Protein-coding potential of RNAs measured by potentially translated island scores

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Abstract

Recent studies have identified numerous RNAs that are functionally both coding and noncoding. However, the sequence characteristics that determine bifunctionality remain largely unknown. In this study, we developed and tested a potentially translated island (PTI) score, defined as the occupancy of the longest open reading frame (ORF) among all putative ORFs. We found that this score correlated with translation, including noncoding RNAs. In bacteria and archaea, coding and noncoding transcripts had narrow distributions of high and low PTI scores, respectively, whereas those of eukaryotes showed relatively broader distributions, with considerable overlap between coding and noncoding transcripts. The extent of overlap positively and negatively correlated with the mutation rates of genomes and effective population sizes of species, respectively. These overlaps were significantly increased in threatened species. In macroevolution, the appearance of the nucleus and multicellularity seem to have influenced the overlap of PTI score distributions, so that the probability of the existence of bifunctional RNAs is increased in eukaryotes. In mammalian testes, we observed an enrichment of noncoding RNAs with high PTI scores, which are candidates for bifunctional RNAs. These results suggest that the decrease in population size and the emergence of testes in eukaryotic multicellular organisms allow for the stable existence of bifunctional RNAs, consequently increasing the probability of the birth of novel coding and non-coding RNAs.

Introduction

Recent advances in RNA sequencing technology have revealed that most of the

eukaryotic genome is transcribed, primarily producing noncoding RNAs (Okazaki et al.

2002; Djebali et al. 2012; Ulitsky and Bartel 2013; Kopp et al. 2018). Noncoding RNAs

that are more than 200 nucleotides in length are referred to as long noncoding RNAs

(lncRNAs) and are not translated into proteins (Ulitsky and Bartel 2013; Kopp et al.

2018). LncRNAs have been reported to function in multiple biological phenomena,

including the regulation of transcription, modulation of protein or RNA functions, and

nuclear organization (Ulitsky and Bartel 2013; Kopp et al. 2018). However,

paradoxically, a large fraction of lncRNAs are associated with ribosomes and are

translated into peptides (Frith et al. 2006; Ingolia et al. 2011; Bazzini et al. 2014;

Ingolia et al. 2014; Ruiz-Orera et al. 2014). Peptides translated from transcripts

annotated as lncRNAs have been shown to have biological functions in multiple cases

in eukaryotes (Li and Liu 2019; Huang et al. 2021), and some of these translations are

specific to the cellular context (Dohka et al 2021). Conversely, known protein-coding

genes, such as *TP53*, have second roles as functional RNAs (Candeias 2011; Kloc et al.

2011; Huang et al. 2021). The discovery of these RNAs with binary functions has

blurred the distinction between coding and noncoding RNAs, so the characteristics of

RNA sequences that explain the continuity between noncoding and coding transcripts

remain unclear.

During evolution, new genes originate from pre-existing genes via gene duplication or

from non-genic regions via the generation of new open reading frames (ORFs) (Ohno

1970; Chen et al. 2013; Zhang and Long 2014; McLysaght and Guerzoni 2015;

McLysaght and Hurst 2016; Holland et al. 2017). The latter are *de novo* genes (Begun et

al. 2006; Levine et al. 2006; Begun et al. 2007; Knowles and McLysagtht 2009; Li et al.

2009; Toll-Riera et al. 2009; Li et al. 2010), which have been shown to regulate

phenotypes and diseases (McLysaght and Guerzoni 2015; Chen et al. 2013; Zhang and

Long 2014), including brain function and carcinogenesis in humans (Li C-Y et al. 2010;

Suenaga et al. 2014). lncRNAs serve as sources of newly evolving *de novo* genes (Ruiz-

Orera et al. 2014), some of which encode proteins. In addition to ORFs exposed to

natural selection, neutrally evolving ORFs are also translated from lncRNAs that stably

express peptides (Ruiz-Orera et al. 2018), providing a foundation for the development

of new functional peptides/proteins. High levels of lncRNA expression (Ruiz-Orera et

al. 2018), hexamer frequencies of ORFs (Sun et al. 2013; Wang et al. 2013; Ruiz-Orera

et al. 2014), and high peptide flexibility (Wilson et al. 2017) have been proposed as

determinants of coding potential; however, the molecular mechanisms by which

lncRNAs evolve into new coding transcripts remain unclear (Van Oss and Carvunis

2019).

In this study, we sought to identify a new indicator for determining RNA protein-coding

potential. Within an RNA sequence, we defined sequence segments that start with AUG

start codons and end with UAG, UGA, or UAA stop codons as potentially translated

islands (PTIs). First, we defined this indicator using PTI lengths and subsequently

examined the associations between the indicator and protein-coding potential. We also

present analyses of more than 3.4 million transcripts in 100 organisms belonging to all

three domains of life to investigate the relationship between the PTI score and protein-

coding potential over evolutionary history.

Results

Coding transcripts show higher PTI scores in humans and mice

We previously identified a *de novo* gene, *NCYM*, and showed that its protein has a

biochemical function (Suenaga et al 2014; Suenaga et al 2020). However, *NCYM* was

previously registered as a non-coding RNA in the public database, and the established

predictor for protein-coding potential (Wang et al 2013), the coding potential

assessment tool (CPAT), showed a coding probability of NCYM of 0.022, labeling it as

a noncoding RNA (Supplementary Figure 1). Therefore, we sought to identify a new

indicator for coding potential, comparing *NCYM* with a small subset of coding and non-

coding RNAs to determine whether NCYM has sequence features that would allow it to

be registered as a coding transcript (data not shown). We found that predicted ORFs,

other than major ORFs, seem to be short in coding RNAs. In addition, it has been

reported that upstream ORFs inhibit the translation of major ORFs (Calvo et al 2009).

Therefore, we hypothesized that the predicted ORFs may reduce the translation of major

ORFs, thereby becoming short in the coding transcripts, including *NCYM,* during

evolution. The term ORF refers to an RNA sequence that is translated into an actual

product; however, the biological significance of non-translating, predicted ORFs has

been largely ignored and remains to be characterized. Therefore, we defined a PTI as an

RNA sequence from the start codon sequence to the end codon sequence and did not

assume that it would result in a translated product. Thus, PTI can be defined even in

genuine non-coding RNAs. The major ORFs are often the longest PTIs (hereafter,

primary PTIs or pPTIs) in coding transcripts. Thus, to investigate the importance of

pPTIs relative to other PTIs (hereafter, secondary PTIs, or sPTIs) for the evolution of

coding genes, we defined a PTI score as the occupancy of the pPTI length to the total

PTI length (Figure 1A–B) and assumed that the PTI score was high in coding

transcripts. To examine this hypothesis, we first calculated the PTI scores for all human

transcripts. We analyzed human transcripts from the National Center for Biotechnology

Information (NCBI) nucleotide database for coding and noncoding (RefSeq accession

numbers starting with NM and NR, respectively) transcripts. The data were downloaded

using the Table browser (https://genome.ucsc.edu/cgi-bin/hgTables) after setting the

track tab as "RefSeq Genes." A total of 50,052 coding (NM) and 13,550 noncoding

(NR) RNAs were registered in 2018 (Supplementary Table 1). To analyze putative

lncRNAs with protein-coding potential, we excluded small RNAs (shorter than 200 bp)

or RNAs with a short pPTI (shorter than 20 amino acids) from the NR transcripts,

focusing on the remaining 12,827 transcripts.

We analyzed the relative frequencies of NM and NR transcripts, designated as $f(x)$ and

$g(x)$, respectively (Figure 1C), where x indicates the PTI score. In human transcripts,

$g(x)$ showed a distribution that shifted to the left with an apex of 0.15; in contrast, the

distribution of $f(x)$ shifted to the right with an apex of 0.55 (Figure 1C, upper panel). As

a control, we generated nucleic acid sequences in which A/T/G/C bases were randomly

assigned with equal probabilities. In the controls, the relative frequencies of PTI scores

were shifted to the left in both coding and noncoding transcripts (Figure 1C, bottom

panel). The controls that randomly shuffled the original sequence without affecting the

number of A/T/C/G bases in each transcript also had relative frequencies of PTI scores

shifted to the left in both coding and noncoding transcripts (Supplementary Figure 2A).

Similar results were obtained using a dataset from the Ensembl database

(Supplementary Figure 2B). We also calculated the PTI scores of mouse transcripts

from RefSeq and Ensembl and found that the distribution of $f(x)$ was shifted to the right

with an apex of 0.55 (Supplementary Figure 2C), similar to that of human transcripts.

