Chromatin dynamics controls epigenetic domain formation

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In multicellular organisms, nucleosomes, the building blocks of chromatin, carry epigenetic information, defining distinct patterns of gene expression, that are inherited over many generations. The enhanced capacity for information storage arises by modification of nucleosomes triggered by specific enzymes. Nucleosomes in a modified state can transfer the mark to other nucleosomes that are in proximity by a positive feedback (modification begets modification) mechanism. We created a polymer model in which each bead represents a nucleosomes with a specific nucleation site (NS) that is permanently in the modified state. All other nucleosomes stochastically switch between an unmodified (U) and M state. If the rate of spreading, which is initiated at the NS, is much faster than the polymer relaxation rate, domains containing the modified nucleosomes form without bound. In the opposite limit, finite-sized modified domains emerge, with the chromatin remaining in an expanded state, by a positive feedback mechanism involving contacts between nucleosomes through a looping mechanism. Surprisingly, we predict that the bounded domains arise without the need for any boundary elements as long as the spreading is slow. It is also shown that maintenance of spatially and temporally stable domains require the presence of the NS whose removal eliminates the formation of finite-sized modified domains. Our computational framework elucidates potential scenarios, which could be used to explain epigenetic patterns in some species.

I. INTRODUCTION

The inheritance of distinct phenotypes that are not encoded in the DNA sequence has been demonstrated in multicellular organisms. The resulting distinct morphological characteristics are maintained over multiple cellular divisions [1, 2]. Alterations in the genetic material, resulting in distinct gene expression and subsequent phenotype variations, without any change to the underlying DNA sequence, are referred to as epigenetic modifications, which are carried over multiple cell divisions. As a consequence, some aspects of cellular memory are often associated with the term epigenetics [3–5]. The study of the establishment and inheritance of genetic patterns constitutes a burgeoning field, especially because epigenetic misregulation are implicated in aging and cancer. In eukaryotes, DNA condenses to form chromatin by wrapping around histone proteins. The Physico-chemical mechanisms governing genetic activity constitute a myriad of strategies that change the structure and organization of chromatin. These include chemical tagging of DNA [6, 7] and histones [8], as well as regulation of transcription factors [9], RNA interference [10], chromatin remodeling proteins [11], and nuclear architecture [12]. The epigenetic landscape emerging from these alterations enables to store more information than is possible using nucleotide sequence alone, and represents a powerful force in cellular differentiation and environmental adaptation [13].

In this study, we focus on the recoloring of histones, which plays a central role in controlling gene expression and is strongly related to chromatin folding, as evidenced by the strong correlation with checkerboard patterns in Hi-C contact maps [14]. Thus, the interplay between chromatin organization and spreading of nucleosome modifications (for example methylation of Lysine 9 in Histone 3) is of paramount importance in understanding the dynamical structure and function of chromatin. To explore how spreading is affected by chromatin dynamics, we created a polymer model that employs relative rates of modification and un-modification of nucleosomes. This allowed us to explore the role that chromatin spatial dynamics plays in the formation of modified domains, as well as which regions of chromatin could be associated with heterochromatin.

The intricacies of initiation, spreading, and maintenance of histone modifications currently remain unclear because of

the involvement of several factors whose roles have not been quantitatively elucidated. Upon DNA replication, histones are re-distributed in roughly equal proportions to the template and nascent DNA [15]. Subsequently, nascent histones must re-establish (memory) the appropriate epigenetic attributes acquired before cell division. Studies on chromatin inactivation have revealed important elements necessary for gene silencing, such as nucleation elements, which are specific DNA segments that bind protein complexes either directly or via RNA interference, and histone-modifying proteins, such as methyltransferases, which covalently modify histone tails [1]. Although molecular identities of these mediators differ across eukaryotic species, certain unifying principles seem to underlie the observed homology between proteins that moderate them in yeasts, humans, mice and flies [16, 17]. Experiments and theoretical studies suggest that a positive-feedback allosteric mechanism is important for the spreading of modifications, whereby the molecular complex binding to the nucleation site has an enhanced propensity to bind to nucleosomes that already are marked by an appropriate enzyme. The bivalent binding is thought to be the basis of the cooperative model of spreading of the modifications [1].

Because of the involvement of several molecular components and inherent stochasticity in the modification process, a variety of mathematical models, which have provided considerable insights into the formation of epigenetic domains and their self-perpetuation, have been proposed [2, 18–25]. Some models may be classified as essentially one-dimensional in which spreading occurs along a lattice representing the chromatin with built in implicit positive feedback mechanism [22, 23]. Other models consider spreading possibility beyond near neighbors of a modified nucleosome, which implicitly accounts for long (along the genomic length) range contacts [20, 21]. More recently, models that consider the polymeric characteristics of chromatin explicitly [18, 19] or implicitly [21] have been investigated. Here, we introduce a polymer-based model that accounts for the kinetics of modifications, thus coupling chromatin dynamics with stochastic chemical kinetics. The model captures the conformational dynamics of chromatin as well as the biochemical mechanism of spreading, implemented though distinct rules under which the enzyme reactions take place. The aim is to test the extent to which conformational dynamics influences the formation of epigenetic domains, and whether the spreading of epigenetic marks is achieved along the chromatin thread, or is controlled by non-adjacent nucleosomes (see Figure 2). Our model, with a minimal number of parameters, shows that stable epigenetic domains emerge without explicit boundaries when the conformational rearrangement of chromatin dictates the spreading of epigenetic modifications. We find that the nucleation site acts as a positional signal that facilitates spreading to its surroundings. The bi-directional spreading from the nucleation site was previously explored [21], without considering chromatin conformation explicitly. The cooperative effect of the writing and erasing process, by which the probability of modification of a locus depends on epigenetic states of the neighbors, provides the needed positive reinforcement for spreading. We show that finite modified domains cannot form without a looping mechanism, which brings nucleosomes that are well-separated along the genome into proximity. Comparison with other mathematical models shows that there are many possible scenarios for modified domain formation, attesting to the complexity of these dynamical processes.

