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Rapid stress hardening in the Antarctic midge improves male fertility by increasing courtship success
and preventing the decline of accessory gland proteins following cold exposure

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Abstract

Rapid hardening is a process that quickly improves an animal's performance following exposure to a

potentially damaging stress. Features of reproduction can be improved by rapid hardening, but little is

known about how rapid hardening may contribute to physiological responses in the cold environment of

Antarctica. In this study of the Antarctic midge, *Belgica antarctica* (Diptera, Chironomidae), we examine

how rapid hardening in response to dehydration (RDH) or cold (RCH) improves male pre- and post-

copulatory function related to fertility when the insects are subsequently subjected to a damaging cold

exposure. Neither RDH nor RCH improved survival in response to lethal cold stress, but male activity

following sublethal cold exposure was enhanced. Both RCH and RDH improved mating success of males

compared to those subjected directly to a sublethal bout of cold. Egg viability decreased following direct

exposure to sublethal cold, but improved following RCH and RDH. Sublethal cold exposure reduced

expression of four accessory gland proteins, while expression remained high in males exposed to RCH.

Though rapid hardening may be cryptic in males, this study shows that it can be revealed by pre- and

post-copulatory interactions with females.

Keywords: Male fertility, competition, cold exposure, performance, Antarctic midge

Introduction

The Antarctic midge, *Belgica antarctica*, is the only insect endemic to maritime Antarctica (Convey et al., 1996; Sugg et al., 1983). It has a sporadic distribution along the western coast of the Antarctic Peninsula and the South Shetland Islands, where the wingless adults may form aggregations of thousands under favorable conditions (Convey et al., 1996; Potts et al., 2020; Sugg et al., 1983). Larval development extends over two years; developmental progression occurs during the austral summer, and larvae overwinter frozen or immobile within the ice (Usher and Edwards, 1984). Females produce a single batch of eggs or sometimes two smaller clutches (Finch et al., 2020; Harada et al., 2014). The eggs are deposited within a gel matrix produced by the female accessory gland (Finch et al., 2020), and numerous proteins from the accessory gland are critical for nourishing developing larvae, preventing egg/larval dehydration, and thermally buffering the developing larvae. These proteins are produced during both the larval and adult stages and are synthesized by multiple organs. Consequently, stress exposure during larval stages can reduce reproductive output of the females (Finch et al., 2020).

During the austral summer, mating occurs in swarms where numerous males court and attempt to mate (Convey et al., 1996; Finch et al., 2020; Sugg et al., 1983). Males produce a suite of accessory proteins that are transferred to the females during mating, and based on sequence similarity to accessory gland proteins from other insects, these proteins are likely to impact female fertility and male sperm viability along with competition (Avila et al., 2011; Chapman et al., 2000; Simmons, 2019; Sitnik et al., 2016; Wolfner, 1997). As with females, stress exposure of male larvae impacts subsequent male fertility (Finch et al., 2020). It is not known how cold exposure impacts fertility when males are exposed to cold as adults. Impacts could be revealed during pre-copulation competition between males or post-copulation by a reduction in accessory gland protein or viable sperm. Cold exposure reduces male fertility in multiple insect systems (Chakir et al., 2002; Lacoume et al., 2007; Rinehart et al., 2000; Singh et al., 2015; Vollmer et al., 2004).

Rapid cold hardening (RCH) is a highly-responsive protective process documented in many insect

systems against cold injury (Teets et al., 2019; Teets et al., 2020). RCH can also be induced by short

periods of dehydration, which we refer to as rapid dehydration hardening (RDH) (Levis et al., 2012).

