1	TERRA transcription destabilizes telomere integrity to initiate break-induced replication		
2	in human ALT cells.		
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18 ABSTRACT

Alternative Lengthening of Telomeres (ALT) is a Break-Induced Replication (BIR)-based 19 mechanism elongating telomeres in a subset of human cancer cells. While the notion that 20 spontaneous DNA damage at telomeres is required for ALT to occur, the molecular 21 triggers of this physiological telomere instability are largely unknown. We previously 22 proposed that the telomeric long noncoding RNA TERRA may represent one such trigger; 23 however, given the lack of tools to suppress TERRA transcription in cells, our hypothesis 24 remained speculative. We have now developed Transcription Activator-Like Effectors able 25 to rapidly inhibit TERRA transcription from multiple chromosome ends in an ALT cell line. 26 TERRA transcription inhibition decreases marks of DNA replication stress and DNA 27 damage at telomeres and impairs ALT activity and telomere length maintenance. We 28 conclude that TERRA transcription actively destabilizes telomere integrity in ALT cells, 29 thereby initiating BIR and supporting telomere elongation. Our data point to TERRA 30 transcription manipulation as a potentially useful target for therapy. 31

33 INTRODUCTION

Transcription of telomeric DNA into the long noncoding RNA TERRA is an evolutionarily 34 conserved feature of eukaryotic cells with linear chromosomes¹. RNA polymerase II 35 produces TERRA proceeding from subtelomeric regions towards chromosome ends and 36 using the C-rich telomeric strand as a template. As a result, TERRA molecules comprise 37 chromosome-specific subtelomeric sequences followed by a variable number of 38 telomeric UUAGGG repeats²⁻⁴. TERRA is found either dispersed throughout the 39 nucleoplasm or associated with telomeric chromatin, as well as other genomic loci that 40 contain or not telomeric DNA repeats⁴⁻⁷. The molecular mechanisms mediating TERRA 41 retention on chromosomes still need to be fully elucidated; however, the propensity of 42 TERRA to form RNA:DNA hybrids with its template DNA strand (telomeric R-loops or telR-43 loops)⁸⁻¹¹ and the physical interaction of human TERRA with the shelterin factors TRF1 44 and TRF2^{12,13} suggest that TERRA association with telomeric DNA-containing loci involves 45 RNA/DNA and RNA/protein interactions. 46

The chromosomal origin of human TERRA is controversial. Using RT-PCR and 47 Illumina sequencing, independent laboratories reported on the existence of TERRA 48 molecules originating from a multitude of chromosome ends^{3,14-19}. Consistently, we 49 previously identified CpG dinucleotide-rich tandem repeats of 29 bp displaying promoter 50 activity and located on approximately half of chromosome ends². 29 bp repeats are 51 positioned at variable distances from the first telomeric repeat and their transcriptional 52 activity is repressed by CpG methylation². Moreover, transcription factor binding sites 53 exist on multiple subtelomeres and inactivation of some of them alter TERRA levels in 54 cells^{14,20-22}. However, work from the Blasco laboratory, based on reanalysis of TERRA 55 Illumina sequencing and molecular and cell biological validation experiments, posed that 56 human TERRA is mainly transcribed from one unique locus on the long arm of the 57 chromosome 20 (20q) subtelomere^{23,24}. The same group used CRIPSR/Cas9 to delete a 58 8.1 kb fragment from the 20q subtelomere comprising 4 putative promoters in U2OS 59 osteosarcoma cells and isolated several clonal lines (20q-TERRA KO cells). Seemingly 60

supporting the proposed origin of TERRA, 20q-TERRA KO cells displayed substantially
 diminished total TERRA levels when compared to parental cells^{23,24}.

TERRA is involved in several telomere-associated processes including telomerase 63 recruitment and regulation, telomeric DNA replication, telomeric heterochromatin 64 establishment, response to DNA damage at telomeres and replicative senescence 65 establishment¹. Our laboratory and others have implicated TERRA also in telomere 66 elongation in telomerase-negative cancer cells with an activated Alternative Lengthening 67 of Telomeres (ALT) mechanism^{8,9,24,25}. ALT is a specialized pathway repairing and thus re-68 elongating damaged telomeres through Break-Induced Replication (BIR) occurring in the 69 G2 and M phases of the cell cycle and requiring the DNA polymerase delta accessory 70 subunits POLD3 and POLD4²⁵⁻²⁹. Consistent with a function for TERRA in ALT, human ALT 71 cells, including U2OS, are characterized by elevated telomeric transcription and TERRA 72 levels, in part owed to hypomethylation of 29/37 repeats, and abundant telR-loops^{2,8,15}. 73 Moreover, the RNA:DNA endoribonuclease RNaseH1 and the ATPase/helicase FANCM 74 dismantle telomeric R-loops and FANCM restricts total TERRA levels specifically in ALT 75 cells. Because RNaseH1 and FANCM inactivation increases telomere instability and ALT 76 activity, while their over-expression alleviates ALT^{8,9,30,31}, we proposed that a 77 physiological damage triggered by TERRA/telR-loops at ALT telomeres may provide the 78 substrate for BIR-mediated telomere elongation^{8,9,32,33}. However, due to a lack of tools to 79 rapidly suppress TERRA transcription in cells, our hypothesis remained speculative. 80 Further challenging our hypothesis, 20q-TERRA KO cells show increased telomeric 81 localization of the DNA damage factors γ H2AX and 53BP1 and telomeric fusions²⁴, which 82 has been interpreted as evidence for TERRA capping, rather than destabilizing, telomeres 83 in ALT cells. 84

86 **RESULTS**

87 Development of Transcription Activator-Like Effectors binding to 29 bp repeats.

To assess the short-term impact of TERRA transcription on telomere stability in ALT cells 88 we engineered Transcription Activator-Like Effectors (TALEs)³⁴ targeting a 20 bp sequence 89 within the 29 bp repeat consensus² (herein referred to as T-TALEs; Fig. 1a). Variable 90 numbers of exact 20 bp sequences are found within the last 3 kb of 20 different 91 subtelomeres (3p, 5p, 9p, 12p, 16p, 19p, 1q, 2q, 4q, 5q, 6q, 10q, 11q, 13q, 15q, 16q, 19q, 92 21g, 22g, and Xg/Yg). T-TALEs were C-terminally fused to a strong nuclear localization 93 signal (NLS), four transcription repressor domains of the mSIN3 interaction domain 94 (Enhanced Repressor Domain, SID4X) and a human influenza hemagglutinin (HA) epitope 95 (Fig. 1a). T-TALEs not fused to SID4X were used as controls. Transgenes were cloned 96 97 downstream of a doxycycline (dox) inducible promoter and stably integrated into U2OS cells expressing the tetracycline repressor protein. Several clonal cell lines were isolated 98 in absence of dox and successively tested for dox-induced T-TALE expression by western 99 blot and indirect immunofluorescence (IF) using anti-HA antibodies. Two independent cell 100 lines for SID4X-fused T-TALEs (sid1 and sid4) and two for unfused T-TALEs (nls1 and nls3) 101 were chosen for further experiments because: i) transgene expression was almost 102 undetectable in absence of dox; and ii) dox treatments induced expression of ectopic 103 104 proteins homogeneously distributed across the cell population, properly localized to the nucleus and at fairly similar levels in the four cell lines (Fig. 1a, S1a and b). 105

