# Kelimar Diaz<sup>1</sup>, Tommie L. Robinson<sup>1</sup>, Yasemin Ozkan Aydin<sup>1</sup>, Enes Aydin<sup>1</sup>, Daniel I. Goldman<sup>1</sup><sup>‡</sup>, and Kirsty Y. Wan<sup>2</sup>§

 $^1$ School of Physics, Georgia Institute of Technology, Atlanta, GA 30332, United States of America

<sup>2</sup> Living Systems Institute & College of Engineering, Mathematics, and Physical Sciences, University of Exeter, EX4 4QD, United Kingdom

#### Abstract.

Locomotion at the microscale is remarkably sophisticated. Microorganisms have evolved diverse strategies to move within highly viscous environments, using deformable, propulsion-generating appendages such as cilia and flagella to drive helical or undulatory motion. In single-celled algae, these appendages can be arranged in different ways around an approximately 10  $\mu$ m cell body, and coordinated in distinct temporal patterns. Inspired by the observation that some quadriflagellates (bearing four flagella) have an outwardly similar morphology and flagellar beat pattern, yet swim at different speeds, this study seeks to determine whether variations in swimming performance could arise solely from differences in swimming gait. Robotics approaches are particularly suited to such investigations, where the phase relationships between appendages can be readily manipulated. Here, we developed autonomous, algae-inspired robophysical models that can self-propel in a viscous fluid. These macroscopic robots (length and width = 8.5cm, height = 2 cm) have four independently actuated 'flagella' that oscillate back and forth under low-Reynolds number conditions (Re ~  $\mathcal{O}(10^{-1})$ ). We tested the swimming performance of these robot models with appendages arranged in one of two distinct configurations, and coordinated in one of three distinct gaits. The gaits, namely the pronk, the trot, and the gallop, correspond to gaits adopted by distinct microalgal species. When the appendages are inserted perpendicularly around a central 'body', the robot achieved a net performance of 0.15 - 0.63 body lengths per cycle, with the trot gait being the fastest. Robotic swimming performance was found to be comparable to that of the algal microswimmers across all gaits. By creating a minimal robot that can successfully reproduce cilia-inspired drag-based swimming, our work paves the way for the design of next-generation devices that have the capacity to autonomously navigate aqueous environments.

*Keywords*: swimming, cell motility, robot, bio-inspired, gait, quadrupedal locomotion,
 algae

 $\ddagger$  daniel.goldman@physics.gatech.edu

§ k.y.wan2@exeter.ac.uk

# 3 1. Introduction

The capacity for self-generated movement is a distinguishing feature of most living 4 organisms. In the macroscopic world, locomotion is typically associated with inertia [1]. 5 On the other hand, movement at the microscopic scale is subject to low Reynolds number 6 physics, and cannot take advantage of inertial coasting. Without motility, a bacterium 7 can only coast a minuscule distance an order of magnitude below the Ångström scale 8 [2]. Over billions of years of evolution, microorganisms have become adept at swimming, 9 evolving distinct mechanisms for powering and maintaining self-movement through a 10 fluid, often achieving speeds of several tens of body lengths per second. This active 11 motility confers a significant survival advantage, allowing microbes to navigate freely 12 towards regions or locations where nutrients or resources are more plentiful [3]. Depending 13 on the arrangement and number of locomotor appendages, single cells can execute 14 swimming gaits that are surprisingly reminiscent of animals. For example, the model 15 bifagellate alga *Chlamydomonas* actuates two equal-length flagella in a breaststroke [4], 16 while quadriflagellate algae (single cells with four-flagella) exhibit distinctive quadrupedal 17 gaits such as the trot or the gallop [5] (Fig. 1A,B). 18

In recent years, advances have been made in understanding the biomechanics of 19 microswimming. Here, the Reynolds number is small,  $Re = UL/\nu$ , where L is a typical 20 lengthscale of the swimmer, U a typical velocity scale, and  $\nu$  is the kinematic viscosity 21 of the fluid. Equally important is the oscillatory Reynolds number  $Re^{\rm osc} = L^2 \omega / \nu$  [6], 22 where  $\omega$  the typical stroke frequency (which sets a tip velocity of  $\omega L$ ). When both are 23 small, flows are then governed by the Stokes equations:  $0 = \nabla p - \mu \nabla^2 \mathbf{v}$  and  $\nabla \cdot \mathbf{v} = 0$ 24 (where  $\mathbf{v}$  and p are the flow and pressure fields), and have no explicit time-dependence. 25 Microorganisms are able to break time-reversal symmetry using non-reciprocal strokes or 26 body deformations, often involving whip-like appendages called cilia and flagella [2, 7]. 27 While bacteria make use of rigid helical flagella [8], eukaryotes actuate motile cilia which 28 produce asymmetric waves of propulsion [9, 10]. For a microorganism oscillating a 10  $\mu m$ 29 flagellum at 50 Hz,  $Re \sim 10^{-3}$ , and  $Re^{\rm osc} \sim 10^{-2}$ . One further asymmetry is required for 30 forward propulsion [11] - this is shape asymmetry, which is ensured by the slender aspect 31 ratio of all cilia and flagella (about 100). A rod sweeping through a fluid in the direction 32 perpendicular to the axis of the rod experiences approximately twice the drag compared 33 to when it is moved in the parallel direction [12]. Organisms across all scales have been 34 found to exploit this basic anisotropy in frictional forces for locomotion [13, 14, 15]. 35

Despite the adoption of cilia and flagella as a common propulsion mechanism, the 36 microscale locomotion strategies of microorganisms have diversified significantly across 37 different phyla [16]. It is not well-understood why different gaits exist nor how they are 38 coordinated. For centuries, locomotor gaits have been studied in the context of terrestrial 39 animals, where the sequences of relative movement sustained by subsets of limbs or 40 legs have fascinated researchers. In vertebrates, gaits are thought to be generated by 41 central pattern generators (CPGs) [17]. But how can orderly, deterministic appendage 42 coordination occur in single cells in the absence of nervous control [16, 18]? Recent 43 theoretical and experimental work have show that dynamic gait selection, at least in 44 flagellates, appears to be an active and species-dependent process driven by intracellular 45

and mechanical coupling [18, 19]. Notably, distinct quadriflagellates can self-propel
at different speeds despite an apparently identical arrangement of flagella around the
cell body [5, 20]. Since the ancestral form of the green algal lineage may have have
been a unicell with four flagella [21], there is much incentive to understand the precise
mechanisms of appendage coordination in such systems.

In the quest to address these open questions of movement control, extant organisms 51 can provide only a limited parameter space of possibilities in terms of size, shape, 52 beat frequency etc, often making it challenging to investigate certain configurations or 53 physical regimes. Theoretical and computational approaches have been instrumental in 54 shaping our understanding of active propulsion [12, 22], but these can be computationally 55 expensive or reliant on simplifying assumptions. Meanwhile robophysical modelling has 56 emerged as a powerful and versatile technique for elucidating organismal behaviour by 57 engineering customised configurations that can be easily tested in controlled laboratory 58 settings [23, 24, 25]. The revolution in robophysical modelling has been driven in 59 part by cheap electronics (motors, microcontrollers), and increasingly accessible control 60 technologies that can complement theoretical modelling to provide real biological insights 61 [24, 26]. However, trying to model cell movement is a significant conceptual challenge 62 when working at the microscale. Even though increasingly controllable micro- and nano-63 devices have been fabricated to mimic the locomotive behaviours of biological swimmers 64 [27, 28], these are overwhelmingly driven by external magnetic, electric or chemical fields. 65 For instance magnetic fields are often unable to deliver the fine spatial control, required 66 to independently actuate individual artificial cilia in a given array or network. Thus 67 detailed investigations of the effect of gait on microswimming has mostly been restricted 68 to theoretical microswimmers [29, 30], occasionally in artificial or colloidal swimmers [31], 69 but seldom in microrobots [32]. 70

