mTORC2 contributes to murine lupus

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Abbreviations used in this article: Tfh, follicular helper T cells; Treg, regulatory T cells; SLE,

systemic lupus erythematosus; mTOR, mechanistic target of rapamycin; IFN, interferon; GC,

germinal center; EF, extrafollicular; Tfr, follicular regulatory T cells; ICOS, inducible T-cell

costimulatory.

ABSTRACT

The development of systemic lupus erythematosus (SLE) is associated with overactivation of the

type I interferon (IFN) pathway, lymphopenia, and increased follicular helper T (Tfh) cell

differentiation. However, the cellular and molecular mechanisms of action of type I IFN in SLE

remains incompletely understood. Here we show that type I IFN activates the mechanistic target

of rapamycin complex 2 (mTORC2) in T cells to promote T cell lymphopenia. mTORC2 also

promotes Tfh differentiation and disrupts Treg homeostasis. Inactivation of mTORC2 greatly

ameliorated the immunopathology in a lupus-prone mouse model, associated with reduced Tfh

differentiation, normalization of Treg homeostasis and reduced T cell glucose metabolism. These

data indicate that mTORC2 acts downstream of type I IFN and costimulatory receptor ICOS, to

promote T cell lymphopenia and Tfh differentiation in murine lupus development, suggesting

that inhibition of mTORC2 could limit lupus disease progression.

INTRODUCTION

Overactivation of the type I IFN pathway is a prominent feature of SLE, both in patients and mouse models (1, 2). Therapeutical options blocking type I IFN, or its receptor have shown clinical efficacy (3). Yet, the specific cellular and molecular mechanisms by which type I IFN promotes SLE pathology remain incompletely understood. Recent studies using murine lupus models have demonstrated that type I IFN signaling in $CD4^+$ T cells are required for development of lupus pathology (4, 5). In addition, it is well established that type I IFN can block T cell egress from lymph nodes and induce lymphopenia partly by upregulating the expression of CD69 (6, 7), a marker that is also associated with lupus pathology (8, 9). Moreover, elevated type I IFN activity is highly correlated with lymphopenia in SLE patients (10). However, the type I IFN signaling pathway in $CD4^+$ T cells remains incompletely understood and it is unclear how type I IFN overactivation may be linked to T cell lymphopenia in lupus.

It is increasingly recognized that a loss of balance between effector and regulatory $CD4^+$ T (Treg) cells is associated with the development of systemic lupus erythematosus (SLE) (11). Increased differentiation of follicular helper T (Tfh) cells has been associated with SLE development and severity in mouse models and human patients (12, 13). Germinal center (GC) Tfh cells, distinguished by expression of the transcription factor BCL6, chemokine receptor CXCR5, and immune checkpoint receptor PD-1, are a specialized effector T cell lineage that stimulate B cells in GC to undergo affinity maturation and clonal expansion. The costimulatory receptor ICOS delivers critical signals for Tfh differentiation (14). In addition, a special subset of Tfh cells with low expression of CXCR5 and P-selectin ligand, PSGL-1, are localized in

extrafollicular (EF) to promote generation of plasmablasts, which produce antibodies with

modest affinity (15-17). Both GC and EF responses may contribute to SLE development (18). In

contrast, impaired Treg function is observed in SLE patients (19), including a reduced expression

of CD25 (20), the IL-2 receptor alpha chain that is essential for Treg homeostasis and function.

However, what drives the imbalance between Tfh and Tregs in lupus is not well understood.

Mechanistic target of rapamycin (mTOR) is a central metabolic pathway, which consists of two

complexes, mTORC1 and mTORC2, with scaffolding molecules RAPTOR (encoded by *RPTOR*)

and RICTOR (encoded by *RICTOR*) as their defining components, respectively (21). mTORC1

is critical for naïve T cell quiescence exit and proliferation, and all effector T cell differentiation

(22). In contrast, mTORC2 is essential for Tfh differentiation, but dispensable for T cell

activation and modestly contributes to other effector T cell lineages (22). Ligation of ICOS

activates mTORC2, which in turn promotes glucose metabolism in Tfh cells (23). In terms of

Tregs, mTORC1 maintains natural or thymic derived Treg (nTreg, or tTreg) functional

competency (24-27). Overactivation mTORC2 reduces CD25 expression on Tregs, increases

Treg frequency in peripheral lymphoid organs, and impairs Treg suppressive function and

stability, especially their ability to suppress Tfh cells, which leads to systemic autoimmune

disease with lupus characteristics (28, 29). Inhibition of mTORC2 in Tregs can partly restore

tolerance in the absence of mTORC1 (24), or FOXP3 (30). Therefore, mTORC2 signaling

controls the balance between Tfh and Treg by promoting the former and suppressing the latter.

These fundamental discoveries suggest that targeting mTORC2 in T cells may benefit lupus

disease, while largely spare Th1 and Th17 lineages compared to targeting mTORC1, hence with

relatively reduced immunosuppressive side effects.

Several studies have examined the contribution of mTORC1 to SLE development (31). How

mTORC2 contributes to SLE pathology has been much less understood. A modest reduction of

mTORC2 in lupus patient T cells was initially suggested (32), but a later study showed an

increased mTORC2 activity in activated Tregs from lupus patients (33). Here, we demonstrate

that type I IFN can sustain mTORC2 activation and promotes CD69 expression, which

suppresses T cell egress and leads to lymphopenia, partly in an mTORC2 dependent manner. We

further tested the hypothesis that genetic targeting mTORC2 in T cells can benefit lupus in a

classic murine lupus model, C57BL/6-Fas^{Lpr} (Lpr) mice. We show that Lpr T cells have an

elevated base line activity of mTORC2. Loss of *Rictor* specifically in T cells significantly

improves immunopathology in Lpr mice, including T cell lymphopenia and generation of

autoantibodies, which is associated with normalization of the balance between Tfh cells and

Tregs, without significant changes in Th1 or Th17 lineages. Our data suggest that mTORC2 in T

cells contributes to the immunopathogenesis of lupus, and thus it may constitute a promising

target for lupus treatment.