To confirm T-TALE binding specificity, we treated nls3, sid4 and parental U2OS 106 cells with dox for 24 hours and performed chromatin immunoprecipitations (ChIPs) with 107 anti-HA antibodies followed by qPCR using oligonucleotide amplifying subtelomeric 108 sequences from several chromosome ends either containing or not 29 bp repeat 109 sequences (29 bp+ and 29 bp-, respectively). DNA in very close proximity of 29 bp repeats 110 on chromosomes 10q, 15q and XYq subtelomeres was enriched in nls3 and sid4 ChIP 111 samples over parental U2OS samples. The enrichment diminished for sequences more 112 distant from the 29 bp repeats on the same subtelomeres (Fig. 1b). On the contrary, no 113 enrichment was observed for DNA from 29 bp- subtelomeres (XYp and 12q), the 114

centromere of the X chromosome, centromeric alphoid repeats and the beta Actin or U6

gene loci (Fig. 1b). This confirms that T-TALEs specifically bind to 29 bp repeat.

117

118 T-TALEs rapidly suppress TERRA transcription from 29 bp repeat-containing 119 chromosome ends.

To test the functionality of T-TALEs, we treated cells with dox for 24 hours and performed 120 RT-qPCR to measure TERRA levels from 29 bp+ (9Xq, 10q, 15q and 16p) and 29 bp- (10p, 121 12g, 20g and XYp) subtelomeres. In sid1 and sid4 cells, TERRA from 29 bp+ subtelomeres 122 was greatly reduced while TERRA from 29 bp- was not affected. In nls1 and 3 cells, no 123 significant change in TERRA levels was observed at any chromosome ends (Fig. 1c). 124 Fluorescence-activated cell sorting (FACS) of propidium iodide (PI)-stained cells did not 125 126 reveal cell cycle profile alterations in dox-treated nls and sid cells as compared to untreated controls (Fig. S2a and b); this indicates that the TERRA decrease observed in 127 sid1 and sid4 cells is not an indirect consequence of a disturbed cell cycle progression. 128 Further supporting this notion, in ALT cells, TERRA levels do not diminish when the cell 129 cycle progresses from S to G2 phases, as typical in telomerase positive cells^{4,35}. Hence, 130 our TALE-based system can efficiently and specifically inhibit TERRA transcription from 29 131 bp promoter repeats. Notably, because TERRA transcription from 29 bp- chromosome 132 ends is not affected in dox-treated sid cells, an immediate cross-talk between the 133 transcriptional state of independent telomeres appears not to exist in U2OS cells. 134 However, a larger number of ends would need to be tested to corroborate this conclusion. 135

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137 **TERRA transcription suppression alleviates telomere instability.**

To probe the effects of TERRA transcription inhibition on telomere stability, we performed indirect immunofluorescence (IF) using antibodies against the single-stranded DNA binding protein RPA32, RPA32 phosphorylated at serine 33 (pSer33) or γH2AX combined with either telomeric DNA fluorescence in situ hybridization (FISH) or IF against the shelterin component TRF2. RPA32 and pSer33 were used as markers of DNA replication stress, while γH2AX as a broad DNA damage marker. Dox treatments diminished the

telomeric localization of both RPA32 variants in sid1 and sid4 cells (Fig. 2a and b, Fig. S3) 144 already at 24 hours after drug delivery. A slightly sharper decrease was observed for total 145 RPA32 than for pSer33, suggesting that a fraction of the protein binds to telomeres 146 independently of serine 33 phosphorylation or that the protein undergoes 147 dephosphorylation while still telomere-bound. Similarly, dox treatments diminished the 148 149 frequencies of γ H2AX co-localization with telomeres in sid1 and sid4 cells (Fig. 2a and b, Fig. S3). Dox treatments did not alter co-localization frequencies for any of the tested 150 markers in nls1 and nls3 cells (Fig. 2a and b, Fig. S3). Moreover, dox did not affect the 151 total cellular levels of RPA32, pSer33, γH2AX and TRF2 nor did it impair RPA32 and H2AX 152 phosphorylation when cells were simultaneously treated with the damaging agent 153 154 camptothecin (Fig. S1b). Hence, all changes observed in dox-treated sid1 and sid4 cells do 155 not derive from altered protein cellular levels or from a compromised DNA damage response. Alterations in cell cycle distribution also cannot account for the observed 156 changes in RPA32, pSer33 and γ H2AX at telomeres (Fig. S2a and b). 157

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159 **TERRA transcription suppression inhibits ALT activity and telomere maintenance.**

According to our model, diminished telomere instability should weaken ALT activity. To 160 test this, we first quantified ALT-associated PML bodies (APBs) by combining IF with an 161 anti-PML antibody and telomeric DNA FISH. APBs diminished in sid1 and sid4 but not in 162 nls1 and nls3 cells already 24 hours after adding dox (Fig. 3a and b, Fig. S3). We then 163 synchronized cells at the G1/S transition and let them progress from S-phase to G2 in 164 165 presence of dox and the Cdk1 inhibitor RO-3306. Cells were pulsed with EdU during the 166 last 2.5 hours of treatment and subjected to EdU detection combined with telomeric DNA FISH. Dox did not affect the frequencies of EdU co-localization with telomeric DNA in nls1 167 and nls3 cells, while it substantially diminished them in sid1 and sid4 cells (Fig. 3a and b, 168 169 Fig. S3). This suggests that dox treatments reduced telomeric BIR is in G2 synchronized sid cells. Consistently, as shown by double IF experiments, dox diminished the frequencies 170 of POLD3 co-localization with the shelterin component RAP1 in sid1 and sid4, but not in 171 172 nl1 and nls3 G2 cells (Fig. 3a and b, Fig. S3). Changes in APBs and POLD3 telomeric localization occurred in absence of changes in PML, POLD3 and RAP1 total protein levels
(Fig. S1b). Moreover, dox treatments did not affect the efficiency of our synchronization
protocol (Fig. S2a and b). Thus, the decline in ALT features observed in sid1 and sid4 cells
cannot be ascribed to altered protein levels or differences in the fraction of cells in G2
phase.

As additional markers for ALT activity, we also guantified C-circles, which are 178 circular telomeric DNA molecules with exposed single stranded C-rich tracts, and 179 telomeric sister chromatid exchanges (TSCEs)²⁶. C-circle assays with total genomic DNA 180 did not disclose consistent changes in sid1, nls1 and sid4 cells treated with dox for up to 181 72 hours. In nls3 cells, C-circle levels diminished after 24 hours of treatment and started 182 to recover at later timepoints (Fig. S4a and b). Chromosome orientation FISH (CO-FISH) 183 184 on nls3 and sid4 metaphase chromosomes did not detect significant changes in TSCE frequencies associated with dox treatments in either cell line (Fig. 4a-c). However, we 185 noticed unequal distribution of leading and lagging strand signals at several chromosome 186 ends. Thus, we also quantified the occurrence of sister telomeres with 2 leading and one 187 lagging strand signals (double leading or DLead) and with 2 lagging and one leading strand 188 signals (double lagging or DLagg). DLagg telomeres were not affected by dox treatments 189 in both cell lines, while DLead telomeres were more than halved in sid4 but not nls3 dox-190 191 treated cells as compared to untreated controls (Fig. 4a-c).

