Perphenazine-macrocycle conjugates divert Aβ42 towards non-toxic aggregates by monomer sequestration.

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Classification

Biological Sciences; Biophysics and Computational Biology

Keywords

amyloid, inhibition, kinetic analysis, monomer sequestration, Alzheimer's disease

Abstract

The amyloid-β peptide, the main protein component of amyloid plaques in Alzheimer's disease, plays
a key role in the neurotoxicity associated with the condition through the formation of small toxic
oligomer species which mediate the disruption of calcium and glutamate homeostasis. The lack of
therapeutic benefit associated with removal of mature amyloid-β fibrils has focused attention on the
toxic oligomeric species formed during the process of fibril assembly. Here, we present the design
and synthesis of a family of perphenazine-macrocycle conjugates. We find that two-armed
perphenazine-cyclam conjugates divert the monomeric form of the amyloid-β peptide away from the
amyloidogenic pathway into amorphous aggregates that are not toxic to differentiated SH-SY5Y cells
in vitro. This strategy prevents the formation of damaging amyloid oligomers. Kinetic analysis of the
effects of these compounds on the assembly pathway, together with NMR spectroscopy, identifies
rapid monomer sequestration as the underlying neuroprotective mechanism. The ability to specifically
target the monomeric form of amyloid-β allows for further understanding of the impact of the multiple
species formed between peptide biogenesis and plaque deposition. The modular, three-dimensional
structure of these compounds provides a starting point for the design of more potent modulators of
this amyloid-forming peptide, and can be adapted to probe the protein self-assembly pathways
associated with other proteinopathies.

Significance statement

The aggregation pathway of the amyloid-β (Aβ) peptide in Alzheimer's disease is complex and
involves multiple different species. An inability to isolate and study the impact of distinct Aβ species
has undermined efforts to develop effective therapies. To address this issue, we have developed a
series of molecules that specifically sequester the monomeric form of the highly aggregation-prone
Aβ42 peptide. Interaction with these molecules diverts Aβ42 from the amyloidogenic pathway and
prevents formation of toxic oligomeric species. We use kinetic analysis and NMR spectroscopy to
identify rapid monomer sequestration as the underlying neuroprotective mechanism. Future rational
development of these molecules and characterisation of their interactions with Aβ will delineate the
impact of different Aβ oligomers on neurobiology and pathology.

Introduction

Alzheimer's disease (AD) is the most common form of dementia and one of the most devastating diseases of the current age. Despite AD affecting around 50 million people worldwide, and imposing huge physical, social and economic impacts, there are currently still no approved disease-modifying therapies. AD is a neurodegenerative disease associated with protein misfolding and misprocessing, resulting in aggregation and accumulation: a proteinopathy. It is characterised by the extracellular deposition of amyloid-β (Aβ) plaques and the presence of intracellular neurofibrillary tangles (NFTs) composed of the tau protein. Both the Aβ plaques and the NFTs have an amyloid structure (1-3).

The Aβ peptide is a cleavage product of the membrane-bound amyloid precursor protein (APP). Two major isoforms of Aβ are detected in cerebrospinal fluid and plasma: Aβ40 and Aβ42. Genetic and biomarker studies suggest that an imbalance in the production and processing of Aβ peptides plays a role in the AD process (4). Although the full sequence of critical molecular events that lead to neuronal death is yet to be defined, self-assembly of the Aβ peptide into soluble oligomers and amyloid fibrils has been shown to generate neurotoxic oligomeric species (5-7). These oligomers impact neuronal activity through effects on cell membranes, calcium homeostasis, and glutamate reuptake, amongst other deleterious mechanisms (8-14).

In order to form Aβ amyloid fibrils, Aβ monomers must initially form a nucleus, through a process referred to as primary nucleation (Fig. 1A). Recruitment of additional monomers leads to the formation of soluble oligomers with a range of sizes. Oligomers undergo a conformational change to generate higher molecular weight fibrillar structures that mature into fibrils consisting of two protofilaments with a cross-β structure (15). Such mature fibrils offer sites for elongation at their ends, and secondary nucleation on their lateral surfaces (1, 16) (Fig. 1A). Thus, Aβ amyloid formation is a complex, multiple-step process with many species existing in parallel (17).

The failure of clinical trials aimed at reducing the accumulation of mature Aβ fibrils in extracellular plaques has seen efforts shift towards intervention at earlier stages in the pathway, with the aim of inhibiting formation of toxic, pre-fibrillar oligomers (18). Several small-molecule compounds have been shown to target different stages of Aβ oligomerisation and amyloid formation *in vitro*, via mechanisms including suppression of primary nucleation or acceleration of fibril formation (19-21). Polyphenols such as epigallocatechin gallate (EGCG) and brazilin have also been explored for their ability to shift the amyloid formation pathway to amorphous aggregates (22-25). Some of these compounds have shown promise in animal models but are yet to show efficacy in clinical trials (26).

We have developed a series of molecules designed to divert Aβ away from the pathway that generates neurotoxic oligomers and amyloid fibrils. These are derivatives of the azamacrocycle cyclam, connected to perphenazine through a triazole linker, that are able to coordinate to a central metal ion via the macrocycle *and* the pendant triazole (Fig. 1B). We have shown previously that cyclam derivatives with triazole-linked pendant groups can adopt a range of different, defined pendant geometries depending on the connectivity of the triazole linker and the metal ion coordinated by the macrocycle (27, 28), and that cyclam complexes with peptide pendants can rescue neuronal cells from Aβ-induced cytotoxicity (29). Combining these insights with the documented capacity of polymeric perphenazine conjugates to modulate amyloid aggregation (30), we designed a series of compounds in which cyclam is linked via click-derived triazoles to pendant groups that are known to interact with Aβ (perphenazine, dopamine), along with simpler naphthyl derivatives as control compounds (SI, Fig. S1A).

