

1 *In vitro* evaluation of the response of human tendon-derived stromal cells to a novel
2 electrospun suture for tendon repair

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24

25 **Abstract**

26 Recurrent tears after surgical tendon repair remain common. Repair failures can be partly
27 attributed to the use of sutures not designed for the tendon cellular niche nor for the promotion
28 of repair processes. Synthetic electrospun materials can mechanically support the tendon whilst
29 providing topographical cues that regulate cell behaviour. Here, a novel electrospun suture
30 made from twisted polydioxanone (PDO) polymer filaments is compared to PDS II, a
31 clinically-used PDO suture currently utilised in tendon repair. We evaluated the ability of these
32 sutures to support the attachment and proliferation of human tendon-derived stromal cells using
33 PrestoBlue and Scanning Electron Microscopy. Suture surface chemistry was analysed using
34 X-ray Photoelectron Spectroscopy. Bulk RNA-Seq interrogated the transcriptional response of
35 primary tendon-derived stromal cells to sutures after 14 days. Electrospun suture showed
36 increased initial cell attachment and a stronger transcriptional response compared to PDS II,
37 with relative enrichment of pathways including mTorc1 signalling and depletion of epithelial
38 mesenchymal transition. Neither suture induced transcriptional upregulation of inflammatory
39 pathways compared to baseline. Twisted electrospun sutures therefore show promise in
40 improving outcomes in surgical tendon repair by allowing increased cell attachment whilst
41 maintaining an appropriate tissue response.

42 **Keywords**

43 Electrospinning; Electrospun suture; PDS II; Polydioxanone; Tendon repair; Tissue
44 engineering

45

46

47 **Introduction**

48 Tendon injuries are common and cause pain and reduced quality of life for patients. Rotator
49 cuff tendon tears alone affect around 50% of those over 66 years of age¹ and many of these
50 patients require surgical repair². However, despite exploration of different suture methods,
51 surgical tendon repairs have poor outcomes due to suture pull-through or tissue re-tears, with
52 40% of rotator cuff repairs failing within one year³. This failure to successfully repair torn
53 tendons causes long-term disability and represents a significant socioeconomic cost⁴.

54 Suture-based re-joining of tendon ends is the current gold standard surgical treatment for
55 tendon injuries, but currently used sutures have been repurposed from other anatomical sites
56 and have not been designed for the tendon niche. Clinically-used sutures are manufactured
57 from synthetic polymers with high tensile strength to provide mechanical augmentation.
58 However, their topographical characteristics (including fibre diameter) are dissimilar to native
59 tendon, which is composed of multiple aligned small diameter collagen fibres. Furthermore,
60 cells do not integrate with the material⁵, demonstrated by acellular zones forming around
61 sutured sites^{6,7}. This lack of infiltration and integration likely contributes to poor tendon healing
62 at the suture-tissue interface. In addition, immune and stromal cells drive a foreign body
63 response to implantable materials including sutures. This can result in chronic inflammation,
64 which can hamper endogenous repair and lead to tissue failure⁸.

65 The use of sutures that enable cellular attachment and proliferation, and that do not raise a
66 chronic inflammatory response may improve the efficacy of tendon repair⁵. Electrospun
67 materials show particular promise and can be produced from synthetic and clinically-approved
68 materials, including polydioxanone (PDO), which is an absorbable polymer used to produce
69 PDS II sutures currently deployed in tendon repair. The high surface area and porosity of
70 electrospun materials together with the ability to manufacture them with fibre diameters similar
71 to the collagen fibres in native tendons provides biomimicry not afforded by conventional

72 sutures⁹. Electrospun materials also promote infiltration and proliferation of stromal cells,
73 including those derived from tendon, and induce expression of tenogenic markers¹⁰⁻¹². Surface
74 chemistry, fibre diameter, and alignment of materials can tune cell behaviour and this can be
75 exploited to drive repair. However, when manipulating the mechanical and topographical
76 properties of a clinically-approved material it is important to define the cellular response to its
77 specific material properties.

78

79 Twisting and braiding electrospun strands into bundles can direct cells to attach and grow in a
80 parallel network, similar to the macroscopic architecture of tendon^{14,15}. The morphology and
81 proliferation of tendon-derived stromal cells cultured on electrospun materials have been
82 previously described, but only a small number of selected genes was assessed in tendon-derived
83 stromal cell gene expression analyses^{14,16-18} and response^{7,13}. Previous work has also described
84 the twisting of electrospun PDO fibres into prototype multifilament yarns that have similar a
85 tensile strength to currently used sutures and that resemble the hierarchical structure of
86 tendons¹³. Following *in vivo* tendon injury in a rat and sheep model, prototype electrospun
87 sutures supported cellular infiltration with a minimal inflammatory response. Understanding
88 how tendon cells interact with the material *in vitro* can therefore help predict how the
89 electrospun suture will interact and integrate with tendon *in vivo*. The effect of twisted
90 electrospun sutures on the global transcriptional profile of tendon-derived stromal cells *in vitro*
91 or *in vivo* is not well explored. It therefore remains necessary to understand the response of
92 tendon cells to sutures developed for their surgical repair, compared to sutures currently used
93 in surgery.

