

Main Manuscript for

Prenatal environmental variation, alternative reproductive tactics and the formation of a mixed-kin cooperative society

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1 **Abstract**

2 Although animal societies often evolve due to limited natal dispersal that results in kin clustering
3 and facilitates cooperation among relatives, many species form cooperative groups with low and
4 variable kin structure. To understand how such mixed-kin societies form despite their potential
5 for social conflict, we investigated the environmental causes and subsequent fitness
6 consequences of dispersal decisions in male cooperatively breeding superb starlings
7 (*Lamprotornis superbus*) living in a climatically unpredictable environment. We show that the
8 two alternative reproductive tactics—natal dispersal vs. philopatry—exhibit reproductive
9 tradeoffs resulting in equal lifetime inclusive fitness. The tactic an individual adopts is governed
10 by the environment its parents experience prior to laying rather than the environment it
11 experiences as an adolescent. When individuals adopt the tactic not predicted by early life
12 environmental conditions, their fitness is reduced. Ultimately, climate-driven oscillating
13 selection may help stabilize mixed-kin animal societies by influencing alternative reproductive
14 trajectories early in life.

15

16 **Main Text**

17 **Introduction**

18 Dispersal decisions that enable individuals to escape unfavorable environmental conditions or
19 reduce inbreeding risk also influence ecological and evolutionary processes like range expansion,
20 gene flow, and the formation of animal societies (Matthysen, 2012; Taylor, 1992). Limited natal
21 dispersal—the permanent movement of an individual from its natal to breeding site—plays a
22 crucial role in social evolution by creating spatial clustering of kin that facilitates cooperative
23 care of young by relatives (Emlen, 1994; Hamilton, 1964a, 1964b). Although most animal

24 societies are therefore characterized by groups with high kin structure, a surprising number of
25 species form social groups with low kin structure (Riehl, 2013) that consist of same-sex residents
26 and immigrants, which often compete for breeding opportunities (Baglione et al., 2002; Davidian
27 et al., 2016; Kaiser et al., 2018; Reyer, 1980). Since kin selection alone cannot explain the
28 evolution of these mixed-kin societies (Liu et al., 2015; Riehl and Jara, 2009; Rubenstein and
29 Abbot, 2017), direct reproductive or survival benefits may underlie their formation (Baglione et
30 al., 2002; Clutton-Brock, 2002; Kaiser et al., 2018). Understanding how mixed-kin cooperative
31 societies form and remain stable despite their reduced kin structure and potential for high social
32 conflict will require examining the causes and lifetime fitness consequences of individual
33 dispersal decisions to determine why some individuals choose to remain in their natal groups
34 with kin while others do not.

35
36 Dispersal decisions are influenced not only by aspects of the social or ecological environment
37 that individuals experience after birth (termed postnatal factors) (Baglione et al., 2006; Eikenaar
38 et al., 2010; Nelson-Flower et al., 2018), but also by how these factors impact their development
39 early-in-life or affect their parents prior to birth (termed prenatal factors) (Duckworth, 2009;
40 Tschirren et al., 2007). The influence of prenatal factors typically manifests via parental effects,
41 modifications provided by the mother or father to the offspring during development that alter
42 offspring phenotype (Mousseau and Fox, 1998). Parental effects may be particularly important in
43 cooperatively breeding species (Russell and Lummaa, 2009), where parents can limit offspring
44 dispersal by influencing helping behavior or promote dispersal to reduce kin competition
45 (Dantzer et al., 2019; Duckworth, 2009; Silk and Brown, 2008). Although dispersal in most
46 social species tends to be sex-biased (Greenwood and Harvey, 1982), in many cooperative

47 breeders, individuals of one sex can adopt either of two alternative reproductive tactics: natal
48 dispersal or philopatry (Davidian et al., 2016; Nelson-Flower et al., 2018). Such sex-specific
49 behavioral polymorphisms can exist either because (i) individuals face conditional constraints in
50 adopting the tactic with higher fitness and must instead make “the-best-of-a-bad-job” by
51 choosing the tactic with lower fitness (Dawkins, 1980; Koprowski, 1993), or (ii) the relative
52 fitness payoffs are environmentally-dependent such that both tactics can persist within a
53 population when conditions fluctuate from year-to-year (Moran, 1992; West Eberhard, 1989).
54 Consistent with the “best-of-a-bad-job” hypothesis, the fitness benefits of alternative
55 reproductive tactics in cooperative breeders tend to be unequal in the short-term (Bergmüller et
56 al., 2005; Ekman et al., 2001; Kingma et al., 2016; Walters et al., 1992). Yet, few studies have
57 compared the lifetime inclusive fitness outcomes of alternative reproductive tactics, especially in
58 mixed-kin societies where dispersal polymorphisms are most common (Davidian et al., 2016).
59 Thus, the evolutionary mechanism underlying the formation of mixed-kin societies remains
60 largely unknown and can only be revealed by considering the lifetime inclusive fitness
61 consequences of alternative reproductive tactics.

62

63 Here, we leveraged a 15-year longitudinal dataset from Kenya to examine how reproductive
64 tactics in male cooperatively breeding superb starlings (*Lamprotornis superbus*) are influenced
65 by pre- and postnatal social and ecological factors and impact lifetime inclusive fitness. Superb
66 starlings are plural cooperative breeders in which both sexes help (Rubenstein, 2016, 2007a), and
67 although males tend to be more philopatric than females, these mixed-kin social groups have low
68 but variable kin structure overall as well as within both sexes (Pollack and Rubenstein, 2015;
69 Rubenstein, 2016). While resident females never breed in their natal groups, both resident and

70 immigrant males can acquire breeding status (Rubenstein, 2016). These savanna-dwelling birds
71 inhabit one of the most variable and unpredictable environments on earth (Rubenstein and
72 Lovette, 2007), where high annual variability and unpredictability in seasonal rainfall governs
73 insect prey availability (Rubenstein, 2007b). Rainfall is most variable during the dry season
74 (Rubenstein, 2011), and both pre- and postnatal variation in dry season rainfall has been shown
75 to influence many aspects of starling social behavior and life-history. In particular, prenatal
76 rainfall influences offspring sex ratio (Rubenstein, 2007a), epigenetic modification of genes
77 related to the avian stress response (Rubenstein et al., 2016), and male reproductive decisions
78 (Rubenstein et al., 2016), whereas postnatal rainfall influences access to breeding opportunities
79 for both sexes (Rubenstein, 2007c) and helping behavior (Guindre-Parker and Rubenstein, 2018).
80 In addition, the social environment also impacts superb starling fitness, both survival (Guindre-
81 Parker and Rubenstein, 2020) and reproductive success (Rubenstein, 2011).

82

83 To examine the environmental causes of alternative reproductive tactics in superb starlings, we
84 first investigated how pre- and postnatal ecological and social factors influence male dispersal
85 decisions. We predicted that in a harsh prenatal environment with low rainfall, particularly for
86 small groups with a skewed sex ratio, parental effects may indirectly limit dispersal of male
87 offspring by promoting helping behavior. Thus, males that remain in their natal group would be
88 more likely to provide alloparental care prior to the age of dispersal than males that ultimately
89 disperse. Similarly, in a harsh postnatal environment, male superb starlings would be more likely
90 to remain in their natal group to evade the costs of dispersal or reap the benefits of philopatry,
91 particularly in a social environment conducive to higher survival (large group size) and with
92 greater access to reproductive opportunities (female-skewed sex ratio). Next, to understand the

93 fitness consequences of these alternative reproductive tactics, we compared access to
94 reproductive opportunities, reproductive success, lifetime inclusive fitness, and survivorship of
95 resident and immigrant males. According to the best-of-a-bad-job hypothesis, we predicted that
96 the two alternative tactics would result in unequal lifetime inclusive fitness, regardless of the pre-
97 or postnatal environments. Alternatively, if both dispersal and philopatry maximize individual
98 fitness, then the two tactics would have equal lifetime inclusive fitness but exhibit reproductive
99 tradeoffs such that individuals would have lower lifetime fitness when they adopt a phenotype
100 not predicted by the prevailing environmental conditions. Ultimately, by linking the
101 environmental causes and fitness consequences of alternative reproductive tactics in a
102 cooperative breeder, we will be able to determine how a behavioral polymorphism of two
103 fundamentally different reproductive phenotypes can persist and potentially give rise to mixed-
104 kin cooperative societies.