These results suggest that the sequences, not lengths, of the coding transcripts increased

the PTI scores in mice and humans.

PTI scores correlate with protein-coding potential in humans and mice

Next, we examined the relationship between PTI score and protein-coding potential.

Based on the PTI score distributions of coding and noncoding transcripts, protein-

coding potential $F(x)$ was defined as the probability of being a coding transcript with a

PTI score of x. A sample $F(0.15)$ calculation for human transcripts is shown in Figure

1D. This result indicates that any given human RNA transcript with a calculated PTI

score of 0.15 has a protein-coding potential $F(x)$ of 0.183. $F(x)$ was correlated with PTI

scores $\leq$ 0.65 (Figure 1E and Supplementary Figure 3A). The protein-coding potentials

of sequences in RefSeq data slightly decreased after peaking at 0.65 (Figure 1E),

whereas those of sequences in the Ensembl data remained high (Supplementary Figure

3A). The $F(x)$ of human transcripts was approximated by the following linear

regression:

Based on Ensembl data,

$F(x) = 1.301x + 0.0072$ ($x \leq 0.65$), $R^2 = 0.984$

Based on RefSeq data,

$F(x) = 1.313x + 0.0189$ ($x \leq 0.65$), $R^2 = 0.990$

The intercepts were near zero, and the slopes were approximately 1.3. Using these

formulas, we can calculate the protein-coding potential $F(x)$ for any given human

transcript with a PTI score of ≤ 0.65. For example, the $F(x)$ of *NCYM* was calculated to

be 0.746 and 0.765 based on the Ensembl and RefSeq databases, respectively

(Supplementary Figure 1D). In contrast, $F(x)$ for the controls was not correlated with

the PTI scores (Figure 1E, bottom panel, and Supplementary Figure 3A). Similar results

were obtained for the mouse transcripts (Supplementary Figures 3B). The $F(x)$ of the

mouse transcripts (PTI score ≤ 0.65) was approximated as follows:

Based on Ensembl data,

$F(x) = 1.142x + 0.067$, $R^2 = 0.982$

Based on RefSeq data,

174 $F(x) = 1.482x - 0.061, R^2 = 0.990$

176 For both human and mouse transcripts, the PTI score correlated linearly with the

177 protein-coding potential at PTI scores ≤ 0.65. Moreover, when the PTI score limit

178 approached 0, the probability of the transcript being a coding RNA was 0 (Figure 1E

179 and Supplementary Figure 3).

181 **Characterization of high-scoring human lncRNAs**

182 Next, we investigated whether the PTI score is useful for identifying coding RNAs

183 among NR transcripts. From the 7,144 transcripts registered as noncoding genes in

184 2015, we excluded small RNAs (< 200 nucleotides) and those with short primary PTIs

185 (< 20 residues). Among the remaining 6,617 NR genes, 219 were reassigned as NM

186 over the past 3 years (Supplementary Table 2), including the previously identified *de*

187 *novo* gene *MYCNOS/NCYM* (Suenaga et al. 2014). The percentage of reclassification

188 increased for NR transcripts with high PTI scores (Figure 1F). Thus, a high PTI score is

189 a useful indicator of coding transcripts. NR transcripts with high protein-coding

190 potential ($0.6 \leq$ PTI score < 0.8) were then extracted, and the domain structure of the

191 pPTI amino-acid sequence was assessed using BLASTP. A total of 217 transcripts

192 showed putative domain structures in pPTI, whereas 310 did not (Supplementary Table

193 3). Transcripts with domain structures are often derived from transcript variants,

194 pseudogenes, or readthrough of coding genes; those without domain structures are often

195 derived from antisense or long intergenic noncoding RNAs (lincRNAs) (Table 1).

We next examined the functions of genes generating NR transcripts with high coding

potential ($0.6 \leq$ PTI score < 0.8). We divided the NR transcripts into those with and

without putative domains to investigate novel coding gene candidates, either originating

from pre-existing genes or created from non-genic regions. Analysis using the Database

for Annotation, Visualization, and Integrated Discovery (DAVID) functional annotation

tool (Huang et al. 2009a, 2009b) showed that NR transcripts without domain structures

were derived from original genes related to transcriptional regulation, multicellular

organismal processes, and developmental processes (Supplementary Table 4). Among

the target genes of transcription factors, NMYC (MYCN), TGIF, and ZIC2 were ranked

in the top three and are all necessary for forebrain development (Supplementary Table

4) (Brown et al. 1998; Gripp et al. 2000; van Bokhoven et al. 2005). We observed that

NR transcripts with domain structures originating from genes that undergo alternative

splicing are related to organelle function and are expressed in multiple cancers,

including respiratory tract tumors, gastrointestinal tumors, retinoblastomas, and

medulloblastomas (Supplementary Table 5). Similar analyses were conducted in mice

(Supplementary Tables 6–8) and *C. elegans* (Supplementary Tables 9–11). In mice, the

original genes related to protein dimerization activity (Supplementary Table 7) and

nucleotide binding or organelle function (Supplementary Table 8) were enriched in

high-PTI score lncRNAs with and without conserved domains, respectively. In *C.*

elegans, the original genes related to embryo development (Supplementary Table 10)

and chromosome V or single-organism cellular processes (Supplementary Table 11)

were enriched. Therefore, the relationship between brain development and cancer in the

function of high-PTI-score lncRNAs seems to be specific to humans.

PTIs affect the protein-coding potential predicted by *K*a/*K*s

To examine the relationship between PTI scores and natural selection in the prediction

of protein-coding potential, we calculated the ratio of nonsynonymous (*K*a) to

synonymous (*K*s) values by comparing human transcripts with syntenic genomic

regions of chimpanzees and mice (Figure 1G). Transcripts were selected based on the

syntenically conserved regions: 44,593 (vs. chimp) and 14,016 (vs. mouse). We found a

linear relationship between the $F(x)$ and PTI scores in the conserved transcripts (Figure

1G, left panels). As predicted, coding transcripts exhibited $Ka/Ks < 0.5$ at a higher

frequency than did noncoding transcripts, with large differences observed when for PTI

scores > 0.9 or < 0.1, with the smallest difference for PTI scores of approximately 0.35

to 0.45 (Figure 1G, right panels). These results indicate that for transcripts with PTI

scores near the highest or lowest values, the conservation of ORF/pPTI sequences

(negative selection, $Ka/Ks < 0.5$) determines the coding potential. In contrast, for

transcripts with PTI scores between 0.35 and 0.45, the conservation of ORF/pPTI

sequences has almost no effect on the coding potential, and thus ORF/pPTI sequences

have more potential to evolve neutrally. Therefore, noncoding transcripts showing both

negative selection ($Ka/Ks < 0.5$) and the highest PTI scores may include new coding

transcript candidates. We list 23 such transcripts in Supplementary Table 12, including

four transcript variants of a previously identified lncRNA that encodes a tumor-

suppressive small peptide, HOXB-AS3 (Huang et al 2017).

Translation of small peptides shifts PTI score distributions

To investigate the effect of translation on the PTI score, we calculated the PTI scores of

lincRNAs encoding small proteins and compared them with the PTI score distribution

of all lincRNAs (Figure 2A). We found that lincRNAs translating small proteins shifted

to higher PTI scores, and lincRNAs with PTI scores around 0.45 were increased

compared to the distribution of all lincRNAs.

ORF coverage, ORF size, and transcript length are indicators that have been used to

predict the coding potential of transcripts (Wang et al. 2013; Zeng et al 2018). We

calculated these three values for lincRNAs with translation products, and their

distribution was compared with that of all lincRNAs. The comparison revealed no

rightward shift in the peak, but there was a shift in the higher values of ORF coverage

(Supplementary Figure 4A). On the other hand, there was no rightward shift in ORF

size or transcript length (Supplementary Figure 4B and 4C). Therefore, the translation

of non-coding RNAs was strongly correlated with the PTI score, but not with transcript

length, ORF size, or ORF coverage.

