Higher phage virulence accelerates the evolution of host resistance

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Abstract

Parasites and pathogens vary strikingly in their virulence and the resulting selection they

impose on their hosts. While the evolution of different virulence levels is well studied,

the evolution of host resistance in response to different virulence levels is less understood

and as of now mainly based on observations and theoretical predictions with few

experimental tests. Increased virulence can increase selection for host resistance

evolution if resistance costs are outweighed by the benefits of avoiding infection. To test

this, we experimentally evolved the bacterium *Vibrio alginolyticus* in the presence of two

variants of the filamentous phage, VALGΦ8, that differ in their virulence. The bacterial

host exhibited two alternative defence strategies against future phage infection: (1) super

infection exclusion (SIE) whereby phage-infected cells were immune to subsequent

infection at a cost of reduced growth, and (2) surface receptor mutations (SRM) in genes

encoding the MSHA type-IV pilus providing resistance to infection by preventing phage

attachment. While SIE emerged rapidly against both phages, SRM evolved faster against

the high virulence compared to the low virulence phage. Using a mathematical model of

our system we show that increasing virulence strengthens selection for SRM due to the

higher costs of infection suffered by SIE immune hosts. In both the experiments and the

model, higher levels of SRM in the host population drove more rapid phage extinction.

Thus, by accelerating the evolution of host resistance, more virulent phages caused

shorter epidemics.

Keywords: virulence, filamentous phages, experimental evolution, resistance evolution

INTRODUCTION

Infectious organisms vary strikingly in their level of virulence and the resulting selection they impose on hosts. Indeed, even closely related viruses, such as different strains of myxoma (Fenner and Marshall 1957) or corona viruses (Weiss and Leibowitz 2011), can differ greatly in virulence. While the evolution of virulence has been studied extensively during the last two decades, both using selection experiments (Bull, Molineux et al. 1991, Turner, Cooper et al. 1998, Messenger, Molineux et al. 1999) and observations of parasites evolved in nature (Herre 1993, Ebert 1994), how hosts respond to virulence-mediated selection is less well-explored. Our understanding of how virulence will impact evolutionary trajectories of resistance in a host population, and how these trajectories change with different levels of virulence, is mainly based on observational patterns (Kraaijeveld and Godfray 1999, Gates, Staley et al. 2021) and theory (van Baalen 1998, Boots and Haraguchi 1999, Restif and Koella 2003) with few experimental tests (Kraaijeveld and Godfray 1997). In general, increased virulence strengthens selection for the evolution of host resistance if the costs of resistance are outweighed by the benefits of avoiding infection (van Baalen 1998, Boots and Haraguchi 1999, Restif and Koella 2003). As such, at very low virulence, although infection is common, resistance is not favoured because the cost of resistance is likely to exceed any benefits of avoiding mild disease (Restif and Koella 2003). With increasing virulence, resistance is more strongly selected as the cost of resistance becomes outweighed by the detrimental effects of more severe disease, leading to the more rapid evolution of resistance (van Baalen 1998). However, at extreme levels of high virulence, selection for resistance can weaken once more, due to declining infection prevalence (Boots and Haraguchi 1999). Experimental tests of these predictions are, however, rare.

To explore how different levels of virulence influences the dynamics of host

resistance evolution, we designed a selection experiment using the model bacterium

Vibrio alginolyticus K01M1 as a host and two variants of the filamentous phage,

VALGΦ8, that differ in their virulence but are otherwise isogenic ((Chibani, Hertel et al.

2020), Table 1). Filamentous phages (family *Inoviridae*)—i.e., long, thin proteinaceous

filaments which contain a circular single-stranded DNA genome—have been shown to

be ideal model systems to study virulence evolution (Bull, Molineux et al. 1991,

Messenger, Molineux et al. 1999). Filamentous phages establish chronic infections

whereby virions are continuously released without lysis. Although filamentous phages do

not kill their host, infections often result in reduced host growth rates (Mai-Prochnow,

Hui et al. 2015, Hay and Lithgow 2019). This reduction in growth can result from an

overexpression of gI, which can even result in cell death or from phage-encoded proteins

inserted into the bacterial membrane (Mai-Prochnow, Hui et al. 2015). Thus, we define

virulence here as the reduction in bacterial growth resulting from phage infection, which

we can directly quantify by measuring the reduction in bacterial growth rate caused by

phage infection relative to the growth rate of phage-free cultures.

During chronic infections, most phage genes are repressed to ensure host cell

viability (Bondy-Denomy and Davidson 2014). This is achieved through the action of

prophage encoded repressor proteins which also prevent superinfection i.e.,

superinfection exclusion (SIE) by the same or closely related (Refardt 2011) phage(s).

Many filamentous phages, including vibriophages from the present study, can provide

SIE immunity through the production of the phage-encoded receptor-binding protein pIII

which blocks primary and secondary phage receptors (Mai-Prochnow, Hui et al. 2015).

As such, chronically infected host cells become protected from subsequent infection

through SIE. Alternatively, it is possible for bacteria to acquire resistance to filamentous

phage infection through mutations causing alterations to the surface receptors that the

phages bind to, thus preventing phage infection (Jouravleva, McDonald et al. 1998). How

phage virulence alters selection for SIE versus surface receptor modification (SRM)

resistance is unclear.

Combining experimental evolution with whole genome sequencing, we show that

SIE immunity arose rapidly and at a similar rate against both phages, whereas SRM

evolved more rapidly against the high compared to the low virulence phage, driving faster

extinction of the high virulence phage. Using an experimentally parameterised

mathematical model we show that accelerated replacement of SIE immunity by SRM was

driven by increasing costs of infection, in terms of reduced growth, suffered by SIE

immune hosts with increasing phage virulence. Resistance mutations were identified in

genes encoding the MSHA type IV pilus, which pleiotropically caused reduced motility

of these resistant bacteria. Together these data show that higher phage virulence

accelerated the evolution of resistance, which consequently drove faster phage extinctions

and shorter epidemics.