The intrinsic limits of device manufacture at small scales severely undermines the 71 suitability of microbots as realistic models of cell motility. To understand the influence 72 of gait on self-propulsion at low-Reynolds number, our goal is to build a dynamically-73 scaled robophysical model which is truly *self-powered*, where the movement of individual 74 locomotor appendages can be prescribed and controlled independently. In contrast to 75 traditional 'microrobots', the large size allows us to explore and take advantage of 76 increasingly sophisticated electronics and control architectures [33, 34]. We can readily 77 reprogram these "roboflagellates" to execute specific swimming gaits, making them 78 uniquely suited to testing theories of bio-inspired and autonomous locomotion at low-79 Reynolds number. This paper is organised as follows. We first identified and measured 80 the relative swimming performance of three species of quadriflagellate algae that exhibit 81 near-identical morphology but distinct swimming speeds. Next we built a centimetre-82 sized robot which can self-propel in high-viscosity fluid when mimicking the asymmetric 83 beat pattern of the algal flagella, verifying that low-Reynolds number kinematics are 84 recapitulated. By arranging the robotic flagella in one of two possible configurations 85 (parallel or perpendicular) relative to a central "cell body", we imposed and tested three 86 distinct flagellar actuation patterns (gaits) that occur naturally in the algal flagellates, 87 namely the pronk, the trot, and the gallop. In each case, we compared the hydrodynamic 88 swimming performance of the robot to that of the corresponding algal species. Finally, 89

we discuss the relevance of these results for understanding how functional differences in
 swimming performance may arise from morphologically similar structures, and highlight

<sup>92</sup> the implications of this from an eco-evolutionary perspective.

# 93 2. Methods

# 94 2.1. Microalgal culturing and imaging

Three species of algae (P. parkeae, P. tetrarhynchus and C. carteria) were cultured 95 axenically according to previously published protocols [5, 18]. Free-swimming individuals 96 were tracked in open microfluidic chambers using a high-speed camera (Phantom Vision 97 Research). Brightfield imaging was conducted with 40x or 60x objectives using standard 98 inverted microscopes (Leica DMi8 and Nikon T2000-U) under white light illumination. 99 Free-swimming trajectories were obtained from high-speed videos in which single cells 100 crossed the focal plane, with the use of the open source software TrackMate (Fiji) [35]. 101 Ten cells per species were used to determine the performance of each swimming gait 102 (Supplementary Video 1). Tracks in which cells performed transient gaits, tumbles, or 103 changed directions were not used in this analysis. The body length of each cell was 104 measured along the long axis (anterior-posterior) of the organism. An average body 105 length of  $13.95\pm2.05 \ \mu\text{m}$ ,  $12.54\pm0.65 \ \mu\text{m}$ , and  $12.82\pm0.72 \ \mu\text{m}$  was found for *P. parkeae*, 106 P. tetrarhynchus and C. carteria respectively. 107

# 108 2.2. A self-powered roboflagellate

We designed a dynamically-scaled robot to ensure that the robotic model can be self-109 powered and does not require external fields - all controllers and servos are fully self-110 contained (Fig.1C). We performed robotic experiments in a highly viscous fluid (mineral 111 oil, McMaster, 1000 cSt, product no. 1401K75) to match the low Reynolds number 112 regime experienced by the algae (Figure 1C). A subset of trials were conducted in 113 glycerin (vegetable glycerin, Blue Water Chem Group, product no. B07FQWDTH7) 114 of comparable viscosity to the mineral oil, to enable better visualisation and tracking 115 of appendage movement. Each robot consisted of a 3D printed body (length and width 116 = 8.5 cm, height = 2 cm) attached to four flagella that are independently actuated 117 by waterproof servo motors (Savox, product no. SW0250MG). Each appendage was 118 oriented such that the stroke lies in the plane perpendicular to the body (Figure 1D). 119 Foam (FOAMULAR Insulating Sheathing (IS) XPS Insulation) was attached on the 120 robot body to achieve neutral buoyancy and allow it to swim unterhered. Commanded 121 appendage positions were achieved using a micro controller (Photon, Particle, part ID: 122 PHOTONH) that allowed us to actuate our robot with the use of Wi-Fi. Our micro-123 controller and each motor were connected via a IOT Servo Shield (Actuonix, part ID: 124 IOT-SHIELD-PHOTON), a circuit board specific to our micro controller. Four LEDs 125 were placed on the 3D printed body to facilitate tracking. The robot was powered with 126 three lithium ion polymer batteries (3.7 V, 2500 mAh), each powering directly the micro 127 controller, the motors, and any attached LEDs. With this micro controller, the robots 128 were able to achieve self-propulsion. 129

A minimal robophysical model of quadriflagellate self-propulsion

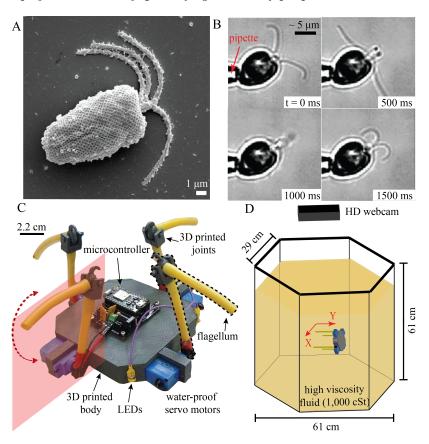


Figure 1: Design and fabrication of a dynamically-scaled robophysical model of a microswimmer with four flagella. (A) Scanning electron microscope (SEM) image of *Pyramimonas gelidicola* [36]. (B) Snapshots of *Pyramimonas parkeae* held by a pipette. (C) Robophysical model of quadriflagellate algae. (D) Experimental set-up. The arena is a hexagonal tank filled with mineral oil of high viscosity, to match the low Reynolds number regime experienced by the algae.

#### 130 2.3. Actuation of robotic flagella

Each robotic appendage comprised a two-link flagellum (length = 6.5 cm, diameter =131 3.1 mm, polypropylene-based thermoplastic elastomer (TPE)) connected by a 3D printed 132 joint allowing each flagellum to passively bend and break drag symmetry (Figure 1C). 133 Inspired by the flagellar beating waveform of the organisms, we implemented a simple 134 two-link flagellum in the robot that was able to break time-reversal symmetry (Figure 2). 135 An irreversible stroke pattern was achieved with the use of 3D printed hinges between 136 the two flagella segments. Instead of actively prescribing the shape of the flagella over 137 a beat cycle, symmetry breaking was achieved passively. No external control such as 138 magnetic fields were used, our robot was completely open loop. Each gait maintained a 139 constant phase difference between adjacent flagella set by prescribed joint angles of the 140 proximal segment (Figure 3, Supplementary Video 2). Each gait was uploaded to the 141 microcontroller via Wi-Fi, allowing the controllers to actuate the motors offline. Unless 142 otherwise specified, all gaits were prescribed with a flagellar beat frequency of 0.14 Hz. 143 The applied torque was constant throughout each beat cycle (3.5 kg/0.34 Nm operating)144 at 4.8 V). 145

For the movement of the robot in mineral oil (kinematic viscosity  $\mu/\rho = 10 \text{ cm}^2/\text{s}$ ),

6

the Reynolds number (Re) 0.14 (L = 3.8 cm, U = 0.38 cm/s), while the oscillatory Reynolds number  $Re^{\text{osc}}$  was 0.20  $(L = 3.8 \text{ cm}, \omega = 0.14 \text{ Hz})$ . For the experiments conducted in glycerin (kinematic viscosity  $\mu/\rho = 11.83 \text{ cm}^2/\text{s})$ , Re = 0.23 (L = 6.89 cm, U = 0.40 cm/s), and  $Re^{\text{osc}} = 0.55 (L = 6.89 \text{ cm}, \omega = 0.14 \text{ Hz})$ .

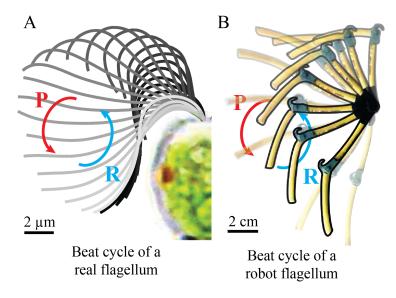


Figure 2: Breaking time-reversal symmetry with a hinged two-link bio-inspired flagellum. One beat cycle of an (A) algal flagellum compared to a (B) robot flagellum. P: power stroke, R: recovery stroke. Each robot flagellum segment has a length of 6.5 cm and diameter of 3.1 mm. Asymmetric beat patterns are achieved via a 3D printed joint. The movement patterns of the algal flagellum was measured in water, for the robot this was visualized in a high-viscosity fluid (glycerin).

