1	Title
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5	Human placenta miRNA-seq
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67 Abstract

Background: Altered placenta miRNA abundance may impact the maternal-fetal interface and
 pregnancy outcomes. Understanding miRNA changes across gestation is essential before

- 70 miRNAs can be used as biomarkers or prognostic indicators during pregnancy.
- 71 Materials & Methods: Using next-generation sequencing, we characterize the normative human
- 72 placenta miRNA transcriptome in first (N=113) and third trimester (N=47).

73 Results: There are 801 miRNAs expressed in both first and third trimester, including 182 with

- 74 similar expression across gestation (P≥0.05) and 182 significantly different (FDR<0.05). Of
- 75 placenta-specific miRNA clusters, C14MC is more upregulated in first trimester and C19MC is
- 76 more highly expressed overall.

77 Conclusion: This work provides a rich atlas of healthy pregnancies to direct functional studies

- 78 investigating the epigenetic differences in first and third trimester placentae.
- 79

80 Lay Abstract

The human body produces microRNAs which affect the expression of genes and proteins. This study uses next generation sequencing to identify the microRNA profile of first and third trimester human placentae using a large cohort (N=113 first, N=47 third trimester). All pregnancies resulted in healthy babies. We identify microRNAs with significantly different expression between first and third trimester, as well as stably expressed microRNAs. This work provides a baseline for future studies which may use microRNAs to monitor maternal-fetal health throughout pregnancy.

88

89 Keywords

90 microRNA, placenta, pregnancy, chorionic villi, gestational differences, human transcriptome

91

92 Introduction

93 The placenta plays a critical role in fetal development, forming the interface between the 94 developing fetus and mother. It has multiple functions including provision of oxygen and 95 nutrients to the fetus, removal of waste products, and constitutes an important barrier protecting 96 the fetus from pathogens and environmental toxins throughout gestation. The formation and 97 development of the placenta (placentation) that begins upon implantation and continues 98 throughout the first trimester of pregnancy lays the foundation for a placenta leading to a healthy 99 gestation. After implantation, the placenta produces growth factors, cytokines and hormones 100 which target maternal physiological systems, facilitating the provision of additional blood flow and nutrient delivery to the fetus.¹ During the first trimester, cytotrophoblast cells differentiate 101 102 into extravillous trophoblasts and syncytiotrophoblasts. Extravillous trophoblasts migrate by invading and remodeling the maternal decidual extracellular matrix and spiral arteries.²⁻⁵ This 103 occurs during a relative state of hypoxia, which promotes trophoblast invasion and 104 angiogenesis.⁶⁻⁹ It is also during this time that cytotrophoblasts fuse into syncytiotrophoblasts, 105 106 creating a multinucleated epithelium that lines the intervillous space and also produces 107 hormones, including estrogen and progesterone for pregnancy maintenance and lactogen for fetal metabolism, growth and development.¹⁰⁻¹² The complexities of normal placental development are 108 109 under the control of various epigenetic modifications that may be altered, ultimately leading to 110 abnormal placentation and adverse outcomes.^{13,14}

111 MicroRNAs (miRNAs) are non-coding, single-stranded RNA molecules of about 22 nucleotides in length.¹⁵ They are important post-transcriptional regulators of gene expression. They bind to 112 113 RNA transcripts, causing RNA cleavage or messenger RNA translational repression, regulating 30-50% of all mammalian protein-coding genes.^{16,17} While some miRNAs are universally 114 expressed, others are expressed preferentially or exclusively in certain tissues.¹⁸ Two large 115 116 miRNA clusters are enriched in placenta, the chromosome 14 miRNA cluster (C14MC) and the chromosome 19 miRNA cluster (C19MC).^{19,20} C14MC is a large, imprinted, maternally-117 118 expressed miRNA cluster, with several members predominantly expressed in placenta and epithelial tissues.¹⁸ C19MC is a large, imprinted, paternally-expressed miRNA cluster whose 119 120 members have highest expression in placenta and cancer, with relatively weak expression in other tissue.^{18,20-24} 121

122 Widespread regulation of gene expression by miRNAs, the presence of placental-specific miRNAs, and miRNA expression differences in various trophoblastic cell lines²⁵ suggests a role 123 124 for miRNAs in trophoblast behavior and placental development and function. Furthermore, 125 altered miRNA expression in the placenta may be involved in abnormal placentation and related pregnancy-associated diseases, including preeclampsia²⁶⁻⁴⁰ and intrauterine growth restriction 126 (IUGR).³⁹⁻⁴³ Given that placental function changes from the first trimester during a critical state 127 128 of placental development and continues to function for appropriate fetal development, epigenetic 129 regulation through miRNAs likely play a key role. In addition, due to their small size and 130 stability, miRNAs are potential biomarkers of disease, particularly miRNAs from plasma exosomes,⁴⁴⁻⁴⁶ however, it is essential to know how their expression varies across gestation. 131 132 Previous studies comparing miRNA expression in first and third trimester placentae are limited to microarray analyses and have had conflicting results.^{25,47,48} We performed next-generation 133 134 sequencing (NGS) and expression analysis to identify and compare the normative miRNA 135 signatures in first and third trimester placentae of healthy pregnancies resulting in delivery.

136

137 Materials and Methods

138 Study Population

The study population consisted of 157 singleton pregnancies with available first trimester placental tissue (N=110), third trimester placental tissue (N=44) or both (N=3 in both groups), obtained between 2009 and 2018. Mothers with pre-existing diabetes or hypertension were excluded. All subjects were enrolled under IRB approved protocols (Pro00006806, Pro00008600). All pregnancies had a normal karyotype and resulted in the delivery of a viable infant.

