Molecular characterisation of, and antimicrobial resistance in, *Clostridioides difficile* from Thailand, 2017-2018

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Running title: *Clostridioides difficile* in Thailand

Abstract

Background: Antimicrobial resistance (AMR) plays an important role in the pathogenesis and spread of *Clostridioides difficile* infection (CDI). Many antimicrobials, such as fluoroquinolones, have been associated with outbreaks of CDI globally.

Objectives: This study aimed to characterise AMR among clinical *C. difficile* strains in Thailand, a country where the use of antimicrobials remains inadequately regulated.

Methods: Stool samples were screened for *tcdB* and positives were cultured. *C. difficile* isolates were characterised by toxin profiling and PCR ribotyping. Antimicrobial susceptibility testing was performed using an agar incorporation method, and whole-genome sequencing and AMR genotyping performed on a subset of strains.

Results: There were 321 *C. difficile* strains isolated from 326 stool samples. The most common toxigenic ribotype (RT) was RT 017 (18%), followed by RTs 014 (12%) and 020 (7%). There was a high resistance prevalence (≥ 10%) to clindamycin, erythromycin, moxifloxacin and rifaximin, and resistance prevalence was greatest among RT 017 strains. AMR genotyping revealed a strong correlation between resistance genotype and phenotype for moxifloxacin and rifampicin. The presence of *erm*-class genes was associated with high-level clindamycin and erythromycin resistance. Point substitutions on the penicillin-binding proteins (PBP1 and PBP3) were not sufficient to confer meropenem resistance, however, a Y721S substitution in PBP3 was associated with a slight increase in meropenem MIC. No resistance to metronidazole, vancomycin or fidaxomicin was observed.

Conclusion: There was a large proportion of *C. difficile* RT 017 in Thailand and a high AMR prevalence among these strains. The concordance between AMR phenotype and genotype was strong.

Introduction

Clostridioides (*Clostridium*) *difficile* is a major cause of antimicrobial-associated diarrhoea globally (1). *C. difficile* infection (CDI) is a toxin-mediated disease and, so far, there have been three different major toxins identified: toxin A (TcdA), toxin B (TcdB) and binary toxin (*C. difficile* transferase, CDT). The genes encoding TcdA and TcdB are located on a 19.6 kb pathogenicity locus (PaLoc) (2) and the genes for CDT are located in a different part of the chromosome, the CDT locus (3). In non-toxigenic *C. difficile* (NTCD), the PaLoc is replaced by a fixed 115 bp locus (2). The toxin genes (*tcdA*, *tcdB*, *cdtA* and *cdtB*) can be detected by PCR (4, 5), however, some *C. difficile* strains, such as *C. difficile* ribotype (RT) 017, have a deletion at the repeating region of the *tcdA* gene, resulting in a truncated and non-functional toxin A (6). Several methods have been developed to detect this deletion (7, 8).

C. difficile can be separated into different RTs by amplifying the intergenic spacer region between the 16S and 23S rRNA genes (9). This classification method has been used worldwide due to its simplicity and high discriminating power (10). Important *C. difficile* RTs include *C. difficile* RT 027, an A+B+CDT+ strain associated with outbreaks of severe CDI in North America and Europe in the early 2000s (11), *C. difficile* RT 078, another A+B+CDT+ strain associated with the zoonotic transmission (12), and *C. difficile* RT 017, a *tcdA*-negative (A-B+CDT-) strain associated with global outbreaks since 1995 (6).

Although resistance to antimicrobials used for the treatment of CDI is relatively rare (13), resistance to other commonly used antimicrobials plays an important role in the pathogenesis of CDI and the spread of *C. difficile*. While intrinsic resistance to cephalosporins was probably responsible for an increase in the rate of CDI worldwide in the 1980s (14), resistance to clindamycin, new generation fluoroquinolones, rifampicin and tetracycline has been associated with outbreaks of CDI (15). These antimicrobials are also associated with an increased risk of developing CDI in general (16). Strict regulation of antimicrobials can be a successful measure to control CDI. In the US, such regulation has resulted in a significant decrease in CDI cases and CDI-related deaths over the last decade (17). Fluoroquinolone regulation in Australia has resulted in a relatively low prevalence of fluoroquinolone-resistant organisms (18), including *C. difficile* (19).

