Adsorption of Azo Dyes by a Novel Bio-Nanocomposite Based on Whey Protein Nanofibrils and Nano-clay: Equilibrium Isotherm and Kinetic Modeling

ShabBoo Rahimi Aqdam[a], Daniel E. Otzen[b] and Dina Morshedi[a*]

[a] Bioprocess Engineering Research Group, Industrial and Environmental Biotechnology, National Institute of Genetic Engineering and Biotechnology, Tehran, Iran.

[b] Interdisciplinary Nanoscience Centre (iNANO), Department of Molecular Biology and Genetics, Aarhus University, 8000 Aarhus C, Denmark

*Corresponding author: D. Morshedi, Tel: +98 2144787423
E-mail: morshedi@nigeb.ac.ir

Abstract: Excessive discharge of hazardous azo dyes into aquatic ecosystem is a global environmental concern. Here, we develop a green approach to remediate dye pollutions in water by fabricating an easy separable bio-nanocomposite, based on whey protein concentrate, its nanofibrils and montmorillonite nano-clay. Nanofibrils lead to a uniform dispersion of montmorillonite in the whey protein matrix and also reinforce the nanocomposite. The adsorption efficacy was monitored in a batch system, using cationic dyes (Chrysoidine-G, Bismarck brown-R), reactive dyes (reactive black-5, reactive orange-16), acid dyes (acid red-88, acid red-114), and direct dyes (direct violet-51, Congo red). This nanocomposite adsorbed different dye classes, cationic dyes quicker (>82%, after 4 h) and reactive dyes slower. Then, the effect of dye concentration, contact time and adsorbent dose on Chrysoidine-G adsorption was explored. The adsorbent showed a high removal (>93%) for a wide concentration range of Chrysoidine-G. Equilibrium adsorption parameters were reasonably fitted with a linear (Nernst) isotherm model, while kinetic data were fitted with pseudo-second-order and intra-particle diffusion models. To characterize the nanocomposite, we used SEM, FT-IR, XRD and BET techniques. We conclude that this nanocomposite is a green adsorbent with potential use for wastewater treatment and related purposes.

Keywords: Protein-based nanocomposite; Whey Protein Concentrate (WPC); Montmorillonite; Chrysoidine-G; Wastewater remediation; Dye pollution

Highlights:

- We produced a novel bio-nanocomposite using whey nanofibrils and MMT

- Nanofibrils help disperse MMT particles uniformly in the WP matrix

- The adsorbent's performance was compared to the adsorbents in absence of MMT and nanofibrils

- This composite adsorbs cationic, anionic, direct and reactive azo dyes with different kinetics

- Adsorption isotherms and kinetics are studied in detail

1. Introduction

The release of large amounts of unprocessed wastewater into the environment is a global problem with significant health and environmental impacts. For instance, 10-15% of dyes used in dyeing processes are discharged in this way (Ghosh, Hazra, Naik, & Ghosh, 2015). Azo dyes, because of their cheap and straightforward synthesis, account for 60-70% of total dye production in the world (Fernández, Larrechi, & Callao, 2010; Ghosh et al., 2015). However, due to their complex structures and aromatic content, they are not naturally degraded (Forgacs, Cserhati, & Oros, 2004), making them major sources of aqueous pollutants worldwide. Besides changing the appearance and color of water, they inhibit photosynthesis through the absorption of sunlight and also lead to carcinogenic and mutagenic metabolites (Fernández et al., 2010; Leung, Lo, & Chan, 2015).

Wastewater treatment generally includes biological, chemical, and physical methods. Common remediation techniques for dyes include electrochemical destruction, filtration, sedimentation, coagulation and flocculation, ion exchange, adsorption, exposure to light and microbiological treatment (Lucas, Algarra, Jiménez-Jiménez, Rodríguez-Castellón, & Peres, 2013; Nawaz & Ahsan, 2014; Şengil & Özacar, 2009; Vandevivere, Bianchi, & Verstraete, 1998; Weng, Lin, & Yuan, 2013). Adsorption techniques are most widespread because of their low cost, high efficiency, simplicity, and usual absence of by-products. However, nano- and micro-scale adsorbents need extra procedures, *e.g.* centrifugation and filtration, to be separated from the solution after the adsorption process, otherwise they would cause secondary pollution (Fang, Huang, Liu, Shi, & Xu, 2018; Zhu, Guo, Liu, & Zhao, 2016). Nevertheless, due to the vast diversity of the chemo-physical and structural properties of azo dyes, there are no stand-alone methods to decolorize wastewater completely (Han et al., 2019; Katheresan, Kansedo, & Lau, 2018). However, the growth of industries with dye by-product pollution coupled with shrinking water resources makes it imperative to develop new methods and materials to recycle wastewater.

In this regard, natural materials, bio-polymers, and bio-nanocomposites have received much attention as potential adsorbents. Natural materials are environmentally friendly as they are biodegradable and biocompatible. Thanks to their structural and chemical diversity, protein-based adsorbents have distinct advantages over conventional polysaccharide-based adsorbents such as cellulose, chitosan and lignin (Markandeya, Dhiman, Shukla, & Kisku, 2017; Pandey, Shukla, & Singh, 2017). Additionally, some proteins can self-assemble and convert into highly ordered nanofibrils which resist elevated temperature and salt concentrations and also show strength and stiffness comparable to that of steel and silk (Cherny & Gazit, 2008; Jung, Gasiorowski, & Collier, 2010).