145 Analysis of demographic data

Demographic data included parental ages, races and ethnicities, maternal pre-pregnancy body mass index, gestational age at chorionic villus sampling (CVS), fetal sex, maternal medical history and medication use, pregnancy complications, mode of delivery, gestational age at delivery, and birth weight. Means and standard deviations were reported for continuous variables. Proportions were reported as percentages. Demographics were compared between patients in the first and third trimester placenta, excluding 3 subjects sequenced in both groups to eliminate duplicate information. T-test was used for normally distributed continuous variables,

- 153 and the Wilcoxon rank-sum test was used for non-parametric data. Fisher's exact test was used
- 154 when appropriate. For comparison of categorical variables, the chi-square test was used.
- 155 Collection of first trimester placental samples
- 156 Samples from the first trimester of pregnancy were collected between 70-102 days gestation
- 157 during CVS procedures done for prenatal diagnosis. Samples used for research consisted of extra
- 158 tissue which is normally discarded after sending chorionic villi specimens for prenatal genetic
- 159 diagnostic testing. Fetal-derived chorionic villi (first trimester placenta tissue) were cleaned and
- 160 separated from any maternally-derived decidua (non-placenta tissue). Tissue samples (5-25 mg)
- 161 were kept on ice and submerged in RNAlater RNA stabilization reagent (QIAGEN, Hilden,
- 162 Germany) within 30 minutes of collection and stored at -80°C.
- 163 *Collection of third trimester placental samples*
- Samples from the third trimester of pregnancy were collected between 254-290 days gestation, after delivery of a viable neonate. Samples used for research consisted of tissue which would have otherwise been discarded. One centimeter cubed of placental tissue samples were obtained immediately after delivery from the fetal side of the placenta near the site of cord insertion beneath the amnion. The samples were cleaned and submerged in RNA*later* RNA stabilization reagent (QIAGEN) and stored at -80°C.
- 170 RNA extraction from first trimester placenta
- 171 RNA was extracted from leftover CVS tissue utilizing a method optimized for delicate tissue.^{49,50} 172 Briefly, tissue samples were thawed on ice with 600 µl of RLT Plus lysis buffer (QIAGEN) 173 containing 1% β -mercaptoethanol. Tissue was homogenized by passing at least 10 times through 174 progressively thinner gauge needles (22G, 25G, 27G) attached to an RNase-free syringe. 175 Homogenates were loaded onto AllPrep spin columns and the remainder of sample processing 176 was performed following manufacturer instructions using the AllPrep DNA/RNA/miRNA 177 Universal Kit (QIAGEN). RNA was eluted with 30-45 µl of RNase-free water at room 178 temperature and the elution was passed through the column twice to improve yields, as previously described.^{49,50} The average RNA integrity number (RIN) for sequenced first trimester 179 180 placenta samples was 8.87.
- 181 RNA extraction from third trimester placenta
- 182 Third trimester placenta tissue was thawed on ice, then a quarter of collected tissue was diced 183 with RNase-free blades coated in RNA*later* buffer, tissue was sonicated on ice in lysis buffer

184 (600 μ L RLT Plus lysis buffer with 1% β -mercaptoethanol) using 5 second pulses on a low

185 setting (#2) until tissue fragments were small enough to complete homogenization with RNase-

- 186 free needles. Further extraction was performed as described for first trimester tissue. The average
- 187 RIN for sequenced third trimester placentae was 8.84.

188 Library preparation and miRNA sequencing

189 A miRNA sequencing library was prepared from total RNA using the OIASeq miRNA Library 190 Kit (QIAGEN, Hilden, Germany). A pre-adenylated DNA adapter was ligated to the 3' ends of 191 miRNAs, followed by ligation of an RNA adapter to the 5' end. A reverse-transcription primer 192 containing an integrated Unique Molecular Index (UMI) was used to convert the 3'/5' ligated 193 miRNAs into cDNA. After cDNA cleanup, indexed sequencing libraries were generated via 194 sample indexing during library amplification, followed by library cleanup. Libraries were 195 sequenced on a NextSeq 500 (Illumina, San Diego, CA) with a 1x75 bp read length and an 196 average sequencing depth of 10.64 million reads per sample.

197 Differential expression analysis of miRNAs

198 The demultiplexed raw reads were uploaded to GeneGlobe Data Analysis Center (QIAGEN) at 199 https://www.qiagen.com/us/resources/geneglobe/ for quality control, alignment and expression 200 quantification. Briefly, 3' adapter and low quality bases were trimmed off from reads first using *cutadapt* v1.13 with default settings,⁵¹ then reads with less than 16bp insert sequences or with 201 202 less than 10bp UMI sequences were discarded. The remaining reads were collapsed to UMI 203 counts and aligned sequentially to miRBase release 21 mature and hairpin RNA databases using *Bowtie* v1.2.^{52,53} The UMI counts of each miRNA category were quantified, and then normalized 204 by a size factor-based method in the R package DESeq2 v1.22.2 (Bioconductor).⁵⁴ Data were 205 206 averaged across all samples in each group (first and third trimester) for each respective miRNA 207 and were reported as baseMean. The R package FactoMineR v1.41 was used to conduct principal 208 components analysis (PCA), which was used to investigate clustering and potential outliers. 209 Differential expression analysis was performed with *DESeq2* to compare first versus third 210 trimester expression, adjusting for fetal sex. Each miRNA was fitted into a negative binomial 211 generalized linear model, and the Wald test was applied to assess the differential expressions 212 between two sample groups (P value). The Benjamini and Hochberg procedure was applied to 213 adjust for multiple hypothesis testing, and those with false discovery rate (FDR) less than 0.05 214 were selected as significantly differentially expressed miRNAs. The genome locations of miRNAs were identified by cross-referencing mature miRNA IDs with precursor miRNA accession IDs in miRBase release 21, then using R package *biomaRt* v2.45.8 and Ensembl release 91 (which contains miRBase release 21) to retrieve chromosome locations.^{55,56} For miRNAs derived from more than one precursor, all chromosomal locations were counted in bar plots (e.g. hsa-miR-1184 is encoded by three precursors on chromosome X, thus was counted three times) and each miRNA was plotted once per chromosome in scatter plots of genome distribution.