RESULTS

mTORC2 functions downstream of type I IFN to promote CD69 expression and suppress T

cell egress

Lpr mice recapitulate many of the immunological phenotypes in human disease (34). We tested

whether mTORC2 activity is altered in T cells from Lpr mice. Immunoblot analysis showed that

$CD4^+$ T cells from Lpr mice had elevated phosphorylation of AKT at Serine 473 (p-AKT_{473}), a

direct target of mTORC2, indicating overactivation of mTORC2 in Lpr T cells at baseline (Fig.

1A). Previous studies have identified that type I IFN contributes to the lupus phenotypes in Lpr

mice (35, 36). We found that addition of IFNα significantly enhanced anti-CD3/anti-CD28

induced p-AKT$_{473}$ at 6 h stimulation, which was completely dependent on RICTOR (Fig. 1B).

IFNα alone could also induced p-AKT$_{473}$, but the combination of anti-CD3/anti-CD28 and IFNα

appeared to be the most potent activators of RICTOR dependent p-AKT$_{473}$ (Fig. 1C). Thus,

IFNα, in synergy with anti-CD3/anti-CD28, promoted p-AKT$_{473}$ in a RICTOR dependent

manner. RICTOR deficiency did not markedly affect canonical IFNα−STAT1 signaling, but

modestly attenuated STAT2 phosphorylation (Fig. 1B and Supplementary Fig. 1A). While

RICTOR deficiency did not affect mTORC1 activation (Supplementary Fig. 1A). Type I IFN is

known to suppress lymphocyte egress from lymph nodes to blood, partly through induction of

CD69 expression (6, 7). Indeed, administering poly(I:C), which stimulates type I IFN

production, induced potent CD69 expression on blood CD4$^+$ T cell (Fig. 1D), and induced CD4$^+$

T cell lymphopenia (Fig. 1E). Both phenotypes were significantly reversed in CD4$^+$ T cells from

CD4^{Cre}*Rictor*$^{fl/fl}$ mice. Such phenotype was not observed in CD19$^+$ B cells, in which RICTOR

was intact (Supplemental Fig. 1B), indicating that type I IFN promotes CD4$^+$ T cell lymphopenia

partly through T cell intrinsic mTORC2. Consistent with these observations, Lpr CD4$^+$ T cells

had increased CD69 level, which was completely restored in C57BL/6.*Fas*^{Lpr}*Cd4*^{Cre}*Rictor*$^{fl/fl}$

(Lpr.*Rictor*$^{−/−}$) mice in both lymph nodes and blood (Fig. 1F, Supplemental Fig. 1C).

Importantly, the severe CD4$^+$ T cell lymphopenia phenotype in Lpr mice was also partially

reversed by RICTOR deficiency (Fig. 1G, Supplemental Fig. 1D). Therefore, CD4$^+$ T cells from

lupus prone mouse model exhibited increased mTORC2 activity. Type I IFN activates mTORC2

to induce CD69 expression on CD4$^+$ T cells and block CD4$^+$ T cell egress into blood. RICTOR

deficiency partially restores CD4$^+$ T cell lymphopenia in Lpr mice.

Loss of mTORC2 in CD4$^+$ T cells improves immunopathology in experimental murine

lupus

Based on above results, we predicted that *Rictor* deletion in T cells would ameliorate lupus

pathology in Lpr mice. RICTOR deficiency in T cells alone does not significantly impact

immune cell homeostasis and overall mouse health (24, 37, 38), therefore we focused on the

comparison among B6, Lpr mice and Lpr.*Rictor*$^{-/-}$ mice. *Fas^{Lpr}* mutation drives dramatic

lymphoid hyperplasia, including splenomegaly and lymphadenopathy. We observed that deletion

of *Rictor* in T cells significantly rescued the splenomegaly and lymphadenopathy phenotypes, in

terms of both organ size and total cellularity (Fig. 2A, B). Consistent with these findings, Lpr

mice had highly increased total IgM and IgG, and isotypes IgG2b and IgG3 immunoglobulin

levels (Fig. 2C) and increased anti-ssDNA and anti-chromatin autoantibodies (Fig. 2D), all of

which were significantly reduced in Lpr.*Rictor*$^{-/-}$ mice. Furthermore, we examined IgG and

complement deposition in kidneys, which reflects lupus disease severity. Lpr mice on B6

background have very mild kidney pathology compared to those on MRL/MpJ background (39).

Consistent with this observation, we oberved a modest increase of IgG and complement C3

deposition in kidneys from Lpr mice. Deletion of Rictor significantly reduced IgG deposition.

While there was a trend of reduced C3 deposition in Lpr.*Rictor*$^{-/-}$ kidney, it did not reach

statistical significance (Supplemental Fig. 2A). Thus, inactivation of mTORC2 in T cells

substantially attenuates lymphoid hyperplasia, antibody secretion, and renal immune complex

deposition in a lupus prone mouse model.

Consistent with the attenuated lymphoid hyperplasia in Lpr.*Rictor*$^{-/-}$ mice, the accumulation of

the aberrant B220$^+$TCRβ$^+$ cells in Lpr mice was nearly completely reversed in Lpr.*Rictor*$^{-/-}$ mice

(Fig. 2E). Although Lpr.*Rictor*$^{-/-}$ mice had a significant increase of B220$^+$TCRβ$^-$ B cell

percentage, the absolute number of this population highly reduced in Lpr.*Rictor*$^{-/-}$ mice

compared to Lpr mice (Fig. 2E). B220$^-$TCRβ$^+$ T cell percentages were highly reduced in both

Lpr and Lpr.*Rictor*$^{-/-}$ mice, but Lpr mice had substantial increase of B220$^-$TCRβ$^+$ T cell number

likely due to the lymphoid hyperplasia, which was also reversed in Lpr.*Rictor*$^{-/-}$ mice (Fig. 2E).