RESULTS

Ecological dynamics vary according to phage virulence

To explore how variation in virulence influences the dynamics of host resistance

evolution, we experimentally evolved the bacterium *Vibrio alginolyticus* K01M1 with or

without one of two isogenic filamentous phages that differ in their virulence—

VALGΦ8$_{K04M5}$ which reduces bacterial growth by 73% (higher virulence) or

VALGΦ8$_{K04M1}$ which reduces bacterial growth by 58% (lower virulence, Table 1)—for

30 serial transfers (~240 bacterial generations). We first compared the ecological

dynamics of bacterial and phage populations between treatments. Phages reduced

bacterial densities by several orders of magnitude in both phage treatments compared to

no phage control populations (Figure 1a). The immediate reduction (measured 24 hours

post infection [hpi]) in bacterial density was greater in populations exposed to the higher

virulence phage (VALGΦ8$_{K04M5}$) than the lower virulence phage (VALGΦ8$_{K04M1}$; Figure

1a). Correspondingly, in both treatments, phages amplified massively and rapidly,

reaching 3.01×10^{12} PFU/ml (VALGΦ8$_{K04M5}$) 24 hpi and 2.83×10^{12} PFU/ml

(VALGΦ8$_{K04M1}$) 48 hpi (Figure 1b), before declining to levels comparable to control

populations (note that the genome of *V. alginolyticus* K01M1 contains a resident phage,

VALGΦ6, that produces phage particles at a low background rate). These data suggest

that the strong reduction in bacterial densities at the beginning of the experiment (Figure

1a) directly resulted from the costly production of viral particles (Figure 1b). Over time,

however, the densities of bacterial populations exposed to the higher virulence phage

recovered three times faster than populations exposed to the lower virulence phage

(significant phage:transfer interaction in gls-model: $F_{15,186}=6.58$, p<0.001, Figure 1a).

Bacterial population recovery was accompanied by declining phage densities in both

treatments, but phage survival varied according to phage virulence (log-rank test:

Chisq$_1$=4.9, p=0.03), with the higher virulence phage going extinct more rapidly than the

lower virulence phage (Figure 4a).

Figure 1 Population dynamics over 30 transfers. (A) Bacteria in CFU/ml, (B) Phages in PFU/ml, the grey dashed line represents the quantification limit below which quantifying filamentous phages using spectrophotometry is inaccurate, note: free phages in the control treatment stem from the low-replicating resident phage VALGΦ6 (see Table 1) (c) Fraction of susceptible clones (n=24), and (d) Fraction of SIE hosts within phage-resistant clones. Fractions are based on 24 random clones per replicate population per timepoint. In all panels, data are represented as mean of six replicate populations per treatments, error bars represent standard errors. Colours correspond to one of three experimental treatments, lower virulence VALGΦ8$_{K04M1}$ (light red), higher virulence VALGΦ8$_{K04M5}$ (dark red), no phage (grey).

Rapid emergence of superinfection exclusion immunity

These bacteria-phage population dynamics suggest that the emergence of bacterial

defences against phage infection may have enabled recovery of the host population.

Consistent with this hypothesis, the proportion of susceptible hosts rapidly declined to

zero within 24 hours in both treatments and remained so for the duration of the experiment

(Figure 1c). Bacteria can develop protection from filamentous phage infection by two

distinct mechanisms: superinfection exclusion (SIE) immunity, where already infected

cells are protected from subsequent infection by the same phage through phage-encoded

genes (Susskind, Wright et al. 1974, Uc-Mass, Loeza et al. 2004, Sun, Gohler et al. 2006,

Cumby, Edwards et al. 2012), or resistance, for instance via modification of the bacterial

phage receptor, preventing phage from entering the host cell (Jouravleva, McDonald et

al. 1998). To quantify the frequency of SIE immunity we used PCR with primers that

target specifically VALGΦ8 to test for the presence of the relevant phage in the bacterial

genome (the presence of a PCR product suggests SIE due to the presence of VALGΦ8).

SIE rapidly increased in frequency and dominated bacterial populations in both

treatments after 24 hours (Figure 1d). However, after 48 hours, the proportion of SIE

hosts began to decline, and did so significantly faster in populations that had been exposed

to the higher virulence phage (Figure 1d, significant phage:transfer interaction in glm:

$F_{6,60}=10.18$, p<0.001). Given that these populations contained no susceptible bacteria

from 24 hours onwards (out of 24 tested colonies per timepoint), the subsequent decline

of SIE hosts suggests their displacement by the invasion of resistant genotypes, and that

this was more strongly selected for by the higher virulence phage.

Resistance is associated with mutations in MSHA type IV pilus encoding genes

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To test if the decline of SIE hosts after 24 hours was driven by the invasion of surface

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receptor modification (SRM) resistance, we used whole genome sequencing (WGS) of

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two randomly chosen clones from each population isolated at transfer 2: one PCR-

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positive clone (SIE) and one PCR-negative clone (resistant but not phage carrying) to

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identify mutations. We observed no loci with mutations on chromosome 2 or the plasmid

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pl9064. However, on chromosome 1 we identified 12 loci with mutations that were not

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present in clones from the control treatment, suggesting that these were associated with

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phage-mediated selection. Of these 12 loci, two were affected in PCR-positive and PCR-

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negative clones. This included an intergenic region between tRNA-Val and the 23S

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ribosomal RNA, that has been repeatedly hit in both clone-types and phage-treatments,

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but whose function we cannot explain. The remaining ten loci were exclusive to PCR-

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negative clones suggesting a potential role in evolved phage resistance. Of these nine loci,

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eight had substitutions, duplications, insertions, or deletions in four different genes

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belonging to the MSHA type IV pilus operon (*mshL, mshE, mshG, K01M1_28150;* Figure

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2a/ Table S1). Among those, three caused severe frameshift mutations that presumably

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have a high impact on the function of these proteins. While the locus (*K01M1_28150*)

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was affected twice in both phage treatments, mutations in *mshL* and *mshE* occurred

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exclusively in response to the higher virulence phage and mutations in *mshG* in response

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to the lower virulence phage. Moreover, we found more mutated MSHA-loci among

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clones exposed to the higher virulence (5/6) compared to the lower virulence phage (3/6).

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This supports of our previous findings, which suggested a stronger selection for resistance

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against the higher virulence phage.