II. METHODS

Model: To probe chromatin inactivation, using the modification mechanisms sketched in Figure 1, we used a polymer with $N = 300$ nucleosomes. Each monomer represents 200 base pairs (bps), accounting for one nucleosome and a linker DNA. Hence, the polymer models 60 kb of DNA. The choice of $N = 300$ allows us to efficiently explore the spreading mechanism for a range of parameters. The effects of changing N are discussed in the Supplementary Information.

Energy function: The energy of the chromatin model is a sum of bond stretch (U_B), bond angle (U_{KP}), and interactions (U_{LJ}) between the nucleosomes that are separated by at least 3 bonds. A brief description of U_B, U_{KP}, and U_{LJ} follows.

Bond stretch and bond angle potentials: The connectivity of the chromatin thread is taken into account using a harmonic potential,

$$U_{\mathrm{B}} = \frac{k_s}{2}(r - r_0)^2, \tag{1}$$

Figure 1: Transitions in the kinetic model. The forward and backward reactions are shown on the left and right panels, respectively. The left panel depicts the enzyme-induced modification, $U \to M$, at the ith nucleosome. The right panel sketches the removal of the mark, $M \to U$, from j^{th} nucleosome. Modifications to unmarked (U) nucleosomes and removal of marks from the M-type nucleosomes are shown by arrows. Important mediators relevant to the spreading processes are shown in color: the nucleation site (NS) is in green, U (M) nucleosomes are shown in yellow (red). Some or all elementary transitions are considered simultaneously, representing four separate spreading mechanisms (see Figure 2). The forward reaction occurs if an unmarked nucleosome i has a neighbor nucleosome in the modified state with a probability $P_{1D}^{+}(i)$ (orange arrow) or with a probability $P_{3D}^{+}(i)$ if it is in the spatial vicinity of a nucleation site/modified nucleosome (purple arrow). The backward reaction can always proceed with a probability $P_N(j)$, indicated by a black dashed arrow. The $M \to U$ reaction may also depend on the presence of other unmarked nucleosomes. In such cases, neighbor nucleosomes might induce the $M \to U$ transition in nucleosome j with a probability $P_{1D}^{-}(j)$ (cyan arrow), while U nucleosomes in the spatial vicinity of j may induce the reverse reaction with probability, $P_{3D}^{-}(j)$ (magenta arrow).

where r is the distance between the two consecutive nucleosomes, r_0 is the equilibrium bond length, and k_s is the spring constant. The bond angle is constrained using the Kratky-Porod potential in order to control the stiffness of the chain. We assume that,

$$U_{\mathrm{KP}} = \frac{k_B T l_k}{2\sigma}\Big[1 - \frac{\mathbf{t}_1 \cdot \mathbf{t}_2}{|\mathbf{t}_1||\mathbf{t}_2|}\Big], \tag{2}$$

where k_B is the Boltzmann constant, T is the temperature, $l_k/2$ is the intrinsic persistence length (l_p), and σ is the effective inter nucleosome distance. The length unit is σ. The variables $\mathbf{t_1}$ and $\mathbf{t_2}$ are bond vectors connecting nucleosomes $(i, i+1)$ and $(i+1, i+2)$, respectively.

Non-bonded potential: We used the Lennard-Jones (LJ) potential,

$$U_{\mathrm{LJ}} = 4\epsilon\Big[\Big(\frac{\sigma}{r}\Big)^{12} - \Big(\frac{\sigma}{r}\Big)^{6}\Big], \tag{3}$$

to model interactions between non-bonded loci. In the above equation, r is the distance between the nucleosomes, σ is roughly the size of the nucleosome, and ϵ, which sets the energy scale, is the strength of the interactions. The LJ interaction is truncated at 3σ ($\epsilon = 0$ for $r > 3\sigma$). We assume that the ϵ value is a constant and independent of the modification status of the nucleosomes. Previous studies have assumed that ϵ depends on the epigenetic state [18, 19].

   Solvent quality: The value of ϵ determines whether the polymer adopts a random coil or is collapsed (see the SI for a detailed discussion). We simulated chromatin in a good solvent, where both transient loop formation and good

sampling in the low friction limit [26] can be readily achieved. Of particular relevance for epigenetic spreading is the persistence length of l_p, because it affects the kinetics of loop formation, which in turn controls 3D spreading through the looping mechanism. The values of l_p in budding yeast vary considerably [27, 28]. It seems that genome organization in *S. pombe* could be modeled using a flexible polymer model, provided the spatial organization of the nucleus is taken into account [29]. Therefore, we chose $l_p = \sigma$, thus making our polymer a flexible random coil. We also tested the consequences of varying l_p (see the SI for details).

Stochastic kinetics for epigenetic modifications: We imagine the U state to represent the active chromatin, which transitions to the marked M state, inactive chromatin. The modifications are achieved by specific DNA binding enzymes, which we model using suitable first-order rate constants (see below). We assume that changes in U at site i are possible only if it is in the vicinity of a nucleation site or another nucleosome is in the M state. Since the modification status of the inactivated nucleosomes changes dynamically, the present model may be thought of as a generalization of the CCM with static fixed attributes [30]. Because we consider only two epigenetic states, the nucleosome states can be characterized using Ising spin variables, $s(U) = -1$ and $s(M) = 1$. Our model is similar to magnetic polymers [31] except that the spin variables change stochastically with time depending on the instantaneous chromatin conformation. Although there is no explicit ferromagnetic coupling between the spin states, they are dynamically generated (modification begets modification) for a range of parameters. In other words, there could be a cooperative transition in the spin states as chromatin evolves.

We model the dynamics of enzyme-mediated modifications as a two-state chemical reaction. The nucleosomes undergo a reversible change in their epigenetic states, described by the reaction,

$$U \underset{k^-}{\overset{k^+}{\rightleftharpoons}} M, \tag{4}$$

where k^+ and k^- are the forward and backward rates, respectively. The two-state model is a simplification compared to previous studies [18–20], which used three (active, inactive, and unmarked) states. Two-state chemical modification scheme was used previously [21, 25].

