

1 Chronic SSRI treatment reverses HIV-1 protein-mediated synaptodendritic damage

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4 Adam R. Denton, Charles F. Mactutus, Almeera U. Lateef, Steven B. Harrod and Rosemarie M.

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Booze*

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8 Behavioral Neuroscience Laboratory, Departments of Psychology, University of South Carolina,

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Columbia, South Carolina

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24 *Corresponding Author: Rosemarie M. Booze (booze@mailbox.sc.edu)

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26 **Abstract**

27 HIV-1 infection affects approximately 37 million individuals and approximately 50% of
28 seropositive individuals will develop symptoms of clinical depression and apathy. Dysfunctions
29 of both serotonergic and dopaminergic neurotransmission have been implicated in the
30 pathogenesis of motivational alterations. The present study evaluated the efficacy of a SSRI
31 (escitalopram) in the HIV-1 transgenic (Tg) rat. Behavioral, neurochemical, and
32 neuroanatomical outcomes with respect to HIV-1 and sex were evaluated to determine the
33 efficacy of chronic escitalopram treatment. Escitalopram treatment restored function in each of
34 the behavioral tasks that were sensitive to HIV-1 induced impairments. Further, escitalopram
35 treatment restored HIV-1-mediated synaptodendritic damage in the nucleus accumbens;
36 treatment with escitalopram significantly increased dendritic proliferation in HIV-1 Tg rats.
37 However, restoration did not consistently occur with the neurochemical analysis in the HIV-1 rat.
38 Taken together, these results suggest a role for SSRI therapies in repairing long-term HIV-1
39 protein-mediated neuronal damage and restoring function.

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48 **Introduction**

49 In the United States, approximately 50% of HIV-infected individuals will experience
50 symptoms of clinical depression and/or apathy throughout their lifetime (Savetsky et al., 2001;
51 Rabkin et al., 2008; Campos et al., 2010; Bhatia and Munjal, 2014, Castellon et al., 1998). The
52 incidence of major depressive disorder in HIV seropositive individuals is roughly twice that of
53 HIV seronegative individuals (Do et al., 2014 Pence et al., 2018; Arseniou et al., 2014; Mills et
54 al., 2018). Comorbid depression remains a serious impediment to the successful treatment of
55 HIV (Farinpour et al., 2003), with depression significantly impacting adherence to combination
56 antiretroviral therapy (cART) and medical appointment attendance (Horberg et al., 2008; Pence
57 et al., 2018; Yoo-Jeong et al., 2016).

58 Apathy remains a frequent psychological disturbance among HIV seropositive
59 individuals, despite cART treatment. The persistence of apathetic symptoms despite treatment
60 is not surprising given the close association between apathetic behavioral responses and
61 clinical depression (Marin, Firinciogullari, and Biedrzycki, 1993), however, lending support to the
62 notion that apathy and depression are dissociable is that they share a differential relationship, a
63 dissociation, from neurocognitive performance in HIV seropositive subjects Castellon, et al.,
64 1998). In addition to the described symptoms, roughly half of all individuals with HIV will develop
65 some HIV-associated neurocognitive disorders (HAND) (Sanmarti, 2014; Bryant et al., 2015).

66 The development of apathy is a direct effect of HIV infection (McIntosh et al., 2015),
67 proposed as a consequent to transactivator of transcription (Tat) and envelope glycoprotein
68 (gp120) protein exposure (Bertrand et al., 2018). These proteins have been shown to produce
69 harmful effects upon the neural circuitry underlying reward pathways, and the dopaminergic
70 system more specifically (Illenberger et al., 2020). Dopaminergic dysfunction accompanying HIV
71 infection has been examined in human brain tissue (Silvers et al., 2006; Kumar et al., 2011
72 Purohit et al., 2011), cell culture systems (Aksenov et al., 2008; Bertrand et al., 2013) and in
73 animals used to model symptoms of HIV infection. (Fitting et al., 2015; Javadi-Paydar et al.,

74 2017; Bertrand et al., 2018; Denton et al., 2019). HIV-1 induced dopaminergic disruption may
75 play a critical role in apathy, which has been documented in the HIV-1 Tg rat, in response to
76 DAT dysfunction and decreased dopamine levels (Javadi-Paydar et al., 2017; Bertrand et al.,
77 2018; Denton et al., 2019).

78 The HIV-1 Tg rat brain contains seven of the nine genes that comprise the HIV viral
79 genome, resulting in a non-infectious, long-term model of HIV-1 viral protein exposure (Reid et
80 al., 2001; Vigorito et al., 2015 McLaurin et al., 2018). The HIV-1 Tg rat was initially generated
81 using an infectious provirus derivation following the deletion of the *Sph1-Bal1* fragment that
82 encompasses the *gag and pol* genes of the virus, rendering the HIV-1 Tg rat non-infectious
83 (Reid et al., 2001). Production of proteins, such as tat and gp120 proteins, remains under the
84 control of the LTR promoter. Viral proteins, such as tat, remain present in cerebrospinal fluid of
85 HIV seropositive individuals despite suppressive antiretroviral therapy and thus continue the
86 cycle of active transcription in the brain, in addition to producing oxidative stress and neuronal
87 injury (Henderson et al., 2019). Moreover, the persistence of HIV-1 infected cells in the brain is
88 associated with decreased neurocognitive performance despite long-term antiretroviral
89 adherence (Spudich et al., 2019). Exposure to viral proteins tat and gp120 is further implicated
90 in synaptic loss, which is present in both clinical populations and animal models (Toggas et al.,
91 1994; Kim et al., 2008; Fitting et al., 2008; Bertrand et al., 2013; Bertrand et al., 2014; Festa et
92 al., 2020).

93 The HIV-1 Tg rat has previously been demonstrated to have compromised
94 synaptodendritic connectivity in the nucleus accumbens core region (Roscoe et al., 2014;
95 McLaurin et al., 2018), and additionally, compromised dopaminergic and serotonergic function
96 in the nucleus accumbens core and prefrontal cortex, respectively (Denton et al., 2019). Roscoe
97 et al., (2014) reported a profound decrease in dendritic branching complexity in medium spiny
98 neurons of the nucleus accumbens, which is sex-dependent (McLaurin et al., 2018). Moreover,
99 it was reported that HIV-1 Tg rats demonstrated a distributional shift in spine length with HIV-1

100 Tg animals exhibiting shorter spine lengths in addition to decreased spine volume (Roscoe et
101 al., 2014). These findings were extended by McLaurin et al., (2018), where it was reported that
102 HIV-1 Tg rats exhibited a distributional shift in spine type, with an increased frequency of
103 dendritic spines closer to the soma relative to more distal dendritic branches (McLaurin et al.,
104 2018). HIV-1 induced alterations in synaptic connectivity may occur partially in response to viral
105 proteins and inflammatory cytokines (Kim et al., 2008; Green et al., 2019). Moreover, synaptic
106 loss has been associated with HAND (Ellis et al., 2009).

107 The impact of these alterations in dendritic complexity in the HIV-1 Tg rat has been
108 demonstrated by *in-vivo* studies of neurotransmission in the HIV-1 Tg rat. Using fast-scan cyclic
109 voltammetry techniques, HIV-1 Tg animals demonstrated diminished peak release of both
110 extracellular dopamine in the nucleus accumbens and serotonin in the prefrontal cortex.
111 Moreover, HIV-1 Tg rats exhibited altered reuptake kinetics for both dopamine and serotonin,
112 relative to control animals (Denton et al., 2019), indicating reductions in DAT and SERT
113 synaptic function. Collectively, these findings illustrate the highly reproducible structural and
114 neurochemical changes that are present within the reward circuitry of the HIV-1 Tg rat
115 (Illenberger et al., 2020), indicating a stable environment for testing neuroprotective and
116 restorative therapeutic approaches.

117 Escitalopram is a commonly prescribed antidepressant. Escitalopram is a selective
118 serotonin reuptake inhibitor (SSRI), and is one of the most selective SSRIs available, with an
119 approximately 50% greater potency relative to R-citalopram (Braestrup and Sanchez, 2004).
120 Escitalopram acts via the primary serotonin binding site of the serotonin transporter (SERT), in
121 addition to the allosteric regulatory binding site of the SERT. Consequently, escitalopram is an
122 effective medication for serotonin dysregulation (Braestrup and Sanchez, 2004). Moreover,
123 studies examining acute escitalopram treatment in mice have demonstrated efficacy in
124 increasing evoked serotonergic response. Saylor et al., (2019) examined the effects of acute
125 escitalopram administration using fast-scan cyclic voltammetry (FSCV). Following an acute

126 dosage of escitalopram, a significant (50%) increase in serotonin response was observed
127 (Saylor et al., 2019). In the current study chronic dosing of escitalopram was used, as long-term
128 use of SSRI more fully characterizes typical SSRI treatment in the context of HIV-1 infection.

129 The present study examined (1) behavioral effects of escitalopram treatment, (2) real-
130 time extracellular release and reuptake kinetics of dopamine and serotonin as measured by
131 FSCV, and finally, (3) morphologic alterations in the nucleus accumbens in the HIV-1 Tg rat.
132 Specifically, the behavioral effects of SSRI treatment in HIV-1 Tg and F344/N rats were
133 determined using a five bottle choice sucrose concentration test, a modified hole board
134 response, an elevated plus-maze task, pre-pulse inhibition (PPI) of the visual PPI and acoustic
135 startle task, and a social behavior task. FSCV was performed following the conclusion of
136 behavioral testing to evaluate dopamine and serotonin kinetics in vivo. Following sacrifice,
137 dendritic complexity and branching of medium spiny neurons (MSN) in the nucleus accumbens
138 were examined using confocal microscopy. Taken together, the present study sought to
139 determine the functional and mechanistic profile of chronic escitalopram treatment in the HIV-1
140 Tg rat, and establish the potential of SSRI therapeutics in treatment of HIV-1.

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142 **Materials and Methods**

143 **Overall Experimental Design (Figure 1)**

144 Animals were implanted with a subcutaneous pellet of escitalopram and allowed to
145 recover for one week. Following recovery, animals were tested for sucrose preference in the
146 second week. In the third week, exploratory behavior was measured using a modified hole
147 board task. Pre-pulse inhibition testing occurred during the fourth week, followed by elevated
148 plus maze testing and social behavior testing in the fifth week (Denton, 2019). Following the
149 conclusion of behavioral testing, animals were randomly assigned to undergo FSCV. Cage-
150 paired animals not assigned to voltammetry studies were sacrificed for dendritic spine analysis.

151 **Subjects**

152 Adult animals (N=73; HIV-1 Tg, n=31; F344/N, n=42; Males, n=36; Females, n=44) were
153 obtained from Envigo, (Indianapolis, IN) and pair-housed under targeted conditions of $21^{\circ} \pm 2^{\circ}$
154 C, $50\% \pm 10\%$ relative humidity with a 12 hour light: dark (0700:1900 hours) cycle. Animals
155 were pair-housed by both sex and genotype. Food (Pro-Lab Rat, Mouse, and Hamster chow #
156 3000) and water were available *ad libitum* throughout the experiment. All behavioral tasks were
157 conducted during diurnal hours and behavioral testing commenced at approximately 6 months
158 of age.

159 **Drug Treatment**

160 Escitalopram (14.76 mg pellet = 4mg/kg for 40 days) (Sigma Aldrich, Saint Louis, MO) or
161 placebo pellets (Innovative Research of America, Sarasota, FL) were subcutaneously implanted
162 in the medial neck area of each animal. In brief, animals were anesthetized using a 2-3%
163 concentration of Sevoflurane (Henry Schein Animal Health, Dublin, OH). A small
164 (approximately 3 mm) subcutaneous pocket was made into which the pellet was placed.
165 Incisions were then sutured and each animal was administered butorphanol and placed in a
166 recovery chamber with a heating pad. Animals were monitored for one-week post-operatively
167 before beginning behavioral testing.

168 **Estrous Cycle Tracking**

169 Vaginal lavage was performed at 0900 hours on each day of the testing period to
170 determine the cycle stage of female rodents. Each lavage was performed with approximately 1
171 mL of freshly prepared phosphate-buffered saline solution. The solution was administered to the
172 vagina of the rat with a standard eyedropper and quickly retracted. The solution was then
173 evaluated under a low-power light microscope to determine the cycle stage via cell type
174 morphology (Booze et al., 1999; Westwood, 2008). All female rodents were behaviorally tested
175 and sacrificed during the morning of diestrus.

176 **Methods- Behavioral Analyses**

177 **Sucrose Preference**

178 Animals were individually placed in an empty testing chamber with free access to 0%,
179 1%, 5%, 10% and 30% concentrations of sucrose solution in 100 ml graduated cylinders
180 equipped with stopper and drinking tube (Ancare, Bellmore, NY). Habituation to the five bottles
181 of sucrose occurred two consecutive days prior to the testing period using distilled H₂O in place
182 of sucrose (Denton, 2019). Following habituation, animals were tested in the morning at 1000
183 hours for 30 minutes per day across five consecutive days. Sucrose consumption was
184 measured both with respect to the meniscus and cylinder weight. Cylinder order was
185 randomized daily using a Latin square design to control for any effect of cylinder position upon
186 sucrose consumption (Bertrand et al., 2018; Denton et al., 2019).