94

95 The overarching aim of this *in vitro* study is to assess the potential of twisted electrospun PDO
96 sutures in tendon repair. This builds on our previously published work^{13,19} and uses a modified

97 electrospun suture that ensures uniformity of fibre diameter, and a high tensile strength and
98 hierarchical structure that has potential to both mechanically and biologically support repair.
99 We hypothesized that a twisted electrospun suture would promote tendon-derived stromal cell
100 attachment and proliferation and induce a pro-reparative gene expression profile.

101

102 **Materials and Methods**

103 Suture preparation

104 Electrospun sutures were fabricated according to the protocol described in supplementary
105 material 1. Four 2 cm pieces of electrospun suture and PDS II (Ethicon Inc.) were then melted
106 together at both ends by holding near a 200°C hot wire (Proxxon, Axminster, UK). This formed
107 mats that could be transferred between tissue culture wells without disrupting cells. The mats
108 were sterilised by submerging in 70% ethanol for 2 hours, and dried overnight. The sutures
109 were washed twice in PBS and soaked for 2 hours in D10 medium (DMEM-F12 (Thermo
110 Fisher Scientific) supplemented with 10% Foetal Calf Serum (Labtech, Melbourn, UK) and
111 1% Penicillin-Streptomycin (Thermo Fisher Scientific)).

112

113 Tendon-derived stromal cell seeding

114 Waste healthy mid-body hamstring tendon tissue was collected from four male patients aged
115 20-43 (SD +/- 9.4 yr), BMI 21.46-27.76 (SD +/- 2.77 kg/m²), during Anterior Cruciate
116 Ligament reconstruction. Tendon-derived stromal cells were extracted and expanded from
117 tendon explants as previously described¹⁸ (S2). 50,000 tendon-derived stromal cells (passage
118 3) were seeded dropwise onto the suture mats, or directly into empty wells for Tissue Culture
119 Plastic (TCP) controls (3 technical repeats for each patient). TCP controls were used later to
120 determine whether changes in gene expression were caused by cell-instructive cues provided
121 by the suture materials. After 4 hours, mats were transferred into a new 12-well plate.

122

123 Scanning Electron Microscopy

124 Suture pieces were prepared for imaging (S3). The Evo LS15 Variable Pressure Scanning
125 Electron Microscope (Carl Zeiss AG, Oberkochen, Germany) was used to capture images.
126 Images were taken at 200X magnification to visualise suture structure, and at 2000X
127 magnification to visualise attached cells.

128

129 Cell Viability

130 Measurements of cell viability were performed by incubating cells seeded on TCP and sutures
131 in 10% PrestoBlue for 2 hours on days 1, 4, 7, 11 and 13 after seeding (S4). Fluorescence was
132 measured using a FLUOstar Omega Microplate Reader (BMG Labtech, Aylesbury, UK) at 544
133 nm excitation and 590 nm emission.

134

135 RNA Sequencing

136 RNA was extracted (S5) from hamstring tendon-derived stromal cells (n=4 patients) after 14
137 days culture on sutures and TCP after 14 days culture and at baseline (time of seeding on
138 sutures and TCP).²⁰

139 Bulk RNA-Seq interrogated the tendon-derived stromal cells' transcriptomic response to the
140 sutures. Libraries were created using a NEBNext Ultra II Directional RNA Library Prep Kit
141 for Illumina (New England Biolabs, Ipswich, MA, USA) and sequencing performed on an
142 Illumina NextSeq 500 using a NextSeq High Output Kit. A quality control (QC) report was
143 collated using the MultiQC tool (v1.7)²¹. Due to low percentage alignment with the reference
144 genome, one PDS II sample did not pass QC and was excluded from analysis. Principal
145 Component Analysis plots extracted the components responsible for most of the dataset
146 variance (S6). The DESeq2 package²² was utilised to undertake pairwise comparisons of gene

147 expression at 14 days of culture . Gene-set enrichment analyses was performed using the cluster
148 Profiler package²³, and data visualised using Enhanced Volcano and ggplot2.

149

150 X-ray Photoelectron Spectroscopy

151 To assess the surface chemistry of sutures, sutures were flattened into sheets by a hydraulic
152 press (Specac, Orpington, UK) set to 8 tonnes for 30 seconds, and mounted onto a glass slide
153 using double-sided carbon tape. X-ray Photoelectron Spectroscopy (XPS) measurements were
154 made using an AXIS Supra (KRATOS Analytical, Stretford, UK) (S8).