We calculated the transition probabilities for the $U \to M$ and $M \to U$ transitions at each simulation time step for every nucleosome except for the fixed nucleation site (NS). The transition probabilities, P^+ for the forward reaction, $U \to M$, and P^- for the backward reaction, $M \to U$, are obtained by solving Eq 4, leading to,

$$P^+(t) = 1 - \frac{k^- + k^+ e^{-\lambda t}}{\lambda} \tag{5}$$

$$P^-(t) = 1 - \frac{k^+ + k^- e^{-\lambda t}}{\lambda}, \tag{6}$$

where $\lambda = k^+ + k^-$ and t is time. Using this approach, we can relate the probabilities of stochastic events to timescales with physical meaning, as will be detailed below.

The forward reaction is a caricature of chemical modifications of histone 3 (H3) lysine 9 (K9) with methyl groups (me2/3), referred to as H3K9me2/3, a hallmark of inactive chromatin [16]. The modification is catalyzed by Clr4 in *S. pombe* and Suv39h in humans [16, 17]. The reverse reaction takes into account the removal of markers corresponding to histone turnover. In addition, U can reverse the state of M nucleosomes in their vicinity, thus, introducing the cooperative effect in the reverse reaction. The latter process may mimic the activity of enzymes that remove histone modifications (for example, Epe1 in *S.pombe* [32]).

At each nucleosome i, we envision five transitions (Figure 1) that could lead to modifications based on the kinetics in Eq 5. These transitions are attempted at every time step of the evolution of the chromatin. They are (shown schematically in Figure 1):

1. 1D: $U \to M$ transition may occur only if at least one nucleosome at $i \pm 1$ is in the M state.

2. 3D: $U \to M$ transition may occur only if there is a minimum of one nucleosome, j, in state M that satisfies the criteria, $|j - i| \geq 2$ and the distance r_{ij} to i^{th} nucleosome is less than the threshold, r_c.

3. Noise: $M \to U$ transition could occur at any nucleosome independent of the identity of all others.

4. 1D: $M \to U$ transition may occur only if least one nucleosome at $i \pm 1$ is in the U state.

5. 3D: $M \rightarrow U$ transition may occur only if there is a minimum of one nucleosome, j, satisfying $|j - i| \geq 2$ and $r_{ij} < r_c$.

Because we are mostly interested in epigenetic spreading, we do not consider the spontaneous stochastic $U \rightarrow M$ transition (the analog of the third transition listed above).

Nucleosomes in the M state could probabilistically spread the mark, which may be thought of as caricatures of the biological mechanisms (reader-writer or writing only given in step 3 in the scheme given above). The complicated processes involved in enzyme-induced marking or unmarking are subsumed in single rate constants and the probabilities of the modifications. We also introduce a parameter α that differentiates between the spreading rates from the NS (αk^+ where α is unity), and nucleosomes that are modified through the kinetic scheme listed above (αk^+ with α less than unity). The $M \rightarrow U$ reaction, which erases or removes the mark, occurs at a rate k^- (steps (4) and (5) described above). The value of k^- is set to be a fraction of the forward rate, $k^+ > k^-$. Modification in step 3, at the rate k^-, is associated with enzyme turnover, occurring stochastically, and is sometimes referred to as noise. The noise term is always present and does not depend on the states of the neighbors.

At time step, $t = 0$, all the nucleosomes are unmarked, except for the nucleation site (shown in green in Figure 1), chosen arbitrarily to be in the middle of the polymer, although we investigated the effects of changing its location (discussed in the SI). Spreading starts at the NS, which enables bidirectional spreading along the nucleosomes, emanating outward from its location. A spreading trajectory is generated by stochastic changes in the nucleosome states, as outlined above in the five steps. The probabilities associated with such changes are intimately coupled to the chromatin dynamics, as we explain below.

Epigenetic clock: The time that determines 3D spreading is associated with the lifetime of contact between two nucleosomes i and j with $|i-j| \geq 2$. There is a spectrum of lifetimes associated with loop formation times depending on $|i-j|$. Our goal is to elucidate how the chromatin dynamics are coupled to the enzyme-catalyzed reactions that modify the U state or erases the mark in the M state. Therefore, to set the overall time scale (time unit of the 'epigenetic clock'), we chose the polymer relaxation time, τ_r, calculated from the time-dependent decay of the structure factor $F(q, t)$ (see the SI), evaluated at the wave vector $q = \frac{2\pi}{r_c}$. It turns out (Figure S5) that τ_r is a reasonable surrogate for the mean contact lifetimes during which modifications could occur by the looping mechanism. We set τ_r ($\approx 240s$) as the unit of time, and all other times are measured relative to τ_r.

Probabilities of spreading through 1D are calculated at $t = \gamma \tau_r$ (see Figure 2 describing the implementation of the model). The results in the main text are obtained using $\gamma = 0.03$. Thus, the spreading dynamics is determined by the rates, k^+, k^-, and the scaling factors γ and α. In addition, the chromatin relaxation time depends on l_p, and the solvent quality, determined by ϵ. The dependence of the spreading on l_p and chain length N are described in the SI.

Transition probabilities: We implement the coupling between chromatin evolution and stochastic modification of the state of the nucleosomes using the scheme in Figure 2. This requires calculation of the probabilities of modifications, P_{1D}^+, P_{3D}^+, P_N, P_{1D}^-, and P_{3D}^-. The expressions for these are given in Eq. (iii) in Figure 2. The cross-terms in Eq. (iii) ensure that only one nucleosome i is subject to modification in the forward transition or the reverse transition at each step. Scheme **II** is an attempt to mimic the important biological processes that modify the U state. Our modeling of enzyme-mediated modifications, like in all computational approaches, is a highly simplified but nevertheless sufficient surrogate that provides insights into some aspects of heterochromatin spreading.

