# A gene drive does not spread easily in populations of the honey bee parasite *Varroa destructor*

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Varroa mites (Varroa destructor) are the most significant threat to beekeeping worldwide. They are directly or indirectly re-2 sponsible for millions of colony losses each year. Beekeepers 3 are somewhat able to control Varroa populations through the 4 use of physical and chemical treatments. However, these meth-5 ods range in effectiveness, can harm honey bees, can be phys-6 ically demanding on the beekeeper, and do not always provide 7 complete protection from Varroa. More importantly, in some 8 populations Varroa mites have developed resistance to available q acaricides. Overcoming the Varroa mite problem will require 10 novel and targeted treatment options. Here, we explore the po-11 tential of gene drive technology to control Varroa. We show 12 that spreading a neutral gene drive in Varroa is possible but re-13 quires specific colony-level management practices to overcome 14 the challenges of both inbreeding and haplodiploidy. Further-15 more, continued treatment with acaricides is necessary to give a 16 gene drive time to fix in the Varroa population. Unfortunately, a 17 gene drive that impacts female or male fertility does not spread 18 in Varroa. Therefore, we suggest that the most promising way 19 forward is to use a gene drive which carries a toxin precursor or 20 removes acaricide resistance alleles. 21

Varroa destructor | Gene drive | Genetic population control | Modelling
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### 24 Introduction

When the Varroa mite (Varroa destructor) jumped from its 25 original host the Eastern honey bee (Apis cerana) to the West-26 ern honey bee (Apis mellifera), it spread rapidly around the 27 globe and caused catastrophic losses of commercial and feral 28 honey bee colonies (1-4). To this day, Varroa mites remain 29 the most highly-reported cause of colony loss for commercial 30 beekeepers and hobbyists (1, 5-7). There are treatment op-31 tions available to beekeepers that allow them to control Var-32 roa. Unfortunately, currently available treatments do not pro-33 vide complete protection from Varroa and they often harm 34 honey bees or are physically demanding for the beekeeper. 35 For example, acaricides are among the most effective treat-36 ments available and can kill between 49-82% of the Varroa 37 within a colony (8-10). Despite their effectiveness, some 38 acaricides also affect honey bees; they reduce honey bee fer-39 tility (11), foraging, and immune responses against bacte-40 rial infections (12). More concerning still, in some popu-41 lations Varroa mites have developed resistance to acaricides 42

(13-16). Beyond chemical treatments, beekeepers can use 43 physical means of Varroa control such as drone brood re-44 moval, which gives Varroa mites limited opportunities to re-45 produce. However, physical methods can require significant 46 labour and thus may not be feasible on a large scale (17, 18). 47 The unfortunate fact of Varroa mite control is that it relies 48 on blunt chemical treatment methods that can harm bees and 49 may not be effective long-term because of evolved resistance. 50 This echoes similar treatment methods available to other pest 51 species around the globe like malarial-vectoring mosquitoes 52 and crop pests like spider mites (19-22). 53

Genetic population controls, like those that can be im-54 plemented through the use of a gene drive (23), could be a 55 more successful and more sustainable means to control Var-56 roa mites and other invertebrate pests than currently-available 57 chemical and physical methods (24). Gene drives are self-58 ish genetic elements that can be engineered to promote the 59 inheritance of desired alleles at rates much greater than con-60 ventional Mendelian inheritance (25). When a gene drive al-61 lele is introduced into a population, it spreads through the 62 mating of gene drive carrying individuals with wild-type in-63 dividuals (24). A CRISPR-based gene drive element encodes 64 the two components of CRISPR (a Cas nuclease and guide 65 RNA) and can contain a gene of interest one wishes to propa-66 gate (26, 27), or it can be targeted to a gene one wants to dis-67 rupt (28-30). In the germline of gene drive carriers, the Cas 68 nuclease and guide RNA are expressed to generate a double-69 stranded DNA break on the opposing wild-type chromosome 70 at the gene drive locus. This DNA break is repaired through 71 homology-directed repair, using the gene drive harbouring 72 chromosome as the repair template, and thus the gene drive 73 element is copied to the second chromosome (24). The con-74 version rates for gene drives in insects can be as high as 100% 75 (26, 31–33). This process occurs again in the offspring gen-76 eration and will do so in all subsequent generations, resulting 77 in the gene drive spreading through the target population. A 78 gene drive can be designed to reduce the fitness of individual 79 homozygous carriers with the aim to reduce population size 80 or even achieve extirpation (23, 34). 81

The introduction of CRISPR-Cas9 gene drives as a management tool for Varroa numbers could greatly impact our ability to control them, and technology is progressing to

a stage where we could test this strategy. The necessary 85 biochemical and biological research is currently coming to-86 gether: in vitro-rearing techniques for Varroa are being re-87 fined (35, 36), there is a high-quality reference genome (37), 88 and there is a growing list of genes essential to mite survival 89 (38). CRISPR-Cas9-mediated mutagenesis has not yet been 90 published for Varroa mites but recent work on spider mites 91 demonstrates that this may soon be possible (39). However, 92 we do not yet know if a gene drive can spread in a Varroa pop-93 ulation. Prior to any gene drive system being implemented, 94 it is essential to develop a species-specific genetic and demo-95 graphic model to predict the effectiveness of a drive spread-96 ing successfully (29, 30, 34, 40-44). This is especially im-97 portant in non-model species where mating biology and sex-98 determination systems can limit the spread of gene drives. In 99 the case of Varroa mites, they can both outbreed and inbreed, 100 and the proportion of each breeding strategy varies through-101 out the season based on brood cell availability (44, 45). In-102 breeding, along with haplodiploidy (46) in Varroa reduce the 103 likelihood of a gene drive spreading effectively. 104

<sup>105</sup> We present a modelling study to investigate the effective-

ness of a gene drive given the unique life history of Varroa. 106 We estimate the spreading efficiency of a gene drive in a sin-107 gle honey bee colony and identify management techniques 108 beekeepers may have to implement to successfully spread a 109 gene drive in their colonies. We show that spreading a neutral 110 gene drive in Varroa is challenging because of the high rate of 111 inbreeding and their exponential growth rate that can quickly 112 overwhelm a honey bee colony. Some management strate-113 gies, including the use of acaricides, may help spread gene 114 drive alleles. Unfortunately, we could devise no scenario to 115 spread gene drives that impact fitness traits like male or fe-116 male fertility. Therefore, we suggest that the most promising 117 way forward is to use a gene drive which carries a toxin pre-118 cursor or removes acaricide resistance alleles. 119

# Results

A. Development of a genetic population model of *Varroa destructor*. We first created a realistic, stochastic, population model of *Varroa destructor* that includes genetic inheritance. For an overview and description of the model and life

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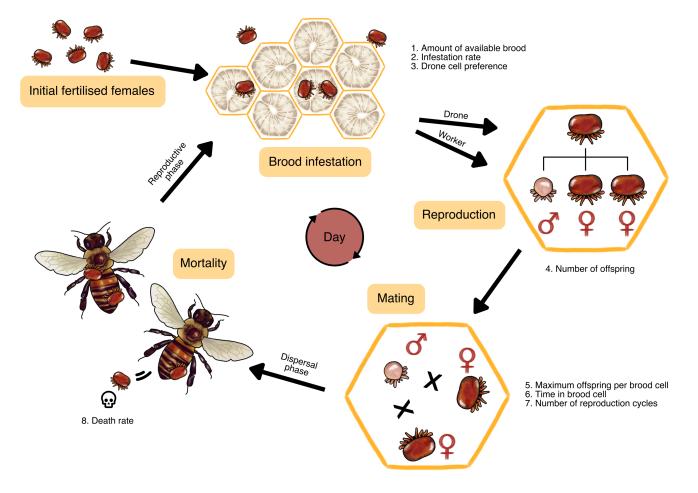


Figure 1. An overview of our Varroa demographic model. For full details, see the Methods section. First, we initialise a certain number of fertilised females. Then, we use a backbone model of an average honey bee colony in a temperate climate where a certain amount of new brood cells become available for Varroa infestation every day. The Varroa infest these cells at a certain rate depending on the number of brood cells and adult bees. Varroa prefer drone cells over worker cells, because those are capped for 2 days longer (14 instead of 12 days), which enables more Varroa offspring to mature. Once in the cell, the fertilised females lay 1 male offspring followed by a varying number of female offspring. Once the females mature, they mate with the male. We assign each female a certain number of reproduction cycles, so one Varroa female can infest brood cells multiple times throughout her life. Then, the fully grown bee emerges from the cell with the Varroa attached to them, which is the start of the Varroa's dispersal phase. At this stage we model a certain mortality rate which accounts for all ways in which a Varroa could have died during its life cycle.