Finally, the accumulation of TCRβ$^+$CD4$^-$CD8$^-$ DN T cells was almost completed restored by

Rictor deletion (Fig. 2F). Therefore, the inactivation of mTORC2 in T cells significantly reverses

the abnormal accumulation of T and B cells and restores immune homeostasis in peripheral

lymphoid organs of Lpr mice.

mTORC2 in T cells promotes B cell hyper-activation

Reflecting the enhanced antibody levels, immunofluorescence staining revealed a dramatic

increase of peanut agglutinin (PNA) staining in Lpr mice. The pattern of the PNA staining was

variable. Some are dense aggregations similar to defined GC formation, but others are more

diffused without defined boundaries (Fig. 3A). T cell distribution was also disorganized in Lpr

lymphoid tissues. Both the increased PNA staining and disorganized T cell distribution were

greatly restored by RICTOR deficiency (Fig. 3A). Flow cytometry analysis confirmed these

observations. B cells from Lpr mice had highly increased expression of germinal center B cell

marker GL-7, and significant loss of IgD expression, indicating increased B cell activation and

class switch (Fig. 3B). Consistent with this notion, Lpr B cells had greatly increased IgG1

expression (Supplemental Fig. 3A). A large proportion of Lpr B cells lost expression of CD38, a

NADase with strong immunosuppressive capacity (40), and the loss of which is another

characteristic of germinal center B cells (Supplemental Fig. 3A). Because plasmablasts

contribute to extrafollicular response, we stained CD138, a marker of plasmablasts. The results

showed a markedly increase of CD138 expression in extrafollicular region of Lpr spleens, which

was reduced in Lpr.*Rictor*$^{-/-}$ mice (Fig. 3C). The RICTOR-dependent increase of extrafollicular

response in Lpr mice was confirmed with flow cytometry analysis. Lpr mice accumulated large

number of cells with modest expression of CD138, and B220^{lo}CD138^{hi} plasmablast/plasma cells,

while deletion of *Rictor* in T cells dramatically suppressed the generation of these populations

(Fig. 3D). Therefore, mTORC2 activity in T cells is a major contributor to B cell abnormality in

Lpr mice. mTORC2 in T cells is required for GC reaction in immunization and viral infection

models (23). B220^{lo}CD138^{+} plasmablasts typically form at EF location (41). We observed

significantly reduced plasmablast frequency in *OX40*^{Cre}*Rictor*$^{fl/fl}$ mice, in which *Rictor* was

deleted in activated T cells (23), compared to WT mice either following LCMV infection or

peptide immunization (Supplemental Fig. 3B, 3C). Thus, mTORC2 in T cells is required for GC

reaction and CD138^{+} plasmablast cell formation during foreign antigen challenges and

autoimmune response. Taking together, our data support a model in which inhibition of

mTORC2 in T cells simultaneously attenuates B cell activation through both GC and EF

pathways in Lpr mice, and hence suppresses lupus development.

Increased Tfh differentiation in Lpr mice is dependent on mTORC2

Tfh is key for GC formation. Indeed, we observed many T cells in GC of Lpr mice from

immunofluorescence staining, presumably Tfh cells (Fig. 3A). This was confirmed by flow

cytometry data, which showed a strong increase of BCL6^{+}CXCR5^{hi} GC Tfh and BCL6^{-}CXCR5^{+}

pre-Tfh cells in Lpr.*Rictor*$^{-/-}$ mice, that was significantly dependent on RICTOR expression (Fig.

4A and Supplemental Fig. 4A for gating strategy). A RICTOR-dependent CXCR5 expression

was also found on TCRβ$^+$CD4$^-$CD8$^-$ DN T cells (data not shown). Similar observations were

found when using other conventional Tfh markers, PD-1 and CXCR5 (Supplemental Fig. 4B).

RICTOR deficiency also reduced PSGL-1$^-$CXCR5$^-$ EF Tfh cell frequency (Fig. 4B), consistent

with the reduction of plasmablast/plasma cells. These results indicated a critical requirement of

mTORC2 signaling for autoreactive GC and EF Tfh differentiation in Lpr lupus model. Similar

rescue effects were observed at different ages (at 3 and 9 months, data not shown). Like SLE

patients (13), Lpr mice had highly increased ICOS expression, both on CXCR5$^+$ and CXCR5$^-$ T

cells. Interestingly, deletion of *Rictor* failed to restore ICOS expression, indicating that the

reduced Tfh differentiation in Lpr.*Rictor*$^{-/-}$ mice is not a consequence of reduced ICOS

expression (Fig. 4C).

Treg cells are key to maintain immune tolerance and prevent autoimmunity. Counterintuitively,

in an inflammatory condition, Treg percentage sometimes increases. But those Tregs are often

dysfunctional (24, 28). We found that Lpr mice had variable Treg perturbations dependent on

anatomic location: while Treg percentages increased the most in spleens and modestly in

peripheral lymph nodes (pLN), they trended lower in the gut mucosal site relative to WT B6

mice (Fig. 4D), in a manner consistent with the graded mTORC2 activity, gradually increasing

from spleen to pLN, and to gut mucosal site (23). In all cases, deletion of *Rictor* significantly

restored the Treg homeostasis in Lpr mice (Fig. 4D). The magnitude of changes of Treg

frequencies in Lpr mice was much smaller than that of Tfh cells, thus the ratio between Tfh and

Treg was drastically increased in Lpr mice, suggesting an imbalance between Tfh and Tregs in

Lpr mice. Such imbalance was significantly restored by mTORC2 deficiency (Fig. 4E).

