

Cytoplasmic physical state governs the influence of oxygen on *Pinus densiflora* seed ageing

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1 **Highlight:** lipid peroxidation occurred during seed ageing in the glassy state and, like viability loss,
2 could be prevented by hypoxia. Seeds with fluid cytoplasm aged faster and irrespective of oxygen
3 availability.

4 **Abstract**

5 During desiccation, the cytoplasm of orthodox seeds solidifies in a glass with highly restricted diffusion
6 and molecular mobility, which extend longevity. Temperature and moisture determine seed cellular
7 physical state, and oxygen can promote deteriorative reactions of seed ageing. However, whether seed
8 physical state affects O₂-mediated biochemical reactions during ageing remains unknown. Here, we
9 answered this question using oil-rich *Pinus densiflora* seeds aged by controlled deterioration (CD) at
10 45 °C and distinct relative humidities (RHs), resulting in a glassy (9 and 33% RH) or fluid (64 and 85%
11 RH) cytoplasm. Regardless of CD regimes, the cellular lipid domain remained always fluid. Hypoxia
12 (0.4% O₂) prevented seed deterioration only in the glassy state, limiting non-enzymatic lipid
13 peroxidation, consumption of antioxidants (glutathione, tocopherols) and unsaturated fatty acids,
14 accompanied by decreased lipid melt enthalpy and lower concentrations of aldehydes and reactive
15 electrophile species (RES). In contrast, a fluid cytoplasm promoted faster seed deterioration and
16 enabled the resumption of enzymatic activities implicated in glutathione metabolism and RES
17 detoxification, regardless of O₂ availability. Furthermore, seeds stored under dry/cold seed bank
18 conditions showed biochemical profiles similar to those of CD-aged seeds with glassy cytoplasm under
19 normoxia. These findings are discussed in the context of germplasm management.

20 **Keywords (6-10):** ageing, antioxidants, controlled deterioration, differential scanning calorimetry,
21 dynamic mechanical analysis, glass transition, lipid peroxidation, molecular mobility, oxygen,
22 polyunsaturated fatty acids.

23 **Abbreviations**

24 AsA, ascorbic acid; BET, Brunauer-Emmet-Teller; CD, controlled deterioration; Cys, cysteine; Cys-Gly,
25 cysteinyl-glycine; ΔH , enthalpy; DMA, dynamic mechanical analyses; DNPH, 2,4-
26 dinitrophenylhydrazine; DSC, differential scanning calorimetry; DTT, dithiothreitol; DW, dry weight; EC,
27 electrical conductivity; $E_{GSSG/2GSH}$, half-cell reduction potential of the glutathione/glutathione
28 disulphide redox couple; E_{hc} , half-cell reduction potential; E^0_{pH} , standard half-cell reduction potential
29 at a defined pH; FA, fatty acid; FAME, fatty acid methyl ester; FW, fresh weight; γ -Glu-Cys, γ -glutamyl-
30 cysteine; GC-MS, gas chromatography coupled to mass spectrometry; GSH, glutathione; GSSG,
31 glutathione disulphide; GST, glutathione-S-transferase; HPLC, high-performance liquid
32 chromatography; LMW, low-molecular-weight; P50, time to decrease seed viability by 50%; PUFA,
33 polyunsaturated fatty acid; RES, reactive electrophile species; RH, relative humidity; ROS, reactive
34 oxygen species; RT, room temperature; T_{25} , time to reach 25% germination; TAG, triacylglycerols; TD-
35 NMR, time-domain nuclear magnetic resonance; Tg, glass transition temperature; uHPLC-MS/MS,
36 ultra-high performance liquid chromatography tandem mass spectrometry; UPW, ultrapure water;
37 WC, water content.

38 Introduction

39 The preservation of seed viability and quality during storage is at the basis of plant propagation
40 and of primary interest for seed banks in agriculture, forestry, and biodiversity conservation (Colville
41 and Pritchard, 2019; Li and Pritchard, 2009; Whitehouse *et al.*, 2020). The extended longevity of
42 desiccation tolerant (i.e. orthodox) seeds under dry and cold conditions critically depends on their
43 ability to tolerate both desiccation to water contents (WCs) lower than 0.1- 0.07 g H₂O g⁻¹ dry weight
44 (DW) and sub-zero temperatures (Walters, 2015). At the low WC and temperature of conventional
45 storage in seed banks, the cytoplasm of seeds is stabilised by formation of an intracellular glass
46 (referred to as "glassy state"), resulting from the non-crystalline solidification of the cytoplasmic matrix
47 and the entrapment of all cellular organelles within (Ballesteros *et al.*, 2020). The glassy cytoplasm
48 restricts molecular diffusion, decelerating the rates of biochemical reactions implicated in seed
49 deterioration, thus extending longevity (Sun, 1997; Murthy *et al.*, 2003; Buitink and Leprince, 2008;
50 Ballesteros and Walters, 2011; Fernández-Marín *et al.*, 2013; Walters *et al.*, 2005a).

51 In addition to the well-studied influence of WC and storage temperature [e.g. viability equations;
52 (Ellis and Roberts, 1980)], seed longevity is also affected by the gaseous environment during storage.
53 Early reports describe the advantage of hermetical storage to seed longevity (Harrison and McLeish,
54 1954; Roberts, 1961), and more recent studies show that elevated O₂ partial pressure shortens seed
55 longevity (Groot *et al.*, 2012; Groot *et al.*, 2015; Hourston *et al.*, 2020). There is consensus that
56 oxidative reactions, which cause the accumulation of macromolecular damage, occupy a primary
57 position in seed ageing and death (McDonald, 1999; Bailly, 2004; Kranner *et al.*, 2006; Rajjou and
58 Debeaujon, 2008; Kranner *et al.*, 2010; Walters *et al.*, 2010; Kumar *et al.*, 2015; Bailly, 2019). In the
59 glassy state, limited molecular motion (Ballesteros and Walters, 2011, 2019) is still compatible with
60 the production of reactive oxygen species (ROS) and the consumption of antioxidants, which influence
61 seed redox state (Oracz *et al.*, 2009; Bahin *et al.*, 2011; Bazin *et al.*, 2011; Nagel *et al.*, 2015);.

62 Under the restricted molecular mobility and diffusion within the glass, ROS-processing
63 enzymes cannot access their substrates in the aqueous domain. Hence, low-molecular-weight (LMW)
64 antioxidants offer the only protection from oxidative damage and include tocopherols in the seed
65 cytoplasmic lipid domain (e.g. membranes and oil bodies), and glutathione (γ -L-glutamyl-L-cysteinyl-
66 glycine, GSH) and ascorbate (L-threo-hexenon-1,4-lacton or vitamin C, AsA) in the cytoplasmic aqueous
67 domain (Kranner *et al.*, 2010). Tocopherols are amphipathic compounds of the vitamin E family
68 (i.e. tocopherols, tocotrienols, and tocotrienols), which scavenge peroxy (i.e. lipid) radicals and
69 thus block the propagation phase of lipid peroxidation (Munné-Bosch and Alegre, 2002; Menè-Saffranè
70 *et al.*, 2010). Typically, α - and γ -tocopherols are abundant in seeds, particularly in those rich in oil
71 storage reserves (Smirnoff, 2010; Fernández-Marín *et al.*, 2017). Dry seeds mainly contain the
72 tripeptide and LMW thiol GSH, and only traces, if any, of AsA (Colville and Kranner, 2010; Gerna *et al.*,

73 2017; Gerna *et al.*, 2018). Both GSH and AsA donate an electron to ROS radicals, subsequently
74 converting to glutathione disulphide (GSSG) and dehydroascorbic acid, respectively (Tommasi *et al.*,
75 2001; Kranner *et al.*, 2006). In addition, these two water-soluble antioxidants may also help protect
76 the lipid phase by regenerating tocopherols from tocopheryl radicals, formed by the scavenging of
77 peroxy radicals produced during lipid peroxidation (Smirnoff and Wheeler, 2000; Munné-Bosch and
78 Alegre, 2002; Colville and Kranner, 2010). A broad range of bioactive molecules is released from lipid
79 peroxides, depending on the type of fatty acid (FA) and how the peroxide decays. The presence of a
80 carbonyl group confers electrophilicity, which is enhanced when the carbonyl is conjugated to an
81 alkene (forming an α,β -unsaturated carbonyl), as found in the so-called reactive electrophile species
82 (RES) (Farmer and Davoine, 2007; Mano *et al.*, 2019). Due to its nucleophilic nature, GSH conjugates
83 with RES through reactions catalysed by various glutathione-S-transferases (GSTs, EC 2.5.1.18)
84 enabling detoxification (Roach *et al.*, 2018b; Mano *et al.*, 2019). Less reactive aldehydes are converted
85 to carboxylic acids by aldehyde dehydrogenases, using NAD(P)⁺ as a cofactor (Mano, 2012).
86 Importantly, GSH is a major cellular redox buffer in dry seeds, and changes in GSH and GSSG
87 concentrations shift the glutathione half-cell reduction potential ($E_{\text{GSSG}/2\text{GSH}}$, i.e. the glutathione redox
88 state) towards more negative (i.e. more oxidising) values (Schafer and Buettner, 2001; Kranner *et al.*,
89 2006). An oxidative shift in $E_{\text{GSSG}/2\text{GSH}}$ has been correlated with seed viability, regardless of ageing
90 regimes (Kranner *et al.*, 2006; Birtić *et al.*, 2011; Chen *et al.*, 2013; Nagel *et al.*, 2015; Roach *et al.*,
91 2018a). Nonetheless, the combined effects of changes in molecular mobility and O₂ availability on GSH
92 metabolism during seed storage, and the potential repercussion on to biochemical changes in the lipid
93 domain, are not clear.

94 Most studies on the biochemical reactions implicated in seed ageing have been conducted using
95 protocols of controlled deterioration (CD), consisting in seed exposure to high temperature (e.g. 35-45
96 °C) and elevated relative humidity (RH, e.g. 60-70%), ensuring fast declines of viability (Powell and
97 Matthews, 1981; Hay *et al.*, 2008). However, accelerating seed ageing using humid/warm conditions
98 typical of CD does not always lead to the same biochemical changes that occur in dry/cold storage
99 conditions of seed banks (Nagel *et al.*, 2015; Roach *et al.*, 2018a; Nagel *et al.*, 2019). For example,
100 viewed via a lack of changes in FA composition and tocopherol concentrations, the lipid phase
101 remains relatively stable during CD, even in some cases until viability loss under elevated O₂
102 concentrations (Lehner *et al.*, 2008; Morscher *et al.*, 2015; Roach *et al.*, 2018a; Schausberger *et al.*,
103 2019), whereas tocopherol consumption may occur during cold storage of oily and non-oily seeds
104 (Seal *et al.*, 2010a; Seal *et al.*, 2010b; Roach *et al.*, 2018a). The physical properties affecting molecular
105 mobility under these fast (i.e. CD) and slow (i.e. seed bank) ageing regimes can account for different
106 biochemical responses. During dry and cold storage, the conditions fall below the glass transition
107 temperature (T_g), and the seed cytoplasm is in a solid/glassy state (henceforth referred to as glassy).

108 In contrast, elevated RH combined with high temperatures are typically used during CD and lead to
109 fluidisation of the cytoplasm, which enters a liquid/rubbery state (hereafter referred to as fluid)
110 (Walters, 1998; Walters *et al.*, 2010; Ballesteros and Walters, 2011).

111 In this paper, we provide a deeper insight into the role of O₂ in seed ageing in both the glassy
112 and fluid state. We tested the hypothesis that O₂ is detrimental to seed longevity, via promoting lipid
113 peroxidation, only when seeds are in a glassy state with restricted enzyme activity and limited
114 protection against oxidative damage. We chose *Pinus densiflora* (Japanese red pine), a widespread
115 species with oily seed storage reserves, inhabiting coniferous forests in central Asia and of interest for
116 reforestation (Washitani and Saeki, 1986; Hu *et al.*, 2020). We treated seeds with CD under normoxia
117 (nominal 21% O₂) and hypoxia (nominal < 1% O₂) at various RHs to achieve contrasting intracellular
118 physical properties. These were determined by dynamic mechanical analysis (DMA) and differential
119 scanning calorimetry (DSC), which revealed transitions in the visco-elastics and melting properties of
120 both the aqueous and lipid domains of the cytoplasm (Walters *et al.*, 2010; Ballesteros and Walters,
121 2011, 2019; Porteous *et al.*, 2019). Sorption isotherms were constructed and assessed to calculate
122 values of the Brunauer-Emmet-Teller (BET) monolayer, which describes the chemical affinity of a
123 material for water and is expressed as the WC at which all water-binding sites at the adsorbent surface
124 are filled with water molecules. The removal of water from the BET monolayer has been proposed to
125 promote deterioration by exposing macromolecules to O₂ (Labuza, 1980; Buitink *et al.*, 1998;
126 Ballesteros and Walters, 2007b; Barden and Decker, 2016), and here we studied if removing the BET
127 monolayer affected biochemical changes accompanying seed deterioration. To characterise the
128 influence of O₂ on seed redox biochemistry during ageing, we assessed GSH, GSSG, and tocochromanol
129 concentrations using high-performance liquid chromatography (HPLC), FA profiles with gas-
130 chromatography coupled to mass-spectrometry (GC-MS), RES and other aldehydes with ultra HPLC-
131 MS/MS. Furthermore, to clarify whether O₂-dependent CD-induced processes are representative of
132 long-term cold storage in the glassy state, seeds stored for 20 years under seed bank conditions were
133 also analysed.

134 **Material and methods**

135 **Seed material and storage conditions**

136 All experiments were conducted using *Pinus densiflora* Sieb. et Zucc. (also known as Japanese
137 red pine) seeds obtained from the National Baekdudaegan Arboretum (Seobyeok-ri, Chungyang-
138 myeon, Bonghwa-gun, South Korea). In autumn 2015, seeds were harvested from individual trees in
139 the Gwangneung forest and randomly pooled together. Thereafter, seeds were equilibrated at 30 ±
140 1.5% RH for about seven weeks and kept until 2019 at -20 ± 2 °C and 56 ± 7% RH, measured with data-

141 loggers (EasyLog, Lascar Electronics Ltd, Whiteparish, UK), in vacuum-sealed laminated
142 polyamide/polyethylene bags. These seeds were used as "control" and had a WC of 0.04 g H₂O g⁻¹ DW
143 before equilibrating to the WCs used during the various CD regimes. In addition, a historic collection
144 of seeds, harvested in 1999 from the same location as 2015 with a total germination of 91% in 1999
145 and kept inside laminated plastic bags at 4 °C and 0.06 g H₂O g⁻¹ DW for 15 years (hereafter referred
146 to as "seed bank" seeds), was available and was included in the study. In 2015, these seed bank seeds
147 were transferred to -20 °C until analyses in 2019.

