

Structural variant selection for high-altitude adaptation using single-molecule long-read sequencing

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Abstract: (150 words)

Structural variants (SVs) can be important drivers of human adaptation with strong effects, but previous studies have focused primarily on common variants with weak effects. Here, we used large-scale single-molecule long-read sequencing of 320 Tibetan and Han samples, to show that SVs are key drivers of selection under high-altitude adaptation. We expand the landscape of global SVs, apply robust models of selection and population differentiation combining SVs, SNPs and InDels, and use epigenomic analyses to predict driver enhancers, target genes, upstream regulators, and biological functions, which we validate using enhancer reporter and DNA pull-down assays. We reveal diverse Tibetan-specific SVs affecting the cis- and trans-regulatory circuitry of diverse biological functions, including hypoxia response, energy metabolism, lung function, etc. Our study greatly expands the global SV landscape, reveals the central role of gene-regulatory circuitry rewiring in human adaptation, and illustrates the diverse functional roles that SVs can play in human biology.

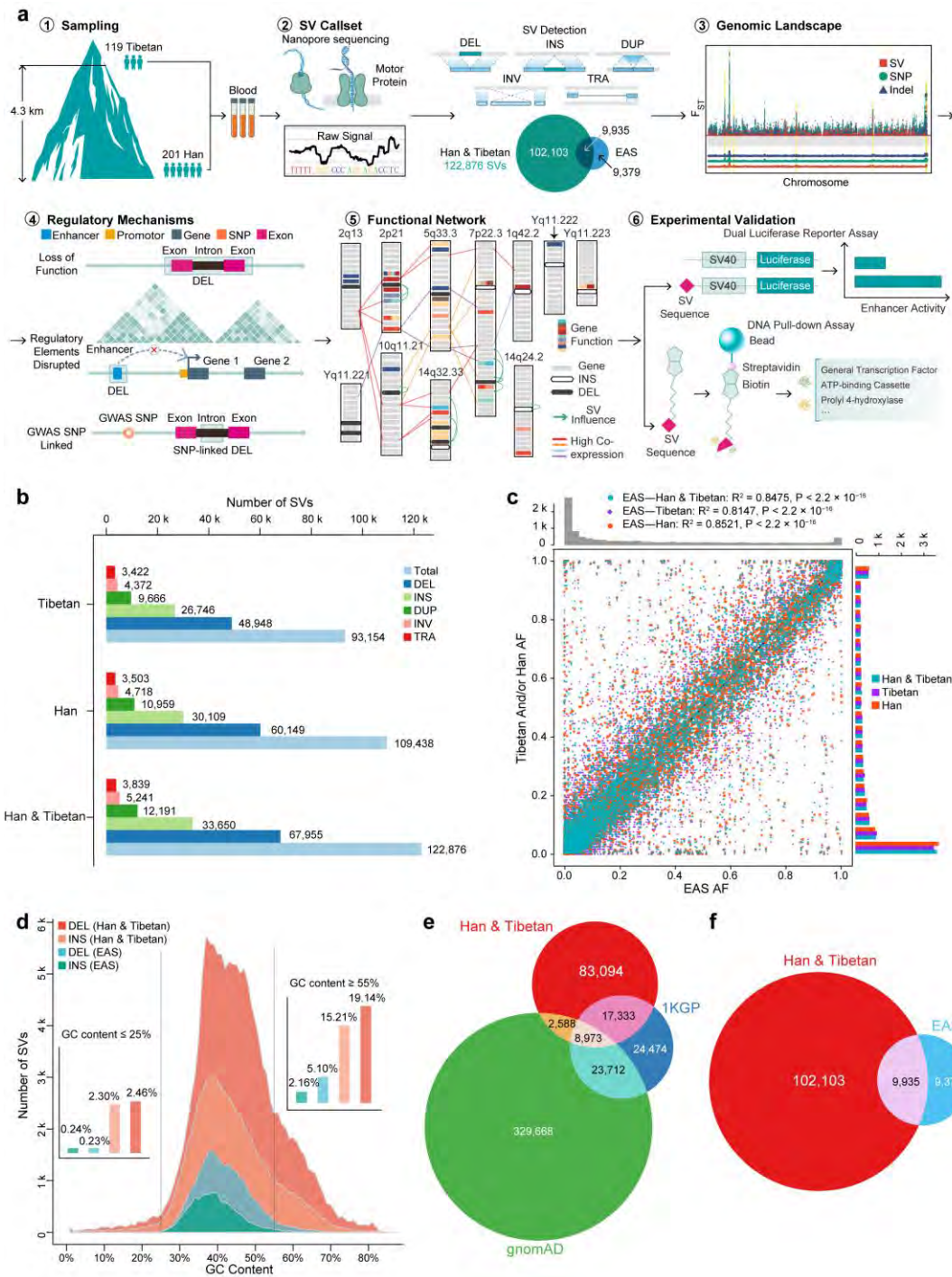
Introduction

Structural variants (SVs) account for the majority of variable base pairs in the human genome and can cause dramatic alterations in gene function and gene regulation. They have been shown to play important biological roles in human biology and human disease¹. For example, an inversion disconnecting TFAP2A from its enhancers causes branchiooculofacial syndrome², and copy number differences in the AMY1 gene are associated with high-starch diets or low-starch diets in the population³. Despite such dramatic examples, the roles of SVs in disease and in human evolutionary adaptation remain poorly studied, with most studies focusing instead on common single-nucleotide variants of weak effect, due in great part to technological limitations.

41 The adaptation of Tibetan people to high altitude provides an ideal model for studying adaptation during the
42 evolutionary history of modern humans given its well-controlled context⁴⁻⁷, but this adaptation remains
43 insufficiently studied at the population scale. Altitude sickness mainly takes the form of acute mountain
44 sickness, high-altitude pulmonary oedema, and high-altitude cerebral oedema, which involve dizziness,
45 headache, muscle aches, etc. The prevalence rate of these types of altitude sickness in the Tibetan population
46 is lower than that in the Han population. Previous studies^{4,8} have focused mainly on hypoxia-inducible factor
47 (HIF) pathways, including those involving *EGLN1* and *EPAS1*, the latter of which shows a Denisovan-like
48 haplotype in Tibetans⁶. However, these early studies relied on small sample sizes that were unlikely to reveal
49 population genetic characteristics, used short-read next-generation sequencing (NGS) techniques that are not
50 well suited for SV analysis, and lacked the sizable control cohorts of Han populations⁹ necessary for revealing
51 the unique genetic characteristics of Tibetan adaptation.

52 By contrast, long-read technologies, including single-molecule real-time (SMRT) and Oxford Nanopore
53 Technologies (ONT) platforms, can provide a complete view of genomic variation. SVs can be important
54 drivers of genome biological function and human evolutionary adaptation by enabling the rewiring of the long-
55 range gene regulatory circuitry, amplification of gene clusters, and strong-effect adaptive changes that can
56 involve multiple genes. Even in very small sample sizes, long-read sequencing has revealed extensive
57 variation in SVs in the human population¹⁰ and revealed that transposable elements, including long
58 interspersed nuclear elements (LINEs) and short interspersed nuclear elements (SINEs) can be used to
59 recapitulate the patterns of human evolution¹¹, underlie most reported SVs¹⁰, and contribute to both medically
60 important and evolutionarily selected variation¹². However, the pattern of SV hotspots in the human genome
61 remains incompletely understood, and comprehensive studies of large cohorts are needed to understand the
62 role of SVs in human adaptation.

63 Here, we used long-read sequencing technologies to evaluate the roles of SVs in recent human adaptation
64 (**Fig. 1a**). Our study reveals the first (unique) SV landscape for ethnic Han and Tibetan populations at a large
65 scale. This work provides a large call set of 122,876 total SVs and contributes 102,103 novel SVs to the
66 existing SV call set for East Asians. Unique patterns of SVs are also explored, which provides a different
67 perspective for understanding genome evolution. Further comparisons of population stratification elucidate the
68 comprehensive genetic landscape of the Han and Tibetan populations, revealing the potential roles of SVs in
69 evolutionary adaptation to the high altitudes inhabited by Tibetans. We provide high-altitude adaptation
70 candidate SVs, showing their functional impacts on enhancers, exons and the 3D genome. We show the
71 functional connections between SV-associated genes and the unique traits of Tibetans. These findings
72 implicate multiple genes in biologically relevant pathways, including the HIF, insulin receptor signalling,
73 inflammation, and glucose and lipid metabolism pathways. Moreover, experimental validation confirms our
74 analytical result showing that the most Tibetan-specific SV, a deletion downstream of *EPAS1*, disrupts the
75 super enhancer in this genomic area in Tibetans and affects the binding of regulatory molecules critical for
76 gene transcription activities. Our study expands the known East Asian and global SV sets and highlights the
77 functional impacts and adaptation of SVs in Tibetans via complex cis- and trans-regulatory circuitry rewiring.



78

79 **Figure 1. SV discovery in 119 Tibetan and 201 Han samples.** **a**. Summary of the experimental pipeline.
 80 Overall, 320 Han and Tibetan samples were collected and sequenced via the ONT platform, resulting in
 81 122,876 SVs. Candidate SVs for high-altitude adaptation, their functional regulatory mechanisms based on
 82 their connections with exons, enhancers and TAD boundaries, and candidate genes for high-altitude
 83 adaptation were explored. Cis- and trans-regulatory circuitry rewiring was validated in two biological assays.
 84 **b**. The numbers of 5 types of SVs in Han, Tibetan, and all samples. The majority are deletions and insertions.
 85 **c**. Allele frequency consistency between the SVs in the Han and Tibetan cohort and the 1KGP EAS cohort. **c**.
 86 The high consistency between them indicates the high quality of our SV call set. **d**. GC content distribution of
 87 insertions and deletions in the Han and Tibetan cohort and the EAS cohort, indicating that the ONT platform
 88 performs well even in genomic regions with a biased GC content. **e**. Overlap between the SVs of our cohort
 89 and 1KGP and gnomAD cohorts, showing 83,094 novel SVs. **f**. Overlap between the SVs of our cohort and the
 90 1KGP EAS cohort, showing a 6-fold increase in the number of previously annotated East Asian SVs.

91 **Results:**

92 1. *Constructing and validating the de novo SV call set*

93 **SV discovery and quality evaluation**

94 We sequenced the genomes of 201 Han and 119 Tibetan individuals using the ONT PromethION platform with
95 an average depth of 21-fold coverage (**Supplementary Table 1a**). We detected 109,418 SVs in the Han
96 population and 93,154 SVs in the Tibetan population (**Fig. 1b**), resulting in 122,876 SVs in total (89% and
97 76%, respectively). These SVs consisted of 67,955 deletions, 33,650 insertions, 12,191 duplications, 5,241
98 inversions, and 3,839 translocations. Each sample, averagely contains 20,741 SVs, including 8,520 insertions,
99 9,392 deletions, 1,908 duplications, 548 inversions and 373 translocations (**Supplementary Fig. 1a** and
100 **Supplementary Table 1a**). The numbers of different types of SVs showed no large difference in each Han and
101 Tibetan sample (**Supplementary Fig. 1a**). Remarkably, in 50% of our samples, more than 90% of the SVs in
102 the Han and Tibetan populations were captured, indicating that our sample size was sufficient to
103 comprehensively profile the SV landscape of the Han and Tibetan populations (**Supplementary Fig. 1b-d**).

104 We used several lines of evidence to confirm the high quality of our Han and Tibetan SV call set. First, the
105 manual curation of 298 SVs across all samples showed 94% accuracy (**Supplementary Table 1b**). Second,
106 the PCR validation of 4 SVs in 57 samples showed 96% accuracy (**Supplementary Table 1c**). Third, our SV
107 allele frequencies showed a Pearson correlation of 0.92 with the East Asian (EAS) database of the 1000
108 Genomes Project (1KGP) phase 3 (**Fig. 1c**). Fourth, 74% (13,342) of the SVs were shared between the
109 sequencing results obtained for one sample using both the ONT (12.2X depth, 36.59 Gb, 18,002 SVs) and
110 SMRT circular consensus sequencing (15.4X depth, 452 Gb, 20,617 SVs) platforms (**Supplementary Tables**
111 **1d, 2, 3**)¹³. Notably, 71% (12,429) of the SVs were shown to be shared when the new version of Guppy (3.0.5)
112 was used (**Supplementary Table 3**), indicating no significant change in the overall quality of the SV call sets.
113 These results collectively indicate the high quality of the SV call set. Accordingly, we provide an authoritative
114 new reference set for future studies of genetic variation.

115 We also confirmed that the long-read sequencing platform performed well even in genomic regions with a GC-
116 biased base composition. We compared the GC composition of deletions and insertions, two major types of
117 SV, identified in our Han and Tibetan cohort and the EAS population of the 1000 Genomes database. The
118 ONT platform revealed more SVs in total and more SVs in GC-biased areas than with NGS in the EAS
119 population. For example, among all 67,954 deletions discovered using the ONT platform, 19.14% of the
120 deletions were located in the high-GC content ($\geq 55\%$) areas. Among all 12,969 deletions discovered using the
121 NGS platform, only 5.10% of deletions were identified in high-GC content areas (**Fig. 1d**). This indicates the
122 advantages of long-read sequencing for calling SVs, especially in genomic regions with a GC-biased base
123 composition.

124 **Comparison with existing SV call sets**

125 We contribute a large number of new SVs and provide a useful reference panel for Chinese, East Asian, and
126 worldwide populations. As an indicator of the near completeness of the SV results, we found that the majority
127 of the identified SVs were shared between the Han and Tibetan populations and that the number of SVs in the
128 Han population increased by only 17%, despite profiling almost twice as many Han as Tibetan genomes. We
129 compared our SV set with two NGS-based SV call sets, those of the 1KGP¹⁴ and the Genome Aggregation
130 Database (gnomAD)¹⁵. Approximately 28,894 SVs included in the 1KGP and gnomAD sets were reidentified in
131 our call set (**Fig. 1e**). Importantly, our study expands the total number of SVs in global SV databases by ~37%,
132 by adding 83,094 novel SVs, and increases the number of EAS SVs to 121,417, by contributing 102,103 novel
133 SVs (**Fig. 1f**). The application of ONT sequencing clearly contributed greatly to the increase in the number of
134 SVs.

136 Long-read sequencing of a large-scale sample of individuals is necessary for comprehensive population-scale
137 SV profiling. We compared our SV set with an SV set derived from 15 samples using the SMRT platform¹⁰.
138 Notably, 61,502 SVs (~61.7%) in our SV set were merged into 36,528 SVs (insertion length was ignored during
139 SV merging due to in the absence of this information for the 15 genomes). Nevertheless, 74,138 novel SVs
140 (**Supplementary Fig. 1e**) were identified compared with the SV set based on the 15 genomes. Furthermore,
141 59,878 novel SVs were found in our study (**Supplementary Fig. 1f**), the majority of which were low-frequency
142 (allele frequency < 0.1, ~58%) and singleton SVs (~29.9%) (**Supplementary Table 4**). We also compared our
143 Tibetan SV set with the ZF1 SV call set, which was recently collected from a high-quality de novo assembled
144 Tibetan genome based on the SMRT platform¹⁶. We found that only 15,890 SVs (~17%) in our Tibetan SV
145 reference panel overlapped with the ZF1 SV call set (17,714 SVs) (**Supplementary Table 5**). A number of SVs
146 overlapping with other publicly available SV sets verified the high quality of our Han and Tibetan SV set from
147 another perspective. Thus, we provide a high-quality SV call set for a large-scale Han and Tibetan cohort.

