

1 Cortical responses to vagus nerve 2 stimulation are modulated by ongoing 3 oscillatory activity associated with 4 different brain states in non-human 5 primates 6

7 Running title: Vagal evoked potentials are modulated by brain state

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21 Abstract

22 Vagus nerve stimulation (VNS) is tested as therapy for several brain disorders and as a means to modulate
23 brain plasticity. Cortical effects of VNS, manifesting as vagal-evoked potentials (VEPs), are thought to
24 arise from activation of ascending cholinergic and noradrenergic systems. However, it is unknown
25 whether those effects are dependent on oscillatory brain activity underlying different brain states. In 2
26 freely behaving macaque monkeys, we delivered trains of left cervical VNS, at different pulsing
27 frequencies (5-300 Hz), while recording local field potentials (LFP) from sites in contralateral prefrontal,
28 sensorimotor and parietal cortical areas, continuously over 11-16 hours. Different brain states were

29 inferred from oscillatory components of LFPs and the presence of overt movement: active awake, resting
30 awake, REM sleep and NREM sleep. VNS elicited VEPs comprising early (<70 ms), intermediate (70-
31 250 ms) and late (>250 ms) components in all sampled cortical areas. The magnitude of only the
32 intermediate and late components was modulated by brain state and pulsing frequency. These findings
33 have implications for the role of ongoing brain activity in shaping cortical responses to peripheral stimuli,
34 for the modulation of vagal interoceptive signaling by cortical states, and for the calibration of VNS
35 therapies.

36 **Key Words**

37 brain states, non-human primates, VNS

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39 **Introduction**

40 Vagus nerve stimulation (VNS) is a non-pharmacological, FDA-approved treatment for epilepsy and
41 depression and has been tested as a possible therapy for headache, sleep disorders and neurorehabilitation
42 after stroke (Elger et al., 2000; George et al., 2002; Henry, 2002; Dawson et al., 2016). VNS has
43 beneficial effects on cognition and behavior, as it enhances cognitive abilities in Alzheimer's patients
44 (Sjogren et al., 2002), and facilitates decision-making in animals (Cao et al., 2016). The afferent vagus
45 projects directly or indirectly to several brainstem and forebrain nuclei including the nucleus of solitary
46 tract, the locus coeruleus and the nucleus basalis (Henry, 2002; Hassert et al., 2004; Cheyuo et al., 2011)
47 and from there to numerous subcortical and cortical areas (Pritchard et al., 2000; Henry, 2002), releasing
48 mostly norepinephrine and acetylcholine. VNS suppresses cortical excitability (Zagon and Kemeny,
49 2000; Di Lazzaro et al., 2004; Nichols et al., 2011) and enhances plasticity by facilitating reorganization
50 of cortical maps (Porter et al., 2012; Shetake et al., 2012; Engineer et al., 2015). Moreover, due to the
51 precise control of the timing of its delivery, VNS is a candidate for delivering temporary precise, closed-
52 loop neuromodulation to the brain (Zanos, 2019), to treat neurological disorders and augment learning
53 (Engineer et al., 2011; Hays et al., 2016; Pruitt et al., 2016).

54 Afferent volleys elicited by VNS give rise to vagal evoked potentials (VEPs) at different levels, including
55 brainstem, hippocampus, thalamus and cerebral cortex (Car et al., 1975; Hammond et al., 1992a, b; Ito
56 and Craig, 2005). Cortical VEPs in humans are widespread and bilateral and comprise a component
57 within the first 10-20 ms post-stimulus (Hammond et al., 1992a) and additional components with longer
58 latencies (Upton et al., 1991). There are well-documented differences, with regards to features of VEPs,
59 between healthy subjects of different ages (Fallgatter et al., 2005), between healthy subjects and patients
60 (Polak et al., 2007), and within populations of patients with cognitive impairment (Metzger et al., 2012).
61 Cortical responses to VNS may be used to screen subjects for neurodegenerative diseases, to assist the
62 diagnosis and to track disease progression. Furthermore, EEG markers, like VEPs, could be used to
63 predict effectiveness of VNS therapy (Ravan et al., 2017).

64 Such uses for VEPs are confounded by factors like stimulus intensity, pulse width and pulsing frequency
65 (Polak et al., 2009; Hagen et al., 2014). In addition, since VEPs are elicited by subcortical projections to
66 the cortex and generated by stimulus-evoked cortical activity, ongoing brain activity, both cortical and
67 subcortical, at the time of stimulation, may affect VEPs. Brain-wide oscillatory cortical activity changes
68 between behavioral states, in both natural conditions (e.g. wakefulness and sleep cycles) and in
69 pathological conditions (Steriade et al., 1993a; Steriade, 1997; Destexhe et al., 1999; Vesuna et al., 2020).
70 Profound changes in cortical responsiveness to sensory stimuli have been documented in association with
71 different patterns of ongoing cortical activity (Livingstone and Hubel, 1981; Massimini et al., 2005;
72 Hennevin et al., 2007), including awake and sleep states. Likewise, cortical potentials evoked by
73 electrical stimulation of somatic peripheral nerves have been shown to be modulated by brain states
74 (Shaw et al., 2006). However, it is unknown whether VEPs are also modulated by brain states. Given the
75 widespread afferent vagal projections to many subcortical and cortical sites, such modulation could offer
76 insights into the central processing and integration of “interoceptive” signals conveyed to the brain by the
77 vagus (Paciorek and Skora, 2020). In turn, it could have implications for how vagal interoceptive signals
78 are modulated by ongoing brain activity in processes like emotion (Critchley and Garfinkel, 2017),

79 cognition (Tsakiris and Critchley, 2016), decision making (Seth, 2013) and action (Marshall et al., 2018),
80 and in mental diseases in which interoception has been implicated (Khalsa et al., 2018).

81 To investigate whether and how VEPs are modulated by ongoing cortical activity associated with
82 different brain states, we used an autonomous portable computer, the Neurochip (Zanos et al., 2011), to
83 deliver thousands of short VNS trains in 2 freely behaving monkeys, over 11-16 hours, while recording
84 intracortical LFPs across sites in prefrontal, sensorimotor and parietal areas. We identified epochs in
85 which LFP activity in wide-spread cortical areas was dominated by high frequency oscillations (8-55 Hz),
86 with and without overt movement, indicative of wakefulness, by theta oscillations (4-8 Hz), indicative of
87 rapid-eye-movement (REM) sleep and by delta oscillations (1-4 Hz), indicative of non-REM (NREM)
88 sleep. We compiled VEPs in each cortical site, separately for each of those states. We also documented
89 the effects of pulsing frequency (5-300 Hz) on cortical responses. We found that VNS elicited VEPs in
90 all sampled cortical areas. Most VEPs comprised 3 main components, with short (<70 ms), intermediate
91 (70-250 ms) and long latencies (>250 ms). The magnitude of the early component was not affected by
92 ongoing cortical activity, while that of intermediate and late components was significantly larger during
93 epochs of slow frequency oscillations. At the same time, pulsing frequency of VNS significantly affected
94 the amplitude of VEPs. These effects were sizable, as VEPs elicited from 300-Hz VNS during epochs of
95 slow frequency dominance had intermediate and late components that were 300-500% larger than those
96 during awake conditions.

97 **Methods**

98 **Subjects**

99 Experiments were performed with two male macaque nemestrina monkeys aged 5 and 6 years old and
100 weighing 10.4 and 10.9 kg, respectively. The experiments were approved by the Institutional Animal Care
101 and Use Committee (IACUC) at the University of Washington and all procedures conformed to the
102 National Institutes of Health Guide for the Care and Use of Laboratory Animals.

103 Cortical implant

104 During sterile surgery, each monkey was anesthetized with sevoflurane gas. A midline scalp incision was
105 made and the scalp was resected. The intracortical electrodes were implanted through individual 0.5mm
106 burr holes drilled with a stereotaxic guide. A total of 32 electrodes were placed in two hemispheres. On
107 each hemisphere, the electrodes were located over the prefrontal, sensorimotor and parietal cortical areas.
108 M1 received also two penetrating electrodes targeting the thalamus (one for each hemisphere).

109 The intracortical electrodes were made in house with 3mm cut length of platinum rod (AM Systems
110 #711000, 0.254 mm diameter) insulated with heat-shrink Pebax (Small Parts #B0013HMWJQ). Pebax
111 was cut so that the diameter of the exposed tip was ~0.5 mm, corresponding to an exposed surface area of
112 ~0.06 mm². Impedances ranged between 10 and 50 KOhms (at 1000 Hz). Skull screws used as ground
113 and reference leads were placed on the occipital or the temporal bone, depending on skull exposure
114 during surgery and the availability of space after the electrode implantation. The implant and the
115 connectors were secured to the skull with acrylic cement and enclosed in titanium casing that was also
116 attached to the skull with cement and skull screws.

117 Vagus nerve implant

118 In a separate procedure the monkeys received the stimulating cuff on the left cervical VN. Under general
119 anesthesia with sevoflurane gas each animal was positioned supine. A horizontal cervical incision was
120 made above the left clavicle, medial to the sternocleidomastoid muscle. The skin was retracted to obtain a
121 vertical exposure of the carotid sheath. The sheath was then opened, and the VN was exposed for a length
122 of ~3-4 cm between the jugular vein and the carotid artery. A rubber loop was passed behind the nerve to
123 help with the manipulation and the VN electrode was placed around the VN trunk. We then secured the
124 proximal end of the electrode leads with sutures at the subcutaneous tissue close to the implant to provide
125 support for the placement of the nerve cuff on the nerve trunk. The distal end of the leads was routed
126 subcutaneously all the way up to a skin opening at the back of the head, very close to the edge of the head
127 chamber that has been installed previously during the cortical procedure (see skull surgery and cortical
128 implant). The leads immediately entered the chamber and they were secured to the base using acrylic. A

129 two-channel connector was used to electrically connect the cuff leads with a stimulator. The head and the
130 neck incisions were then sutured. The monkey was treated with post-surgery analgesics and antibiotics for
131 a 10-day recovery period.

132 A bipolar nerve cuff (Cyberonics, LivaNova Inc.) comprised two platinum-iridium filament bands each of
133 them embodied in a flexible, silicone-base, helical loop. A third helical loop was included to stabilize the
134 array around the nerve. The total length of the cuff (3 helical loops) measured 3cm with an internal
135 diameter of 2mm.

136 Overnight recording and stimulation

137 We used an updated version of Neurochip2 (Zanos et al., 2011), the Neurochip3, to record cortical
138 activity and motor movements while simultaneously stimulating the vagus nerve, for a total period of 10-
139 13 hours. Signals from 16 cortical sites (maximum number of Neurochip3 recording channels) from the
140 right hemisphere, contralateral to the implanted nerve cuff, were recorded single-ended, with a skull
141 screw as tissue ground, at 16-bit resolution, sampled at 5 KHz, and a low-frequency cutoff of 0.01Hz. The
142 choice of recording neural signals only from contralateral sites was dictated by our earlier observation
143 that VEPs in the contralateral hemisphere were overall larger than those in the ipsilateral hemisphere
144 (Zanos, 2016). Gross motor movements (head and whole-body movements) were quantified by a 3-axis
145 accelerometer powered by a 3 V lithium coin cell fixed in the titanium casing. The three analog outputs of
146 the accelerometer were passed through a sum-of-absolute circuit and the magnitude of its signal output
147 was sampled at 5 KHz.

148 Neurochip3 also delivered trains of stimulus pulses in current mode through a bipolar stimulation channel
149 connected to the nerve cuff leads (see next paragraph for details). Stimulus timestamps were stored in the
150 same time-base as the neural recordings.

151 Each recording began with the animal seated in a primate chair in the lab. Neurochip3 was then
152 programmed by entering the desired settings into a Matlab GUI and uploading them via IR connection.
153 The animal was then returned to its cage where it moved freely until the following day. Recorded data

154 were stored on a removable flash memory card with 32-GB capacity and later imported to Matlab. For
155 each session we took notes of the time of day when the Neurochip started to record.

156 **Vagus nerve stimulation**

157 The Neurochip was programmed to deliver trains of 200 μ s biphasic, symmetric, current pulses at 1250
158 μ A. Each train consisted of 5 pulses with 10-sec interval between consecutive trains. Neurochip3 cycled
159 through 4 different pulsing frequencies during each session. The tested frequencies were arranged in two
160 sets. The first set was defined as [5Hz, 30Hz, 100Hz, 300Hz], while the second set contained [50Hz,
161 80Hz, 150Hz, 200Hz] as frequency values. The two frequency sets together resulted in a total of 8
162 stimulation protocols, tested in multiple sessions of 4 stimulation protocols per each session. In each
163 session the same stimulation protocol was delivered for 20 or 10 minutes, in M1 and M2, respectively,
164 before switching to the next protocol. The 4 stimulation protocols kept cycling until the batteries
165 completely discharged (approximately 12 hours). We completed 4 sessions with M2, with the 8
166 stimulation protocols tested twice, and 2 sessions with M1 resulting in a total number of 7 stimulation
167 protocols tested once (the 30Hz stimulation was not delivered, data without stimulation was retained
168 instead).

169 **Brain state classification**

170 Data analysis was performed offline in Matlab (MathWorks, Inc.) through customized scripts. The
171 identification of brain states was performed by evaluating the contribution of different frequency bands on
172 the power spectrum of the ECoG signal for each cortical site and by estimating the amount of movement
173 assessed through the acceleration signal.

174 Brain state classification was performed on 6-sec artifact-free epochs, and four different states were
175 identified (Figure 1A, 2): active-wake (AW); resting-wake (RW); non-rapid eye movement sleep
176 (NREM); and rapid eye movement sleep (REM). Because of the absence of electromyographic (EMG)
177 activity and electroculogram (EOG) activity we could not validate our brain state classification by the
178 standard criteria defined by Rechtschaffen and Kales (Rechtschaffen, 1968). However, several studies in

179 different species characterized the different vigilance and sleep states in term of power spectrum of
180 cortical signal (Armitage, 1995; Rachalski et al., 2014; Panagiotou et al., 2017). Therefore, our
181 classification technique is based on the assumption that different brain states can be inferred from the
182 EEG relative power in five frequency bands plus the accelerometer signal, which can be considered a
183 gross indication of EMG activity. This assumption is supported by studies which have shown that the
184 most relevant feature for sleep/wake states classification is the set expressing the EEG relative power in
185 different frequency bands, which alone is able to reach a classification accuracy above 70% (Zoubek L.,
186 2007; Charbonnier et al., 2011; Krakovska and Mezeiova, 2011). The accuracy increases even more when
187 the EMG activity is taken into account (Zoubek L., 2007).

188 In this study, AW state was attributed to epochs with acceleration above zero for a sustained period of
189 time (>60% of the duration of the epoch). RW epochs were characterized by neural signal with a
190 predominant contribution of alpha (8 – 14 Hz), beta (14 – 35 Hz), and gamma (35 – 55 Hz) activity.
191 Epochs showing high delta activity (1 – 4 Hz) in the EEG were scored as NREM, while the REM state
192 was associated to a predominant theta activity (4 – 8 Hz). All these three latter states were accompanied
193 with acceleration kept below the threshold used to assess the AW state. Our classification criteria also
194 took into account the time of day, by assigning the two sleep stages (NREM and REM) only to epochs
195 between 6 pm and 7 am, times when the room light went off and on respectively. This last criterion was
196 included only to refine the classification algorithm and did not compromise the final outcome. This is
197 demonstrated by the comparison based on the number of classified epochs for each recording site and
198 each brain state between the classifier which included the time of day as a classification criterion and the
199 classifier which did not include it as a criterion. Both classifiers returned a similar number of epochs
200 (Figure S1, <https://doi.org/10.6084/m9.figshare.12724739.v2>).

201 Power analysis

202 Neural recordings from each cortical site were segmented into 6 second-long epochs, taken before the
203 onset of each stimulus train. For each epoch we calculated the power density spectrum using the

204 multitaper method (Babadi and Brown, 2014). From the power spectrum we estimated the absolute power
205 in the following frequency bands: delta 1 – 4 Hz, theta 4 – 8 Hz, alpha 8 – 14 Hz, beta 14 – 35 Hz,
206 gamma 35 – 55 Hz, as the integral of the absolute power density ($\mu\text{V}^2/\text{Hz}$) within its frequency range
207 (Figure 1A, 1B). We then derived the relative power in each band by dividing the absolute power in each
208 frequency band by the absolute power summed over all 5 frequency bands. For each channel, we obtained
209 5 distributions of relative power values, with the same number of samples (i.e. the total number of epochs
210 during the duration of each free behavior experiment). The distributions of relative power values were
211 then log-transformed ($\log(x/1-x)$), to convert them to Gaussian (Gasser et al., 1982) (Figure 1D).
212 We then estimated the variable z by normalizing the Gaussian relative power distribution using z -score
213 normalization:

214 $z = \frac{x-\mu}{\alpha}$, where μ is the recording mean of the transformed variable x and α is its standard deviation

215 (Figure 1D).

216 Detection of movements

217 The acceleration signal went through a moving average filter with a sliding window of 10 msec. A
218 positive threshold was applied to the resulting signal in order to assess when the monkey was moving. To
219 be considered a movement, the filtered signal had to stay above the threshold for at least 300 ms and if the
220 time lag between two consecutive movements was less than 3 sec they were merged together and treated
221 as a single movement. The outcome was a binary vector of the same size as the original acceleration
222 signal with 1 meaning “animal moving” and 0 meaning “animal resting”. For each 6-sec epoch prior to
223 stimulation onset, we assessed the amount of movement by calculating the percent of time the animal was
224 moving during each epoch. Consequently, we assigned a number ranging from 0 to 100 which expressed
225 the amount of movement for each epoch (e.g. 60 means that the animal moved for 60 percent of the total
226 epoch duration).

227 Classification of brain states

228 For each electrode signal we obtained a set of 7 features characterizing the 6-sec epochs throughout the
229 recording:

- 230 1. Amount of movement (assessed by the acceleration signal)
- 231 2. Room light ON and OFF (assessed by the time of the epoch, i.e. light OFF between 6pm and
232 7am)
- 233 3. Z-scored distribution of relative power in delta band (delta-power)
- 234 4. Z-scored distribution of relative power in theta band (theta-power)
- 235 5. Z-scored distribution of relative power in alpha band (alpha-power)
- 236 6. Z-scored distribution of relative power in beta band (beta-power)
- 237 7. Z-scored distribution of relative power in gamma band (gamma-power)

238 The algorithm for classification of brain states relied on the presence of movement and the contribution of
239 different power bands to the cortical signal relative to a threshold value, which defined what was
240 considered “high” or “low” power in all bands. Each epoch belonged to one of the following brain states
241 when the following conditions were met:

- 242 - Active-wake (AW): presence of movement during more than 60% of the duration of an epoch
- 243 - Resting-wake (RW): presence of movement during less than 60% of epoch duration, high alpha-
244 power (i.e. greater than threshold value), high beta-power, high gamma-power, low relative theta
245 power (i.e. smaller than threshold value), low delta-power
- 246 - REM sleep: Light off, movement less than 60% of epoch duration, high theta-power, low delta-
247 power
- 248 - NREM sleep: Light off, movement less than 60% of epoch duration, high delta-power

249 Because we applied the Z-score transformation, the relative-power in all different bands was scaled such
250 that the weighting of any relative power feature did not play a more important role than any other. In this
251 way we could define a unique threshold power value for all the frequency bands. This method ensured

252 that multiple states were not assigned to the same epoch; at the same time, if one of the conditions was
253 not met, the epoch was considered unclassified. In order to find the best threshold value to discriminate
254 the four brain states we calculated the number of unclassified epochs for each recording site as a function
255 of different threshold values ranging from -3 to 3 in steps of 0.1 (Figure 1C). We then used the threshold
256 value which minimized the number of unclassified epochs (Figure 1C).

257 The choice of 60% of epoch duration in order to assess AW epochs was dictated by a combination of
258 observations. To assess when the animal was moving we used the acceleration signal and we merged
259 together consecutive movements when the time lag between the two was less than 3 seconds. The 40 % of
260 6 seconds (100%-60%) corresponds to a time period of 2.4 sec, which is below the 3 sec lag time. As a
261 consequence the movement threshold of 60% was chosen because it corresponded to a reasonable time
262 period consistent with the criteria used to analyze the acceleration signal. Moreover, for animal M2 a
263 movement threshold of 60% returned a balanced number of AW epochs versus RW epochs, as shown in
264 supplementary Figure S2 (<https://doi.org/10.6084/m9.figshare.12724739.v2>). For animal M1 the
265 threshold which returned the same number of AW and RW epochs was at 85%. However the morphology
266 of the classified VEPs did not show any drastic differences when the movement threshold was set at 85%
267 (Figure S2, <https://doi.org/10.6084/m9.figshare.12724739.v2>).

268 **Compilation of vagal-evoked potentials**

269 Stimulus-triggered averages of ECoG activity in all recording sites were compiled to produce vagal-
270 evoked potentials (VEPs). The stimulation artifact was suppressed by linear interpolation between single
271 voltage samples 0.2 ms before and 2 ms after the onset of each pulse in a VNS train. In order to assess
272 how the brain state modulated VEPs, neural recording traces around the stimulation onset (between 100
273 ms before and 900 ms after the first stimulus in a train) were assigned to the brain state classified from the
274 6-sec epoch that immediately preceded the onset of a stimulus train. VEPs associated with a given state
275 were then compiled by averaging all the single traces assigned to that state. Since there were multiple

276 sleep cycles during a given 10-13 hour-long experiment, single traces assigned to a given state were not
277 necessarily recorded during the same cycle.

278 For each recording site, classified VEPs were characterized by quantifying the amplitude of the biggest
279 deflection (either positive or negative) of each of 3 VEP components. Each VEP component was defined
280 by a latency window, measured from the first pulse in the stimulation train: an early component between
281 5ms and 70ms, an intermediate component between 70ms and 250ms, and a late component between
282 250ms and 600ms. The 3 latency windows were defined empirically and with practical considerations in
283 mind, as the variability of the VEP shapes across animals, brain states and cortical sites made it
284 impossible to quantify each VEP deflection on its own and still organize the results in a sufficiently
285 compact manner. The criteria for defining the 3 latency windows were:

286 a) Short latency window: we defined this window to capture the early VEP portion that remained
287 relatively invariant with respect to brain state. Typically, this was a single, monophasic or biphasic
288 component.

289 b) Intermediate latency window: VEP deflections in the range 70-250 ms were quite variable
290 between brain states and animals. Subdividing this window into more than one smaller window did not
291 offer any more insights into the modulation of VEPs by brain state: quantifying the amplitude of
292 individual deflections in this range provided several VEP measures that had little consistency between
293 animals and brain states. The neurophysiological mechanisms underlying each of those deflections was
294 also unclear. For these reasons, we decided to treat VEP deflections between the short- and long-latency
295 windows together, in a single window. The downside of this approach is that the amplitude measurement
296 in this window is sensitive to relative changes in the amplitude of individual waves, which may explain
297 some of the polarity changes we observed.

298 c) Long latency window: the portion of the VEP with long latencies, typically >250-600 ms, was
299 almost always a single, slow negative deflection, large in amplitude, modulated strongly by brain state.

300 Beside amplitude we also evaluated additional VEP measurements, such as the peak-to-trough and the
301 root-mean-square (RMS) of each component. The RMS is an approximation of the area under the curve
302 and is affected by the amplitude (maximum deflection) but also by the duration of the non-zero
303 components of the VEP. All these measurements returned comparable results with respect to brain state
304 modulation.