187 **Modified Hole Board**

188 A custom made insert equipped with 16 equidistant 3.17 cm holes was placed inside a
189 40 cm³ locomotor activity chamber. Nose pokes into each hole were recorded by photocells
190 placed below the custom insert. Each nose poke was recorded by FlexField Software (San
191 Diego Instruments, San Diego CA). Following a 10 minute habituation period, recording
192 sessions occurred for 10 minutes each day for 7 consecutive days. The apparatus was cleaned
193 with a 10% ethanol solution following each testing period. Testing was performed in the
194 presence of 70db background white noise in a darkened room to encourage exploratory
195 behavior at approximately 1030 hours.

196 **Elevated Plus Maze**

197 Each animal received a single testing session in a 109 cm X 109 cm (2 open arm X 2
198 closed arm) elevated plus-maze apparatus. Behavior was recorded by a camera mounted
199 above the apparatus. Overall activity was recorded with SMART tracking software (San Diego
200 Instruments, San Diego CA). The apparatus was cleaned with a 10% ethanol solution between
201 consecutive trials. Female animals were tested while in diestrus to control for any effect of
202 estrus cycle upon the exploration of the animal. Animals with failed trials were retested one

203 week later. The dependent measure was the time spent in the open arm of the apparatus out of
204 a 10 minute session. Recording sessions occurred at approximately 1100 hours.

205 **Visual and Auditory Pre-pulse Inhibition of the Acoustic Startle Response**

206 Animals were placed in a startle chamber (SR-Lab Startle Reflex System, San Diego
207 Instruments) enclosed in an isolation cabinet (Industrial Acoustic Company) and acclimated to
208 the presence of 70dB background noise for 5 minutes at approximately 1400 hours. The
209 subjects were then presented with a series of six pulse-only trials at 100dB (Denton, 2019).
210 Following this acclimation period, subjects were presented with 36 prepulse trials of 85dB with
211 interstimulus intervals (ISIs) of 0, 8, 40, 80, 120, and 4,000 milliseconds assigned in a Latin-
212 square procedure. The stimulus occurred for 20 milliseconds. The 0 and 4000-millisecond
213 intervals were included to provide a baseline acoustic startle response. The apparatus was
214 cleaned thoroughly with a 10% ethanol solution between each session.

215 **Social and Play Behavior**

216 On the day of testing, animals were habituated to the testing room for 10 minutes.
217 Animals were then placed into an empty testing chamber at approximately 1300 hours with a
218 bodyweight and sex-matched novel partner. Rodent interaction was recorded for 10 minutes.
219 Total interaction time was recorded as a dependent measure of social behavior. Females were
220 tested in diestrus. Successive trials were conducted in previously cleaned cages to account for
221 any bias due to novel olfactory cues or debris.

222 **Methods- Fast-Scan Cyclic Voltammetry**

223 **Manufacture of Carbon Fiber Microelectrodes**

224 Carbon fiber microelectrodes were manufactured by aspirating 7 μm diameter carbon-
225 fibers (Goodfellow Inc, Coraopolis, PA) into glass capillaries (0.6 mm external diameter, 0.4 mm
226 internal diameter, A-M Systems Inc., Sequim, WA). Fibers were sealed into the capillaries with a
227 vertical pipette puller (Narishige Group, Tokyo, Japan). The exposed fiber was trimmed to
228 approximately 50 μm for evaluation of dopamine and precisely 150 μm under a low-light power

229 microscope for evaluation of serotonin, as this length is critical for proper measurement of
230 serotonin (Hashemi et al. 2009; Denton et al., 2019). Nafion, a cation exchange polymer, was
231 electrodeposited onto the carbon fiber portion of each serotonin electrode and dried for 10
232 minutes at 70° C (Hashemi et al. 2009; Denton et al., 2019).

233 **Implantation of Carbon Fiber Microelectrodes and Stimulating Pin**

234 Animals (n=40) were deeply anesthetized using 2-4% Sevoflurane approximately 6
235 weeks after being implanted with either escitalopram or placebo pellets. The animal's head was
236 placed into a stereotaxic apparatus (David Kopf Instruments, Tujunga, CA.), with a heating pad
237 to maintain constant body temperature (Denton, 2019). Carbon fiber microelectrodes were
238 placed into both the nucleus accumbens (AP: +2.6, ML: +1.6, DV: -5.8) and CA1/CA2 region of
239 the hippocampus (AP: -5.5, ML: +5.0, DV: -4.0), for evaluation of dopamine and serotonin,
240 respectively (Paxinos and Watson, 2014). A stainless steel stimulating electrode (Plastics One,
241 Roanoke VA) was implanted in the medial forebrain bundle (AP: -2.8, ML: +1.7, DV: -8.0), while
242 a silver reference electrode was placed in the hemisphere contralateral to the stimulating
243 electrode. To stimulate the release of dopamine and serotonin, biphasic pulse trains were
244 applied through a stimulus isolator (NL800A, Neurolog; Medical Systems Corp., Great Neck,
245 NY). To evaluate the release of dopamine, a triangular waveform ranging from -0.4 volts to 1.3
246 volts in amplitude was applied, while a triangular waveform ranging from 0.2 volts to 1.0 volts in
247 amplitude was used for the evaluation of serotonin. Background-subtracted cyclic
248 voltammograms were obtained as time vs. voltage (x-axis by y-axis). For both
249 neurotransmitters, stimulation parameters were held at a frequency of 60 Hz, with 120 total stim
250 pulses spaced 4ms apart and a stim to scan delay of 89.50ms. Following the conclusion of the
251 recording session, animals were sacrificed under deep anesthesia. Brains were extracted and
252 sectioned to verify current electrode placement.

253

254 **Methods-Ballistic Labeling of Medium Spiny Neurons in the Nucleus Accumbens**

255 **Preparation of Tezfel Tubing**

256 Tezful tubing (IDEX Health Sciences, Oak Harbor, WA) was cut and cleaned with a
257 solution of polyvinylpyrrolidone (PVP) (EMD Millipore Corporation, Billerica, MA) and distilled
258 H₂O and allowed to sit at room temperature before use.

259 **Preparation of DiOlistic Cartridges**

260 Cartridges were constructed as previously described (Roscoe et al., 2014). Briefly,
261 tungsten beads (Bio-Rad, Hercules, CA) and crystallized Dil (Invitrogen, Carlsbad, CA) were
262 dissolved in methylene chloride (Sigma-Aldrich, St. Louis, MO). Tungsten bead solution was
263 applied to a standard glass slide before being treated with Dil solution and mixed until air-dried.
264 The mixture was then removed from the slides and combined with distilled H₂O prior to probe
265 sonication with a Branson Sonifier 150 (Branson Ultrasonics, Danbury, CT). The solution was
266 then drawn into the previously prepared Tezfel tubing and placed into a tubing prep station (Bio-
267 Rad, Hercules, CA) for rotation until even distribution of the tungsten was achieved. The
268 remaining liquid was drawn from the tubing with a syringe and nitrogen gas was blown through
269 the tubing to ensure drying. The tubing was then cut into 13 mm segments and stored in a light-
270 proof container.

271 **Ballistic Labeling of Medium Spiny Neurons**

272 Animals (N=33) that underwent behavioral testing (and not used for voltammetry) were
273 sacrificed *via* transcardial perfusion (Variable speed peristaltic pump number 70730-064, VWR,
274 Avantor) of approximately 100 mL of freshly prepared paraformaldehyde approximately 6 weeks
275 after having been implanted with escitalopram or placebo pellets. Brains were then removed
276 and stored in paraformaldehyde. All terminal sacrifices of female rats were conducted during the
277 diestrus phase of the rat estrous cycle. Brains were sliced on a standard rat brain matrix (Ted
278 Pella, Inc., Redding, CA) at a thickness of 500 μ m.

279 Five slices were taken from the nucleus accumbens of each animal and labeled with the
280 Helios Gene Gun (Bio-Rad, Hercules, CA). Previously prepared cartridges were delivered at 70

281 psi through 3 μm pore filter papers onto the tissue. Prepared slices were then washed with PBS
282 and allowed to incubate at 4°C overnight. The following morning, all tissue was mounted and
283 cover-slipped with Fisherbrand 22X50-1.5 glass coverslips (Fisher Scientific, Pittsburgh
284 PA)(Roscoe et al., 2014; McLaurin et al., 2018). Slices were imaged with a Nikon TE- 2000E
285 confocal microscope (pinhole size 30 μm , pinhole projected radius 167 nm) using a green
286 helium-neon laser with an emission of 533 nm (Nikon, Tokyo, Japan). Three neurons were
287 imaged at both 20x and 60x magnification. 60x (n.a. = 1.4) images were traced for dendritic and
288 spine complexity using NeuroLucida 360 (MBF Biosciences, Williston, TX). One neuron per
289 animal was used to evaluate spine parameters using Neurolucida Explorer (MBF Biosciences,
290 Williston, TX). Dendritic spines were classified according to backbone length using an algorithm
291 internal to NeuroLucida 360 (Rodriguez et al., 2008). Length (μm), volume (μm^3), and head
292 diameter (μm) were evaluated for each neuron. Spine lengths were defined as between .01 μm
293 and 4 μm (Blanpied and Ehlers, 2004; Rusczycki et al., 2012) while spine volume was
294 measured between 0.02 μm^3 and 0.2 μm^3 (Merino-Serrais et al., 2013; McLaurin et al., 2018).
295 Spine head diameter was defined as between 0.3 μm and 1.2 μm (Bae et al., 2012). A Sholl
296 analysis was performed to examine dendritic complexity as measured by the number of
297 intersections at successive 10 μm radii (Sholl, 1953).

298

299 **Data Analysis**

300 Statistical analyses were performed using analysis of variance (ANOVA) and regression
301 techniques (SPSS Statistics 25, IBM Corp., Somers, NY; BMDP statistical software (release 8.1,
302 Statistical Solutions Ltd, Cork, Ireland; SAS/STAT Software 9.4, SAS Institute, Inc., Cary, NC;
303 GraphPad Software, Inc., Version 5.02, La Jolla, CA), where the alpha criterion of $p \leq 0.05$ was
304 considered to be statistically significant. Orthogonal decompositions the Greenhouse-Geisser df
305 correction factor and/or logarithmic transformations were utilized to address potential violations
306 of the compound symmetry assumption. Based on the *a priori* aims of the present study,

307 planned comparisons were conducted to evaluate the impact of chronic HIV-1 viral protein
308 exposure (i.e., F344/N placebo vs. HIV-1 Tg placebo), the effect of escitalopram treatment in
309 restoring function (i.e., HIV-1 Tg escitalopram vs. HIV-1 Tg placebo), and the magnitude of the
310 escitalopram effect (i.e., HIV-1 escitalopram vs. F344/N placebo). All graphs were produced
311 with GraphPad Software.

312 For evaluation of sucrose preference, a mixed model factorial ANOVA was utilized
313 where genotype, sex, and treatment were held as between-subject factors where the variable
314 concentration of sucrose was held as a within-subjects factor. Regression analyses were utilized
315 to examine the concentration response curves. Similarly, a mixed model factorial ANOVA was
316 used for evaluation of pre-pulse inhibition where transgene, sex, and treatment were held as
317 between-subject factors where variable inter-stimulus interval was held as a within-subjects
318 factor. To evaluate modified hole board, elevated-plus maze performance, and social behavior,
319 a factorial ANOVA was employed to examine the effects of treatment, sex, and transgene.
320 Rodent age was held as a covariate across all analyses.

321 Voltammetric recordings were obtained using customized software written in LabView
322 (Knowmad Technologies LLC). Color plots of the evoked chemicals were generated within the
323 data analysis features of the custom software. GraphPad Prism (version 5) was used to produce
324 current versus time plots for each neurotransmitter of interest. Peak concentrations of
325 neurotransmitter release were analyzed with a factorial ANOVA. Rates of release and reuptake
326 of individual analytes were calculated using nonlinear regression where K , a nonlinear rate
327 constant, was evaluated for both release and reuptake. Peak concentration values were
328 obtained from the raw evoked electrical current.

329 Frequency distributions of spine parameters were compared using histograms of the
330 entire data sets. Sholl analysis was performed using NeuroLucida Explorer to examine dendritic
331 branching and complexity. A mixed model ANOVA and discriminant function analysis were used
332 to analyze spine parameters obtained from Sholl analysis.