148 2. *Genome-wide properties of SVs*

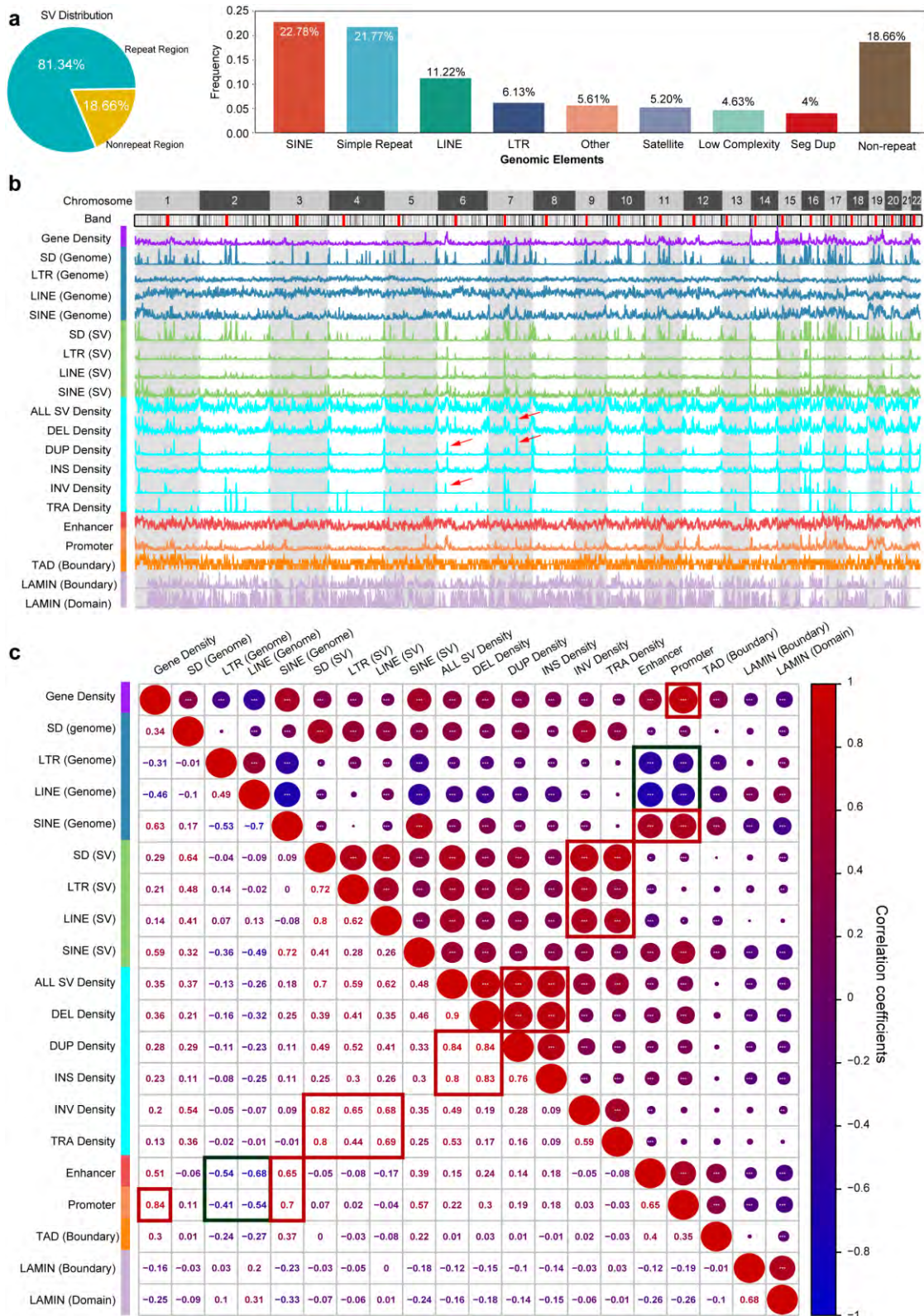
149 The SV landscape in the Han-Tibetan population

150 More SVs are distributed in repeat regions, such as regions containing transposable elements and satellite
151 repeat regions. SVs showed 4-fold enrichment in repeat elements (81% occurred in repeats), including 40% of
152 SVs in transposable elements (23% SINEs, 11% LINEs, 6% LTRs) and 27% in satellite repeat regions (22% in
153 simple repeats, 5% satellite repeats) (**Fig. 2a**). SVs were 1.8-fold enriched in SINEs (23% vs. 13% expected)
154 but 1.9-fold depleted in LINEs (11% vs. 22% expected) (**Fig. 2a**), possibly due to the increased selective
155 pressure related to their longer length¹⁷. Within different allele frequency intervals, more SVs were distributed
156 in repeat regions (**Supplementary Table 6**). These repeats are more likely to produce SVs because repeats
157 are prone to nonallelic homologous recombination, replication slippage, and nonhomologous end-joining¹⁸.

158 The different types of SVs are distributed among different types of repeat and functional elements in a biased
159 manner. The enrichment among these elements differed among different SV types, with deletions, insertions,
160 and duplications being associated with SINEs, LINEs, and simple repeats and inversions and translocations
161 being associated with LINEs and satellite repeats (**Supplementary Table 7**). The SV length distribution
162 showed two distinct peaks, at ~300 bp (Alu) and ~6 kb (LINE) (**Supplementary Fig. 2a, 2b**). Exonic SVs
163 showed 6-fold enrichment relative to the exons in the genome (**Supplementary Fig. 2c, Supplementary**
164 **Table 8**). LINE-associated SVs showed 2-fold depletion in intronic regions and a 5-fold enrichment in exonic
165 regions (**Supplementary Fig. 2c, Supplementary Table 8**). Concerning the SINE- and LINE-mediated SVs,
166 duplications and inversions were >5-fold enriched in exons, while deletions were 40% depleted and insertions
167 were 30-fold depleted in exons (**Supplementary Fig. 2d, Supplementary Table 8**), suggesting deleterious
168 effects of SINE- and LINE-mediated insertions on the genome overall. The majority of SVs (75% SVs) occur at
169 a low frequency (7.8%), while a greater number of higher-frequency insertions are maintained relative to other
170 types of SVs (**Supplementary Fig. 2e**).

171 SV hotspots in the genome

172 SV hotspots in the genome were indicated by the extremely high density of SVs in certain regions relative to
173 other regions in the whole genome (**Fig. 2b**). For example, there were 58 C7orf50-associated SVs, indicating
174 that this region is prone to DNA breaks and the formation of SVs (**Supplementary Fig. 2f**). Deletions,
175 insertions, and duplications showed a highly intercorrelated distribution in the genome (**Supplementary Fig.**
176 **2c**). The distributions of LINE-associated SVs, SD-associated SVs and translocations were also highly
177 intercorrelated, whereas the distributions of LINEs and SDs in the human genome were anticorrelated. These
178 results revealed clear SV hotspots in the genome. As promoters and enhancers are correlated with SINEs,
179 they are also correlated with SINE-associated SVs. Notably, the distributions of promoters and enhancers were
180 correlated with those of deletions, duplications, insertions, SINE-related SVs and SINEs but anticorrelated with
181 those of LINEs and LTRs in the genome. This indicates that SINE-associated SVs, deletions, duplications, and
182 insertions play more important roles in regulating gene transcription than other types of SVs.



183

184 **Figure 2. SV composition, length frequency, and chromosome distributions.** **a.** SV proportions in
 185 different genome regions. The majority of SVs are associated within repeat elements, such as LINEs and
 186 SINEs as shown in the pie chart. **b.** Densities of repeats and their-associated SVs, all SVs, regulatory
 187 elements and genes in the genome. There are hotspots (peaks with red arrow) of SVs in the genome. **c.**
 188 Correlations between repeat elements, their-associated SVs, regulatory elements and genes in the genome.
 189 Different types of SVs are highly positively (red) intercorrelated. High correlation coefficients are boxed (red for
 190 positive and blue for negative).

191 Preferential evolutionary selection for SVs

192 We also found that SVs were very infrequent in exonic regions (17%), upstream regions (0.5%), 3'-UTRs
193 (0.34%), and 5'-UTRs (0.16%), where they are more likely to disrupt functional elements, but that they were
194 very abundant in intronic regions (30%) and intergenic regions (46%), where they are less likely to be
195 disruptive (**Supplementary Fig. 2c**). This difference was also observed in the fraction of fully penetrant (allele
196 frequency=1 within the corresponding population) SVs vs. singleton SVs in each population, with a larger
197 fraction of exonic SVs being singletons and a larger fraction of intronic and intergenic SVs being shared,
198 consistent with continued evolutionary pressures acting on SV allele frequency in each population
199 (**Supplementary Fig. 2h** and **Supplementary Table 1e**).

200 Genome evolution selects and preserves more repeat-associated SVs. We found that in both the Han and
201 Tibetan populations, fully penetrant SVs were ~6.6 times more frequent in repeat regions than in nonrepeat
202 regions, while singleton SVs (found in only one individual in a given population) were only ~3.8 times more
203 frequent in repeat regions than in nonrepeat regions (**Supplementary Fig. 2g**). This indicates that SVs are
204 preferentially excluded (singletons) from nonrepeat regions, where they are more likely to disrupt functional
205 elements, and that they are preferentially tolerated (high allele frequency) in repeat elements, where they
206 accumulate over evolutionary time.

207 We also found that while deletions and insertions were similarly abundant in the genome, deletions were more
208 likely to be singletons than to be shared, while insertions were more likely to be shared than to be singletons
209 (**Supplementary Fig. 2i**, **Supplementary Table 1e**), indicating that deletions are more likely to disrupt
210 elements than insertions.

211 In summary, our comparisons of the frequency of SVs in different genomic regions and of the relative
212 frequencies of singletons and shared SVs indicate the preferential retention of repeat-associated SVs, intronic
213 SVs and insertions vs. deletions, suggesting that these variant types are less likely to disrupt genomic
214 functions.

215 3. *Population genetics of Han-Tibetan populations and the role of functional SVs in evolutionary* 216 *adaptation*

217 SVs are a representative ethnic characteristic

218 The Han and Tibetan SV call sets provide an unprecedented resource for the in-depth analysis of genomic
219 variations for comparisons between Han and Tibetan populations. The Han and Tibetan cohorts shared 79,716
220 SVs (**Supplementary Fig. 3a**). A principal component analysis (PCA) established that SVs could be used to
221 clearly distinguish these two very closely related populations (**Supplementary Fig. 3b**). These results
222 suggested the existence of significant genetic differences between the Han and Tibetan populations based on
223 SVs alone, which are usually revealed by SNP analysis. When we extended the PCA to other populations from
224 the 1KGP database, such as African, American, EAS, European, and South Asian populations, the Han and
225 Tibetan populations were shown to be closely related to EAS populations and distant from these other
226 populations (**Fig. 3a**). This indicates that the Tibetan population is genetically closer to the Han population than
227 to other populations and that these populations probably originated from a single common ancestor. Admixture
228 analysis using the SV call set clearly showed separation between the Han and Tibetan populations (**Fig. 3b**,
229 top). The hierarchical clustering of the SVs with $F_{ST} > 0.25$ also showed that the Han and Tibetan populations
230 possess ethnicity-specific SVs as well as common SVs (**Fig. 3b**, bottom). Evolutionary tree analysis based on
231 all the SVs also showed a clear separation between Han and Tibetan with 3 sample exception (**Fig. 3c**). These
232 results demonstrate that SVs, in addition to SNPs, are a powerful proxy for distinguishing genetically closely
233 related populations as a representative characteristic of an ethnic group.

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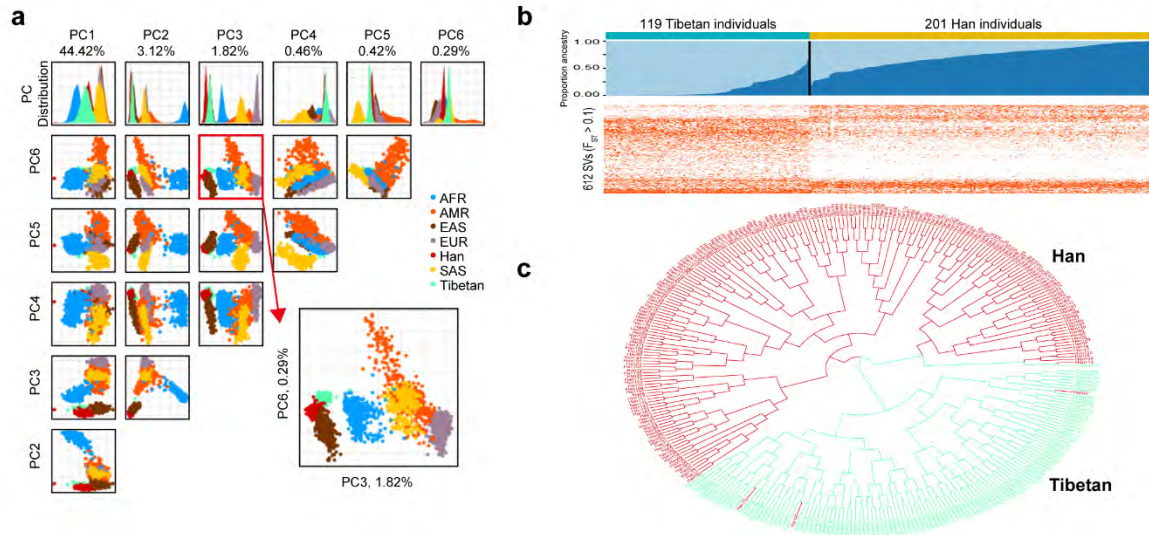


Figure 3. Population genetics of Han-Tibetan populations. **a.** PCA of the SV call sets of the Tibetan and Han cohorts and 1KGP African (AFR), American (AMR), East Asian (EAS), European (EUR) and South Asian (SAS) cohorts. The Han (red) and Tibetan (green) populations are close to the EAS (brown) populations, as expected, and can be clearly separated according to PC3 and PC6. **b.** Population structure of the Tibetan and Han populations. Admixture analysis (top), clustered SVs with an $F_{ST} > 0.1$ (bottom). The SVs can distinguish two populations, although the number of SVs per individual in the two populations is similar. **c.** A clear separation between Han and Tibetan with 3 sample exception in the evolutionary tree analysis based on all the SVs of Han (red) and Tibetan (green).

Genetic landscapes of Han-Tibetan populations

SVs, InDels, and SNPs function synergistically to allow Tibetans to live in high-altitude environments. We complemented our long-read sequencing results with deep short-read sequencing in 148 samples and carried out a comprehensive comparison of the Han-Tibetan genome based on population NGS/TGS sequencing data, comprehensively revealing the genomic signals of evolutionary selection for high-altitude adaptations. A Manhattan plot based on SNPs, InDels, and SVs between the Han and Tibetan populations revealed clear evolutionary selection (**Fig. 4a**). The selection for these 3 types of genetic variations was highly consistent in multiple genomic regions, and several regions were found to differ significantly between the Han and Tibetan populations (**Supplementary Fig. 4a**). For example, there are many SNPs, InDels, and SVs in the region around *EGLN1* on chromosome 1 (**Fig. 4b**) and the region around *EPAS1* on chromosome 2 (**Fig. 4c**), forming several plateaus of evolutionary selection in the Manhattan plot of the human genome.

SV signals of selection for high-altitude adaptation

Several SNPs are linked to the high-altitude adaptation of Tibetans^{5,19-21}; however, the studies on the roles that SVs play in the evolution of Tibetan adaptation to high altitudes are very limited. Therefore, to study the differences in the Han and Tibetan populations, we first filtered the SVs with an $F_{ST} > 0.1$, resulting in 612 SVs. The TibetanSV webserver (<https://zhilong.shinyapps.io/tibetan>) provides these SVs with associated annotations. Among these SVs, 319 SVs were novel, not being identified in the 1KGP, gnomAD, dbVar and dgV databases, and 457 SVs showed a higher frequency in Tibetan people than in Han people. These SVs are candidate high-altitude adaptation SVs. For example, an insertion was on an intron of *EGLN1* (rank 13, dbsv6981, $F_{ST}=0.27$, 1q42.2), and *EGLN1* is associated with high-altitude, as reported previously⁸. Two intergenic translocations between *MDH1* and *UGP2* (dbsv66039_1 and dbsv66040_1, $F_{ST}=0.15$, 2p15) were found in 14% of Tibetans and zero Han individuals. *MDH1* was found to be among the top 10 evolutionarily selected regions in rhesus macaques living on a plateau²², while *MDG1B*, a paralogue of *MDH1*, has been reported to be a target of selection in Tibetans⁴.