155

156 Data Analysis

157 GraphPad Prism 8 (GraphPad Software Inc., San Diego, CA, USA) was used for statistical
158 analysis of XPS and cell viability data. The D'Agostino-Pearson test was used to test the
159 normality of the biological replicates. Unpaired t-tests were used to determine whether there
160 was a difference in between the two suture samples. The Holm-Sidak method was used to
161 correct for multiple comparisons. Results were deemed statistically significant when $p < 0.05$,
162 and statistical significance is displayed in shorthand as * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, and
163 **** $p < 0.0001$. R and R packages (S7) were used to analyse gene expression data.

164

165 **Results**

166 Initial cell attachment was higher on twisted electrospun suture than PDS II

167 To compare the ability of electrospun and PDS II sutures to support attachment and
168 proliferation of tendon-derived stromal cells, cells were cultured for 13 days on each surface
169 and assessed using SEM imaging and PrestoBlue viability assays. SEM images showed cells
170 attaching to and proliferating on both sutures, with cell coverage increasing throughout the
171 duration of the experiment (Figure 1 A-H). PrestoBlue viability analysis was used to give a

172 surrogate measure of relative cell number over 13 days of tissue culture. The number of viable
173 cells was higher on the electrospun suture compared to PDS II on day 1 ($p < 0.001$) (Figure 1I),
174 indicating higher initial stromal cell attachment. The number of cells present on electrospun
175 sutures remained higher throughout the culture period, with the electrospun suture containing
176 4 times as many cells than PDS II by day 13 ($p < 0.0001$) (Figure 1I). When cell number was
177 baseline-corrected relative to day 1, there were no differences in proliferation rates on each
178 suture material (Figure 1J).

179

180 Electrospun suture elicits a stronger transcriptional response in tendon-derived stromal cells
181 than PDS II

182 The transcriptome of tendon-derived stromal cells at baseline and cultured for 14 days on the
183 sutures or TCP was evaluated using bulk RNA-Seq. Differentially expressed genes ($\text{Padj} < 0.05$,
184 $\text{LFC} \geq 1$) of cells cultured for 13 days on electrospun sutures, PDS II, and TCP compared to
185 baseline are shown using volcano plots (Figure 2). After 14 days' culture, 1849, 667 and 61
186 genes were differentially expressed on electrospun sutures, PDS II and TCP, respectively, when
187 compared to baseline (Figure 2A-C). When directly comparing the transcriptome of cells
188 cultured on electrospun and PDS II sutures on day 13, 122 genes were differentially expressed
189 (Figure 2D).

190

191 Hallmark gene-set enrichment analysis was used to analyse if the differentially expressed genes
192 significantly contributed to changes in 50 well-defined biological processes (Figure 3). While
193 both sutures upregulated expression of gene-sets associated with cell cycle progression (MYC-
194 and E2F- Targets) and DNA repair, the electrospun suture lead to more pronounced changes
195 than PDS II. Additional differences between the two sutures could be seen in pathways related
196 to inflammation (IL6-JAK-STAT3 Signalling and $\text{TNF}\alpha$ Signalling via $\text{NF-}\kappa\text{B}$) and hypoxia,

197 which were significantly downregulated by PDS II, which is similar to TCP but not the
198 electrospun suture. When directly comparing the two sutures, 18 gene-sets were differentially
199 regulated (Figure 3.B) including enrichment for Mtorc 1 signalling and Myc targets, and a
200 relative reduction in the genesets belonging to the epithelial to mesenchymal transition pathway
201 in cells cultured on electrospun suture compared to PDS II sutures. Gene ontology gene-set
202 enrichment analysis found that differentially regulated genes between electrospun and PDS II
203 sutures contributed to changes in biological adhesion, cellular component morphogenesis, and
204 (collagen containing) extracellular matrix.

205

206 Local surface chemistry of electrospun sutures and PDS II is similar

207 While electrospun and PDS II sutures are both made of PDO, these results show that tendon-
208 derived stromal cells cultured on these sutures have significant differences in attachment and
209 transcriptional response. Differences in chemical functional groups at the suture surface may
210 mediate altered serum protein attachment, leading to the observed differences in tendon-
211 derived stromal cell response electrospun and PDS II sutures²⁴. To establish whether
212 differences in the structure or manufacturing processes of the sutures had resulted in differences
213 in surface chemistry, XPS analysis was used to determine the functional groups present on the
214 surface of the suture. Both sutures are made from PDO, containing C-C/C-H, C-O and C=O
215 functional groups, and these groups were all present on the surface of both sutures. Although
216 there were subtle alterations in the abundance of C-O groups on the surface of electrospun
217 compared to PDS II sutures this did not reach statistical significance (Figure 4), suggesting that
218 differences in structure and manufacturing processes do not strongly affect suture surface
219 chemistry.