FOXP3$^+$CXCR5$^+$ follicular regulatory T (Tfr) cells are specialized to suppress Tfh cells and GC

formation (42). RICTOR deficiency alone does not impact Tfr differentiation (23). Lpr mice had

highly increased ratio between Tfh and Tfr cells, which was partly restored in Lpr.$Rictor^{-/-}$ mice

(Fig. 4E). However, Lpr mice also had significantly increased frequency of FOXP3$^+$CXCR5$^+$ Tfr

cells compared to B6 control mice, which was also reversed by $Rictor$ deletion (Supplemental

Fig. 4C). Therefore, the data indicate that RICTOR deficiency impacts Tfh/Tfr ratio primarily by

reducing Tfh, not increasing Tfr. Furthermore, consistent with increased mTORC2 activity and

reduced CD25 expression in Tregs from lupus patients, Tregs from Lpr mice exhibited reduced

CD25 expression (Supplemental Fig. 4D) and reduced FOXP3 expression (Supplemental Fig.

4E), both of which were fully restored in Lpr.$Rictor^{-/-}$ mice.

Furthermore, we found that $Rictor$ deficiency did not restore the increased IFNγ expression (Fig.

4F), or alter IL-2 and IL-17 expression in CD4$^+$ T cells from Lpr mice (Fig. 4F, 4G), or change

the expression of lineage transcription factor Tbet and Rorγt (Supplemental Fig. 4F), consistent

with our hypothesis that mTORC2 inactivation preferentially affects Tfh differentiation, but not

other effector T cell lineages. These data also suggested that Tregs from Lpr.$Rictor^{-/-}$ mice were

not able to control the excessive cytokine production in Lpr CD4$^+$ T cells, despite normalization

of their homeostasis. Finally, the restoration of T cell phenotypes in Lpr.$Rictor^{-/-}$ mice was likely

independent of cell proliferation, because CD4$^+$ T cells from Lpr.$Rictor^{-/-}$ mice had similarly

increased Ki-67$^+$ percentage at steady state as those from Lpr mice (Fig. 4H). Therefore, our data

showed that mTORC2 contributes to the increased GC and EF Tfh cells in Lpr mice,

independent of ICOS receptor expression and T cell proliferation.

Inactivation of mTORC2 restores T cell glucose metabolism

Recent studies indicate that lupus development is associated with dysregulation of T cell

immunometabolism (43). mTORC2 is known as one of the key regulators for cell metabolism.

We compared the basal respiration and glycolysis of T cells among B6, Lpr and Lpr.$Rictor^{-/-}$

mice at different ages under TCR signaling stimulation. Consistent with recent publications (44,

45), T cells from 2 months old Lpr mice had modestly increased basal respiration and glycolysis

(Fig. 5A, 5B). Strikingly, T cells from 3 and 9 months old Lpr mice had dramatically decreased

basal respiration and glycolysis, relative to B6 mice (Fig. 5A, 5B). The opposite metabolic

activities between 2 and 3 months old Lpr mice T cells were associated with drastic changes of

naive and effector T cell composition at different ages of Lpr mice during lupus development

(Supplemental Fig. 5A). Lpr.$Rictor^{-/-}$ mice had much lower levels of basal respiration and

glycolysis compared to B6 mice at all ages (Fig. 5A, 5B). The reduced metabolic activity in

primary culture of T cells from older Lpr and Lpr.$Rictor^{-/-}$ mice (compared to 2 months old

mice) was consistent with reduced T cell proliferation during primary culture (Supplemental Fig.

5B), and increased expression of senescence and anergy markers on Lpr CD4$^+$ T cells at steady

state. None of these phenotypes were substantially affected by RICTOR deficiency

(Supplemental Fig. 5C). We have previously shown that mTORC2 functioned downstream of

ICOS receptor to promote Tfh differentiation, which could be modeled by restimulating

previously activated T cells with anti-CD3/anti-ICOS (23). Interestingly, Lpr T cells had greatly

enhanced proliferation during secondary activation with anti-CD3/anti-ICOS regardless of the

ages (Supplemental Fig. 5D, and data not shown). All these defects were not markedly affected

by RICTOR deficiency, again reaffirming that RICTOR deficiency did not significantly affect

the proliferation of Lpr T cells. Previous studies have demonstrated that mTORC2 promotes

TCR/ICOS mediated glucose metabolism during Tfh differentiation (23). Therefore, we

examined the T cell glycolysis after anti-CD3/anti-ICOS secondary stimulation. Lpr CD4$^+$ T

cells exhibited a significant increase of compensatory glycolytic rate relative to B6 controls,

regardless of the ages. *Rictor* deletion substantially reduced both basal and compensatory

glycolytic rate in Lpr CD4$^+$ T cells (Fig. 5C). Therefore, mTORC2 contributes to the enhanced

glycolysis in Lpr T cells.

DISCUSSION

In this study, we made several key observations: 1) Type I IFN promotes mTORC2 activation in

CD4$^+$ T cells partly to drive CD69 expression and T cell lymphopenia; 2) T cells in Lpr mice

have elevated mTORC2 activity and mTORC2 inhibition through genetic deletion of RICTOR in

T cells can significantly ameliorate immunopathology of Lpr mice, including increased GC B

cells and extrafollicular B cells; 3) RICTOR deficiency restores Tfh and Treg balance in Lpr

mice, without significant alteration of T cell proliferation and Th1 and Th17 lineages; 4)

RICTOR deficiency reduces ICOS-mediated glycolysis in Lpr T cells. Thus, our study identifies

mTORC2 as a potential therapeutic target for lupus.

It has long been established that exuberant type I IFN activity contributes to lupus development.

Yet, the molecular mechanism through which type I IFN impact T cells in lupus remains largely

unknown. We show that type I IFN is one of the upstream signals that activate mTORC2 in T

cells. One of the downstream effects of type I IFN-mTORC2 activation is to promote CD69

expression and T cell lymphopenia. However, our data also showed that mTORC2 is only part of

type I IFN program that controls T cell egress, because RICTOR deficiency only modestly

prevented poly(I:C) induced lymphopenia. The prevailing theory on the pathogenesis of the

lymphopenia in lupus has been centered on antilymphocyte antibodies (46). Our study suggests

that elevated type I IFN production may be another contributing factor for the lymphopenia

phenotype in lupus. Consistent with this idea, recent clinical trial showed that type I IFN receptor

blockade can correct the T cell lymphopenia phenotype in patients with SLE (47).

