1 Spatio-temporal Control of ERK Pulse Frequency Coordinates Fate Decisions

2 during Mammary Acinar Morphogenesis

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18 Abstract

19 The signaling events controlling proliferation, survival, and apoptosis during mammary 20 epithelial acinar morphogenesis remain poorly characterized. By imaging single-cell 21 ERK activity dynamics in MCF10A acini, we find that these fates depend on the average frequency of non-periodic ERK pulses. High pulse frequency is observed 22 during initial acinus growth, correlating with rapid cell motility. Subsequent decrease 23 24 in motility correlates with lower ERK pulse frequency and guiescence. Later, during lumen formation, coordinated ERK waves emerge across multiple cells of an acinus, 25 26 correlating with high and low ERK pulse frequency in outer surviving and inner dying cells respectively. Optogenetic entrainment of ERK pulses causally connects high 27 28 ERK pulse frequency with inner cell survival. Acini harboring the PIK3CA H1047R mutation, commonly observed in breast cancer, display increased ERK pulse 29 frequency, inner cell survival and loss of lumen formation. Thus, fate decisions during 30 acinar morphogenesis are fine-tuned by different spatio-temporal coordination 31 32 modalities of ERK pulse frequency.

33 Introduction

Mammary organogenesis involves formation of a rudimentary gland during 34 embryogenesis, followed by proliferation and branching invasion led by multi-layered 35 terminal end buds (TEBs) during puberty. Cells in the inner TEB layers then undergo 36 37 apoptosis to form the ductal lumen. During pregnancy, secretory alveoli are then 38 formed at the ends of the ductal tree (Inman et al., 2015; Paine and Lewis, 2017). 39 Morphogenesis of this complex structure requires spatial and temporal control of cell fates such as proliferation, survival, migration and death. However, the spatio-40 41 temporal signaling events that regulate such fate decisions remain poorly explored. The epidermal growth factor (EGF) receptor (EGFR) – mitogen activated protein 42 kinase (MAPK) signaling cascade, that ultimately leads to activation of the extracellular 43 regulated kinase (ERK) is a key pathway involved in mammary gland development. 44 EGFR-ERK signaling results in the upregulation of gene products involved in a wide 45 variety of processes such as proliferation, survival, migration and differentiation 46 47 (Lavoie et al., 2020). EGFR activity is required for mammary gland morphogenesis in 48 mice (Sebastian et al., 1998). Paracrine amphiregulin release by the matrix metalloprotease (MMP) ADAM-17 and its binding to EGFR mediates the effects of estrogen 49 50 receptor α to promote mammary gland development and growth (Ciarloni et al., 2007; 51 Sternlicht et al., 2005). EGFR-dependent ERK activity is enriched at the front of 52 elongating tubes and coordinates cell migration (Huebner et al., 2016). In 3D mammary acini, oncogenic ERK activation suppresses apoptosis and thus lumen 53 54 formation (Reginato et al., 2005). In primary mammary cell culture, ERK activity is 55 also crucial for survival (Finlay et al., 2000).

Recent single-cell measurements of ERK activity dynamics in a variety of 2D epithelial 56 monolayer cultures have revealed the existence of non-periodic ERK pulses of 57 constant amplitude and duration (Aikin et al., 2020; Albeck et al., 2013; Aoki et al., 58 2013; Gagliardi et al., 2021; Goglia et al., 2020; Hino et al., 2020; Hiratsuka et al., 59 60 2015). These ERK pulses originate from MAPK network properties such as ultrasensitivity (leading to steep ERK activation at a threshold EGFR input), and 61 62 negative feedback (leading to ERK adaptation) (Kholodenko et al., 2010; Sparta et al., 2015). An emerging theme is that the average frequency of these non-periodic ERK 63 pulses, referred to as ERK frequency from now on, control apoptosis (low frequency), 64 survival (medium frequency) or proliferation (high frequency) (Albeck et al., 2013; Aoki 65 et al., 2013; Gagliardi et al., 2021). These ERK pulses can either exhibit a stochastic 66

spatially uncorrelated behavior (Albeck et al., 2013; Goglia et al., 2020), or can be organized as wave patterns that regulate collective cell migration in a wound (Aoki et al., 2017; Hino et al., 2020; Hiratsuka et al., 2015), cell survival around sites of apoptotic cell extrusion (Gagliardi et al., 2021; Valon et al., 2021), or extrusion of cancer cells (Aikin et al., 2020). These ERK signaling patterns consist of trigger waves that involve sequential activation of ERK pulses in adjacent epithelial cells through paracrine signaling involving MMP-mediated cleavage of pro-EGF ligands.

74 In this work, we explore single cell ERK dynamics in 3D mammary acini. Culturing 75 mammary MCF10A cells in a basement membrane matrix (Matrigel) produces acini that retain key features of in vivo breast alveoli. Based on previous work (Anderson et 76 al., 2010; Debnath et al., 2003), we subdivided this process into four stages as 77 depicted in Figure S1A. Stage 1 is characterized by high proliferation rates and 78 basement membrane deposition; stage 2 consists of a guiescent state and presence 79 80 of an outer cell layer with clear basolateral polarity; stage 3 consists of apoptosis of 81 inner cells that allows formation of a hollow lumen in stage 4. The whole process takes 82 approximately two weeks.

We document different spatio-temporal modalities of ERK signaling during different 83 84 developmental stages of MCF10A acini formation. Stage 1 is characterized by high 85 ERK frequency, robust proliferation and rapid collective motility. This is followed by a 86 transition to lower ERK frequency and slower collective motility. During stage 2, 87 formation of ERK wave patterns correlates with domains of different ERK frequencies: 88 outer/inner cells display medium/low ERK frequencies, respectively controlling survival and apoptosis. Optogenetic control of ERK signaling shows that ERK pulses 89 90 control collective migration during stage 1, and that a critical ERK frequency is necessary for survival during stage 2. We characterize a crosstalk between phospho-91 inositide-3 kinase (PI3K) and MAPK/ERK signaling that feeds into the regulation of 92 93 ERK frequency. This provides insight into how oncogenic PI3K signaling crosstalks 94 with ERK to contribute to loss of lumen formation. Our work reveals how spatio-95 temporal control of ERK frequency organizes mammary acinar morphogenesis.

96 **Results**

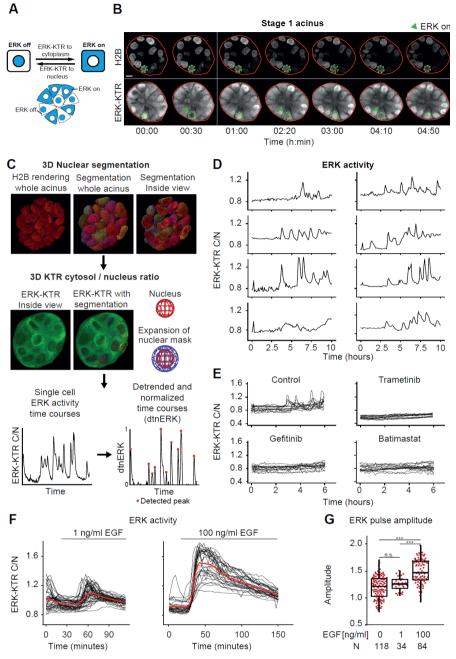
97 Stage 1 proliferative acini exhibit non-periodic MMP/EGFR-dependent ERK pulses 98 whose frequency correlates with collective cell migration speed.

To explore single-cell ERK dynamics during acinar morphogenesis, we created 99 100 MCF10A reporter lines expressing the nuclear marker histone 2B (H2B) fused to 101 miRFP703 with either the ERK activity biosensor ERK-KTR fused to mTurquoise2, or 102 a mCherry-geminin S/G2/M cell cycle marker (Sakaue-Sawano et al., 2017). ERK-103 KTR reports on ERK activity through reversible nucleus/cytosol shuttling after its 104 phosphorylation by active ERK (Regot et al., 2014) (Figure 1A). These lines were then used to grow acini according to a modified version of a previously described protocol 105 (Debnath et al., 2003). After three days, in which EGF, serum and insulin were required 106 107 for initial acinar growth, these growth factors (GFs) were removed to study ERK signaling dynamics intrinsic to acinar morphogenesis. Using the geminin marker and 108 109 a fluorogenic caspase substrate, we evaluated if our protocol recapitulated the 110 proliferation, quiescence and apoptosis fates previously documented during acinar 111 morphogenesis (Figure S1B-E) (Debnath et al., 2002; Liu et al., 2012). Stage 1 acini (4 days post-seeding) displayed elevated levels of proliferation and absence of 112 113 apoptosis. Stage 2 and 3 acini (7 and 11 days post-seeding) revealed quiescent cells and increased apoptosis leading to lumen formation. Stage 4 acini (14 days post-114 115 seeding) exhibited a mature lumen, abundant apoptotic debris, and a small increase 116 in proliferation.