305 In order to quantify the variability of the individual evoked responses for a given brain state, we estimated
306 the single-trace amplitude by taking the inner product of each classified tracing with the normalized VEP
307 associated with that brain state. More specifically, the VEP associated with a certain brain state S was
308 defined as:

$$309 \quad VEP_s = \frac{1}{n} \sum_{i=1}^n u_{is}$$

310 where u_{is} ($i=1,2,\dots,n$) were all the single tracings belonging to the brain state S . By normalizing the VEP_s
311 by the square-root of the average power we obtained the “template waveform” for brain state S :

$$312 \quad \underline{v}_s = \frac{1}{b} VEP_s$$

313

314 Where:

$$315 \quad b = \sqrt{\frac{1}{n} \sum_{k=1}^n u_{is}^2}$$

316 This in turn was used to calculate the single-trial amplitude A_{is} , taken as the inner product between a
317 single trial trace belonging to brain state S and the template waveform for that brain state:

$$318 \quad A_{is} = u_{is} \cdot \underline{v}_s$$

319 This approach takes the shape and the size of the entire waveform into account, rather than using just a
320 few points from each waveform. Thus, not only the larger deflection from zero, but also a greater
321 similarity to the average waveform led to a larger single trial amplitude. This measurement provided a
322 direct comparison of the single trial variability among brain states.

323 Statistical analysis

324 To assess whether the brain state modulation was independent of the VNS parameters we compiled
325 separately the VEPs for each stimulation protocol. The three-way analysis of variance (ANOVA) was
326 used in order to test for statistically significant differences in the VEP components magnitude across brain
327 states, across VNS protocols and across cortical areas. We also performed a pairwise comparison test of
328 means, with Bonferroni correction, between brain states.

329 Results

330 Classification of brain states

331 The classification algorithm based on the power spectrum of the cortical signal, the accelerometer signal
332 and the time of day, discriminated four different brain states: activity indicative of active wake (AW),
333 activity indicative of resting wake (RW), activity indicative of REM sleep and activity indicative of
334 NREM sleep (Figure 2). The AW state, defined as acceleration value above zero for most of the duration
335 of the 6 seconds epoch, occurred predominant during day time with some brief periods during nighttime
336 (Figure 2C); the associated cortical signal was characterized by more power in beta and gamma
337 frequencies compared to the other three states (Figure 2A, 3A). RW, REM and NREM were defined by
338 relative contributions of five frequency bands to the total cortical power in the frequencies between [1-55]
339 Hz. REM sleep was characterized by more power in theta band than in any other frequency band, while
340 NREM sleep was characterized by high amplitude oscillations in delta band (Figure 2A, 3A). RW showed
341 higher contribution of alpha frequency band which is typically associated to a resting state (Pfurtscheller
342 et al., 1996) (Figure 2A, 3A). The percent of time spent in NREM sleep decreased as the night progressed
343 for both animals in all recordings (Figure 2C, Figure S3,
344 <https://doi.org/10.6084/m9.figshare.12724739.v2>), which is typical for non-human primates (Daley et

345 al., 2006; Rachalski et al., 2014). Although we assigned brain states at much finer timescale than what has
346 been previously used in sleep staging studies in monkeys (Hsieh et al., 2008) (10 s-long epochs vs. 10-30
347 min-long epochs), we observed similar overall patterns: REM episodes clustered in time and were
348 generally brief (3-10 min in duration), whereas NREM episodes were longer (20-40 min long) (Figure
349 2D, Figure 3B). For simplicity, we chose to follow the standard terminology (i.e. awake, REM sleep,
350 NREM sleep), although our brain states classification strategy differs in several ways from the standard
351 methodology. Even though our brain state classification was performed for each cortical site
352 independently, most cortical sites “reported” the same brain state at each epoch (Figure 3B). Interestingly,
353 for a given epoch, requiring that all cortical sites report the same brain state in order for that epoch to be
354 assigned to that brain state, had little effect on the sequence of epochs assigned to awake states, moderate
355 effect on that of NREM sleep states and significant effect on the that of REM sleep states (Figure S3B,
356 <https://doi.org/10.6084/m9.figshare.12724739.v2>). Delivery of VNS did not affect the structure of brain
357 states as the global number of transitions between states was not altered by the presence of stimulation
358 itself nor by any specific VNS protocol (Figure S4, <https://doi.org/10.6084/m9.figshare.12724739.v2>).

359 Effect of brain state on VEP responses

360 Cortical VEPs elicited by delivering trains of electrical stimuli to the vagus nerve were characterized by
361 three main components, early, intermediate and late, whose polarity and magnitude were dependent on
362 cortical area and brain state (Figure 4); there were also differences between the two subjects. Nonetheless,
363 in both animals, only specific components of the VEP were modulated by brain state. Specifically, the 2
364 later VEP components were strongly modulated by brain state, especially at higher frequencies in both
365 animals ($p < 0.001$ for both components and both animals in 3-way ANOVA for max deflection magnitude
366 and RMS) (Figure 5, 6). The early component did not show significant dependence on brain state, with
367 regards to both maximum deflection amplitude ($p = 0.47$ for M1, $p = 0.58$ for M2 in 3-way ANOVA) and
368 RMS value ($p = 0.2$ for M1, $p = 0.17$ for M2). In contrast, the intermediate and late components of the
369 VEPs had larger magnitudes during sleep than during wakefulness. Both components were larger during

370 REM sleep compared to either of the two awake states, although the difference was significant for both
371 components only for M1 ($p < 0.001$ pairwise comparisons Bonferroni corrected, for both max deflection
372 magnitude and RMS). M2, instead, showed a significant difference in both magnitude and RMS during
373 REM sleep compared to both awake states for the late component ($p < 0.001$, Bonferroni corrected), while
374 the intermediate component was significantly different between the two awake states ($p < 0.05$ for max
375 deflection magnitude, $p < 0.001$ for RMS), but not between resting state and REM sleep ($p = 0.6$ for max
376 deflection magnitude, $p = 1$ for RMS, pairwise comparison Bonferroni corrected). The difference in the
377 late component between the two awake states was not significant for both animals ($p > 0.05$ for both max
378 deflection amplitude and RMS). The 2 later components had the largest magnitude during NREM sleep
379 (Figure 5, 6, 7): at 300Hz pulsing frequency, the intermediate component was 452% and 189% larger and
380 the late component was 566% and 409% larger during NREM than awake in M1 and M2, respectively.

381 The same dependency of VEP magnitude on brain state was found when we considered the peak-to-
382 trough measure for each of the three VEP components. This was expected given the strong linear
383 correlation between the amplitude of maximum deflection and the peak-to-trough magnitude (Pearson
384 correlation coefficient $R = 0.94$, $p < 0.001$ for M1 and $R = 0.89$, $p < 0.001$ for M2) (Figure 7D).

385 To quantify the variability in the shape of individual VEP responses across brain states, we first estimated
386 the degree of similarity of individual stimulus-elicited cortical responses to the average VEP, by
387 calculating the inner product of individual stimulus-elicited sweeps with the normalized average
388 waveform for each brain state. The smallest variability, which correspond to larger IP values, in VEP
389 shape occurred under NREM sleep for both animals, in all cortical sites (Figure 7C). The prefrontal sites
390 of animal M2, but not M1, had small VEP variability also during REM sleep compared to awake states
391 (Figure 7C).

392 Effect of pulsing frequency on VEP responses

393 VEP responses were significantly modulated by pulsing frequency ($p < 0.001$ for peak deflection and RMS
394 for all three components in both monkeys, 3-way ANOVA). Higher stimulation frequencies elicited larger

395 VEP responses in both monkeys, especially with regards to the intermediate and late components (Figure
396 5). While the early component was less consistent, the intermediate and late components consistently had
397 larger responses for higher pulsing frequencies (Figure 6). Higher pulsing frequencies also evoked VEPs
398 which had a stronger modulation by brain state (Figure 6). Pulsing frequencies of at least 80Hz for M1
399 and 30Hz for M2 were necessary in order to evoke responses that varied with brain states (Figure 6).
400 In a separate analysis, we considered VEP responses elicited by trains with a pulsing frequency of 5 Hz
401 (Figures 5, 8). This low pulsing frequency was not sufficient to evoke VEPs with 3 identifiable
402 components (Figure 8). In some cases, each pulse in the train elicited a VEP with both early and
403 intermediate components, and in other cases only the early component was evoked (Figure 8). Overall,
404 the VEPs looked different from the VEPs evoked by higher frequencies and only some of the cortical
405 sites showed brain state modulation (Figure 8, Figure S5,
406 <https://doi.org/10.6084/m9.figshare.12724739.v2>).

407 VEP responses in different cortical areas

408 In order to establish the dependency of VEP responses on cortical area, we compared the magnitude,
409 polarity and latency of the main deflection of each VEP component elicited by 300Hz VNS across groups
410 of cortical sites (prefrontal, sensorimotor, parietal and thalamic) for each brain state (Figure 7).
411 In animal M1, the early component had small amplitude and high variability, in both magnitude and
412 latency, at the frontal and sensorimotor sites, while the responses at the parietal and thalamic sites were
413 positive and consistently larger (Figure 7A, 7B). In animal M2 the early component was positive at the
414 prefrontal and sensorimotor sites and negative at the parietal sites (Figure 7A). The prefrontal sites
415 showed a consistently larger early component compared to other cortical areas for M2 (Figure 7A). Both
416 animals had smaller early component magnitudes for sensorimotor sites compared to other cortical areas
417 (Figure 7A). No obvious brain-state modulation of either magnitude or latency was observed for the early
418 component.

419 In M1, the intermediate component was positive for all areas and brain states except at prefrontal sites,
420 which showed a polarity switch from negative, during AW, RW and REM, to positive during NREM
421 sleep (Figure 7A). The intermediate component for M2 was more variable across cortical areas. It was
422 large and always positive in prefrontal sites, while in sensorimotor sites its magnitude was smaller and it
423 switched polarity from negative during wake states to positive during sleep states (Figure 7A). The same
424 component in parietal sites showed a polarity switch from negative during AW, RW and REM to positive
425 during NREM sleep (Figure 7A). The peak latency for both animals did not show strong dependence on
426 brain state (Figure 7B).

427 In M1 the late component was negative with relatively consistent latencies across all cortical sites and
428 brain states (Figure 7A, 7B). In M2 the magnitude of the late component was almost absent during awake
429 states in all cortical areas, while during sleep states it was large, negative and with consistent latency
430 (Figure 7A, 7B). The prefrontal sites in M2 showed larger magnitude compared to other cortical areas. In
431 both animals the peak latency of this component was similar across cortical areas and was not modulated
432 by brain state (Figure 7B).

433 Discussion

434 Brain-state modulation of VEPs and its origins

435 In this study we investigated the modulation by ongoing cortical activity of the cortical responses evoked
436 by cervical VNS in 2 freely behaving monkeys. To our knowledge, this is the first study to systematically
437 document VEPs in nonhuman primates. The VEP responses were not identical between the 2 animals,
438 even though the cortical areas sampled were the same. That difference could be attributed to differences
439 in the way the cortical electrodes were fabricated and inserted into the brain, as well as in the exact
440 location of the cortical electrodes, which was determined using non-subject-specific stereotaxic
441 coordinates. It could also be related to the different implant age between the 2 subjects at the time of
442 conducting these experiments (M1 had older implant than M2).

443 Four states of cortical activity were distinguished based on the power of different frequency ranges in the
444 local field potentials (LFP) and the presence of movement: activity indicative of wakefulness in the
445 presence of overt movement, activity indicative of wakefulness in the absence of movement, activity
446 indicative of REM sleep and activity indicative of NREM sleep. Even though LFP power correlates with
447 brain states, those are usually defined with more comprehensive measures including electromyography,
448 instead of head acceleration used in our study, and electro-oculography, which provides information on
449 eye movements (Rechtschaffen, 1968). In that sense, we cannot claim that “brain states” in our definition
450 are necessarily the same as stages of sleep and wakefulness, only that they are indicative of them, as they
451 share the same LFP criteria.

452 Moreover, in the originally defined standard criteria of sleep stage classification (Rechtschaffen, 1968)
453 one electrode of the EEG montage, usually C3 or C4 in the international 10-20 system, is used to infer
454 sleep stage. Instead of using a single cortical site to assess the power contribution in different frequency
455 bands, we treat the ECoG sites as independent from each other allowing the classification to be free from
456 the assumption that all sites are in the same state at the same time. For example, the phenomenon of local
457 sleep has been described in aquatic mammals, birds, and humans (Mascetti, 2016). Therefore, an
458 approach free from the assumption that all parts of the brain are in the same state at the same time may
459 more representative of the ongoing neurophysiology during sleep. We found that the requirement that all
460 cortical sites reported the same brain state before being assigned to that brain state, had minimal effect on
461 the sequence of epochs with awake states, moderate effect on the sequence of epochs indicative of NREM
462 sleep and significant effect on the sequence of epochs indicative of REM sleep (Figure S3B,
463 <https://doi.org/10.6084/m9.figshare.12724739.v2>). Therefore, we find limited support for the
464 assumption that when a “standard” EEG site (e.g. C3 or C4) reports a state, that state is representative of
465 the states of the rest of cortical sites. This strategy allowed us to directly assess how LFP oscillatory
466 dynamics at cortical sites, which correlates with brain states, modulated vagal evoked potentials at those
467 sites.

468 VEPs were characterized by the latency and magnitude of 3 components: early (<70 ms post-stimulus),
469 intermediate (70-250 ms) and late (>250 ms). We found that brain state affected the magnitude of VEPs,
470 especially of the 2 later components. Those 2 VEP components showed a progressive increase in
471 magnitude from epochs indicative of wakefulness to those indicative of sleep, reaching maximum
472 magnitude during delta dominant activity (NREM sleep) (Figure 6). It is unclear what cortical
473 mechanisms are responsible for the generation of different components of VEPs, in sleep or awake states.
474 Using transcranial magnetic stimulation (TMS) Massimini et al. (Massimini et al., 2007) triggered
475 cortical responses in the form of slow oscillations (SOs) in sleeping humans. Slow oscillations (SOs)
476 during NREM sleep represent the synchronous alternation between depolarized (“up-state”) and
477 hyperpolarized (“down-state”) membrane potential of cortical neurons (Steriade et al., 1993b;
478 McCormick and Bal, 1997; Destexhe et al., 1999). In our study, the 2 later VEP components during sleep
479 lasted approximately 500 ms, similar to the TMS-evoked responses in Massimini et al. (Massimini et al.,
480 2007) (Figure 4, 5). In both our and their (Massimini et al., 2007) studies, evoked responses were state-,
481 dose- and cortical site-dependent (Figure 5, 6, 7). The prefrontal sites showed larger VEPs for M2 (Figure
482 7) and for M1 the magnitude of the 2 later components increased monotonically with pulsing frequency
483 (Figure 6). These results suggest that VNS during NREM sleep evokes dose-dependent, SO-like
484 responses in the cortex.

485 Importantly, the number of transitions between brain states was not altered by the presence of stimulation
486 nor by the dose of stimulation (Figure S4, <https://doi.org/10.6084/m9.figshare.12724739.v2>), at least
487 with the relatively short VNS train tested in our study. Among other sleep parameters, changes in the
488 duration of REM and slow-wave sleep cycles have been described in association with clinical VNS,
489 typically delivered in 30 s-ON/5 min-OFF periods (Romero-Osorio et al., 2018). Our results suggest that
490 shorter ON periods may be less prone to affecting sleep cycles.

491 In contrast to the 2 later components, the early VEP component did not change between awake and sleep
492 states (Figure 6). This difference could be explained by activation of two different circuits by VNS. The

493 early VEP component, possibly myogenic in origin (Hammond et al., 1992a), could represent the
494 activation of a relatively direct anatomical pathway involving the nucleus of the solitary tract and possibly
495 other first or second-order nuclei that project to the thalamus and cortex (Berthoud and Neuhuber, 2000;
496 Gamboa-Esteves et al., 2001). In addition to motor innervation of laryngeal and pharyngeal muscles, the
497 vagus also provides afferent innervation to other structures of the larynx, including somatosensory
498 innervation of laryngeal and pharyngeal mucosa and proprioceptive innervation of laryngeal muscles and
499 joints (Puizillout, 2005). Stimulus-elicited contraction of laryngeal muscles could activate those afferents,
500 thereby producing afferent volleys that manifest as stimulus-evoked potentials in sensorimotor cortical
501 areas (Sasaki et al., 2017). This would explain the disappearance of VEPs when muscle contraction was
502 blocked (Hammond et al., 1992a). Another part of the short-latency response could be due to activation of
503 large, afferent somatic afferents.

504 The later VEP components, on the other hand, could reflect activation of longer polysynaptic pathways,
505 mediated by relays in the brainstem, midbrain, hypothalamus, hippocampus, thalamus and cortex (Henry,
506 2002). In contrast to the early component, later components of the VEPs showed dose-dependence,
507 suggesting more significant temporal synaptic summation, consistent with a polysynaptic pathway.
508 Although the cervical vagus involves sensory fiber populations with different sizes, myelination
509 properties and conduction velocities (Agostoni et al., 1957), it is unlikely that activation of faster or
510 slower fibers alone can account for the different VEP components, since the different conduction
511 velocities give rise to latency differences that are at least one order of magnitude smaller than the
512 latencies seen in the VEPs. Even though there were instances of polarity reversal across brain states, those
513 were limited to the intermediate-latency VEP component; in those cases, those components were
514 relatively small in amplitude (<50uV peak amplitude) (e.g. Figure 7A, middle panel, for both subjects).
515 This likely reflects the heterogeneity and variability of the waves included in the intermediate-latency
516 component and the fact that only one of them (the largest in each VEP) contributed to the reported

517 measurement: sometimes a positive wave was the largest, whereas in other instances the negative was the
518 largest.

519 Brainstem and midbrain areas that receive afferent inputs from the NTS, largely project to the cortex via
520 the thalamus (Berthoud and Neuhuber, 2000; Henry, 2002). Therefore the large-scale changes in thalamo-
521 cortical circuits occurring during sleep (McCormick and Bal, 1997) could play a role in modulating the
522 cortical responses elicited by VNS. The thalamus is a major gateway into the cerebral cortex and the first
523 station at which incoming signals can be blocked by synaptic inhibition during sleep. Thalamo-cortical
524 and cortico-cortical interactions contribute to the changes that brain activity undergoes during the switch
525 from an aroused state, more receptive to “external” signals, to a more isolated sleep state, which is driven
526 by “internal”, oscillatory activity (McCormick and Bal, 1997; Sanchez-Vives and McCormick, 2000;
527 Steriade, 2004). The brain state dependence of VEPs suggests that the effect of ascending volleys
528 generated by VNS on cortical activity is shaped by the state of ongoing thalamo-cortical and cortico-
529 cortical interactions, much like other sensory evoked potentials. During NREM sleep K-complexes and
530 vertex sharp waves can be evoked by auditory or other sensory stimuli (Colrain et al., 1999; Colrain et al.,
531 2000a; Colrain et al., 2000b). Likewise, cortical TMS pulses delivered during sleep trigger the generation
532 of delta waves (Massimini et al., 2007). Therefore, during sleep, slow oscillations, K-complexes and
533 vertex sharp waves, could all contribute to the responses evoked by stimulation, manifesting as larger
534 intermediate- and long-latency VEPs. The fact that the relatively long latency, slower components of the
535 VEPs were the ones mostly augmented during NREM sleep, agrees with the shift to slower spontaneous
536 EEG components in that sleep stage, such as delta waves and K-complexes. The shift to larger in
537 amplitude and slower in time-course stimulus-evoked and spontaneous signatures of cortical activity
538 during NREM may reflect neuronal synchronization across larger cortical and subcortical neuronal
539 populations, which has been demonstrated in that sleep stage (Scammell et al., 2017).

540 Interestingly, several studies demonstrated that the balance between parasympathetic and sympathetic
541 activity changes during sleep. Spectral analysis of heart rate variability, a measure of autonomic activity,

542 showed an increase of parasympathetic tone during NREM sleep (Berlad et al., 1993; Trinder et al., 2001;
543 Mendez et al., 2006; Cabiddu et al., 2012). Increased vagal tone could be mediated by increased efferent
544 vagal activity, but also by increased responsiveness of the afferent vagus to peripheral stimuli (Laborde et
545 al., 2018). Thus, increased vagal tone during sleep might contribute to a larger VEP compared to evoked
546 responses elicited by the same stimuli during waking.

547 Effect of pulsing frequency on cortical responses to VNS

548 In this study we delivered trains of pulses at pulsing frequencies ranging from 5 Hz to 300 Hz. For all
549 brain states, VEPs recorded from different cortical areas had higher amplitudes at the highest pulsing
550 frequency (300 Hz) than at the lowest pulsing frequency (5 Hz) (Figure 5). Monkey M1, in particular,
551 showed a monotonic increase in the magnitude of the 2 later components with increasing pulsing
552 frequency (Figure 6). Such monotonic relationship is different from the inverted-U-shaped relationship to
553 a number of brain function readouts described previously. For example, a pulsing frequency around 30Hz
554 resulted in an increased cortical map plasticity, whereas higher or lower VNS frequencies failed to induce
555 plasticity effects (Buell et al., 2018; Buell et al., 2019). The reasons for this discrepancy are not clear. It
556 could be due to the differences in number of VNS pulses delivered, but it could also be that the read-out
557 of VNS in our study, evoked cortical activity, correlates poorly with VNS outcomes used in other studies,
558 like cortical map plasticity or behavioral recovery. Our results could in principle be explained by temporal
559 summation of synaptic responses to VNS. For example, temporal summation could happen at the level of
560 NTS; in monosynaptically-driven NTS, excitatory post-synaptic potentials last for 10-20 ms, and
561 therefore temporal summation would occur at frequencies above 50-100 Hz (Austgen et al., 2011).
562 Similarly, studies have found a monotonic relationship between pulsing frequency and neuronal firing in
563 locus coeruleus, also suggesting a potential temporal summation mechanism for frequency dependency
564 (Hulseley et al., 2017). Given the breadth and heterogeneity of brain networks activated by VNS, it is likely
565 that the dependence of brain effects on pulsing frequency arises from complex interactions between
566 temporal summation at some synapses, the firing properties of activated neurons at different brain sites
567 and the conduction delays of different pathways engaged by VNS.

568 VNS and targeted neuroplasticity

569 Studies in animal models have shown that electrically stimulating the vagus nerve leads to a release of
570 plasticity-related neuromodulators in the brain, including acetylcholine and norepinephrine (Nichols et al.,
571 2011). Those neuromodulators regulate plasticity by acting as ‘on-off switches’ which enable plastic
572 changes to occur by engaging synaptic processes (Kilgard and Merzenich, 1998; Sara, 2009; Sara and
573 Bouret, 2012). Sleep has been shown to play a crucial role for skill learning and memory consolidation
574 (Huber et al., 2004; Rasch and Born, 2013; Gulati et al., 2014) and direct manipulation of brain activity
575 during sleep can result in changes in task performance (Gulati et al., 2017; Rembado et al., 2017; Ketz et
576 al., 2018; Kim et al., 2019). Although the mechanisms underlying off-line learning are not entirely
577 understood, one possibility involves the autonomic nervous system (ANS) (Whitehurst et al., 2016). In
578 particular, Whitehurst et al. (Whitehurst et al., 2016) showed that improvements in tests of associative
579 memory were associated with ANS activity mediated by the vagus nerve during REM sleep. It has been
580 shown that stimulation of the vagus nerve affects task performance when it is paired with active training
581 (Pruitt et al., 2016), but it is unknown whether VNS could have different cognitive effects when delivered
582 during different brain states, including sleep. Our findings argue that this could be a possibility. If true,
583 this would have significant implications in the use of VNS, and other methods of neuromodulation, to
584 enhance neuroplasticity in healthy subjects and in patients with neurological disease.