220 **Discussion**

221 Tendon disease is common and surgical repair of torn tendons is prone to failure. Electrospun
222 materials that mimic the hierarchical structure of tendon tissues could be used to support
223 endogenous tissue repair. This work aimed to investigate the potential of a twisted electrospun
224 suture in the surgical repair of tendon tears. Tendon-derived stromal cells showed increased
225 attachment to electrospun sutures. We also demonstrated that electrospun sutures induced a
226 distinct and stronger tendon-derived stromal cell transcriptomic response when compared to
227 PDS II sutures.

228 Tendon-derived stromal cells attached to and proliferated on both electrospun sutures and PDS
229 II, but initial cell attachment to electrospun sutures was significantly higher. There were no
230 statistically significant differences in the sutures' surface chemistry, which would have meant
231 similar serum protein attachment and subsequent cell attachment. However, it is likely that the
232 greater cell attachment to electrospun suture was caused by its highly-textured surface and high
233 surface area, compared to the smoother surface of PDS II. Indeed, electrospun sutures are
234 composed of multiple twisted fibres with diameters that not only resemble collagen fibrils but
235 have also been shown to promote fibroblast adhesion and infiltration^{25,26}. The attachment of
236 greater cell numbers could potentially lead to relative increases in ECM production, possibly
237 accelerating tendon repair. Electrospun sutures have previously been shown to promote cellular
238 infiltration *in vivo* and improved tissue integration which could reduce the rate of suture pull
239 through⁷.

240 To investigate the sutures' effects on gene expression, RNA-Seq was performed on healthy
241 tendon-derived stromal cells after 14 days' culture on TCP, electrospun and PDS II sutures.
242 Ideally, sutures should stimulate a gene expression profile indicative of wound healing,
243 upregulating pathways associated with cell proliferation and repair, without uncontrolled or
244 sustained upregulation of fibrotic or inflammatory pathways^{8 27}. Tendon-derived stromal cells

245 cultured on electrospun suture and PDS II both upregulated gene-sets associated with the cell
246 cycle, indicating enhanced cellular proliferation, and upregulated mTORC1 signalling,
247 indicating upregulation of pathways relating to wound healing, protein synthesis and tendon
248 maturation²⁸. These results were more pronounced for electrospun sutures. PDS II is regarded
249 as an immune-compatible suture, based on favourable cellular inflammatory responses in
250 rodent models of soft tissue repair, and therefore the similarities in response to PDS II and
251 electrospun sutures supports exploration of electrospun sutures for tendon repair²⁹⁻³¹. Tendon-
252 derived stromal cells cultured on electrospun sutures also downregulated epithelial
253 mesenchymal transition and extracellular matrix genesets, and upregulated NF-kB genesets
254 when compared to PDS II. This suggests they induce a wound healing response that is not
255 strongly fibrotic, potentially minimising formation of weak scar tissue which may lead to
256 tendon repair failure³². Surface chemistry, porosity and topography are all able to regulate
257 fibroblast behaviour and may have contributed to the differences in transcriptional profile of
258 tendon-derived stromal cells cultured on PDS II and electrospun sutures. Few genes were
259 differentially expressed after 14 days of culture on TCP, indicating that PDS II and electrospun
260 sutures provided cell-instructive cues and that gene expression changes on these sutures were
261 not due to temporal changes due to prolonged culture alone. Although PDS II is considered
262 biocompatible, it was not designed for repairing damaged tendon tissue. By allowing increased
263 tendon-derived stromal cell attachment whilst not inducing a fibrotic transcriptional response,
264 electrospun sutures could therefore improve the outcomes of surgical tendon repair when
265 compared to currently used sutures.

266

267 **Perspectives**

268 Future directions and limitations

269 This work has a number of limitations. Tendon-derived stromal cells from diseased tendons
270 would better recapitulate the response of pathological tissue to the materials. Tissue from
271 massive rotator cuff tears (>5cm) are in greatest need of improved augmentation materials, as
272 they have the highest rate of failure³³. Finally, during surgical repair, the damaged tendon is
273 rapidly infiltrated by macrophages³⁴, which could alter the cellular environment that
274 biomaterials are exposed to^{35,36}. Tendon-derived stromal cells co-cultured with monocyte-
275 derived macrophages would more accurately recapitulate the diseased tendon niche.

276 As Bulk-RNAseq can mask the response of cell subsets, it is also necessary to explore cell
277 type-specific responses to various sutures. Recent reports have used single-cell RNA-Seq of
278 healthy and diseased tendon to identify 8 or more subpopulations of tendon cells, including 5
279 distinct types of tendon-derived stromal cells^{37,38}.

