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Interferon Resistance of Emerging SARS-CoV-2 Variants

Kejun Guo[1], Bradley S. Barrett[1], Kaylee L. Mickens[1,2], Ezster K. Vladar[3],

James H. Morrison[1], Kim J. Hasenkrug[4], Eric M. Poeschla[1], and Mario L. Santiago[1,2]*

[1]Division of Infectious Diseases, Department of Medicine,

University of Colorado Anschutz Medical Campus, Aurora, CO, USA 80045

[2]Department of Immunology and Microbiology,

University of Colorado Anschutz Medical Campus, Aurora, CO, USA 80045

[3]Division of Pulmonary Sciences and Critical Medicine, Department of Medicine,

University of Colorado Anschutz Medical Campus, Aurora, CO, USA 80045

[4]Rocky Mountain Laboratories, National Institutes of Allergy and Infectious Diseases,

National Institutes of Health, Hamilton, MT 59840

*To whom correspondence should be addressed: mario.santiago@ucdenver.edu

Abstract

The emergence of SARS-CoV-2 variants with enhanced transmissibility, pathogenesis and resistance to vaccines presents urgent challenges for curbing the COVID-19 pandemic. While Spike mutations that enhance virus infectivity or neutralizing antibody evasion may drive the emergence of these novel variants, studies documenting a critical role for interferon responses in the early control of SARS-CoV-2 infection, combined with the presence of viral genes that limit these responses, suggest that interferons may also influence SARS-CoV-2 evolution. Here, we compared the potency of 17 different human interferons against multiple viral lineages sampled during the course of the global outbreak, including ancestral and four major variants of concern. Our data reveal increased interferon resistance in emerging SARS-CoV-2 variants, suggesting that evasion of innate immunity may be a significant, ongoing driving force for SARS-CoV-2 evolution. These findings have implications for the increased lethality of emerging variants and highlight the interferon subtypes that may be most successful in the treatment of early infections.

Author Summary

In less than 2 years since its spillover into humans, SARS-CoV-2 has infected over 220 million people, causing over 4.5 million COVID-19 deaths. High infection rates provided substantial opportunities for the virus to evolve, as variants with enhanced transmissibility, pathogenesis, and resistance to vaccine-elicited neutralizing antibodies have emerged. While much focus has centered on the Spike protein which the virus uses to infect target cells, mutations were also found in other viral proteins that might inhibit innate immune responses. Specifically, viruses encounter a potent innate immune response mediated by the interferons, two of which, IFNα2 and IFNβ, are being repurposed for COVID-19 treatment. Here, we compared the potency of

human interferons against ancestral and emerging variants of SARS-CoV-2. Our data revealed

increased interferon resistance in emerging SARS-CoV-2 strains that included the alpha, beta,

gamma and delta variants of concern, suggesting a significant, but underappreciated role for

innate immunity in driving the next phase of the COVID-19 pandemic.

Results

The human genome encodes a diverse array of antiviral interferons (IFNs). These include the

type I IFNs (IFN-Is) such as the 12 IFNα subtypes, IFNβ and IFNω that signal through

ubiquitous IFNAR receptor, and the type III IFNs (IFN-IIIs) such as IFNλ1, IFNλ2 and IFNλ3

that signal through the more restricted IFNλR receptor that is present in lung epithelial cells [1].

IFN diversity may be driven by an evolutionary arms-race in which viral pathogens and hosts

reciprocally evolve countermeasures [2]. For instance, the IFNα subtypes exhibit >78% amino

acid sequence identity, but IFNα14, IFNα8 and IFNα6 most potently inhibited HIV-1 *in vitro*

and *in vivo* [3-5], whereas IFNα5 most potently inhibited influenza H3N2 in lung explant

cultures [6]. Even though SARS-CoV-2 was sensitive to IFNα2, IFNβ, and IFNλ [7-9], and

clinical trials of IFNα2 and IFNβ demonstrated therapeutic promise for COVID-19 [10-12], a

direct comparison of multiple IFN-Is and IFN-IIIs against diverse SARS-CoV-2 variants of

concern has not yet been done.

The current study was initially undertaken to determine which IFNs would best inhibit SARS-

CoV-2. These first set of experiments were performed between December 2020 and March 2021,

and we selected 5 isolates from prominent lineages [13] during this phase of the pandemic (Fig

1, S1 Table). USA-WA1/2020 is the standard strain utilized in many *in vitro* and *in vivo* studies

of SARS-CoV-2 and belongs to lineage A [13]. It was isolated from the first COVID-19 patient

in the US, who had a direct epidemiologic link to Wuhan, China, where the virus was first

detected [14]. By contrast, subsequent infection waves from Asia to Europe [15] were associated

with the emergence of the D614G mutation [16]. Lineage B strains with G614 spread globally

and displaced ancestral viruses with striking speed, likely due to increased transmissibility [17,

18]. These strains accumulated additional mutations in Italy as lineage B.1 which then

precipitated a severe outbreak in New York City [19]. Later in the United Kingdom (U.K.),

lineage B.1.1.7 acquired an N501Y mutation associated with enhanced transmissibility [13].