148 **CD and germination**

149 Approximately 4.5 g of seeds were collected in Manila hemp-cellulose bags (Jeden Tag, Zentrale
150 Handelgesellschaft GmbH, Offenburg, Germany) and sealed in 1-L glass jars containing 50 mL of LiCl
151 solutions at 8.6 ± 0.4, 32.9 ± 1.0, 63.9 ± 1.6, and 84.9 ± 1.7% RH and data loggers (EasyLog, Lascar
152 Electronics Ltd, Whiteparish, UK) to monitor temperature and RH during storage. For each replicate,
153 the bags containing seeds were placed in separate jars and incubated at room temperature (RT) in the
154 dark for pre-equilibration to the various RH (Supplementary Table S1 at *JXB* online). During the pre-
155 equilibration period, sample fresh weights (FWs) were recorded daily and, once they had stabilised
156 over two consecutive days, the jars were flushed with N₂ to establish hypoxia. This was defined *a priori*
157 as O₂ concentrations < 1% inside the jars, detected with oxygen sensor spots (PSt3) inside the glass jars
158 in conjunction with a fibre optic O₂ meter (Fibox 3, PreSens Precision Sensing GmbH, Regensburg,
159 Germany). Subsequently, seeds were further equilibrated at RT in the dark for two days, before starting
160 CD at 44.5 ± 0.4 °C under normoxia (19.6 ± 1.5% O₂) and hypoxia (0.4 ± 0.5% O₂). At regular intervals
161 during CD, O₂ concentrations of all replicates were monitored, while keeping jars at 44.5 ± 0.4 °C.
162 Details on the CD regimes, including duration of individual treatments, average temperature, RH, and
163 O₂ concentration, and seed WC values are summarised in Supplementary Table S1.

164 The design of CD experiments aimed at elucidating the effects of O₂ depletion on viability,
165 biophysical, and biochemical changes between seeds aged for the same duration at the same
166 temperature and RH, targeting a 50% viability loss (P50) under normoxia only. This approach allowed
167 comparisons between seeds subjected to CD with the same physical state but under normoxia or
168 hypoxia. Pilot CD experiments were conducted at about 30, 60, 80, and 100% RH and 45 °C under
169 normoxia to define the duration of CD intervals to reach P50. At least three intervals for each RH were
170 used to estimate the P50 values of seeds aged at all pre-tested RHs via probit analysis (Ellis and Roberts,
171 1980). At 9% RH, P50 was predicted by plotting the experimental P50 values at 30, 60, 80, and 100%
172 RH against their corresponding WCs (Supplementary Fig. S2). Based on the CD pilot studies, seed
173 viability was assessed by scoring total germination after different CD intervals, depending on RH
174 (Supplementary Table S1). Fifty seeds per replicate were sown in Petri dishes containing three layers

175 of filter paper (Whatman grade 1, GE healthcare, Little Chalfont, United Kingdom) and imbibed with 4
176 mL of ultrapure water (UPW), prior to germination at 20 °C with a 14 h day ($47 \pm 3 \mu\text{mol m}^{-2} \text{s}^{-1}$) : 10 h
177 night photoperiod. A seed was considered germinated when radicle length exceeded seed length.
178 Scoring total germination ceased when microbial contamination led to first signs of seed
179 decomposition, generally two weeks after the last seed had germinated. The effects of CD under
180 normoxia and hypoxia on germination speed, a proxy for seed vigour, were estimated by calculating
181 the time to reach 25% germination (T_{25}) according to the following equation adapted from (Farooq *et*
182 *al.*, 2005):

$$(1) \quad T_{25} = t_i + \frac{\left(\frac{N}{4} - n_i\right) (t_j - t_i)}{(n_j - n_i)}$$

184 where N is the total number of seeds per replicate, n_j and n_i the cumulative numbers of seeds
185 germinated between consecutive scorings at time t_j and t_i , when $n_i < N/4 < n_j$.

186 **Biophysical analyses**

187 ***Dynamic Mechanical Analysis***

188 DMA was conducted to measure structural relaxations and determine the T_g of *P. densiflora*
189 seeds based on the visco-elastic properties of their cytoplasm (Ballesteros and Walters, 2011, 2019).
190 DMA and not DSC was selected due to higher sensitivity to detect the T_g of dry seeds (Ballesteros and
191 Walters, 2011, 2019). Prior to DMA, seed aliquots from the various CD regimes were all re-equilibrated
192 to the same WC (about $0.04 \text{ g H}_2\text{O g}^{-1} \text{ DW}$).

193 After removing the seed coat with a scalpel, the visco-elastic properties of the endosperm of
194 seeds equilibrated at defined RHs were determined with a DMA-1 analyser (Mettler Toledo GmbH,
195 Greifensee, Switzerland) over temperatures ranging from -120 to +90 °C. The chosen seed WCs were
196 in equilibrium with the RHs used for CD and extended from 9 to 85% RH. The DMA tests were
197 conducted in compression mode, using spacers to allow clamping of individual seeds in a 1-mm gap.
198 DMA scans of individual seeds were acquired on at least two different seeds for each WC. Static and
199 dynamic forces were set at 200 and 165 mN, respectively, and delivered at a frequency of 1 Hz
200 (Ballesteros and Walters, 2011, 2019). Prior to analyses, samples were cooled from RT to -120 °C in
201 about 10 min using a stream of liquid nitrogen. Thereafter, samples were held isothermally at -120 °C
202 for 1 min and heated to 90 °C at a rate of 3 °C min^{-1} . Storage modulus, loss modulus, and $\tan \delta$ (i.e. loss
203 modulus/storage modulus) were calculated from the heating scans using the software Stare v12.0
204 (Mettler Toledo, Greifensee, Switzerland), and only $\tan \delta$ curves were used to measure the different

205 structural relaxations. Large steps or first order peaks of $\tan \delta$ are related to structural relaxations and
206 phase changes in the seed cytoplasm, which can indicate either the transition from solid to fluid of
207 amorphous solids or the melting of lipid and water crystals (Ballesteros and Walters, 2011). Peaks of
208 $\tan \delta$ are conventionally labelled with Greek letters (α , β , γ , etc.) from the highest to the lowest
209 temperature, and α relaxations typically correspond to the largest signal in DMA scans (Ballesteros and
210 Walters, 2011). The T_g was determined from the α relaxation peaks, as previously characterised in
211 other seeds and fern spores (Ballesteros and Walters, 2011, 2019; López-Pozo *et al.*, 2019).

212 **Differential Scanning Calorimetry**

213 The melting transitions of seed storage lipids (i.e. triacylglycerol [TAG]) were detected and
214 characterised using DSC analyses (Vertucci, 1992; Crane *et al.*, 2003; Walters *et al.*, 2005b), enabling
215 an extensive comparison of the physical and structural status of *P. densiflora* seeds after CD at different
216 RHs under normoxia and hypoxia. As for DMA, aliquots of seeds subjected to the different CD regimes
217 were equilibrated at the same WC of 0.04 g H₂O g⁻¹ DW. After removing the seed coat and excising
218 embryonic axes, melting transitions were determined on both embryonic axes and endosperm using a
219 differential scanning calorimeter DSC-1 (Mettler-Toledo, Greifensee, Switzerland), calibrated for
220 temperature (156.6 °C) and energy (28.54 J g⁻¹) with indium standards. Samples were cooled from 25
221 to -150 °C at a rate of 10 °C min⁻¹, held isothermally for 1 min, before heating from -150 to 90 °C at a
222 rate of 10 °C min⁻¹. TAG melting transitions were detected as first order transitions (i.e. peaks) from
223 seed heating thermograms (Vertucci, 1992; Crane *et al.*, 2003; Walters *et al.*, 2005b; Ballesteros and
224 Walters, 2007b). The onset temperature of the TAG melting transitions was calculated from the
225 intersection between the baseline and a line drawn from the steepest portion of the transition peak.
226 Multiple peaks were detected for the TAG melting transitions and represented diverse TAGs or diverse
227 crystalline structures of the same TAG, depending on their melting temperature (Crane *et al.*, 2003;
228 Walters *et al.*, 2005b; Ballesteros and Walters, 2007b). The enthalpy (ΔH) of the total TAG melting
229 transition was obtained from the area encompassed by all lipid peaks (i.e. L1 and L2) and the baseline
230 (Ballesteros and Walters, 2007b). All analyses were performed using Mettler-Toledo Stare software
231 version 12.0 (Mettler-Toledo, Greifensee, Switzerland). Scans were initially acquired using separated
232 embryos and endosperm, indicating that the melting of TAGs was equivalent in both seed structures
233 (data not shown). However, all results from the DSC analyses presented in this paper refer to seed
234 endosperm only, because six to ten embryonic axes per replicate were required to obtain sufficient
235 signal in the DSC scans, compared to the endosperm of individual seeds. Enthalpies of exothermic and
236 endothermic events were expressed on a DW basis, after drying seed endosperms to 0.04-0.05 g H₂O
237 g⁻¹ DW in chambers set at RT and various RHs as described in (Ballesteros and Walters, 2007b). For
238 each CD regime, DSC scans were acquired on at least four seed endosperms, used as replicates.

239 **Water sorption isotherms**

240 Water sorption isotherms were constructed at 45 °C (i.e. the temperature used for the CD
241 regimes under normoxia and hypoxia) for RHs ranging between 0.5 and 75%. WC-RH data for RH ≤ 40%
242 were fit to the BET model to calculate parameters related to surface area and chemical affinity for
243 water or frozen-in structure of glasses, as described earlier for seeds and fern spores (Ballesteros and
244 Walters, 2007b, 2011, 2019). After recording the FWs, seeds were dried at 103 °C for 16 h to obtain
245 the DWs. Seed WCs were calculated as the difference between FW and DW and expressed as g H₂O g⁻¹
246 DW. For each RH, the WCs of five individual seeds were determined between 7 and 30 d after
247 incubation in RH chambers (i.e. the period during which WC reached a steady-state) and averaged.

248 **Biochemical analyses**

249 After CD, pools of 40 seeds for each CD regime and replicate, including control seeds from 2015
250 and seed bank seeds, were immediately frozen in liquid nitrogen and lyophilised for 5 d. Seed WC was
251 expressed as g H₂O g⁻¹ DW after recording FW (i.e. before lyophilisation) and DW (i.e. after
252 lyophilisation) with an XS105 analytical balance (Mettler Toledo GmbH, Columbus, OH, USA). Material
253 for analyses was obtained from seeds pre-cooled for 15 min in 5-mL Teflon capsules (Sartorius GmbH,
254 Göttingen, Germany), containing a 10 mm-diameter agate bead, and ground to a fine powder using a
255 Mikro-Dismembrator S (B. Braun, Biotech International, Melsungen, Germany) at 3,000 rpm for 30 s.
256 Until analysis, ground samples were stored at -80 °C in a hermetically sealed plastic container with
257 silica gel. All biochemical analyses were conducted using ground seed powder and all chemicals listed
258 hereafter were of analytical grade and purchased from Sigma-Aldrich (St. Louis, MO, USA), unless
259 otherwise specified. All solutions were prepared in UPW.

260 **HPLC analysis of low-molecular-weight thiol-disulphide redox couples**

261 For each replicate ($n = 4$), 50.0 ± 0.6 mg of seed powder was combined with 24.9 ± 0.8 mg of
262 polyvinylpyrrolidone, and thiols and disulphides were extracted in 1 mL of ice-cold 0.1 M HCl using
263 a Tissue-Lyser (Qiagen, Hilden, Germany) and two 3-mm glass beads (30 Hz, 4 min). After a first
264 centrifugation step (28,000 g, 20 min, 4 °C), 700 µL of the supernatants was promptly transferred to a
265 new Eppendorf tube and further centrifuged (28,000 g, 20 min, 4 °C), according to (Schausberger *et*
266 *al.*, 2019). Thereafter, extracts were divided into two separate aliquots: 120 µL for the quantification
267 of both LMW thiols and disulphides (aliquot A), and 400 µL for the quantification of disulphides only
268 (aliquot B). Briefly, after verifying that the pH of extracts lay between 8.00 and 8.30, dithiothreitol
269 (DTT) was used to reduce disulphides in aliquot A. To determine disulphides only, thiols of aliquot B
270 were first blocked with *N*-ethylmaleimide before reduction by DTT. In both aliquots, thiols were
271 derivatised with monobromobimane for detection by fluorescence (excitation: 380 nm; emission: 480

272 nm) after separation of cysteine (Cys), γ -glutamyl-cysteine (γ -Glu-Cys), cysteinyl-glycine (Cys-Gly), and
273 GSH, using a reserved phase HPLC 1100 system (Agilent Technologies, Inc., Santa Clara, CA, USA) with
274 a ChromBudget 120-5-C18 column (250 x 4.6 mm, 5.0 μ m particle size, Bischoff GmbH, Leonberg,
275 Germany). The concentrations of LMW thiols and corresponding disulphides were calculated using
276 external standards and by subtracting the concentration of disulphides (in thiol equivalents) from the
277 concentration of thiols and disulphides, as described earlier (Bailly and Kranner, 2011).

278 **Calculation of $E_{\text{GSSG}/2\text{GSH}}$**

279 The glutathione half-cell reduction potential ($E_{\text{GSSG}/2\text{GSH}}$) was calculated from the molar
280 concentrations of GSH and GSSG, estimated using seed WCs (expressed as g H₂O g⁻¹ seed DW),
281 according to the Nernst equation (equation 2):

$$(2) \quad E_{\text{GSSG}/2\text{GSH}} = E^0_{\text{pH}} - \frac{RT}{nF} \ln \frac{[\text{GSH}]^2}{[\text{GSSG}]}$$

282

283 where R is the gas constant (8.314 J K⁻¹ mol⁻¹); T , temperature in K; n , number of transferred electrons
284 (2 GSH \rightarrow GSSG + 2 H⁺ + 2 e⁻); F , Faraday constant (9.649 x 10⁴ C mol⁻¹); E^0_{pH} , standard half-cell reduction
285 potential (E^0) of a thiol-disulphide redox couple at a defined pH (Schafer and Buettner, 2001; Kranner
286 *et al.*, 2006).