Next, to examine whether PTI scores were associated with translation occupancy of

ORFs in coding RNAs, we defined the ORFs in which translation products were

identified in the sPTIs: uORFs, sPTIs with translation products detected in the 5'UTRs;

sORFs, PTIs with translation products detected in other frames overlapping with ORFs

of major proteins; and dORF, sPTIs with translation products detected in the 3'UTRs

(Figure 2B). When the PTI scores of coding RNAs with uORF, sORF, and dORF were

calculated and the PTI score distribution was compared with that of all coding RNAs,

the PTI scores shifted to lower values, peaking at 0.35-0.45 (Figure 2C). Although there

are differences in the effect of the location of the translated sPTI in a dataset from a

different database, the PTI score distribution remained similar, that is, it shifted to lower

values and increased the number of coding transcripts with PTI scores of 0.35-0.45

(Supplementary Figure 5). These results support the idea that the PTI score is related to

the occupancy of major ORFs in the translation of RNAs. In addition, when considering

the results in Figure 1G, translation of noncoding RNAs and sPTI in coding RNAs may

increase the chances of pPTI/ORF sequences evolving neutrally by increasing

transcripts with PTI scores of 0.35-0.45.

Relationship between PTI score and relative frequencies of coding/noncoding

transcripts in 100 organisms

To analyze the relationship between PTI scores and protein-coding potential in a broad

lineage of organisms, we selected 100 organisms, consisting of five bacteria, ten

archaea, and 85 eukaryotes (Supplementary Table 1), and calculated PTI scores for

more than 3.4 million transcripts (Supplementary Table 1). Phylogenetic trees of the

cellular organisms are presented on a logarithmic time scale, along with the number of

species in each lineage used in the analyses in Figure 3. To examine the evolutionary

conservation of the linear relationship between the PTI score and protein-coding

potential in humans and mice, we selected a relatively large number of mammalian

species (36). Species with fewer than three lncRNAs were not used to calculate $g(x)$ and

were not included in the histograms illustrating their relationship with the PTI score

(Figures 4 and 5). For all organisms, the relative frequency of coding transcripts $f(x)$

was shifted to the right (higher PTI score) compared to random or random shuffling

controls (Figures 4 and 5; Supplement Figures 6 and 7).

In bacteria and archaea, $f(x)$ and $g(x)$ exclusively exhibited high and low PTI scores,

respectively, indicating a clear boundary between coding transcripts and lncRNAs in

terms of PTI scores (Figure 4 and Supplementary Figure 6). In addition, the highest

frequency of coding transcript $f(x)$ presenting a PTI score was 0.75 in all examined

bacteria (Figure 4) and ≥ 0.75 in archaea (Supplementary Figure 6). Among eukaryotes,

unicellular organisms and non-vertebrates showed the highest frequencies of coding

transcripts at 0.65 or 0.75 (Figure 4), while most vertebrates showed the highest values

≤ 0.65 (Figures 4 and 5). In addition, the $f(x)$ distribution in vertebrates was broad and

shifted to the left (lower PTI scores) relative to those of bacteria and archaea (Figure 4

and 5). In sharp contrast to $f(x)$, the relative frequency of lncRNAs $g(x)$ was shifted to

the right (higher PTI scores) in eukaryotes, including *G. lamblia,* which belongs to the

earliest diverging eukaryotic lineage and lacks mitochondria (Figure 4). Since the

distribution of $f(x)$ in the Excavata, including *G. lamblia,* showed a similar pattern to

that of bacteria, the right shift of $g(x)$ seems to be an earlier event than the left shift of

$f(x)$ in the evolution of eukaryotes. Collectively, the right and left shifts of $f(x)$ and $g(x)$

contribute to blurring the boundary between coding and noncoding transcripts in

eukaryotes.

PTI score distribution overlap is inversely correlated with effective population size

In general, eukaryotes (particularly multicellular organisms) have smaller effective

population sizes than prokaryotes, with higher mutation rates due to the effect of genetic

drift (Lynch et al 2016). We defined an indicator of coding/noncoding boundary

ambiguity (overlapping score, O_{pti}) and examined the relationship between O_{pti} and

effective population size and mutation rate, using data from a previous study (Lynch et

al 2016). The overlapping score based on ORF coverage, O_{cov}, was also defined for

comparison (Supplementary Figure 8). Of the 35 species used in this study, 11 had no

more than five lncRNAs with pPTIs longer than 20 residues, and transcripts of the

remaining 24 species (Supplementary Table 13 and Supplementary Figure 8) were used

for the analysis. Similar to a previous report (Lynch et al 2016), the effective population

size was inversely proportional to the mutation rate of genomic DNA, even in the

remaining 24 species (exponent $= -1.126$, $R^2 = 0.6842$, Figure 6A). O_{pti} positively and

negatively correlated with mutation rates and effective population size, respectively,

with relationships that could be approximated as logarithmic ($R^2 = 0.7578$) or

exponential functions ($R^2 = 0.4667$). In contrast, ORF coverage (O_{cov}) showed a weaker

relationship with mutation rates and effective population size (Supplementary Figure 9).

Substituting the maximum value of O_{pti}, 1 into this exponential approximation (Figure

6A, right upper panel) yields the minimum effective population size, which is 1001.28.

This is consistent with the observation that the minimum effective population size in

conservation biology is approximately 1000 (Frankham et al 2014). This result led us to

consider the possibility that O_{pti} might be elevated in endangered organisms. We

calculated O_{pti} for 35 vertebrate species on the IUCN Red List (left panel, Figure 6B;

Supplementary table 1), and found that species at risk of extinction had significantly

higher O_{pti} than species with little risk of extinction (Least Concern, LC). In addition,

among LCs, O_{pti} was higher for species with decreasing numbers compared to those

with stable populations (right panel, Figure 6B; Supplementary table 1).

Relationship between PTI score and protein-coding potential

The overlapping of relative frequencies in $f(x)$ and $g(x)$ led us to examine the

relationship between the PTI score and protein-coding potential $F(x)$ in eukaryotes. To

avoid being misled by small sample numbers, we selected 32 species with more than

1000 lncRNAs that contained pPTIs to calculate $F(x)$ (Figure 7 and Supplementary

Figure 10). In humans and mice, the relationship between the PTI score and $F(x)$ was

approximated with a linear function passing through the origin of the PTI score ≤ 0.65.

Therefore, we used linear approximation of the $F(x)$ of 32 species and found that 27 of

the 32 species were well approximated by linear functions (indicated as linear group, L,

in Figure 7 and Supplementary Figure 10). In *U. americanus*, *C. canadensis*, and *G.*

gorilla, fewer than five lncRNAs exhibited PTI scores of 0.05; thus, we eliminated the

F(0.05) in these species for the approximation by linear function (indicated with

asterisks in Figure 7). The $F(x)$ of the remaining five species that showed $O_{pti} > 0.7$ did

not fit in linear approximations (indicated as constant group C in Figure 7) and were

characterized by low slope values. They belonged to plants (*Z. mays*), reptiles (*A.*

carolinensis), and mammals (*O. anatinu*, *S. boliviensis*, and *G. gorilla*) (Figure 7). In

these species, PTI scores showed a weaker association with protein-coding potential.

We noticed that these species may have small effective population sizes, possibly

because of the risk of extinction (*O. anatinu* and *G. gorilla*) or artificial selection as pets

(*A. carolinensis* and *S. boliviensis*) or as crops (*Z. mays*).

Characteristics of RNA virus genomes in human and bacterial cells

In sharp contrast to the coding transcripts of bacteria and archaea, the PTI scores of

coding transcripts of eukaryotes overlapped with those of noncoding RNAs due to their

broad distribution of low PTI scores. To investigate the molecular mechanism

underlying the distinct distribution of coding transcripts between bacteria and

eukaryotes, we analyzed the genome sequences of RNA viruses that infect human or

bacterial cells. Positive-sense single-stranded RNAs, or (+) ssRNAs, are parts of the

viral genome that generate mRNAs and are translated into viral proteins via the host

translation system. Therefore, efficient translation in host cells contributes to the

replication of (+) ssRNA viruses. We speculated that PTIs other than bona fide ORFs

affect the coding potential of the viral genome in host cells. Multiple bona fide ORFs

are present in viral genomes. Thus, we extended the concept of PTIs to multiple ORFs

in viral RNA genomes (Figure 8A) and set the viral ORF (vORF) score.

Among the positive sense ssRNA viruses registered in the NCBI database, 198 were

human viruses and 13 were bacteriophages. We eliminated the viruses that produced

viral proteins by exceptional translation mechanisms such as ribosome frameshifting,

alternative initiation sites, ribosome slippage, and RNA editing, focusing on the

remaining 95 human viruses, including nine retroviruses (Supplementary Table 14) and

10 bacteriophages (Supplementary Table 15). The relative frequencies of the human

viruses and bacteriophages showed distinct peaks at PTI scores of 0.65 and 0.75,

respectively (Figure 8B). These values correspond to the PTI scores of the highest

protein-coding potential in humans (Figure 1E and Supplementary Figure 3A) and the

highest frequency of coding transcripts in bacteria (Figure 4). In addition, the relative

frequency of human viruses showed a broader distribution of low PTI scores compared

to bacteriophages, particularly in human retroviruses (Figure 8B). Therefore, RNA virus

genomes appear to have sequence characteristics that maximize their protein-coding

potential in host cells.