333

334 **Results**

335 **Sucrose Preference**

336 Sucrose consumption curves plotted as a function of sucrose concentration are illustrated
337 in **Figure 2 (A-D)**. Significant effects of genotype were observed on sucrose consumption
338 (**Figure 2A**) and indicated by a genotype by concentration interaction [$F(4, 224) = 5.94$,
339 $p \leq 0.0001$] with a prominent quadratic component [$F(1, 56) = 6.18$, $p \leq 0.016$]. Linear and non-
340 linear modeling of the response curves to sucrose concentration further illustrated the HIV-1-
341 mediated alteration. Specifically, dose-dependent responding to sucrose concentrations
342 proceeded in a robust linear fashion ($r^2 > 0.97$) in F344/N control animals whereas, in contrast,
343 dose-dependent responding in HIV-1 Tg animals proceeded in a prominent quadratic fashion
344 (one-phase association, $r^2 > 0.97$). The difference in dose-response functions was not
345 confounded with any positional or side bias of the animals as illustrated by mean sucrose
346 consumption from each bottle position (**Figure 2B**). Differential effects of escitalopram
347 treatment on the consumption curves were indicated between genotypes [$F(4, 224) = 5.94$,
348 $p \leq 0.0001$]. A prominent quadratic concentration by genotype by escitalopram interaction was
349 revealed [$F(1, 56) = 4.16$, $p \leq 0.046$]. As shown, escitalopram did not alter sucrose consumption
350 in the F344/N control animals; the dose-dependent sucrose consumption analysis revealed a
351 global linear fit independent of escitalopram treatment ($r^2 = 0.92$) (**Figure 2C**). However, for the
352 HIV-1 Tg animals, escitalopram treatment restored the quadratic dose-response function
353 ($r^2 > 0.97$) to a prominent linear function ($r^2 = 0.88$) (**Figure 2D**).

354 **Modified Hole Board**

355 Exploration in the modified hole board (**Figure 3A**), as indexed by nose poke behavior,
356 was sensitive to the effect of both genotype and escitalopram treatment [genotype by
357 escitalopram interaction, $F(1, 56) = 12.18$, $p \leq 0.0009$]. A significant effect of genotype was
358 confirmed in the placebo treated animals [$F(1, 56) = 10.01$, $p \leq 0.0025$] with the HIV-1 Tg animals

359 displaying a greater number (>70%) of nose pokes than F344/N controls. It was also noted that
360 there was no longer an effect of genotype after escitalopram treatment [$F(1,56)= 2.79, p\geq 0.10$].
361 Escitalopram treatment significantly decreased the number of nose pokes in HIV-1 Tg animals
362 towards the levels of F344/N placebo controls [$F(1, 56) =5.28, p\leq 0.025$]. In contrast,
363 escitalopram treatment increased the number of nose pokes in F344/N controls significantly
364 above their placebo levels, an effect driven by the female animals [$F(1, 56) =7.92, p\leq 0.007$].

365 **Elevated Plus Maze**

366 Exploration time in the elevated plus maze (**Figure 3B**) was less sensitive to an effect of
367 the HIV-1 transgene [$F(1, 72) =2.46, p>0.10$], an effect clearly absent in both the females [$F(1,$
368 $72) <1.0$] but also not compelling in the male animals [$F(1, 72) =3.69, p=0.059$]. In the absence
369 of a genotype effect, the evidence for an effect of escitalopram therapy was not expected nor
370 observed. The overall increased exploration in female animals (independent of genotype) after
371 repeated escitalopram treatment failed to meet statistical significance [$F(1, 72) =3.01, p=0.087$].

372 **Social and Play Behavior**

373 Total interaction time, recorded as the dependent measure of social behavior (**Figure**
374 **3C**), was insensitive to the effects of the HIV-1 transgene, escitalopram treatment, or their
375 interaction [all $F_s < 1.0$]. There was also no effect of sex, but a three-way interaction of
376 genotype by sex by treatment was confirmed [$F(1,66)=4.27, p\leq 0.043$]. Interpretation of that
377 latter term was guided by the significant two-way interaction of escitalopram treatment by sex in
378 the F344/N animals [$F(1,66)=4.26, p\leq 0.043$] and of the genotype by sex two-way interaction in
379 the escitalopram treated animals [$F(1,66)=6.67, p\leq 0.012$]. The presence of the differential
380 genotype by sex effect is illustrated in the right panel of **Figure 3C** with $M>F$ in F344/N vs $F>M$
381 in HIV-1 Tg animals. The modulation of social behavior by escitalopram was not expected nor
382 particularly relevant to its therapeutic potential given the insensitivity of the task to a genotype
383 effect.

384 **Visual Pre-pulse Inhibition of the Acoustic Startle Response**

385 Visual PPI was sensitive to both genotype and escitalopram treatment (**Figure 4A-4D**).
386 As illustrated, a significant main effect of genotype [$F(1,34)=10.26$, $p\leq 0.0029$] accompanied by a
387 prominent quadratic ISI by genotype interaction [$F(1,34)=12.02$, $p\leq 0.0014$] demonstrated a
388 significant impairment in preattentive processing of the HIV-1 Tg animals relative to F344/N
389 controls (**Figure 4A**). Further specific comparison of the ISI curves of the placebo treated
390 animals of both genotypes revealed that the response amplitudes of the HIV-1 Tg animals were
391 significantly less sensitive to response modulation by the ISI than F344/N controls
392 [$F(5,170)=5.31$, $p\leq 0.005$]. There was no effect of sex nor interaction of sex with genotype or
393 escitalopram or with ISI [$F_s < 1.0$] (**Figure 4B**). Escitalopram treatment did not appear to
394 significantly alter the ISI curves of the F344/N animals (**Figure 4C**). In contrast, escitalopram
395 treatment did significantly shift the shape of the ISI curves of the HIV-1 Tg animals toward that
396 of the F344/N control animals, imparting a greater sensitivity to modulation by the ISI
397 [$F(5,170)=4.08$, $p\leq 0.02$] (**Figure 4D**). Thus, in the presence of a significant genotype
398 impairment in temporal sensitivity treatment with escitalopram was able to significantly restore
399 functionality towards that of F344/N controls.

400 **Auditory Pre-pulse Inhibition of the Acoustic Startle Response**

401 Auditory PPI was also sensitive to both genotype and escitalopram treatment (**Figure**
402 **5A-5D**). As illustrated, a significant main effect of genotype [$F(1,37)=9.69$, $p\leq 0.0036$]
403 accompanied by a prominent quadratic ISI by genotype interaction [$F(1,37)=8.97$, $p\leq 0.005$]
404 demonstrated a significant impairment in preattentive processing of the HIV-1 Tg animals
405 relative to F344/N controls (**Figure 5A**). Further specific comparison of the ISI curves of the
406 placebo treated animals of both genotypes revealed that the response amplitudes of the HIV-1
407 Tg animals were significantly less sensitive to response modulation by the ISI than F344/N
408 controls [$F(5,170) = 5.31$, $p\leq 0.008$]. There was no effect of sex nor interaction of sex with
409 genotype or escitalopram or with ISI [$F_s < 2.0$] (**Figure 5B**). Escitalopram treatment did not
410 appear to significantly alter the ISI curves of the F344/N animals (**Figure 5C**). Although

411 escitalopram treatment appeared to shift the shape of the ISI curves of the HIV-1 Tg animals
412 toward that of the F344/N control animals (**Figure 5D**; peak inflection away from 200 msec), a
413 significant difference between the ISI curves remained between the two genotype groups
414 [$F(5,185) = 3.87, p \leq 0.038$]. Overall, in the presence of a significant genotype impairment in
415 temporal sensitivity escitalopram was able to facilitate a partial restoration of functionality
416 towards that of F344/N controls.

417 **Dopamine and Serotonin Voltammetry**

418 Decreases in peak transmission and reuptake of dopamine (**Figure 6A-C**) and serotonin
419 (**Figure 7A-C**) were found in the HIV-1 Tg rat. Maximal evoked concentration (C_{max}) was
420 impaired in transgenic animals across both dopamine and serotonin recordings. [Dopamine,
421 $F(1,9) = 33.25, p \leq 0.001$; Serotonin, $F(1,16) = 60.97, p \leq 0.001$]. Additionally, rates of reuptake as
422 defined by the nonlinear rate constant (k) were impaired in transgenic animals relative to control
423 animals (Denton, 2019). [Dopamine, F344/N $K = 0.43$, HIV-1Tg $K = 0.73$ $F(1,2634) = 19.19$,
424 $p \leq 0.001$; Serotonin, F344/N $K = 0.37$, HIV-1Tg $K = 0.56$ $F(1,4314) = 7.308, p \leq 0.05$.]

425 No statistically significant differences relative to control were found for dopamine
426 transmission in HIV-1 Tg rats treated with escitalopram [$F(91,150) = 1.00, p \geq 0.05$ (**Figure 6D-**
427 **E**). Evoked rates of maximal dopamine release were not statistically significant across a
428 genotype by treatment analysis [$F(1,18) = 0.123, p \geq 0.05$.], though HIV-animals treated with
429 SSRI medication demonstrated the lowest peak concentration. Rates of reuptake were not
430 statistically different for HIV-1 Tg animals treated with escitalopram, compared to control
431 [$k = 0.41$ $F(1,1414) = 0.47, p \geq 0.05$], though F344/N animals treated with escitalopram
432 demonstrated slower rates of reuptake than animals treated with placebo [$k = 0.49$ vs. $k = 0.23$
433 $F(1,3834) = 16.1, p \leq 0.001$] (Denton, 2019).

434 Increases in serotonin transmission were found in F344/N control animals treated with
435 escitalopram, but not in HIV-1 Tg rodents (**Figure 7D-E**). Rates of clearance (reuptake) were
436 slower in animals treated with escitalopram ($k = 0.55$) relative to animals treated with placebo

437 ($k=0.34$) [$F(1,4074)=9.18$, $p\leq 0.05$]. While F344/N animals treated with escitalopram displayed a
438 55% increase in peak evoked serotonergic potential, the effect was not significant
439 [$F(1,30)=0.99$, $p=ns$] although rates of reuptake were altered for animals treated with
440 escitalopram [$k=0.32$ vs. $k=0.20$ $F(1,7674)=23.75$, $p\leq 0.01$].

441 **Medium Spiny Neuron Branching/Morphology**

442 Overall, MSNs of HIV-1 Tg animals treated with escitalopram exhibited greater dendritic
443 length, volume, and intersections at distal radii, demonstrating that escitalopram was effective in
444 promoting dendritic complexity and proliferation in the nucleus accumbens of HIV-1 Tg animals.
445 Frequency distributions of spine length of medium spiny neurons in the nucleus accumbens
446 revealed a genotype/treatment interaction effect with escitalopram altering length distributions
447 for both HIV-1 Tg and F344/N animals (**Figure 8A-B**). However, escitalopram did not appear to
448 alter frequency distributions for head diameter or volume. Moreover, escitalopram appeared to
449 alter spine morphology in HIV-1 Tg rats, as individuals treated with escitalopram exhibited
450 higher frequencies of stubby and mushroom spine types across successive radii when
451 compared with placebo-treated HIV-1 Tg animals (**Figure 8C-D**). Sholl analysis revealed a
452 statistically significant interaction effect for treatment and genotype upon dendritic proliferation.
453 HIV-1 Tg animals demonstrated markedly less dendritic complexity when compared with control
454 counterparts. However, treatment with escitalopram served to dramatically improve dendritic
455 complexity in HIV-1 Tg animals, even normalizing animals to control levels with respect to
456 dendritic intersections at concentric radii (**Figure 9A-B**). [$F(1,8)=5.34$, $p<0.05$]. A similar effect
457 was found with respect to length and volume, although the effects were not statistically
458 significant [$F(1,13)=2.18$, $p\geq 0.05$; $F(1,13)=1.51$, $p\geq 0.05$, respectively]. Additionally, a
459 discriminant function analysis with jackknife resampling procedure was performed to determine
460 whether animals could be accurately classified into treatment groups (placebo vs. escitalopram)
461 based upon dendrite intersections obtained from the Sholl analysis. Using the parameter of

462 dendrite intersection/radii for each of the concentric radii, animals were correctly classified into
463 treatment groups with 100% accuracy [Wilks' $\lambda=0.216$, $\chi^2_{(12)}=26.02$, $p\leq 0.05$].

464
465 **Discussion**

466 Chronic escitalopram treatment significantly increased dendritic complexity and altered
467 spine morphology in the HIV-1 Tg rat. Previous reports found extensive HIV-induced damage to
468 MSNs in the nucleus accumbens of HIV-1 Tg rats (Roscoe et al., 2014; McLaurin et al., 2018)
469 thus, synaptodendritic restoration may be a key target for therapeutic intervention. We found
470 that chronic escitalopram administration was successful in restoring dendritic complexity to
471 MSNs in the nucleus accumbens of HIV-1 Tg rats, even to control levels. These findings
472 suggest therapeutic efficacy for escitalopram in repairing HIV-mediated damage in the nucleus
473 accumbens. The behavioral and preattentive processing tasks that were sensitive to
474 impairments in the HIV-1 Tg animals were also sensitive to demonstrating functional
475 improvements with escitalopram treatment. However, escitalopram treatment did not restore
476 neurotransmission deficits in HIV-1 Tg rats. Serotonergic functioning in F344 animals was
477 improved by escitalopram treatment; in contrast, HIV-1 Tg animals treated with escitalopram
478 failed to display an increase in serotonergic functioning. Nevertheless, escitalopram treatment
479 represents an important first step toward effective therapeutic intervention in repairing HIV-
480 mediated synaptodendritic damage and restoring functional impairments following exposure to
481 HIV-1 proteins. A summary of the observed effects is included in Figure 10.