Mechanisms underlying processes of RCH and prolonged cold acclimation include synthesis and

accumulation of specific cryoprotectants, changes in the composition of cell membranes, inhibition of

apoptotic pathways, changes in stress protein abundance, protein phosphorylation shifts, and metabolic

differences (reviewed in (Teets and Denlinger, 2013; Teets et al., 2020). Importantly, RCH and cold

acclimation offer beneficial effects allowing biological processes such as movement, feeding, and mating

to occur at lower temperatures or to enhance performance when conditions become more favorable

(Kelty et al., 1996; Shreve et al., 2004; Srithiphaphirom et al., 2019; Teets et al., 2019). During summer,

males of the Antarctic midge are unlikely to be exposed to lethal temperatures (-8 to -10°C) because

summer temperatures in their habitat commonly range from -5 to 5°C. In summer-acclimated larvae,

RCH improves recovery performance following sub-lethal freezing injury and facilitates energy saving

(Teets et al., 2019). The impact of RCH on adult reproductive performance has yet to be examined even

though adults are active and moving on the surfaces of the buffered habitats where the larvae reside.

In this study, we examined the impact of RCH and RDH on male performance of *B. antarctica*

following exposure to sublethal cold stress. Specifically, we assessed pre- and post-copulatory function

related to male performance and fertility. Males exposed directly to sublethal cold stress suffered

significant declines in mating competitions with untreated males and subsequent fertility was reduced.

These impairments were reduced by RCH or RDH prior to mating. The RCH-induced enhancement of

male competitiveness is likely due to a general increase in activity, and the boost in fertility is likely due

to retention of the capacity to express seminal fluid proteins. These physiological responses suggest that

cold hardening may be essential for allowing males to retain fertility during the austral summer.

Materials and Methods

<u>Midge collection</u>

Adults and larvae were collected from the same location, on off-shore islands near Palmer Station,

Antarctica. Larvae within organic debris were returned to Palmer Station and extracted with a modified

Berlese funnel (Benoit et al., 2007b). Following recovery, larvae were stored with substrate from their

natural habitat (rocks, soils, moss, and the alga *Prasiola crispa*, which serves as a food source for *B.*

antarctica) at 2-4°C. Larvae were shipped to the University of Cincinnati and stored under similar

conditions until they emerged as adults and were used in the studies described. Males and females were

separated based on their morphological characters.

<u>Survival assessment</u>

Survival following cold exposure was based on previous methods (Benoit et al., 2007a; Lee et al., 2006)

but adapted for these specific experiments. Adult males held at 4°C were placed into individual 2 ml

microcentrifuge tubes and transferred from 4°C to either -5°C for 1 h (sublethal cold exposure) or -

10°C for 1 h (lethal cold exposure), based on temperatures determined in previous studies (Lee et al.,

2006). RCH was induced by exposure to -2°C for 1 h before direct transfer to the treatment

temperature. RDH was accomplished by exposing adults to 75% RH until a loss of 5-8% of their water

content (Benoit et al., 2007a; Benoit et al., 2009) before cold exposure. Survival was assessed following

a 24 h recovery at 4°C. Adults were deemed alive if the individual could move at least 5 cm. Three

groups with 8 replicates were examined for each treatment. A one-way ANOVA was used to examine

significance and a Tukey's test was used to identify differences between treatments.

<u>Activity</u>

A Locomotor Activity Monitor (TriKinetics Inc., Waltham, MA, USA) in conjunction with DAMSystem3

Data Collection Software (TriKinetics) was used to assess activity of adult males. Individuals were placed

in standard *Drosophila* vials (25 mm diameter and 95 mm height) following 6 h of recovery at colony

conditions of 4°C. Tubes were placed horizontally in the monitor and the entire system was placed

within a plastic container held at 93% RH using a saturated salt solution of potassium nitrate.

Temperature was held at 4°C within an environmental chamber. After a two-hour acclimation, general

activity was measured for 4 h under continuous light. For each treatment, 15-20 males were monitored.

A one-way ANOVA was used to examine significance and a Tukey's test was used to identify differences

between treatments.

<u>Male mating competition</u>

Competitive mating assays were conducted following cold exposure or rapid hardening followed by cold

exposure. Cold level for exposure was sublethal (-5°C for 1 h). RCH was induced by exposure to -2°C for

1 h before direct transfer to the treatment temperature. Following treatment, males were returned to

colony conditions and allowed to recover for 6 h prior to mating assays to match studies on activity. The

mating assays were accomplished by releasing a virgin female into an arena with two males. Males were

distinguished by partial removal of either the left or right antennae (randomized between each assay).