# <sup>151</sup> 2.4. Prescribing the swimming gait in the roboflagellate

We imposed three distinct gaits observed in quadriflagellate algae – the pronk, the trot, 152 and the gallop. The different coordination patterns were achieved by prescribing the 153 phase differences between adjacent appendages. The resulting gait sequences can be 154 confirmed for an immobilised robot body, where the distance from each flagellum tip 155 to the cell body was used as proxy for phase. In the pronk gait, all four appendages 156 move simultaneously, without any phase difference ( $\varphi = 0^{\circ}$ ) between adjacent flagella 157 (Figure 3A). The trot gait is defined by alternating pairs of flagella each of which is 158 generating a pattern analogous to a breaststroke, with a phase difference of half a gait 159 cycle ( $\varphi = 180^{\circ}$ ) (Figure 3B). In the gallop gait, each appendage moves with a phase 160 difference of a quarter-gait cycle relative to its neighbour (Figure 3C). The directionality 161 (clockwise or counter-clockwise) of the gallop gait is determined by the phase difference 162  $(\varphi)$  between the first appendage  $(m_1)$  and an adjacent appendage  $(m_2 \text{ or } m_4)$ . We tested 163 the gallop gait in both a clockwise ( $\varphi=60^{\circ}$  between  $m_1$  and  $m_2$ ) and counter-clockwise 164  $(\varphi = 180^{\circ}$  between  $m_1$  and  $m_2$ ) direction. 165

# 166 2.5. Motion tracking

Due to the of opaqueness of the oil, we attached LEDs to the robot's body to enable 167 motion tracking. Further LEDs were attached to the flagella. All LEDs were digitized 168 using custom MATLAB algorithms. We approximated the center of geometry of the robot 169 by averaging the position of the LEDs over time. Then, we used the tracks to determine 170 the distance traversed by the robot in units of body lengths per beat cycle. A total of 171 9 trials were taken per gait, for each robot configuration. A trial was terminated either 172 when the robot touches a boundary, or if the LEDs were no longer visible as the robot 173 sediments over time (this is due to the foam trapping fluid and increasing in mass). Thus, 174 each trial comprised 6-10 cycles per gait. To visualize and confirm movement of the 175 flagella during active swimming, we used glycerin as an alternative high viscosity fluid. 176 However, because glycerin is not a dielectric fluid, wi-fi connectivity was interrupted and 177 the circuits were negatively affected. To resolve this, we substituted our micro controller 178 (Pro Trinket, Adafruit, product ID: 2000) and sealed the circuits with a gasket and a 3D 179 printed cap. 180

#### <sup>181</sup> 3. Results and Discussion

#### <sup>182</sup> 3.1. The trot is the fastest gait in the algae

We identified the quadriflagellates as an ideal study group owing to their morphological 183 diversity (in size, shape, aspect-ratio), and abundance in marine, terrestrial as well as 184 freshwater habitats. A key trait distinguishing quadriflagellate genera is the arrangement 185 or insertion of flagella around the anterior of the cell [21, 37]. Here we take advantage 186 of this diversity to compare the swimming behaviour of three species (Pyramimonas 187 tetrarhynchus, Pyramimonas parkeae, and Carteria crucifera) that employ three distinct 188 gaits - respectively the pronk, the trot, and the gallop (Supplementary Video 1). We 189 conjecture that inter-species differences in quadriflagellate swimming performance can 190 be attributed to differences in gait alone - where the same basic stroke is applied to 191 ensembles of appendages but according to distinct phase relationships. 192

Two of these algae belong to the genus *Pyramimonas*, a Prasinophyte algae belonging 193 to an early diverging class which is thought to have given rise to the core Chlorophyte 194 algae, comprising species with two, four, eight, or up to sixteen flagella [38, 5]. Four 195 flagella of identical length and beat pattern emerge from an deep anterior groove or pit 196 in the cell body. The third species, C. crucifera, is a Volvocalean flagellate that is closely 197 related to the model biflagellate *Chlamydomonas*. Despite this phylogenetic divergence, 198 all three species are similar in body size and flagellar morphology (approx ~ 20  $\mu$ m in 199 length and  $\sim 15 \ \mu m$  in width) and appear obvoid to cordate in side profile [39, 40]. 200

In all three cases, cells swim smoothly flagella-first (puller-type) at speeds of  $\mathcal{O}(100)$   $\mu$ m/s. The translational motion is coupled to an axial rotation to produce swimming along helical trajectories [41]. Abrupt gait transitions can occur either spontaneously or when triggered by mechanical contact, during which the flagella are directed to the front of the cell in a so-called shock-response [42]. Cells can also reversibly stop and start swimming, when all or some of the flagella transiently cease to beat [18].

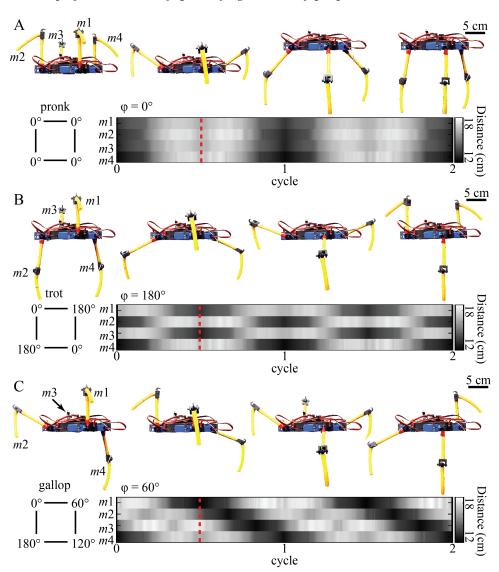


Figure 3: Quadriflagellate gaits prescribed to the robot. Distance from the center of geometry of the robot to the tip of each flagella was used as a proxy for the phase between adjacent flagella, labelled m1-4. (A) The pronk gait: zero phase difference ( $\varphi=0^{\circ}$ ) between adjacent flagella. (B) The trot gait: alternating pairs of flagella with a phase difference of half a gait cycle ( $\varphi=180^{\circ}$ ). (C) The gallop gait: adjacent flagella with a phase difference of a gait cycle ( $\varphi=60^{\circ}$ ). Snapshots of the robot showing the flagella configurations during each gait over half a gait cycle. The dashed red line delineates half a gait cycle from the start of the recording. [Note to visualise the gaits fully the robot was not placed in fluid.]

In all cases, free-swimming trajectories are superhelical, where small-scale swirls 207 at the scale of single-cells are produced by the periodic flagellar oscillations. Three 208 representative tracks, projected onto the focal plane, are shown in Figure 4 (A,C,E). 209 Using the large-scale tracks, we estimated for each of the three gaits the displacement 210 per cycle, including the cumulative displacement as a function of phase during the beat 211 cycle (Figure 4G) as well as the mean forward progress per complete cycle (Figure 4H). 212 Measured swimming speeds were  $126\pm24 \ \mu m/s$  for the pronk,  $408\pm46 \ \mu m/s$  for the trot, 213 and  $127\pm25 \ \mu m/s$  for the gallop. Our results show that the trot gait is the fastest gait 214 in the microalgae. Meanwhile the pronk and gallop gaits lead to comparable propulsion 215

