

The dynamic epigenetic regulation of the inactive X chromosome in healthy human B cells is dysregulated in lupus patients

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1 **ABSTRACT**

2

3 Systemic lupus erythematosus (SLE) is a female-predominant disease characterized by
4 autoimmune B cells and pathogenic autoantibody production. Individuals with two or
5 more X chromosomes are at increased risk for SLE, suggesting that X-linked genes
6 contribute to the observed sex-bias of this disease. To normalize X-linked gene
7 expression between sexes, one X in female cells is randomly selected for transcriptional
8 silencing through X-Chromosome Inactivation (XCI), resulting in allele-specific
9 enrichment of epigenetic modifications, including histone methylation and the long
10 noncoding RNA XIST/Xist on the inactive X (Xi). As we have previously shown that
11 epigenetic regulation of the Xi in female lymphocytes from mice is unexpectedly
12 dynamic, we used RNA FISH and immunofluorescence to profile epigenetic features of
13 the Xi at the single cell level in human B cell subsets from pediatric and adult SLE
14 patients and healthy controls. Our data reveal that abnormal XCI maintenance in B cells
15 is a feature of SLE. Using single-cell and bulk cell RNA sequencing datasets, we found
16 that novel X-linked immunity genes escape XCI in specific healthy human B cell
17 subsets, and that human SLE B cells exhibit aberrant expression of X-linked genes and
18 XIST RNA Interactome genes. Our data reveal that mislocalized XIST RNA, coupled
19 with a dramatic reduction in heterochromatic modifications at the Xi in SLE, predispose
20 for aberrant X-linked gene expression from the Xi, thus defining a novel genetic and
21 epigenetic pathway that affects X-linked gene expression in human SLE B cells and
22 likely contributes to the female-bias in SLE.

23 INTRODUCTION

24

25 Systemic lupus erythematosus (SLE) is an incurable autoimmune disease with
26 multiorgan system manifestations. B cells contribute to various aspects of SLE by
27 secreting pathogenic autoantibodies, presenting autoantigens to T cells, and producing
28 inflammatory cytokines. In addition, the representation of B cell subsets changes in
29 SLE, which can accelerate the production of autoantibodies. In particular, CD27⁻
30 memory B cells¹, CD19^{hi}CXCR3^{hi} B cells², CD24⁻-activated naïve B cells³, and age-
31 associated CD11c⁺ B cells that express T-bet^{4,5} are increased in autoimmunity. Thus, a
32 further understanding of the mechanisms involved in autoimmune B cell dysregulation is
33 critical for future efforts to control the development and progression of SLE.

34

35 Like many autoimmune diseases, SLE exhibits a strong female bias, with 85% of
36 patients being women. The underlying mechanisms responsible for this sex difference
37 are not well understood, yet it is clear that the genetics of the X chromosome impacts
38 disease susceptibility⁶. Indeed, individuals with two or more X chromosomes are at
39 increased risk for SLE⁷, suggesting that X-linked genes have a significant role in
40 disease. Immunity-related genes are enriched on the X chromosome^{8,9}, and some of
41 these genes are routinely overexpressed in SLE patient B cells¹⁰⁻¹³. In addition, mouse
42 models with X-linked gene duplication (such as the BXSB-Yaa mouse model^{14,15}) or
43 transgenic overexpression of either of the X-linked genes *Tlr7*^{16,17} or *Btk*^{18,19} exhibit
44 disease resembling human SLE, with production of dsDNA autoantibodies. Thus,

45 abnormal dosage or expression of particular X-linked genes is associated with SLE
46 disease in mice and humans.

47

48 Female mammalian cells with two X chromosomes regulate X-linked gene expression
49 using X-chromosome Inactivation (XCI), in which one X is randomly selected for
50 transcriptional silencing to equalize gene expression between the sexes^{20,21}. Numerous
51 epigenetic modifications, including histone methylation^{22,23}, DNA methylation^{24,25}, and
52 the long noncoding RNA XIST/Xist²⁶⁻²⁸ are enriched allele-specifically on the inactive X
53 (Xi), and maintain transcriptional repression of most of the X-chromosome. However,
54 some X-linked genes escape XCI, and human cells exhibit higher levels of XCI escape
55 (15-25% of the X chromosome) compared to mice (3% escape)^{29,30}. While most
56 somatic cells maintain XCI with static enrichment of Xist RNA and heterochromatin
57 marks on the Xi, we found that lymphocytes exhibit a unique dynamic localization of
58 these modifications to the Xi following stimulation³¹⁻³³. These observations are likely to
59 be significant to pathogenesis, as we recently showed that T cells from SLE patients
60 have dispersed XIST RNA transcripts and aberrant overexpression of many X-linked
61 gene transcripts compared to T cells from healthy controls³².

62

63 In this study, we determined the epigenetic profile of the Xi in human B cell subsets at
64 the single-cell level, and found that typical heterochromatic modifications are missing
65 from the Xi, suggestive of high levels of XCI escape across B cells. Remarkably, we
66 found mislocalized XIST RNA and reductions with the heterochromatin mark
67 H2AK119Ub at the Xi in activated B cells from pediatric and adult SLE patients, and

68 accordingly, discovered aberrant gene expression profiles of X-linked genes in activated
69 SLE B cells. Our study demonstrates that the unique chromatin features of the Xi in
70 human B cells facilitates XCI escape, and we propose that impaired XCI maintenance in
71 SLE results in aberrant gene expression of X-linked genes, that may further contribute
72 to autoimmunity.

73

74

75

76 **RESULTS**

77

78 **Circulating human B cell subsets lack robust XIST RNA localization at the Xi**

79

80 We previously reported that naïve B cells from female humans lack detectible XIST
81 RNA signals at the Xi, and that naïve B cells from female mice are missing both Xist
82 RNA and enrichment of the heterochromatin modification H3K27me3 at the Xi. XIST
83 RNA localization patterns in lymphocytes can be classified into 4 groups^{31,32}. Type I
84 cells have robust XIST RNA localized on the Xi; Type II cells have diffuse XIST RNA
85 signals within a nuclear territory encompassing the X chromosome; Type III cells have
86 XIST RNA pinpoints across the nucleus; and Type IV cells lack XIST RNA signals (Fig.
87 1A). To determine whether XIST RNA and the heterochromatin modification H2AK119-
88 ubiquitin (H2AK119Ub) were missing from the Xi in human B cell subsets, we isolated
89 circulating naïve B (CD19⁺CD10⁻CD21⁺IgD⁺), memory B (CD19⁺ CD27⁺), plasma
90 (CD19⁺ CD138⁺), and age-associated B cells (ABCs; CD19⁺CD11c⁺) from healthy
91 human donors for sequential XIST RNA FISH and immunofluorescence (IF).
92 Remarkably, we found that both XIST RNA transcripts and H2AK119Ub foci were
93 missing from the Xi in naïve B cells, plasma cells, and ABCs (Fig. 1B). Memory B cells
94 had dispersed XIST RNA signals across the nucleus, yet also lacked H2AK119Ub foci
95 (Fig. 1A). We quantified the XIST RNA localization patterns for human B cell subsets
96 and found that naïve B, ABCs, and plasma B cells are predominantly Type IV, and
97 memory B cells were mostly Type III with some Type II patterns (one-way ANOVA for
98 Type II, Type III, Type IV $p < 0.05$; Fig. 1C). All four B cell subsets examined lacked

99 detectable H2AK119Ub foci (Fig. 1D), including memory B cells that displayed Type III
100 XIST RNA pinpoints across the nucleus. As a previously published RNAseq dataset³⁴
101 revealed that *XIST* is continuously expressed in naïve, memory, and ABC cells (Fig.
102 1E), our findings indicate that XIST RNA localization and transcription of the *XIST* gene
103 are genetically uncoupled in human B cell subsets.

104

105 **XIST RNA and heterochromatin modifications H2AK119Ub and H3K27me3 are**
106 **localized at the Xi after *in vitro* activation of mature naïve human B cells**

107

108 While naïve B cells from female mice lack Xist RNA and heterochromatin mark
109 enrichment on the Xi, we have shown that these epigenetic modifications return to the
110 Xi at 24-30 hrs post stimulation³⁵. Here, we determined if the dynamic localization of
111 XIST RNA is similarly observed in healthy naïve and memory B cells stimulated *in vitro*
112 using CpG for 3 -7 days. Using RNA FISH, we find that XIST RNA transcripts were first
113 detected in naïve B cells at 1-2 days post-stimulation, and signals decreased by 3-4
114 days post-stimulation (Fig. 2A). The efficiency of *in vitro* stimulation was assessed by
115 CD86+ staining, with ~50-60% of B cells being positive for this marker in each XIST
116 RNA experiment (Fig. 2B). We quantified the XIST RNA localization patterns during
117 human B cell activation and found that day 2 stimulated B cells had the highest levels of
118 Type I and Type II XIST RNA localization patterns (Fig. 2C), with such patterns
119 appearing at day 1 post-stimulation. Type III XIST RNA localization patterns were
120 predominant at days 3-7 post *in vitro* activation (Fig. 2C). XIST RNA transcript levels
121 were relatively similar between naïve and *in vitro* stimulated B cells (Supplemental

122 Figure 1), as previously observed in mouse B cells³⁵ and reflecting uncoupled XIST
123 transcription and localization to the Xi. Similar analysis of circulating memory B cells
124 revealed that Type I and II XIST RNA patterns predominated after 3 days of culture
125 post-stimulation for memory B cells (Fig. 2D, 2E). In sum, *in vitro* activation using CpG
126 stimulates the return of XIST RNA transcripts to the Xi in both naïve and memory B
127 cells.

128

129 We next asked whether XIST RNA recruitment to the Xi coincided with the enrichment
130 of heterochromatic foci typical of the Xi in somatic cells²². Circulating naïve B cells were
131 activated with CpG for 2 days, and then used for sequential XIST RNA FISH followed by
132 IF using antibodies for H3K27me3 and H2AK119Ub. We quantified the number of nuclei
133 that exhibited co-localization of XIST RNA with a heterochromatic focus (Fig. 3). The
134 majority of activated B cells (40-80%) contained a focus that co-localized with Type I
135 XIST RNA patterns and either H2AK119Ub (Fig. 3A) or H3K27me3 (Fig. 3B). There
136 were very few nuclei with XIST Type IV patterns (purple bars), and a focus with either
137 H2AK119Ub or H3K27me3 (2-4%), suggesting that XIST RNA localization to the Xi may
138 be necessary for enrichment of these repressive modifications. Return of epigenetic
139 marks to the Xi during human B cell activation occurs in one phase in which both XIST
140 RNA and heterochromatin modifications appear concurrently at the Xi beginning at day
141 1 post-stimulation using CpG, with peak enrichment occurring at day 2.

142

143 Next, we asked whether the histone variant macroH2A, which is also typically enriched
144 on the Xi in fibroblasts, was localized to the Xi of *in vitro* activated healthy human B

145 cells. We observed very few macroH2A1 foci in these cells, with approximately 10% co-
146 localization of XIST RNA with a focus of macroH2A1 (Supplemental Figure 2A, 2B).
147 Use of qRT-PCR revealed expression of both transcript variants, but these levels still
148 remained below those observed in human female fibroblasts (Supplemental Figure 2C).
149 We also investigated whether the active chromatin modification H3K4me3 was depleted
150 within the territory of the Xi in activated B cells, as typically observed in female
151 fibroblasts^{36,37}. Using sequential XIST RNA FISH followed by IF, we observed the
152 characteristic H3K4me3 'holes', reflecting active transcription, which overlapped with
153 XIST RNA Type I and II signals in 70-85% of the nuclei (Supplemental Fig. 3). In sum,
154 the chromatin of the Xi in CpG activated human B cells is enriched for some, but not all,
155 silent and active chromatin modifications, underscoring important differences with other
156 somatic cells.

