnitude during the active and silent phase (Fig 7b-d). Conversely, the gap 402 junction current was highest during the active and silent phase of the $[Ca^{2+}]$ oscillation but was 403 minimal during the upstroke and downstroke of [Ca²⁺] (Fig 7b-c,e). Thus, there is less communication 404 between cells during the upstroke and downstroke of $[Ca^{2+}]$ oscillations compared to the stable active 405 406 and silent phases.

407

408 Figure 7. Gap junction current in cells with high/low metabolic activity or oscillation frequency. A). Schematic of cell 409 within the simulated islet, showing 3 gap junction currents that contribute to the total gap junction current, together with the 410 total membrane current. B). Time course of $[Ca^{2+}]$ from a cell, together with the total membrane current and total gap 411 junction current for a representative cell with higher metabolic activity (kglc). C). As in B for a representative cell with 412 lower metabolic activity. D). Total membrane current, as expressed by an area under the curve (AUC), for each phase of the 413 $[Ca^{2+}]$ oscillation averaged over the 10% of cells with highest or lowest k_{glc} or a random 10% of cells. E). As in D for total 414 gap junction current. F). Distribution of total gap junction current, as expressed by AUC, for the 10% of cells with highest 415 or lowest k_{elc} or a random 10% of cells. G). As in E for a bimodal distribution in k_{elc} . H). Mean duration of active phase and 416 silent phase averaged over the 10% of cells with highest or lowest oscillation frequency, or a random 10% of cells. I). Mean 417 islet $[Ca^{2+}]$ time course showing different portions of the active phase (1-4). J). Mean islet gap junction current during 418 different portions of the active phase, as indicated in I for the 10% of cells with highest or lowest oscillation frequency, or a 419 random 10% of cells. Black lines are fitted regression lines. Error bars are mean + s.e.m. Repeated measures one-way 420 ANOVA was performed for data in D, E, H to test for significance. Linear regression was performed on data in J. 421 Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** indicates significant 422 difference (p<.01), *** indicates significant difference (p<.001), **** indicates significant difference (p<.001), † 423 indicates significant linear regression (p<.05), ‡ indicated significant linear regression (p<.01). Data representative of 5 424 simulations with differing random number seeds. 425

426 The total membrane current did not differ significantly between cells with high or low metabolic 427 activity (Fig 7d). However, there was a substantial difference in gap junction current between cells 428 with high or low metabolic activity (Fig 7e). Cells with high metabolic activity showed a positive 429 (outward, hyperpolarizing) gap junction current, whereas cells with low metabolic activity showed a negative (inward, depolarizing) gap junction current, across all phases of the $[Ca^{2+}]$ oscillation (Fig 430 7e). The magnitude of the gap junction current for less metabolically active cells was also greater. This 431 432 larger gap junction-mediated current would be expected to hyperpolarize neighboring cells to a greater 433 degree than metabolically active cells depolarizing neighboring cells. Nevertheless, there was 434 significant variability, such that some cells with low metabolic activity had little gap junction current 435 and some cells with high metabolic activity had a positive current that would depolarize neighbors (Fig 436 7f). When examining the bimodal simulation (Fig 2), we observed broadly similar findings where cells 437 with high metabolic activity depolarize their neighbors whereas cells with low metabolic activity 438 hyperpolarize their neighbors (Fig 7g).

Finally, given the stronger gap junction current associated with the active and silent phases, we analyzed the relationship between the duration of these phases for cells with high and low frequency. Cells with a higher intrinsic oscillation frequency showed both a shorter active phase and shorter silent phase compared to cells with a slower intrinsic oscillation frequency, with there being a greater 443 difference in the active phase (Fig 7h). Interestingly, the whole islet active and silent phase times were 444 similar to those of cells with a higher oscillation frequency (which on average have lower metabolic 445 activity). During the active phase, the gap junction current was lowest at the beginning of the active 446 phase and greatest just before the downstroke (Fig 7i,j). We measured changes to the duration of the 447 active and silent phases after removal of low/high phase cells and low/high frequency cells from Fig 4 448 and 5. When either high phase cells or low frequency cells were removed, the active phase and duty 449 cycle duration decreased compared to when either low phase cells or high frequency cells were 450 removed, respectively (S9 Fig). Thus gap junction coupling contributes more to sustaining the active 451 phase compared to initiating the active phase. While slower oscillating cells contribute significantly to 452 setting the islet frequency, given the greater gap junction current, faster oscillating cells may limit the 453 duration of the active phase by terminating the oscillation.

455 **Discussion**

456

457 β -cell heterogeneity has largely been studied in single cells. However, recent studies have 458 demonstrated that heterogeneity plays a physiological role in regulating insulin release within the islet 459 [29, 30, 35]. Previously, using computational models and experimental systems, we demonstrated that 460 a large minority (close to 50%) of metabolically active β -cells were necessary to maintain the activity of the islet [35]. In contrast to this, experimental and theoretical studies have suggested that small 461 (~10%) highly functional subpopulations may be required to maintain whole islet electrical dynamics 462 [30, 41]. Here, we investigated the theoretical basis by which small populations of cells may impact 463 464 islet electrical dynamics.