585 VNS and interoception

586 The vagus is the main conduit for interoceptive sensory signals, supporting conscious and unconscious
587 perception of bodily events and states (Paciorek and Skora, 2020). Afferent visceral signals related to
588 physiological events, like heart rhythm and breathing, are conveyed by the vagus and elicit event-related
589 potentials that are measurable with intracranial EEG. Examples are the heartbeat-evoked cortical potential
590 (Park et al., 2018) and cortical activity related to breathing (Herrero et al., 2018). Such cortical signatures
591 of visceral physiology reflect population-level aspects of processes by which the brain integrates and
592 interprets interoceptive information (Paciorek and Skora, 2020). It is unknown how these signatures are
593 modulated by ongoing cortical activity and our study offers some insight. The fact that the same vagal

594 afferent volley leads to different cortical responses depending on brain state (e.g. smaller response during
595 wakefulness than during NREM sleep) indicates that vagal interoceptive information conveyed at
596 different times of day and during different mental and behavioral states may shape how the continuous
597 stream of visceral signals affects motivational states, adaptive behavior and emotion (Critchley and
598 Harrison, 2013).

599

600 **Conflict of interest statement**

601 The authors declare no competing financial interest.

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613 I.R. analyzed data, interpreted results, wrote the paper

614 D.S. performed surgeries for vagus nerve implant

615 A.L. collected data

616 L.S. hardware and software development of Neurochip

617 E.F., S.P. interpreted results

618 S.Z. performed surgeries for cortical implant, designed experiments, interpreted results, wrote the paper

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831

832 Figure legends

833 Figure 1: Epoch based processing of ECoG power for classification of brain states. A) 10 seconds of raw
834 signal before VNS of one cortical site (on the left). The red vertical line indicates the end of stimulation
835 (the black vertical lines are the stimulation artifacts). The two vertical dashed lines mark the 6-sec epoch
836 used to generate the power spectrum density on the right. The blue dashed lines mark the limits of the
837 frequency bands considered for the power analysis ($\delta = 1-4$ Hz, $\theta = 4-8$ Hz, $\alpha = 8-14$, $\beta = 14-35$ Hz, $\gamma =$
838 $35-55$ Hz). B) Example of power values for each frequency band calculated from the epoch displayed in
839 A. From left to right: absolute power, relative power and transformed relative power. C) Number of
840 unclassified epochs as a function of different power threshold values used to discriminate between brain
841 states. The threshold which returned the minimum number of unclassified epochs was chosen for the
842 classification procedure. D) Example of power distributions in delta and gamma bands generated by all
843 epochs from one representative cortical site from one recording for three consecutive steps of the power
844 processing. From left to right: distribution of relative power, transformed relative power and Z-scored

845 transformed relative power (see Methods). The green vertical line in the last subplot points to the
846 threshold value used to classify the brain states (i.e. minimum value of the curve shown in C).

847 Figure 2: Different brain states using classification strategy based on the power in different frequency
848 bands were successfully discriminated. Example recording from one representative cortical site from M2.
849 Color legend: Red: active-wake; blue: resting-wake; green: REM, pink: NREM. A) Two seconds of raw
850 signal for each classified state. B) Relative power in beta, delta and theta bands of classified epochs
851 throughout the recording (in black are shown the unclassified epochs). C) Percentage of time per hour
852 spent in each brain state as a function of time of day. The gray-shaded area indicates the time during
853 which lights were off.

854 Figure 3: The classified brain states showed a characteristic power spectrum profile with a global trend
855 across recording sites for both animals (M1, top rows; M2, bottom rows). A) Power spectrum profile of
856 classified epochs over all cortical channels for each recording (thin traces). Thick traces show the average
857 across the recordings. B) Classified epochs for each cortical site over two hours of one representative
858 recording. The gray-shaded area indicates the time during which lights were off. The location of the
859 recording sites is represented on the right. RPFC: right prefrontal cortical area; RSM: right sensorimotor
860 cortical area; RPC: right parietal cortical area; RVL: right ventral lateral caudal nucleus (thalamus). Red:
861 active-wake; blue: resting-wake; green: REM, pink: NREM. Unclassified epochs are represented in white.

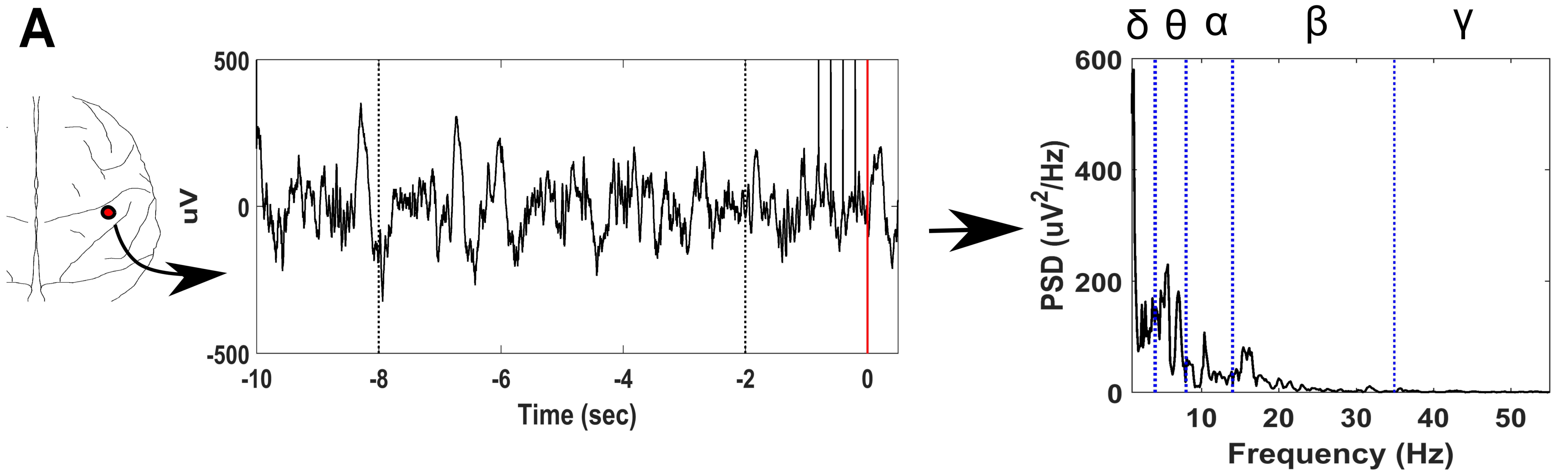
862 Figure 4: Vagal evoked potentials (VEPs) elicited during different states for both animals. VEPs were
863 evoked by trains of 5 pulses at 300 Hz. Some representative recording sites for each animal are shown in
864 the larger plots on the sides. The colored shadow areas highlight the time range for each VEP component:
865 early, 5-70ms (gray); intermediate, 70-250ms (orange); late, 250-600ms (light-blue). The detected
866 components for each brain state are indicated by a colored *. The X axis represents the time after the first
867 pulse in the train. The colored traces represent different brain states: red, active-wake; blue, resting-wake;
868 green, REM; pink, NREM.

869 Figure 5: Vagal evoked potentials (VEPs) elicited during different states recorded from three
870 representative sites of three different cortical areas (from left to right: prefrontal, sensorimotor, parietal)
871 of animal M2. Colored lines show VEPs evoked by trains of 5 pulses at different pulse frequencies. VNS
872 pulse times are shown below. AW: active-wake; RW: resting-wake; REM: rapid eye movement sleep;
873 NREM: non-rapid eye movement sleep.

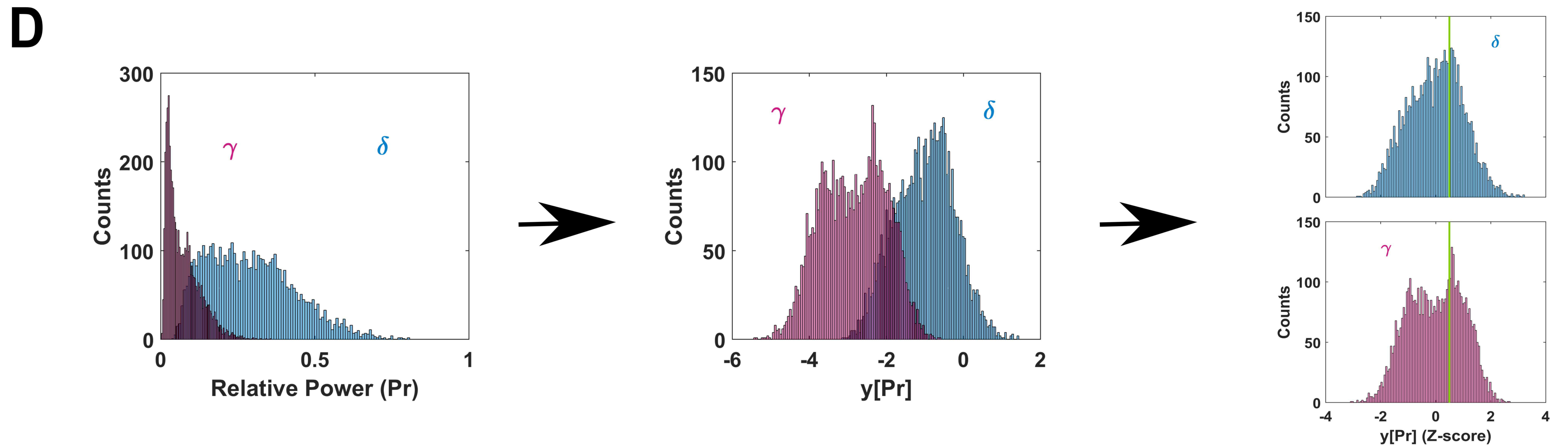
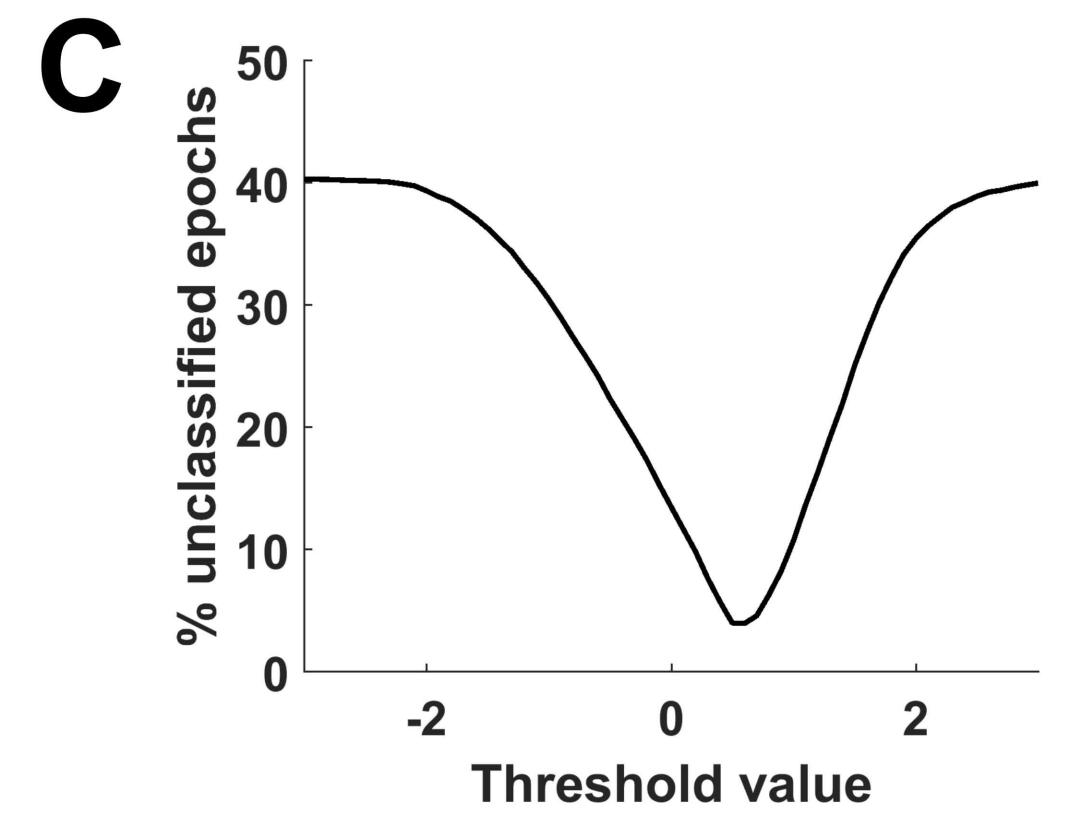
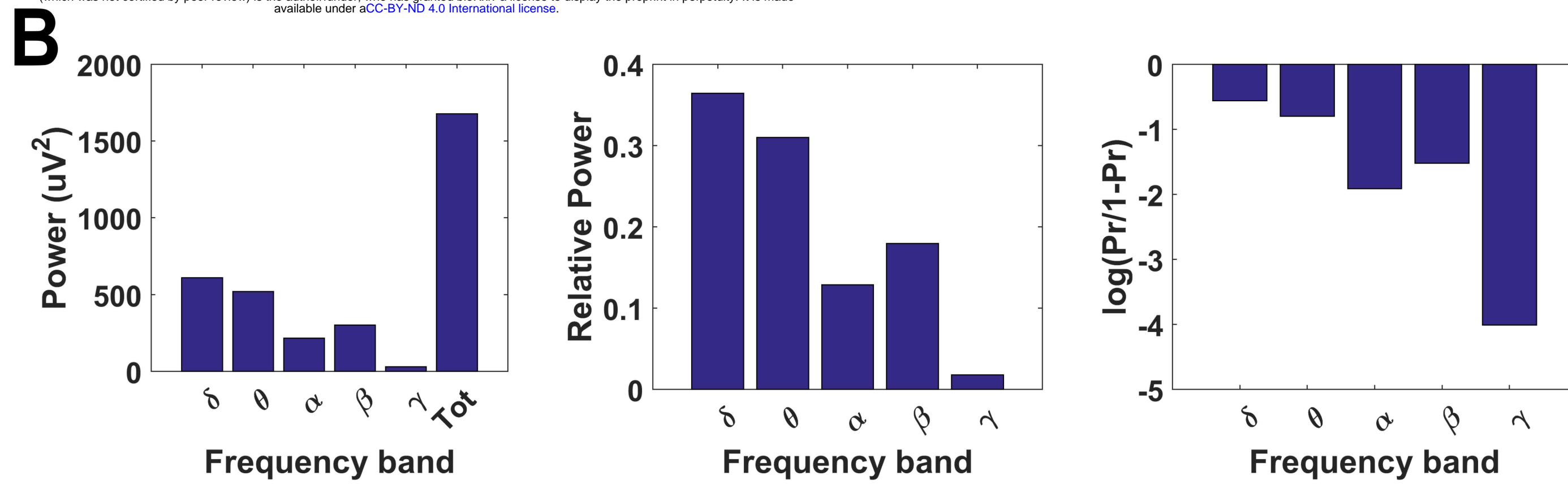
874 Figure 6: Modulation of VEP components by brain state and stimulation frequency for both animals (M1,
875 M2). Each group of bars represents the averaged absolute value of the maximum deflection of the VEP
876 component over all channels (mean \pm SE) evoked by trains of 5 pulses delivered at different stimulation
877 frequencies (color coded) as function of brain state (X axis). Each VEP component (from top to bottom:
878 early, intermediate, and late) was defined in a specific time window from the first pulse of the stimulation
879 train (5-70ms, 70-250ms and 250-600ms, respectively). Both animals returned significant differences in
880 VEP peak amplitudes between brain states for both intermediate and late component (n-way ANOVA:
881 Intermediate, $p < 0.001$; Late, $p < 0.001$). The early component showed no significant difference (n-way
882 ANOVA: Early M1, $p = 0.766$; Early M2, $p = 0.848$). All three components showed significant
883 differences across stimulation frequencies (n-way ANOVA, $p < 0.001$).

884 Figure 7: Brain state modulation of VEPs responses and VEPs variability for each cortical area for both
885 animals (M1, M2). PF: prefrontal (blue); SM: sensorimotor (pink); PC: parietal cortical area (green); VL:
886 ventral lateral caudal nucleus (yellow). VEPs in these plots were evoked by VNS trains at a pulse
887 frequency of 300 Hz. A) Classified VEP magnitude (grand mean \pm grand SE) for each component. B)
888 Classified VEP latency (grand mean \pm grand SE) for each component. C) Inner product (IP) between each
889 classified single VEP sweep and the corresponding averaged VEP calculated between 5msec and
890 600msec from stimulation offset (grand mean \pm grand SE over all channels for different cortical areas).
891 D) Scatter plot with the least-squares regression line for each animal representing the amplitude of the
892 maximum deflection versus the peak-to-trough magnitude for all three components elicited by all tested
893 VNS protocols. R is the correlation coefficient ($p < 0.01$ for both animals).

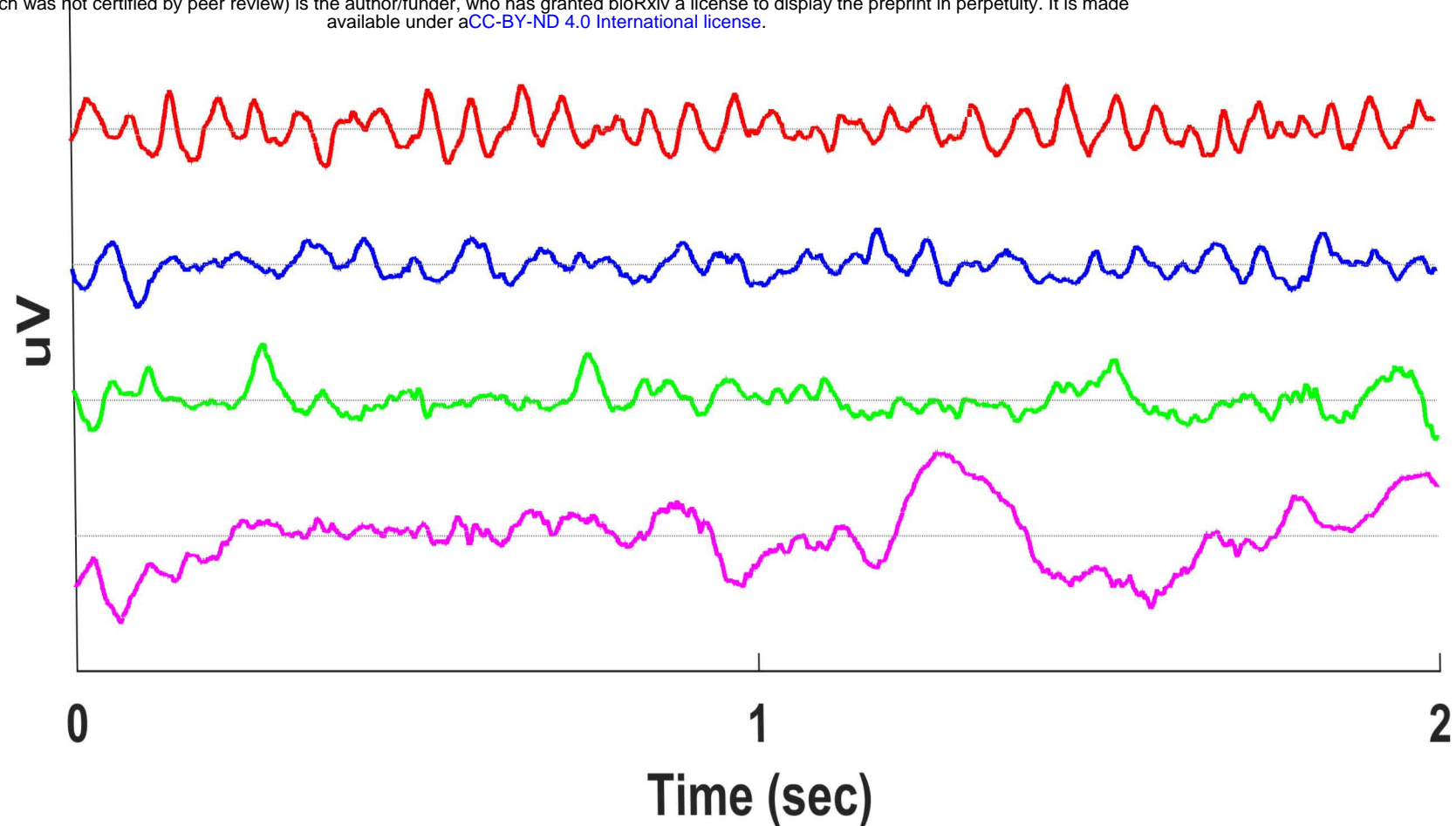
894 Figure 8: Classified VEPs evoked by 5 pulses VNS train at 5Hz in both animals (M1, M2). A) Example
895 of classified VEPs for three different channels. The colored traces represent different brain states: red,
896 active-wake; blue, resting-wake; green, REM; pink, NREM. B) Quantification of the classified VEPs as
897 average over all channels (mean \pm SE) of the responses' root-mean square (rms) calculated between 10ms
898 and 1200ms from stimulation onset. The inset on top shows a graphic representation of the rms
899 measurement indicated by the pink area under the black curve.