157

158 **Single-cell transcriptional profiling of human B cell subsets reveals cell-type** 159 **specific biallelic expression of X-linked genes**

160

161 The absence of XIST RNA and heterochromatic modifications H2AK119Ub, H3K27me3,
162 and macroH2A from the Xi in circulating B cell subsets suggests that there may be
163 either increased overall transcription from this chromosome or that the number of genes
164 that escape from XCI would be increased. To investigate this possibility, we queried
165 single-cell RNA sequencing (scRNAseq) data from a recent study³⁸ examining 117
166 human B cells isolated from a healthy female donor. These cells were sorted by surface
167 markers and consist of 30 memory B cells, 30 naïve B cells, 30 plasmablasts, and 27

168 transitional B cells. We determined the X-linked SNP expression for genes in each cell
169 using a SNP detection threshold of at least 10 reads/SNP (Fig. 4A). Each X-linked gene
170 containing a SNP was called 'monoallelic' if greater than 90% of the reads had the
171 same SNP, otherwise the gene was called 'biallelic'. We detected 6816 individual X-
172 linked SNPs, and 391 unique X-linked genes that were expressed across the B cell
173 subsets (Fig. 4A; Supplemental Tables 1, 2). We observed novel cell-type specific XCI
174 escape with higher levels of biallelic expression in memory B cells (98 biallelic genes)
175 and plasmablasts (122 biallelic genes) compared to transitional B and naïve B cells
176 (light blue, Fig. 4B; Supplemental Table 3). We detected a total of 190 X-linked genes
177 that escape XCI across all B cell subsets and 77% of these genes were novel XCI
178 escape genes, as they had not been reported previously (Supplemental Table 3). We
179 also observed expression of 53 X-linked immunity-related genes across the B cell
180 subsets, and found that 38 of these genes (72%) were biallelically expressed (light blue,
181 Fig. 4C; Supplemental Table 4). We summarized the expression status for the X-linked
182 immunity-related genes across the four human B cell subsets in Figure 4D. Biallelic
183 expression (light blue) of *DDX3X* in all four B cell subsets was expected, as *DDX3X*
184 ubiquitously escapes XCI in multiple tissues³⁰. While *NONO*, *AP1S2*, *TSC22D3*,
185 *AP1S2*, *IL2RG*, *SASH3*, *MSN*, and *CYBB* also escaped XCI across all 4 B cell subsets,
186 the significance of this biallelic expression is unknown as overexpression of these
187 genes has not been reported in autoimmune diseases. As expected, *XIST* was
188 exclusively monoallelic (dark blue) across all B cells (Fig.4D), given its selective
189 expression from the Xi. We also detected variable XCI escape of *TLR7* in naïve B cells
190 and plasmablasts, which has been observed previously by our group and others^{31,39}.

191 Interestingly, we also observed variable XCI escape for *BTK*, which is notable because
192 dosage imbalances of this gene are associated with lupus-like phenotypes^{18,19}. In sum,
193 human B cells exhibit cell-type specific XCI escape of important immune regulatory
194 genes that could potentially contribute to sex-dependent differences in cellular function,
195 thereby impacting autoimmune disease.

196

197 **Pediatric SLE patient B cells have missing or mislocalized XIST RNA transcripts**
198 **from the Xi and lack H2AK119Ub foci**

199

200 Cell lines derived from SLE patient B cells exhibited differences in XIST RNA
201 localization patterns compared to cell lines from age-matched, healthy individuals³¹.
202 Here, we investigated whether primary naïve B cells from SLE patients would also have
203 mislocalized XIST RNA patterns. Naïve B cells isolated from pediatric SLE patients in
204 disease remission (SLE disease activity index [SLEDAI] score 0-1) were stimulated *in*
205 *vitro* using CpG for 2 days, and then used for XIST RNA FISH analyses. We quantified
206 the percentage of each type of XIST RNA localization pattern for both circulating naïve
207 B cells and activated B cells that had been stimulated *in vitro* (Supplemental Figure 4).
208 There were no significant differences between XIST RNA localization patterns for
209 circulating naïve B cells from pediatric SLE patients and age-matched healthy controls
210 (Supplemental Figure 4A). In contrast, we found that there were very few examples of
211 Type I and significantly reduced levels of Type II XIST RNA patterns for pediatric SLE *in*
212 *vitro* stimulated B cells compared to healthy controls (Fig. 5A, 5B, Supplemental Figure
213 4B; $p < 0.0001$, and $p = 0.0002$). *In vitro* activated SLE patient B cells also had

214 significantly higher levels of Type IV XIST RNA patterns, where nuclei lack detectable
215 XIST signals (Fig. 5B, Supplemental Figure 4B; $p = 0.008$). Aberrant XIST RNA
216 localization patterns in activated pediatric SLE B cells were not a result of impaired or
217 ineffective stimulation using CpG (a TLR9 agonist), as SLE B cells had similar levels of
218 the activation marker CD86 (Supplemental Figure 4C). XIST RNA localization patterns
219 were also disrupted in SLE patient memory B cells compared to healthy controls, with
220 predominantly Type III and Type IV patterns (Supplemental Figure 4D; $p = 0.004$). To
221 further assess if enrichment of the heterochromatic modification H2AK119Ub was also
222 affected, we performed IF for H2AK119Ub on circulating and *in vitro* activated B cells
223 from pediatric SLE patients and healthy controls. We observed a significant reduction in
224 H2K119Ub foci in the activated B cells from pediatric SLE patient samples relative to
225 healthy controls (Fig. 5C; $p = 8.9E-6$). Circulating naïve B cells from both SLE patients
226 and healthy controls lacked detectible H2AK119Ub foci, as expected (Fig. 1). In sum,
227 mislocalization of XIST RNA and near-absence of H2AK119Ub foci on the Xi is a
228 feature of activated pediatric SLE patient B cells in disease remission.

229

230 **B cells from adult SLE patients have aberrant XIST RNA localization patterns and**
231 **significant reductions in H2AK119Ub enrichment on Xi, irrespective of disease**
232 **activity**

233

234 We initially confirmed that that CD27- isolated cells from SLE patients had relatively
235 similar representation of all B cell populations relative to healthy controls (Supplemental
236 Figure S5). Similar to *in vitro* activated pediatric SLE patient B cells, *in vitro* activated B

237 cells from adult SLE patients had significantly fewer Type I ($p < 0.0001$) and Type II ($p <$
238 0.0001) XIST RNA patterns, and significantly more Type IV patterns ($p < 0.0001$),
239 signifying abnormal XIST RNA localization patterns in B cells from adult SLE patients
240 (Figures 6A, 6B; Supplemental Figure 6). In contrast to the pediatric SLE population,
241 about half of the adult SLE patients had similar levels of Type I and Type IV XIST RNA
242 patterns as healthy controls (Fig. 6B). Co-localization of XIST RNA with H2AK119Ub
243 foci were significantly reduced in adult SLE patient B cells compared to healthy controls
244 (blue bars, $p < 0.0001$; Fig. 6C), and cells containing an H2AK119Ub focus independent
245 of XIST RNA signals (Types I, II) were absent in SLE samples (orange bars). Activation
246 of naïve B cells following stimulation with CpG (as determined by CD86⁺ levels) was not
247 significantly affected in adult SLE samples (Supplemental Figure 6B). In sum,
248 enrichment of both XIST RNA and the heterochromatic modification H2AK119Ub at the
249 Xi are significantly reduced for *in vitro* activated adult SLE B cells.

250

251 We next asked whether the distribution of XIST RNA patterns correlated with SLE
252 disease activity (SLEDAI values), patient medications, age, or disease duration. For
253 these analyses, we removed patients with known comorbidities, including thyroid
254 illnesses (such as Grave's disease) as they exhibit greater Type III and fewer Type IV
255 XIST RNA patterns (Supplemental Figure S7; left panels). Analysis of each XIST RNA
256 localization pattern and the 6 medications typically used to treat SLE symptoms
257 demonstrated that only hydroxychloroquine showed significant correlation with Type I
258 XIST RNA localization patterns, comparable to healthy controls (Supplemental Fig.
259 7A,7E). We then performed multiple linear regressions between continuous patient

260 metrics (age at sample draw, SLEDAI score, anti-nuclear antibody titer, and disease
261 duration) and the percentage of Type I-IV XIST RNA localization patterns
262 (Supplemental Figure S8). Of all supplied metrics, SLE patient age was the only one
263 that correlated positively with the Type IV XIST RNA patterns (p -value: 0.030, R^2 : 0.214;
264 Supplemental Fig. S8B). Healthy control samples did not exhibit a similar correlation
265 (Supplemental Fig. S8B). Taken together, activated B cells from adult SLE patients
266 exhibit aberrant XIST RNA localization and reduced H2AK119Ub enrichment on the Xi,
267 irrespective of disease activity but correlated with patient age, suggestive of
268 impairments with gene expression on this chromosome.

269

270 **Activated B cells from SLE patients exhibit abnormal expression of X-linked** 271 **genes and XIST RNA Interactome genes**

272

273 Because SLE activated B cells from both pediatric and adult SLE patients exhibited
274 abnormal XIST RNA localization and reduced/missing H2AK119Ub enrichment at the
275 Xi, we asked whether these changes were also associated with abnormal X-linked gene
276 expression. To answer this, we utilized a previously published RNA sequencing dataset
277 (GSE118254) that profiled activated B cells in circulation (CD19+IgD+CD27-
278 MTG+CD24-CD38-) in seven female SLE patients and six healthy controls⁴⁰. In this
279 dataset, we found that 53 X-linked genes were differentially expressed in activated B
280 cells from SLE patients, and 18 of these genes were overexpressed (Figure 7A). Among
281 the 53 differentially expressed X-linked genes, 4 have known immune functions (genes
282 in orange), and these genes exhibited XCI escape in at least 1 B cell subset (Fig. 4D,

283 Supplemental Table S3). Comparison of the 53 X-linked genes altered in SLE with our
284 results from Supplemental Table 3 and published lists of XCI escape genes from
285 various cell types³⁰ indicate that the majority of the genes in Fig. 7A (all the genes in
286 color) may escape XCI in activated B cells. Notably, 18 X-linked genes were
287 significantly upregulated in SLE patient activated B cell samples (red genes), and few of
288 the downregulated genes (blue genes) passed the significance threshold (Fig. 7B).
289 Unexpectedly, we found that the majority of these putative XCI escape genes are
290 downregulated in SLE B cells (Fig. 7A), suggesting impairments with the regulation of
291 XCI escape on the Xi in SLE. In sum, we identified a novel set of X-linked genes whose
292 expression is altered in SLE patient activated B cells, and the majority of these genes
293 should be subject to XCI silencing, reflecting aberrant gene regulation on both Xs.

294 One possible mechanism for aberrant XIST RNA localization in SLE patient activated B
295 cells could result from impairments with nuclear proteins that bind XIST RNA. The XIST
296 RNA Interactome consists of ~275 proteins⁴¹⁻⁴⁴, and we have previously reported that
297 two XIST RNA binding proteins, YY1 and hnRNP-U, are required for localization of XIST
298 RNA and heterochromatin marks to the Xi in lymphocytes^{31,35}. Notably, SLE patient T
299 cells have altered expression of XIST RNA Interactome genes³². Thus, we asked
300 whether the expression of genes encoding XIST RNA binding proteins was also
301 abnormal in the activated B cells from SLE patients. We found that 80 XIST RNA
302 binding protein genes were differentially expressed in activated B cells, and the majority
303 of these genes (59/80; 74%) were downregulated (Fig. 7C, Supplemental Table 5).
304 These genes function in cell metabolism/cell growth (genes in green), nuclear
305 matrix/nuclear envelope/transport (blue, but also includes *LBR* and *hnRNPK*), and

306 chromatin regulation (orange) (Fig. 7C). Downregulated genes *LBR*, *hnRNP K*, and
307 *GLIPR2* (pink) also exhibited altered gene expression among SLE T cells relative to
308 healthy controls³². Taken together, the XIST RNA Interactome is dysregulated in
309 activated B cells from SLE patients, and may be responsible for mislocalization of XIST
310 RNA and heterochromatin modifications from the Xi, resulting in aberrant XCI
311 maintenance.