465

Small populations of metabolically active cells are not required to drive elevations in $[Ca^{2+}]$. To 466 determine whether small populations of metabolically active β -cells could drive elevations in [Ca²⁺], 467 468 we constructed two types of islet simulations: showing either a continuous distribution in metabolic 469 activity or a bimodal distribution in metabolic activity. In each case, we either hyperpolarized the most 470 metabolically active cells or removed them from the simulation. These manipulations are equivalent to 471 those applied in the literature. For example, one study used optical stimulation of eNpHr3.0 to induce a hyperpolarizing Cl⁻ current in 1-10% of cells that showed high levels of $[Ca^{2+}]$ coordination and 472 elevated GK [30]. Another study used optical stimulation of ChR2 to induce a depolarizing cation 473 474 current, with the ~10% of cells activating large parts of the islet showing higher NAD(P)H [29]. In our 475 simulations, we found hyperpolarizing those cells with increased metabolic activity generated similar findings: hyperpolarizing more metabolically active cells silenced the islet to a much greater degree 476 477 than hyperpolarizing less metabolically active cells. Thus, hyperpolarization or depolarization of 478 metabolically active β -cells can disproportionately suppress or activate islet function, via gap junction 479 coupling.

480 Importantly, the effects of this targeted silencing were found for both a broad continuous 481 distribution (Fig 1) and for a bimodal distribution (Fig 2). Within the literature there is not exact 482 consistency in the level of metabolic heterogeneity present. Within dissociated β -cells, a variation of 483 20-30% in NAD(P)H responses has been observed experimentally [19, 37], and in intact islets a 484 variation of 10-20% has been observed [37]. Instead, ~50% variation is needed to describe 485 experimental observations here. However, early analysis of GK heterogeneity via 486 immunohistochemistry observed substantial variations, which while not quantified would be 487 equivalent to >50% [17]. Similarly, in isolated β -cells the glucose threshold for elevated NAD(P)H varies by ~50% (3-10mM) [16, 42]. This latter study also found a non-normal distribution with ~20% 488 489 of highly metabolically active β -cells. Thus, the distributions required in our model to generate results 490 equivalent to experimental observations are broadly feasible. Furthermore, we do note the process of 491 removing β -cells from the islet via dissociation causes cell stress and could disrupt metabolic 492 signatures. Highly metabolically active cells may also be more susceptible to environmental stress [30, 493 43]. Therefore, further analysis, in situ, is needed to precisely quantify the level of heterogeneity 494 present.

Interestingly, we observed very different results when comparing the effect of targeted hyperpolarization of a set of cells and targeted removal of a set of cells. Hyperpolarizing a small 497 population of metabolically active cells silenced the islet, whereas removal of this same cell population 498 had little impact. Upon removal, we did observe a small reduction in the duty cycle (% of time the islet 499 resides in the active phase) of ~10%. Duty cycle is a large determinant of insulin release, thus a ~10% 500 reduction would not be expected to impact insulin release substantially. However, experimental 501 measurements would be needed to exclude whether exocytosis varies across the pulse duration. As 502 such, the manipulations involving hyperpolarization and cell removal, theoretically, assess the 503 importance a cell has on islet function in different ways. Thus, care must be taken when interpreting 504 the results of optogenetic stimulation-based analysis.

505 Cell removal from the simulation may be considered similar to the experimental ablation of that cell. Ablation of small populations of cells that show earlier $[Ca^{2+}]$ oscillations (see below), but which 506 overlaps with those cells that show increased $[Ca^{2+}]$ coordination, has experimentally been 507 demonstrated to reduce the elevation in $[Ca^{2+}]$ across zebrafish islets. These studies showed a 508 substantial reduction in $[Ca^{2+}]$ amplitude, whereas our theoretical findings showed no apparent 509 differences in amount of active cells. Little change in $[Ca^{2+}]$ activity is observed in the model when 510 removing either those cells with earlier Ca^{2+} oscillations (S4 Fig) or those cells with elevated metabolic 511 activity that when hyperpolarized silences islet $[Ca^{2+}]$ (Fig 1,2). However, differences do exist between 512 zebrafish islets and mouse islets which our model is based upon and has been validated against, 513 including islet size, gap junction protein isoform and Ca^{2+} dynamics [44, 45]. Thus, species differences 514 515 may account for these observations.

The way cells interact within our simulated islet is restricted to gap junction electrical coupling. As 516 517 such, we conclude that gap junction communication is unlikely to be able to explain the role small cell subpopulations play in islet function, under the model assumptions presented here. These conclusions 518 are also consistent with elevated oscillatory $[Ca^{2+}]$ being maintained upon a loss of Cx36 gap junction 519 520 coupling [15], albeit with a lack of synchronization. However, we do note that first phase insulin release is diminished upon a loss of Cx36 gap junction coupling [46]. Therefore, we cannot exclude 521 that small cell subpopulations can drive $[Ca^{2+}]$ elevations via gap junction coupling during the initial 522 523 first phase response.