Figure 2 (A) Genetic loci on chromosome 1 under positive selection as indicated by parallel genomic evolution in populations exposed to phages: right: SIE hosts; middle: SRM hosts; left: zoom into MSHA-operon region from SRM hosts. Only loci which are not present in control populations are shown. Concentric circles correspond to one clone isolated from either the higher virulence VALGΦ8$_{K04M5}$ (six inner circles, dark red) or the lower virulence VALGΦ8$_{K04M1}$ phage (six outer circles, light red). Each coloured point corresponds to one mutation event on the respective clone. HP = hypothetical protein; HP3 corresponds to locus tag K01M1_28150. For more detailed information on the underlying mutation see Table S1.

(B) Structure of the MSHA-operon and comparative genomics comprising MSHA-operons from *V. alginolyticus* FA2 (top), *V. alginolyticus* K01M1, and *V. cholerae* El Tor (bottom). Similarity between regions is indicated by dark grey blocks, genes with detected mutations are marked in orange, detected mutations are marked as arrows below *V. alginolyticus* K01M1.

The absence of mutated MSHA-loci in PCR-positive clones paired with a high prevalence in PCR-negative clones (8/12) suggests strongly parallel evolution of phage resistance. The MSHA operon is highly conserved across *Vibrio* clades (Figure 2b), and we found one corresponding ortholog to each gene in the *V. cholerae* El Tor MSHA operon (Figure 2b). This suggests that, similar to other vibrios (Jouravleva, McDonald et

al. 1998), the MSHA type IV pilus plays an important role in resistance against VALGΦ8.

Note, a search of all assembled genomes for CRISPR associated genes as well as for

CRISPR array like repetitive sequence patterns did not yield any results. All PCR-

negative phage resistant clones are from here onwards referred to as surface receptor

mutant SRM hosts. The genomic data also confirmed that clones with a positive PCR

result (i.e., SIE host) all contained the respective phage genome, which did not integrate

into the chromosome but existed episomally in all sequenced clones (Table S2; Figures

S3).

We found four PCR negative clones that were resistant to infections with ancestral

phages but did not acquire mutations within the MSHA operon. One explanation could

be phenotypic resistance, where phage adsorption to bacteria is strongly reduced (Bull,

Vegge et al. 2014). Another explanation could be inactivation of genes required for phage

replication (Martinez and Campos-Gomez 2016). For instance, we found two PCR-

negative clones with mutations in hypothetical proteins whose functions we do not know.

Virulence determines the rate of resistance evolution in a mathematical model

To generalize our findings across a wider range of virulence levels we developed an

experimentally parameterized mathematical model. As in the experiment, bacterial

densities dropped by several orders of magnitude upon phage infection (Figure 3a). By

simulating the infection dynamics over a wider range over virulence levels, we found that

this drop occurred later and was less strong with decreasing virulence. While phage

densities, irrespective of virulence, peaked 24 hpi, phages persisted longer and at higher

levels when they were less virulent (Figure 3b). Similar to the experiment, the model

predicts that SIE immunity emerges rapidly within 24 hpi (Figure 3c) but will only reach

high levels if virulence is < 1. To capture the displacement of SIE by SRM hosts we

implemented a cost of reduced growth for SIE hosts which is directly linked to virulence

(Figure 4c), i.e., the higher the virulence of the infecting phage, the lower the growth rate

of the SIE host. SRM hosts grew at the same rate as the non-resistant clones (Figure 4e).

Figure 3 Results of model simulations of 14 transfers for (A) Bacteria in CFU/ml, (B) Phages in PFU/ml,
(C) SIE hosts, and (D) SRM hosts depending on phage virulence (colour coded from blue: no virulence to
red: high virulence).

We found that SRM hosts increased and replaced SIE hosts faster with increasing

levels of virulence (Figure 3 c,d). Our model shows that this replacement occurs across a

wide range of virulence levels, which we were not able to capture in the experiment. The

faster replacement of SIE by SRM hosts at higher virulence levels is driven by higher

costs i.e., reduced growth of infection in SIE hosts, which increase monotonically with

increasing phage virulence. Overall, our simulations predict that selection for resistance

increases with virulence and that this is directly related to the costs of SIE, and thus

resistance is more likely to evolve against higher virulence infections.

Relative fitness of surface receptor mutants increases with phage virulence

To directly test our model predictions, that the fitness benefit of SRM relative to SIE

immunity increases with increasing phage virulence, we performed a pairwise

competition experiment, in which we quantified the relative fitness of SRM against SIE

hosts (Figure 4b). The fitness benefit of the resistance mutation was higher against

bacteria carrying the higher virulence phage compared to bacteria carrying the lower

virulence phage (significant treatment term in linear model with treatment, GFP-label and

the interaction thereof as fixed factors: $F_{1,8}=18.63$, p=0.003, Table S3). These fitness data,

which are consistent with the more rapid decline of VALGΦ8$_{K04M5}$-carriers than

VALGΦ8$_{K04M1}$-carriers observed in the selection experiment and consistent with model

predictions suggest stronger selection for SRMs when exposed to a higher virulence

phage. This explains the dynamics of the SIE hosts in the selection experiment, which

went to extinction in five out of six populations exposed to the higher virulence phage 12

days post infection but were able to persist until the end of the experiment, i.e., transfer

30, albeit at very low frequencies, in five out of six populations exposed to the lower

virulence phage.

Bacterial population densities during the selection experiment were negatively

correlated with the number of SIE hosts per population (Pearson's correlation without

zero inflation Φ-K04M1: r=0.69, t_{21}=-4.38, p<0.001, Φ-K04M5: r=0.92, t_7=-6.29,

p<0.001; Figure S4). This implies that, even though the majority of the clones in the

populations were protected from further infection, bacterial populations were unable to

recover as long as the dominating mechanism of defence was SIE immunity, presumably

due to virulence, resulting from the strong reduction in bacterial growth rate. To test this,

we quantified differences in phage production and tested if phage production impaired

bacterial growth in SIE hosts. VALG$\Phi8_{K04M5}$-carriers produced approximately 3.5 times

more phage particles than VALG$\Phi8_{K04M1}$-carriers (VALG$\Phi8_{K04M5}$: mean = 2.39×10^{13}

PFU/ml $\pm 1.44\times10^{13}$, VALG$\Phi8_{K04M1}$: mean = 8.92×10^{12} PFU/ml $\pm 3.43\times10^{12}$, Figure 4d),

and phage production significantly impaired bacterial growth (significant negative

correlation between the amount of produced phages and bacterial growth rate, Figure 4c).

