C1q/CTRP1 exerts neuroprotective effects in TBI rats

by regulating inflammation and autophagy

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divided into primary and secondary brain injury. To be specific, primary TBI is caused by direct external

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force acting on the central nervous system. Primary TBI often leads to neurometabolic disorders, hippocampal synapse damage, neuron, astrocytic degeneration (CA1/CA3 layer, dentate gyrus) and glutamate excitotoxicity. In addition, with the subsequent destruction of the blood-brain barrier (BBB) and the persistence of neurogenic inflammation [2], there are secondary changes in nerve tissues, including a series of pathophysiological changes, energy metabolism disorders and inflammatory response [3-5], which generally aggravate neuronal necrosis, dendrite and synapse damage [2]. Both primary and secondary TBI can directly cause cognitive and behavioral dysfunction in patients, which seriously affects the patient's quality of life [6,7]. Therefore, how to attenuate the damage of primary and secondary TBI on the nerve tissue and to enhance the neuroprotective effects has become the present research focus of neuroscience and trauma science. C1q/TNF- related protein-1 (CTRP1) is a protein cytokine containing 281 amino acids, which belongs to the CTRP family. And the CTRP family is mostly involved in regulating inflammation and metabolism [8]. Similar to other CTRP family members, CTRP1 is expressed in adipose and heart tissues [9,10]. CTRP1-deficient mice show increased myocardial infarction area caused by ischemia reperfusion injury (IRI), cardiomyocyte apoptosis and expression of pro-inflammatory genes, while the up-regulation of CTRP1 protein expression can attenuate myocardial injury, indicating that CTRP1 can regulate cardiomyocyte metabolism, inhibit inflammatory response and protect the damaged cardiomyocytes [10]. Additionally, inflammatory response and pro-inflammatory cytokines can increase the secretion of CTRP1 [11-13]. Relevant studies have shown that the increased CTRP1 protein expression can suppress the inflammatory response caused by cerebral IRI [14]. Moreover, CTRP1 can regulate the autophagy of glial cells by activating the Akt/mTOR signaling pathway, thereby exerting neuroprotective effects [14]. Based on the above research, this study aimed to confirm the effectiveness of CTRP1 on neuroprotection,

and to investigate its effect on memory, cognitive and behavioral functions in TBI rats. In addition, we

further revealed the mechanism of the neuroprotective effects of CTRP1 in TBI rats.

1. Materials and methods

1.1 Animals

The use of animals and the animal procedures were conducted following the guidelines approved and formulated by the Animal Care and Use Committee of the Xuzhou Medical University. A total of 80 healthy male specific pathogen free (SPF) Sprague-Dawley (SD) rats (10 to 12 weeks old, 220 to 250 g of weight) were purchased from the Animal Experimental Center of Xuzhou Medical University. Rats were maintained under SPF condition, with the temperature of 25±1 °C, the relative humidity of 40%-60% and the light/dark cycle of 12 h/12 h. Rats were freely accessible to food and water. The rats were adaptively fed for one week before the experiment. All surgery was performed under sodium pentobarbital anesthesia, and all efforts were made to minimize suffering.

1.2 Construction of the TBI model

The modified Feeney's method was used to establish the closed TBI model¹⁶. In brief, rats were fasted and deprived of water for 12 h before operation. The head was fixed on the stereotaxic apparatus, followed by shearing and disinfection of the operation area. Afterwards, the scalp was cut along the midline sagittal of the head to expose the right parietal skull. To penetrate the skull and open a circular window 5 mm in diameter while preventing endocranial injury, a dental drill was used on the skull at a distance of 3.5 mm to the right of the skull midline and about 0.2 mm from the bregma. Subsequently, a 40 g skull batting stick was released from a height of 20 cm of the stereotaxic apparatus vertically fixed to the cannula, so as to control the subsidence depth of 0.2 cm and the diameter of striking end of approximately 0.2 cm, causing contusion of the right hemisphere. Finally, the skull defect was sealed

1.3 Grouping and drug administration

The remaining 72 rats were randomly grouped into three categories matching the NSS results, including the rCTRP1 group (TBI + rCTRP1 recombinant protein), which was given an acute intracerebroventricular injection of 80 µg/kg mouse-derived rCTRP1 recombinant protein (ANNORON, China) every 24 h for up to 7d from half an hour after TBI; the vehicle group (TBI +vehicle), which was administered with the same amount of normal saline at equal frequency to that of the rCTRP1 group after craniocerebral trauma; and the sham group, which received a craniotomy without TBI. Three time points after TBI, namely, 24 h, 72 h and 1 w, were chosen, and eight rats in each group were examined at each time point.