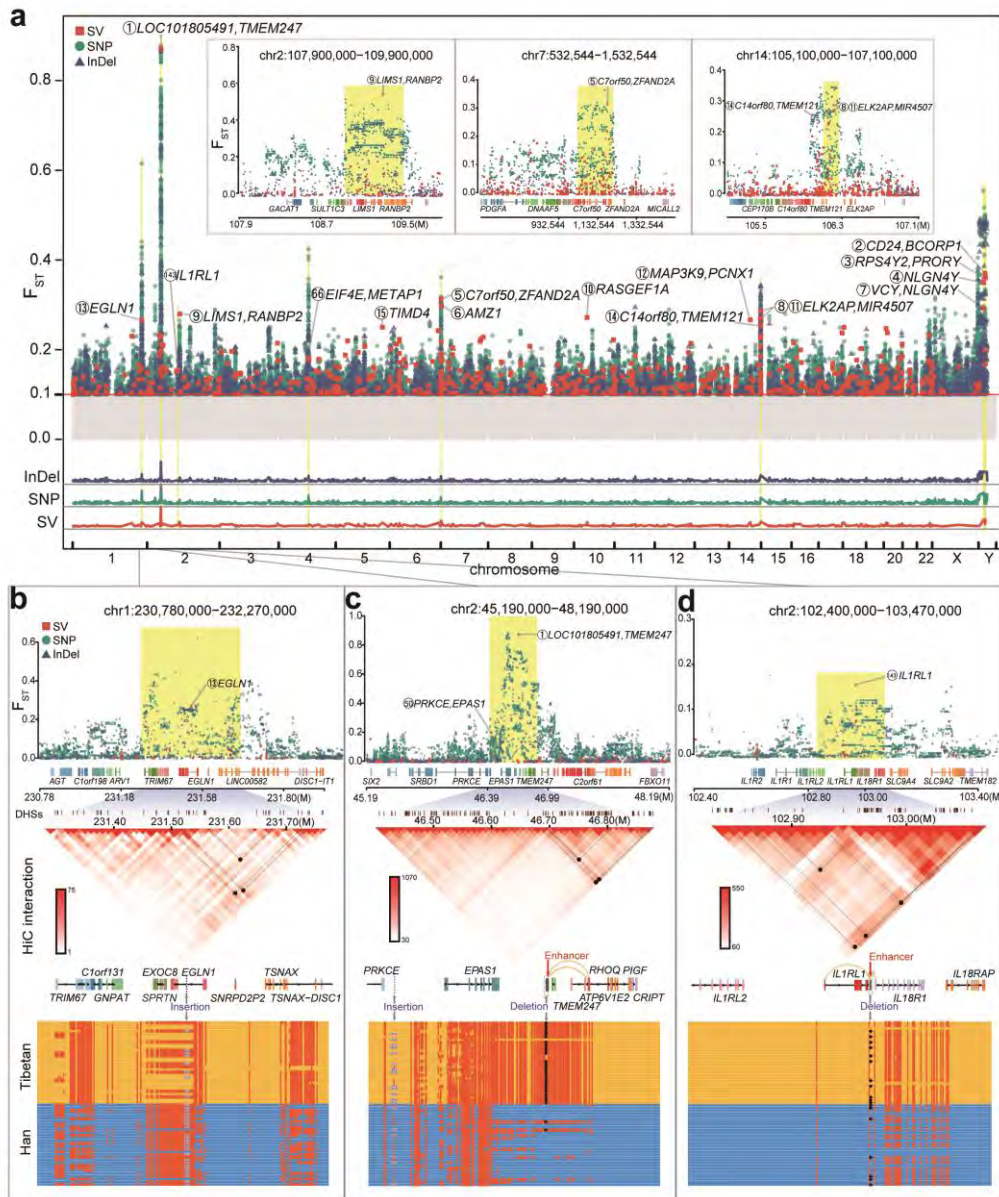


Figure 4. Comparison of Han-Tibetan populations reveals the genetic landscape of evolutionary adaptation.

a. Manhattan plot (top) based on the F_{ST} values of SVs (orange-red boxes), SNPs (blue-green dots) and InDels (dark blue triangles) between the Han and Tibetan cohorts. Overall, 15 SVs with an $F_{ST} > 0.25$ are highlighted (yellow), and associated genes are labelled (black) with rank (circled number). The shadows in the Manhattan plot for SVs, SNPs and InDels (bottom) suggest the high consistency of evolutionary selection for SVs, SNPs and InDels. **b.** Manhattan plot (top), TAD (middle) and haplotype (bottom) near *EGLN1* on chromosome 1 based on the F_{ST} values of SNPs, InDels, and SVs between the Han and Tibetan cohorts. A 131 bp insertion (grey) in the intron of *EGLN1* shows high LD with SNPs (red dot) and potentially disrupts a loop (black dot and inverted triangle) boundary. **c.** Manhattan plot (top), TAD (middle) and haplotype (bottom) near *EPAS1* and *TMEM247* on chromosome 2 based on the F_{ST} values of SNPs, InDels, and SVs between the Han and Tibetan cohorts. The most Tibetan-specific deletion disrupts an enhancer (red arrow) targeting (yellow line) *ATP6V1E2* and *RHOQ*; it also potentially disrupts a loop (black dot and inverted triangle) boundary. This region shows an additional 121 bp insertion (purple dot) upstream of *EPAS1* and SNPs with high LD, possibly reflecting multiple selective events. **d.** Manhattan plot (top), TAD (middle) and haplotype (bottom) near *IL1RL1* on chromosome 2 based on the F_{ST} values of SNPs, InDels, and SVs between the Han and Tibetan cohorts. A deletion in the exon of *IL1RL1* disrupts an enhancer (red arrow) targeting (yellow line) *IL1RL1* and *IL18RL1*; it also potentially disrupts a loop (black dot and inverted triangle in TAD) boundary.

SVs exhibit broad and distal regulation through cis-regulatory circuitry rewiring. Among 612 SVs, 61% SVs (373) overlapped with a promoter, enhancer, silencer, topologically associating domain (TAD) boundary or chromatin loop boundaries. Overall, 71 deletions (**Supplementary Fig. 4b**) and 29 insertions (**Supplementary Fig. 4c**) overlapped with enhancers, 19 SVs overlapped with promoters, 9 SVs overlapped with silencers and 347 SVs were associated with a TAD/loop boundary (see the TibetanSV webserver). For example, one exonic deletion (dbstv59520, $F_{ST}=0.15$, 2q12.1) associated with *IL1RL1* in 45% of Tibetan and 18% of Han individuals resulted in the truncation of one of the protein-coding transcripts of *IL1RL1* (**Fig. 4d**). This deletion, located within a TAD, disrupts a loop and an enhancer in lung tissue, affecting *IL18R1* and *IL1RL* through cis-regulatory circuitry rewiring (**Fig. 4d**). Both *IL1RL1* and *IL18R1* are associated with asthma, a breathing-related lung disease²³, and many other immune system diseases. The fact that the prevalence rate of asthma in Tibetan children is lower than that in Han children indicates that *IL1RL1* could be a target for treating asthma.

We chose 15 SVs with an $F_{ST}>0.25$, including 6 novel SVs, for an in-depth investigation of the relationship between the associated genes and the biological traits of Tibetans (**Fig. 5a**). The biological functions and tissue-specific high expression of the protein-coding genes located near these SVs were visualized in a network (**Fig. 5b**). Some of these genes, including *EPAS1*, *CRIP2* and *GNPAT*, are highly expressed in artery, lung and heart tissues, while others, such as *UNCX*, *ADAM19* and *CYFIP2*, are highly expressed in the blood, and many of the genes, such as *TTC7A* and *BRAT1*, are highly expressed in the testis. Importantly, these genes are associated with the response to hypoxia, inflammation, glucose, lipid and energy metabolism, insulin receptor signalling, blood coagulation and keratin filaments in these tissues, indicating their roles in high-altitude adaptation.

EPAS1/TMEM247 SV disrupts a super enhancer

The strongest Tibetan-specific signal was found for the dbstv57015 deletion, located on 2p21 (rank 1, $F_{ST}=0.87$) between two hypoxia-related genes, *EPAS1* and *TMEM247*. This deletion was fully linked ($LD=1$) with 212 SNPs (78 in *EPAS1*, 19 in *TMEM247*) and 17 InDels in 43 Tibetan samples (**Fig. 4c**), indicating a long haplotype consistent with adaptive selection. Multiple genome-wide association studies (GWASs) have associated these SNPs with high-altitude adaptation, red blood cell counts, body fat distribution, offspring birth weight, and HDL cholesterol (**Supplementary Table 9**), consistent with multiple biological adaptations to high altitude. This region showed an additional insertion (dbstv62730, 2p21, $F_{ST}=0.20$) upstream of *EPAS1* (**Fig. 4c**), possibly reflecting multiple selective events. Notably, both *EPAS1* and *TMEM247* are also positively selected in Tibetan Mastiff dogs²⁴ and show distinct association signals²⁵, suggesting that they both functionally contribute to adaptation. These results suggest that this SV influences high-altitude adaptation collaboratively with these SNPs and InDels.

We next sought to understand the specific mechanistic role of the dbstv57015 deletion. This deletion overlapped an enhancer predicted by EpiMap²⁶ and enhancerDB (vista31415)²⁷, indicating a possible gene-regulatory function. We generated 4 truncated segments of the 3.4 kb deletion-containing sequence of dbstv57015 and tested each independently in kidney-derived 293T cells. We found that all 4 sequences showed significantly increased luciferase activity compared to the control (up to 2.3-fold for the first 1 kb segment) (**Fig. 5d**), indicating that the deleted region plays a cis-regulatory role. This deletion also affected the expression of *ATP6V1E2* and *RHOQ*, both of which are targets of the super enhancer (**Fig. 4c and Supplementary Fig. 4b**). These two genes are involved in signalling via GPCR and insulin receptor signalling pathways, which play critical roles in the hypoxia response^{28,29}; indeed, both insulin and glucose levels are reduced in Tibetan individuals relative to Han individuals³⁰. These findings indicate gene-regulatory roles of dbstv57015 through the deactivation of a gene-regulatory enhancer element with combined effects on multiple genes.

The sequence of dbstv57015 affects gene transcription activity via *trans*-regulatory circuitry.

A DNA pull-down assay revealed binding proteins including ATP synthase and binding cassette proteins,

334 general transcription factors and prolyl 4-hydroxylase subunit alpha-1 (P4HA1). Surprisingly, P4HA1
335 expression is induced by HIF-1 under hypoxia, P4HA1 can stabilize HIF-1 α , leading to positive feedback
336 regulation and increased expression of HIF-1-induced genes³¹. The binding of P4HA1 indicated a potential
337 role in high-altitude adaptation. Gene Ontology analysis following the DNA pull-down assay showed that the
338 binding proteins of the dbsv57015 sequence were mainly enriched in biological processes related to
339 ribonucleoprotein complex biogenesis and DNA conformation change (**Supplementary Fig. 5 and**
340 **Supplementary Table 10**). The deletion of the dbsv57015 sequence in Tibetans also rewires the *trans*-
341 regulatory circuitry by disrupting the binding of transcription factors within this genomic region, suggesting a
342 compensatory low demand for oxygen under hypoxia by inhibiting multiple unnecessary molecular and cellular
343 activities. In summary, the most Tibetan-specific deletion was associated with high-altitude adaptation through
344 complex *cis*- and *trans*-regulatory circuitry rewiring.

345 Examples of biological roles for specific SVs

346 **Dbsv104311 is involved in longevity, sleep quality, and emotion in the Tibetan population.**

347 The insertion located between *C7orf50* and *ZFAND2A* (rank 5, dbsv104311, $F_{ST}=0.31$, 7p22.3) is accompanied
348 by 5 additional deletions ($F_{ST}>0.1$, TibetanSV webserver), indicating a strong selective signal (**Supplementary**
349 **Fig. 6a**). These deletions fall within a genetic region that has been associated with insomnia symptoms,
350 longevity, and systolic blood pressure in multiple GWAS (**Supplementary Table 9**). In addition, *ZFAND2A* is
351 associated with the lifespan of *C. elegans*³², shows several SNPs with differential allele frequencies in Tibetan
352 individuals (**Fig. 5c**) and has been shown to be selected in Tibetan pigs²⁴. *C7orf50* was previously associated
353 with miserableness in a transcriptome-wide association study³³. Indeed, Tibetan individuals show increased
354 longevity³⁴, reduced agrypnia and insomnia symptoms of acute mountain sickness, and reduced dispiritedness
355 relative to nonplateau-living individuals, indicating that these SVs may contribute to these adaptive phenotypic
356 differences.

357 **Inflammation plays a key role in the survival in cold, hypoxic environments.**

358 Three Tibetan-specific SVs were found in the same chromosomal segment (14q32.33), including an intergenic
359 deletion between *ELK2AP* and *MIR4507* (rank 8, dbsv31666, $F_{ST}=0.27$), an intergenic insertion between
360 *ELK2AP* and *MIR4507* (rank 11, dbsv32695, $F_{ST}=0.27$) and a deletion in the intergenic region between
361 *C14orf80* and *TMEM121* (rank 14, dbsv31619, $F_{ST}=0.25$) (**Supplementary Fig. 6b**), indicating a strongly
362 selected region. These SVs are in high LD with multiple SNPs associated with blood protein levels, composite
363 immunoglobulin, and autoimmune traits (**Supplementary Table 9**), indicating potential roles in blood flow and
364 immunoregulation. Indeed, Tibetan individuals show significantly higher total protein levels³⁰ associated with
365 inflammation, which is an important response to hypoxic cold environments and can mitigate altitude-related
366 illness³⁵.

367 **Lipid metabolism supplies additional energy to Tibetans for high-altitude adaptation.**

368 A Tibetan-specific intergenic deletion between *LIMS1* and *RANBP2* (rank 9, dbsv59610, $F_{ST}=0.28$, 2q12.3) lies
369 within a region that is genetically associated with triglycerides and LDL cholesterol levels according to GWAS
370 (**Supplementary Table 9**). Indeed, Tibetans exhibit lower triglyceride, cholesterol and LDL levels and higher
371 HDL levels than Han individuals³⁰, and they consume more energy generated through lipid metabolism to
372 meet the energetic needs imposed by hypoxia and low temperatures on Han people living on high-altitude
373 plateaus relative to Han individuals living on plains. Indeed, genes related to lipid and fat metabolism have also
374 been associated with high-altitude adaptation in rhesus macaques²², indicating convergent metabolic
375 adaptation in humans and other primates. The above deletion is also associated with excessive hairiness, lobe
376 size, and lung function (**Supplementary Table 9**), which are traits consistent with high-altitude adaptation.

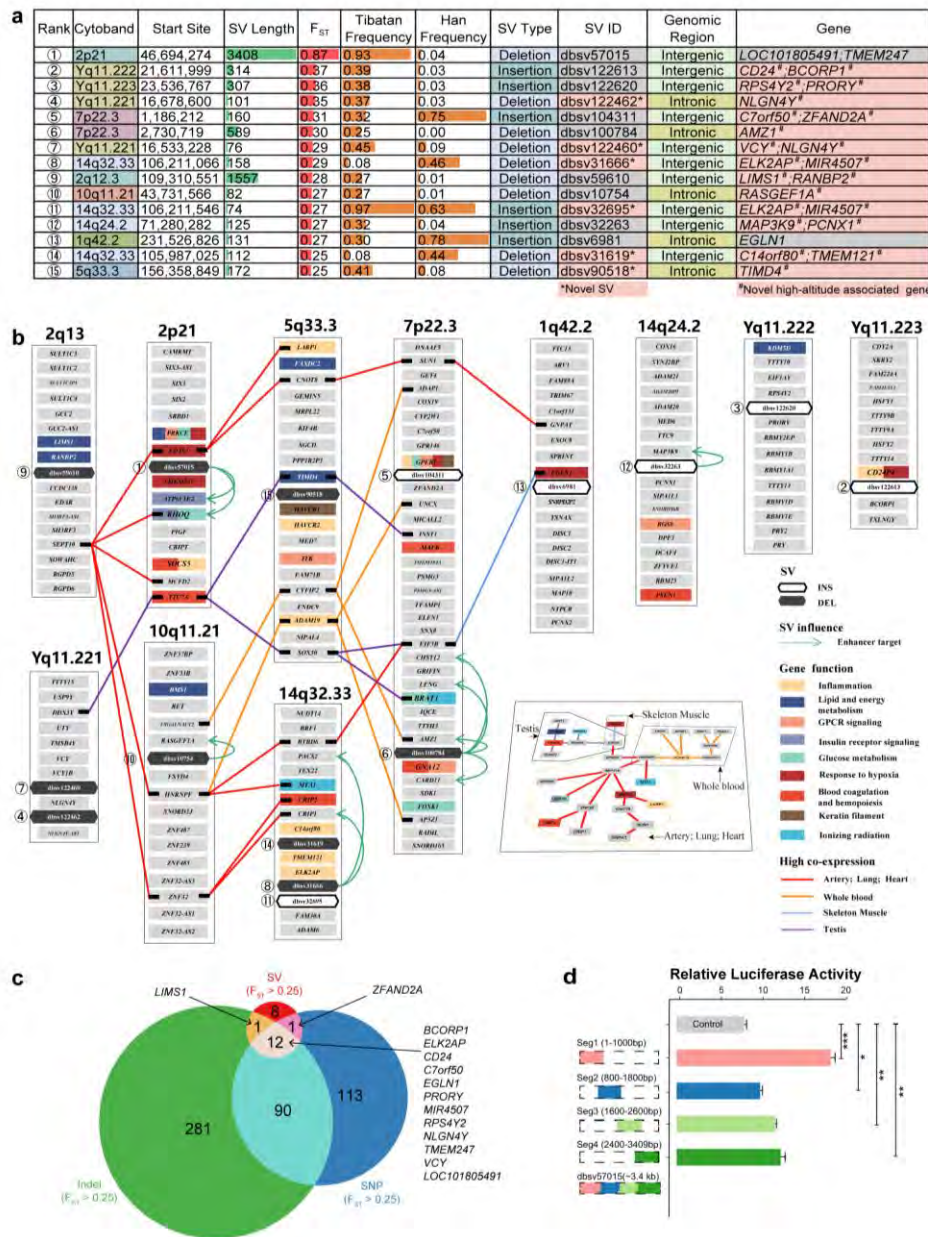


Figure 5. Evolutionary selection of genes for adaptation to high altitude in Tibetans. **a.** Basic description of 15 SVs with an $F_{ST} > 0.25$ ordered by F_{ST} values. We discovered 6 novel SVs (highlighted in pink in the SV ID column) and 13 novel high-altitude-associated gene groups (highlighted in pink in the Gene column). **b.** The biological functions (coloured rectangles) and tissue-specific high expression (coloured lines) of the protein-coding genes located near the top 15 population-specific SVs (black or white hexagons) are visualized in a network. Most of these genes are related to the response to hypoxia, inflammation, glucose, lipid and energy metabolism, insulin receptor signalling, blood coagulation and keratin filaments in these tissues, indicating their roles in high-altitude adaptation. **c.** Venn diagram of nearby genes related to SNPs, InDels and SVs with an $F_{ST} > 0.25$. The high consistency between the associated genes of SNPs, InDels and SVs indicates coincidental natural selection at high altitudes. The nonoverlapping genes suggest special functions of these genomic variations. **d.** Fluorescence intensity comparison for the dbsv57015 deletion and control reporter proves that the deleted sequence is an enhancer. Kidney-derived 293T cells were transfected with the pGL3 control vector, Seg1, Seg2, Seg3 or Seg4 ($n=5$ per group). The pRL-TK plasmid encoding the Renilla luciferase gene was cotransfected into these cells and used as an internal control for transfection efficiency. Both firefly luciferase and Renilla luciferase activities were sequentially measured 48 h after transfection. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

395 **Several SVs are associated with relieving high-altitude sickness symptoms in Tibetans.**

396 One identified Tibetan-specific deletion was located in an intron of *TIMD4* (rank 15, dbsv90518, $F_{ST}=0.25$,
397 5q33.3), upstream of *HAVCR1*, a gene associated with headache³⁶. This deletion disrupts a predicted
398 enhancer (enh87362) included in EnhancerDB²⁷ that is predicted to regulate *TIMD4*. Notably, *HAVCR1* is an
399 important paralogue of *TIMD4*. As headaches and migraines are associated with changes in vascular blood
400 flow to the brain, this deletion may contribute to the observed differences in headache incidence between Han
401 and Tibetan individuals at high altitude³⁷. This deletion is also associated with triglycerides, LDL cholesterol
402 and total cholesterol levels (**Supplementary Table 9**), which may provide a mechanistic explanation for these
403 vascular differences or may indicate pleiotropic effects across multiple pathways.