105

106 **Results**

107 *Patterns of male dispersal*

108 Consistent with previous reports in this species (Rubenstein, 2016), we found that males were the
109 primary philopatric sex; only 59 of 162 males (36%) in our marked social groups for whom we
110 had complete lifetime data—from birth to death for natal males and immigration to death for
111 immigrant males—were immigrants (compared to 121 of 224 (54%) of females). However, more
112 than half of male breeders (30 of 59; 51%) were immigrants.

113

114 *Pre- and postnatal ecological and social predictors of male dispersal*

115 Next, we examined the role pre- and postnatal ecological and social factors play in influencing
116 male dispersal decisions. We found that harsh prenatal ecological conditions limited dispersal
117 such that males were less likely to disperse when they were born in years following low prenatal
118 rainfall ($Z = 1.97$, $P = 0.049$, $CI = 0.002-0.72$; Fig. 1, Table 1). However, both postnatal
119 ecological and social conditions had no significant impact on the likelihood of males dispersing
120 (Table 1), suggesting that male dispersal is influenced more by (i) prenatal than postnatal
121 conditions and (ii) ecological rather than social factors. In addition, we found that males that
122 subsequently dispersed were less likely to act as alloparents in their first year of life than males
123 that subsequently remained in their natal group ($\chi^2_1 = 5.05$, $P = 0.02$).

124

125 *Fitness consequences of male dispersal decisions*

126 We then explored the fitness consequences of the different male dispersal decisions. More than
127 half the males in the population (87 of 162 males; 54%) accrued zero inclusive fitness in their
128 lifetimes (Fig. S3) (Rubenstein, 2016). While residents accrued higher indirect fitness than
129 immigrants (Fig. 2C, $U = 2350$, $P = 0.05$), resident and immigrant males had equal direct and
130 inclusive lifetime fitness (Fig. 2A-B; inclusive: $U = 2828$, $P = 0.43$; direct: $U = 3115$, $P = 0.66$),
131 as well as equal survival likelihoods ($Z = -0.04$, $P = 0.97$, $CI = -0.33-0.32$) (Fig. S4). Despite
132 equal lifetime inclusive fitness, immigrants were more likely than residents to breed at least once
133 in their lifetimes ($\chi^2_1 = 7.39$, $P = 0.01$), had higher lifetime breeding effort (the number of
134 breeding attempts as a proportion of an individual's adult lifespan) ($U = 3689$, $P = 0.006$), and
135 began breeding at a younger age ($U = 265.5$, $P = 0.01$). In contrast, residents that did breed had
136 higher nest success than immigrant breeders ($Z = 2.48$, $P = 0.01$, $CI = 0.28-2.33$). In addition,
137 only lifetime breeding effort, and not birth status, affected a male's likelihood of accruing some

138 nonzero inclusive fitness during his lifetime (Fig. 3A, Table 2). However, among males with
139 some lifetime inclusive fitness, residents accrued higher inclusive fitness than immigrants with
140 the same amount of lifetime breeding effort (Fig. 3B, Table 2).

141
142 Finally, we assessed whether there were reproductive tradeoffs for individuals that adopted the
143 tactic not predicted by prenatal ecological conditions. Since we did not have precise rainfall data
144 from the immigrants' natal sites (though rainfall is highly correlated spatially and temporally
145 synchronous within the dispersal radius of our study site; see *SI*), we used a categorical measure
146 of prenatal rainfall based on mean long-term prenatal rainfall at our study site (see *Methods* and
147 *SI*). Consistent with the idea of reproductive tradeoffs and the hypothesis that the fitness
148 consequences of alternative reproductive tactics depend on prenatal environmental conditions,
149 we found that immigrant males were more likely to accrue nonzero lifetime inclusive fitness
150 when born following periods of high prenatal rainfall, but that residents were more likely to
151 accrue nonzero lifetime inclusive fitness when born following periods of low prenatal rainfall
152 (Fig. 4, Table 3).

153

154 **Discussion**

155 Although mixed-kin cooperative groups characterized by low relatedness are surprisingly
156 common (Riehl, 2013), how these societies arise and are maintained given the potential for high
157 social conflict among unrelated group members competing for reproductive opportunities
158 remains unclear. We examined the environmental causes and inclusive fitness consequences of
159 dispersal decisions in male superb starlings living in a climatically variable and unpredictable
160 savanna environment (Guindre-Parker and Rubenstein, 2020; Rubenstein and Lovette, 2007), for

161 whom philopatry and dispersal can both be pathways to reproductive opportunities (Rubenstein,
162 2016). We found that dispersal in males is influenced by their parents' prenatal environment
163 rather than the postnatal environment that the males experience as adolescents, suggesting that
164 prenatal parental effects play an important role in governing dispersal decisions. Ultimately,
165 natal dispersal and philopatry had equal lifetime inclusive fitness outcomes, meaning that they
166 are two equal, alternative male reproductive tactics. Yet, the two tactics showed reproductive
167 tradeoffs—immigrants had greater access to reproductive opportunities via the acquisition of
168 dominant breeding positions, whereas residents that bred had higher reproductive success. When
169 males adopted a tactic not predicted by prevailing prenatal environmental conditions, their
170 lifetime inclusive fitness was reduced. Together, these results suggest that environmental
171 variability experienced early in life may help maintain a reproductive polymorphism with equal
172 lifetime inclusive fitness, which ultimately enables the formation and persistence of a mixed-kin
173 cooperative society in an unpredictable environment.

174

175 Unlike in other cooperatively breeding species where the postnatal environment shapes dispersal
176 decisions (Baglione et al., 2006; Nelson-Flower et al., 2018; Suh et al., 2020), male dispersal in
177 superb starlings was only governed by prenatal ecological conditions. The effect of prenatal
178 conditions on dispersal suggests that parental effects influence the dispersal phenotype of male
179 superb starlings, a result that has been suggested previously for male reproductive opportunities
180 in this species (Rubenstein et al., 2016). Parental effects, which can result from physiological or
181 molecular modifications to offspring during development (Mousseau and Fox, 1998), may be
182 particularly important in cooperatively breeding species (Russell and Lummaa, 2009) and
183 species inhabiting unpredictable environments (Meylan et al., 2012). While the specific

184 physiological mechanisms of prenatal parental effects on dispersal remain unknown for this
185 species, previous studies have demonstrated an effect of maternal condition on offspring sex
186 allocation, maternal investment in eggs, and DNA methylation in superb starlings (Rubenstein,
187 2007a; Rubenstein et al., 2016) and other vertebrates (Meylan et al., 2002; Silk and Brown,
188 2008; Van Petegem et al., 2015). Studies of two other avian species, western bluebirds (*Sialia*
189 *mexicana*) and great tits (*Parus major*), found an effect of maternal androgen deposition on
190 offspring dispersal in response to ecological conditions (Duckworth, 2009; Tschirren et al.,
191 2007). Viviparous lizards (*Lacerta vivipara*) show a similar effect (Meylan et al., 2002), and
192 maternal hormones have also been shown to increase helping behavior in subordinate female
193 meerkats (*Suricata suricatta*) (Dantzer et al., 2019). Further work in this and other cooperatively
194 breeding species should examine the mechanism by which environmentally-mediated parental
195 effects might influence future reproductive tactics adopted by offspring.

196

197 Parental effects can be selfish, to manipulate offspring phenotype in order to increase parental
198 fitness, or anticipatory, to maximize offspring fitness (Marshall and Uller, 2007; Russell and
199 Lummaa, 2009). We know that offspring sex ratio in superb starlings is male-biased when
200 mothers are in poorer body condition following harsher prenatal conditions, a pattern that
201 suggests that females maximize their inclusive fitness in an unpredictable environment by
202 investing in the sex with lower fitness variance (Rubenstein, 2007a). However, our results here
203 suggest that mothers could also be influencing cooperative behavior in their offspring because
204 males that participated in alloparental care in their first year of life were subsequently more
205 likely to remain in their natal group. Male superb starlings are more likely to become alloparents
206 and help more than females (Rubenstein, 2011), and alloparents buffer the detrimental effects of

207 harsh environmental conditions on reproductive success in this species (Guindre-Parker and
208 Rubenstein, 2018). Thus, prenatal parental effects promoting alloparental behavior following
209 harsher prenatal conditions might serve to selfishly increase the parents' short-term future
210 reproductive success and indirectly limit dispersal of male offspring (Dantzer et al., 2019).
211 Although males born following benign prenatal conditions could, conversely, be more likely to
212 disperse so as to reduce kin competition, this seems less probable because kin competition has
213 actually been shown to decrease under benign environmental conditions in other cooperative
214 species (Korb and Schmidinger, 2004; Nichols et al., 2012). Additionally, our results are
215 consistent with the hypothesis that prenatal parental effects on dispersal in males are anticipatory
216 because when males adopted the tactic predicted by the prevailing prenatal ecological conditions,
217 they were more likely to accrue some inclusive fitness in their lifetimes. Since more than half of
218 superb starling males fail to accrue any fitness in their lifetimes, largely due to high nest
219 predation pressure (Rubenstein, 2016), securing any amount of nonzero lifetime fitness is crucial
220 in this species, an idea consistent with the bet-hedging hypothesis proposed for this (Rubenstein,
221 2011) and other social species (Kennedy et al., 2018). Males born following harsh prenatal
222 conditions thus appear to benefit from avoiding the costs of dispersal and remaining in their natal
223 group (Eikenaar et al., 2010; Stacey and Ligon, 1991), whereas males born following benign
224 conditions might be better able to cope with the costs of dispersal and maximize their fitness by
225 immigrating into another social group (Bergmüller et al., 2005).