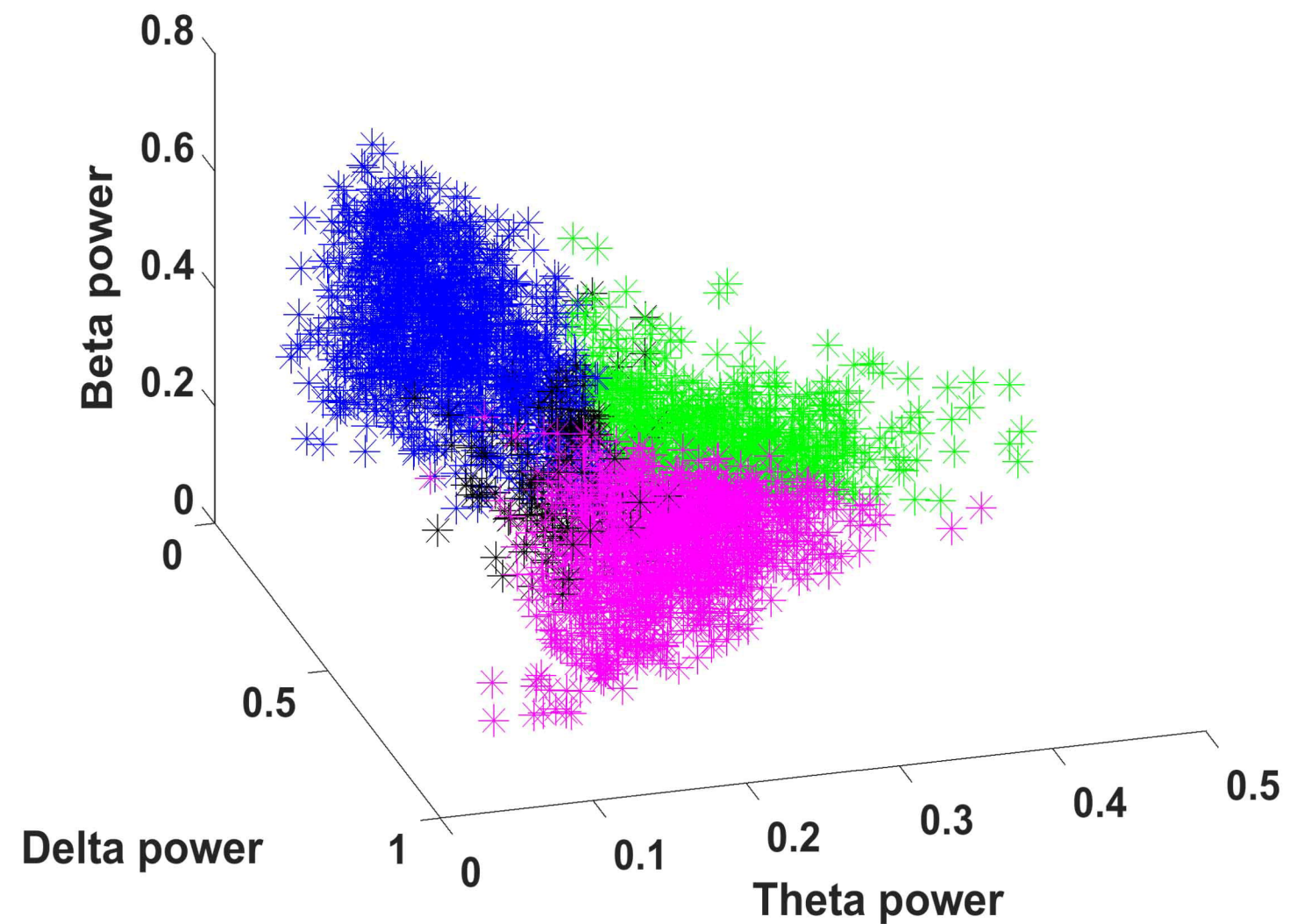
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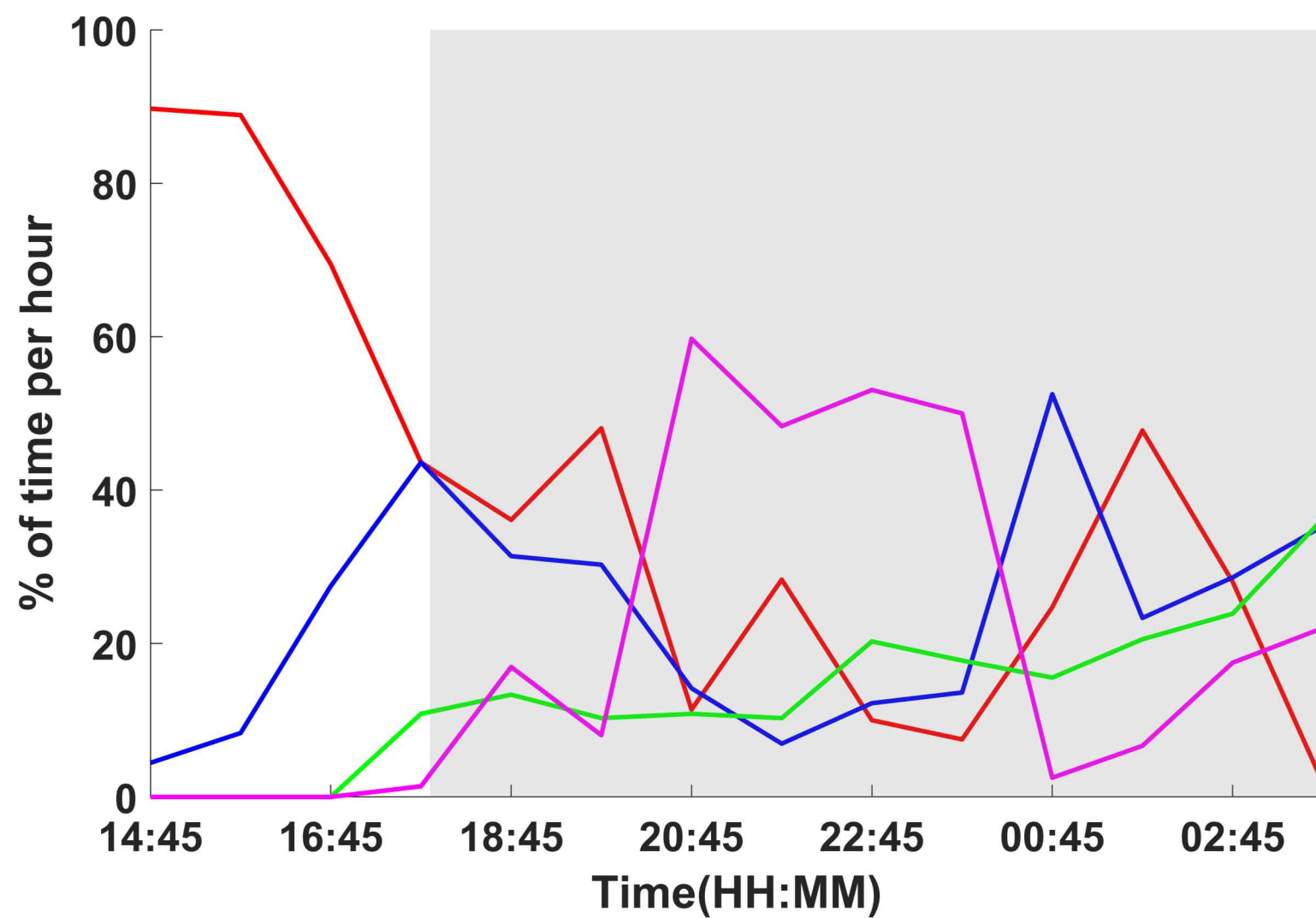
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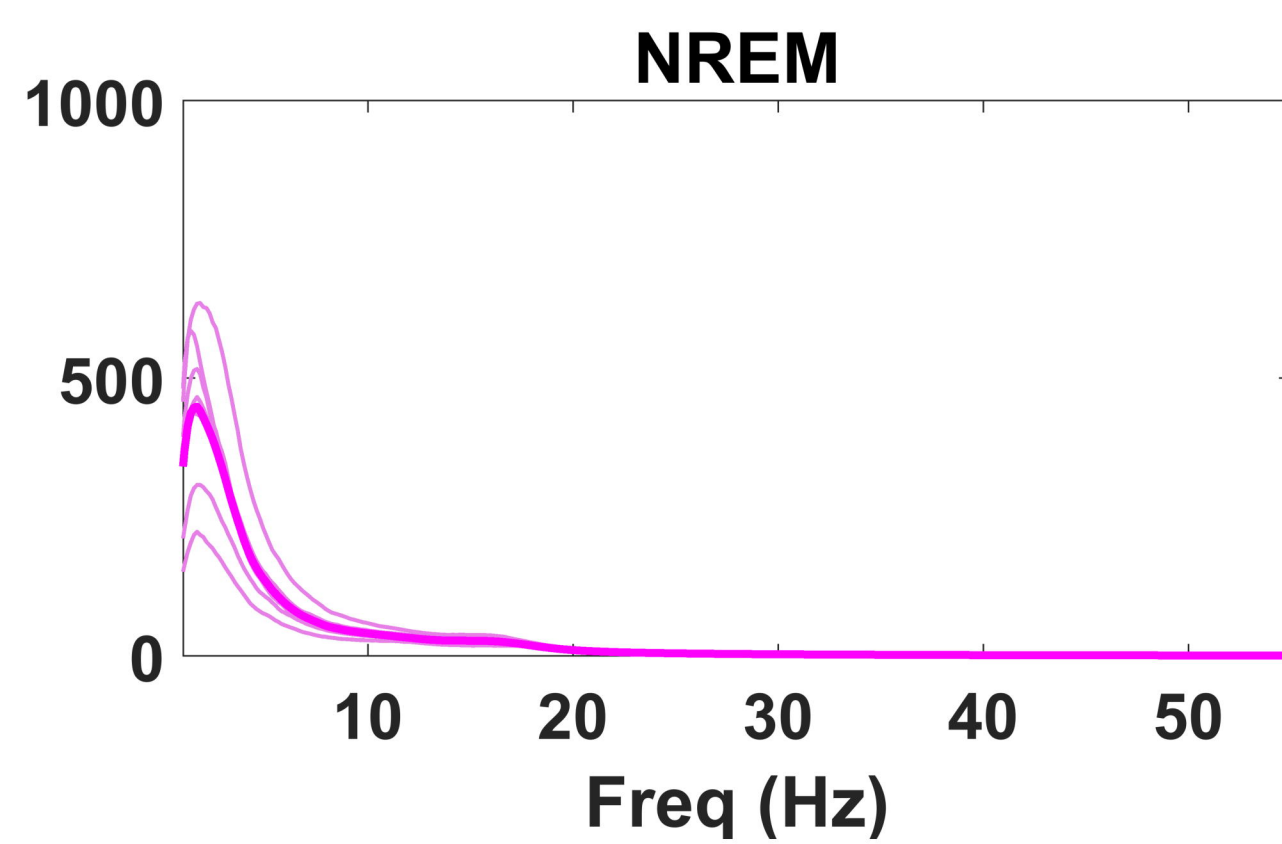
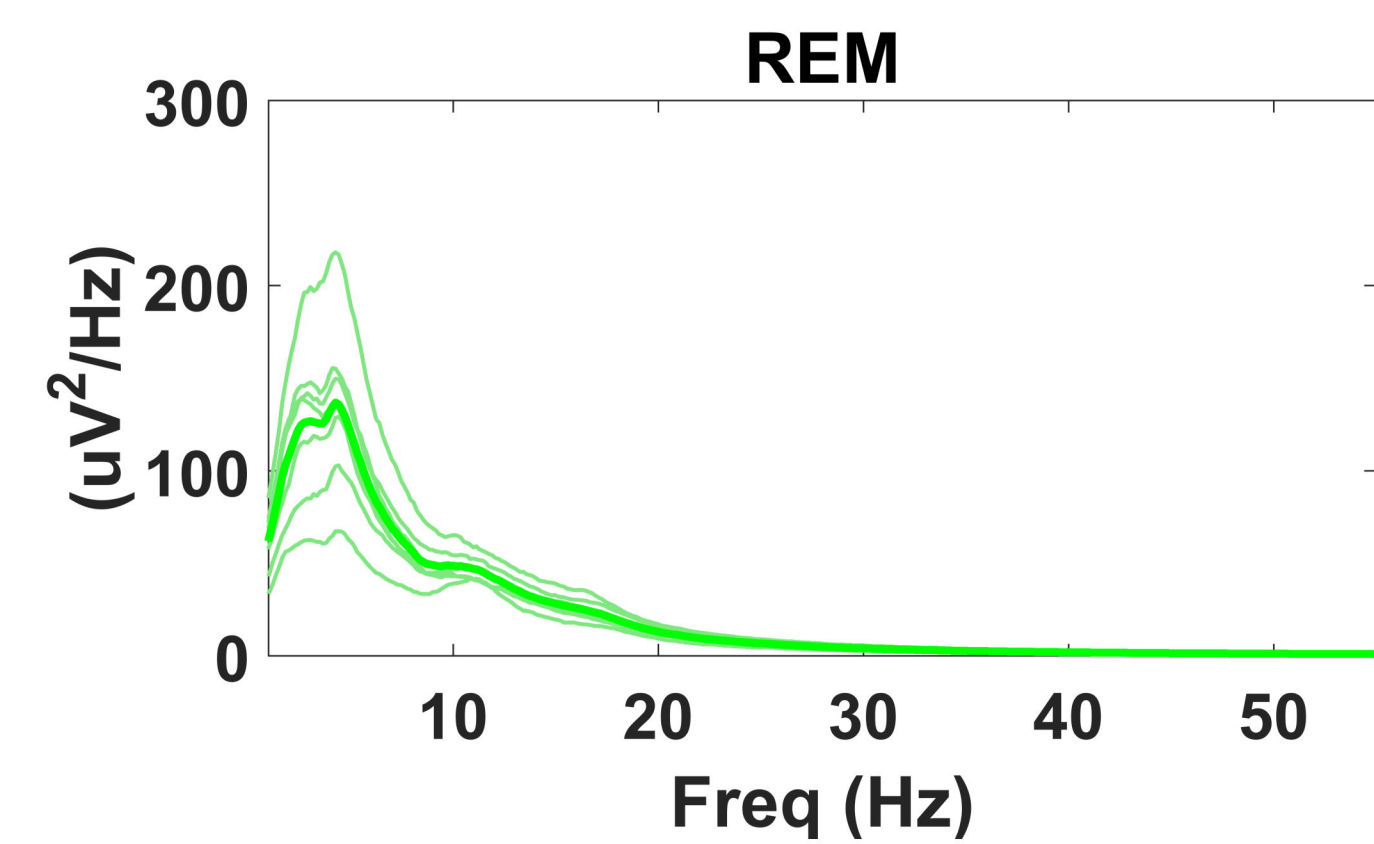
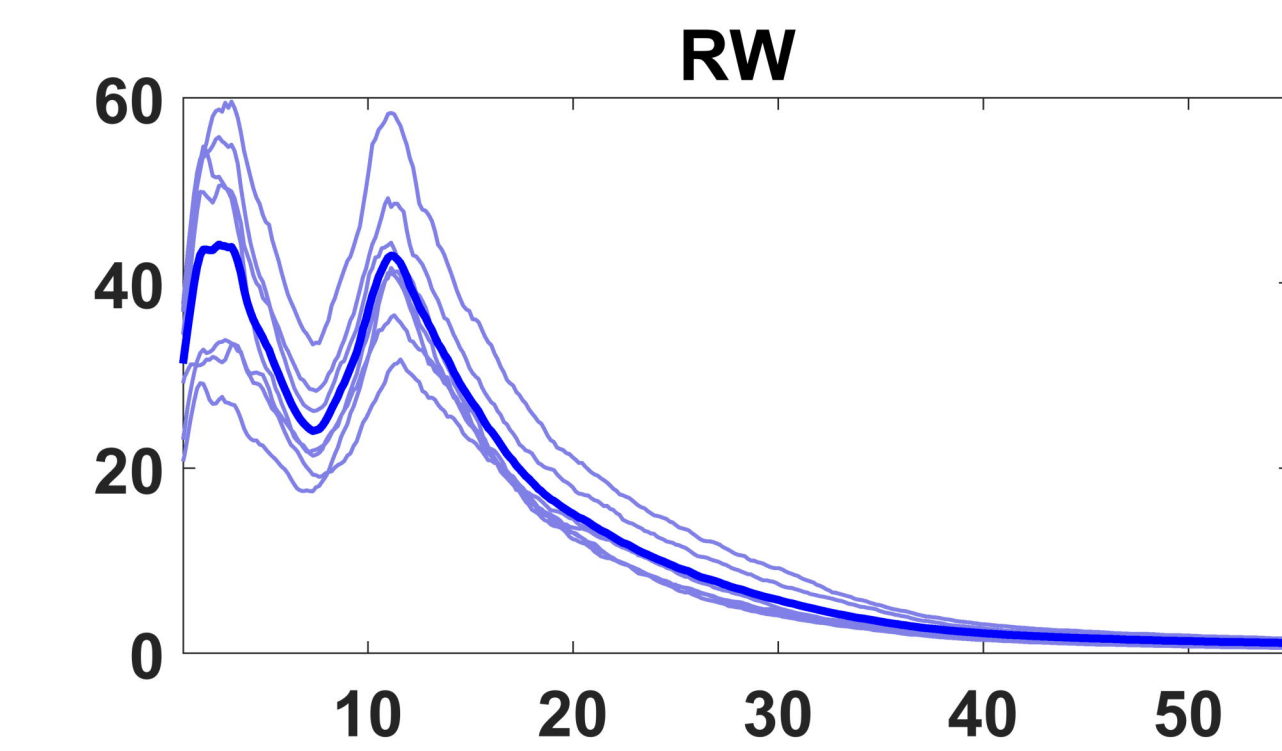
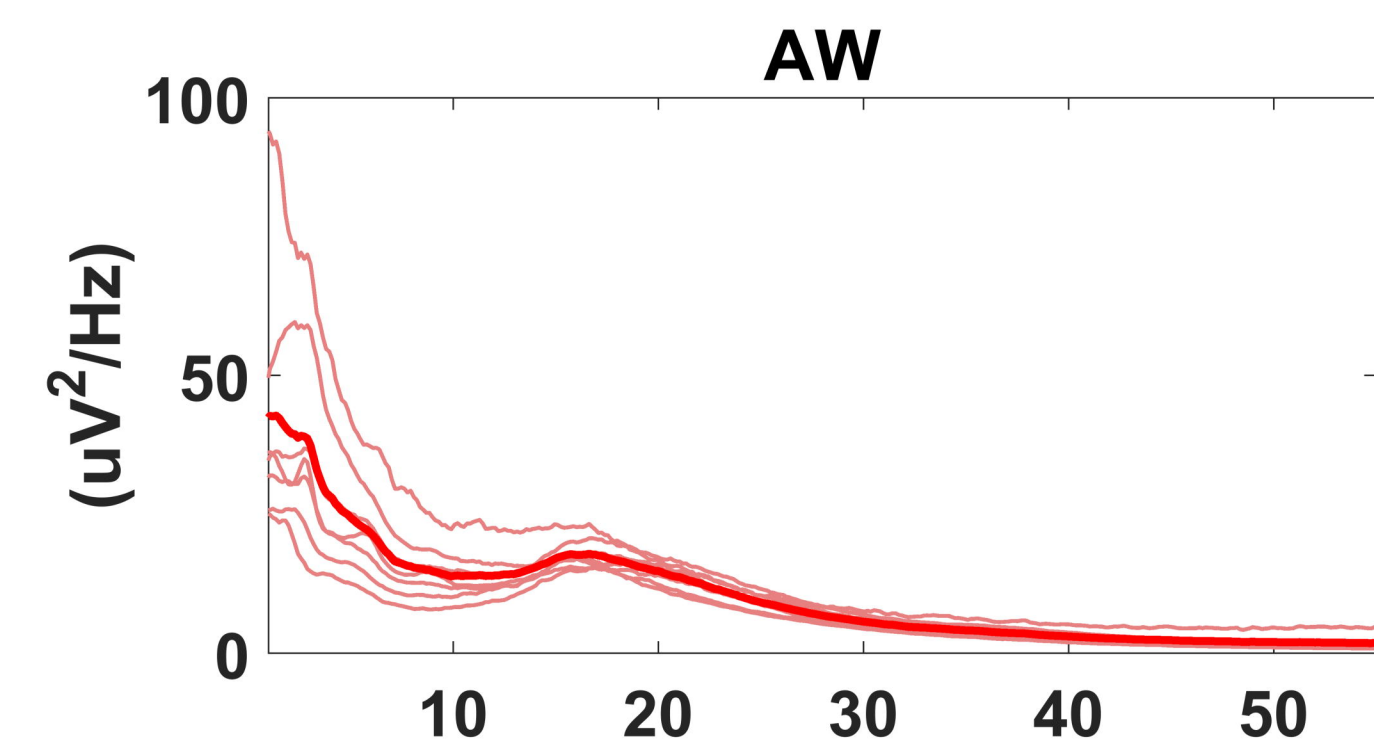
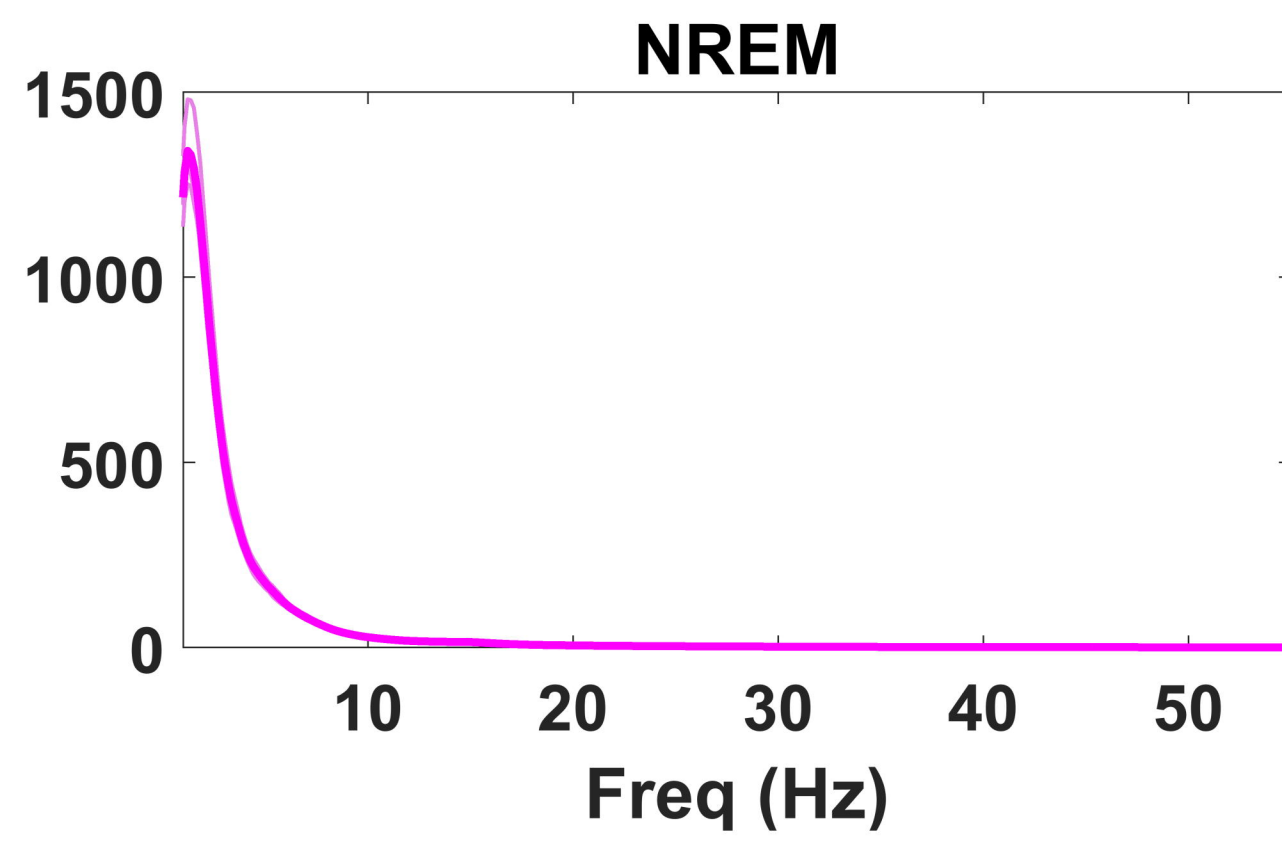
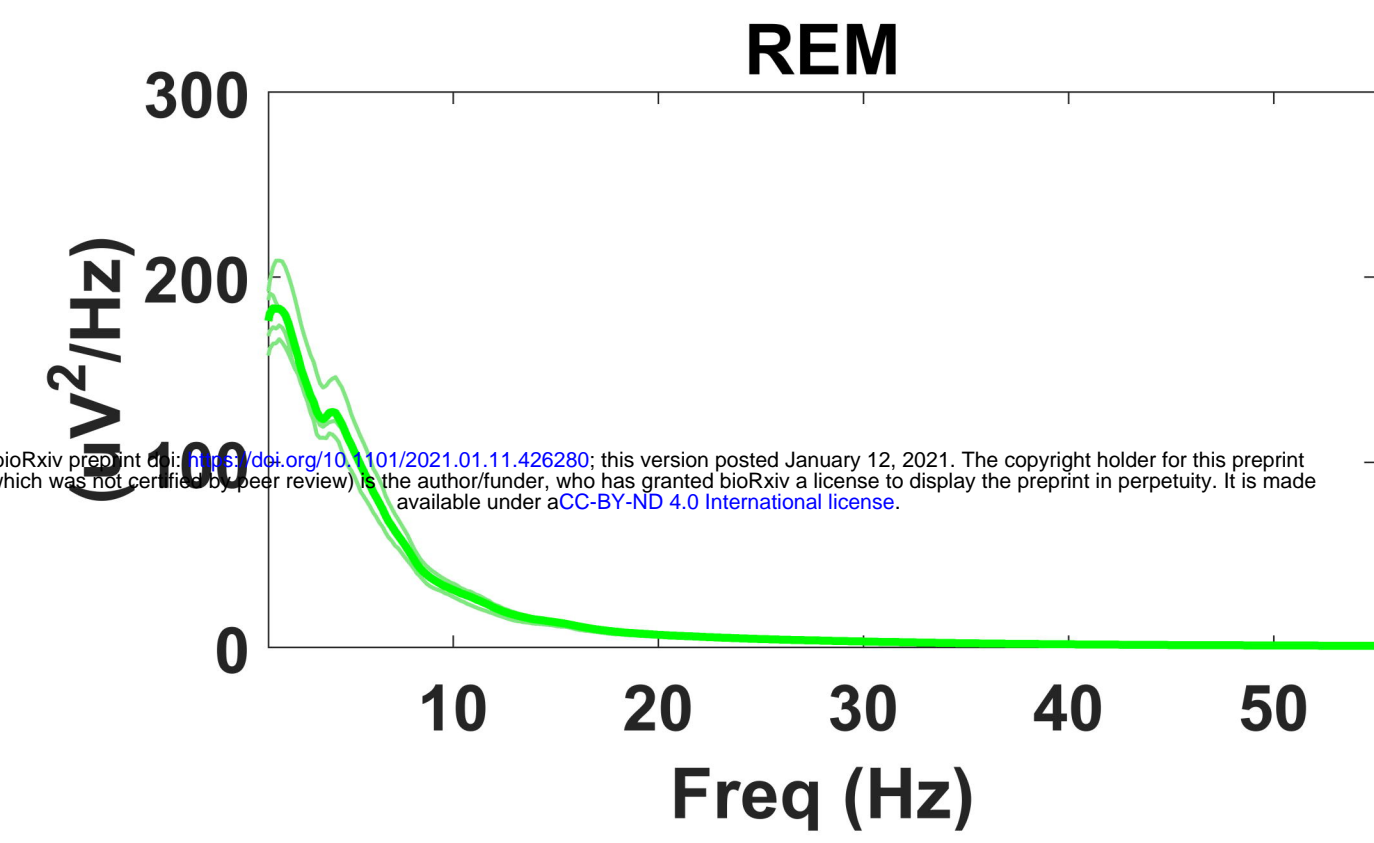
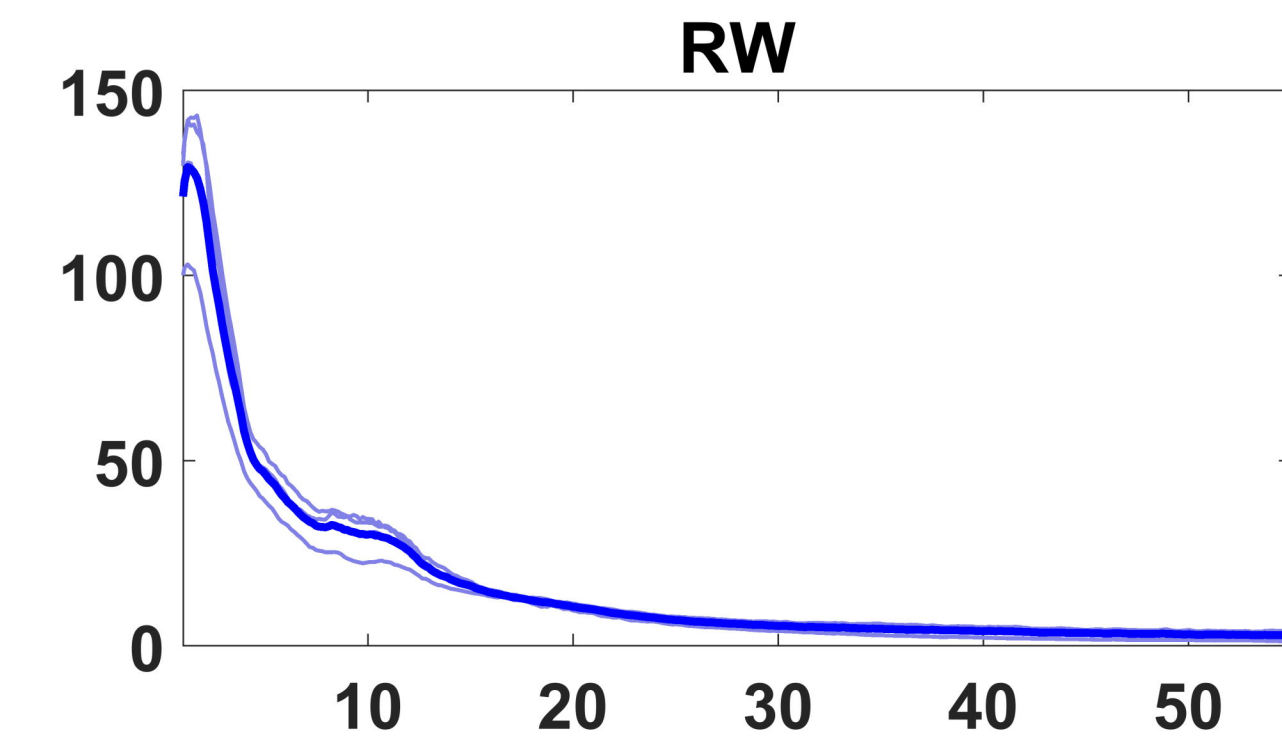
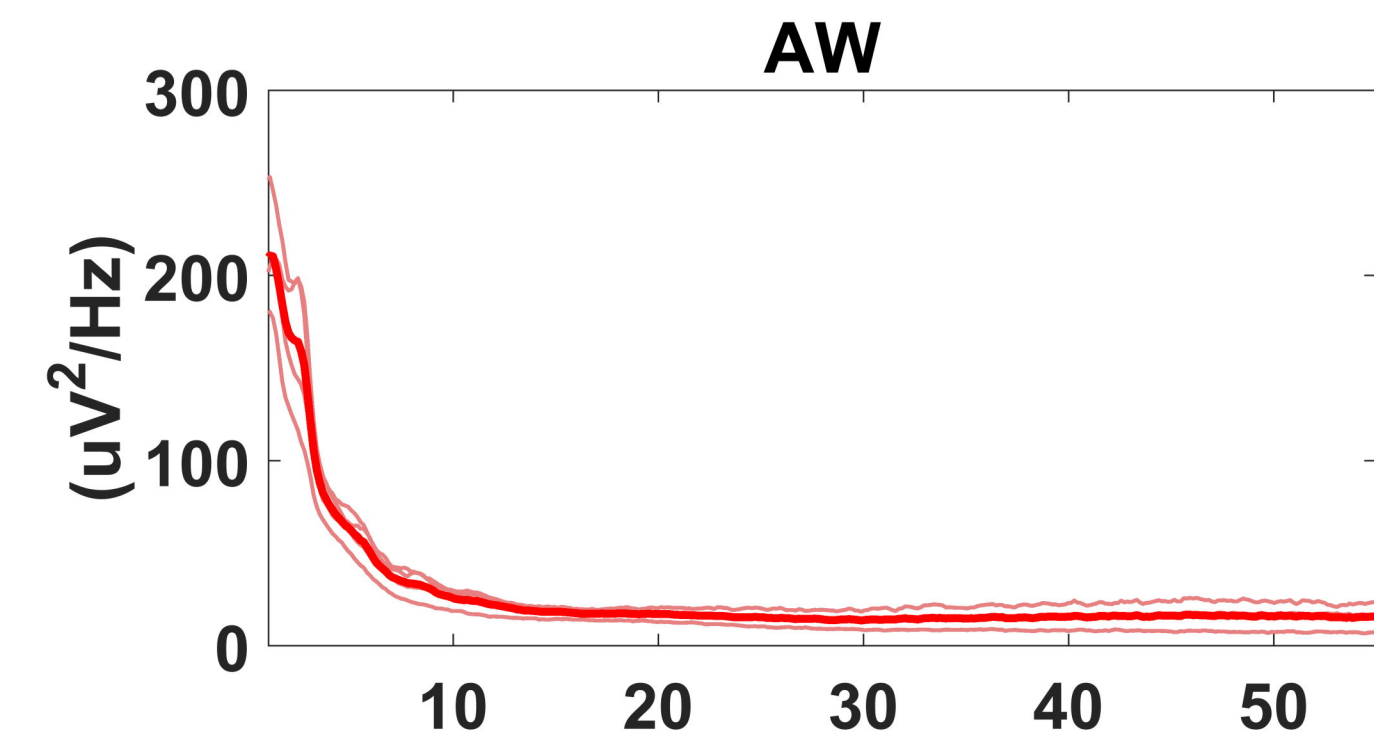
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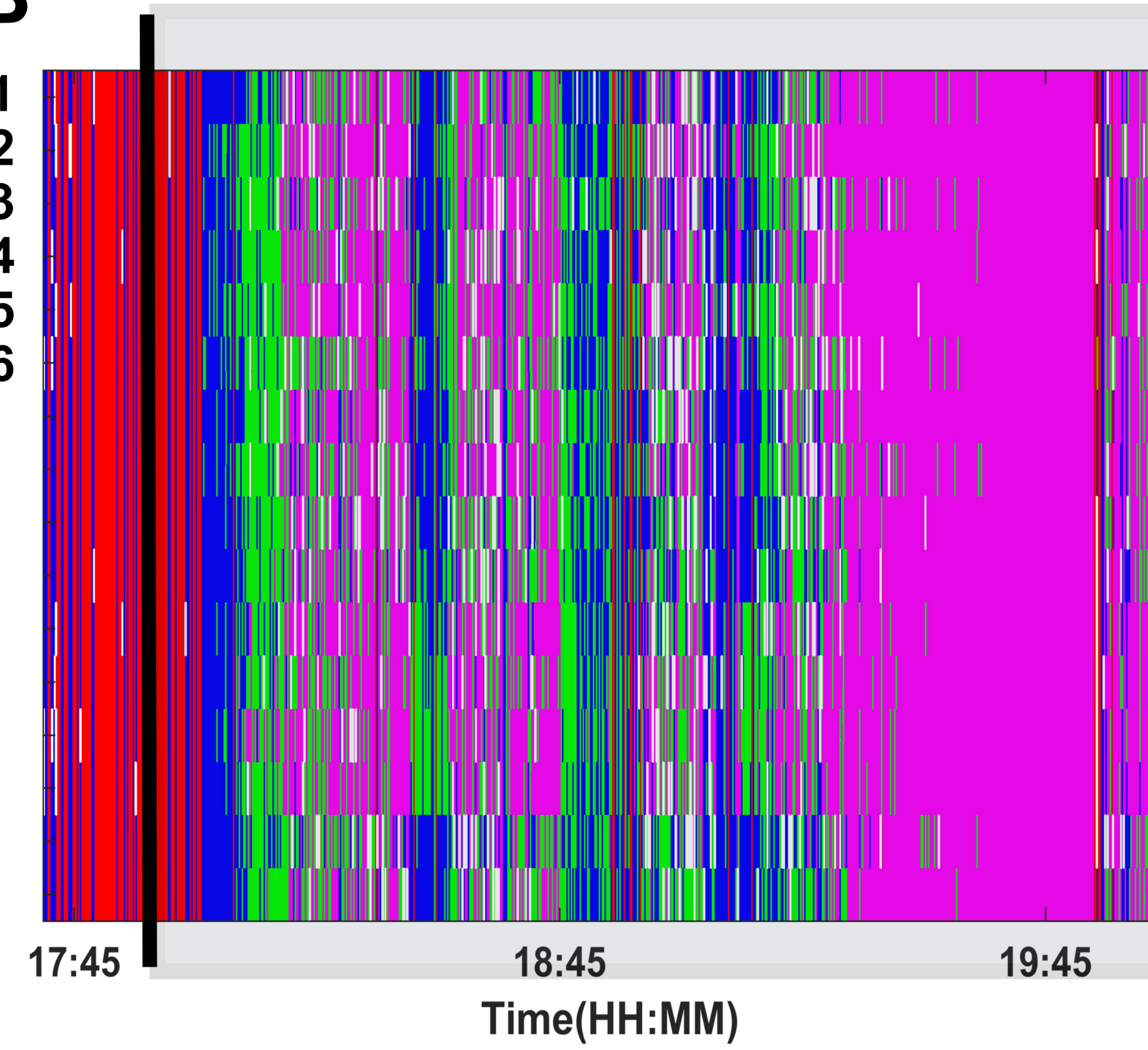
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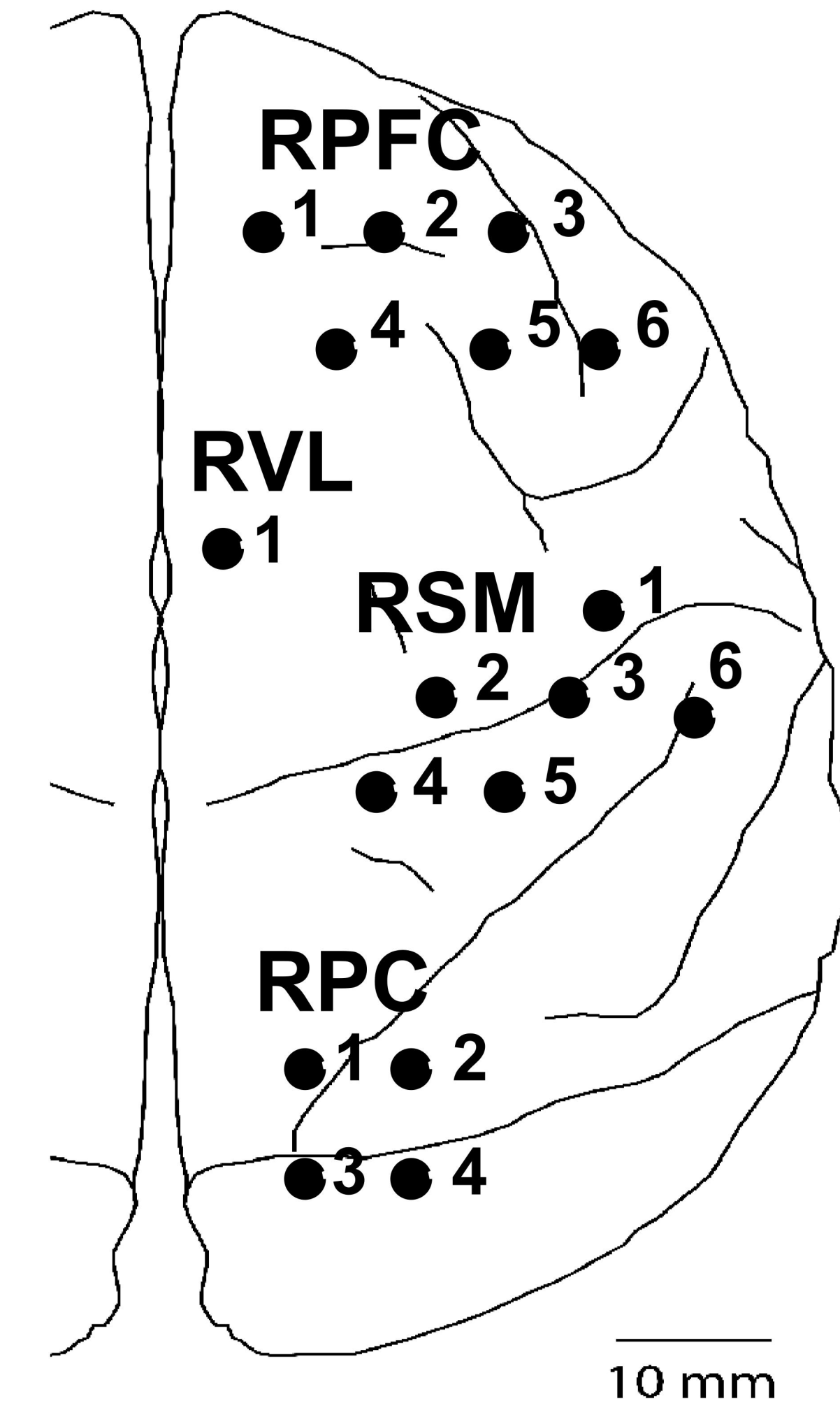
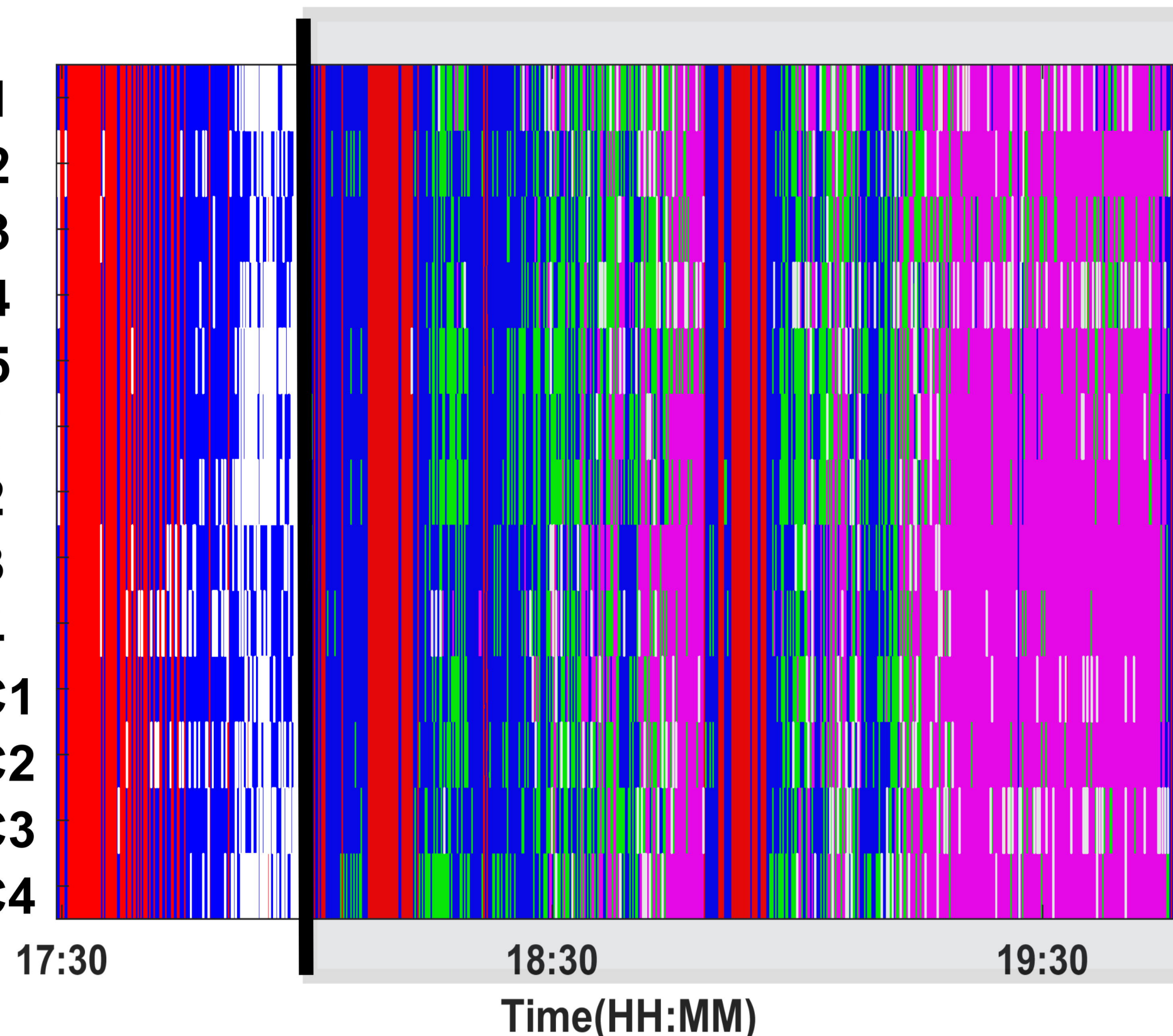
- Active Wake**
- Resting Wake**
- REM sleep**
- NREM sleep**