222 Analysis of miRNA expression

223 Counts normalized for sequencing depth (baseMeans) were used as a measure of expression 224 since miRNA lengths do not vary substantially. All expressed miRNAs were defined as any with 225 baseMean>10 in both first or third trimester placenta groups. The miRNAs common in both first 226 and third trimester placentae, also known as similarly expressed, were defined by $P \ge 0.05$, 227 absolute fold-change ≤ 2 , and baseMean>10 in both trimesters. The P ≥ 0.05 threshold excludes all 228 significantly different miRNAs (FDR<0.05) as well as other potentially different miRNAs 229 (P<0.05). Differentially expressed miRNAs were defined as FDR<0.05, absolute fold-change>2, 230 and baseMean>10 in both trimesters. Higher expression thresholds were selected for target 231 enrichment analysis when needed (next section). For miRNAs in C14MC and C19MC, these 232 filters were applied: baseMean>1 and P \geq 0.05 (similarly expressed) or baseMean>1 and 233 FDR<0.05 (differentially expressed).

234 Enrichment analysis of predicted miRNA target genes

235 Ingenuity Pathways Analysis (IPA) software's microRNA Target Filter application (QIAGEN, 236 Redwood City, CA, USA, http://www.giagenbioinformatics.com/IPA) was used to generate a list 237 of target RNAs based on sequence and experimental confirmation. Targets were included if 238 biochemically confirmed using human tissue or non-species methods (sourced from QIAGEN's 239 curated Ingenuity Knowledge Base, or the publicly available miRecords or TarBase). IPA's Core 240 Analysis function was used to test the hypothesis that the target genes are enriched in canonical biological pathways, as previously described.^{49,57,58} Supplemental data also show Core Analysis 241 242 results with additional targets predicted with high confidence according to IPA, based on the TargetScan algorithm previously described.⁵⁹ IPA designates high confidence as a cumulative 243 244 weighted context score of -0.4 or lower, predicting decreased expression by at least 25% due to a 245 specific miRNA.

The input miRNAs were reduced with higher expression thresholds so that target gene numbers did not exceed IPA software limitations for Core Analysis. The following definitions were applied for highly expressed miRNAs (baseMean>10,000 in both trimesters), similarly expressed miRNAs ($P \ge 0.05$, absolute fold-change ≤ 2 , and baseMean>1,000 in both trimesters), and differentially expressed miRNAs (FDR<0.05, absolute fold-change>2, and baseMean>1,000 in both trimesters). Due to their smaller number, no additional miRNA filters were required for Core Analysis of C14MC and C19MC targets.

253 *Heatmaps*

Heatmap and dendrograms of samples versus miRNAs were created with a matrix of log₂(baseMean) values scaled and centered by rows. The heatmaps and dendrograms were created with hierarchical clustering from R package *gplots* v3.1.1. Heatmaps of gene enrichment were created with R package *pheatmap* v1.0.12 with a matrix of $-\log_{10}(P)$ output from IPA Core

- 258 Analysis.
- 259 Validation with qRT-PCR
- 260 Expression of 6 selected miRNAs was re-analyzed with an independent cohort by qRT-PCR 261 using the miRCURY LNA miRNA PCR system (QIAGEN). The 6 selected (hsa-miR-144-3p, 262 hsa-miR-24-3p, hsa-miR-126-3p, hsa-miR-145-5p, hsa-miR-143-3p, hsa-miR-126-5p) had high expression (baseMean>1000) and were significantly different in miRNA-sequencing (FDR<10⁻ 263 264 ¹³) between first and third trimester. A highly expressed miRNA with stable expression in first 265 and third trimester placentae was used as a reference gene (hsa-miR-130a-3p; baseMean>10,000 in both trimesters, P=0.9693, FDR=0.9889). RNA from first trimester (N=10) and third trimester 266 267 (N=6) placenta samples were extracted, then cDNA synthesized using universal primers in the 268 miRCURY LNA RT Kit (QIAGEN). Expression was quantified by qRT-PCR using the 269 miRCURY LNA SYBR Green PCR Kit (QIAGEN) and a BioRad MyIQ machine, analyzed using the $\Delta\Delta$ Ct method,⁶⁰ with hsa-miR-130a-3p as an internal reference. Statistics were 270 271 performed using the Wilcoxon rank-sum test on Δ Ct values.
- 272

273 **Results**

274 *Cohort demographics*

There were N=113 first trimester placenta samples and N=47 third trimester placenta samples studied, including 3 subjects with both first and third trimester placenta sequenced. Principal 277 components analysis (PCA) shows that first and third trimester placenta segregated into distinct 278 clusters along PC1 (29.27% variability explained) and PC2 (20.22% variability explained) 279 (Supplemental File 1). There were significantly more non-Hispanic, Caucasian parents and 280 fetuses in the first trimester group (Table 1). However, race and ethnicity groups did not cluster 281 in PCA analyses of the miRNA transcriptome (Supplemental File 2). Maternal pre-pregnancy 282 BMI and thyroid disorders requiring thyroid replacement were significantly different among the 283 groups (Table 1). There were more cases of pregnancy-induced hypertension requiring 284 antihypertensives and/or magnesium in the third trimester placenta group, compared to none in 285 the first trimester placenta group.

286 All expressed miRNAs in placenta

287 We identified 2503 mature miRNAs with high-throughput sequencing of first and third trimester 288 placentae, with 801 miRNAs reaching 10 normalized counts in both first and third trimester 289 placentae (baseMean>10). First trimester placenta expressed 872 mature miRNAs 290 (baseMean>10), derived from 967 miRNA precursors from all chromosomes with annotated 291 miRNAs (22 autosomes and the X chromosome) (Figure 1A, Supplemental File 3). The majority 292 of these precursor miRNAs originate from chromosomes 19 (12.7%), 14 (10.8%), X (9.6%), and 293 1 (6.8%). Third trimester placenta expressed 882 mature miRNAs (baseMean>10), derived from 294 985 miRNA precursors from all 22 autosomes and the X chromosome (Figure 1A, Supplemental 295 File 3). The most represented chromosomes were also 19 (12.4%), 14 (10.5%), X (9.7%), and 1 296 (7.1%).