Implementation: We start from an equilibrated conformation of the chromatin polymer with all the nucleosomes in the U state at $t = 0$. The simulations were also repeated with all nucleosomes in the M states. The steady-state behavior is independent of the initial conditions, which is assured because the chromatin is epigenetically ergodic (see SI for details). In addition, the simulations were performed for times that exceed τ_r by several orders of magnitude, which implies that the sampling of the conformations is more than adequate.

The conformation of the polymer is evolved by integrating the Langevin equations by choosing a suitable time step (described in Section **1** in the SI). At each time step marking or unmarking of all the nucleosomes is attempted with probabilities given in Figure 2. A graphical representation of the modification algorithm is provided in Figure S1 in the SI. A pictorial representation of simulated trajectories for fast and slow-spreading limits are shown in Figure 3.

(a)

	1D forward	3D forward	1D reverse	3D reverse	Noise
	$P_{1D}^{+}(i)$	$P_{3D}^{+}(i)$	$P_{1D}^{-}(i)$	$P_{3D}^{-}(i)$	$P_N(i)$
I: 1D+F+R	Y	0	Y	0	Y
II: 3D+F+R	Y	Y	Y	Y	Y

(b)

i. $P^{+}(i) = P_{1D}^{+}(i) + P_{3D}^{+}(i) - P_{1D}^{+}(i)P_{3D}^{+}(i)$

ii. $P^{-}(i) = P_N(i) + \left(1 - P_N(i)\right)\left(P_{1D}^{-}(i) + P_{3D}^{-}(i) - P_{1D}^{-}(i)P_{3D}^{-}(i)\right)$

iii. $P_{1D}^{\pm} = 1 - \left[1 - P_{\pm}(t = \gamma\tau_r)\right]^{n_{\pm}^{1D}}$ $P_{3D}^{\pm} = 1 - \left[1 - P_{\pm}(t = \tau_r)\right]^{n_{\pm}^{3D}}$ $P_N(i) = P_{-}(t = \tau_r)$

$$n_{\pm}^{1D} = \sum_{j \in \{i-1, i+1\}} \delta_{s_j, \pm 1} \qquad n_{\pm}^{3D} = \sum_{|i-j|>2} \Theta(r_c - d_{ij})\delta_{s_j, \pm 1}$$

Figure 2: **(a)** Columns represent the elementary reactions and the rows show the schemes implemented in the simulations. The five elementary reactions are: 1D forward, 1D reverse, 3D forward, 3D reverse, and the noise. The noise process, with the associated probability $P_N(i)$ where i is the nucleosome label, affects only the modified nucleosomes. The two simulation schemes are: 1D+F+R (**I**, (1D forward, 1D reverse, and the noise)), and 3D+F+R (**II**, (1D forward, 1D reverse, 3D forward, 3D reverse, and the noise)). Y indicates that the probabilities for the five elementary reactions are computed using equation **iii** in **(b)**, and 0 means that the corresponding probability is zero. For each simulation scheme, the cumulative probability for the forward ($P^{+}(i)$) and reverse ($P^{-}(i)$) reactions is computed using Equations **(b)i** and **(b)ii**. For scheme **I** (1D+F+R), the probabilities $P_{3D}^{+}(i)$ and $P_{3D}^{-}(i)$ are zero, resulting in $P^{+}(i) = P_{1D}^{+}(i)$ and $P^{-}(i) = P_N(i) + (1 - P_N(i))P_{1D}^{-}(i)$, where $P_{1D}^{\pm}(i)$ and $P_N(i)$ are computed using Equations **(b)iii**. The probability for scheme **II**, which includes all the elementary reactions, is given by $P^{+}(i)$ (Equation **(b)i**) and $P^{-}(i)$ (Equation **(b)ii**). We sometimes report results for special cases of scheme **I** and **II**; scheme **1D** is a special case of Scheme **I** used to assess the spreading due to purely a one dimensional process, whereby scheme **3D** is a special case of scheme **II**, where we don't include reverse reaction. **(b)** Equations for all the relevant probabilities. (i) and (ii) are the cumulative probability for forward and reverse reaction. (iii) Displays the probabilities for the five elementary reactions. $P_{1D}^{\pm}$ and $P_{3D}^{\pm}$ are derived by assuming that each neighbor nucleosome contributes to the forward and reverse transition independently. $t = \gamma\tau_r$ ($t = \tau_r$) is the time at which 1D and noise (3D) spreading is considered. The variables $n_{\pm}^{1D}$ ($n_{\pm}^{3D}$) are the number of nearest neighbors (non-neighbor neighbors) whose state is U (-1) or M ($+1$) to i^{th} nucleosome. Non-neighbor neighbors (js) satisfy the criterion $|i - j| \geq 2$ and $r_{ij} < r_c = 1.122\sigma$.

A. Data analyses:

Global epigenetic state: We determine the epigenetic state of chromatin using,

$$<S> = \frac{1}{N_{traj}}\frac{1}{T}\sum_{j}\sum_{t}\frac{n_m^j - n_u^j}{N}, \tag{7}$$

where n_m^j (n_u^j) is the number of modified (unmodified) nucleosomes at time t in the jth trajectory, and N is the total number of nucleosomes. The quantity $\frac{n_m^j - n_u^j}{N}$ is averaged over time T and N_{traj}. Unless otherwise stated, all the

Figure 3: Visualization of single trajectories in the fast (A) and slow (B) spreading regimes. In the former case, the spreading occurs fast and independently of chromatin configuration, while in the latter case, the pattern of spreading may be determined by the dynamic rearrangement of the chromatin, as explained in the main text. The kymographs show the epigenetic identity of each nucleosome (marked/M/red, unmarked/U/yellow, nucleation site/green) for a single trajectory, in both (A) and (B). Three distinct simulation time steps are chosen, marked with a symbol on the kymograph, and we extract polymer conformations with epigenetic identities of the nucleosomes in order to graphically represent them. For clarity, the size of the nucleation site is enhanced.

relevant quantities are calculated using $N_{traj} = 10$, where each trajectory starts with a different initial chromatin conformation.