280 Endogenous tendon repair lasts longer than the 14 days of tissue culture conducted in this study
281 and occurs within a loading environment³⁹. However it should be noted that Rashid *et al.*
282 examined the *in vivo* response of English Mule sheep tendon 3 months after surgical repair
283 with a similar electrospun suture to the one described in this paper⁷. There was little
284 inflammation and extensive cellular infiltration into the suture upon histological examination.

285

286 **Conclusions**

287 This study compared the tendon-derived stromal cell response to clinically-used PDS II and a
288 novel twisted PDO electrospun suture. Compared to PDS II, a currently used and safe suture,
289 electrospun sutures demonstrated greater cell attachment and tendon-derived stromal cell
290 transcriptomic response indicative of cell proliferation and wound healing without significant

291 fibrosis. These results indicate that electrospun suture is a promising material that may improve
292 the outcomes of surgical tendon repair.

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302 **Conflict of interest**

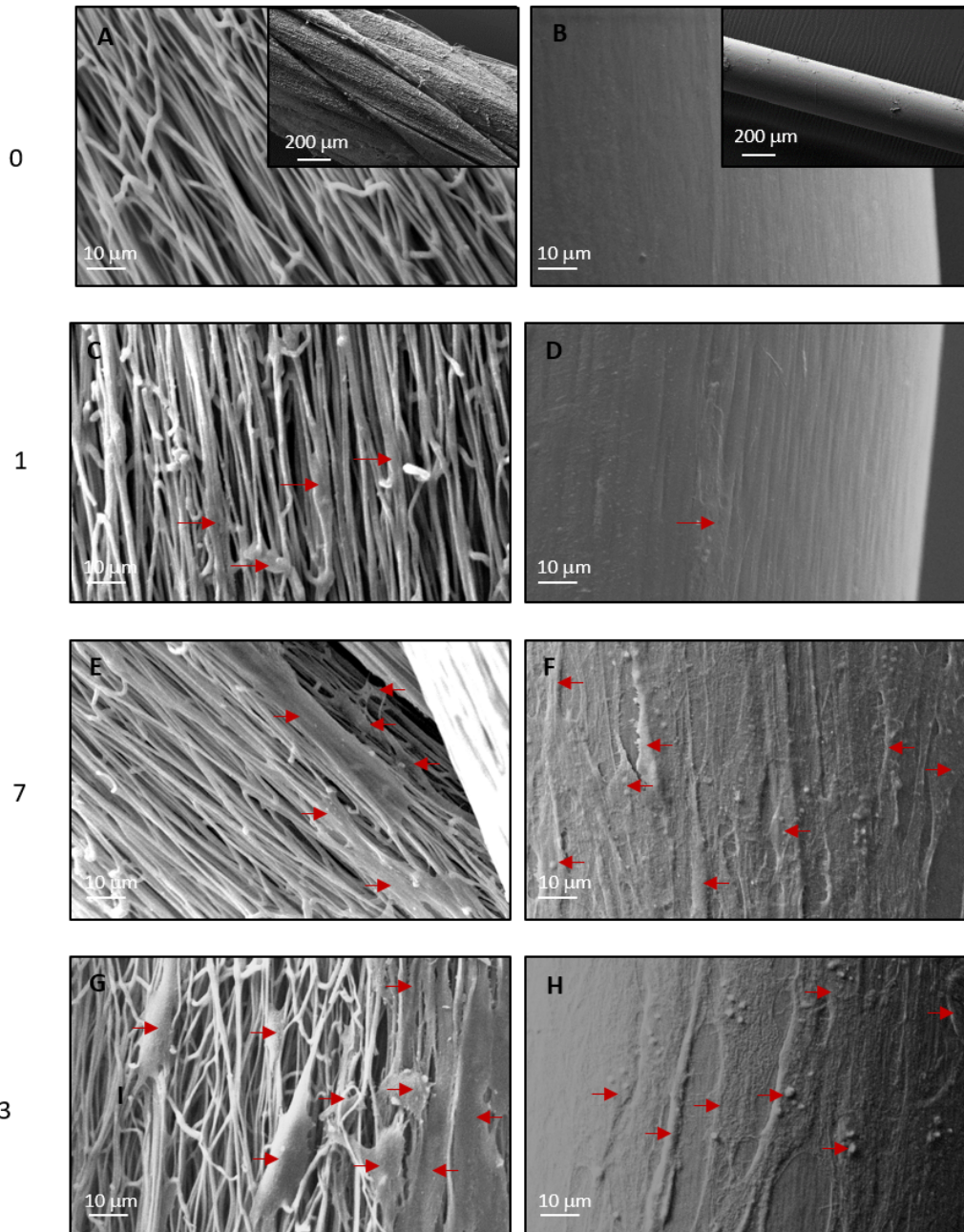
303 The authors declare no competing interests.