404 **Multiple SVs show Tibetan-specific functions in traits such as heel bone mineral density and birth weight.**

406 Twelve Tibetan-specific SVs showing an $F_{ST}>0.1$ were associated with heel bone mineral density, including an
407 intergenic deletion between *SLC8A1* and *LINC01913* (rank 21, dbsv58385, $F_{ST}=0.23$, 7p22.3) and an intronic
408 deletion in *CNOT4* (rank 28, dbsv103188, $F_{ST}=0.22$, 7q33) (**Supplementary Table 9**). An intronic deletion in
409 *AMZ1* (rank 6, dbsv100784, $F_{ST}=0.3$, 7p22.3) disrupts an enhancer whose targets include *AMZ1*, which is
410 associated with heel bone mineral density according to the GWAS Catalog, possibly contributing to the
411 increase in tP1NP procollagen³⁰ and lower prevalence of osteoporosis observed in Tibetans relative to the Han
412 population.

413 Ten identified SVs with an $F_{ST}>0.1$ are associated with birth weight (**Supplementary Table 9**). Generally,
414 high- altitude reduces infant birth weight as a result of intrauterine growth restriction; however, the birth weight
415 of Tibetans is higher than that of Han individuals living at high altitudes³⁸.

416 **Other SVs of unclear function that are worth exploring.** Among the 15 SVs with an $F_{ST}>0.25$, one intronic
417 SV and one intergenic SV were associated with *NLGN4Y* (**Supplementary Fig. 6c**), which is related to
418 learning, vocalization behaviour, presynapse assembly, and autism. Two of the intergenic SVs were
419 associated with *ELK2AP*, *MIR4507* or *IGHG1* and *IGHG3* according to GENCODE annotation
420 (**Supplementary Fig. 6b**). *RPS4Y2* (**Supplementary Fig. 6d**) and *RANBP2* (**Supplementary Fig. 6e**) are
421 involved in influenza viral RNA transcription and replication. Additionally, *RANBP2* is related to the regulation
422 of glucokinase and hexokinase activity. *CD24* (**Supplementary Fig. 6f**), *MAPK3K9* and *RASGEF1A* are
423 involved in the MAPK cascade.

424 **Gene variations, including SNPs, InDels, and SVs, regulate genes both collectively and independently.**

425 As we found that several peaks in the Manhattan plot of SNPs, InDels, and SVs were highly consistent (**Fig.**
426 **4a**), the collection of SNPs, InDels and SVs with an $F_{ST} > 0.25$ provides a set of perfect candidate genes that
427 may be involved in the high-altitude adaptation of Tibetans. We obtained overlapping genes between the
428 annotated genes related to SNPs and InDels with an $F_{ST} > 0.25$, and 12 of the 22 genes appeared in all 3 gene
429 sets (**Fig. 5b**). The overlap between the three call sets verified that most of our identified SVs are associated
430 with high-altitude adaptation. A total of 382 genes showing an F_{ST} greater than 0.1 were identified among the
431 genes associated with SVs, SNPs and InDels. Although there were different genes in each set, the overlapping
432 genes between them indicated that SVs, InDels and SNPs function collectively to support high-altitude
433 adaptation. However, different types of gene variations were also shown to exhibit specific functions when
434 considering nonoverlapping genes. This suggests both cooperative and independent contributions of SVs,
435 SNPs, and InDels in high-altitude adaptation. More generally, gene variations, consisting of SNPs, InDels, and
436 SVs, function both collectively and independently to regulate genes in human biology.

437 **Denisovan-introgressed SVs were not selected during the evolution of the Tibetan genome.** We also
438 identified several ancient SVs that existed in apes or ancient hominins (**Supplementary Fig. 7**). For example,
439 the *EGLN1*-related insertion (rank 13, dbsv6981, $F_{ST}=0.27$, 1q42.2) was identified from apes; a duplication in
440 the exonic *HLA-DRB5* (rank37, dbsv99370, $F_{ST}=0.22$, 6p21.32) was identified in Denisovans and did not exist

441 in apes, Africans, or Neanderthals. Notably, no SVs with high F_{ST} values were discovered in ancient hominins,
442 although a 5-SNP motif in *EPAS1* introgressed from Denisovans contributed to the high-altitude adaptation of
443 Tibetans.

444 Functional significance of SVs in evolutionary adaptation

445 The high-altitude environment shapes the fat metabolism, steroid hormone production, heart functions, and
446 brain development of Tibetans to allow them survive on the plateau. Beyond these individual examples, we
447 searched for systematic genome-wide enrichment of our Tibetan (**Supplementary Fig. 8a**) and Han
448 (**Supplementary Fig. 8b**) SVs in specific pathways through KEGG³⁹ analysis, excluding singleton SVs. We
449 found that Tibetan-specific SVs were enriched in multiple key metabolic pathways, consistent with the adaptive
450 advantages of Tibetans in cold and hypoxic environments, including those related to steroid hormone
451 biosynthesis and fat digestion and absorption, which can be helpful for producing sufficient body heat and
452 energy in cold environments. We also observed enrichment related to vascular function, pulmonary function,
453 blood pressure, and vascular smooth muscle contraction, which can play important roles in adaptation to
454 hypoxic conditions. We observed enrichment in alpha-linolenic acid metabolic pathways, which are known to
455 reduce the risk of coronary heart disease and improve cardiovascular health. We found strong enrichment of
456 the herpes simplex virus 1 infection pathway, consistent with the fact that the prevalence and incidence of
457 herpes simplex virus 1 infections are relatively higher in the Western Pacific⁴⁰, likely reflecting a historic
458 prevalence of viral infections. We also found notable enrichment of several Gene Ontology⁴¹ terms. These
459 terms were related to synapse assembly and organization, cognition, and learning or memory processes
460 (enriched in Tibetan-specific SVs with an $F_{ST} > 0.1$) and several immune processes, including T cell activation
461 (enriched in Han-specific SVs with an $F_{ST} > 0.1$) (**Supplementary Fig. 8c**). These genes also showed
462 enrichment related to specific Gene Ontology terms related to cellular components, including synaptic
463 localization (**Supplementary Fig. 8d**), consistent with observed differences in cognitive pathways. These
464 broad biological enrichment results indicate that high-altitude adaptation involves multiple biological pathways
465 related to metabolism, vasculature, circulation, and cognition allowing survival in cold, hypoxic environments.

466 Discussion

467 Our study provides an important high-resolution view of the high-altitude adaptation of Tibetans based on the
468 long-read sequencing of 320 Han and Tibetan genomes, revealing the complex SV landscape of Han and
469 Tibetan populations, and we further obtained important insights for understanding the evolutionary adaptation
470 of the Tibetan population through a systematic study of the genomic SV landscape. We provide 122,876 high-
471 quality Han and Tibetan SVs, dramatically expanding the known landscape of genetic variation and the
472 corresponding resources available for East Asian populations. We revealed many candidate SVs and genes
473 for high-altitude adaptation, revealing diverse biological adaptations consistent with the observed physiological
474 differences in the Tibetan population. The most Tibetan-specific SV has a broad impact on gene regulation via
475 complex *cis*- and *trans*-regulatory circuits. Different types of genomic variations, consisting of SNPs, InDels,
476 and SVs, function both in combination and in parallel.

477 The understanding of the human genome is changing dramatically with continuing technological developments.
478 The NGS of large cohorts has revealed the important roles of genomic variations in the evolutionary adaptation
479 of human populations. Our long-read ONT-based study provides the first large SV reference panel based on a
480 cohort of 320 Han and Tibetan individuals. Quality evaluation of our SV call sets through comparisons between
481 our SV call set and those of the 1KGP and gnomAD, comparisons between ONT and CCS SV call sets from
482 the same sample, and qPCR validation confirmed the high quality of this call set. It fills a gap in lower EAS-
483 based genetic resources for community studies, as reported previously. Our study further confirmed the high
484 enrichment of SVs in genomic repeat regions. We also found hotspots of SVs in the genome and showed an
485 evolutionary preference for repeat regions associated with intronic SVs. All these results reveal a prospective
486 landscape of high genetic diversity and complexity for human genomic variations and evolution.

487 We systematically assessed the SV landscape of Han and Tibetan populations. The Han and Tibetan

488 populations could be separated by PCA and admixture analysis based only on the SV call set. This situation
489 has previously been demonstrated through SNP analysis⁴. This finding demonstrated that SVs can be
490 considered functionally equal to SNPs to some extent. SVs and their impacts on human health and diseases
491 are worthy of broad, in-depth studies. We compared the SVs between Han and Tibetan populations and
492 identified SVs with high F_{ST} values, which are probably related to high-altitude adaptation. Several of these
493 SVs are related to known hypoxia-associated genes, while most of them were have not been previously
494 identified in high-altitude environments, and six of the SVs were novel. These findings proved the value of the
495 ONT resequencing of the Han and Tibetan populations. Our results provide a great resource for the
496 identification of candidate genes for high-altitude adaptation.

497 The selection observed among SNPs, InDels, and SVs was highly consistent between the Tibetan and Han
498 populations. By comparing genes related to SNPs, InDels, and SVs with high F_{ST} values between the Han and
499 Tibetan populations, we found that some genes were simultaneously associated with the three types of gene
500 variation. This provides a strong signal that these genes are involved in high-altitude adaptation. There were
501 also some genes that were associated with only one or two types of gene variation. Different types of gene
502 variation function both in combination and in parallel to achieve perfect adaptation to the plateau environment.

503 We found that SVs show wide and distal regulation through cis- and trans-regulatory circuitry rewiring. A
504 majority of the SVs with an $F_{ST} > 0.1$ overlapped with cis-regulatory elements. An *IL1RL1*-associated exonic
505 deletion disrupts an exon of *IL1RL1* and the enhancer, suggesting the disruption of this gene and cis-
506 regulatory circuitry rewiring. Multiple SVs, including the most Tibetan-specific SVs and an *EGLN1*-associated
507 SV, disrupt a TAD or loop boundary, affecting the cis-regulatory circuitry. We used an enhancer reporter assay
508 and a DNA pull-down assay to show that the strongest Tibetan-specific SV ($F_{ST}=0.87$) is associated with a
509 complex cis- and trans-regulatory circuit, resulting in the deletion of a super enhancer bound by several key
510 transcription factors and targeting multiple nearby genes through proximal and distal interactions, illustrating
511 the role of non-exonic SVs in gene-regulatory circuitry rewiring.

512 We provide several dramatic examples of adaptation related to the hypoxia response, red blood cell count,
513 blood pressure, body fat distribution, birth weight, bone mineral density, energy and lipid metabolism,
514 insomnia, agrypnia, longevity, mountain sickness, immunoregulation, inflammation, lung function, brain
515 vascular blood flow, and headache. These examples illustrate the broad set of biological processes involved in
516 high-altitude adaptation, the biological relevance of our findings, and the power of our integrative genomics
517 approach for revealing the biological processes involved in adaptive events.

518 Overall, our study demonstrates the power of single-molecule long-read sequencing, provides an important
519 greatly expanded comprehensive reference for global SVs, reveals many dramatic biological examples of
520 human adaptation, provides important biological targets for combatting hypoxia, illustrates complex gene-
521 regulatory circuitry rewiring mediated by SVs, and provides a wealth of biological insights into human biology
522 and recent human adaptation.

523 Figure Legends

524 Figure 1. SV discovery in 119 Tibetan and 201 Han samples

- 525 a. Summary of the experimental pipeline. Overall, 320 Han and Tibetan samples were collected and
526 sequenced via the ONT platform, resulting in 122,876 SVs. Candidate SVs for high-altitude adaptation, their
527 functional regulatory mechanisms based on their connections with exons, enhancers and TAD boundaries,
528 and candidate genes for high-altitude adaptation were explored. Cis- and trans-regulatory circuitry rewiring
529 was validated in two biological assays.
- 530 b. The numbers of 5 types of SVs in Han, Tibetan, and all samples. The majority are deletions and insertions.
- 531 c. Allele frequency consistency between the SVs in the Han and Tibetan cohort and the 1KGP EAS cohort.
532 The high consistency between them indicates the high quality of our SV call set.
- 533 d. GC content distribution of insertions and deletions in the Han and Tibetan cohort and the EAS cohort,
534 indicating that the ONT platform performs well even in genomic regions with a biased GC content.

- 535 e. Overlap between the SVs of our cohort and 1KGP and gnomAD cohorts, showing 83,094 novel SVs.
536 f. Overlap between the SVs of our cohort and the 1KGP EAS cohort, showing a 6-fold increase in the number
537 of previously annotated East Asian SVs.

538 **Figure 2. SV composition, length frequency, and chromosome distributions**

- 539 a. SV proportions in different genome regions. The majority of SVs are associated within repeat elements,
540 such as LINEs and SINEs as shown in the pie chart.
541 b. Densities of repeats and their-associated SVs, all SVs, regulatory elements and genes in the genome.
542 There are hotspots (peaks with red arrow) of SVs in the genome.
543 c. Correlations between repeat elements, their-associated SVs, regulatory elements and genes in the
544 genome. Different types of SVs are highly positively (red) intercorrelated. High correlation coefficients are
545 boxed (red for positive and blue for negative).

546 **Figure 3. Population genetics of Han-Tibetan populations**

- 547 a. PCA of the SV call sets of the Tibetan and Han cohorts and 1KGP African (AFR), American (AMR), East
548 Asian (EAS), European (EUR) and South Asian (SAS) cohorts. The Han (red) and Tibetan (green)
549 populations are close to the EAS (brown) populations, as expected, and can be clearly separated according
550 to PC3 and PC6.
551 b. Population structure of the Tibetan and Han populations. Admixture analysis (top), clustered SVs with an
552 $F_{ST} > 0.1$ (bottom). The SVs can distinguish two populations, although the number of SVs per individual in the
553 two populations is similar.
554 c. A clear separation between Han and Tibetan with 3 sample exception in the evolutionary tree analysis
555 based on all the SVs of Han (red) and Tibetan (green).

556 **Figure 4. Comparison of Han-Tibetan populations reveals the genetic landscape of evolutionary adaptation.**

- 557 a. Manhattan plot (top) based on the F_{ST} values of SVs (orange-red boxes), SNPs (blue-green dots) and
558 InDels (dark blue triangles) between the Han and Tibetan cohorts. Overall, 15 SVs with an $F_{ST} > 0.25$ are
559 highlighted (yellow), and associated genes are labelled (black) with rank (circled number). The shadows in
560 the Manhattan plot for SVs, SNPs and InDels (bottom) suggest the high consistency of evolutionary
561 selection for SVs, SNPs and InDels.
562 b. Manhattan plot (top), TAD (middle) and haplotype (bottom) near *EGLN1* on chromosome 1 based on the
563 F_{ST} values of SNPs, InDels, and SVs between the Han and Tibetan cohorts. A 131 bp insertion (grey) in
564 the intron of *EGLN1* shows high LD with SNPs (red dot) and potentially disrupts a loop (black dot and
565 inverted triangle) boundary.
566 c. Manhattan plot (top), TAD (middle) and haplotype (bottom) near *EPAS1* and *TMEM247* on chromosome 2
567 based on the F_{ST} values of SNPs, InDels, and SVs between the Han and Tibetan cohorts. The most
568 Tibetan-specific deletion disrupts an enhancer (red arrow) targeting (yellow line) *ATP6V1E2* and *RHOQ*; it
569 also potentially disrupts a loop (black dot and inverted triangle) boundary. This region shows an additional
570 121 bp insertion (purple dot) upstream of *EPAS1* and SNPs with high LD, possibly reflecting multiple
571 selective events.
572 d. Manhattan plot (top), TAD (middle) and haplotype (bottom) near *IL1RL1* on chromosome 2 based on the
573 F_{ST} values of SNPs, InDels, and SVs between the Han and Tibetan cohorts. A deletion in the exon of
574 *IL1RL1* disrupts an enhancer (red arrow) targeting (yellow line) *IL1RL1* and *IL18RL1*; it also potentially
575 disrupts a loop (black dot and inverted triangle in TAD) boundary.