482 Simultaneous decreases in release and reuptake rates for dopamine and serotonin
483 activity were found in HIV-1 Tg rats, relative to F344/N controls. Dopaminergic impairments in
484 the nucleus accumbens are consistent with previous research (Javadi-Paydar et al. 2017),
485 which employed *ex vivo* striatal brain slices to examine DA reuptake in HIV-1 Tg rats. Moreover,
486 the present findings are consistent with previous reports (Denton et al., 2019), which
487 demonstrated severe monoamine dysfunction in intact HIV-1 Tg rats. Specifically, dopaminergic

488 functioning in the HIV-1 Tg rat following long-term HIV-1 protein exposure is characterized by
489 slower reuptake rates from diminished peak concentrations of dopamine. (Denton et al., 2019).
490 These findings are consistent with both preclinical PET imaging studies (Sinharay et al. 2017)
491 and clinical PET imaging studies (Chang et al. 2008). Acute in vivo studies (Ferris et al., 2009)
492 reported decreased extracellular striatal dopamine concentrations following HIV-1 Tat protein
493 infusion. In contrast, others have reported transitory increases in dopamine levels in the nucleus
494 accumbens (at 3 days; Kesby et al., 2016a) which did not persist (absent at 10 days; Kesby et
495 al., 2016b), following acute induction of Tat protein expression in astrocytes (Kesby et al.,
496 2017). The inconsistency of dopamine levels following acute Tat protein exposure is further
497 illustrated by the puzzling findings of increased dopamine concentrations in the prefrontal cortex
498 at 7 days post-induction of Tat, without any accompanying changes in striatal dopamine levels
499 (Strauss et al., 2020). Although it is difficult to reconcile findings from acute studies (i.e, 1-2
500 weeks) in terms of dopaminergic alterations following HIV-1 protein exposure (i.e., reports of
501 regionally specific increases, decreases, and no changes in dopamine), with findings from
502 chronic HIV-1 protein exposure (months to years via the HIV-1 Tg rat, i.e., similar to long-term
503 HIV-1 exposure in humans) which clearly and reliably show decreased extracellular dopamine
504 levels and impairs mesocorticolimbic circuit neurotransmission (for review, see Illenberger et al.,
505 2020; Bertrand et al., 2018). The decreases in dopaminergic functioning play a key role in HIV-1
506 apathy (Bertrand et al., 2018) and HAND (Moran et al., 2019; McLaurin et al., 2020).

507 The nucleus accumbens core and shell regions receive dense input from serotonergic
508 neurons from the raphe nucleus (Van Bockstaele et al., 1993). The shell region of the nucleus
509 accumbens contains axons and axon terminals that are of larger diameter and greater varicosity
510 than those observed in the nucleus accumbens core region. Axon terminals in the nucleus
511 accumbens core contain vesicles of greater density and form symmetrical synaptic contact with
512 dendrites in this region. Consequently, serotonin has been reported to regulate dopamine
513 release within the nucleus accumbens in both an excitatory and inhibitory manner (Parsons et

514 al., 1993). Serotonin has been shown to increase dialysate dopamine in the nucleus
515 accumbens (Parsons et al., 1993), whereas 5-HT_{2C} receptor agonists have been shown to
516 decrease mesocorticolimbic dopamine function, with 5-HT_{2C} antagonists showing the opposite
517 effect (Di Matteo et al., 2001). Thus, interactions between serotonin and dopamine might be
518 anticipated in the HIV-1 Tg rat, and in these studies both neurochemical systems reacted
519 similarly to long-term HIV-1 protein exposure.

520 Presently, we report no sex differences in dopaminergic transmission between male and
521 female rats. These findings are in line with previous studies from our laboratory employing fast-
522 scan cyclic voltammetry which did not elucidate an effect of sex in dopaminergic release or
523 reuptake (Denton et al., 2019). Moreover, these findings are in line with findings from
524 microdialysis studies examining sex differences in dopamine between male and female rats
525 (Egenrieder et al., 2020). In a review and meta-analysis, Egenrieder and colleagues (2020)
526 report that there are consistently no sex differences in dopamine levels in either the caudate
527 putamen or nucleus accumbens. In the current studies, female animals were sacrificed on the
528 day of diestrus; an estrus stage of low ovarian hormone levels. Our prior studies (Bertrand et al.,
529 2018) were conducted in ovariectomized female animals. Future studies may study the role of
530 ovarian hormones across the estrus cycle to determine how estrogen and progesterone levels
531 may impact dopaminergic and serotonergic function in the HIV-1 Tg rat.

532 Serotonin transmission using FSCV is characterized by a quick rise to peak evoked
533 concentration followed by reuptake mechanisms specific to the site being measured (West et
534 al., 2018; Abdalla et al., 2019). These site-specific uptake phases were identified as Uptake 1
535 and Uptake 2 (Shaskan and Snyder 1970). Uptake 1 occurs as a result of the activity of the
536 (SERT). Consequently, Uptake 1 is characterized by a high affinity for serotonin molecules but
537 low efficiency. Studies of serotonin recordings in mice have characterized Uptake 1 as a single
538 decay curve from peak concentration that is relatively slow and persists for approximately 12
539 seconds. Uptake 2 occurs as a result of non-SERT transporters and is characterized by higher

540 efficiency, but lower capacity and affinity. Studies in mice have shown that Uptake 2 has a much
541 shorter decay curve that reaches baseline activity quickly (Abdalla et al., 2019). These studies
542 have further suggested that serotonin release in the hippocampus is largely mediated by Uptake
543 2 (non-SERT) mechanisms (West et al., 2018; Abdalla et al., 2019). Such findings may
544 potentially explain why escitalopram was not found to alter serotonin kinetics in HIV-1 Tg
545 animals in the present study. Escitalopram is known for its high affinity for SERT (Braestrup and
546 Sanchez, 2004), but as the kinetics of hippocampal serotonin do not appear to be as highly
547 mediated by SERT, the present findings may result from escitalopram failing to mediate
548 hippocampal specific serotonin kinetics, such as Uptake 1. Future experiments examining
549 prefrontal cortex kinetics using FSCV, (previous research from our lab has indicated
550 synaptodendritic and functional impairment in the PFC – McLaurin et al., 2018; Denton et al.,
551 2019), would be informative relative to the role of SERT in HIV-1.

552 Synaptic loss, without neuronal death, is associated with HIV-1 and likely underlies
553 neurocognitive impairments (Everall et al., 1999; Ellis et al., 2009). As HIV-1 does not directly
554 infect neurons, synaptic loss is a result of exposure to viral products such as HIV Tat and gp120
555 (Fitting et al., 2015). Specifically, the cysteine-rich region of the Tat protein has been shown to
556 play a critical role in the development of synaptic loss (Bertrand et al., 2013). Synaptic damage
557 may be a result of Tat-produced proteasome-mediated degradation of micro-tubule-associated
558 protein 2 (MAP2), which consequentially results in a collapse of cytoskeletal filaments and
559 spine/synaptic loss (Kim et al., 2008). Whereas cellular death requires calcium-mediated
560 neuronal nitric oxide synthesis, synaptic damage associated with Tat is not mediated by nNOS,
561 but rather ubiquitin-proteasomal pathways (Aprea et al., 2006; Kim et al., 2008). HIV-induced
562 synaptic loss may result from a compensatory process to avoid cellular death (Green et al.,
563 2019), thereby altering circuit connectivity (Illenberger et al., 2020). HIV viral proteins and
564 inflammatory cytokines in the brain result in excessive activation of glutamatergic pathways,
565 particularly in the frontostriatal pathways, which are critical for apathy. Previous reports highlight

566 the potential reversibility of HIV-1 induced dendritic damage, including the present report (Kim et
567 al., 2008; Kim et al., 2011; Bertrand et al., 2014). More research is needed to more fully
568 elucidate effective treatments for HIV-1 induced synaptodendritic damage, although
569 phytoestrogen treatment (Bertrand et al., 2014; McLaurin et al., 2020), cannabinoid receptor
570 activation (Kim et al., 2011), and the presently discussed SSRI treatment are promising
571 treatment avenues. Moreover, functional endpoints of neurocognition are essential (McLaurin et
572 al., 2019) in any assessments of neurorestorative treatments for apathy and HAND.

573 What is unclear from the present findings, however, is why escitalopram-mediated
574 improvement in the dendritic spine profile did not produce a likewise improvement in
575 neurochemistry, particularly regarding dopaminergic functioning in the nucleus accumbens. The
576 present finding that escitalopram treatment increased mushroom spine proliferation, suggests
577 the potential to rectify many of the deleterious effects of HIV-1. Mushroom spines are
578 associated with the upper limits of synaptic strength and represent mature synaptic connections
579 (Yuste, 2010; Berry & Nedivi, 2017). Moreover, these spine subtypes have the largest spine
580 head volume of all spine subtypes, which correlates to a larger pre-synaptic zone and post-
581 synaptic density. Increased size of the post-synaptic density is furthermore correlated with both
582 the size of the active pre-synaptic zone and the number of docked pre-synaptic vesicles (Berry
583 & Nedivi, 2017). Escitalopram treatment also increased in stubby spine subtypes. The stubby
584 spine types may have little to offer in the context of neurotransmission, as their shape and lack
585 of a voluminous head do not engender effective neuronal communication when compared to
586 spine subtypes such as thin or mushroom (Yuste, 2010; Bae et al., 2012). Though stubby spine
587 populations are maintained in the adult brain, they are typically considered to be markers of
588 incomplete synaptic development (Yuste, 2010; Berry & Nedivi, 2017). Moreover, increases in
589 stubby spine proliferation are often associated with neuropathology, including clinical
590 depression (Buyukdura et al., 2013). The findings that escitalopram increases both mushroom

591 and stubby subtypes suggest that escitalopram treatment may be a first step toward repair of
592 HIV-mediated damage in the nucleus accumbens.

593 The most likely explanation for why an increase in neurotransmission was not observed
594 is the timing of the present investigations, coupled with the likelihood that full restoration of
595 neurochemical processes and circuitry occurs slower than the formation of dendritic spines.
596 Such a hypothesis would explain why escitalopram produced an increase in spine subtypes
597 conventionally associated with immaturity while likewise increasing populations of those types
598 that represent the upper limits of synaptic strength. Future studies of chronic escitalopram may
599 show increased neurotransmission if measured at longer times from treatment onset. Thus,
600 while escitalopram has the potential to dramatically increase dendritic branching and spine
601 proliferation within six weeks of treatment, SSRI therapies may require a longer treatment
602 period to reach full effect. Nevertheless, spine loss in the context of HIV-1 can be recovered by
603 therapeutic intervention. Full recovery of circuit potential may take longer than changes in
604 dendritic spines, thus a longer investigation may observe the full restoration of circuit
605 connectivity and attenuation of dopaminergic and serotonergic deficits following treatment with
606 escitalopram.

607 Visual and auditory PPI impairments in the HIV-1 Tg rat have been consistently reported
608 by our laboratory (Moran et al., 2013; McLaurin et al., 2016; McLaurin et al., 2017; McLaurin et
609 al., 2018). SSRI treatment was effective in restoring function for both visual or auditory PPI
610 deficits in the HIV-1 Tg rat, albeit the evidence was stronger for the visual PPI task. HIV-1 Tg
611 animals displayed consistent abnormalities in PPI across interstimulus interval (ISI). The
612 additional behavioral tasks that were sensitive to the HIV-1 transgene, e.g., sucrose preference
613 and hole board, both also displayed convincing evidence of restoration of function with
614 escitalopram treatment. The curvilinear shift in response to variable sucrose concentration
615 observed for HIV- Tg rats was restored to a linear function with escitalopram. The observed
616 curvilinear shift in sucrose concentration responses for HIV-1 Tg rats is a novel finding within

617 the literature, as previous reports have not indicated a significant difference between sucrose
618 response in HIV-Tg and F344 animals (Bertrand et al., 2018); however, that prior report was
619 conducted with ovariectomized female animals. Rodent performance in the modified hole board
620 revealed a statistically significant effect of genotype, with a prominent increase in nose poke
621 behavior of the HIV-1 Tg animals. Escitalopram treatment significantly reduced that exploratory
622 behavior to approximate F344/N control levels. Neither the plus maze nor social behavior tasks
623 were particularly sensitive to any impairment by the HIV-1 transgene; given this insensitivity no
624 specific therapeutic effect of escitalopram would be expected. Overall, escitalopram was quite
625 effective at modulating behavioral responses in HIV-1 Tg rats in each and every task that was
626 sensitive to detecting HIV-1 protein induced impairments, suggesting escitalopram enabled
627 functional recovery from HIV-1.