304 **Figures**

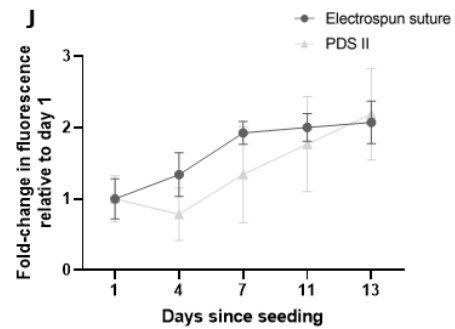
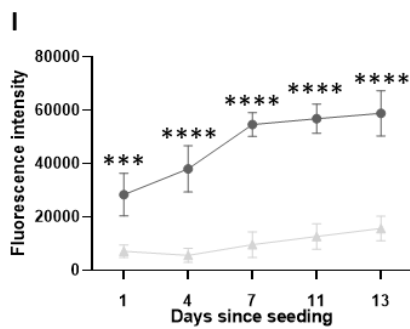
Days after seeding

Electrospun suture

PDSII

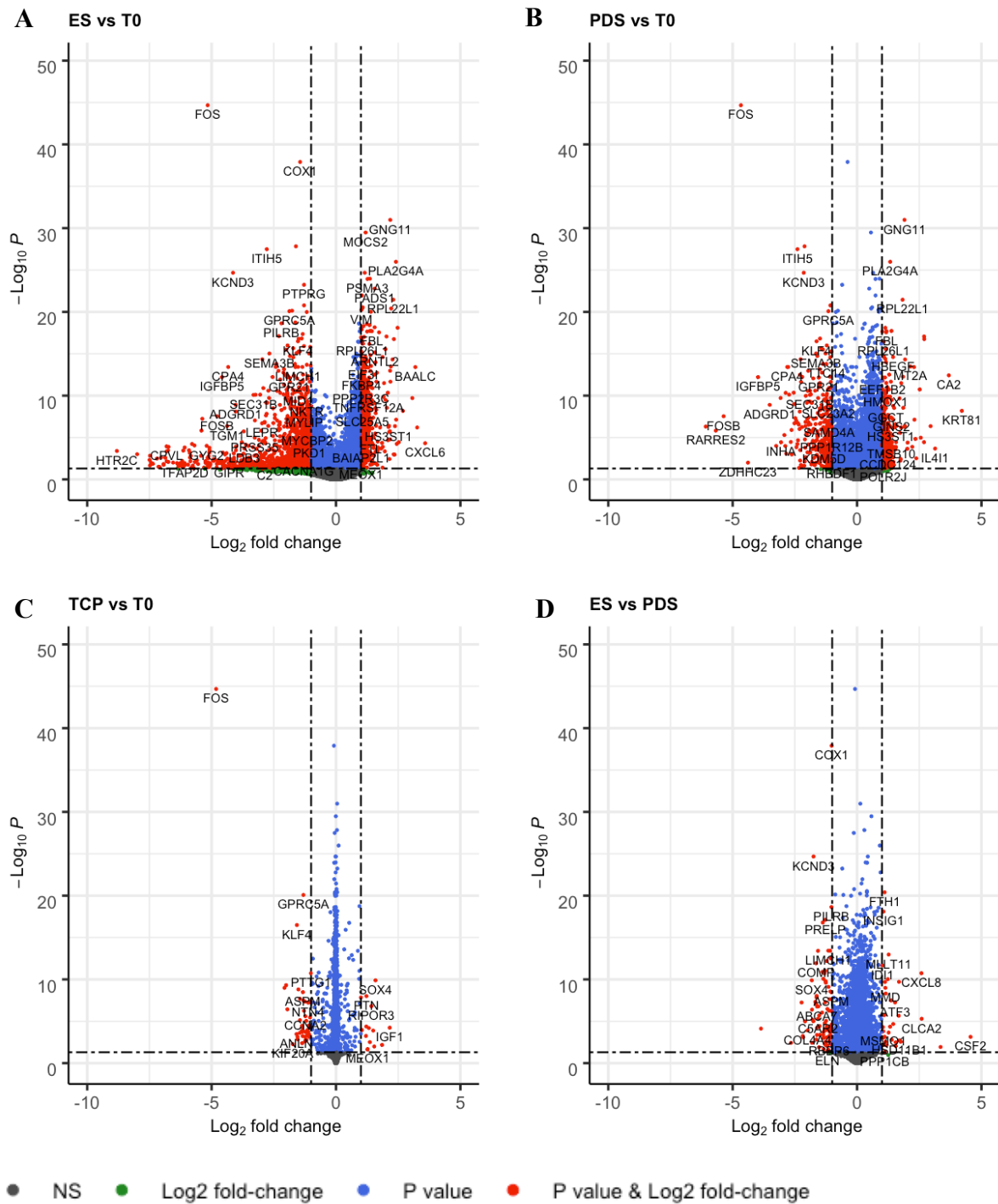


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305

306 **Figure 1: Effect of suture material on cell attachment and viability after 13 days of**
307 **healthy tendon-derived stromal cell culture.** (A-H) SEM images of suture materials at
308 different points during cell culture with healthy human tendon-derived stromal cells
309 (magnification 2000X). Red arrows point to attached cells. (A) Electrospun suture pre-seeding
310 (x200 inset), and at days 1 (C), 7 (E), 13 (G) after seeding. (B) PDS II pre-seeding, and at days
311 1 (D) (x200 inset), 7 (F), 13 (H) after seeding. (I) Fluorescence intensity, indicating the number
312 of viable cells in the sample, plotted over a period of 13 days. There was a significantly higher
313 fluorescence intensity from the electrospun suture compared to PDS II at each time point. (J)