1.4 Morris water maze

The Morris water maze consisted of a round dark metallic pool 160 cm in diameter and 60 cm in depth that was filled with water (22±0.5°C). Water was made opaque by the addition of a dark nontoxic water-based paint to a depth of 50 cm and surrounded by a dark curtain. The pool was virtually divided into four quadrants. An escape platform (12 ×12 cm) was submerged at 1 cm below the opaque water surface and located in the center of one quadrant of the maze, approximately 30 cm from the edge of pool. Randomized to one of the four quadrants, rats were allowed to search for the hidden platform for 1 min. The rats were placed on the platform manually for 15 s if they exceeded the allotted time. Rats

were trained for five consecutive days before the experiment. Then, at 24 h, 72 h and 1 w after TBI,

rats were allowed to seek the platform in the 1-min test. After the water maze, rats were sacrificed.

Hippocampal tissue samples were immediately removed and stored at -80°C.

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1.5 Golgi-Cox staining and microscopy procedures

One side of the hippocampus of rats in each group was transferred into the impregnation solution at room temperature based on the instructions of the Golgi-Cox OptimStain Prekit (HiTO, USA). The impregnation solution was placed and stored at room temperature in dark for two weeks. The tissue was subsequently transferred into solution-3 for 12 h at 4°C. Then solution-3 was replaced and stored for 48 h at 4°C. The temperature of isopentane was attenuated to -70 °C using dry ice. The hippocampal tissue was then immersed in the isopentane and cooled down for approximately 40 s, and the absorbent paper was used to remove excess isopentane from the tissue. The freezing microtome was pre-cooled to -19°C, which was used to slowly cut the tissue into sections 120-um in thickness. The sections were transferred to a gelatin-coated slide and dried at room temperature in darkness overnight. Thereafter, the slides were rinsed in distilled water twice for 3 min each time. Later, the slides were placed in the staining mixing solution for 10 min and then in renewed distilled water twice for 4 min each time. The slides were then dehydrated in 50%, 75% and 95% ethanol (5 min each) and in 100% ethanol thrice (5 min each). Afterwards, the slides were cleaned in xylene twice (5 min each), sealed with a coverslip, and viewed by light microscopy. At least 10 neurons were randomly selected in each slice (magnification 200 times) by a trained observer blind to the experimental condition. Equi-distant (10 µm) concentric rings were placed over the tracings of the dendritic tree. The total dendritic arborization and dendritic length were measured by the amount of ring intersections with the dendritic tree. Over 10 primary dendritic branches at a length of $\ge 20 \mu m$ were traced (at $1000 \times$). The amount of dendritic spine was computed utilizing the analysis

system of Image pro-plus 6.0.

1.6 Detection of IL-6 and TNF-α by ELISA

Hippocampal tissue was harvested immediately and homogenized in lysis buffer, followed by

centrifugation at 8000g for 10 min at 4°C to collect the supernatants. The levels of IL-6 and TNF- α

were determined by ELISA kit purchased from Abcam Company (ab100785 and ab100772, Abcam,

America) according to the manufacturer's instruction.

1.7 Western blot analysis

Hippocampal tissue was centrifuged at 12000 rpm for 15 min and homogenized in ice-cold tissue lysis buffer (50 mm Tris, PH 7.5, 0.15 mm NaCl, 2% NP-40, 0.5% sodium deoxycholate, 4% SDS, and protease and phosphatase inhibitor cocktails) for 15 min. In every supernatant fraction, the BAC protein assay kit was used to measure the total protein concentration (Pierce, Rockford, IL, USA), and 15 μg Beclin-1, LC3-II and *p*-mTOR were separated by electrophoresis and then transferred onto the nitrocellulose membranes (Bio-Rad; Trans-Blot Turbo Transfer System). After several washes with TBST buffer, the membranes were blocked for 2 h with the blocking buffer (LI-COR Biosciences, Lincoln, Nebraska, USA) and later incubated with rabbit anti-Beclin-1 (1:4000; Abcam, America), rabbit anti-LC3-II (1:2000; Abcam, America), polyclonal rabbit Anti-mTOR (1:5000, Abcam, America), and rabbit anti-GAPDH (1:10,000; Abcam, America) in TBST at 4°C overnight. After four washes, the HRP-linked secondary antibodies (1:5,000, Boster Bioengineering, China) were incubated in dark for 1 h. The Image J software was used to quantify the bands (NIH, Bethesda, MD, USA).