We show here that three of these novel molecules can divert the Aβ formation pathway towards the generation of amorphous aggregates that are not toxic to differentiated, neuron-like SH-SY5Y cells. Quantitative analysis of the effects these molecules have on Aβ42 amyloid assembly (by comparison of experimental kinetic data with kinetic curves generated by analytical solution of the rate laws of aggregation) reveals that they act through a distinct monomer sequestration process. Interaction of Aβ42 monomer with the inhibitors results in the formation of non-fibrillar aggregates. By preventing

the on-pathway conversion of Aβ42 monomer to mature amyloid fibrils, these compounds reduce the
population of toxic oligomer species. This study provides the first demonstration of a reduction in
neurotoxicity as a result of Aβ42 monomer sequestration. These molecules serve as tools which allow
the dissection of the Aβ assembly pathway and will improve our understanding of the impact of
different Aβ oligomers on neurobiology and pathology.

Results

Perphenazine-cyclam conjugates inhibit Aβ42 amyloid assembly

A series of cyclam conjugates was designed to enable a systematic investigation of the Aβ
aggregation and amyloid assembly pathways. Six parent cyclam derivatives were prepared: the
mono-substituted naphthyl (**C1**), dopamine (**C4**) and perphenazine (**C7**) analogues, and
corresponding bis-substituted compounds with naphthyl (**C10**), dopa (**C13**) and perphenazine (**C16**)
pendants, along with their zinc(II) and copper(II) complexes (mono-naphthyl **C2**, **C3**; mono-dopa **C5**,
C6; mono-perphenazine **C8**, **C9**; bis-naphthyl **C11**, **C12**; bis-dopa **C14**, **C15**; and bis-perphenazine
C17, **C18**) (SI Fig. S1A). Initial screening of these compounds showed the bis-perphenazine
analogues (ligand **C16** and its copper(II) (**C18**) complex) to have promising capacity to suppress
amyloid formation by synthetic Aβ42 (SI, Fig. S1B).

All three bis-perphenazine derivatives **C16**, **C17** and **C18** showed a similar ability to inhibit amyloid
formation by Aβ40 and Aβ42 (SI, Fig. S1C,D). We have focused this work on Aβ42 because the
sequence difference of two amino acids confers an increased aggregation propensity on Aβ42
compared to Aβ40 (31) and a reduction in plasma Aβ42 levels is associated with an increase in
amyloid deposition (32). Recombinant Aβ42 was prepared using the methods described by Linse and
colleagues (33, 34). This resulted in a monomeric form of Aβ42 that generated highly reproducible
kinetics for amyloid assembly (SI, Fig. S2). The three cyclam/ bis-perphenazine conjugates **C16**, **C17**
and **C18** were found to be potent inhibitors of Aβ42 amyloid formation, as monitored by ThT
fluorescence (Fig. 2; SI Fig. S3 and Fig. S4).

The inhibitors demonstrated a concentration-dependent effect, and at a 1:5 molar ratio of
Aβ42:compound, using 10 μM Aβ42, amyloid assembly was almost completely suppressed, as
judged by the reduction in the level of Thioflavin T (ThT) fluorescence observed (Fig. 2A). Assays at
lower Aβ42 concentration, using a range of inhibitor concentrations that allowed the plateau phase of
amyloid assembly to be reached, revealed that all three compounds also introduce an increase in lag
phase. The length of the lag phase increases with increasing inhibitor concentration (Fig. 2B). The
zinc(II) complex **C17** displayed the strongest inhibition, followed by copper(II) complex **C18**, and the
uncomplexed ligand **C16**, highlighting the influence of the central metal ion on the three-dimensional
shape of the inhibitor – in particular the relative orientation of the two perphenazine pendants – and
resulting impact on the mechanism of Aβ42 amyloid inhibition.

Perphenazine alone does not display strong inhibition of Aβ42 amyloid formation in this ThT assay,
highlighting the fact that it is not the perphenazine moiety *per se* that is responsible for the inhibitory
activity (SI Fig. S5). The observed inhibition is also not due to an effect of unchelated metal ions
directly on Aβ42. Previous studies have demonstrated that Zn(II) and Cu(II) cations can themselves
inhibit Aβ42 amyloid formation (35-37), reflected by an increase in the lag phase or a decrease in the
observed ThT intensity (SI Fig. 6A). However, we observed that **C17** and **C18** remain effective
inhibitors of Aβ amyloid formation even in the presence of the chelating agent EDTA, which would
sequester any free metal ions and block their inhibitory capacity (SI Fig. 6B).

The perphenazine conjugates divert Aβ42 from amyloid assembly towards amorphous
aggregates

A sensitive protein concentration assay confirmed that when the plateau of assembly was reached, in
samples containing Aβ42 only, or Aβ42 in the presence of a 5-fold molar excess of inhibitor, all Aβ42
was converted to an insoluble form that was readily pelleted by centrifugation (SI Fig. S7).

Transmission electron microscopy was used to examine the final morphology of the Aβ42 material
present after ~40 h incubation with compounds or 1% DMSO as control. An inhibitor concentration
dependent shift from the characteristic fibrillar morphology of Aβ42 amyloid (Fig. 3A) to amorphous
aggregates (Fig. 3B, C & D) was observed. The amorphous aggregates had a beads-on-a-string
appearance, with the "beads" approximately 20 nm wide and the "strings" >1 µm in length. Only
amorphous material was observed when Aβ42 was incubated in the presence of **C16**, even at 1:1
molar ratio of **C16**:Aβ42, while a combination of fibrillar and amorphous material was observed in
samples prepared at 1:1 molar ratios of **C17**:Aβ42 and **C18**:Aβ42 (SI Fig. S8).