A**B**

RPFC1
RPFC2
RPFC3
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RVL1

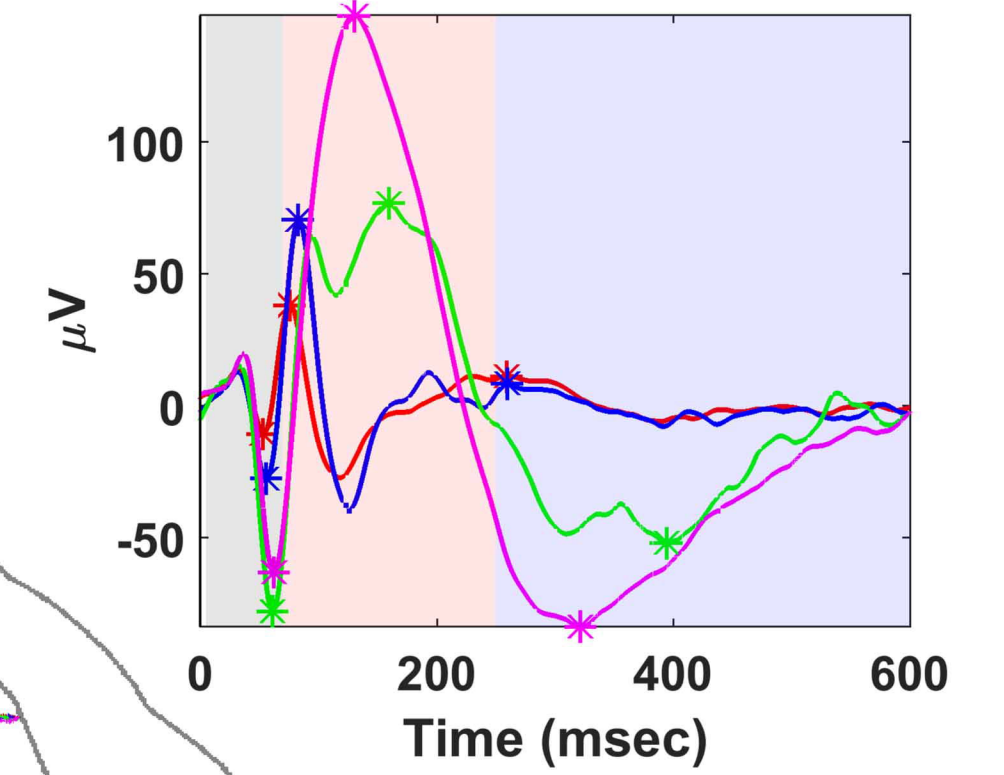


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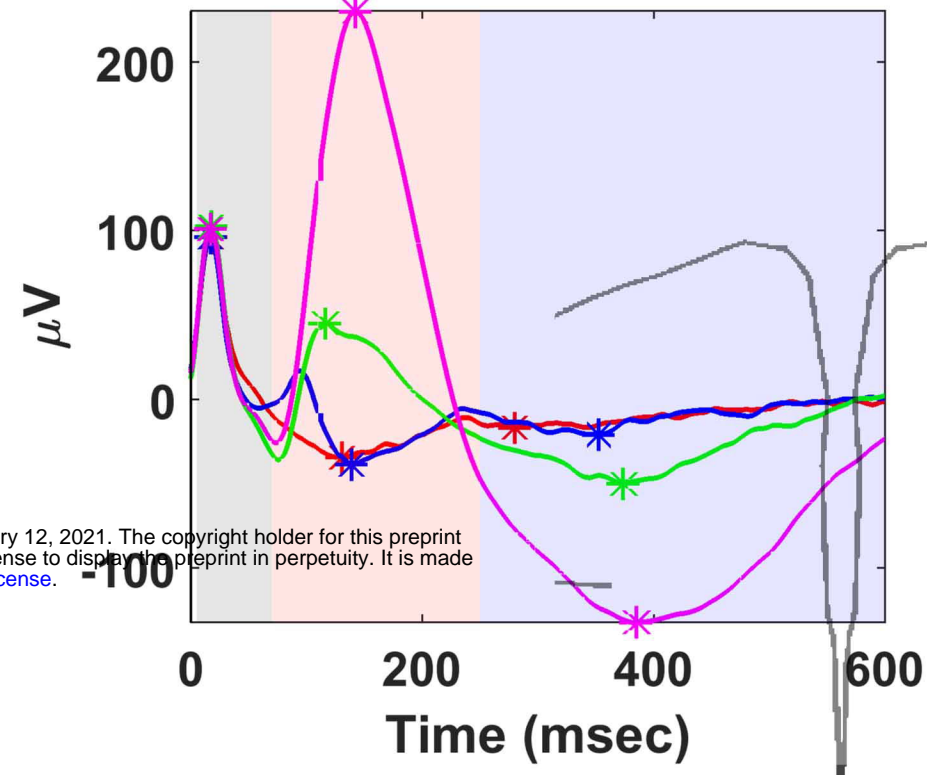