It is worth noting that while RICTOR deficiency greatly reduced Tfh differentiation in Lpr mice,

it did not significantly affect Th1 and Th17 subsets, T cell IL-2 production and T cell

proliferation. These observations are consistent with our hypothesis that mTORC2 specifically

promotes Tfh differentiation without substantial effects on T cell activation, proliferation and

other effector T cell lineages. This is in contrast to mTORC1, which is required for T cell

quiescence exit and all effector T cell lineages (22). Thus, our data suggest that targeting

mTORC2 may specifically suppress Tfh lineage, which may have relatively smaller

immunosuppressive side effects, compared to inhibition of mTORC1. Altogether, our results

support the notion that mTORC2 is a novel target for lupus treatment, which warrants further

exploration in preclinical and, potentially, clinical studies.

MATERIAL and METHODS
Mice

Cd4[Cre]*Rictor*^{fl/fl} and *OX40*[Cre]*Rictor*^{fl/fl} mice have been described before (23). C57BL/6-*Fas*[Lpr]

mice were purchased from The Jackson Laboratory. Mice were bred and maintained under

specific pathogen-free conditions in Department of Comparative Medicine of Mayo Clinic with

IACUC approval.

ELISA

For autoantibodies detection in sera, 96-well plates (2596; Costar) were coated with ssDNA and

chromatin (Sigma-Aldrich) in PBS overnight at 4C° used at a concentration of 1.6 μg/ml and 5

μg/ml, respectively. Plates were washed twice (0.05% Tween 20 in PBS), blocked with 5%

blocking protein (Bio-Rad) for 1 h, and washed twice, and serially diluted sera samples were

added for 1.5 h at 37 °C. Plates were washed four times and horseradish peroxidase (HRP)-

conjugated detection Abs for IgG (Bethyl Laboratories) were added for 1 h at RT, washed four

times, and tetramethylbenzidine (TMB) substrate was added. Reaction was stopped using 2N

H_2SO_4 and read at 450 nm. Mouse total IgM, IgG, IgG2b and IgG3 in sera were measured with

the kits from Invitrogen.

Immunofluorescence staining

Kidneys were obtained from 6-month-old B6, Lpr and Lpr. $Rictor^{fl/fl}$ mice, and fixed in 4%

paraformaldehyde (PFA) overnight, osmotically dehydrated in 20 % (w/v) sucrose, embedded in

OCT, and cryosectioned to 6 μM. Sections were fixed in −20°C acetone for 2 min and blocked in

PBS containing 8% goat serum, 1% bovine serum albumin (BSA) and 0.1% Tween 20 for 45

min. Deposition of immunoglobulin (IgG) and complement component 3 (C3) in the kidney

tissue were stained with PE labeled goat anti-mouse IgG (Invitrogen) and FITC labeled rat anti-

mouse C3 (Cedarlane) antibodies. Similarly, spleens were obtained from 6 months old mice, and

processed as above. Frozen sections were fixed and blocked as described above, and incubated

with primary antibodies Biotin Peanut Agglutinin (PNA) (Vectorlabs), purified rat anti-mouse

CD3 (Biolegend) and PE labeled anti-mouse IgD (BD), or stained with Biotin anti-mouse CD138

(Biolegend) and PE labeled anti-mouse IgD at 4°C for 4 hours. Slides were then washed before

streptavidin-Alexa Fluor 488 conjugate (ThermoFisher) and Alexa Fluor 647 labeled goat anti-

rat secondary antibody (ThermoFisher) were added for 1 h at room temperature. Sections were

covered with coverslip and visualized under an Olympus BX51 fluorescence microscope.

Flow cytometry

Single-cell suspension was prepared by passing spleen and peripheral lymph nodes through a 70-

µm nylon mesh. For analysis of surface markers, cells were stained in PBS containing 1% (w/v)

BSA on ice for 30 min, with APC-labeled anti-ICOS (clone: 7E.17G9; BD), PE-Cy7-labeled anti

PD-1 (clone: RMPI-30; BioLegend), Super Bright 600–labeled anti-CD4 (Clone: SK-3;

eBioscience), BV510-labeld anti-CD8a (clone:53-6.7; BioLegend); APC-Cy7-labeled TCRβ

(clone: H57-597; BioLegend), APC anti-CD162 (PSGL1; clone: 2PH1; BD), BV605-labeled

anti-CD25 (clone: PC61; BioLegend), PE-Cy7–labeled anti-CD19 (clone: 6D5; BioLegend),

BV605-labeled B220 (clone: RA3-6B2; BioLegend), PE-labeled anti-Fas (clone: Jo2; BD),

BV785-labeled anti-CD138 (clone: 281-2; BioLegend), APC-labeled anti-IgD (clone: IA6-2;

BioLegend), PerCP-Cyanine5.5-labeled anti-CD38 (clone: 90; BioLegend), FITC-labeled anti-

IgG1 (clone: RMG1-1; BioLegend), APC-labeled anti-IL7Rα (clone: SB/199; BioLegend),

FITC-labeled anti-CD69 (clone: H1.2F3; Tonbo Bio), PE-labeled anti-CD153 (clone: RM153;

eBioscience), PE-labeled anti-CD73 (clone: TY/11.8; BioLegend) and APC-labeled anti-FR4

(clone: 12A5; BD). Cell viability was assessed using the Fixable Dye Ghost 540 (Tonbo

Bioscience), or 7AAD. CXCR5 and PNA were stained with biotinylated anti-CXCR5 (clone:

2G8, BD Biosciences) or biotinylated peanut agglutinin (FL10-71; Vectorlabs), followed by

staining with streptavidin-conjugated PE (BD Biosciences). Splenocytes and peripheral lymph

node cells were cultured for 4 h at 37°C in complete medium (1640 RPMI + 10% FBS)

containing ionomycin (1 µg/ml), PMA (50 ng/ml) and Monensin solution (1,000×; BioLegend)

for cytokines detection. Intracellular cytokine staining of IFN-γ (clone: XMG1.2; eBioscience),