Average epigenetic state of the nucleosomes: We also determined the average, $< s_i >$, of each nucleosome, which is calculated using,

$$< s_i >= \frac{1}{N_{traj}} \sum_j s_i^j,$$ (8)

where s_i^j is the epigenetic state of locus i in trajectory j.

III. RESULTS

Fast spreading leads to an abrupt switch in the epigenetic state: The interplay between the three parameters, k^+, k^-, and α with $\gamma = 0.03$, determines the global epigenetic state. For spreading events triggered by the nucleation site, $\alpha = 1$, and by modified nucleosomes (Ms) it is less than unity. Let us first consider the 'fast spreading' case, where the spreading rate (k^+) is much faster than the polymer relaxation rate (τ_r^{-1}), $k^+ = \frac{100}{\tau_r}$. The k^- value is a fraction of the forward rate, which means the reversal of M occurs at a slower rate compared to modification of the U state. We follow the modification status of all the nucleosomes over the course of the simulation time in order to assess if the chromatin is predominantly in the global active (unmarked with $< S >\approx -1$) or inactive (marked with $< S >\approx 1$) state.

Plots of the global epigenetic state and the nucleosome-dependent state in Figure 2 allow us to draw a few pertinent conclusions. (i) Modifications are highly improbable if $\frac{k^+}{k^-}$ is less than a certain value (≈ 10) regardless of the value of

Figure 4: Epigenetic switching depends on modulation of the forward vs back rate distally from the nucleation site. Left panels: Overall epigenetic state, characterized by $<S>$ (Eq. 7). Middle panels: Average epigenetic state of each nucleosome $<s_i>$ (Eq. 8) with $\alpha = 2.23k^+/k^- = 0.0446$ for Scheme **I** and $\alpha = 0.04 = 2.0k^+/k^-$ for Scheme **II**, marked by **X** in left panels. Right panels: Fraction of time each locus spends in the modified state (Eq 6 in SI). The parameters are chosen such that the global average $\langle S \rangle \approx 0$. In all the panels, $k^+ = \frac{100}{\tau_r}$ (fast spreading), the total length of the simulations is $15,000\tau_r$, and $k^- = \frac{k^+}{50}$. Vertical green line is the position of the nucleation site.

α. The chromatin remains in the global U state with $<S> \approx -1$, regardless of whether the modifications occurs by Scheme **I** or Scheme **II** (see the left panels in Figure 2). In general, αk^+ has to exceed k^- for spreading to occur. At higher values of $\frac{k^+}{k^-}$ there is a global $U \rightarrow M$ transition as α is increased. (ii) The transition from a predominantly active to predominantly inactive state occurs over a narrow range of $\frac{k^+}{k^-}$, and α. For instance, for both mechanisms, **I** and **II**, the switch from $\langle S \rangle < 0$ to $\langle S \rangle > 0$ occurs over a narrow range of α, as is evident from the left panels in Figure 2. The critical point in the switch from active to inactive state is determined by $\frac{k^+}{k^-}$ (Figure 2 and Figure S8). The transition hinges on the competition between the forward (favors spreading) and the reverse reaction (inhibits spreading) distally from the NS, and is controlled by $\alpha k^+ \approx k^-$. Under this condition, the modification results in the concurrent formation of similar-sized patches containing U and M nucleosomes, resulting in $<S> \approx 0$. This is most evident in spreading by mechanism **II** (lower left panel in Figure 2), showing a switch from active state (yellow color, $\langle S \rangle < 0$) to the inactive state (red color, $\langle S \rangle > 0$) through the mixed state (white squares, $<S> \approx 0$). The delicate state of the domain, depending on a narrow $\alpha\frac{k^+}{k^-}$-range produces an epigenetic switch, reminiscent of gene control expression in cells, whereby cellular fate depends on the relative concentrations of the epigenetic regulators. Shifting the balance in one direction or the other could result in dramatically different outcomes in terms of gene expression patterns [33]. (iii) If $\alpha k^+/k^- < 1$ then the reverse reaction occurs predominantly by random histone turnover ('noise' in the list of transitions) that does not depend on the epigenetic identity of neighbors. On the other hand, if $\alpha k^+/k^- > 1$ the reverse reaction is facilitated (Figure 2 and Figure S8) due to positive feedback, which pushes the domain state towards the global U state. To mitigate this effect, stronger enhancement of the forward reaction is needed to achieve silencing levels comparable to the reverse noise dominated mechanism. (iv) The middle panels in Figure 2 show ensemble-averaged (Eq. 8) spin states of each nucleosome as a function of time. First, spreading occurs bi-directionally along the genomic length from the NS. Second, a comparison of the top and bottom panels shows the negligible difference between the **I** and **II** mechanisms. This is reasonable because before the polymer can relax, the modification would have already occurred with high probability implying that chromatin dynamics do not play a significant role. (v) In the fast-spreading limit, domains form without limit, as shown in the right panels of Figure 4. The fraction of modification in time per nucleosome, given by Eq. 6, outlines the temporal stability of the

domain without bound. The lower f_{im} values at chain ends are finite-size effects (see SI and Figure S13).

Topology-driven domain formation: We next explored the slow-spreading case, mimicked by choosing $k^+ = \frac{0.01}{\tau_r}$. In this limit, the chromatin polymer could form the allowed contacts through the looping process multiple times on the time scale $\approx \frac{1}{k^+}$, which would allow for 3D as well as 1D spreading. Consequently, the inactivation profile would be determined by the contact probability between the nucleosomes separated by $|i - j| \geq 2$ (Figure S5).