Alleviation of ALT activity should translate into impaired telomere elongation and 192 progressive loss of telomeric DNA. We treated cells with dox over a prolonged time course 193 and analyzed telomeres by telomeric DNA FISH on metaphase chromosomes. TERRA 194 transcription suppression in sid 1 and sid4 cells was maintained throughout the entire 195 time course (data not shown). A progressive, statistically significant accumulation of 196 telomere free ends (TFEs) was observed in sid1 and sid4 cells treated with dox for up to 197 15 and 9 days, respectively (Fig. 5a and b). Conversely, no significant change in TFEs was 198 observed in nls3 cells during the tested time course (Fig. 5a and b). 199

201 DISCUSSION

We have developed an efficient system to suppress TERRA transcription from several 202 chromosome ends in an ALT cell line. Importantly, rapid suppression of TERRA 203 204 transcription across a cell population provides the critical advantage to study the immediate consequences on telomere homeostasis, avoiding secondary effects 205 associated with clonal selection and expansion after TERRA inhibition. Our data clearly 206 establish that TERRA transcription inhibition impairs accumulation of DNA instability 207 markers (RPA32 and γ H2AX) at telomeres, weakens ALT features (APBs and PLD3-208 dependent synthesis of telomeric DNA in G2 cells) and causes TFE generation. We 209 propose that, in ALT cells, TERRA transcription is a major trigger of replication stress-210 associated telomere instability and, in turn, BIR-mediated telomere elongation. The only 211 partial decrease in telomere instability and ALT activity observed in dox-treated sid1 and 212 213 sid4 cells is most likely explained by the fact that T-TALEs only target a subset of telomeres and/or the existence of additional telomere instability triggers, for example G-quadruplex 214 structures²⁵. Based on previous studies on RNAseH1 and FANCM^{8,12} and the ability of R-215 loops to induce DNA instability³⁶, it seems likely that TERRA transcription causes 216 replication stress by stalling the replication fork through telR-loop formation. It is also 217 possible that telomere instability derives from the collision between TERRA transcription 218 and telomeric replication forks. Importantly, our data argue against the notion that TERRA 219 caps ALT telomeres, as it was previously proposed based on the massive accumulation of 220 telomeric DNA damage in 20q-TERRA KO cells²⁴. On the contrary, TERRA transcription 221 actively destabilizes the integrity of ALT telomeres to support their elongation and cell 222 immortality. In our view, the telomeric DNA damage detected in U2OS 20q-TERRA KO 223 cells originates from the very short telomeres present in those cells and does not 224 underscore direct TERRA-associated capping functions²⁴. 225

It is interesting that not all tested ALT features, including C-circles, are affected when TERRA transcription is inhibited. Two alternative BIR pathways have been shown to co-exist in ALT cells, one RAD52-dependent and associated with C-circle production, and the other RAD52-independent and not leading to C-circle production²⁹. It is possible that

TERRA only supports RAD52-independent BIR, although this hypothesis is not consistent 230 with the observed C-circle accumulation in RNaseH1- and FANCM-depleted ALT 231 cells^{8,9,30,31}. We thus consider that mild changes in C-circles upon partial TERRA 232 233 transcription inhibition may fall below the detection limit of our assays. TSCEs are also not affected when TERRA transcription is inhibited. This observation was surprising 234 because 20q-TERRA KO cells are characterized by diminished TSCE frequencies²⁴. 235 However, a substantial fraction of the overall short telomeres in 20q-TERRA KO cells might 236 have escaped detection in CO-FISH experiments, thus skewing the results and their 237 interpretation. Regardless, our analysis in T-TALE cells revealed that TERRA transcription 238 promotes the formation of rearranged chromosome ends with leading strand replication 239 DNA present at both sisters (DLeads); hence, the mechanisms leading to TSCEs and 240 241 DLeads are different. Because TERRA transcription promotes telomeric BIR, we interpret DLead structures as the outcome of premature termination of post-replicative BIR events 242 initiating with a lagging strand telomere invading a leading strand one from another 243 chromosome (Fig. 4d). As soon as a D-loop is formed, it could be resolved by structure-244 specific endonucleases, for example the SMX complex, which has been previously 245 implicated in ALT³⁷⁻⁴¹. Endonucleolytic cleavage followed by end-joining would 246 translocate the distal part of the leading strand telomere onto the lagging strand one, 247 248 thus generating a DLead structure (Fig. 4d).

Events where lagging strand telomeres translocate onto leading strand ones, 249 thereby generating DLagg ends, also seem to occur. However, because TERRA 250 transcription inhibition does not affect DLagg frequencies, different molecular triggers 251 appear to act at leading and lagging strand telomeres to initiate BIR. The specificity of 252 TERRA transcription on DLead frequencies can be explained in two alternative, yet not 253 mutually exclusive ways. One possibility is that TERRA transcription increases the 254 propensity of lagging strand telomeres to invade other chromosome ends, for example 255 by inducing replication fork stalling and DSBs through telR-loop formation³⁶. Because telR-256 loops, at least in budding yeast, are more abundant at short telomeres⁴², this might 257 constitute a regulatory mechanism directing ALT towards the shortest telomeres in the 258

cell. Alternatively, TERRA transcription could prime leading strand telomeres to act as templates for BIR by altering their structure; this also could depend on the formation of telR-loops, as they might shape the double helix into an ideal entry platform for an annealing reaction involving a switch between TERRA and the 3' end of the acceptor telomere. This second hypothesis is supported by the observation that, in ALT cells, aberrant telR-loop accumulation due to RNAseH1 depletion causes rapid loss of leading strand telomeres⁸.

Our findings also unmistakably settle that multiple chromosome ends, and not 266 only the one of 20g, are actively transcribed and further validate that the previously 267 identified 29 pb repeats are functional and physiologically relevant TERRA promoters². 268 We believe that the diminished levels of cellular UUAGGG repeats in 20g-TERRA KO 269 cells^{23,24} derive from the short telomeres in those cells and/or clonal variability, and thus 270 do not imply that 20q is the main TERRA locus in ALT cells. Moreover, although our T-271 TALEs do not affect 20g-TERRA transcription, which is expected because the 20g 272 subtelomere does not contain 29 bp repeats, impaired telomere maintenance is observed 273 both in our system and in 20q-TERRA KO cells; this suggests that many if not all telomeres 274 in a cell have to stay transcriptionally active to assure proper ALT-mediated elongation. 275

Lastly, we anticipate that TERRA transcription might become a useful target for 276 277 therapy. The physiological instability of ALT telomeres has to be kept within a precise range in order to trigger sufficient BIR yet without causing cell death³², implying that 278 TERRA transcription must also be controlled. Decreasing TERRA transcription, for example 279 through chemical inhibition of TERRA promoter activity, is expected to alleviate 280 replication stress and lead to inefficient elongation and, in the long term, cell proliferation 281 arrest. On the other hand, increasing TERRA transcription would generate excessive 282 telomere instability, which, if above cellular tolerance, could cause sudden cell death. 283 Modulating TERRA transcription holds the potential to spearhead unprecedented 284 therapeutic protocols in the fight against ALT cancers. 285

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295AUTHOR CONTRIBUTIONS

296 R.A. and C.M.A. conceived the original project. B.S., R.A. and C.M.A designed and 297 performed the experiments, analyzed the data and wrote the manuscript.