297 Highly expressed miRNAs in placenta

298 Some miRNAs had expression values several orders of magnitude higher than most miRNAs, 299 with the median at baseMean=123.6 but the mean raised to baseMean=5,635 by these highly 300 expressed miRNAs (Supplemental File 3). A threshold of baseMean>10,000 was selected for the 301 "most highly expressed" miRNAs. There were 75 mature miRNAs (derived from 96 precursors) 302 in first trimester and 77 mature miRNAs (derived from 97 precursors) in third trimester placenta 303 which reached this threshold. The most highly expressed miRNA in first trimester was C19MC 304 member miR-517b-3p (baseMean=218,953). The most highly expressed miRNA in third 305 trimester and overall most highly expressed was miR-126-3p (baseMean=337,399). 306 Chromosome 19 encoded 30 mature miRNAs (derived from 36 precursors) which reached 307 baseMean>10,000 in both first and third trimester (Figure 1B), making chromosome 19 the

source of over 37% of the most highly expressed precursor miRNAs in human placenta.
Specifically, 28 of the 36 precursor miRNAs were C19MC members, and 8 localized elsewhere
on chromosome 19. The next chromosomes contributing the most highly expressed miRNAs
were chromosome 9, chromosome 1, and chromosome X.

We performed pathway enrichment analysis on experimentally confirmed targets of the most highly expressed miRNAs (Figure 1C, Supplemental File 5Ai). The most significantly enriched canonical pathways in first and third trimester were "Molecular Mechanisms of Cancer", "Hepatic Fibrosis Signaling", "Senescence", "Regulation of the Epithelial Mesenchymal Transition by Growth Factors", and "Pancreatic Adenocarcinoma Signaling."

Pathway enrichment analysis with both experimentally confirmed miRNA targets as well as targets predicted with high confidence demonstrated similar patterns, though third trimester showed relatively higher enrichment in "Hepatic Fibrosis/Hepatic Stellate Cell Activation" and "Regulation of the Epithelial Mesenchymal Transition by Growth Factors" compared to first trimester (Supplemental File 4, Supplemental File 5Ai). Additional pathways, including inflammatory pathways such as "Neuroinflammation", "Prolactin", "Systemic Lupus Erythematosus in B Cell", and "IL-6" signaling were also enriched (Supplemental File 5Aii).

324 Similarly expressed miRNAs in first and third trimesters

325 There were 182 mature miRNAs with similar expression in the first and third trimester placentae 326 $(P \ge 0.05, \text{ fold-change} \le 2 \text{ and baseMean} > 10, \text{ Supplemental File 3}), \text{ suggesting consistent}$ 327 expression throughout gestation (Figure 1D). These mature miRNAs are derived from 206 precursor miRNAs, with greatest representation from chromosomes 19 (17.0%), 14 (10.2%), X 328 329 (9.7%), and 1 (7.3%) (Figure 1E). The most highly expressed similar miRNA was C19MC 330 member hsa-miR-515-5p with first trimester baseMean=129,659 and third trimester 331 baseMean=129,323, P=0.902 between trimesters. This was followed closely by other C19MC 332 members: hsa-miR-158b, hsa-miR-518f-3p, hsa-miR-1323, and hsa-miR-1283.

333 Differentially expressed miRNAs between first and third trimesters

There were 588 mature miRNAs significantly differentially expressed between first and third trimester placentae (FDR<0.05, baseMean>10) (Figure 2A), further filtered to 180 miRNAs with fold-change>2, including 91 upregulated in the first and 89 upregulated in the third trimester (Figure 2B, Supplemental File 3). The 180 differentially expressed miRNAs were derived from 202 precursors with highest representation from chromosomes 9 (9.9%), X (9.4%), 1 and 14

339 (8.4% each), and 19 (7.4%) (Figure 2B). The most differentially expressed miRNA was hsa-340 miR-4483, with 38.2-fold higher expression in the first trimester placenta (FDR=0) and a 341 baseMean decrease from 984.1 to 25.5 from first to third trimester (Figure 2C, Supplemental File 342 3). The next most significantly differentially expressed miRNA was hsa-miR-139-5p with 18.1fold higher expression in the third trimester (FDR= 3.69×10^{-298}), baseMean increasing from 28.0 343 to 497.5 (Figure 2C). The differentially expressed miRNA with the highest overall expression 344 was hsa-miR-126-3p, with a 3.13-fold higher expression (FDR= 4.52×10^{-97}) in third trimester 345 346 placenta (baseMean=337,399) compared to first trimester placenta (baseMean=107,787) (Figure 347 2D). Of the differentially expressed miRNAs, those with the greatest fold changes had lower to 348 moderate expression around baseMean 100-1,000 and were predominantly elevated in the first 349 trimester, whereas those with the highest expression had lower fold changes and were 350 predominantly elevated in the third trimester (Figure 2D). Zero differentially expressed miRNAs 351 with baseMean>1,000 reached fold-change of 4 (Figure 2D, Supplemental File 3).

352 Validation of differentially expressed miRNAs

353 Six differentially expressed miRNAs identified using NGS were selected for validation (Figure 354 2E). We performed qRT-PCR using an independent cohort of first (N=10) and third trimester 355 (N=6) placenta samples. The miRNA hsa-miR-130a-3p was selected as an internal reference due 356 to high and stable expression in first and third trimester placentae (P=0.9693, fold-357 change=0.9984 first/third, baseMean=11,097). All six validated miRNAs (hsa-miR-24-3p, hsa-358 miR-144-3p, hsa-miR-145-5p, hsa-miR-126-3p, hsa-miR-126-5p, and hsa-miR-143-3p) were 359 upregulated in third trimester placenta with 2.5 to 3.7-fold changes by sequencing, and all six 360 were confirmed significant by qRT-PCR with P<0.003 (Figure 2E).

361 Comparison of similarly and differentially expressed miRNAs

A heatmap of the 182 similarly expressed miRNAs shows no clustering of the first and third trimester samples (Figure 3A). The heatmap of 180 differentially expressed miRNAs shows placenta sample clustering by trimester, and miRNAs clustering into two groups by direction of upregulation (Figure 3B). There was little subject variability in miRNAs in first and third trimester, but some miRNAs were not consistently expressed (baseMean=0, red).