Lineage B.1.351, first reported in South Africa, additionally acquired an additional E484K

mutation associated with resistance to neutralizing antibodies [20, 21]. Both B.1.1.7 and B.1.351

were reported in multiple countries and in some cases have become dominant for extended

periods [22]. We obtained representative SARS-CoV-2 isolates of the B, B.1, B.1.1.7 and

B.1.351 lineages (S1 Table). Each stock was sourced from beiresources.org and amplified once

in a human alveolar type II epithelial cell line (A549) that we have stably transduced with the

receptor ACE2 (A549-ACE2) (S1A Fig).

A549-ACE2 cells were pre-incubated with 17 recombinant IFNs (PBL Assay Science) overnight

in parallel and in triplicate, then infected with a non-saturating virus dose for 2 h (S1B Fig). We

normalized the IFNs based on molar concentrations similarly to our previous work with HIV-1

[3, 23]. To enable high-throughput evaluation of the antiviral activities of the numerous IFNs

against the multiple live SARS-CoV-2 isolates, we used a quantitative PCR (qPCR) assay to

determine amounts of virus produced 24 hours after infection (Fig 2A). Initial dose-titrations

showed that a 2 pM concentration fell within the dynamic range of activity and maximally

distinguished the antiviral activities of IFNs with widely divergent potencies, i.e., IFNβ and

IFNλ1 (S1C Fig). Of note, the IFNβ and IFNλ1 doses used did not significantly affect cell

viability (S1D Fig). Thus, 2 pM doses were used for additional antiviral activity testing. We also

evaluated the qPCR assay against a VeroE6 plaque assay using triplicate serial dilutions of a

SARS-CoV-2 isolate (B.1.351). Virus titers obtained using these two assays were strongly

correlated (S2A Fig). However, the VeroE6 plaque assay had ~2-log lower dynamic range; we

estimate that 1 plaque forming unit corresponds to ~900 SARS-CoV-2 N1 copies (S2A Fig).

Virus copy numbers also correlated with the numbers of primary airway epithelial cells infected

with different SARS-CoV-2 variants as quantified by immunofluorescence (S2B Fig). Thus, we

employed the qPCR assay to robustly distinguish the antiviral activity of the different

interferons.

In the absence of IFN, all 5 isolates reached titers of $\sim 10^4$-10^6 copies per 5 µl input of RNA

extract (Fig 2). Using absolute copy numbers (Fig 2) or values normalized to mock as 100% (S2

Fig), the 17 IFNs showed a range of antiviral activities against SARS-CoV-2. The 3 IFNλ

subtypes exhibited none to very weak (<2-fold) antiviral activities compared to most IFN-Is (Fig

2 and S3 Fig, blue bars). This was despite the fact that the assay showed a robust dynamic range,

with some IFNs inhibiting USA-WA1/2020 >2500-fold to below detectable levels (Fig 2A). IFN

potencies against the 5 isolates correlated with each other (S4 Fig), and a similar rank-order of

IFN antiviral potency was observed for G614+ isolates (Fig 2B, S3 Fig). Overall, IFNα8, IFNβ

and IFNω were the most potent, followed by IFNα5, IFNα17 and IFNα14 (Fig 2C); the type III

(λ) IFNs were least potent.

The molecular basis for the diverse antiviral effects of the highly related IFNα subtypes has been

an active area of investigation, particularly with regard to the relative contributions of

quantitative (signaling) versus qualitative (differential gene regulation) mechanisms [2-5]. We

reported that inhibition of HIV-1 by the IFNα subtypes correlated with IFNAR signaling

capacity and binding affinity to the IFNAR2 subunit [3, 23]. IFNAR signaling capacity, as

measured in an IFN-sensitive reporter cell line (iLite cells; Euro Diagnostics), correlated with the

antiviral potencies of the IFNα subtypes against SARS-CoV-2 lineages A and B, but not B.1,

B.1.351 or B.1.1.7 (Fig 3A). IFNAR binding affinities as measured by surface plasmon

resonance by the Schreiber group [24] did not correlate with IFNα subtype inhibition of SARS-

CoV-2 (Fig 3B). As the recombinant IFNs used in this study was from the same source as that of

the prior HIV-1 study [3, 23], we also determined if the IFNs that potently inhibit HIV-1 also

function similarly against SARS-CoV-2. Notably, the correlations between SARS-CoV-2 and

HIV-1 inhibition [3] were weak at best (Fig 3C). These findings suggested that IFN-mediated

control of SARS-CoV-2 isolates may be qualitatively distinct from that of HIV-1.