226

227 In contrast to other studies in kin-only cooperatively breeding societies (e.g., Ekman et al., 2001;
228 Ligon and Ligon, 1982; MacColl and Hatchwell, 2004; Sparkman et al., 2011; Walters et al.,
229 1992), we found that the two reproductive tactics adopted by males—natal dispersal and

230 philopatry—have equal lifetime inclusive fitness in a mixed-kin cooperative society. Although
231 resident males had significantly higher lifetime indirect reproductive success than immigrants, an
232 unsurprising result given the kin structuring among males in superb starling social groups
233 (Rubenstein, 2016), this was more than balanced out by the relatively larger contribution of
234 lifetime direct fitness. While it was not logistically possible to compare the fitness of resident
235 and dispersing males born to the same social group, our approach of comparing resident to
236 immigrant males has proven informative in other avian studies (Green and Hatchwell, 2018).
237 Furthermore, we show that the equal lifetime inclusive fitness outcomes of the two dispersal
238 tactics are due to a reproductive tradeoff, an idea that has been proposed theoretically (Moran,
239 1992; Stearns, 1989) but rarely tested empirically. Although immigrant superb starlings had
240 greater access to reproductive opportunities via the acquisition of dominant breeding positions
241 with the group, residents that acquired breeding positions were more likely to successfully fledge
242 young. Residents can therefore afford to have lower access to breeding opportunities over their
243 lifetimes since they have higher nest success. This higher nest success is likely due to greater
244 alloparental care at nests of resident males who have more kin in the group to act as helpers than
245 do immigrants (Emlen and Wrege, 1988; Komdeur, 1994; Wright et al., 2010). Thus, for superb
246 starling males, philopatry leads to lower reproductive quantity but higher quality, whereas
247 dispersal results in higher reproductive quantity but lower quality. Since immigrants and
248 residents are equally likely to survive from one breeding season to the next, these differences in
249 reproductive quality and quantity are unrelated to longevity (Walters et al., 1992). Together these
250 results suggest that the two alternative dispersal tactics are equivalent in terms of lifetime
251 inclusive fitness and refute the hypothesis that remaining in the natal group—the tactic favored
252 following harsh prenatal conditions—is simply making “the-best-of-a-bad-job” (Dawkins, 1980;

253 Koprowski, 1993). The coexistence of resident and immigrant males in cooperative social groups
254 has been shown to be similarly facilitated by equal reproductive rates in spotted hyenas (*Crocuta*
255 *crocuta*) (Davidian et al., 2016) and inclusive fitness at different age stages in dwarf mongooses
256 (*Helogale parvula*) (Creel and Rabenold, 1994), both species that live in mixed-kin societies.
257 However, to the best of our knowledge, ours is the first study in a cooperatively breeding
258 vertebrate to demonstrate equal lifetime inclusive fitness outcomes of alternative dispersal
259 tactics.

260

261 This behavioral polymorphism in reproductive tactics is likely maintained by a flexible response
262 to high and unpredictable environmental variability (West Eberhard, 1989). A temporally
263 variable and unpredictable environment has been shown both theoretically (Moran, 1992) and
264 empirically (Lampert and Linsenmair, 2002) to generate conditional strategies that result in a
265 developmental switch between alternative tactics. If a behavioral polymorphism has a genetic (or
266 perhaps epigenetic) basis (Beldade et al., 2011; Saastamoinen et al., 2018), environmental
267 variability can reverse the selective differential between two tactics from one year to the next,
268 resulting in alternative tactics with equal fitness outcomes (Gibbs and Grant, 1987; Moran,
269 1992). The savanna habitat inhabited by superb starlings has high temporal ecological variability
270 (Rubenstein, 2011; Rubenstein and Lovette, 2007) that may allow both dispersal tactics to
271 persist, resulting in the formation of mixed-kin cooperative groups. Interestingly, spotted hyenas
272 (Holekamp and Smale, 1998) and dwarf mongooses (Creel and Rabenold, 1994) experience the
273 same unpredictable savanna environments, suggesting that environmental uncertainty—and
274 perhaps oscillating selection pressures more generally—maintains alternative dispersal tactics
275 and leads to the formation of and/or stabilizes societies with low kin structure. Oscillating

276 selection may be particularly important in arid and semi-arid environments where climatic
277 variability is high (Gibbs and Grant, 1987), and may help explain the evolution of both mixed-
278 kin societies and plural breeding more generally. Indeed, many other plural cooperatively
279 breeding birds across the globe live in harsh arid and semi-arid environments characterized by
280 unpredictable variation in rainfall and food resources (e.g. Brown et al., 1997; Clarke, 1984;
281 Curry and Grant, 1990; Hegner et al., 1982; Riehl and Jara, 2009; Rowley, 1978; Rowley et al.,
282 1989; Russell et al., 2010; Veltman, 2008). While we do not yet know whether dispersal has a
283 genetic basis in superb starlings—though there are indications of a potential epigenetic basis
284 (Rubenstein et al., 2016)—our results suggest that the two tactics face oscillating selection since
285 the relative lifetime inclusive fitness of the two tactics fluctuates in response to prenatal
286 environmental conditions. Ultimately, identifying the mechanism by which prenatal parental
287 effects lead to developmental differences that determine male reproductive tactics will be
288 important for understanding the role that environmentally-driven selection pressures play in
289 shaping behavioral polymorphisms in this and other social species.

290

291 In summary, we have shown that natal dispersal and philopatry in male cooperatively breeding
292 superb starlings represent two alternative reproductive tactics with equal fitness. The tactics are
293 mediated by parental effects during development and are likely maintained by oscillating
294 selection pressures characteristic of their variable and unpredictable savanna environment. Our
295 study suggests a direct link between environmental uncertainty, behavioral polymorphism, and
296 the evolution of mixed-kin animal societies that cannot be explained by kin selection alone. Our
297 work also underscores the importance of prenatal environmental conditions and parental effects
298 in determining offspring phenotype, especially in cooperative societies where early life

299 conditions have direct implications on the future fitness of both parents and offspring. Moreover,
300 the direct benefits derived from environmental selective pressures appear to play a significant
301 role in the evolution and maintenance of cooperative societies, alongside or in the absence of kin
302 selection. Ultimately, understanding how fluctuation in early life environmental conditions helps
303 mediate reproductive tradeoffs and lifetime fitness is critical in an era of rapid anthropogenic
304 climate change because climatic uncertainty is only likely to increase across much of the globe
305 for the foreseeable future.

306

307 **Materials and Methods**

308 *Data collection*

309 Nine superb starling social groups have been monitored continuously since 2001 at the Mpala
310 Research Centre, Kenya (0° 17'N 37° 52'E) (Rubenstein, 2016, 2006). Groups (mean size \pm SD
311 = 22 ± 12) defend stable territories year-round and consist of breeding (mean \pm SD = 2.70 ± 1.49
312 pairs per group) and non-breeding individuals, some of whom act as alloparents that guard
313 and/or provision young (Guindre-Parker and Rubenstein, 2018; Rubenstein, 2016). Birds breed
314 twice a year during the long (March-June) and short rains (October-November) (Rubenstein,
315 2016). We used data from the beginning of the 2003 long rains breeding season through the end
316 of the 2017 long rains breeding season ($N = 31$ breeding seasons over 15 years), since not all
317 birds in the study population were banded until 2003.