312

313

314

315 **DISCUSSION**

316

317 B cells contribute to the pathogenesis of SLE, an autoimmune disease that
318 predominantly affects women. Here we sought to investigate the genetic basis for the
319 female-bias of SLE, focusing first on how XCI is maintained across distinct B cell
320 subsets in healthy individuals, and then determining if XCI maintenance and X-linked
321 genes expression are affected in SLE. We discovered a diverse enrichment of
322 epigenetic modifications at the Xi across activated human B cell subsets, and found B
323 cell-specific patterns of XCI escape in healthy adults, including the escape of important
324 immune-related genes. Our profiling of pediatric and adult SLE patient B cells revealed
325 significant impairments with XIST RNA and H2AK119Ub enrichment on the Xi
326 irrespective of disease activity, and aberrant expression of X-linked genes. Together,
327 our results suggest that facultative chromatin of the Xi is relaxed in healthy B cells,
328 thereby altering XCI maintenance and permitting gene-specific escape from XCI. SLE
329 disease further impacts the heterochromatic composition of this chromosome, resulting
330 in abnormal gene expression changes across the X. Our epigenetic profiling of the Xi in
331 healthy and SLE B cells provides a foundation for future studies investigating the
332 molecular mechanisms of XIST RNA and heterochromatin mark localization and
333 spreading across the Xi, and how these mechanisms become altered in SLE.

334

335 All four human B cell subsets assessed – naïve B, classical memory B, plasma cells,
336 and ABCs – are missing XIST RNA and the heterochromatic modification H2AK119Ub
337 on the Xi (Figure 1). Unexpectedly, our analyses show that unlike naïve B cells, ABCs,

338 and plasma cells, memory B cells have XIST RNA transcripts dispersed across the
339 nucleus, yet still lack H2AK119Ub foci on the Xi (Figure 1C, 1D). At present, the
340 significance of dispersed XIST RNA transcripts in memory B cells is unknown. However,
341 it is likely to impact gene expression on the Xi as *ex vivo* *YY1* deletion generates similar
342 Type III dispersed patterns with altered expression of ~70 X-linked genes³⁵. The *XIST*
343 gene is expressed across all resting human B cell subsets (Figure 1E), thus
344 transcriptional changes do not account for the absence of XIST RNA transcripts on the
345 Xi in circulating human B cells. XIST RNA and the heterochromatin modifications
346 H2AK119Ub, H3K27me3, and low levels of macroH2A returned to the Xi when using
347 CpG to activate human naïve B cells (Figure 2, 3, Supplemental S2). As for mouse
348 naïve B cells, XIST RNA and heterochromatin marks return to the Xi in human naïve B
349 cells before the first cell division³⁵, with peak enrichment at day 2 post-stimulation and
350 prior to cell division⁴⁵. We propose the Xi chromatin in circulating human B cell subsets
351 is more relaxed compared to somatic cells, in which XIST RNA and heterochromatin
352 marks are localized to the Xi, and this may allow additional X-linked genes to escape
353 transcriptional silencing. However, as our cytogenetic RNA FISH and IF analyses lack
354 resolution at the gene-level, it will be important to determine allele-specific enrichment
355 of silent and active histone modifications at genes exhibiting cell-specific XCI escape
356 and silencing across B cell subsets, and to further assess if such modifications are
357 altered upon activation.

358

359 Single-cell RNAseq profiling of four human B cell subsets from a healthy female
360 individual reveals cell-type specific XCI escape in naïve B cells, memory B cells,

361 plasmablasts, and transitional B cells. The percentage of biallelically expressed X-linked
362 genes increase with B cell differentiation (Supplemental Table 3), which may reflect a
363 requirement for higher dosage of X-linked genes for proper function of memory B cells
364 and plasmablasts. For example, *LAMP2*, a lysosomal protein important for autophagy
365 and intracellular antigen presentation, is monoallelically expressed in transitional and
366 naïve B cells, yet biallelically expressed in memory B and plasmablasts (Fig. 4D). Such
367 results raise the intriguing possibility that biallelic expression of *LAMP2* may increase
368 autophagy and antigen presentation, thereby contributing to enhanced immune
369 responses observed in females⁴⁶. The X-linked gene *IRAK1*, responsible for IL1-
370 induced upregulation of NF-kappa B, is also biallelically expressed in memory B cells
371 and plasmablasts (Fig. 4D). Female neonates have higher levels of *IRAK1* mRNA and
372 protein in cord blood and mononucleated cells compared to males⁴⁷, potentially
373 contributing to reduced infection rates and female-specific immune advantages in
374 infants. However, these scRNAseq analyses are limited by the fact that the sample was
375 taken from one individual and does not contain *in vivo* stimulated B cells, which may
376 have distinct XCI escape profiles. As XCI escape exhibits individual variability when
377 comparing across human samples⁴⁸, it will be important to repeat the allelic expression
378 profiling for human B cell subsets, especially activated B cells, using healthy female
379 individuals of different ages to determine which X-linked genes consistently escape
380 transcriptional silencing, and whether XCI escape increases with age.

381

382 Our investigations revealed abnormal XCI maintenance, as evidenced by reduced XIST
383 RNA and H2AK119Ub enrichment at the Xi, in both pediatric and adult SLE patient B

384 cells, irrespective of disease activity. Perturbed XIST RNA and heterochromatin mark
385 localization to the Xi in lymphocytes is a feature of both human SLE and the analogous
386 lupus-like disease in the female-biased spontaneous mouse model NZB/W F1^{32,49}.
387 Activated SLE patient B cells exhibit altered expression of about 50 X-linked genes (Fig.
388 7A), and the majority of these genes were downregulated in SLE patients compared to
389 healthy controls. It is surprising that more than half of the downregulated X-linked genes
390 in SLE samples are putative XCI escape genes (Fig. 4 and previous studies in human
391 fibroblasts). The implications of reduced expression of these X-linked genes for B cell
392 function is unknown at this time. It is possible that aberrant XIST RNA localization and
393 reduced heterochromatic enrichment reflects alterations in the nuclear organization of
394 the Xi in SLE patient B cells. The Xi, unlike the active X and autosomes, is organized
395 into two “megadomains” separated by a boundary region near the microsatellite repeat
396 *Dxz4*^{50,51}. During XCI initiation, *Xist* RNA plays an important structural role for
397 configuring the Xi territory, and *Xist* deletion impairs megadomain formation⁵². XIST
398 RNA mislocalization in SLE patient B cells may reflect impairments to the Xi nuclear
399 territory, possibly resulting in abnormal gene silencing of some X-linked genes.

400

401 While altered X-linked gene expression can clearly impact SLE progression, our studies
402 cannot determine if abnormal XCI maintenance causes SLE disease, or is instead a
403 consequence of the disease. To date, there is no evidence that changes to the
404 extracellular environment can influence XCI maintenance in somatic cells. However, the
405 nuclear pore complex *NUP43* and lamin B receptor (*LBR*), which are *Xist* RNA binding
406 proteins, were downregulated in SLE patient B cells (Fig. 7C). This may contribute to

407 aberrant organization of the Xi nuclear territory in SLE patient B cells, as LBR protein
408 directly binds Xist RNA and this interaction is necessary for tethering the Xi to the
409 nuclear lamina and gene silencing⁵³. While it is currently unclear if the inflammatory
410 environment of SLE affects nuclear architecture, it is tempting to speculate that
411 inflammatory cytokines or type I interferons, which are highly elevated in SLE patients
412 experiencing disease flares, may perturb XCI maintenance in B cells, resulting in altered
413 X-linked gene expression. Future studies to determine whether extrinsic factors can
414 influence XCI maintenance in lymphocytes will certainly reveal exciting new insights into
415 genetic and epigenetic factors responsible for sex-biased autoimmune disease.
416

417 **METHODS**

418

419

420 *Human B cell samples from healthy donors and SLE patients*

421

422 Fresh and frozen PBMCs from adult healthy female donors were obtained from the
423 Penn Pathology BioResource core facility at the Perelman School of Medicine,
424 University of Pennsylvania. For comparative study of pediatric SLE patients (SLEDAI
425 score = 0) and age-matched healthy controls, we recruited patients from the Children's
426 Hospital of Philadelphia (CHOP). Approximately 15-20 mL of blood were collected from
427 each individual, stored on ice, then immediately processed for PBMC isolation. PBMCs
428 were separated from whole blood by density gradient centrifugation technique using
429 Lymphoprep media (cat # 07851, STEMCELL technologies, Cambridge, MA, USA).
430 PBMCs from CHOP patients were either frozen or used to isolate B cells immediately,
431 and we did not observe any effect of freeze/thaw on XIST RNA localization patterns.
432 PBMCs were frozen in fetal bovine serum containing 7%-10% DMSO. We also obtained
433 frozen PBMC samples from adult SLE patients (SLEDAI score: 0-20; age 18-63 yrs.)
434 and age-matched healthy controls from the Benaroya Research Institute, Seattle,
435 Washington. The acquisition of blood samples from pediatric SLE patients and healthy
436 controls from CHOP was approved by the IRB at CHOP; acquisition of blood from adult
437 SLE patients and healthy controls from the Benaroya Institute was approved by the IRB
438 at the Benaroya Institute. Written informed consent was received from participants prior
439 to inclusion in both studies.

440

441 *Sorting and culture of human B cells*

442

443 Frozen PBMCs were quickly thawed and washed twice with RPMI media containing
444 FBS. CD19⁺CD27⁻ naïve B cells and CD19⁺CD27⁺ memory B cells were isolated from
445 PBMCs using the Easysep human memory B cell isolation kit, according to the
446 manufacture's instruction (17864, STEMCELL Technologies, Cambridge, MA, USA).
447 CD19⁺CD138⁺ plasma cells were isolated from PBMCs by positive selection using biotin
448 conjugated CD138 antibody (352322, Biolegend, San Diego, CA, USA) and Easysep

449 release human biotin positive selection cocktail (17653, STEMCELL Technologies).
450 CD19⁺CD11c⁺ B cells (ABCs) were isolated from PBMCs using a two-step procedure.
451 First, total B cells were isolated from PBMCs by negative selection using the human B
452 Cell Isolation Kit II (130-091-151, Miltenyi Biotec, Cambridge, MA, USA). ABCs were
453 isolated from purified total B cells by CD11c positive selection using a biotin conjugated
454 CD11c antibody (301612, Biolegend) and anti-biotin magnetic beads. B cells were
455 cultured in X-VIVOTM15 media (04-744Q, Lonza, Walkersville, MD, USA) with penicillin-
456 streptomycin (100 units/mL) and activated using 3 μM CpG (ODN 7909) (tlrl-2006-1,
457 Invivogen, San Diego, CA, USA). Cells were cultured in 200 μl medium for 1-8 days
458 using round bottom 96-well plates. B cell stimulation was determined by staining for the
459 activation marker CD86, which was quantified using flow cytometry.

460

461 *Flow cytometry profiling of naïve B cells (CD19⁺CD27⁻) from SLE and HC subjects*

462

463 We used multicolor flow cytometry analysis to determine the subset distribution B cells
464 in SLE and HC samples^{54,55}. B cell subsets were phenotyped as follows: naïve B cells
465 (CD19⁺CD10⁻CD21⁺IgD⁺), transitional B cells (CD19⁺CD10⁺CD38⁺), memory B cells
466 (CD19⁺CD27⁺), plasma B cells (CD19⁺CD138⁺), and ABCs (CD19⁺CD10⁻CD21⁻
467 CD85j⁺). Antibodies (and catalog numbers) used for flow cytometry were: FITC CD85j
468 (555942, BD Biosciences), Brilliant Violet 421TM CD38 (303525, Biolegend),
469 Brilliant Violet 650TM CD27 (302827, Biolegend), Brilliant Violet 785TM CD19
470 (302239, Biolegend), APC/Cy7 CD3 (300425, Biolegend), APC/Cy7 CD14
471 (561709, BD Biosciences), APC/Cy7 CD16(561726, BD Biosciences), PE-
472 CF594 IgD (562540, BD Biosciences), PE/Cy7 CD21 (354911, Biolegend),
473 BV605 CD24 (311123, Biolegend), PECy5 CD10 (15-0106-41, Thermo Fisher)
474 and LIVE/DEADTM Fixable Aqua Dead Cell Stain Kit (L34965, Thermo Fisher).