Whey protein is a well-known source of protein that easily self-assembles into nanofibrils. Whey is a byproduct of cheese manufacturing, with roughly 50 million tons of unused whey per year (Azevedo et al., 2015). Thanks to whey's high carbohydrate and protein content, its release as waste into the environment has a significant negative impact due to eutrophication (Palmieri, Forleo, & Salimei, 2017; Prazeres, Carvalho, & Rivas, 2012; Wakai & Almenar, 2015). Thus, exploitation of whey can both mobilize unwanted waste material and generate novel functionalities. It is particularly useful that whey can form gels, hydrogels, and also proteinaceous nanofibrils (Farjami, Madadlou, &

Labbafi, 2015). Such nanofibrils can reinforce composite mixtures by increasing gel viscosity and
strength (Akkermans, Van der Goot, Venema, Van der Linden, & Boom, 2008). On top of this,
proteinaceous nanofibrils show excellent ability to adsorb azo dyes (Morshedi, Mohammadi, Boojar,
& Aliakbari, 2013) and other toxic pollutants such as arsenic (Bolisetty, Reinhold, Zeder, Orozco, &
Mezzenga, 2017) and lead (II) (Zhang et al., 2020) from aqueous solutions. Another dual-purpose (*i.e.*
promoting both structural strength and absorption) dye adsorbent is montmorillonite nano-clay
(MMT) (Mukhopadhyay et al., 2020), whose basic structure is a central alumina octahedral sheet
sandwiched between two tetrahedral silica sheets. These ~1 nm aluminosilicate layers can be
extended indefinitely in the x-y plane. The layers are stabilized by electrostatic and Van der Waals
forces with a fixed interlayer distance, which varies depending on the cation. The cations can be
exchanged with organic cations (such as dye molecules), leading to increased interlayer distance (d-
spacing). Since the layers are overall negatively charged, they reversibly bind cationic dyes
(Adeyemo, Adeoye, & Bello, 2017; Kausar et al., 2018; Mittal, 2009).

Nevertheless, both MMT and nanofibrils are in nano scale, consequently their recovery after
adsorption of pollutant need some eco-unfriendly extra steps. To address this issue, and also to
exploit and combine the advantages of nanofibrils and MMT, we have produced an easy separable
bio-nanocomposite (WPF/MMT) based on nanofibrils of whey protein concentrate (WPC) together
with MMT. Azo dyes' adsorption rate and the effect of contact time on adsorption were investigated
for three adsorbents, *i.e.* whey protein polymer (WP), WP composite with MMT but without
nanofibrils (WP/MMT), and WP composite combining amyloid nanofibrils and MMT (WPF/MMT).
We studied the adsorption of eight azo dyes, including two cationic dyes (Chrysoidine-G and
Bismarck brown-R), two reactive dyes (reactive black 5 and reactive orange 16), two acid dyes (acid
red 88 and acid red 114), and also two direct dyes (direct violet 51 and Congo red) (see structures in
Supp. Table 1). To gain a better insight into the adsorption process, the effects of dye concentration
and adsorbent dose on Chrysoidine-G removal were examined using WPF/MMT nanocomposite; and
finally, adsorption isotherms and kinetics of Chrysoidine-G were studied in detail.

2. Materials and Methods:

2.1. Materials

68 Whey Protein Concentrate 8010 (WPC with 80% protein) was obtained from Hilmar[TM] (North Lander
69 Avenue, P.O. Box 910 Hilmar, CA). The montmorillonite K-10 (surface area 220-270 m^2/g), all 8 azo
70 dyes (**Supp. Table 1**) and Thioflavin-T (ThT) were from Sigma-Aldrich (St. Louis, MO). Glycerol, all
71 salts, and other materials were from Merck (Darmstadt, Germany).

2.2. Preparation of WPC Polymer and Nanocomposites

73 To prepare MMT suspensions, 6 g of MMT was added to 20 mL deionized water in a sealed beaker
74 and was heated (~80°C) with continuous magnetic stirring for 1 h, followed by sonication for 30 min
75 in an ultrasonic bath (JAC 2010 KODO, Gyeonggi-do, Korea) to disperse MMT. **Fig. 1** illustrates the
76 key steps for the preparation of different whey protein-based polymer and composites, without
77 nanofibrils (the black-arrows path), and with nanofibrils (the white-arrow path).

Figure 1: Main steps of WP polymer and nanocomposites production. The black-arrows show WP and WP/MMT production paths; while to produce WPF and WPF/MMT the white-arrows should be followed. To produce WP/MMT and WPF/MMT nanocomposites, dispersed MMT should be added before casting step. The black and white arrows show the common steps between the two paths.

In both pathways, nanocomposites are formed by adding 3% w/v of dispersed MMT to the film-
forming solution before casting. At the first stage, 8% (w/v) of WPC was hydrated in deionized water
using a magnetic stirrer, and centrifuged (13000 rpm, 30 min, at 4℃) to remove insoluble protein
(Bolder, Hendrickx, Sagis, & van der Linden, 2006). To produce films without nanofibrils (WP and
WP/MMT), the pH was adjusted to 7 using NaOH (6M), glycerol (40% v/w WPC) was added, and the
solution was stirred at 85℃ for 30 min in a water bath. To produce films containing nanofibrils (WPF
and WPF/MMT), the pH was adjusted to 2 using 12M HCl, and the solution stirred at 85℃ for 4.5 h
(Kawecka-Radomska et al., 2015; Mohammadian & Madadlou, 2016). During this step, sampling was
performed to monitor the fibrillation process (see section 3.1.). The resulting solution was then
cooled, and the pH was adjusted to 7. Subsequently glycerol (40% v/w WPC), and for the WPF/MMT
nanocomposite, 3% dispersed MMT, were added, and the mixtures were stirred thoroughly before
casting. Afterward, the cast solution was dried at 37℃ overnight, followed by 2 h at 70℃. Finally, the
films were immersed in distilled water at 4℃ for 48 h to remove non-cross-linked parts (Škorić-Lučić,
Stanojković, Milosavljević, & Kalagasidis-Krušić, 2018), and then dried at 100℃ for 1 h.