287 In thiol-disulphide redox couples, the concentration of hydrogen ions affects the half-cell
288 reduction potential (E_{hc}) (Wardman, 1989), therefore the cytoplasmic pH of control, CD-aged, and seed
289 bank seeds was estimated as previously reported by (Nagel *et al.*, 2019) with minor modifications. For
290 each treatment, four replicates of 50.23 \pm 0.52 mg of ground seed powder were suspended in 1.2 mL
291 of UPW and shaken at 600 rpm and 100 °C for 10 min. Following centrifugation (15,000 g, 30 min, RT),
292 the supernatants were transferred to fresh Eppendorf tubes and their pH measured using a Multi 3410
293 pH meter with an ADA S7MDS electrode (VWR International, Wien, Austria). To account for
294 acidification due to interfering compounds released from organelles during extraction of seed powder,
295 a correction factor of +0.6, obtained as difference between the cellular physiological pH (7.30) and the
296 highest pH measured in extracts of control seeds (6.70), was applied as detailed by (Nagel *et al.*, 2019).
297 The E^0_{pH} was calculated using the average cytoplasmic pH of each extract according to equation 3:

$$(3) \quad E^0_{\text{pH}} = E^0 + [(pH - 7.0) \times \left(\frac{\Delta E}{\Delta pH}\right)]$$

299 where E^0 is the standard half-cell reduction potential of a thiol-disulphide redox couple at an assumed
300 cellular pH of 7.0 ($E^0_{\text{GSSG}/2\text{GSH}} = -258$ mV), and $\Delta E/\Delta pH$ refers to the change in the E_{hc} in response to a

301 one-unit pH change. This value equals -59.1 mV at 25 °C for all LMW thiols (Schafer and Buettner,
302 2001). To show the effect of CD on $E_{GSSG/2GSH}$ without the influence of different seed WCs, the $E_{GSSG/2GSH}$
303 values of seeds before CD were also estimated at each WC corresponding to the four RHs used for CD.

304 ***HPLC analysis of tocochromanols***

305 Tocochromanols in 50.3 ± 0.4 mg DW of ground seed powder were extracted in 750 μ L of ice-
306 cold heptane, using two 3-mm diameter glass beads (Carl Roth GmbH+Co, Karlsruhe, Germany) and a
307 Tissue-Lyser (Qiagen, Hilden, Germany) at 25 Hz for 2 min. After centrifugation (28,000 g, 40 min, 4
308 °C), tocochromanols in 20 μ L of supernatant were separated by an HPLC 1100 system (Agilent
309 Technologies, Inc., Santa Clara, CA, USA) on a LiChroCART® column (LiChrospher 100 RP-18, 125 x 4
310 mm, 5.0 μ m particle size, Merck KGaA, Darmstadt, Germany), with constant flow rate of 1 mL min⁻¹ of
311 100% solvent A (acetonitrile : methanol = 74:6) from 0 to 4 min, followed by a gradient changing with
312 linearity to 100% solvent B (methanol : hexane = 5:1) between 4 and 9 min and maintained at 100% up
313 to 20 min. Tocochromanols were detected by fluorescence (excitation: 295 nm; emission: 325 nm) and
314 identification and quantification were based on authentic external standards of α and γ -tocopherol.

315 ***uHPLC-MS/MS analysis of aldehydes and RES***

316 LMW carbonyls in 51.58 ± 2.17 mg DW of ground seed powder were extracted in 1 mL of
317 acetonitrile containing 0.5 μ M 2-ethylhexanal (as internal standard) and 0.05% (w/v) butylated
318 hydroxytoluene, by shaking with two 3-mm glass beads for 2 min at 30 Hz with a Tissue-Lyser (Qiagen,
319 Hilden, Germany). After 5 min in an ice-cold ultrasonic bath, extracts were incubated at 60 °C for 30
320 min before centrifugation (21,500 g, 20 min, 4 °C). The supernatant was removed, and 12.5 μ L of 20
321 mM 2,4-dinitrophenylhydrazine (DNPH) dissolved in acetonitrile and 19.4 μ L of formic acid were added
322 to the pellet and incubated at RT for 1 h in the dark. Before injection, samples were diluted 50:50 with
323 UPW. LMW carbonyls were separated using a reversed-phase column (NUCLEODUR C18 Pyramid, EC
324 50/2, 50x2 mm, 1.8 μ m, Macherey-Nagel, Düren, Germany), using an Ekspert ultraLC 100 UHPLC
325 system (AB SCIEX, Framingham, MA, USA) coupled to a QTRAP 4500 MS for quantification of DNPH-
326 derived aldehydes, according to (Roach *et al.*, 2017). Selected carbonyl-DNPH compounds were also
327 quantified using external standards, which were processed and derivatised as for samples and are
328 shown in Supplementary Fig. S4. Peak areas were normalised relative to the internal standard and
329 concentrations were calculated according to calibration curves using the software Analyst and
330 MultiQuant (AB SCIEX, Framingham, MA, USA).

331 ***Seed oil content, electrical conductivity, and GC-MS analysis of fatty acids***

332 *P. densiflora* seeds were non-invasively quantified for their total oil content using time-domain
333 nuclear magnetic resonance (TD-NMR), according to (Castillo-Lorenzo *et al.*, 2019). Three replicates of
334 15 - 20 intact seeds, equilibrated to ~30% RH, were placed in a Bruker mq20 minispec (Bruker,
335 Coventry, UK) with a 0.47 Tesla magnet (20 MHz proton resonance frequency) at 40 °C, using a 10-mm
336 probe assembly (H2O-10-25AVGX4). The method acquired 16 scans with a recycle delay of 2 s.
337 Quantification was achieved by using sunflower oil for calibration, and data were expressed as
338 percentage of oil content (w/w).

339 Electrolyte leakage during imbibition was used as indicator of membrane integrity (Matthews
340 and Powell, 2006). Control, CD-aged, and seed bank seeds were rinsed with UPW for 15 s to remove
341 surface-bound particles, before imbibing in 6 mL of UPW equilibrated at 20 ± 0.5 °C. During sample
342 stirring at this constant temperature, the electrical conductivity (EC) of leachates released from 25
343 seeds was measured with a Cond 330i conductivity meter (WTW Xylem Analytics Germany Sales GmbH
344 & Co. KG, Weilheim, Germany) connected to a TetraCon® 325 measuring cell probe, 4 h after the onset
345 of seed imbibition. The values were normalised to seed DW, after drying samples at 103 °C for 17 h.

346 FAs were quantified after derivatisation to FA methyl esters (FAMES) via GC-MS, as described by
347 (Li-Beisson, 2010). The transesterification reaction was initiated by mixing 10.14 ± 0.40 mg of finely
348 ground and freeze-dried seed powder in 2 mL of a mixture of methanol: toluene: sulphuric acid
349 (10:3:0.25, v:v:v) supplemented with 0.01% (w/v) butylated hydroxytoluene and containing 200 µg of
350 heptadecanoic acid (solved in methanol: toluene, 10:3, v/v) as internal standard. After incubation at
351 80 °C and 600 rpm for 90 min, samples were cooled down to RT, before adding 760 µL of hexane and
352 2.3 mL of 0.9% (w/v) NaCl. Thereafter, samples were vortexed at full speed and centrifuged (3,000 g,
353 10 min, RT). The supernatants were collected in autosampler vials, injected and FAMES separated using
354 a Trace 1300 GC coupled to a TSQ8000 triple quadrupole MS (Thermo-Scientific, Waltham, MA, U.S.A.),
355 equipped with a 30-m Rxi-5Sil MS column including a 10-m integra-guard pre-column (Restek
356 Corporation, Bellefonte, PA, USA). A commercial FAMES mix (Sigma Aldrich ref. 18919, Missouri USA)
357 was used to confirm the identity of the FAMES. Data analysis was performed using the Xcalibur
358 software v. 4.2 (Thermo-Scientific, Waltham, Massachusetts, USA).

359 **Statistics**

360 All data were assessed for significance at $\alpha = 0.05$ using the SPSS Statistics software package v.
361 25 (IBM, New York, NY, USA). CD under normoxia at low RH (i.e. 9 and 33%) resulted in different seed
362 viability compared to hypoxia, thus individual *t*-tests were run to compare control seeds before CD
363 with seeds exposed to each individual CD regime. Additional *t*-tests were run to compare the effects
364 of O₂ on biochemical and biophysical measurements between seeds aged at the same RH. The
365 assumption of normal distribution was verified via Shapiro-Wilk test and analysis of quantile-quantile

366 plots. Total germination (%) and WC (% FW) values were arcsine transformed to simulate normal
367 distribution. The assumption of homoscedasticity of variances was assessed through Levene's test and
368 analysis of the residuals plotted against fitted values. Whenever the latter assumption was not fulfilled,
369 Box-Cox transformations (e.g. log, square root, reciprocal) were applied to the data before analysis. In
370 each dataset, the cut-off value for the Cook's distance was set at $4/n$ (where n was the number of
371 observations in a certain dataset), and all values with a Cook's distance greater than $4/n$ were
372 considered as outliers and disregarded. Provided that the residuals were not normally distributed, bias-
373 corrected accelerated bootstrap analyses were run with a sample size of 10^5 and two different seeds
374 (i.e. 2000 and 200), using a Mersenne Twister random number generator algorithm. The 95%
375 confidence intervals generated by bootstrap analyses showed seed sensitivity at the decimal digit.

376 Results

377 The cytoplasm was glassy at 9% and 33% RH and fluid at 64% and 85% RH, whereas storage 378 lipids always remained fluid during CD at 45 °C.

379 The physical properties of *P. densiflora* seeds at the moisture conditions used in all CD regimes
380 were assessed combining information from DMA, DSC, and water sorption isotherms. In the DMA
381 scans, α relaxations denoted the temperature at which the amorphous solid structure of seed
382 cytoplasm (i.e. the glass) melted into a fluid system, which is indicative of the Tg. Similar to the Tg, α
383 relaxation in non-aged control seeds shifted towards lower temperatures as the seed WC increased
384 (Fig. 1A). Notably, the temperature and size of the α relaxations measured by DMA, or the Tgs detected
385 as second order transitions by DSC, were not significantly affected by the CD regimes (data not shown).
386 The DMA scans also revealed two further structural relaxations below the water freezing point. These
387 structural relaxations were not affected by seed WC and were attributable to melting events of the
388 FAs of seed storage lipids, particularly TAGs. The highest and sharpest peak (named L1 instead of β
389 relaxation to avoid confusion with the β relaxations occurring within the aqueous matrix) appeared
390 between ~ -100 and -80 °C, followed by a second less prominent and broader one (L2), extending from
391 ~ -80 °C to ~ -20 °C (Fig. 1A). The presence of lipid peaks in the endosperm was consistent with a high
392 seed oil content of $29.7 \pm 1.2\%$ (w/w) on a fresh weight (FW) basis, quantified with TD-NMR and also
393 revealed by DSC. Furthermore, DSC analyses targeting the hydrophobic domain of seed endosperm
394 clearly detected melting peaks of storage lipids in the same temperature range of L1 and L2
395 (Supplementary Fig. S1), confirming the lipid nature of these two relaxations.

396 Based on DMA and DSC analyses, in seeds aged at 45 °C the transition from glassy to fluid
397 cytoplasm started at a seed WC of $0.05 \text{ g H}_2\text{O g}^{-1} \text{ DW}$, reaching a peak at $0.06 \text{ g H}_2\text{O g}^{-1} \text{ DW}$, which
398 corresponded to RHs of 42 and 50%, respectively, as per the water sorption isotherms (Fig. 1B).

399 Therefore, the aqueous phase of the cytoplasm of seeds treated at 9 and 33% RH (corresponding to
400 0.027 and 0.042 g H₂O g⁻¹ DW, respectively) was in a glassy state with restricted molecular mobility
401 (Fig. 1B). In contrast, seeds exposed to CD at 64 and 85% RH (corresponding to 0.069 and 0.098 g H₂O
402 g⁻¹ DW, respectively) had WCs above the T_g and were aged with a fluid cytoplasm and higher molecular
403 mobility (Fig. 1B). Water sorption isotherms at 45 °C enabled to calculate the BET monolayer, which
404 corresponded to a seed WC of 0.033 g H₂O g⁻¹ DW or 18% RH (Fig. 1B). Knowledge of the BET monolayer
405 value contributed to further characterise the glassy state, indicating that during CD at 9% RH not all
406 water binding sites of the surface of macromolecules were saturated (i.e. the BET monolayer was not
407 complete, as from the BET adsorption model). However, during CD at 33% RH, all water binding sites
408 of macromolecules became occupied by water molecules, forming a complete BET monolayer.
409 Furthermore, DMA and DSC analyses showed that the seed storage lipids remained fluid during all the
410 diverse CD regimes at 45 °C (Fig. 1B). Finally, the physical properties of non-aged control seeds
411 suggested that seed bank seeds with a WC of 0.06 ± 0.01 g H₂O g⁻¹ DW (determined after lyophilisation)
412 were in the glassy state during storage at 4 and -20 °C. Based on the cooling and heating DSC scans
413 (Supplementary Fig. S1; cooling scans not shown), seed storage lipids seeds were crystallised during
414 storage at -20 °C, fluid during storage at 4 °C, and completely thawed when seeds had germinated at
415 20 °C.

416 **Hypoxia prevented loss of viability only when seeds were aged in the glassy state**

417 In control seeds before CD, total germination was 90%, and seeds required about 12 days to
418 reach the T₂₅, here used as an indicator of germination rate. After CD under normoxia, seed viability
419 was significantly impaired, as indicated by lower total germination, longer T₂₅, and enhanced
420 electrolyte leakage during initial imbibition. The response to O₂ concentrations differed depending on
421 the seed physical state (Fig. 2). Overall, seeds exposed to CD died faster at higher RHs (Fig. 2;
422 Supplementary Figs. S2, S3; Supplementary Table S1). At low RH (i.e. in the glassy state), CD resulted
423 in significantly decreased seed viability more under normoxia than hypoxia. For instance, after 138
424 days of CD at 9% RH, seeds aged under normoxia did not germinate, whereas seeds under hypoxia
425 retained total germination and germination rate (~12 d) comparable to the non-aged control (*P*-value
426 > 0.05; Fig. 2A, B, Supplementary Fig. S2). Similarly, after 70 days of CD at 33% RH, ageing under hypoxia
427 resulted in 2.3-fold higher total germination and faster germination rate compared to normoxia (Fig.
428 2A, B). The deleterious effects of O₂ on the viability of glassy-state seeds were also revealed by
429 significantly increased electrolyte leakage from seeds aged under normoxia, which was about 3- and
430 2-fold higher at 9 and 33% RH, respectively, compared to seeds aged under hypoxia (Fig. 2C). In
431 contrast, during CD seeds with fluid cytoplasm (i.e. at 64 and 85% RH) reached comparable total

432 germination under both normoxia and hypoxia (on average 66%), had similar germination rates (16-17
433 d), and electrolyte leakage did not significantly differ (Fig. 2, Supplementary Fig. S3).

434 Notably, seeds aged at 9% RH under normoxia died faster than predicted using the regression
435 obtained from P50 values at higher RHs (Supplementary Fig. S2; Supplementary Table 1). Finally, long-
436 term cold storage of seed bank seeds resulted in significantly lower total germination (78%, P -value <
437 0.01) compared to initial viability after harvest (91%; data not shown), and the electrolyte leakage from
438 seed bank seeds was about twice than from control seeds (Fig. 2C).