475

476 *Sequential XIST RNA FISH and immunofluorescence (IF)*

477

478 Sequential XIST RNA fluorescence in situ hybridization (FISH) and IF was performed
479 using established protocols^{31,32}. Briefly, cells were cytopspun onto glass slides, then

480 incubated in ice-cold cytoskeletal (CSK) buffer containing 0.5% Triton for 3 min, fixed in
481 4% paraformaldehyde for 10 min, and then dehydrated using an ethanol series. For
482 human XIST RNA FISH, we used two Cy3 labelled oligonucleotide probes which target
483 repetitive regions within *XIST* exons 1, 3 and 4³¹. Images were obtained using a Nikon
484 Eclipse microscope and were categorized by the type of XIST RNA localization patterns
485 as shown in Figure 1B and as described previously^{31,33,35}. For IF analyses, slides were
486 blocked for 30 min in blocking buffer (PBS with 0.2% Tween-20 and 5% BSA) and then
487 incubated for 2 hours at room temperature with respective primary antibodies (at
488 dilutions of 1:100): H3K27me3 (39155, Active Motif); Ubiquityl-histone H2A Lys119
489 (8240, Cell Signaling); H3K4me3 (ab 213224, Abcam); MacroH2A1 (ab37264, Abcam).
490 Slides were incubated with the appropriate FITC conjugated secondary antibody for 1
491 hour at room temperature, then imaged using a fluorescence microscope.

492

493 *quantitative RT-PCR*

494

495 For RT-QPCR, cDNA was synthesized from 1 µg of total RNA using Verso cDNA
496 synthesis kit (Ref # AB-1453/A, Thermo Fisher, Waltham, MA, USA) and qPCR was
497 performed using the QuantBio low ROX cyber green master mix (# 017707,
498 Quantabio, Beverly, MA, USA). RPL13A gene was used as an endogenous control to
499 normalize gene expression. RT-QPCR data were analyzed using $\Delta\Delta C_t$ method⁵.
500 RPL13A, F: GCCATCGTGGCTAAACAGGTA, R: GTTGGTGTTTCATCCGCTTGC;
501 macroH2A1.1, F: GGCTTCACAGTCCTCTCCAC, R: GGTGAACGACAGCATCACTG;
502 macroH2A1.2, F: GGCTTCACAGTCCTCTCCAC, R: GGATTGATTATGGCCTCCAC,
503 XIST 5' end: F: TTGCCCTACTAGCTCCTCGGAC, R: TTCTCCAGATAGCTGGCAACC;
504 XIST 3' end: F: CTACAAGCAGTG CAGAGAGC, R: CTAAGACAAGACACAGACCAC.

505

506

507 *RNA-seq analysis of activated B cells from SLE patients and controls*

508

509 The processed gene expression file
510 “GSE118254_SLE.RNAseq.geneRpkm.detected.RPM.3.exon.csv.gz” was downloaded

511 from GEO dataset GSE118254
512 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE118254>). Statistical
513 significance in gene expression between Healthy and SLE B cells was calculated using
514 a one-way ANOVA in R (alpha = 0.05). A Z score was calculated for each sample/gene
515 and heatmaps were generated using the gplots (heatmap.2) R package.

516

517 *Allele specific gene expression analyses using single cell RNAseq data*

518

519 Single cell RNAseq reads sequenced from individual naïve B cells, memory B cells,
520 plasmablasts and transitional B cells were retrieved from a previously published study
521 (Bioproject accession number PRJEB27270)³⁸. In this study, a total of 117 cells,
522 consisting of 30 naive B cells, 30 memory B cells, 30 plasmablasts and 27 transitional B
523 cells, were sequenced from a single healthy woman. Public servers available through
524 the Galaxy web platform (usegalaxy.org) were used to analyze the data⁵⁶. RNA-Seq
525 reads were mapped to human reference genome (version hg19) using Bowtie^{57,58}. Next,
526 SNPs present in both X chromosomes were detected from alignment file using the
527 FreeBayes variant detector tool (www.geneious.com)⁵⁹ and SNPs were annotated using
528 the ANNOVAR tool⁶⁰. SNPs with less than 10 reads were excluded from the
529 downstream analyses. For each SNP, if $\leq 90\%$ of the reads carry the same SNP allele,
530 expression was considered biallelic, otherwise expression was considered monoallelic
531 for each gene. A gene was considered ‘biallelic’ in a cell-type subset if 2 or more cells
532 from that subset were considered ‘biallelic’ as described above; a gene was considered
533 “monoallelic” if 2 or more cells were biallelic and “uncalled” if no two cells were in
534 agreement or there was insufficient data to make a call.

535

536 *Statistical analysis*

537

538 Linear regression was performed using a simple linear regression in GraphPad Prism 8
539 of dependent variables (Xist RNA Cloud Type I-V) and independent variables (Date of
540 blood draw for PBMC sample, SLE disease duration, Anti-Nuclear Antibody Titer,
541 Systemic Lupus Erythematosus Disease Activity Index (SLEDAI) score and patient age

542 at blood draw). Measurements of percent Type I-IV XIST RNA clouds were analyzed
543 using unpaired, two-tail t-tests, where significance is $p < 0.05$.

544
545 *Study approval*

546
547 For pediatric SLE patients, protocols and informed consent forms were approved by the
548 CHOP Institutional Review Board (CHOP IRB Protocol 14-011433). For the adult SLE
549 patients, the studies were approved by the Benaroya Research Institute Institutional
550 Review Committee (IRB protocol number: 10059).

551
552 **Figure Legends**

553
554 **Figure 1: XIST RNA signals are missing from the Xi in human B cell populations.**

555 (A) Cartoon representing each type of XIST RNA localization pattern observed in
556 human B cell subsets. (B) Sequential XIST RNA FISH (red) then immunofluorescence
557 detection (green) for H2AK119-ubiquitin (Ub) for naïve B cells, memory B cells, age-
558 associated B cells (ABCs), and plasma cells from healthy PBMCs. (C) Quantification of
559 XIST RNA localization patterns from each B cell subset. Number of nuclei counted is
560 shown above each sample at the top of the graph. Statistical significance for each XIST
561 RNA localization pattern determined using one-way ANOVA; p values for each pattern
562 shown. (D) Quantification of H2AK119Ub foci in human B cell subsets. Number of nuclei
563 counted is shown above each sample at the top of the graph. (E) XIST RNA reads for
564 naïve B, ABCs, and memory B cells from a previously published RNAseq dataset³⁴.

565
566 **Figure 2: Timing for XIST RNA localization to the Xi during human B cell**
567 **stimulation, for naïve and memory B cells.** (A) Time course analysis for XIST RNA
568 FISH to monitor XIST RNA localization changes after B cell stimulation using CpG, over

569 7 days. (B) CD86+ staining of *in vitro* activated B cells (day 1, day 2) to measure
570 efficiency of *in vitro* stimulation. (C) Quantification of XIST RNA localization patterns for
571 *in vitro* stimulated naïve B cells over 7 days in culture. Number of nuclei counted is
572 shown above each sample at the top of the graph. Statistical significance determined
573 using t-test comparing day 0 to day 2, for each type of XIST RNA localization pattern.
574 (D) XIST RNA FISH for *in vitro* stimulated memory B cells using CpG, over 3 days. (E)
575 Quantification of XIST RNA localization patterns for *in vitro* activated memory B cells
576 over 3 days. Number of nuclei counted is shown above each sample at the top of the
577 graph. Statistical significance determined using t-test comparing day 0 to day 3, for
578 each type of XIST RNA localization pattern.

579

580 **Figure 3: Co-localization of XIST RNA and heterochromatin marks H2AK119Ub**
581 **and H3K27me for *in vitro* activated human B cells.** Sequential XIST RNA FISH (red)
582 followed by immunofluorescence detection (green) for (A) H2AK119Ub and (B)
583 H3K27me3. Representative images (showing the same field) are shown. Quantification
584 of co-localization patterns for XIST RNA and each heterochromatin mark at the Xi. Co-
585 localization of XIST RNA (Types I, II) and IF focus (blue bars), XIST RNA signals alone
586 (Type III; green), nuclei without either signal (purple), or IF focus (orange). Number of
587 nuclei counted is above each sample.

588

589 **Figure 4: Biallelic expression of X-linked genes in human B cell populations.** (A)
590 Schematic of the bioinformatics analysis pipeline to identify XCI escape genes in
591 circulating memory B cells, naïve B cells, transitional B cells, and plasmablasts. (B)

592 Heatmap for all X-linked genes with detectable expression across the four human B cell
593 subsets. Each individual cell is a column. Light blue indicates biallelic expression (Minor
594 Allele Frequency (MAF) ≥ 0.1 for $> 50\%$ of SNPs per gene), dark blue indicates
595 monoallelic expression, and white is undetectable expression. Gene lists for individual
596 SNPs in each cell (across B cell populations) are found in Supplemental Table 1, and
597 complete list of all expressed X-linked genes is in Supplemental Table 2. (C) Expression
598 of X-linked immunity-related genes across all four B cell populations. Individual cells for
599 a particular B cell subset shown in columns; monoallelic expression (dark blue); biallelic
600 expression (light blue). Supplemental Table 3 contains gene lists for each B cell subset.
601 (D) Allelic expression summary for the X-linked immunity-related genes, either
602 monoallelic (dark blue) or biallelic (light blue) across human B cell subsets. A gene was
603 considered biallelic for a particular B cell subset if 2 or more cells within that group were
604 biallelic. A gene was considered monoallelic for a B cell subset if 2 or more cells within
605 that subset were monoallelic. Supplemental Table 4 contains complete list of X-linked
606 immunity-related genes that were expressed in each B cell subset, along with allelic
607 expression information.

608

609 **Figure 5: Peripheral B cells from pediatric SLE patients have mislocalized XIST**
610 **RNA patterns and lack H2AK119Ub foci at the Xi.** (A) Representative XIST RNA
611 FISH images from *in vitro* activated B cells (cultured 2 days) from one pediatric SLE
612 patient (right) and a healthy age-matched control (left). (B) Quantification of Type I (left),
613 Type II (center) and Type IV (right) XIST RNA localization patterns for *in vitro* activated
614 B cells from pediatric SLE patients (red) and healthy controls (blue). Error bars denote

615 mean \pm SD, and statistical significance was determined using two-tailed unpaired t-test.
616 (C) Quantification of H2AK119Ub foci for *in vitro* activated B cells from pediatric SLE
617 patients and healthy control samples. Number of nuclei counted is above each sample;
618 statistical significance comparing SLE to healthy controls was determined using two-
619 tailed unpaired t-test. (D) Quantification of XIST RNA localization patterns for *in vitro*
620 activated classical memory B cells, cultured for 3 days with CpG. Number of nuclei
621 counted is above each sample; statistical significance comparing SLE to healthy
622 controls was determined using two-tailed unpaired t-test for each pattern of XIST RNA
623 localization.

624

625 **Figure 6: Peripheral B cells from adult SLE patients have mislocalized XIST RNA**
626 **patterns and reduced H2AK119Ub foci at the Xi.** (A) Representative XIST RNA
627 FISH images from *in vitro* activated B cells (cultured 2 days) from one adult SLE patient
628 (right) and a healthy age-matched control (left). (B) Quantification of Type I (left), Type II
629 (center) and Type IV (right) XIST RNA localization patterns for *in vitro* activated B cells
630 from adult SLE patients (red) and healthy controls (blue). Error bars denote mean \pm -
631 SD, and statistical significance was determined using two-tailed unpaired t-test. (C)
632 Quantification of co-localization patterns for XIST RNA and H2AK119Ub at the Xi, for *in*
633 *vitro* activated B cells from adult SLE patients and healthy control samples. Co-
634 localization of XIST RNA (Types I, II) and IF focus (blue bars), XIST RNA signals alone
635 (Type III; green), nuclei without either signal (purple), or IF focus (orange). Number of
636 nuclei counted is above each sample; statistical significance comparing SLE to healthy

637 controls was determined using two-tailed unpaired t-test for each pattern of XIST RNA
638 localization.