3.   Assessment of Nanofibril Formation

3.1. ThT Fluorescence Assay

We used ThT fluorescence to monitor the progress of fibrillation (Biancalana & Koide, 2010; Gade
Malmos et al., 2017). At different times during fibrillation (**Fig. 1**), a 10 µL sample of the solution was
added to 490 µL of 12 µM ThT solution in Tris buffer 10mM (pH 8). Subsequently, the fluorescence
emission spectra of samples were recorded in the range of 450 to 550 nm with excitation at 440 nm

(Varian Cary Eclipse fluorescence spectrophotometer, Australia). The excitation and emission slit
widths were 5 and 10 nm, respectively.

3.2. Transmission Electron Microscopy (TEM)

101 After fibrillation and adjusting the pH to 7 (**Fig. 1**), 5 μL of the solution was placed onto a carbon-
102 coated, glow-discharged 400-mesh grid for 30 s. The grid was stained with phosphotungstic acid 1%
103 (pH 6.8) and blotted dry. Images were recorded on a TEM microscope (JEM-1010; JEOL, Tokyo,
104 Japan) at 60 kV, using an Olympus KeenView G2 camera.

3.3. Material Characterization

3.3.1. Scanning Electron Microscopy (SEM)

The morphology of the surfaces and fracture (cross-section) surfaces of all films were visualized
using SEM (VEGAII TESCAN, Czech Republic). To prepare the fracture surface, small pieces of the WP
films were frozen by immersing in liquid nitrogen and then fractured manually. The surface and
fracture sides of the films were mounted on the specimen stubs and then sputter-coated with a thin
layer of gold and placed into the scanning electron microscope to observe the surface and cross-
section morphology of the films.

3.3.2. Fourier-Transform Infrared (FT-IR) Spectroscopy

114 FT-IR spectra of the WPF/MMT, WP, and pristine MMT were recorded using a Perkin-Elmer
115 Spectrum One spectrometer (Waltham, MA, USA) at the range of 400-4000 cm^{-1}. Powdered samples
116 were mixed and ground with KBr powder to make packed tablets for FT-IR measurement.

3.3.3. X-ray Diffraction (XRD)

118 XRD measurements were performed on the WPF/MMT, WP, and pristine MMT using a Philips PW
119 1730 diffractometer (Eindhoven, The Netherlands), employing Cu Kα radiation source (λ= 1.54060
120 Å). The data were collected for 2θ values 0.71-9.99° in 0.02° step size, and 10.00-79.95 values in
121 0.05° step sizes.

3.3.4. Nitrogen Adsorption Isotherm (BET)

123 Nitrogen adsorption/desorption isotherms were measured with a BELSORP-miniII (Osaka, Japan)
124 Brunauer-Emmett-Teller (BET) analyzer at 77 K. Before measurements, the nanocomposite samples
125 were degassed at 180℃ in a vacuum chamber for 8 h.

3.4. Batch Dye Adsorption Studies

We first investigated the decolorization percentage of WPF/MMT compared with WP, WP/MMT by
immersing 2% w/v adsorbent in the dye solutions. The initial concentration of the dyes in distilled
water was 250 mg/L. During the decolorization process, 200 μL of the dye solutions were collected
at different times and their absorbance was measured using an EPOCH12 plate reader (BioTek,
Winooski, Vermont, USA) at their maximum absorbance wavelength (**Supp. Table 1**). The percentage
of decolorization (%) was calculated as follows:

133
$$Decolorization\ \% = \frac{(C_0 - C_t)}{C_0} \times 100 \quad (1)$$

where C_0 and C_t (mg/L) are the concentrations of the examined dyes at the beginning of the experiment and after time t, respectively.

To calculate the amount of dye adsorbed by the absorbent (*i.e.* q_t, in units of mg/g), different concentrations of Chrysoidine-G (25-250 mg/L) and adsorbent (1.45 – 17.3 g/L) were employed. The experiments were carried out in a reaction volume of 1.5 mL in 96-deep-well plates (Extragene, Taichung, Taiwan), which were covered with adhesive plate seals (Thermo scientific, USA), and put into an orbital shaker with 300 rpm speed (HOLDEKER5000D Orbital motion-UK) at 35℃. At different time intervals, the adsorption of solutions was measured. q_t was calculated as follows:

$$q_t = \frac{(C_0 - C_t)}{W} V \qquad (2)$$

where C_0 and C_t are the concentrations (in mg/L) of the examined dyes at the beginning and after time t, respectively, W is the weight of the adsorbent (g), and V is the volume of solution (L).

Equilibrium parameters for Chrysoidine-G adsorption, using different WPF/MMT dosages at 35℃, were analyzed using linear (Nernst), Longmuir, Freundlich, Temkin, and Dubinin-Radushkevich (D-R) Isotherm models:

Linear (Nernst) Isotherm:

The linear isotherm is the simplest adsorption isotherm, represented by the following equation:

$$q_e = K_{linear} C_e \quad (3)$$

where q_e (mg/g) is the amount of adsorbed dye at equilibrium, K_{linear} is the adsorption coefficient (Shamey & Zhao, 2014) (L/g) and C_e (mg/L) is the equilibrium concentration of free (not adsorbed) dye.

Langmuir Isotherm:

The Langmuir isotherm assumes monolayer formation and homogenous adsorption sites and can be represented by the following equation:

$$q_e = q_{max} \frac{K_L C_e}{1 + K_L C_e} \quad (4)$$

where q_e (mg/g) is the amount of adsorbed dye at equilibrium, C_e (mg/L) is the equilibrium concentration dye, q_{max} (mg/g) is the maximum amount of adsorbed dye and K_L (L/mg) is the Langmuir constant related to the affinity of the surficial binding sites (Langmuir, 1918).