9

A minimal robophysical model of quadriflagellate self-propulsion

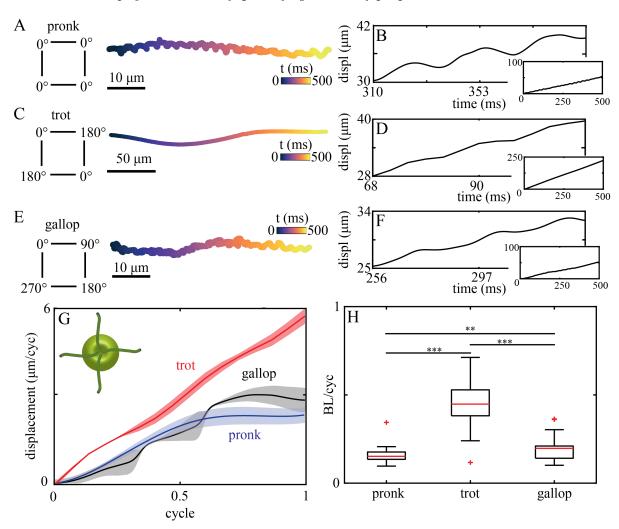


Figure 4: Gaits, kinematics, and hydrodynamic performance of quadriflagellate algae. All experiments were conducted in culture media - which had the same viscosity as water. For the pronking gait of *Pyramimonas tetrarhynchus*: (A) a sample (cell-centroid) trajectory colored by time, and (B) forward displacement over time for three cycles. Inset shows forward displacement over time of trajectory. For the trotting gait of *Pyramimonas parkeae*: (C) a sample (cell-centroid) trajectory colored by time, and (D) forward displacement over time for three cycles. Inset shows forward displacement over time of trajectory. For the galloping gait of *Carteria crucifera*: (E) a sample (cell-centroid) trajectory colored by time, and (F) forward displacement over time for three cycles. Inset shows forward displacement over displacement over time for three cycles. Inset shows forward displacement over time of trajectory. (G) Mean displacement within a gait cycle for all gaits - the pronk (blue line), trot (red line), and gallop (black line). Shaded areas correspond to the standard deviation. (H) Mean displacement computed in terms of body lengths per cycle, for each gait.

<sup>216</sup> speeds.

#### 217 3.2. A hinged flagellum breaks time-reversal symmetry

We first confirmed that our system resides in a low-Reynolds number regime by attaching 3D-printed rigid (unhinged) flagella to the body (Supplementary Video 3). As expected, reciprocal strokes produced neglegible net swimming. The net displacement in the direction of movement after one complete cycle was  $0.07\pm0.05 \ cm \ (0.02\pm0.01 \ BL)$  using the trot gait (Figure 5B).

10

A minimal robophysical model of quadriflagellate self-propulsion

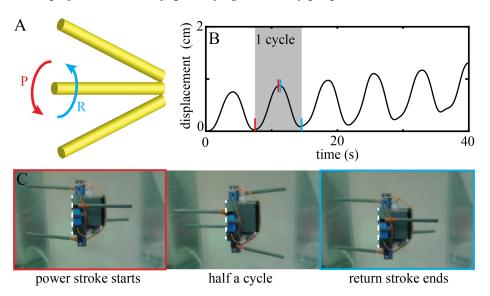


Figure 5: Kinematic reversibility confirms low-Reynolds regime. (A) One beat cycle of a single rigid flagellum moving back and forth. P: power stroke, R: recovery stroke. (B) Forward displacement traveled over time in mineral oil. Negligible net displacement per cycle with symmetric stroke pattern. (C) Snapshots of the robot during one gait cycle using rigid flagella. Left panel (outlined in red) shows the robot initiating a power stroke. Middle panel shows the robot during half a cycle. Right panel (outlined in blue) shows the end of the recovery stroke. [Note snapshots shown correspond to our alternative robot swimming in glycerin.]

With hinged flagella (Figure 2B), the robot became capable of net forward propulsion. Each gait cycle can be characterized by a power stroke during which the robot gains distance, and a recovery stroke during which it loses distance. We first set out to test the effect of flagella 'waveform' on swimming performance, this is expected to scale approximately with stroke amplitude [43, 44].

# 228 3.3. Flagellar undulation pattern affects swimming performance

We implemented two distinct flagellar undulation patterns - as defined by the maximal 229 sweep range of the segments. For simplicity and to prevent axial rotation, we then 230 reduced our quadriflagellate robot to a biflagellate robot, by removing one pair of 231 flagella (Supplementary Video 4). The remaining pair of flagella was programmed to 232 follow a breaststroke pattern (Figure 6A). We prescribed and compared the swimming 233 performance for two different sets of motor angles for the proximal segment: i)  $[0^{\circ},$ 234 180°], and ii) [45°, 135°] (Figure 6A inset). The motion of the distal segment always 235 follows passively, with the hinge breaking time-reversal symmetry. We tracked the 236 flagella 'waveform' in the two cases and calculated the angles generated by each flagellum 237 segment over time (from motor to joint and from joint to tip, Figure 6A). The two sweep 238 amplitudes produced two distinct gaits  $\theta_1$ - $\theta_2$  shape space Figure 6B. A reduced sweep 239 range results in a higher beat frequency ( $\omega = 0.14$  Hz for motor angles of [0°, 180°], and 240  $\omega = 0.41$  Hz for motor angles of [45°, 135°]). The rescaled displacement shows swimming 241 performance increases with amplitude (Figure 6C). As predicted, the larger-amplitude 242 breaststroke achieves a greater displacement after each gait cycle, consistent with the 243 notion that non-inertial locomotion is dictated by simple geometric mechanics. Here, 244

11

# A minimal robophysical model of quadriflagellate self-propulsion

<sup>245</sup> movement is kinematic, and net displacement is determined largely by the gait and its <sup>246</sup> associated low-dimensional properties [45].

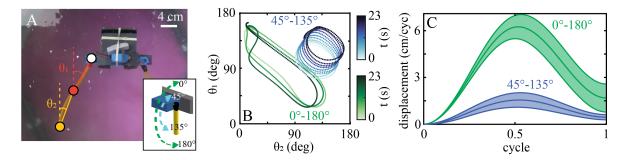


Figure 6: Swimming performance increases with stroke amplitude. (A) Quadriflagellate robot modified as a biflagellate robot, performing a breaststroke pattern with one pair of flagella. Angles  $\theta_1$  and  $\theta_2$  correspond to the angles generated by the flagella segment from the motor (white circle) to the joint (dark orange circle) and the segment from the joint (dark orange circle) to the tip (light orange circle). Inset shows variation of prescribed angles from 0° to 180° (green) and from 45° to 135° (blue). (B)  $\theta_1$  as a function of  $\theta_2$ , colored by time. Green dots corresponds to angles from 0° to 180°. Blue dots corresponds to 45° to 135°. (C) Mean displacement as a function of a gait cycle. Green line corresponds to angles from 0° to 180°. Blue line corresponds to 45° to 135°. Shaded areas correspond to the standard deviation. These experiments were conducted in glycerin with the alternative robot, to ensure the flagella beat pattern can be tracked.

#### 247 3.4. Roboflagellate swimming performance depends on gait and appendage placement

To test if swimming performance is dominated by gait or by other factors such as flagellar stiffness or shape dynamics, we prescribed the gaits exhibited by each algae species to our roboflagellates. We explored the effect of varying appendage phase coordination (gait) for two different configurations of four flagella, in which motors are positioned either in a parallel or a perpendicular orientation with respect to an identical body.

These configurations are inspired by naturally-occurring arrangements of basal 253 bodies and flagella found in extant algal flagellates (Figure 7). All three species of 254 algae studied here correspond to configuration A, in which the approximate plane of 255 flagellar beating is perpendicular to the surface of the robot body. The main difference 256 is that when viewed from the anterior of the cell, the four flagella are inserted with a 257 clockwise twist or offset for *Carteria*, but an anticlockwise offset for *Pyramimonas* [37]. 258 Algal species reported to exhibit configuration B [37] were not available in culture and 259 were not represented in the present study. Appendage coordination was prescribed in the 260 robot by specifying the phase differences between flagella, to produce each of the three 261 gaits: pronk, trot, or gallop, as previously described Figure 3. 262

For the perpendicular configuration, example trajectories as well as the cumulative forward displacement over time for each gait as shown in Figures 8(B)-(C), (E)-(J). We also analyzed the detailed within-cycle dynamics for each gait (Supplementary Video 5). The pronk and both the clockwise (CW) gallop and counterclockwise (CCW) gaits produce significant forward displacement during the power stroke (up to 5.7 cm for the pronk, 4 cm and 2 cm for the CW and CCW gallops respectively after 1/2 a gait cycle), but also produce a significant backward displacement during the recovery