In previous studies, the epidemiology of CDI in Thailand has been characterised by a high prevalence of A-B+CDT- and NTCD, and an absence of A+B+CDT+ strains (20-22). *C. difficile* strains isolated in Thailand, especially *C. difficile* RT 017, were resistant to many antimicrobial groups, reflecting the use and misuse of these antimicrobials in the country (23). This study provides an update on the characterisation and antimicrobial susceptibility of *C. difficile* isolated from a tertiary hospital in Bangkok, Thailand.

Materials and Methods

Isolation and characterisation of *C. difficile*

This study was undertaken on 326 diarrhoeal stools samples collected from patients with a high index of suspicion of having CDI being treated at Siriraj Hospital, a large teaching hospital in Bangkok, Thailand, during 2017 – 2018. All stool samples were screened for the presence of the *tcdB* gene using the BD Max Cdiff assay (Becton Dickinson, US) as a part of routine investigations at Siriraj Hospital, and stools that were *tcdB* positive were then sent to a reference laboratory in Perth, Western Australia, for further investigation.

At the reference laboratory, stool samples were processed as previously described, including enrichment culture in cooked meat broth supplemented with gentamicin, cefoxitin and cycloserine (24). Characterisation of *C. difficile* was performed by PCR ribotyping and toxin gene profiling. PCR ribotyping was performed using the method described by Stubbs *et al* (9). The banding patterns were compared to a local database consisting of more than 80 internationally recognised RTs, including 15 reference RTs from the European Centre for Disease Prevention and Control. Patterns

that did not match strains in the database were given an internal nomenclature. Detection of *tcdA* and
tcdB, and the binary toxin genes (*cdtA* and *cdtB*), was performed using the methods described by Kato
et al (7) and Stubbs *et al* (5), respectively. All NTCD isolates in this study were confirmed as such by
the absence of the PaLoc using the method described by Braun *et al* (*lok* PCR) (2).

All stool samples were checked also for colonisation with multiple *C. difficile* strains. Briefly,
DNA extraction was performed on all enrichment broths. DNA was then screened with either *tcdB* (7)
or *lok* PCR (2)*,* based on the toxin profile of the first *C. difficile* strain isolated from the specimen (2,
7). For example, a specimen previously positive for toxigenic *C. difficile* (TCD) was screened with
lok PCR for NTCD and vice versa. All PCR-positive broths were re-cultured and the second *C. difficile*
strain characterised as described above.

Antimicrobial susceptibility testing

Antimicrobial susceptibility testing (AST) was performed using the agar incorporation method as
described by the Clinical and Laboratory Standards Institute (CLSI) against nine antimicrobials listed in
Table 1 (25). *C. difficile* ATCC 700057, *Bacteroides fragilis* ATCC 25285, *Eubacterium lentum* ATCC
43055 and *B. thetaiotamicron* ATCC 29741 were included as control strains. Susceptibility results were
interpreted using the minimal inhibitory concentration (MIC) breakpoints listed in **Table 1** (25-29).
C. difficile strains that were resistant to at least three different antimicrobial classes were classified as
multidrug-resistant (MDR). Resistance to clindamycin and erythromycin was considered as resistance
to a single class (macrolide-lincosamide-streptogramin B; MLS$_B$).

Table 1 – List of antimicrobials, test ranges and susceptibility breakpoints used in this study.