Freundlich Isotherm:

The Freundlich Isotherm equation is expressed as follows:

$$q_e = K_F C_e^{\frac{1}{n}} \quad (5)$$

where K_F (mg/g) and n are constants for the adsorbate (dye) and adsorbent (nanocomposite), respectively (Freundlich, 1907).

166 **Temkin Isotherm:**

167 The Temkin isotherm is expressed as follows (Temkin & Pyzhev, 1940):

168
$$q_e = \frac{RT}{b_T} \ln A_T C_e \quad (6)$$

169 where R is the universal gas constant (8.314 Jmol^{-1}K^{-1}), T is the absolute temperature, b is a constant

170 related to the heat of adsorption (Jmol^{-1}) and A$_T$ is the Temkin isotherm constant (Lg^{-1}).

171 **D-R Isotherm:**

172 The D-R isotherm is given as follows (Ghaffari et al., 2017):

$$q_e = (q_m) exp(-\beta \varepsilon^2) \quad (7)$$

$$\varepsilon = RT ln \left(1 + \frac{1}{C_e}\right) \quad (8)$$

where q$_m$ (mg/g) is the D-R monolayer capacity, β is the sorption energy constant and ε is the Polanyi

potential related to the equilibrium concentration and absolute temperature (T).

Kinetic models of adsorption were assessed using WPF/MMT nanocomposite (8 mg/L) and two

different concentrations of Chrysoidine-G (50 and 100 mg/L). This experiment was carried out in 10

mL by incubating the samples in the orbital shaker (300 rpm) at 35°C for 48 h. Then, the results were

analyzed using pseudo-first-order, pseudo-second-order, and intra-particle diffusion kinetic models.

Pseudo-first-order

The linear form of the pseudo-first-order kinetic model (Lagergren, 1898) is generally expressed as

follows:

$$ln(q_e - q_t) = ln q_e - k_1 t \quad (9)$$

182 where q$_e$ and q$_t$ (mg/g) are the amounts of the adsorbed dye at equilibrium and at the measured

183 time respectively and k$_1$ is the pseudo-first-order rate constant (1/min) (Azizian, 2004).

184 **Pseudo-second-order**

185 The linearized form of the pseudo-second-order model (Ho & McKay, 1999) is expressed as:

$$\frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{t}{q_e} \quad (10)$$

where q$_e$ and q$_t$ (mg/g) are the amounts of adsorbed dye at equilibrium and at the time t (min),

respectively while k$_2$ is the pseudo-second-order rate constant of sorption. The plot of t/q$_t$ versus t

gives a straight line in which q$_e$ and k$_2$ could be calculated from the slope (1/k$_2$q$_e^2$) and intercept

(1/q$_e$), respectively (Azizian, 2004).

Intra-particle diffusion

The intra-particle diffusion kinetic model (Weber & Morris, 1963) is used to investigate whether

intra-particle diffusion is the rate-limiting step in the adsorption of Chrysoidine-G by WPF/MMT. The

linear form of the intra-particle diffusion equation can be presented as:

$$q_t = k_i \times t^{\frac{1}{2}} + C_i \quad (11)$$

194   where k_i (mg/g min$^{1/2}$) is the intra-particle diffusion rate constant and C_i (mg/g) is the intercept of

195   the plot related to the boundary layer influence (Hassani, Soltani, Karaca, & Khataee, 2015).

4. Results and Discussion:

4.1. Assessment of Nanofibril Formation

Amyloidogenic protein/ peptides, as implied in the name, can self-assemble into highly ordered

nanofibrils under particular conditions. In accordance with previous studies (Kawecka-Radomska et

al., 2015; Mohammadian & Madadlou, 2016), we fibrillated whey protein at pH 2 and 85°C and

confirmed amyloid formation using the fluorescent amyloid reporter ThT along with TEM images

(**Supp. Fig. 1**). ThT fluorescence is a common method to detect amyloid formation *in vitro* (Gade

Malmos et al., 2017). Though not entirely quantitative, ThT fluorescence intensity is related to the

overall mass of the formed fibrils (Biancalana & Koide, 2010). The increasing fluorescence intensity

of ThT over time (**Supp. Fig. 1a**) suggested that WP was undergoing fibril formation. In addition, the

presence of nanofibrils was confirmed by TEM images (**Supp. Fig. 1b**).

4.2. Materials Characterization

4.2.1. SEM Analysis

209   The microstructure and morphology of the produced materials were studied by SEM (**Fig. 2**).

Figure 2: SEM micrographs of the surface (main images) and cross-section (smaller images) of WP polymers and composites with and without nanofibrils (top and bottom row, respectively). Column **(a)** shows WP (top) and WPF (bottom). Columns **(b1, b2)** show upward and downward sides of WP/MMT (top), and WPF/MMT (bottom), **(c)** is their upper surface after soaking in water.

WP showed a rough and porous surface, while its cross-section is smooth and homogenous. In
contrast, WPF (with nanofibrils) exhibited a rough and heterogenous cross-section. These
morphologies might be related to the different viscosities of the film-forming solutions. WPF
solution was highly viscous, allowing it to trap air bubbles and produce a porous cross-section.
Nevertheless, the WPF surface was smooth and undulated because of clustered fibrils, similar to
observations by Akkermans and coworkers (Akkermans et al., 2008). WP composites with MMT
showed different morphologies on their upward and downward sides (in contact with air and the
mold respectively) (**Fig. 2b1, b2**). The upward sides were rather similar to the surface of WP films
(**Fig. 3a**); while the downward sides show a more rugged surface, in which MMT particles are visible.
Interestingly, soaking in water increased porosity (**Fig. 2c**). WPF/MMT shows a homogenous cross-
section. In remarkable contrast, the nanocomposite without nanofibrils (WP/MMT) exhibited a
bilayer structure (**Fig. 2b and 3**).