576 **Figure 5. Evolutionary selection of genes for adaptation to high altitude in Tibetans.**

- 577 a. Basic description of 15 SVs with an $F_{ST} > 0.25$ ordered by F_{ST} values. We discovered 6 novel SVs
578 (highlighted in pink in the SV ID column) and 13 novel high-altitude-associated gene groups (highlighted in
579 pink in the Gene column).
580 b. The biological functions (coloured rectangles) and tissue-specific high expression (coloured lines) of the
581 protein-coding genes located near the top 15 population-specific SVs (black or white hexagons) are

- 582 visualized in a network. Most of these genes are related to the response to hypoxia, inflammation,
583 glucose, lipid and energy metabolism, insulin receptor signalling, blood coagulation and keratin filaments
584 in these tissues, indicating their roles in high-altitude adaptation.
- 585 c. Venn diagram of nearby genes related to SNPs, InDels and SVs with an $F_{ST} > 0.25$. The high consistency
586 between the associated genes of SNPs, InDels and SVs indicates coincidental natural selection at high
587 altitudes. The nonoverlapping genes suggest special functions of these genomic variations.
- 588 d. Fluorescence intensity comparison for the dbsv57015 deletion and control reporter proves that the deleted
589 sequence is an enhancer. Kidney-derived 293T cells were transfected with the pGL3 control vector, Seg1,
590 Seg2, Seg3 or Seg4 (n=5 per group). The pRL-TK plasmid encoding the Renilla luciferase gene was
591 cotransfected into these cells and used as an internal control for transfection efficiency. Both firefly
592 luciferase and Renilla luciferase activities were sequentially measured 48 h after transfection. * $P < 0.05$,
593 ** $P < 0.01$, *** $P < 0.001$.

594 **Supplementary figure legends**

595 **Supplementary Figure 1. Han & Tibetan SV call set.** (a) The number distribution of each type of SVs in Han
596 and Tibetan samples. (b) The cumulative percentage of the number of SVs excluding singletons within the
597 Tibetan cohort. (c) The cumulative percentage of the number of SVs excluding singletons within the Han
598 cohort. (d) The cumulative percentage of the number of SVs excluding singletons within the Han and Tibetan
599 cohort. (e) Venn diagram between the Han and Tibetan SV call set and the SVs identified based on 15 publicly
600 available genomes generated by long-read sequencing. (f) Venn diagrams of the overlap among the Han and
601 Tibetan, 1KGP, gnomAD and 15 genome SV call sets.

602 **Supplementary Figure 2. Characteristics of SV distribution and composition.** (a) Frequencies of different
603 types of SVs with lengths shorter than 1 kb. The length of Alu is approximately 300 bp. (b) Frequencies of
604 different types of SVs with lengths longer than 1 kb. The length of LINEs is approximately 6 kb. (c) The
605 numbers of 5 types of SVs in different gene elements. (d) The proportions of SINE- and LINE-mediated SVs
606 and exonic SVs in different types of SVs. (e) The frequencies of SVs and the proportions of all SVs. (f) Overall,
607 58 SVs are associated with C7orf50. (g) The ratio between repeat-associated SVs and nonrepeat-associated
608 SVs among singleton, all and shared SVs. (h) The percentages of different gene elements related to singleton,
609 all and shared SVs in the Han and Tibetan populations. (i) The percentages of 5 types of SVs related to
610 singleton, all and shared SVs in the Han and Tibetan populations.

611 **Supplementary Figure 3. Population genetics of Han and Tibetan populations.** (a) Overlap between the
612 SVs in Han and Tibetan populations, showing that they share a majority of SVs. (b) PCA of the SV call set of
613 the Tibetan (green) and Han (red) cohorts indicates clear separation between the two groups.

614 **Supplementary Figure 4. Chromosome landscape of Han-Tibetan population and related enhancers.** (a)
615 Manhattan plot for each chromosome based on the F_{ST} values (y-axis) of SVs (orange-red boxes), SNPs (blue
616 green dots) and InDels (dark blue triangles) between the Han and Tibetan cohorts. (b) The SVIDs of deletions
617 and genes targeted by enhancers (y-axis) are connected (red) with different enhancers in different tissues (x-
618 axis). (c) The SVIDs of insertions and genes targeted by enhancers (y-axis) are connected (red) with different
619 enhancers in different tissues (x-axis).

620 **Supplementary Figure 5. DNA pull-down results for the dbsv57015 sequence.** (a) The sequence of
621 dbsv57015 consists of T1 and T2. (b) Venn diagram of pulled-down proteins in the 293T cell line. (c) Gene
622 Ontology (GO) biological process enrichment of the proteins in the control and pull-down groups in the 293T
623 cell line. (d) Venn diagram of pulled-down proteins in the U266 cell line. (e) GO biological process enrichment
624 of the proteins in the control and pull-down groups in the U266 cell line.

625 **Supplementary Figure 6. Manhattan plot of several population-specific genomic regions.** (a) Manhattan
626 plot of the region near the *ZFAND2A* gene based on the F_{ST} values of SVs, SNPs and InDels between the Han
627 and Tibetan cohorts. (b) Manhattan plot near gene *ELK2AP* based on the F_{ST} of SV, SNP and InDel between
628

629 the Han and Tibetan cohorts. (c) Manhattan plot of the region near the *NLGN4Y* gene based on the F_{ST} values
630 of SVs, SNPs and InDels between the Han and Tibetan cohorts. (d) Manhattan plot of the region near the
631 *PRS4Y2* gene based on the F_{ST} values of SVs, SNPs and InDels between the Han and Tibetan cohorts. (e)
632 Manhattan plot of the region near the *RANBP2* gene based on the F_{ST} values of SVs, SNPs and InDels
633 between the Han and Tibetan cohorts. (f) Manhattan plot of the region near the *CD24* gene based on the F_{ST}
634 values of SVs, SNPs and InDels between the Han and Tibetan cohorts.

635 **Supplementary Figure 7. Possible evolutionary scenarios of SVs.** The numbers of SVs are shown under
636 each scenario. In addition, a majority of SVs existed only in the Tibetan and Han populations.

637 **Supplementary Figure 8. Enrichment analysis of Han/Tibetan-specific SVs.** (a) Top 10 KEGG pathways of
638 Tibetan-specific SVs, excluding singleton SVs. (b) Top 10 KEGG pathways of Han-specific SVs, excluding
639 singleton SVs. (c) Gene Ontology (GO) biological process enrichment terms for Han-specific or Tibetan-
640 specific SVs with an $F_{ST}>0.1$. (d) GO cellular component enrichment terms of Han-specific or Tibetan-specific
641 SVs with an $F_{ST}>0.1$.

642 **Supplementary Table legends**

643 **Supplementary Table 1.** (a) Samples and ONT sequencing statistical information. (b) Manual curation
644 of 298 SVs across all samples. (c) PCR validation of 4 SVs in 57 samples. (d) Statistics of SMRT-
645 CCS sequencing data. (e) The number and frequency of different gene elements and types of SVs
646 among singleton, shared and all SVs. (f) Samples and NGS statistical information.

647 **Supplementary Table 2.** Statistics of ONT and SMRT-CCS sequencing data.

648 **Supplementary Table 3.** Orthogonal validation of ONT-SVs against SMRT-CCS-SVs from the same
649 sample.

650 **Supplementary Table 4.** AF distribution of different types of novel SVs in the Tibetan-Han population.

651 **Supplementary Table 5.** SV comparison between ZF1 and our Tibetan population data.

652 **Supplementary Table 6.** Mean SV statistics for each sample of different AFs in the Tibetan-Han
653 population.

654 **Supplementary Table 7.** SV distribution in different genomic regions in the Tibetan-Han population.

655 **Supplementary Table 8.** SINE- and LINE-associated SVs in various genomic functional regions.

656 **Supplementary Table 9.** SV-SNP-GWAS-phenotype analysis results.

657 **Supplementary Table 10.** Proteins identified and their annotation in DNA pull-down assays of the
658 sequence of the most Tibetan-specific SVs.
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Method details

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Key resources table

Software/Algorithms	Source	Website
Guppy (2.0.10)	Oxford Nanopore Technologies	https://community.nanoporetech.com
NGMLR (0.2.7)	Sedlazeck et al. 2018	https://github.com/philres/ngmlr
Sniffles (1.0.8)	Sedlazeck et al. 2018	https://github.com/fritzsedlazeck/Sniffles
SMRTLink (6.0)	Pacific Biosciences, 2018	https://www.pacb.com/support/documentation/?fwp_asset_type=release-notes&fwp_sort=preserve
pbsv (2.4.0)	Wenger et al. 2019	https://github.com/PacificBiosciences/pbsv
FALCON (1.8.7)	Chin et al. 2016	https://github.com/PacificBiosciences/FALCON
dbSVmerge	GrandOmics	https://github.com/GrandOmics/svmerge
Plink (1.9)	Purcell et al. 2007	http://www.cog-genomics.org/plink2/
frappe (1.1_linux64)	Tang et al. 2005	https://med.stanford.edu/tanglab/software/frappe.html
vcftools (0.1.17)	Danecek et al. 2011	http://vcftools.sourceforge.net/downloads.html
SVhawkeye	This paper	https://github.com/yywan0913/SVhawkeye
bwa (0.7.17-r1188)	Li. 2013	https://github.com/lh3/bwa
Pindel (0.2.5b8)	Ye et al. 2009	https://github.com/genome/pindel
Delly (0.7.9)	Rausch et al. 2012	https://github.com/dellytools/delly
Truvari	English. 2018	https://github.com/spiralgenetics/truvari
HiC-Pro (2.11.1)	Servant et al. 2015	http://github.com/nservant/HiC-Pro
fastp (0.12.6)	Chen et al. 2018	https://github.com/OpenGene/fastp
cworld-dekker (0.0.1)	Miura et al. 2018	https://github.com/dekkerlab/cworld-dekker
Bowtie2 (2.3.2)	Langmead and Salzberg, 2012	https://sourceforge.net/projects/bowtie-bio/files/bowtie2/2.3.2/
Picard (V2.5.0)	Li, H. et al. 2010.	http://broadinstitute.github.io/picard/
GATK (v3.3.0)	McKenna, A. et al. 2010.	https://software.broadinstitute.org/gatk/
Snpeff	Cingolani P. et al. 2012.	http://snpeff.sourceforge.net/

CNVnator	Abyzov A. et al.2011.	https://omictools.com/cnvnator-tool
Breakdancer	Fan X, et al. 2014.	http://breakdancer.sourceforge.net/
SIFT	Ng P C, et al. 2003.	https://sift.bii.a-star.edu.sg/
MutationTaster	Schwarz J M, et al. 2010.	http://www.mutationtaster.org/
PolyPhen2	Ivan Adzhubei, et al. 2013.	http://genetics.bwh.harvard.edu/pph2/
Condel	Yuan X, et al. 2018.	https://omictools.com/condel-tool
FATHMM	Shihab HA, et al. 2013.	http://fathmm.biocompute.org.uk/
Public Data		
hg19	NCBI	ftp://ftp-trace.ncbi.nih.gov/1000genomes/ftp/technical/reference/human_g1k_v37.fasta.gz
1000 Genome Project	1000 Genomes Project Consortium	https://doi.org/10.1038/nature15393
gnomAD (2.1.1)	Karczewski et al., 2019	https://gnomad.broadinstitute.org/
dbVar	NCBI	https://www.ncbi.nlm.nih.gov/dbvar
TibetanSV webserver	This paper	https://zhilong.shinyapps.io/tibetan
segdup	UCSC Genome browser	http://hgdownload.cse.ucsc.edu/goldenPath/hg19/database/genomicSupErDups.txt.gz
rmsk	UCSC Genome browser	http://hgdownload.cse.ucsc.edu/goldenPath/hg19/database/rmsk.txt.gz
Dgv (2016-05-15)	Database of Genomic Variants	http://dgv.tcag.ca/
Decipher (Version3)	DatabasE of genomic variation and Phenotype in Humans using Ensembl Resources	https://decipher.sanger.ac.uk/about/downloads/documents
OMIM	Online Mendelian Inheritance in Man	https://omim.org/downloads
ANNOVAR (17 Jul 2017)	Wang et al. 2010	https://annovar.openbioinformatics.org/en/latest/user-guide/download/
Promoter	FANTOM5 Human Promoters	http://slidebase.binf.ku.dk/human_promoters/bed

Enhancer	Epimap Repository	https://personal.broadinstitute.org/cboix/epimap/links/links_corr_only/
Silencer	SilencerDB	http://health.tsinghua.edu.cn/silencerdb/download.php
HiC TAD, Loop	3D Genome Browser	http://3dgenome.fsm.northwestern.edu/
Phenotype	GWAS Catalog	https://www.ebi.ac.uk/gwas/downloads
Fifteen human genome SVs	Audano et al. 2019	http://ftp.1000genomes.ebi.ac.uk/vol1/ftp/data_collections/hgsv_sv_disc/overly/working/20181025_EEE_SV-Pop_1
ZF1	Ouzhuluobu et al. 2019	https://doi.org/10.1093/nsr/nwz160
Denisovan	Meyer et al. 2012	https://doi.org/10.1126/science.1224344
Neandertal	Prüfer et al. 2014	https://doi.org/10.1038/nature12886
Ust' Ishim	Fu et al. 2014	https://doi.org/10.1038/nature13810

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[Samples and third-generation sequencing](#)

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To ensure that we covered the majority of SVs that were shared within or among the Han or Tibetan populations, we sequenced 201 Han and 119 Tibetan genomes based on ONT sequencing. All the samples were selected randomly (**Table S1**). We oversampled Han genomes by sequencing more individual Han genomes than Tibetan genomes because we anticipated finding more diverse SVs in the Han population, which shows high admixture relative to the Tibetan population.

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Genomic DNA was prepared from each of the 320 samples by sodium dodecyl sulphate (SDS)-based methods. Then, nanopore libraries were constructed according to the manufacturer's instructions for the Ligation Sequencing Kit 1D (SQK-LSK109) and sequenced on R9.4 flow cells using a PromethION sequencer (ONT, UK) at the Genome Center of Grandomics (Beijing, China). Base calling was subsequently performed from fast5 files using Guppy (v2.0.10) software to generate the FASTQ files.

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To compare the results of SV calling with those of the other long-read sequencing platform, one of the Tibetan samples, AL-2-33, was randomly selected for sequencing on the PacBio Sequel system. The genomic DNA was sheared, and size selection of 10-15 kb fragments was performed by using BluePippin (Sage Science, USA). SMRTbell libraries were constructed using the SMRTbell Template Prep Kit v.1.0 (100-259-100, PacBio) and then sequenced using V3.0 chemistry on the PacBio Sequel system. CCS reads were generated using SMRTLink (v6.0) software from PacBio.

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[SV calling](#)

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To produce high-quality reference SV sets for the Han and Tibetan populations, we constructed a stringent analysis workflow. The complete sequencing and analysis workflow consisted of 1) an average sequencing depth of $20.85 \pm 7.54X$ with a long read length (average N50 length = 22.71 ± 4.04 kb) (**Table S1A**); 2) SV calling by using Sniffles, which has been proven to be the most effective computational tool for identifying SVs from nanopore sequencing data thus far¹³; 3) the orthogonal validation of ONT-SVs against SMRT-CCS-SVs using 453.79 Gb of total polymerase bases, which produces CCS data with a 15.4X depth (**Table S1D**); 4) the manual curation of 95,360 SVs from 298

695 candidate regions (**Table S1B**) that were originally mapped by the computational pipeline; 5) the
696 selection of 228 SVs (**Table S1C**) for validation using PCR and Sanger sequencing; and 6) the cross-
697 comparison of our SVs with those in various human genome variant databases and those reported in
698 recently published work. The FASTQ files were aligned to the hg19 human reference genome
699 available from NCBI, and a BAM format alignment file was produced using NGMLR v0.2.7¹³ with
700 default parameters, which is designed for long-read mapping. Variants were called using Sniffles
701 v1.0.8¹³ with the parameter setting `-q 0 -l 50 --report_BND`, and VCF format files were generated,
702 which contained all SV information. Then, raw SVs were filtered and merged to obtain high-quality
703 SVs. The two filtering criteria were that the AF needed to be greater than 0.3 and that the sequencing
704 depth of the variant had to be greater than the larger number between 0.3-fold and 2-fold the average
705 sequencing depth and less than the twice the average sequencing depth. High-quality SVs were used
706 for the subsequent analysis. The SVs derived from PacBio and ONT sequencing platforms were
707 compared according to the following criterion: $50 \text{ bp} \leq \text{SV length} \leq 50,000 \text{ bp}$, using Truvari.