The first male to copulate with the female was scored as a successful copulation. Each assay was

replicated 50 times and significance was determined with a Chi-squared (χ^2) test. New females and

males were used for each assay.

Fertility assay

To determine the impact of thermal exposure on male fertility, males exposed to thermal stress were

allowed to mate with either two females based on previously developed methods (Finch et al., 2020).

Briefly, virgin females were collected immediately after adult eclosion and stored at 4℃ and 93% RH,

with access to moist substrate. Males were exposed to thermal stresses as described in the survival

assessment section. Following treatment, males were evaluated for survival and allowed to mate with

two females consecutively. Following mating, females were returned to colony conditions of 4℃ and

93% RH and observed for deposition of eggs. Eggs, held at 4℃ and 93% RH, remained attached to the

wet substrate and were observed for larval emergence for 60 days (Finch et al., 2020; Harada et al.,

2014). Each treatment was replicated with 8-12 males. A one-way ANOVA was used to examine

significance followed by a Tukey's test for differences between treatments.

RNA-seq analysis to identify highly enriched male accessory glands genes for targeted studies

To establish putative underlying factors that could impact fertility, we re-examined RNA-seq data on

male and male accessory glands (Finch et al., 2020), with the goal of identifying four targets for

subsequent analyses following cold exposure and RCH. The desired targets were selected on the basis of

having high expression in males and male accessory glands compared to females/larvae and female

accessory glands. The four targets were characterized by BLAST comparison to other genes in other

insect systems. The four selected targets included: IU25_04442, a *Belgica* specific gene; IU25_01011, a

seminal metalloprotease; IU25_12390, an antigen 5-like allergen; IU25_12518, a seminal

metalloprotease.

<u>qPCR analyses of male accessory proteins</u>

RNA was extracted from the accessory glands by homogenization (BeadBlaster 24, Benchmark Scientific)

in Trizol reagent (Invitrogen), using manufacturer's protocols with slight modification based on other

studies of invertebrates. Extracted RNA was treated with DNase I (Thermo Scientific) and cleaned with a

GeneJet RNA Cleanup and Concentration Micro Kit (Thermo Scientific) according to the manufacturer's

protocols. RNA concentration and quality were examined with a NanoDrop 2000 (Thermo Scientific).

qPCR analyses were conducted based on previously developed methods (Finch et al., 2020;

Hagan et al., 2018; Meibers et al., 2019). RNA was extracted as described previously for independent

biological replicates. Complementary DNA (cDNA) was generated with a DyNAmo cDNA Synthesis Kit

(Thermo Scientific). Each reaction used 250 ng RNA, 50 ng oligo (dT) primers, reaction buffer containing

dNTPs and 5 mmol•l^{-1} $MgCl_2$, and M-MuLV RNase H+ reverse transcriptase. KiCqStart SYBR Green qPCR

ReadyMix (Sigma Aldrich, St Louis, MO, USA) along with 300 nmol l^{-1} forward and reverse primers, cDNA

diluted 1:20, and nuclease-free water were used for all reactions. Primers were designed using Primer3

based on contigs obtained from the transcriptome analysis (Table S1). qPCR reactions were conducted

using an Illumina Eco quantitative PCR system. Reactions were run according to previous studies (Finch

et al., 2020; Hagan et al., 2018; Meibers et al., 2019). Three biological replicates were examined for each

sex, and two biological replicates were examined for each accessory gland. Expression levels were

normalized to *rpl19* using the ΔΔCq (Finch et al., 2020; Teets et al., 2013). A one-way ANOVA was used

to examine significance followed by a Tukey's test for differences between treatments.