The perphenazine conjugates reduce neurotoxicity associated with Aβ oligomers

Although uncertainty about the precise nature of the deleterious oligomeric species formed by Aβ42
remains, many groups have demonstrated that soluble intermediate species formed by Aβ42 *in vitro*
are cytotoxic (5). Accordingly, the ability of compounds **C16**–**C18** to prevent the formation of toxic
Aβ42 species was indexed using SH-SY5Y cells which had been differentiated to an AD-appropriate
phenotype by treatment with retinoic acid and brain-derived neurotrophic factor (38). Freeze-dried
monomeric Aβ42 was treated with hexafluoro-2-propanol (HFIP), lyophilised and then resuspended in
PBS, before being diluted in cell media and added immediately to cells. Aβ42 fibrils were prepared by
incubating monomeric Aβ42 solution in cell media at 37 °C for 24 hours, a time point significantly past
the plateau level in unshaken ThT experiments using cell media (SI Fig. S9). The compounds were
added to differentiated SH-SY5Y cells alone, or added together with Aβ42 in a monomeric or fibrillar
form. After 24 hours, the number of metabolically-active cells was measured using a CTB
fluorescence assay. The CellTiter-Blue® (CTB) assay of cell viability was chosen, given published
concerns regarding the use of MTT with Aβ42 (5).

By themselves, compounds **C16**, **C17** and **C18** displayed no significant toxicity towards differentiated
SH-SY5Y cells, relative to vehicle only (Fig. 4A). Exposure of these cells to freshly prepared
monomeric Aβ42 resulted in significant (P < 0.001) toxicity compared to vehicle, as expected due to
the generation of oligomeric species, and the addition of **C16**, **C17** or **C18** led to significant protection
against this neurotoxicity (Fig. 4B). Perphenazine was not cytotoxic by itself and imparted a similar
level of protection as **C16**, **C17** and **C18**. These results contrast with the observed neurotoxicity of
EGCG at the same concentrations and the lack of protection by this polyphenol against cytotoxicity
induced by addition of monomeric Aβ42 (Fig. 4A,B). When Aβ42 was prepared in fibrillar form and
then added to cells, no cytotoxicity was observed with fibrils alone or in the presence of compounds
(Fig. 4C). Following from these experiments, independent concentration response assays were
performed with **C16**. The IC_{50} for **C16** was determined to be 2.33 µM (n = 3; SD = 0.89) (Fig. 4D).
Here we have used an established assay of neurotoxicity, with differentiated SH-SY5Y cells and well-
characterised preparations of monomeric and fibrillar Aβ42. Although the origins of the neurotoxicity
resulting from the conversion of Aβ42 from monomeric to fibrillar form *in vitro* are not defined, these
results provide clear evidence that the generation of amorphous Aβ42 aggregates in the presence of
C16–**C18** prevents the formation of neurotoxic species.

C16, C17 and C18 inhibit Aβ amyloid formation through sequestration of Aβ42 monomers

The microscopic processes underlying amyloid formation of Aβ42 are primary nucleation, elongation
and secondary nucleation (39, 40). Their relative importance can be quantified through their rate
constants, obtained by fitting integrated rate laws within the framework of chemical kinetics (41). Data
measured at 2.5 µM and 10 µM Aβ42, in the presence of a range of concentrations of inhibitor, were
analysed using the online fitting software AmyloFit. The rate constants of the unperturbed systems
agreed well with similar experiments (16). To probe the mechanism of action of the inhibitory
compounds **C16**, **C17** and **C18**, we varied systematically one rate constant in the rate law, or the level
of available monomer, respectively (41). By comparing how well these modified rate laws can
describe the data, a mechanism that primarily involves inhibition of primary nucleation could be ruled

out for **C16**, **C17** and **C18** (Fig. 5A, B and SI Fig. S10-14) as the origin of the changes in the kinetic
behaviour in the presence of the inhibitor.

The introduction of small numbers of preformed fibril seeds at the beginning of the aggregation
reaction can be used to bypass primary nucleation. As predicted by the finding that primary nucleation
was not affected by the presence of inhibitors, these compounds remain effective as inhibitors of
Aβ42 amyloid fibril formation even when exogenous fibril seeds are present (Fig. 2C). In the presence
of 2% or 5% seeds, and the presence of **C16–C18** at 1:2.5 or 1:5 Aβ42:compound molar ratio
resulted in inhibition of Aβ42 assembly, similar to the level of inhibition observed in the absence of
pre-formed seeds (SI Fig. S15). In addition to ruling out the blocking of primary nucleation as the
source of the inhibitory effect, the results observed in the presence of seeds, when the aggregation
reaction reaches completion much sooner, suggest that binding of the compounds to the monomeric
form of Aβ42 occurs rapidly.

Based on the fits to the normalised kinetic data alone, mechanisms based on inhibition of secondary
nucleation, inhibition of elongation, and monomer sequestration were similarly likely as the main
modes of action of the compounds (SI Fig. S10-14). However, we found a clear correlation between
the ThT intensity at completion of the aggregation reaction and the effective monomer concentration
determined from the fits (Fig. 5D, E, F insets). As the fitting was performed on normalised kinetic data,
these two quantities constitute independent measures of the same physical property. The correlation
between an equilibrium measure, the plateau level, and a parameter estimated on the basis of
normalised kinetics, the effective monomer concentration, provides further independent evidence for
monomer sequestration by the inhibitors. In addition to accounting for the delay in aggregation and
decrease in ThT signal, monomer sequestration by the inhibitors also provides a mechanistic
explanation for the appearance of amorphous material as discussed above. The fits assumed that this
monomer sequestration proceeds much faster than aggregation and can thus be modelled by a
reduced effective monomer concentration. The observed results in the presence of seeds, when the
aggregation reaction reaches completion much sooner, suggest that binding of the compounds to the
monomeric form of Aβ42 indeed occurs rapidly.