C With high introduction frequencies, a gene drive approaches fixation

history parameters, see Figure 1 and Methods. Our model has 125 a population trajectory that is similar both in shape and am-126 plitude to previous modeling (47-49) and empirical studies 127 (50) (Figure 2A). The model begins on day 1 of the calen-128 dar year, a period of low or no growth for temperate popula-129 tions. The population steadily declines due to daily mortal-130 ity. By the summer, the Varroa population grows exponen-131 tially. The starting population of Varroa greatly influences 132 the speed with which Varroa reach threshold levels within 133 a colony. With 100, 10, or 1 initial Varroa, it respectively 134 takes one, two, or three years longer for the population to 135 reach the threshold of 10,000 individuals where we stop our 136 model. The level of Varroa infestation at which beekeepers 137 will typically treat colonies is reached a year earlier. With 1 138 initial Varroa, this single Varroa often dies in the winter and 139 therefore, the population grows in only a small number of 140 replicates. Importantly, we observe more variability in mod-141 els that begin with fewer Varroa. This variability is caused by 142 the timing of reproduction of few Varroa, where small initial 143 differences will grow bigger with the exponential growth. 144

We were also able to quantify the seasonal fluctuations in 145 inbreeding in our modelled population (Figure 2B). We es-146 timated the mean homozygosity at 1000 bi-allelic loci (with 147 an initial average allele frequency of 0.5) across a single re-148 combining chromosome. We began each model with a mean 149 homozygosity at the beginning of the year of 0.95 in line with 150 previous estimates for Varroa (51). We found that homozy-151 gosity remains high throughout most of the beekeeping sea-152 son but there are pronounced drops in homozygosity during 153 the end of a typical year. This represents a period of time 154 when honey bee colonies are reducing brood production and 155 Varroa populations are typically high. This combination in-156 creases the amount of mated Varroa sharing cells, increases 157 the chance of their offspring outbreeding, and thus reducing 158 homozygosity. Overall, our model is qualitatively similar to 159 160 expectations for a typical Varroa population in a managed honey bee colony living in a temperate climate. 161

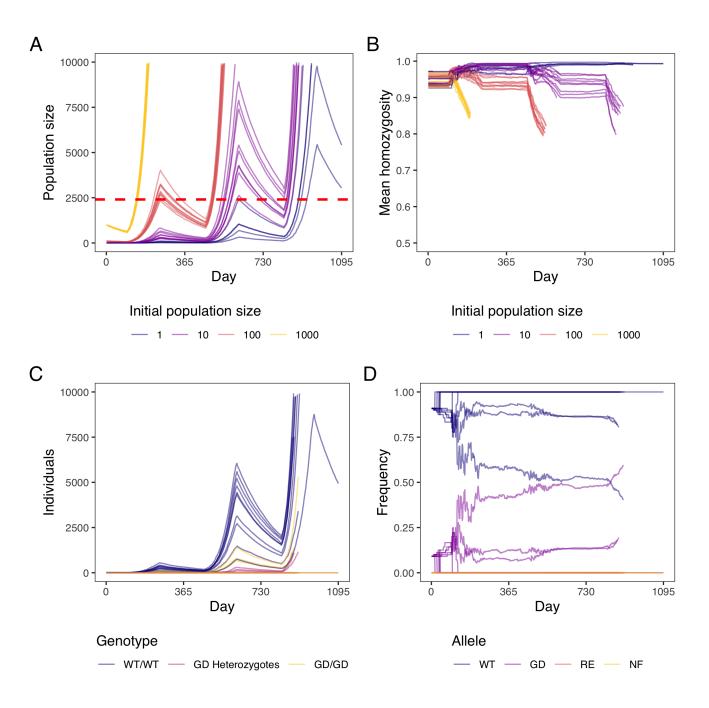
B. Inbreeding hinders gene drive spread and a fit-162 ness-affecting gene drive cannot spread. We model the 163 release of 1 homozygous gene drive carrying Varroa into a 164 population of 10 wild-type Varroa (gene drive frequency of 165 0.09), which is relatively high for a non-threshold dependent 166 gene drive (42, 52). We then track the genotypes and allele 167 frequencies of individual Varroa in a single honey bee colony 168 (Figure 2C, D). As can be seen in both plots, the wild-type al-169 lele and wild-type genotypes remain the most prevalent even 170 if we allow the model to continue to a population size of 171 10,000 Varroa mites, greatly exceeding population sizes ob-172 served in typical colonies (53). Our model strongly suggests 173 that typical gene drive release frequencies may not be suffi-174 cient to spread a gene drive in Varroa. This is likely a result 175 of inbreeding, given that gene drive homozygotes are more 176 prevalent than gene drive heterozygotes over the course of 177 the simulation (Figure 2C). As well, gene drive alleles only 178 meaningfully increase in the last days of the model when Var-179 roa numbers are high and cell sharing increases. The dy-180 namics described above are consistent even when increasing 181

the initial population size and released gene drive individuals 182 (Figure S1). We found that our model is not sensitive to pa-183 rameters influencing the spread of gene drive alleles (Figure 184 S2). In the context of population control, the goal of a gene 185 drive is to reduce population sizes by spreading alleles that 186 reduce fitness. We could not conceive a model that success-187 fully spread a male- or female-specific fitness-reducing drive 188 (Figure S3). 189

C. With high introduction frequencies, a gene drive 190 approaches fixation. When Varroa numbers are still low at 191 the start of the year, it is possible to introduce a larger amount 192 of gene drive Varroa to immediately obtain a high gene drive 193 allele frequency. More importantly, this higher gene drive 194 allele frequency could ensure that whenever outbreeding oc-195 curs, a gene drive Varroa is likely involved. Therefore, we 196 modelled a population of 10 wild-type Varroa with either 197 1, 10, or 50 added homozygous gene drive Varroa. These 198 amounts respectively give initial gene drive frequencies of 199 0.09, 0.50, and 0.83. We find that the gene drive allele in-200 creases most rapidly at an initial release frequency of 0.5, 201 because an outbreeding event is most likely between a gene 202 drive Varroa and a wild-type Varroa, rather than between two 203 wild-types or between two gene drives (see Figure 3 and Fig-204 ure S4). Naturally, a high initial gene drive frequency re-205 sults in the highest gene drive allele frequency in the end. 206 Therefore, a high initial release frequency might be bene-207 ficial to spread a gene drive through a Varroa population. 208 Unfortunately, we also see that with an initial amount of 50 209 gene drive Varroa, the population reaches 10,000 individuals 210 a year sooner than with 1 or 10 added Varroa (see Figure 3). 211