We generated a heat-map to visualize the antiviral potency of diverse IFNs against the 5 isolates

and observed marked differences in IFN sensitivities (Fig 4A). Pairwise analysis of antiviral

potencies between isolates collected early (January 2020) and later (March-December 2020)

during the pandemic were performed against the 14 IFN-Is (IFN-III data were not included due

to low antiviral activity, Fig. 2). The overall IFN-I sensitivity of USA-WA1/2020 and

Germany/BavPat1/2020 isolates were not significantly different from each other (Fig 4B). In

contrast, relative to Germany/BavPat1/2020, we observed 17 to 122-fold IFN-I resistance of the

emerging SARS-CoV-2 variants (Fig 4C), with the B.1.1.7 strain exhibiting the highest IFN-I

resistance (this can also be seen in Fig. 3). The level of interferon resistance was especially

striking when compared to the early pandemic USA-WA1/2020 strain, where emerging SARS-

CoV-2 variants exhibited 25 to 322-fold higher IFN-I resistance (Fig 4D).

The experiments to this point allowed for the simultaneous analysis of 17 IFNs against multiple

SARS-CoV-2 isolates, but did not provide information on how different IFN-I doses affect virus

replication. It also remained unclear if the emerging variants were resistant to IFN-IIIs. We

therefore titrated a potent (IFNβ; 0.002 to 200 pM) and a weak (IFNλ1; 0.02 to 2000 pM)

interferon against the lineage A, B, B.1, B.1.1.7 and B.1.351 viruses (Fig 5 and S5 Fig). Of note,

as the pandemic progressed in the past year, new variants of concern (VOCs) became dominant

in several countries; the WHO implemented a simplified Greek letter nomenclature for these

VOCs.   We therefore included 3 additional VOCs, which were also obtained from the BEI

repository: (1) a second B.1.1.7 (alpha) isolate, England/204820464/2020; (2) an isolate from

lineage P.1 (gamma), which branched off from lineage B.1.1.28; and (3) an isolate from lineage

B.1.617.2 (delta) (S1 Table). Lineage P.1 was first described in an outbreak of SARS-CoV-2 in

Manaus, Brazil, which occurred in a population with high levels of prior infection. P.1

independently acquired the E484K mutation [25, 26] (Fig 1A, S1 Table). The delta strain was

first reported in India in early 2021 [27, 28], and as of July 2021, has become the dominant

variant worldwide, including the USA [29]. The delta strain was particularly concerning as it was

frequently observed in breakthrough infections among fully-vaccinated individuals [30, 31].

The lineage A and B isolates were similarly inhibited by IFNβ and IFNλ1 (S5A Fig). Comparing

B to B.1, the 50% inhibitory concentration (IC_{50}) of the B.1 isolate was 2.6 and 5.5-fold higher

IC_{50} for IFNλ1 and IFNβ, respectively (S5B Fig). Comparing B to B.1.1.7, the B.1.1.7 variants

IC_{50}s were 4.3 to 8.3-fold higher for IFNβ and 3.0 to 3.5 higher for IFNλ1 (Fig 5A).

Interestingly, maximum inhibition was not achieved with either IFNβ or IFNλ1 against the

B.1.1.7 variant, plateauing at 15 to 20-fold higher levels than the ancestral lineage B isolate (Fig.

5A), which was in sharp contrast to the lineage B.1 isolate (S5B Fig). In a separate experiment,

the B.1.351 variant was also more resistant to IFNβ (43-fold) and IFNλ1 (26-fold) compared to

the lineage B isolate (Fig 5B). Here, however, maximum inhibition was achieved with IFNβ. The

P.1 variant also exhibited higher resistance to IFNβ (1.9-fold) and IFNλ1 (4.4-fold), and the

plateau concentration for antiviral activity was >10-fold higher for IFNβ than for the lineage B

isolate (Fig. 5C). Consistent with the findings with the other VOCs, the B.1.617.2 (delta) variant

was also more resistant to IFNβ (6.7-fold) (Fig. 5D). Although similar IC50s were obtained with

IFNλ1, the B.1.617.2 isolate had higher residual replication at the highest doses than the

ancestral lineage B isolate (Fig. 5D).