12

A minimal robophysical model of quadriflagellate self-propulsion

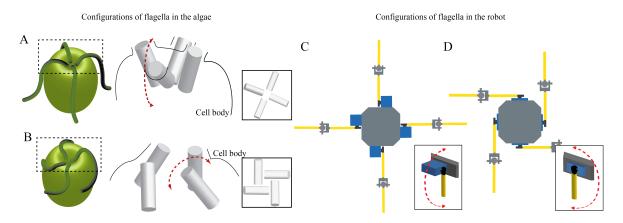


Figure 7: Modelling appendage placement. (A) Illustration of two configurations of flagella and basal bodies that are found in quadriflagellates [37]. The flagella emerge from basal bodies (cylinders) that are oriented largely perpendicular (A), or parallel (B) to the cell body. Insets show anterior views (A: cruciate arrangement, B: turbine or windmill-like). Double-arrow indicates the approximate beat plane of the individual flagella. Similarly, two roboflagellate designs are presented. Motors and attached 'flagella' are oriented perpendicular (C) or parallel (D) to the central body. Again, double-arrow indicates oscillation plane.

stroke, generating overall small displacement from cycle to cycle  $(0.33\pm0.04 \text{ BL/cyc},$ 270  $0.16 \pm 0.05$  BL/cyc, and  $0.15 \pm 0.08$  BL/cyc for the pronk, the CW gallop, and CCW gallop 271 respectively). On the other hand, while the trot does not achieve a greater displacement 272 (only 2.3 cm after 1/2 a gait cycle) than the pronk or gallop during the power stroke, it 273 loses a much smaller distance during the recovery stroke. This is because while one pair 274 flagella is moving towards the body and consequently producing backward motion, the 275 other pair of flagella moves away from the body so as to resist this motion. This can also 276 be observed in the trajectories, where the pronk and gallop gait shows backward motion, 277 unlike the trot gait. Due to this, of the three gaits investigated the robot achieves the 278 greatest hydrodynamic performance  $(0.6\pm0.08 \text{ BL/cyc})$  using the trot gait (Figure 8K), 279 just as in the algae. 280

For the parallel configuration (Supplementary Video 6), example trajectories as well 281 as the forward displacement over time for each gait can be seen in Figure 9(B)-(C), (E)-282 (J). Similar to the perpendicular configuration, the pronk gait allows the robot to gain a 283 significant amount of distance during the power stroke (up to 5 cm after 1/2 a gait cycle) 284 but also lose a significant amount of distance during the recovery stroke, generating little 285 net displacement from cycle to cycle. The gallop gait in the counterclockwise displays a 286 similar oscillatory pattern, however there is a discrepancy between the counterclockwise 287 and clockwise gallops (5.3 cm after 1/2 a gait cycle for the CW gallop, but only 1 cm 288 for the CCW gallop). This is likely due to rotation-translation coupling in the second 289 configuration (in which the flagella are inserted in the CCW sense), generating significant 290 motion laterally and causing axial rotation of the robot. Similar to the perpendicular 291 robot, the trot gait gains less distance during the power stroke (only 1.5 cm after 1/2 a gait 292 cycle) and loses more distance during the recovery stroke, relative to the perpendicular 293 configuration. The phasing between appendages in the trot gait again aids the robot 294 in traversing a greater distance from cycle to cycle than the pronk  $(0.15\pm0.4 \text{ BL/cyc})$ , 295

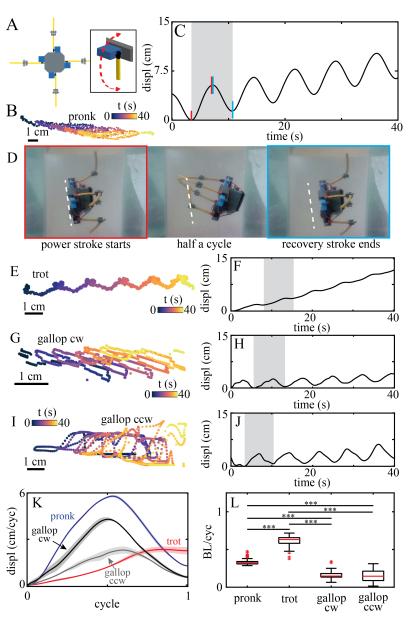


Figure 8: Swimming gait kinematics and performance for robot with flagella in perpendicular orientation. (A) Diagram of robot with motors oriented perpendicular to the body. Inset illustrates beating plane. For the pronk gait, (B) shows a sample trajectory of the robot, colored by time (5 cycles), and (C) the forward displacement traveled over time. For one gait cycle, red vertical lines highlight power stroke, and blue vertical lines highlight return stroke. (D) Snapshots of the robot during one cycle of the pronk gait. Left panel (outlined in red) shows the robot initiating a power stroke. Middle panel shows the robot during half a cycle. Right panel (outlined in blue) shows the robot completing the recovery stroke. (Arrow: swimming direction.) Trajectory of the robot during the trot gait, colored by time (5 cycles) (E), and forward displacement traveled over time of the robot during the trot gait (F). Trajectory of the robot during the clockwise gallop gait, colored by time (5 cycles) (G), and forward displacement traveled over time of the robot during the counter-clockwise gallop gait, colored by time (5 cycles) (G), and forward displacement traveled over time of the robot during the robot during the conter-clockwise gallop gait, colored by time (5 cycles) (G), and forward displacement traveled over time of the robot during the robot during the counter-clockwise gallop gait, colored by time (5 cycles) (I), and forward displacement traveled over time of the robot during the trot gait (J). (K) Mean displacement over a gait cycle for all gaits - the pronk (blue line), trot (red line), clockwise gallop (black line), and counter-clockwise gallop (grey line). Shaded areas correspond to the standard deviation. (L) Body length per cycle as a function of swimming gait.

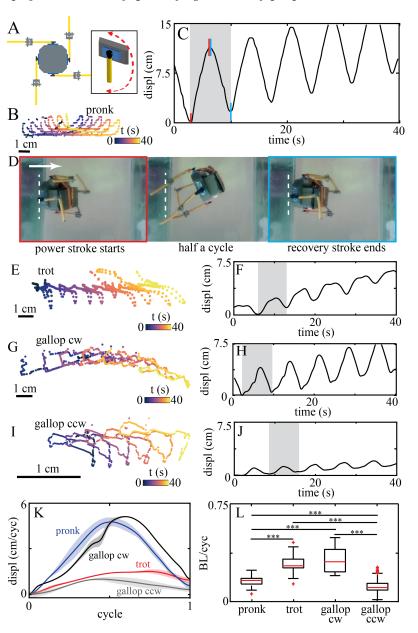


Figure 9: Swimming gait kinematics and performance for robot with flagella in parallel orientation. (A) Diagram of robot with motors oriented perpendicular to the body. Inset illustrates beating plane. For the pronk gait, (B) shows a sample trajectory of the robot, colored by time (5 cycles), and (C) the forward displacement traveled over time. For one gait cycle, red vertical lines highlight power stroke, and blue vertical lines highlight return stroke. (D) Snapshots of the robot during one cycle of the pronk gait. Left panel (outlined in red) shows the robot initiating a power stroke. Middle panel shows the robot during half a cycle. Right panel (outlined in blue) shows the robot completing the recovery stroke. (Arrow: swimming direction.) Trajectory of the robot during the trot gait (F). Trajectory of the robot during the clockwise gallop gait, colored by time (5 cycles) (G), and forward displacement traveled over time of the robot during the counter-clockwise gallop gait, colored by time (5 cycles) (G), and forward displacement traveled over time of the robot during the counter-clockwise gallop gait, colored by time (5 cycles) (G), and forward displacement traveled over time of the robot during the trot gait (J). (K) Mean displacement over a gait cycle for all gaits - the pronk (blue line), trot (red line), clockwise gallop (black line), and counter-clockwise gallop (grey line). Shaded areas correspond to the standard deviation. (L) Body length per cycle as a function of swimming gait.

15

# A minimal robophysical model of quadriflagellate self-propulsion

and also greater than the average of the CW and CCW gallop gaits  $(0.15\pm0.9 \text{ BL/cyc})$ . (We assume that by symmetry, this average between the two chiralities should cancel any rotational effects.) Thus, the trot remains a hydrodynamically effective gait for the parallel robot  $(0.26 \pm 0.08 \text{ BL/cyc})$  (Figure 9K).