IL-2 (clone: JES6-5H4; BioLegend) and IL-17A (clone: TC11-18H10.1; BioLegend) were

performed using the BD Cytofix/Cytoperm and Perm/Wash buffers or, for transcriptional factors

FoxP3 (clone: FJK-16s; eBioscience), Bcl6 (clone: K112-91, BD) and Ki67 (clone: SolA15;

eBioscience) staining using the eBioscience Transcription Factor Staining Buffer Set. Phosflow

staining for AF647 conjugated phosphor-AKT (S473) (D9E; Cell signaling) was performed

using Phosflow Fix/Perm kit (BD Biosciences). Flow cytometry was performed on the Attune

NxT (ThermoFisher) cytometer, and analysis was performed using FlowJo software (Tree Star).

Immunoblotting

For immunoblotting, cells were lysed in lysis buffer with protease and phosphatase inhibitors

(Sigma-Aldrich). Protein concentration in samples was quantified by BCA assay (Thermo Fisher

Scientific) before loading the samples for electrophoresis and membrane transfer. The transferred

membrane was blocked with TBST (0.1% Tween 20) containing 5% BSA for 1 h at room

temperature. The membrane was incubated with primary antibodies overnight including anti-

phospho-AKT (Ser473) (clone: D9E; Cell Signaling), phospho-STAT1 (Tyr701) (clone: D4A7;

Cell Signaling), phospho-STAT2 (Tyr690) (Cell Signaling), phospho-S6 (Ser235/236) (clone:

D57.2.2E; Cell Signaling) and anti-β-actin (clone: 13E5; Sigma-Aldrich). Then, the membrane

was washed and incubated with the corresponding secondary antibody for subsequent enhanced

chemiluminescence (ECL; Thermo Fisher) exposure. The band intensity of all the immunoblot

was analyzed by ImageJ software.

ICOS stimulation

Cell isolation and flow cytometry of lymphocytes were as described. One million CD4$^+$ T cells

were activated with plate coated anti-CD3 and anti-CD28 (Bio X Cell). After 2 days activation,

T cells were removed from stimulation and rested overnight. Live cells were purified using

lymphocyte isolation buffer (MP Biomedicals), followed by stimulation with plate bound anti-

CD3 (2 µg/ml) and anti-ICOS (5 µg/ml; C398.4A; Biolegend) for 24 hours.

Metabolic assay

The bioenergetic activities of the OCR and ECAR were measured using a Seahorse XFe96

Extracellular Flux Analyzed following established protocols (Agilent). Briefly, equal number of

live $CD4^+$ T cells were seeded at 200,000 cells/well on Cell-Tak (Corning) coated XFe96 plate

with fresh XF media (Seahorse XF RPMI medium containing 10 mM glucose, 2 mM L-

glutamine, and 1 mM sodium pyruvate, PH 7.4; all reagents from Agilent). Basal OCR and

ECAR were measured in the presence of Oligomycin (1.5 µM; Sigma-Aldrich), FCCP (1.5 µM;

Sigma-Aldrich), and Rotenone (1 µM; Sigma-Aldrich)/ Antimycin A (1 µM; Sigma-Aldrich) in

Mito Stress assay. For ECAR measurement in ICOS secondary stimulated $CD4^+$ T cells,

glycolytic rate assay was performed according to the manufacturer's manual (Agilent) in

presence of Rotenone/Antimycin A and 2-DG (50 mM, Sigma-Aldrich)

Poly(I:C) treatment and cell counting in peripheral blood

$Cd4^{Cre}Rictor^{fl/fl}$ and wildtype mice were given intraperitoneal injection 200 µg poly(I:C) (Sigma-

Aldrich) in 200 µL PBS, and blood lymphocyte counts were assessed 16 and 40 hours later.

Briefly, to determine absolute blood cell counts, 50 µL peripheral blood with 5 µL EDTA was

collected, lysed with 1 mL ACK lysing buffer (ThermoFisher), and washed with PBS. Samples

were stained with anti-mouse CD19, CD4, CD8 and CD69 antibodies, washed with PBS once,

suspended with 500 µL PBS and loaded to Attune NxT cytometer with the acquisition of 250 µL

samples. Cell counts were calculated per 5 µL blood.

Statistical Analysis

Statistical analysis was performed using GraphPad Prism (version 8). P values were calculated

with Student's t test, or one-way ANOVA. $P < 0.05$ was considered significant.

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 FIGURE LEGENDS

Figure 1. mTORC2 signaling in B6, Lpr and Lpr.*Rictor*$^{-/-}$ T cells. (A) Immunoblot analysis

of p-AKT$_{473}$ in B6 and Lpr CD4$^+$ T cells isolated from peripheral lymph nodes (pLN). Right,

summary of the relative p-AKT$_{473}$ expression (normalized to that in B6 CD4$^+$ T cells). (B)

Immunoblot analysis of p-AKT$_{473}$, p-STAT1, and p-STAT2 in CD4$^+$ T cells from B6 and

CD4^{cre}*Rictor*$^{fl/fl}$ mice stimulated with or without anti-CD3/anti-CD28 in the presence or absence

of IFNα for 1 and 6 hours. Right, summaries of the relative p-AKT$_{473}$ expression (normalized to

that in B6 CD4$^+$ T cells without any stimulation) for 1 and 6 hours, respectively. (C) Flow

cytometry analysis of p-AKT$_{473}$ expression in CD4$^+$ T cells treated with IFNα alone, or in

combination with anti-CD3/anti-CD28 overnight. Right, summary of the relative pAKT473

expression (normalized to that in B6 CD4$^+$ T cells without any stimulation). (D) and (E) B6 and

CD4^{cre}*Rictor*$^{fl/fl}$ mice were administered with poly(I:C) intraperitoneally. (D) Expression of

CD69 in blood CD4$^+$ T cells from B6 and CD4^{cre}*Rictor*$^{fl/fl}$ mice after poly(I:C) administration.