Antimicrobial	Test range (mg/l)	Breakpoint (mg/l)			Reference
		S	I	R	
Clindamycin	0.008 – 256	≤ 2	4	≥ 8	(25)
Erythromycin	0.06 – 256	-	-	> 8	(26)
Moxifloxacin	0.06 – 64	≤ 2	4	≥ 8	(25)
Amoxicillin/clavulanate	0.015 – 16	≤ 4	8	≥ 16	(25)
Meropenem	0.12 – 16	≤ 4	8	≥ 16	(25)
Rifaximin	0.008 – 64	-	-	> 32	(27)
Metronidazole	0.008 – 4	≤ 2	-	> 2	(28)
Vancomycin	0.03 – 4	≤ 2	-	> 2	(28)
Fidaxomicin	0.002 – 2	-	-	> 1	(29)

Whole-genome sequencing, high-resolution typing and antimicrobial resistance characterisation

A subset of *C. difficile* strains (n = 37) was selected for whole-genome sequencing (WGS) to explore
possible antimicrobial resistance (AMR) genotypes. Genomic DNA was extracted, sequenced on an
Illumina HiSeq platform which generated 150 bp pair-end reads with a median coverage of 73X and
characterised by multi-locus sequence typing (MLST) as previously described (30). Clade assignment
of a newly defined sequence type (ST) was confirmed by comparing the average nucleotide identity
(ANI) with *C. difficile* strains 630 (clade 1, GenBank accession AM180355) and R20291 (clade 2,
GenBank accession FN545816) using FastANI (31). Known accessory AMR genes were identified by
interrogating the read files with SRST2 version 0.2.0 against ARGannot database version 3 (32, 33).
Draft annotated genomes were interrogated on Artemis version 17.0.1 to look for additional accessory
genes (34). The genomes were interrogated also for the presence of known point substitutions
associated with resistance to carbapenems (substitution in penicillin-binding proteins PBP1 and PBP3),
fluoroquinolones (substitution in GyrA and GyrB subunit of the gyrase enzyme) and rifaximin
(substitution in RpoB enzyme) (35, 36). The genotypes were then compared with phenotypic
susceptibility data.

Data availability

All sequence data generated in this study have been submitted to the European Nucleotide Archive
under BioProject PRJEB40974, sample accessions ERS5247348 – ERS5247384. Details of the genomes
are available in the **Supplementary Table S1**. The two newly characterised resistance determinants
were submitted to the Nomenclature Center for MLS$_B$ Genes (37), and the sequences were submitted
to GenBank [accession numbers MW269959 (*erm*(52) gene) and MW269960 (*mef*(G) gene)]. The two
genomes containing the prototypes of the genes were submitted to Genbank under BioProject
PRJNA679085, accessions JADPMU000000000 (MAR225, carrying *erm*(52)) and JADPMT000000000
(MAR272, carrying *mef*(G)).

Statistical analysis

All statistical analyses were performed using online tools by Social Science Statistics available at
https://www.socscistatistics.com/. A p-value ≤ 0.05 was considered statistically significant.

Human research ethics approval

This study was approved by the Human Research Ethics Committee of The University of Western
Australia (reference file RA/4/20/4704) and the Siriraj Institutional Review Board (protocol number
061/2558 [EC1]).

Results

Characterisation of Thai *C. difficile*

A total of 296 *C. difficile* strains were initially isolated from the stool samples. Forty-four of the original
326 PCR positive stool samples were negative for TCD by culture; 30 contained no *C. difficile* while
from 14 only NTCD was cultured. The enrichment broths for these samples were re-screened for TCD
and were all negative by *tcdB* PCR. Another 25 strains were identified from the co-colonisation
screening process, yielding a total of 321 *C. difficile* strains. Of these, 221 (68.85%) were positive for
tcdA and *tcdB* (A+B+CDT-), 58 (18.07%) were positive for *tcdB* only and had a deletion in *tcdA* (A-
B+CDT-), three (0.93%) were positive for *tcdA*, *tcdB*, as well as *cdtA* and *cdtB* (A+B+CDT+) and 39 strains
(12.15%) were negative for all toxin genes (A-B-CDT-, NTCD).