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300 DECLARATION OF INTERESTS

- 301 The authors declare no competing interests.
- 302

303

304 DATA AVAILABILITY

305 The authors declare that the data supporting the findings of this study are available within

the paper and its supplementary information files. Plasmid sequences are available upon

307 request.

309 MATERIALS AND METHODS

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311 Plasmid construction

repeat-variable di-residue (RVD) domain specifically targeting 5'-312 А the 313 CTCTGCGCCTGCGCCGGCGC-3' sequence within the 29 bp repeat consensus sequence was designed using TAL Effector Targeter⁴³. Variable numbers of the target 20 bp 314 sequence are identified within the most distal 3 kb of 20 subtelomeres according to a 315 complete clone-based assembly of human subtelomeric regions⁴⁴. A 3560 bp DNA 316 fragment corresponding to a complete TALE module comprising the designed RVD 317 followed by an SV40 nuclear localization signal and a human influenza hemagglutinin (HA) 318 tag was synthesized at GenScript. The fragment was cloned into KpnI/ApaI digested a 319 320 pcDNA5-FRT-TO plasmid (ThermoFisher Scientific) downstream of a doxycyclineinducible CMV promoter (unfused T-TALE). The obtained plasmid was digested with Clal 321 and EcoRV and ligated to a 429 bp fragment comprising the Enhanced Repressor Domain 322 and synthesized at GenScript (SID4X T-TALE). Plasmid sequences are available upon 323 324 request.

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326 Cell culture procedures

T-TALE expressing U2OS cells were generated by FRT-mediated integration of unfused T-327 TALE and SID4X T-TALE plasmids into T-REx™-U2OS cells expressing the TetR protein 328 (ThermoFisher Scientific). Clonal selection was performed by plating cells at low dilution 329 in high glucose DMEM, GlutaMAX (Thermo Fisher Scientific) supplemented with 10% 330 tetracycline-free fetal bovine serum (Pan BioTech), 100 U/ml penicillin-streptomycin 331 (Thermo Fisher Scientific) and 200 μ g/ml hygromycin B (VWR). Individual clones were 332 manually picked and expanded in the same medium. For T-TALE induction, 50 ng/ml 333 doxycycline (dox; Sigma-Aldrich) was added to the culture medium devoid of hygromycin 334 B for 24-72 hours; for longer induction times, dox was refreshed every 72 hours. 335 Mycoplasma contaminations were tested using the LookOut Mycoplasma PCR Detection 336 Kit (Sigma-Aldrich) according to the manufacturer's instructions. When indicated, cells 337 338 were treated with $1 \mu M$ camptothecin (Sigma-Aldrich) for 6 h.

340 Fluorescence-activated cell sorting (FACS)

Cells were trypsinized and pelleted by centrifugation at 500 g at 4°C for 5 min. Cell pellets
were fixed in 70% ethanol at -20°C for 30 min and treated with 25 μg/ml RNaseA (SigmaAldrich) in 1x PBS at 37°C for 20 min. Cells were then centrifuged as above and pellets
washed in 1x PBS and stained with 20 μg/ml propidium iodide (Sigma-Aldrich) in 1x PBS
at 4°C for 10 min. Flow cytometry was performed on a BD Accuri C6 (BD Biosciences). Data
were analyzed using FlowJo software.

347

348 Western blotting

349 Cells were trypsinized and pelleted by centrifugation at 500 g at 4°C for 5 min. Pellets 350 were resuspended in 2x lysis buffer (4% SDS, 20% Glycerol, 120 mM Tris-HCl pH 6.8), boiled at 95°C for 5 min and centrifuged at 1600 g at 4°C for 10 min. Supernatants were 351 recovered and protein concentrations determined by Lowry assay using bovine serum 352 albumin (Sigma-Aldrich) as a standard. 30 µg of proteins were mixed with 0.004% 353 354 Bromophenol blue and 1% β-Mercaptoethanol (Sigma-Aldrich), incubated at 95°C for 5 355 min, separated in polyacrylamide gels, and transferred to nitrocellulose membranes (Maine Manufacturing, LLC) using a Trans-Blot SD Semi-Dry Transfer Cell apparatus (Bio-356 Rad). The following primary antibodies were used: a rabbit monoclonal anti-HA (Cell 357 Signaling, 3724; 1:1000 dilution), a rabbit polyclonal anti-RAP1 (Bethyl, A300-306A; 358 1:2000), a mouse monoclonal anti-PCNA (Santa Cruz Biotechnology, sc-56; 1:10000), a 359 rabbit polyclonal anti-TRF2 (Novus Biologicals, NB110-57130; 1:2000), a mouse 360 361 monoclonal anti-POLD3 (Novus Biologicals, H00010714-M01; 1:500), a mouse 362 monoclonal anti-ACTB (Santa Cruz Biotechnology, sc-47778; 1:2000), a mouse monoclonal anti-PML (Santa Cruz Biotechnology, sc-966; 1:500), a rabbit polyclonal anti-363 pSer33 (Bethyl, A300-246A; 1:2000), a rabbit polyclonal anti-RPA32 (Bethyl, A300-244A; 364 1:1000), a rabbit polyclonal anti-LMB1 (GeneTex, GTX103292S; 1:5000), a rabbit 365 polyclonal anti-H3 (Santa Cruz Biotechnology, sc-10809; 1:4000), a mouse monoclonal 366 anti-γH2AX (Millipore, 05-636, 1:2000), a rabbit polyclonal anti-H3 (Santa Cruz 367 Biotechnology, sc-10809; 1:4000). Secondary antibodies were HRP-conjugated goat anti-368

mouse and anti-rabbit IgGs (Bethyl Laboratories, A90-116P and A120-101P; 1:3000).