1.8 Statistical analysis

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between rCTRP1 group and sham group at 1 w after craniocerebral trauma. However, the time was significantly shorter in rCTRP1 group than that in vehicle group at 1 w after TBI (p<0.05) (Fig 2A). Fig 2. The results of two Morris water maze tests in three groups at 24h, 72h and 1w after TBI. (A) Escape latency to locate the target platform. (B) Escape latency of reverse searching to locate the target platform. (C) After the platform was removed, the number of entries into the target quadrant (TA). *p< 0.05 vs. sham group, ** p < 0.005 vs. sham group, ***p < 0.001 vs. sham group, # p < 0.05 vs vehicle group. 2.2.2 Reverse searching ability The second quadrant of the platform was changed to the fourth quadrant, followed by re-examination of the escape latency of rats, which was used as an indicator of working memory ability. The escape latency of reserve searching was significantly prolonged in rCTRP1 group and vehicle group than that in sham group at 24 h and 72 h after craniocerebral trauma (p<0.05), and there was no significant difference in the time between rCTRP1 group and sham group at 1 w after craniocerebral trauma. However, the time was significantly shorter in rCTRP1 group than that in vehicle group at 1 w after TBI (p<0.05) (Fig 2B). 2.2.3 Spatial exploration ability The number of entries into the target quadrant (TA) after removing the underwater platform is one of the commonly used indicators to detect the spatial exploration ability of rats. In this study, the number of entries into the TA was significantly less in rCTRP1 group and vehicle group than that in sham group at 24 h and 72 h after TBI (p<0.05), and there was no significant difference in the number between rCTRP1 group and sham group at 1 w after craniocerebral trauma. While the number significantly increased in rCTRP1 group compared to vehicle group at 1 w after TBI (p<0.05) (Fig 2C).

2.3 Changes in dendrites and dendritic spines

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The alterations in dendrites and dendritic spines were observed at 24 h, 72 h and 1 w after TBI, respectively. The length and branches of dendrites significantly decreased in rCTRP1 group and vehicle group than those in sham group at 72 h and 1 w after TBI (p<0.05), and there was no significant difference in those between rCTRP1 group and sham group at 24 h after craniocerebral trauma. Moreover, the length and branches of dendrites significantly increased in rCTRP1 group compared to those in vehicle group at 1 w after TBI (p<0.05) (Fig 3ABC, Fig 4A). The dendritic spines decreased in rCTRP1 group and vehicle group than those in sham group at 24 h and 72 h after TBI (p<0.005), and there was no significant difference in those between rCTRP1 group and sham group at 1 w after craniocerebral trauma. However, the dendritic spines significantly increased in rCTRP1 group compared to those in vehicle group at 72 h and 1 w after TBI (p<0.05) (Fig 3 DEF, Fig 4B). Fig 3. Changes in dendrites and dendritic spines at 72h after TBI. (A) (the black bar is 50 µm) and (D) (the black bar is 10 µm), sham group; (B) and (E), vehicle group; (C) and (F), rCTRP1 group. Fig 4. The histogram of changes in dendrites and dendritic spines at 24h, 72h and 1w after TBI. (A) The number of ring intersections of the dendritic arborization. (B) The density of the dendritic spines. * p < 0.05 vs. sham group, **p < 0.005 vs. sham group, *** p < 0.001 vs. sham group, # p < 0.05 vs vehicle group. 2.4 Effects of CTRP1 protein on neuroinflammation As presented in Fig. 5, after TBI, enhanced concentrations of TNF- α in rCTRP1 group and vehicle group were observed at 24 h, 72 h and 1 w after TBI compared to sham group (p < 0.05); typically, the concentrations rapidly increased within 24 h after TBI and then slowly recovered to normal levels. The change trend of IL-6 concentrations in the three groups was similar to that of TNF-α at the three time points. The IL-6 and TNF-α levels in rCTRP1 group significantly decreased compared to those in vehicle

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Beclin-1 and LC3- II in each group at three time points. **(B-D)** The histogram of the expression of p-mTOR, Beclin-1 and LC3- II in each group at 24h, 72h and 1w after craniocerebral trauma. *p < 0.05 vs. sham group, **p < 0.005 vs. sham group, ***p < 0.001 vs. sham group, ###p < 0.001 vs vehicle group.