117 We then imaged single-cell ERK dynamics in stage 1 acini using confocal spinning disk microscopy of both the H2B and ERK-KTR channels with time resolutions of 3 -118 5 minutes, until acini started to suffer from phototoxicity (observed after 10 - 23 hours). 119 Cells in stage 1 acini displayed asynchronous, non-periodic ERK pulses (Figure 1B) 120 121 as observed in 2D culture (Aikin et al., 2020; Albeck et al., 2013; Gagliardi et al., 2021). 122 To extract single-cell ERK activity trajectories, we used a customized version of the 123 open-source LEVERJS software (Wait et al., 2014; Winter et al., 2016) that segments and tracks nuclei based on H2B signal; and calculates ERK activity as a ratio of ERK-124 125 KTR fluorescence intensities in cytosolic and nuclear voxel masks (Figure 1C). Detrending of the ERK trajectories and normalization of the values to [0,1] generated 126 127 a reliable input for automated detection of ERK pulses (Figure 1C). Single cell ERK trajectories revealed spontaneous ERK pulses with slightly different amplitudes 128 (Figure 1D). Trametinib-mediated MEK, gefitinib-mediated EGFR, as well as 129

Batimastat-mediated MMP inhibition abolished ERK pulses (Figure 1E). MEK or EGFR 130 131 inhibition for multiple days led to massive cell death and disintegration of the acini 132 (Figure S2A), suggesting that ERK provides a pro-survival signal. Acute stimulation with 1 ng/ml EGF induced ERK pulses of amplitudes similar to those of spontaneous 133 134 pulses, while 100 ng/ml EGF induced ERK pulses of higher amplitudes (Figure 1F,G). These results document spontaneous, asynchronous EGFR- and MMP-depedent 135 136 ERK pulses in stage 1 acini. As previously described (Wang et al., 2013), stage 1 acini displayed collective cell 137 138 motility correlating with a rotational movement of 360 degrees of whole acini over multiple hours. Later during stage 1, we observed a transition to a state of slower 139 140 motility (Figure 2A, Movie S1). This was shown to correlate with deposition of 141 basement membrane around the acinus (Wang et al., 2013). The reduction in migration speed correlated with decreased ERK frequency (Figure 2B-D and S3A, 142 Movie S2), without having a significant effect on ERK pulse amplitude and duration 143

144 (Figure S3B,C).



145 Figure 1 Spontaneous EGFR/MMP-dependent ERK pulses in acini. (A) Schematic representation of the ERK activity - dependent subcellular localization of ERK-KTR. (B) Time-146 series of the equatorial optical section of an acinus (red plain line) expressing fluorescent H2B 147 and ERK-KTR. Highlighted is a cell (green dotted line) that displays spontaneous ERK activity 148 149 pulses (arrowheads) resulting in the nuclear to cytoplasmic translocation of ERK-KTR. Scale 150 bar = 10 µm. (C) Image analysis pipeline to extract ERK trajectories from 3D time lapse 151 datasets. Nuclei are segmented and tracked by LEVERJS based on the H2B signal. Singlecell ERK activity levels are the ratio of the median ERK-KTR signal pixel intensities in the voxel 152 153 mask around the nucleus and the one of the segmented nuclear volume. ERK pulses are 154 detected on detrended ERK trajectories normalized to [0,1]. (D) Representative single-cell 155 ERK trajectories from one acinus. (E) Overlayed ERK trajectories from control and drugtreated acini. Control trajectories correspond to the same acinus as in (D). (F) ERK trajectories 156 from acini treated with 1 or 100 ng/ml EGF at the indicated time points. (G) ERK pulse 157 158 amplitudes in cells from control and EGF-treated acini. Wilcoxon tests (n.s., P > 0.05; ***, P 159 < 0.001).

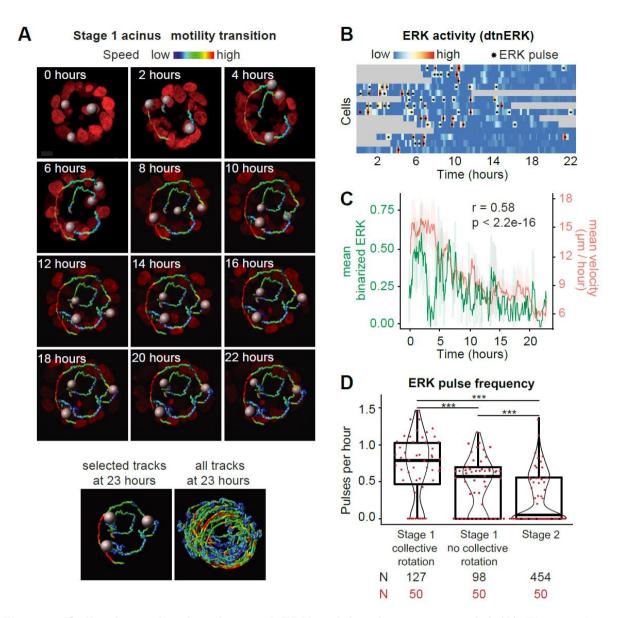


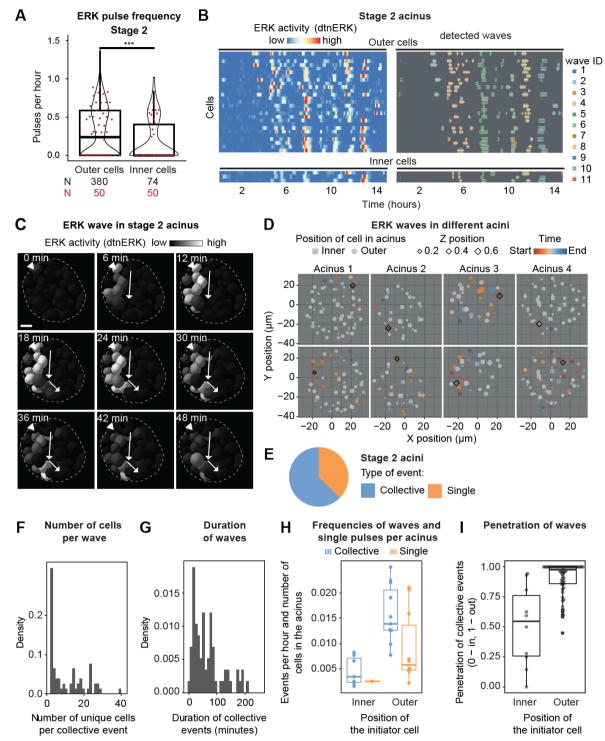
Figure 2 Collective cell migration and ERK pulsing in stage 1 acini (A) Time series 160 161 renderings of the cross section of an acinus transitioning from the rapid motility to the slow 162 motility stage. Nuclei and motility tracks color-coded by instantaneous velocity are shown. Scale bar = 10 μ m. (B) Analysis of ERK activity in the acinus from (A). Heatmap shows 163 164 detrended and normalized single cell ERK activity levels over time. Gray areas correspond to 165 time points when a cell was not within the imaged volume. Asterisks indicate individual ERK 166 pulses, (C) Analysis of motility and ERK activity in the acinus from (A). Graph shows mean binarized ERK activity and mean instantaneous velocity with 95% confidence intervals of all 167 imaged cells over time and their Pearson correlation coefficient. Mean binarized ERK activity 168 is used as a measure for the fraction of the cell population in a state of active ERK. (D) ERK 169 170 pulse frequency from trajectories at different developmental timepoints. Trajectories pooled 171 from 7 (stage 1 rotation), 5 (stage 1 no rotation) and 11 (stage 2) acini. Wilcoxon tests (***, P 172 < 0.001).

Stage 2 quiescent acini exhibit different ERK frequencies in inner and outer cells, which emerges from collective waves of ERK pulses.

175 We then evaluated ERK dynamics in larger, stage 2 guiescent acini that are 176 characterized by an outer layer of polarized cells, and a less organized inner cell mass destined for apoptosis for future lumen formation (Debnath et al., 2002). When 177 178 comparing low-motility stage 1 and stage 2 acini, we observed a further reduction in median ERK frequency (Figure 2D), while ERK pulse amplitudes and durations 179 180 remained almost identical (Figure S3B,C). This change in ERK frequency resulted 181 from a bimodal distribution in which a part of the cell population did not display any 182 ERK pulses (Figure 2D). Because ERK pulse frequency can regulate proliferation, 183 survival and apoptosis fates in MCF10A cells (Aikin et al., 2020; Albeck et al., 2013; 184 Gagliardi et al., 2021), and because inner cells in stage 2 acini are destined to undergo 185 apoptosis, we evaluated ERK pulse frequencies in inner versus outer cells. Outer cells 186 exhibited a significantly higher ERK frequency than inner cells, with the latter often not 187 exhibiting ERK pulses at all (Figure 3A,B). Similar ERK activity amplitude and duration 188 were found in inner/outer cells (Figure S3D,E). Together with our characterization of 189 fate decisions (Figure S1), these results suggest a spatio-temporal mechanism that 190 controls survival versus apoptosis fates through regulation of ERK frequency.