Direct comparisons of growth rates among resistant clones showed that SIE hosts also

grew slower than SRM hosts (VALG$\Phi8_{K04M5}$: paired t-test: $t_{6.93}$=-9.69, p<0.001;

VALG$\Phi8_{K04M1}$: paired t-test: $t_{6.5}$=-4.58, p=0.003, Figure 4e). Together, these data suggest

that SIE buys time, offering protection against subsequent infection, but at the cost of

suffering the virulence of being infected. As in the model, where we predicted that the

costs of SIE increase monotonically with phage virulence, SIE is eventually replaced by

SRM, which happens faster with increasing levels of virulence, where the fitness benefits

of SRM are greater. Ultimately dominance of host populations by SRM hosts resulted in

faster extinction of higher virulence phages, which were unable to overcome evolved host

resistance.

Figure 4 Phage prevalence (a) and fitness effects of evolved phage resistance versus immunity (b-e): (a) Phage prevalence for each co-evolving population in the presence of higher virulence phage VALGΦ8$_{K04M5}$ (dark red) or the lower virulence phage VALGΦ8$_{K04M1}$ (light red) over 30 transfers. (b) Darwinian fitness of SIE relative to SRM hosts. A value of one corresponds to equal fitness. To account for potential costs associated with the GFP protein, competitions were performed where either the SIE or the SRM host were labelled (n=3). (c) Correlation between bacterial growth rate [μ] and production of free phages measured as PFU/ml per clone. (d) Phage particle production [PFU/ml] and (e) Growth rate μ: both measured after 24 hours of bacterial growth for SIE hosts, SRM hosts, clones from the control populations (grey), and the ancestral K01M1 strain (horizontal line). Clones exposed to lower virulent VALGΦ8$_{K04M1}$ are shown in light red, clones exposed to higher virulent VALGΦ8$_{K04M5}$ in dark red. Phages from the ancestral K01M1, from SRM hosts and the control clones stem from an ancestral filamentous *Vibrio* phage VALGΦ6 integrated on chromosome 2 of K01M1 (Table 1). Shown are means ± SEM, n=24.

Resistance leads to secondary costs

Lastly, we tested whether the observed mutations in the MSHA-pilus genes impair

bacterial motility. We observed reduced swimming motility of SRM hosts compared to

ancestral bacterial strains (Video Supplementary material).

DISCUSSION

Theory predicts that increasing virulence results in stronger selection for host resistance if the benefits of avoiding infection are higher than the costs of resistance (van Baalen 1998, Boots and Haraguchi 1999, Restif and Koella 2003), but experimental data are rare (Kraaijeveld and Godfray 1997). Using two filamentous phages that differ in their virulence in a selection experiment, we found that SIE immunity arose rapidly and at a similar rate irrespective of phage virulence. In contrast, SRM, which replaced SIE immunity, evolved more rapidly against the high compared to the low virulence phage. Our mathematical modelling confirmed that increasing virulence strengthens selection for SRM because SIE immunity becomes more costly with increasing virulence. Thus, higher levels of SRMs in the host population caused faster phage extinction and ultimately shorter epidemics.

Resistance arose from mutations in genes encoding the MSHA type IV pilus, a common receptor for filamentous phages (Hay and Lithgow 2019). These mutations reduced the motility of resistant clones suggesting pleiotropic fitness costs of phage resistance mutations. Such secondary costs, i.e., reduced motility or even pathogenicity are commonly observed during phage resistance evolution involving multifunctional structures on bacterial cell surfaces, for a review, see (Leon and Bastias 2015). In many natural environments, motility is an important pathogenicity factor (Proft and Baker 2009), which is often crucial for the establishment of acute infections but less important during chronic infections of eukaryotic hosts. A prominent example are infections of cystic fibrosis (CF) lungs by *Pseudomonas aeruginosa*. While initial colonizers are motile, adaptation to CF lungs during chronic infections is often characterized by loss of motility (Wong, Rodrigue et al. 2012, McElroy, Hui et al. 2014). Thus, we predict that the replacement of SIE hosts by non-motile SRM hosts may be constrained to laboratory

environments but may also occur in biofilms, where such antagonistic pleiotropic costs

of surface receptor modifications are lower than the costs of SIE. In contrast, selective

pressures occurring in eukaryotic hosts, such as resource competition, might reverse this

effect and explain why filamentous phages, including highly virulent versions of

VALGΦ8 persist in environmental isolates (Chibani, Hertel et al. 2020).

Filamentous phages are very common features of bacterial genomes (Roux, Krupovic

et al. 2019), including those of environmental *Vibrio* strains closely related to our model

strain K01M1, of which all carry VALGΦ6 and more than 50% VALGΦ8 (Chibani,

Hertel et al. 2020). While incorporating filamentous phage genomes into their own

genome (but not necessarily into the bacterial chromosome) provides bacteria with

immunity to future infection—through SIE immunity mediated by phage-encoded

genes—we show that this comes at a fitness cost that scales positively with the virulence

of the phage. Higher phage virulence selects for faster replacement of SIE immunity with

SRM, causing phage extinction (Figure 4a). Thus, our data suggest, that to be able to

establish long-term chronic infections, filamentous phages must either evolve very low

levels of virulence (Lerner and Model 1981), such that the resulting cost of virulence is

outweighed by the cost of resistance mutations, or alternatively they must contribute

positively to bacterial fitness by providing beneficial ecological functions (Hay and

Lithgow 2019). Those benefits may derive either from phage-encoded gene functions

e.g., toxins (Waldor and Mekalanos 1996, Gonzalez, Lichtensteiger et al. 2002, Rice, Tan

et al. 2009), or from properties of the phage particles themselves e.g., forming the biofilm

extracellular-matrix (Secor, Sweere et al. 2015), or acting as decoys for the vertebrate

immune response (Sweere, Van Belleghem et al. 2019). Phage-mediated fitness benefits

are often environmentally dependent (Gonzalez, Lichtensteiger et al. 2002, Derbise,

Chenal-Francisque et al. 2007, Chouikha, Charrier et al. 2010, Wendling, Refardt et al.