3 Discussion

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CTRP1 is a secretory glycoprotein that is expressed in the heart, liver, kidney, placenta, brain and interstitial vascular cells (including macrophages) in human and rat [15-18]. Previous studies have shown that the level of circulating CTRP1 elevates in patients with type 2 diabetes [19-20], coronary artery disease [21] and hypertension [22], and CTRP1 may be involved in the vasculitis and coagulation process in the acute phase of Kawasaki disease [23]. Studies have also demonstrated that CTRP1 possesses insulin-sensitizing effects [24,25]. Recent studies have revealed that the expression of CTRP1 significantly increases in the serum of stroke patients, and is positively correlated with the highsensitivity C-reactive protein, suggesting that CTRP1 may exert a neuroprotective effect after ischemic stroke [14]. In our study, we found that the expression of CTRP1 increased in the hippocampus of rats at 24 h after craniocerebral trauma and CTRP1 improved the behavioral and histopathological outcomes, indicating that CTRP1 might exert a neuroprotective effect after craniocerebral trauma, which was consistent with the above studies concerning stroke. A variety of studies have reported that CTPR1 can inhibit inflammation. For instance, CTPR1 protects the heart from IRI by attenuating myocardial cell apoptosis and inflammation [26]. CTRP1 is associated with ischemic heart disease. The myocardial infarction area, cardiomyocyte apoptosis and proinflammatory gene expression following IRI are up-regulated in CTPR1 knockout mice, compared with wild-type (WT) mice. In contrast, the up-regulation of CTRP1 protein can attenuate myocardial damage

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the expression of hippocampal autophagy-related proteins LC3-II and Beclin-1 by activating the mTOR signaling pathway in rats, and exerted an inhibitory effect on autophagy in hippocampus tissue after TBI, thereby decreasing autophagic injury caused by craniocerebral trauma. These findings suggest that rCTRP1 plays a neuroprotective effect by activating the mTOR signaling pathway. 4. Conclusion In this study, we find that the CTRP1 recombinant protein can improve the behavioral and histopathological outcomes, inhibit inflammatory response, activate mTOR and decrease autophagyassociated protein synthesis in TBI rats. Therefore, CTRP1 exerts neuroprotective effects in TBI rats by regulating inflammation and autophagy and has potential therapeutic properties after TBI. **CONFLICT OF INTEREST** The authors declare that there are no conflicts of interest in the authorship or publication of the contribution. REFERENCES 1. DeKosky ST, Asken BM. Injury cascades in TBI-related neurodegeneration. Brain Inj. 2017;31(9):1177-82. 2. Shandra O, Winemiller A, Heithof B, Munoz-Ballester C, George, Kijana, et al. Repetitive diffuse mild traumatic brain injury causes an atypical astrocyte response and spontaneous recurrent seizures. J Neurosci. 2019;39(10):1944-63. 3. Adams JH, Doyle D, Graham DI, LAWRENCE AE, McLELLAN DR, GENNARELLI TA, et al. The contusion index: A reappraisal in human and experimental non-missile injury. Neuropathol Appl Neurobiol. 1985;11(4):299-308. 4. Alessandrini A, Namura S, Moskowitz MA, Bonventre JV. MEK1 protein kinase inhibition protects against damage resulting from focal cerebral ischemia. Proc Natl Acad Sci USA. 1999; 96(22): 12866-5. Artuso M, Esteve A, Bresil H, Vuillaume M, Hall J, et al. The role of the Ataxia telangiectasia gene in the p53, WAF1/CIP1(p21)- and GADD45-mediatedresponse to DNA damage produced by ionizing radiation. Oncogene. 1995; 11(8):1427-1435.