318

319 Birds were banded with a unique combination of colored leg bands and a numbered metal ring.
320 Hatchlings were banded in the nest at seven days of age; all other individuals were captured in
321 baited pull-string traps or mist nets and banded after fledging from the nest (Rubenstein, 2006).

322 If banded post-fledgling, age was assessed via eye color as juvenile (black eyes), sub-adult (less
323 than one year of age; cloudy eyes), or adult (one year of age or older; white eyes) (Guindre-
324 Parker and Rubenstein, 2020). Birth status (i.e., resident or immigrant) was assigned based on
325 age at banding and genetic parentage. Residents were either banded as hatchlings in the nest or
326 as juveniles whose parents were genetically identified as members of the same group using 15
327 microsatellite markers (Rubenstein, 2005). We also used the same microsatellite markers to
328 estimate (i) parentage and direct reproductive success in Cervus v3.0 (Kalinowski et al., 2007)
329 using methods described previously for this species (*sensu* Apakupakul and Rubenstein, 2015;
330 Rubenstein, 2007c, 2007d; Weinman et al., 2015) and (ii) pairwise relatedness (*sensu* Queller
331 and Goodnight, 1989) between all individuals with the R package *related* (Pew et al., 2015).
332 Immigrants were defined as those banded as juveniles or older whose parents were not
333 genetically identified as belonging to the same group. Sex was determined genetically (Griffiths
334 et al., 1998) as previously described for this species (Rubenstein, 2006).

335
336 We performed daily nest searches throughout the breeding season. Active nests were observed
337 with a spotting scope for 60-120 min per observation period (total observation time per nest:
338 mean \pm SD = 314.33 \pm 248.82 min). All superb starlings within 30 m of the nest were identified,
339 and their times of arrival and departure were recorded (Rubenstein, 2007d). Parents are the
340 primary nest builders, and only the mother incubates the eggs (Rubenstein, 2007d). All other
341 members of the social group seen visiting or guarding the nest were categorized as alloparents
342 (Guindre-Parker and Rubenstein, 2018).

343

344 Census data were used to estimate pre- and postnatal group size and sex ratio (calculated by
345 dividing the number of males by the sum of number of males and immigrant females in the
346 group to estimate potential mate competition). Groups were opportunistically censused year-
347 round and each individual marked as either present or absent in its social group twice a year in 6-
348 month increments. Individuals not seen for five or more breeding seasons (i.e. 2.5 years) were
349 assumed to be dead (Guindre-Parker and Rubenstein, 2020; Pollack and Rubenstein, 2015). We
350 inferred that the dispersal window for males is around one year of age using four lines of
351 evidence: (i) the modal age at which males disappear from their natal group; (ii) the categorical
352 age of immigrant males dispersing into the study population (< 1 year of age or ≥ 1 year of age);
353 (iii) the likelihood of males being detected in the census in their first year of life; and (iv) the
354 minimum age of first breeding by resident males (see *SI* for details). If a male was observed in its
355 natal group after one year of age, we classified it as a resident; if not, we classified it as having
356 dispersed. Although we could not completely distinguish between dispersal and mortality, the
357 positive relationship between likelihood of dispersal and prenatal rainfall (see *Results*) suggests
358 that these males did indeed disperse since we would have expected a negative relationship if
359 mortality were higher following harsh prenatal environmental conditions. Following the same
360 lines of evidence, immigrant males were assumed to have entered the group at about one year of
361 age (see *SI*). Since most immigrants into the study population are first detected in the period
362 between the short and long rains breeding seasons, we defined the postnatal period and dispersal
363 window as the pre-breeding season before an individual turned one year old. Ecological and
364 social conditions experienced by an individual during this period were termed postnatal factors.
365 In contrast, ecological and social conditions experienced by parents before the breeding season
366 of an individual's birth were termed prenatal factors.

367
368 Daily rainfall was measured using an automated Hydrological Services TB3 Tipping Bucket
369 Rain Gauge at Mpala Research Centre (Caylor et al., 2017), supplemented by a manual gauge at
370 the same location when the automated gauge failed (Rubenstein, 2011). To calculate pre- and
371 postnatal rainfall, we summed the rainfall between the two weeks after the last nest of the
372 previous breeding season through the two weeks before the first nest of the next breeding season
373 for each short or long rains breeding season (Fig. S1). This approach differs slightly from
374 previously published studies in this system that used a fixed time window to approximate
375 prenatal conditions (e.g., Guindre-Parker and Rubenstein, 2020; Rubenstein, 2007c; Rubenstein
376 et al., 2016) because here we are using data from both the long and short rains breeding seasons.

377
378 ***Data analysis***

379 For all analyses, we only used data from individuals for whom we had complete lifetime life
380 histories (386 of 1177 birds; 33% of banded individuals in the study population), excluding birds
381 that were born prior to 2003 when monitoring in all social groups began, as well as those that
382 were still alive in 2017. First, we examined patterns of male dispersal by quantifying the
383 proportion of immigrant adult males and females in the study population ($N_M = 162$, $N_F = 224$).
384 We determined how breeding opportunities were shared between immigrants and residents by
385 calculating the proportion of immigrant breeders of both sexes in the study population ($N_M = 59$,
386 $N_F = 121$).

387
388 Next, we investigated the effect of pre- and postnatal ecological and social factors on the
389 likelihood of a male dispersing using a general linear model (GLM) with a binomial error

390 structure and “logit” link function. We used the binomial response of reproductive tactic (1 =
391 dispersed, 0 = remained) as the dependent variable ($N_{dispersed} = 52$, $N_{remained} = 99$). Fixed effects in
392 the full model, which were standardized using z-scores (Schiezeth, 2010), included pre- and
393 postnatal rainfall, postnatal group size, and postnatal sex ratio. Since pre- and postnatal group
394 size and sex ratio were highly correlated (group size: $R^2 = 0.95$; sex ratio: $R^2 = 0.80$), we only
395 included postnatal group size and sex ratio in the final model. Including pre- instead of postnatal
396 group size and sex ratio in the model yielded qualitatively similar results. All two-way
397 interactions were included in the model, but later removed if their effect was not significant
398 (Engqvist, 2005). Since including breeding season and social group as random effects led to
399 singular model fits, they were excluded from the full model. We constructed models with all
400 possible combinations of the fixed effects and averaged the best-fitting models ($AICc < 2$)
401 (Grueber et al., 2011) using the functions “dredge” and “model.avg” in the R package *MuMIn*
402 (Bartoń, 2019) (Table S1). Furthermore, to investigate the relationship between alloparental care
403 provided by males prior to reaching one year of age and their subsequent reproductive tactic, we
404 used a Chi-square test to compare alloparental status (ever alloparent/never alloparent) and
405 reproductive tactic (dispersed/remained) for all natal males ($N = 155$).

406

407 Finally, we sought to understand the fitness consequences of the alternative reproductive tactics.
408 Although it was not possible to compare the fitness consequences of the alternative reproductive
409 tactics adopted by males born from same social group (since dispersers rarely remain within the
410 study population; only 3 males in 15 years), we compared access to reproductive opportunities,
411 reproductive success, lifetime inclusive fitness, and survivorship of resident and immigrant
412 males ($N_{Imm} = 59$, $N_{Res} = 103$). Previous studies of cooperatively breeding birds have used the

413 same approach (e.g., Green and Hatchwell, 2018). Access to reproductive opportunities was
414 quantified as: (i) the likelihood of a male ever breeding in its lifetime (Chi-squared test); (ii)
415 lifetime breeding effort, or the number of breeding attempts as a proportion of an individual's
416 adult lifespan (Mann-Whitney test with continuity correction); and (iii) for males that bred at
417 least once ($N_{Imm} = 30$, $N_{Res} = 29$), the age at first breeding (Mann-Whitney test with continuity
418 correction). To evaluate the likelihood of a male obtaining any reproductive success in their
419 lifetimes, we modeled the effect of birth status on nest success (1 = succeeded, 0 = failed) using
420 a GLM with a binomial error structure and “logit” link function ($N_{Succeeded} = 49$, $N_{Failed} = 229$).
421 Since some males nested multiple times in their lifetimes, we included individual as a random
422 effect in the model.