Numbers indicate the percentages of CD69$^+$ cells. Right, summary of CD69$^+$ percentage in CD4$^+$

T cells at baseline or treated with poly(I:C) for 16 h and 40 h. (E) Blood CD4$^+$ T cell counts were

determined before and after poly(I:C) treatment. (F) Expression of CD69 in CD4$^+$ T cells from

B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. Right, summary of CD69$^+$ percentages among pLN CD4$^+$ T

cells. (G) Blood CD4$^+$ T cell counts were determined in 4-6 months old B6, Lpr and Lpr.*Rictor*$^{-/-}$

mice. NS, not significant; * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$ (A-E,

unpaired Student's *t* test, F and G, one-way ANOVA). Results were presentative of 4 (A, B), or

pooled from at least 3 (A-G) independent experiments. Error bars represent SEM.

Figure 2. Rictor deletion in T cells rectifies immunopathology in Lpr mice. Images of

spleens (A) and peripheral lymph nodes (B) taken from 6 months old B6, Lpr and Lpr.*Rictor*$^{-/-}$

mice. Right, summary of spleen weight, total cellularity of spleen (A) and lymph nodes (B). (C)

Titers of total immunoglobulin (Ig) M, IgG, IgG2b and IgG3 were measured by ELISA. (D)

Titers of anti-ssDNA (left) and anti-chromatin (right) were measured by ELISA. Samples were

from 9 months old B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. (E) Expression of B220 and TCRβ on

lymphocytes. Right, the frequencies (upper panels) and absolute numbers (lower panels) of

B220$^+$TCRβ$^+$, B220$^-$TCRβ$^+$, B220$^+$TCRβ$^-$ cells. (F) Flow cytometry analysis of CD4 and CD8 T

cells among B220$^-$TCRβ$^+$ cells. Right, the frequency (left) and absolute number (right) of CD4$^-$

CD8$^-$ T cell population. (E) and (F) Cells were from peripheral lymph nodes (pLN) of 6 months

old B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. NS, not significant; * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$,

**** $P < 0.0001$. *p* values were calculated with one-way ANOVA. Results (A-F) were pooled

from at least 3 independent experiments. Error bars represent SEM.

Figure 3. mTORC2 in T cells is required for B cell hyper-activation in Lpr mice. (A)

Immunofluorescence staining of peanut agglutinin (PNA), CD3 and IgD on spleen sections from

6 months old B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. (B) Flow cytometry analysis of GL-7 and IgD

expression among B220$^+$TCRβ$^-$ cells. Right, the frequency of IgD$^-$GL-7$^+$ germinal center (GC)

B cells. (C) Immunofluorescence staining of CD138 and IgD on spleen sections from 6 months

old B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. (D) Flow cytometry analysis of B220$^+$CD138^{int} and

B220^{lo}CD138^{hi} two populations. Right, the frequencies of B220$^+$CD138^{int} (left) and

B220^{lo}CD138^{hi} (right) among total lymphocytes. (B) and (D) Cells were from pLNs of 6 months

old B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. NS, not significant; *** $P < 0.001$, **** $P < 0.0001$ (one-

way ANOVA). Results were pooled from 3 (B and D) independent experiments. Error bars

represent SEM.

Figure 4. Rictor deletion reduces Tfh differentiation and normalizes Treg homeostasis. (A)

Expression of CXCR5 and BCL6 on $B220^-CD4^+$ T cells. Right, the percentages of

$BCL6^+CXCR5^+$ and $BCL6^-CXCR5^+$ cells. (B) Expression of PSGL1 and CXCR5 on $B220^-$

$CD4^+$ T cells. Right, the summary of $PSGL1^{lo}CXCR5^{lo}$ extrafollicular (EF) Tfh cell percentages.

(C) Expression of ICOS and CXCR5 on $B220^-CD4^+$ T cells. Right, the summary of $ICOS^+$ cell

frequency. (D) Flow cytometry analysis of Treg cells ($B220^-CD4^+Foxp3^+$). Frequencies of

$FOXP3^+$ cells in $CD4^+$ T cells from spleen (left), peripheral lymph nodes (pLN) (middle) and

Peyer's patches (PP) (right). (E) The ratio between Tfh and Treg frequency (left) and the ratio

between Tfh and Tfr frequency (right) in $CD4^+$ T cells from B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. (F)

Expression of IFNg and IL-17 in $CD4^+$ T cells activated by PMA and ionomycin. Right,

frequencies of $IFNg^+$ cells and $IL-17^+$ cells. (G) Expression of IL-2 in $CD4^+$ T cells activated by

PMA and ionomycin. Right, the frequency of $IL-2^+$ cell. (H) Expression of Ki-67 in $CD4^+$ T cells

from B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. Right, the summary of $Ki-67^+$ cell frequency. (A-C, and E-

H) Cells were from pLNs of 6 months old B6, Lpr and Lpr.*Rictor*$^{-/-}$ mice. NS, not significant; *

P < 0.05, ** *P* < 0.01, *** *P* < 0.001, **** *P* < 0.0001 (one-way ANOVA). Results were pooled

from at least 3 (A-H) independent experiments. Error bars represent SEM.

Figure 5. Metabolic activities in B6, Lpr and Lpr.*Rictor*$^{-/-}$ T cells. (A) The basal respiration

and (B) basal extracellular acidification rate (ECAR) of $CD4^+$ T from 2, 3, and 9 months old

mice cells under anti-CD3/anti-CD28 overnight activation, respectively. (C) The ECAR of $CD4^+$

T cells followed by sequential anti-CD3/anti-CD28, and anti-CD3/anti-ICOS stimulation

measured by glycolytic rate assay. Cells were from pLNs of 6 months old B6, Lpr and

Lpr.$Rictor^{-/-}$ mice. Right, summaries of basal glycolysis and compensatory glycolysis. Rot,

Rotenone; AA, Antimycin A; 2-DG, 2-deoxyglucose. NS, not significant; * $P < 0.05$, ** $P <$

0.01, *** $P < 0.001$, **** $P < 0.0001$ (one-way ANOVA). Results were presentative of 2 (A-B)

and 3 (C) independent experiments. Error bars represent SEM.