The 321 *C. difficile* strains belonged to 63 different RTs, 19 of which were internationally
recognised. The remaining RTs were given internal nomenclature beginning with either "QX" or "KI".
The prevalence of the most common RTs is summarised in **Table 2**. The most common TCD strain was
C. difficile RT 017 (A-B+CDT-), followed by RTs 014 and 020 (both A+B+CDT-). The most common NTCD
was *C. difficile* RT 010.

Characterisation of a novel binary toxin-positive *C. difficile* isolate

One of the *C. difficile* strains isolated in this study was positive for all three toxin genes (A+B+CDT+)
and had a unique ribotyping pattern compared to the local reference library. According to the MLST
scheme, this isolate was characterised as the novel ST 692 within evolutionary clade 1. However,
pairwise ANI analysis showed that this strain was more closely related to *C. difficile* R20291 (clade 2,
ANI = 99.17%) than *C. difficile* 630 (clade 1, ANI = 98.89%).

Antimicrobial susceptibility of Thai *C. difficile*

Overall antimicrobial susceptibility results are shown in **Table 3** and the MIC distribution of selected
six antimicrobial classes is displayed in **Figure 1**. Based on the MIC value, clindamycin-resistant
C. difficile strains could be divided into two groups: those with MIC ≥ 32 mg/l (n = 97) and those with
MIC < 32 mg/l (n = 166). There was a strong correlation between high-level clindamycin resistance and
erythromycin resistance: 95 strains (97.94%) that had clindamycin MIC ≥ 32 mg/l were also resistant
to erythromycin while only 16 strains (9.64%) in the other group were resistant to erythromycin

(Cohen's kappa = 0.857). There was also a clear separation in MIC value between strains with and
without rifaximin resistance. The separation was less clear for moxifloxacin and was not observed in
amoxicillin/clavulanate and meropenem.

Table 2 – Ribotypes of 321 *C. difficile* strains from Thailand, by toxin profile.

Toxin Profile	Ribotype	Number	% of toxigenic strains	% of all
A+B+CDT-	**Total**	**221**	**78%**	**69%**
	014	40	14%	12%
	020	24	9%	7%
	046	18	6%	6%
	QX517	17	6%	5%
	297	13	5%	4%
	QX026	11	4%	3%
	043	10	4%	3%
	Others	88	31%	27%
A-B+CDT-	**Total**	**58**	**21%**	**18%**
	017	58	21%	18%
A+B+CDT+	**Total**	**3**	**1%**	**1%**
	078	1	<1%	<1%
	QX273	1	<1%	<1%
	KI008	1	<1%	<1%
A-B-CDT-	**Total**	**39**	-	**12%**
	010	7	-	2%
	QX002	5	-	2%
	009	4	-	1%
	QX011	4	-	1%
	Others	19	-	6%

166 Note: RTs designated with "QX" and "KI" were RTs that did not match the internationally recognised
167 RTs in the database and were given internal nomenclature.

169 **Table 3** – Antimicrobial susceptibility of 321 *C. difficile* strains from Thailand.

Antimicrobial	MIC range (mg/l)	MIC$_{50}$ (mg/l)	MIC$_{90}$ (mg/l)	Susceptibility (%)		
				S	I	R
Clindamycin	0.5 – >256	8	>256	26 (8%)	32 (10%)	263 (82%)
Erythromycin	0.5 – >256	2	>256	-	-	109 (34%)
Moxifloxacin	0.5 – >64	2	32	242 (75%)	3 (1%)	76 (24%)
Amoxicillin/clavulanate	0.25 – 8	0.5	1	320 (>99%)	1 (<1%)	0
Meropenem	1 – 16	4	8	280 (87%)	39 (12%)	2 (1%)
Rifaximin	≤0.008 – >64	0.03	2	-	-	31 (10%)
Metronidazole	0.06 – 1	0.25	0.25	321 (100%)	-	0
Vancomycin	0.5 – 2	1	2	321 (100%)	-	0
Fidaxomicin	0.03 – 0.25	0.125	0.25	-	-	0