We conclude that the swimming performance of the roboflagellate is highly sensitive 300 to both gait and flagellar orientation (which defines the principal beat plane) of the 301 flagella. It is possible that the organisms can access different regimes by controlling the 302 3D beat plane of their flagella, and that divergent flagellar placement evolved in different 303 species as a result of different environmental selection pressures. In flagellates such as 304 Volvox, nearby basal bodies (from which the flagella emerge) have rotated 90 degrees 305 compared to the ancestral configuration found in the unicellular *Chlamydomonas*, likely 306 to facilitate coordinated flagellar beating as an intact colony [5, 46]. 307

# 308 3.5. Speed of roboflagellate is comparable to that of real algae

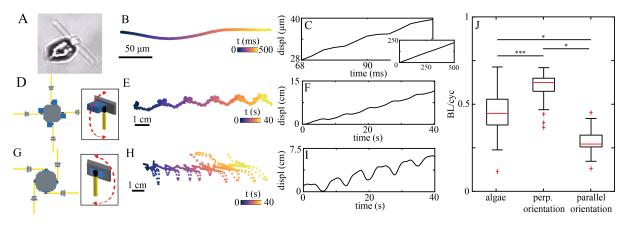


Figure 10: Comparing the trot gait in the algae and robot. (A) The alga *Pyramimonas parkeae* swimming using the trot gait. (B) Trajectory of *P. parkeae*, colored by time. (C) Forward displacement traveled over time by *P. parkeae*. (D) Diagram of robot with motors oriented perpendicular to the body. Inset illustrates beating plane. (E) Trajectory of the robot with perpendicular configuration using the trot gait, colored by time. (F) Forward displacement traveled over time of the robot with perpendicular configuration using the trot gait. (G) Diagram of robot with motors oriented parallel to the body. Inset illustrates beating plane. (H) Trajectory of the robot with parallel configuration using the trot gait, colored by time. (I) Forward displacement traveled over time of the robot with parallel configuration using the trot gait. (J) Body length per cycle for the trot gait for the algae, the perpendicular configuration, and the parallel configuration.

The above results show that a change in flagellar configuration can significantly change the performance of a given swimming gait. Focusing only on the trot, we note that the trot gait yielded the highest hydrodynamic performance for the algae and for the perpendicular robot, (Figure 10).

In both robot configurations, significant axial rotation and lateral movement was observed in the free-swimming trajectories (Figure 10E,H) showing that our robotic models do not swim as smoothly as their algal counterparts (Figure 10B). This suggests that the algal cytoskeleton could play a role in gait stabilization. The cumulative displacement over time for a trotting cell and our perpendicular robot

16

# A minimal robophysical model of quadriflagellate self-propulsion

are comparable (Figure 10C,F). Meanwhile the parallel configuration displays larger 318 amplitude oscillations in which a greater distance gained during each the power stroke is 319 negated during the subsequent recovery stroke (Figure 10I). This is likely due to three-320 dimensional effects as mentioned above. In all, we find that the performance of the algae 321 and both roboflagellate configurations are comparable in absolute terms, as measured 322 in terms of body lengths per stroke cycle. This agreement is surprising as we did not 323 precisely match the dimensions of our robots to that of the algal cell, and unlike the algal 324 flagella the robot 'flagella' were not capable of active bending - being comprised only of 325 rigid tubing and a 3D-printed hinge. 326

#### 327 4. Conclusion and future work

Microscopic organisms have evolved to harness many different ways of swimming at low-Reynolds number. Despite their apparent simplicity and lack of centralized control, many species of single-celled algal multiflagellates can perform robust free-swimming gaits analogous to animal gaits, which require specific temporal ordering of a small network of flagella [18]. Since structural and genetic information about many of the species of interest is lacking, we turned to robophysical modelling to understand how motility and gait are controlled in these unicellular microswimmers.

Robotics approaches at the macroscale have long been used successfully to explore and validate fluid dynamical theories of self-propulsion [47, 48]. Scenarios can be tested in robots that may not be possible in the live organism [49, 50]. Dynamically-scaled robotic models of microswimmers operating in viscous media have been used to mimic bacterial swimming [51], to examine flows induced by bundles of rotating flagella [52], and to reveal the role of elasticity [53], or to investigate metachronal actuation of rigid appendages [54].

Here, we created for the first time a novel self-powered, unterthered robot (no external 342 forces or torques) modelled upon quadriflagellate algae, which could not only self-propel 343 at low-Reynolds number but also recapitulate gait-dependent differences in swimming 344 performance that were observed in different species of microalgae. These results reveal 345 that differences in phase coordination of propulsive appendages alone has a significant 346 impact on hydrodynamic performance. The orientation of moving appendages on the 347 propelling body also influences net propulsive speed. In the perpendicular configuration 348 that best matches the algae, the trot gait is consistently faster than either the pronk 349 or gallop gait, and that the net displacement achieved by the robot in terms of body 350 lengths per cycle is similar in absolute terms to the algae. Thus our dynamically-scaled 351 robophysical model is a good model of the biological microswimmer. 352

Our work raises open questions about why the different quadriflagellate species have distinct motility repertoires in the first place. Freely-locomoting organisms at all scales, switch dynamically between multiple gaits, [55, 56], e.g. to escape predation. Even bacteria motility exhibits strong heterogeneity across species [3]. While marine *Pyramimonas* species exhibit sporadic bursts of fast activity with extended quiescent phases [42], freshwater alga *Carteria* (closely related to *Chlamydomonas*) and other *Volvocalean* algae do not show such rest periods [18]. More generally, ciliary strokes

## A minimal robophysical model of quadriflagellate self-propulsion

17

that are optimised for swimming may not be optimised for other tasks such as feeding or fluid pumping, and vice versa [57, 58]. Distinct gaits are unlikely to have evolved to achieve ever-faster swimming, but rather reflects a more nuanced relationship between the organism's metabolic requirements and its habitat.

We conjecture that differences in gait confers an evolutionary advantage even at 364 the microscale. Of the three algae studied here, two (P. tetrarhynchus, C. carteria) 365 are freshwater species and one is a marine species (*P. parkeae*). *P. tetrarhynchus* (type 366 species) was originally isolated from a peaty pool and cultured in a biphasic soil medium 367 [39]. C. crucifera is also a freshwater species that forms surface associations with leaves 368 and other decaying material. In contrast P. parkeae is most abundant in Acrtic surface 369 water and in tidal rock pools, where it can access sufficient sunlight for photosynthesis. 370 P. parkeae also exhibits a unique diurnal vertical settling behaviour [59]. The latter 371 behaviour, along with phototaxis, accentuates the requirement for vigorous swimming 372 and hence the fast trot gait. Field data has shown that marine *Pyramimonas* routinely 373 blooms in and around sea ice, where the unique polar environment (extreme fluctuations 374 in temperature, light, salinity etc) is associated with a highly heterogeneous distribution 375 of different *Pyramimonas* species even within the same water column [60]. The habitats of 376 these algae may therefore be a key evolutionary driver leading to significant diversification 377 of gait, even across species with apparently convergent morphology and size [61, 62]. 378 Further experiments using both lab strains and wild isolates, controlling more precisely for 379 culturing medium, are need to test this hypothesis. In parallel, we will use roboflagellates 380 to explore mix-mode propulsion strategies and unsteady effects, such as nutrient dispersal. 381

We highlight two limitations of the current design. The first concerns boundary 382 and finite-size effects, particularly due to fluid-structure interactions between moving 383 appendages and the bounding tank, and between different parts of the robot. The 384 presence of no-slip boundaries will alter the flow fields around a beating appendage, 385 and change propulsion efficiency [63]. The rigid insertion of the robot flagella around the 386 central body likely introduced an additional (unwanted) rotational movement. Second, 387 the current robot relies on a simple 2-link flagellum facilitated by a rigid 3D printed 388 joint which has a very limited number of degrees of freedom. The rigid joints have 389 limited ability to resist torsion - which may be gait-dependent. The compliance of real 390 (eukaryotic) flagella and cilia, which deform actively by distributed motor elements, 391 also improves propulsive force generation and efficacy. These organelles can actively 392 maintain their shape even when subject to significant hydrodynamic forces. In future 393 work we will resolve these limitations with improved roboflagellate designs, in parallel 394 with hydrodynamic simulations and modelling to understand gait optimisation. 395

In conclusion, we have presented a macroscopic robot capable of self-propulsion 396 at low-Reynolds number, and used this to model aspects of microorganism swimming 397 behaviour. We have applied this physical model to different permutations of gait 398 coordination patterns and flagellar placement and their influence on hydrodynamic 399 swimming performance. This approach has transformative potential for testing new 400 hypotheses relating to low Reynolds number self-propulsion in other small-scale biological 401 systems, such as mechanisms of gait selection and stimulus-dependent steering [16]. These 402 insights could have profound implications for how morphological computation may be 403

# REFERENCES

achieved in aneural or early nervous systems. From a technological perspective, these
diverse propulsion strategies can provide unique, innovative solutions to the formidable
challenge of navigating viscous fluids.