Results

<u>Rapid hardening does not impact survival of males</u>

Significant differences in mean survival were noted for the different treatment groups as determined by

one-way ANOVA ($F_{8,18}$ = 34.25, *p-value* = 2.38 x 10^{-9}). Sudden exposure of males to the extreme cold

treatment significantly decreased survival in comparison with controls, but survival was not improved by

RCH (Fig. 1). Although the value for male survival was higher when extreme cold exposure was

preceded by RDH, this increase was not significant (Fig. 1). Neither RCH nor RDH improved survival in

those exposed to a sublethal stress (Fig. 1). Thus, we observed no evidence that rapid hardening

enhanced survival of male adults.

<u>Rapid hardening improves male activity and competition during female courtship</u>

Sublethal cold exposure resulted in significant reduction in activity ($F_{3,72}$ = 12.07, *p-value* = 1.73 x 10^{-6}),

but activity was retained in RCH-treated compared to control males (Tukey's test, *p-value* = 0.246, Fig.

2a). Activity was not significantly different between control males and those that experienced RCH.

These results indicate that RCH allows males to maintain activity following cold stress.

196   Results from the competitive mating assays demonstrated that sublethal cold exposure

drastically impaired male mating (N = 50, χ^2, *p-value* = 8.16 x 10^{-5}, Fig. 2b). RCH or RDH without sublethal

cold stress did not alter male mating (N = 50, χ^2, *p-value* > 0.26, Fig. 2b).   Males first exposed to RDH or

RCH before sublethal cold stress showed increased mating compared to those only experiencing

sublethal cold stress (N = 50, χ^2, *p-value* < 0.01, Fig. 2b). These results suggest that RDH and RCH will

likely improve pre-copulatory interactions in males, allowing for increased mating success.

<u>Rapid hardening prevents reductions in male fertility</u>

The total number of eggs produced did not vary among treatment groups (one-way ANOVA, *p-value* =

0.456). But, egg viability significantly differed among treatments (Fig. 3.; one-way ANOVA, $F_{3,46}$ = 14.12,

p-value = 1.18 x 10^{-6}). In particular, egg viability was significantly reduced (by nearly 40%) when eggs

were exposed to sublethal cold (Tukey's test, *p-value* < 0.001) . This reduction in egg viability was

prevented when males were pretreated with RCH (Fig. 3; *p-value* = 0.717). RCH before the sublethal cold

exposure thus allowed males to maintain fertility, as indicated by egg viability (Fig. 3; *p-value* = 0.371 vs.

control, *p-value* = 0.0009 vs. sublethal cold). Thus, both pre-copulatory and post-copulatory aspects of

reproduction are impacted when males are exposed to sublethal cold stress.

To determine a putative mechanism for reduced fertility, we examined expression patterns of

four accessory gland proteins (ACPs) that are expressed exclusively in the male accessory gland (Fig. 4a).

When exposed to sublethal cold stress, expression of all four ACPs was significantly reduced (Fig. 4b,

one-way ANOVA, *p-value* < 0.03 in all cases). When subjected to RCH prior to sublethal cold exposure,

expression of three ACPs increased in comparison to expression levels seen following sublethal cold

exposure without RCH (Fig. 4b). These results suggest that a reduction in factors associated with seminal

fluid production could underlie the observed reduction in male fertility.

Discussion

This study highlights the critical role of rapid hardening in relation to male performance in the

Antarctic midge, as summarized in Figure 5. Hardening had very little impact on survival of males but

allowed them to retain higher levels of activity. This increased activity is likely a major underlying factor

allowing males to be more competitive in their ability to copulate with females. Male exposure to

sublethal cold stress resulted in a significant reduction in fertilization rate, as reflected in production of

fewer viable eggs. This impairment was recovered when males were subjected to RCH prior to cold

exposure. This reduction in fertility could be due, in part, to a major reduction in expression of specific

accessory gland proteins, which are critical for males to maintain maximum fecundity. The combined

impact is that rapid hardening can promote male fitness in two ways: 1) by allowing high performance

during pre-copulatory interactions, and 2) by allowing males to maximize fertility. Interactions between

pre- and post-copulatory factors work together in contributing to male fertility (Birkhead and Pizzari,

2002; Polak et al., 2021). In this study, we also show that both aspects can be negatively impacted by

exposure to stress.