524 β -cells can communicate across the islet via paracrine communication. This includes inhibitory 525 factors such as GABA, 5-HT, dopamine and Ucn3 (via δ -cell somatostatin release) and stimulatory 526 factors such as ATP [47-49]. Thus, it is conceivable, small sub-populations of metabolic active cells 527 are secreting increased levels of stimulatory paracrine factors. Alternatively, small sub-populations 528 may be acting via other endocrine cells, such as glucagon-secreting α -cells, to stimulate other β -cells 529 within the islet [50]. Removal of immature cell populations can also disrupt islet function, suggesting a 530 broader remodeling of the islet can be induced by small cell sub-populations [51]. Therefore, analyzing 531 whether subpopulations show differential release of paracrine factors will be important to better 532 elucidate their function within the islet.

533

534 **Gap junction coupling homogenizes subpopulations and reduces their impact**. Gap junction 535 coupling allows for heterogeneous populations of β-cells to act in a cohesive manner. For example, 536 when populations of normally excitable and inexcitable cells combine within an islet, gap junction 537 coupling ensures that a uniform response occurs, whether this be suppressed $[Ca^{2+}]$ or coordinated 538 elevated $[Ca^{2+}]$ [34]. Some cell populations have been suggested to have elevated connectivity with other cells in the islet, as measured by correlated $[Ca^{2+}]$ oscillations [30, 31], and could result from an increase in gap junction coupling.

541 When more metabolically active cells had increased coupling conductance, hyperpolarizing those 542 cells had less impact on suppressing islet function (Fig 3). If gap junction coupling is elevated in 543 metabolically active cells, it is reduced in less metabolically active cells. A decrease in coupling lessens 544 how the islet is suppressed in the presence of inexcitable cells that transmit hyperpolarizing current 545 across the islet. Thus, hyperpolarizing a population of metabolically active cells would transmit less 546 hyperpolarizing current beyond the nearest neighbor cells.

We also observed that less metabolically active cells show a greater gap junction current that hyperpolarizes neighboring cells. Thus, there is an asymmetry by which metabolically active and inactive cells within the islet act (Fig 7). As such, increases in coupling are not beneficial for highly metabolic cells to control the islet. Rather distributing the coupling more uniformly allows all cells within the islet to coordinate their activity.

553 Small subpopulations cannot efficiently act as rhythmic pacemakers. Multiple studies have identified cells that consistently show earlier $[Ca^{2+}]$ oscillations that may drive the dynamics of $[Ca^{2+}]$ 554 across the islet [29, 31, 40]. These populations have been suggested to have a higher intrinsic 555 556 oscillation frequency and thus act as a rhythmic pacemaker [29], in the same manner as the cardiac SA node. Here, we investigated whether a small subpopulation of cells with increased oscillation frequency 557 could act as such a pacemaker. We found that cells that show earlier $[Ca^{2+}]$ oscillations do have a 558 higher intrinsic oscillation frequency. However, upon removal of these cells, the islet $[Ca^{2+}]$ oscillations 559 changed little, suggesting that small populations of these cells are unable to pace islet $[Ca^{2+}]$ 560 oscillations. This initially is surprising as with all cells capable of firing, the cell with the highest 561 frequency will depolarize first and stimulate neighbors to fire. However, at least ~30% of high 562 frequency cells are required to even slightly impact islet oscillation frequency. These findings are 563 564 consistent with prior modelling studies where cells with fast and slow oscillation frequencies, when combined within an islet, led to an overall oscillation midway between the intrinsic cell oscillations 565 [52]. This suggests the oscillation frequency is not per se determined by a small pacemaker population 566 but rather is formed by a weighted combination of all cells across the islet. Thus, the islet also shows 567 significant redundancy where only loss of large populations of cells impacts the activity or dynamics of 568 $[Ca^{2+}]$ (Fig 8). Further, the introduction of a small population (~10% cells) with a defined high intrinsic 569 oscillation frequency has little impact on islet $[Ca^{2+}]$ oscillations frequency and wave propagation. 570

571

552

572 Figure 8. Schematic of multicellular dynamics of the islet A). Schematic of suggestion that small subpopulations of 573 highly functional cells can control whole islet dynamics. White circles represent β -cells. Red arrows represent which cells 574 can be controlled by individual cell where the arrow begins. Increasing functionality in cells is from right to left B). Same 575 as A, but a schematic of how our simulations predict islet $[Ca^{2+}]$ dynamics are controlled. Our simulations predict that 576 control is redundant, and many cells can control many other cells. Our simulations predict there is not one small 577 subpopulation that controls the entire islet. C). Same as B, but schematic of how our simulations predict the islet responds 578 when highly functional subpopulations are removed. When highly functional subpopulations are removed, the remaining 579 cells are able to maintain the function of the islet due to the redundancy in control.