A striking feature of stage 2 acini was that they exhibited spatially correlated ERK 191 192 pulses in the form of waves spreading across multiple cells (Figure 3B,C, Movie S3). We devised computational methods (Figure S3F-H, Materials and Methods) to detect, 193 194 track, and extract features that describe ERK waves. These ERK waves were 195 observed in all of the stage 2 acini that we imaged (N=11), and exhibited different 196 geometries (Figure 3D). While some ERK pulses remained restricted to single cells, 197 most of the ERK pulses occurred within collective waves (Figure 3E). ERK waves 198 typically involved a median of 6 cells for a median duration of 54 minutes (Figure 3F,G). However, a large variance was observed with some ERK waves involving as 199 200 little as 2 and as many as 39 cells (almost the whole acinus). ERK waves, as well as 201 isolated ERK pulses, were predominantly initiated in the outer cell layer (Figure 3H). 202 Further, ERK waves that originated in the outer layer displayed a higher bias to remain 203 at that location than those originating in inner cells (Figure 3I). We have previously 204 shown that in 2D MCF10A cultures, as well as in acini, apoptotic cells trigger ERK waves in their neighboring cells (Gagliardi et al., 2021). However, the ERK waves we 205

206 observed here only rarely coincided with apoptotic events, suggesting that they 207 originate through a different mechanism. Our results strongly suggest that ERK waves 208 contribute to spatially position different ERK pulse frequencies in inner and outer 209 acinar cells.



210 Figure 3 Different ERK pulse frequencies in inner and outer acinar cell layers in stage 211 2, and collective waves of ERK pulses. (A) ERK pulse frequency from trajectories of cells located in inner versus outer acini layers. Trajectories pooled from 11 acini. Wilcoxon test (***, 212 213 P < 0.001). (B) Left: heatmap of detrended/normalized single-cell ERK trajectories in outer 214 and inner cells of a representative acinus. Right: detection of individual ERK activity waves in 215 the same acinus. (C) Representative time-series micrographs of ERK wave ID 10 in (B). Nuclei 216 color-coded by ERK-KTR ratios. Arrows depict wave directionality. The arrowhead indicates 217 the initiator cell. Dashed line indicates the acinus border. Scale bar = 10 μ m. (D) 2D projection 218 representations of isolated ERK waves from four different acini. Cells that participate in the 219 wave are color-coded by their relative time of activation. Size represents the relative Z position 220 of the cell and shape if they belong to the inner or outer cell population. Top and bottom panels

depict two isolated ERK waves for each acinus. (E) Percentage of initiator events that remain restricted to a single cell vs those that lead to collective events. (F) Total numbers of unique cells involved in individual collective events. (G) Durations of individual collective events. (H) Average frequency of single and collective events per acinus, normalized by the number of cells in the acinus. (I) Penetration of collective events across acini. Calculated as the timeaveraged fraction of localization of a collective event between the inner (0) and outer (1) cell layer.

228 Optogenetic control of ERK frequency regulates collective motility, survival and 229 apoptosis fates

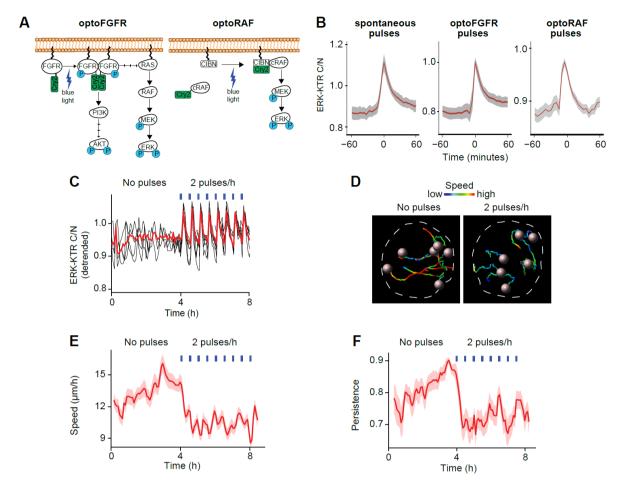
To explore the role of ERK pulse frequency during stage 1 collective motility, as well 230 as stage 2 apoptosis and survival fates required for lumen morphogenesis, we used 231 232 two optogenetic actuators to evoke different ERK pulse frequencies in acini (Figure 233 4A). Optogenetic fibroblast growth factor receptor (optoFGFR) is a Cry2-based light-234 activatable receptor tyrosine kinase that activates ERK, Akt and calcium signaling (Kim 235 et al., 2014). OptoRaf is a CIBN/Cry2-based system in which a catalytic Raf domain is 236 recruited to a plasma membrane targeted anchor in a light-dependent fashion to 237 specifically activate ERK (Aoki et al., 2017). We generated stable lines expressing any 238 of the two optogenetic constructs, a spectrally compatible ERK-KTR-mRuby, and H2BmiRFP. Application of a single blue light pulse evoked a discrete optoFGFR- or 239 optoRaf-mediated ERK pulse with similar shape and duration as spontaneous ones 240 (Figure 4B). 241

242 Since ERK pulse wave patterns can coordinate collective cell migration through 243 regulation of myosin activity (Aoki et al., 2017; Hino et al., 2020), we hypothesized that 244 the asynchronous ERK pulses we observed might coordinate the collective motility 245 pattern in stage 1 acini. We therefore sought to disrupt this process by synchronizing 246 ERK pulses across all the cells of an acinus. We imaged rotating stage 1 acini for 4 247 hours in the absence of blue light, and observed asynchronous ERK pulses (Figure 248 4C). We then applied high frequency light pulses at 30 minute intervals, which 249 synchronized ERK pulses across cells (Figure 4C, Movie S4). This switch to 250 synchronous high-frequency ERK pulsing in all cells immediately resulted in 251 decreased cell migration speed and persistence (Figure 4D-F). This suggest that the asynchronous high frequency ERK pulses organize collective cell migration in stage 1 252 253 acini.

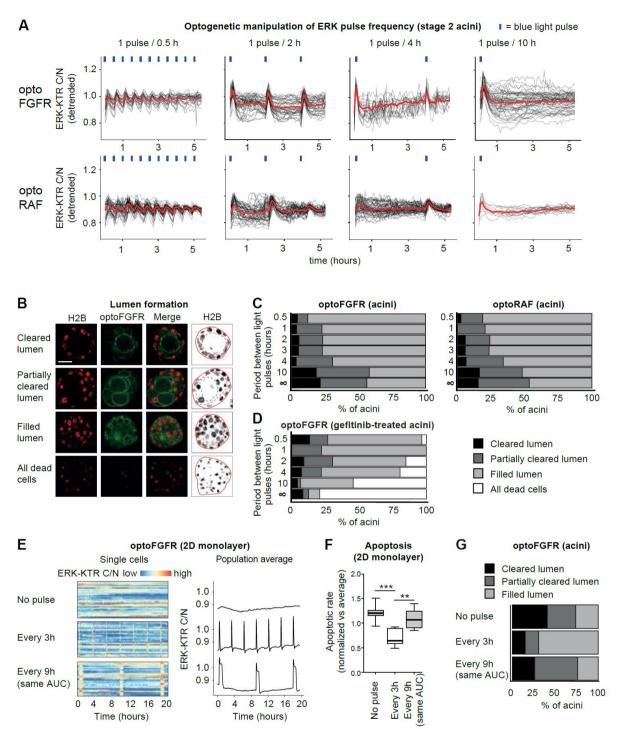
Next, we tested the hypothesis that the different ERK frequencies observed between 254 255 outer and inner cells in stage 2 acini regulate survival vs apoptosis cell fates. Using optoFGFR and optoRaf, we evoked frequency-modulated, population-synchronous 256 257 ERK dynamics in all the cells of an acinus (Figure 5A, Movie S5). Endogenous collective ERK pulses were however still occurring. Because the regulation of 258 apoptosis/survival fates required for lumen formation spans over one week, we could 259 not use our live cell imaging platform to study this process. We therefore used LITOS 260 261 (LED Illumination Tool for Optogenetic Stimulation) (Höhener et al., 2022) to evoke

262 frequency-modulated ERK pulse regimes in multiwell plates in a tissue culture incubator (Figure S4A). This system evoked similar ERK pulses as observed in our 263 264 live cell imaging system (Figure S4B). We then stimulated stage 2 acini with light pulses delivered at different frequencies for 7 days and scored the distribution of acini 265 266 that exhibited filled lumen, partially cleared lumen or cleared lumen (Figure 5B). Using both optoFGFR and optoRaf, we observed that ERK pulses induced every 0.5, 1, 2, 267 268 3, 4 but not 10 hours led to survival of inner cells, increasing the number of acini with filled or partially cleared lumina (Figure 5C). These results further suggest that survival 269 270 and apoptosis fates are regulated by a frequency encoded ERK signal. The optoRaf 271 experiments indicate that high frequency ERK pulsing alone is sufficient to induce 272 survival independently of PI3K/Akt signaling.