D. Brood breaks increase outbreeding, but do not 212 meaningfully increase the spread of a gene drive. 213 Above, we demonstrate that outbreeding can be impacted by 214 the initial release frequency of gene drive Varroa. Ultimately, 215 the amount of cell sharing, and thus outbreeding, depends on 216 three factors: the amount of Varroa, the amount of available 217 brood, and the amount of adult honey bees (54). Therefore, 218 decreasing the number of available honey bee brood cells 219 can increase outbreeding frequency. Cell availability typi-220 cally decreases naturally at the end of a beekeeping season 221 when honey bees reduce egg laying. Beekeepers can also ar-222 tificially change cell availability by preventing or restricting 223 queens from laying eggs, a period called a 'brood break' (17). 224

We tested two brood break strategies for their effective-225 ness at increasing outbreeding and the fixation rate of gene 226 drive alleles. For the first strategy we entirely stopped brood 227 production, forcing Varroa to stay in the dispersal phase (left-228 most column in Figure 4). After this brood break, Varroa 229 would more likely infest newly available brood with multi-230 ple Varroa per cell. For the second strategy, we provided a 231 steady but lowered amount of brood throughout the brood 232 break (middle three columns in Figure 4). We also modelled 233 no brood break intervention as a control (right-most column 234 in Figure 4). For each of these strategies, we modelled three 235 different brood break starting days: 110 (early season, when 236 brood production is just starting), 160 (middle season, when 237



**Figure 2.** Model of Varroa and gene drive spread. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000. **A**) Population size over three years with different initial population sizes. The dashed red line indicates a Varroa prevalence of 5% in summer (5 Varroa per 100 adult bees), which is used by beekeepers as a "danger threshold" where treatment is necessary for bee colony health. **B**) Mean homozygosity over three years with different initial population sizes. We model a single chromosome with 1000 bi-allelic loci, each with initial average frequency of 0.5. We initiate individuals at 95% homozygosity because Varroa have very high inbreeding coefficients of 0.9. **C**) Numbers of individuals with three genotypes over three years: WT = wild-type and GD = gene drive. The initial population size was 10 wild-type Varroa. **D**) Frequencies of gene drive alleles over three years: WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional. The initial population size was 10 wild-type Varroa with 1 added homozygous gene drive Varroa, giving an initial gene drive of 0.09.

E Acaricide treatment may facilitate gene drive fixation

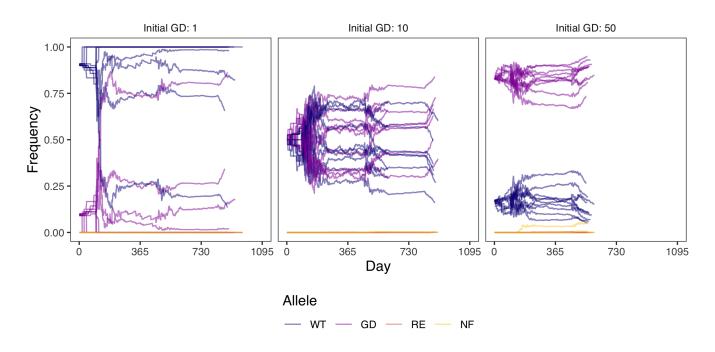


Figure 3. Allele frequencies over three years with different gene drive introductions. The initial population size is 10 wild-type Varroa with 1, 10 or 50 added homozygous gene drive Varroa, giving respective initial gene drive frequencies of 0.09, 0.50, and 0.83. WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.

brood production is at its maximum), and 210 (late season, 238 just before brood production stops). Both strategies increased 239 the amount of cell sharing (see Figure S6). However, only 240 the strategy where a beekeeper adds in a specific proportion 241 of brood during the break increased the the frequency of het-242 erozygous gene drive Varroa in a colony relative to the con-243 trol without brood break (see Figure 4). A brood break with 244 a beekeeper allowing between 0.01 - 0.1 of available cells 245 to be used for brood was the most effective. In practice, this equates to approximately one full frame in a ten-frame 247 Langstoth colony. These results suggest that with some fine-248 tuning, outbreeding can be increased by the beekeeper and 249 therefore increasing the likelihood of fixing a gene drive. 250

Gene drive allele frequency should increase after het-251 erozygotes produce offspring, as gene drive homing will oc-252 cur in these individuals. Thus, during a brood break, we 253 first expect an increase in heterozygotes as outbreeding oc-254 curs, followed by an increase in gene drive allele frequency 255 as these heterozygotes reproduce. However, we show in Fig-256 ure S7 that there is only a modest increase in gene drive allele 257 frequency after the brood break compared to no brood break. 258 This is likely because of the low frequency of heterozygotes, 259 which is lower than 0.2 as can be seen in Figure 4. In this 260 model, we added the same amount of gene drive Varroa as 261 there are wild-type Varroa, so the allele frequencies are both 262 0.5. As we showed in Figure 3, this ratio leads to the most 263 rapid increase in gene drive allele frequency. Indeed, in Fig-264 ure S8 where we model a larger gene drive introduction fre-265 quency, the frequency of gene drive heterozygotes is even 266 lower. Despite the high introduction frequency and brood 267 breaks, the gene drive is still not able to fix in the population 268 (see Figure S9). These results show that brood breaks are 269

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unlikely to have a large effect on the spread of a gene drive. 270

E. Acaricide treatment may facilitate gene drive fixa-271 tion. None of the scenarios we ran were able to fix a gene 272 drive before Varroa reached threshold levels within a honey 273 bee colony. To that end, we incorporated an acaricide treat-274 ment into the model that would be activated anytime a colony 275 reached threshold Varroa levels (Figure 5). We found that 276 effective acaricide treatments provide additional time for a 277 gene drive to reach fixation. However, acaricide treatments 278 significantly increase the variability between the model rep-279 etitions, which does not disappear when starting the model 280 with a higher number of initial Varroa (Figure S10). This 281 means that the observed variability is due to the fact that, by 282 chance, we could be removing more gene drive Varroa than 283 wild-types. Therefore, gene drive fixation is not reached very 284 fast and not in all populations. 285

The best acaricide strategy for gene drive fixation was 286 with 80% acaricide effectivity. With this effectivity Var-287 roa populations reach the treatment threshold multiple times 288 within a single year and multiple acaricide treatments are 289 necessary. These repeated relatively ineffective treatments 290 are less prone to variability but probably not desirable in 291 practice. We show that introducing more gene drive carriers 292 after acaricide treatment facilitates faster gene drive fixation 293 and less variability (see Figure S11). At this point gene drive 294 fixation is probably due to population replacement rather than 295 gene drive spread. 296

# Discussion

The greatest threat to managed honey bee colonies, globally, <sup>298</sup> is the Varroa mite (1, 5–7). With the ever-advancing toolkit <sup>299</sup>

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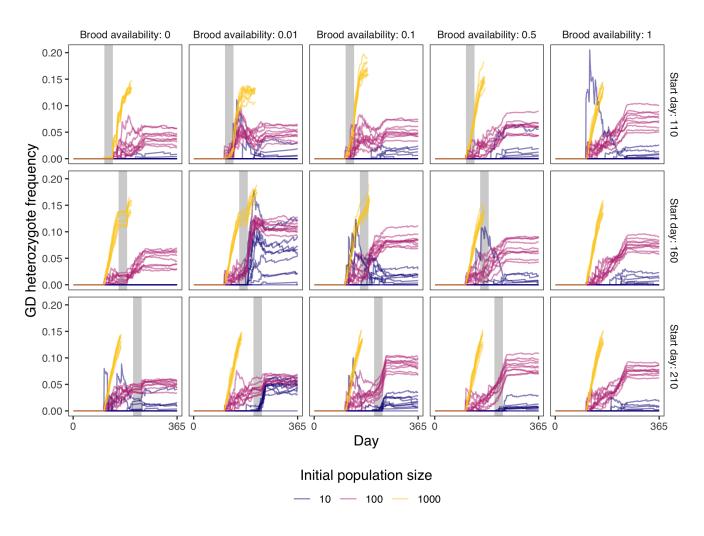