The relationship between PTI scores and tissue-specific expressions

The right shift of the PTI score distribution for noncoding RNAs is pronounced in

eukaryotes, especially in multicellular organisms (Figures 4 and 5). To examine the

possibility that different tissues in multicellular organisms show different PTI

distributions for noncoding RNAs, we analyzed transcriptome data to calculate the PTI

scores of human noncoding transcripts expressed in multiple tissues (Figure 8C). The

PTI score distributions were similar for almost all tissues, but, as an exception, they

shifted to higher values for mature testes (Figure 8C). Similar results were also obtained

for opossums, rats, mice, and macaques, although their shifts were weaker than those of

humans (Supplementary figure 11). Furthermore, the noncoding transcripts that were

expressed in a tissue-specific manner had higher PTI scores than ubiquitously expressed

noncoding transcripts in humans (Figure 8D) and the other four species (Supplementary

figure 12). The relationship between the specificity of expression and the PTI score was

also found for human coding transcripts (Supplementary figure 13). These results

suggest that the tissue-/cell type-specific expression of transcripts evolved in

multicellular eukaryotes contributes to increased PTI scores for noncoding transcripts.

Since the majority of tissue-specific transcripts were expressed in matured testes (7,573

of 8,523 transcripts (89%) in the highest specificity group for humans), the evolution of

the testis also seems to contribute to the existence of high PTI score-noncoding RNAs,

thus contributing to the birth of new coding genes.

Discussion

Here, we showed that PTI scores are associated with protein-coding potential in cellular

organisms. In bacteria and archaea, the PTI-score distributions for noncoding and

coding transcripts were distinct (low and high scores), whereas they were merged in

eukaryotes.

Right shifts in the distribution of noncoding RNA occurred in *G. lamblia*, one of the

earliest diverging eukaryotes, which are binucleate and lack mitochondria, peroxisomes,

and a typical Golgi apparatus (Ankarklev et al. 2010; Bartelt et al. 2015; Buret et al.

2020) and were commonly observed in all eukaryotes examined. Moreover, functional

noncoding RNAs, by definition, should not be translated by ribosomes in cells.

However, in bacteria and archaea, newly transcribed RNAs are immediately bound by

ribosomes (Miller et al. 1970; French et al. 2007) and do not have the chance to escape

translation. Thus, as expected, transcripts with noncoding functions in bacteria and

archaea showed low PTI scores (top panel, Figure 9A). Alternatively, in eukaryotes, the

existence of the nucleus prevents the immediate binding of lncRNAs by ribosomes, so

cytoplasmic translocation from the nucleus is required for translation. Therefore,

eukaryotic lncRNAs may function in the nucleus even with high PTI scores, and the

subsequent evolution of cytosolic translocation of these noncoding RNAs may

contribute to the origination of new coding genes (middle panel, Figure 9A). Thus, the

pervasive transcription of the genome seems to help eukaryotes to create new functional

noncoding/coding RNAs, while being disadvantageous for bacteria and archaea by

increasing the risk of transcription of high-PTI-score transcripts, leading to immediate

translation of wasteful and/or toxic proteins (top and middle panels, Figure 9A,

Monsellier et al. 2007). In addition, multicellular organisms have a variety of

intracellular environments because of the large number of cell types, which may

increase the possibility of the existence of an intracellular environment in which newly

created proteins are not toxic (bottom panel, Figure 9A). Since the possibility that a new

protein will not be toxic in multiple intracellular environments is lower than the

possibility that it will not be toxic in a particular intracellular environment, noncoding

RNAs that are ubiquitously expressed need to have lower PTI scores than those with specific expression (bottom panel, Figure 9A).

Kaessmann proposed an "out of the testes hypothesis," arguing that the testis facilitates the birth and evolution of new genes in animals. The germ cells (spermatocytes and spermatids) in the testes have an active chromatin state, and global transcription occurs, increasing the possibility of generating new coding genes (Kaessmann 2010). Consistent with this hypothesis, our results showed that the PTI score distribution of noncoding RNAs shifted to higher values only in mature testes with spermatocytes and spermatids, but not in immature testes or in other tissues. In addition, most transcripts with tissue-specific expression were found in mature testes, and these noncoding RNAs had high PTI scores. These results suggest that new coding genes are generated from noncoding RNAs with high PTI scores that are specifically expressed in germ cells of the mature testis.

Multiple human noncoding RNAs with high PTI scores have been reclassified as coding genes over the past 3 years, including the human *de novo* gene *NCYM* (Suenaga et al. 2014; Suenaga et al. 2020). Because *de novo* gene products have no known domain structures, high PTI score-noncoding transcripts without putative domains may be good candidates as novel *de novo* genes in eukaryotes. *NCYM* is an antisense gene of *MYCN,* whose protein product stabilizes the MYCN protein (Suenaga et al. 2014). MYCN directly stimulates *NCYM* and *OCT4* transcription, whereas OCT4 induces MYCN (Kaneko et al. 2015). This functional interplay forms a positive feedback loop, allowing these genes to induce each other's expression in human neuroblastomas (Suenaga et al.

2014; Islam et al. 2015; Kaneko et al. 2015; Shoji et al. 2015). Functional annotation of

noncoding genes without putative domains was related to transcriptional regulation, and

the target genes of transcription factors, including MYCN, TGIF, and ZIC2, were

enriched. As *de novo* emergence of *NCYM* occurred in Homininae, NCYM-mediated

MYCN activation may modulate human *de novo* gene births during evolution,

regulating the transcription of *MYCN* target genes. Notably, both NCYM and MYCN

are expressed in germ cells of the testes (Suenaga et al 2014; Kanatsu-Shinohara et al

2016), and MYCN has been shown to regulate the self-renewal of spermatogonial stem

cells (Kanatsu-Shinohara et al 2016). Furthermore, a recent study showed that binding

sites for transcription factors, including MYCN, are mutational hotspots in human

spermatogonia (Kaiser et al. 2021). Both *TGIF* and *ZIC2* are mutated in

holoprosencephaly, a disorder caused by a failure in embryonic forebrain development

(Brown et al. 1998; Gripp et al. 2000), whereas *MYCN* mutations cause Feingold and

megalocephaly syndromes, which are associated with reduced and increased brain size,

respectively (van Bokhoven et al. 2005; Kato et al. 2019). Thus, the present study also

provides a list of candidate human *de novo* genes possibly involved in brain

development and brain-related diseases.

Relative frequencies of positive-sense ssRNA viruses exhibit sharp peaks at vORF

scores of 0.75 in bacteriophages and 0.65 in human viruses, indicating the adaptation of

RNA viruses to host cells by maximizing the protein-coding potential of their genomes.

Immediately after viral infection, the viral (+) ssRNA genomes, save for those of

retroviruses, are used as templates for translation in the host cytosol. Thus, the distinct

translation systems between humans and bacteria likely affect the left shift in the viral

genome peak, as well as the left shift in coding RNA distribution in eukaryotes. In

retroviruses, reverse transcriptase produces double-stranded DNA using the viral

genome as a template, which is then inserted into the host genome. The viral genome is

subsequently transcribed in the nucleus, and its mRNA is transported to the cytoplasm

where protein products are translated in a manner similar to that of host proteins.

Therefore, the relatively lower vORF score distribution in human retrovirus genomes is

likely a function by the nuclear localization of the provirus, which may promote the

diversification of PTI scores of RNA genomes via adaptation to host cellular

mechanisms other than translation, such as cytosolic translocation.