708 SV annotation and distributions

709 High-quality SVs with upstream and downstream genes were annotated in the segdup, rmsk, dgv,
710 1000 Genome Project, gnomAD, Decipher, OMIM, and ANNOVAR databases. We grouped the SVs
711 into 500 kb bins to count the number of various types of SVs (insertions, duplications, deletions,
712 inversions, and translocations). The cytoband file was downloaded from the UCSC website, and
713 chromosome banding was drawn for different regions. The numbers of SVs indicated in different
714 colours were determined using the R language 3.4.1⁴².

715 SV merging

716 DbSVmerge was used to obtain the nonredundant SV set for all high-quality SVs from 320 samples.
717 The merging strategy was as follows: the distance of the variant coordinates between any two SVs
718 must be less than 1 kb; for deletion-, duplication- and inversion-type SVs, at least 40% of the region
719 should overlap; and for insertion SVs, the difference in length between insertions should be less than
720 twice the length of both insertions. The numbers and lengths of SVs of different types (insertions,
721 duplications, deletions, inversions, and translocations) were counted.

722 SVs comparison among published datasets

723 We compared our SV calls to several published datasets, including the 1KGP dataset⁴³, gnomAD
724 2.1.1, SVs from fifteen human genome sequences obtained on PacBio platforms [8], and Tibetan ZF1
725 SVs¹⁶. The same merging strategy was applied using dbSVmerge. The SV comparison was
726 conducted with Truvari according to the following criterion: $50 \leq \text{SV length} \leq 50,000$.

727 SV landscape in Tibetan and Han Chinese populations

728 We constructed nonredundant sets of 93,154 SVs from 119 samples from the Tibetan population and
729 109,438 SVs from 201 samples from the Han Chinese population. In this study, SV frequency (also
730 called allele frequency (AF)) was defined as the proportion of the sample size with one SV in the
731 population (calculated excluding singletons). To determine whether the sample size was large
732 enough for SV population analysis, we drew curves of SV counts among samples as every sample
733 was added to the population.

734 We divided AFs into 5 levels: 0~0.1, 0.1~0.4, 0.4~1, and 1. SV numbers were counted according to
735 the 5 levels and the singletons in each individual. Then, the diversity of the SVs in repeat and
736 nonrepeat regions was quantified for different types of SVs.

737 Genome evolution analysis using SVs

738 Each SV was given a value of 1 if someone had it and 0 if not, resulting in an N×M matrix, where N
739 stands for the number of samples (320) and M represents the total number of all SVs. All PCAs,
740 evolutionary trees, and population structure analyses were based on the N×M matrix. PCA was
741 carried out and the principal component values were calculated with the R 3.4.1 prcomp function,
742 ensuring that fewer principle components were reserved than the number of samples. Hierarchical
743 clustering was included for plotting the evolutionary tree using the R 3.4.1 hcluster function.
744 Population genetic structure analysis can reveal the time span of the development of subgroups by
745 dividing a large population into several subgroups. Plink⁴⁴ software in two modes, pep and map, was
746 utilized to obtain structural information statistics for each individual, which were analysed with Frappe
747 software⁴⁵.

748 Short-read sequencing, SNP and InDel calling

749 Short-read sequencing of 148 samples (75 Tibetan and 73 Han, including 113 DNA samples
750 (previously used for ONT sequencing) and 35 blood samples) was performed after a series of sample
751 and library processing steps. A Qubit Fluorometer was used to evaluate the concentration of DNA,
752 and agarose gel electrophoresis was used to examine sample integrity and purity. Fragmented DNA
753 was obtained through Covaris preparation and subjected to selection at an average size of 200-400
754 bp using an Agencourt AMPure XP-Medium kit. The PCR-amplified products were recovered with the
755 AxyPrep Mag PCR clean up kit.

756 We performed the paired-end sequencing of the 148 samples with an average output of 137 Gb raw
757 bases. Each sample showed a read depth >31.9X. To reduce sequencing noise, we removed reads
758 containing a) 10% or more 'N' bases, b) 50% or more low-quality bases, or c) sequencing adapters.
759 After data filtering, we applied Burrows-Wheeler Aligner (BWA v0.7.12) to map the clean reads
760 against the hg19 human reference genome. We sorted the mapping results and marked duplicate
761 reads in BAM files using Picard tools (v1.118). We performed base quality score recalibration (BQSR)
762 and local realignment around InDels to obtain a more accurate base quality and therefore improve the
763 accuracy of the variant calls. We detected SNPs and small InDels using HaplotypeCaller from the
764 Genome Analysis Toolkit (GATK, v3.3.0). We further applied variant quality score recalibration
765 (VQSR), a variant filtering tool based on the machine learning method, to obtain reliable variant calls
766 with high confidence.

767 Analysis of adaptive evolution using SVs

768 F_{ST} measures population differentiation due to genetic structure using the SV frequency, calculated
769 as the difference between total heterozygosity and average population heterozygosity divided by total
770 heterozygosity. The heterozygosity frequency of SVs between populations was calculated by Weir
771 and Cockerham estimators using the statistical method of VCFtools⁴⁶.

772 Tibetan-specific SVs were selected on the basis of satisfying three criteria: the population frequency
773 in Tibetans was not less than 0.2, the population frequency in Tibetans was twice as high as that in
774 Han individuals, and the F_{ST} of the SV was larger than 0.1. Han-specific SVs were obtained using a
775 similar strategy: the population frequency in the Han population should be not less than 0.2, the
776 population frequency in the Han population should be twice that in the Tibetan population, and the F_{ST}
777 of SV should be larger than 0.1. Some population-specific SVs were examined manually with IGV⁴⁷.

778 Raw data, either FASTQ or BAM files, for Denisovan⁴⁸, Altai Neandertal⁴⁹, Vindija Neandertal⁵⁰ and

Ust' Ishim genomes⁵¹ were downloaded from the European Nucleotide Archive. We aligned the archaic short reads to the hg19 human reference genome using BWA-MEM⁵². For each archaic hominin genome, we applied Pindel⁵³ and Delly⁵⁴ to detect SVs and merged the results from the two SV callers using SURVIVOR⁵⁵.

The SV call set from great ape genomes was downloaded from the Database of Genomic Variants archive (accession number esd235). We converted the coordinates of SVs from reference genome hg38 to hg19 with the modified open-source tool CrossMap⁵⁶. We applied dbSVmerge to merge all of these SV call sets with our own SV call set to determine whether an SV was shared between two genomes or groups/species.

LD and GWAS computation

To explore the possible connections between different variations (SV and SNP, InDel), the VCF results of 113 samples that were matched with ONT sequencing samples and the VCF results of 320 SVs were used. The PLINK program was applied to compute the linkage disequilibrium value (LD, R^2). R^2 values were computed between SVs and SNPs (InDels) within a window of 1 M bp. The cut-off was set as 0.2. To annotate the functions of SVs according to SNPs found to be associated with various phenotypes through GWASs, we made use of the NHGRI Catalog of published GWASs, which includes 159,203 SNPs linked to a multitude of phenotypes. Finally, 1,632 SVs were shown to be in strong LD ($R^2 \geq 0.8$) with a GWAS SNP found in Han populations, and 1455 SVs were in strong LD ($R^2 \geq 0.8$) with a GWAS SNP found in Tibetan populations.

The associations between SV, promoter, silencer, enhancers and HiC data

We downloaded gene-enhancer link data from 833 samples in the Epimap Repository²⁶. To provide some tolerance, we extended the breakpoints of 612 SVs ($F_{ST} > 0.1$) by ± 100 bp. We intersected these SV regions with enhancer regions in each sample. Overall, 100 SV regions showing overlap with at least one enhancer in any sample were visualized in a heatmap.

We analysed the associations between SVs and promoters, silencers, and LADs/TADs/loops in a similar way. The promoter data were downloaded from FANTOM5 Human Promoters, and the silencer data were downloaded from SilencerDB. LAD domain data were downloaded from Roadmap, and TAD/Loop data were obtained from the 3D Genome Browser.

Pathway and co-expression annotation

We selected the 15 SVs with an $F_{ST} > 0.25$ and identified the ten upstream and downstream genes of these SVs (excluding noncoding genes) using the GENCODE v29 GRCh37 gff file. According to the TPM data of these genes in the GTEx database (V8 release), we chose the top ten genes that were highly expressed in the heart, artery, lung, testis, and whole blood as the genes showing high coexpression in the tissue. To illustrate the relationships between these genes and high-altitude adaptation, we chose the GWAS Catalog, SuperPath (<https://pathcards.genecards.org/>), Gene Ontology, and KEGG databases to annotate the functions of these genes. The clusterProfiler⁵⁷ package was used to enrich pathways.

Statistical analysis

All statistical analyses were performed using the R package (v3.4.1, <http://www.r-project.org/>).

Dual-luciferase reporter gene assay to validate the function of the dbsv57015 sequence

We employed a dual-luciferase reporter gene assay to investigate whether the 3.4 kb dbsv57015 deletion plays a role as a cis-element. For this reason, the four truncated sequences representing different base pair truncations (Seg1: 1-1000 bp; Seg2: 1600-2400 bp; Seg3: 2600-3409 bp; Seg4:

800-1800 bp) were cloned into the pGL3-control plasmid (Promega, Madison, WI, USA), upstream of the SV40 promoter and the firefly luciferase reporter gene. A 200-base pair overlap sequence between two truncated sequences was designed to avoid the disruption of an enhancer, as the core length of an enhancer is approximately 100-200 bp. These truncated TED-luciferase plasmids were transfected into 293T cells. Additionally, the pRL-TK vector (Promega, Madison, WI, USA), encoding Renilla luciferase, was cotransfected in combination with dbsv57015-luciferase reporters as an internal control. Both firefly luciferase and Renilla luciferase activities were sequentially measured 48 h after transfection. Firefly luciferase activity was normalized to Renilla luciferase for each sample.

[DNA pull-down assay to identify the trans-acting regulators of the dbsv57015 sequence](#)

The DNA sequence of dbsv57015 was separated into two parts: T1 (1-1725 bp) and T2 (1676-3409 bp). T1 and T2 DNA probes were affixed to streptavidin magnetic beads (Beaver Biosciences Inc. China) and then incubated with 293T and U266B1 cell lysates at 4°C overnight. We washed the beads on a magnetic rack with buffers containing nonspecific DNA and a low salt concentration (50 mmol/L Tris-HCl, pH 7.6), which removed nonadhering and low-specificity DNA-binding proteins. Then, we washed the beads with higher salt concentrations (100 mmol/L Tris-HCl, pH 8.5) to elute specific DNA-binding proteins, which were used to perform sodium dodecyl sulphate polyacrylamide gel electrophoresis. Silver-stained protein bands corresponding to blank beads (control) and T1 and T2 DNA sequences were used for mass spectrometry analysis.

[Data availability](#)

The SV dataset supporting the conclusions of this article is available in the Genome Sequence Archive repository as accession PRJCA004371(GVM000124, GVM000125) upon acceptance. The data utilization has an ethical filing number from the Human Genetic Resource Administration of China (2020BAT0405). The study was approved by the Medical Ethical Committee of Chinese PLA General Hospital (Beijing, China, S2018-298-02).

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[Author contributions](#)

Conceptualization, K.He; Methodology, K.He, J.Shi., Zh.Jia, J.Sun and F.Liang; Study participants recruitment, X.Zhao, J.Shi., Zh.Jia and Q.Jia; Sample collection and preparation: X.Zhao, J.Shi., Zh.Jia, Q.Jia, K.Yu, Sh.Wu, S.Cui, Q.Zhong and J.Wu; Data generation and analysis, Zh.Jia, J.Shi., J.Sun, F.Liang, Ch.Zhao, Depeng Wang, Y.Xiao, Y.Liu and Zh.Wu; Annotation and Functional Links: K.He, M.P, J.Shi., Zh.Jia, J.Sun, Ch.Zhao, X.Song and Q.Chen; Experimental Validation: K.He, M.P, X.Wang and Zh.Jia; Writing and revision: J.Shi, Zh.Jia, M.P, F.Liang, M.K., X.Bo and Zh.Wu; Ethics application and data resource: K.He, J.Shi, K.Yu and X.Zhao; Supervision, K.He.