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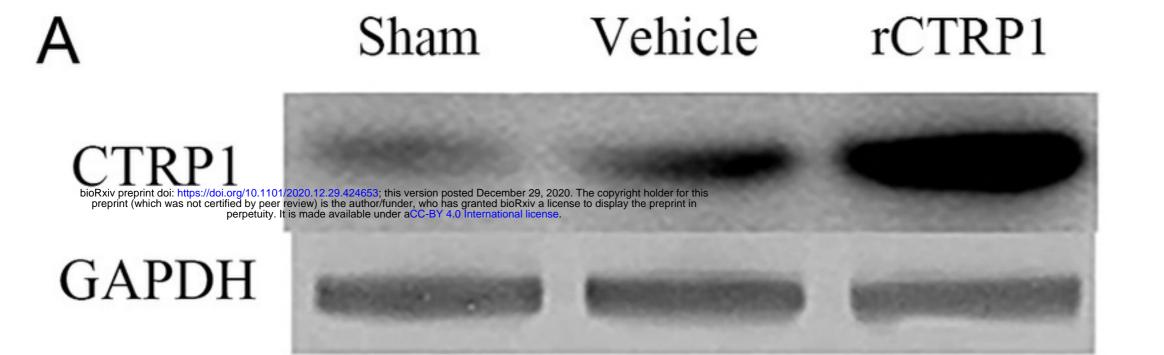
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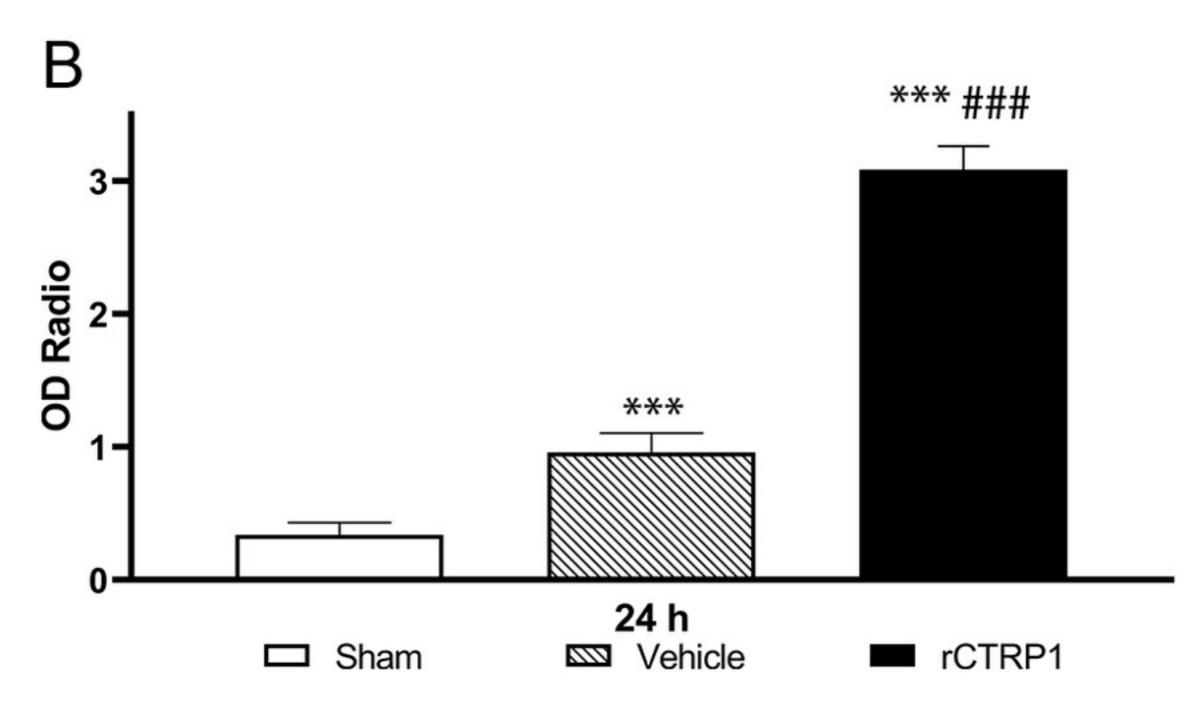
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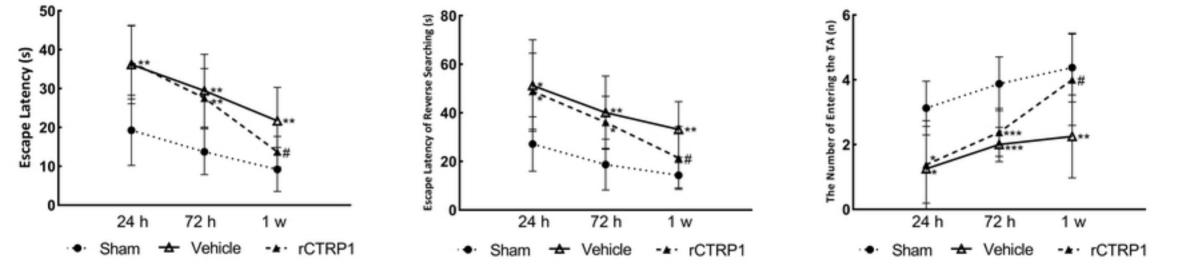
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Supporting information