423

424 Following Green and Hatchwell (Green and Hatchwell, 2018), we calculated lifetime inclusive
425 fitness (I) as the sum of lifetime direct and indirect fitness according to the equation

426

$$427 \quad I = \left[\sum_{j=1}^J M_j ER - \frac{\sum_{j=1}^J \sum_{n=1}^{N_j} \sum_{m=1}^{M_j} e_{nj} r_{mnj}}{2} \right]_{direct\ fitness} + \left[\sum_{o=1}^O \sum_{m=1}^{M_o} e_o r_{mo} \right]_{indirect\ fitness} \quad (1),$$

428

429 where direct fitness was calculated as the product of the number of fledglings per nest (M_j),
430 paternal care effort ($E = 0.5$, the other half being attributed to the mother), and the mean
431 offspring-father relatedness ($R = 0.5$) summed over all successful nests (J), minus half of the
432 indirect fitness attributed to alloparents (the other half being subtracted from the mother's direct
433 fitness). Indirect fitness attributed to alloparents at each nest was calculated as the product of the
434 mean alloparental effort at a nest per social group per breeding season (e_{nj}) and the alloparent's
435 relatedness to the fledglings (r_{mnj}), summed over all fledglings (M_j) and alloparents at the nest

436 (N_j) for all successful nests (J). Alloparents with $r_{mnj} \leq 0$ received no indirect fitness. Indirect
437 fitness of the focal male was similarly calculated as the product of the mean alloparental effort
438 (e_o) and its relatedness to the fledglings (r_{mo}), summed over all of the nests he visited in his
439 lifetime (O). We used population means instead of individual measures of alloparental effort
440 because total observation time for nests varied. Alloparental effort was calculated as the
441 proportion of time an individual spent attending a nest (both guarding and bringing food) relative
442 to the length of the observation period (*sensu* Guindre-Parker and Rubenstein, 2018).

443

444 We compared the lifetime inclusive, direct, and indirect fitness of resident and immigrant males
445 using a Mann-Whitney test with continuity correction ($N_{Imm} = 59$, $N_{Res} = 103$). To determine
446 whether differences in reproductive access and success between resident and immigrant males
447 affected their lifetime inclusive fitness, we used GLMs to model the effect of lifetime breeding
448 effort and birth status on lifetime inclusive fitness of males. The first model had a binomial
449 response (zero/nonzero lifetime inclusive fitness) and a “logit” link function ($N_{Imm} = 59$, $N_{Res} =$
450 103). The second model had a continuous dependent variable of all nonzero inclusive fitness
451 observations ($N_{Imm} = 25$, $N_{Res} = 50$) with an “identity” link function and a gamma error
452 distribution. The fixed effects for both models were lifetime breeding effort and birth status.

453

454 We also built a GLM to investigate the lifetime fitness consequences of adopting the tactic not
455 predicted by the prevailing environmental conditions, with a binomial response variable
456 (zero/nonzero lifetime inclusive fitness) and prenatal rainfall and birth status as fixed effects
457 ($N_{Imm} = 53$, $N_{Res} = 99$). Although we did not have precise rainfall data from the immigrants’ natal
458 sites, we used monthly rainfall data from three sites within the dispersal radius (~30 km) of our

459 study population (Mpala Research Centre, MRC)—UHURU Central (12 km from MRC)
460 (Goheen et al., 2013), UHURU North (20 km from MRC) (Goheen et al., 2013), and Nanyuki
461 (38 km from MRC) (East African Livestock Early Warning System)—to demonstrate high
462 spatiotemporal correlation of prenatal rainfall for immigrant and natal males (Table S2).
463 Nonetheless, to take a more conservative approach, we used a categorical measure based on
464 mean long-term prenatal rainfall at Mpala Research Centre (low prenatal rainfall: rainfall < long-
465 term mean; high prenatal rainfall: rainfall > long-term mean).

466
467 Finally, we used a time-varying Cox proportional hazard model to determine whether birth status
468 affected male survival ($N_{Imm} = 59$, $N_{Res} = 103$) (*sensu* Guindre-Parker and Rubenstein, 2020).

469 The model was built using the R package *survival* (Therneau, 2020). We checked that our dataset
470 did not violate the proportional hazard assumption using the “cox.zph” function. We performed
471 all data analysis in R (R Core Team, 2019).

472

473 **Data Availability.** Data and R code are available on Dryad at

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475

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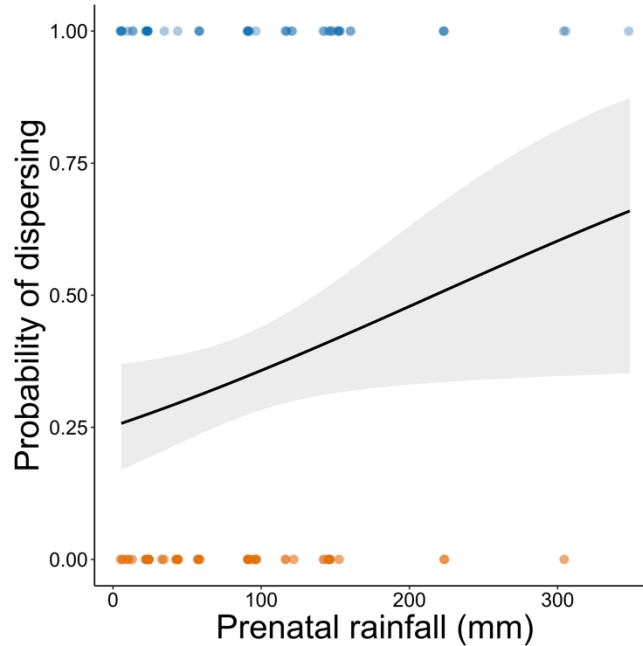
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704

705 **Figures**

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709

710 **Figure 1. Effect of prenatal rainfall on the probability of male superb starlings dispersing**

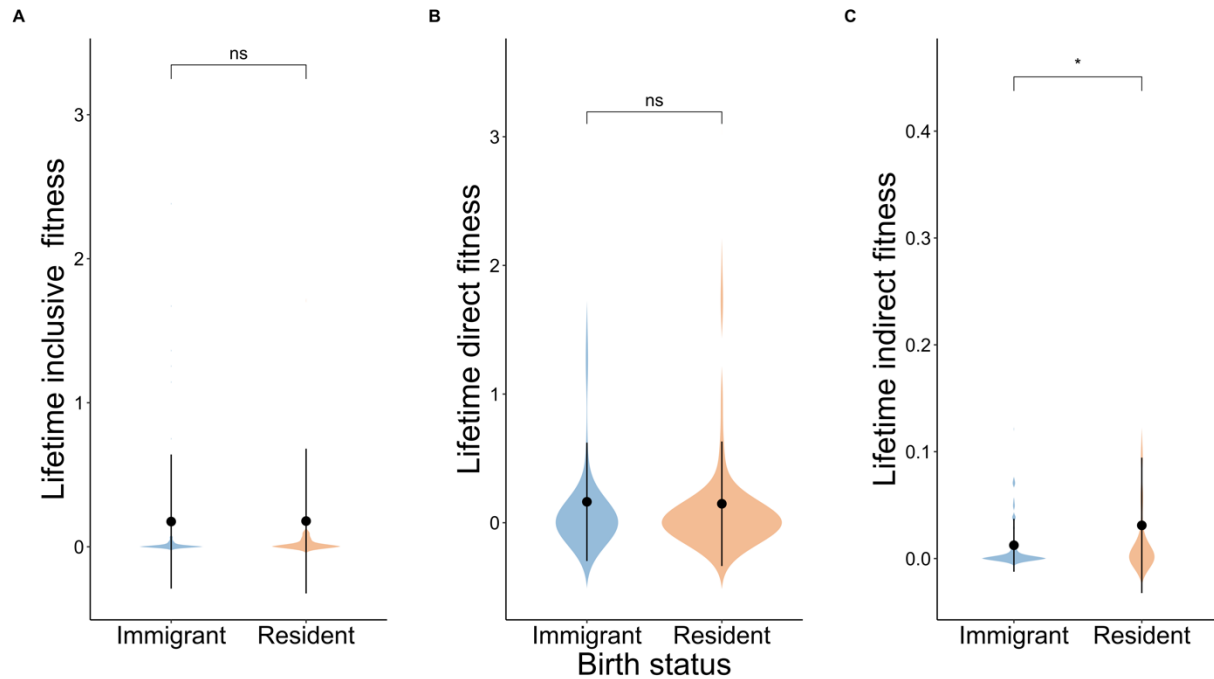
711 **from their natal groups.** Males were more likely to disperse when born following periods of

712 higher prenatal rainfall ($N = 151$, $P = 0.049$). Model estimate (solid line) is bounded by the 95%

713 confidence interval (shaded areas). Circles indicate raw data (blue = dispersed, orange =

714 remained).