Figure 3: SEM cross-sectional micrographs (the middle images) and the sketches of our hypothesis of arrangement for **(a)** WP/MMT, and **(b)** WPF/MMT nanocomposites. The sketches suggest that in WP/MMT, MMT components settle mostly at the bottom layer. In contrast, they are well dispersed in the WP matrix in the presence of nanofibrils.

By comparing the composites' cross-sections, we conclude that nanofibrils contribute to the uniform
dispersion of MMT particles in the WP matrix. We attribute the bilayer structure to phase separation
between the WP and MMT components due to weak intermolecular forces between these two
components. In contrast, the more viscous WPF solution can probably disperse MMT particles in the
matrix thanks to nanofibrils crosslinking the individual MMT particles (see sketch in **Fig. 3**). While
this bilayer structure has not been reported previously, the structures of WP, WPF, and WPF/MMT
are similar to previous reports (Hosseinzadeh, Zoroufi, & Mahdavinia, 2015; Wakai & Almenar,
2015). The only exception is the work by Kumar et al., (2010) who observe that fracture images are
undulated and similar to what we obtained using manually torn samples (**Supp. Fig. 2**) as opposed to
fracturing in liquid nitrogen. They noted that "The white strands in the SEM images correspond to
MMT platelets" (Kumar, Sandeep, Alavi, Truong, & Gorga, 2010a, 2010b). However, since these
strands are present in our WP films too (*i.e.* in the absence of MMT) and we do not observe them in
the N_2-fractured surface, we assume this structure to be caused by the glycerol plasticizer.

4.2.2. XRD Analysis

236 XRD is a common analysis method to verify composites' intercalated or exfoliated structures. The
237 XRD pattern of WPF/MMT, WP and pristine MMT are shown in **Fig. 4a.** The XRD pattern of WP had

only a broad peak around 20-22°, indicating a lack of crystallinity and amorphous shape, as confirmed in the macrostructure (Azevedo et al., 2015). When MMT was used as filler in the amorphous whey protein matrix, the composite exhibited very similar patterns to the pristine MMT, demonstrating a crystalline form of the composite, which is only modestly affected by the surrounding whey matrix. The XRD pattern of MMT exhibited one characteristic peak at 5.52°, representing the basal spacing of 1.60 nm, as is expected for calcium montmorillonite (Tong et al., 2018). For the WPF/MMT nanocomposite, the peak has shifted to 4.65° (*i.e.* a basal spacing of 1.90 nm) and has broadened, indicating that the whey protein matrix is intercalated into the MMT interlayer space, leading potentially to a higher degree of disorder.

Figure 4: (a) XRD pattern of pristine MMT, WP and WPF/MMT. *Insets:* macrostructures. **(b)** FT-IR spectrum of pristine MMT, WP and WPF/MMT. Shaded areas indicate the characteristic peaks of fats and oils as well as proteins. Main peaks of MMT are found within the three pairs of stippled lines (wavenumbers are provided at the top of the graph). *Insets:* SEM structures.

4.2.3. FT-IR Spectroscopy

The functional groups of the prepared nanocomposite were investigated by FT-IR analysis (**Fig. 4b**). The main IR absorption of the protein backbone is related to amide bands in the 1700-1200 cm^{-1} region (Kong & Yu, 2007) which can all be detected in both WP and WPF/MMT spectra (right shaded area in **Fig. 4b**). Also, there are some peaks around 2800-3000 cm^{-1} which can be assigned to fats and oils (Andrade et al., 2019) in both WP and WPF/MMT spectra (left shaded area). Thus peaks between 2854 and 2923 are specific for dairy fatty acids. Furthermore, characteristic peaks of MMT (shown by grids) were observed in the composite too. As is listed in **Supp. Table 2**, WPF/MMT exhibited both MMT and WP main functional groups. However, in the composite, bands at 3697 and 3622 cm^{-1}, related to free OH vibration, were reduced in intensity, implying that there are less free OH bands in the nanocomposite. Some of the free hydroxyl groups found in MMT may have formed

hydrogen bonds with the whey proteins (Shaabani, Sirousazar, & Kheiri, 2016). Furthermore, based
on the FT-IR spectra of the WP/MMT and WPF/MMT presented in **Supp. Fig. 3** in the absence of
nanofibrils, some peaks related to MMT and amide bands (shown by red and black stippled lines,
respectively) are less intense, while changes in other peaks (indicated by arrows) show alterations in
aluminosilicate functional groups. In contrast, amide band peaks around 1642, 1536 and 1448 cm^{-1}
increased in intensity along with the peak around 3424 cm^{-1}, indicating more hydrogen bonding in
this composite. Note that after soaking in water, the WP films do not show any of the typical peaks
of glycerol (five peaks in region 800 cm^{-1} to 1150 cm^{-1}) (Wakai & Almenar, 2015). This means that
glycerol has been removed from during soaking in water.

4.2.4. BET Analysis

BET analysis is a common technique for determining the surface area, possible adsorption
mechanism and pore shape of the porous materials, through measurement of the amount of N$_2$
adsorption/desorption at 77 K (Thommes et al., 2015). The N$_2$ sorption isotherm of WPF/MMT
nanocomposite (**Fig. 5a**) curves upwards with increasing pressure and does not show a point B (*i.e.* a
knee on the isotherm) which would otherwise indicate complete monolayer coverage. Therefore
there is no recognizable monolayer formation. Moreover, the value of the C parameter (1.74) is
below 2. These observations all indicate that the isotherm is type III, in which the interaction
between adsorption and adsorbate is relatively weak, and the adsorbed molecules are clustered
around favorable sites (Sing, 1985; Thommes et al., 2015). The sorption isotherm showed a
hysteresis loop which according to IUPAC nomenclature can be classified as Type H3 (no adsorption
limit at high p/p$_0$) which is in line with other clay composites (Abu-Danso et al., 2020; Tong et al.,
2018).type H3 loop is commonly seen in non-rigid combinations of plate-like particles (*e.g.*, clays)
(Thommes, 2010; Thommes et al., 2015).