439 **GSH concentrations declined during ageing and independently of O₂ in seeds with a fluid** 440 **cytoplasm**

441 The water-soluble antioxidant GSH was the most abundant LMW thiol (cf. Fig. 3A and
442 Supplementary Fig. S4), and CD led to a conversion of GSH to GSSG (Fig. 3A). In the glassy state (i.e. CD
443 at 9 and 33% RH), normoxia led to a > 50% drop in GSH concentrations, whereas under hypoxia GSH
444 declined by only 12%. This agreed with seeds accumulating 1.3 to 1.5-fold more GSSG under normoxia
445 than hypoxia at 9 and 33% RH, respectively (P -values = 0.004 and 0.001; Fig. 3A). Ageing seeds with
446 fluid cytoplasm (i.e. CD at 64 and 85% RH) led to an 80% drop in GSH concentrations, and at 85% RH
447 under normoxia significantly more GSH was consumed and GSSG accumulated than under hypoxia (P -
448 values < 0.001 and 0.004, respectively; Fig. 3A). Consequently, the oxidative shift in $E_{\text{GSSG}/2\text{GSH}}$ was larger
449 in seeds aged under normoxia than under hypoxia after CD at 9, 33, and 85% RH (Fig. 3B). Of note, GSH
450 decreases prevailed over GSSG accumulation in seeds with fluid cytoplasm during CD, leading to > 40%
451 loss of total glutathione (i.e. GSH + GSSG) when calculated as GSH equivalents (GSSG = 2 GSH). Seed
452 WC was used to estimate the molar concentrations of GSH and GSSG, and GSH is a squared term in the
453 Nernst equation to calculate $E_{\text{GSSG}/2\text{GSH}}$ (equation 2). Therefore, seeds with different WCs, but with the
454 same GSH and GSSG molar concentrations, will have different $E_{\text{GSSG}/2\text{GSH}}$ values on a DW basis (note
455 differences between the open circles in Fig. 3B, indicating respective $E_{\text{GSSG}/2\text{GSH}}$ values of seeds at each
456 WC in equilibrium with chosen RHs before CD). At 9% RH, seed WC was just 0.4% FW, and after CD a
457 net increase in GSH molar concentrations occurred relative to control seeds (WC = 3.9% FW), despite
458 GSH consumption on a DW basis (Fig. 3A). Conversely, at 85% RH a higher seed WC of 7.9% FW diluted
459 GSH, resulting in $E_{\text{GSSG}/2\text{GSH}}$ less negative values (i.e. more oxidising conditions; Fig. 3B). Nonetheless,
460 GSSG accumulation and mainly GSH consumption were major factors contributing to the oxidative shift
461 of $E_{\text{GSSG}/2\text{GSH}}$ in seeds aged with fluid cytoplasm (Fig. 3B). In seed bank seeds, GSH concentrations
462 dropped by 42% in comparison to control seeds, leading to less negative values of $E_{\text{GSSG}/2\text{GSH}}$ (Fig. 3A,
463 B).

464 The Nernst equation to calculate $E_{\text{GSSG}/2\text{GSH}}$ is also dependent on cellular pH values (equation
465 2). All CD treatments, except for 9% RH under hypoxia, resulted in a significant cellular acidification

466 (Fig. 3C), consequently contributing to more oxidising conditions (a difference in pH of 0.1 influences
467 the $E_{GSSG/2GSH}$ by 6 mV). In general, seed cellular acidification reflected the changes in total germination,
468 whereby loss of seed viability was accompanied by lower pH (Figs 1A, 3C). The pH of seeds aged with
469 a glassy cytoplasm decreased only marginally under hypoxia, whereas seeds aged with a fluid
470 cytoplasm showed a slight but significant acidification regardless of O_2 concentrations during CD (Fig.
471 3C). Other LMW thiols included Cys, γ -Glu-Cys, and Cys-Gly. The GSH intermediates total Cys (i.e. Cys
472 + cystine) and total γ -Glu-Cys (i.e. γ -Glu-Cys and bis- γ -glutamyl-cystine) were always more abundant
473 than total Cys-Gly (i.e. Cys-Gly + cystinyl-bis-glycine) (Supplementary Fig. S4). Notably, in the fluid state
474 at 64 and 85% RH, seeds contained on average more total γ -Glu-Cys (2.8-fold) and total Cys (1.9-fold)
475 than the control (Supplementary Fig. S4).

476 **Unsaturated fatty acids depleted in glassy-state seeds aged under normoxia**

477 DSC analyses enabled to quantify the effects of CD on physical changes of seed storage lipids
478 (mainly TAGs). Melting of seed TAGs was detected as first order peaks in the DSC heating scans
479 (Supplementary Fig. S1). In non-aged control seeds two distinct melting peaks occurred at -96 ± 2 °C
480 (L1) and -40 ± 2 °C (L2), with a total ΔH of lipid melt of 17.9 ± 5.8 MJ g^{-1} DW (Fig. 4A). Seeds deteriorated
481 at various RHs under normoxia and hypoxia also displayed lipid melting peaks between -100 and -70
482 °C (L1) and between -50 and -5 °C (L2; Supplementary Fig. S1). The onset and peak temperatures of
483 the melting transitions associated to both lipid peaks were not significantly affected by the CD regimes
484 (Supplementary Fig. S1). However, the ΔH of lipid melt was altered by the CD regimes, and significant
485 changes were detected only in seeds aged under normoxia in the glassy state (Fig. 4A), whereby the
486 total ΔH of lipid melt significantly dropped by 3- and 1.5-fold in seeds aged at 9 and 33% RH,
487 respectively (Fig. 4A), and mostly related to peak L1 (Supplementary Fig. S1).

488 To assess if such alterations of seed storage lipids' physical state were accompanied by chemical
489 changes, the total content of each FA (i.e. constituting membranes and TAG of oil bodies) were
490 measured with GC-MS. The most abundant FAs of *P. densiflora* seeds included linolenic ($C_{18:3}$), palmitic
491 ($C_{16:0}$), linoleic ($C_{18:2}$), oleic ($C_{18:1}$), stearic ($C_{18:0}$), and dihomo- γ -linolenic acid ($C_{20:3}$) (Supplementary Fig.
492 S1). Depletion of FAs with unsaturated carbon bonds, and particularly polyunsaturated fatty acids
493 (PUFAs), occurred in seeds aged under normoxia with a glassy cytoplasm, with hypoxia attenuating
494 these drops (Fig. 4B). In contrast, saturated FAs were much less affected. Notably, no significant
495 changes in any detected FAs occurred in seeds aged with a fluid cytoplasm (Fig. 4B). Seed bank seeds
496 contained less palmitoleic ($C_{16:1}$), oleic ($C_{18:1}$), and linolenic ($C_{18:3}$) acid than control seeds before CD
497 (Fig. 4B).

498 **Glassy-state seeds aged under normoxia underwent tocopherols consumption and**
499 **substantial increases of reactive electrophile species and aldehydes**

500 *P. densiflora* seeds contained about 30-fold more γ -tocopherol than α -tocopherol (Fig. 5). In
501 seeds aged in the glassy state under normoxia, γ -tocopherol concentrations decreased by 8.0 and 2.0-
502 fold at 9 and 33% RH, respectively, and these losses were alleviated under hypoxia. In contrast, γ -
503 tocopherol concentrations did not show pronounced changes after CD in seeds aged with fluid
504 cytoplasm (64 and 85% RH). Additionally, γ -tocopherol concentrations were lower in seed bank seeds
505 compared to control seeds. The much less abundant α -tocopherol was depleted under normoxia at 9%
506 RH, at a seed WC below the BET monolayer value (Fig. 5).

507 Relative to the non-aged control, seeds aged by CD in the glassy state (9 and 33% RH) under
508 normoxia contained more aldehydes, RES, and (di)carboxylic acids (Fig. 6), in agreement with the loss
509 of PUFAs (Fig. 4B). Such increases included > 250-fold more hexanal and azelaic acid, > 50-fold more
510 azelaaldehydic and suberic acids, and > ten-fold more of the RES 4-hydroxynonenal and
511 malondialdehyde. Conversely, seed storage under hypoxia at the same RHs prevented such increments
512 (Fig. 6). Hexanal was by far the most abundant aldehyde detected in aged seeds, either after storage
513 in response to CD or seed bank conditions (Supplementary Fig. S5). Ageing seeds with a fluid cytoplasm
514 resulted in concentrations of acrolein, 4-hydroxyhexenal, trans-2-hexenal, and benzaldehyde falling 2-
515 fold below their concentrations in non-aged control, while the accumulation of aldehydes was modest
516 (Figure 6; Supplementary Fig. S5). Notably, these changes were only loosely coupled to O₂ availability
517 (Fig. 6; Supplementary Fig. S5). Finally, seed bank seeds contained more 4-hydroxynonenal, acrolein,
518 and butyraldehyde than control seeds (Fig. 6; Supplementary Fig. S5).

519 Discussion

520 Oxygen is directly involved in deteriorative reactions of macromolecules (McDonald, 1999;
521 Bailly, 2004; Kranner *et al.*, 2010; Sano *et al.*, 2016), but its underlying effect on seed longevity has
522 never been integrated with knowledge on structural mechanics and thermodynamics of seed
523 deterioration. In this paper, we combined biophysical and biochemical analyses of *P. densiflora* seeds
524 to clarify how contrasting physical states within seeds influence the contribution of O₂ to reactions
525 accompanying ageing.

526 The physical state of the cytoplasm determine molecular mobility and affect seed ageing 527 reactions

528 Seed WC and storage temperature, together with genetic background, hormonal regulation, and
529 environmental conditions experienced during seed development, maturation, and desiccation, all
530 influence orthodox seed longevity (Buitink and Leprince, 2004; Nagel *et al.*, 2015; Leprince *et al.*, 2017;
531 Zinmeister *et al.*, 2020). While genetic background and environmental conditions during seed
532 development establish the biochemical composition of seed cells, seed WC and storage temperature
533 determine the physical state of the cytoplasmic domains, which vary depending on the "dry
534 architecture" of seed cells (Ballesteros *et al.*, 2020). This is critical to the longevity of desiccated seeds,
535 because the physical state of aqueous and lipid domains define the physiological events and the rates
536 of physicochemical reactions contributing to seed deterioration (Vertucci and Roos, 1990; Hoekstra *et al.*,
537 2001; Ballesteros *et al.*, 2020). Across all CD regimes used in this study, DSC analyses revealed that
538 *P. densiflora* seeds always maintained a liquid lipid domain (e.g. lipid droplets of storage TAGs).
539 However, the seed aqueous domain was in the glassy state when aged by CD at 9 and 33% and became
540 fluid when aged by CD at 64 and 85% RH, as determined by DMA (Fig. 1). Under all CD regimes, the
541 fluid state of the lipid domain would have enabled molecular mobility of the main FA chains and their
542 side groups. However, the activity of cytosolic lipid-metabolising enzymes (e.g. lipases and
543 lipoxygenases that catalyse lipid hydrolysis and oxidation, respectively) would be restricted by the
544 glassy state. In such a highly viscous conditions, molecular mobility is limited to vibration, bending, and
545 rotation of the side groups of macromolecules (Ballesteros and Walters, 2011; Ballesteros *et al.*, 2020),
546 which is not sufficient to permit enzymatic catalysis (Fernández-Marín *et al.*, 2013; Candotto Carniel *et al.*,
547 2021) but allows diffusion of small molecules, such as O₂ (reviewed in Ballesteros *et al.*, 2020). In
548 contrast, the molecular mobility of the aqueous matrix of the cytoplasm increased in the fluid state,
549 ensuring the movement of the main chains of macromolecules, which is compatible with enzyme
550 activity (Ballesteros and Walters, 2011). Particularly, enzymes were able to diffuse across the fluid
551 cytoplasm, thus affecting the type of biochemical reactions that lead to seed ageing (Walters, 1998).

552 Altogether, due to the increased molecular mobility, possibly resuming enzymatic activity in
553 the cytoplasm, seed ageing in the fluid state was accelerated compared to the glassy state (Fig. 2,
554 Supplementary Fig. S3).

555 **O₂ is detrimental to the longevity of seeds with a glassy but not fluid cytoplasm**

556 Several studies have shown a detrimental effect of O₂ on seed longevity (e.g. (Harrison, 1966;
557 Bennici *et al.*, 1984; Shrestha *et al.*, 1985; Barzali *et al.*, 2005; González-Benito *et al.*, 2011; Groot *et*
558 *al.*, 2012; Groot *et al.*, 2015; Schwember and Bradford, 2011)), in line with a role for ROS in
559 deterioration, as proposed by the "free-radical theory of ageing" (Harman, 1956). However, other
560 studies reported that longevity of seeds aged by CD with a fluid cytoplasm was not influenced by
561 elevated O₂ (Ohlrogge and Kernan, 1982; Ellis and Hong, 2007; Morscher *et al.*, 2015; Roach *et al.*,
562 2018a; Schausberger *et al.*, 2019). Here, seeds in the fluid state aged rapidly irrespectively of O₂
563 availability (Figs. 1B, 2). (Ibrahim and Roberts, 1983) showed that O₂ impaired lettuce seed longevity
564 only at WC < 0.18 g H₂O g⁻¹ DW, suggesting that seed WC is a relevant determinant of how O₂ affects
565 longevity. Altogether, these reports indirectly draw attention to differential ageing mechanisms tied
566 to seed physical state. Particularly, in most of the fore-mentioned studies, in which O₂ impaired
567 longevity, seeds were likely aged in the glassy state, as estimated according to available temperatures,
568 WCs, and RHs. Our study on *P. densiflora* provides direct evidence that normoxia severely shortened
569 seed longevity only when seeds were in the glassy state (Figs. 1, 2).