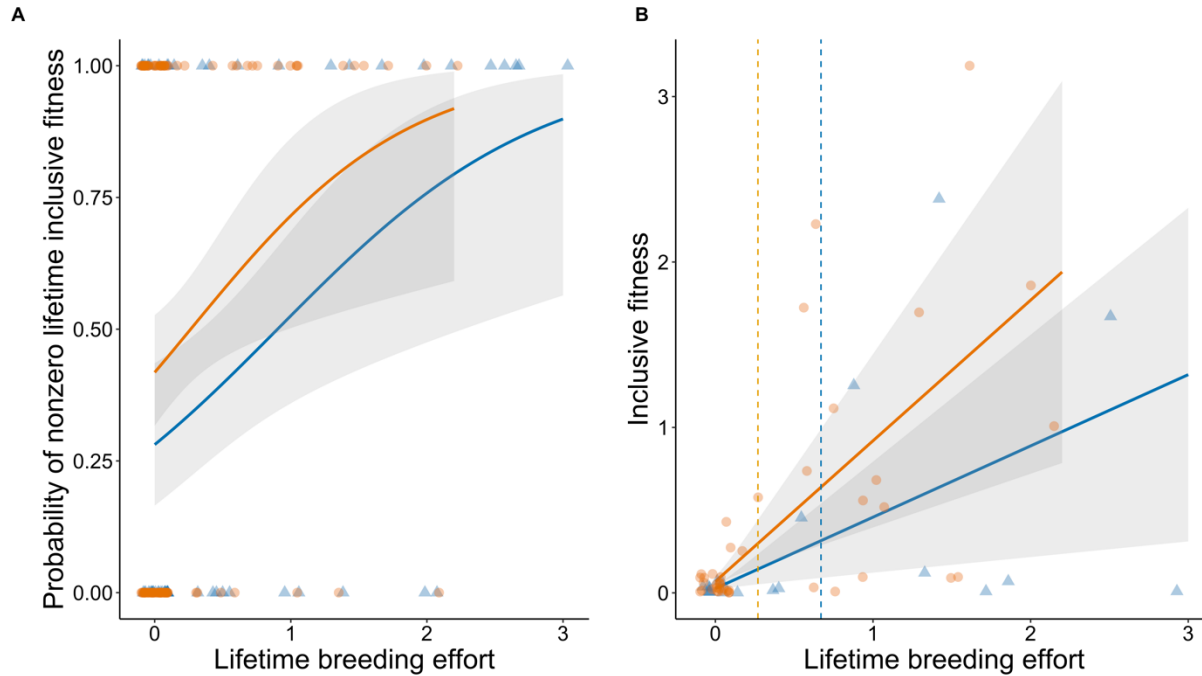
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718 **Figure 2. Mean lifetime fitness of immigrant and resident male superb starlings.** Immigrant
719 and resident males ($N_{Imm} = 59$, $N_{Res} = 103$) have equal lifetime (A) inclusive ($P = 0.43$), and (B)
720 direct ($P = 0.66$) fitness, though residents have higher (C) indirect fitness ($P = 0.05$). Black dots
721 represent means and error bars denote standard deviation. Shaded areas are kernel probability
722 densities illustrating the distribution of the data.



723

724 **Figure 3. Effect of reproductive tradeoffs on lifetime inclusive fitness of male superb**

725 **starlings.** The effect of lifetime breeding effort and birth status (immigrants = blue, triangles;

726 residents = orange, circles) on (A) the probability of accruing any nonzero lifetime inclusive

727 fitness ($N = 161$), and (B) the value of nonzero lifetime inclusive fitness ($N = 74$). For

728 visualization purposes, we excluded one individual with lifetime breeding effort greater than

729 three standard deviations above the mean; this individual was included in the statistical analysis,

730 though excluding it did not alter the results. Lifetime breeding effort (i.e., the number of

731 breeding attempts as a proportion of an individual's adult lifespan), but not birth status, affected

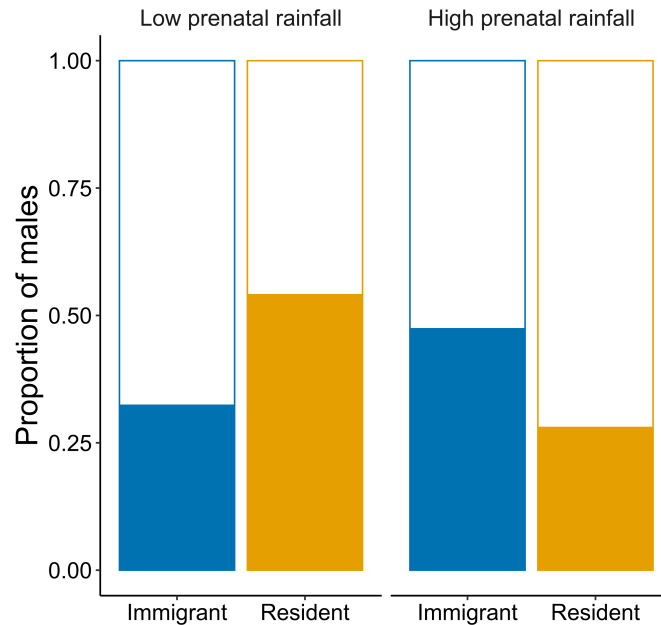
732 a male's likelihood of accruing some nonzero inclusive fitness during his lifetime ($P < 0.001$).

733 However, among males with some lifetime inclusive fitness, residents accrued higher inclusive

734 fitness than immigrants for the same amount of lifetime breeding effort ($P = 0.04$). Model

735 estimates (solid lines) are bound by 95% confidence intervals (shaded areas). Points indicate raw

736 data. Dashed vertical lines indicate mean lifetime breeding effort.



737

738 **Figure 4. Fitness consequences of male superb starlings adopting the tactic not predicted by**

739 **the prevailing prenatal environmental conditions.** The effect of prenatal rainfall and birth

740 status (immigrants = blue, residents = orange) on the probability of accruing any nonzero

741 lifetime inclusive fitness (fill = nonzero fitness, no fill = zero fitness) ($N = 152$). Immigrants

742 were more likely to accrue nonzero lifetime inclusive fitness when born following periods of

743 high prenatal rainfall, whereas residents were more likely to accrue nonzero lifetime inclusive

744 fitness when born following periods of low prenatal rainfall ($P = 0.03$).

745 **Table 1. Factors affecting dispersal decisions of natal males.** Model-averaged coefficients
746 (full average) of best fit general linear models ($AIC_c < 2$) with a binomial response (dispersed
747 vs. remained) variable for natal males ($N = 151$). Since pre- and postnatal sex ratio and group
748 size are highly correlated, we only included the latter in the final full model.
749

Effect	Estimate	Std. Error	Adjusted Std. Error	Z value	95% CI	p-value
Intercept	-0.63	0.17	0.18	3.59	-0.97 -0.28	<0.001
Prenatal rainfall	0.36	0.18	0.18	1.97	0.002 0.72	0.049
Postnatal sex ratio	-0.02	0.09	0.09	0.24	-0.45 0.24	0.81
Postnatal group size	0.02	0.08	0.08	0.19	-0.26 0.43	0.85
Postnatal rainfall	0.01	0.09	0.09	0.15	-0.32 0.47	0.88

750

751 **Table 2. Effects of lifetime breeding effort and birth status on lifetime inclusive fitness of**
752 **males.** Results of general linear models with a (A) binomial (zero vs. nonzero) ($N = 162$) and
753 (B) continuous, positive ($N = 75$) response variable for lifetime inclusive fitness of males.

(A) Response variable: binomial (zero/nonzero) lifetime inclusive fitness

Effect	Estimate	Std. Error	Z value	95% CI		p-value
Intercept	-0.98	0.33	-2.97	-1.66	-0.35	0.003
Lifetime breeding effort	1.12	0.30	3.72	0.58	1.77	<0.001
Birth status	0.67	0.37	1.82	-0.04	1.42	0.07

(B) Response variable: continuous, positive lifetime inclusive fitness

Effect	Estimate	Std. Error	t value	95% CI		p-value
Intercept	0.03	0.01	2.45	0.01	0.06	0.02
Lifetime breeding effort	0.62	0.14	4.37	0.40	1.00	<0.001
Birth status	0.04	0.02	2.07	-0.005	0.08	0.04

754

755 **Table 3. Effects of male superb starlings adopting the tactic not predicted by the prevailing**
756 **prenatal ecological conditions on the likelihood of gaining nonzero inclusive fitness during**
757 **their lifetimes.** Results of a general linear model with a binomial response (zero vs. nonzero
758 lifetime inclusive fitness) variable for males ($N = 152$). Since including breeding season and
759 social group as random effects led to singular model fits, they were excluded from the full
760 model.