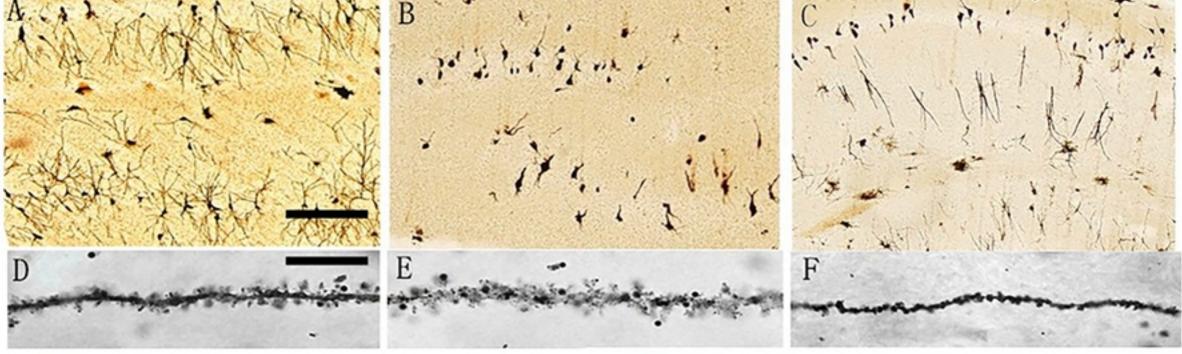
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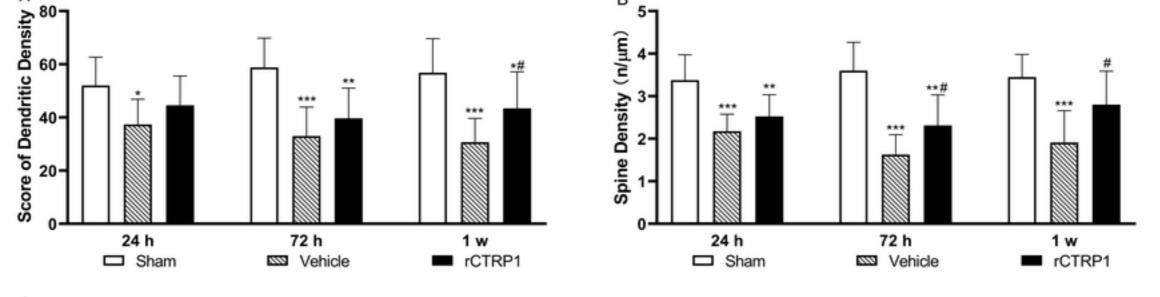