639

640 **Figure 7: X-linked gene expression and XIST RNA Interactome genes are altered**

641 **in SLE patient activated B cells.** (A) X-linked Differentially Expressed Genes (DEGs;

642 53 genes) in adult healthy controls (6 female samples) and SLE patient (7 female

643 samples) activated B cells in circulation. Color gradient represents row Z-scores for

644 each gene. Gene symbols in color denote XCI escape: orange are immunity-related

645 genes that may escape in activated B cells; green are known XCI escape genes in other

646 somatic cells; blue are putative XCI escape based on Supplemental Table 3. Note that

647 all 4 genes in orange exhibited XCI escape in at least 1 B cell subset in Supplemental

648 Table 3, and are denoted with (e). (B) Volcano plot showing X-linked DEGs in activated

649 B cells. Genes significantly upregulated in SLE patients are in red; genes significantly

650 downregulated in SLE are in blue ($p < 0.05$). (C) XIST RNA binding protein genes that

651 are differentially expressed in activated B cells from SLE patients and healthy controls.

652 Nuclear matrix/nuclear envelop genes in blue; cell metabolism/cell growth genes in

653 green; chromatin regulators in orange; XIST RNA binding protein genes whose

654 expression was also altered in SLE patient T cells in pink.

655

656 **Supplemental Figure 1: Steady-state XIST RNA transcript levels in human naïve**

657 **and *in vitro* stimulated B cells.** Primer sets for 5' XIST (spanning exons 1 and 3) and

658 3' XIST (spanning exons 5 and 6) were used for qRT-PCR analysis of XIST RNA in

659 naïve (blue) and *in vitro* stimulated (orange) B cells. Relative fold change is shown, with

660 values normalized to naïve B cells (set as 1). Standard error of the mean is shown with
661 error bars.

662

663 **Supplemental Figure 2: macroH2A is not uniformly enriched on the Xi in activated**
664 **B cells in healthy donors.** (A) Sequential XIST RNA FISH (red) followed by
665 immunofluorescence detection of histone variant macroH2A (green). Representative
666 field is shown, and arrowheads indicate macroH2A foci that co-localize with XIST RNA
667 signal. (B) Quantification of XIST RNA localization patterns that co-localize with
668 macroH2A foci. Number of nuclei counted is above each sample. (C) qRT-PCR
669 analyses of macroH2A1.1 and macroH2A1.2 transcripts in naïve and *in vitro* stimulated
670 (day 2) B cells (*left*). qRT-PCR analyses of both macroH2A1 variants for naïve and
671 stimulated B cells compared to 293T, a human embryonic kidney fibroblast cell line
672 (*right*). Statistical significance determined using one-way ANOVA across three cell types
673 for each variant.

674

675 **Supplemental Figure 3: Sequential XIST RNA FISH and IF detection of the active**
676 **chromatin modification H3K4me3.** (A) Representative field image for XIST RNA FISH
677 (red) and sequential IF for H3K4me3 (green). The arrowheads indicate H3K4me3
678 'holes' that overlap XIST RNA signals. (B) Quantification of XIST RNA localization
679 patterns and H3K4me3 'holes'. Number of nuclei counted is above each sample.

680

681 **Supplemental Figure 4: XIST RNA localization patterns for naïve and *in vitro***
682 **stimulated B cells (day 2) from pediatric SLE patients and healthy age-matched**

683 **controls.** (A) Quantification of XIST RNA localization patterns for naïve B cells. Number
684 of nuclei counted is above each sample. (B) Quantification of XIST RNA localization
685 patterns for *in vitro* stimulated (day 2) B cells using CpG. Number of nuclei counted is
686 above each sample. (C) Representative flow cytometry analysis for CD86 staining,
687 using unstained cells, naïve B (unstimulated), and day 2 stimulated B cells for a healthy
688 control sample and one pediatric SLE patient sample (SLE 17). (D) Quantification of
689 XIST RNA localization patterns for *in vitro* stimulated memory B cells from pediatric SLE
690 patients and healthy controls. Number of nuclei counted is above each sample.
691 Statistical significance determined using two-tailed test with unequal variance,
692 comparing SLE to healthy controls. P values for each localization pattern of XIST RNA
693 are shown.

694

695 **Supplemental Figure 5: Flow cytometry analyses of B cell populations from**
696 **PBMCs of adult and pediatric SLE patients and age-matched healthy controls.** (A)
697 Typical gating strategy for B cell subsets from patient PBMCs recovered post-thaw,
698 following B cell isolation and selection for CD27⁻ cells. (B) CD27⁻ B cell population
699 percentages for healthy control (HC) and SLE patients. Average percentages are shown
700 in bold, at the bottom of each group. Pediatric samples are denoted as “P2”. Statistical
701 significance determined using two-tailed t-tests comparing healthy controls to SLE, for
702 each B cell subset. Only ABCs were significantly different among SLE and HC
703 samples, yet comprise less than 2% of total B cells.

704

705 **Supplemental Figure 6: XIST RNA localization patterns for *in vitro* stimulated B**
706 **cells (day 2) from adult SLE patients and healthy age-matched controls.** Number of
707 nuclei counted is above each sample. Statistical significance was determined using two-
708 tailed unpaired t-test for each pattern of XIST RNA localization, comparing SLE to
709 healthy controls. SLE samples 580-253 and 342-184 are male individuals, and are
710 included as negative controls.

711

712 **Supplemental Figure 7: Correlations between XIST RNA localization patterns and**
713 **autoimmunity comorbidities and medications.** Bar graphs show percent of activated
714 B cells with XIST RNA localization patterns Type I-IV (A-D) in SLE patients with or
715 without thyroid disease or Sjogren's Syndrome. Red, green, and blue bar graph pairs
716 represent significant differences between group means. Bar graphs show percent of
717 activated B cells with XIST RNA localization patterns Type I-IV (A-D) for adult SLE
718 patients. The paired bar graphs consist of patients taking (left) or not taking (right) the
719 designated medication. Blue bar graph pairs represent significant differences between
720 group means; statistical significance determined without correction for multiple
721 comparisons with $\alpha=0.05$. Each row was analyzed individually, without assuming a
722 consistent SD. HCQ: hydroxychloroquine; mycophen. mofetil: mycophenolate mofetil.
723 (E) SLE patients taking HCQ have significantly higher percentages of Type I XIST RNA
724 localization patterns. Dotplot showing percentages of B cells for groups of HC and SLE
725 patients for each type of XIST RNA localization pattern. Black circles represent
726 individuals not taking HCQ; aqua triangles are SLE patients taking HCQ. Horizontal
727 bars show median values of patients taking HCQ (aqua) or other medications (black).

728 Only Type I XIST RNA patterns were statistically significant among SLE patients for
729 HCQ treatment. Statistical significance determined using two-tailed t test.

730

731 **Supplemental Figure 8: Linear regression analyses of SLE patient disease**
732 **parameters.** (A) SLE disease parameters (ANA Titer, SLEDAI score, disease duration),
733 patient age, and sample draw date were correlated with each XIST RNA localization
734 pattern for *in vitro* activated adult SLE B cell samples. (B) Correlation between age and
735 XIST RNA localization patterns for SLE patients (*left*) and healthy controls (*right*). XIST
736 RNA Type IV patterns increased with age for SLE patients; there were no significant
737 correlations between age and XIST RNA localization patterns for healthy controls.

738

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740

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747

748 **Author contributions**

749

750 S. Pyfrom performed the bioinformatic analyses for single-cell RNAseq data sets, the
751 bioinformatic analyses using human activated B cell RNAseq data sets, and the linear
752 regression analyses for XIST RNA localization and comorbidities, and made
753 corresponding supplementary tables and figures. B. Paneru performed the human B cell
754 isolation and *in vitro* culture, the XIST RNA FISH and IF experiments on human B cell
755 subsets, and quantified the localization patterns for SLE patients and controls. J. Knox
756 and B. Paneru performed the flow cytometry and FACS isolation experiments. MCA

757 made figures 1, 2, 3, 5, 6 in main text and supplementary figures S1, S2, S3, S4, S5,
758 S6, S6. MCA and S. Pyfrom wrote the manuscript.

759
760

761 **Competing interests**

762

763 None to declare.

764

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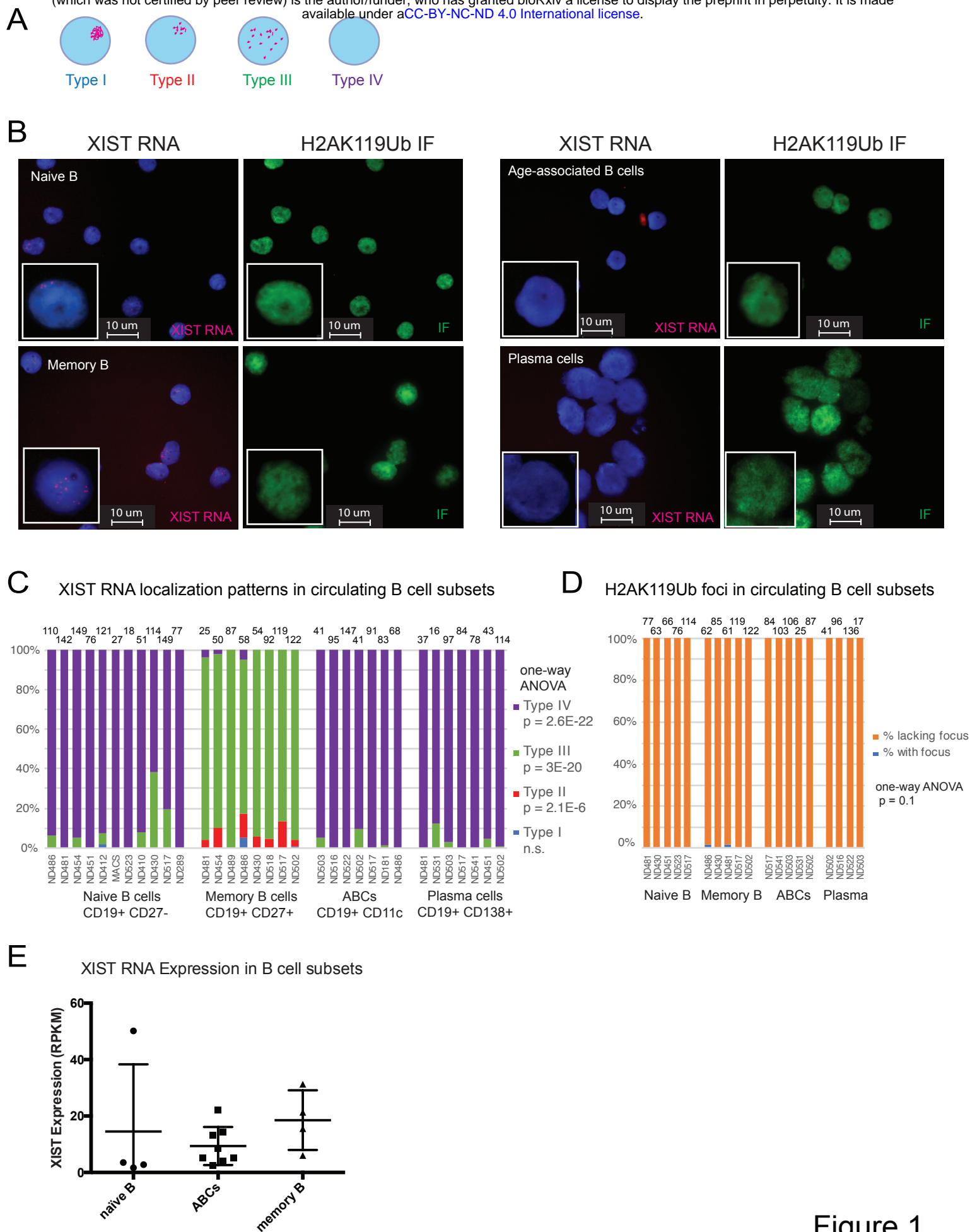
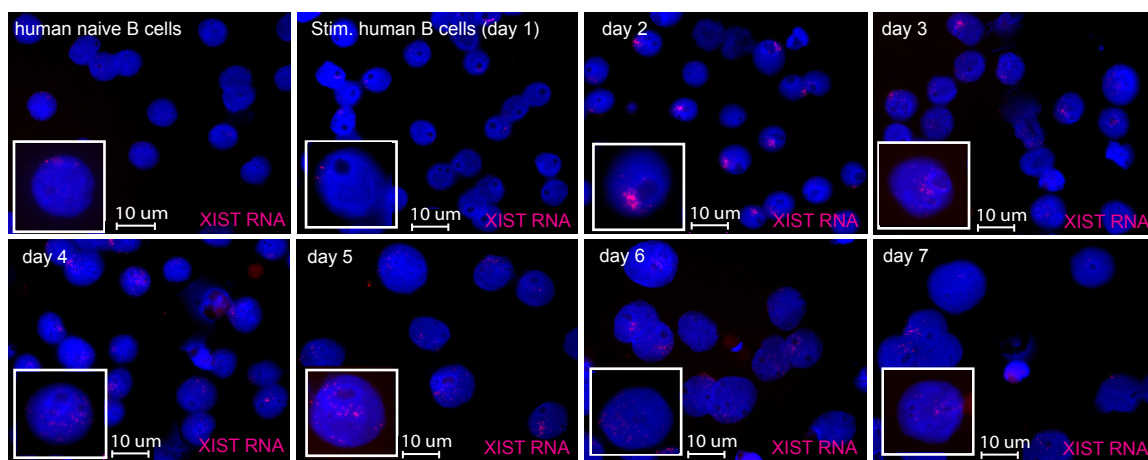
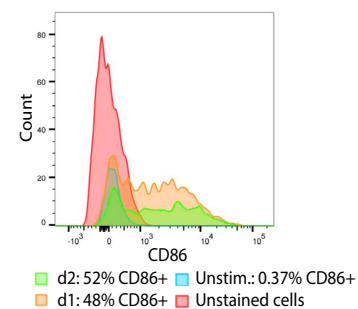