Two months after our initial preprint [32], Thorne *et* al posted data that in Calu-3 cells, a B.1.1.7

isolate, was more resistant to IFNβ than a 'first wave' lineage B isolate [33]. We found that

lineage A and B isolates replicated poorly in Calu-3 cells, making these cells unsuitable for IFN

resistance comparisons between ancestral versus emerging variants (S6A Fig). This was in sharp

contrast to A549-ACE2 cells, where we observed high levels of virus production ($>10^5$ copies)

of all strains studied (S1B Fig). Notably, comparable titers were obtained between the B.1 and

B.1.1.7 isolates in Calu-3 cells (S6A Fig). In these cells, the B.1.1.7 isolate was 50-fold more

resistant to IFNλ1 than the B.1 isolate (S6B Fig). We also demonstrate that the B.1.1.7 and

B.1.617.2 isolates were more resistant to IFNβ than the B.1 isolate (S6C Fig). Altogether, our

data demonstrate that the B.1, B.1.1.7, B.1.351, P.1 and B.1.617.2 isolates have evolved to resist

the IFN-I and IFN-III response.

Discussion

Numerous studies have shown that interferons are important for host defense against SARS-

CoV-2. This sarbecovirus is believed to have recently crossed the species barrier to humans,

either directly from bats or via an intermediate mammalian host(s) [34]. Here, we demonstrate

that SARS-CoV-2 has in fact evolved after host switching to become more resistant to human

interferons. Moreover, we establish an order of antiviral potency for the diverse type I and III

IFNs. IFNλ initially showed promise as an antiviral that can reduce inflammation [35], but our

data suggest that for SARS-CoV-2, higher doses of IFNλ may be needed to achieve a similar

antiviral effect *in vivo* as the IFN-Is. Nebulized IFNβ showed potential as a therapeutic against

COVID-19 [11], and our data confirm IFNβ is highly potent against SARS-CoV-2. However,

IFNβ was also linked to pathogenic outcomes in chronic mucosal HIV-1 [23], murine LCMV

[36] and if administered late in mice, SARS-CoV-1 and MERS-CoV [37, 38] infection. We

previously reported that IFNβ upregulated 2.4-fold more genes than individual IFNα subtypes,

suggesting that IFNβ may induce more pleiotropic effects [23]. Among the IFNα subtypes,

IFNα8 showed similar anti-SARS-CoV-2 potency as IFNβ. IFNα8 also exhibited high antiviral

activity against HIV-1 [3], raising its potential for treatment against both pandemic viruses.

Notably, IFNα8 appeared to be an outlier in this regard, as the antiviral potencies of the IFNα

subtypes against SARS-CoV-2 and HIV-1 generally did not strongly correlate (Fig. 3C). IFNα6

potently restricted HIV-1 [3, 4] but was one of the weakest IFNα subtypes against SARS-CoV-2.

Conversely, IFNα5 strongly inhibited SARS-CoV-2, but weakly inhibited HIV-1 [3]. This lack

of correlation is a key point for future studies. Of note, the high potency of IFNα5 and low

potency of IFNα6 against an isolate of SARS-CoV-2 (not a variant of concern) were

corroborated by another group [39]. Collectively, these data strengthen the theory that diverse

IFNs may have evolved to restrict distinct virus families [2, 23]. The mechanisms underlying

these interesting qualitative differences remain unclear. While IFNAR signaling contributes to

antiviral potency [3, 4, 24], diverse IFNs may have distinct abilities to mobilize antiviral

effectors in specific cell types. Comparing the interferomes induced by distinct IFNs in lung

epithelial cells [39] may be useful in prioritizing further studies on this point.

Most significantly, our data reveal for the first time the concerning trend for SARS-CoV-2

variants emerging later in the pandemic – in the setting of prolific replication of the virus in

human populations – to resist the antiviral interferon response. Prior to the present work, the

emergence and fixation of variants was linked to enhanced viral infectivity and/or neutralizing

antibody evasion due to mutations in the Spike protein [13, 16-18, 40]. However, previous

studies with HIV-1 suggested that interferons also can shape the evolution of pandemic viruses

[41, 42]. In fact, SARS-CoV-2 infected individuals with either genetic defects in IFN signaling

[43] or IFN-reactive autoantibodies [44] had increased risk of developing severe COVID-19. As

interferons are critical in controlling early virus infection levels, IFN-resistant SARS-CoV-2

variants may produce higher viral loads that could in turn promote transmission and/or

exacerbate pathogenesis. Consistent with this hypothesis, some reports have linked B.1.1.7 with

increased viral loads [45, 46] and risk of death [47-49]. Notably, infection with B.1.617.2 may

yield even higher viral loads than that B.1.1.7 [50].