Active Wake
Resting Wake
REM sleep
NREM sleep

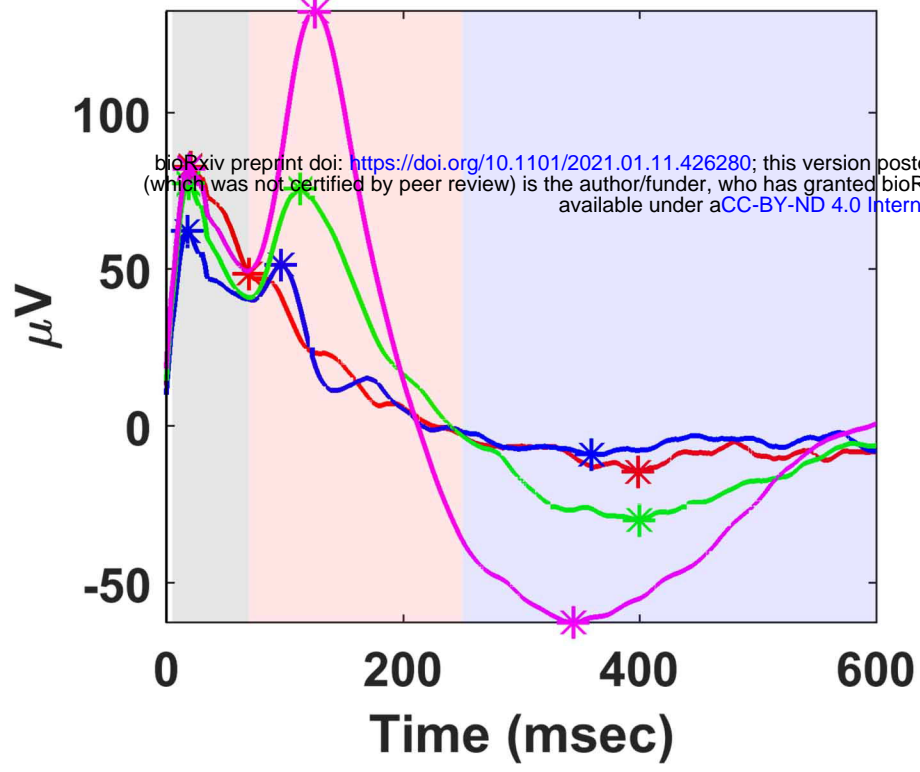
RPFC2



RPFC2

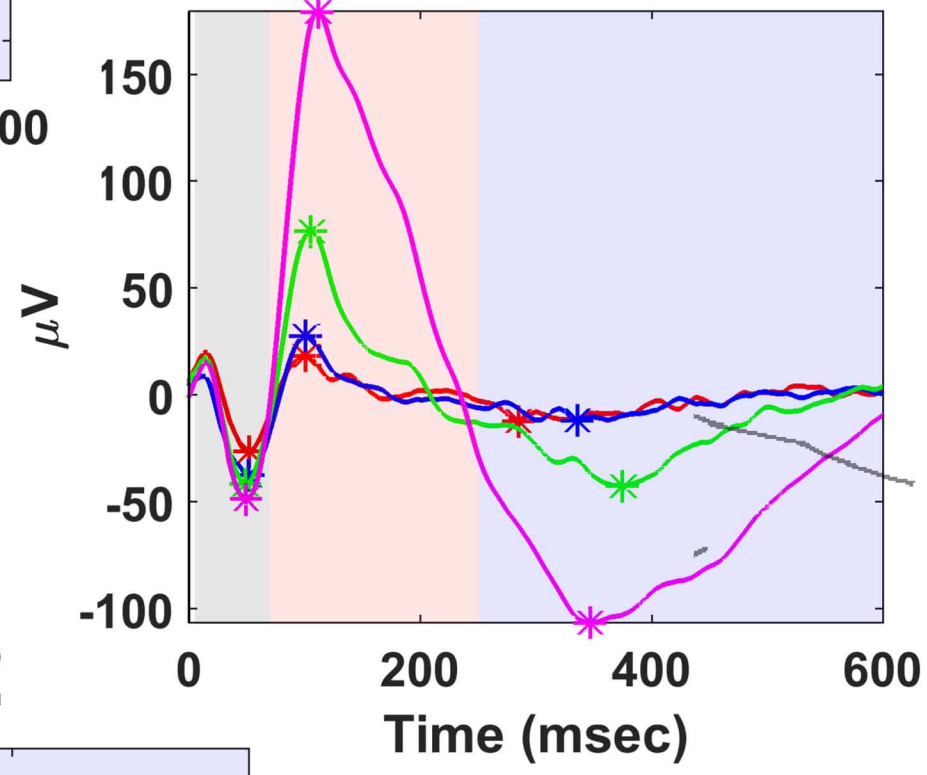


RVL1



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RSM3

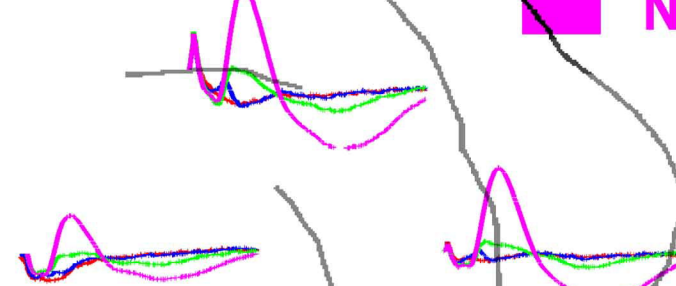


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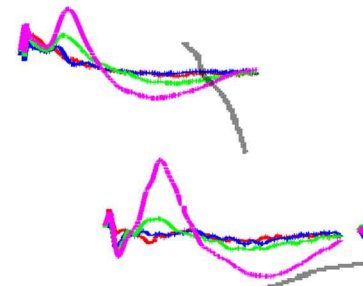


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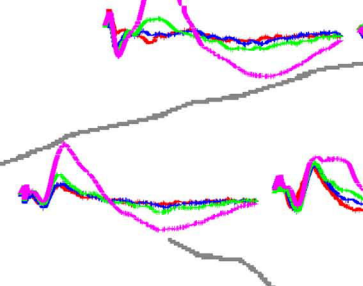
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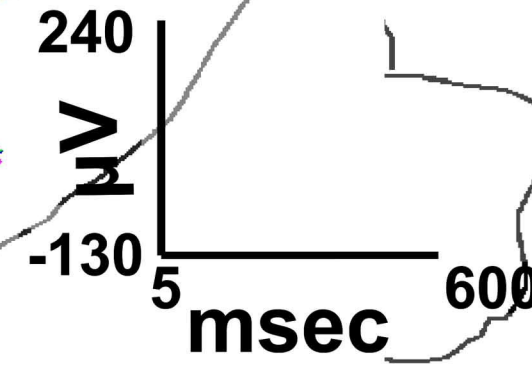
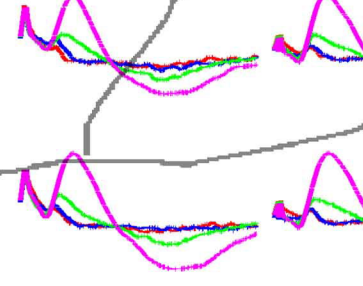
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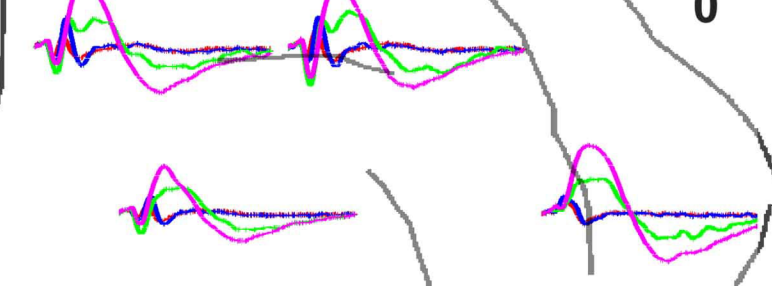
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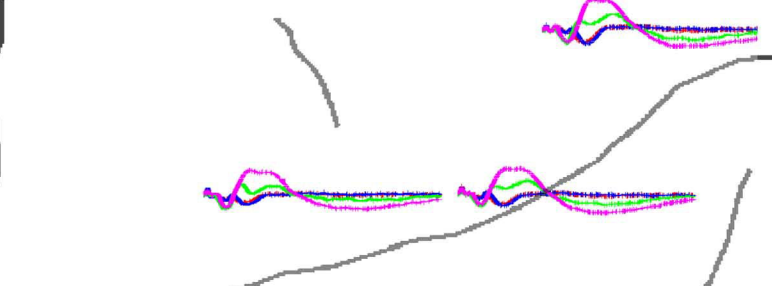
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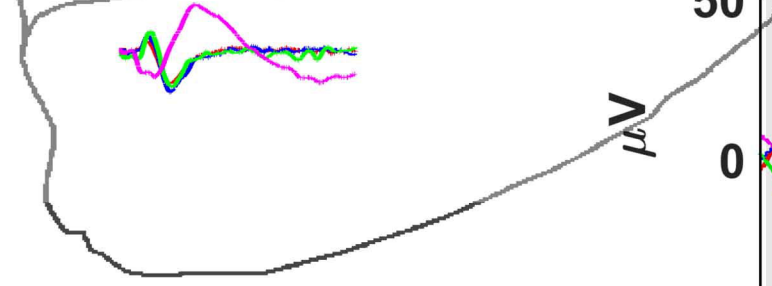
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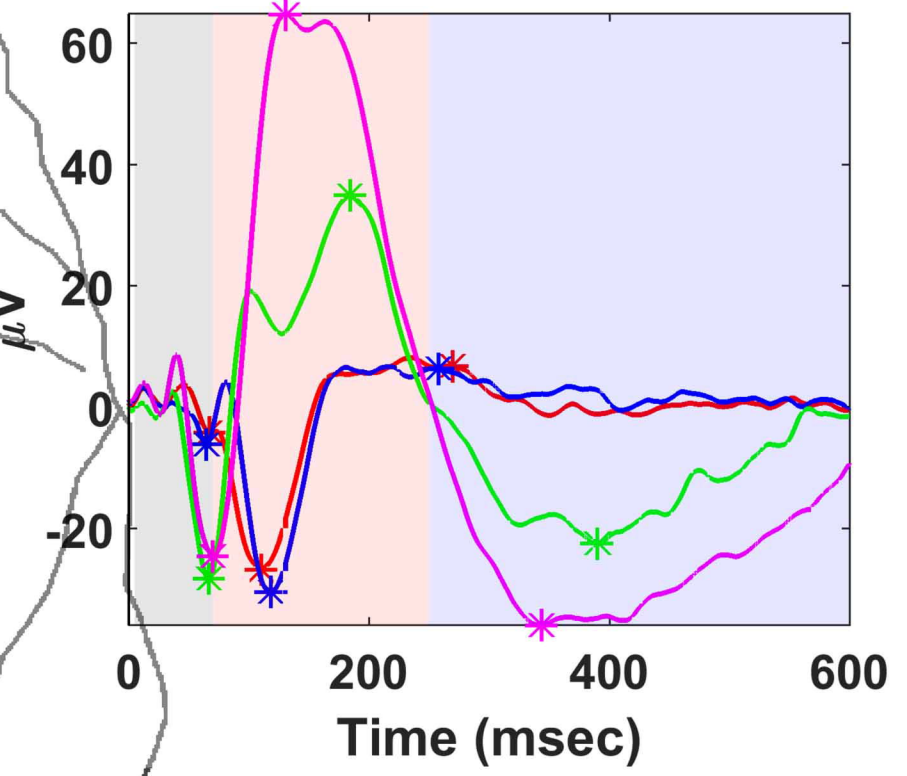
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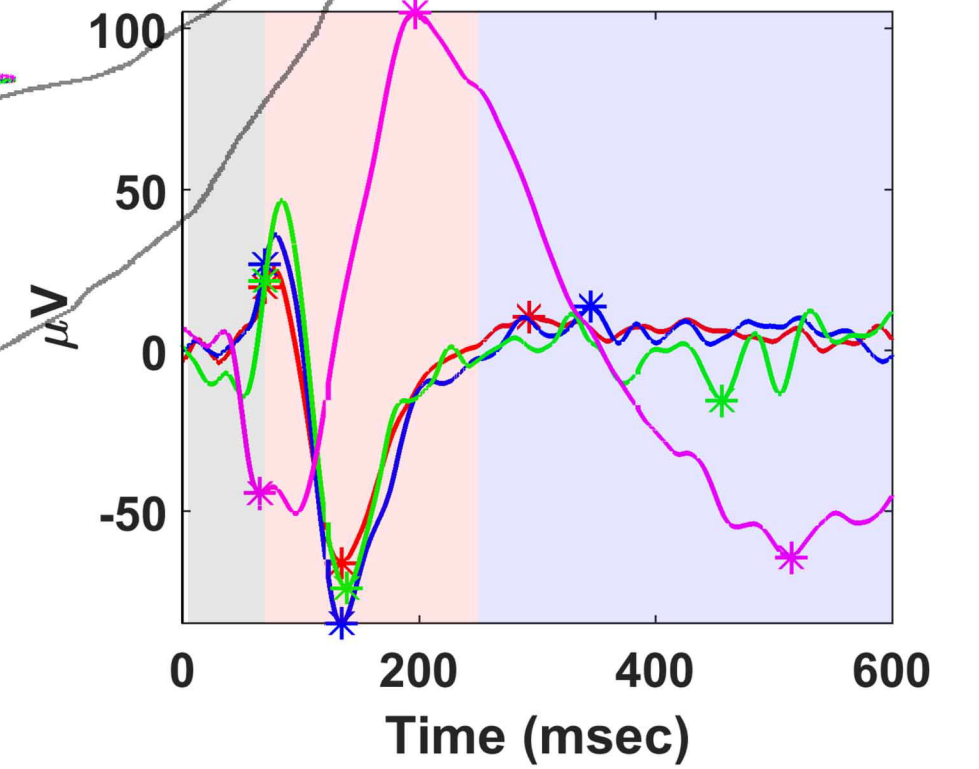
RPC3



RSM1



RPC3

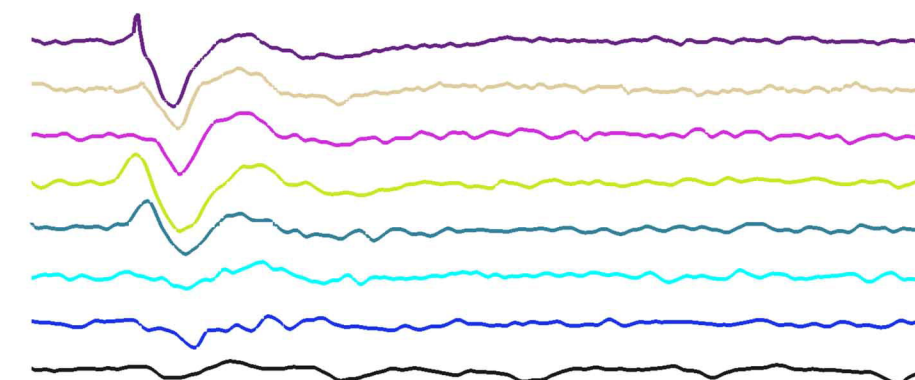
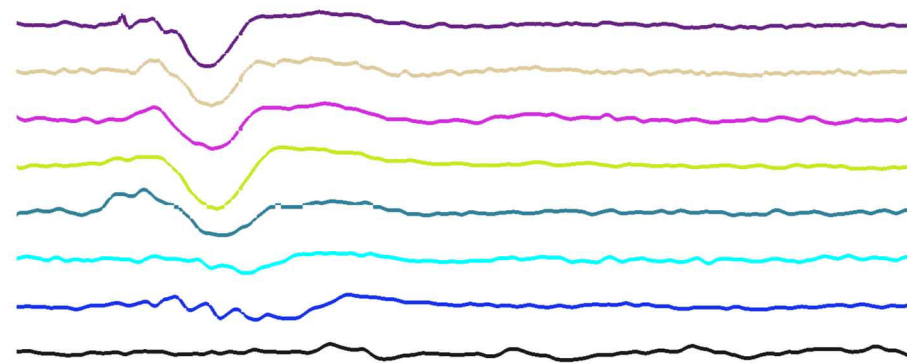
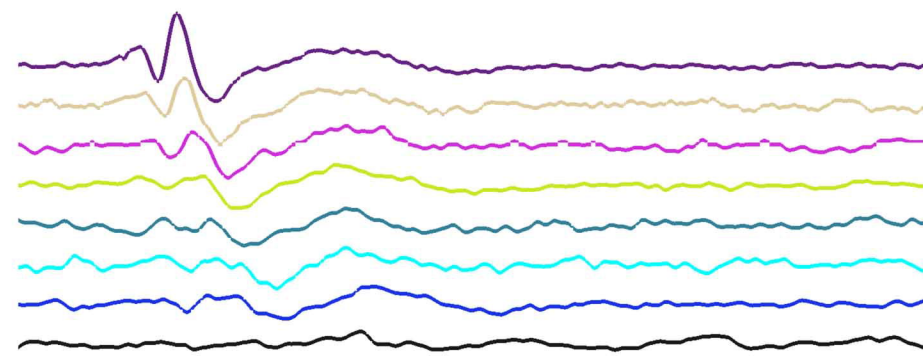


RPFC2

RSM2

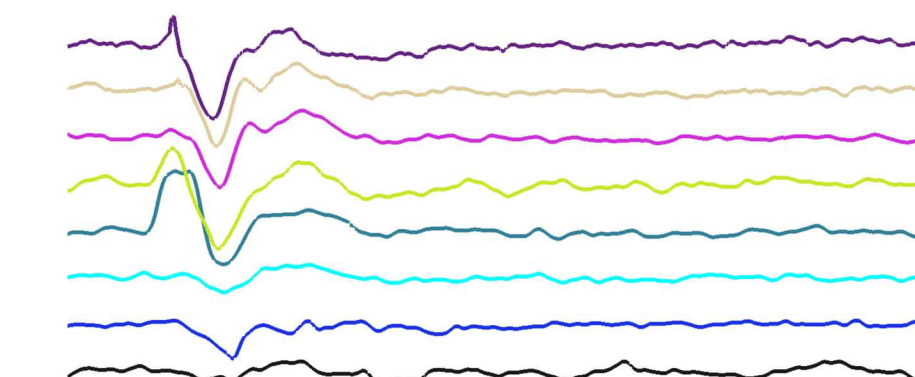
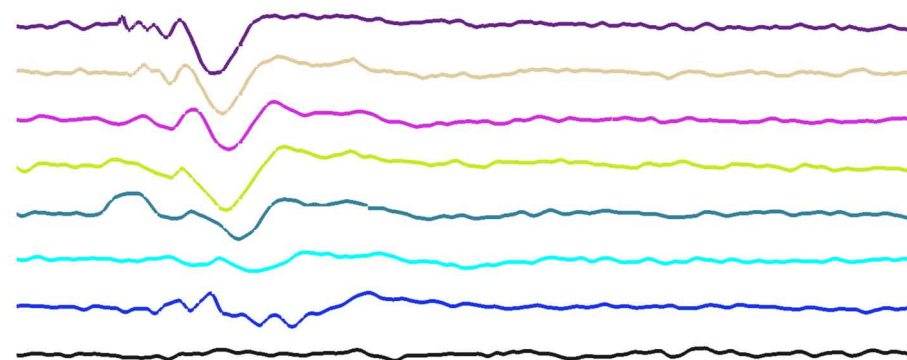
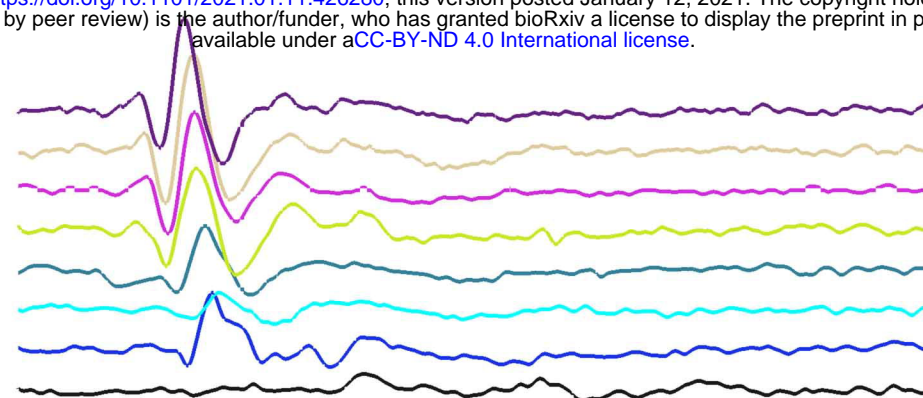
RPC2