Because endogenous ERK pulses occur on top of optogenetically-induced ones, we
used optoFGFR to evoke different ERK pulse frequencies in EGFR-inhibited acini that
do not exhibit spontaneous ERK pulses. Here, unstimulated acini and those stimulated
every 10 hours displayed cell death. In marked contrast, ERK pulses applied at 0.5, 1,
2, 3 or 4 hours led to cell survival (Figure 5D). These results show that cells in acini
must experience at least one ERK pulse every 4 hours to survive.



279 Figure 4 Optogenetic stimulation of acini controls 3D migration properties in stage 1 acini (A) Cartoon of the optoFGFR and optoRAF systems. OptoFGFR consists of the 280 281 intracellular domain of FGFR1 linked to the plasma membrane and a Crv2 PHR domain which 282 dimerizes upon blue light stimulation, leading to receptor autophosphorylation and activation 283 of downstream cascades. OptoRAF consists of a Cry2 linked to cRaf and a membrane-linked 284 CIBN domain. CIBN and Cry2 dimerize upon blue light stimulation which recruits cRaf to the 285 plasma membrane where it phosphorylates MEK. (B) Average ERK trajectories from isolated 286 spontaneous and optogenetically induced ERK pulses with 95% confidence interval. Time = 0 287 corresponds to maximal amplitude of peaks. (C) Overlayed detrended ERK activity trajectories 288 from a stage 1 rotating acinus expressing optoFGFR and stimulated every 30 min starting 289 from 4 hours. Vertical blue lines indicate the blue light stimulation. (D) Six single-cell migration 290 trajectories from the same example organoid color coded according to migration speed. 291 Spheres represent the nuclei positions at the end of the trajectory. The micrographs were 292 taken at 4 and 8 hours of the experiment, each one with the migration trajectories of the past 293 4 hours. Dashed line indicates the acinar border. (E) Speed and (F) persistence of single-cell 294 migration in the same acinus. Population average and 90% confidence interval are shown.



295 Figure 5 Controlling survival/apoptosis decisions with optogenetic actuators. (A) 296 Overlayed detrended ERK activity trajectories from optoFGFR or optoRAF expressing acinar 297 cells stimulated with different blue light pulse frequencies. (B) Colored: Equatorial optical 298 sections of acini displaying cleared, partially cleared or filled luminal space or underwent 299 complete cell death at stage 4. Black and white: maximal intensity projections of equatorial Z 300 planes spanning 12 µm. Acini borders (red lines), luminal space (dashed red lines), and the border between the cleared and filled part of the luminal space (dashed green lines) are 301 302 indicated. Scale bar = 20 µm. (C) Percentages of acini displaying cleared, partially cleared or 303 filled luminal space at day 14, after 7 days on an LED plate that emitted blue light pulses at 304 defined intervals. N = 36 - 72 acini per condition from 2 independent replicates. Pearson's chisquared test. optoFGFR: X² (12 degrees of freedom, N = 384) = 78, P < 0.001. optoRAF: X² 305 306 (12 degrees of freedom, N = 326) = 32, P < 0.005 (D) Percentages of acini displaying cleared,

307 partially cleared or filled luminal space or complete cell death at day 14, after 7 days in the 308 presence of gefitinib on an LED plate that emitted blue light pulses at defined intervals. N = 24 - 46 acini per condition. X^2 (15 degrees of freedom, N = 201) = 79, P < 0.001. (E) MCF10A 309 cells in monolaver culture were stimulated every 3 hours with blue light pulses or every 9 hours 310 311 with the same AUC, achieved with 20 consecutive blue light pulses, and compared with 312 unstimulated cells. Randomly selected trajectories (left) and whole population average (right). 313 (F) Distribution of apoptotic rates in 5 biological replicates each one normalized on the experiment mean. t-test (**, P < 0.01; ***, P < 0.001). (G) Percentages of optoFGFR-314 315 expressing acini that displayed cleared, partially cleared or filled luminal space at day 14, after 316 7 days on an LED plate that emitted either a single blue light pulse every 3 hours, 20 317 subsequent blue light pulses every 9 hours or no blue light pulses. N = 27-39 acini per 318 condition. X^2 (4 degrees of freedom, N = 104) = 23, P < .001.

319 ERK frequency but not integrated ERK activity regulates the survival fate Next,

we explored if the frequency of ERK pulses or the total integrated ERK activity over 320 time controls survival. To test this, we used optoFGFR to induce synthetic ERK 321 pulses of different widths, that when applied at different frequencies can evoke the 322 323 same integrated ERK activity over a specific time period. Since ERK pulses display an 324 identical shape and promote survival for 4 hours both in serum-deprived 2D 325 monolayers (Gagliardi et al., 2021) and 3D acini, we first identified light stimulation 326 schemes capable of inducing ERK pulses of different widths in monolayers. We 327 applied a series of 1 to 86 successive blue light pulses delivered at 2-minute intervals, and recorded the resulting ERK dynamics (Figure S4C). We have previously shown 328 329 that light stimulation applied at this frequency leads to sustained optoFGFR activity (Dessauges et al., 2021). The integrated ERK activity (area under the curve = AUC) 330 displayed a linear relationship with the number of light pulses (Figure S4D). 20 blue 331 332 light pulses delivered every 2 minutes led to a single ERK pulse with a three-fold 333 increase in integrated ERK activity. We then applied 2 distinct optoFGFR stimulation 334 schemes consisting of 1 AUC equivalent of ERK activity evoked every 3 hours versus 3 AUC equivalents of ERK activity evoked every 9 hours, resulting in the identical 335 336 integrated ERK activity over a period of 9 hours (Figure 5E). We found that the first 337 but not second optogenetic stimulation scheme induced cell survival in serum-338 deprived 2D cultures (Figure 5F). We then performed the identical experiment in stage 2 acini by applying the two optogenetic stimulation schemes using LITOS for 7 days. 339 340 Quantification of lumen formation efficiency at day 14 revealed increased inner cell survival when the first, but not the second, optogenetic stimulation scheme was 341 342 applied (Figure 5G). These results show that the frequency of ERK pulses rather than the integrated ERK activity regulates survival. 343

Finally, we also used our optogenetic toolkit to explore a number of scenarios of how different ERK frequencies in inner/outer cells might be regulated in stage 2 acini. These results are discussed in the Supplemental Text and Figure S5.

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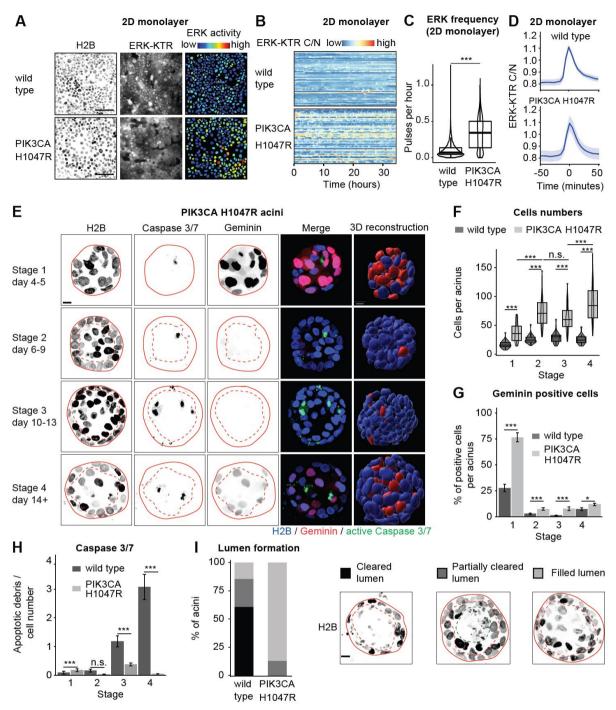
348 Oncogenic PI3K signaling increases ERK frequency leading to loss of acinar 349 lumen formation

We then explored ERK dynamics in the context of a pathological alteration of acinar morphogenesis induced by the H1047R mutation in the alpha subunit of PI3K (PIK3CA), which is frequently mutated in breast cancer (Cancer Genome Atlas 353 Network, 2012). The H1047R PIK3CA mutation leads to absence of lumen in MCF10A knockin acini (Berglund et al., 2013; Chakrabarty et al., 2010; Chen et al., 2013, Isakoff 354 et al., 2005: Lauring et al., 2010), as well as ductal hyperplasia in a transgenic mouse 355 model (Tikoo et al., 2012). H1047R PIK3CA MCF10A knock-in cells have been shown 356 357 to display elevated ERK activity using western blot (Gustin et al., 2009), strongly suggesting the existence of a crosstalk between oncogenic PI3K and MAPK/ERK 358 359 signaling. Consistently, we found that H1047R PIK3CA MCF10A knock-in cells 360 cultured as monolayers displayed higher median ERK frequency than their wild-type 361 (WT) counterparts (Figure 6A-C), while maintaining similar ERK pulse shape, duration and amplitude (Figure 6D, S6A,B). The finding of a similar ERK pulse shape in WT 362 363 and mutant cells indicates that the PI3K to MAPK crosstalk must occur upstream of 364 Ras because the MAPK network structure that shapes ERK dynamics is maintained (Kholodenko et al., 2010). The increased ERK frequency suggests the involvement of 365 366 receptor level interactions (Sparta et al., 2015). 367 To better understand the effect of the PIK3CA H1047R on acinar morphogenesis, we 368 evaluated proliferation and apoptosis during different stages (Figure 6E-I). Stage 1 369 mutant acini displayed increased proliferation compared to their WT counterparts, as 370 evidenced by augmented cell numbers, and geminin guantification (Figure 6E-G). While remaining slightly higher than in WT acini, proliferation also diminished during 371 372 stages 2 - 4, but displayed a small upshoot during stage 4 (Figure 6E,G). In contrast 373 to the steep apoptosis rise observed starting on day 7 in WT acini, apoptotic rates 374 remained lower in PIK3CA mutant acini at all stages (Figure 6E,H). Increased 375 proliferation at stage 1, and decreased apoptosis at stages 3 and 4, thus mostly 376 contribute to increased cell number and absence of lumen formation in PIK3CA-377 mutant acini (Figure 6I).