570 Based on a negative logarithmic relationship between seed WC (corresponding to RHs between
571 30 and 100%) and P50 values under normoxia at 45 °C, a P50 of 248 days for seeds aged at 9% RH was
572 estimated (Supplementary Fig. S2). As such, complete loss of germination of these seeds after only 138
573 days is indicative of the so-called "critical moisture content" (corresponding with WCs in equilibrium
574 with 10-15% RH at 20 °C), beyond which further decreases in seed WC do not extend longevity (Ellis
575 *et al.*, 1990; Ellis *et al.*, 1992; Ellis and Hong, 2006). Nonetheless, seeds aged under hypoxia at 9% RH
576 hardly showed any signs of deterioration after 138 d (Fig. 2). Albeit we have insufficient ageing intervals
577 to calculate P50 values under hypoxia, it would take considerably longer to reach the P50 value of
578 glassy-state seeds aged under normoxia at 9% RH. Considering that normoxia did not speed up ageing
579 rates in the fluid state, but that longevity was extended in the glassy state, the negative logarithmic
580 relationship between P50 values and seed WCs would most likely no longer fit under hypoxia, as it did
581 under normoxia (Fig. 2, Supplementary Fig. S2). In a few studies, dehydration below the "critical
582 moisture content" led to more rapid loss of viability than seeds stored with higher WC (Ellis *et al.*, 1988,
583 1989; Vertucci *et al.*, 1994). This phenomenon has been related to the removal of the water that is
584 tightly associated with macromolecular surfaces, such as that the BET monolayer on the surface of
585 cytoplasmic macromolecules and lipid droplets (Labuza, 1980; Buitink *et al.*, 1998; Ballesteros and

586 Walters, 2007b; Barden and Decker, 2016), which is the physical situation occurring in seeds aged at
587 9% RH in the present study (Fig. 1B). In seeds dried below the critical moisture content no water is
588 strongly bound to macromolecules, and O₂ could attack empty water-binding sites of macromolecules,
589 such as oleosins at the surface of lipid droplets and polar residues of lipid bilayers. Oleosins are
590 essential to stabilise the oil bodies of dry seeds during seed imbibition (Leprince *et al.*, 1998) and seem
591 to participate to lipid droplet breakdown by recruiting lipases and other hydrolytic enzymes involved
592 in storage lipid metabolism during germination and early seedling growth (Chapman *et al.*, 2012).
593 Regardless, the high sensitivity to O₂ of seeds aged at 33% RH (with a complete BET monolayer) in
594 terms of viability loss, electrolyte leakage, and lipid peroxidation, suggests that the Tg is already a clear
595 WC threshold below which seeds become susceptible to O₂-mediated deterioration.

596 **Glutathione conversions and redox state reveal that O₂ diffusion and ROS production are** 597 **not totally restricted in the glassy state**

598 To understand the influence of O₂ on the redox state of the aqueous cytoplasmic domain under
599 contrasting physical states during seed ageing, we focused on the hydrophilic antioxidant GSH. Dry
600 seeds contain much more GSSG than healthy and hydrated plant tissues, and GSH conversion to GSSG
601 is promoted during seed desiccation and ageing (Meyer *et al.*, 2007; Colville and Kranner, 2010). Large
602 oxidative shifts of the cellular redox environment, as viewed through $E_{\text{GSSG}/2\text{GSH}}$, have been closely
603 related to loss of seed viability (Kranner *et al.*, 2006; Kranner *et al.*, 2010; Roach *et al.*, 2010; Birtić *et*
604 *al.*, 2011; Chen *et al.*, 2013; Morscher *et al.*, 2015; Nagel *et al.*, 2015; Roach *et al.*, 2018a; Nagel *et al.*,
605 2019;; Schausberger *et al.*, 2019). However, in these studies seeds were likely aged at WCs above their
606 Tg (i.e. with fluid cytoplasm). In *P. densiflora*, seed ageing was accompanied by shifts of $E_{\text{GSSG}/2\text{GSH}}$
607 towards more oxidising cellular conditions, due to GSH depletion and GSSG accumulation (Figs. 2, 3A,
608 B). Notably, hypoxia helped maintain more reducing cellular conditions compared to normoxia (Fig.
609 3B), indicating that O₂ promoted ROS production also during seed ageing in the glassy state. Therefore,
610 the redox conversion of GSH to GSSG and some non-enzymatic ROS scavenging by GSH were enabled
611 within the highly viscous glassy cytoplasm.

612 Under normoxia, seeds aged at the lowest WC (0.004 g H₂O g⁻¹ DW, 9% RH) completely lost
613 viability, despite their reduced cellular redox state ($E_{\text{GSSG}/2\text{GSH}} = -195$ mV; Fig. 3B). This value is more
614 negative than the -180 to -160 mV range associated with a 50% loss of viability measured at higher
615 seed WCs at 60% RH and 50 °C (Kranner *et al.*, 2006). Reduced cellular redox states have also been
616 found in unviable oil-rich seeds of *Vernonia galamensis* after ageing by CD in the glassy state, which
617 contrasted to the more oxidised cellular redox states of seeds from the same species aged with fluid
618 cytoplasm (Seal *et al.*, 2010a; Seal *et al.*, 2010b). The authors concluded that in this species $E_{\text{GSSG}/2\text{GSH}}$
619 was less closely associated with viability after ageing by CD near or within the glassy state, agreeing

620 with the results shown in the present study. Under dry/cold conditions of seed banks, seeds are
621 typically in a glassy state, and the $E_{GSSG/2GSH}$ values of barley seeds closely correlate to their viability
622 after 15 years of seed bank-ageing (Nagel *et al.*, 2015; Roach *et al.*, 2018a). Similarly, *P. densiflora* seed
623 bank seeds stored at low temperatures had only lost 13% of their viability, but their GSH
624 concentrations were comparable to those detected in seeds aged by CD to complete viability loss
625 under normoxia at 9% RH (Fig. 3A). Therefore, in glassy-state seeds temperature seems to influence
626 O_2 -dependent deteriorative processes, which have down-stream consequences on GSH consumption.
627 Indeed, during viability loss in the glassy state, seed bank seeds aged at low temperatures consumed
628 more GSH than faster ageing seeds exposed to the higher temperature used for CD (Fig. 3A). However,
629 it is important to consider that even if limited GSH consumption occurred while seeds were still
630 desiccated, upon imbibition GSH concentrations may decrease following the GSTs-catalysed reactions
631 with the abundantly produced RES (Fig. 6).

632 In summary, during seed ageing GSH consumption and redox conversion to GSSG were
633 enhanced when the cytoplasm was fluid rather than glassy. However, these processes were not
634 entirely restricted by the glassy state.

635 **A role for lipid peroxidation in the loss of viability of seeds with a glassy cytoplasm**

636 Structural damage to cell membranes compromise solute compartmentalisation, leading to
637 uncontrolled solute leakage and affecting cell functions (Powell and Matthews, 1981; Matthews and
638 Powell, 2006). Normoxia in the glassy state resulted in cellular acidification (Fig. 3C), influencing the
639 $E_{GSSG/2GSH}$ values (Schafer and Buettner, 2001). In bread wheat, seed deterioration in the glassy state
640 was accompanied by increases in the proton concentrations of seed extracts, explained as an effect of
641 oxidative damage to the cell membranes (Nagel *et al.*, 2019). Interestingly, *P. densiflora* seeds aged in
642 the glassy state under normoxia leaked more electrolytes than seeds aged at the same RH under
643 hypoxia (Fig. 3C), thus pointing to O_2 -mediated structural damage of cell membranes, likely implicated
644 in the accelerated loss of viability.

645 Lipid peroxidation has been related to deterioration, particularly in oily seeds (Harman and
646 Mattick, 1976; Pearce and Abdelsamad, 1980; Stewart and Bewley, 1980; McDonald, 1999; Tammela
647 *et al.*, 2005; Walters *et al.*, 2005b; Oenel *et al.*, 2017). However, also in starchy seeds of barley and
648 wheat, oxidation and hydrolysis of TAGs and other lipids during ageing in the glassy state have been
649 correlated with viability loss (Riewe *et al.*, 2017; Wiebach *et al.*, 2020). Furthermore, a decrease in the
650 energy of lipid melting transitions, indicative of structural changes to the lipid phase, has been
651 documented in aged seeds (Vertucci, 1992; Porteous *et al.*, 2019). This phenomenon was also evident
652 in CD-aged *P. densiflora* seeds under normoxia, but only after ageing in the glassy state (Fig. 4A) and
653 can be explained by the depletion of unsaturated FAs, especially PUFAs (Fig. 4), which are more prone

654 to peroxidation than unsaturated and monounsaturated FAs (Priestley and Leopold, 1983; McDonald,
655 1999; Smirnov, 2010). The lipid melting peak L2 revealed by the DSC heating scans appeared at melting
656 temperatures typical of the β' crystals of linoleic (-25 °C) and linolenic (-35 °C) acids (Small, 1986;
657 Knothe and Dunn, 2009), which were among the most abundant PUFAs of *P. densiflora* seeds (Fig. 1A,
658 Supplementary Fig. S1) and have been found in other seeds and fern spores (Walters *et al.*, 2005b;
659 Ballesteros and Walters, 2007a;). However, the ΔH of lipid melt of peak L2 did not change after CD (Fig.
660 4A, Supplementary Fig. S1). In contrast, another lipid melting peak (L1) appeared at about -90 °C and
661 sharply flattened in the DSC scans of seeds aged at 9% RH under normoxia (Supplementary Fig. S1).
662 Depending on the cooling conditions, FAs can crystallise into different polymorphic types with the
663 same chemical composition, but increasing order, density, and stability and decreasing energy and
664 volume. These polymorphisms are generally denoted by the letters α , β' , and β , being α the first and
665 least stable arrangement assumed by crystallising lipids (Metin and Hartel, 2005). The lipid melting
666 peak L1 does not correspond to the melting temperature of β' crystals of any tabulated TAG (Small,
667 1986; Knothe and Dunn, 2009), but likely resulted from the melting transition of α crystals of linoleic
668 and linolenic acids, as observed in other seeds (Vertucci, 1992; Walters *et al.*, 2005b). Therefore, it
669 seems that peroxidation in the glassy state was mostly directed towards α crystals of linoleic and
670 linolenic acids, contributing to peak L1 smoothing.

671 In the lipid domain of the cytoplasm, tocopherols are the most abundant antioxidants
672 essential to protect cells from lipid peroxidation and critical for seed quality (Menè-Saffranè *et al.*,
673 2010). Recently, seed longevity has been associated with a high proportion of γ -tocopherol in the total
674 vitamin E pool of several rice cultivars (Lee *et al.*, 2020). Furthermore, seeds of tocopherol-
675 deficient mutants accumulate oxidised lipids and lipid-peroxide-derived RES, which lead to faster
676 ageing (Sattler *et al.*, 2004; Sattler *et al.*, 2006; Menè-Saffranè *et al.*, 2010). The presence of O₂ during
677 ageing of *P. densiflora* seeds in the glassy state resulted in a consumption of α - and γ -tocopherols (Fig.
678 5). This biochemical change in the lipid domain ties to increased electrolyte leakage during seed
679 imbibition, changes in FA profiles, and drops in the ΔH of lipid melt (Figs 1C, 4), suggesting that O₂ in
680 the storage environment led to lipid peroxidation in seeds aged in the glassy state.

681 To ascertain the occurrence of lipid peroxidation, we measured peroxidation-associated
682 products, including aldehydes and RES (Pamplona, 2011; Mano *et al.*, 2019). The release of volatile
683 aldehydes (e.g. hexanal) is a precocious symptom of lipid peroxidation during seed ageing in the glassy
684 (WC < 0.05 g H₂O g⁻¹ DW) (Tammela *et al.*, 2003; Mira *et al.*, 2010), but not in the fluid state (Mira *et al.*,
685 2016). Hexanal was a dominant aldehyde produced by *P. densiflora* seeds aged in the glassy state
686 under normoxia (Fig. 6; Supplementary Fig. S4). Among the more reactive RES, 4-hydroxynonenal
687 increased the most in response to CD of seeds with a glassy cytoplasm (Supplementary Fig. S5). Both
688 these carbonyls are derived from ω -6 PUFAs, such as linoleic acid, whose contents significantly

689 decreased in such seeds (Fig. 4B). Furthermore, PUFA-derived aldehydes can non-enzymatically
690 convert to short-chain dicarboxylic acids (Passi *et al.*, 1993). Indeed, azelaic acid, considered as a
691 marker of lipid peroxidation in plants (Zoeller *et al.*, 2012), increased 500-fold in seeds aged under
692 normoxia at 9% RH compared to the control (Fig. 6). The C₆ aldehydes (e.g. hexanal) can also be
693 produced via lipid metabolism, involving lipoxygenase and hydroperoxide lyase during germination,
694 but apparently not before imbibition (Weichert *et al.*, 2002), supporting a non-enzymatic route of
695 peroxidation-associated products' formation during seed ageing in the glassy state. Therefore, the
696 remarkably high concentrations of RES, aldehydes, and dicarboxylic acids detected under normoxia,
697 confirmed that lipid peroxidation during ageing was strongly enhanced by O₂ in glassy-state *P.*
698 *densiflora* seeds (Fig. 6, Supplementary Fig. S4).

699 In summary, O₂-mediated damage in the glassy state was characterised by deterioration of the
700 seed lipid domain, the most mobile cytoplasmic domain in the glassy state. Loss of unsaturated FAs,
701 enhanced production of RES and carbonyls, and consumption of tocopherols are all "hall-marks" of the
702 O₂-mediated autocatalytic cascade of lipid peroxidation (Fig. 7).

703 **Antioxidant metabolism resumes in rapidly-ageing seeds with fluid cytoplasm**

704 In contrast to *P. densiflora* seeds aged by CD in the glassy state, the longevity of those seeds
705 aged by CD with fluid cytoplasm (i.e. at 64 and 85% RH) was not extended by hypoxia, and no significant
706 signs of lipid peroxidation were detected (Figs. 2, 4B). This agrees with the release of volatiles by seeds
707 aged with fluid cytoplasm, as reported in previous studies, which also pointed to oxygen-independent
708 glycolytic and fermentations reactions (Mira *et al.*, 2010; Colville *et al.*, 2012). Previous analyses on
709 sunflower, barley, and broccoli suggest that elevated O₂ concentrations are not detrimental to the
710 longevity of seeds aged by CD with fluid cytoplasm (Morscher *et al.*, 2015; Roach *et al.*, 2018a;
711 Schausberger *et al.*, 2019). However, in these studies the modulation of O₂ during CD affects the
712 concentrations of LMW antioxidants. For instance, various tocopherols increase in response to CD,
713 but differently depending upon O₂ availability (Roach *et al.*, 2018a). This result aligns to the finding
714 that enzyme activity, which reinforces antioxidant defences, is possible in the "rubbery" (fluid) state,
715 but not in the glassy state (Fernández-Marín *et al.*, 2013; Candotto Carniel *et al.*, 2021). Whereas the
716 majority of steps in tocopherol synthesis occurs within the lipid phase of the cytoplasm, precursors
717 (e.g. tyrosine), intermediates, and substrates for the pathways (e.g. ATP) are located in the aqueous
718 domain and necessitate sufficient molecular mobility to be accessible to enzymes (Menè-Saffranè and
719 DellaPenna, 2010; Muñoz and Munné-Bosch, 2019). Conversely, *de novo* GSH biosynthesis takes place
720 entirely in the aqueous domain and requires two ATP-dependent reactions, the first of which is the
721 rate limiting step and generates γ -Glu-Cys at the expense of ATP (Noctor *et al.*, 2012). Therefore,
722 increases in γ -Glu-Cys concentrations in *P. densiflora* seeds aged at 64% and 85% RH could indicate

723 GSH anabolism (Supplementary Fig. S3). Alternatively, other enzymes (e.g. carboxypeptidases) could
724 account for the release of γ -Glu-Cys during GSH catabolism (Noctor *et al.*, 2012). The ligase that
725 catalyses γ -Glu-Cys formation (EC 6.3.2.2) is regulated by GSH and Cys concentrations via non-allosteric
726 feedback competitive inhibition with glutamate (Yang *et al.*, 2019). Consequently, the depletion of GSH
727 could have stimulated GSH *de novo* synthesis, as part of protective antioxidant mechanisms. In fact,
728 redox homeostasis ensured by GSH availability also prevents RES from being highly toxic molecules
729 (Farmer and Mueller, 2013).