Further support for monomer sequestration as the dominant mode of inhibition of Aβ42 aggregation
by **C16**, **C17** and **C18** was gained by obtaining consistent values for the apparent dissociation
constant of monomer and inhibitor, K_D, by orthogonal methods. First, the effective monomer
concentration obtained through the chemical kinetics analysis at different monomer and inhibitor
concentrations was used to construct monomer-inhibitor binding curves (Fig. 5D, E, F). To fit these
data, we assumed a simple one-to-one binding, yielding K_D values of 7.6 μM (95% CI, 6.6–9.1) for
C16, 5.7 μM (95% CI, 4.6–7.1) for **C17** and 7.4 μM (95% CI, 6.2–9.1) for **C18**.

Secondly, we utilised one-dimensional ^{1}H NMR spectroscopy to determine an apparent binding
constant for the interaction between the inhibitors and Aβ42. For each of **C16**, **C17** and **C18**, inhibitor
was titrated into a solution containing 10 μM unlabelled Aβ42, over the inhibitor concentration range of
1 – 50 μM. A decay profile in the protein signal intensity across the spectrum was observed with
increasing concentration of all three inhibitors (Fig. 6 and SI Fig. S16). A 5:1 ratio of inhibitor:Aβ42
resulted in a reduction of proton signals to baseline, consistent with the sequestration of monomer
into very large and/or insoluble assemblies, the precipitation of material during the course of the NMR
titrations, and the amorphous aggregates observed by TEM (Fig. 3). The signal decay curves were
fitted to a quadratic equation for the calculation of the apparent K_D of each compound, yielding 4.6 μM
(95% CI, 3.1–6.5) for **C16**, 3.4 μM (95% CI, 2.2–4.9) for **C17** and 3.7 μM (95% CI, 2.4–5.3) for **C18**.
The observed effect of these perphenazine cyclam conjugates on Aβ42 assembly is different to that of
the polyphenol EGCG, where the presence of EGCG results in only a small decrease in the observed
^{1}H spectrum signal from Aβ42, up to 31% signal loss at a 5-fold excess of small molecule (Fig. 6D
and SI Fig. S16). This is evidence that upon addition of EGCG, the monomeric Aβ42 species is still
the most prevalent in the sample. In contrast, when the less aggregation-prone Aβ40 interacts with

EGCG, specific interactions are observed by solution NMR and it forms insoluble oligomers that are in
equilibrium with soluble Aβ40 (42).

A monomeric sample of recombinant ^{15}N-labeled Aβ42 was prepared and analysed in the absence
and presence of **C16** to probe the regions of the polypeptide involved in the interaction. The ^{15}N
HSQC spectrum collected in the absence of any added compound reflected the high quality of the
recombinant, monomeric Aβ42 sample and the chemical shifts were superimposable upon those
reported by others previously for Aβ42 (43). Addition of **C16** resulted in an immediate reduction in
signal intensity that was uniform across all peaks in the spectrum (SI Fig. S17). Protein that is not
sequestered into an amorphous aggregate remains in the solution at the 1:1 ratio of protein:inhibitor.
No peak-specific changes in signal intensity or chemical shift were detected that could be attributed to
binding of **C16** to a distinct region of monomeric Aβ42. Instead, the loss of signal is consistent with
the binding of monomer to **C16** resulting in the generation of a conformation that is highly
aggregation-prone and rapidly forms large structures, undetectable by solution NMR.

Discussion

We have designed a class of compounds that specifically sequester the monomeric form of Aβ42 into
non-fibrillar assemblies that are different to the cytotoxic oligomeric forms associated with Aβ42
amyloid formation. The process by which monomeric Aβ42 converts to the mature fibrillar form
detected in amyloid plaques is complex and non-linear. It involves multiple oligomeric and prefibrillar
species that may act as reactants, products, intermediates, and catalysts of the process and
contribute to toxicity to different extents. The challenge posed to health and social systems by AD has
stimulated a multitude of different approaches to inhibition of Aβ42 amyloid formation. The ability to
interrogate a change in aggregation kinetics caused by an inhibitor and thereby identify the
mechanism of inhibition offers new opportunities to understand the consequences of intervention at
defined points within the Aβ42 assembly pathway. Many studies of peptide-based inhibitors that
incorporate "disruption elements" report success in preventing the formation of the β-structure that
stabilises amyloid fibrils and can influence elongation (44) and inhibitors have been described that
specifically inhibit secondary nucleation (20), but the impact of these interventions on residual Aβ
monomer concentration has not always been described. The kinetic theory of protein aggregation
inhibition reveals that inhibitors such as those described here, which sequester monomeric Aβ42, will
reduce the rates of primary nucleation, elongation and secondary nucleation, and are therefore likely
to have a large impact on amyloid assembly overall (45).