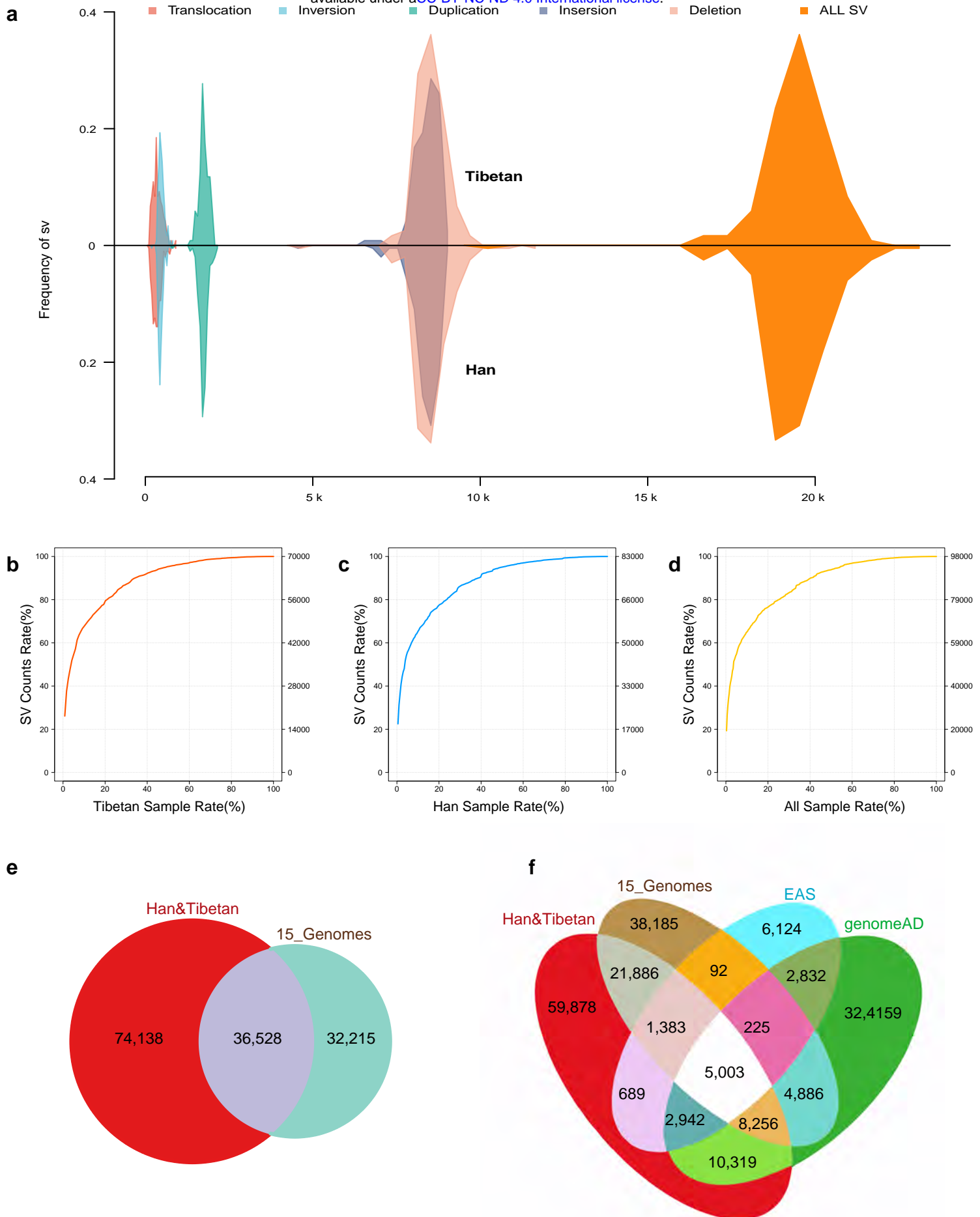
864 **Competing interests**

865 We declare no potential conflicts of interests.

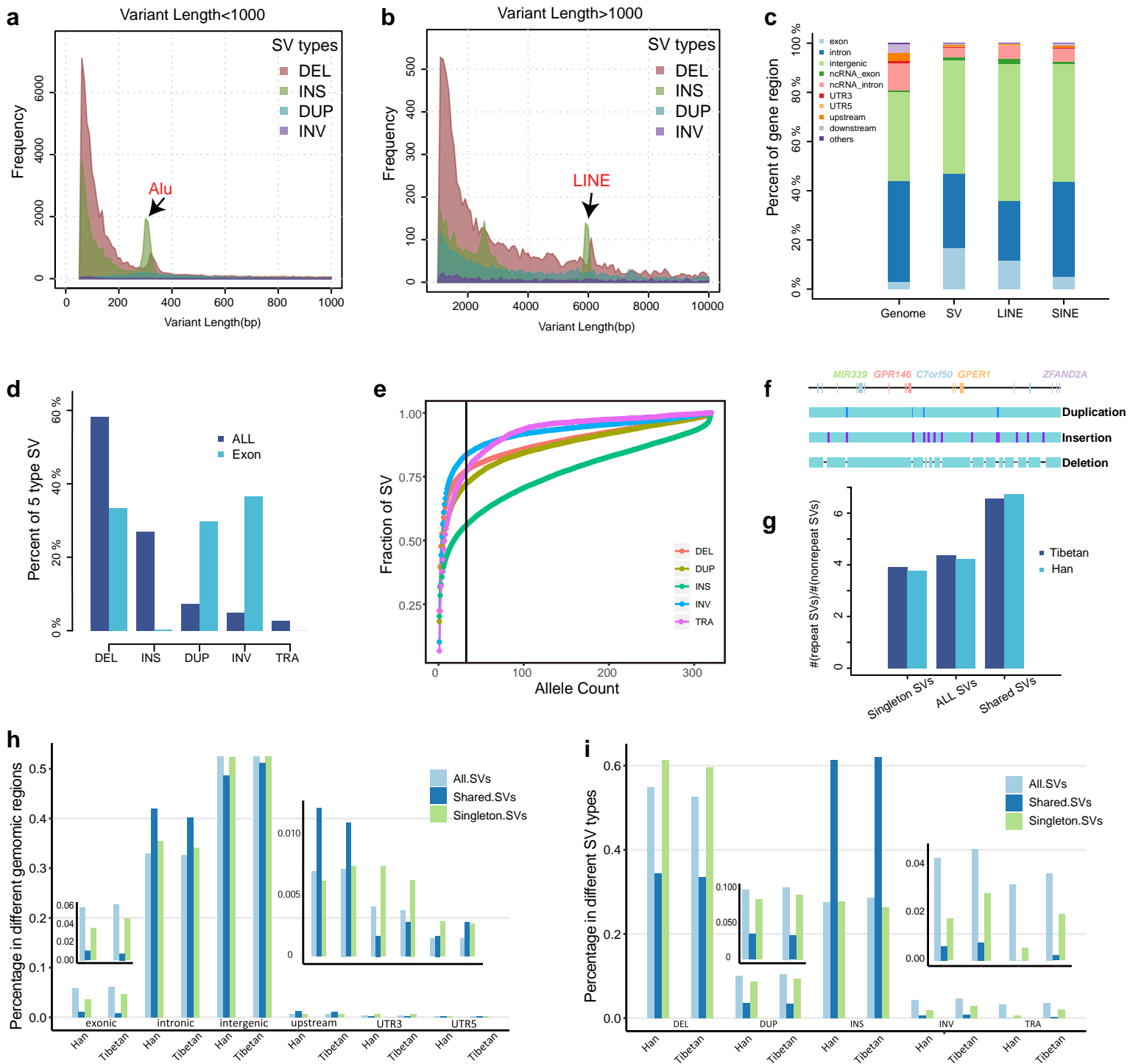
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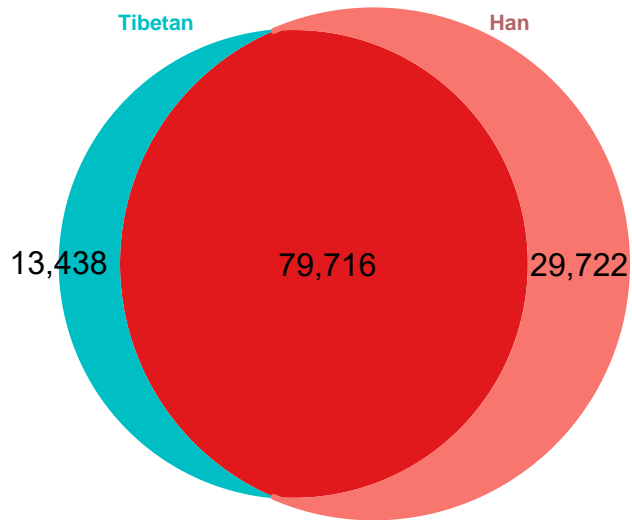
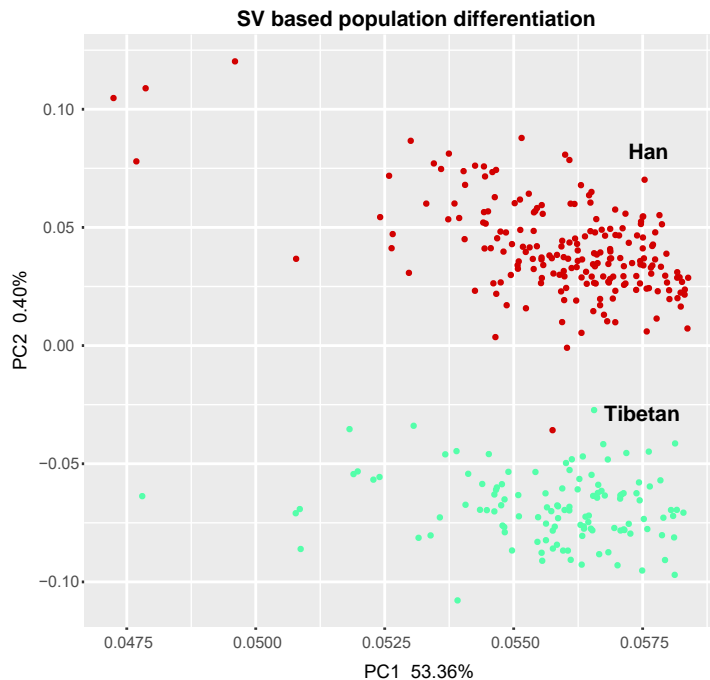
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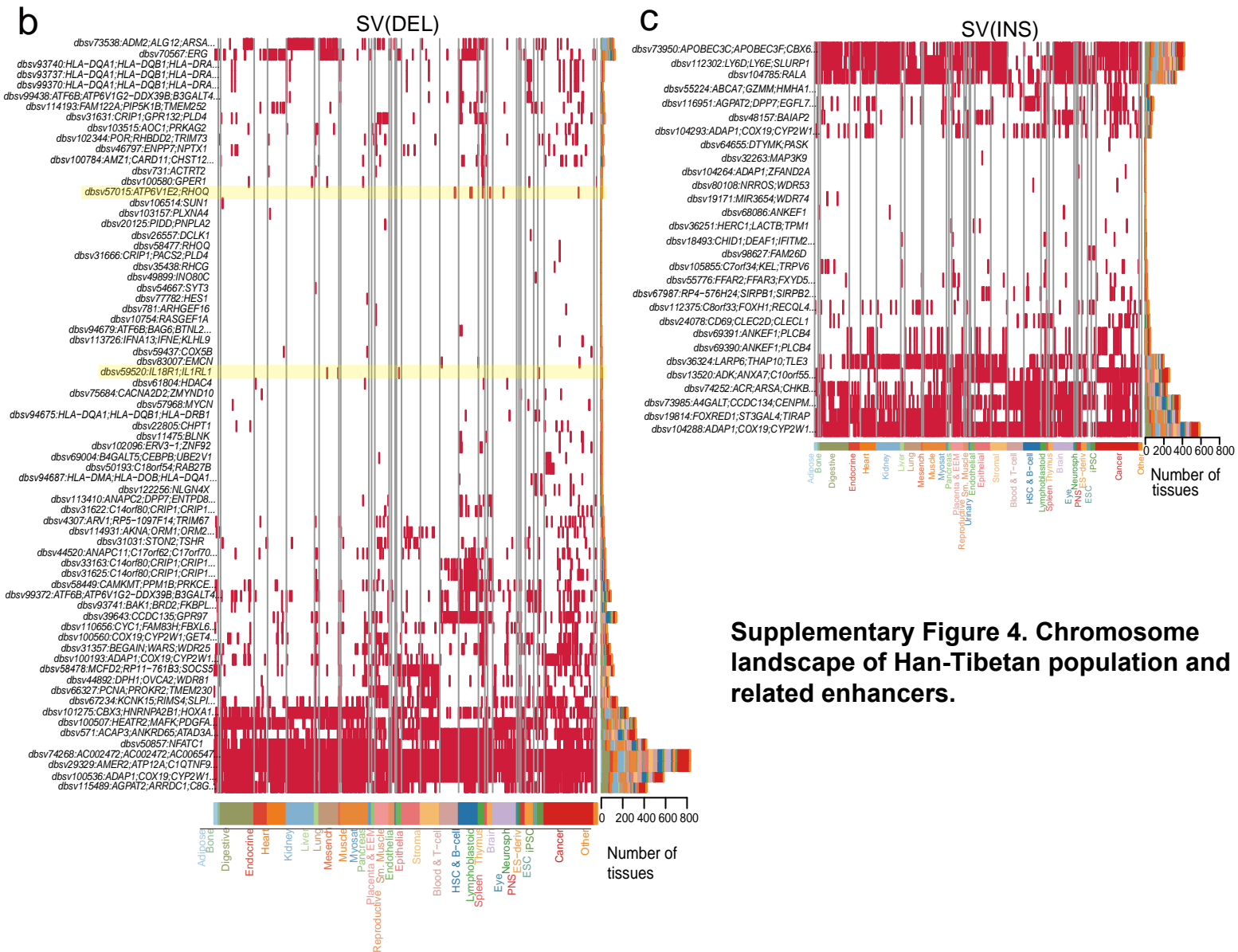
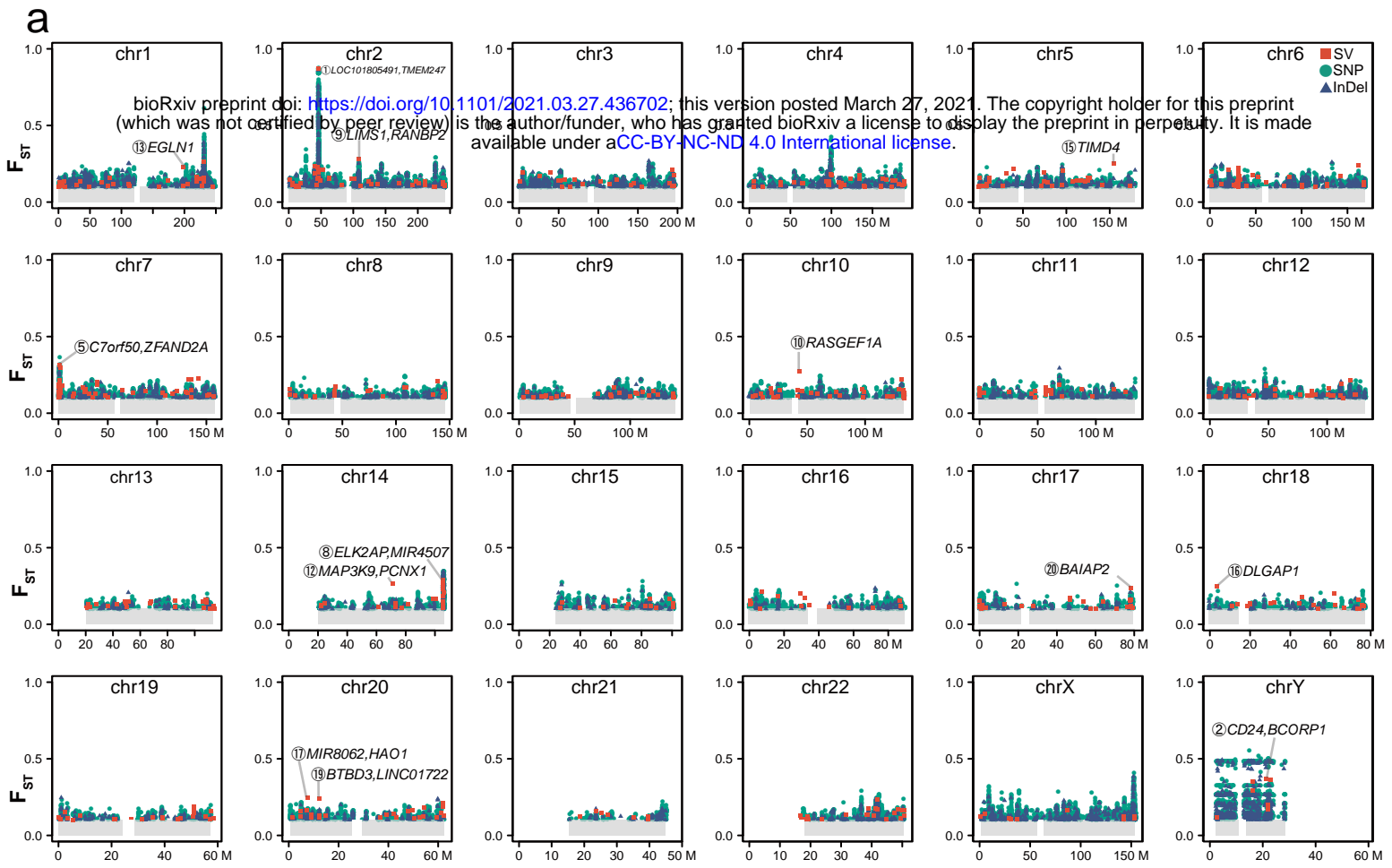
Supplementary Figure 1. Han & Tibetan SV call set.

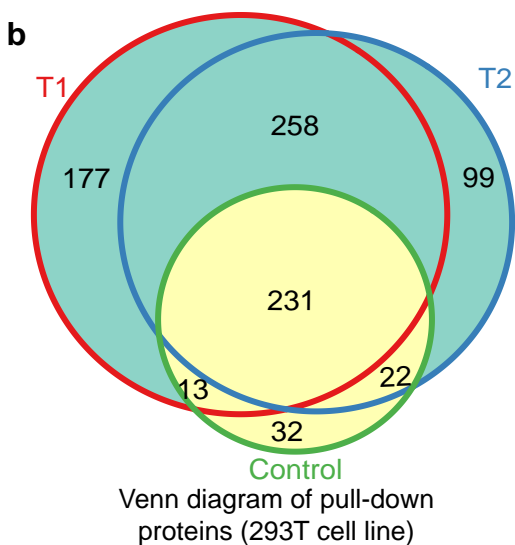
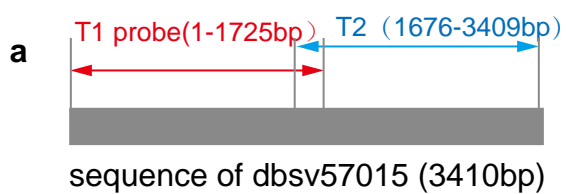


Supplementary Figure 2. Characteristics of SV distribution and composition.

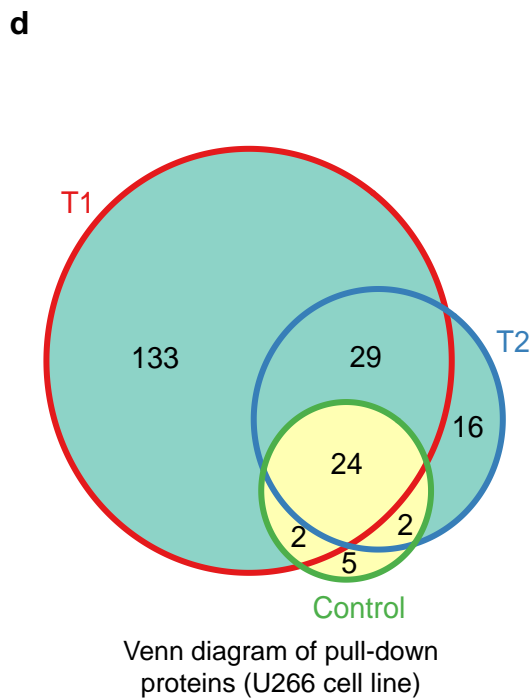
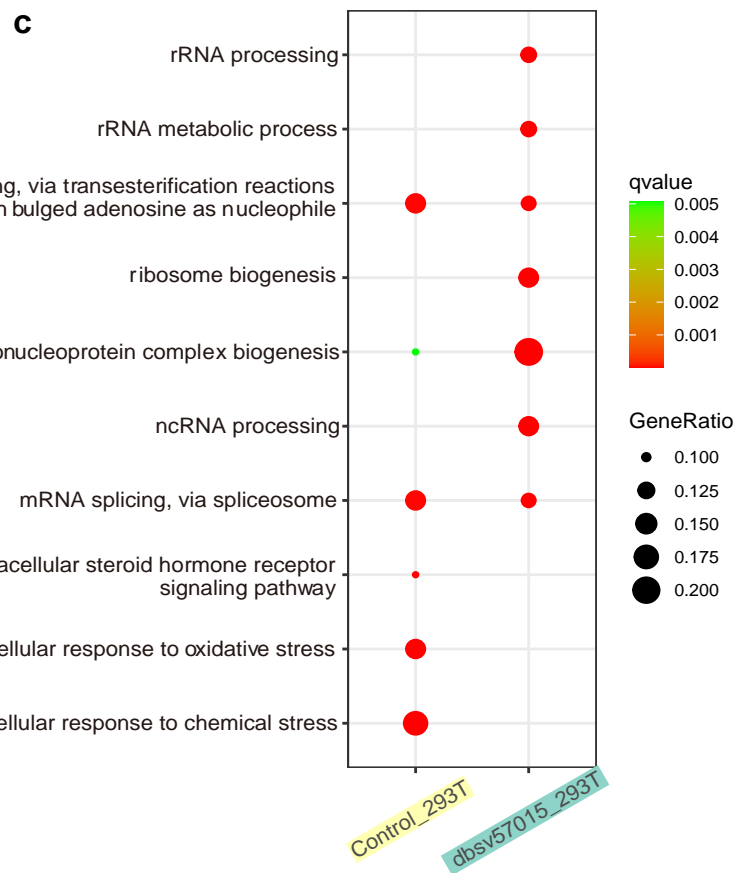
a**b**

Supplementary Figure 3. Population genetics of Han and Tibetan populations.