When classified by toxin gene profiles, resistance to clindamycin, erythromycin, moxifloxacin
and rifaximin were more prevalent among A-B+CDT- *C. difficile*, all of which belonged to RT 017, than
A+B+CDT- and NTCD (**Figure 1**). A total of 29 (9.03%) *C. difficile* isolates were MDR, 26 (8.10%) of which
were *C. difficile* RT 017. The remaining isolates were NTCD (n=2) and A+B+CDT- *C. difficile* (n=1). All
MDR isolates were resistant to the MLS$_B$ group (both clindamycin and erythromycin), moxifloxacin and
rifaximin. One MDR isolate was also resistant to meropenem (A-B+CDI-, RT 017, MIC = 16 mg/l).

Figure 1 – MIC distribution for six antimicrobials against 321 strains of C. difficile in Thailand.
C. difficile strains were classified according to their toxin gene profiles: A+B+CDT-, red; A-B+CDT-,
yellow; A-B-CDT-, green. The number of A+B+CDT+ C. difficile strains was low (n = 3) and these were
excluded. Breakpoints for intermediate resistance (I) and resistance (R) are shown by broken and
solid lines, respectively.

Genotypic resistance determinants in Thai *C. difficile*

A summary of MIC values and genotypic resistance determinants of 37 sequenced *C. difficile* strains is
available in **Supplementary Table S2**. Of these strains, 31 had high-level resistance to clindamycin: 23
strains carried an *erm*(B) gene, five carried an *erm*(G) gene and three carried a gene encoding an rRNA
adenine N(6)-methyltransferase family protein, the closest match to which in the CARD database was
the Erm(42) protein [39% identity, E-value = 1.19E-53] (38). This newly characterised gene was given
the name *erm*(52). Of the 23 *erm*(B)-positive strains, 19 carried the *erm*(B) gene on transposon Tn*6194*
(82.61%), while the other four (17.39%) carried the gene on Tn*6189*. No *erm*-class genes were
identified among strains with low-level clindamycin resistance. The concordance between the
presence of *erm*-class genes and high-level clindamycin resistance was 100%. A gene encoding a
macrolide efflux protein was identified in two strains with high-level erythromycin resistance (MIC
> 256 mg/l), and given the name *mef*(G). No significant genotypic resistance determinants were
identified in strains with low-level clindamycin resistance.

A T82I substitution in GyrA was found in 23 strains and a D426V substitution in GyrB found in
one strain with a moxifloxacin MIC of 16 – 32 mg/l. There were no known point substitutions in the
remaining 14 strains, 13 of which were moxifloxacin-susceptible; one had low-level moxifloxacin
resistance (MIC 8 mg/l) [97.37% concordance]. There were H502N and R505K substitutions in RpoB in
all 23 rifaximin-resistant strains and none of the susceptible strains [100% concordance].

Twelve strains had an A555T substitution in penicillin-binding protein 1 (PBP1) and another
seven had a Y721S substitution in PBP3. A multiple linear regression analysis was performed to assess
the association between the presence of these substitutions and the MIC values for meropenem. The
Y721S substitution in PBP3 was associated with an increase in meropenem MIC (adjusted R^2 = 0.516,
t = 5.521, p < 0.0001), while the A555T substitution in PBP1 was not associated with the change in
meropenem MIC (t = -1.127, p = 0.268).

Discussion

This study provides an update on the molecular epidemiology and antimicrobial susceptibility of
C. difficile strains circulating in Thailand. It also explores the genomic basis of important AMR in these
strains. As the focus was on patients suspected of having CDI and not on the prevalence of *C. difficile*
in the general population, the stool samples included in this study were first screened for the *tcdB*
gene by PCR before culture. Thus the overall prevalence of TCD was higher than previous studies in
Thailand (20-22), however, the common strains found were similar. The majority of A+B+CDT- strains
belonged to *C. difficile* RT 014/020 group, all A-B+CDT- strains belonged to *C. difficile* RT 017 and most
NTCD belonged to *C. difficile* RTs 009, 010 and 039. Three binary toxin-positive isolates were found in
this study, one of which was *C. difficile* RT 078. The epidemic *C. difficile* RT 027 remained absent in
Thailand despite its successful spread in other regions (39).