While the overlap of PTI score distributions of coding/noncoding transcripts seems to

be beneficial by facilitating new gene birth, excessive overlap in PTI score distributions

was found in species at the risk of extinction. Because the extent of the overlap (O_{pti})

positively and negatively correlates with higher mutation rates and effective population

sizes, respectively, the small effective population sizes in multicellular eukaryotes seem

to increase the overlap by accumulation of the slightly deleterious or beneficial

mutations driven by random drift, as predicted by neutral theory (Kimura 1968; Kimura

1983) and nearly neutral theory (Ohta 1992). Translation of noncoding RNA or sPTIs in

coding RNAs caused right and left shifts in PTI score distributions, respectively. The

mutations that cause these translations may be beneficial for increasing the possibility

of evolution of new functional RNAs or regulatory mechanisms and be deleterious for

inhibiting existing coding/noncoding functions. Translation of small proteins from

noncoding RNAs seems to inhibit the noncoding functions of RNA because of ribosome binding and subsequent translation. In contrast, translation of sPTIs in coding RNAs seems to inhibit translation of major ORFs because of the competition for translation (Calvo et al 2009) without the evolution of specific regulatory mechanisms, such as the recently discovered mechanism in dORF (Wu et al. 2021).

According to the drift-barrier hypothesis (Lynch et al 2010; Lynch et al 2016), the performance of any molecular trait is expected to become more refined in larger population sizes, because the effects of selection relative to random drift are stronger. Consistent with this hypothesis, we found that the molecular traits of coding or noncoding RNAs were prominent in bacteria/archaea and weak in multicellular eukaryotes, allowing the existence of bifunctional RNAs. The excessive overlap of PTI score distributions ($O_{pti} > 0.7$) diminished the correlation between the PTI score and protein-coding potential. This indicates that both coding and noncoding transcripts lost their molecular traits as coding and noncoding RNAs in terms of PTI score, which became lethal or highly deleterious for the species.

Species with decreasing population sizes showed significantly higher O_{pti} compared with species with a stable population size, even in the LC group. Combined with the results discussed above, we propose a novel model of new gene origination in which new gene birth occurs in response to decreased effective population sizes (Figure 9B). At stable population sizes, natural selection maintains molecular traits of existing genes, and thus existing coding and noncoding functions of RNA stably exist with high and low PTI scores with low overlap of PTI score distribution of coding/noncoding

transcripts. When new environments reduce the effective population size of species, the

driving force of fixation/elimination of mutations changes from natural selection to

random drift. This increases the probability of fixation of slightly deleterious/beneficial

mutations, resulting in an increase in the overlap of PTI score distributions between

coding and noncoding transcripts. The overlap allows the existence of bifunctional

RNAs as candidates for new functional coding or noncoding transcripts. When the

effective population size approaches 1,000 because of rapid decline, the accumulation

of deleterious mutations decreases the long-term evolutionary potential of populations,

leading to extinction. On the other hand, when the speed is slow enough for beneficial

mutations to be fixed in the populations, the newly evolved coding/noncoding

transcripts contribute to an increase in the effective population size, resulting in

adaptation of the species to new environments. The increase in the effective population

size leads to an increase in the effect of natural selection on the new functions of

coding/noncoding genes as well as pre-existing genes. Thus, if nuclear evolution and

multicellularity contribute to the generation of lncRNAs with high PTI scores and

subsequent generation of novel coding genes (Figure 9A), the ability to generate new

genes in response to population decline (Figure 9B) may be greatest in eukaryotic

multicellular organisms.

In conclusion, the PTI score is an important indicator for integrating the concept of gene

birth into classical evolutionary theory, thereby contributing to the elucidation of the

molecular basis for the evolution of complex species, including humans. In the future, it

<mark>will be necessary to calculate PTI scores based on the transcriptomes of additional</mark>

<mark>species to test our hypothesis that positioning new gene birth as a countermeasure to the</mark>

<mark>decline in effective population size.</mark>

Materials and Methods

Potentially translated islands (PTIs)

Definition

PTIs are defined as sequence segments beginning at AUG and ending with any of the

UAA, UAG, or UGA stop codons in the 5′ to 3′ direction within an RNA sequence in all

three possible reading frames (Figure 1A).

Example

The PTIs in the human *de novo* gene *NCYM* (Suenaga et al. 2014) were identified using

the cDNA sequence (Supplementary Figure 1A) and are shown in bold characters

(Supplementary Figure 1B). Further information is included in the Supplementary

Notes.

The length of a PTI and primary/secondary PTIs

Definition

The PTI length is defined as the length of the amino acid sequence, excluding the stop

codon, and is represented by l (Figure 1A). In an RNA sequence, the longest PTI is

designated as the primary PTI (pPTI), whereas the others are termed secondary PTIs

(sPTIs). The lengths of pPTI and sPTI are described as l_{pPTI} and l_{sPTI}, respectively

(Figure 1A).

Example

The shortest possible PTI is "AUGUAA," "AUGUAG," or "AUGUGA," with a single

methionine. For example, the NCYM transcript has a pPTI with a length of 109 in

frame 1, three sPTIs with lengths of 69, 8, and 6, respectively, in frame 2, and no PTIs

in frame 3 (Supplementary Figure 1C and D).

Characteristics

Therefore, the following relationship between the lengths of pPTI and sPTI is held:

$$1 \leq l_{\text{sPTI}} \leq l_{\text{pPTI}} \tag{1}$$

PTI score

Definition

We defined the PTI score (Figure 1A) according to Equations 2 and 3.

$$\sum_{i=1}^{n} l_{\text{sPTI}i} = l_{\text{sPTI}1} + l_{\text{sPTI}2} + \cdots + l_{\text{sPTI}k} + \cdots + l_{\text{sPTI}n} \tag{2}$$

$$\text{PTI score} = \frac{l_{\text{pPTI}}}{l_{\text{pPTI}} + \sum_{i=1}^{n} l_{\text{sPTI}i}} \tag{3}$$

where $l_{\text{pPTI}} + \sum_{i=1}^{n} l_{\text{sPTI}i}$ represents the sum of all PTI lengths.

The definition is <mark>derived from the hypothesis that the potential for translation of a pPTI</mark>

<mark>is reduced by translation of sPTIs. Consistent with this hypothesis, coding transcripts</mark>

<mark>with translation of sPTIs had lower PTI scores than all coding transcripts (Figure 2C).</mark>

Example

For an RNA sequence with only one PTI, the PTI score is 1 (Figure 1B). An RNA

sequence with many sPTIs tended to have a score close to 0 (Figure 1B). If the sum of

all sPTI lengths was equal to pPTI length, the PTI score is 0.5 (Figure 1B). The PTI

score of the *NCYM* transcript is 0.568 (Supplementary Figure 1C). Further information

is included in the Supplementary Notes.

Characteristics

Therefore, the range of the PTI score is:

593                                    $0 < \text{PTI score} \leq 1$ (4)

595   **Relative frequencies *f(x)* and *g(x)***

596   ***Definition***

597   We defined the, *f(x)* and *g(x)*, respectively, as (Figure 1C):

598                                    $$f(x) = \frac{NM(x)}{TNM}$$ (5)

599                                    $$g(x) = \frac{NR(x)}{TNR}$$ (6)

where TNM and TNR represent the total numbers of coding and noncoding

transcripts, respectively, excluding transcripts lacking PTIs. *NM(x)* and *NR(x)* are the

numbers of coding and noncoding transcripts with a PTI score of *x*, respectively.

To define coding/non-coding transcripts with a PTI score of *x*, we divided the

histograms into ten classes, and used the median values of the classes to represent the

PTI score (Figure 1C). Therefore, in Equations 5 and 6, the PTI score *x* is restricted as

follows:

$$x = 0.05, 0.15, 0.25, 0.35, 0.45, 0.55, 0.65, 0.75, 0.85, \text{or } 0.95 \qquad (7)$$

Characteristics

Thus, $f(x)$ and $g(x)$ follow Equations 8–11:

$$0 \leq f(x) \leq 1 \qquad (8)$$

$$0 \leq g(x) \leq 1 \qquad (9)$$

$$\sum_x f(x) = 1 \qquad (10)$$

$$\sum_x g(x) = 1 \qquad (11)$$

Overlapping scores O_{pti} and O_{cov}

Definition

The $O(x)$ was calculated according to Equation 12:

$$O(x) = \sum_x o(x) \qquad (12)$$

where $o(x)$ is the smaller value of the relative frequency of coding $f(x)$ or noncoding

transcripts $g(x)$. O_{pti} is $O(x)$ with PTI score $= x$, and O_{cov} is $O(x)$ with ORF coverage

$= x$.