Pathway enrichment analysis was performed for experimentally confirmed miRNA targets to
identify potential regulatory roles of the miRNAs expressed in placenta (Figure 3C,
Supplemental File 4B). The most significantly enriched pathways, targeted by both similarly and

370 differentially expressed miRNAs in first and third trimester placenta were "Molecular 371 Mechanisms of Cancer" and "Hepatic Fibrosis Signaling". None of the top 20 pathways were 372 more significantly targeted by similarly expressed miRNAs, suggesting high variability 373 throughout gestation (Supplemental File 5Bi). Differentially expressed miRNAs targeted more 374 significantly by highly expressed miRNAs in the first trimester include "Molecular Mechanisms 375 of Cancer", "Hepatic Fibrosis Signaling", "Senescence", and "Regulation of the Epithelial 376 Mesenchymal Transition by Growth Factors" pathways, suggesting these pathways are distinctly 377 regulated by miRNAs in the first versus third trimester (Figure 3C, Supplemental File 5Bi).

378 When the pathway enrichment analysis was repeated with both experimentally confirmed 379 miRNA targets as well as targets predicted with high confidence, additional patterns emerge. 380 Differentially expressed miRNAs target the "Hepatic Fibrosis / Hepatic Stellate Cell Activation" 381 pathway more heavily than similar miRNAs when predicted targets are included (Supplemental 382 File 5Bii). Addition of predicted targets highlights specific cytokine and growth factor pathways, 383 including "IL-6" and "IGF-1" signaling which are heavily targeted by similarly expressed 384 miRNAs, and less so by differentially expressed miRNAs (Supplemental File 4, Supplemental 385 File 5Bii).

386 *Expression from C14MC and C19MC*

387 The placenta specific miRNA clusters expressed 42 mature miRNAs similarly expressed 388 between first and third trimester placenta ($P \ge 0.05$, baseMean>1), 24 from C14MC and 18 from 389 C19MC (Figure 4AB, Supplemental File 6). There were 105 mature miRNAs differentially 390 expressed between first and third trimester (FDR<0.05 and baseMean>1), 64 from C14MC and 391 41 from C19MC (Figure 4AB, Supplemental File 6). The cluster miRNAs with highest foldchange came from C14MC: hsa-miR-1197 (6.28-fold, FDR=4.83x10⁻¹¹⁸), hsa-miR-758-5p (5.59-392 fold, $FDR=5.07 \times 10^{-101}$), hsa-miR-496 (4.05-fold higher in first, $FDR=3.92 \times 10^{-109}$), and hsa-miR-393 665 (3.98-fold, FDR=1.75x10⁻⁹⁵), all higher in first trimester compared to third trimester 394 395 placenta.

The most significantly upregulated third trimester miRNA was hsa-miR-520c-3p (2.78-fold higher, FDR= 2.91×10^{-111}), followed by hsa-miR-181d-5p (3.18-fold higher, FDR= 6.38×10^{-70}), both from C19MC. Overall, the C14 miRNA cluster contributed more differentially expressed miRNAs, reaching higher fold-changes in first trimester than C19MC (Figure 4A). Although C19MC contributed fewer total miRNAs, and at lower fold-change differences between 401 trimesters, the C19MC baseMean distribution was an order of magnitude higher than C14MC 402 distribution in both overall baseMean median (C19MC=5,696; C14MC=198.7) and mean 403 (C19MC=21,278; C14MC=1,122) (Figure 4B, Supplemental File 6). This held true for both first 404 and third trimester baseMeans expression values. Pathway enrichment analysis of experimentally 405 confirmed target genes shows that distinct pathways are regulated by similarly and differentially 406 expressed miRNAs (Figure 4Ci). Metabolite salvage pathways and GTPase signaling were more 407 significantly targeted by differentially expressed C14MC miRNAs, including "Pyridoxal 5'-408 phosphate Salvage Pathway", "Salvage Pathways of Pyrimidine Ribonucleotides", and 409 "Signaling by Rho Family GTPases" suggesting these pathways are uniquely regulated by this 410 cluster miRNAs between the first and third trimester. "Prostate Cancer Signaling" was more 411 significantly targeted by the similarly expressed C14MC miRNAs, suggesting this pathway is important throughout gestation (Supplemental File 5C). "Molecular Mechanisms of Cancer", 412 413 "Pancreatic Adenocarcinoma Signaling", "Prostate Cancer Signaling", "Estrogen-mediated S-414 phase Entry", and "Chronic Myeloid Leukemia Signaling" were more significantly targeted by 415 differentially expressed C19MC miRNAs suggesting these pathways are uniquely regulated by 416 this cluster miRNAs between the first and third trimester. Conversely, there were no pathways 417 among the top 30 most enriched that were targeted by similarly expressed C19MC miRNAs, 418 suggesting more variable regulation throughout gestation (Figure 4Cii, Supplemental File D). 419 Pathway enrichment analysis with both experimentally confirmed miRNA targets as well as 420 targets predicted with high confidence (Supplemental File 5D), demonstrated changes in 421 regulated pathways, with greater representation of inflammatory pathways, including the 422 "Systemic Lupus Erythematosus in B Cell Signaling" and "Coronavirus Pathogenesis" pathways, 423 as well as several pathways more significantly targeted by similarly expressed miRNAs, 424 including "Role of PI3K/AKT Signaling in the Pathogenesis of Influenza".

425

426 **Discussion**

The placenta is a unique organ that changes function greatly throughout gestation, meeting different challenges and needs at different stages of pregnancy. Placentation in the first trimester sets the groundwork for its functions throughout gestation for fetal development. Placental function is in part epigenetically regulated through miRNAs, including the placenta-specific miRNA clusters, C14MC and C19MC that play critical roles in regulation of this vital organ. This is the first study to our knowledge to use high-throughput sequencing to compare miRNA
expression between first and third trimester human placentae of healthy pregnancies resulting in
delivery.