These expectations are tested by computing the epigenetic states of the nucleosomes as well as the associated inactivation profiles. We fixed k^+ and varied k^- to improve the odds of spreading, deciding finally on the choice $k^- = \frac{k^+}{10,000}$. For the chosen parameters, domain formation by the linear mechanism does not occur (Figure 5). This is because the probability of linear spreading to neighboring nucleosomes, even away from the NS, is extremely low ($\approx 6 \cdot 10^{-5}$) at each time step. Thus, we surmise that spreading must occur exclusively through the formation of 3D contacts. This is borne out in the bottom panels in Figure 5, which show clearly that the 3D spreading mechanisms result in the formation of stable domains around the NS. It is worth noting that stable domain formation (≈ 60 nucleosomes centered around the NS) does not require collapse [18] or partial collapse [19] of the chromatin polymer.

The spreading profiles in the bottom right panels of Figure 5 show that the peak in the f_{im} profile is localized around the NS. The boundary (or the interface) between the active and inactive domains is relatively soft [34], indicated by a continuous decrease of f_{im}, rather than by a step-like drop to 0, which would occur if the boundary were sharp. Thus, the percentage of inactive loci in the interface region between the active and inactive nucleosomes could indicate whether the boundary is efficient in preventing modified nucleosomes from spreading distally of its position.

An important finding in our work, with potential biological import, is that even without an explicit boundary element, the epigenetic domain size is finite, and is localized around the NS. The distribution of modifications around the NS is governed by the contact probability of the NS with surrounding residues, which depends on the chromatin conformational dynamics, and less so on the reverse reaction. This is evident by our finding that the inactivation profiles for **II** and (3D) scheme, which disallows the reverse reaction, are similar (bottom panels of Figure 5). Furthermore, the shape of the epigenetic domains shown in the bottom panels of Figure 5 and the boundary formation is due to the asymmetry in the spreading rates from the NS (k^+) and the modified nucleosomes (αk^+ with α less than unity). This asymmetry is required for the formation of discrete domains without explicit boundary elements to halt the spreading process, and points to the importance of the NS that we explore further (see below).

Inactive domains cannot form without the NS: The results in Figure 5 show that the presence of the NS results in finite-sized inactive domain formation. We also find that f_{im}, even in the fast-spreading case ($k^+ = 100\tau_r^{-1}$), is far less than 0.5 in the absence of the NS (Figure S15). The kymographs for all four (1D, **I**, 3D, and **II**) mechanisms, equivalent to the ones in Figures 5 and S7, show that the nucleosomes are predominantly in the unmarked state. Another striking feature that characterizes the no-NS situation is the increased homogeneity in the distribution of the marked states along the chromatin. This is vividly shown in the right panels in Figure S15, showing flat inactivation profiles with $f_{im} < 0.5$. The reverse reaction ($M \rightarrow U$) shifts the inactivation percentages by the **II** mechanism well below those of others (see the bottom right panel in Figure S15). Taken together, these results establish that no NS implies that a finite-sized inactive domain with high probability cannot exist.

   DNA replication and the NS: Next, we address the role of the NS in a pre-formed epigenetic domain and the impact of DNA replication. In our model, the NS is the only element whose epigenetic identity is unchanged, and functions as a reservoir for modifications. We first performed simulations with α-values that result in a half-silenced domain, $< S > \approx 0$. At $t = 15,060\tau_r$ ($t = 301,205\tau_r$ for slow-spreading) we removed the NS by changing it to a nucleosome in the M state. With this alteration, the identity of the M state could change stochastically as the chromatin evolves, unlike the NS. At $t = 30,120\tau_r$ ($t = 602,410\tau_r$ for slow-spreading), we mimic DNA replication by randomly assigning the active state to half of the nucleosomes, resulting in $f_{im} = 25\%$ and $f_{iu} = 75\%$ immediately after replication. Subsequently, DNA replication is repeated every $150.6\tau_r$. Although the replication time is arbitrary, it turns out that it corresponds to ≈ 10 hours because $\tau_r \approx 240$s (see the Discussion section). Note that the end-to-end distance of the polymer, which is the lowest degree of freedom of the chromatin, relaxes at about $602.4\tau_r$, indicating that the DNA replication time ($150.6\tau_r$) is shorter than the polymer relaxation time. By following the epigenetic identities of all the nucleosomes, we calculate the inactivation profile of the chromatin from the portion of the trajectory after removing the NS. We define epigenetic domain to exist in the region above the level $f_{im} > 0.5$.

Figure 6 shows the results for scheme II for fast (Figure 6a) and slow (Figure 6b) spreading, and the scheme 3D for

Figure 5: Formation of epigenetic domain determined by slow spreading kinetics with $k^+ = \frac{0.01}{\tau_r}$. Left panels show average (over an ensemble of trajectories) states of nucleosomes as a function of time. The panels on the right show mean values (Eq.6) of the spin states of the nucleosomes. These are the profiles that show the extent of inactive domain formation. The value of $k^+/k^- = 10,000$ in all simulations. The label 1D is a mechanism obtained as the limit of **I** in which the modification probability is calculated using $P^+(i) + P^-(i)$ with $P_{3d}^+ = P_{1D}^- = P_{3D}^- = 0$. Similarly, 3D represents a process derived from **II** with $P_{3D}^- = 0$. The value of $\alpha(1D) = 0.0126 = 0.63k^=/k^-$, $\alpha(\mathbf{I}) = 0.0446 = 2.23k^+/k^-$, $\alpha(3D) = 0.009 = 0.45k^+/k-$, $\alpha(\mathbf{II}) = 0.04 = 2.0k^+/k^-$.