370 Signals were acquired using an Amersham 680 blot and gel Imager.

371

372 DNA fluorescence *in situ* hybridization (FISH) and chromosome orientation FISH (CO 373 FISH)

Metaphase spreads were prepared by incubating cells with 200 ng/ml Colchicine (Sigma-374 Aldrich) for 5 h. Mitotic cells were harvested by shake-off and incubated in 0.075 M KCl at 375 37 °C for 10 min. Chromosomes were fixed in ice-cold methanol/acetic acid (3:1) and 376 spread on glass slides. Slides were treated with 20 μ g/ml RNase A (Sigma-Aldrich), in 1x 377 PBS at 37 °C for 1 h, fixed in 4% formaldehyde (Sigma-Aldrich) in 1x PBS for 2 min, and 378 379 treated with 70 μ g/ml pepsin (Sigma-Aldrich) in 2 mM glycine, pH 2 (Sigma-Aldrich) at 37°C for 5 min. Slides were fixed again with 4% formaldehyde in 1x PBS for 2 min, 380 incubated subsequently in 70%, 90% and 100% ethanol for 5 min each, and air-dried. A C-381 382 rich telomeric PNA probe (5'-Cy3-OO-CCCTAACCCTAACCCTAA-3'; Panagene) diluted in 383 hybridization solution (10 mM Tris-HCl pH 7.2, 70% formamide, 0.5% blocking solution (Roche)) was applied onto the slides followed by incubation at 80°C for 5 min and at room 384 385 temperature for 2 h. Slides were washed twice in 10 mM Tris-HCl pH 7.2, 70% formamide, 386 0.1% BSA and three times in 0.1 M Tris-HCl pH 7.2, 0.15 M NaCl, 0.08% Tween-20 at room temperature for 10 min each. For CO-FISH, cells were incubated with BrdU:BrdC (3:1, final 387 concentration 10 μ M; Sigma-Aldrich) for 16 h prior to metaphase preparation as above. 388 Chromosomes were spread on glass slides, treated with RNaseA as above and incubated 389 with 10 μ g/ml Hoechst 33258 (Invitrogen) in 2x SSC for 15 min at room temperature. 390 Slides were exposed to 365-nm ultraviolet light using a Stratagene Stratalinker 1800 UV 391 irradiator set to 5400 Joules, and incubated with 3U/µl Exonuclease III (New England 392 393 Biolabs) at 37°C for 30 min. Subsequent hybridizations were performed in 30% formamide, 2x SSC for 3h at room temperature using first a C-rich telomeric LNA probe (5'-6-FAM-394 CCCTAACCCTAACCCTAA-3'; Exigon) and then a G-rich telomeric LNA probe (5'-TYE563-395 TTAGGGTTAGGGTTAGGG; Exigon). After each hybridization, slides were washed three 396 times in 2x SSC at room temperature for 10 min. Both for FISH and CO-FISH, DNA was 397 counterstained with 100 ng/ml DAPI (Sigma-Aldrich) in 1x PBS and slides were mounted 398

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in Vectashield (Vectorlabs). Images were acquired with a Zeiss Cell Observer equipped

400 with a cooled Axiocam 506 m camera and a 63X/1.4NA oil DIC M27 PlanApo N objective.

401 Image analysis was performed using ImageJ and Photoshop software.

402

403 EdU incorporation and detection at telomeres

404 Cells grown on coverslips were incubated in medium containing 2 mM Thymidine (Sigma-405 Aldrich) for 21 h before replacement with fresh dox-containing medium. After 4 h, 10 μ M 406 RO-3306 (Selleckchem) was added and 18 h later 10 μM EdU (Thermo Fisher Scientific) 407 was added to the culture medium, followed by a 2.5 h incubation. Cells were hybridized as for DNA FISH, washed twice with 1x PBS and EdU was detected using the Click-iT EdU 408 409 Alexa Fluor 488 Imaging Kit (Thermo Fisher Scientific) according to the manufacturer's instructions. DNA was counterstained with 100 ng/ml DAPI in 1x PBS and coverslips were 410 mounted on slides in Vectashield. Image acquisition and analysis were as for DNA FISH. 411

412

413 Indirect immunofluorescence (IF)

414 For HA detection, cells grown on coverslips were incubated in 100% Methanol (Merk) at -20°C for 15 min. For all other IF experiments, cells were incubated in CSK buffer (100 mM 415 NaCl, 300 mM sucrose, 3 mM MgCl₂, 0.5% Triton X-100, 10 mM PIPES pH 7) for 7 min on 416 417 ice, fixed with 4% formaldehyde (Sigma-Aldrich) in 1x PBS for 10 min and permeabilized again with CSK buffer for 5 min. Fixed cells were incubated in blocking solution (0.5% BSA, 418 0.1% Tween-20 in 1x PBS) for 1 h followed by incubation in blocking solution containing 419 420 primary antibodies for 1 h, three washes with 0.1% Tween-20 in 1x PBS for 10 min each, 421 and incubation with secondary antibodies diluted in blocking solution for 50 min. For combined IF and DNA FISH, cells were again fixed with 4% formaldehyde in 1x PBS for 10 422 min, washed three times with 1x PBS, incubated in 10 mM Tris-HCl pH 7.2 for 5 min and 423 424 then denatured and hybridized with a PNA probe (5'-AF568-OO-CCCTAACCCTAACCCTAA-3'; Panagene) as for DNA FISH. DNA was counterstained with 100 ng/ml DAPI in 1x PBS or 425 in 0.1 M Tris-HCl pH 7.2, 0.15 M NaCl, 0.08% Tween-20. Coverslips were mounted on 426 427 slides in Vectashield. The following primary antibodies were used: a rabbit monoclonal 428 anti-HA (Cell Signaling, 3724; 1:1000 dilution), a rabbit polyclonal anti-RAP1 (Bethyl,

A300-306A; 1:2000), a mouse monoclonal anti-TRF2 (Millipore, 05-521; 1:2000), a mouse 429 monoclonal anti-POLD3 (Novus Biologicals, H00010714-M01; 1:500), a mouse 430 monoclonal anti-PML (Santa Cruz Biotechnology, sc-966; 1:500), a rabbit polyclonal anti-431 pSer33 (Bethyl, A300-246A; 1:2000), a rabbit polyclonal anti-RPA32 (Bethyl, A300-244A; 432 1:1000), a mouse monoclonal anti-yH2AX (Millipore, 05-636; 1:2000). Secondary 433 434 antibodies were Alexa Fluor 568-conjugated donkey anti-rabbit IgGs (Thermo Fisher Scientific, A10042; 1:1000) and Alexa Fluor 488-conjugated donkey anti-mouse IgGs 435 (Thermo Fisher Scientific, A21202; 1.1000). Image acquisition and analysis were as for 436 DNA FISH. 437

438

439 **Chromatin immunoprecipitation (ChIP)**

Cells were harvested by trypsinization, centrifuged at 500 g at 4°C for 5 min and 440 resuspended in 1% formaldehyde (Sigma-Aldrich) for 20 min at room temperature, 441 followed by quenching with 125 mM glycine (VWR) for 5 min. Cross-linked cells were 442 centrifuged as above and pellets were resuspended in ChIP lysis buffer (1% SDS, 10 mM 443 EDTA, 50 mM Tris-HCl pH 8), sonicated using a Bioruptor apparatus (Diagenode) and 444 centrifuged at 16000 g for 10 minutes at 4°C. 1 mg of lysate was diluted in ChIP dilution 445 buffer (150 mM NaCl, 20 mM Tris-HCl pH 8, 1% Triton X-100, 2 mM EDTA) and incubated 446 with 2 μ g of a rabbit monoclonal anti-HA antibody (Cell Signaling, 3724) for 2 h at room 447 temperature. Immunocomplexes were isolated by incubation with Protein A/G PLUS-448 449 Agarose beads (Santa Cruz Biotechnology) at 4°C overnight on a rotating wheel. Beads 450 were washed 4 times in ChIP wash buffer (150 mM NaCl, 20 mM Tris-HCl pH 8, 1% Triton X-100, 0.1% SDS, 2 mM EDTA) and once in ChIP final wash buffer (500 mM NaCl, 20 mM 451 452 Tris-HCl pH 8, 1% Triton X-100, 0.1% SDS, 2 mM EDTA). Beads were incubated in ChIP elution buffer (1% SDS, 100 mM NaHCO₃) containing 40 μ g/ml RNase A (Sigma-Aldrich) 453 454 for 1 hour at 37°C and DNA was extracted using the Wizard SV gel and PCR cleanup system (Promega). Input and immunoprecipitated DNA was subjected to quantitative PCR using 455 the oligonucleotides shown in Table 1. QPCRs were performed using the iTaq Universal 456 457 SYBR Green Supermix (Bio-Rad) on a Rotor-Gene Q (Qiagen) instrument with a 2-step 458 program (45 cycles of denaturation at 95°C for 15 sec, annealing and extension at 60°C

459 for 30 sec). Data analysis was performed using the Rotor-Gene 6000 Series Software 1.7.