Figure 1

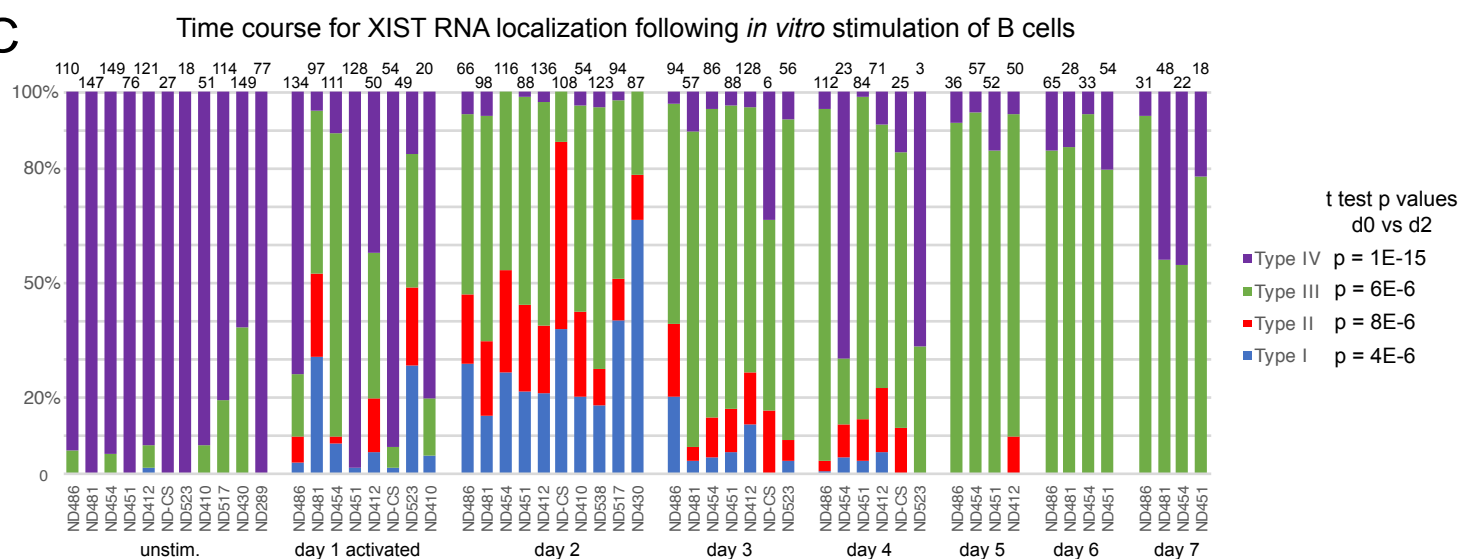
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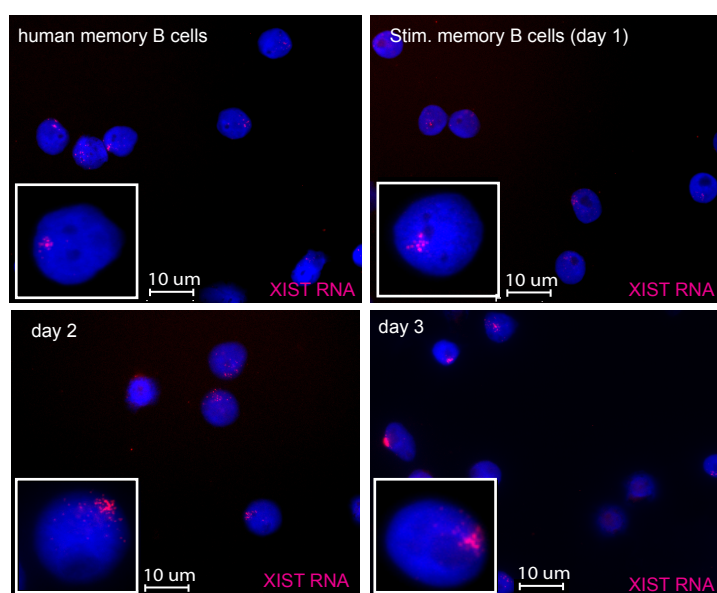
B



C



D



E XIST RNA localization following *in vitro* stimulation of memory B cells

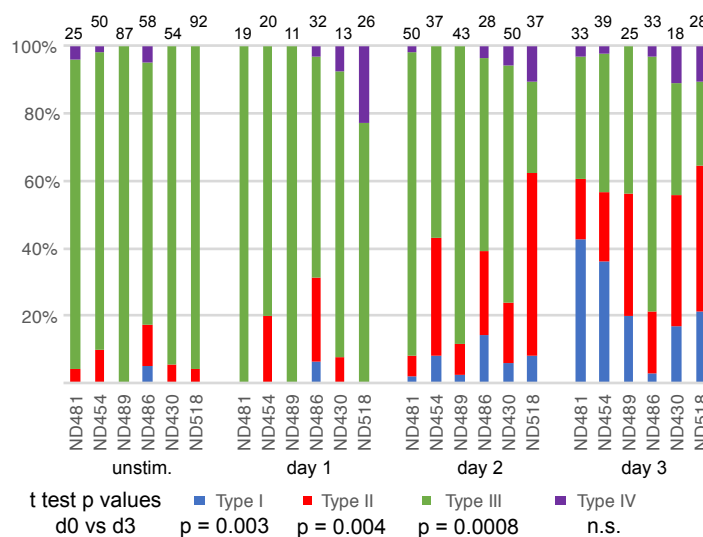
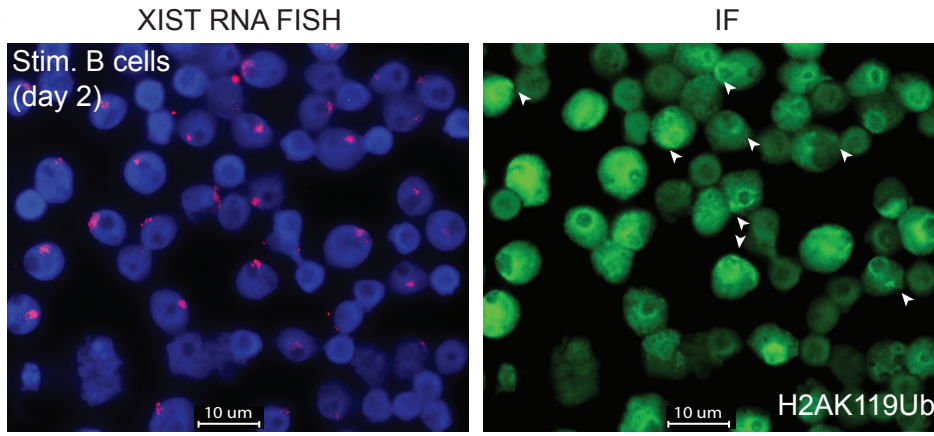
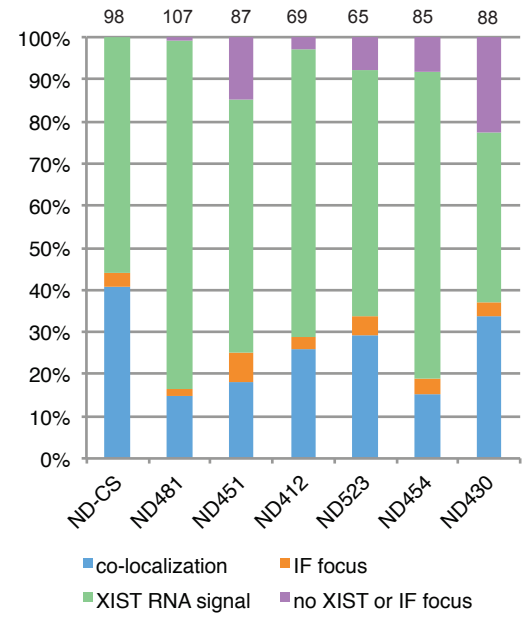


