COVID-19 risk haplogroups differ between populations, deviate from

Neanderthal haplotypes and compromise risk assessment in non-Europeans

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Abstract

Recent genome wide association studies (GWAS) have identified genetic risk factors

for developing severe COVID-19 symptoms. The studies reported a 1bp insertion

rs11385942 on chromosome 3[1] and furthermore two single nucleotide variants (SNVs)

rs35044562 and rs67959919[2], all three correlated with each other. Zeberg and Pääbo[3]

subsequently traced them back to Neanderthal origin. They found that a 49.4 kb

genomic region including the risk allele of rs35044562 is inherited from Neanderthals

of Vindija in Croatia. Here we add a differently focused evaluation of this major genetic

risk factor to these recent analyses. We show that (i) COVID-19-related genetic factors

of Neanderthals deviate from those of modern humans and that (ii) they differ among

world-wide human populations, which compromises risk prediction in non-Europeans.

Currently, caution is thus advised in the genetic risk assessment of non-Europeans

during this world-wide COVID-19 pandemic.

Main

In general, GWAS relate genotypes to phenotypes such as disease susceptibility and severity. However, association does not imply causality. To pinpoint causal variant(s) underlying a GWAS association signal which typically comprises many correlated variants, a so-called fine-mapping is performed in a first step. And ultimately, fine-mapping must be followed by experimental validation to eventually identify causal variant(s) and mechanisms. While GWAS are based on cohort data, a personal risk can be assessed nonetheless, via associated variants as proxies for causal variants. For this, the cohort's genetic linkage patterns need to be representative of the individuum's genetic background. This requirement, however, is often violated, especially for individuals having non-European ancestry. In a world-wide COVID-19 pandemic this might jeopardize individual genetic risk prediction and requires current risk factors to be used with caution as we show below.

The first GWAS study by the Severe Covid-19 GWAS Group *et al.*[1] obtained a credible set of 22 highly correlated risk variants through *in silico* fine-mapping using FINEMAP[4], including the reported lead variant rs11385942. In combination, these variants have an overall probability greater than 95% to include the causal variant, while each of the 22 variants has an individual causal probability between 1 and 11% (median: 4%).

19 of these 22 risk variants are identifiable in the Vindija Neanderthal genome and four carry protective alleles, which accumulates to a risk probability of 64% for containing a causal variant. This probability could increase to 82%, if the missing variants were risk alleles as well. Zeberg and Pääbo addressed 13 of the 19 variants in their Neanderthal study, with an overall maximum probability to include a causal variant of

61%. However, as two positions carry protective alleles the risk probability of the

previously assessed Vindija Neanderthal haplotype is only 52%.

Our results presented here complement the haplotype-based assessment of Zeberg

and Pääbo. We use the same 1000 Genomes[5] data as in the original study, but with

three important differences: (i) We investigate haplotypes within a larger genomic

region of 65.8 kb length that incorporates all 22 COVID-19 related variants, all of which

have an overall probability of more than 95% to include the causal variant. This

considerably increases the probability of only 61% covered by the original analysis. (ii)

We investigate only the haplotypes for the 22 credible set variant positions, that is, only

COVID-19 risk-related haplotypes. Previously, all haplotypes including all variant

positions were used to obtain a comprehensive phylogenetic tree of the locus, which

showed how haplotypes carrying the latest lead variant rs35044562 form a clade with

Neanderthals. Here we characterize risk-related haplotypes irrespective of

phylogenetic relationships. (iii) Lastly, the former haplotype-based assessment used

only lead variant rs35044562 to classify haplotypes as risk ones. Instead, we here

make use of individual probabilities of the risk variants.

Haplotypes from 1000 Genomes belong to 38 different haplogroups (labeled H1-H38

in order of overall count, Fig. 1c). Risk-related haplotypes have an aggregated

frequency of 10% in the whole dataset and variable frequencies from 1 to 31% in

different continental populations (Fig. 1a). Eight haplogroups, H1-H8, have counts

higher than 10 and the most common is the protective haplotype H1. Risk haplotypes

H2-H8 tend to differ between continental populations (Fig. 1a). For them, COVID-19

genetic risk probability varies substantially between 8 and 96%. The high risk

haplogroups H2, H3 and H8 differ by one or two alleles, and differ from the low risk

haplogroups H5, H6 and H7 all of which are similar to the protective haplogroup H1

(Fig. 1b). However, individuals carrying a risk haplogroup very dissimilar from

Neanderthal haplotypes may still carry a causal variant (Fig. 1c); this holds particularly

true for Africans with haplogroups H5 or H6 (19% or 11% probability) and for Asians

with haplogroup H7 (8% probability). Haplogroup H3 has highest risk probability and

is the most common risk haplogroup in Europeans and Americans (Fig. 1b).

All human risk haplogroups differ from Neanderthal haplotypes (Fig. 1c). They share

at most 11 of the 13 previously assessed Neanderthal alleles and 16 of 19 known

Vindija alleles. We used IBDmix[6], a recent tool for individual-level identification of

Neanderthal-inherited regions, to obtain Vindija Neanderthal-introgressed sequences

greater than 30 kb. Introgressed sequences overlapped the considered 65.8 kb

genomic region for most risk haplogroup carriers H2, H3, H4 and H8, yet were absent

for most protective homozygous H1 haplogroup carriers and all low risk H5/H6

haplogroup carriers, respectively.