Figure 4. Gene drive (GD) heterozygote frequency over time for different initial population sizes, given different amounts of brood cell availability (as a fraction of the normal amount) and different brood break starting days. The grey bars indicate the brood break. The initial population sizes were 10, 100, or 1000 wild-type Varroa with the same number of gene drive Varroa on top of that, giving an initial gene drive frequency of 0.5. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.

available to study functional genomics in Varroa (37, 55, 56), 300 we suggest that the prospect of genetic control is not far from 301 a reality. We set out to test the feasibility of such a system, in 302 the form of a gene drive, in a modelling study of a population 303 of Varroa within a single honey bee colony. We demonstrate 304 that a neutral gene drive could spread in a Varroa population 305 in a honey bee colony and open the door to future analysis 306 in exploring how to spread gene drives in non-model species 307 with particularly challenging biology. 308

A gene drive could work in Varroa but it is slow and 309 requires management inputs. Our stochastic model tracked 310 the growth of Varroa mite populations each day over several 311 years in a typical temperate honey bee colony. Varroa liv-312 ing in colonies in non-temperate climates will likely need ad-313 ditional modelling given the very different demography that 314 honey bees have in these areas (57). We focused on temper-315 ate colonies, specifically, because they represent most man-316 aged colonies in the United States (5) and because temper-317 ate climates provide an opportunity for increased outbreeding 318 in Varroa. Varroa populations tend to be highest in the fall 319 (47, 58, 59). During this time, honey bee colonies decrease 320

brood production to prepare for the winter. As we observe and others have empirically demonstrated, Varroa mites increase outbreeding rates in the fall because of reduced brood cell availability (51). Outbreeding is critical to the establishment of a Varroa gene drive and indeed to any gene drive (45).

We could not conceive a model that would successfully 327 spread a lethal gene drive in Varroa. The most promis-328 ing way forward may be to design neutral drives with 329 environmentally-induced fitness effects (such as the spread-330 ing a toxin precursor), drives which remove acaricide resis-331 tance alleles, or drives that target genes involved in Varroa-332 viral interactions. Each of these requires a deeper under-333 standing of Varroa functional genomics but may be fruitful 334 for future investigations. Spreading drives that confer Varroa 335 with genetic resistance against viruses is a particularly inter-336 esting prospect. The threat that Varroa mites pose to honey 337 bees is exacerbated by the viruses they introduce into their 338 hosts (60-62). 339

There are several challenges to establishing a gene drive <sup>340</sup> in Varroa that need to be overcome. Natural outbreeding <sup>341</sup>

E Acaricide treatment may facilitate gene drive fixation

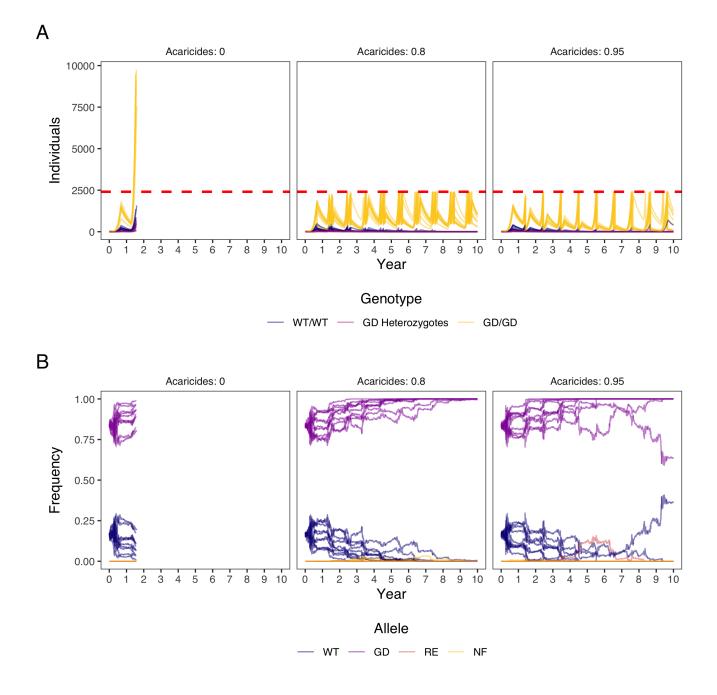


Figure 5. The spread of a gene drive while the Varroa population is suppressed with acaricides whenever the Varroa prevalence surpasses the danger threshold of 5% in summer (5 Varroa per 100 adult bees). The initial population size was 10 wild-type Varroa with 50 homozygous gene drive Varroa, giving an initial gene drive frequency of 0.83. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000. A) Frequencies of gene drive genotypes over time, given different intensities of acaricide treatment when the population surpasses the danger threshold. WT = wild-type, GD = gene drive, B) Frequencies of gene drive alleles over time, given different intensities of acaricide treatment when the population surpasses the danger threshold. WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional.

alone was not enough to reliably increase the frequency of 342 gene drive. We attempted to overcome this challenge by 343 incorporating beekeeper management in the form of brood 344 breaks and acaricide treatments. Both influenced the rate of 345 outbreeding and the likelihood of gene drive fixation. Im-346 portantly, both of these management practices are used by 347 beekeepers and their incorporation into future gene drive ef-348 forts would not be an additional burden. The need for bee-349 keeper management also suggests that a drive has a limited 350 ability to spread beyond the apiary. All gene drive mod-351 els we attempted faced the additional challenge of concomi-352 tantly minimizing population growth. When Varroa popula-353 tions exceed economic thresholds, honey bee colonies pro-354 duce less honey and have a higher probability of collapsing 355 (63, 64). Here, we took a very generous threshold of 5 Var-356 roa/100 bees across the year and ran simulations until Varroa 357 reached 10,000 mites in a single colony — a level that would 358 almost never be observed in a managed colony. Furthermore, 359 because Varroa populations grow exponentially, a honey bee 360 colony can only go without Varroa control for a few years 361 at most, depending on the initial infestation level. Control-362 ling Varroa growth with acaricides was an effective means 363 to improve the spread of neutral gene drives by providing 364 more time for the gene drives to fix before the honey bee 365 colony reached 10,000 Varroa. However, this method in it-366 self is troubling because it does not remove the risk of Varroa 367 populations evolving acaricide resistance nor does it remove 368 the risk that some acaricides pose to honey bees. We feel 369 that the addition of management scenarios in our models and 370 others (30) is particularly important for the gene drive litera-371 ture and a feature that could be overlooked. Incorporating the 372 typical management practices into models and understanding 373 how they impact gene drive dynamics may be an important 374 addition to future work. 375

In summary, our models provide an early look at how 376 gene drives may act in the Varroa system. They are by 377 no means comprehensive. Varroa occupy a huge range and 378 experience different colony and apiary environments across 379 it. Location- or management-specific models may reveal 380 that gene drives spread more or less successfully. The genetic 381 background of a honey bee colony and a colony's response to 382 increasing Varroa loads were also not modelled. Both could 383 impact the spread of a gene drive. The population dynam-384 ics for Varroa in Varroa-tolerant or resistant colonies is likely 385 different and could impact the spread of a gene drive, per-386 haps acting like acaricide treatments and providing a longer 387 time for gene drives to spread. Any colony-level responses 388 to increased levels of Varroa parasitism could increase or de-389 crease the likelihood of a drive spreading. We also did not ex-390 plore dynamics outside of a single honey bee colony and did 391 not explore the risks of modified Varroa establishing in non-392 target colonies. Varroa mites are as highly mobile as honey 393 bees and more modelling is necessary to understand the roles 394 of drifting, foraging, robbing, and management in spreading 395 gene drives outside of target colonies (65-68). We suggest, 396 given the difficulty we found in spreading drives in a single 397 colony, that the above factors may be unlikely to establish 398

drives in non-target colonies. Even if they could establish outside of target colonies, the spread of gene drive Varroa may not be viewed as a major threat, at least in North America. This may not be the case in other parts of its introduced range. In its native range, *Varroa destructor* can be found in low frequency in *Apis cerana* colonies where we have little information about its native ecology.