2020) and the prevalence of filamentous phages in bacterial genomes is higher in those

isolated from eukaryotic infections, where filamentous phages often encode important

enterotoxins, than those isolated from natural environments (Mai-Prochnow, Hui et al.

2015). Even though we have not yet identified any associated ecological benefits, the high

prevalence of VALGΦ8 in natural *V. alginolyticus* isolates (Chibani, Hertel et al. 2020)

suggests that this phage may provide a selective advantage outside the laboratory in its

natural environment, i.e., the pipefish. Conversely, however, bacterial genomes are

graveyards of defective prophages (Bobay, Touchon et al. 2014), including filamentous

phages (Davis, Moyer et al. 2000), suggesting that decay, rather than a peaceful

coexistence, may be a common outcome for phages integrated into bacterial genomes.

Ultimately, their level of virulence will dictate the fate of filamentous phages: Whereas

lower virulence variants may enter into stable co-existence, higher virulence variants will

be more prone to resistance-driven extinction and mutational decay if they do not provide

a selective advantage.

MATERIAL AND METHODS

Experiments were conducted using the *Vibrio alginolyticus* strain K01M1 (Chibani, Roth et al. 2020). K01M1 contains one integrated filamentous *Vibrio* phage VALGΦ6 (later called: resident K01M1Φ-phage throughout the manuscript), which replicates at a very low frequency (Chibani, Hertel et al. 2020). We compared VALGΦ6 and VALGΦ8 during previous work and found that both phages share relatively little sequence similarity (50.72%), except for proteins involved in DNA replication (Chibani, Hertel et al. 2020) and that VALGΦ6 does not confer SIE to VALGΦ8 (Wendling, Piecyk et al. 2017). Compared to other, closely related *V. alginolyticus* strains, K01M1 is highly susceptible to infections by filamentous phages, including VALGΦ8 (Wendling, Piecyk et al. 2017). For the selection experiment we used two different isogenic versions of the filamentous *Vibrio* phage VALGΦ8: VALGΦ8$_{K04M1}$ (lower virulence) and VALGΦ8$_{K04M5}$ (higher virulence; Table 1) which have been isolated from two different hosts (*V. alginolyticus* K04M1 and *V. alginolyticus* K04M5). The main difference between these two VALGΦ8 variants lies within the intergenic region upstream of gene K04M5_41300, whose function and impact we cannot explain (Figure S1). While both phages have been shown to significantly reduce the growth of K01M1 (Wendling, Piecyk et al. 2017, Wendling, Goehlich et al. 2018), infections with the higher virulence VALGΦ8$_{K04M5}$ impose a significantly stronger reduction in bacterial growth than infections with the low virulence phage VALGΦ8$_{K04M1}$. All experiments were carried out in liquid medium (Medium101: 0.5% (w/v) peptone, 0.3% (w/v) meat extract, 3.0% (w/v) NaCl in MilliQ water) at 25° C in 30-ml microcosms containing 6 ml of medium with constant shaking at 180 rpm.

(a) Selection experiment

Six replicate populations were founded for each of three treatments from independent

clones of K01M1. Treatments comprised (a) the higher virulence VALGΦ8$_{K04M1}$, (b) the

lower virulence VALGΦ8$_{K04M5,}$ or (c) no phage as control. Each population was

established from 60 μl of an independent overnight culture (5×10^8 CFU/ml). At the

beginning of the experiment, we inoculated phage-containing treatments with 300 μl of a

5×10^{10} PFU/ml stock solution. Populations were propagated by transferring 0.1% to fresh

medium every 24 hours for a total of 30 transfers. On transfer T0, T1, T2 followed by

every other transfer, phage and bacterial densities were determined, as described below

and whole population samples were frozen at -80° C at a final concentration of 33%

glycerol. In addition, on transfer T0, T1, T2, T6, followed by every sixth transfer 24 single

colonies were isolated at random from each population and stored at -80° C. These

colonies were later used during follow-up assays, as described below. Two populations

from the control treatment tested positive for phage infection, indicating contamination,

were excluded from later assays.

Table 1 Strains (including NCBI accession numbers for chromosome 1 and 2) used in the present study

Isolate	Accession Number(s)	Genomic phages	Role in evolution experiment
Bacteria			
V. alginolyticus K01M1	CP017889.1 CP017890.1	*Vibrio* phage VALGΦ6	Host strain during evolution experiment
V. alginolyticus K04M1	CP017891.1 CP017892.1	*Vibrio* phage VALGΦ6 *Vibrio* phage VALGΦ8	Donor of the episomal, low virulence phage
V. alginolyticus K04M5	CP017899.1 CP017900.1	*Vibrio* phage VALGΦ6 *Vibrio* phage VALGΦ8	Donor of the integrative, high virulence phage

(b) Bacterial and phage densities

Bacterial densities: bacterial densities were determined by plating out 100 μl of a

dilution series ranging from 10^{-5} to 10^{-7} on *Vibrio* selective Thiosulfate Citrate Bile

Sucrose Agar (TCBS) plates (Sigma Aldrich). Plates were incubated over night at 25° C

and the total amount of colonies was counted the following day.

Phage densities: quantification of filamentous phages by standard spot assays is often

not possible (Rakonjac, Bennett et al. 2011). Instead of typical lytic plaques we mostly

observed opaque zonas of reduced growth. Thus, we used spectrometry to quantify phage

prevalence (http://www.abdesignlabs.com/technical-resources/bacteriophage-

spectrophotometry), which uses the constant relationship between the length of viral

DNA and the amount of the major coat protein VIII of filamentous phages, which,

together, are the main contributors of the absorption spectrum in the UV range. The

amount of phage particles per ml can be calculated according to the following formula:

$$\text{phages/ml} = \frac{(OD269 - OD320) * 6e16}{bp},$$

where OD269 and OD320 stand for optical density at 269 and 320 nm and bp stands for

number of base pairs per phage.