378 We then evaluated ERK dynamics during the pathological acinar morphogenesis induced by PIK3CA H1047R. As in monolayers, PIK3CA-mutant acini displayed ERK 379 380 pulses like those of WT acini (Figure 7A). Stage 1 rotating PIK3CA-mutant acini displayed ERK frequencies as high as those observed in their WT counterparts (Figure 381 382 7B). However, stage 1 non-rotating PIK3CA-mutant acini did not display the decreased ERK frequency observed in WT (Figure 7B). Stage 2 PIK3CA-mutant acini displayed 383 increased ERK frequency compared to WT, as well as prominent ERK waves (Figure 384 7B-D, Movie S6). However, most likely due to their heterogeneity, we could not 385 386 pinpoint a specific feature of ERK waves associated with the increased ERK frequency

observed in PIK3CA-mutant versus WT acini. PIK3CA-mutant stage 2 displayed
higher ERK frequencies than WT acini, leading the inner cells of PIK3CA-mutant to
exhibit a similar ERK frequency than the outer cells of WT acini (Figure 7B,C).
Amplitude and duration of ERK pulses were similar for both WT and PIK3CA H1047R
acinar cells at all stages (Figure S6C,D).

Pictilisib-mediated PI3K or AZD5363-mediated Akt inhibition decreased ERK 392 393 frequency in both WT and mutant acini (Figure 7E). Stimulation of WT acini with insulin-like growth factor (IGF1), that primarily activates PI3K-Akt signaling (Myers et 394 395 al., 1993), also resulted in increased ERK pulse frequency (Figure S7A,B). Gefitinib-396 mediated EGFR inhibition abolished ERK pulses in PIK3CA-mutant acini, suggesting 397 an EGFR-dependent mechanism (Figure S7C). Batimastat-mediated MMP inhibition in PIK3CA H1047R cells led to reduction of ERK phosphorylation to levels 398 399 observed in WT cells, without affecting Akt signaling (Figure S7D). PIK3CA 400 H1047R MCF10A cells have been shown to exhibit increased expression of 401 the EGFR-ligand amphiregulin in comparison to WT cells (Young et al., 2015), 402 possibly explaining the increase in EGFR-dependent ERK frequency. Consistently, 403 we observed increased amphiregulin expression at mRNA level in PI3K-mutant when 404 compared with WT cells. Amphiregulin expression levels were were decreased upon pictilisib-mediated inhibition of PI3K activity in PIK3CA mutant cells (Figure 405 406 S7E). Together, these results strongly suggest that the PI3K to MAPK/ERK crosstalk that regulates ERK frequency involves amphiregulin/MMP-activation of EGFR. 407 408 Increased survival in PIK3CA H1047R acini might therefore involve increased 409 ERK frequency through this crosstalk mechanism, in addition to PI3K-Akt signaling.



410 Figure 6 Increased 2D monolayer ERK frequency and altered acinar morphogenesis of PIK3CA H1047R cells. (A) Micrographs of WT and PIK3CA H1047R MCF10A 2D monolavers 411 expressing fluorescent H2B (left) and ERK-KTR (middle). Right: nuclei of the same cells color-412 413 coded by ERK-KTR ratio. Scale bar = 100 µm. (B) Heatmap of single-cell ERK trajectories in WT and PIK3CA H1047R monolayers. (C) ERK frequencies in WT and PIK3CA H1047R 414 monolayer cells. (D) Average ERK trajectories from isolated pulses in WT and PIK3CA 415 416 H1047R cells within monolayers. 95% confidence intervals are shown. Time = 0 corresponds 417 to maximal amplitude of peaks. (E) Micrographs and 3D reconstructions of H2B, caspase 3/7 418 fluorogenic substrate and geminin signals in PIK3CA H1047R acini at different stages. Micrographs show maximal intensity projections of equatorial Z planes spanning 12 µm. Plain 419 420 lines mark the borders of the acini, dashed lines mark the outer cell layer. Scale bar = 10 μ m. 421 (F) Cell numbers per acinus at the different stages. N = 54 - 60 PIK3CA H1047R acini each. 422 (G) Fraction of Geminin positive cells per acinus at different stages. (H) Number of Caspase

423 3/7 apoptotic debris divided by the acinar cell number at different days. (I) Percentages of acini that either displayed a cleared, partially cleared or filled luminal space at day 14. 424 Pearson's chi-squared test: X² (2 degrees of freedom, N = 82) = 50, P < 0.001. Representative 425 examples used for classification are shown (maximal intensity projections of equatorial Z 426 planes spanning 12 µm). Acini borders (red lines), luminal space (dashed red lines), and the 427 428 border between the cleared and filled part of the luminal space (dashed green lines) are 429 indicated. Scale bar = 10 µm. (F-I) Measurements taken on the same acini. WT acini are the 430 same as in figure S1, for comparison. (G, H) Error bars represent standard error of the mean.

431 (C, F, G and H) Wilcoxon tests (n.s., P > 0.05; *, P < 0.05; **, P < 0.01; ***, P < 0.001).

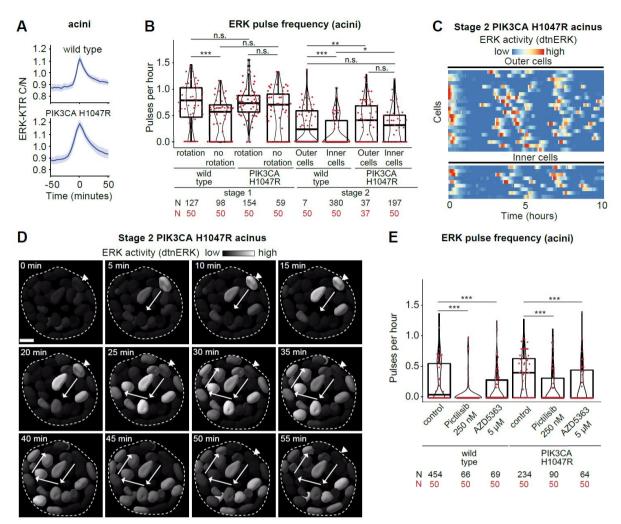


Figure 7 Increased ERK frequency in PIK3CA H1047R mutant acini. (A) Average ERK 432 433 trajectories from isolated pulses in WT and PIK3CA H1047R cells within acini. 95% confidence intervals are shown. Time = 0 corresponds to maximal amplitude of peaks. (B) ERK 434 435 frequencies of WT and PIK3CA H1047R cells at different stages and locations within the 436 acinus. Mutant trajectories pooled from 7 (stage 1 rotation), 2 (stage 1 no rotation) and 6 (stage 437 2) acini. (C) Heatmap of detrended/normalized single-cell ERK trajectories in outer and inner 438 cells of a representative stage 2 PIK3CA H1047R acinus. (D) Representative time-series of 439 an ERK wave in a stage 2 PIK3CA H1047R acinus (dashed line) cross section. Nuclei are 440 color-coded by ERK activity levels. Arrows show directionality of activation, Arrowhead 441 indicates the initiator cell. Scale bar = 10 µm. (E) ERK frequencies of WT and PIK3CA H1047R 442 cells from control acini and acini treated with 250 nM pictilisib or 5 µM AZD5363. (B and E) wt 443 control data is the same as in figure 2 and 3, and shown again for comparison. Wilcoxon tests 444 (n.s., P > 0.05; *, P < 0.05, **, P < 0.01; ***, P < 0.001).