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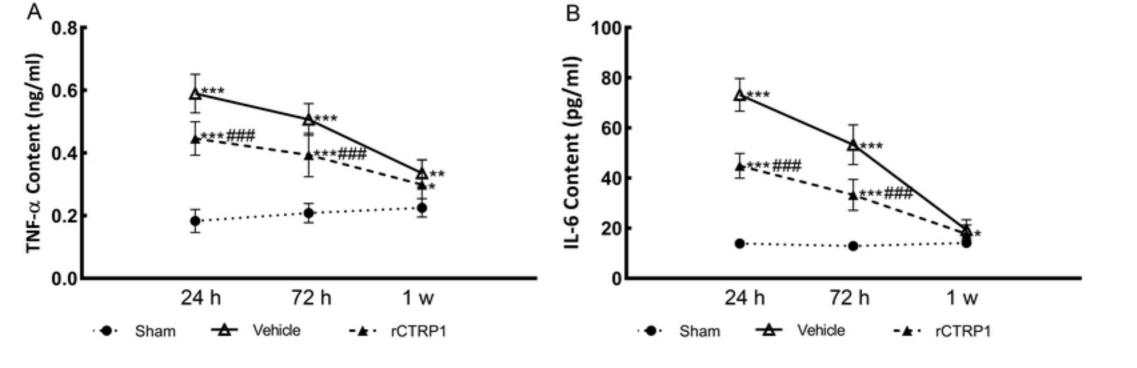
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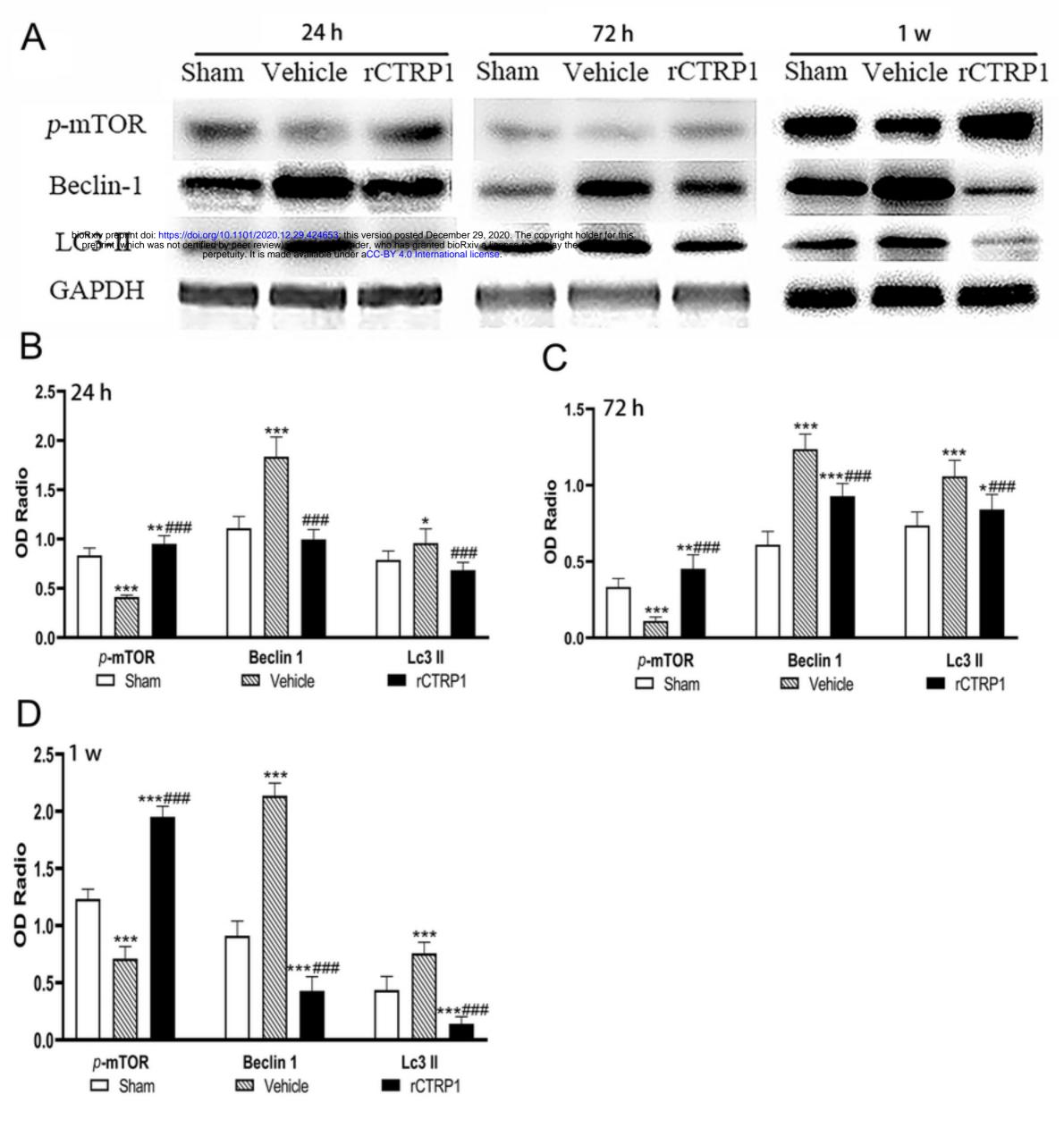