580

In contrast to removal of cells that show earlier $[Ca^{2+}]$ oscillations, removal of those cells that show delayed $[Ca^{2+}]$ oscillations increased the frequency of islet $[Ca^{2+}]$ oscillations (Fig 4). These cells on average showed slower oscillations. Therefore, slow $[Ca^{2+}]$ oscillations contribute to setting the islet [Ca²⁺] oscillation frequency to a greater degree. This also suggests that slow metabolic oscillations will better coordinate $[Ca^{2+}]$ dynamics across the islet, rather than purely a faster-oscillating electrical subsystem. Nevertheless, at least 30% of these slow oscillators are needed to have a substantial impact on the islet dynamics, which is consistent with the oscillation frequency again being formed by a weighted combination of all cells across the islet.

We did not observe a complete overlap between cells that show earlier/delayed $[Ca^{2+}]$ oscillations and cells with faster/slower intrinsic $[Ca^{2+}]$ oscillations, respectively. Similarly, while removal of the highest and lowest frequency cells changes the overall islet frequency to a greater degree, only removal of cells with delayed $[Ca^{2+}]$ oscillations showed a change in frequency above that expected, given the frequency of the remaining cells. Thus, other properties of the islet also contribute to setting the islet oscillation frequency, and determining these properties remains to be determined.

595 Therefore, our simulations indicate that there is not a small population of rhythmic pacemaker cells 596 within the islet. Rather, a large number of cells are needed to impact islet frequency. Of interest, the distribution of cells with faster or slower intrinsic $[Ca^{2+}]$ oscillations in our simulation is distributed 597 across the islet, whereas cells that show earlier or delayed $[Ca^{2+}]$ oscillations exist within a specific 598 region within the islet, often at the islet edge. While having only a minor impact, the spatial distribution 599 of higher frequency cells was important in affecting islet $[Ca^{2+}]$ oscillations. Whether intrinsically fast 600 or slow oscillating cells show some spatially restricted distribution is unknown. A different spatial 601 602 organization could potentially contribute to a greater control over islet frequency, especially if slow 603 oscillators overlap with other properties of the islet that confer greater control over islet oscillation 604 frequency.

We also speculate that the level of gap junction coupling for cells with slower or faster oscillations may be important: the time course of gap junction current indicates that faster oscillating cells transmit a greater hyperpolarizing current to neighboring cells earlier, as compared to slower oscillating cells. This may explain why the islet oscillation active phase duration trends closer to those cells with a higher frequency and thus shorter active phase duration. However, given the lower gap junction current in the silent phase, this appears not to be sufficient to disproportionately impact the oscillation frequency.

612

613 **Summary.** Overall, the results from this study show how small populations of highly functional cells impact islet function via gap junction electrical coupling. Our simulations suggest that both a small 614 subpopulation of metabolically active cells or the most metabolically active subset of cells within a 615 continuous distribution are unable to maintain elevated $[Ca^{2+}]$ across the islet via gap junction 616 coupling. Further, a small population or subset of cells that shows early $[Ca^{2+}]$ elevations or that have a 617 higher oscillation frequency are also unable to act as rhythmic pacemakers to drive oscillatory $[Ca^{2+}]$ 618 619 dynamics. As such the mechanism(s) by which these cells may act to impact islet function should be 620 further investigated.

Methods 622

623

Coupled β **-cell electrical activity model**– The coupled β -cell model was described previously [35] 624 625 and adapted from the published Cha-Noma single cell model [53, 54]. All code was written in C++ and run on the SUMMIT supercomputer (University of Colorado Boulder). Model code is included in 626 627 supplemental information (Files S1). All simulations are run at 8mM glucose unless otherwise noted.

The membrane potential (V_i) for each β -cell i is related to the sum of individual ion currents as 628 629 described by [53]:

630

 $C_{m} \frac{dV_{i}}{dt} = I_{Cav} + I_{TRPM} + I_{SOC} + I_{bNSC} + I_{KDr} + I_{KCa(SK)}$ 631 $+ I_{K_{ATP}} + I_{NaK} + I_{NaCa} + I_{PMCA} + I_{NaCa} + I_{Coup}$ 632 (1)

Where the gap junction mediated current I_{Coup} [34] is: 634

 $J_{glc} = k_{glc} \cdot f_{glc} \cdot ([Re_{tot}] - [Re])$

 $I_{\text{Coup}} = \sum_{i} g_{\text{Coup}}^{ij} (V_i - V_j)$

635

636

637

Modelling GK activity- The flux of glycolysis Jglc, which is limited by the rate of GK activity in the 638 639 β -cell, is described as:

(2)

(3)