460

461 **Reverse transcription and quantitative PCR**

Total RNA was isolated using the TRIzol reagent (Thermo Fisher Scientific) followed by chloroform extraction and treated three times with 3.5 U of DNasel (Qiagen) for 45 minutes at room temperature. 5 μg of RNA were reverse transcribed with 0.5 μM TeloR and 0.05 μM ActinR oligonucleotides (Table 1) and Superscript III (Thermo Fisher Scientific) according to the manufacturer's instructions. Quantitative PCRs were performed and analyzed as for ChIP using the oligonucleotides shown in Table 1. Actin values were used as normalizers.

469

470 C-circle assay

Genomic DNA was isolated by phenol:chloroform extraction and treatment with 40 μ g/ml 471 RNaseA (Sigma-Aldrich), followed by ethanol precipitation. Reconstituted DNA was 472 digested with Hinfl and Rsal (New England Biolabs) and again purified by 473 phenol:chloroform extraction. 500 ng of digested DNA were incubated with 7.5 U of phi29 474 DNA polymerase (New England Biolabs) in presence of dATP, dTTP and dGTP (1 mM each) 475 at 30°C for 8 h, followed by heat-inactivation at 65°C for 20 min. Amplification products 476 were dot-blotted onto nylon membranes (GE Healthcare) and hybridized at 55°C 477 overnight with a double-stranded telomeric probe (Telo2 probe), radioactively labeled 478 using Klenow fragment (New England Biolabs) and $[\alpha-32P]dCTP$. Post-hybridization 479 480 washes were twice in 2x SSC, 0.2% SDS for 20 min and once in 0.2x SSC, 0.2% SDS for 30 481 min at 50°C. Radioactive signals were detected using a Typhoon FLA 9000 imager (GE Healthcare) and quantified using ImageJ software. 482

483

484 Statistical analysis

For direct comparison of two groups, we employed a paired two-tailed student's t-test using Microsoft Excel or a nonparametric two-tailed Mann-Whitney U test using GraphPad Prism. Values are indicated as: *P < 0.05, **P < 0.005, ***P < 0.001, ****P < 0.0001.

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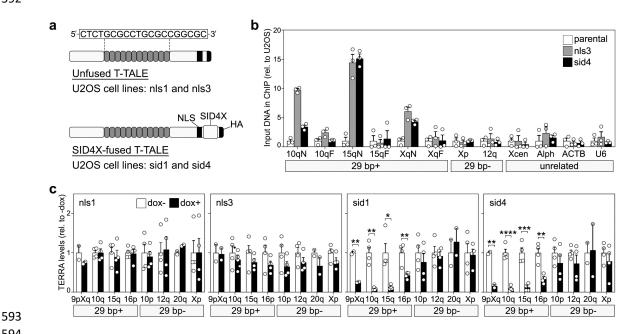
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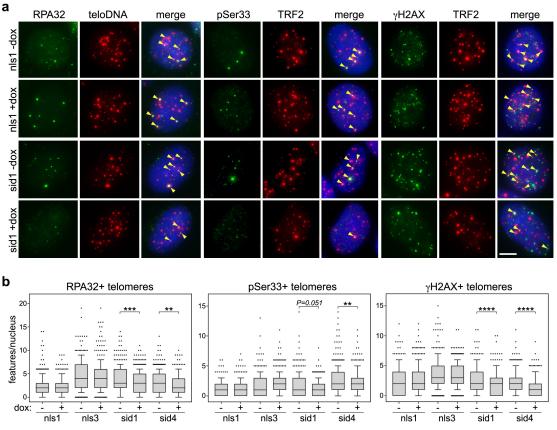
FIGURES 591





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Figure 1: Development and validation of T-TALES. (a) Schematic representation of T-595 TALES. The RVD domain recognizing the indicated nucleotides within the 29 bp repeat 596 597 consensus sequence is represented by grey rounded rectangles. NLS: nuclear localization signal; SID4X: four transcription repressor domains of the mSIN3 interaction domain; HA: 598 599 human influenza hemagglutinin tag. (b) Quantification of anti-HA ChIPs in the indicated cell lines treated with dox for 24 hours. QPCRs were performed with oligonucleotides 600 601 amplifying subtelomeric regions from chromosome ends containing or devoid of 29 bp repeats (29 bp+ and 29 bp-, respectively). For 29 bp+ subtelomeres, two oligonucleotide 602 pairs placed at different distances from the 29 bp array were used and are indicated as N 603 (near) and F (far). Control gPCR were performed with oligonucleotides amplifying 604 sequences from a unique region of the X chromosome centromere (Xcen), alphoid DNA 605 (Alph) and beta Actin (ACTB) and U6 gene loci. Values are graphed as input DNA found in 606 the corresponding ChIP samples normalized to U2OS parental samples. Bars and error 607 bars are means and SEMs from 3 independent experiments. Circles are single data points. 608 (c) RT-qPCR quantifications of TERRA transcripts from 29 bp+ and 29 bp- chromosome 609 ends in the indicated cell lines, treated with dox for 24 hours or left untreated. Values are 610 graphed normalized to -dox. Bars and error bars are means and SEMs from 2 independent 611 experiments for 9pXg and 20g and from 4 independent experiments for the remaining 612 chromosome ends. Circles are single data points. P values were calculated with a two-613 tailed Student's *t*-test. **P* < 0.05, ***P* < 0.005, ****P* < 0.001, *****P* < 0.0001. 614



616 617 Figure 2: TERRA transcription inhibition alleviates telomere instability. (a) Examples of 618 RPA32, pSer33 or yH2AX IF (green) combined with telomeric DNA FISH (teloDNA) or TRF2 619 IF (red). DAPI stained DNA is in blue. The indicated cell lines were treated with dox for 24 620 hours for RPA32 and pSer33 or 72 hours for γ H2AX. Arrowheads in the merge panels point 621 to co-localization events. Scale bar: 5 µm. (b) Box plots of the 10-90 percentile of co-622 localization events per nucleus in experiments as in a. Central lines are medians. A total 623 of at least 300 nuclei from three independent experiments were analyzed for each sample. 624 P values were calculated with a Mann-Whitney U test. **P < 0.005, ***P < 0.001, ****P 625 < 0.0001. 626