AW

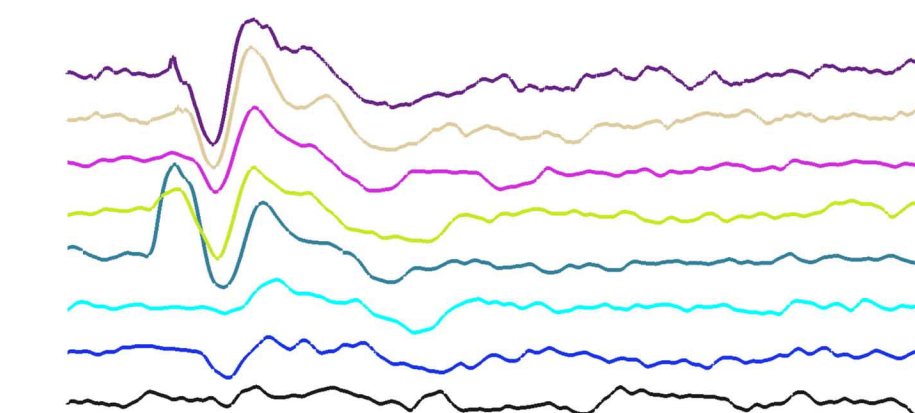
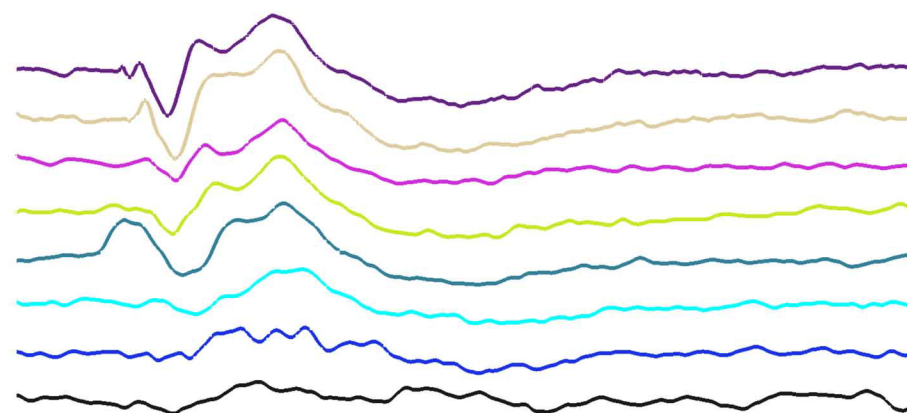
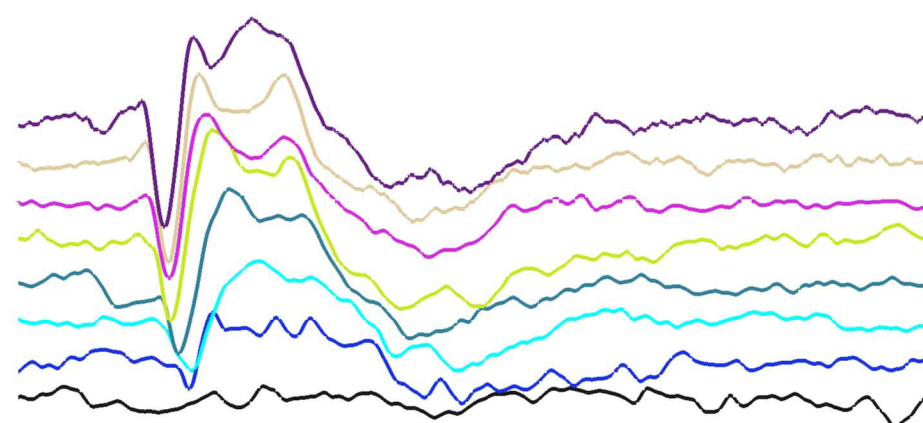


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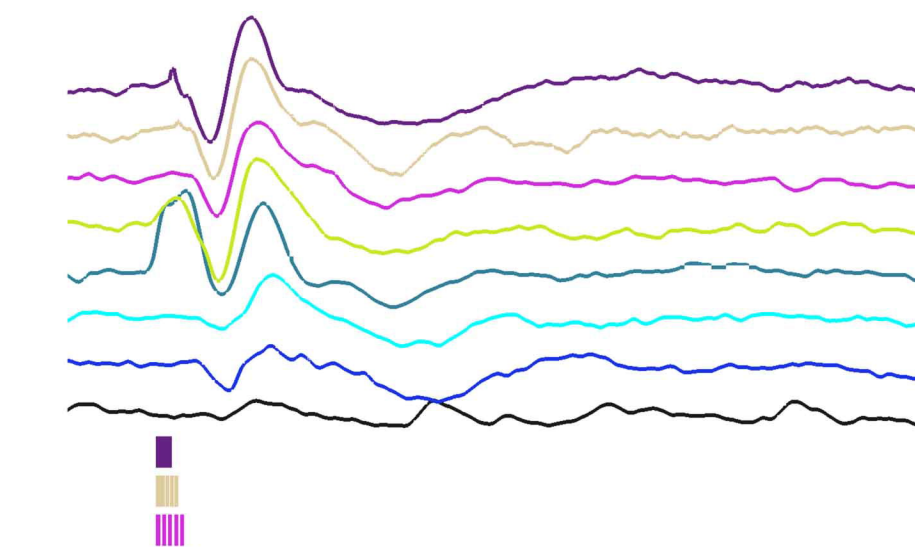
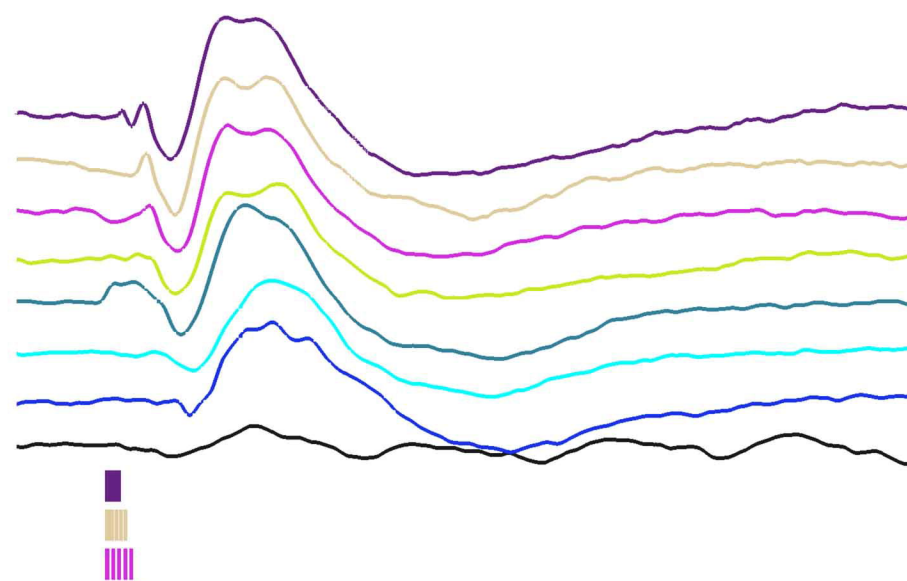
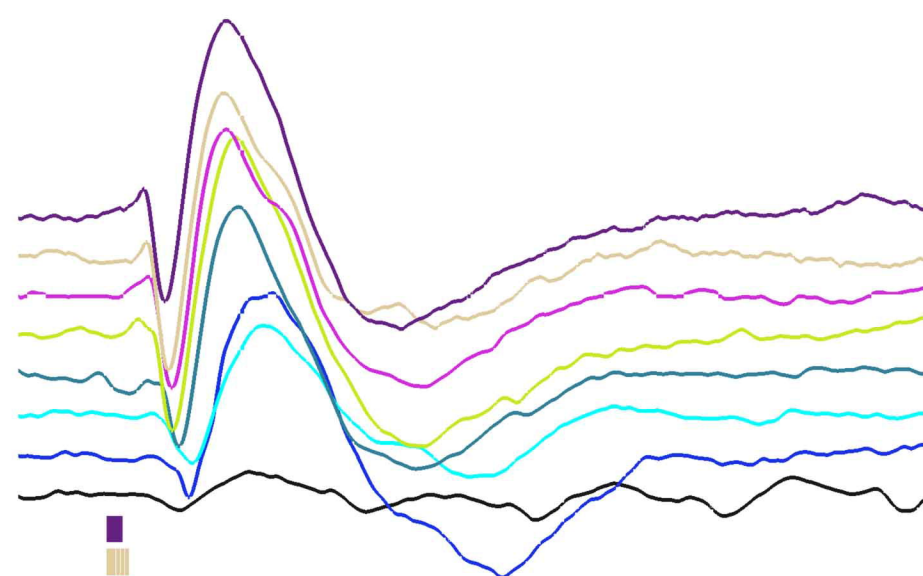
RW



REM



NREM



300 Hz
200 Hz
150 Hz
100 Hz
80 Hz
50 Hz
30 Hz
5 Hz

0 200 400 600 800

Time (msec)

0 200 400 600 800

Time (msec)

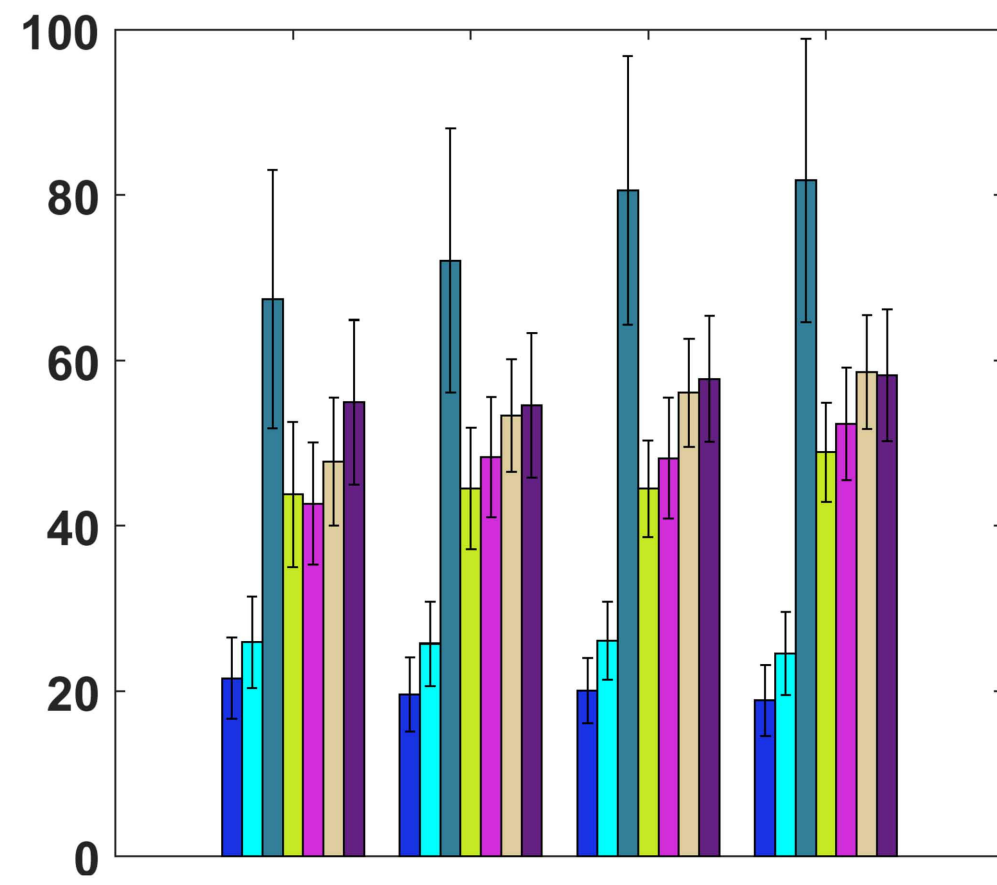
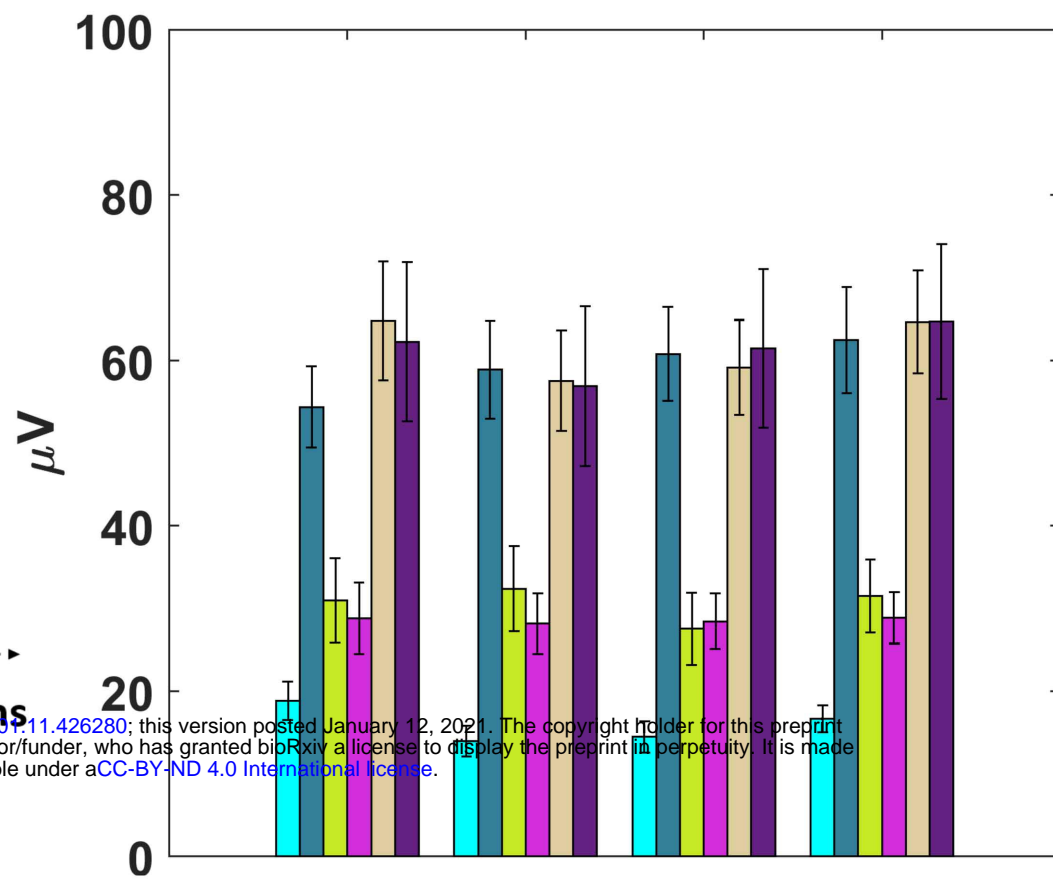
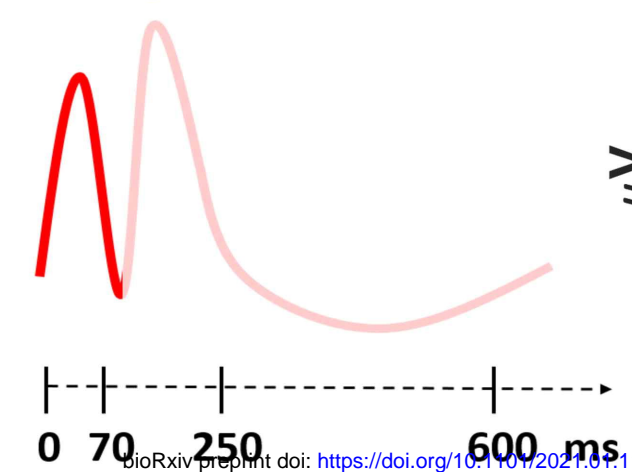
0 200 400 600 800

Time (msec)

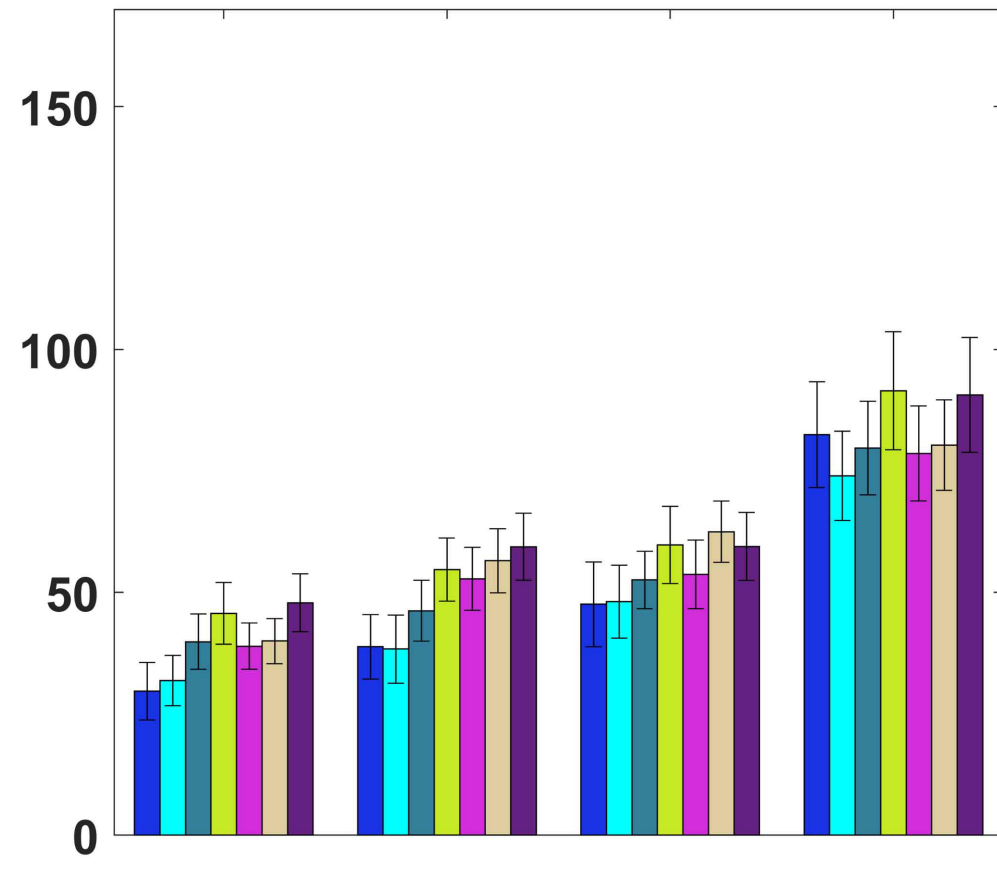
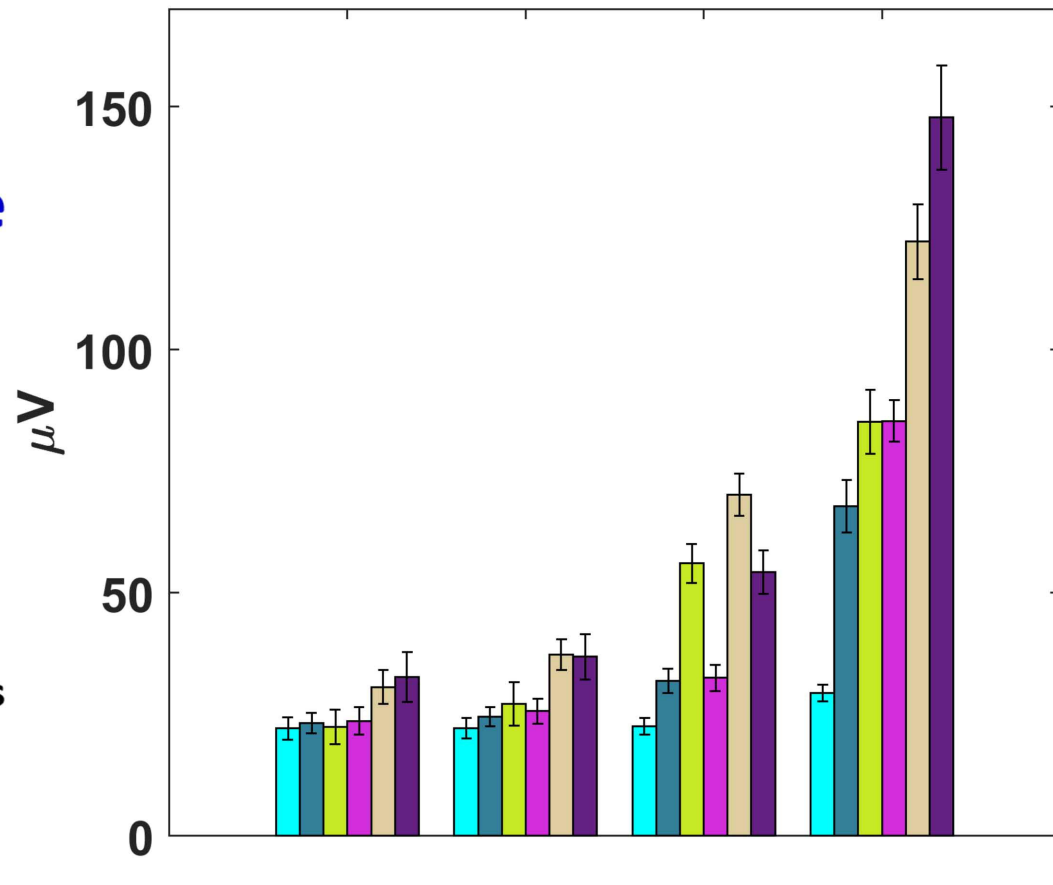
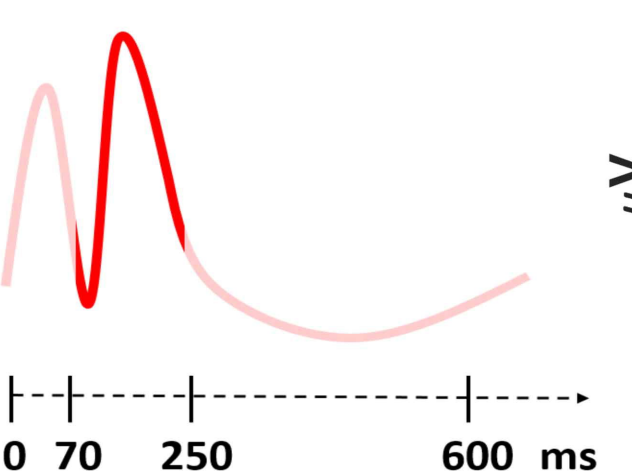
M1