In AD, where certain oligomeric forms have been shown to impact neuronal function or cause
cytotoxicity, the sequestration of monomer into non-toxic assemblies and consequent reduction of
oligomer formation, could be beneficial. The intrinsically disordered and dynamic nature of monomeric
Aβ42 has impeded the use of traditional approaches that focus on identifying chemical moieties that
bind to defined sites on the target. Recently a small molecule (10074-G5) that binds to the monomeric
form of Aβ42 has been reported (45, 46).The binding of 10074-G5 to Aβ42, with K_D of ~40 µM,
increases the conformational entropy of the Aβ42 monomer while reducing the hydrophobicity of the
protein. The binding of 10074-G5 sequesters Aβ42 in its soluble form and the binding of the molecule
affects some conformations in the ensemble of monomeric Aβ42. This is reflected in a change in
solvent exchange profile when 10074-G5 is added to Aβ42 at a 2:1 molar ratio. In contrast, here we
observed an immediate uniform reduction in signal intensity across the spectrum when **C16** was
added to Aβ42 at a 1:1 ratio, indicating that **C16** sequesters Aβ42 in a polymeric, insoluble assembly.
The small molecule 10074-G5 reduces functional deficits in a *C. elegans* model of Aβ42-associated
toxicity, however the impact of this small molecule on the population of cytotoxic Aβ42 oligomers and
neuronal toxicity is yet to be reported. Thus further work is required to define the relative benefit of
Aβ42 sequestration in monomeric versus non-toxic oligomeric form.

The inventive modular design of the compounds described here, built on a cyclam scaffold, a variable
number of pendant groups easily introduced using 'click' chemistry, and the potential for coordinating
different metal ions, offer a toolkit for future modification and the rational design of inhibitors of protein
aggregation. This class of compounds can provide wide mass-to-charge and hydrophobic-to-
hydrophilic surface area ratios, while the attachment of both rigid and flexible pendants provides a
great diversity of possible interactions with client protein targets. The switchable geometry allows
maintenance of a constant periphery while varying the gross molecular shape. Given that self-
assembly and aggregation of proteins are three-dimensional processes, this level of structural control
has significant potential to contribute to effective inhibition. Compounds that were effective at Aβ42
monomer sequestration protected against Aβ42-induced cytotoxicity. The modular scaffold design of
these inhibitors provides a base for future rational design of more potent compounds that act through
the same mechanism. AD is one of over 50 human disorders that are considered to be
proteinopathies. The critical pathogenic species associated with protein aggregation and amyloid
formation in each of these disorders will likely have unique features. A similar dissection of assembly
pathways with rationally designed modulators may reveal points for therapeutic intervention in other
protein aggregation-related diseases for which there are currently few effective therapies.

314 Materials and Methods

315 Synthesis of lead compounds C16–C18.
Full synthetic procedures and characterisation data are detailed in the Supporting Information.

2   **4**

Reaction scheme 1: Cyclam (1,4,8,11-tetraazacyclotetradecane) **1** was converted to the di-Boc-di-
propargyl derivative **2** in 68% yield over four steps using previously reported methods (47, 48).
Perphenazine **3** was converted to the azide **4** (79%) by activating its primary alcohol with
diphenylphosphoryl azide (DPPA) and displacing with sodium azide in dimethylformamide (DMF). The
azide **4** (2 equivalents) and bis-alkyne **2** were coupled using a copper-catalysed azide/alkyne
cycloaddition reaction (CuAAC) to yield the protected ligand **5** (46%), before the Boc groups were
removed using 4M HCl in dioxane to afford **C16** (74%). The HCl salt **C16** was converted to its zinc(II)
(**C17**) and copper(II) (**C18**) complexes by first treating with Ambersep 900 hydroxide form resin to
generate the free amine, then stirring overnight at room temperature with either zinc(II) perchlorate
hexahydrate (for **C17**, 63%) or copper(II) perchlorate hexahydrate (for **C17**, 64%). All compounds
were dissolved in 100% DMSO and stored at 4 °C until use. Reagents and conditions: i. CuSO$_4$.5H$_2$O
(0.2 equiv.), sodium ascorbate (0.5 equiv.), THF/H$_2$O (2:3), rt, 16 h, 46%; ii. 4M HCl in dioxane
(excess), 0 °C, 1 h, 74%; iii. Ambersep 900 hydroxide form resin, MeOH, 15 min, then Zn(ClO$_4$)$_2$,
MeOH, reflux, 16 h, 63%; iv. Ambersep 900 hydroxide form resin, MeOH, 15 min, then Cu(ClO$_4$)$_2$,
MeOH, reflux, 16 h, 64%.

Aβ42 Overexpression. Overexpression and purification of Aβ42 was performed according to Walsh
and colleagues with slight modifications (34). A modified pET plasmid (100–300 ng) encoding the
Aβ(M1–42) gene was transformed into *E.coli* BL21-Gold (DE3) competent cells. A single colony from
an *E.coli* BL21-Gold (DE3) transformation plate was used to inoculate 100 mL LB medium containing
100 μg/mL AMP. This culture was incubated at 37 °C overnight with shaking (180 rpm) and then used
to inoculate fresh LB media containing 100 μg/mL AMP (1000 mL) to reach a starting optical density
of 0.05 at 600 nm (OD600). Large cultures were incubated at 37 °C with shaking (180 rpm) until the
cell density reached OD600 of 0.7–0.9, when expression was induced with addition of 0.5 mM IPTG.

Cultures were incubated for a further 3 h and then cells harvested by centrifugation at ~7500 x g for
30 min at 10 °C. Cells were resuspended into 25 mL 10 mM Tris/HCl pH 8.0, 1 mM EDTA and stored
at –20 °C. Samples of pre-induction and post-induction cultures (5 mL) were centrifuged at ~3300 x *g*
for 10 min at 4 °C and the cell pellet resuspended in BugBuster® reagent with DNase I. Samples
were sonicated 3 x 30 s with 30 s rest on ice between each sonication. Soluble and insoluble fractions
were separated by centrifugation at 16000 x *g* for 5 min and the insoluble material resuspended in an
equivalent volume of urea buffer. Expression was analysed using Novex™ 10–20% Tricine SDS-
PAGE gels, stained with Coomassie Blue.