Figure 2

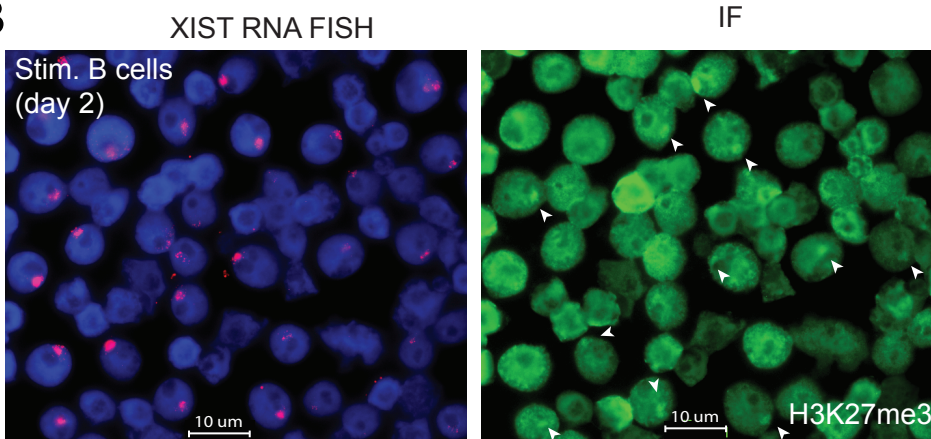
A



H2AK119Ub foci co-localization with XIST RNA in stimulated B cells



B



H3K27me3 foci co-localization with XIST RNA in stimulated B cells

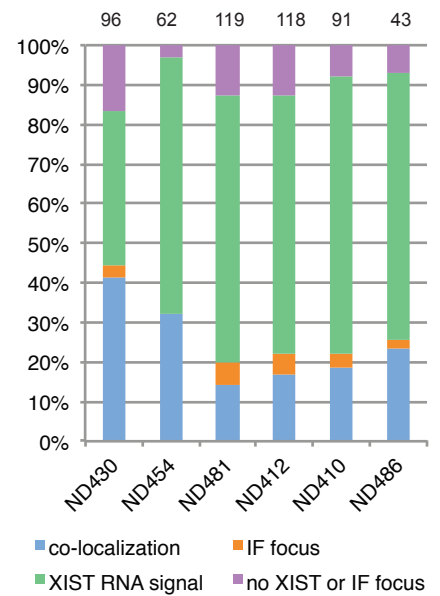


Figure 3

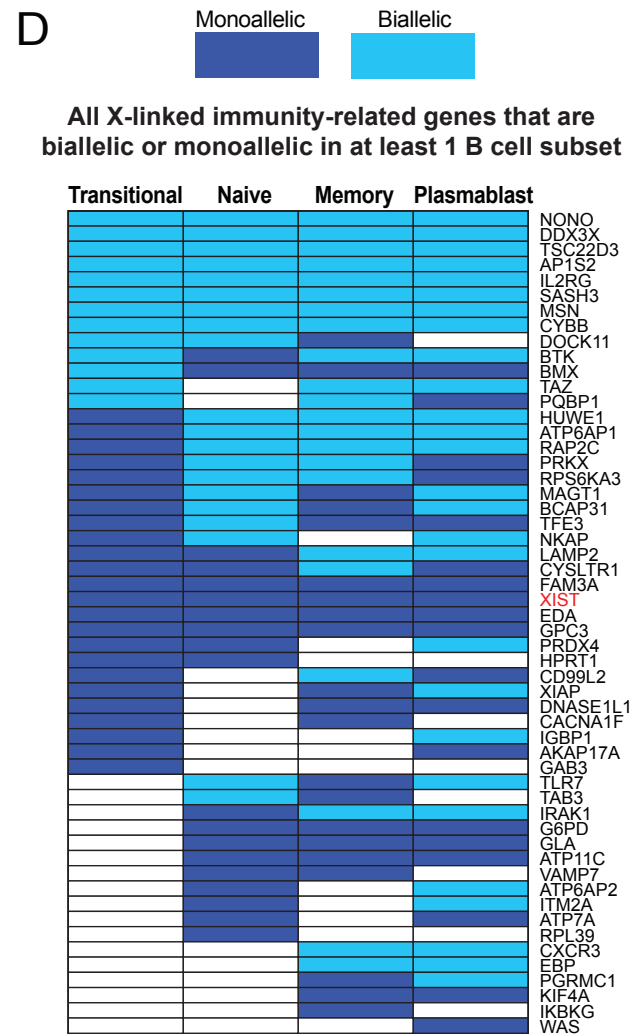
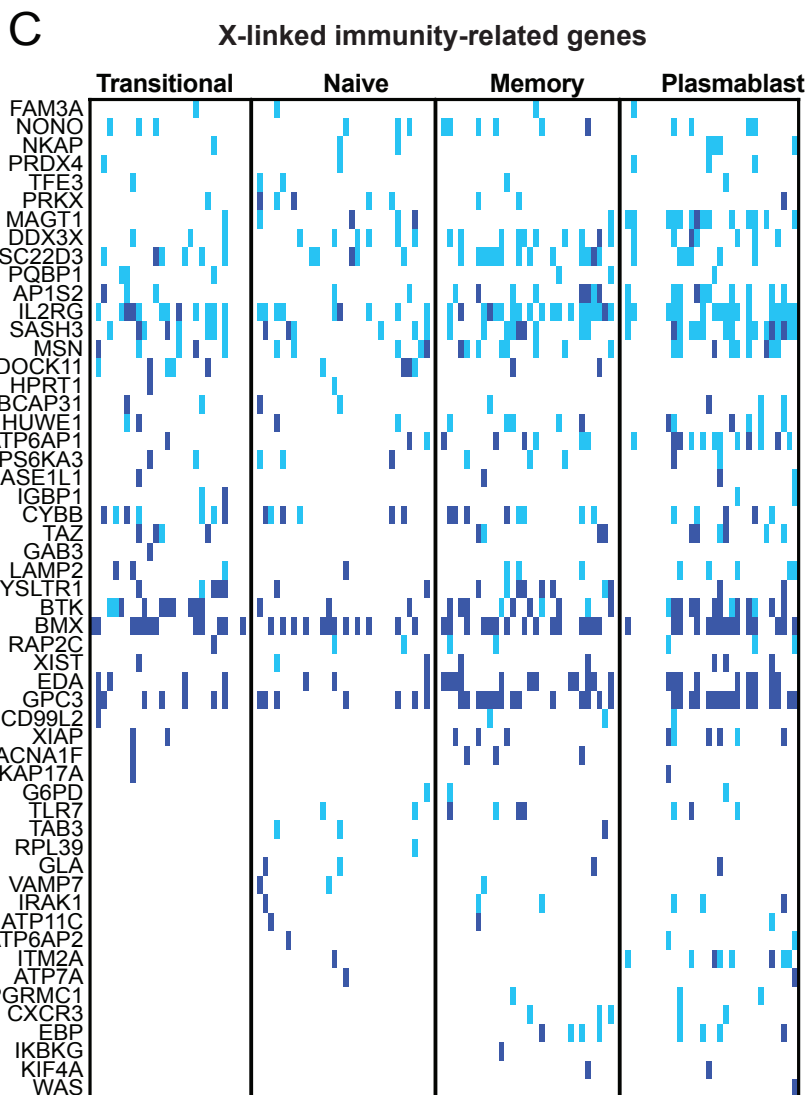
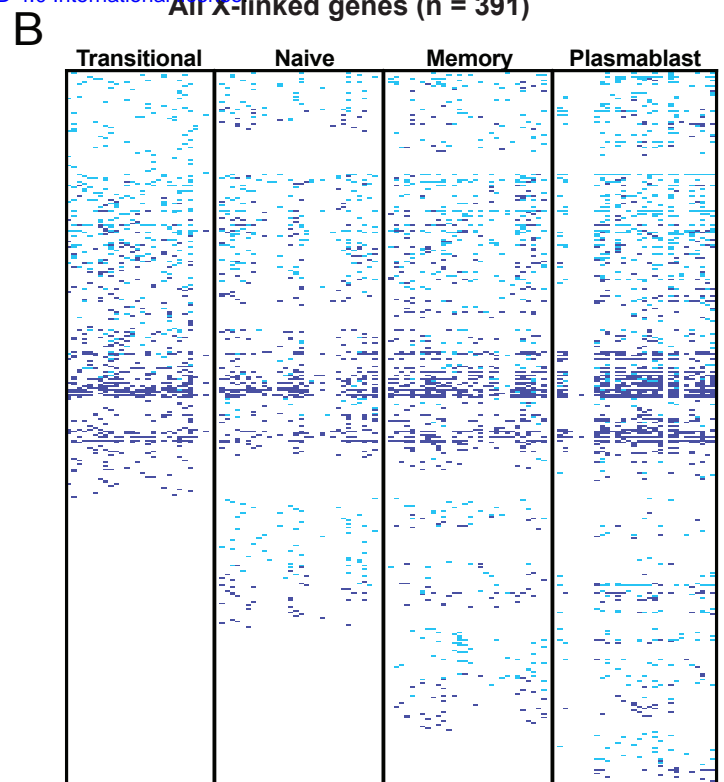
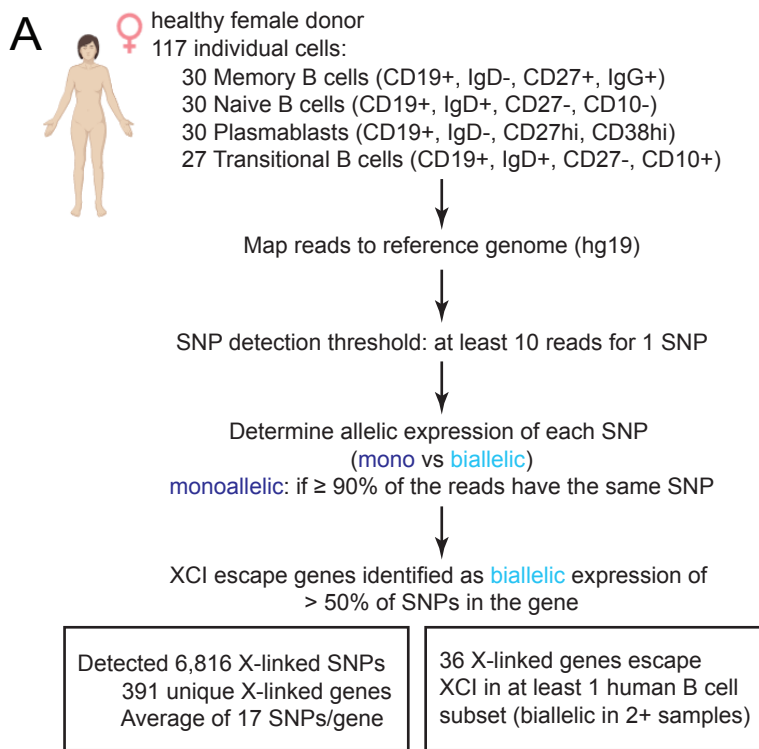
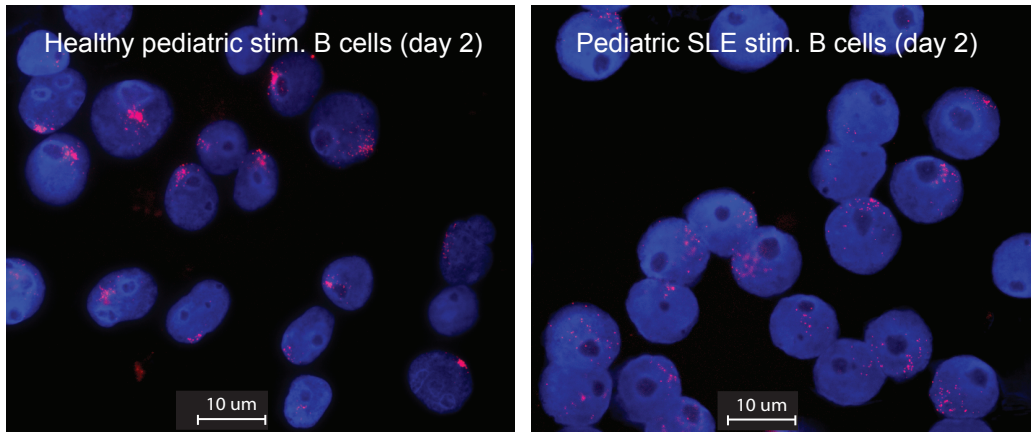
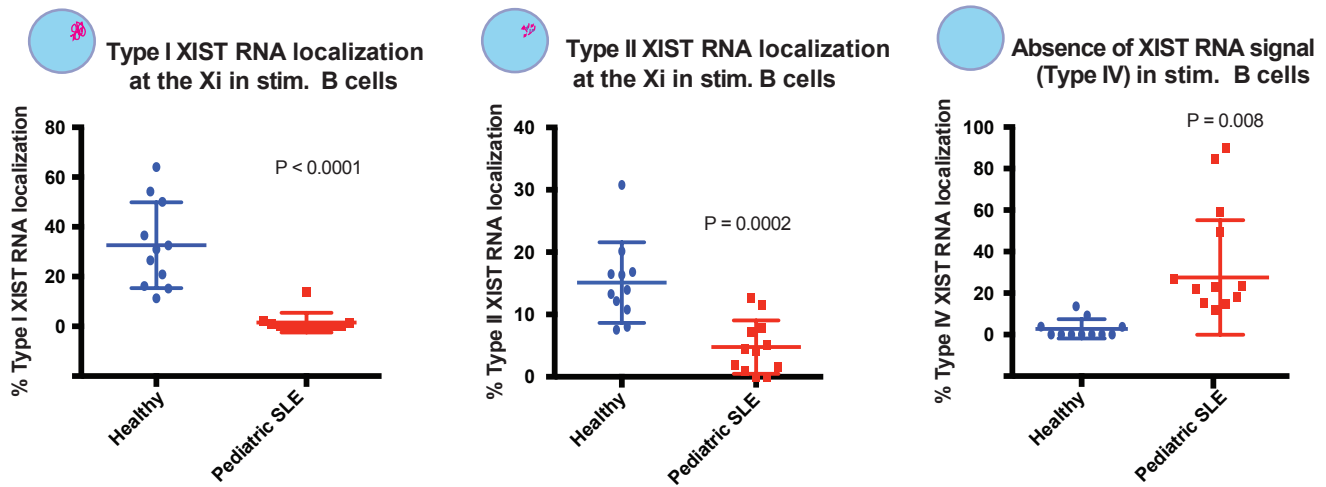