# 407 Acknowledgements

The authors are grateful for funding from Physics of Living Systems Student Research Network to KD and DIG, NSF Simons Southeast Center for Mathematics and Biology (SCMB) to KD, the Dunn Family Professorship (DIG), and from the European Research Council (ERC) under the European Union's Horizon 2020 Research and Innovation Programme (grant agreement No 853560 to KYW). We also acknowledge the 2018 MBL Physiology Course (Woods Hole, MA) during which this project was conceived.

# 414 References

- [1] R. McNeill Alexander. *Principles of Animal Locomotion*. Princeton University Press,
   stu student edition, 2003.
- [2] E. M. Purcell. Life At Low Reynolds-number. American Journal of Physics, 45(1):3–
  11, 1977.
- [3] R. Stocker and J. R. Seymour. Ecology and Physics of Bacterial Chemotaxis in the Ocean. *Microbiology and Molecular Biology Reviews*, 76(4):792–812, December 2012.
- [4] U. Rüffer and W. Nultsch. Flagellar coordination in chlamydomonas cells held on
   micropipettes. *Cell Motility*, 41(4):297–307, 1998.
- [5] K. Y. Wan and R. E. Goldstein. Coordinated beating of algal flagella is mediated
  by basal coupling. *Proceedings of the National Academy of Sciences of the United States of America*, 113(20):E2784–E2793, May 2016.
- [6] M. Theers and R. G. Winkler. Effects of thermal fluctuations and fluid compressibility on hydrodynamic synchronization of microrotors at finite oscillatory Reynolds number: a multiparticle collision dynamics simulation study. *Soft Matter*, 10(32):5894–5904, June 2014.
- [7] M. Beeby, J. L. Ferreira, P. Tripp, S. V. Albers, and D. R. Mitchell. Propulsive
  nanomachines: the convergent evolution of archaella, flagella and cilia. *Fems Microbiology Reviews*, 44(3):253–304, May 2020.
- [8] E. Lauga. Bacterial Hydrodynamics. Annual Review of Fluid Mechanics, 48(1):105–
  130, January 2016.
- [9] T. L. Jahn and J. J. Votta. Locomotion of Protozoa. Annual Review of Fluid
   Mechanics, 4:93-&, 1972.
- [10] J. R. Blake and M. A. Sleigh. Mechanics of ciliary locomotion. *Biological Reviews*, 438
  49(1):85–125, February 1974.
- [11] L. E. Becker, S. A. Koehler, and H. A. Stone. On self-propulsion of micro-machines
  at low Reynolds number: Purcells three-link swimmer. *Journal of Fluid Mechanics*,
  490:15–35, September 2003.

REFERENCES

19

- [12] E. Lauga and T. R. Powers. The hydrodynamics of swimming microorganisms.
   *Reports On Progress In Physics*, 72(9):096601, September 2009.
- <sup>444</sup> [13] N. Cohen and J. H. Boyle. Swimming at low Reynolds number: a beginners guide to undulatory locomotion. *Contemporary Physics*, 51(2):103–123, March 2010.
- [14] T. Zhang and D. I. Goldman. The effectiveness of resistive force theory in granular
  locomotion. *Physics of Fluids*, 26(10):101308, October 2014.
- [15] H. C. Astley, J. R. Mendelson, J. Dai, C. Gong, B. Chong, J. M. Rieser, P. E.
  Schiebel, S. S. Sharpe, R. L. Hatton, H. Choset, and D. I. Goldman. Surprising
  simplicities and syntheses in limbless self-propulsion in sand. *The Journal of Experimental Biology*, 223(5):jeb103564, March 2020.
- [16] K. Y. Wan and G Jékely. Origins of eukaryotic excitability. *Philosophical Transactions of the Royal Society B-biological Sciences*, 376:20190758, 2021.
- <sup>454</sup> [17] J. J. Collins and I. N. Stewart. Coupled nonlinear oscillators and the symmetries of <sup>455</sup> animal gaits. *Journal of Nonlinear Science*, 3(1):349–392, December 1993.
- [18] K. Y. Wan. Synchrony and symmetry-breaking in active flagellar coordination. *Philosophical Transactions of the Royal Society B-biological Sciences*, 375(1792):20190393,
   February 2020.
- [19] H. Guo, Yi Man, K. Y. Wan, and Eva Kanso. Intracellular coupling modulates
  biflagellar synchrony. *Journal of The Royal Society Interface*, 18(174):20200660,
  January 2021.
- <sup>462</sup> [20] S. Sym and M. Kawachi. Swimming behaviour in the genus pyramimonas.
   <sup>463</sup> Phycologia, 36(4):110–110, July 1997.
- <sup>464</sup> [21] H. Nozaki, O. Misumi, and T. Kuroiwa. Phylogeny of the quadriflagellate Volvocales
  <sup>465</sup> (Chlorophyceae) based on chloroplast multigene sequences. *Molecular Phylogenetics*<sup>466</sup> and Evolution, 29(1):58–66, October 2003.
- 467 [22] G. Gompper et al. The 2020 motile active matter roadmap. Journal of Physics:
   468 Condensed Matter, 32(19):193001, May 2020.
- <sup>469</sup> [23] M. A. R. Koehl. Physical modelling in biomechanics. *Philosophical Transactions of*
- the Royal Society B-biological Sciences, 358(1437):1589–1596, September 2003.
- <sup>471</sup> [24] J. Aguilar, T. Zhang, F. Qian, M. Kingsbury, B. McInroe, N. Mazouchova, C. Li,
  <sup>472</sup> R. Maladen, C. Gong, M. Travers, R. L Hatton, H. Choset, P. B. Umbanhowar, and
- D. I. Goldman. A review on locomotion robophysics: the study of movement at the intersection of robotics, soft matter and dynamical systems. *Reports on Progress in*
- $_{475}$  Physics, 79(11):110001, November 2016.
- <sup>476</sup> [25] B. J. H. Smith and J. R. Usherwood. Minimalist analogue robot discovers animal-like
  <sup>477</sup> walking gaits. *Bioinspiration & Biomimetics*, 15(2):026004, February 2020.
- [26] Y. Ozkan-Aydin, J.M. Rieser, C.M. Hubicki, Savoie W., and D.I. Goldman. Physics
  approaches to natural locomotion: Every robot is an experiment. In Shawn M.
  Walsh and Michael S. Strano, editors, *Robotic Systems and Autonomous Platforms*,
- 481 Woodhead Publishing in Materials, pages 109 127. Woodhead Publishing, 2019.