- 640
- 641
- 642

Where k_{glc} is the maximum rate of glycolysis (equivalent to GK activity), which was simulated as a 643 continuous Gaussian distribution with a mean of 0.000126 ms⁻¹ and standard deviation of 25% of the 644 mean (unless indicated). $[Re_{tot}] = 10 \text{mM}$, the total amount of pyrimidine nucleotides. The ATP and 645 646 glucose dependence of glycolysis (GK activity) is:

- 647
- 648

 $f_{glc} = \frac{1}{1 + \frac{K_{mATP}}{[ATP]_i}} \cdot \frac{1}{1 + \left(\frac{K_G}{[G]}\right)^{hgl}}$ (4)

649

Where [G] is the extracellular concentration of glucose, hgl is the hill coefficient, K_G is the half 650 maximal concentration of glucose, and K_{mATP} is the half maximal concentration of ATP. 651

For simulations with changes in variation in GK, the mean remained the same at 0.000126 ms⁻¹, 652 653 but standard deviation of 1% or 50% of the mean was used.

654

655 Hyperpolarizing cell populations– Hyperpolarization of cells was induced by including a V-656 independent leak current I_{hyper} that hyperpolarizes the cell [36], described as:

657

658
$$I_{hyper} = g_{hyper} * (V - V_{hyper})$$
(5)

660 Where g_{hyper} is the hyperpolarizing conductance which is zero in the absence of the applied 661 hyperpolarizing current and is g_{hyper} ' (1- p_{0KATP}) during applied hyperpolarization. The number of cells 662 that were hyperpolarized were defined as the fraction P_{hyp} multiped by the number of cells, N (1000 in 663 all simulations).

For bimodal distribution of GK – The bimodal distribution of GK can be described by the following
2 equations.

(6)

$$667 k_{glc_{GKHigh}} = 3 * k_{glc}$$

668 669

664

 $(k_{glc_{GKLow}} * P_{Low} * N + k_{glc_{GKHigh}} * P_{High} * N)/N = k_{glc}$ (7)

670

690

671 Where $k_{glc_{GKHigh}}$ is the mean rate of glycolysis for the GK_{High} population and is 3 times the islet mean,

672 k_{glc} . The mean rate of glycolysis for the GK_{Low} population, $k_{glc_{GKLow}}$, is scaled so that the islet mean,

 k_{glc} of the whole simulated islet remains the same at 0.000126 ms⁻¹ (7). P_{Low} , the percent of GK_{Low}

674 cells in the simulation, is 90%, and P_{High} , the percent of GK_{High} cells, is 10% in all bimodal simulations.

N is the number of cells in the simulation (1000). The standard deviation of $k_{glc_{GKHigh}}$ and $k_{glc_{GKLow}}$ is

676 1% of the mean for bimodal simulations.677

678 Modelling changes in coupling-

679 Heterogeneity in Cx36 gap junctions is modeled as a γ-distribution with parameters $k=\theta=4$ as 680 described previously [29] and scaled to an average g_{Coup} between cells = 120pS.

681 Simulations where k_{glc} and g_{Coup} are correlated, the values for k_{glc} and g_{Coup} for the 1000 cells are 682 randomly calculated, then these values are ordered for both k_{glc} and g_{Coup} and paired together so that 683 the highest k_{glc} and highest g_{Coup} are pairs. The paired k_{glc} and g_{Coup} values are then randomly 684 distributed to the cells in the simulation.

For simulations where g_{Coup} is described as a bimodal distribution, the GK_{High} cells are given 3x the average coupling and then the distribution is scaled so that mean g_{Coup} remains 120pS similarly to equations (6) and (7).

For simulations where cells are removed, the conductance, g_{coup} , of the cells to be removed is set to 0 pS. Removed cells are excluded from subsequent islet analysis.

Determining high and low phase cells –To determine low phase and high phase cells, one full $[Ca^{2+}]$ 691 oscillation is taken between time points 300 sec to 400 sec. This time point ensures the model and 692 frequencies are stable and in the second phase of $[Ca^{2+}]$ oscillations. A cross correlation is used to 693 determine the time delay of each cell time course compared to the mean $[Ca^{2+}]$ across the islet, using 694 695 xcorr() in MATLAB. A negative delay is therefore equivalent to an earlier oscillation. The low phase 696 cells are determined as the cells with the most negative time delay and the high phase cells are 697 determined as the cells with the most positive time delay. If the cutoff occurs where multiple cells have 698 the same delay, then a random cell is chosen from the cells with the same lag.

Modelling bimodal for low phase cells – The mean values of the low phase and non-low phase cells in the continuous distribution was used to define a new bimodal distribution as described in Table S1. All standard deviations are 1% of the mean. For more information on parameters see [55]. The 'low phase' cell population, N_{lowphase} comprised 10% of the islet (left column), and the N_{non-low} comprised the other 90% (right column).

704

Simulation data analysis - All simulation data analysis was performed using custom MATLAB
 scripts. The first 1500 time points (150 sec) were excluded to allow the model to reach a stable state.