^{15}N Aβ42 was expression was performed according to Habchi and colleagues (20). A single colony
from an *E. coli* BL21-Gold (DE3) transformation plate was used to inoculate 200 mL LB medium
containing 100 µg/mL AMP. This culture was incubated at 37 °C overnight with shaking (180 rpm) and
then used to inoculate 4L 2XYT media (1/25 dilution) containing 100 µg/mL AMP. Cultures were
incubated at 37 °C with shaking (180 rpm) until the cell density reached OD600 of 0.5. Cells
harvested by centrifugation at ~7500 x g for 20 min at 10 °C. Cells were washed with M9 and
resuspended in 1 L (1/4 of initial culture volume) of minimal M9 medium containing 100 µg/mL AMP
and 2g/L ^{15}NH$_4$Cl. Cultures were incubated at 37 °C with shaking (180 rpm) for 2 h and expression
was induced with addition of 1 mM IPTG. Cells were grown overnight and harvested by centrifugation
at 7446 x *g* for 30 min at 10 °C. Cells were resuspended into 25 mL of 10 mM Tris/HCl pH 8.0, 1 mM
EDTA and stored at –20 °C.

Aβ42 Purification and Concentration. Frozen cell pellets from 4 L culture were thawed, mixed by
vortex, sonicated for 2 min (1/2" horn, 50% duty cycle) and then centrifuged for 10 min at 18000 x *g*.
The supernatant was removed and the pellet was resuspended in 100 mL 10 mM Tris/HCl pH 8.0, 1
mM EDTA, then sonicated 15 s (1/2" horn, 50% duty cycle) and centrifuged as above. This step was
performed twice. After the third supernatant was removed, the pellet was resuspended and sonicated
90 s (1/2" horn, 50% duty cycle) in 150 mL of fresh ice cold deionised 8 M urea, 20 mM Tris/HCl pH
8.0, 1 mM EDTA, resulting in a clear solution.

50 mL of diethylaminoethyl (DEAE) cellulose beads were pre-incubated with 2 M urea, 10 mM
Tris/HCl pH 8.0, 1 mM EDTA. 100 mL of the urea-solubilised inclusion bodies was diluted with 300
mL of 10 mM Tris/HCl pH 8.0, 1 mM EDTA and added to the DEAE-cellulose beads in a glass beaker
on ice. This slurry was stirred gently every 5 min for a total of 30 min, then filtered under vacuum
using a Büchner funnel with filter paper and the flowthrough collected. Beads were washed with 100
mL of 10 mM Tris/HCl pH 8.0, 1 mM EDTA and the protein eluted using twelve 50 mL-volumes of 10
mM Tris/HCl pH 8.0, 1 mM EDTA, supplemented with increasing concentrations of NaCl (1 x 25 mM,
8 x 150 mM, 1 x 250 mM and 2 x 500 mM). Samples from fractions were analysed for Aβ42 content
by Novex™ 10–20% Tricine SDS-PAGE gels.

Fractions containing elevated levels of Aβ42 were combined and filtered through a 30 kDa molecular
mass cut-off centrifugal filtration device (Amicon® Ultra-15). The combined sample was concentrated
from 400 mL to 30 mL using a 3 kDa molecular mass cut-off centrifugal filtration device (Amicon®
Ultra-15). The concentrated sample was aliquoted into 2.5 mL tubes, snap frozen using liquid nitrogen
and then lyophilised. Lyophilised aliquots were stored at –20 °C.

Size exclusion chromatography. An aliquot of lyophilised Aβ42 protein was solubilised in 500 µL of
6 M GuHCl until no large aggregates were visible. This sample was centrifuged at ~3300 x *g* for 3
min, bath sonicated for 5 min in ice water and centrifuged again at 16000 x *g* for 10 min at 4 °C. 500
µL of sample was drawn up carefully with a syringe so as to not disturb the pelleted aggregated
protein and loaded onto a Superdex™ 75 Increase 10/300 GL size exclusion column running on an
ÄKTA FPLC system. Protein was eluted at 0.5 ml/min in 50 mM ammonium acetate pH 8.5. Fractions
(0.5 mL) were collected in Protein LoBind Eppendorf tubes and immediately placed on ice. Fractions
were analysed for Aβ42 content using SDS-PAGE. Concentration was measured via

spectrophotometer ($\epsilon 275 = 1450$). Fractions containing Aβ42 were combined and either used
immediately or snap frozen and lyophilised.

Thioflavin T assays. Protein samples (Aβ42) were prepared in triplicate in non-binding 96-well half
392   area plates (Corning 3881) in 25 mM or 50 mM NaH_2PO_4 pH 7.4, 40 µM ThT to a final volume of 80
393   µL. Plate preparation was performed at 4 °C to minimise aggregation. Samples incubated at 37 °C in
394   a POLARstar Omega microplate reader (BMG Labtech), with excitation at 440 nm and the
395   fluorescence emission recorded at 480 nm under quiescent conditions.

Seeding. Seeds were made by incubating 10 µM Aβ42 in 50 mM NaH_2PO_4, pH 7.4 at 37 °C for 5 h.
397   Protein solution was subject to 6 x 10 s sonication with 20 s rest on ice in between each interval. The
398   seeds were kept on ice and used immediately.

Enhanced BCA assay details. Kinetic assays were ran to completion as judged by the plateau in
400   ThT fluorescence (~5 hours). Contents of wells were removed and centrifuged at 16000 x g for 10 min
401   to pellet fibrils and aggregates. Protein concentration was determined using a Pierce® Bicinchoninic
402   Acid Protein Assay Kit according to manufacturer's enhanced protocol. Monomeric Aβ42 and
403   compounds alone were used as controls.