The method is based on small-scale precipitation of phages by single PEG-

precipitation. After centrifuging 1500 μl of the phage containing overnight culture at

13,000 ×g for 2 min, 1200 μl of the supernatant was mixed with 300 μl PEG/NaCl 5×

and incubated on ice for 30 min. Afterwards phage particles were pelleted by two rounds

of centrifugation at 13,000 ×g for 2 min, resuspended in 120 μl TBS 1× and incubated on

ice. After one hour the suspension was cleaned by centrifugation at 13,000 ×g for 1 min

and absorbance was measured at 269 and 320 nm.

Quantification of filamentous phages using spectrometry is likely to be erroneous if

viral load is low. Therefore, we additionally quantified phage prevalence/ phage

extinction in each of the populations on every second transfer day by standard spot assays

with a serial dilution (up to 10^{-6}) on the ancestral host (for details see (Wendling, Piecyk

et al. 2017)) and measured until which dilution the typical opaque zones of reduced

bacterial growth were visible.

(c) Measuring phage-defence

We quantified the bacteria could not get infected by the respective ancestral phage by determining the reduction in bacterial growth rate (RBG) imposed by the phage, adapted from (Poullain, Gandon et al. 2008) with some modifications according to (Goehlich, Roth et al. 2019). Twenty-four random colonies from each population from transfer T0, T1, T2, T6, T12, T18, T24, and T30 were introduced into 96-well microtiter plates containing Medium101 at a concentration of 5×10^6 cells/ml and inoculated with ~2.5×10^6 PFU/ml of the respective ancestral phage used for the selection experiment or without phage (control). Absorbance at 600 nm was measured using an automated plate reader (TECAN infinite M200) at T0 and again after 20 hours of static incubation at 25°C. The reduction in bacterial absorbance 'RBG' was calculated according to the following formula:

$$\text{RBG} = \frac{\text{OD600}(t=20) - \text{OD600}(t=0)[\text{Phage}]}{\text{OD600}(t=20) - \text{OD600}(t=0)[\text{Control}]},$$

where OD stands for optical density at 600nm.

(d) Frequency of prophage carriage

On transfer T0, T1, T2, T6 followed by every sixth transfer we measured the frequency of phage carriage of 24 random clones per population using standard PCR. We designed primers (VALGΦ8_Forward TGGAAGTGCCAAGGTTTGGT, VALGΦ8_Revers GAAGACCAGGTGGCGGTAAA) that specifically target the *Vibrio* phage VALGΦ8, but not the ancestral VALGΦ6, using the NCBI Primer-BLAST webpage (httdol://www.ncbi.nlm.nih.gov/tools/primer-blast/). Note, these primers only detect the presence of VALGΦ8, but not whether it exists episomally or as a prophage integrated into the chromosome. Glycerol stocks were inoculated overnight (25°C, 180 rpm) in Medium101 and subsequently diluted (1:10) in HPLC purified H_2O and frozen at

-80° C. One μl of this suspension was used as DNA template in the PCR assay. Reaction

comprised 1 μl Dream Tag Buffer, 0.1 μl Dream Tag DNA polymerase (Thermo

Scientific, USA), 4.9 μl H$_2$O, 1 μl dNTPs [5 mM] and 1 μl of each primer [50 μM]. The

amplification program used consisted of: (i) 3 min at 95° C, (ii) 35 cycles of 45 sec at 95°

C, 30 sec at 63° C, 45 sec at 72° C, (iii) 7 min at 72° C. Afterwards, 5 μl of each reaction

was mixed with 2 μl loading dye (10×) and loaded onto a 1.2% agarose gel dissolved in

1×TAE gel buffer. GeneRuler Express DNA-ladder was used as size marker. Agarose

gels were run 15 min at 70 V in 0.5× TAE running buffer and subsequently stained with

ethidium bromide for 10 min. DNA was visualized using UV light and documentation

took place using Intas Gel iX20 Imager. Phage presence was recorded positive if a PCR

product of 1209 bp was visible.

For all subsequent assays, we randomly picked one immune clone with a positive

PCR product (later called: super infection exclusion SIE hosts) and one resistant clone

with a negative PCR product (later called: surface receptor mutant SRM host) from each

phage-evolved population as well as two randomly selected non-resistant clones from the

control populations.

(e) Competition experiments

To determine differences in fitness between both resistance forms, we measured the

competitive fitness of three randomly selected PCR positive relative to three randomly

selected PCR negative clones from each treatment. Each competition culture was done in

triplicates as described in (Harrison, Guymer et al. 2015). In brief, overnight cultures of

both competing strains (of which one was labelled with a GFP-marker) were mixed 1:1

and 60 μl of this mixture was inoculated to 6 ml Medium 101 to initiate each competitive

culture. After 24 hours, fitness was estimated by means of flow cytometry (FACS-

Caliburm Becton & Dickinson, Heidelberg, GER), where absolute fluorescent cells and

non-fluorescent cells were calculated. Competitive fitness was estimated as the ratio in

Malthusian parameters (Lenski, Rose et al. 1991):

$$W = \ln(abundance_{t=24}/abundance_{t=0})_{competitor1} / \ln(abundance_{t=24}/abundance_{t=0})_{competitor2}$$

(f) Bacterial growth rate and phage production

To determine fitness parameters that could explain observed differences in competitive

fitness we additionally quantified bacterial growth rate (μ) by means of 24-hour growth

curves and phage production using PEG precipitation (as described in (c)) of the same

clones used for the competition assays (i.e., one SIE and one SRM host from each phage-

treated population and two random phage-susceptible clones from the control populations

plus ancestors).

(g) Motility

Motility was visualized on mid-exponential growth cultures using a light

microscope and swimming was captured for 50s.