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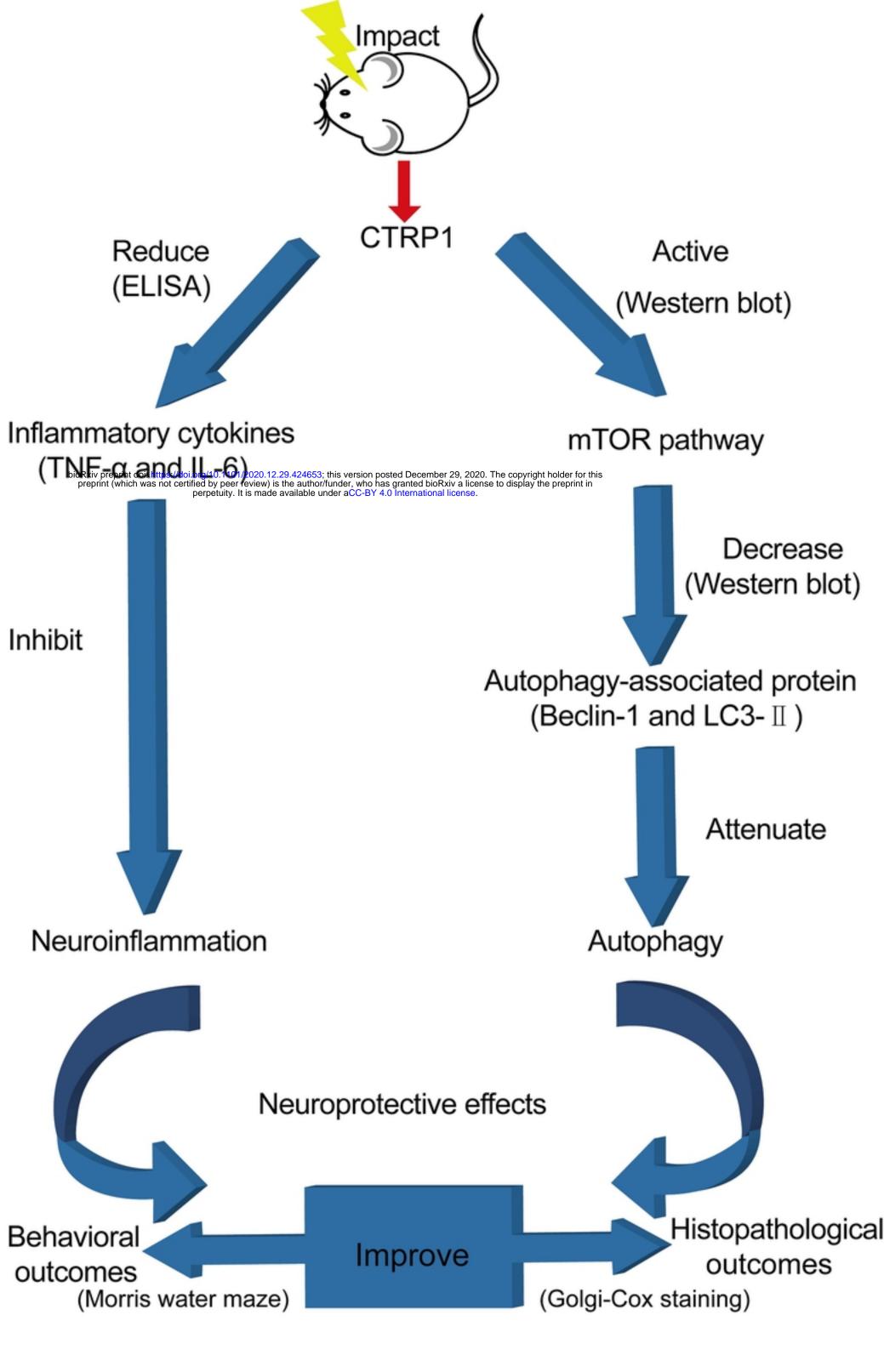


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