435 The miRNA expression profiles in first and third trimester have similar chromosome 436 distributions, with expected peaks at chromosomes 14 and 19, as well as peaks at chromosome 1, 437 the largest human chromosome and chromosome X, which has a higher density of miRNAs compared to autosomes.^{61,62} The most highly expressed miRNA, hsa-miR-126-3p, was 438 439 upregulated in third trimester, and was validated with qRT-PCR using an independent cohort. In 440 a recent study comparing first and second trimester placenta, miR-126-3p was identified to be among the 10 most highly expressed miRNAs and identified in maternal plasma.⁶³ Although 441 442 variation among the first and second trimester was not different,⁶³ our study identified hsa-miR-443 126-3p to be differentially expressed and highest in the third trimester, likely having a unique 444 role in the third trimester compared to earlier in gestation. It is also highly abundant in fetal circulation and human umbilical vein endothelial cells,⁶⁴ suggesting a role during parturition and 445 446 fetal development and may become a potential biomarker for developmental origins of health 447 and disease.

448 Among the most highly expressed miRNAs, over 37% were encoded in chromosome 19 (and 449 28/36 or 77.8% were specifically in C19MC), whereas none localized to chromosome 14. This 450 supports an earlier miRNA-seq study which profiled 25 human placentae at delivery and identified higher expression from C19MC than C14MC miRNAs⁶⁵, and additionally we show the 451 452 same pattern in first trimester. The C19MC miRNAs with high expression in the placenta may 453 potentially be used for targets, as C19MC miRNAs have been identified in maternal circulation, as early as the first trimester, with elevations throughout gestation.⁶⁶⁻⁶⁸ The most highly 454 455 expressed miRNA that was similarly expressed was hsa-miR-515-5p, which is a member of the 456 C19MC. Placental expression of hsa-miR-515-5p has been identified to play a key role in human 457 trophoblast differentiation with aberrant up-regulation contributing to pathogenesis of preeclampsia.^{35,69} It has also been associated with preterm birth⁷⁰ and fetal growth restriction.⁴³ 458 459 Although, it has been detected in maternal circulation, both in plasma and whole blood fractions, it has also been detected in whole blood fractions of healthy nonpregnant women,⁷¹ and may not 460 461 be used solely as a biomarker of disease, but may be incorporated with other miRNAs with stable expression across gestation that change with disease using a bivariate biomarker disease
 approach described by Laurent.⁴⁵

464 This atlas identified 180 differentially expressed miRNAs which may be important for functional 465 changes in the placenta throughout pregnancy. Among those, the most differentially expressed 466 miRNAs were highest in the first trimester. The most significantly targeted pathways of 467 experimentally confirmed targets by differentially expressed miRNAs and the most highly 468 expressed in the first trimester was "Molecular Mechanisms of Cancer." Although identified in 469 pathway enrichment analyses for tumor progression, many of the major signaling pathways 470 involved in inter- and intra-cellular communication of invasive phenotypes mimic those 471 associated with migration and invasion of trophoblasts into the maternal decidua and spiral 472 arteries. These essential placentation steps take place in an environment rich in hormones, 473 cytokines, and growth factors and include responsible signaling pathways such as mitogen-474 activated protein kinase (MAPK), phosphoinositide 3-kinase (PI3K)/protein kinase B (Akt), 475 Janus kinase (JAK)/signal transducer and activator of transcription proteins (STATs), wingless (Wnt), and focal adhesion kinase (FAK) pathways.² Of these miRNAs, the most differentially 476 477 expressed with highest expression in first trimester, hsa-miR-4483, was also found to be strongly 478 downregulated in the second trimester and hence likely plays a significant role in the first 479 trimester placenta. It may function to regulate estradiol production early in gestation, as described in another hormone producing cell type and contribute to migration and invasion.⁷² 480

481 Differentiation of first trimester human placental cytotrophoblasts from an anchorage dependent epithelial phenotype into the mesenchymal-like invasive extravillous trophoblast is a crucial step 482 483 for placentation. Illsley et al, previously demonstrated that an epithelial to mesenchymal 484 transition takes place when first trimester cytotrophoblasts differentiate into extravillous trophoblasts.^{73,74} MiRNAs have been implicated in the epithelial to mesenchymal transition.⁷⁵⁻⁸⁰ 485 486 The most highly differentially expressed miRNA in first trimester placenta, hsa-miR 205 has 487 been implicated in the epithelial to mesenchymal transition and the maintenance of the epithelial phenotype.⁷⁵⁻⁷⁹ In human trophoblast cell lines it has been identified to silence MED1 under 488 hypoxic conditions.⁷⁵ suggesting it has a role in the first trimester regulating trophoblast 489 differentiation during physiologic hypoxic conditions.^{75,81,82} "Regulation of the Epithelial 490 491 Mesenchymal Transition by Growth Factors Pathway" was also one of the most significantly 492 targeted pathway by differentially expressed miRNAs and most highly expressed in the first trimester, highlighting the differences between placentation when the placenta is invading
maternal tissue and establishing itself in states of low oxygen tension versus time of delivery
when the placenta has completed its purpose.

496 Two additional significantly targeted pathways by differentially expressed miRNAs and highly 497 expressed in the first trimester included the "Hepatic Fibrosis Signaling" and the "Senescence" 498 pathways. Hepatic Fibrosis Signaling is classically associated with extracellular matrix deposition.⁸³ consistent with first trimester placental function when extravillous trophoblasts 499 migration.^{2,5,84,85} 500 enable degrade and ECM remodeling to induce 501 Cellular senescence is programmed cell-cycle arrest that restricts the propagation of cells, which 502 is induced by various forms of cellular stress, including oxidative stress. Cell fusion, has also 503 been identified to trigger cellular senescence and has been described in the placenta, with the 504 placental expressed fusogen, Syncitin-1 (ERVWE1), which mediates cell-fusion-induced senescence of the syncitiotrophoblast.⁸⁶⁻⁸⁸ These senescent cells secrete inflammatory cytokines, 505 506 chemokines and matrix metalloproteinases, known as the senescence associated secretory 507 phenotype (SASP). SASP proteins promote EMT and the degradation of basement membranes, increasing migration and invasion for appropriate placentation.⁸⁹ 508