In addition to Spike, emerging variants exhibit mutations in nucleocapsid, membrane and

nonstructural proteins NSP3, NSP6 and NSP12 (S1 Table). In the case of some early pandemic

viruses that pre-dated the emergence of the variants of concern, these viral proteins were

reported to antagonize IFN signaling in cells [51-53]. To specifically map the virus mutations

driving IFN-I resistance in emerging variants, it will be important to generate recombinant

viruses to isolate specific mutations, singly or in combination, and individually test candidate

single viral protein antagonists as well. This would help to confirm, for example, that the D3L

mutation in the B.1.1.7 nucleocapsid may facilitate innate immune evasion by increasing the

expression of an interferon antagonist, ORF9b [33]. The nucleocapsid D3L mutation was not

observed in the B.1.351, P.1 and B.1.617.2 lineages (S1 Table), which exhibited IFN-I and IFN-

III resistance in our experiments. B.1.617.2 (delta) has now replaced B.1.1.7 (alpha) as the

dominant strain in many countries [27, 29], but delta did not seem to be any more interferon-

resistant than alpha in both A549-ACE2 and Calu-3 cells. Notably, the delta isolate we studied

here had a deletion in ORF7a, which may counteract interferon signaling [52]; this deletion was

not a cell culture artifact as it was also observed in the clinical isolate. Analysis of delta isolates

with or without the ORF7a deletion would be needed to determine whether innate immune

evasion may be a factor for why the delta VOC has overtaken other lineages. Future studies

should facilitate understanding the molecular mechanisms of interferon resistance, its

consequences for COVID-19 pathogenesis, and the development of novel therapies that augment

innate immune defenses against SARS-CoV-2.

Overall, the current study suggested a role for the innate immune response in driving the

evolution of SARS-CoV-2 that could have practical implications for interferon-based therapies.

Our findings reinforce the importance of continued full-genome surveillance of SARS-CoV-2,

and assessments of emerging variants not only for resistance to vaccine-elicited neutralizing

antibodies, but also for evasion of the host interferon response.

Materials and Methods

Cell lines. A549 cells were obtained from the American Type Culture Collection (ATCC) and

cultured in complete media containing F-12 Ham's media (Corning), 10% fetal bovine serum

(Atlanta Biologicals), 1% penicillin/streptomycin/glutamine (Corning). Calu-3 cells were also

obtained from ATCC and cultured in DMEM supplemented with 10% fetal bovine serum and

1% penicillin/streptomycin/glutamine (Corning). Both cell lines were maintained at 37°C 5%

CO_2. A549 cells were transduced with codon-optimized human ACE2 (Genscript) cloned into

pBABE-puro [54] (Addgene). To generate the A549-ACE2 stable cell line, 10^7 HEK293T

(ATCC) cells in T-175 flasks were transiently co-transfected with 60 µg mixture of pBABE-

puro-ACE2, pUMVC, and pCMV-VSV-G at a 10:9:1 ratio using a calcium phosphate method

[55]. Forty-eight hours post transfection, the supernatant was collected, centrifuged at 1000×*g*

for 5 min and passed through a 0.45 µm syringe filter to remove cell debris. The filtered virus

was mixed with fresh media (30% vol/vol) that included polybrene (Sigma) at a 6 µg/ml final

concentration. The virus mixture was added into 6-well plates with 5×10^5 A549 cells/well and

media was changed once more after 12 h. Transduced cells were selected in 0.5 µg/ml

puromycin for 72 h, and ACE2 expression was confirmed by flow cytometry, western blot and

susceptibility to HIV-1ΔEnv/SARS-CoV-2 Spike pseudovirions.

Virus isolates. All experiments with live SARS-CoV-2 were performed in a Biosafety Level-3

(BSL3) facility with powered air-purifying respirators at the University of Colorado Anschutz

Medical Campus. The SARS-CoV-2 stocks were obtained from BEI Resources

(www.beiresources.org). S1 Table provides detailed information on the source of the material,

the catalogue and lot numbers and virus sequence information of both the clinical and cultured

stocks. The viruses were propagated in human A549-ACE2 cells unless indicated and harvested

by 72 h to minimize mutations that can occur during passage in cell culture, which were

documented particularly in nonhuman primate (Vero) or non-alveolar type II (293T) cell lines

[56]. The virus stocks had comparable titers $>10^6$ TCID$_{50}$/ml (S1A Fig) except for the two

B.1.1.7 strains (CA_CDC_5574/2020 and England/204820464/2020). The contents of the entire

vial (~0.5 ml) were inoculated into 3 T-75 flasks containing $3×10^6$ A549-ACE2 cells, except for

B.1.1.7 which was inoculated into 1 T-75 flask. The supernatants were collected and spun at

2700×g for 5 min to remove cell debris, and frozen at -80°C. The A549-amplified stocks were

titered according to the proposed assay format (S1B Fig, Fig 2A). Briefly, $2.5×10^4$ A549-ACE2

cells were plated per well in a 48-well plate overnight. The next day, the cells were infected with

300, 30, 3, 0.3, 0.03 and 0.003 µl (serial 10-fold dilution) of amplified virus stock in 300 µl final

volume of media for 2 h. The virus was washed twice with PBS, and 500 µl of complete media

with the corresponding IFN concentrations were added. After 24 h, supernatants were collected,

and cell debris was removed by centrifugation at 3200×g for 5 min.