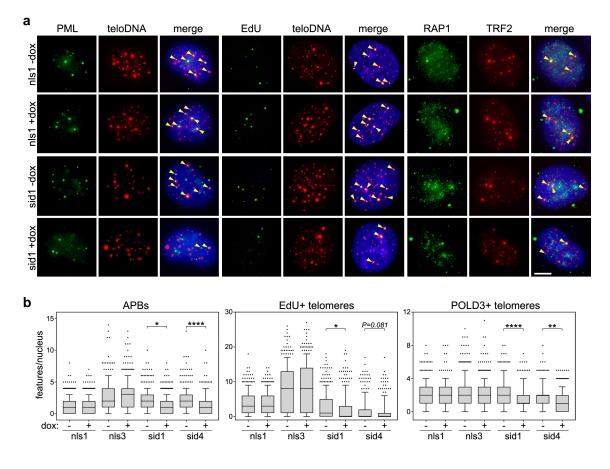
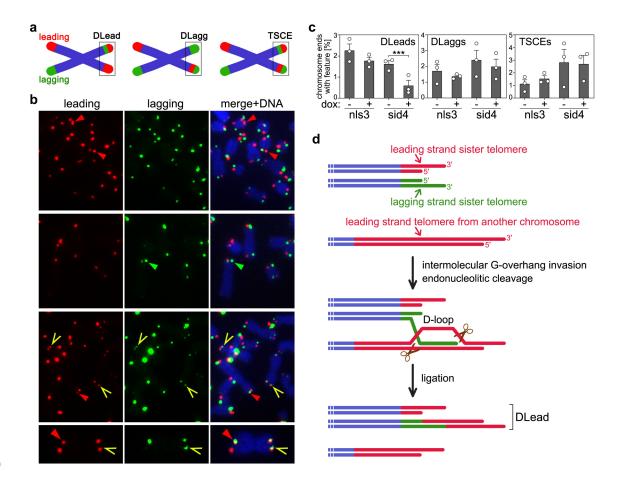


Figure 3: TERRA transcription inhibition alleviates ALT activity. (b) Left and right panels: 630 examples of PML or POLD3 IF (green) combined with telomeric DNA FISH (teloDNA) or 631 RAP1 IF (red). Middle panels: examples of EdU detection (green) combined with telomeric 632 633 DNA FISH (red). DAPI stained DNA is in blue. The indicated cell lines were treated with dox for 24 hours for PML or for 24.5 hours for POLD3 and EdU (G2/M synchronized cells, see 634 methods for details). Arrowheads in the merge panels point to co-localization events. 635 Scale bar: 5 µm. (b) Box plots of the 10-90 percentile of co-localization events per nucleus 636 in experiments as in a. Central lines are medians. A total of at least 300 nuclei from three 637 independent experiments were analyzed for each sample. P values were calculated with 638 a Mann-Whitney U test. *P < 0.05, **P < 0.005, ****P < 0.0001. 639

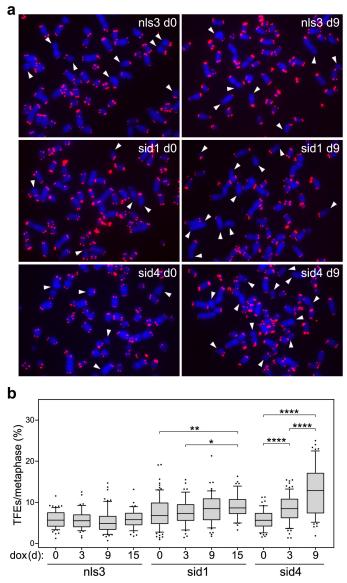
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Figure 4: TERRA transcription inhibition diminishes the frequencies of DLead 642 chromosome ends. (a) Schematic representation of telomeric features scored in CO-FISH 643 experiments. DLead: sister telomeres with 2 leading and one lagging strand signals; 644 DLagg: sister telomeres with 2 lagging and one leading strand signals; TSCEs: telomeric 645 sister chromatid exchanges. (b) Examples of CO-FISH on metaphases from sid4 cells 646 treated with dox for 72 hours. Leading and lagging strand telomeres are in red and green, 647 respectively; DAPI stained DNA is in blue. Red arrowheads point to DLeads, green 648 arrowheads to DLaggs and yellow arrows to TSCEs. A chromosome with one DLead and 649 one TSCE at its two opposite ends is shown at higher magnification at the bottom. (c) 650 Quantifications of telomeric features in CO-FISH experiments as in **b**. A total of at least 651 2538 chromosomes from 3 independent experiments were analyzed for each condition. 652 Bars and error bars are means and SEMs. Circles are single data points. P values were 653 calculated with a two-tailed Student's *t*-test. ***P < 0.001. (d) Speculative model for 654 DLead generation. Scissors represent structure specific endonucleases. See Discussion for 655 656 details.

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Figure 5: TERRA transcription inhibition leads to accumulation of TFEs. (a) Examples of telomeric DNA FISH on metaphases from the indicated cell lines treated with dox for 0 or 661 9 days (d). Telomeric repeat DNA is in red, DAPI-stained chromosomal DNA in blue. White arrowheads point to chromosome arms with TFEs. (b) Box plots of the 10-90 percentile 663 of TFEs per metaphase in experiments as in a. Central lines are medians. Cells were harvested at the indicated days of dox treatment. A total of at least 2761 chromosomes from 2 or 3 independent experiments were analyzed for each condition. P values were calculated with a Mann-Whitney *U* test. **P* < 0.05, ***P* < 0.005, *****P* < 0.0001. 666

Name	Oligo sequence (5'-3')	Genomic locus	Application
10qnearF	TAGCACACACCCGGAGAGCA	10q subtelomere	ChIP qPCR
10qnearR	CTCTGCTCCGCCTTCGCAAT	10q subtelomere	ChIP qPCR
10qfarF	GAATCCTGCGCACCGAGAT	10q subtelomere	ChIP qPCR
10qfarR	CTGCACTTGAACCCTGCAATAC	10q subtelomere	ChIP qPCR
15qnearF	GCCTTTGCGACGGCGGAG	15q subtelomere	ChIP qPCR
15qnearR	CGCCTTCGCAGTACCACC	15q subtelomere	ChIP qPCR
15qfarF	CAGCGAGATTCTCCCAAGCTAAG	15q subtelomere	ChIP qPCR
15qfarR	AACCCTAACCACATGAGCAACG	15q subtelomere	ChIP qPCR
XYqnearF	TGTCCTCTGCACAGATTTCG	XqYq subtelomere	ChIP qPCR
XYqnearR	TCTGTGCTTAGGGGAATGCT	XqYq subtelomere	ChIP qPCR
XYqfarF	CACCCTCACCCTAAGCACAT	XqYq subtelomere	ChIP qPCR
XYqfarR	AAGCAAAAGCCCCTCTGAAT	XqYq subtelomere	ChIP qPCR
XYpF	GCAAAGAGTGAAAGAACGAAGCTT	XpYp subtelomere	ChIP qPCR
-			TERRA RT-qPCR
XYpR	CCCTCTGAAAGTGGACCAATCA	XpYp subtelomere	ChIP qPCR
-			TERRA RT-qPCR
12qF	ATTTCCCGTTTTCCACACTGA	12q subtelomere	ChIP qPCR
			TERRA RT-qPCR
12qR	CTGTTTGCAGCGCTGAATATTC	12q subtelomere	ChIP qPCR
			TERRA RT-qPCR
XcenFwd	GTGACGATGGAGTTTAACTCAGGG	X centromere	ChIP qPCR
XcenRev	GCTTTCCGTTCAGTTATGGGAAGG	X centromere	ChIP qPCR
AlphoidF	CTCAGAAACTTCTTTGTGATGTGT	Aplhoid DNA	ChIP qPCR
AlphoidR	TATTCCCTTTTGGAACGAAGGC	Aplhoid DNA	ChIP qPCR
ActF	TCCCTGGAGAAGAGCTACGA	Beta Actin gene	ChIP qPCR
			TERRA RT-qPCR
ActR	AGCACTGTGTTGGCGTACAG	Beta Actin gene	ChIP qPCR
			TERRA RT-qPCR
U6F	CTCGCTTCGGCAGCACATATA	U6 gene	ChIP qPCR
U6R	GGAACGCTTCACGAATTTGCGT	U6 gene	ChIP qPCR
9pXYqF	TTCCGCACTGAACCGCTCTAA	9p and XYq subtelomere	TERRA RT-qPCR
9pXYqR	GCAGCCATGAATAATCAAGGT	9p and XYq subtelomere	TERRA RT-qPCR
10qF	GAATCCTGCGCACCGAGAT	10q subtelomere	TERRA RT-qPCR
10qR	CTGCACTTGAACCCTGCAATAC	10q subtelomere	TERRA RT-qPCR
15qF	CAGCGAGATTCTCCCAAGCTAAG	15q subtelomere	TERRA RT-qPCR
15qR	AACCCTAACCACATGAGCAACG	15q subtelomere	TERRA RT-qPCR
16pF	TGTGTTTCAACGCTGCAACTG	16q subtelomere	TERRA RT-qPCR
16pR	AGTTAGAACCGTTCAGTGTG	16q subtelomere	TERRA RT-qPCR
10pF	CCTTCTAACTGGACTCTGAC	10p subtelomere	TERRA RT-qPCR
10pR	GCCACAGCGACGGTAAATAA	10p subtelomere	TERRA RT-qPCR
20qF	GCAGCTTTCTCAGCACAC	20q subtelomere	TERRA RT-qPCR
20qR	TTTGTTCACTGTCGATGCG	20q subtelomere	TERRA RT-qPCR
TeloR	(CCCTAA)5	Telomeric repeats	TERRA RT-qPCR