628 **Conclusions**

629 In the present study, therapeutic efficacy of escitalopram was found in treating HIV-1 Tg
630 rats when examining spine complexity, as SSRI treatment was found to increase dendritic
631 proliferation in HIV-1 Tg rats and consequently normalize these animals to control levels of
632 complexity and proliferation. Similarly, the therapeutic efficacy of escitalopram was suggested in
633 each of the behavioral tasks that were sensitive to impairments produced by the HIV-1
634 transgene. Given that the present findings reveal that escitalopram did not improve
635 serotonergic tone in the HIV-1 Tg rat, but increased transmission in control rats, it is likely the
636 case that dendritic repair precedes restoration of circuit neurotransmission and function. In
637 sum, chronic escitalopram treatment is an effective therapeutic approach for HIV-1 mediated
638 synaptodendritic damage as well as for HIV-1 induced behavioral impairments, and moreover,
639 has the potential for repair of HIV-1 neurological deficits and functional restoration of HAND.
640

641 **Compliance with Ethical Standards**

642 This experiment was conducted in accordance with the recommendations of the National
643 Institute of Health's Guide for the Care and Use of Laboratory Animals. Research protocols
644 used were approved by the University of South Carolina Institutional Animal Care and Use
645 Committee (assurance number: D16-00028). Additionally, the authors report no conflicts of
646 interest or competing financial interests.

647

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653

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878

879 **Figure Captions**

880 **Figure 1:** Experimental Design. Rats (N=73; HIV-1 Tg, n=31; F344/N, n=42; Males, n=36;
881 Females, n=44) were implanted with a subcutaneous pellet of escitalopram and allowed to
882 habituate to the 14.76 mg pellet of escitalopram for 1 week. Following this initial week, rats were
883 tested in each behavioral task during the subsequent 4 weeks. Directly after the conclusion of
884 behavioral testing, rats were implanted with electrodes for FSCV recording (n=40) or sacrificed
885 for dendritic spine analysis (n=33).

886
887 **Figure 2:** Sucrose preference testing. Five bottle sucrose preference test using a 0%, 1%, 5%
888 10% and 30% concentration. **A.** Dose-dependent responding to sucrose concentrations
889 proceeded in a robust linear fashion ($r^2 > 0.97$) in F344/N control animals whereas, in contrast,
890 dose-dependent responding in HIV-1 Tg animals proceeded in a prominent quadratic fashion
891 (one-phase association, $r^2 > 0.97$). **B.** The difference in dose-response functions was not
892 confounded with any positional or side bias of the animals as illustrated by mean sucrose
893 consumption from each bottle position. **C.** Escitalopram did not alter sucrose consumption in the
894 F344/N control animals; the dose-dependent sucrose consumption analysis revealed a global
895 linear fit independent of escitalopram treatment ($r^2 = 0.92$). **D.** However, for the HIV-1 Tg animals,
896 escitalopram treatment restored the quadratic dose-response function ($r^2 > 0.97$) to a prominent
897 linear function ($r^2 = 0.88$).

898
899 **Figure 3:** **A.** Exploration in the modified hole board, as indexed by nose poke behavior, was
900 sensitive to the effect of both genotype and escitalopram treatment [genotype X escitalopram
901 interaction, $F(1, 56) = 12.18$, $p \leq 0.0009$]. **Left panel.** The HIV-1 Tg animals displaying a greater
902 number (>70%) of nose pokes than F344/N controls [$F(1, 56) = 10.01$, $p \leq 0.0025$]. **Right panel.**
903 Escitalopram treatment significantly decreased the number of nose pokes in HIV-1 Tg animals
904 towards the levels of F344/N placebo controls [$F(1, 56) = 5.28$, $p \leq 0.025$]. In contrast,

905 escitalopram treatment increased the number of nose pokes in F344/N controls significantly
906 above their placebo levels, an effect driven by the female animals [F(1, 56) =7.92, p≤0.007].

907 **B.** Exploration time in the open arm of an elevated plus maze apparatus. **Left panel.**

908 Exploration time in the elevated plus maze was not sensitive to an effect of the HIV-1 transgene
909 [F(1, 72) =2.46, p>0.10], an effect clearly absent in females [F(1, 72) <1.0] but also not robust in
910 the males [F(1, 72) =3.69, p=0.059]. **Right panel.** In the absence of a genotype effect, the
911 evidence for an effect of escitalopram therapy was not expected nor observed.

912 **C.** Social interaction time. Animals were tested with a novel sex and bodyweight matched

913 partner in a novel cage across a ten minute trial period. **Left panel.** Total interaction time,

914 recorded as the dependent measure of social behavior was insensitive to the effects of the HIV-
915 1 transgene, escitalopram treatment, or their interaction [all Fs < 1.0]. **Right panel.** In the

916 escitalopram treated animals [F(1,66)=6.67, p≤0.012] a genotype by sex effect was observed

917 with M>F in F344/N vs F>M in HIV-1 Tg animals. The modulation of social behavior by

918 escitalopram was not expected nor particularly relevant to its therapeutic potential given the

919 insensitivity of the task to a genotype effect.

920

921 **Figure 4:** Visual Prepulse inhibition. Animals were tested during one session following a

922 habituation session which occurred the day before. Visual PPI was sensitive to both genotype

923 and escitalopram treatment. **A.** As illustrated, a significant main effect of genotype

924 [F(1,34)=10.26, p≤0.0029] accompanied by a prominent quadratic ISI by genotype interaction

925 [F(1,34)=12.02, p≤0.0014] demonstrated a significant impairment in preattentive processing of

926 the HIV-1 Tg animals relative to F344/N controls, i.e., the response amplitudes of the HIV-1 Tg

927 animals were significantly less sensitive to response modulation by the ISI than F344/N controls

928 [F(5,170)=5.31, p≤0.005]. **B.** There was no effect of sex nor interaction of sex with genotype or

929 escitalopram or with ISI [Fs < 1.0]. **C.** Escitalopram treatment did not appear to significantly

930 alter the ISI curves of the F344/N animals. **D.** Escitalopram treatment did however significantly

931 shift the shape of the ISI curves of the HIV-1 Tg animals toward that of the F344/N control
932 animals, significantly restore functionality [$F(5,170)=4.08$, $p\leq 0.02$].

933

934 **Figure 5:** Auditory Prepulse inhibition Animals were tested during one session following a
935 habituation session which occurred the day before. Auditory PPI was also sensitive to both
936 genotype and escitalopram treatment. **A.** As illustrated, a significant main effect of genotype
937 [$F(1,37)=9.69$, $p\leq 0.0036$] accompanied by a prominent quadratic ISI by genotype interaction
938 [$F(1,37)=8.97$, $p\leq 0.005$] demonstrated a significant impairment in preattentive processing of the
939 HIV-1 Tg animals relative to F344/N controls, i.e., the response amplitudes of the HIV-1 Tg
940 animals were significantly less sensitive to response modulation by the ISI than F344/N controls
941 [$F(5,170) = 5.31$, $p\leq 0.008$]. **B.** There was no effect of sex nor interaction of sex with genotype or
942 escitalopram or with ISI [$F_s < 2.0$]. **C.** Escitalopram treatment did not appear to significantly
943 alter the ISI curves of the F344/N animals. **D.** Although escitalopram treatment appeared to
944 shift the shape of the ISI curves of the HIV-1 Tg animals toward that of the F344/N control
945 animals (peak inflection away from 200 msec) restoring functionality, a significant difference did
946 remain between the two genotype ISI curves [$F(5,185) = 3.87$, $p\leq 0.038$].

947

948 **Figure 6** Fast Scan Cyclic Voltammetry of dopamine **A:** Colorplots for HIV-1 Tg animals (top)
949 and F344/N animals (bottom). **B.** Stimulus pin implant location (red) and recording carbon fiber
950 microelectrode (blue). **C.** Evoked dopaminergic potentials for HIV-1 Tg animals (pink) and
951 F344/N controls (blue). Dopamine peak release was impaired in HIV-1 Tg animals relative to
952 F344 controls [$F(1,9)=33.25$, $p\leq 0.001$]. Additionally, rates of reuptake were significantly impaired
953 in the HIV-1 Tg rat [$F_{344/N} K=0.43$, HIV-1Tg $K=0.73$ $F(1,2634)=19.19$, $p\leq 0.01$]. **D.** Evoked
954 dopaminergic potentials for F344/N animals treated with placebo (blue) and F344/N animals
955 treated with escitalopram (pink). **E.** Evoked dopaminergic potentials for HIV-1 Tg animals
956 treated with placebo (blue) and HIV-1 Tg animals treated with escitalopram (pink). Escitalopram

957 treatment did not attenuate dopaminergic release deficits in HIV Tg animals [$F(1,18)=0.123$,
958 $p=ns$]. Moreover, rates of reuptake were not significantly different for HIV-1 animals treated with
959 escitalopram [$k=0.41$ $F(1,1414)=0.47$, $p=ns$].

960
961 **Figure 7.** Fast Scan Cyclic Voltammetry of serotonin **A:** Colorplots for HIV-1 Tg animals (top)
962 and F344/N animals (bottom). **B.** Stimulus pin implant location (red) and recording carbon fiber
963 microelectrode (blue). **C.** Evoked serotonergic potentials for HIV-1 Tg animals (pink) and
964 F344/N controls (blue). Serotonin peak release was impaired in HIV-1 Tg animals relative to
965 F344 controls $F(1,16)=60.97$, $p\leq 0.001$]. Additionally, rates of reuptake were significantly
966 impaired in the HIV-1 Tg rat [F344/N $K=0.37$, HIV-1Tg $K=0.56$ $F(1,4314)=7.308$, $p\leq 0.05$.] **D.**
967 Evoked serotonergic potentials for F344/N animals treated with placebo (blue) and F344/N
968 animals treated with escitalopram (pink). **E.** Evoked serotonergic potentials for HIV-1 Tg animals
969 treated with placebo (blue) and HIV-1 Tg animals treated with escitalopram (pink). Escitalopram
970 treatment did not attenuate serotonin release deficits in HIV Tg animals, but did marginally
971 improve peak serotonin concentration in F344 animals [$F(1,30)=0.99$, $p=ns$]. Rates of reuptake
972 were slower for animals treated with escitalopram than for placebo-treated animals [$k=0.32$ vs.
973 $k=0.20$ $F(1,7674)=23.75$, $p\leq 0.01$].

974
975 **Figure 8.** Chronic escitalopram treatment produced increased populations of mushroom
976 spines. **A:** Relative frequency distributions of dendrite length of MSNs in the nucleus
977 accumbens are illustrated for placebo controls as a function of genotype; note the leftward shift
978 in the HIV-1 Tg animals. **B.** Relative frequency distributions of dendrite length of MSNs in the
979 nucleus accumbens are illustrated for escitalopram treated animals as a function of genotype;
980 note the reduction in peakedness in the HIV-1 Tg animals. **C-D.** Frequency distributions of
981 mushroom dendritic spines displayed across concentric radii also showing shifts as a function of
982 genotype (**C**) and escitalopram (**D**).

983

984 **Figure 9.** Escitalopram treatment dramatically increased dendritic proliferation and connectivity
985 in HIV-1 Tg rats. **A:** Sholl analysis of dendritic intersections/radii are shown for HIV-1 Tg
986 animals separated by treatment condition. **B.** Sholl analysis of dendritic intersections/radii are
987 shown for F344/N animals separated by treatment condition. Treatment with escitalopram
988 served to dramatically improve dendritic intersections at distal radii in HIV-1 Tg animals
989 [$F(1,8)=5.34$, $p<0.05$], normalizing dendritic complexity similar to control levels. Confocal images
990 of medium spiny neurons from the nucleus accumbens are presented for HIV-1 Tg rats treated
991 with placebo (**C**) and escitalopram (**D**).

992

993 **Figure 10.** Summary of observed effects.