445 Discussion

Recent work in epithelial monolayers have revealed the existence of non-periodic 446 single-cell ERK pulses, whose frequency controls apoptosis, survival or proliferation 447 fates (Albeck et al., 2013; Aoki et al., 2013, Gagliardi et al., 2021; Valon et al., 2021). 448 449 At the level of a cell population, these ERK pulses can be stochastic when cells are stimulated with EGF (Albeck et al., 2013), or can be organized as collective ERK 450 451 waves during collective cell migration (Aoki et al., 2017; Hino et al., 2020), cancer cell 452 extrusion (Aikin et al., 2020), or spatial regulation of survival in response to stress 453 (Gagliardi et al., 2021; Valon et al., 2021). Here we show that similar ERK 454 pulses/waves coordinate fate decisions during mammary acinar morphogenesis. As 455 in the cell systems mentioned above, ERK pulses are triggered by MMP-mediated cleavage of pro-EGF ligands and subsequent activation of EGFR. Downstream of 456 EGFR, MAPK network properties such as ultrasensitivity and negative feedback 457 (Huang and Ferrell, 1996, Kholodenko et al., 2010) might allow to translate minute 458 459 amounts of MMP-cleaved pro-EGF into clear cut digital ERK pulses. Consistently, the 460 slightly lower amplitude of spontaneous ERK pulses versus those induced by acute 461 EGF stimulation suggests that the EGFR/MAPK system functions at the threshold 462 input to generate digital ERK pulses (Figure 1G). This might allow the MMP/EGFR/MAPK signaling network to translate small variations in the EGFR input 463 into frequency-modulated regimes of ERK pulses that can specify proliferation, 464 survival and apoptosis. Note that exogenous addition of EGF impedes apoptosis-465 466 mediated lumen formation (Gaiko-Shcherbak et al., 2015), further suggesting that 467 small amounts of EGFR ligands synthesized by the acinus itself are necessary for self-468 organisation of its morphogenesis. This MMP/EGFR/MAPK network has also been shown to produce ERK trigger waves in which activated cells sequentially switch on 469 470 ERK pulses in adjacent cells (Aoki et al., 2017; Boocock et al., 2020; Hino et al., 2020). 471 Our results strongly suggest that the ERK waves observed in stage 2 acini rely on this 472 mechanism. Thus, a relatively simple signaling network might allow to produce 473 conserved and sophisticated ERK behaviors in epithelial collectives. This excitable 474 MMP/EGFR/MAPK network that generates pulsatile ERK activity strongly contrasts with the oscillatory ERK behavior observed in the segmentation clock in vertebrate 475 embryos that is regulated on slower timescales by rhythmic transcriptional regulation 476 of MAPK phosphatases (Hubaud and Pourquié, 2014). We speculate that the pulsatile 477 478 MAPK network observed in epithelia provides an opportunity to constantly sense and

react to environmental inputs such as growth factors and insults to warrant epithelial
homeostasis during acinar development. This illustrates how the MAPK network can
be differently wired to produce distinct ERK dynamics at different timescales
depending on the developmental context.

483

484 ERK dynamics regulate collective migration and proliferation in stage 1 acini

485 We found that stage 1 acini displayed high frequency, asynchronous ERK pulses 486 during rapid collective cell migration that leads to a global rotation behavior of the 487 acinus (Figure 2). This rotation behavior has previously been implicated in the 488 morphogenesis of spherical tissue buds during mammary organogenesis (Fernández 489 et al., 2021). During migration of 2D epithelial sheets, ERK waves co-ordinate myosin activity necessary for collective motility, and are shaped by a mechanochemical 490 feedback from myosin to ERK (Aoki et al., 2017; Boocock et al., 2020; Hino et al., 491 492 2020). Further, ERK also has been shown to control myosin activity in MCF10A acini 493 single-cell motility (Pearson and Hunter, 2007). We therefore propose that 494 asynchronous ERK pulses spatially coordinate myosin contractility necessary for this collective motility behavior. This is consistent with our result that optogenetic 495 496 synchronization of ERK pulses immediately leads to decreased collective motility 497 (Figure 4C-F). The transition to a state of slower motility in late stage 1 acini has been 498 shown to result from assembly of an endogenous laminin-rich basement membrane 499 (Wang et al., 2013). We speculate that assembly of this basement membrane might 500 modify the myosin-ERK mechanochemical feedback loop mentioned above, leading 501 to decreased ERK frequency and motility, allowing to regulate the transition from 502 proliferation to guiescence. Assembly of the basement membrane might therefore act as a checkpoint coordinating ERK frequency-dependent regulation of motility and 503 504 transition from proliferation to quiescence. Future experimental/modeling studies will 505 be necessary to further refine this hypothesis.

506

507 ERK waves spatially regulate apoptosis and survival fates during stage 2 acinar 508 lumen morphogenesis

509 Our experiments in stage 2 acini suggest that spatial control of different ERK 510 frequencies regulates survival in outer versus apoptosis fates in inner acinar cells. 511 Outer cells display a median ERK frequency of one pulse every 4 hours, while inner 512 cells display lower ERK frequencies (Figure 3A). This is consistent with the ability of

513 one ERK pulse to provide about 4 hours of survival in MCF10A monolayers (Gagliardi et al., 2021). Using optogenetic control of ERK pulses, we excluded mechanisms such 514 as differential growth factor receptor sensitivity or refractory time of inner and outer 515 cells for regulation of different ERK frequencies (Supplementary Text, Figure S5A,B). 516 517 Instead, our results suggest a role for collective ERK waves to define the outer and 518 inner spatial domains of high and low ERK frequency, that respectively specify survival 519 and apoptosis fates (Figure 3B-I). ERK wave properties such as that they are initiated 520 mostly in the outer layer, and propagate more efficiently in the outer versus the inner 521 layer, might dynamically specify the two domains of ERK frequencies on timescale of 522 hours throughout the 7 days of the acinus cavitation process. While apoptosis is 523 predominantly responsible for the clearance of luminal cells in acini (Debnath et al., 524 2002), we cannot exclude that an alternative mechanism such as autophagy resulting 525 from metabolic defects in inner cells, which is regulated by EGFR - PI3K signaling 526 might also contribute to this process (Schafer et al., 2009).

527

528 ERK pulse frequency but not integrated activity regulates survival versus 529 apoptosis fates

530 To formally test if ERK frequency regulates survival/apoptosis fates, we used 531 optogenetic stimulation of all the cells of acini to causally link ERK frequency with 532 lumen formation. When used to evoke ERK pulses for up to at least every 4 hours, 533 both optoFGFR and optoRaf led to loss of lumen formation (Figure 5C). ERK pulses 534 evoked every 10 hours were not sufficient to rescue apoptosis. These experiments also functioned when EGFR was completely inhibited (Figure 5D). By optogenetically 535 536 varying the ERK pulse width, we also showed that ERK frequency rather than the integrated ERK activity over time regulates survival versus apoptosis fates, both in 537 monolayers and in stage 2 acinus lumen formation (Figure 5E-G). Our data therefore 538 539 suggests that short ERK pulses are the signaling unit that allows cells in acini to 540 commit to survival for about 4 hours. This might allow cells to integrate signaling inputs that fluctuate on timescales of minutes/hours, to dynamically control a morphogenetic 541 542 program on timescales of days. Interpretation of a specific ERK frequency into survival/apoptosis fates might involve the ERK substrate Bcl-2-like protein 11 (Harada 543 et al., 2004) or ERK-dependent transcriptional control of immediate early genes (IEGs) 544 (Avraham and Yarden, 2011). IEGs produce transcripts with lifetimes of around 30 545 minutes, that encode proteins with lifetimes of 1-3 hours. Notably, IEGs include Jun 546

and Fos transcription factors which are important regulators of cell survival (Shaulian
and Karin, 2001). IEG's short lifetime is compatible with the ERK frequency required
for survival. Higher ERK frequencies as observed in stage 1 acini might control
proliferation by regulation of IEGs such as Fra-1 (Gillies et al., 2017).

551

552 Oncogenic PI3K signaling modulates ERK frequency contributing to aberrant 553 acinar morphogenesis.

554 Our results show that the breast cancer relevant PIK3CA H1047R mutation increases 555 ERK frequency, which might contribute at least in part to increased proliferation and survival leading to larger acini without lumen formation, that phenocopies ductal 556 557 hyperplasia observed in mouse models (Tikoo et al., 2012). We show that this crosstalk from PI3K to ERK signaling feeds into the control of ERK frequency both in 558 559 WT and PIK3CA H1047R monolayers and acini (Figure 7, S6-7). This crosstalk also 560 functions downstream of IGF1, that primarily activates PI3K-Akt signaling (Myers et 561 al., 1993) (Figure S7A,B), suggesting that it is a conserved feature downstream of 562 multiple receptor tyrosine kinases. During stage 1, PIK3CA H1047R acini display 563 similarly high ERK frequencies as in WT acini (Figure 7B). During stage 2, PIK3CA 564 H1047R acini then still display a substantial decrease in ERK frequency as in WT acini compared to stage 1 (Figure 7B), which correlates with decreased proliferation (Figure 565 566 6E-H). However, ERK frequencies remain slightly higher both in outer and inner cells in PIK3CA H1047R versus WT acini, correlating with the strong survival phenotype in 567 568 inner cells, and absence of lumen formation. These results suggest that the control of 569 ERK frequency is still subject to some degree of regulation even when the crosstalk 570 from PIK3CA H1047R is constitutively switched on. Because the ERK pulse shape is identical in WT and PIK3CA mutant cells, this crosstalk must occur upstream of the 571 572 core Raf/MEK/ERK circuit. Consistently, ERK activation is sensitive to both EGFR and MMP inhibition in PIK3CA H1047R cells (Figure S7C,D). As reported previously 573 574 (Young et al., 2015), our data strongly suggests that constitutive PI3K activity in PIK3CA H1047R cells leads to increased expression of the EGFR ligand amphiregulin 575 576 that in turn might increase ERK frequency (Sternlicht et al., 2005) (Figure S7E). PIK3CA H1047R also has been found to decrease expression of the protein tyrosine 577 phosphatase receptor type F (PTPRF) (Young et al., 2015), which might further 578 augment EGFR excitability and thus ERK frequency. Further work is required to 579 elucidate the specific contributions of PI3K and ERK signaling to control the 580

581 survival/apoptosis fate decisions and how the PI3K/ERK crosstalk might spatially fine 582 tune ERK frequency. Our result strongly suggests that oncogenic PI3K signaling-583 induced aberrant spatial regulation of ERK frequency contributes to pathological 584 acinar morphogenesis.