To our knowledge, genetic modification has not been per-406 formed in Varroa mites and in vitro rearing methods are, so 407 far, unable to maintain a breeding population of Varroa (55). 408 Mutagenesis in chelicerates has recently been accomplished 400 (39) but transgenesis has yet to be achieved. Gene drives may 410 be many years off for Varroa. With more expertise develop-411 ing in the fields of transgenesis and mutagenesis in arthro-412 pods, it is likely that we will see experiments in the Varroa 413 system and we hope that our work can help develop ideas 414 about genetic control of this invasive pest species. In the 415 short-term, currently-available treatment methods (63) and 416 perhaps newer methods (38, 69) remain the best methods to 417 control Varroa. 418

# Methods

Within R 4.0.5 (70), we used the package AlphaSimR as a 420 framework for our modelling (71). AlphaSimR is designed 421 to model the genetics of plant and animal breeding schemes, 422 but lends itself well to general population genetics modelling 423 too. We have created an individual-based, stochastic, day-424 by-day model of Varroa destructor (hereafter simply named 425 Varroa), which consist of three aspects: a static honey bee 426 colony as backbone, a stochastic model of Varroa and its life 427 history, and the implementation of a gene drive. Everyday in 428 the model, we track parameters such as the size of the Varroa 429 population, the levels of inbreeding, and the allele frequen-430 cies at the gene drive locus, among others. 431

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**A.** Honey bee colony simulation. Varroa is a parasite and 432 depends on its host, Apis mellifera, for reproduction. There-433 fore, to realistically model a population of Varroa, we must 434 also model a honey bee colony. We chose to use a static 435 model for the honey bee colony, as we are primarily inter-436 ested in the Varroa population and not the interaction between 437 parasite and host. We used a honey bee colony model from 438 Calis et al. (1999) (48), who based their model on data from 439 Allen (1965) (72). This model is based on a colony of average 440 size in a Northern European climate and contains the amount 441 of adult honey bees, drone brood, and worker brood over 365 442 days. At the end of the year, bee and brood numbers are the 443 same as at the start of the year. Therefore, we can model mul-444 tiple years by replicating this honey bee model several times 445 back to back. We assumed that a honey bee colony would col-446 lapse when the Varroa population reaches 10,000 individuals, 447 at which point we stopped the model. We also implemented 448 an option to reduce brood amounts through colony manage-449 ment by the beekeeper to manage inbreeding in the Varroa 450 population (73). For a variable amount of days, we reduce 451 the brood by a variable percentage of its original amount on 452 those days. In our fixed honey bee colony model, we only 453

change the amount of drone and worker brood and leave theadult bee numbers the same.

**B. Varroa life history.** Our model consists of a number of
steps to accurately represent the complex life history of Varroa mites:

1. Initialising mated females. At the start of the model, 459 we initialise a certain number of mated Varroa females. 460 Then, every time when female Varroa offspring is cre-461 ated, we assign each Varroa a certain number of repro-462 duction cycles it will go through in its life. Current 463 estimates of how many reproduction cycles are com-464 pleted on average range between 2 to 3 (74, 75). There-465 fore, we assign each female a number between 1 and 4 randomly, which gives an average of 2.5 reproduction 467 cycles. 468

4692. Brood infestation. The first step in Varroa reproduc-<br/>tion is the infestation of a honey bee brood cell. For<br/>the rate of brood entering, we use a model by Boot et<br/>al. (1994) (54), who tested several models to predict<br/>this rate. On every day of our model, we calculate the<br/>number of infestations  $(N_i)$  as:

$$N_i = 1 + e^{-(-2.87 + 0.00385 * \frac{N_b}{N_a} * 10000)^{-1}},$$
 (1)

which is dependent on the ratio between available 475 brood  $(N_b)$  and the number of adult bees  $(N_a)$  (54). 476 The biological reasoning behind this model is that Var-477 roas are phoretic on adults bees and when those bees 478 get close to available brood cells, the Varroa can in-479 fest (54). When this ratio is low, the probability that an 480 adult bee with a phoretic Varroa will pass by an avail-481 able brood cell is low, and vice versa. 482

Once we have determined the number of Varroa that in-483 fest, we assign them to the available drone and worker 484 cells. Varroa prefer drone cells over worker cells, be-485 cause those are capped for 2 days longer (14 instead of 486 12 days) (47), which enables more Varroa offspring to 487 mature. We model a drone cell preference by giving 488 drone cells an eight times higher probability of infes-489 tation (76). Therefore, by chance any drone or worker 490 cell could be infested by more than one Varroa, with 491 the probability of this happening being much higher in 492 drone cells. 493

3. Generating offspring. Varroa mites first produce a 494 single male offspring, followed by a varying number 495 of female offspring (1). More female offspring are able 496 to mature in drone brood than in worker brood because 497 of the longer capping period of those cells (77). There-498 fore, we use two separate distributions to determine the 499 number of female offspring per Varroa in the two types 500 of brood as described by Infantidis (1984) (59). These 501 distributions include Varroa that produce no offspring 502 as well. The averages of these distributions for female 503 offspring are 1.70 for drone cells and 0.71 for worker 504

cells (59). Excluding the non-productive Varroa, the averages of female offspring are 2.77 for drone cells and 1.33 for worker cells (59). 507

- 4. Mating between offspring. Varroa offspring mate in 508 the brood cell they are born in (78). Usually only one 509 Varroa infests a cell, which forces offspring to inbreed 510 by full-sibling mating. Occasionally however, espe-511 cially at the end of the season when Varroa numbers 512 are high, multiple Varroa infest a single cell, which al-513 lows for outbreeding (51). Mated females will gener-514 ate offspring the rest of their lives with the sperm they 515 save in their spermatheca (77). We model random mat-516 ing between males and females in a brood cell, where 517 females mate with a single male. 518
- 5. Emergence from brood. In every brood cell, there is 519 a limit to how many Varroa offspring can survive (79). 520 According to data from Martin (1995) (79), the max-521 imum live offspring per cell is 16 in drone cells and 522 8 in worker cells. Additionally, they show that there 523 is usually one male offspring for every mother mite, 524 so mostly female offspring will not survive in over-525 crowded brood. This is likely because of competition 526 at the feeding site (79). Therefore, we determine the fe-527 male offspring survival probability  $(P_s)$  per brood cell: 528

$$P_s = \begin{cases} 0 & f > max - m \\ 1 - \frac{max - m}{f} & f \le max - m \end{cases}, \quad (2)$$

where (m) is the number of male offspring, (f) the number of female offspring, and (max) the maximum number of offspring in that type of brood. 531

6. Mortality. In our model, we expect 0.5% of Varroa to die every day, which is the average between the summer and winter mortality used by Fries et al. (1994) (47). Additionally, we remove Varroa who have gone through their final reproduction cycle, after which they are assumed to die (74).