Figure 5: (a) Nitrogen adsorption/desorption isotherms (BET analysis) of the WPF/MMT Nanocomposite. Inset pictures show type III isotherm model (right) and hysteresis loop type H3 and the related pore shape (*i.e.* slit-shaped) (left) (X. Tang et al., 2015), and **(b)** corresponding BJH pore size distributions.

281 The specific surface area and pore radius were determined by the BJH method (**Fig. 5b**) to be 1.28
282 m^2/g and 2.13 nm, respectively. It should be noted that H3 hysteresis loop does not generally
283 provide a reliable estimate of the pore size distribution (Sing, 1985; Tong et al., 2018). Besides, the
284 nanocomposite sample used for the BET test was in flakes, not in powder form. The surface area of

the composite is very modest in comparison with pristine MMT (220-270 m^2/g), bentonite micropowder (67 m^2/g) (Bulut, Akçay, Elma, & Serhatlı, 2009), or similar composites *e.g.* clay-cellulose composite (31.16 m^2/g) (Abu-Danso et al., 2020), *Moringa oleifera* seed protein-montmorillonite composite (4.90 m^2/g) (Mi et al., 2019) or carbon/montmorillonite nanocomposite (39.5 m^2/g) (Tong et al., 2018).

4.3. Batch Dye Adsorption Studies

4.3.1. Decolorization Rate of Some Different Classes of Azo Dyes

The decolorization capability of WPF/MMT nanocomposite was examined using the eight azo dyes mentioned in **Supp. Table 1**. Cationic dyes (Chrysoidine-G and Bismarck brown-R) adsorbed much faster than the other dyes (**Fig. 6a**).

Figure 6: Adsorption of different azo dyes over time onto a 2% w/v WPF/MMT nanocomposite. **(a)** Two cationic dyes, **(b)** two acid dyes, **(c)** two direct dyes, and **(d)** two reactive dyes. In all cases, the initial dye concentration was 250 mg/L. Inset photographs show the appearance of WPF/MMT after 1 week soaked in the dye solutions. The chemical structure of the dyes is also shown.

Most likely the negative charge of MMT helps adsorb the cationic dyes via ion exchange and electrostatic interactions. As regards acidic dyes, acid red 88 adsorbed faster (89% after 4 days) than acid red 114 (80% after 7days), which we ascribe to its smaller molecular structure (**Fig. 6b**). Congo red and direct violet 51 presented highly similar patterns in their adsorption timeline; both are ~80% adsorbed after 4 days but have not reached a plateau after a week (**Fig. 6c**). Finally, reactive dyes

(reactive black 5 and reactive orange 16) adsorbed more slowly than the other dyes and required more time to reach equilibrium (**Fig. 6d**).

The decolorization timeline using WP and WP/MMT nanocomposite is presented in **Supp. Fig. 4**. In the first days, these two nanocomposites adsorbed Congo red, direct violet and acid red 88 dyes significantly faster than WPF/MMT. However, over longer time scale, the extent of absorption on WP and WP/MMT decreased slightly for some dyes (*i.e.* acid red 88, direct violet 51, reactive orange and reactive black). We observed that WP and WP/MMT were not as stable as WPF/MMT over a week of incubation with the dyes. Also, they become more swollen than the amyloid-containing composite, WPF/MMT (**Fig. 7**). Swelling depends on the solvent and the cross-link density (Cowie & Arrighi, 2007; Khaleghi, Ahmadi, Shahraki, Aliakbari, & Morshedi, 2020). Thus, in the presence of nanofibrils the composite is more cross-linked, and hence reinforces the nanocomposite (Akkermans et al., 2008), making it more stable in different dye solutions.

Figure 7: Photograph of **(a)** WP, **(b)** WP/MMT and **(c)** WPF/MMT: **(1)** before, and **(2)** after soaking in water and heat treatment, **(3)** show the adsorbents after immersing in the eight azo dye solutions for a week. WP and WP/MMT swelled more than the WPF/MMT, and some of them are destroyed in some dyes' solution in a week and are absent in the figure. **(d)** The effect of heat treatment (100 ℃, 1 h) *right:* WPF/MMT after heat treatment, *left:* the same material, without heat treatment; after immersing in the dyes for 4 days.

We note that to achieve this stability, drying the nanocomposite in 100 ℃, for 1 h (the last stage in **Fig. 1**) is necessary as heat treatment, to form enough cross-link between nanofibrils and MMT components (see sketch in **Fig. 3** and **Fig. 7d**).

4.3.2. Effect of Initial Dye Concentration

We decided to carry out a more detailed analysis of the absorption process using the cationic dye Chrysoidine-G, which showed the fastest and most extensive level of absorption. **Fig. 8a** shows the influence of the different initial dye concentrations (from 25 to 250 mg/L) and contact time on Chrysoidine-G dye removal, using WPF/MMT (8 g/L).

Figure 8: Effect of **(a)** dye concentration (using 8 g/L adsorbent), and **(b)** WPF/MMT dosage (using 100 mg/L dye) on Chrysoidine-G dye decolorization percentage. Amount of dye adsorbed by WPF/MMT (q_t) (upper inset graph) and the effect of WPF/MMT dosage (g/L) on adsorption percentage (lower inset graph). Inset pictures show WPF/MMT before and after the adsorption process.