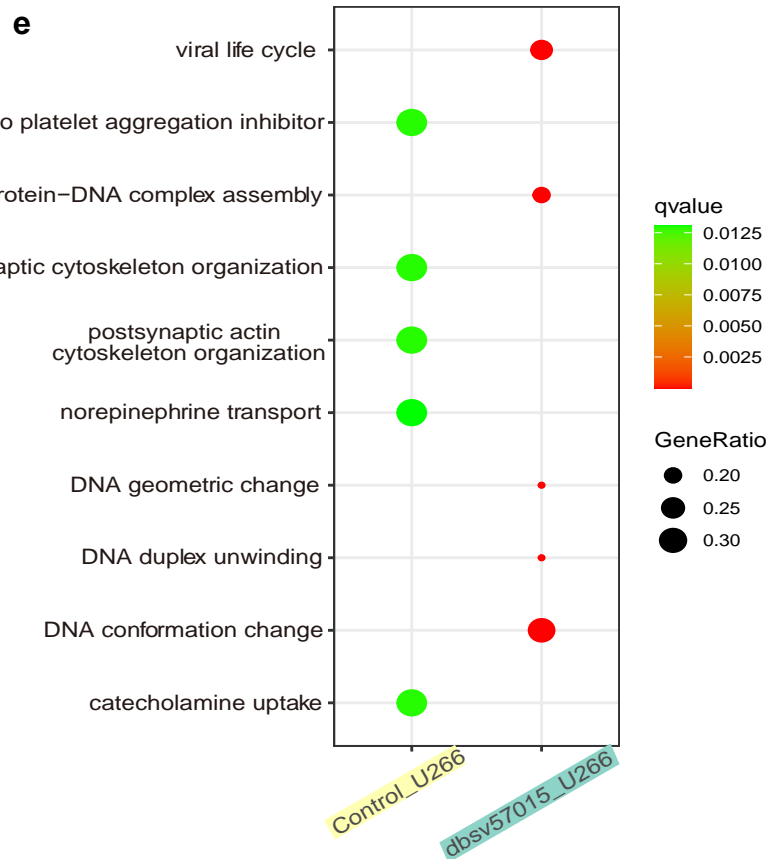




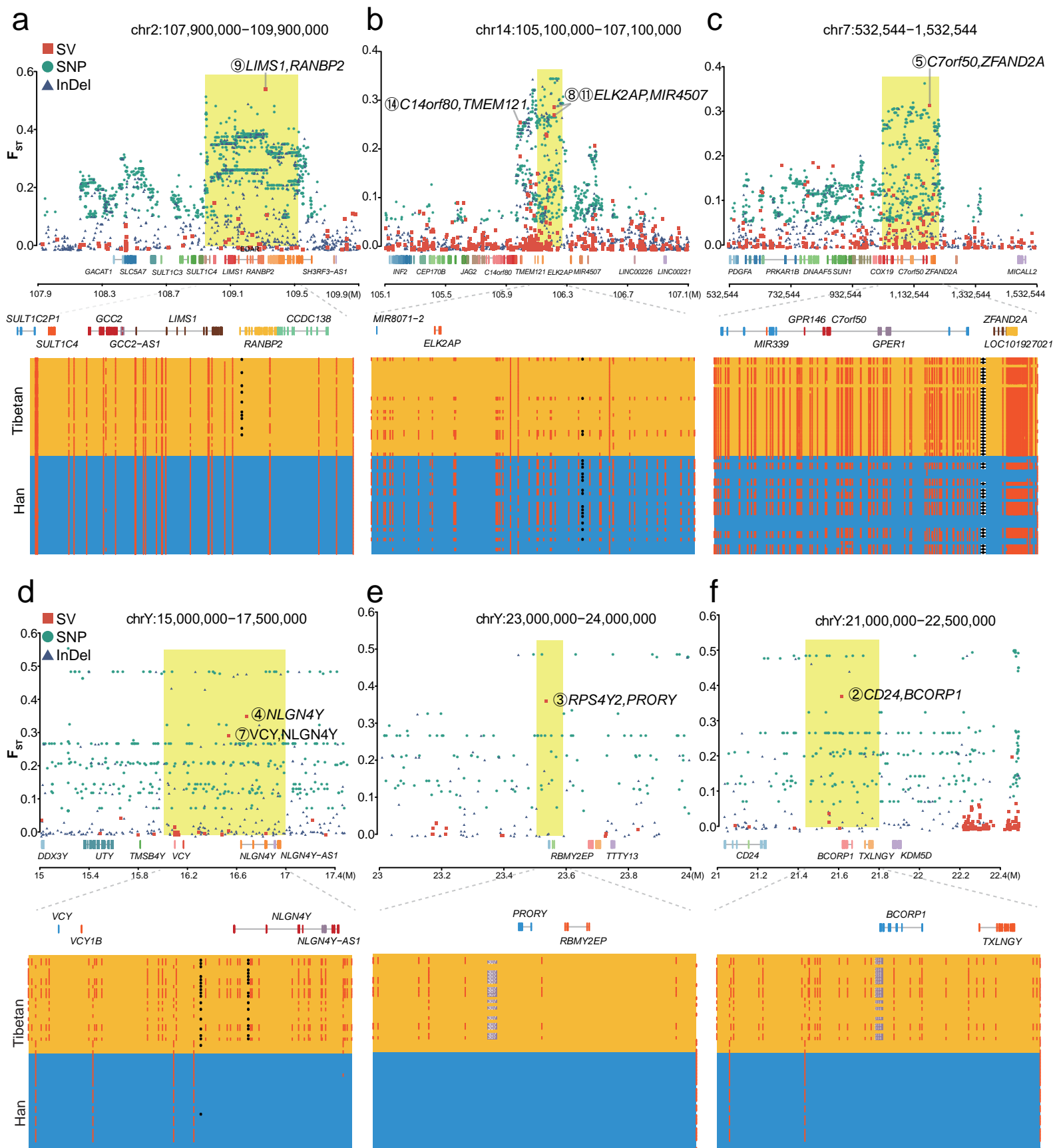
Enrichment



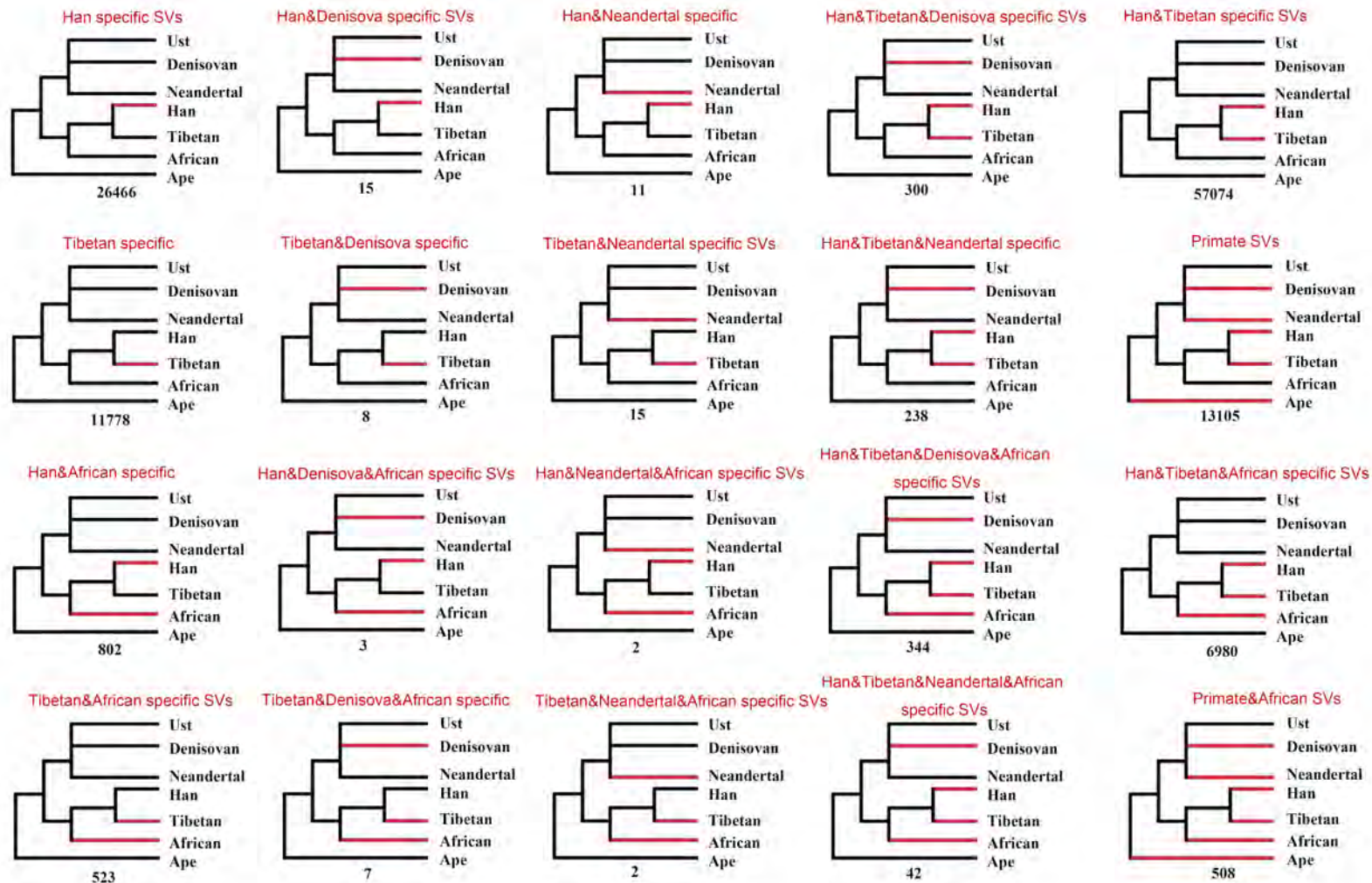
Enrichment



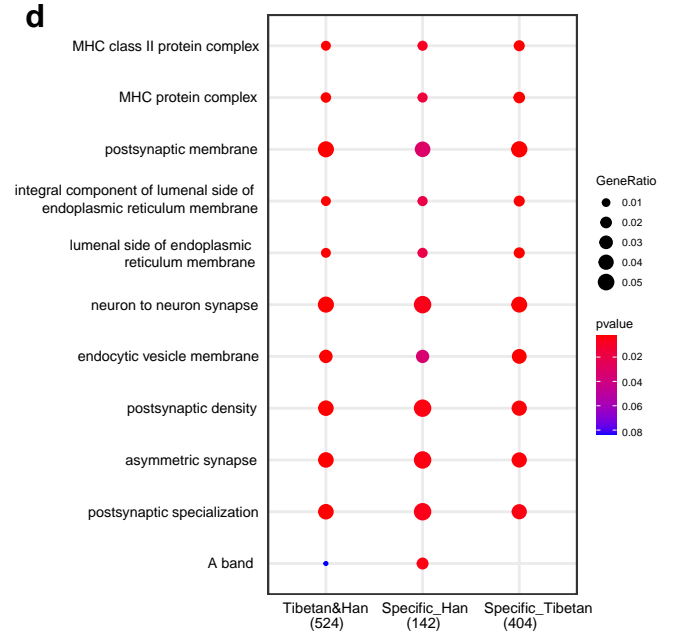
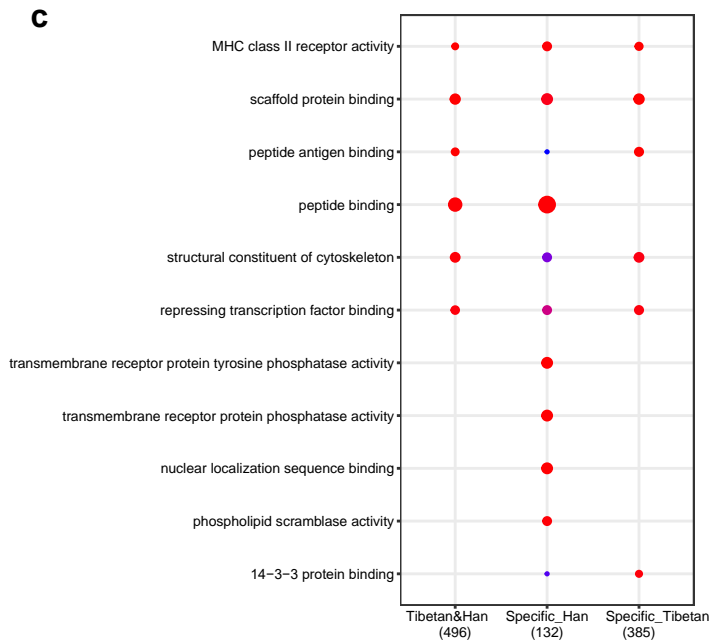
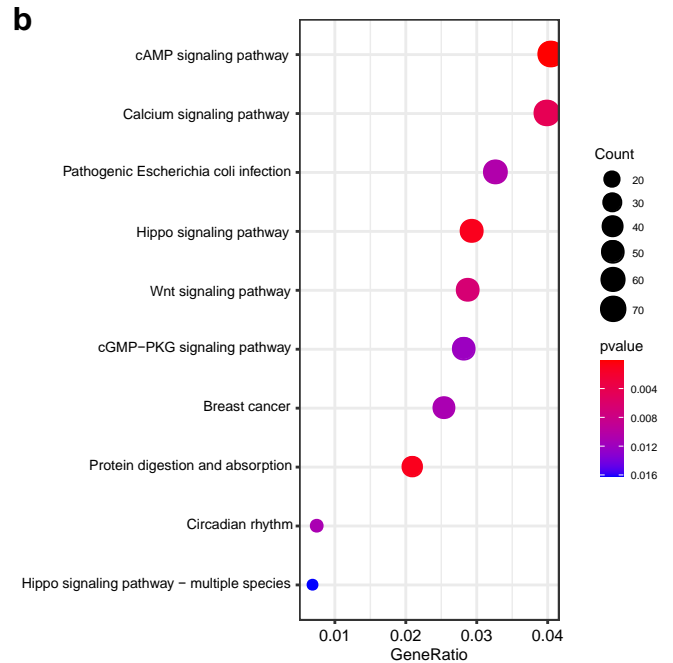
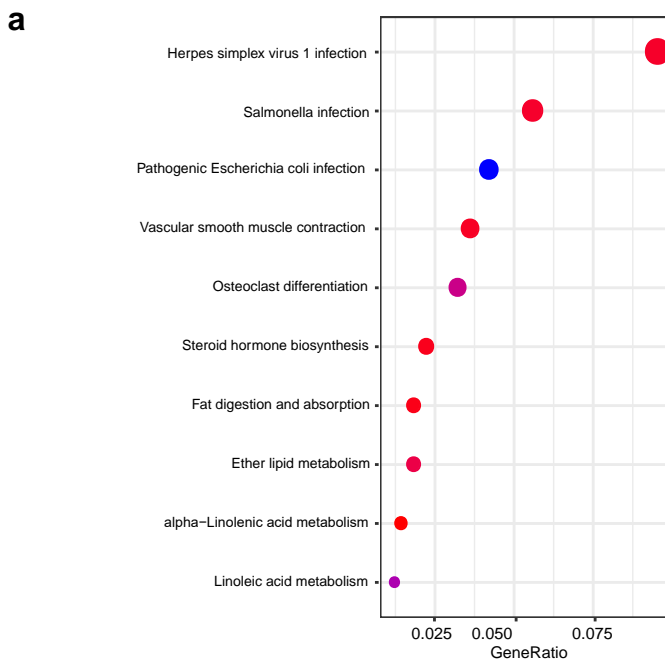
Supplementary Figure 5. DNA pull-down results for the dbsv57015 sequence.



Supplementary Figure 6. Manhattan plot of several population-specific regions.



Supplementary Figure 7. Possible evolutionary scenarios of SVs.



Supplementary Figure 8. Enrichment analysis of Han/Tibetan-specific SVs.