761

Effect	Estimate	Std. Error	Z value	95% CI		p-value
Intercept	-0.74	0.36	-2.01	-1.50	-0.04	0.04
Categorical prenatal rainfall	0.63	0.59	1.08	-0.52	1.80	0.28
Birth status	0.90	0.43	2.07	0.06	1.78	0.04
Categorical prenatal rainfall x Birth status	-1.74	0.77	-2.25	-3.29	-0.24	0.02

762

Supplementary Information for

Prenatal environmental variation, alternative reproductive tactics and the formation of a mixed-kin cooperative society

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This PDF file includes:

Supplementary Information Text

Figures S1 to S4

Table S1 to S2

SI References

Supplementary Information Text

Methods. We inferred age of dispersal of males indirectly using four lines of evidence: (i) the modal age at which males disappear from their natal group ($N = 155$); (ii) the categorical age of immigrant males dispersing into the study population (< 1 year of age or ≥ 1 year of age) ($N = 97$); (iii) the likelihood of males being detected in the census in their first year of life ($N = 103$); and (iv) the minimum age of first breeding by resident males ($N = 29$). We found that (i) 33% of natal males disappeared within the first six months of hatching (Fig. S2A). If six months is the modal age of dispersal, most immigrants into the study population should be in juvenile or sub-adult (< 1 year of age) plumage. However, (ii) 90% of male immigrants into the study population were in adult plumage (i.e., ≥ 1 year of age) (Fig. S2B). Thus, we reasoned that natal males disperse at 1 year of age but the majority of them are likely missed in the census during the one breeding season they spend in their natal group before they disperse, largely because of our methods for performing censuses. Since our census effort is mostly opportunistic, it is common for individuals to be missed for multiple breeding seasons before being seen again, especially if they did not breed or act as an alloparent (Guindre-Parker and Rubenstein, 2020). We found that (iii) of all the males that remained in their natal group past 1 year of age, 64% were missed in the census at age 0.5 years (six months). Further, the likelihood of missing individuals was higher in the period preceding the short breeding seasons (70%) than in the period preceding the long breeding seasons (48%), which directly matches the variation in census effort. Finally, when we set age of dispersal as 1 year, 52 of 155 natal males (34%) were classified as “dispersed” in our dataset, a proportion that closely matches the proportion of male immigrants in the study population (see *Results*) and gives us more confidence in our inference of dispersal age. Moreover, (iv) the minimum age of first breeding by resident males was at one and a half years

old, further suggesting that males are reproductively immature in their first year of life and may thus disperse at around one year of age. While we cannot confirm that males dispersed, not died, the increased likelihood of dispersal following benign prenatal conditions (see *Results*) suggests that these males did indeed disperse, since mortality would be higher following harsher conditions.

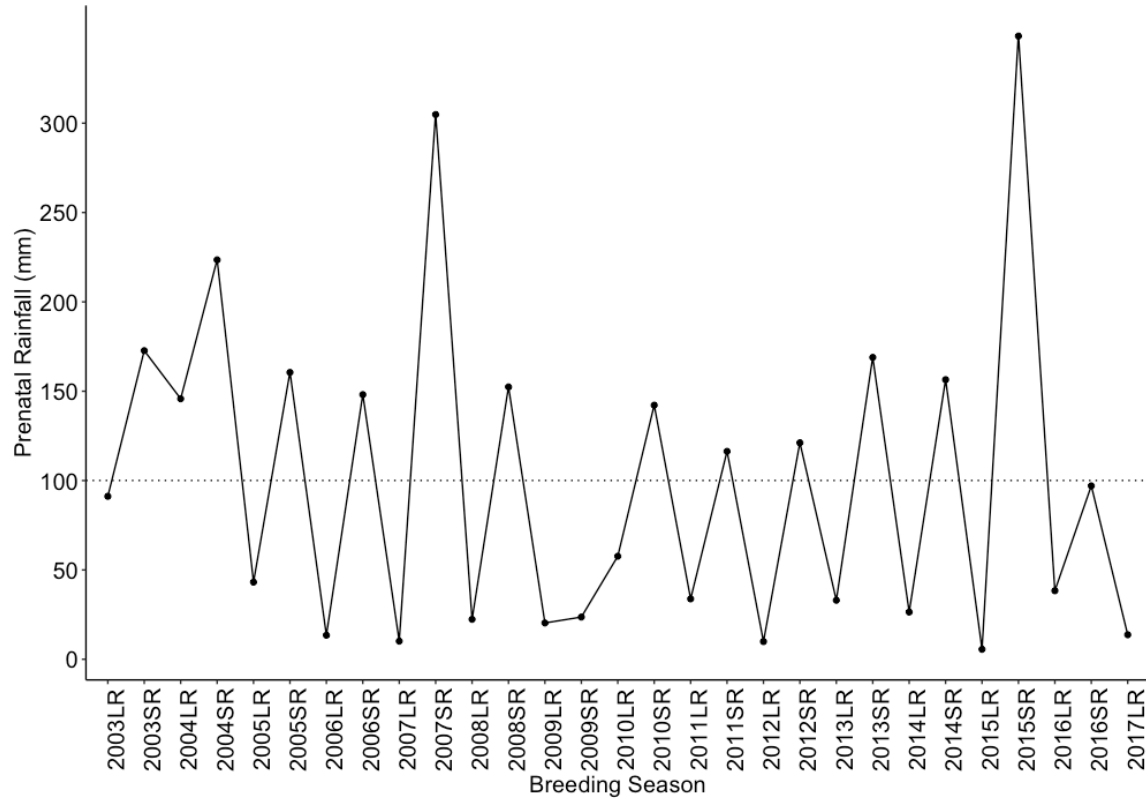


Figure S1. Variation in prenatal rainfall during the study period. Superb starlings in the study population breed twice a year in the long (LR) and short (SR) breeding seasons. Dotted line indicates the mean level of prenatal rainfall during the study period.

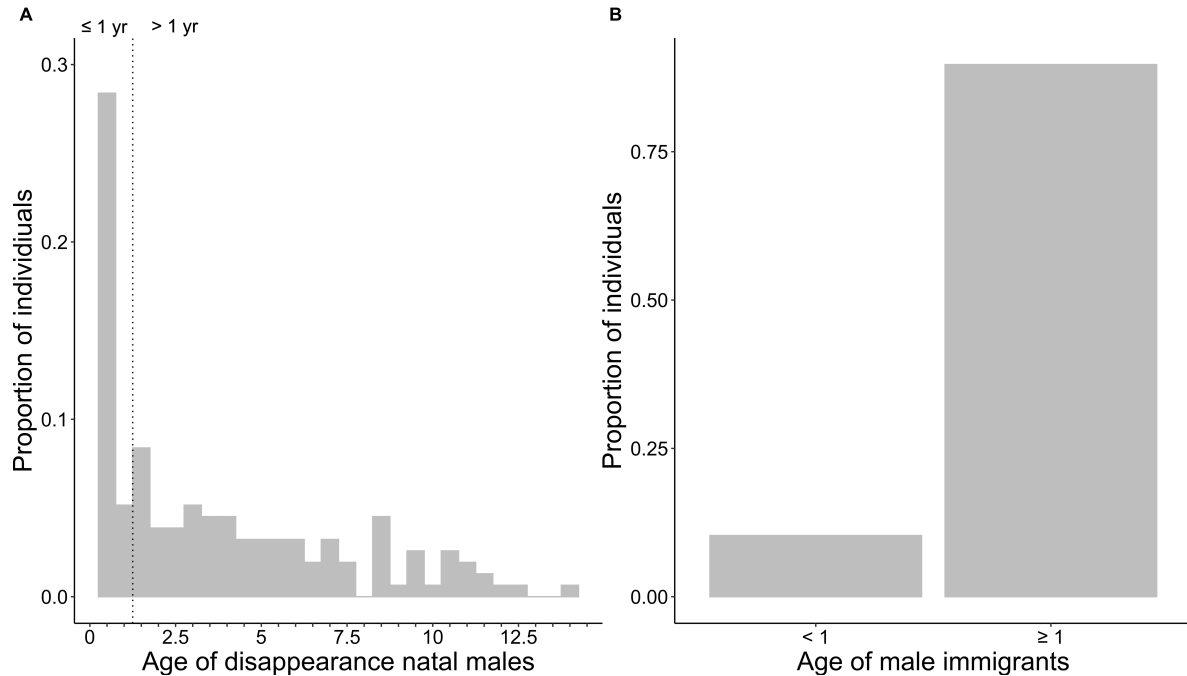


Figure S2. Evidence for age of dispersal of male superb starlings. (A) The modal age of disappearance of natal males is six months ($N = 155$). Age is in 0.5-year (six month) increments. However, (B) the majority of immigrant males are caught in adult plumage (≥ 1 year of age) ($N = 97$). Thus, we concluded that males disperse at 1 year of age and are likely missed in the census during the one breeding season they spend in their natal group before dispersing.