Although the rate of adsorption (*i.e.* the plot slope) decreased slightly with increasing initial concentration (**Fig. 8a**), the equilibrium adsorption percentage did not change very much, and WPF/MMT was able to adsorb more than 93% of the dye at all concentrations over a 24-h period. In contrast, for most adsorbents, a decrease in adsorption percentage has been reported with increasing initial dye concentration (Jiang, Dinh, & Hsieh, 2017; P. S. Kumar et al., 2010; M. Kamil, H. Abdalrazak, F. Halbus, & H. Hussein, 2014); moreover, the amount of the adsorbed dye (q_t) is proportional to the increase in initial dye concentration, as when the initial dye concentration was doubled, q_t was doubled too ($R^2 \geq 0.9997$) (**Fig. 8a, upper inset graph**). Thus, the similar relative

absorption at different dye concentrations indicates that the only limiting factor, in this adsorption dose, is bulk diffusion of dye molecules from the solution to the boundary layer on the adsorbent surface (Weber & Morris, 1963). These results are consistent with the results of BET, isotherms, and kinetics studies (see below), which indicate the existence of an unlimited number of adsorption sites under the present conditions (*i.e.* we do not reach the full capacity of adsorption under our experimental conditions).

4.3.3. Effect of Adsorbent Dose

The optimum WPF/MMT dose for adsorbing Chrysoidine-G dye (100 mg/L) was investigated using different WPF/MMT doses over a week (**Fig. 8b).** Increasing the WPF/MMT dose from 1.45 to 5.8 g/L increased decolorization rate; however, further dose increase does not significantly affect either decolorization or q_e. Therefore, approximately 9 g/L is the optimum adsorbent dosage for the adsorption of Chrysoidine-G by WPF/MMT. As using the adsorbent below this critical amount, the adsorption cannot proceed effectively. These results are in agreement with the study of Namasivayam and Kavitha (2002) for Congo red adsorption by coir pit carbon (Namasivayam & Kavitha, 2002).

4.4. Adsorption Isotherms

Adsorption isotherms studies provide useful information on how solutes interact with adsorbents, and it is essential in optimizing the use of adsorbents. In this study, equilibrium adsorption parameters of Chrysoidine-G adsorption onto WPF/MMT were investigated at 35℃ using different adsorbent dosages and subsequently fitted with linear (Nernst), Longmuir, Freundlich, Temkin, and D-R Isotherm models.

The equilibrium absorption data showed a simple linear relationship between the total and adsorbed amount of dye (**Fig. 9a**). Similarly, the best-fitted curves (R^2>989) obtained using the equations describing Langmuir, Freundlich, and Temkin isotherms were all precisely linear (**Fig. 9a** and summarized in **Table 1**), making it impossible to distinguish between them. Accordingly, the simplest possible equation (with the least number of parameters) should be selected, *i.e.* the simple linear isotherm. In a model with a linear isotherm (C-class), the number of adsorption sites remains constant until saturation of the adsorbent. This means that the adsorption surface increases during the adsorption process, and can be considered as an unlimited number of adsorption sites because as soon as each molecule is adsorbed, a new vacant site is generated. **Fig. 9b** illustrates the conditions of this C-class system; the adsorbed molecules penetrate the inner layers of adsorbent, and since the entrance of pores is not occupied, the adsorption process proceeds continuously (Giles, Smith, & Huitson, 1974). A microscopic look at the boundary layer of WPF/MMT (**Fig. 9c**), reveals that the adsorbent surface in the solution exhibited a gel-like surface where dye molecules can penetrate, and aggregate in some, probably more favorable, places, as indicated with black arrows in the picture. Thus, the process proceeds continuously. This conforms to the BET results in section 4.2.4 which follows the type III isotherm model, indicating that the adsorbed molecules are clustered around favorable sites, and the adsorption process can proceed continuously.

Figure 9: (a) Nonlinear adsorption isotherms of Chrysoidine-G onto WPF/MMT at 35℃. **(b)** Scheme illustrating linear isotherm (Giles, Smith, & Huitson, 1974; Giles, Smith, Huitson, & science, 1974), **(c)** microstructure of WPF/MMT after adsorption of Chrysoidine-G, Favorable places for dye aggregation: *black arrows*, and unfavorable places: *white arrows*

To gain a better insight into the adsorption mechanism, we also studied the linearized versions of
the adsorption isotherms (**Supp. Fig. 5**). Comparing the related R^2 amounts of these two forms
(**Table 1**), it is noticeable that despite high conformity with the Langmuir model in the non-linear
form, the adsorption process does not follow the Langmuir isotherm well in the linear form. This
agrees with the BET results (**Fig. 5a**) which shows no completion of monolayer adsorption

Table 1: Comparison between linear and non-linear forms of adsorption isotherms for Chrysoidine-G onto WPF/MMT at 35°

	Linear (Nernst)	Langmuir	Freundlich	Temkin	D-R
Non-linear form	0.9898	0.9900	0.9900	0.9898	0.8945
Linear form	0.9887	0.0534	0.9200	0.9485	0.8615

4.5. Kinetics of Adsorption

To study the efficiency and the mechanism of adsorption, the kinetics of adsorption of Chrysoidine-G onto WPF/MMT were analyzed using pseudo-first-order, pseudo-second-order and intra-particle diffusion models based on the raw adsorption data presented in **Fig. 10a**.

Pseudo-first-order

The pseudo-first-order parameters for the adsorption using WPF/MMT are listed in **Table 2**. It is clear from **Fig. 10b**, that the pseudo-first-order equation provides an extremely poor fit to the data. Furthermore, the calculated q_e is not in agreement with the experimental q_e. We conclude that experimental data is not fitted well with this model.