Experimental Design

Week 1

Implantation of Pellet



Week 2

Sucrose Preference Testing



Week 3

Modified Hole Board Testing



Week 4

Pre-pulse Inhibition Testing



Week 5

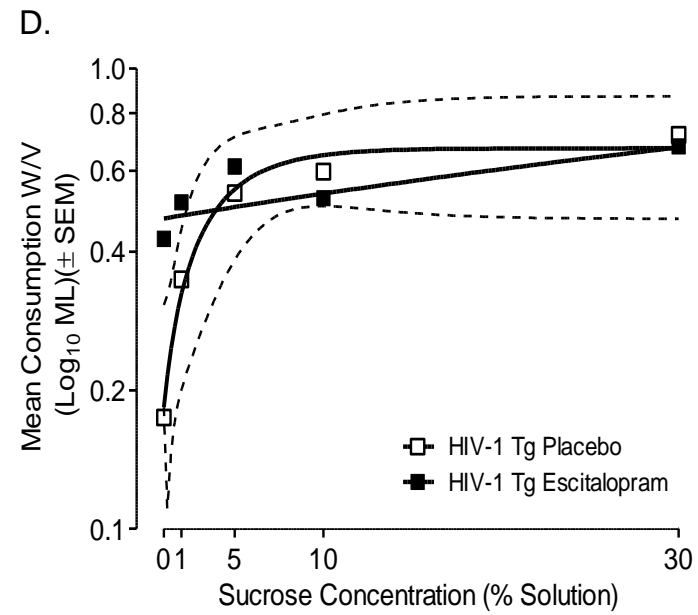
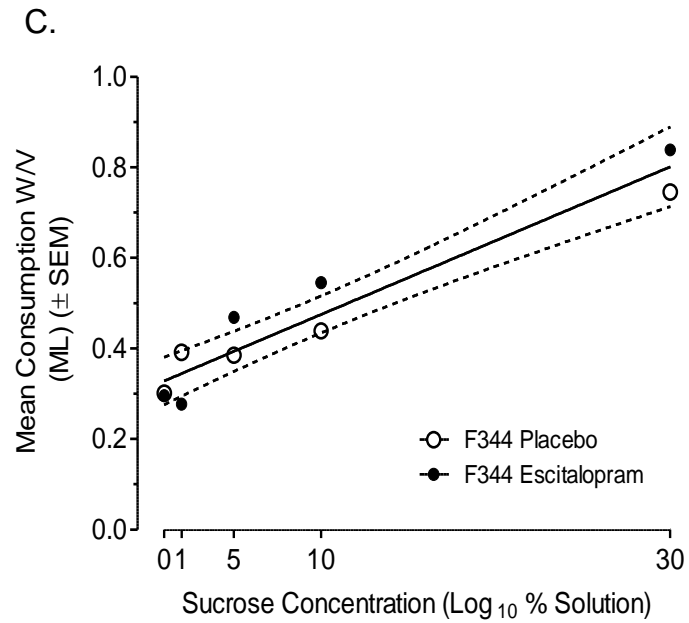
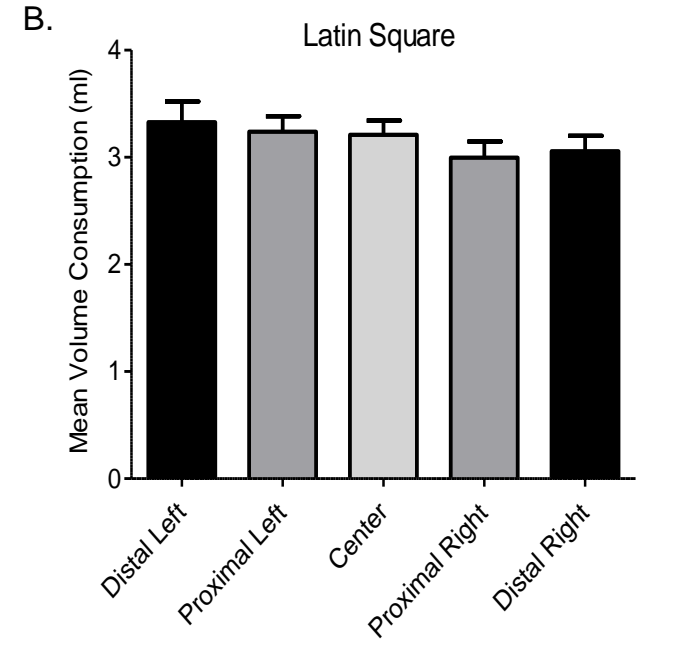
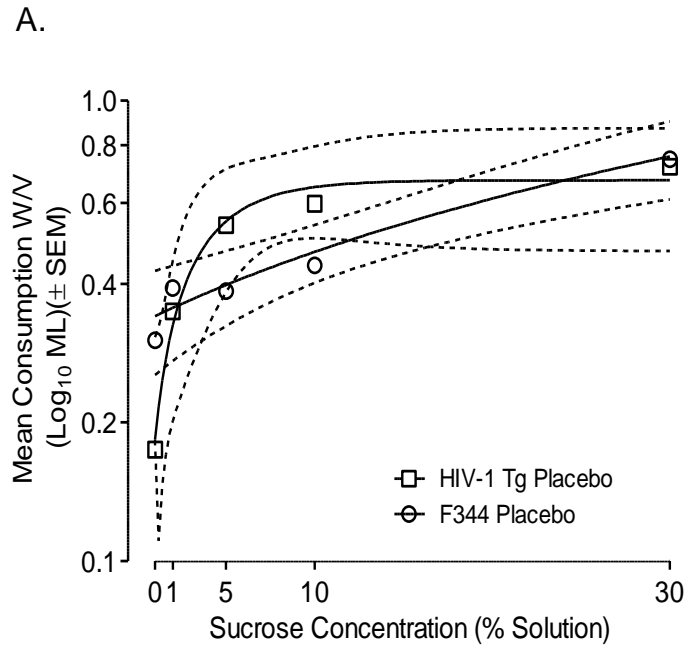
Elevated Plus Maze/ Social Interaction



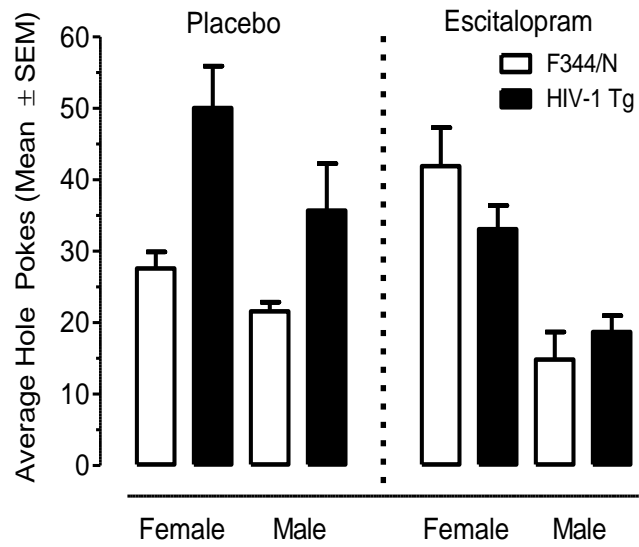
Week 6

FSCV

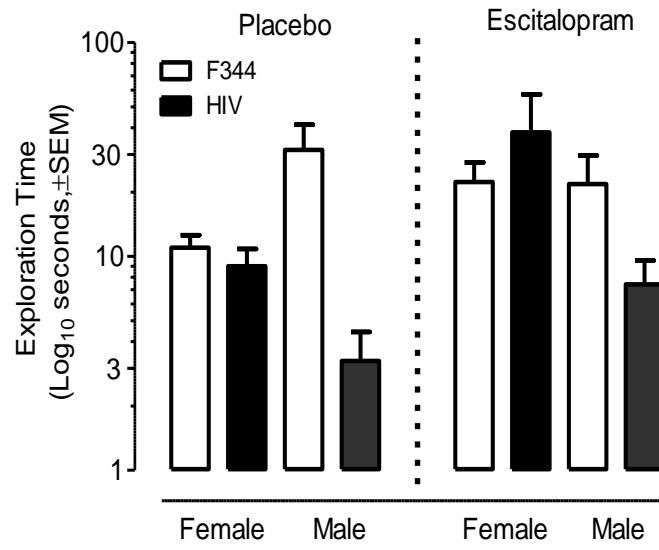
Spine Analysis



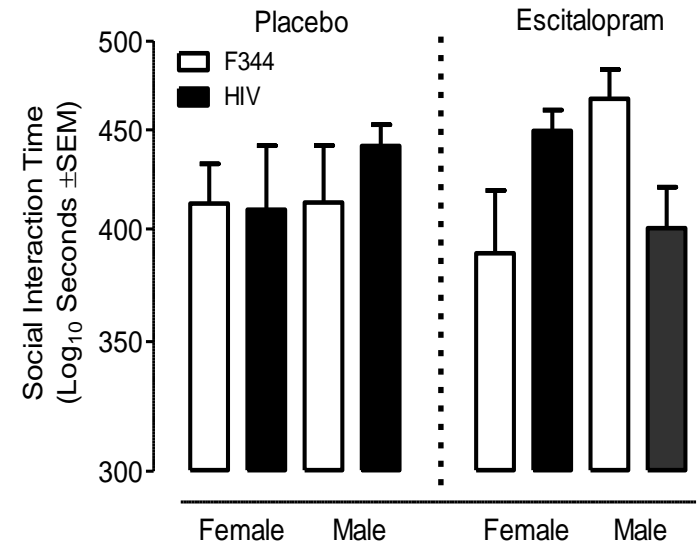
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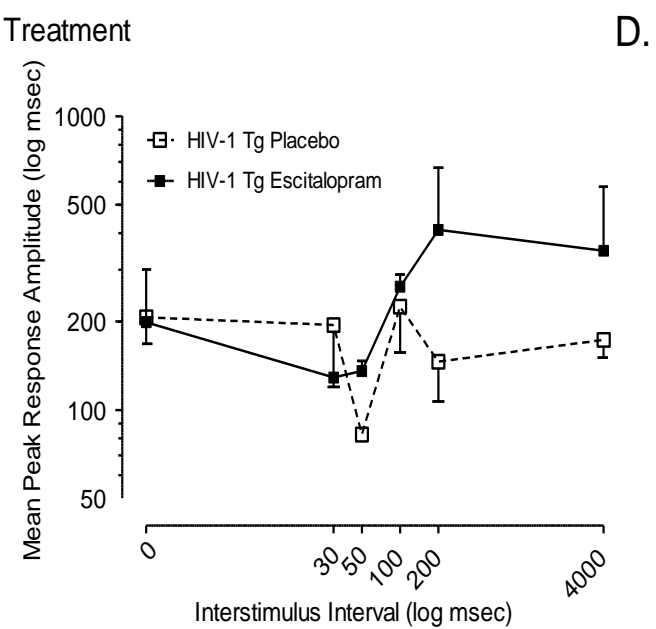
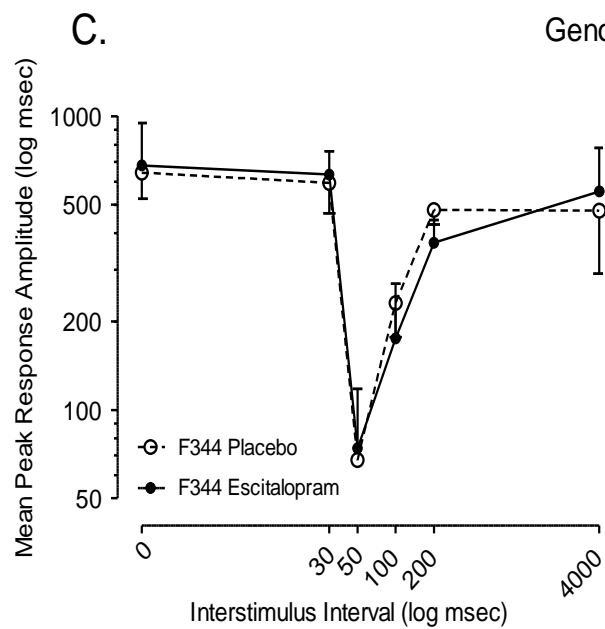
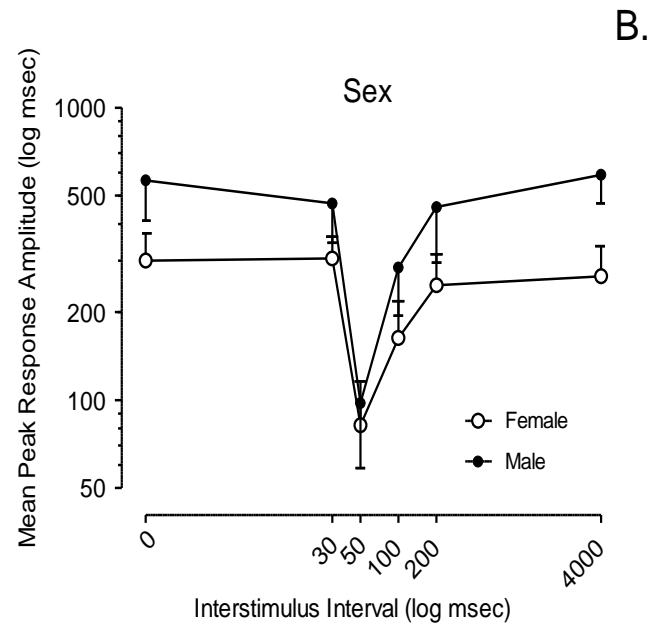
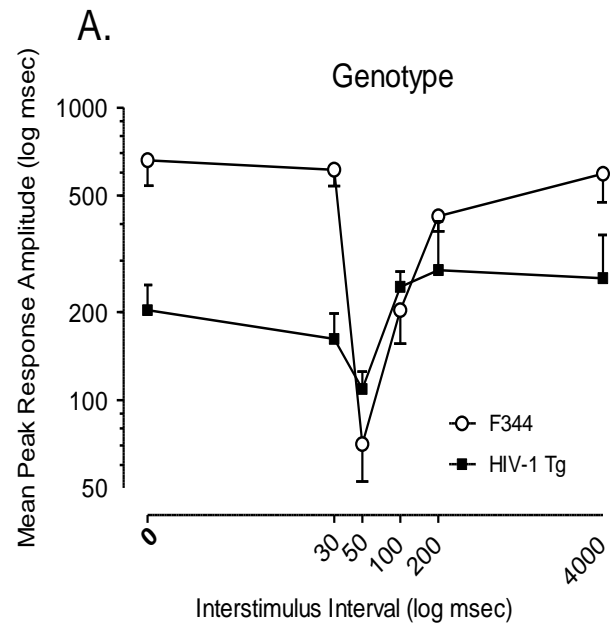