Increased survival during lethal cold stress is a major factor associated with rapid hardening,

induced by dehydration or cold (Benoit et al., 2009; Teets et al., 2019; Teets et al., 2020). For the

Antarctic midge, RCH significantly improves larval survival when exposed to freezing temperatures (Lee

et al., 2006; Teets et al., 2008). But, the Increased survival appears to be stage-specific in the Antarctic

midge. While larvae show improved survival following RCH, adults do not (Lee et al. 2006). Our results

are consistent with these earlier observations showing that rapid hardening has little impact on adult

survival of the midge. Rapid hardening in other insect systems, such as *Drosophila*, also shows

differences between developmental stages, specifically in relation to survival (Colinet and Hoffmann,

2012; Jensen et al., 2007; Teets et al., 2020; Terblanche et al., 2007). Increased survival generated by

RCH may lack ecological relevance for these short-lived adult midges because they are rarely exposed to

potentially lethal temperatures during their active period in the austral summer (Lee et al., 2006; Teets

et al., 2019).

A key aspect of RCH is organismal performance following exposure to sublethal temperatures

(reviewed in (Teets et al., 2020)). Three key aspects related to sublethal cold stress are a lowering of the

critical thermal minimum temperature (CT_{min}), increased recovery from the CT_{min}, and fitness/energetic

advantages following cold stress (Benoit et al., 2021; Coulson and Bale, 1992; Findsen et al., 2013;

Rinehart et al., 2000; Shreve et al., 2004; Teets et al., 2019; Teets et al., 2020). We did not determine

whether RCH reduces the CT_{min} or recovery, but rapid hardening did improve the male activity levels to

near those of controls following sublethal cold exposure. RCH likely prevents protein and membrane

damage including resting potential depolarization that would normally occur following sublethal cold

stress (Koštál et al., 2004; Koštál et al., 2006; Overgaard and MacMillan, 2017). Damage due to sublethal

stress is likely most pronounced in muscle and nervous tissues (Andersen et al., 2015; Koštál et al., 2006;

MacMillan et al., 2014; Overgaard and MacMillan, 2017), which in turn can be expected to significantly

impact general activity levels, as observed for males in our study.

The overall increased level of activity is likely a major factor underlying the RCH-generated

improvement in male copulatory behavior. *B. antarctica* mates in swarms (Finch et al., 2020; Sugg et al.,

1983), thus there is likely significant pre-copulatory competition between males, and improved male

performance could represent a significant advantage if there are periods of unexpected cold during the

summer. In *Drosophila melanogaster*, courtship behavior is preserved by RCH at low temperatures

(Shreve et al., 2004), but whether this improves courtship abilities following more extreme stress is not

known. In larvae of the Antarctic midge, RCH does improve performance when larval locomotion is

monitored (Teets et al., 2019). Studies from multiple systems suggest that RCH improves general activity

during cold exposure, especially in chill susceptible systems (Overgaard and MacMillan, 2017)

Along with a reduction in pre-copulatory performance, male fertility declined following cold

exposure as evidenced by a nearly 40% reduction in egg viability. This reduction was prevented when

males were exposed to RCH before the sublethal cold stress. When pharate adult flesh flies, *Sarcophaga*

crassipalpis, are exposed to cold stress, there is also a reduction in male fertility that can similarly be

recovered by RCH (Rinehart et al., 2000). Among potential mechanisms that could contribute to this

impairment, we noted that expression of previously identified male ACPs (Finch et al., 2020) were

reduced substantially. RCH yielded a substantial recovery in expression of transcripts encoding the

ACPs. Two of these proteins were identified as putative metalloproteases previously implicated in

processing of seminal proteins, sperm competition, and sperm storage (Avila and Wolfner, 2017;