Protein-coding potential $F(x)$

Definition

$F(x)$ was calculated according to Equation 13:

629
$$F(x) = \frac{f(x)}{f(x)+g(x)} \tag{13}$$

630 *Example*

631 For example, $F(0.15)$ in human transcripts is shown in Figure 1D. $F(0.15)$ was

632 calculated using Equation 13, as follows:

633
$$f(0.15) = 0.060$$

634
$$g(0.15) = 0.268$$

635
$$F(0.15) = \frac{f(0.15)}{f(0.15)+g(0.15)} = \frac{0.060}{0.060+0.268} = 0.18292 = 0.183$$

Identification of noncoding transcripts with high protein-coding potential

NR transcripts with high $F(x)$ ($0.6 \leq x < 0.8$) were identified from the total NR

transcripts from the NCBI nucleotide database. NR transcripts shorter than 200

nucleotides or with pPTIs encoding putative peptides with fewer than 20 residues were

excluded. The amino acid sequences of pPTIs in these transcripts were subjected to a

BLASTP search to detect the presence of putative domain structures. In the BLASTP

search, non-redundant protein sequences (nr) were applied as the search set, and quick

accelerated protein-protein BLAST (BLASTP) was chosen as the algorithm. In the

search results, putative conserved domains or the message "No putative conserved

domains have been detected" are shown in the Graphical Summary tab.

CDSEARCH/cdd was used to search for conserved domain structures using the default

settings: low-complexity filter, no; composition-based adjustment, yes; E-value

threshold, 0.01; maximum number of hits, 500. Based on these data, transcripts with or

without putative conserved domain structures are indicated as + or -, respectively.

Functional annotation of original genes

Original genes were defined as those noted in the official gene name of NR transcripts,

including sense genes for antisense transcripts, homologous genes for pseudogenes,

coding genes for noncoding transcript variants, and readthrough, divergent, or intronic

transcripts. For lincRNAs, miRNA host genes, small nuclear RNAs, and other

lncRNAs, the official gene symbol was used for annotation. This information was

manually checked using the information available in the nucleotide database. The

DAVID program (https://www.david.ncifcrf.gov) was used to identify the enriched

molecular functions and pathways related to the original genes. Q-values (P-values

adjusted for false discovery rate) were calculated using the Benjamini–Hochberg

method in DAVID.

Nonsynonymous (Ka) to synonymous (Ks) nucleotide substitution ratios

To identify orthologous regions between human transcripts and chimpanzee/mouse

genomes, BLAT v. 36 (Kent 2002) was conducted using human transcript sequences

with the estimated PTI score against chimpanzee (PtRV2) and mouse (GRCm38.p6)

genomic sequences defined in the NCBI database. We defined the blat best-hit genomic

regions of chimpanzee/mouse as orthologs for each human transcript. The human–

chimpanzee (or human–mouse) sequences were aligned for each exon region and the

sequences were combined for each transcript. Only orthologous sequence pairs of more

than 60 bp in length (encoding > 20 amino acid residues) were extracted.

Nonsynonymous (Ka) and synonymous (Ks) nucleotide substitution rates were

estimated as described by Yang and Nielsen (Yang and Nielsen 2000), implemented in

PAML version 4.8a (Yang 1997). Transcripts with high Ka (> 1) or high Ks (> 1) were

excluded from our dataset as outliers. We calculated Ka and Ks for 47,228 NM human–

chimpanzee, 14,116 NM human–mouse, 8,810 NR human–chimpanzee, and 1,561 NR

human–mouse pairs.

Relative frequencies of negatively selected genes

We defined this frequency, $h(x)$, in coding and noncoding transcripts (Figure 1G), as

shown in Equation 14:

683
$$h(x) = \frac{Nns(x)}{TNor(x)} \tag{14}$$

where $TNor(x)$ represents the total number of coding or noncoding transcripts with

orthologous sequences at PTI score = x. $Nns(x)$ is the number of coding or noncoding

transcripts with Ka/Ks < 0.5 at PTI score = x. The PTI score x is restricted as shown in

Equation 7.

Phylogenic trees

TimeTree (Hedges et al. 2006) was used to draw trees using official species names.

Selection of viruses and identification of vORFs

The complete genomes of positive-sense single-stranded RNA viruses infecting humans

or bacteria (Supplementary Tables 14 and 15) were collected from the NCBI Virus

database (Hatcher et al. 2017). Viral ORFs were identified, and the sums of vORF

lengths $\sum_{i=1}^{n} l_{vORFi}$ were manually calculated. We eliminated those viruses that

translated viral proteins after splicing or using exceptional translation mechanisms such

as ribosome frameshifting, alternative initiation sites, ribosome slippage, and RNA

editing.

vORF score

Definition

The vORF score was calculated according to Equations 15–17:

704
$$\sum_{i=1}^{n} l_{vORFi} = l_{vORF1} + l_{vORF2} + \cdots + l_{vORFk} + \cdots + l_{vORFn} \qquad (15)$$

705
$$\sum_{i=1}^{n} l_{sPTIi} = l_{sPTI1} + l_{sPTI2} + \ldots + l_{sPTIk} + \ldots + l_{sPTIn} \qquad (16).$$

706
$$\text{vORF score} = \frac{\sum_{i=1}^{n} l_{vORFi}}{\sum_{i=1}^{n} l_{vORFi} + \sum_{i=1}^{n} l_{sPTIi}} \qquad (17)$$

where l_{vORFi} represents the length of the bona fide ORFs, and $\sum_{i=1}^{n} l_{sPTIi}$ is the sum of

the lengths of the secondary PTI lengths. $\sum_{i=1}^{n} l_{vORFi} + \sum_{i=1}^{n} l_{sPTIi}$ represents the sum

of the lengths of all PTIs, including all ORFs.

==**PTI score calculations using transcriptome data**==

Transcriptome data from five species were obtained from a previous study (Sarropoulos

et al. 2019). All transcripts expressed at detectable levels (non-zero) in each tissue were

used to calculate PTI scores for lncRNAs and to plot PTI score distributions. For the

correlation between tissue specificity and PTI score, we divided the transcripts into the

indicated groups according to the number of tissues in which the transcript was detected

and described the PTI score distribution in each group. Human transcriptome data for

coding transcripts were obtained from the Human Protein Atlas

(http://www.proteinatlas.org), including RNA isoform data from 131 cell lines and 281

tissues. The PTI score for each transcript was calculated from Ensembl data.

Statistical analyses

Statistical analyses were performed using Excel and R software (R Project for Statistical

Computing, Vienna, Austria).

Data availability

1.   Source data for statistical analyses and figures (10 example datasets):

https://figshare.com/s/498cb340a075284b2dbf

2.   Code associated with generating and analyzing these tables:

https://figshare.com/s/0f1ed0954d5bd620eb59

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743   Author contributions

744   Y.S. conceived and developed the research plan; Y.S., M.K., M.N., K.N., H.K., M.K.,

745   and T.M. analyzed the data; and Y.S., M.K., and T.M. wrote the manuscript.

747   Additional information

748   Supplementary information is available.

750   Competing interests

The authors declare no competing financial interests.

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1024

1025 **Table 1.** Numbers of original transcripts that produced NR transcripts with high coding

1026 frequency ($0.6 \leq$ PTI score < 0.8)

Transcript	Domain		Total	P-value
	With	Without		
Antisense	4	61	65	7.79E-08
LincRNA	3	65	68	7.60E-09
Pseudogene	50	17	67	4.32E-07
Readthrough	7	0	7	6.00E-03
Transcript variant of coding gene	146	35	181	1.05E-19
Divergent	0	2	2	N.S.
Intronic	0	6	6	N.S.
Small nuclear RNA	0	3	3	N.S.
miRNA host gene	0	3	3	N.S.
Other lncRNA	7	118	125	1.12E-13
Total	217	310	527	

1027 *P*-values were calculated using the Yate's continuity correction. N.S., not significant.

1028

Figure legends

Figure 1. Potentially translated island (PTI) scores predict protein-coding potential of human transcripts. (A) Conceptual schematic of PTIs in an RNA in the three reading frames and definition of PTI score. Black and white rectangles indicate primary and secondary PTIs, respectively. The primary PTI is the longest PTI, while secondary PTIs are all others; l is PTI length. (B) Schematic of PTI distributions in RNAs with low (0-0.5), medium (0.5), and high (1) scores. (C) Relative frequencies of PTI scores of coding f(x) and noncoding g(x) transcripts (upper) and of random controls (bottom). (D) Explanation of F(x) for a PTI score of 0.15. (E) PTI score correlations with protein-coding potential, $F(x)$, at PTI scores $\leq$ 0.65 (upper) and those in random controls (lower). (F) Relationship between PTI scores and percentages of NR transcripts re-registered as NM during the past 3 years. N.D., not detected. (G) Relationship between PTI scores and $F(x)$ in human transcripts syntenic to chimpanzee (upper left) or mouse (bottom left). The relative frequency of transcripts with negative selection $h(x)$ are plotted for each PTI score (upper and bottom right). The transcripts are syntenic to the genome of chimpanzee (upper right) or mouse (bottom right).The open circles indicate NR transcripts and the closed circles indicate NM transcripts.