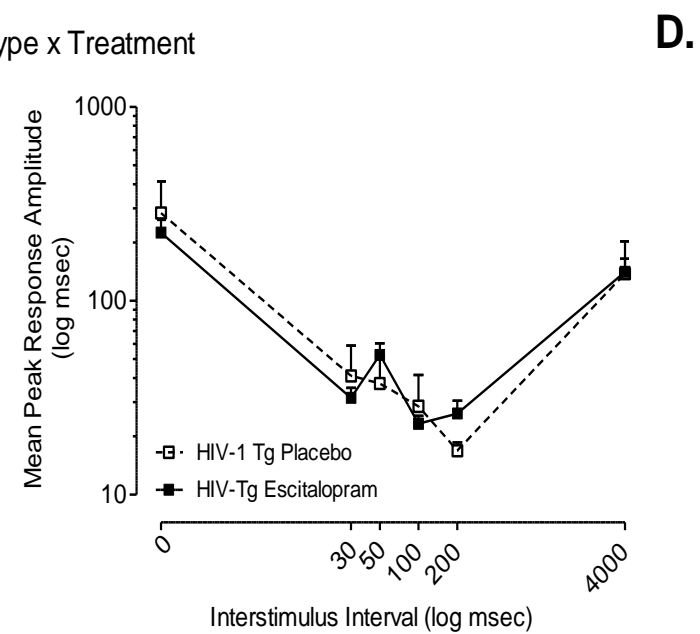
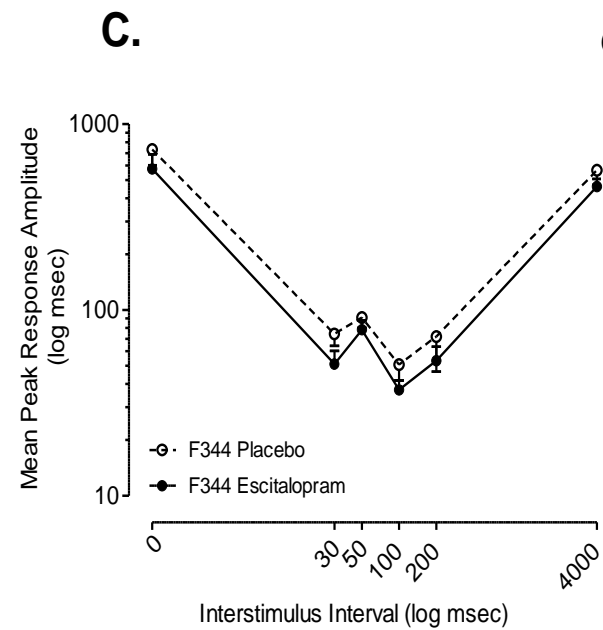
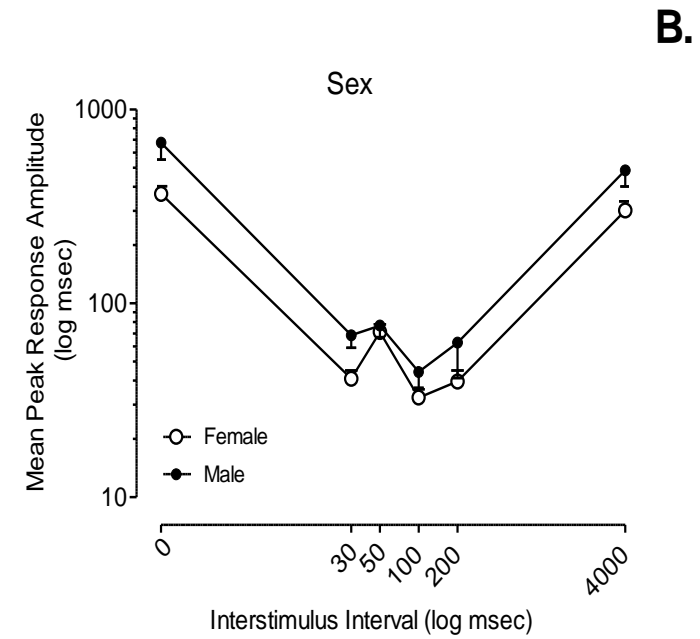
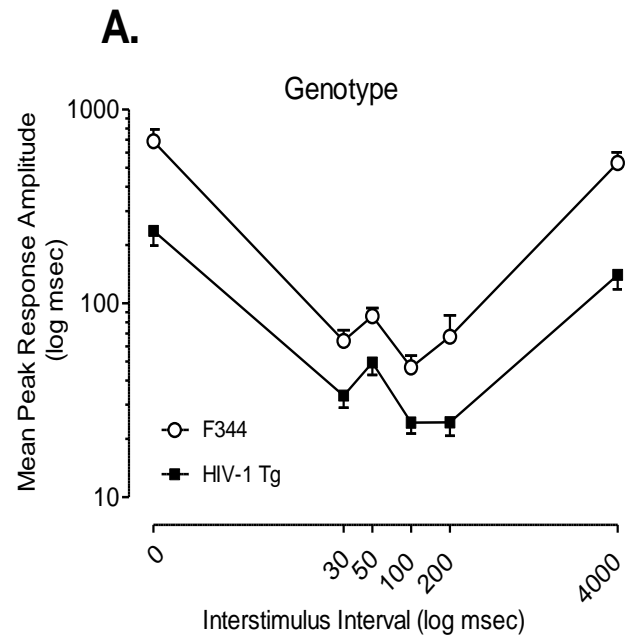
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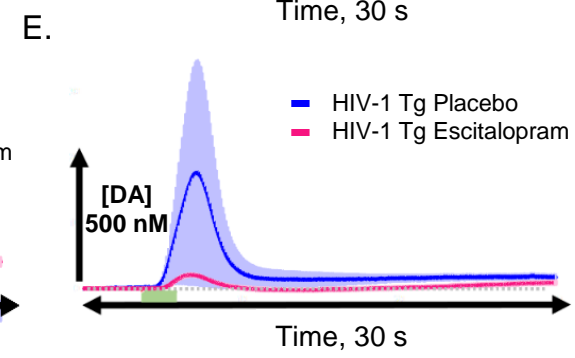
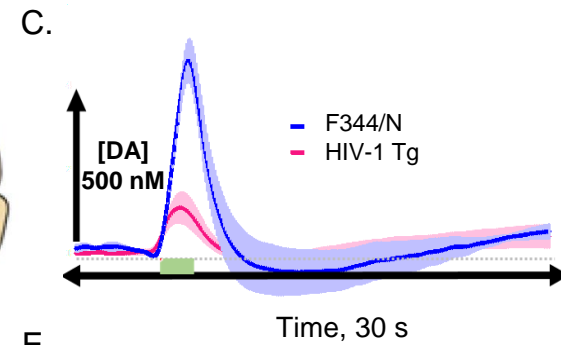
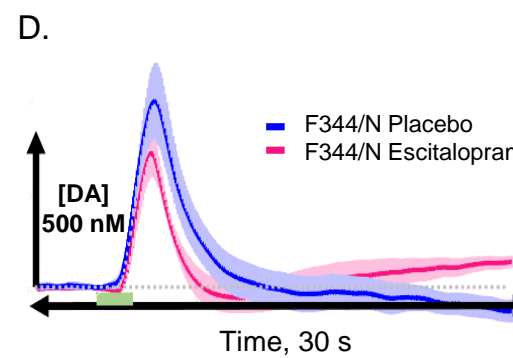
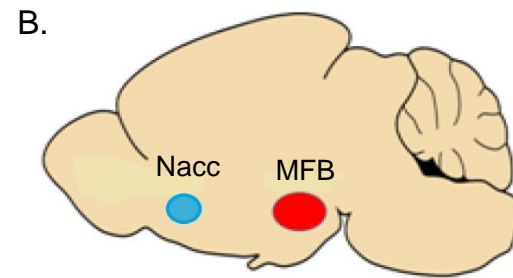
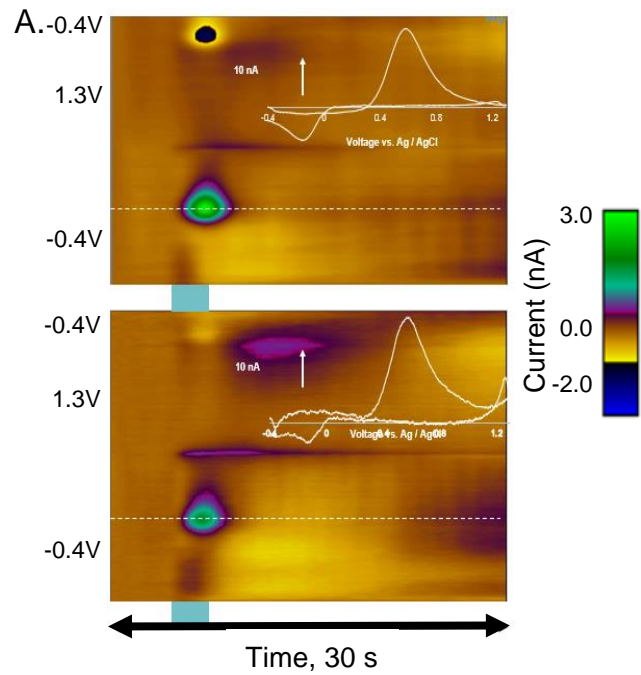