509 Our findings also support the importance of the placenta-specific miRNA clusters throughout 510 gestation, with 42 miRNAs similarly expressed and 105 differentially expressed across first and 511 third trimester. This indicates that while they are placenta-specific miRNAs, the majority have 512 varying roles throughout pregnancy. Differentially expressed canonical pathways targeted by the C14 and C19 clusters were more significant than those of all similarly expressed miRNAs 513 suggesting these clusters have significantly different roles throughout gestation.⁶⁶ Similar to 514 other studies using whole villous tissue and primary cytotrophoblasts,^{20,48,63} we identified a 515 516 decrease in C14MC expression from first to third trimester. However, a recent study did not 517 identify a decrease throughout gestation, but their study only focused on the first and second trimester of presumably normal pregnancies.⁶³ 518

The major strengths of this study are the use of first and third trimester tissue from healthy pregnancies resulting in delivery, the cohort size, the availability of detailed demographic information, and the use of high-throughput sequencing. NGS, as opposed to other techniques such as array, allows for greater confidence in the conclusions regarding differential expression, since all known miRNA species previously annotated in the human genome are considered, and bias is not introduced by eliminating certain RNAs. Previous studies analyzing miRNA expression in first and/or third trimester placentae have used microarray technology and most examined very few samples (N=2-6 in each group).^{25,47,48,90} There are currently few NGS miRNA profiles of the placenta, and our study is the first to profile both first and third trimester placentae with NGS and a large sample size. We successfully validated all six selected miRNAs using qRT-PCR and an independent cohort.

530 Our study has some limitations. There were some differences in the demographics between the 531 groups from the first and third trimester placenta samples. This includes race, ethnicity, maternal 532 BMI, thyroid disorders, and pregnancy complications, specifically hypertension. However, the 533 overall differences were small. In addition, PCA analysis did not demonstrate outliers. 534 Furthermore, we performed pathway enrichment analysis using only experimentally confirmed 535 targets. When performed using both experimentally confirmed and predicted with high 536 confidence targets, although overall pathways and patterns remained consistent, when we only 537 included experimentally confirmed targets, immune mediated pathways were not represented.

538 Overall, we intended to identify and compare the normative miRNA signatures in the first and 539 third trimester placentae. Our study shows many stably expressed miRNAs throughout gestation 540 as well as significant differences between the miRNA signatures. This work provides a rich atlas 541 to direct functional studies investigating the epigenetic differences in first and third trimester 542 placentae and development of disease related biomarkers or prognostic indicators that are 543 gestational age specific.

544

545 **Future Perspective**

546 As we improve our understanding of miRNA profiles in placenta and across gestation, miRNAs 547 may be useful biomarkers for non-invasive prenatal diagnostic testing. Our knowledge of 548 miRNA profiles is still in its infancy relative to our knowledge of the protein coding 549 transcriptome. Until recently, most miRNA profiling papers of placenta used arrays with limited 550 samples. However, protocols to capture small RNAs, synthesize cDNA, and perform high-551 throughput NGS are improving rapidly. In 5-10 years' time, we expect that the knowledge of 552 human miRNA profiles in different tissue and extracellular locations will greatly improve as 553 well. This will provide opportunities for biomarker discovery and diagnostic test development, 554 since miRNAs are smaller, more stable RNAs than protein coding transcripts. Currently, the

knowledge pool of miRNA targets has limited confirmed miRNA-RNA interactions, but this will improve as the miRNA field continues to evolve. Our work to profile miRNAs in first and third trimester provides a foundation for biomarker discovery during pregnancy and future advancements in maternal-fetal health.

559

560 Executive Summary

- This work creates an atlas of the miRNA expression profiles of first and third trimester
 human placenta from patients who delivered healthy babies.
- Chromosome 19 contributes approximately 37% of the most highly expressed miRNAs in
 both first and third trimester placenta. Most of these miRNAs are localized to the pregnancy associated miRNA cluster, C19MC.
- There are 182 miRNAs with similar expression across gestation. Other patient variables may
 affect the abundance of these miRNAs.
- There are 180 miRNAs with significant differences in expression between first and third
 trimester placenta. These miRNAs may contribute to changes in placental function or be
 markers of different placental stresses throughout gestation.
- Six miRNAs were successfully validated with qRT-PCR in an independent cohort.
- The placenta-specific miRNA clusters (C14MC and C19MC) contain both similarly and
 differentially expressed miRNAs.
- C14MC expressed miRNAs with greater fold-change differences across gestation than
 C19MC miRNAs, though C14MC miRNAs are not among the most highly expressed
 miRNAs in placenta.
- For both similarly and differentially expressed miRNAs, C19MC miRNA placenta
 expression was overall higher than C14MC expression.

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579 Figure/Table Legends

580 Table 1 - Demographics

	First Trimester	Third Trimester	P value	
N	110	44		
Maternal age, years	37.7 (3.0)	37.3 (3.0)	0.65	
Paternal age, years	39.5 (4.8)	38.6 (4.8)	0.30	
Maternal race/ethnicity				
Caucasian	106 (96.4%)	35 (79.6%)	0.002	
Non-Hispanic	107 (97.3%)	35 (79.6%)	< 0.001	
Paternal race/ethnicity				
Caucasian	104 (94.6%)	37 (84.1%)	0.04	
Non-Hispanic	107 (97.3%)	36 (81.8%)	0.001	
Fetal race/ethnicity	I		1	
Caucasian	103 (93.6%)	32 (72.7%)	< 0.001	
Non-Hispanic	106 (96.4%)	33 (75.0%)	< 0.001	
Fetal female sex	57 (51.8%)	18 (40.9%)	0.22	
Maternal pre-pregnancy BMI, kg/m ²	21.9 (3.4)	24.0 (4.7)	0.005	
Maternal pre-existing medical conditions				
Hypertension	0 (0%)	0 (0%)	-	
Diabetes	0 (0%)	0 (0%)	-	
Thyroid disorder	3 (2.7%)	6 (13.6%)	0.02	
Pregnancy complications				
Hypertension (not pre-existing)	0 (0%)	8 (18.2%)	< 0.001	
Gestational diabetes	3 (2.7%)	1 (2.3%)	1.0	
Placenta previa	0 (0%)	1 (2.3%)	0.49	
Placental abruption	0 (0%)	0 (0%)	-	
Hypertension management in pregnancy	I		1	
Anti-Hypertensives	0 (0%)	3 (6.8%)	0.022	
Any Magnesium use (Ante- or Postpartum)	0 (0%)	6 (13.6%)	<0.001	
Mode of delivery- Cesarean section	33 (30%)	15 (34.1%)	0.74	
Gestational age at delivery, days	276.3 (7.0)	276.5 (8.0)	0.43	
Birthweight, g	3435.4 (463.6)	3473.1 (467.0)	0.7	

581

Note: Values shown as mean (standard deviation) or n (%). P values were adjusted for fetal sex.