585

586 Conclusion

587 We provide an initial characterization into how single-cell ERK dynamics control fate 588 decisions in space and time during the morphogenesis of a simple prototype organ 589 structure. Future studies are required to mechanistically understand how the different 590 dynamic signaling states are encoded and spatially organized, and if they provide 591 robustness against environmental perturbations occurring during development. This 592 will require the ever-expanding arsenal of optogenetic tools to manipulate specific cells 593 and evaluate how the cell collective responds. Further questions include how 594 additional signaling pathways might fine tune this morphogenetic process, and how 595 the ERK frequency is decoded into transcriptional programs that actuate the different 596 fates that shape acinus morphogenesis.

597 Material and methods

598

599 2D cell culture

MCF10A cells were cultured in DMEM/F12 supplemented with 5% horse serum, 20 600 601 ng/ml recombinant human EGF (Peprotech), 0.5 µg/ml hydrocortisone (Sigma-Aldrich/Merck), 10 µg/ml insulin (Sigma-Aldrich/Merck), 200 U/ml penicillin and 200 602 603 µg/ml streptomycin. The PIK3CA H1047R knockin cell line (Gustin et al., 2009) was a 604 gift of Ben Ho Park. We regularly verified the presence of the mutation by sequencing 605 the corresponding genomic locus. To generate stable cell lines, cells were transfected with FuGene (Promega) according to the manufacturer's protocol and clones were 606 607 selected by antibiotic resistance and image-based screening.

608

609 3D cell culture

610 For acinus formation, single MCF10A cell suspensions were mixed with 4 volumes of growth factor-reduced Matrigel (Corning) at 4 °C and spread evenly on the surface of 611 glass bottom cell culture plates at a concentration of 1.5 x 10⁴ cells/cm². Acini were 612 cultured in DMEM/F12 supplemented with 2% horse serum, 20 ng/ml recombinant 613 614 human EGF, 0.5 µg/ml hydrocortisone, 10 µg/ml insulin, 200 U/ml penicillin and 200 µg/ml streptomycin. Horse serum, insulin and EGF were removed after 3 days of 615 616 culture. For live imaging, 25 mM Hepes was added to the medium prior to mounting 617 on the microscope. CellEvent Caspase 3/7 Green Detection Reagent was obtained 618 from Thermo Fisher Scientific and used according to the manufacturer's protocol.

619

620 Plasmids

ERK-KTR-mTurguoise2 and ERK-KTR-mRuby2 were generated by fusion of the 621 622 coding region of ERK-KTR (Regot et al., 2014) with that of mTurguoise2 (Goedhart et al., 2012) or mRuby2 (Lam et al., 2012). H2B-miRFP703 was generated by fusion of 623 624 the coding region of human H2B clustered histone 11 (H2BC11) with that of miRFP703 (Shcherbakova et al., 2016). Geminin-mCherry was generated by fusion of the 625 626 ubiquitylation domain of human Geminin (Sakaue-Sawano et al., 2017) to mCherry. The above mentioned fusion proteins were cloned in the piggyBac vectors pMP-PB, 627 pSB-HPB (Balasubramanian et al., 2016) (gift of David Hacker, EPFL), or 628 pPB3.0.Blast, an improved version of pPB generated in our lab. 629

630 pPB3.0-PuroCRY2-cRAF-mCitrine-P2A-CIBN-KrasCT, referred to in the manuscript

as OptoRAF, was generated in the following way: The CRY2-cRaf sequence was
excised from pCX4puro-CRY2-cRAF (gift from Kazuhiro Aoki, (Aoki et al., 2017))
using EcoRI and NotI. mCitrine was PCR amplified from the optoFGFR plasmid, while
adding NotI and XhoI sites, and digested. Both sequences were ligated into pPB3.0Puro, previously digested with EcoRI and XhoI. The GSGP2A-CIBN-KRasCT
sequence (synthesized by GENEWIZ) was digested with BsrGI and AfIII and ligated
into pPB3.0-Puro-CRY2-cRAF-mCitrine.

- The piggyBac plasmids were co-transfected with a helper plasmid expressing ahyperactive piggyBac transposase (Yusa et al., 2011).
- Lyn-cytoFGFR1-PHR-mCit, expressing myristoylated FGFR1 cytoplasmic region fused with the PHR domain of cryptochrome2 and mCitrine (gift from Won Do Heo (Addgene plasmid # 59776), (Kim et al., 2014)), referred to in the manuscript as OptoFGFR, was subcloned in a lentiviral backbone for stable cell line generation.
- 644

645 **Imaging**

- All acini images were acquired on an epifluorescence Eclipse Ti2 inverted fluorescence microscope (Nikon) equipped with a CSU-W1 spinning disk confocal system (Yokogawa) and a Plan Apo VC 60X water immersion objective (NA = 1.2). For time lapse imaging, laser-based autofocus was used. Images were acquired with a Prime 95B or a Prime BSI sCMOS camera (both Teledyne Photometrics) at 16-bit depth. Temperature, CO2 and humidity were controlled throughout live imaging with a temperature control system and gas mixer (both Life Imaging Services).
- All monolayer cell images were acquired on an epifluorescence Eclipse Ti inverted fluorescence microscope (Nikon) with a Plan Apo 20x air objective (NA = 0.8) or a Plan Apo 40X air objective (NA = 0.9). Laser-based autofocus was used throughout imaging. Images were acquired with an Andor Zyla 4.2 plus camera at 16-bit depth.
- Both microscopes were controlled by NIS elements (Nikon).
- 658

659 Inhibitors and growth factors

660 Gefitinib was obtained from Sigma-Aldrich/Merck and used at a concentration of 10 661 μ M. Trametinib was obtained from Selleck Chemicals and used at a concentration of 662 5 μ M. Batimastat was obtained from MedChem Express and used at a concentration 663 of 30 μ M. Pictilisib was obtained from Selleck Chemicals and used at a concentration 664 of 250 nM. AZD5363 was obtained from Selleck Chemicals and used at a concentration of 5 μM. IGF1 was obtained from Peprotech and used at a concentrationof 100 nM.

667

668 **Optogenetic experiments**

For short term optogenetics experiments performed directly on the microscope, acini were illuminated with wide field blue light (470 nm LED) at defined time points during spinning disc time lapse imaging. Acini expressing optoFGF were illuminated for 100 ms at 50% LED intensity. Acini expressing optoRAF were illuminated for 100 ms at 60% LED intensity. The NIS elements JOBS module was used to program the imaging and stimulation patterns.

675 The 2D monolayer optogenetic experiments were executed by culturing MCF10A expressing optoFGFR, ERK-KTR-mRuby2 and H2B-miRFP703 as confluent 676 monolayer on 24 well plates with glass bottom. Optogenetic stimulation was done with 677 678 488 nm LED light at 100% light intensity for 100ms and using a 20x air objective. To 679 generate larger ERK activity pulses, cells were stimulated with trains of 488 nm light 680 pulses with a 2 min interval. The area under the curve (AUC) of ERK activity was calculated using the ERK activity levels before and after the ERK pulses to set the 681 682 baseline. The correlation function between the number of 488 nm light pulses and 683 AUC was obtained by linear regression. The effects of different frequencies with same 684 AUC on apoptosis was measured after 24 hours of time-lapse acquisition and manual 685 annotation of apoptotic events on the base of morphological alterations of cell nucleus. 686 For long term optogenetic stimulation with the LITOS system, glass bottom 96-well cell culture plates with 7-day old acini were fitted on a 32 x 64 RGB LED matrix (Boxtec) 687 688 inside a cell culture incubator. The matrix was connected to a custom printed circuit 689 board with an ESP32 microcontroller. This system was programmed to emit 1-minute 690 blue light pulses at maximal intensity at defined intervals for 7 days, after which lumen 691 formation efficiency was assessed. Acini were fixed with 4% paraformaldehyde prior 692 to imaging.