Cell viability. To evaluate if the IFN doses affected cell viability, we utilized an MTT assay.

$1.5×10^4$ A549-ACE2 cells were plated per well in a 96-well plate and treated with 2000 pM

IFNλ1, 2 pM IFNλ1, 200 pM IFNβ, 2 pM IFNβ or untreated. Eight replicates were used per

treatment group. As a positive control for cell death, the same number of cells were treated with

30% DMSO. 36 hours after treatment, cell proliferation was assessed using the Vybrant MTT

Cell Proliferation Assay Kit (Invitrogen). Media was completely removed from cells and

replaced with 100 µl of fresh growth media. 10 µl of 12 mM MTT stock solution was added per

well and cells were incubated at 37°C for 4 h. 100 µl SDS-HCl solution was added to each well

and mixed thoroughly. After an additional 3 h incubation at 37°C, the absorbance was measured

at 570 nm and blank corrected to a media only control.

SARS-CoV-2 quantitative PCR. For rapid and robust assessments of viral replication, we

utilized a real-time quantitative PCR (qPCR) approach. This assay would require less handling of

infectious, potentially high-titer SARS-CoV-2 in the BSL3 compared to a VeroE6 plaque assay,

as the supernatants can be directly placed in lysis buffer containing guanidinium thiocyanate that

would inactivate the virus by at least 4-5 $\log_{10}$ [57]. Importantly, residual IFNs in the culture

supernatant could further inhibit virus infection in the VeroE6 plaque assay, compromising the

infectious titer read-outs. To measure SARS-CoV-2 levels, total RNA was extracted from 100 µl

of culture supernatant using the E.Z.N.A Total RNA Kit I (Omega Bio-Tek) and eluted in 50 µl

of RNAse-free water. 5 µl of this extract was used for qPCR. Official CDC SARS-CoV-2 N1

gene primers and TaqMan probe set were used [58] with the Luna Universal Probe One-Step

RT-qPCR Kit (New England Biolabs):

Forward primer: `GACCCCAAAATCAGCGAAAT`

Reverse primer: `TCTGGTTACTGCCAGTTGAATCTG`

TaqMan probe: `FAM-ACCCCGCATTACGTTTGGTGGACC-TAMRA`

The sequence of the primers and probes were conserved against the 7 SARS-CoV-2 lineages that

were investigated. The real-time qPCR reaction was run on a Bio-Rad CFX96 real-time

thermocycler under the following conditions: 55°C 10 mins for reverse transcription, then 95°C

1 min followed by 40 cycles of 95°C 10s and 60°C 30s. The absolute quantification of the N1

copy number was interpolated using a standard curve with 10^7-10^1 serial 10-fold dilution of a

control plasmid (nCoV-CDC-Control Plasmid, Eurofins).

VeroE6 Plaque Assay. Virus stocks with a pre-determined virus copy number were evaluated

in a conventional VeroE6 plaque assay to determine if the virus titers obtained using both

methods correlate. 4×10^5 VeroE6 cells (ATCC) were plated in 6-well plates and allowed to

adhere overnight at 37°C. Cells were washed once with PBS and infected with 1 ml of viral

stocks serially diluted in 2× MEM complete media (10% FBS, 20 mM HEPES, 2× Pen-Step, 2×

NEAA and 2× Sodium Pyruvate) for 1 hr at 37°C. After infection, 1 ml of sterile 2.5% cellulose

overlay solution (Sigma, Cat. No. 435244-250G) was added to each well and mixed thoroughly.

Cells were incubated at 37°C for an additional 48 hr before the media/overlay was removed and

the cells fixed in 4% paraformaldehyde (PFA) for 10 min at room temperature. The PFA was

removed and the cells were stained with 1% crystal violet in ethanol for 1 minute and washed

three times with distilled water. Plaques were manually counted from each well.

Immunofluorescence Assay. Primary human airway epithelial cells fully differentiated in air-

liquid interface cultures [59] were infected with different SARS-CoV-2 variants with or without

IFNβ. The apical surface was washed with culture medium daily for quantitative PCR. At 96 h

post-infection, the cultures were fixed with 4% PFA and wholemount labeled with anti-Spike

antibody (Clone ID007, Cat. No. 40150-R007, Sino Biological) followed by Alexa-Dye

conjugated secondary antibody. An LSM 900 confocal microscope (Zeiss) was used to generate

composite images of the entire culture surface. Spike+ cells were enumerated using the Cell

Counter plugin in the ImageJ Software (NIH).