fast (Figure 6C) and slow (Figure 6D) spreading. On the left panels of all four subfigures in Figure 6, the first part of the trajectory where the NS is present, is identical to the kymographs in the right panels of Figures 2 and S7. Upon removal of the NS, for Scheme II with fast-spreading, the domain is maintained after the nucleation site is deleted (red curve in the Figure 6a). However, the level of f_{im} falls below 0.5 when DNA replication starts, suggesting that such a domain is destabilized with DNA replication acting as a perturbation. Notwithstanding, if the backward rate is enforced to be zero ($P_{3D}^- = 0$), the domain is maintained during DNA replication (Figure 6C). This can be expected as such system, lacking positive-feedback $M \rightarrow U$ transitions, is naturally more resistant to maintaining a marked M state. In the limit of slow-spreading, shown in subfigures b and d, the finite-sized domain cannot be maintained once the nucleation site is deleted (Figure 6b,d). Stable, bounded domains that are maintained when DNA replication forms would only occur if the looping mechanism for modification is allowed and the NS does not change. Thus, the results in Figures 6A and 6B show that the NS is required for domain maintenance if DNA replication is permitted. Experimental evidence on *S. pombe* [35] does suggest that some nucleation events needed for heterochromatin formation are triggered at each cell cycle, indicating that maintenance requires the nucleation event.

IV. DISCUSSION

We developed a minimal computational model to explore different scenarios for epigenetic domain formation with a particular focus on the coupling between chromatin dynamics and stochastic switching of individual nucleosome states. In contrast to previous models, including the two that explicitly consider the polymer nature of the chromatin segment, we find that the interplay of the structural relaxation rate and the modification rates determine the efficacy of the spreading process. However, from our results and previous studies we could conclude that numerous scenarios for heterochromatin spreading are possible because the domain formation is an interplay of several time and length scales. Similar picture emerges from experimental studies, encompassing different organisms and epigenetic modifications. The main findings in our work are:

- In the limit of fast-spreading, corresponding to the $U \rightarrow M$ modification rate much greater than the relaxation rate of the polymer, the spreading occurs predominantly linearly. If the ratio between forward and reverse

Figure 6: Role of nucleation in establishing and maintenance of epigenetic spreading. (A) and (B) correspond to Scheme **II** in the fast (A) and slow (B) spreading regime. (C) and (D) correspond to a special case of Scheme **II**, denoted as 3D (explained in captions of Figure 2 and 5), also presented in the fast (C) and slow (D) spreading regime. In each of the four subfigures, the left panel is the state of each nucleosome in a trajectory, $< s_i >$ (Eq 8). The trajectory is divided into three parts with distinct simulation conditions, whose transition is marked by two horizontal lines. Initially, the simulation starts with the NS present. Subsequently, the NS is removed (marked by red horizontal line). After removing the NS, a new steady state is achieved. Thereafter, we introduce DNA replication (marked by magenta horizontal line) by stochastically replacing approximately 50% of M marks with U marks, mimicking equal redistribution of parent histones to both strands upon replication. Replications are repeated every $150.6\tau_r$. Right panels in all subfigures indicate the potential presence of epigenetic domains, observed if the fraction of trajectory in marked state for each locus (Eq 6 in SI) is > 0.5. Horizontal dotted represents the 50% mark. For all fast spreading simulations, $k^+/k^- = 50$, $k^+ = \frac{100}{\tau_r}$, while for slow spreading simulations $k^+/k^- = 10,000$ and $k^+ = \frac{0.01}{\tau_r}$.

rate k^+/k^- is sufficiently large, unbounded heterochromatin domain forms rapidly (time scales on the order of $\approx 100\tau_r$ as shown in Figure S17 in the SI). In the slow-spreading limit, corresponding to the $U \to M$ modification rate much smaller than the relaxation rate of the polymer, finite domains are established on the time scales of $\approx 10,000\tau_r$. The domain size is ~ 60 nucleosomes or roughly 12kbs. The width of the interface between the active and inactive domains is soft involving a small number of nucleosomes (Figure 5).

- The presence of the nucleation site is essential for the formation of the modified domains in both the fast and slow-spreading scenarios. In the fast-spreading limit, if a domain has been established and then NS is removed, the domain remains stable. In slow-spreading, this is not the case, an already established domain cannot be maintained if NS is removed. Somewhat surprisingly, DNA replication preserves the domains, which might have implications for heritability.

- An interesting finding is that, in the limit of slow-spreading, finite modified domains without boundary elements that are known to stop the spreading process, form by mechanism **II** that involves chromatin looping. The domain moves, without changing size (with the values of the kinetic parameters fixed) if the NS site location is changed.

Comparisons to previous studies: Several models, which are based on stochastic kinetics to mimic the process of spreading, have been proposed. These studies are based on models in which spreading occurs linearly [25] or through by a combination of linear mechanism and implicit long-range effects [20–22]. These studies have insights into epigenetic spreading and inheritability but did not explicitly consider the polymeric nature of chromatin. Our approach, accounting explicitly for the polymer features of chromatin together with stochastic changes in the epigenetic states of the nucleus, is closest to two previous insightful studies [18, 19] but differs in important ways.

(i) Besides the technicality of using three epigenetic states [18, 19] instead of the two here, in the previous studies the interaction between the nucleosomes changes dynamically as the chromatin evolves. The variations in the strength of the epigenetically modified interactions between nucleosomes of the same state take place dynamically (Brownian [18] or Monte Carlo dynamics [19]). Thus, coexistence between silenced and active states is a consequence of the emergent asymmetry in the interaction strengths between nucleosomes of like and unlike epigenetic identity [18, 19]. In contrast, in our model, the interaction between the nucleosomes (marked and unmarked) are the same. Domain formation and switches from modified to unmodified global states occur due to the interplay of spreading through 1D and 3D. (ii) Coexistence between $\langle S \rangle \approx \pm 1$ or bistability requires either a first-order collapse transition [19] or partial second-order collapse [19] of the chromatin. In contrast, in our model, the polymer does not collapse even when stable domains form in the slow-spreading case. (iii) The lattice [19] and the off-lattice models [18] explore the slow-spreading regime. By exploring both the fast- and slow-spreading regime, our model examines the interplay between the time scale of writing (marking) and erasing (unmarking) kinetics and the time scale associated with polymer relaxation time, τ_r, which does not play a role in the previous studies. (iv) Finally, one of the most important findings here is the importance of the nucleation site in controlling the formation of a stable heterochromatin domain, an aspect that was not explored previously. Despite the differences, we hasten to point out that our approach is complementary to the previous studies. The combined findings in these and other one-dimensional models, which do not explicitly take the polymer dynamics into account, show that there are several scenarios in the formation of epigenetic domains. It is only by quantitatively analyzing specific experiments that we can assess the validity of various models.