(h) Whole genome sequencing

We used a combination of long- and short read sequencing to obtain complete

genomes of the same clones from the assays above, i.e., one SIE and one SRM host from

each phage-treated population and one random phage-susceptible clone from each control

population, which corresponds to six independently evolved clones per treatment and

resistance form. Clones were taken from timepoint 2, because phage-carriers disappeared

quickly from the populations and we were thus not able to pick one mutant and one SIE

host from the same timepoint and population later than timepoint two. High molecular

weight DNA was extracted from cell pellets of overnight cultures following the protocol

for gram negative bacteria from the DNeasy Blood & Tissue Kit (Qiagen, Hilden,

Germany). Long-read sequencing was performed at the Norwegian Sequencing Centre

according to the following protocol: the library was prepared using Pacific Bioscience

protocol for SMRTbell™ Libraries using PacBio® Barcoded Adapters for Multiplex

SMRT® Sequencing. To do so, DNA was fragmented into 10kb fragments using g-tubes

(Covaris). Samples were pooled during library preparation aiming for equimolar pooling

and library size was selected using Ampure beads. The library was sequenced on a PacBio

Sequel instrument using Sequel Polymerase v3.9, SMRT cells v3 LR and Sequencing

chemistry v3.0. Loading was performed by diffusion. Two SMRT cells were sequenced

(movie time: 600min, pre-extension time: 240 min). Reads were demultiplexed using

Barcoding pipeline on SMRT Link (v6.0.0.47841, SMRT Link Analysis Services and

GUI v6.0.0.47836) with 40 as a minimum barcode score.

For short read sequencing concentration and purity of the isolated DNA was first

checked with a Nanodrop ND-1000 (PeqLab Erlangen, Germany) and exact

concentration was determined using the Qubit® dsDNA HS Assay Kit as recommended

by the manufacturer (Life Technologies GmbH, Darmstadt, Germany). Illumina shotgun

libraries were prepared using the Nextera XT DNA Sample Preparation Kit. To assess

quality and size of the libraries, samples were run on an Agilent Bioanalyzer 2100 using

an Agilent High Sensitivity DNA Kit as recommended by the manufacturer (Agilent

Technologies, Waldbronn, Germany). Concentration of the libraries were determined

using the Qubit® dsDNA HS Assay Kit as recommended by the manufacturer (Life

Technologies GmbH, Darmstadt, Germany). Sequencing was performed on a MiSeq

system with the reagent kit v3 with 600 cycles (Illumina, San Diego, CA, USA) as

recommended by the manufacturer and resulted in a minimum average coverage of 88×

per strain (coverage range was from 88× to 157×). The reads were quality controlled using

the program FastQC Version 0.11.5. All illumina reads that passed the FastQC filtering

were used for hybrid assemblies as well as for single nucleotide variation analysis.

Genome assemblies were performed in two different ways: (i) long-read data was

generated for all replicates where the presence of the infecting phage was confirmed by

PCR. The Assemblies were performed as hybrid assemblies using short-read and long

read data in a short-read first approach. In brief: An initial assembly was performed with

short-read only using spades (v3.13.0) as provided within Unicycler (Bankevich, Nurk et

al. 2012). The resulting contigs were co-assembled with long-read data using miniasm

(v0.2-r168) (Li 2016) and curated using the racon software (Vaser, Sovic et al. 2017).

This step resulted in complete closed replicons. All long reads were mapped and

integrated into the contigs. All replicons were polished using Pilon (v1.22) to clear any

small-scale assembly errors (Walker, Abeel et al. 2014). Finally, all replicons were

rearranged according to the origin of replication. (ii) the assembly for the ancestral

K01M1 strain, as has been described in (Wendling, Piecyk et al. 2017) was performed

following the Hierarchical Genome Assembly Process (HGAP3) protocol, developed for

Pacific Biosciences Single Molecule Real-Time (SMRT) sequencing data (Chin,

Alexander et al. 2013). HGAP is available for use within PacBio's Secondary Analysis

Software SMRTPortal. Methodically, the longest subreads of a single SMRT Cell

(usually 25x genome coverage, e.g., 25 x 5 Mbp = 125 Mbp) are being chosen to be error-

corrected with "shorter" long reads in a process named preassembly. Hereby, a length

cut-off is computed automatically separating the "longer" reads (for genome assembly)

and the "shorter" reads (for error-correction). The level of error-correction is being

estimated with a per-read accuracy of 99%. Finally, error-corrected long read data is being

assembled with Celera Assembler (v7.0) (Langmead and Salzberg 2012).

(i) SNV analysis and reconstruction of infecting phages

All short-read sequences were mapped on a high quality closed reference genome of

Vibrio alginolyticus Strain K01M1 (14) using Bowtie2 (Langmead and Salzberg 2012).

Single nucleotide variation (SNV) analysis was done using the Breseq pipeline as

described in (Deatherage and Barrick 2014). To ensure that observed sequence variations

in resistant phenotypes are real mutations and no read-mapping errors we filtered out all

variants that occurred in the control treatment.

We calculated whole genome alignments of evolved clones using the MAUVE aligner

(Darling, Mau et al. 2010). Presence of infecting phage genomes were confirmed by

assembling NGS-reads that did not map on the K01M1 genome in a bowtie2 mapping

using Spades (Bankevich, Nurk et al. 2012). The resulting contigs were annotated based

on the review (Mai-Prochnow, Hui et al. 2015) on filamentou s phages. The genomes of

the evolved phages were compared to the infecting phage genomes *Vibrio* phage

VALGΦ8 as well as to the genome of the resident prophage *Vibrio* phage VALGΦ6 from

the challenged strain K01M1 using BLAST and Easyfig 2.1 (Sullivan, Petty et al. 2011).

We found no evidence for chromosomal integration of VALG Φ8. Instead, we found

multiple lines of evidence for an episomal existence of VALGΦ8 in all PCR+ clones:

(i) we mapped the illumina reads of the ancestral K01M1 genome and generated a fastq

file from all reads that did not map. Next we assembled these non-mapping reads using

Spades (Bankevich, Nurk et al. 2012) and analysed the resulting assembly. We found

individual contigs that consisted of the complete genome sequence of VALGΦ8 (Figure

S3) with overlapping ends. From this we concluded that a circular VALGΦ8 genome

representing an episomally existing phage can be reconstructed from illumina reads.