Antiviral inhibition assay. We used a non-saturating dose of the amplified virus stock for the

IFN inhibition assays. These titers were expected to yield ~10^5 copies per 5 µl input RNA extract

(S1B Fig). Recombinant IFNs were obtained from PBL Assay Science. These recombinant IFNs

were assayed to be >95% pure by SDS-PAGE according to the manufacturer. In addition to the

IFN-Is (12 IFNα subtypes, IFNβ and IFNω), we also evaluated 3 IFNλ subtypes (IFNλ1, IFNλ2,

IFNλ3). To normalize the IFNs, we used molar concentrations [23] instead of international units

(IU), as IU values were derived from inhibition of encelphalomyocarditis virus, which may not

be relevant to SARS-CoV-2. Importantly, molar concentrations were used to normalize the

relative signaling potencies of the IFNα subtypes and IFNβ [23, 24]. To find a suitable dose to

screen 17 IFNs in parallel, we performed a dose-titration experiment of the USA-WA1/2020

strain with IFNβ and IFNλ1. A dose of 2 pM allowed for maximum discrimination of the

antiviral potency IFNβ versus IFNλ1 (S1C Fig). Thus, this dose should be within the dynamic

range of inhibition of the diverse IFNs investigated. Serial 10-fold dilutions of IFNβ and IFNλ1

were also used in follow-up experiments. Thus, in 48-well plates, we pre-incubated 2.5×10^4

A549-ACE2 cells with the IFNs for 18 h, then infected with the A549-amplified virus stock for 2

h. After two washes with PBS, 500 µl complete media containing the corresponding IFNs were

added. The cultures were incubated for another 24 h, after which, supernatants were harvested

for RNA extraction and qPCR analysis. A similar procedure was employed for Calu-3 cells,

except that IFNλ1 was replenished at 2 dpi and supernatants harvested at day 3.

Statistical analyses. Data were analyzed using GraphPad Prism 8. Differences between the IFNs

were tested using a nonparametric two-way analysis of variance (ANOVA) followed by a

multiple comparison using the Friedman test. Pearson correlation coefficients (R^2) values were

computed for linear regression analyses. Paired analysis of two isolates against multiple IFNs

were performed using a nonparametric, two-tailed Wilcoxon matched-pairs rank test. Differences

with $p<0.05$ were considered significant. Nonlinear regression curves were used to fit using

either a one-site total or two-phase exponential decay equation on log-transformed data.

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Figures

Figure 1. Selection of SARS-CoV-2 strains for IFN sensitivity studies.   (A) Global

distribution of SARS-CoV-2 clades. GISAID.org plotted the proportion of deposited sequences

in designated clades against collection dates. The six isolates chosen are noted by colored dots.

(B) SARS-CoV-2 strains selected for this study included representatives of lineages A, B, B.1,

B.1.351 and B.1.1.7 (S1 Table). Lineage P.1 (which branched off from lineage B.1.1.28) and

B.1.617.2 were added after the initial manuscript submission; and was evaluated for IFNβ and

IFNλ1 sensitivity. Lineage B isolates encode the D614G mutation associated with increased

transmissibility. Note that the B.1.1.7 strain was later updated to belong to the GISAID clade,

'GRY'. *Amino acid mutations were relative to the reference hCOV-19/Wuhan/WIV04/2019

sequence.

Figure 2. Sensitivity of SARS-CoV-2 strains to IFN-I and IFN-III interferons. (A) Antiviral

assay using recombinant IFNs (2 pM) in A549-ACE2 cells. The red line corresponds to the

qPCR detection limit (90 copies/reaction, or 1.8×10^4 copies/ml). (B) Viral copy numbers in

D614G+ isolates, showing a similar rank-order of IFNs from least to most potent. (C) The

average fold-inhibition relative to mock for lineage B, B.1, B.1.351 and B.1.1.7 isolates are

shown. The most potent IFNs are shown top to bottom. For all panels, bars and error bars

correspond to means and standard deviations.

Figure 3. Correlation between SARS-CoV-2 inhibition and biological properties of IFNα

subtypes. Log-transformed IFN-inhibition values relative to mock for the 5 different SARS-

CoV-2 strains were compared to previously published values on (A) 50% effective

concentrations in the iLite assay, a reporter cell line encoding the IFN sensitive response element

of *ISG15* linked to firefly luciferase [23]; (B) IFNAR2 subunit binding affinity, as measured by

surface plasmon resonance by the Schreiber group [24]; and (C) HIV-1 inhibition values, based

on % inhibition of HIV-1 p24+ gut lymphocytes relative to mock as measured by flow cytometry

[3]. Each dot corresponds to an IFNα subtype. Linear regression was performed using GraphPad

Prism 8. Significant correlations (*p*<0.05) were highlighted with a red best-fit line; those that

were trending (*p*<0.1) had a gray, dotted best-fit line.