730 One route that could lead to GSH depletion, rather than GSSG accumulation, relies on GST-
731 mediated conjugation to RES. Some RES, such as acrolein, have profound impact on GSH
732 concentrations (Mano, 2012; Roach *et al.*, 2018b), and in the present study the concentrations of RES
733 decreased in seeds aged with fluid cytoplasm (Fig. 6), conditions in which GSH concentrations dropped
734 most (Fig. 3A).

735 In summary, our data suggest that enzymatic activity can resume in seeds with a fluid cytoplasm,
736 whereby damage to lipids appeared to be very marginal, differently from glassy-state seeds. Besides
737 glycolysis and fermentation reactions, reported in previous studies, here we show that seeds in the
738 fluid state also resumed a certain level of antioxidant metabolism (Fig. 7), which may include γ -Glu-Cys
739 synthesis and GST activity, potentially to counteract rapid ageing rates.

740 **Ageing by CD in the glassy state best simulates biochemical changes during cold seed storage**

741 After storage at WC of $\sim 0.06 \text{ g H}_2\text{O g}^{-1} \text{ DW}$ for 20 years at temperatures between +4 and -20 °C,
742 *P. densiflora* seeds contained less GSH and γ -tocopherol and showed signs of lipid peroxidation, such
743 as elevated concentrations of hexanal and 4-hydroxynonenal, less unsaturated FAs, and more
744 pronounced electrolyte leakage in comparison with non-aged control seeds (Figs. 2-6, Supplementary
745 Fig. S4). We cannot exclude that environmental conditions of the different harvest years contributed
746 to some biochemical differences between seed bank seeds (1999) and seeds used for CD (2015).
747 Nonetheless, this comparison revealed biochemical changes under low storage temperatures
748 consistent with changes induced by CD when conducted in the glassy but not in the fluid state.

749 **Implications for seed longevity prediction and germplasm storage**

750 The differential mechanisms of seed ageing found between seeds in the glassy and the fluid
751 state contribute to the debate about the use of CD or accelerated ageing methods in seed science
752 research, but also highlight the potential benefits of hypoxic dry seed storage in seed banks to extend
753 longevity. Equations that include temperature, RH, species-specific ageing constants, and initial seed
754 viability have been derived for estimating seed ageing rates, but as yet they do not include the
755 influence of O_2 concentration (Ellis and Roberts, 1980; Pritchard and Dickie, 2003; Ellis and Hong, 2007).

756 This would be highly relevant considering that in seed banks, germplasm is typically stored in the glassy
757 state and, in some cases, is ageing faster than expected (Li and Pritchard, 2009). Therefore, our results
758 have three main implications for seed banking management. Firstly, for studying seed longevity, CD
759 better reflects ageing mechanisms under the dry/cold conditions of a seed bank when seeds are
760 treated in the glassy rather than fluid state. Secondly, as O₂ promoted seed ageing reactions during CD
761 below the T_g, limiting seed exposure to O₂ during long-term cold storage, as also recommended by
762 other authors (Groot *et al.*, 2015; Nagel *et al.*, 2016; Buijs *et al.*, 2020) would most likely prolong
763 germplasm longevity. Finally, equations to predict seed longevity under cold, dry, and hypoxic
764 conditions require new viability constants to be calculated.

765 **Supplementary data**

766 Supplementary data are available at *JBX online*.

767 *Table S1*. Conditions used for controlled deterioration (CD) of *Pinus densiflora* seeds under normoxia
768 and hypoxia.

769 *Fig. S1*. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at
770 45 °C on the melting properties of seed storage lipids, measured with differential scanning calorimetry
771 (DSC).

772 *Fig. S2*. Seed longevity after controlled deterioration (CD) at 45 °C under normoxia (i.e. 19.6% O₂) and
773 RH ranging from 30% to 100%, corresponding to indicated seed water contents (WCs) determined after
774 lyophilisation.

775 *Fig. S3*. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at
776 45 °C on seed germination.

777 *Fig. S4*. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at
778 45 °C on total concentrations of low-molecular-weight thiol/disulphide redox couples.

779 *Fig. S5*. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at
780 45 °C on absolute concentrations of reactive electrophile species and aldehydes.

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788 **Author contributions**

789 Conceptualisation: TR, DG, DB; formal analysis: DG, DB, WS, EA, TR; funding acquisition: TR, CSN, DG;
790 investigation: DG, TR, DB, CES, CSN; methodology: DG, TR, DB, WS, EA, CES; project administration: TR;
791 resources: CSN, CES, IK; supervision: TR, DB, CES; validation: DG, TR, DB, WS, EA, CES; visualisation: DG,
792 TR, DB; writing - original draft: DG, TR, DB; writing - review & editing: TR, DG, DB, WS, EA, CES, IK. All
793 authors read and approved the final version of the manuscript.

794 **Data availability statement**

795 The data supporting the findings of this study are available from the corresponding author, TR, upon
796 request.

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Figure legends

797 **Fig. 1. Physical state of *Pinus densiflora* seeds in relation to water content (WC) and temperature.**

798 (A) Representative dynamic mechanical analyses (DMA) scans of seeds before controlled deterioration
799 at diverse WCs, expressed as g H₂O per g dry weight (g g⁻¹ DW). Scans show the tan δ , which is the
800 coefficient between the loss modulus and the storage modulus and measures the damping function
801 related to molecular mobility. Peaks in tan δ are indicative of diverse types of structural relaxations.
802 The glass transition temperature (T_g) is characterised by the α relaxation peak, which moves to lower
803 temperatures as the sample WC increases. The melting of storage lipids is indicated by two peaks (L1
804 and L2), which occur within the same temperature range independently of the sample WC. L1 and L2
805 were further characterised by differential scanning calorimetry (DSC; refer to Supplementary Fig. S4).
806 (B) Phase diagram constructed using DMA and DSC data. The terms "glassy" and "fluid" refer to the
807 aqueous domain of the cytoplasm (measured by DMA), while L1 and L2 correspond to the melting
808 peaks determined by DSC and define the range of WCs and temperature, at which the hydrophobic
809 domain (i.e. seed storage lipids) showed physical changes. The T_g is depicted by the area within the
810 onset (closed circles) and the peak (open circles) of the α relaxations measured by DMA. The diamond
811 indicates the Brunauer-Emmet-Teller (BET) monolayer, calculated from water sorption isotherms of
812 seeds equilibrated at 45 °C. White squares denote the seed WCs reached at 45 °C at the various relative
813 humidities (RH; n \geq 2 seeds for each WC).

814 **Fig. 2. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**

815 **45 °C on germination and electrolyte leakage.** *Pinus densiflora* seeds were aged under normoxia (N,
816 black bars, 19.6% O₂) and hypoxia (H, grey bars, 0.4% O₂) at indicated RHs. (A) Total germination (TG)
817 measured after 45 days. (B) Time to reach 25% TG. Data were calculated from the germination curves
818 shown in Supplementary Fig. S2. (C) Electrical conductivity of seed leachates. Asterisks denote
819 significant differences (*, *P*-value < 0.05; **, *P*-value < 0.01) after *t*-tests comparing seeds before CD
820 (control, white bars) with seeds exposed to CD at four RHs under N or H. Hash symbols denote
821 significant differences (#, *P*-value < 0.05; ##, *P*-value < 0.01) after *t*-tests between seeds aged under N
822 and H at the same RH. Values of seeds stored for 20 years at ~0.06 g H₂O g⁻¹ dry weight and low
823 temperatures (seed bank, light grey bars) are also shown. Data are means (n = 4 replicates of 50 seeds
824 each) \pm SE.

825 **Fig. 3. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**

826 **45 °C on glutathione concentrations and redox state, and pH of seed extracts.** *Pinus densiflora* seeds
827 were aged under normoxia (N, black bars, 19.6% O₂) and hypoxia (H, grey bars, 0.4% O₂) at indicated

828 RHs. (A) Concentrations on a dry weight (DW) basis of the low-molecular-weight thiol glutathione (GSH,
829 open bars) and its disulphide (GSSG, closed bars). (B) Half-cell reduction potential of the GSSG/2GSH
830 redox couple ($E_{\text{GSSG}/2\text{GSH}}$) calculated according to the Nernst equation at the pH values showed in panel
831 (C) with an offset correction. Circles indicate the $E_{\text{GSSG}/2\text{GSH}}$ values calculated using the seed water
832 contents at the end of seed pre-equilibration at indicated RHs and prior to CD. (C) pH of extracts
833 obtained from finely ground seed powder. Asterisks denote significant differences (*, P -value < 0.05;
834 **, P -value < 0.01) after t -tests comparing seeds before CD (control, white bars and open circles) with
835 seeds exposed to CD at four RHs under N or H. Hash symbols denote significant differences (#, P -value
836 < 0.05; ##, P -value < 0.01) after t -tests between seeds aged under N and H at the same RH. Values of
837 seeds stored for 20 years at $\sim 0.06 \text{ g H}_2\text{O g}^{-1} \text{ DW}$ and low temperatures (seed bank, light grey bars) are
838 also shown. Data are means ($n = 4$ replicates of 50 seeds each) \pm SE.

839 **Fig. 4. Effects of relative humidity (RH) on the influence of O_2 during controlled deterioration (CD) at**
840 **45 °C on the enthalpy of melt of storage lipids and relative abundance of fatty acids.** *Pinus densiflora*
841 seeds were aged under normoxia (N, black bars, 19.6% O_2) and hypoxia (H, grey bars, 0.4% O_2) at
842 indicated RHs. (A) Enthalpy of melt of storage lipids calculated from heating scans acquired with
843 differential scanning calorimetry on seed endosperm, after excising embryonic axes. Asterisks denote
844 significant differences (*, P -value < 0.05) after t -tests between the endosperms of non-aged seeds,
845 used as control, and seeds exposed to CD. Data are means ($n = 4$ seeds) \pm SE. (B) Fold-change in the
846 abundance of individual fatty acids, as compared to the non-aged control, measured as fatty acid
847 methyl esters with gas chromatography coupled to mass spectrometry. Differences on a \log_2 scale are
848 shown by the bottom key highlighting decreases (blue), accumulation (red), and absence of changes
849 (white). Asterisks denote significant differences (*, P -value < 0.05; **, P -value < 0.01) from t -tests
850 comparing seeds before CD (control) with seeds after exposure to CD at four RHs under N or H. Hash
851 symbols denote significant differences (#, P -value < 0.05; ##, P -value < 0.01) after t -tests between
852 seeds aged under N and H at the same RH. Values of seeds stored for 20 years at $\sim 0.06 \text{ g H}_2\text{O g}^{-1} \text{ DW}$
853 and low temperatures (seed bank, SB) are also shown. Data are means ($n = 4$ replicates of 50 seeds
854 each) \pm SE. Different letters (e.g. a and b) refer to fatty acid isomers (with the same number of carbons
855 and double bonds). C14:0, myristic acid; C16:0, palmitic acid; C18:0, stearic acid; C20:0 arachidic acid;
856 C22:0, behenic acid; C24:0, lignoceric acid; C16:1, palmitoleic acid; C18:1 oleic acid; C20:1, eicosenoic
857 acid; C18:2, linoleic acid; C20:2, eicosadienoic acid; C18:3, linolenic acid; C20:3, dihomo- γ -linolenic
858 acid.

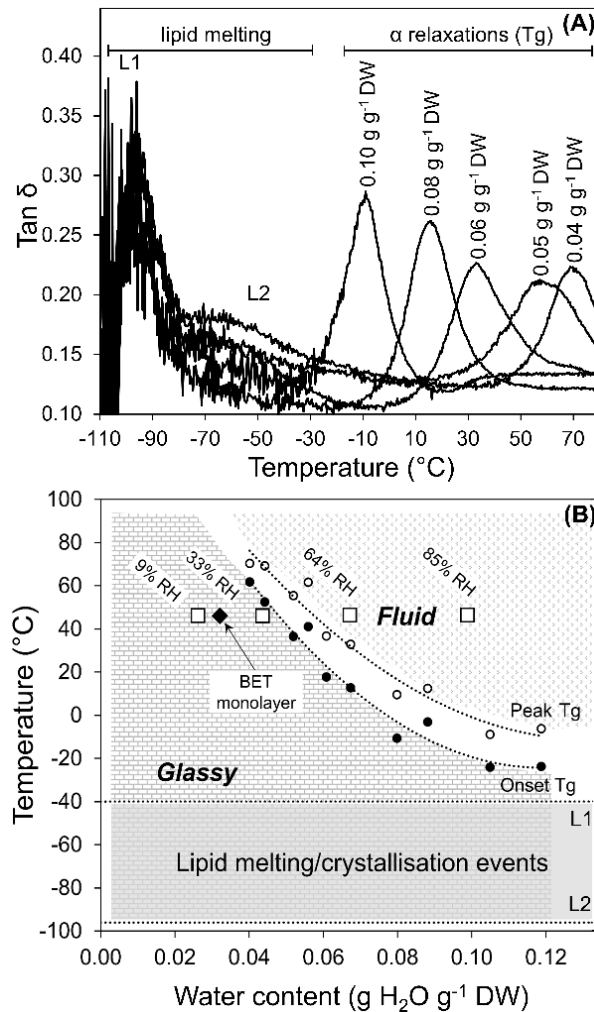
859 **Fig. 5. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**
860 **45 °C on the concentrations of tocopherols.** *Pinus densiflora* seeds were aged under normoxia (N,
861 black bars, 19.6% O₂) and hypoxia (H, grey bars, 0.4% O₂) at the indicated RHs. Concentrations on a dry
862 weight (DW) basis of (A) γ -tocopherol, and (B) α -tocopherol. Asterisks denote significant differences
863 (*, *P*-value < 0.05; **, *P*-value < 0.01) from *t*-tests comparing seeds before CD (control) with seeds after
864 exposure to CD at four RHs under N or H. Hash symbols denote significant differences (#, *P*-value <
865 0.05; ##, *P*-value < 0.01) after *t*-tests between seeds aged under N and H at the same RH. Values of
866 seeds stored for 20 years at \sim 0.06 g H₂O g⁻¹ DW and low temperatures (seed bank, light grey bars) are
867 also shown. Data are means (*n* = 4 replicates of 50 seeds each) \pm SE; n.d. = not detected.