 $\frac{\text{Fraction Active}}{\text{Fraction Active}} \text{ was determined by calculating the fraction of cells that were active relative to the total number of simulated cells (1000). Cells were considered active if membrane potential, [Ca²⁺] exceeded 0.165 \mu M at any point in the time course.}$

The maximum $[Ca^{2+}]$ (S9 Fig). Duty cycle was reported as the mean across all cells in the simulated islet.

Frequency of a cell in the islet was determined by taking the $[Ca^{2+}]$ time-course between times 150 sec and 400 sec and identifying the first 2 peaks. The peak to peak time was determined, and this oscillation period was inverted to calculate the frequency. For whole islet frequency calculations, the coupling in the islet is $g_{Coup}=120pS$ and the mean islet frequency is calculated over all cells in the simulation.

The <u>Intrinsic frequencies</u> were determined using simulations where the mean coupling conductance of all cells in the simulation is $g_{Coup}=0pS$ so that all cells oscillate on their own without influence from other cells within the simulation. When determining low and high frequency cells in the simulation, only active cells were used.

 $\frac{\text{Expected Frequency}}{(g_{\text{Coup}}=0\text{pS})} \text{ that are included in the simulation.} These values are then compared to the simulation where g_{\text{Coup}}=120\text{pS}.$

Total gap junction current for a cell was calculated by summing the gap junction current over each connection between the cell and all of its neighbors, as in equation (2). The total membrane current was calculated as the sum over each current for that cell, as in equation (1).

Active, silent, upstroke and downstroke phases were chosen manually. The Area Under the Curve (AUC) was calculated using the trapz() function in MATLAB, which calculates trapezoidal integration over the time period. AUC was calculated for each cell in the given decile and then averaged over those cells.

Active phase duration for one oscillation was determined for each cell, as the total time $[Ca^{2+}]$ was above 70% of the maximum value, divided by the number of oscillations over the duration assessed.

The silent phase duration was similarly calculated as the total of time $[Ca^{2+}]$ was below 40% of

737 maximum value.

738

Statistical analysis – All statistical analysis was performed in Prism (GraphPad). Either a Student's t test (or Welch's t-test for significantly difference variances) or a one-way ANOVA with Tukey post-

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hoc analysis was utilized to test for significant differences for simulation results. Paired t-test or repeated measures ANOVA was used anywhere the results were compared with a simulated matching control islet or groups within the same islet, e.g. before a population was either hyperpolarized or uncoupled. Data is reported as mean \pm s.e.m. (standard error in the mean) unless otherwise indicated.

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- 753

754 Author contributions

755 Conceptualization and data curation: JMD, RKPB. Funding acquisition, project administration and

supervision: RKPB. Formal analysis and investigation: JMD, JKB. Methodology: JMD, JKB, RKPB.

757 Resources, software, validation and visualization: JMD. Writing, review and editing: JMD, RKPB.

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893 Supporting information captions

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895 S1 Figure. Histograms of GK activity (k_{glc}) and g_{Coup} for all continuous and bimodal 896 distributions in GK activity for Fig 1-3. A). All continuous distributions' histograms. Left: Average 897 frequency of cells at varying GK rate (kglc) for simulations that have different standard deviations in 898 GK activity from Fig 1. Right: Corresponding histogram of average frequency of cells at varying 899 coupling conductance (g_{Coup}). B). As in A but for simulations with a bimodal distribution of GK 900 activity from Fig 2. C). As in A for simulations with bimodal distribution of GK activity and correlated 901 GK and g_{Coup} from Fig 3 top panel. D). As in A for simulations with bimodal distribution of GK 902 activity and bimodal g_{Coup} from Fig 3 bottom panel. Data representative of 4-5 simulations with 903 differing random number seeds.

904

S2 Figure. Additional simulations with continuous distribution in GK activity with correlated 905 g_{Coup} and g_{KATP} . A). Scatterplot of g_{Coup} vs. k_{glc} for each cell from a representative simulation where 906 907 g_{Coup} is correlated with k_{glc} for simulation where GK activity is a modeled as a continuous distribution. B). Fraction of cells showing elevated $[Ca^{2+}]$ activity (active cells) vs. the percentage of cells 908 909 hyperpolarized in islet from simulations with a continuous distribution in k_{glc} with correlated g_{Coup} and 910 k_{glc} as in A. Hyperpolarized cells are chosen based on their GK rate which is correlated to g_{Coup}. C). As in B. but comparing hyperpolarization in high GK cells in the presence (B) and absence (Fig 1c) of 911 912 correlations in g_{Coup} . D). as in A but from a simulation where g_{Coup} and k_{glc} and g_{KATP} (K_{ATP} channel 913 conductance) are correlated. E). As in B. but for simulations where g_{Coup} and k_{glc} and g_{KATP} are 914 correlated. F). As in C. but comparing high GK cells hyperpolarization from Fig 1c to high GK 915 hyperpolarization from simulations where g_{Coup} and k_{glc} and g_{KATP} are correlated (E). Error bars are 916 mean + s.e.m. Repeated measures one-way ANOVA with Tukey post-hoc analysis was performed for 917 simulations in B and C (if there were any missing values a mixed effects model was used) and a 918 Student's t-test was performed for C and F (Welches t-test for unequal variances was used when 919 variances were determined to be statistically different using an F-test) to test for significance. 920 Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** 921 indicates significant difference (p<.01), *** indicates significant difference (p<.001), **** indicates 922 significant difference (p<.0001). Data representative of 5 simulations with differing random number 923 seeds.