Figure 4. Increased IFN-I resistance of emerging SARS-CoV-2 variants. (A) Heatmap of

fold-inhibition of representative strains from the lineages noted. Colors were graded on a log-

scale from highest inhibition (yellow) to no inhibition (black). Comparison of IFN-I sensitivities

between (B) lineage A and B isolates; (C) lineage B versus B.1, B.1.351 and B.1.1.7 and (D)

lineage A versus B.1, B.1.351 and B.1.1.7. The mean fold-inhibition values relative to mock

were compared in a pairwise fashion for the 14 IFN-Is. In (C) and (D), the average fold-

inhibition values were noted. Differences were evaluated using a nonparametric, two-tailed

Wilcoxon matched-pairs signed rank test. NS, not significant; ****, *p*<0.0001.

Figure 5. Dose-titration of ancestral lineage B versus four variants of concern against IFNβ

and IFNλ1. Data from four separate experiments (panels A-D) are shown. (A) Dose-titration of

IFNβ and IFNλ1 against lineage B (Germany/BavPat1/2020) versus B.1.1.7 (alpha) isolates. In

addition to USA/CA_CDC_5574/2020, we also evaluated a second B.1.1.7 isolate from the

United Kingdom (UK), England/204820464/2020. *The value at 200 pM IFNλ1 for the lineage

B isolate was 0.54, precluding efforts for finding a best-fit curve for IC50 determination; this

datapoint was therefore not included in the curve fitting. (B) IC50 comparison between a lineage

B (Germany/BavPat1/2020) and a B.1.351 (beta) isolate (South Africa/KRISP-EC-

K005321/2020). (C) IC50 comparison between a lineage B isolate (Germany/BavPat1/2020) and

a P.1 (gamma) isolate (Japan/TY7-503/2021). (D) IC50 comparison between a lineage B isolate

(Germany/BavPat1/2020) and a B.1.617.2 (delta) isolate (USA/PHC658/2021). For all panels,

A549-ACE2 cells were pre-treated with serial 10-fold dilutions of IFNs for 18 h in triplicate and

then infected with SARS-CoV-2. Supernatants were collected after 24 h, SARS-CoV-2 N1 copy

numbers were determined by qPCR in triplicate, and then the mean copy numbers were

normalized against mock as 100%. Error bars correspond to standard deviations. Non-linear best-

fit regression curves of mean normalized infection levels were used to interpolate 50% inhibitory

concentrations (green dotted lines).

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A **Global Clade Distribution**
(GISAID.org, as of 8/12/2021)

B **Isolates tested for IFN sensitivity**

SARS-CoV-2 Isolate Name

Notable Mutations in **Spike** (and other genes)*

USA-WA1/2020
Lineage: A

None
(NS8 L84S)

Germany/BavPat1/2020
Lineage: B

D614G
(no mutations in other genes)

New York-PV08410/2020
Lineage: B.1

D614G
(NSP2 T85I, NSP12 P323L, NS3 Q57H)

Variants of Concern (VOC)

South Africa/KRISP-EC-K005321/2020
Lineage: B.1.351 (Beta)

D614G, N501Y, E484K
+ many others

USA/CA_CDC_5574/2020
England/204820464/2020
Lineage: B.1.1.7 (Alpha)

D614G, N501Y
+ many others

GRY (alpha)

Japan/TY-503/2021 (Brazil P.1)
Lineage: P.1 (Gamma)

D614G, N501Y, E484K
+ many others

USA/PHC658/2021
Lineage: B.1.617.2 (Delta)

D614G, L452R
+ many others

GISAID Clade Legend:

O · S · L · V · G · G+RBDx · GV · GV+RBDx · GH · GH+RBDx · GR · GR+RBDx · GRY · GRY+RBDx

RBDx: relevant changes near receptor and antibody binding sites

A Screen for Potent IFNs

IFNs (2 pM) → A549-hACE2 → 18 h → SARS-CoV-2 (2 h adsorption) → 24 h → Supernatant Extract RNA N1 qPCR

USA-WA1/2020
Lineage A

C Potency of Diverse IFNs

No inhibition

Germany/BavPat1
NY-PV08410
S.Africa/K005321
USA/CA-CDC-5574

B Sensitivity of D614G SARS-CoV-2 variants to diverse Interferons

Germany/BavPat1/2020
Lineage B

New York-PV08410/2020
Lineage B.1

S.Africa/K005321/2020
Lineage B.1.351

USA/CA_CDC_5574/2020
Lineage B.1.1.7

A IFNα subtypes: relationship between IFNAR signaling and SARS-CoV-2 inhibition

B IFNα subtypes: relationship between IFNAR2 binding affinity and SARS-CoV-2 inhibition

C IFNα subtypes: relationship between inhibition of HIV-1 and SARS-CoV-2

Dose-titration of IFNβ and IFNλ1