Figure 1

Figure 2

Figure 3

A

B6   Lpr   Lpr.*Rictor*^{−/−}

Green: PNA
Red: CD3
Blue: IgD

Scale bars:
50 µm

B

B6   Lpr   Lpr.*Rictor*^{−/−}

IgD
GL-7

0.51   21.4   2.30

NS

IgD⁻GL-7⁺ %

● B6
○ Lpr
▲ Lpr.*Rictor*^{−/−}

C

B6   Lpr   Lpr.*Rictor*^{−/−}

Red: CD138
Blue: IgD

Scale bars:
50 µm

D

B6   Lpr   Lpr.*Rictor*^{−/−}

CD138
B220

0.092   1.31   0.53   53.7   0.042   3.83
        16.1   20.2   63.8

NS   NS

CD138ⁱⁿᵗB220⁺ %   CD138ʰⁱB220ˡᵒ %

● B6
○ Lpr
▲ Lpr.*Rictor*^{−/−}

Figure 4

Figure 5

Supplemental Figure 1

(A) Immunoblot analysis of pSTAT1, pSTAT2 and p-S6 expression in CD4+ T cells from B6 and CD4^{cre}Rictor$^{fl/fl}$ mice treated with or without IFNα in presence of anti-CD3/anti-CD28 for 6 hours. The relative expressions were normalized to them in B6 CD4+ T cells without any stimulation. (B) Blood CD19+ B cell counts were determined before and after poly(I:C) treatment in B6 and CD4^{cre}Rictor$^{fl/fl}$ mice. (C) Expression of CD69 was measured by flow cytometry in blood CD4+ T cells from 4-6 months old B6, Lpr and Lpr.Rictor$^{-/-}$ mice. Right, summary of CD69+ percentages among blood CD4+ T cells. (D) Percentages of CD19$^-$CD4+ T cells in blood from B6, Lpr and Lpr.Rictor–/– mice among total lymphocytes. NS, not significant; * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$ (A and B, unpaired Student's t test, C and D, one-way ANOVA). Results were pooled from at least 3 independent experiments. Error bars represent SEM.

A

Red, IgG
Green, C3

Supplemental Figure 2

(A) Immunofluorescence staining of IgG (Red) and C3 (Green) on 6 months old mice kidney sections. Right, the scores of IgG and C3 deposition. * $P < 0.05$ (one-way ANOVA). Results were pooled from 2 independent experiments. Error bars represent SEM.

Supplemental Figure 3

(A) Expression of CD38 and IgG1 expression on B220+TCRb− B cells. Right, the frequencies of CD38+IgG1+ B cells (left) and CD38+ percentages (right). (B-C) Flow cytometry analysis of CD138+B220lo or CD138+CD19lo plasmablasts from WT and OX40CreRictorfl/fl mice after challenge with LCMV Armstrong strain (B) and immunization with NP-OVA. Right, the frequencies of plamablasts. NS, not significant; * *P* < 0.05, ** *P* < 0.01, *** *P* < 0.001, **** *P* < 0.0001 (A, one-way ANOVA, B and C, unpaired Student's *t* test). Results were pooled from 3 (A-B) or 2 (C) independent experiments. Error bars represent SEM.

Supplemental Figure 4

(A) Gating strategy for analysis of Tfh cells.(B) Flow cytometry analysis of CXCR5 and PD-1 on B220⁻CD4⁺ T cells. Right, the percentages of PD-1⁺CXCR5⁺ cells. (C) Expression of CXCR5 in Tregs. Right, summary of CXCR5⁺ Tfr cell percentages. (D) Expression of CD25 on FOXP3⁺ Tregs. Numbers indicate the percentages of CD25⁻ Tregs. Right, summary of the percentages of CD25⁻ Tregs. (E) Expression of FOXP3 on FOXP3⁺ Tregs. Numbers indicate the MFI of FOXP3. Right, the summary of FOXP3 MFI. (F) Expression of Tbet and Rorgt on on B220⁻CD4⁺ T cells. Right, summary of Tbet⁺ and Rorgt⁺ cell percentages. Cells were from peripheral lymph nodes (pLNs) of 6 months old B6, Lpr and Lpr.*Rictor*⁻/⁻ mice. NS, not significant; ** *P* < 0.01, *** *P* < 0.001, **** *P* < 0.0001 (one-way ANOVA). Results were pooled from at least 3 independent experiments. Error bars represent SEM.

Supplemental Figure 5

(A) Flow cytometry analysis of CD44 vs. CD62L in B220⁻CD4⁺ T cells among 2 and 3 months old B6, Lpr and Lpr.$Rictor^{-/-}$ mice, respectively. (B) Summary of cell numbers for B220⁻CD4⁺ T cells with anti-CD3/anti-CD28 activation for 72 hours. Numbers were normalized to B6 control. (C) Flow cytometry analysis of PD-1 vs. CD153 and CD73 vs. FR4 expression in B220⁻CD4⁺ T cells among 6 months old B6, Lpr and Lpr.$Rictor^{-/-}$ mice. Right, summaries of frequencies of PD-1⁺CD153⁺ and CD73^hiFR4^hi populations. (D) Summary of cell numbers for B220⁻CD4⁺ T cells activated with anti-CD3/anti-CD28, and then with secondary anti-CD3/ICOS stimulation. Numbers were normalized to B6 control. NS, not significant; * P < 0.05, ** P < 0.01, *** *P* < 0.001, **** P < 0.0001 (one-way ANOVA). Results were pooled from at least 3 independent experiments. Error bars represent SEM.