924

925 S3 Figure. Simulations predicting effect of 50% reduction in coupling in simulations with continuous and bimodal distributions in GK activity. A). Fraction of cells showing elevated $[Ca^{2+}]$ 926 927 activity (active cells) vs. the percentage of cells hyperpolarized in islet from simulations with a 928 continuous distribution as in Fig 1c but with 50% reduction in average coupling conductance (60pS) 929 for all cells. Hyperpolarized cells are chosen based on their GK rate. B). As in A. but comparing 930 hyperpolarization in high GK cells in simulations with full coupling (120pS - Fig 1c) and reduced 931 coupling (60pS) from A. C). as in A but for bimodal simulations with reduced coupling (60pS). D). As 932 in B but comparing bimodal distributions in GK with full coupling (120pS) from Fig 2d to bimodal 933 simulations with reduced coupling (60pS) from C. Error bars are mean + s.e.m. Student's paired t-test 934 was performed to test for significance for all simulations. Significance values: ns indicates not

935 significant (p>.05), * indicates significant difference (p<.05), ** indicates significant difference 936 (p<.01), *** indicates significant difference (p<.001), **** indicates significant difference. Data 937 representative of 4-5 simulations with differing random number seeds.

938

939 S4 Figure. Fraction of active cells in simulations where cells are uncoupled from the rest of the 940 cells in the islet from Fig 4-6. A). Fraction of cells showing elevated $[Ca^{2+}]$ activity (active cells) in simulated islets vs. the percentage of cells uncoupled in islet from simulations in Fig 4. B). As in A but 941 942 for simulations in Fig 5. C). As in A but for simulations in Fig 6. D). As in A but for simulations in S6 943 Fig. Error bars are mean + s.e.m. Repeated measures one-way ANOVA was performed for simulations 944 in A and B and a Student's paired t-test was performed for C and D to test for significance. Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** 945 946 indicates significant difference (p<.01), *** indicates significant difference (p<.001), **** indicates 947 significant difference. Data representative of 5 simulations with differing random number seeds.

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949 S5 Figure. Random removal of cells vs. random removal of a region of cells. A). Schematic 950 showing which cells are chosen to be removed when a random selection of cells is chosen across the 951 islet. B). Schematic showing which cells are chosen to be removed when a *random region* of cells is 952 chosen. C). The frequency of the islet after removal of 0%, 10%, or 30% of randomly chosen cells or 953 from a random region. Error bars are mean + s.e.m. Student's t-test was performed for 10% and a 954 Welch's t-test for unequal variances was used to test for significance at 30% of cells removed. 955 Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates significant difference (p<.001), **** indicates 956 957 significant difference. Data representative of 4-9 simulations with differing random number seeds.

958

959 S6 Figure. Simulations predicting the effect of 50% reduction in coupling in simulations where 960 high and low phase cells are removed under a continuous model. A). Average frequency of islet when indicated populations of cells are removed from the simulated islet with 50% reduction in 961 962 coupling conductance (60pS). B). Change in frequency of islet with indicated populations removed 963 with respect to control islet with all cells present. C). Change in frequency when low phase cells are 964 removed compared to average oscillation frequency of remaining cells that indicates the expected 965 oscillation frequency. D). Same as C. but for simulations where high phase cells are removed. Error 966 bars are mean + s.e.m. Repeated measures one-way ANOVA with Tukey post-hoc analysis was 967 performed for simulations in A-B and a Student's paired t-test was performed for C and D to test for 968 significance. Significance values: ns indicates not significant (p>.05), * indicates significant difference 969 (p<.05), ** indicates significant difference (p<.01), *** indicates significant difference (p<.001), **** 970 indicates significant difference (p<.0001). Data representative of 4 simulations with differing random 971 number seeds.

972

973 S7 Figure. Simulations predicting the effect of removing cells from individual populations of the 974 bimodal model of low phase cells. A). Average intrinsic oscillation frequencies of all cells, top 1% or 975 10% of high frequency cells, or low frequency cells when re-simulated in the absence of gap junction 976 coupling from bimodal model of phase. B). Phase lag from islet average of top 1% or 10% of high

frequency, low frequency cells, or random cells. C). Average k_{glc} from all cells, high frequency cells, 977 978 or low frequency cells across simulated islet. D). Change in frequency of islet with indicated 979 populations removed with respect to control islet with all cells present. E). Change in frequency when 980 high frequency cells are removed compared to average oscillation frequency of remaining cells that 981 indicates the expected oscillation frequency. F). Same as E. but for simulations where low frequency 982 cells are removed. Error bars are mean + s.e.m. Repeated measures one-way ANOVA with Tukey 983 post-hoc analysis was performed for simulations in A-D and a Student's paired t-test was performed 984 for E and F to test for significance. Significance values: ns indicates not significant (p>.05), * indicates 985 significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates significant 986 difference (p<.001), **** indicates significant difference (p<.0001). Data representative of 5 987 simulations with differing random number seeds.