TEM. Samples were prepared on carbon-coated copper grids (200 mesh) with formvar support film
405   (ProSciTech Pty Ltd.) that were exposed to UV light (230 nm) for 10 min before sample application
406   and stained with 2% aqueous uranyl acetate solution. Samples were examined with a FEI Tecnai T12
407   electron microscope operating at 120 kV and images captured with a Veleta CCD camera and
408   processed using RADIUS 2.0 imaging software (EMSIS GmbH).

Preparation of Aβ42 for cell assay and NMR. Freeze dried purified protein was resuspended in
410   HFIP at 1 mg/ml and incubated for 30 min at room temperature. Protein was snap frozen, lyophilised,
411   and stored at –80 °C until use.

Cell Culture and Differentiation. SH-SY5Y cells were cultured in in Dulbecco's Modified Eagle
Medium: Nutrient Mixture F-12 (DMEM/F12; Invitrogen, Carlsbad, CA, USA) supplemented with 10%
fetal bovine serum (FBS; Gibco, Uxbridge, UK) at 37°C and 5% CO2. Cells were fed every 2-3 days
and passaged using Trypsin-EDTA (0.25%). Cells were detached using Trypsin-EDTA, centrifuged (5
min, 125 x g), counted and then plated in a Cell-bind 96-well plate at a density of $0.5x10^4$ cells/well in
10 µM all-trans retinoic acid (RA; Sigma-Aldrich) in DMEM/F12 with 10% FBS. Media was replaced
daily for 4 days (RA is light sensitive, so all steps involving RA were completed in the dark). After a 4-
day incubation with RA, media was switched to DMEM/F12 (no serum) with 50 ng/ml BDNF (Sigma-
Aldrich) for 3 days. After a total of 7 days of differentiation the cells were used for the experiments.

Aβ42 preparation, compound treatment and CellTiter-Blue® viability assay. 24 h prior to the
cells finishing differentiation an aliquot of Aβ42 was centrifuged at 16,000 x g for 10 min and dissolved
in PBS at 200 µM, then diluted to 20 µM in DMEM/F12 with 10% FBS. The solution was stored in the
incubator (37 °C, 5% CO_2) in a low-bind Eppendorf to promote Aβ42 fibrillization. After cell
differentiation was complete, for the Aβ42 monomeric preparation, a second aliquot of Aβ42 was
centrifuged at 16,000 x g for 10 min, dissolved in PBS at 200 µM and immediately diluted to a final
concentration of 20 µM in DMEM/F12 (with 10% FBS). Experimental compounds (10 µM, 0.1%) or
DMSO control were added to the fibrillar or monomeric Aβ42. Differentiation media was aspirated,
100 µL of each condition added to the cells and incubated for 24 hours (37 °C, 5% CO_2). In the
monomeric preparation, the time between dissolving the Aβ42 and applying onto the cells was
minimised (less than 2 minutes total). After 24 h, CellTiter-Blue® (CTB; Promega G8080) (20 µl/well)
was added and incubated for 4 h. The fluorescent emission at 590 nm was measured using a
POLARstar Omega microplate-reader (BMG Labtech); viable cells metabolise this agent and reduce it
to a fluorescent compound.

Statistical Analysis. One-way ANOVA (analysis of variance) followed by a Bonferroni's multiple
436   comparisons test was used to determine the differences between mean CTB values of differentiated

SH-SY5Y cells treated with Aβ42 and/or test compounds relative to vehicle control. Significance threshold was defined as p <0.05.

Kinetic analysis. The kinetic data obtained in ThT assays were analysed using the online fitting software AmyloFit, following the referred protocol (41). The model 'secondary nucleation dominated, unseeded' was used, with the reaction orders set to 2 as typical for Aβ42 and under the constraint of allowing deviations from the unperturbed kinetics in only one parameter at a time to investigate which microscopic step or which species of the aggregation mixture was most likely affected by the inhibitors. Repeats of the experiment were analysed separately and combined at the end to estimate uncertainty.

K_d determination To determine the value of the dissociation constant, K_d, between free monomer and inhibitor, a one-to-one binding was assumed and the free monomer concentration, m, expressed as a function of the total inhibitor concentration, I_{tot}, the total monomer concentration, m_{tot}, and K_d,

$$m = \frac{-I_{tot}+m_{tot}-K_d+\sqrt{(I_{tot}-m_{tot}+K_d)^2+4\,K_d\,m_{tot}}}{2}.$$ The free monomer concentration was estimated as the effective monomer concentration in the kinetic assays or the relative one-dimensional 1H NMR signal, respectively. Likelihoods were calculated using grid approximations, under the assumption of Gaussian noise.

NMR / K_d Analysis. All NMR data was collected at 4 °C using unlabelled 10 µM Aβ42 or ^{15}N-labelled Aβ42 in 20 mM NaH_2PO_4 pH 7.0, 10% D2O, 1 mM DSS. Individual titrations with C16, C17, C18 and EGCG were carried out by incubating unlabelled 10 µM Aβ42 with increasing concentrations of the compounds, ranging from 0 to 50 µM. 9 titration points were recorded for each compound. The NMR signal from one-dimensional ^{1}H spectra was used to monitor the binding. Each spectrum was recorded using 512 scans. A [1]H-^{15}N heteronuclear single quantum coherence (HSQC) spectrum was also recorded for ^{15}N-labelled Aβ42 in the presence of 10 µM C16. The HSQC was recorded overnight, for 240 scans, with a spectral width of 25 ppm (^{15}N offset at 117.5 ppm). All spectra were obtained using a 18.8 T (800 MHz ^{1}H frequency) Advance III HD Bruker spectrometer equipped with a cryoprobe.