868 **Fig. 6. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**
869 **45 °C on relative amounts of fatty acid breakdown products.** *Pinus densiflora* seeds were aged under
870 normoxia (N, 19.6% O₂) and hypoxia (H, 0.4% O₂) at indicated RHs. Fold-change in the abundance of
871 aldehydes (measured via ultra-high performance liquid chromatography coupled to mass
872 spectrometry [MS]) and (di)carboxylic acids (measured via gas chromatography coupled to MS) are
873 shown on a log₂ scale via shading, with blue and red highlighting decline and accumulation, compared
874 to the non-aged control, respectively, as indicated by the key. Pale shading and n.d. indicate no change
875 and when a compound was not detected, respectively. Black boxes next to compound names signify
876 reactive electrophile species (RES). Asterisks denote significant differences (*, *P*-value < 0.05; **, *P*-
877 value < 0.01) from *t*-tests comparing individual species in seeds before CD with seeds after CD at four
878 RHs under H or normoxia N. Values of seeds stored for 20 years with at \sim 0.06 g H₂O g⁻¹ DW and low
879 temperatures (seed bank, SB) are also shown. Data are means (*n* = 4 replicates of 50 seeds each) \pm SE.

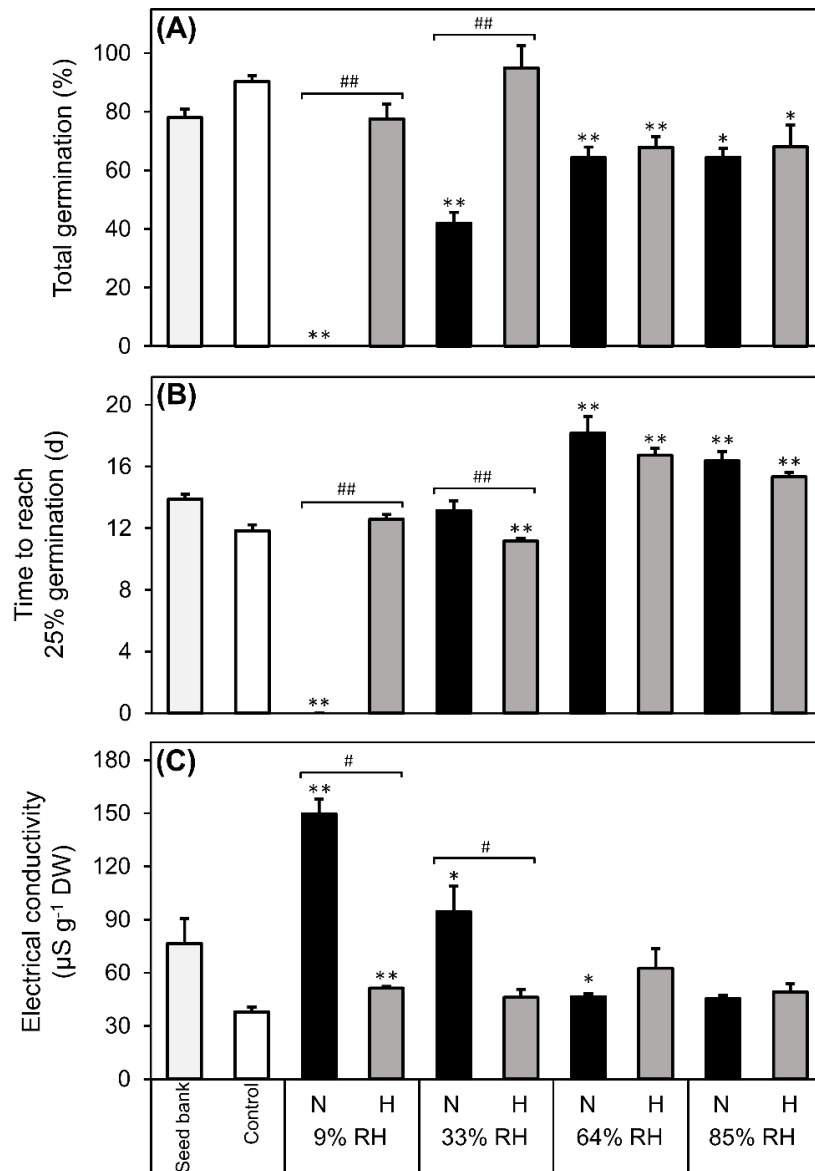
880 **Fig. 7. Schematic overview of the physicochemical changes of *Pinus densiflora* seed cells occurring in**
881 **response to relative humidity (RH) and to O₂ concentrations during controlled deterioration at 45 °C.**
882 During drying, the cytoplasm shrinks, reducing the area occupied by the cytosol and forcing in close
883 proximity diverse organelles [nucleus (N), vacuole (V), mitochondria (M), and dry matter (D), including
884 protein storage bodies and starch granules, the endomembrane system, and liquid lipid bodies (L)].
885 Cell walls and membranes are folded. Below a certain moisture content (< 0.05 g H₂O g⁻¹ DW or 42%
886 RH, as from water sorption isotherms), the seed cytoplasm and organelles solidify (see Fig. 1B), forming
887 an amorphous glass. Therefore, most of the seed cytoplasm at 9 and 33% RH (left side) was glassy. In
888 addition, at 9% RH, the first monolayer of water molecules adsorbed to the surface of the
889 macromolecules (i.e the Brunauer-Emmet-Teller [BET] monolayer) was partially removed, exposing
890 some of their areas previously covered by water. In the glassy state, cellular viscosity is high, and
891 molecular mobility is restricted to vibration, bending, and rotation of the side groups of

892 macromolecules. In this physical state, O₂ promoted lipid peroxidation, depletion of tocopherols, and
893 accumulation of aldehydes and reactive electrophile species (RES). Between 42 and 50% RH
894 (corresponding to 0.05 to 0.06 g H₂O g⁻¹ DW, see Fig. 1B), the cytoplasm changed from a glassy to a
895 fluid state, which remains very viscous and is also known as "rubbery" state. This was the scenario for
896 seeds aged at 64 and 85% RH (right side). In the fluid state, organelles tend to disperse due to the
897 enlarged volume of the cytosol, and molecular mobility rises in comparison to the glass (i.e. the main
898 chains of macromolecules are enabled to move). The biochemical changes indicated in blue were
899 enhanced by O₂, and those in red occurred independently of O₂ availability. GSH, glutathione; PUFAs,
900 (poly)unsaturated fatty acids; E_{GSSG/2GSH} half-cell reduction potential of the glutathione/glutathione
901 disulphide redox couple. This figure is partly adapted from Ballesteros et al., 2020.
902

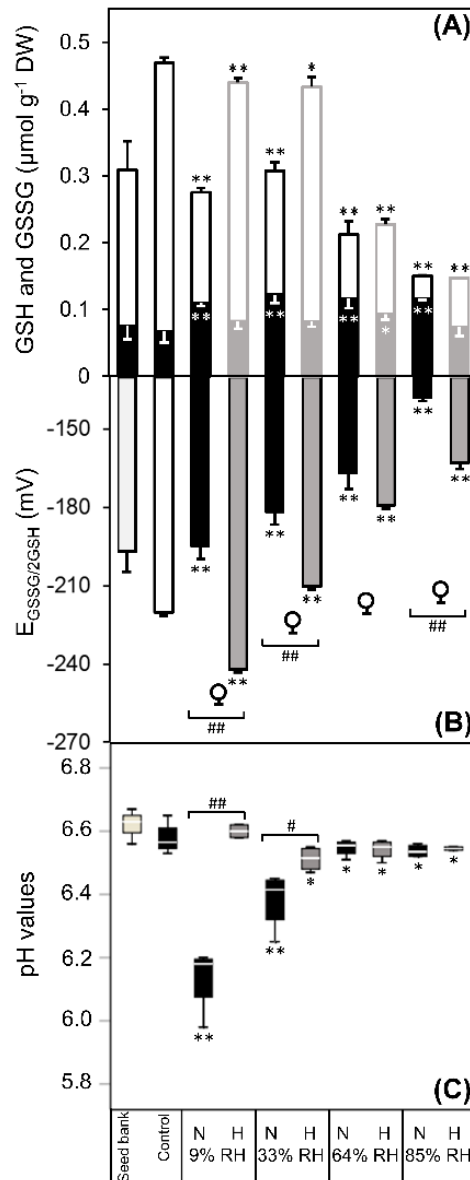
903 **Figures**



904 **Fig. 1. Physical state of *Pinus densiflora* seeds in relation to water content (WC) and temperature.**
 905 (A) Representative dynamic mechanical analyses (DMA) scans of seeds before controlled deterioration
 906 at diverse WCs, expressed as g H₂O per g dry weight (g g⁻¹ DW). Scans show the tan δ, which is the
 907 coefficient between the loss modulus and the storage modulus and measures the damping function
 908 related to molecular mobility. Peaks in tan δ are indicative of diverse types of structural relaxations.
 909 The glass transition temperature (T_g) is characterised by the α relaxation peak, which moves to lower
 910 temperatures as the sample WC increases. The melting of storage lipids is indicated by two peaks (L1
 911 and L2), which occur within the same temperature range independently of the sample WC. L1 and L2
 912 were further characterised by differential scanning calorimetry (DSC; refer to Supplementary Fig. S4).
 913 (B) Phase diagram constructed using DMA and DSC data. The terms "glassy" and "fluid" refer to the
 914 aqueous domain of the cytoplasm (measured by DMA), while L1 and L2 correspond to the melting
 915 peaks determined by DSC and define the range of WCs and temperature, at which the hydrophobic
 916 domain (i.e. seed storage lipids) showed physical changes. The T_g is depicted by the area within the
 917 onset (closed circles) and the peak (open circles) of the α relaxations measured by DMA. The diamond
 918 indicates the Brunauer-Emmet-Teller (BET) monolayer, calculated from water sorption isotherms of
 919 seeds equilibrated at 45 °C. White squares denote the seed WCs reached at 45 °C at the various relative
 920 humidities (RH; n ≥ 2 seeds for each WC).

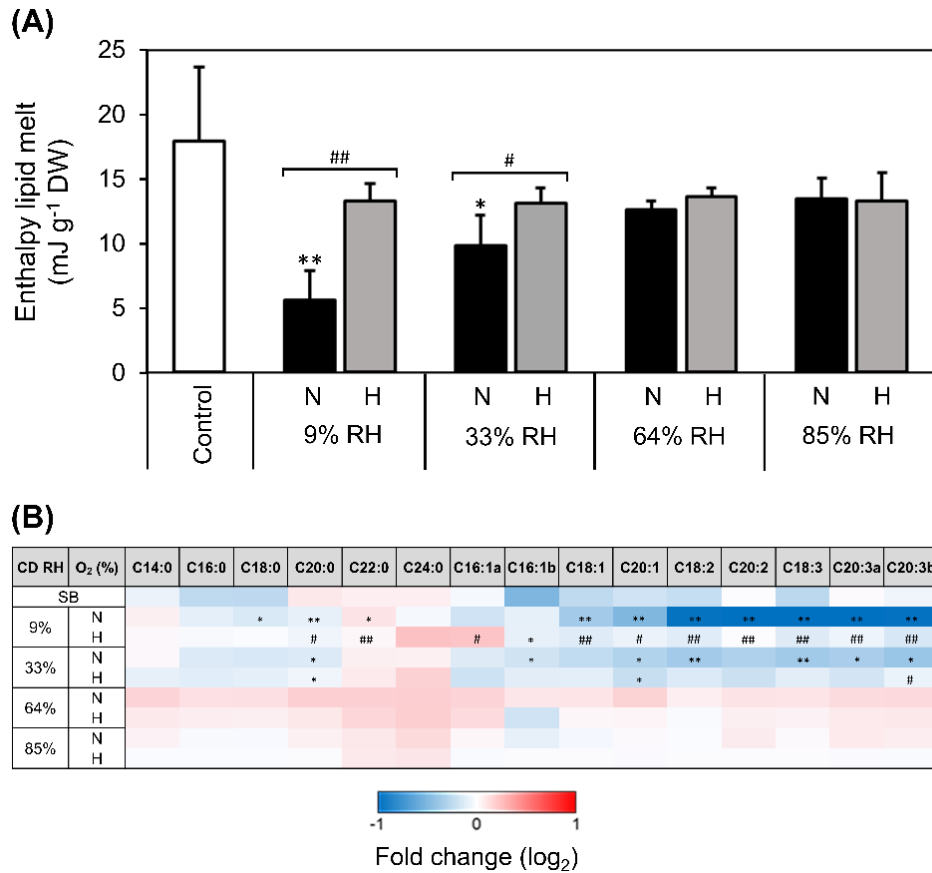


921 **Fig. 2. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**
 922 **45 °C on germination and electrolyte leakage.** *Pinus densiflora* seeds were aged under normoxia (N,
 923 black bars, 19.6% O₂) and hypoxia (H, grey bars, 0.4% O₂) at indicated RHs. (A) Total germination (TG)
 924 measured after 45 days. (B) Time to reach 25% TG. Data were calculated from the germination curves
 925 shown in Supplementary Fig. S2. (C) Electrical conductivity of seed leachates. Asterisks denote
 926 significant differences (*, *P*-value < 0.05; **, *P*-value < 0.01) after *t*-tests comparing seeds before CD
 927 (control, white bars) with seeds exposed to CD at four RHs under N or H. Hash symbols denote
 928 significant differences (#, *P*-value < 0.05; ##, *P*-value < 0.01) after *t*-tests between seeds aged under N
 929 and H at the same RH. Values of seeds stored for 20 years at ~0.06 g H₂O g⁻¹ dry weight and low
 930 temperatures (seed bank, light grey bars) are also shown. Data are means (*n* = 4 replicates of 50 seeds
 931 each) ± SE.
 932