M2

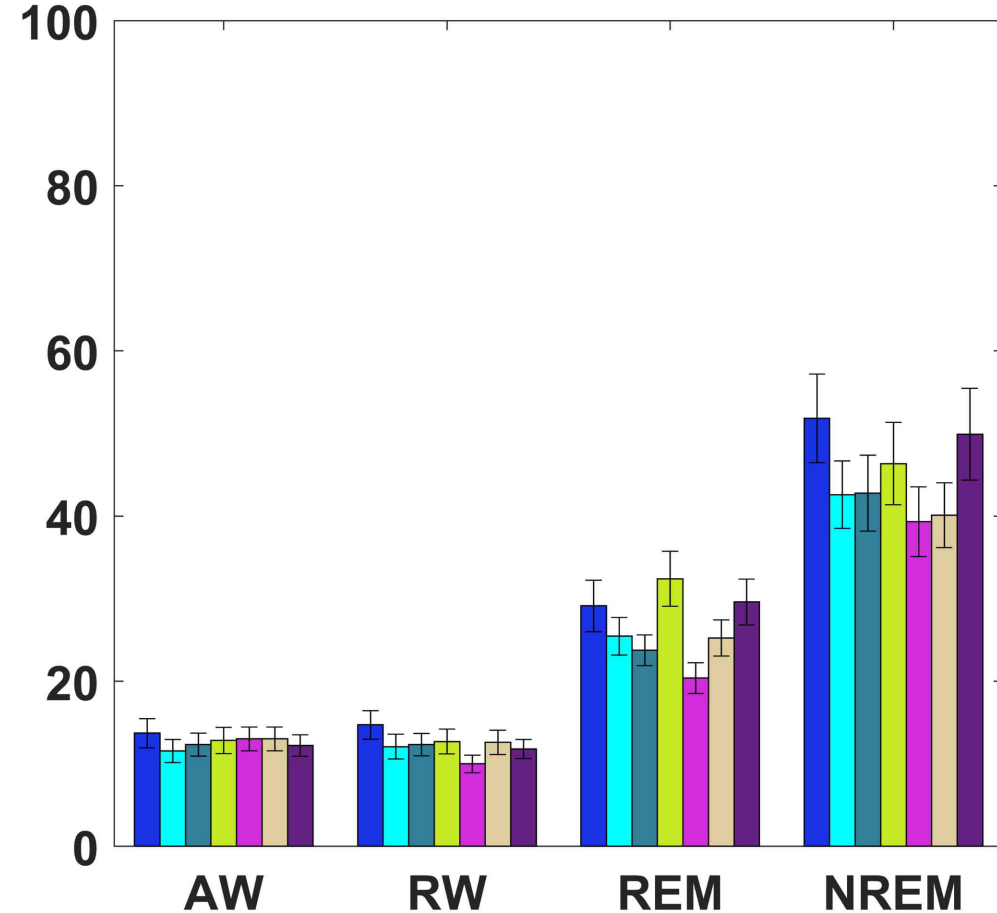
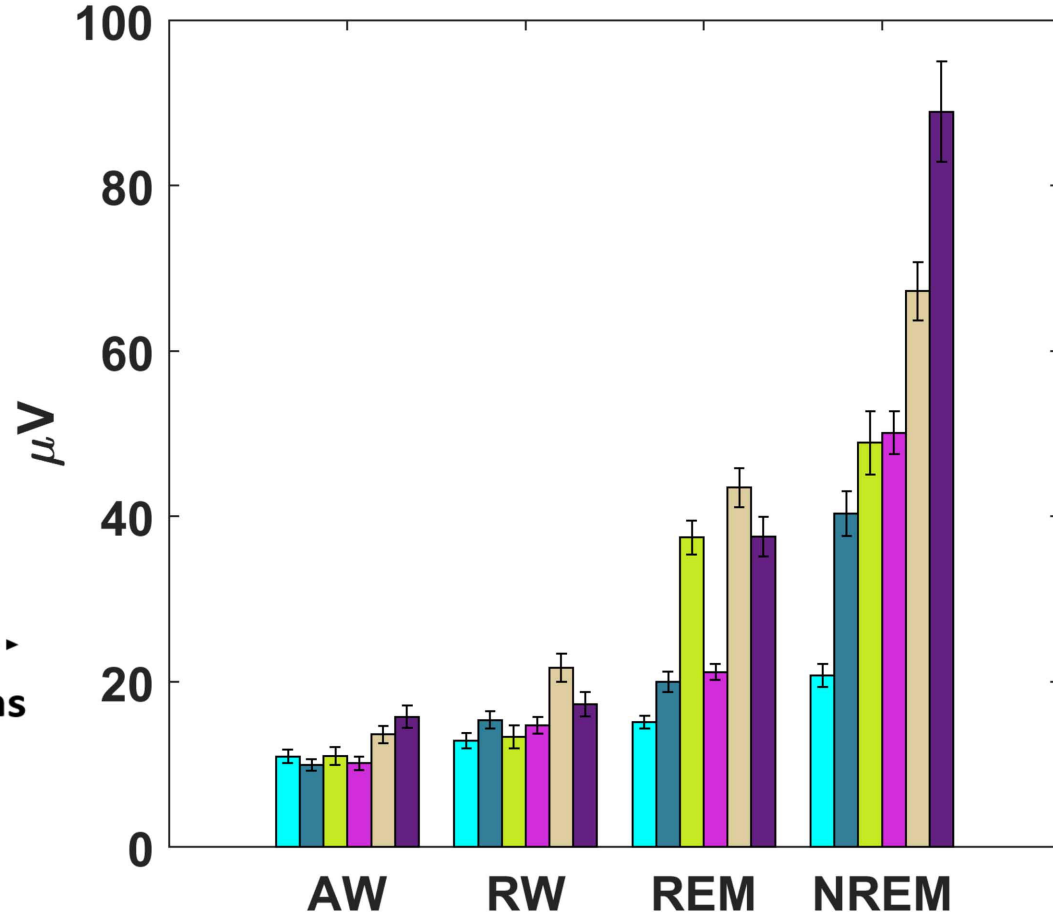
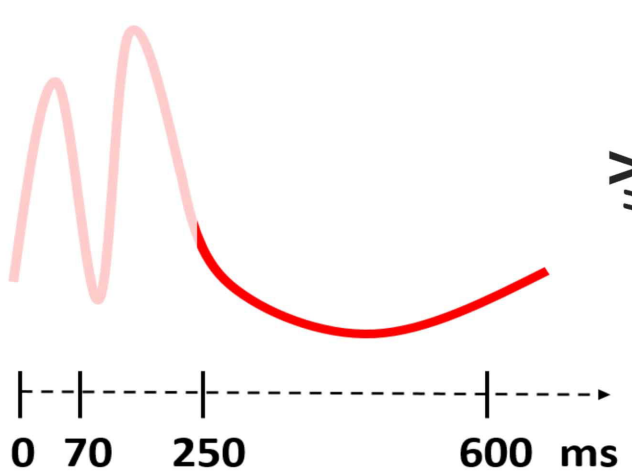
Early

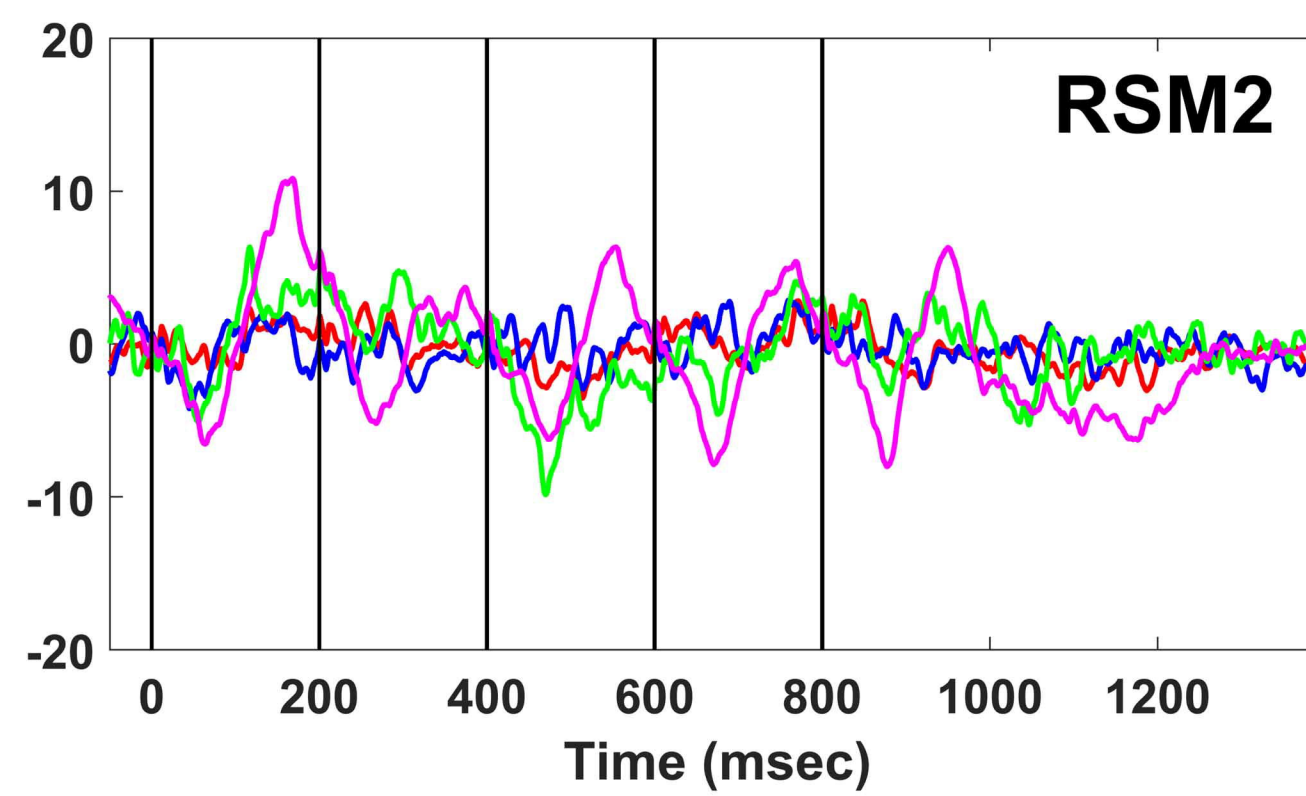
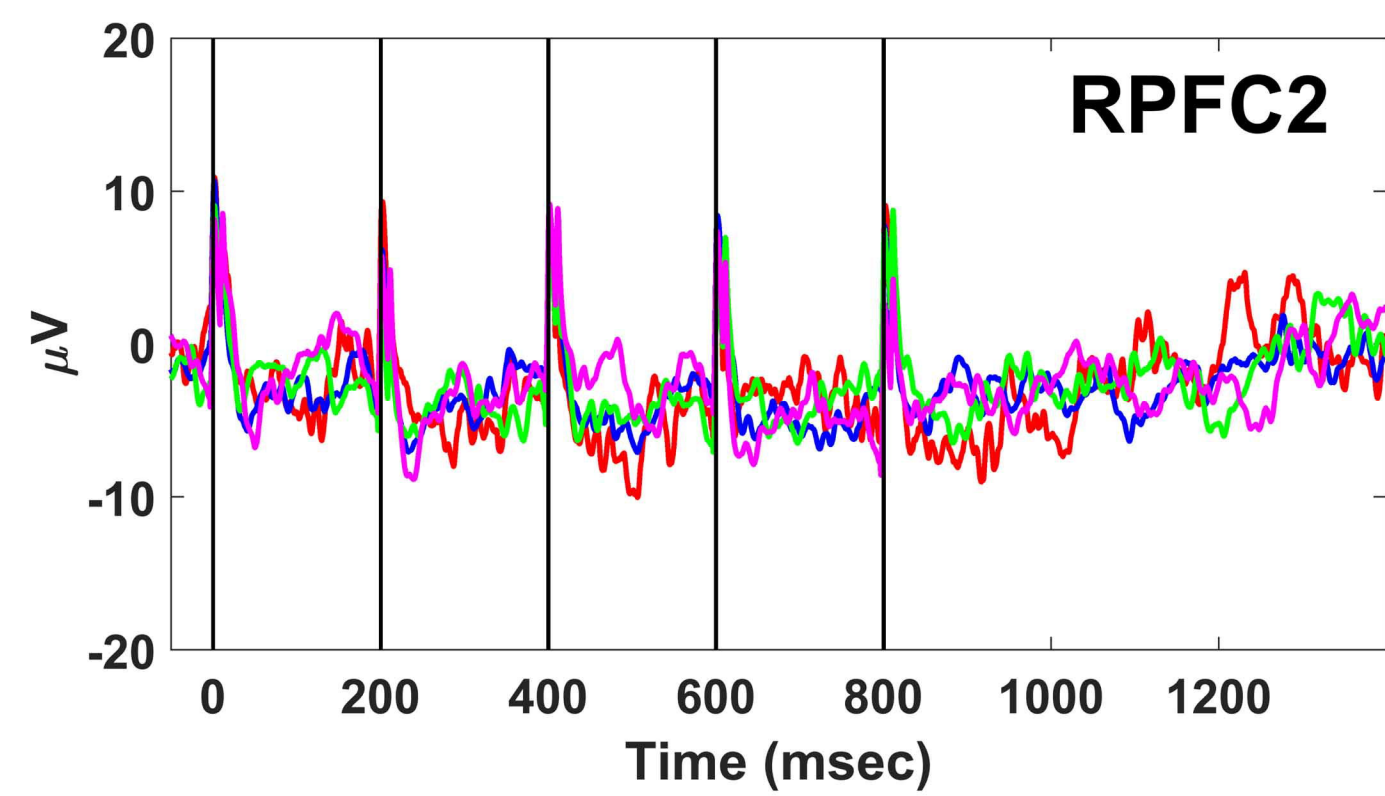
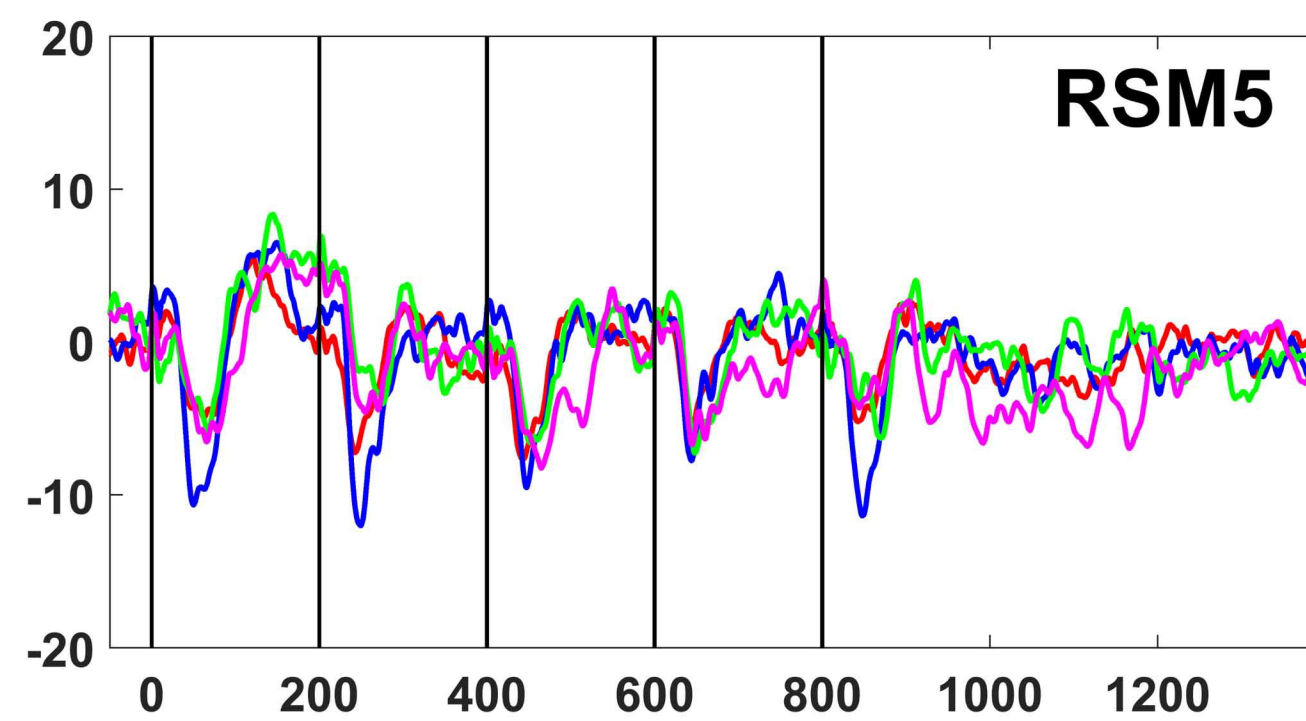
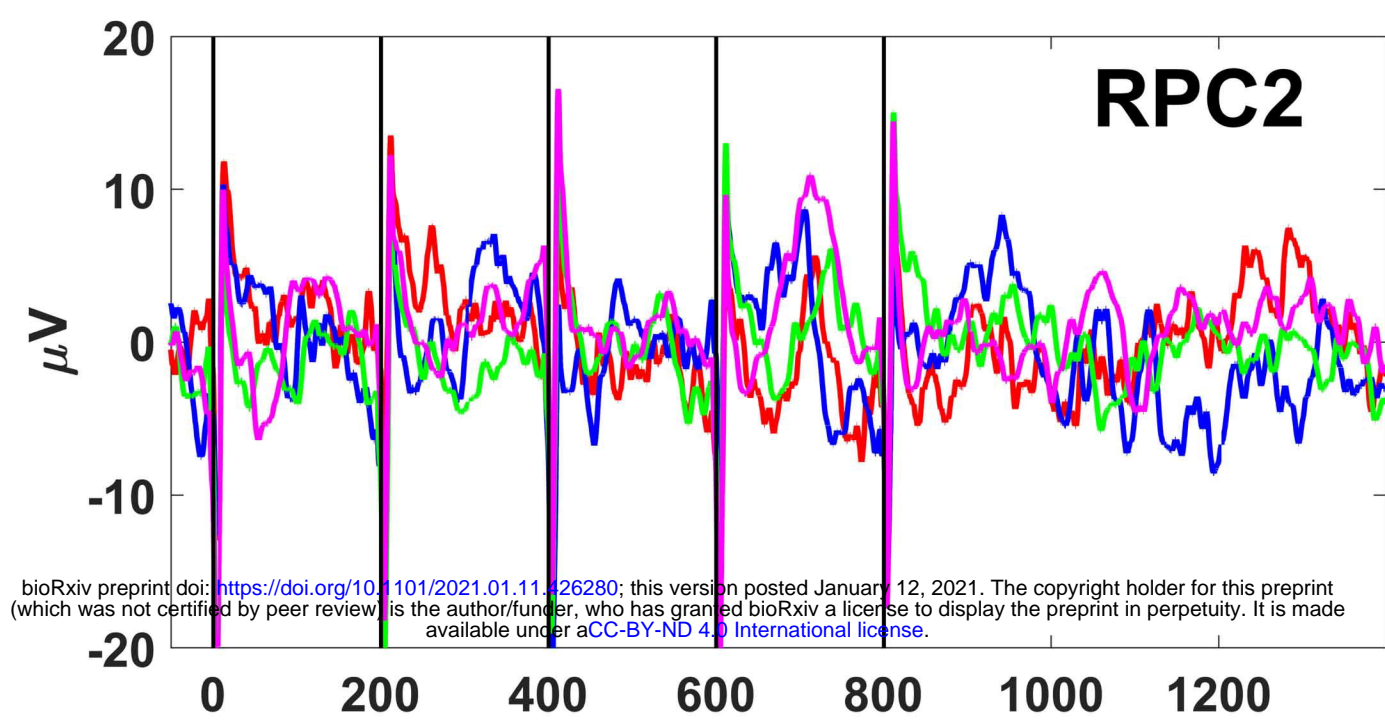
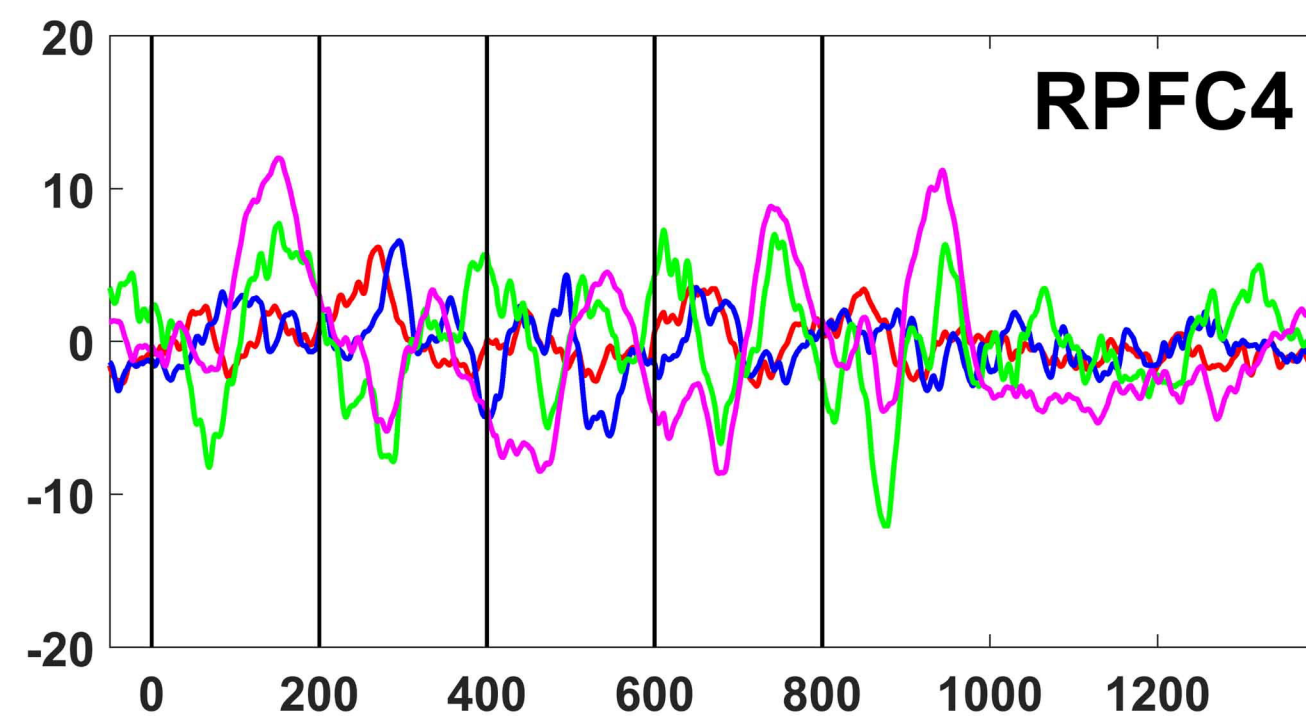
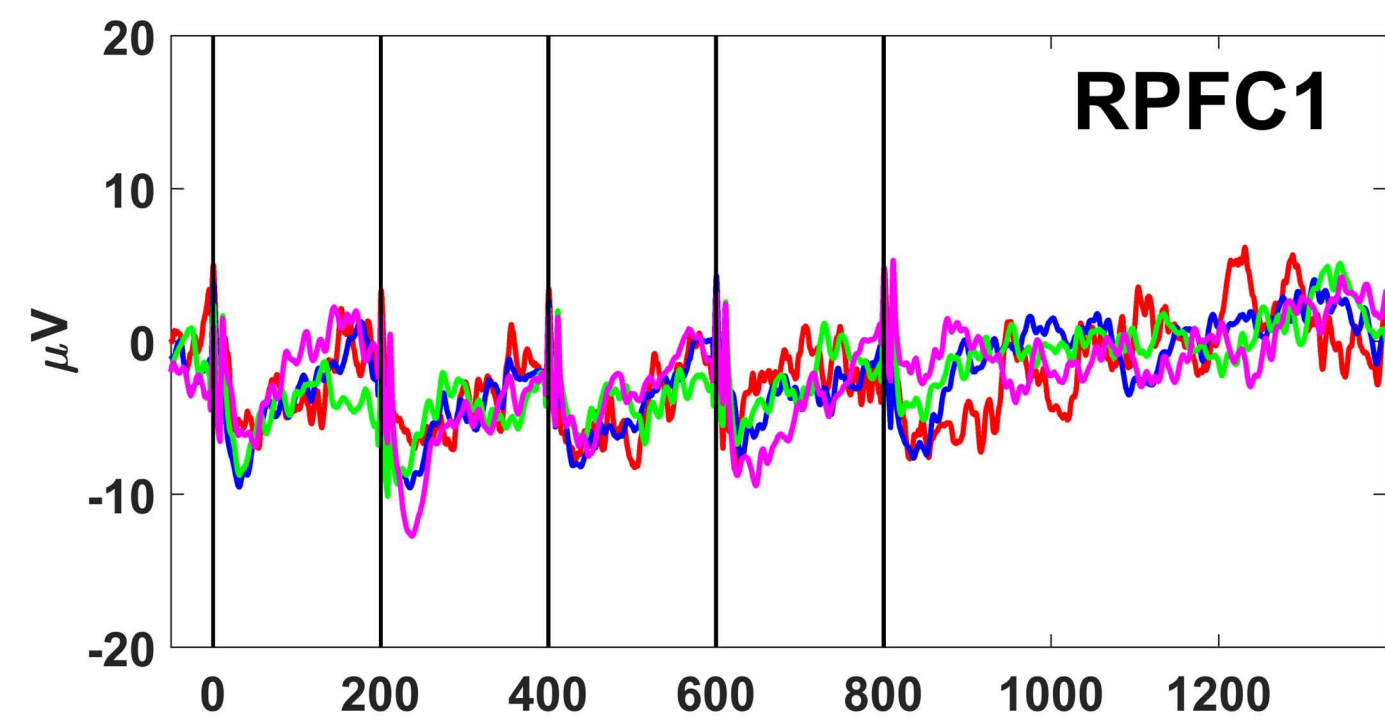


Intermediate



Late



A**M1****M2**

■ Active Wake
■ Resting Wake
■ REM sleep
■ NREM sleep

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