Why *C. difficile* RT 027 has failed to spread and to establish in Thailand, and Southeast Asia in
general, remains unknown. One possible reason is that the successful spread of this RT was mainly
due to its resistance to fluoroquinolones which provided a selective advantage over other less
resistant RTs (40). Although there is high consumption of fluoroquinolones, such as levofloxacin, in
the country (41), Thailand already harbours *C. difficile* RT 017, another epidemic RT many of which are
resistant to fluoroquinolones, as well as other antimicrobials (15). Thus, it may have been difficult for
C. difficile RT 027 to compete with this local RT compared to other regions.

Though *C. difficile* RT 027 was not identified in this study, a possible relative of this
hypervirulent strain, ST 692, was isolated. The MLST for this strain was unusual, as it was classified
into clade 1 despite containing binary toxin genes in a complete CDT locus. The presence of binary
toxin genes is a feature common in *C. difficile* clades 2 and 5, but rare in clade 1 (42). Thus, an ANI
analysis was performed, which indicated that this newly characterised strain was more related to clade

2 than clade 1 *C. difficile*, as expected from the toxin gene profile. Clades 1 and 2 *C. difficile* are closely
related and share a large proportion of housekeeping gene alleles used in the MLST scheme. As a
result, it may be difficult to properly discriminate these two clades by this method. The use of ANI
analysis, which involves the whole genome rather than a specific set of housekeeping genes, can help
in the correct classification of some borderline strains as shown in a previous study (42). According to
the ANI analysis, it is more likely that this newly described *C. difficile* ST 692 belongs to clade 2 and is
related to *C. difficile* RT 027.

A discordance between culture results and the result of a conventional real-time *tcdB* PCR was
observed in 44 stool samples. The false-positive rate of the real-time PCR method (13.50%) was
comparable to the previous report comparing *tcdB* PCR with a similar enrichment culture method but
without the colonisation screening step (24). This suggests that the additional screening step does not
significantly increase the yield of the culture method, although it may help identify stool samples with
multiple *C. difficile* strains. This false-positive rate also highlights the importance of patient clinical
data or additional tests to improve the accuracy of CDI diagnosis. In the latest guidelines for the
treatment and diagnosis of CDI, *tcdB* PCR is no longer recommended as a stand-alone test unless the
patient has symptoms suggestive of CDI (43).

AMR in *C. difficile* affects both the pathogenesis and treatment of CDI. To cause the disease,
C. difficile must tolerate the presence of antimicrobials in the intestinal lumen while the microbiota
perishes (15). Many successful *C. difficile* lineages have indeed been characterised with increased
resistance to at least one major drug group (15). In this study, *C. difficile* RT 017, which was the most
common RT, had greater resistance to MLS$_B$ (both clindamycin and erythromycin), moxifloxacin and
rifaximin than other RTs. It was also the most common MDR *C. difficile* strain in this study. *C. difficile*
RT 017 has been reported also to be the most prevalent RT with significant resistance to many
antimicrobials in other parts of Thailand (22). This particular RT has been associated with resistance
to at least six antimicrobial groups (15), which may have accounted for its successful global spread (6).
As regulation of antimicrobial use has reduced the impact of *C. difficile* in many countries (17, 19), a
similar approach should be effective for the control CDI in Thailand.