In Africans, the protective H1 and low risk H5/H6 haplogroups occur almost

exclusively. Still this population carries the lead risk variant allele rs11385942 as well

as, interestingly, two protective Neanderthal alleles. Given the only 11% probability of

rs11385942 to be causal there is thus a fair chance that this lead variant incorrectly

classifies Africans to be at risk of developing severe COVID-19 symptoms. This would

contradict classification using the lead variant rs35044562. Overall, when classifying

individuals that carry the GA allele rs11385942 to be at risk, 477 haplotypes would be

considered at risk, and these have an average probability of only 82% to contain the

causal risk allele. If instead the Meta-GWAS risk allele of rs35044562 were used for

classification, African haplogroups H5 and H6 would not be considered at risk. The

overall 410 haplotypes considered at risk have an average probability of 92% to

contain the causal risk allele.

Only 1% of East Asian haplotypes belong to the risk haplogroups and none of them

belongs to the largest risk probability haplogroup H3, which is predominantly

European. Contrary to this, the South Asian risk haplotype frequency is 31%, the

highest among all continental populations, a consequence of the predominance of the

haplogroups H2, H4 and H8. These haplogroups contain protective alleles that reduce

the risk probability by 2, 8 and 9% with respect to the highest risk haplogroup H3. Most

South Asian haplotypes thus have lower risk probability than European haplotypes.

Zeberg and Pääbo denoted the difference between South and East Asian populations

as unexpected and significant and state that it may indicate genetic selection. Our

analysis shows that South Asian risk haplogroups are genetically more diverse, which

may be the result of adaption. Both East Asian risk haplotype depletion as well as

South Asian haplotype diversity can be hypothesized to result from exposure to

pathogens related to severe respiratory diseases. Further, the protective G allele of

rs76374459 is shared by predominantly South Asian haplogroups H2, H4, H7 and H8.

If this variant was causal (2% probability) using lead variants such as rs11385942 or

rs35044562 would incorrectly classify individuals carrying these haplogroups to be at

risk. This applies to few Europeans, but mostly to non-Europeans.

In conclusion we find that classification into high and low COVID-19 risk is extremely

error-prone in non-European populations, if this assessment is based on currently

known European risk variants and probabilities. The risk haplogroup diversity observed

across populations thus compromises risk assessment in non-Europeans. This

situation is currently improved by performing ancestry-matched GWAS in non-

European populations. Further, narrowing down the list of candidate causal variants using complementary, e.g. experimental approaches will help in the process. These diverse systems genetics efforts will eventually converge into genetic causes and corresponding molecular mechanisms that explain non-environmental variation in COVID-19 severity.

References

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Acknowledgements

We thank the COVID-19 Host Genetics Initiative for publicly releasing GWAS summary statistics. IW and HB acknowledge funding by the Deutsche

Forschungsgemeinschaft (DFG, German Research Foundation) under Germany's

Excellence Strategy—EXC 22167-390884018. Verónica Calonga-Solís was

supported by a scholarship from Deutscher Akademischer Austauschdienst (DAAD)

and Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES). All

authors acknowledge computational support from the OMICS compute cluster at the

University of Lübeck.

Code availability

No custom algorithms or software have been applied. The R and Python script used

for analysis are available from the authors.

Data availability

Variants rs35044562 and rs67959919 are lead variants of two subsequent Meta-

GWAS of the COVID-19 Host Genetics Initiative, both comparing hospitalized

COVID-19 with population controls (release 3: ANA_B2_V2 and release 4: B2_ALL,

respectively; with summary statistics available at https://www.covid19hg.org). 1000

Genomes variant data (phase 3 release) is available at

https://www.internationalgenome.org. Neanderthal variant data is provided by the

Max Planck Institute for Evolutionary Anthropology at

http://cdna.eva.mpg.de/neandertal (Chagyrskaya, Altai and Vindija 33.19). The world

graphic was obtained from Natural Earth, a public domain map dataset.

Contributions

I.W and V. C.-S conceived the study. All authors designed the study. I.W, V. C.-S.

and N.J performed data analysis. I.W. prepared figures and wrote the first manuscript

draft. All authors contributed to and approved the final manuscript.

Competing interests

The authors declare no competing interests.

Figure 1: a) Risk haplogroups in different continental populations. b) Comparison of

the eight most common haplogroups and their occurrence in continental populations.

For each haplogroup, the alleles for 22 risk variants are provided in the order of

chromosomal position. Red alleles are risk alleles, green alleles are protective.

Network nodes and edges are correlated with haplotype frequency and allele

difference, respectively. c) Heatmap depicting all 38 haplogroups observed in n=5008

haplotypes from 1000 Genomes as well as three Neanderthals (Altai, Chagyrskaya

and Vindija). Red denotes risk alleles, green denotes protective alleles. Variant order

is according to chromosomal position. Annotated are the number of haplotypes of

every haplogroup (log10 scale) and the risk probability of every haplogroup

considering all 22 variants as well as considering only the 13 variants previously

assessed by Zeberg and Pääbo. d) Distribution of risk probabilities for risk

haplotypes of the 1000 Genomes populations. Box plots display median and

lower/upper quartiles; whiskers denote the most extreme data point no more than 1.5

times the interquartile range; outliers are data points extending beyond whiskers.