**C. Gene drive implementation.** Although AlphaSimR 538 was designed to model large numbers of loci for breeding and quantitative genetics, the framework is perfect for the single locus of a gene drive too. Each individual is modelled with a single gene drive locus on two chromosomes and inheritance is random. 543

We have implemented a gene drive which homes in the 544 germline and has four potential alleles: wild-type, gene drive, 545 resistance, and non-functional. Like Prowse et al. (2017) 546 (42), we model a probability of cutting  $(P_C)$  of 0.95, a 547 probability of non-homologous end joining  $(P_{NHEJ})$ , which 548 is variable, a probability that non-functional repair occurs 549  $(P_{NFR})$  of 0.67, which is the probability of a frame-shift 550 occuring. 551

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#### AUTHOR CONTRIBUTIONS

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G.G. and B.A.H. conceived the Varroa gene drive project. N.R.F. conducted
 the modelling with assistance from A.B.M. and G.G.. B.A.H. guided the Varroa life
 history aspects of the project, and G.R.M. and N.R.F. guided the gene drive aspects.
 N.R.F. and B.A.H. wrote the manuscript and all authors reviewed it.

#### DATA AVAILABILITY

Our model code and data can be found on the HighlanderLab GitHub: https://github.com/HighlanderLab/nfaber\_varroa\_gd.

#### COMPETING INTERESTS

The authors declare no competing interests.

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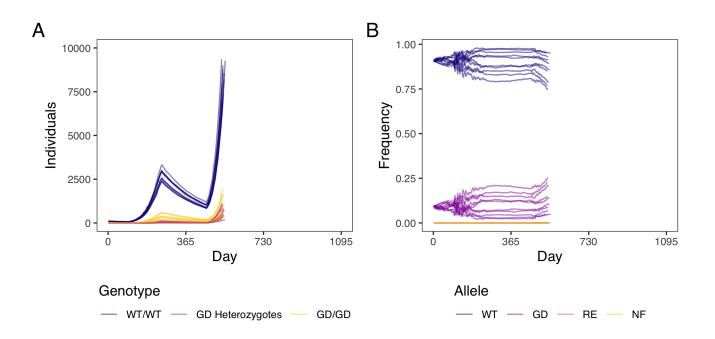
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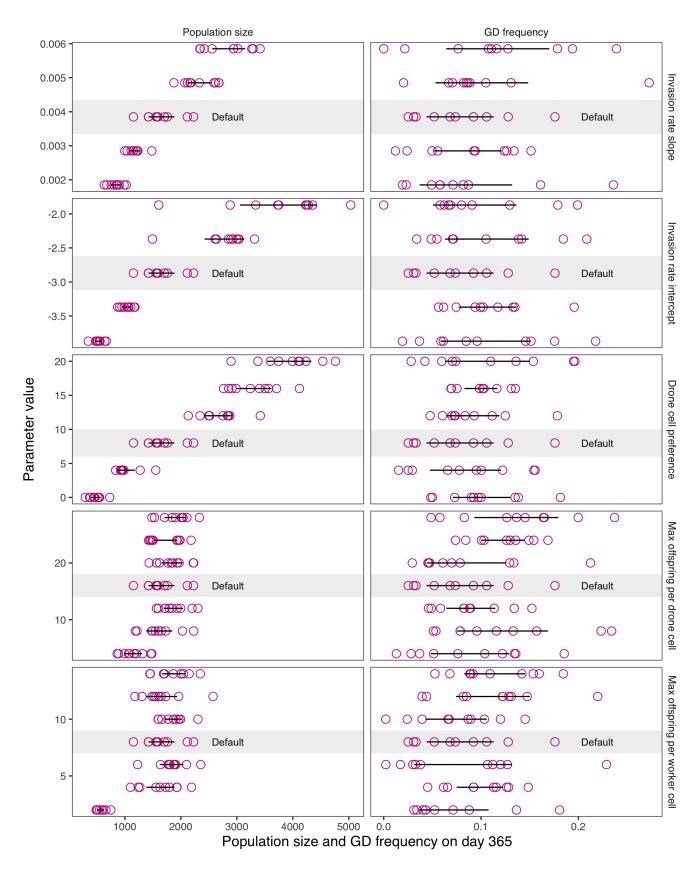
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# **Supplementary Material**

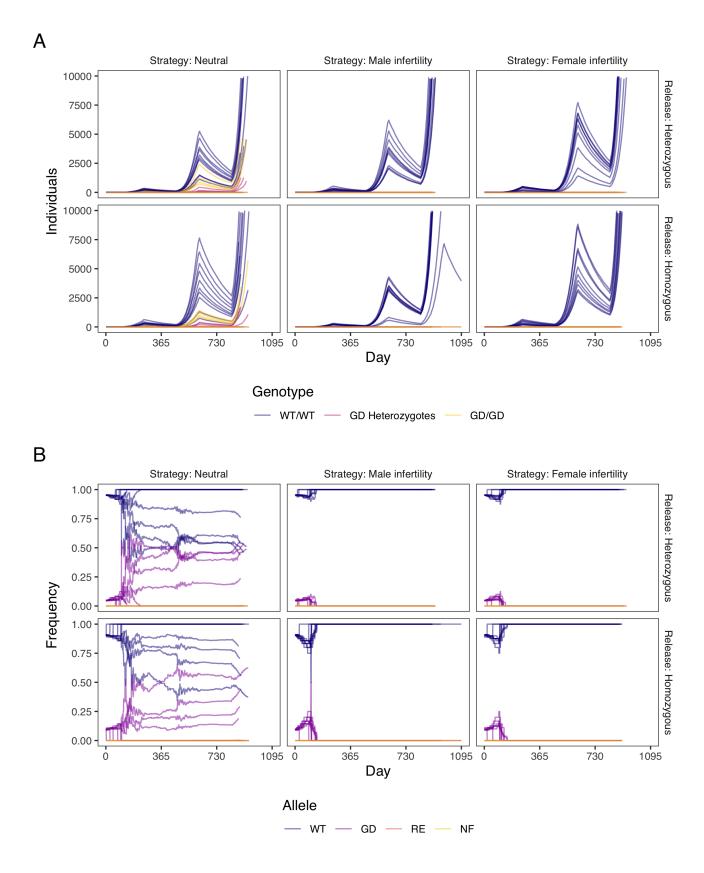


**Figure S1.** Model of Varroa and gene drive spread as in Figure 2C and D, but with a 10 times larger starting population: 100 wild-type Varroa instead of 10, and 10 gene drive Varroa instead of 1. The initial population size is 100 wild-type Varroa with 10 added homozygous gene drive Varroa, giving an initial gene drive frequency of 0.09. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000. **A)** Numbers of individuals with different genotypes. WT = wild-type and GD = gene drive. **B)** Frequencies of gene drive alleles. WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional.

C Gene drive implementation

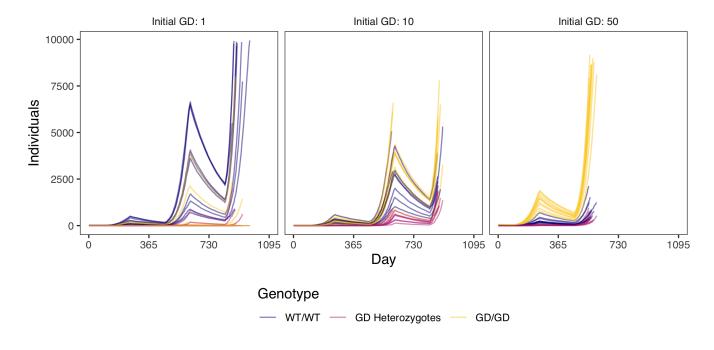


**Figure S2.** Sensitivity analysis of our Varroa model shown in Figure 2A and D. We run the model for a year with a range of parameters and on day 365, we measure both population size and gene drive (GD) frequency to see which parameter has an influence. The initial population size is 100 wild-type Varroa with 10 added homozygous gene drive Varroa, giving an initial gene drive frequency of 0.09. We vary five parameters independently: invasion rate slope (see Equation 1), invasion rate intercept (see Equation 1), drone cell preference, max offspring per drone cell (see Equation 2), and max offspring per worker cell (see Equation 2). Pink circles indicate each repetition's outcome, the black lines represent the 95% confidence interval around the mean, and the grey bar and text "Default" indicate the default parameters that are supported by literature and are used in Figure 2 and all other figures. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.