(ii) we found no hybrid reads that contain both bacterial and VALGΦ8 DNA, and

concluded that this phage did not integrate into the chromosome

(iii) we found no new junction events in our breseq analysis containing both phage and

bacterial sequences which supports our conclusion that VALGΦ8 did not integrate into

the bacterial chromosome

(iv) whole genome alignments from hybrid-assemblies using PacBio and illumina reads

using the unicycler software with the ancestral K01M1 genome revealed no structural

variants. This again supports the conclusion that there are no integrated VALGΦ8

prophages present in the evolved probes.

(v) an in-detail investigation of known Inoviridae integration loci (e.g., t-RNAs, pilus

genes) using the assemblies of the PCR positive clones revealed that none of these loci

contained VALGΦ8 which supports again our conclusion that VALGΦ8 did not integrate

into the chromosome.

(vi) from the PacBio long-read data we found reads that cover multimers of the complete

ancestral VALGΦ8 and concluded from there that the episomally existing VALGΦ8

replicates via the rolling circle mechanism

(j) Statistical analysis

All statistics were performed in the R 4.0.4 statistical environment. For all analysis

aimed to compare the two different phage treatments to one another, control populations

(i.e., those that evolved without phages) were excluded. When comparing temporal

dynamics between phage-treatments, we excluded the starting time-point T0, because

these measurements were taken before phages were added to the populations.

Bacteria and phage dynamics

Bacterial and phage densities were analysed over time using a generalized least

squares model to control for autocorrelation of residuals over time using the gls function

(package nlme) with phage treatment, transfer as categorical variable as well as their

interaction as fixed effect.

We considered phages to be prevalent in the population if opaque zones of reduced

growth were visible during standard spot assays. Phage prevalence was subsequently

quantified by a serial dilution, which were assigned with invers values (i.e., if reduced

growth zones were visible up to dilution of 10^{-6} we assigned to it a value of 7, whereas if

they were only visible on an undiluted spot, we assigned to it a value of 1, if no zone of

reduced growth was visible it was scored as 0). Phage extinction events across phage-

treatments were analysed using a log-rank test.

Measuring phage defence and prevalence

We observed a bimodal histogram on all RBG values with a local minimum at RBG

= 0.82 (Figure S2). Thus, we considered an infection as positive if RBG < 0.82. The

proportion of clones per population that could not get infected by the ancestral phage as

well as the proportion of clones that tested positive for PCR (targeting the VALGΦ8)

were analysed using a generalized linear model with a binomial error distribution using

the glm function (package lme4) with phage treatment, transfer and their interaction as

fixed effect.

Fitness effects

We determined differences in relative fitness between SRM and SIE hosts using a linear

model with resistance mechanisms and GFP-label and the interaction thereof as fixed

effects. Maximum growth rates (μ) were estimated for each strain by fitting generalized

logistic models to individual growth curves using the open-source software package

Curveball (https://github.com/yoavram/curveball) (Ram, Dellus-Gur et al. 2019) in

python. To determine differences in the amount of free phages and in growth rates

produced between ancestral strains and evolved strains and between both resistance

forms, we used Welch's pairwise *t*-tests with sequential Bonferroni correction. We further

performed a Pearson's correlation analysis to determine whether phage production

impacted bacterial growth rates.

(k) Mathematical model

We modelled the dynamics of the non-resistant evolved clones (with density B),

resistant SIE hosts (I), resistant SRM hosts (R), and SIE hosts that have also acquired the

MSHA mutation (IR), as well as the phage population (V) in batch cultures by the

following system of differential equations:

661
$$\frac{dB}{dt} = (1 - m)g(B_{total})B - \phi BV$$

662
$$\frac{dI}{dt} = (1 - m)(1 - v)g(B_{total})I + \phi BV$$

663
$$\frac{dR}{dt} = (R + mB)g(B_{total})$$

664
$$\frac{dIR}{dt} = \big((1 - v)IR + mI\big)g(B_{total})$$

665
$$\frac{dV}{dt} = \text{ß}(I + IR) - dV$$

Bacterial growth was modelled by generalized logistic growth of the form

$g(B_{total}) = r\left(1 - \left(\frac{B_{total}}{K}\right)^{w}\right)$. Here r is the maximum growth rate (mgr) of the non-

resistant evolved bacteria, K is the carrying capacity of the batch culture and $B_{total} =$

$B + I + R + IR$ is the total density of all bacterial types. The curvature parameter w

determines whether maximum growth is attained at an early point in the growth phase (w

< 1) or at a late point ($w > 1$). We assume that SIE hosts (I and IR) suffer a growth rate

reduction relative to the non-resistant evolved bacteria due to virulence caused by intra-

cellular production of virus particles, here represented by the virulence factor v <= 1. A

completely avirulent phage would have v=0, and maximum virulence v=1 corresponds to

growth arrest of the bacterial cell.

Phages (*V*) infect non-resistant evolved bacteria (*B)* following a mass action law with

adsorption rate (phi), reflecting that increasing densities of either bacteria or phages lead

to higher encounter rates and thus more infections. Infection of a bacterial cell transforms

cells into a resistant phage carrier, SIE host (*I)*, which actively produces new viral

particles (*V*) with phage production rate (*β*). Additionally, both non-resistant evolved

bacteria (*B)* and SIE hosts (*I)* can acquire complete resistance (*R & IR*) through mutations

within the MSHA type IV pilus operon. We assume that SRM hosts have the same growth

rate as the non-resistant evolved bacteria.

All bacterial types grow until the carrying capacity (*K*) is reached, but bacteria-phage

interactions continue to occur as long as there are sensitive bacteria and phages left. After

a certain time t*max* a portion (here 1/1000th) of the entire community is transferred to

fresh medium and the process restarts.

689
690   **Table 2** Parameter values of mathematical model and their biological meaning

Parameter	Biological meaning	Value
r	Maximum growth rate (mgr) of ancestor *B*	2.5 (h^{-1})
K	Carrying capacity of bacteria	10^9 cells/ml
w	Curvature parameter	0.02
v	Virulence	variable
phi	Phage adsorption rate	10^{-8} (h^{-1})
ß	Phage production rate	50 (phages/cell h^{-1})

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Data availability: All experimental data have been deposited on dryad (a link will be

provided upon acceptance of the manuscript). Genomic data is available at NCBI

(accession number will be provided upon acceptance of the manuscript), and in the

supplemental data file Table S1 and S2.

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