Acknowledgements

The work was funded by Australian Research Council Discovery Project grant (DP200102463) to MS, AK and PJR. SRB, JSPA and MAS were supported by a Research Training Program Scholarship from the Australian Government (Department of Education, Skills and Employment). MK, MAS and ELW's research is supported by the National Health and Medical Research Council of Australia (NHMRC; APP1132524). MK is an NHMRC Principal Research Fellow (APP1154692). MRZ acknowledges support from the Herchel Smith Fund. The authors thank Elva (Meng) Shi and Dr Malcolm Spain for assistance with synthesis and characterisation of compounds and Dr Bill Bubb for comments on the manuscript. The authors acknowledge the facilities and the scientific and technical assistance of staff within the Sydney Analytical and Sydney Microscopy & Microanalysis Core Research Facilities at the University of Sydney. We acknowledge and pay respect to the Gadigal people of the Eora Nation, the traditional owners of the land on which we research, teach, and collaborate at the University of Sydney.

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Figures

Fig 1. *(A)* Schematic illustration of the multi-step process of Aβ42 amyloid assembly. *(B)* The lead compounds used in this study combine a cyclam macrocycle (purple) with pendant perphenazine moieties (cyan), conjugated via a click-derived triazole, and deployed either as the unmetallated HCl salt **C16**, the zinc perchlorate complex **C17**, or the copper(II) perchlorate **C18**. Other compounds screened in the initial phase of the project have a similar overall structure, bearing naphthyl- (**C10**–**C12**) or dopamine- (**C13**–**C15**) derived pendants in place of the perphenazine portion, as well as 'single-armed' compounds that contain only one triazolyl-pendant group (and a third secondary amine N–H at the other position on the macrocycle), **C1**–**C9**. Structures for all compounds are shown in Figure S1 of the Supporting Information.

Fig. 2. Time courses of fibril formation by Aβ42 show concentration-dependent inhibition of aggregation by **C16**, **C17** and **C18**. *(A)* 10 µM monomeric Aβ42 in the absence or presence of either 1% DMSO (dark grey) or 10 – 50 µM of **C16** (pink), **C17** (blue) and **C18** (green). Lower section displays an enlarged 10-hour window. N = 3 (SI Fig S3). *(B)* 2.5 µM monomeric Aβ42 in the presence of either 1% DMSO (dark grey) or 0.1, 1, 2, 3 or 5 µM of compounds. N = 4 (SI Fig S4). *(C)* Characterisation of the effects of compounds on seeded Aβ42 aggregation. 10 µM monomeric Aβ42 with 2% seeds in the absence or presence of either 1% DMSO (dark grey), 25 or 50 µM of compounds. Unseeded data are shown in pale colours for comparison. N = 3 (SI Figs S15). All samples were measured in triplicate under quiescent conditions at 37 °C. Traces have been corrected for time zero and data normalised as a function of the maximum fluorescence intensity, using GraphPad Prism.

Fig. 3. Transmission electron microscopy images showing representative examples of the morphology of fibrils formed by 10 µM Aβ42 alone (A) or aggregates formed by 10 µM Aβ42 in the presence of 50 µM **C16** (B), **C17** (C) and **C18** (D). Scale bar represents 200 nm.

Fig. 4. Cell viability was measured using the CellTiter Blue® assay after 24 h incubation with vehicle or 10 µM compound, with or without 20 µM Aβ42. *(A)* Compounds alone. *(B)* Compounds incubated with monomeric Aβ42. *(C)* Compounds incubated with fibrillar Aβ42. The figure displays the mean ± SD of N ≥ 3 independent experiments. One-way ANOVA followed by a Bonferroni's multiple comparisons test at the 0.05 level was used to determine the difference between each condition and vehicle control (**** $p < 0.0001$, *** $p < 0.001$, * $p < 0.05$, NS = non-significant). *(D)* Representative concentration-response curve for **C16** incubated with Aβ42 showing mean ± SD of duplicates. IC_{50} = 2.33 µM (SD = 0.89). N = 3.

Fig. 5. Chemical kinetics analysis reveals inhibition through monomer sequestration. To elucidate the major mechanism of inhibition, normalised aggregation curves measured in thioflavin T fluorescence assays were fitted under the constraint that deviation from the unperturbed system was allowed in only one microscopic step or the free monomer concentration, respectively. Representative curves shown in A and B, all fits shown in the SI. *(A)* The observed inhibition could not be described through inhibition of primary nucleation. *(B)* Inhibition through monomer sequestration was a plausible mechanism based on the kinetic profiles. *(C)* Microscopic steps underlying amyloid formation, with the suggested mode of inhibition through monomer sequestration. *(D)* Further support for monomer sequestration by **C16** was obtained through binding curves consistent with orthogonal NMR data, as well as a reasonable correlation between the effective free monomer concentration and the absolute increase in ThT signal over the experimental time course. *(E)* and *(F)* as in *(D),* but for **C17** and **C18**, respectively.

Fig. 6. One-dimensional ^{1}H NMR spectroscopy to determine apparent K_D for compounds. *(A)* Unlabelled 10 µM Aβ42 (dark grey) was incubated with 1–50 µM **C16** and spectra recorded at 4 °C. Methyl proton region is displayed, all regions analysed are shown in SI Fig. 16. *(B), (C)* and *(D)* as in *(A)* but for **C17**, **C18**, and **EGCG** respectively. Increasing concentration of **C16**–**C18** resulted in a decay in protein signal intensity. *(E)* Binding curve for **C16** constructed from signal decay curves and used to calculate the apparent K_D. *(F)* and *(G)* as in *(E)* but for **C17** and **C18**, respectively.

A

1° nucleation → elongation →

2° nucleation

monomer
aggregate

B

C16 M = none (as HCl salt)
C17 M = Zn (as (ClO$_4$)$_2$ salt)
C18 M = Cu (as (ClO$_4$)$_2$ salt)