Figure 2. Translation effects on human PTI score distributions. (A) PTI score distribution of lincRNAs translating small proteins (red line, n = 174) registered in the SmProt database (http://bioinfo.ibp.ac.cn/SmProt/) shifts to higher scores relative to all lincRNAs registered in Ensembl (black line, n = 11,875). (B) Locations of uORF (blue),

sORF(red), and dORF(green) relative to major ORF (black). (C) PTI score distributions of coding transcripts with translation of uORF (blue, n =170), sORF (red, n = 1,698), and dORF (green, n = 98) compared to all coding transcripts registered in Ensembl (black, n = 94,039).

Figure 3. Phylogenetic tree. Numbers of species are indicated in each lineage. The lineages of five species, including one archaea (*Nitrososphaera viennensis* EN76), two fungi (*Puccinia graminis f. sp. Tritici* and *Pyricularia oryzae*), and two animals (*Strongylocentrotus purpuratus* and *Lingula anatine*) are unknown and excluded from the figure.

Figure 4. **Relationships between PTI scores and relative frequencies of coding and noncoding transcripts from bacteria to mammals**. Histograms of $f(x)$ (white) or $g(x)$ (black) in observed data (left) and in nucleic-acid–scrambled controls (right) for each species analyzed. PTI scores with the highest $f(x)$ are presented in the histograms. O_{pti} was calculated using the PTI score distribution from observed data and indicated in the left panels.

Figure 5. Relationships between PTI score and relative frequencies of coding f(x) and noncoding transcripts in Primates (A), Glires (B), and Laurasiatheria (C).

Figure 6. Overlap of PTI score distributions is negatively correlated with effective population sizes. (A) Inversely proportional relationship between genome-wide mutation rates in protein-coding DNA per generation (U_p) and effective population sizes (N_e) in 24 species (left upper). Values are from Lynch et al., 2016. O_{pti} positively and negatively correlates with U_p (left bottom) and N_e (right upper); these relationships are approximated by logaritic and exponential functions, respectively. White, gray, and black dots indicate bacteria, unicellular eukaryotes, and multicellular eukaryotes, respectively. (B) O_{pti} is increased in vertebrates at risk of extinction (left) and with decreasing population trends (right). LC, least concern (n = 20); NT, near threatened (n = 3); VU, vulnerable (n = 1); EN, endangered (n = 5); CR, critically endangered (n = 5); EX, extinct (n = 1). P-values were calculated by the Mann–Whitney U test.

Figure 7. Relationship between PTI score and protein-coding potential $F(x)$ for 32 eukaryotes. Phylogenetic tree including the 32 species (left), dot plots, and shape and formulas of approximate functions. L and C indicate linear (in black) and constant (in red) functions. Fewer than five lncRNAs had a PTI score of 0.05 in *U. americanus*, *C. canadensis*, and *G. gorilla*; therefore, we eliminated the $F(0.05)$ for these species for linear function approximations (asterisks). O_{pti} was calculated using PTI score distributions of observed data.

Figure 8. Molecular mechanisms that affect PTI score distributions. (A) Schematic explanation of sPTI length and bona fide viral ORFs in a (+) ssRNA virus genome and

the definition of viral ORF (vORF) score. Black and white rectangles indicate viral

ORFs and secondary PTIs, respectively. l is the length of the ORFs and PTIs. (B)

Histograms of relative frequencies of human (+) ssRNA viruses (red) and

bacteriophages (black). (C) PTI score distributions of lncRNAs in human tissues.

Distributions in mature testes and other tissues are indicated as black and gray lines,

respectively. (D) The relationship between tissue-specificity and PTI score distributions

in humans. Line intensity represent specificity of gene expression.

1101

1102   **Figure 9. Hypothesis: new gene birth is a countermeasure to decline in effective**

1103   **population size.** (A) Schematic explaining how nuclear evolution and multicellularity

1104   contribute to the generation of noncoding RNAs with high PTI scores in eukaryotes. (B)

1105   Schematic illustrating new gene birth in response to decline in effective population size

1106   caused by environmental changes.

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1108

Supplementary figure legends

Supplementary Figure 1. PTIs of *NCYM* and an example of PTI score calculation.

(A) *NCYM* cDNA sequence. (B) Coding prediction of *NCYM* by CPAT

(http://lilab.research.bcm.edu). (C) Translated amino-acid sequence of *NCYM* in 3

frames in the 5′ to 3′ (sense) direction. Red characters, primary PTI; blue characters,

secondary PTIs. Stop codons are shown as asterisks. (D) Calculation of PTI score and

$F(x)$ for the *NCYM* transcripts. The length of pPTI is 109 and the sum of sPTI lengths is

83; therefore, the PTI score is 0.568.

1117

Supplementary Figure 2. Relationships between relative frequencies of coding and

noncoding transcripts for human and mouse PTI scores. (A) Histogram of PTI score

relative frequencies in coding $f(x)$ and noncoding $g(x)$ human transcripts with random

shuffling controls using human data sets from RefSeq. (B) Relative frequencies of

coding $f(x)$ and noncoding $g(x)$ transcripts calculated using human data sets from

Ensembl. (B) Relative frequencies of coding $f(x)$ and noncoding $g(x)$ transcripts

calculated using mouse data sets from RefSeq (upper panels) or Ensembl (lower

panels).

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Supplementary Figure 3. PTI scores correlate with protein-coding potential, $F(x)$,

at PTI scores $\leq$ 0.65 for human and mouse transcripts. (A) Relationship between

PTI score and $F(x)$ in a human data set from Ensemble and random controls (center).

Random shuffling controls (right) were generated from a human data set from both

Ensemble and RefSeq. (B) Relationships between PTI score and $F(x)$ in mouse

transcripts using data sets from RefSeq (upper panels) or Ensembl (lower panels).

1133

1134   **Supplementary Figure 4. Effects of translation on distributions of ORF coverage**

1135   **and size in human lincRNAs.** ORF coverage (A) and ORF size (B) distributions of

1136   lincRNAs encoding small proteins (red line, n = 174) registered in the SmProt database

1137   (http://bioinfo.ibp.ac.cn/SmProt/) compared with all lincRNAs registered in Ensembl

1138   (black line, n = 11,875).

1139

1140   **Supplementary Figure 5. Translation of sPTI affects on human PTI score**

1141   **distributions.** PTI score distributions of coding transcripts with translation of uORFs

1142   (blue, n = 14,506), sORFs (red, n = 80), and dORFs (green, n = 3,955) registered in the

1143   sORF database (http://www.sorfs.org/), compared to all coding transcripts registered in

1144   Ensembl (black, n = 94,039).

1145

Supplementary Figure 6. Relationships between PTI scores and relative

frequencies of coding and noncoding transcripts in archaea. Phylogenetic tree for 9

archaeal species and histogram of $f(x)$ (white) or $g(x)$ (black) in the data (left) and in

nucleic-acid–scrambled controls (right). PTI scores with highest $f(x)$ are indicated in the

histograms. The lineage of one archaea species (*Nitrososphaera viennensis* EN76) is

unknown and thus excluded from the phylogenic tree. O_{pti} was calculated using the PTI

score distribution of observed data.

1153

1154 **Supplementary Figure 7. Relationships between PTI score and relative frequencies**

1155 **for coding and noncoding transcripts in plants.** Phylogenetic tree for 12 plants and

1156 histogram of $f(x)$ (white) or $g(x)$ (black) in the data (left) and in sequence–scrambled

1157 controls (right). PTI scores with highest $f(x)$ are indicated. O_{pti} was calculated using the

1158 PTI score distribution of observed data.

1159

1160 **Supplementary Figure 8. Relationships between PTI score and relative frequencies**

1161 **of coding and noncoding transcripts in species shown in Figure 6.** Phylogenetic tree

1162 for 24 cellular organisms and histograms of $f(x)$ (white) or $g(x)$ (black) for PTI scores

1163 (left) and ORF coverage (right). O_{pti} and O_{cov} were calculated using the distribution of

1164 observed data.