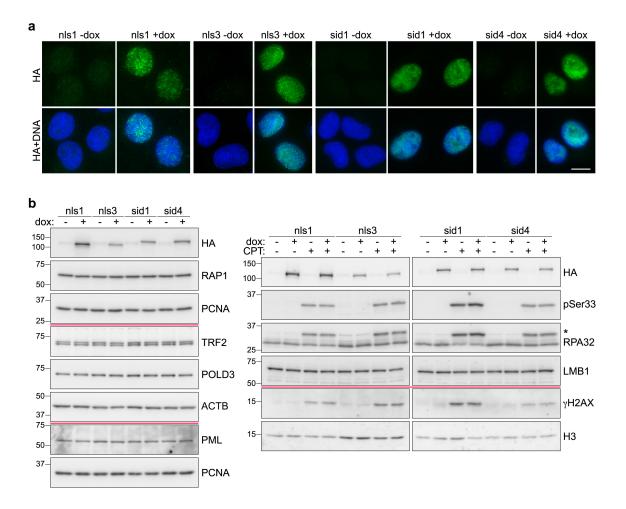
668 Table 1: oligonucleotides used in this study

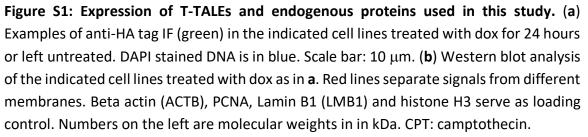
Supplementary information for:

TERRA transcription destabilizes telomere integrity to initiate break-induced replication in human ALT cells.

Bruno Silva^{1,3}, Rajika Arora^{1,2,3} and Claus M. Azzalin^{1,4,*}

SUPPLEMENTARY FIGURES





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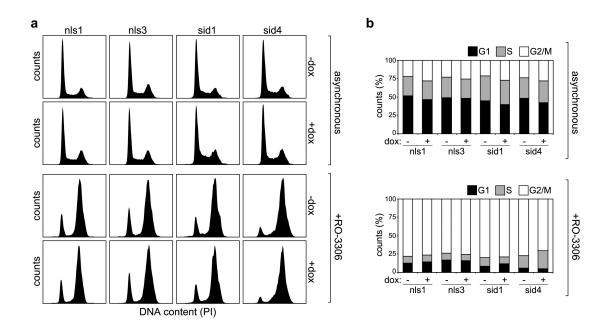


Figure S2: Cell cycle distribution analysis of T-TALE cells. (b) FACS profiles of the indicated propidium iodide (PI)-stained cells treated or not with dox and with the CDK1 inhibitor RO-3306. Cell counts (y axis) are plotted against PI intensity (x axis). Cells were harvested after 24 (asynchronous) or 24.5 (RO-3306-treated) hours of dox treatment (see methods for details). (b) Quantifications of experiments as in a. The graphs show the percentage of cells in G1, S and G2/M phases from one representative experiment.

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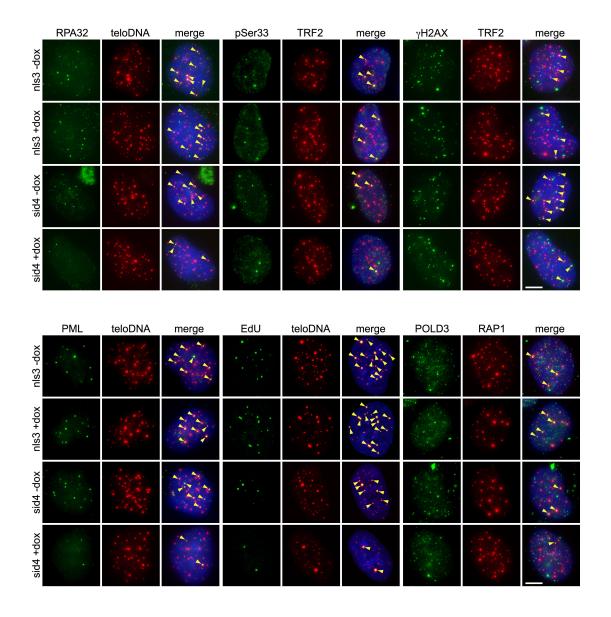


Figure S3: TERRA transcription inhibition alleviates telomere instability and ALT activity. Examples of experiments as in Figures 2 and 3 performed in nls3 and sid4 cells. Markers and DAPI stained DNA are shown with the same colors as in Figures 2 and 3. Arrowheads in the merge panels point to co-localization events. Scale bars: 5 μ m.

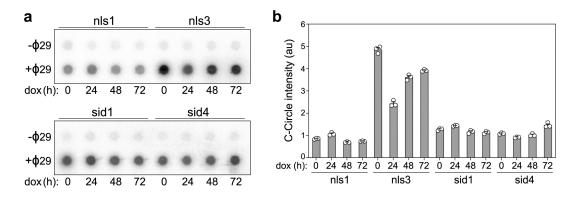


Figure S4: C-circle analysis in T-TALE cells. (a) C-circle assay analysis of genomic DNA from the indicated cells treated with dox for up to 72 hours. Reaction products were dotblotted and hybridized to a radiolabeled telomeric probe. Control reactions were performed in absence of phi29 polymerase (- Φ 29). (b) Quantifications of C-circle signals from experiments as in **a**. Bars and error bars are means and SEMs from 3 independent experiments. Circles are single data points.