693

694 Image analysis of 3D acini

The open source LEVERJS software (Cohen, 2014; Wait et al., 2014; Winter et al., 2016) was used to analyze the 3D time lapse movies. The LEVERJS software was updated to include improved processing and visualization capabilities. The processing pipeline began with a GPU-accelerated 3D non-local means denoising algorithm (Wait 699 et al., 2019). After denoising, a new ensemble-based segmentation algorithm was 700 applied. This ensemble segmentation combined an adaptive thresholding into 701 foreground/background regions with an anisotropic 3D Laplacian of Gaussian filter 702 targeted to a specific cell radius to separate touching cells (Winter et al., 2019). The 703 base segmentation was run at different cell radii and the results were combined using 704 unsupervised learning techniques from the field of algorithmic information theory 705 (Cohen et al., 2009). Here, the radii evaluated ranged from 2.5 µm to 4 µm in 0.5 µm 706 steps. These values were set empirically based on expected cell size ranges. 707 Following segmentation, the cells were tracked using Multitemporal Association 708 Tracking (Winter et al., 2011); (Winter et al., 2012).

709 Following segmentation and tracking of the image sequences, the ERK-KTR signal 710 was extracted and processed to a detrended and normalized signal. To extract the 711 ERK-KTR signal, distance transforms were computed for each segmented image. The 712 interior distance transform assigned each cell interior voxel a numeric value indicating its distance starting at the cell boundary and increasing to the centroid. The exterior 713 714 distance transform assigned each boundary voxel a numeric value indicating its 715 distance to the nearest cell-assigned voxel. The exterior distance transform also 716 provided the identity of the nearest cell-assigned voxel for each background voxel. 717 The ERK-KTR signal was computed as the ratio of the image values around the center of the cell to the image values around the boundary of the cell. The center region of 718 the cell included voxels in the 95th percentile of the interior distance transform. For the 719 720 boundary region of the cell we included interior voxels within one unit of the boundary 721 and exterior voxels within three units of the boundary. The resulting ERK-KTR signal 722 was computed as the ratio of the median voxel value in the outer region to the median 723 voxel value in the inner region. The extracted ERK-KTR signals for each cell had 724 different base intensities and showed different amounts of fluctuation. To normalize 725 this and to allow for quantitative comparison and visual representation with different 726 cell ERK-KTR expression levels we computed a detrended and normalized ERK-KTR 727 signal as follows. The signal S was first detrended by subtracting the median filter signal, $S_d = S - \text{median}_{\text{filter}}(S)$. The signal was then normalized to the range [0,1] 728 using $S_{nd} = S_d / \max(S_d)$, unless the signal range in the detrended trajectory was below 729 730 an empirically set threshold. Inner and outer cells in stage 2 acini were identified visually based on the 3D reconstructions in LEVERJS. 731

732 For segmentation and quantification of steady state Z-stacks, CellProfiler 3.1.8 (McQuin et al., 2018) with 3D functionalities was used. Nuclei were identified based 733 on H2B-miRFP signals. Apoptotic debris were identified using Caspase 3/7 Green 734 Detection kit signals using adaptive thresholding and watershed segmentation. 735 736 Geminin-mCherry intensities were measured within nuclei voxel masks. ERK-KTR 737 cytosolic/nuclear intensity ratios were generated by measuring median ERK-KTR 738 intensities in the nuclear area and in a spherical voxel mask 1 pixel around the nuclear 739 objects. Imaris software (Bitplane) was used for 3D rendering of confocal stacks and 740 to track and measure motility parameters in Figures 2 and 4.

741

742 Image analysis of 2D cell cultures

Nuclei of monolayer cells were segmented using Ilastik (Berg et al., 2019) and CellProfiler 3.0. Ilastik was used for training a random forest classifier on different pixel features of the H2B-miRFP channel and background pixels. The training data was generated by manual annotation of 20 - 50 cells. The resulting probability map was imported into CellProfiler for thresholding and segmentation. Cytosolic ERK-KTR fluorescence intensities were measured by expansion of the nuclear objects. Cells were tracked using μ-track 2.2.1 (Jaqaman et al., 2008).

750

751 Data analysis

All analysis and visualization of ERK activity peaks and time series was performedwith custom R/Matlab/Python code.

754 ERK activity pulse detection

ERK activity peaks were identified and counted by the following steps. 1. Application of a short median filter to smooth the time series. 2. Application of a long median filter to produce a bias estimate which was subtracted from the smoothed time series. 3. Detrended time-series with real peaks were then identified by selecting those with an activity difference above an empirical threshold. Those were rescaled to [0,1] and a local maxima detection algorithm was used to identify peaks above an amplitude of 0.1.

762 Identification of collective events

To identify waves of collective ERK activation we developed a custom code and implemented it in R. The algorithm works on a binarised signal that is calculated by

765 detrending and normalising ERK-KTR cytosolic/nuclear intensity ratio time series as described above (Figure S3F,G). The algorithm searches for the first occurrence of 766 767 cells with ERK switched on (Figure S3H). If several such cells exist and they are located within a threshold radius, they initiate the first collective event. A single active 768 769 cell can also become a collective event. In the next time point, the algorithm repeats 770 the search for active cells and compares their distances to cells in the previous frame. 771 If new active cells are located within the threshold distance to active cells at the 772 previous time point, they are added to respective collective events. If new active cells 773 are located outside of the threshold distance, they form new collective events. This process of growing clusters of collective activity is repeated for all remaining time 774 775 points. The resulting statistics include the total number of cells involved in a collective event, the duration and the average size of an event and the location (inner or outer 776 777 layer) of the cells that initiates the event.

778

779 Immunoblotting and qPCR

Cells were plated into 6-well dishes (2 x 10⁵ cells/well) and cultured for 48h. The 780 781 resulting cell monolayers were washed twice with room temperature PBS, then 782 starving medium was added. For immunoblotting 1uL/mL DMSO or 10ug/mL Batimastat was added together with the starving medium and cells were further 783 784 cultured for 72h. Media was removed, monolayers were washed twice with ice-cold PBS, whole cell lysates were prepared and analyzed by immunoblotting as described 785 before (Dessauges et al., 2021). Primary antibodies against the following 786 proteins/epitopes were used: phospho-AKT^{Ser473} (cat. # 4058), AKT (cat. # 9272), 787 phospho-p44/42 MAPK (Erk1/2)^{Thr202/Tyr204} (cat. # 4370), p44/42 MAPK (Erk1/2) (cat. 788 # 4695), all from Cell Signaling Technologies, BioConcept Ltd. Secondary 789 IRDve680LT- or IRDve800CW-conjugated anti-species specific IgGs were from LI-790 791 COR. For qPCR cells were first starved for 24h, then fresh starving medium containing 792 1uL/mL DMSO or 2uM and 10uM pictilisib was added and cells were cultured for 24h. Media was removed, monolayers were washed twice with ice-cold PBS, RNA was 793 794 isolated using TRIzol reagent. Reverse transcription was done with the ProtoScript II reverse transcriptase kit (Bioconcept, M0368L). Real-time gPCR reactions were run 795 using the MESA Green gPCR MasterMix Plus for SYBR Green assay (Eurogenetec, 796 RT-SY2X-03+WOU) on the Rotor-Gen Q device (Qiagen). Each sample was tested in 797 798 triplicate. Expression of the gene of interest was calculated using the 2-AACt method.

The sequences of the primer sets used are as follows: AREG, 5' -ACA TTT CCA TTC TCT TGT CG- 3' (forward), and 5' - ACA TTT CCA TTC TCT TGT CG- 3' (reverse); FLJ22101, 5' -TTC CCT GTG GCA CTT GAC ATT- 3' (forward), and 5'-CTT TTG CCT CTG GCA GTA CTC A-3' (reverse).

803

804 **Quantification and statistical analysis**

805 All graphs were assembled and statistics were performed using R or Excel. Box plots depict the median and the 25th and 75th percentiles: whiskers correspond to minimum 806 and maximum non-outlier values in Figures 1G, 2D, 3A, 3H, 3I, 5F, 6C, 6F, 7B, 7E, 807 808 S1C, S3B, S3C, S3D, S3E, S4B, S6A, S6B, S6C, S6D and S7A. Dot plots show 809 distribution of 50 randomly selected data points per condition, or all data points if there 810 are less than 50. Red lines in ERK activity trajectories represent the population average. The statistical tests used and the significance thresholds are indicated in 811 812 each respective legend.

813

814 Data and code availability

The open-source code for LEVERJS is available at https://leverjs.net/git. All 3D datasets that were analyzed with LEVERJS for this publication can be browsed interactively at https://leverjs.net/mcf10a_3d.

818

819 Acknowledgments

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827

828 Author contribution

PE, PAG and OP designed the study. PE, PAG and AF performed experiments and analyzeddata. MD and M-AJ analyzed data. CD provided expertise with the optogenetic tools. TH

- 831 provided expertise with LITOS. ARC performed image analysis using LEVERJS. PE, PAG and
- 832 OP wrote the paper.
- 833

834 Conflict of interest

- 835 The authors declare that they have no conflict of interest.
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