314 Fluorescence was also plotted relative to day 1 to indicate proliferation independent of initial
315 cell attachment. No statistically significant differences were seen between electrospun suture
316 and PDS II. (I-J) represent the average results of n=4 patient samples cultured on n=3 intra-
317 experimental replicates of each suture. Error bars indicate standard deviation.



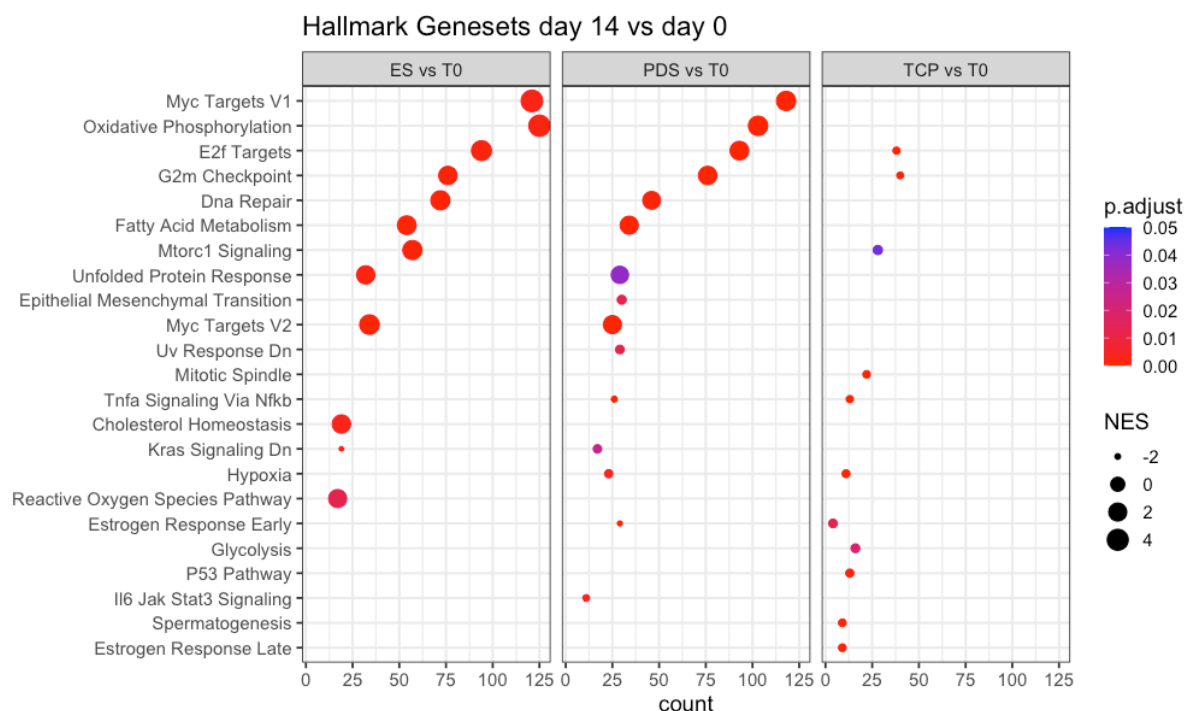
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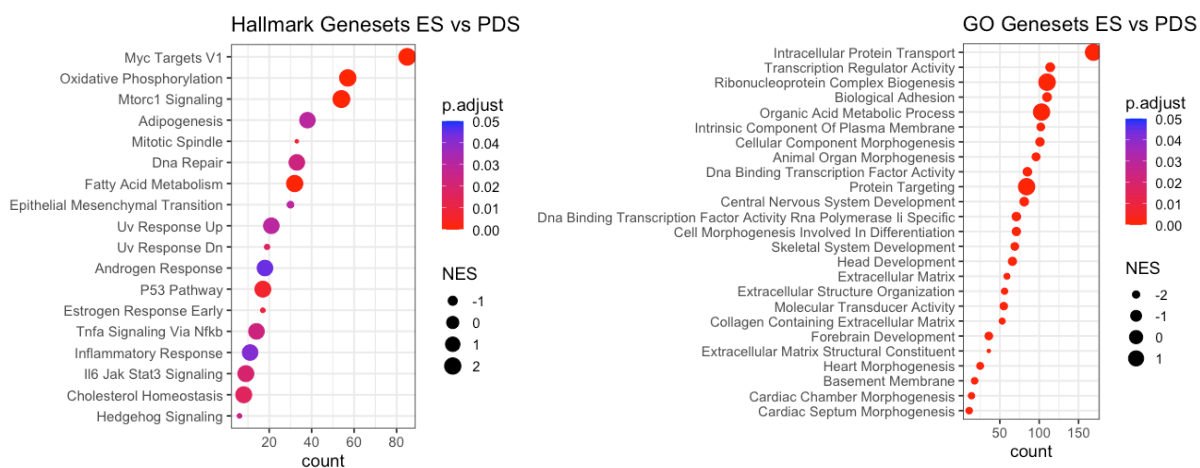
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322 **Figure 2. Differentially expressed genes of tendon-derived stromal cells cultured on (A)**
 323 **electrospun (ES) sutures, (B) PDS II sutures, or (C) tissue culture plastic control for 14**
 324 **days compared to baseline control (T0). (D) Differentially expressed genes of cells cultured**
 325 **on either ES or PDS II for 14 days. Genes meeting the statistical significance ($p < 0.05$) and**
 326 **have a log₂ fold change of at least ± 1 are shown in red, $n = 4$ patients.**