1165

1166 **Supplementary Figure 9. Relationship between overlaps of ORF coverage**

1167 **distributions and effective population sizes.** Dot plots of O_{cov} and U_p (left) and N_e

1168 (right). These relationships are approximated by the logaritic and exponential functions,

1169 respectively. White, gray, and black dots indicate bacteria, unicellular eukaryotes, and

1170 multicellular eukaryotes, respectively.

1171

Supplementary Figure 10. Relationships between PTI scores and protein-coding

potential $F(x)$ for 32 eukaryotes. Data sets from Ensembl (left, used in Figure 7) and

random controls (right). Mouse and human data are identical to those shown in

Supplementary Figure 3. Shapes of approximate functions are shown as L or C,

indicating linear (in black) and constant (in red) functions, respectively. Numbers of

lncRNAs with PTI score 0.05 were < 5 in *U. americanus*, *C. canadensis*, and *G. gorilla*.

Therefore, we eliminated the $F(0.05)$ from these species for the approximation by linear

functions (asterisks).

1180

1181   **Supplementary Figure 11. PTI score distributions of lncRNAs from tissues from**

1182   **four mammals.** PTI score distributions for mature testes and other tissues are indicated

1183   as black and gray lines, respectively.

1184

1185   **Supplementary Figure 12. Relationships between tissue specificity and PTI score**

1186   **distributions for noncoding transcripts from four mammals.** Line intensity

1187   represents specificity of gene expression.

1188

1189   **Supplementary Figure 13. Relationships between tissue-specificity and PTI score**

1190   **distributions for coding transcripts from human cell lines (A) or tissues (B).** Line

1191   intensity represents specificity of gene expression.

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1193

1194 **Supplementary Table 1. Studied organisms with official names, taxonomic IDs,**

1195 **lineage information, and numbers of coding/noncoding transcripts.**

1196

1197 **Supplementary Table 2. Human NR transcripts reassigned as NM during the past**

1198 **three years.**

1199

1200 **Supplementary Table 3. Human NR transcripts with high protein-coding potential**

1201 **(0.6 $\leq$ PTI score < 0.8).**

1202

1203 **Supplementary Table 4. Functional annotation of human NR transcripts with high**

1204 **protein-coding potential and without putative domain structure(s).**

1205

1206 **Supplementary Table 5. Functional annotation of human NR transcripts with high**

1207 **protein-coding potential and with putative protein domain structure(s).**

1208

1209 **Supplementary Table 6. Mouse NR transcripts with high protein-coding potential**

1210 **(0.6 $\leq$ PTI score < 0.8).**

1211

1212 **Supplementary Table 7. Functional annotation of mouse NR transcripts with high**

1213 **protein-coding potential and without putative protein domain structure(s).**

1214

1215 **Supplementary Table 8. Functional annotation of mouse NR transcripts with high**

1216 **protein-coding potential and with putative domain structure(s).**

1217

1218 **Supplementary Table 9. NR transcripts with high protein-coding potential ($0.6 \leq$**

1219 **PTI score < 0.8) from *C. elegans*.**

1220

1221 **Supplementary Table 10. Functional annotation of NR transcripts with high**

1222 **protein-coding potential and without putative domain structure(s) from *C. elegans*.**

1223

1224 **Supplementary Table 11. Functional annotation of NR transcripts with high**

1225 **protein-coding potential and with putative domain structure(s) from *C. elegans*.**

1226

1227 **Supplementary Table 12. Twenty-three human noncoding transcripts showing**

1228 **both negative selection ($Ka/Ks < 0.5$) and high PTI scores.**

1229

1230 **Supplementary Table 13. Organisms shown in Figure 6 with official names,**

1231 **taxonomy IDs, lineage information, and numbers of coding or noncoding**

1232 **transcripts, O_{pti}, and O_{cov}. The effective population sizes (Ne) and mutation rates**

1233 **(Up) were estimated by Lynch et al. (2016).**

1234

1235 **Supplementary Table 14. Positive-sense, single-stranded human viruses with**

1236 **official names, taxonomy IDs, lineage information, genome lengths, and sequences.**

1237

1238   **Supplementary Table 15. Positive-sense, single-stranded bacteriophages with**

1239   **official names, taxonomy IDs, lineage information, source information, genome**

1240   **lengths, and sequences.**

Figure 1

A

B

C

Figure 3

Figure 4

Figure 5

Figure 6

Figure 7

Species	Shape	Formula of approximate function	O_{pti}
S. pombe	L	$y = 1.845x - 0.225$ $R^2 = 0.925$	$O_{pti} = 0.232$
D. rerio	L	$y = 1.524x - 0.149$ $R^2 = 0.963$	$O_{pti} = 0.579$
A. carolinensis	C	$y = 0.564x + 0.268$ $R^2 = 0.834$	$O_{pti} = 0.798$
G. gallus	L	$y = 1.750x - 0.169$ $R^2 = 0.966$	$O_{pti} = 0.296$
M. domestica	L	$y = 1.424x - 0.144$ $R^2 = 0.885$	$O_{pti} = 0.427$
F. catus	L	$y = 1.437x - 0.171$ $R^2 = 0.888$	$O_{pti} = 0.401$
C. lupus	L	$y = 1.492x - 0.204$ $R^2 = 0.887$	$O_{pti} = 0.380$
U. americanus	L*	$y = 1.383x - 0.238$ $R^2 = 0.905$	$O_{pti} = 0.507$
E. caballus	L	$y = 1.475x - 0.202$ $R^2 = 0.890$	$O_{pti} = 0.366$
E. asinus	L	$y = 1.237x - 0.202$ $R^2 = 0.784$	$O_{pti} = 0.418$
B. taurus	L	$y = 1.321x - 0.105$ $R^2 = 0.910$	$O_{pti} = 0.490$
O. aries	L	$y = 1.232x - 0.080$ $R^2 = 0.933$	$O_{pti} = 0.475$
S. scrofa	L	$y = 1.537x + 0.015$ $R^2 = 0.954$	$O_{pti} = 0.391$
O. cuniculus	L	$y = 1.329x - 0.154$ $R^2 = 0.911$	$O_{pti} = 0.479$
C. lanigera	L	$y = 0.949x + 0.071$ $R^2 = 0.975$	$O_{pti} = 0.695$
R. norvegicus	L	$y = 0.965x + 0.053$ $R^2 = 0.967$	$O_{pti} = 0.682$
M. musculus	L	$y = 1.143x + 0.067$ $R^2 = 0.982$	$O_{pti} = 0.621$
C. canadensis	L*	$y = 1.247x - 0.1475$ $R^2 = 0.929$	$O_{pti} = 0.590$
C. jacchus	L	$y = 1.244x - 0.1365$ $R^2 = 0.798$	$O_{pti} = 0.628$
S. boliviensis	C	$y = 0.508x + 0.224$ $R^2 = 0.548$	$O_{pti} = 0.715$
P. anubis	L	$y = 1.044x - 0.121$ $R^2 = 0.720$	$O_{pti} = 0.438$
M. mulatta	L	$y = 1.463x - 0.062$ $R^2 = 0.990$	$O_{pti} = 0.450$
G. gorilla	C*	$y = 0.038x + 0.434$ $R^2 = 0.0034$	$O_{pti} = 0.708$
P. troglodytes	L	$y = 1.134x - 0.057$ $R^2 = 0.939$	$O_{pti} = 0.551$
P. paniscus	L	$y = 1.163x - 0.080$ $R^2 = 0.921$	$O_{pti} = 0.527$
H. sapiens	L	$y = 1.301x + 0.0072$ $R^2 = 0.984$	$O_{pti} = 0.579$
O. anatinus	C	$y = -0.0798x + 0.527$ $R^2 = 0.048$	$O_{pti} = 0.888$
A. aegypti	L	$y = 1.540x - 0.186$ $R^2 = 0.928$	$O_{pti} = 0.441$
D. melanogaster	L	$y = 1.516x - 0.182$ $R^2 = 0.920$	$O_{pti} = 0.434$
C. elegans	L	$y = 1.318x - 0.168$ $R^2 = 0.910$	$O_{pti} = 0.568$
Z. mays	C	$y = 0.482x + 0.332$ $R^2 = 0.434$	$O_{pti} = 0.738$
A. thaliana	L	$y = 1.498x - 0.195$ $R^2 = 0.929$	$O_{pti} = 0.387$

Periods: J K Pg Neogene

1496 1000 100 10 1 0

$F(x)$

PTI score

Shape and formula of approximate function

Figure 8

Figure 9