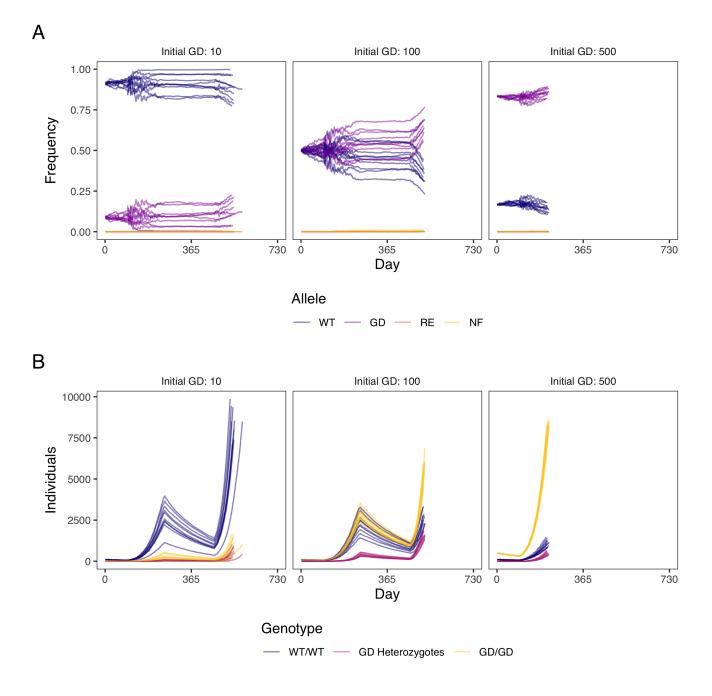


**Figure S3.** Model of Varroa and gene drive spread as in Figure 2C and D, but besides a neutral gene drive, we also model a gene drive which, when homozygous or hemizygous, causes male or female infertility. Besides the release of homozygous females as in Figure 2C and D, we also model the release of heterozygous gene drive Varroa females so the infertility does not immediately affect females. The initial population size is 10 wild-type Varroa with 1 added gene drive Varroa, giving an initial gene drive frequency of 0.09 for a homozygote release and 0.045 for a heterozygote release. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000. **A)** Numbers of individuals with different genotypes. WT = wild-type and GD = gene drive. **B)** Frequencies of gene drive alleles. WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional.

C Gene drive implementation



**Figure S4.** Numbers of individuals with three genotypes, corresponding to the allele frequencies in Figure 3 over three years with different gene drive introduction amounts. The initial population size is 10 wild-type Varroa with 1, 10 or 50 added homozygous gene drive Varroa, giving initial gene drive frequencies of 0.09, 0.50, and 0.83, respectively. WT = wild-type and GD = gene drive. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.



**Figure S5.** The same as Figure 3 and Figure S4, but with 10 times more initial Varroa. The initial population size is 100 wild-type Varroa with 10, 100 or 500 added homozygous gene drive Varroa, respectively giving initial gene drive frequencies of 0.09, 0.50, and 0.83. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000. **A**) Allele frequencies over three years with different gene drive introduction amounts. WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional. **B**) Numbers of individuals with three genotypes. WT = wild-type and GD = gene drive.

C Gene drive implementation

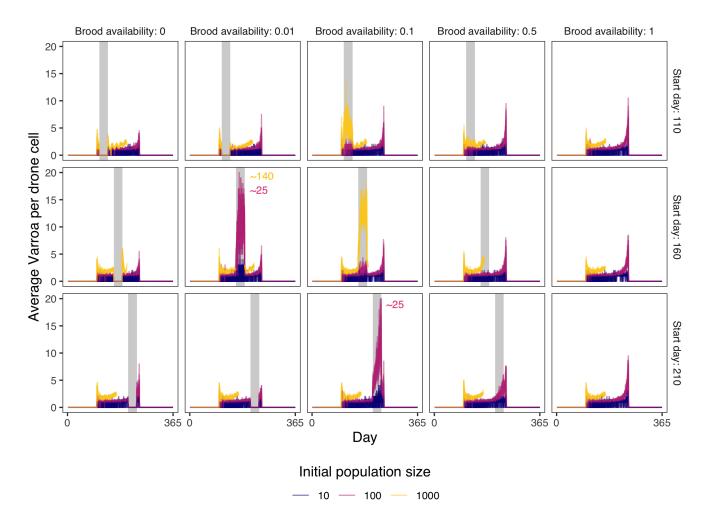


Figure S6. Average Varroa per drone cell over time for different initial population sizes, given different amounts of brood cell availability (as a fraction of the normal amount) and different brood break starting days like in Figure 4. The grey bars indicate the brood break. The "~" in two plots indicates that values were higher than 20 and thus fall off the truncated y-axis to keep the plot interpretable. The number after the "~" roughly indicates the maximum of the truncated values. The initial population sizes were 10, 100, or 1000 wild-type Varroa with the same number of gene drive Varroa on top of that, giving initial gene drive frequencies of 0.5. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.

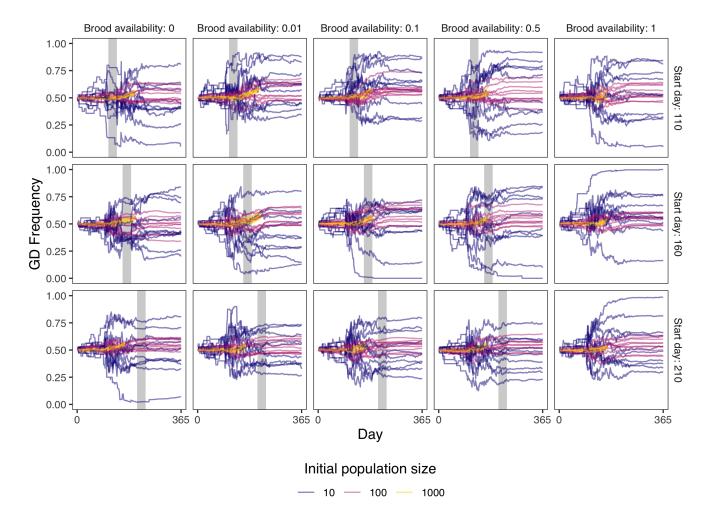


Figure S7. Gene drive (GD) allele frequency over time for different initial population sizes, given different amounts of brood cell availability (as a fraction of the normal amount) and different brood break starting days like in Figure 4. The grey bars indicate the brood break. The initial population sizes were 10, 100, or 1000 wild-type Varroa with the same number of gene drive Varroa on top of that, giving an initial gene drive frequency of 0.5. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.