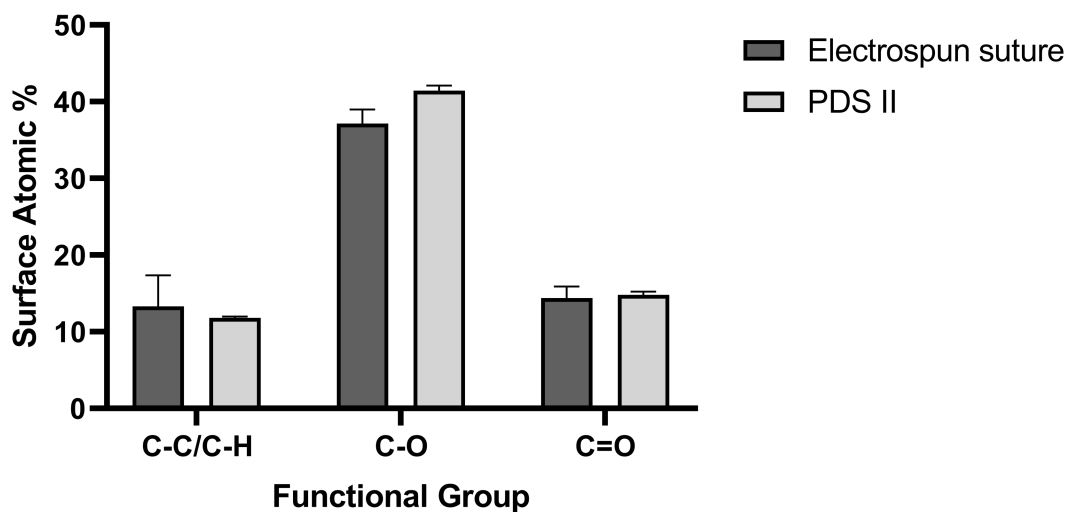
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329 **Figure 3. Changes in Hallmark or Gene Ontology (GO) gene sets based on differentially**
 330 **expressed genes.** Differentially expressed genes of tendon-derived stromal cells cultured on
 331 electrospun (ES) sutures, PDS II sutures, or tissue culture plastic (TCP) control significantly
 332 contributed to changes in well-defined biological processes. Enrichment analysis of gene
 333 clusters after 14 days of cell culture on the materials was compared to baseline control (T0),
 334 and gene clusters after culture on ES and PDS II were compared directly. NES = normalised
 335 enrichment score.

336



337

338

339 **Figure 4. Suture surface characterisation using X-ray Photoelectron Spectroscopy.** High-
340 resolution carbon and oxygen XPS spectra, comparing carbon in various chemical states at the
341 surface of the sutures (Surface Atomic %). No statistically significant differences in suture
342 surface chemistry were observed. The figure represents the average results of n=3 points on a
343 suture sample. Graphs show mean+SD.

344

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346

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