988

989 S8 Figure. Simulations predicting the effect of removing a region of high frequency cells from a 990 bimodal model of low phase cells. A). Schematic of frequency across simulated islet with a bimodal 991 distribution in GK activity and a region of high frequency cells. B). Schematic of phase lag across 992 simulated islet with a bimodal distribution in GK activity and a region of high frequency cells. C). 993 Change in frequency of islet with indicated populations removed with respect to control islet with all 994 cells present comparing bimodal model with a region of high frequency cells to a bimodal model with 995 randomly distributed high frequency cells as in Fig 6. D). Change in frequency when high frequency 996 region is removed compared to average oscillation frequency of remaining cells that indicates the 997 expected oscillation frequency. Error bars represent mean + s.e.m. Student's t-test was performed for C 998 and D (paired test) to test for significance. Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** indicates significant difference (p<.01), *** indicates 999 significant difference (p<.001), **** indicates significant difference (p<.0001). Data representative of 1000 1001 5 simulations with differing random number seeds.

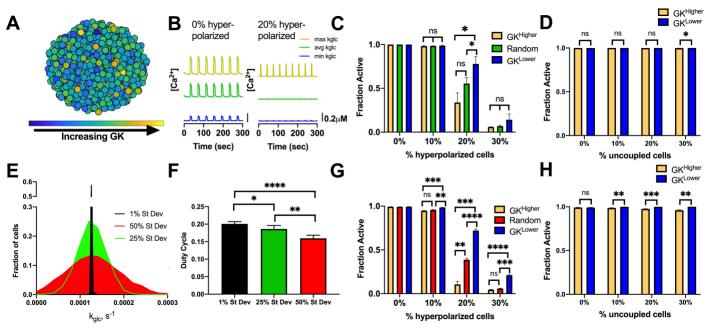
S9 Figure. Analysis of changes in [Ca²⁺] wave dynamics when high/low phase or high/low 1003 1004 frequency cells are removed from islet. A). Change in mean duration of active phase when top 1%, 1005 10% or 30% low/high phase cells are removed from simulations in Fig 4. B). Change in mean duration 1006 of silent phase when top 1%, 10% or 30% low/high phase cells are removed from simulations in Fig 4. 1007 C). Change in mean duty cycle when top 1%, 10% or 30% low/high phase cells are removed from 1008 simulations in 4. D). As in A for simulations when high/low frequency cells are removed from Fig 5. 1009 E). As in B for simulations when high/low frequency cells are removed from Fig 5. F). As in C for 1010 simulations when high/low frequency cells are removed from Fig 5. Error bars are mean \pm s.e.m. 1011 Paired Student's t-test was used to test for significance. Significance values: ns indicates not significant (p>.05), * indicates significant difference (p<.05), ** indicates significant difference 1012 (p<.01), *** indicates significant difference (p<.001), **** indicates significant difference (p<.0001). 1013 1014 Data representative of 5 simulations with differing random number seeds.

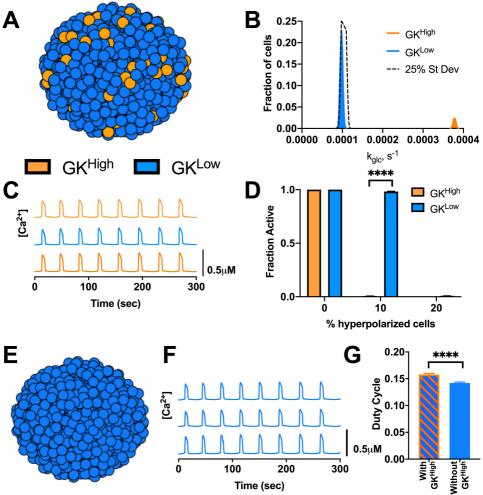
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1016 S1 Table: Parameters for bimodal phase low cell simulations. Table describes the parameters that 1017 have heterogeneous populations in computational model. The mean of each population is determined 1018 from the mean parameter value from continuous simulations (See methods). bioRxiv preprint doi: https://doi.org/10.1101/2020.10.28.358457; this version posted October 28, 2020. The copyright holder for this preprint (which was not certified by peer review) is the author/funder. All rights reserved. No reuse allowed without permission.

- 1020 S1 Files: Model code used in this study, in zip file. Files include those used to generate data in figure
- 1021 1, figure 2, figure 4 and figure 6.





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