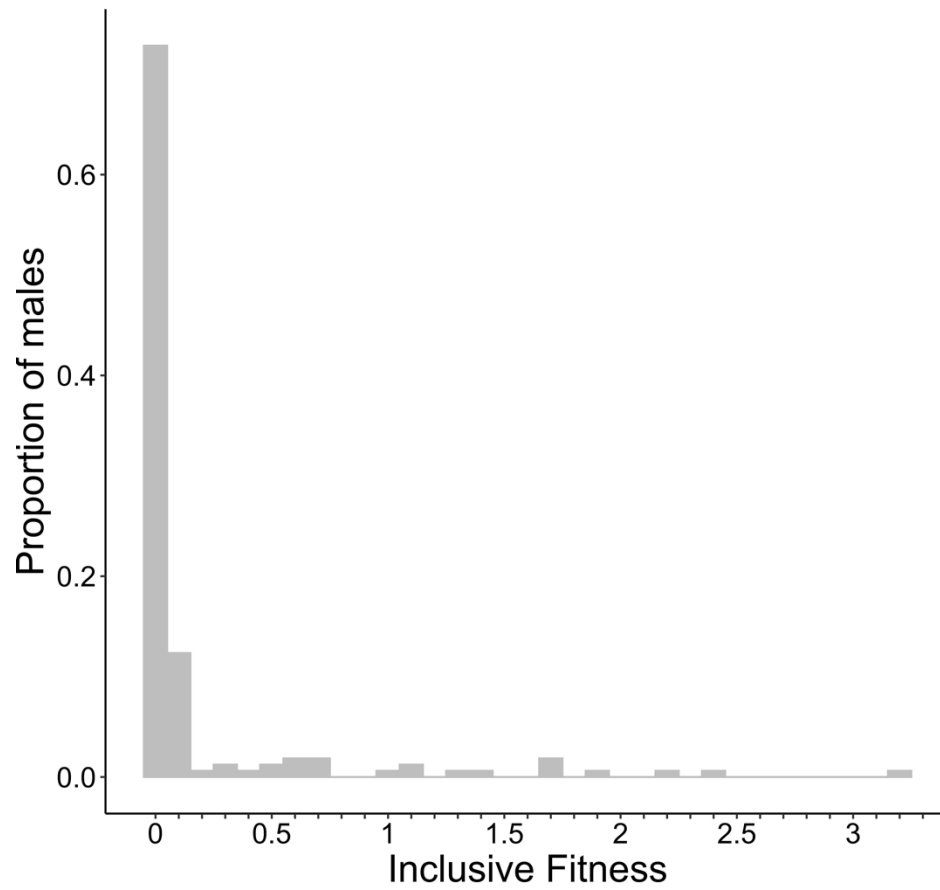


Figure S3. Lifetime inclusive fitness of male superb starlings. Histogram shows the distribution of lifetime inclusive fitness of males ($N = 162$).

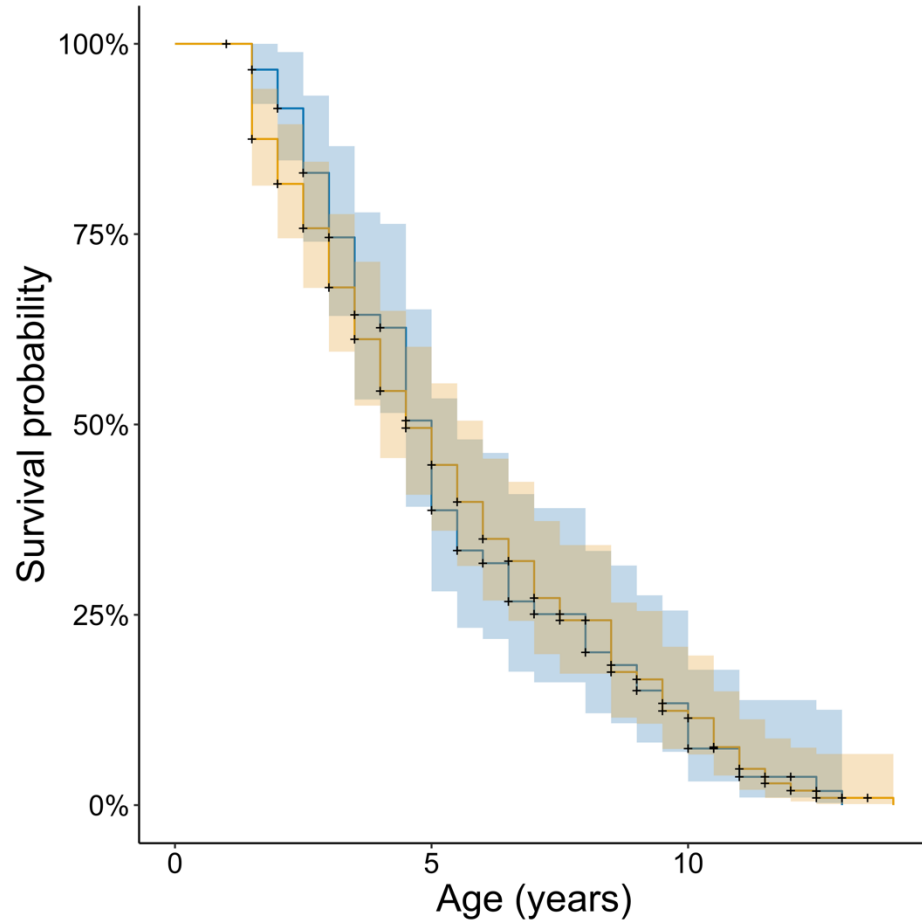


Figure S4. Survivorship of resident and immigrant male superb starlings. Male survival did not differ by birth status (immigrants = blue, residents = orange) ($N_{Imm} = 59$, $N_{Res} = 103$, $P = 0.97$). Model estimates (solid lines) are bound by 95% confidence intervals.

Table S1. Model ranking for factors affecting dispersal decision of natal males using an information theoretic approach. “x” indicates predictors used as fixed effects in the model.

Since pre- and postnatal group size and sex ratio were highly correlated, we only included the latter in the full model. Since including breeding season and social group as random effects led to singular model fits, they were excluded from the full model. Models are ranked by AICc score (Akaike Information Criterion corrected for small sample sizes) and arranged in order from best to worst fit.

Model	Intercept	Postnatal group size	Prenatal rainfall	Postnatal Rainfall	Postnatal sex ratio	df	ΔAICc
m3	x		x			2	0.00
m11	x		x		x	3	1.69
m4	x	x	x			3	1.84
m7	x		x	x		3	1.94
m1	x					1	2.36
m5	x			x		2	2.82
m12	x	x	x		x	4	3.37
m15	x		x	x	x	4	3.68
m8	x	x	x	x		4	3.70
m9	x				x	2	3.72
m2	x	x				2	4.20
m6	x	x		x		3	4.34
m13	x			x	x	3	4.37
m16	x	x	x	x	x	5	5.26
m10	x	x			x	3	5.34
m14	x	x		x	x	4	5.61

Table S2. Correlation in rainfall between sites within dispersal radius of the study site.

Numbers represent R^2 values of correlation of monthly rainfall (2008-2017; $N = 103$) between three sites within the approximate dispersal radius of the study site, Mpala Research Centre (MRC); UHURU Central (12 km), UHURU North (20 km), and Nanyuki (38 km).

	MRC	UHURU Central	UHURU North	Nanyuki
MRC	-	-	-	-
UHURU Central	0.85	-	-	-
UHURU North	0.82	0.87	-	-
Nanyuki	0.78	0.73	0.70	-

SI References

Guindre-Parker S, Rubenstein DR. 2020. Survival benefits of group living in a fluctuating environment. *Am Nat* **195**:1027–1036. doi:10.1086/708496