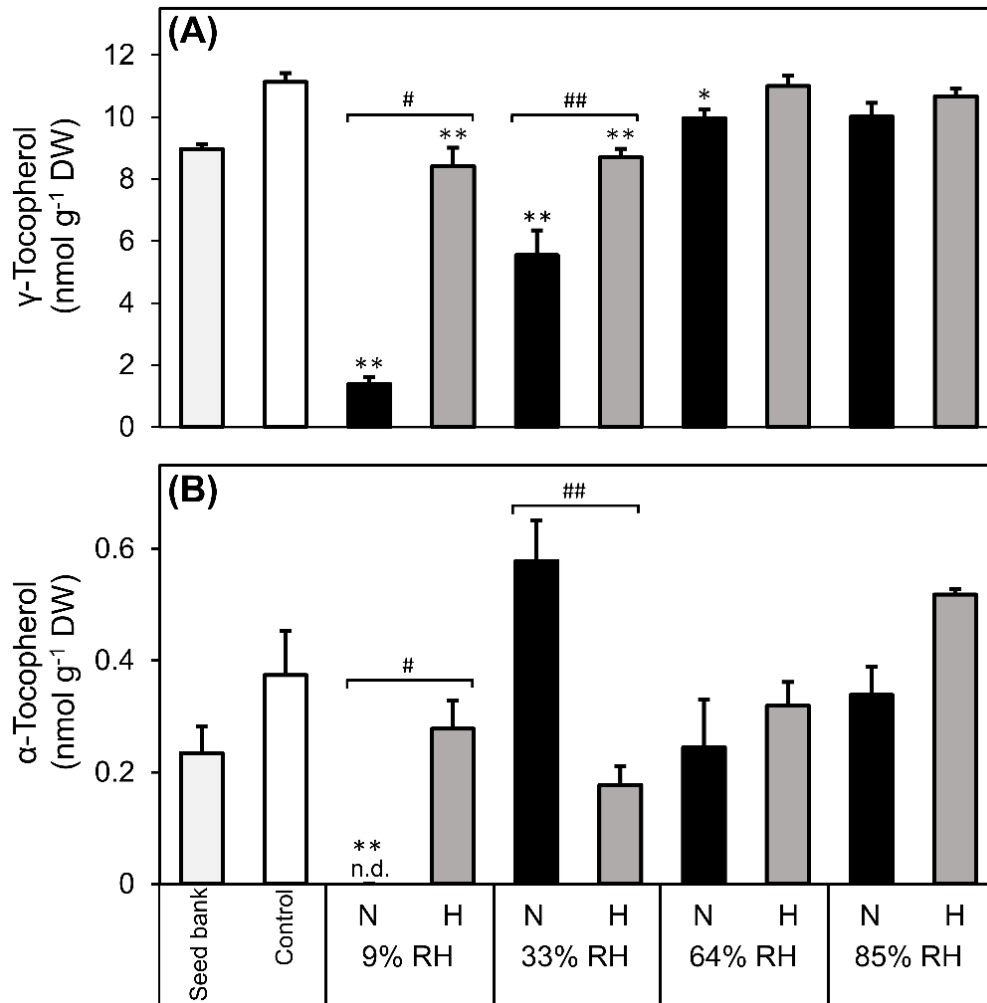


933 **Fig. 3. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**
 934 **45 °C on glutathione concentrations and redox state, and pH of seed extracts.** *Pinus densiflora* seeds
 935 were aged under normoxia (N, black bars, 19.6% O₂) and hypoxia (H, grey bars, 0.4% O₂) at indicated
 936 RHs. (A) Concentrations on a dry weight (DW) basis of the low-molecular-weight thiol glutathione (GSH,
 937 open bars) and its disulphide (GSSG, closed bars). (B) Half-cell reduction potential of the GSSG/2GSH
 938 redox couple (E_{GSSG/2GSH}) calculated according to the Nernst equation at the pH values showed in panel
 939 (C) with an offset correction. Circles indicate the E_{GSSG/2GSH} values calculated using the seed water
 940 contents at the end of seed pre-equilibration at indicated RHs and prior to CD. (C) pH of extracts
 941 obtained from finely ground seed powder. Asterisks denote significant differences (*, P-value < 0.05;
 942 **, P-value < 0.01) after t-tests comparing seeds before CD (control, white bars and open circles) with
 943 seeds exposed to CD at four RHs under N or H. Hash symbols denote significant differences (#, P-value
 944 < 0.05; ##, P-value < 0.01) after t-tests between seeds aged under N and H at the same RH. Values of
 945 seeds stored for 20 years at ~0.06 g H₂O g⁻¹ DW and low temperatures (seed bank, light grey bars) are
 946 also shown. Data are means (n = 4 replicates of 50 seeds each) ± SE.

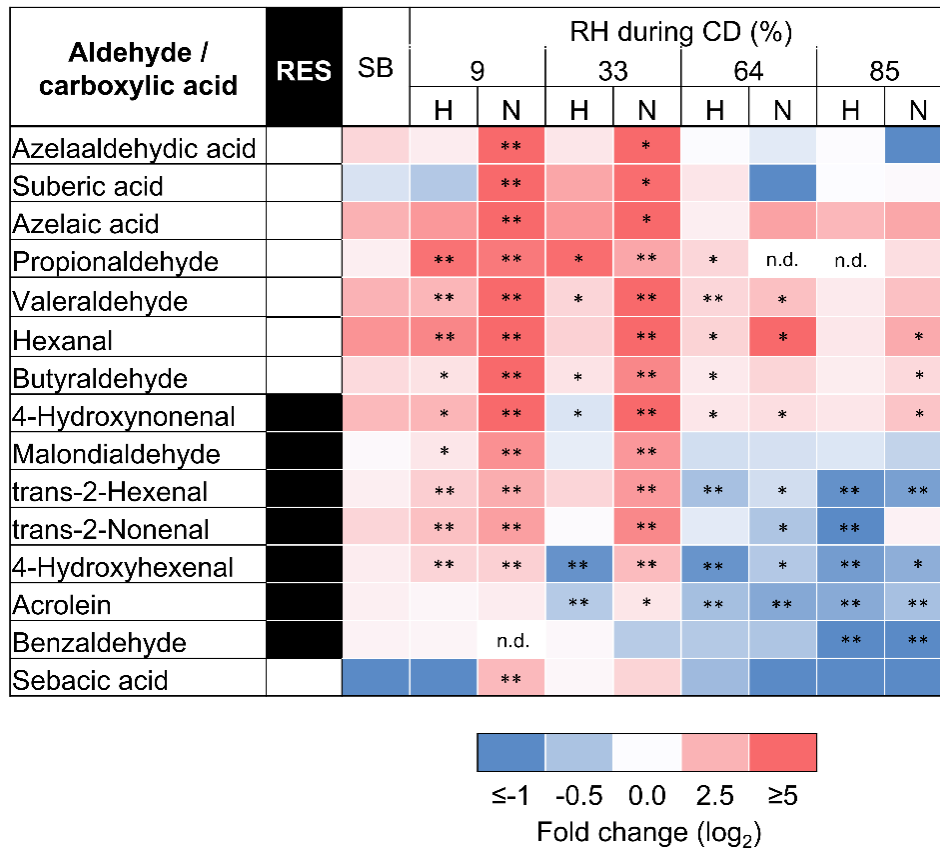
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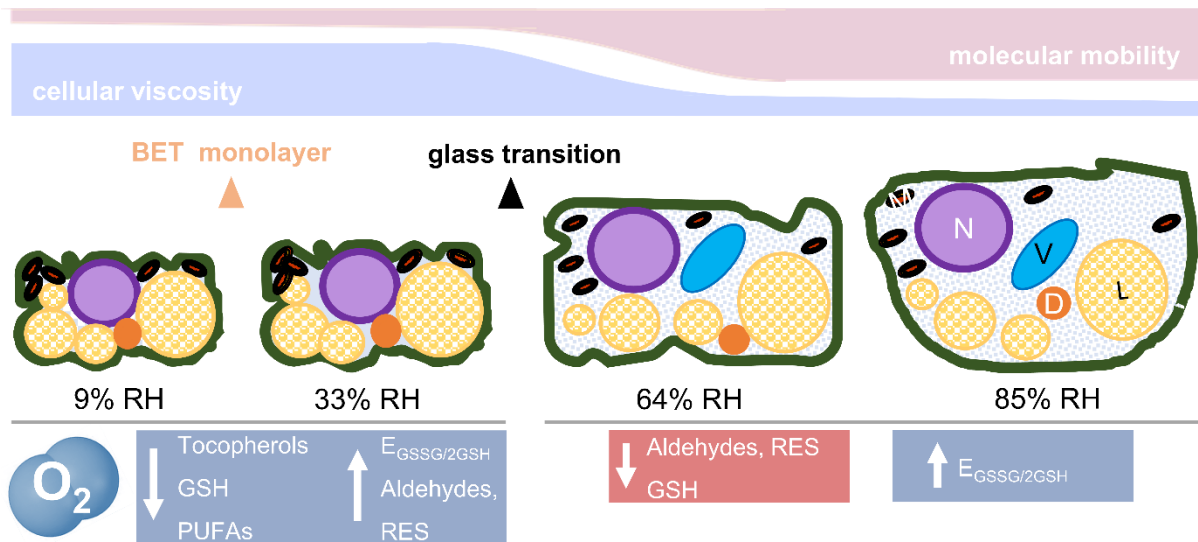
948 **Fig. 4. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**
 949 **45 °C on the enthalpy of melt of storage lipids and relative abundance of fatty acids.** *Pinus densiflora*
 950 seeds were aged under normoxia (N, black bars, 19.6% O₂) and hypoxia (H, grey bars, 0.4% O₂) at
 951 indicated RHs. (A) Enthalpy of melt of storage lipids calculated from heating scans acquired with
 952 differential scanning calorimetry on seed endosperm, after excising embryonic axes. Asterisks denote
 953 significant differences (*, *P*-value < 0.05) after *t*-tests between the endosperms of non-aged seeds,
 954 used as control, and seeds exposed to CD. Data are means (*n* = 4 seeds) ± SE. (B) Fold-change in the
 955 abundance of individual fatty acids, as compared to the non-aged control, measured as fatty acid
 956 methyl esters with gas chromatography coupled to mass spectrometry. Differences on a log₂ scale are
 957 shown by the bottom key highlighting decreases (blue), accumulation (red), and absence of changes
 958 (white). Asterisks denote significant differences (*, *P*-value < 0.05; **, *P*-value < 0.01) from *t*-tests
 959 comparing seeds before CD (control) with seeds after exposure to CD at four RHs under N or H. Hash
 960 symbols denote significant differences (#, *P*-value < 0.05; ##, *P*-value < 0.01) after *t*-tests between
 961 seeds aged under N and H at the same RH. Values of seeds stored for 20 years at ~0.06 g H₂O g⁻¹ DW
 962 and low temperatures (seed bank, SB) are also shown. Data are means (*n* = 4 replicates of 50 seeds
 963 each) ± SE. Different letters (e.g. a and b) refer to fatty acid isomers (with the same number of carbons
 964 and double bonds). C14:0, myristic acid; C16:0, palmitic acid; C18:0, stearic acid; C20:0 arachidic acid;
 965 C22:0, behenic acid; C24:0, lignoceric acid; C16:1, palmitoleic acid; C18:1 oleic acid; C20:1, eicosenoic
 966 acid; C18:2, linoleic acid; C20:2, eicosadienoic acid; C18:3, linolenic acid; C20:3, dihomo- γ -linolenic
 967 acid.



968 **Fig. 5. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**
 969 **45 °C on the concentrations of tocopherols.** *Pinus densiflora* seeds were aged under normoxia (N,
 970 19.6% O₂) and hypoxia (H, grey bars, 0.4% O₂) at the indicated RHs. Concentrations on a dry
 971 weight (DW) basis of (A) γ -tocopherol, and (B) α -tocopherol. Asterisks denote significant differences
 972 (*, *P*-value < 0.05; **, *P*-value < 0.01) from *t*-tests comparing seeds before CD (control) with seeds after
 973 exposure to CD at four RHs under N or H. Hash symbols denote significant differences (#, *P*-value <
 974 0.05; ##, *P*-value < 0.01) after *t*-tests between seeds aged under N and H at the same RH. Values of
 975 seeds stored for 20 years at ~0.06 g H₂O g⁻¹ DW and low temperatures (seed bank, light grey bars) are
 976 also shown. Data are means (*n* = 4 replicates of 50 seeds each) \pm SE; n.d. = not detected.



977 **Fig. 6. Effects of relative humidity (RH) on the influence of O₂ during controlled deterioration (CD) at**
 978 **45 °C on relative amounts of fatty acid breakdown products.** *Pinus densiflora* seeds were aged under
 979 normoxia (N, 19.6% O₂) and hypoxia (H, 0.4% O₂) at indicated RHs. Fold-change in the abundance of
 980 aldehydes (measured via ultra-high performance liquid chromatography coupled to mass
 981 spectrometry [MS]) and (di)carboxylic acids (measured via gas chromatography coupled to MS) are
 982 shown on a log₂ scale via shading, with blue and red highlighting decline and accumulation,
 983 compared to the non-aged control, respectively, as indicated by the key. Pale shading and n.d. indicate
 984 no change and when a compound was not detected, respectively. Black boxes next to compound
 985 names signify reactive electrophile species (RES). Asterisks denote significant differences (*, *P*-value
 986 < 0.05; **, *P*-value < 0.01) from *t*-tests comparing individual species in seeds before CD with
 987 seeds after CD at four RHs under H or normoxia N. Values of seeds stored for 20 years with at ~0.06 g
 988 H₂O g⁻¹ DW and low temperatures (seed bank, SB) are also shown. Data are means (*n* = 4 replicates of 50 seeds each) ± SE.



989 **Fig. 7. Schematic overview of the physicochemical changes of *Pinus densiflora* seed cells occurring in**
 990 **response to relative humidity (RH) and to O₂ availability during controlled deterioration at 45 °C.**
 991 During drying, the cytoplasm shrinks, reducing the area occupied by the cytosol and forcing in close
 992 proximity diverse organelles [nucleus (N), vacuole (V), mitochondria (M), and dry matter (D), including
 993 protein storage bodies and starch granules, the endomembrane system, and liquid lipid bodies (L)].
 994 Cell walls and membranes are folded. Below a certain moisture content (< 0.05 g H₂O g⁻¹ DW or 42%
 995 RH, as from water sorption isotherms), the seed cytoplasm and organelles solidify (see Fig. 1B), forming
 996 an amorphous glass. Therefore, most of the seed cytoplasm at 9 and 33% RH (left side) was glassy. In
 997 addition, at 9% RH, the first monolayer of water molecules adsorbed to the surface of the
 998 macromolecules (i.e the Brunauer-Emmet-Teller [BET] monolayer) was partially removed, exposing
 999 some of their areas previously covered by water. In the glassy state, cellular viscosity is high, and
 1000 molecular mobility is restricted to vibration, bending, and rotation of the side groups of
 1001 macromolecules. In this physical state, O₂ promoted lipid peroxidation, depletion of tocopherols, and
 1002 accumulation of aldehydes and reactive electrophile species (RES). Between 42 and 50% RH
 1003 (corresponding to 0.05 to 0.06 g H₂O g⁻¹ DW, see Fig. 1B), the cytoplasm changed from a glassy to a
 1004 fluid state, which remains very viscous and is also known as "rubbery" state. This was the scenario for
 1005 seeds aged at 64 and 85% RH (right side). In the fluid state, organelles tend to disperse due to the
 1006 enlarged volume of the cytosol, and molecular mobility rises in comparison to the glass (i.e. the main
 1007 chains of macromolecules are enabled to move). The biochemical changes indicated in blue were
 1008 enhanced by O₂, and those in red occurred independently of O₂ availability. GSH, glutathione; PUFAs,
 1009 (poly)unsaturated fatty acids; E_{GSSG/2GSH} half-cell reduction potential of the glutathione/glutathione
 1010 disulphide redox couple. This figure is partly adapted from Ballesteros et al., 2020.