Figure 4

A



B



C

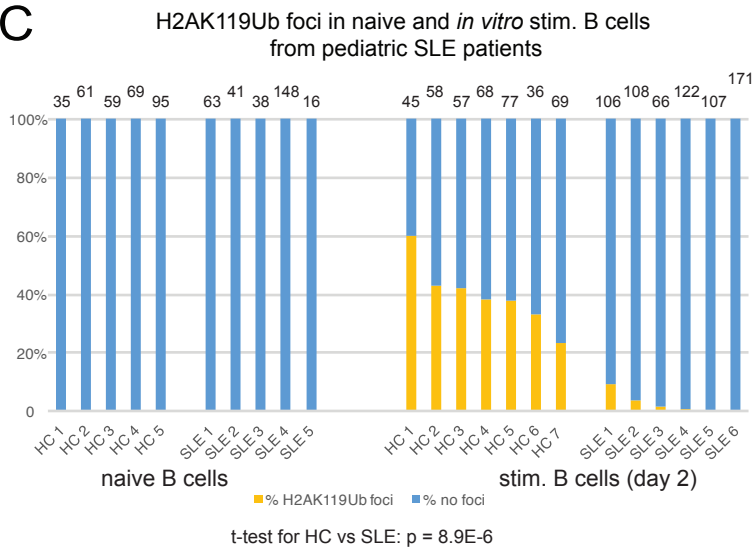
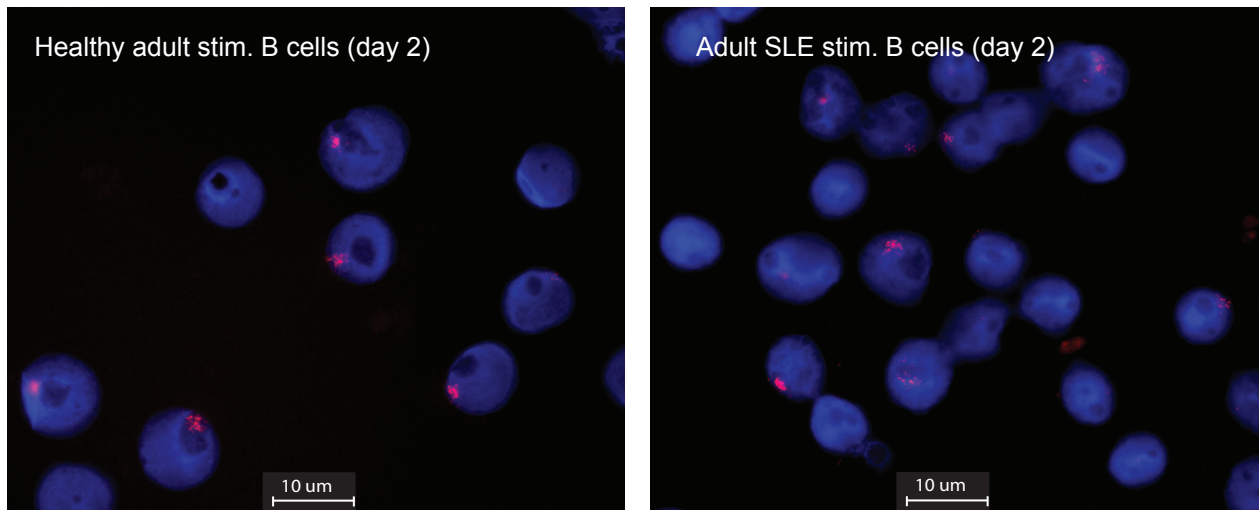
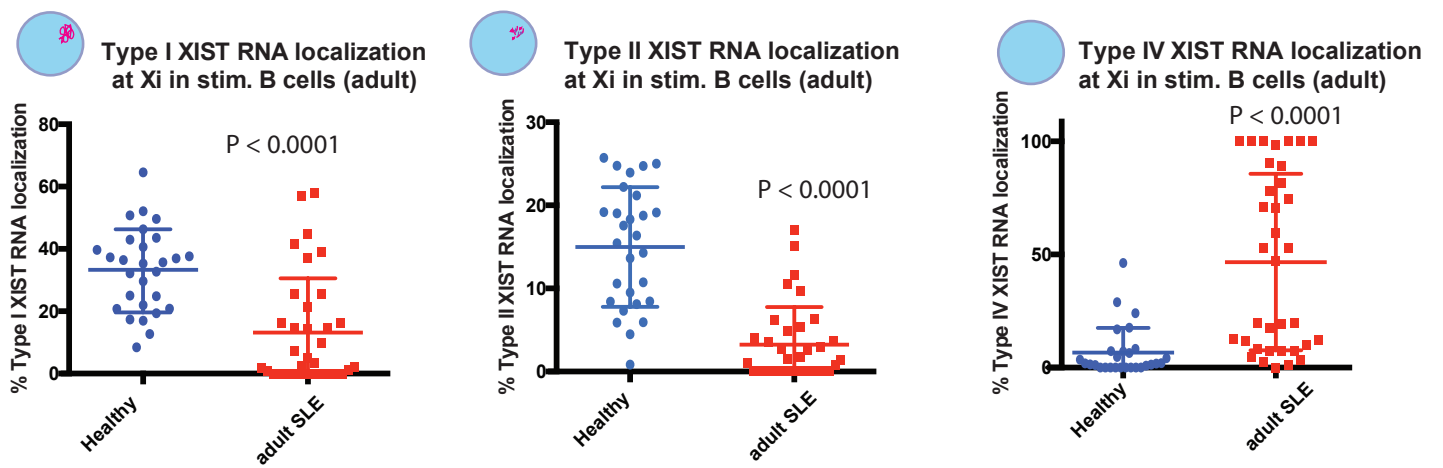


Figure 5

A



B



C

Co-localization of XIST RNA and H2AK119Ub foci in adult SLE patients (*in vitro* stim. B cells)

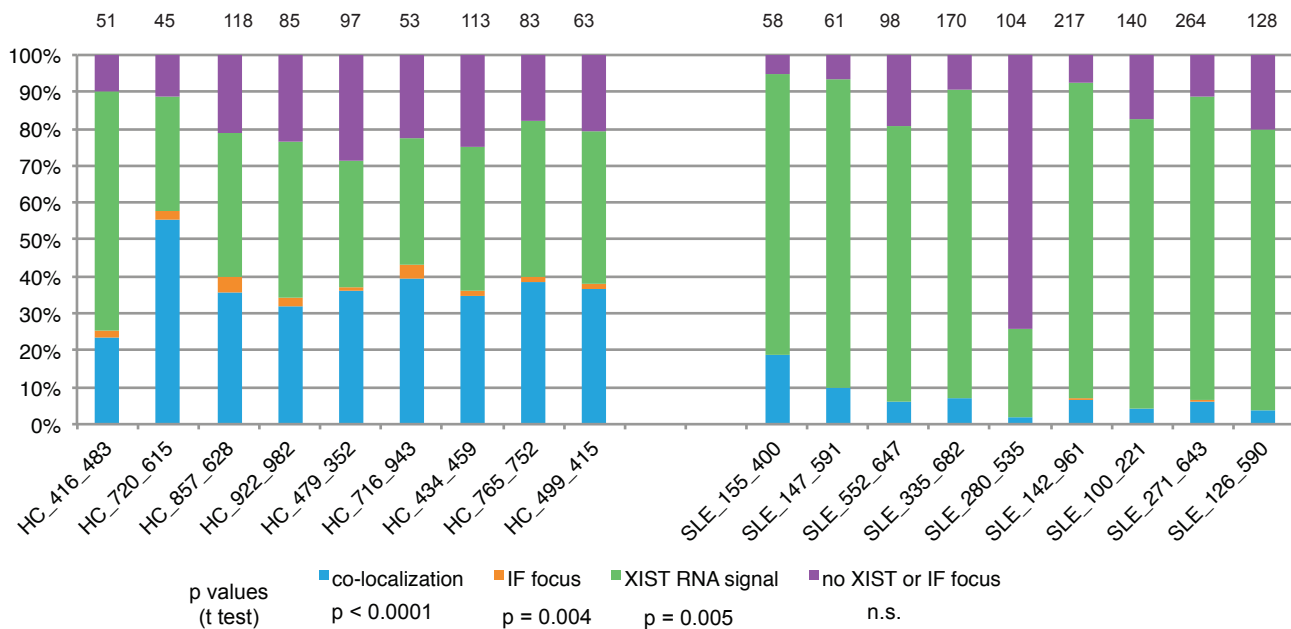


Figure 6

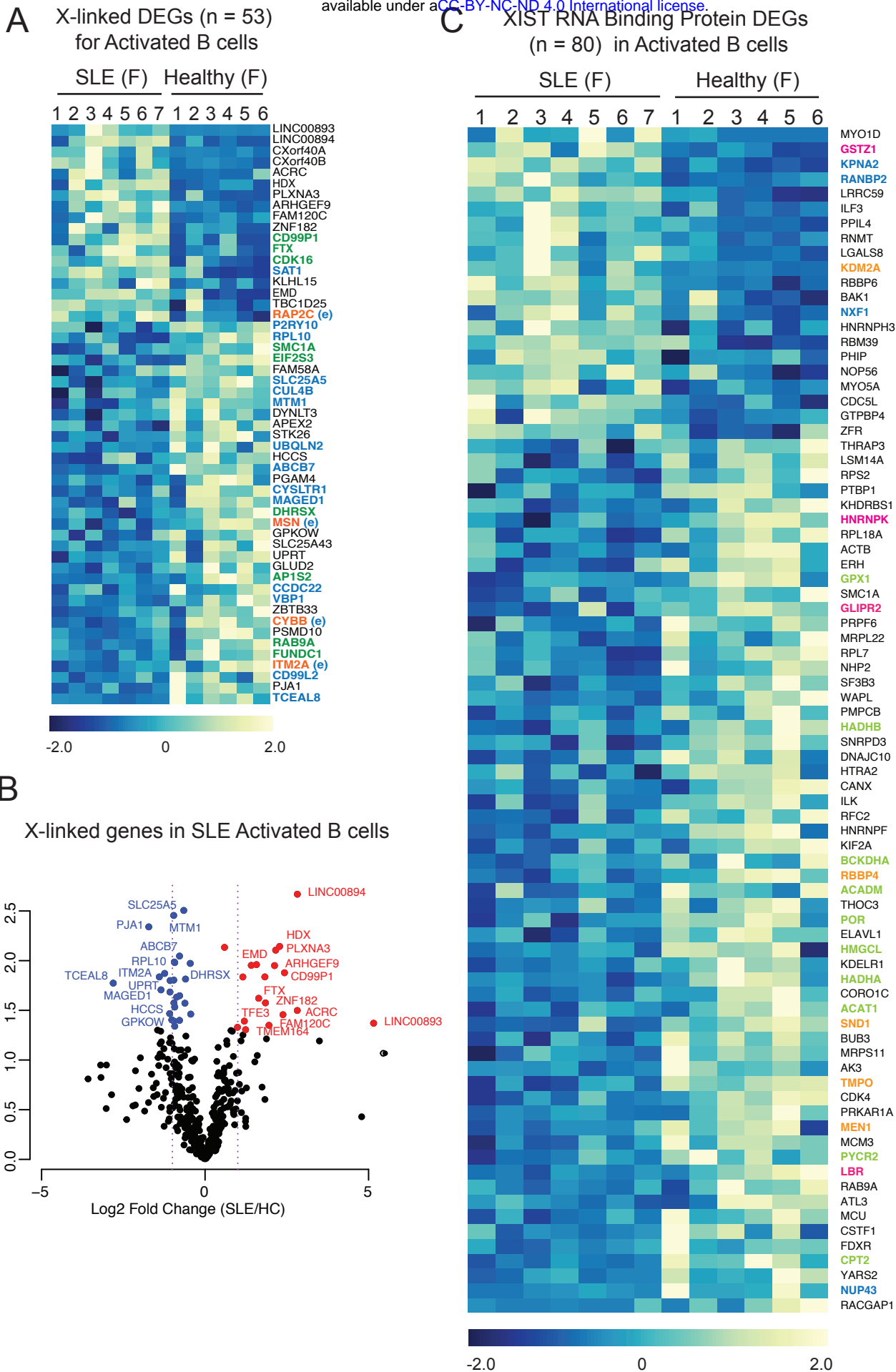


Figure 7