Estimate of k^+: It is instructive to calculate k^+ for the polymer model to assess the potential relevance of our results to experiments. This is possible because the value of forward rate (k^+) is expressed through the relaxation time of chromatin fiber, τ_r for which a realistic estimate can be made for a polymer in a good solvent. According to the Zimm theory, $\tau_r = (\eta/k_B T) R_g^3$ where η is the viscosity of the nucleoplasm, k_B is the Boltzmann constant, and R_g is the radius of gyration of the 60,000 bps chromatin fiber investigated in this work; $R_g = \alpha l_k N^{0.6}$ where l_k is the Kuhn length of a monomer, and $\alpha \approx 1/6$ for polymer in a good solvent [36]. The persistence length of chromatin fiber is about 1 kbps [37], which implies that l_k is 2kbps, and that the number of Kuhn monomers is $N = 60\text{kbps}/2\text{kbps} = 30$. To estimate the value of b, we resort to our previous work [30] in which we found that b is 70 nm for a 1.2kbps long chromatin segment. Hence, b for the 2kbps long segment is on the order of 100 nm. Combining b and N, we obtain $R_g = \alpha b N^{0.6} \approx 100nm$. The viscosity of the nucleoplasm is experimentally measured to be $10^3 \text{Pa} \cdot \text{s}$ [38]. Using these values, we find that $\tau_r \approx 240s$. Due to the likely over- or under-estimation in the above calculations, we take the τ_r to be in the range from 10^2s to 10^3s. Thus, the forward rate for the slow-spreading in our work can be calculated to be in the range from $k^+ = 0.36\text{hr}^{-1}$ to $k^+ = 0.036\text{hr}^{-1}$, and the forward rate for the fast-spreading in this work is in the range from $k^+ = 3600\text{hr}^{-1}$ to $k^+ = 360\text{hr}^{-1}$. Although it is not the goal of this article to make a precise comparison with any specific experiment, it is worth noting that for eukaryotic H3K9me3 domains, k^+ has been estimated to be 0.1 hr^{-1} - 0.15 hr^{-1} [34]. Hence, we reason that in this work, the slow-spreading case is potentially relevant to the cell *in vivo* with the fast-spreading case providing a theoretically interesting limit.

Finite domain formation through 1D processes: In our model, the formation of finite domains seems unlikely when we only allow 1D spreading. However, using essentially a 1D model (nucleation, propagation, and turnover or noise) Hodges and Crabtree [25] showed that finite domains do form, thus rationalizing their experimental findings [34]. Given that the value of k^+ using the Zimm time for τ_r is in the ballpark of the experimental data [34], we estimated the time needed for the finite domain to be established. From the results in Figure S18 in the SI, which shows the number of modified nucleosomes as a function of time, we find that for slow-spreading restricted to occur through 1D process (blue line in Figure S18(B), finite domain does not form even after $2 \times 10^5 \tau_r$. With $\tau_r \sim 240s$ the estimated time is on the order of 10^4 hours, a value that vastly exceeds typical cell cycle time. By comparison, if spreading occurs by 3D (yellow curve in Figure S18(B)), a finite domain is established after $\approx 0.5 \times 10^5 \tau_r$, which is on the order of 10^3 hours. Thus, in our model 3D spreading is considerably more efficacious, occurring in a finite number of generations.

Experimental prospect: To test the prediction that stable finite domains can be driven by 3D-organization of chromatin without boundary elements, we propose an experiment based on fluorescent probes, similar to the one reported in Ref [39], with the difference that the nucleation element and position-dependent fluorescent probe are placed within a permanent artificially-engineered loop. The proposed experiment is schematically shown in Figure 7. If the experiment is successful, it would help elucidate to the extent to which chromatin looping plays a role in the

formation of epigenetic domains, and more generally whether epigenetic domain formation proceeds by linear or spatial spreading, or a combination of both the mechanism.

Figure 7: Scheme for the proposed experiment. (A): The gene for the orange fluorescent protein (OFP, in orange) is expressed if chromatin is unmarked (yellow). The repression of the green fluorescent protein gene (GFP) acts as a proxy for the binding of epigenetic spreading initiators to the NS, shown in red circle with black border. Because the nucleation event has not occurred, the GFPs and OFPs are produced. The presence of fluorescent proteins (FP) could be detected by measuring fluorescence intensity at a given wavelength. (B): Binding of epigenetic spreading initiators to the NS represses the GFP expression at time t_1, which could be measured. Subsequently, epigenetic markers (red) spread until the OFP gene is inactivated, resulting in the disappearance of orange fluorescence at t_2, which is measurable. During spreading, chromatin can form loops, but need not have a permanent structure. The time difference, $\Delta t = t_2 - t_1$, could be measured for a number of single cells to obtain the distribution, $P(\Delta t)$. This represents the control experiment; similar experimental setup has been employed in Ref [39]. (C): Permanent loop (blue) in chromatin structure may be constructed so that the spatial proximity of the NS and OFP gene is decreased for a given genomic NS-FP distance. (D): Using the FPs as reporters for spreading, only cells that lack green fluorescence are taken into account, as it marks the successful initiation of epigenetic spreading from the NS. If the heterochromatin spreading from the nucleation site is strictly 1D then $P(\Delta t)$ should not differ from the result in the control experiment. If 3D spreading is relevant, $P(\Delta t)$ would differ compared to the control experiment. The same conclusions should be achieved by placing the OFP gene at different genomic distances from the NS, for a given loop length.

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