REFERENCES

20

- <sup>482</sup> [27] S. Palagi, A. G. Mark, S. Y. Reigh, K. Melde, T. Qiu, H. Zeng, C. Parmeggiani,
  <sup>483</sup> D. Martella, A. Sanchez-Castillo, N. Kapernaum, F. Giesselmann, D. S. Wiersma,
  <sup>484</sup> E. Lauga, and P. Fischer. Structured light enables biomimetic swimming and
  <sup>485</sup> versatile locomotion of photoresponsive soft microrobots. *Nature Materials*,
  <sup>486</sup> 15(6):647–653, June 2016.
- 487 [28] G. Z. Lum, Z. Y., X. Dong, H. Marvi, O. Erin, W. Hu, and M. Sitti. Shape 488 programmable magnetic soft matter. *Proceedings of the National Academy of* 489 Sciences, 113(41):E6007–E6015, October 2016.
- <sup>490</sup> [29] K. Polotzek and B. M Friedrich. A three-sphere swimmer for flagellar
   <sup>491</sup> synchronization. New Journal of Physics, 15(4):045005, April 2013.
- [30] Ali Najafi and Ramin Golestanian. Propulsion at low Reynolds number. Journal of
   Physics: Condensed Matter, 17(14):S1203-S1208, April 2005.
- <sup>494</sup> [31] H.-W. Huang, F. E. Uslu, P. Katsamba, E. Lauga, M. S. Sakar, and B. J. Nelson.
   <sup>495</sup> Adaptive locomotion of artificial microswimmers. *Science Advances*, 5(1):eaau1532,
   <sup>496</sup> January 2019.
- <sup>497</sup> [32] T. Qiu, T. Lee, A. G. Mark, K. I. Morozov, R. Münster, O. Mierka, S. Turek, A. M.
   <sup>498</sup> Leshansky, and P. Fischer. Swimming by reciprocal motion at low Reynolds number.
   <sup>499</sup> Nature Communications, 5(1):5119, December 2014.
- [33] K. M. Digumarti, A. T. Conn, and J. Rossiter. EuMoBot: replicating euglenoid
   movement in a soft robot. *Journal of The Royal Society Interface*, 15(148):20180301,
   November 2018.
- [34] D. Owaki, T. Kano, K. Nagasawa, A. Tero, and A. Ishiguro. Simple robot suggests
   physical interlimb communication is essential for quadruped walking. *Journal of The Royal Society Interface*, 10(78):20120669, January 2013.
- [35] JY Tinevez, N. Perry, J. Schindelin, G.M. Hoopes, G.D. Reynolds, E. Laplantine,
   S.Y. Bednarek, S.L. Shorte, and K.W. Eliceiri. Trackmate: An open and extensible
   platform for single-particle tracking. *Methods*, 115:80–90, 2017.
- [36] Water Department of Agriculture and the Environment: Australian Antarctic Division. Antarctic marine research aquarium, October 2008. [Online; accessed November 14, 2020].
- [37] C. A. Lembi. Fine-structure of Flagellar Apparatus of Carteria. Journal of Phycology, 11(1):1–9, 1975.
- [38] O. Moestrup and D. R. A. Hill. Studies on the genus Pyramiinonas (Prasinophyceae)
  from Australian and European waters: P. propuisa sp. nov. and P. mitra sp. nov. *Phycologia*, 30(6):13, 1991.
- [39] J. H. Belcher. Further observations on the type species of Pyramimonas (P. tetrarhynchus Schmarda) (Prasinophyceae): an examination by light microscopy, together with notes on its taxonomy. *Botanical Journal of the Linnean Society*, 62(2):241–253, April 1969.
- [40] B R Pearson and R E Norris. Fine structure of cell division in Pyramimonas parkeae
   Norris and Pearson (Chlorophyta, Prasinophyceae). Journal of Phycology, 11:113–
   124, 1975.

REFERENCES

21

- <sup>524</sup> [41] D. Cortese and K. Y. Wan. Control of Helical Navigation by Three-Dimensional <sup>525</sup> Flagellar Beating. *Physical Review Letters*, 126(8):088003, February 2021.
- <sup>526</sup> [42] K. Y. Wan and R. E. Goldstein. Time Irreversibility and Criticality in the Motility <sup>527</sup> of a Flagellate Microorganism. *Physical Review Letters*, 121(5):058103, August 2018.
- [43] A. Shapere and F. Wilczek. Geometry of self-propulsion at low Reynolds number.
   Journal of Fluid Mechanics, 198(-1):557, January 1989.
- [44] Y. Or. Asymmetry and Stability of Shape Kinematics in Microswimmers' Motion.
   *Physical Review Letters*, 108(25):258101, June 2012.
- [45] R. L. Hatton, Y. Ding, H. Choset, and D. I. Goldman. Geometric Visualization
  of Self-Propulsion in a Complex Medium. *Physical Review Letters*, 110(7):078101,
  February 2013.
- [46] H. J Hoops. Flagellar, cellular and organismal polarity in Volvox carteri. Journal of Cell Science, 104:105–117, 1993.
- <sup>537</sup> [47] G Batchelor. The life and legacy of G. I. Taylor. Cambridge University Press, 1996.
- [48] O Croze and F Peaudecerf. G. I. Taylor and the physics of swimming. *Cavendish magazine*, 2016.
- [49] R. M. Arco, J. R. Velez-Cordero, E. Lauga, and R. Zenit. Viscous pumping inspired by flexible propulsion. *Bioinspiration & Bioimimetics*, 9(3):036007, September 2014.
- <sup>542</sup> [50] N. Gravish and G. V. Lauder. Robotics-inspired biology. Journal of Experimental Biology, 221(7), 2018.
- <sup>544</sup> [51] A. Thawani and M. S. Tirumkudulu. Trajectory of a model bacterium. Journal of
   <sup>545</sup> Fluid Mechanics, 835:252–270, January 2018.
- <sup>546</sup> [52] M. J. Kim, M. M. J. Kim, J. C. Bird, J. Park, T. R. Powers, and K. S. Breuer.
  <sup>547</sup> Particle image velocimetry experiments on a macro-scale model for bacterial flagellar
  <sup>548</sup> bundling. *Experiments In Fluids*, 37(6):782–788, December 2004.
- <sup>549</sup> [53] T. S. Yu, E. Lauga, and A. E. Hosoi. Experimental investigations of elastic tail
  <sup>550</sup> propulsion at low Reynolds number. *Physics of Fluids*, 18(9):091701, September
  <sup>551</sup> 2006.
- <sup>552</sup> [54] R. Hayashi and D. Takagi. Metachronal Swimming with Rigid Arms near
   <sup>553</sup> Boundaries. *Fluids*, 5(1):24, February 2020.
- <sup>554</sup> [55] P. Holmes, R. J. Full, D. Koditschek, and J. Guckenheimer. The dynamics of legged
  <sup>555</sup> locomotion: Models, analyses, and challenges. *Siam Review*, 48(2):207–304, June
  <sup>556</sup> 2006.
- <sup>557</sup> [56] M. Hildebrand. The Quadrupedal Gaits of Vertebrates. *Bioscience*, 39(11):766–775,
   <sup>558</sup> December 1989.
- <sup>559</sup> [57] D. Tam and A. E. Hosoi. Optimal feeding and swimming gaits of biflagellated
   <sup>560</sup> organisms. Proceedings of the National Academy of Sciences of the United States of
   <sup>561</sup> America, 108(3):1001-1006, January 2011.
- [58] C. Eloy and E. Lauga. Kinematics of the Most Efficient Cilium. *Physical Review Letters*, 109(3):038101, July 2012.

REFERENCES

- <sup>564</sup> [59] N. J. Griffin and M. E. Aken. Rhythmic Settling Behavior In Pyramimonas-parkeae (prasinophyceae). *Journal of Phycology*, 29(1):9–15, February 1993.
- <sup>566</sup> [60] S. Haroardottir, N. Lundholm, O. Moestrup, and T. G. Nielsen. Description of
- <sup>567</sup> Pyramimonas diskoicola sp. nov. and the importance of the flagellate Pyramimonas
   <sup>568</sup> (Prasinophyceae) in Greenland sea ice during the winter-spring transition. *Polar* <sup>569</sup> *Biology*, 37(10):1479–1494, October 2014.
- <sup>570</sup> [61] F. Leliaert, D. R. Smith, H. Moreau, M. D. Herron, H. Verbruggen, C. F. Delwiche,
  <sup>571</sup> and O. De Clerck. Phylogeny and Molecular Evolution of the Green Algae. *Critical*<sup>572</sup> *Reviews In Plant Sciences*, 31(1):1–46, 2012.
- [62] G. I. Mcfadden, D. R. A. Hill, and R. Wetherbee. A Study of the Genus Pyramimonas
  (prasinophyceae) From Southeastern Australia. Nordic Journal of Botany, 6(2):209–
  234, 1986.
- <sup>576</sup> [63] C. Brennen and H. Winet. Fluid-mechanics of Propulsion By Cilia and Flagella.
- Annual Review of Fluid Mechanics, 9:339–398, 1977.