Pseudo-second-order

The pseudo-second-order parameters are presented in **Table 2**. Clearly this leads to a much better fit than the pseudo-first-order results as well as a very good agreement between experimental (*i.e.* measured directly from the experiment) and calculated q_e (*i.e.* calculated from the plot slope (**Fig. 10c**), eq. 10), making it clear that this is an excellent model for Chrysoidine-G adsorption. As a corollary, this implies that chemisorption is the rate-limiting step of Chrysoidine-G adsorption using WPF/MMT (Ho & McKay, 1999). Also, it can be observed that the value of the rate constant k_2 is halved when the initial dye concentration is doubled. Thus Chrysoidine-G adsorption on WPF/MMT depends only on diffusion and is not limited by the amount of adsorbent, indicating the presence of infinite adsorption sites. This is in agreement with the results of our adsorption isotherms study in section 4.4 which has been mentioned that the adsorption of each molecule generates a new free site (**Fig. 9b**); therefore, it can be considered as increasing or infinitive adsorption sites.

Intra-particle diffusion

The intra-particle diffusion parameters are shown in **Table 2**. As shown in **Fig. 10d**, the intra-particle diffusion curve (adsorption versus square root of time, eq. 11) shows three linear regions, revealing three stages in the adsorption process. A similar three-stage plot has been reported on adsorption of malachite green dye by cellulose nanofibril aerogel (Jiang et al., 2017), or chitin hydrogels (H. Tang, Zhou, & Zhang, 2012), adsorption of multi-azo dye using chitosan-starch hydrogel (Ngwabebhoh, Gazi, & Oladipo, 2016), and Congo red adsorption by cashew nutshell (P. S. Kumar et al., 2010).

Table 2: Kinetic parameters for Chrysoidine-G adsorption onto WPF/MMT (8 mg/L) at 35℃ over 48 h

C_0 (mg/L)	q_e(exp) (mg/g)	Pseudo-first-order			Pseudo-second-order			Intra-particle diffusion		
		K_1 (1/min)	q_e(cal) (mg/g)	R^2	K_2 (g/mg min)	q_e(cal) (mg/g)	R^2	K_i (mg/g min$^{1/2}$)	C_i (mg/g)	R^2
50	5.67	-0.0032	1.55	0.8603	0.0105	5.77	0.9997	0.0925	3.9618	0.9855
100	11.26	-0.0033	3.03	0.8688	0.0053	11.45	0.9999	0.1573	8.1985	0.9807

Figure 10: Kinetic study of Chrysoidine-G dye adsorption onto WPF/MMT (8 mg/L) at 35°C over 48 h, in a volume of 10mL. **(a)** Decolorization percentage and amount of dye adsorbed by WPF/MMT (q_e), inset pictures show Chrysoidine-G 50 and 100 mg/L without and with WPF/MMT after 80 minutes (left), and after 48 hours (right). **(b)** Pseudo-first-order model, **(c)** pseudo-second-order model, **(d)** intra-particle diffusion model for Chrysoidine-G adsorption onto WPF/MMT.

According to the interpretation of this three-stage process (Jiang et al., 2017; Lee, Lee, Chia, Tan, & Gan, 2014; Ngwabebhoh et al., 2016; H. Tang et al., 2012), the first stage (up to 60 minutes, 70% adsorption) is related to the diffusion of dye molecules from the bulk solution to the external surface of WPF/MMT. The second stage (up to 5 h, ~90% adsorption) can be attributed to intra-particle diffusion of dye molecules into the interior of WPF/MMT, and finally, the third linear stage is related to the equilibrium phase of the adsorption process and reflects the decrease in dye concentration (AGARRY & OGUNLEYE, 2014; H. Tang et al., 2012). Thus, it can be concluded that the adsorption data can be described with the intra-particle diffusion model. The constant C_i, which is related to the boundary layer thickness, increases when the dye concentration increases. Indicating an increase in the thickness of boundary layer with increasing the initial concentration, therefore the rule of surface sorption becomes more important as the rate-limiting step (P. S. Kumar et al., 2010).

Most of our experiments were performed in a small volume (1.5 mL). To test for possible scale-ups, the kinetic experiment performed on a larger scale of 10 mL (**Fig. 10a**). Comparison of the results of adsorption of Chrysoidine-G (100 mg/L) using 8 g/L of WPF/MMT shows that the decolorization percentage and q_t values are very close in both volumes; this suggests that the adsorption process may be scaled up without significant changes in the results.

5. Conclusions

In this study, an easy handling bio-nanocomposite was developed from WPC using proteinaceous nanofibrils together with MMT (WPF/MMT) with simple and convenient separation. The structure of the resulted nanocomposite was characterized using SEM, FT-IR, BET, and XRD methods, which indicated WPF/MMT is a nanocomposite with intercalated and exfoliated structure. Investigating the adsorption efficacy for the different classes of azo dyes with different physicochemical properties revealed that WP, WP/MMT and WPF/MMT can be used to adsorb a wide range of azo dyes. WPF/MMT presented a better performance in adsorbing cationic dye. Although WP and WP/MMT adsorbed acid, direct and reactive dyes more rapidly than WPF/MMT, only WPF/MMT remained stable in all studies for a long time, probably because of the presence of nanofibrils, higher cross-link density and lower swelling capacity. In further studies on the decolorization process, it was determined that the adsorption phenomenon was almost independent of the dye concentration, and the optimum adsorbent dosage was ~9 g/L. To decipher the mechanism underlying the adsorption process, different isotherm and kinetic models were investigated. Since kinetic data could be fitted very well using a pseudo-second-order model, we conclude that chemisorption plays a rate-limiting role in the adsorption process. Moreover, comparing linear and non-linear forms of adsorption isotherms suggests that the process is mostly fitted with the linear (Nernst) isotherm model, indicating the existence of unlimited absorption sites, which in turn conforms with the results of BET (Type III isotherm), kinetic studies (both pseudo-second-order and intra-particle diffusion), and also optical microscopy. Overall, whey protein-based polymer and nanocomposites have clear potential as effective and easy separable adsorbents for different classes of dyes or even other pollutants from wastewater.

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Conflict of interest

The authors declare that they have no conflicts of interest.

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