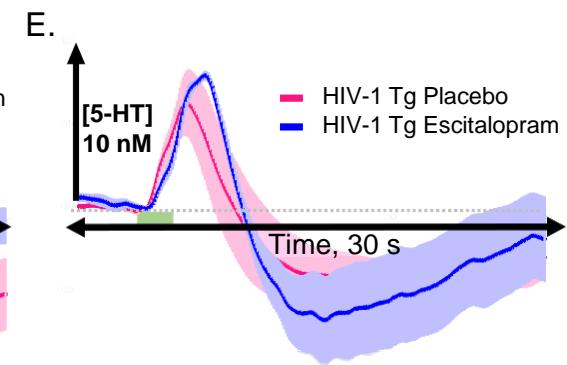
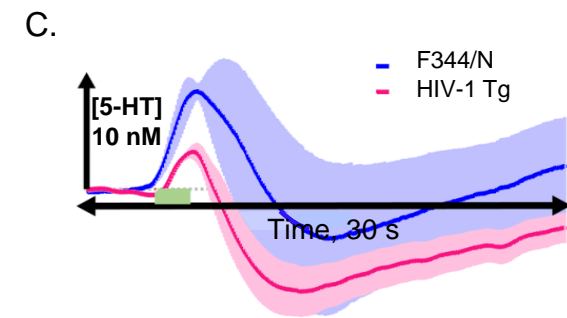
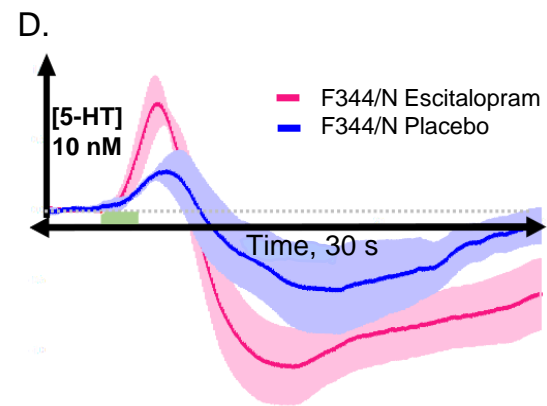
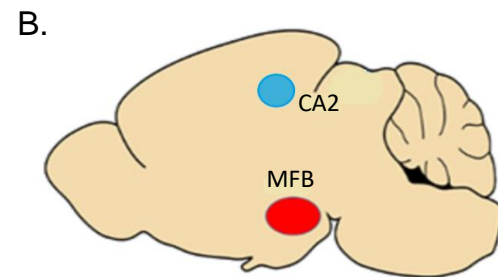
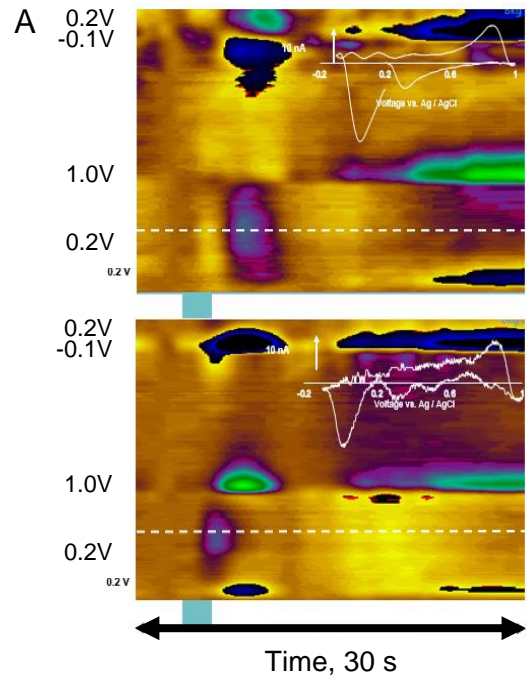
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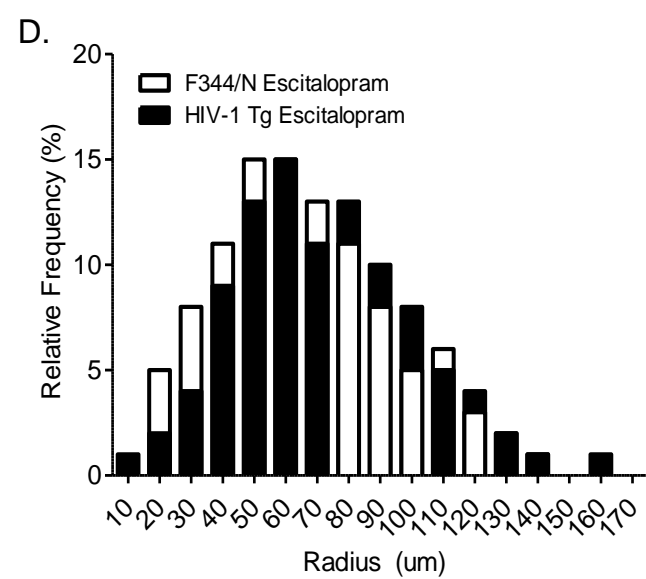
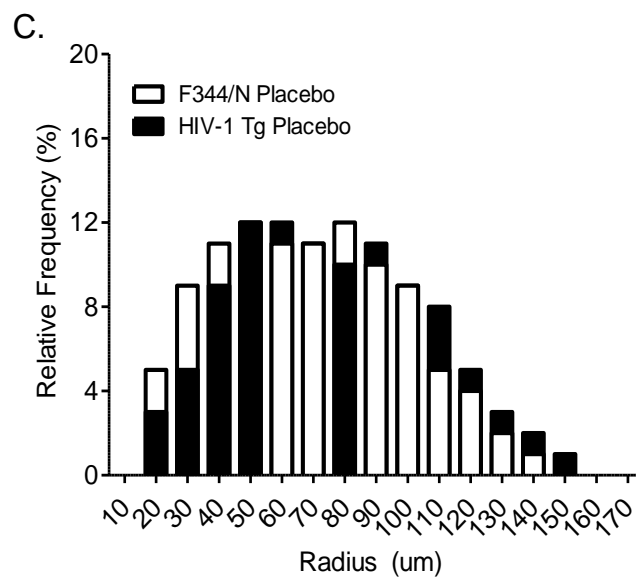
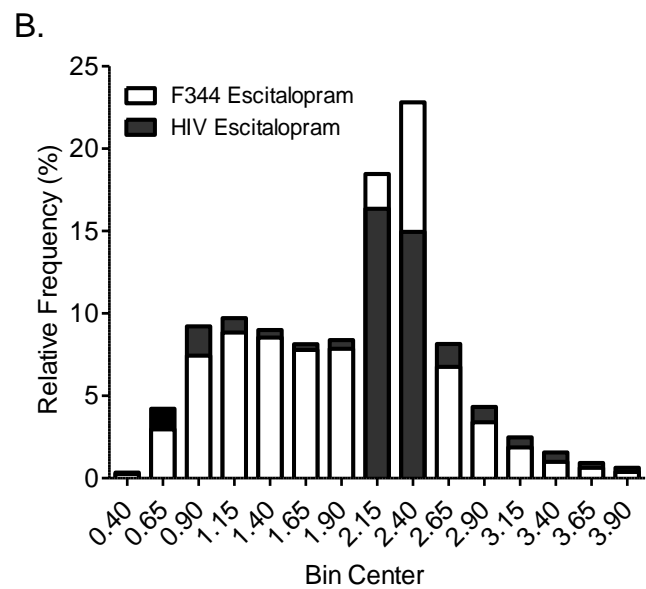
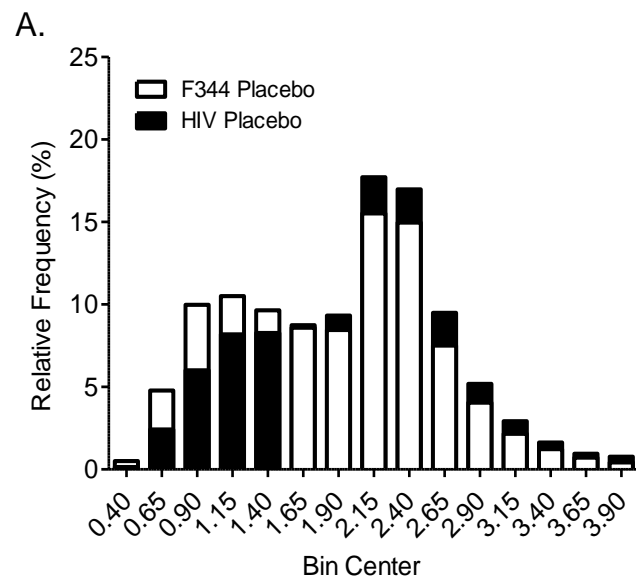


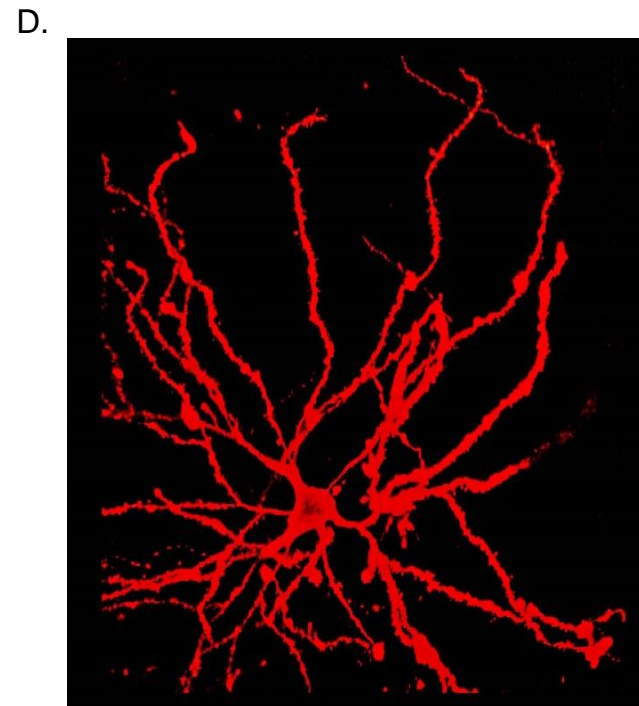
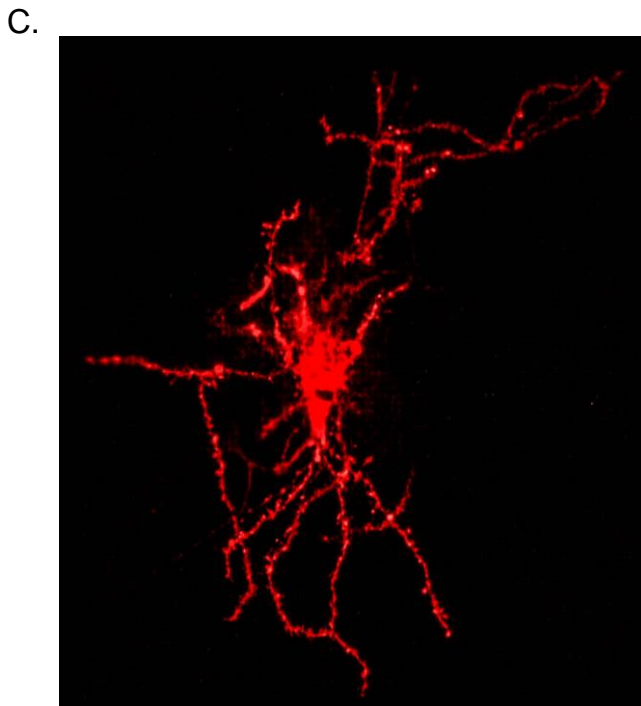
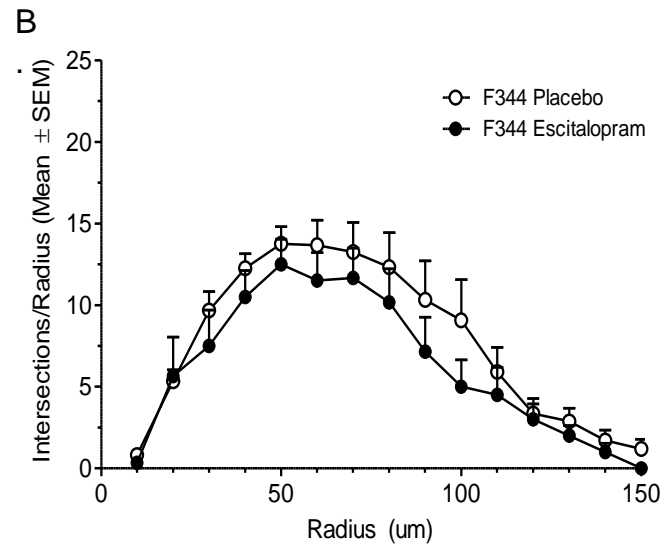
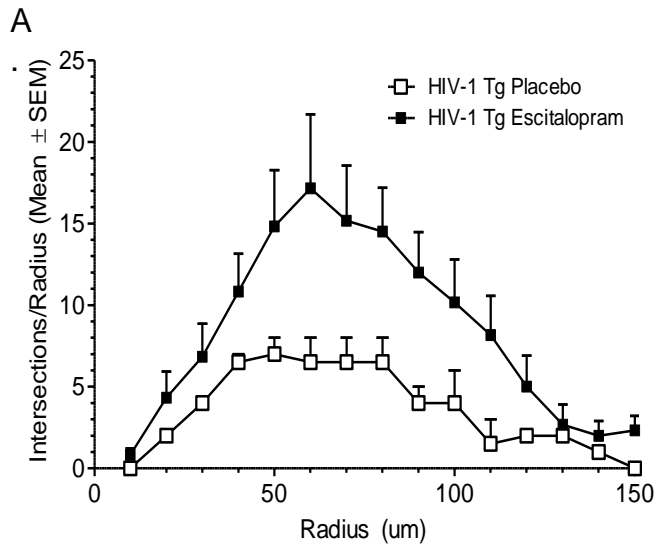












| Dependent Variable | Observed Effects |
|---|--|
| Sucrose Preference | Main effect of genotype (HIV-1 Tg impairment) Genotype X concentration interaction No main effects of sex Genotype X treatment interaction; escitalopram restored linear dose-response function. |
| Modified Hole Board | Main effect of genotype (HIV-1 Tg > F344/N) No main effect of sex Genotype X treatment interaction; escitalopram reduced nose pokes to control levels. |
| Elevated Plus Maze | Exploration time not sensitive to effect of HIV-1 transgene. No main effect of sex or genotype No interaction effects |
| Social and Play Behavior | Social behavior not sensitive to effect of HIV-1 transgene. No main effect of sex, genotype or treatment Genotype X sex interaction in escitalopram treated animals. |
| Visual PPI of the Acoustic Startle Response | Main effect of genotype and genotype x ISI interaction (HIV-1 Tg relatively insensitive to ISI interval) No main effects of sex or treatment Escitalopram significantly shifted ISI curve of HIV-1 Tg animals toward that of F344/N animals. |
| Auditory PPI of the Acoustic Startle Response | Main effect of genotype and genotype x ISI interaction (HIV-1 Tg relatively insensitive to ISI interval) No main effects of sex or treatment Escitalopram significantly shifted ISI curve of HIV-1 Tg animals toward that of F344/N animals. |
| Dopamine Voltammetry | Main effect of genotype (HIV-1 Tg impairment) No main effect of sex or treatment No interaction effects |
| Serotonin Voltammetry | Main effect of genotype (HIV-1 Tg impairment) No main effect of sex or treatment No interaction effects |
| Medium Spiny Neuron Branching/Morphology | Main effect of genotype (HIV-1 impairment) No main effect of sex or treatment Genotype by treatment interaction effect (HIV-1 animals treated with escitalopram displayed altered distributions of spine length and displayed greater dendritic proliferation in addition to increases in stubby and mushroom spine populations) |

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