LaFlamme et al., 2012; Laflamme et al., 2014). Along with sperm viability, female sexual receptivity also

increases when specific proteases are inhibited (LaFlamme et al., 2012). This could have a substantial

impact in species such *as B. antarctica* where mating occurs in swarms and females mate more than

once (Finch et al., 2020). The two other ACPs examined here include one that does not have an assigned

function and one that is related to antigen 5-like allergens. Antigen-like proteins are common in salivary

glands in many insect systems (King and Spangfort, 2000), but the specific role for this protein in the

Antarctic midge remains unknown. From our studies, we cannot rule out direct damage to sperm as an

underlying cause for females producing fewer viable eggs, as documented in other insect systems

(Colinet and Hance, 2009; Levie et al., 2005; Rinehart et al., 2000). Both the reduction in transcript

levels for ACPs and sperm damage may contribute to reproductive impairment by low temperature, but

regardless of the immediate cause, RCH appears to be an effective mechanism for protecting not only

pre-copulatory activity but also post-copulatory factors impacting fertility in the Antarctic midge.

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 Figure and table legends

 Figure 1 - Effect of rapid hardening on male survival of the Antarctic midge. Different letters indicate

significant (one-way ANOVA, Tukey's Honest Significant Difference test, *P-value* < 0.05) differences

between treatment groups. (RCH+Cold = rapid cold hardening before damaging cold exposure; Cold =

damaging cold exposure; RDH+Cold = rapid dehydration hardening before damaging cold exposure;

RCH+SL = rapid cold hardening before sublethal cold stress; Sublethal = sublethal cold stress; RDH+SL =

rapid dehydration hardening before sublethal cold stress; RCH = rapid cold hardening; RDH = rapid

dehydration hardening, Control = untreated group).

Figure 2 - Effect of rapid hardening on competition between males of the Antarctic midge during

courtship. (A) Activity differences in control, sublethal cold exposure, and rapid cold hardening (RCH)

followed by sublethal cold exposure. Significance determined by ANOVA followed by a Tukey's test for

differences between treatments. (B) Difference between the choice of control or RCH males compared

to the specific treatment. Significance was determined with χ^2 test.

Figure 3 - Effect of rapid hardening of males on viability of eggs produced by females. Treatments are

control, cold exposure, rapid cold hardening (RCH), rapid cold hardening before sublethal cold exposure

(RCH-Cold). Significant differences between treatment groups were determined with a one-way ANOVA

followed by a Tukey's test for differences between treatments. The total number of eggs produced by

females did not vary between treatments (P = 0.456).

Figure 4 - Transcript level analysis of male accessory gland proteins during cold exposure. (A)

Expressional analysis to identify male accessory gland protein targets based on previous RNA-seq studies

underlying reproductive biology of the Antarctic midge (Finch et al., 2020). (B) quantitative PCR analysis

following cold exposure and rapid cold hardening (RCH). Significant differences between treatment

groups were determined with a one-way ANOVA followed by a Tukey's test for differences between

treatments.

Figure 5 - Summary of the impact of sublethal cold exposure and rapid cold hardening on pre-copulatory

and post-copulatory features of male fertility and performance.

Table S1 - Primers utilized for quantitative PCR studies.

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Figure 1

Figure 2

Figure 4

Figure 5

Sublethal cold
exposure

Rapid cold hardening
+
Sublethal cold
exposure

Decreased male performance
during mating

Control level male performance
during mating

Decreased expression of male
accessory gland proteins

Control level expression of male
accessory gland proteins

Reduced egg viability

Control level egg viability

Table S1

	Forward	Reverse
IU25_04442-mRNA-1	CGTCTTCAAGCCTTACAGGA	GTCTCGCAGAGTGATCGTTT
IU25_01011-mRNA-1	CACAATAAGTGGGGCTGAAC	TGATCACTCTGAAGCAACCA
IU25_12518-mRNA-1	CACAGCTTGGATTCCTTAAC	CTGATGCATGTGCATTAAAC
IU25_12390-mRNA-1	ATTACTGTGACCCAATCCTG	TGTTGTCTTCTGTCAGTTCG