C Gene drive implementation

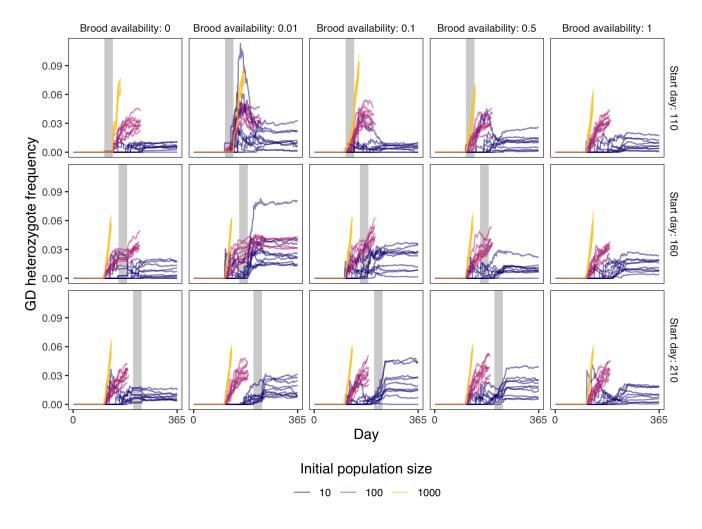


Figure S8. Gene drive (GD) heterozygote frequency over time for different initial population sizes, given different amounts of brood cell availability (as a fraction of the normal amount) and different brood break starting days like in Figure 4, but with more introduced gene drive Varroa. The initial population sizes were 10, 100, and 1000 wild-type Varroa with 100, 1000, and 5000 gene drive Varroa on top of that, respectively, giving initial gene drive frequencies of 0.91, 0.91, and 0.83. The grey bars indicate the brood break. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.

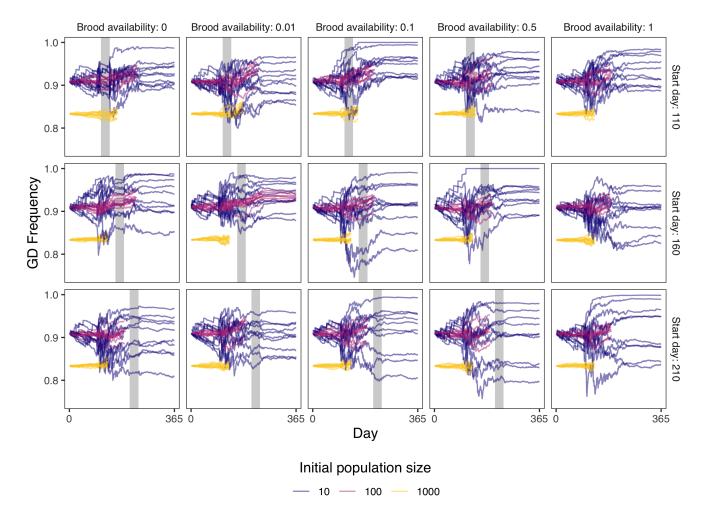
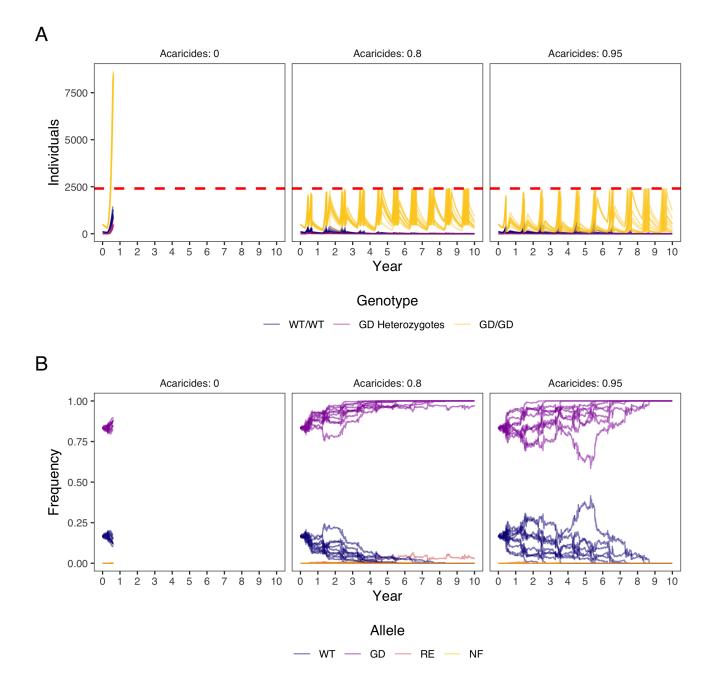
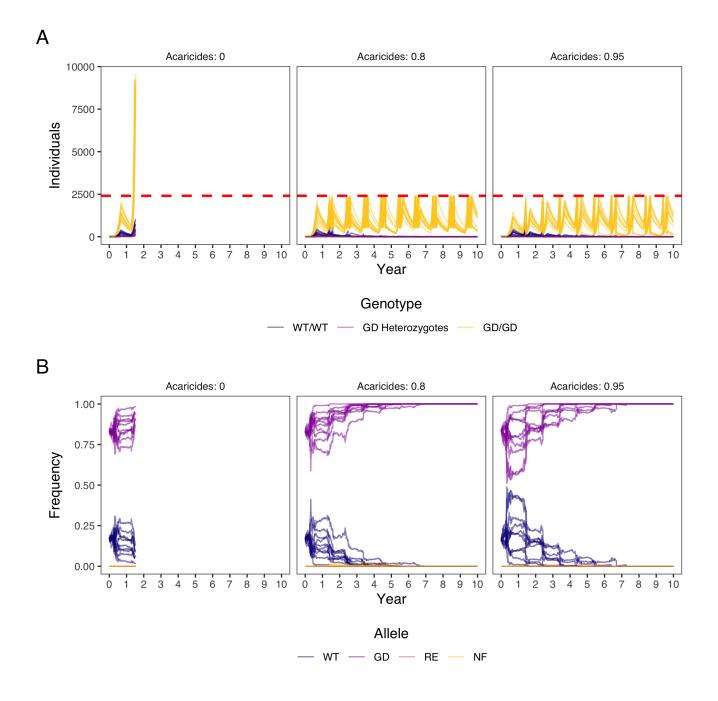


Figure S9. Gene drive (GD) allele frequency over time for different initial population sizes, given different amounts of brood cell availability (as a fraction of the normal amount) and different brood break starting days like in Figure 4, but with more introduced gene drive Varroa. The initial population sizes were 10, 100, and 1000 wild-type Varroa with 100, 1000, and 5000 gene drive Varroa on top of that, respectively, giving initial gene drive frequencies of 0.91, 0.91, and 0.83. The grey bars indicate the brood break. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000.

C Gene drive implementation



**Figure S10.** The spread of a gene drive while the Varroa population is suppressed with acaricides whenever the Varroa prevalence surpasses the danger threshold of 5% in summer (5 Varroa per 100 adult bees). The same as Figure 5, but with a 10 times larger starting population. The initial population size was 100 wild-type Varroa with 500 homozygous gene drive Varroa, giving an initial gene drive frequency of 0.83. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000. **A**) Frequencies of gene drive genotypes over time, given different intensities of acaricide treatment when the population surpasses the danger threshold. WT = wild-type, GD = gene drive. **B**) Frequencies of gene drive alleles over time, given different intensities of acaricide treatment when the population surpasses the danger threshold. WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional.



**Figure S11.** The spread of a gene drive while the Varroa population is suppressed with acaricides whenever the Varroa prevalence surpasses the danger threshold of 5% in summer (5 Varroa per 100 adult bees). The same as Figure 5, but now we do an extra release of 50 gene drive Varroa after every acaricide treatment. The initial population size was 10 wild-type Varroa with 50 homozygous gene drive Varroa, giving an initial gene drive frequency of 0.83. For every set of parameters, we run 10 repetitions and stop the model when the Varroa population size is over 10,000. **A**) Frequencies of gene drive genotypes over time, given different intensities of acaricide treatment when the population surpasses the danger threshold. WT = wild-type, GD = gene drive. **B**) Frequencies of gene drive alleles over time, given different intensities of acaricide treatment when the population surpasses the danger threshold. WT = wild-type, GD = gene drive, RE = resistant, and NF = non-functional.