582

583 Figure 1. Expressed miRNAs in first and third trimester placenta. (A, B) The chromosome 584 distribution of miRNAs expressed in placenta at first trimester (N=113 samples) and third 585 trimester (N=47 samples). Bar plots count all genomic locations (all precursor miRNAs) 586 corresponding to mature miRNAs identified through sequencing, at thresholds: (A) all expressed 587 with baseMean>10 or (B) the most highly expressed with baseMean>10,000. (C) Pathway 588 enrichment analysis with experimentally confirmed target genes of the most highly expressed 589 miRNAs. (D) The expression distribution of miRNAs similarly expressed in first and third 590 trimester at P \geq 0.05 and FC \leq 2. The red line (baseMean=10) is the threshold selected for stable 591 expression. (E) Counts of similarly expressed miRNAs with $P \ge 0.05$, $FC \le 2$, baseMean>10 in 592 both trimesters.

593 Figure 2. Differentially expressed miRNAs between first and third trimester placenta. (A) 594 Scatter plot of absolute fold-change distribution across chromosomes for all differentially 595 expressed (DE) miRNAs at FDR<0.05 and baseMean>10. The dotted line represents FC=2. (B) 596 Chromosome frequency of 180 DE miRNA precursors at FDR<0.05, FC>2, baseMean>10. (C) 597 Volcano plot of all miRNAs with baseMean>10. Key as in A, with addition of open black 598 squares for non-significant miRNAs (FDR≥0.05). (D) Expression versus absolute fold-change 599 for 180 DE miRNAs. (E) Six DE miRNAs (green) were selected for validation via qRT-PCR in 600 an independent cohort. The bar plot shows qRT-PCR results normalized to an internal reference, 601 hsa-miR-130a-3p (blue). The superimposed line shows fold-changes in miRNA-seq. All six 602 miRNAs were validated significantly different between first and third trimester with P<0.003.

Figure 3. Heatmaps showing sample miRNA variability. Heatmaps: rows = scaled and centered miRNA log_2 (baseMean), columns = hierarchically clustered samples. BaseMean=0 samples are highlighted red. (A) 182 similarly expressed miRNAs with P \geq 0.05, FC \leq 2, and baseMean>10. The miRNAs are listed alphabetically. (B) 180 differentially expressed miRNAs with FDR<0.05, FC>2, and baseMean>10. The miRNAs are hierarchically clustered. (C) Pathway enrichment analysis for experimentally confirmed targets of similarly (S) and differentially (D) expressed miRNAs.

Figure 4. Placenta-specific C14MC and C19MC. (A,B) Expression versus absolute foldchange plots for cluster miRNAs at baseMean>1. Pink = upregulated in first trimester at FDR<0.05. Purple = upregulated in third trimester at FDR<0.05. Blue = similarly expressed with

- 613 P≥0.05. Point labels are the miRNA names minus the "hsa-miR-" prefix. (A) C14MC miRNAs.
- 614 (B) C19MC miRNAs. (C) Pathway enrichment analysis with experimentally confirmed targets of
- 615 the S=similarly expressed or D=differentially expressed miRNAs in (i) C14MC or (ii) C19MC.
- 616

617 Supplemental Information

- 618 Supplemental File 1. Principal Components Analysis, fetal sex. PCA plot for the miRNA-seq
- 619 results of N=113 first trimester and N=47 third trimester placenta samples. The samples cluster
- 620 by trimester. Samples are color-coded by trimester group and fetal sex, female (F) and male (M).
- 621 Three patients with matched samples are labeled. [PDF]
- 622 Supplemental File 2. Principal Components Analysis, race and ethnicity. PCA plots for the
- 623 miRNA-seq results of N=113 first trimester (CVS) and N=47 third trimester (PL) placenta
- 624 samples. Samples shapes indicate race and ethnicity. [PDF]
- 625 Supplemental File 3. Analysis of differential miRNA expression between first and third
- 626 trimester human placentae. Tables of mature miRNAs DESeq2 results annotated with
- 627 precursor and chromosome information. (A) Mature miRNAs with no duplicate rows. (B) Rows
- 628 split by the chromosome column, for scatter plots. (C) Rows split by both the chromosome and
- 629 precursor miRNA columns, for bar plots to count all genomic locations. (D) DESeq2 results with
- 630 normalized counts for each sample. [Excel .xlsx]
- 631 Supplemental File 4. Compilation of full target gene enrichment analysis results from IPA Core
- 632 Analysis. [Excel .xlsx]
- 633 Supplemental File 5. Extended pathway enrichment analysis heatmaps for (i) only
- 634 experimentally confirmed miRNA targets or (ii) both experimentally confirmed and high
- 635 confidence predicted miRNA targets. (A) Highly expressed miRNAs with baseMean>10,000 in
- 636 first (pink, "1") or third (purple, "3") trimester. (B, C, D) Similarly (blue, "S") and differentially
- 637 (green, "D") expressed miRNAs encoded by (B) all chromosomes, (C) C14MC, (D) C19MC.
- 638 Heatmap data are -log₁₀(P) output from IPA Core Analysis. [PDF]
- 639 Supplemental File 6. Subset of Supplemental File 3 spreadsheets with placenta-specific miRNA
- 640 clusters, C14MC and C19MC. [Excel .xlsx]
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