All *erm*(B)-positive *C. difficile* strains carried the gene on two well-characterised *erm*(B)-
positive transposons: Tn*6189* and Tn*6194*, the latter being found also in *C. difficile* M68, a *C. difficile*
RT 017 strain widely used as a reference in genomic studies (15). Tn*6194*, the most prevalent
transposon in this study, is capable of inter-species transfer, most notably between *C. difficile* and
Enterococcus faecalis (44). This emphasises another aspect of AMR in *C. difficile*; its possible role as a
reservoir of AMR genes for other pathogenic bacteria residing in the colon.

Previously, it has been reported that concordance between the presence of the *erm*(B) gene
and an MLS$_B$ resistance phenotype was low (45), likely due to the presence of multiple resistance
mechanisms. In a previous study, however, the *erm*(B) gene was found in all *C. difficile* isolates with
high-level resistance to both clindamycin and erythromycin, hinting that the gene may be associated
with high-level MLS$_B$ resistance (46). We also observed separation between *C. difficile* strains with
high-level and low-level clindamycin and erythromycin resistance (**Figure 1**). Upon genomic analysis
of a subset of strains, there was a strong correlation between the presence of an *erm*-class gene
(*erm*(B), *erm*(G) and *erm*(52) genes) with high-level clindamycin resistance, which is usually
accompanied by high-level erythromycin resistance, supporting the previous study (46). A macrolide
efflux gene *mef*(G) was identified also in strains with high-level erythromycin resistance and not in
erythromycin-susceptible strains, suggesting an association between the presence of this efflux
protein and phenotypic erythromycin resistance, although the function of this gene was not
characterised. Resistance determinants were not identified among strains with low-level clindamycin
resistance, however, this underestimation is likely irrelevant, as the median clindamycin MIC in this
population (8 mg/l) remained significantly lower than the clindamycin level in stools (approximately
240 mg/g of stool) (47). Besides MLS$_B$, a separation between strains resistant and susceptible to

rifaximin and fluoroquinolones was observed (**Figure 1**). The concordance between resistant
phenotype and known genotype was also high, similar to a previous study (45).

281   Compared to the study at the same hospital in 2015, there was no difference in overall
resistance prevalence (26), however, there was a slight increase in meropenem MICs and the
emergence of carbapenem resistance. In a previous study, high-level imipenem resistance was
associated with point substitutions in PBP1 and PBP3 (36). It appears that these substitutions only
confer high-level resistance to imipenem and not to meropenem, although the linear regression
analysis suggests that the Y721S substitution in PBP3 may have contributed to a slight increase in
meropenem MIC in this study.

288   *C. difficile* remained susceptible to metronidazole, vancomycin and fidaxomicin, similar to the
other parts of the world (48). Thus, these antimicrobials should remain effective treatments for CDI.
There was a slight increase in vancomycin MIC reaching the clinical breakpoint, consistent with a
previous study (26), however, this should have little impact on the treatment of CDI given that the
faecal vancomycin concentration remains far greater than the MIC (>2,000 mg/l vs 2 mg/l) (49). The
increase in vancomycin MIC in this study is in contrast to other hospitals in Thailand and this could
reflect usage of vancomycin at the study site (22). Overuse of vancomycin can lead to the emergence
of vancomycin-resistant *Enterococcus* spp., which can have a devastating effect on patients (50, 51).
Therefore, vancomycin usage should be carefully monitored.

Conclusion

A-B+CDT- *C. difficile* and NTCD remained prevalent in Thailand. Few binary toxin-positive strains
(A+B+CDT+) were identified; one belonging to a known epidemic lineage and another a novel strain
related to *C. difficile* RT 027. The most common RT in this study was *C. difficile* RT 017 (A-B+CDT-), a
large proportion of which was resistant to MLS$_B$, moxifloxacin and rifaximin. Many strains were also
MDR. Such resistance may have played a role in the success of *C. difficile* RT 017 in Thailand. There
was a strong concordance between the presence of *erm*-class genes and high-level clindamycin
resistance, as well as significant concordance between point substitutions in gyrase subunits and RpoB
with fluoroquinolone and rifaximin resistance, respectively. Resistance to antimicrobials suitable for
the treatment of CDI was not detected.

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