Single-virus fusion measurements yield an opportunistic model for SARS-CoV-2 fusion

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Abstract

SARS-CoV-2 virus, like many coronaviruses, binds to cell-surface receptors and is then activated for membrane fusion and cell entry via proteolytic cleavage. In some coronaviruses, this occurs primarily at the cell surface, while in others primarily in endosomes. Prior data on SARS-CoV-2 suggest that either can happen, depending on cell type, and there has been debate regarding the physiologically relevant mechanism of entry. Here we use single-virus fusion experiments using isolated plasma membrane and exogenously controlled proteases to probe the question of protease activation directly. We find that a broad range of proteases can activate SARS-CoV-2 pseudoviruses for fusion, that this does not depend on the pseudovirus genetic background, and that the plasma membrane is competent to support fusion. Furthermore, protease activation can occur either prior or subsequent to receptor binding. The resulting data suggest a model of opportunistic fusion by SARS-CoV-2, where the subcellular location of entry depends on airway protease activity, cell-surface protease activity, and endosomal protease activity, but all can support infection. These parallel pathways help explain why targeted host protease inhibition has shown strong efficacy in cell-culture models but weaker efficacy in clinical trials.

Introduction

The SARS-CoV-2 betacoronavirus has spread globally since late 2019, causing over 150 million confirmed infections and over 3.2 million deaths. As with many coronaviruses, it binds to a cell-surface receptor and is activated for membrane fusion and cell entry by proteolytic cleavage of its spike protein by a host protease. The primary receptor for SARS-CoV-2 binding, as with SARS-CoV binding, is ACE-2 [1-5]. This is a common, but not universal, binding receptor among betacoronaviruses infecting humans [6]; MERS-CoV utilizes DPP4 as a means of host-cell attachment [7]. However, the biochemical steps following viral attachment and their roles in cell entry and physiological infection have to date been somewhat less clear.

The host protease responsible for activation and the subsequent subcellular location of viral membrane fusion vary substantially among betacoronaviruses [8]. SARS-CoV appears to utilize cathepsins present in late endosomes for activation, entering via the endocytic pathway [9-11], although in other cell types it can enter at the cell surface[12-13]. MERS-CoV is potently activated by TMPRSS2 [14], permitting cell-surface entry, although it appears that it can also be activated by furin and potentially other proteases [15-16]. Initial data on SARS-CoV-2 have indicated the potential for each of these activation and entry mechanisms [17-22], with some ensuing debate about the biochemical and physiological relevance of cell-surface versus endosomal entry and whether this depends on cell type.

The site of host proteolytic cleavage limits how early a virus can undergo fusion and entry, but it does not by itself establish the site of entry. A second trigger may be required, as in the case of Ebola [9, 23-24], or the subcellular compartment where proteolysis occurs may not be permissive for entry. Targeted proteolytic inhibitors and inhibitors of intracellular trafficking provide information on the sites of entry[5, 25], but they also potentially perturb membrane composition. An alternative is to biochemically isolate subcellular compartments and exogenously trigger fusion [26]. This permits more biochemically precise and controlled testing of cellular requirements for viral entry.

Studying viral entry in reconstituted systems has yielded substantial insight into the biochemical requirements for entry, including the effects of membrane composition and receptor chemical structure[26-34]. A virus-like membrane context does appear important to mechanism, however, as both coronavirus and influenza virus cell-cell fusion have well-described differences from virus-cell fusion [35-37]. Single-virus assays have enabled an added level of mechanistic sophistication, as they permit analysis of heterogeneity among viral particles and straightforward estimates of stoichiometry from single-event waiting times [28, 30, 32, 38-40]. As a complement to biochemical reconstitution, single-virus fusion studies on isolated cellular membranes held under exogenous control [26, 28, 41] permit both the control of reconstituted systems and the physiological membrane environment of cells. This is the approach reported here.

Here we report single-virus fusion studies of SARS-CoV-2 pseudovirions with isolated plasma membrane and controlled exogenous protease treatment. We show that SARS-CoV-2 spike protein can be activated for fusion by a diverse range of host proteases present in the extracellular environment, on the cell surface, and within endosomes. We also show that the plasma membrane is permissive for viral entry and that additional endosomal factors are not required. This supports an "opportunistic" model of SARS-CoV-2 entry, where protease activation can occur at several different stages of viral transport and can lead to fusion with whichever cellular membrane is present at the time.

Results
To measure single-virus fusion mediated by SARS-CoV-2 spike proteins, we used an approach previously developed for influenza and Zika virus [40, 42] and highly similar to related assays for HIV and coronavirus fusion [28, 41]. Briefly (Fig. 1), target membranes—in this case host cell plasma membrane vesicles—are immobilized in a microfluidic flow cell. Virus is labeled with a lipid-phase dye at self-quenching concentration, protease-activated, added to the flow cell, and allowed to bind and fuse. Fusion is assessed via lipid mixing between the virus and the host-cell membranes, detected as fluorescence dequenching in optical microscopy.

Figure 1. Fusion of SARS-CoV-2 pseudoviruses to plasma membrane vesicles. Panel (a) schematizes the assay design, panel (b) shows fluorescence images corresponding to schematized stages (I-III), and panel (c) shows the corresponding fluorescence intensity trace. Texas Red-DHPE dye is loaded into pseudoviral membranes at a quenching concentration, and plasma membrane vesicles containing ACE-2 receptor are immobilized in a microfluidic flow cell (I). Virus-vesicle binding results in a fluorescent spot (II), and lipid mixing between virus and vesicle causes dye dequenching and a further increase in fluorescence (III). This permits measurement of individual pseudovirus fusion events.

In this case, we used three different pseudovirus systems. Pseudoviruses were expressed on HIV, VSV, and MLV backgrounds. All of these pseudoviruses infected Vero cells successfully (Fig. S1) but did not carry SARS-CoV-2 genomes and thus could not replicate. Host-cell plasma membranes were isolated by blebbing giant plasma-membrane vesicles from cultured cells[43], biotinylating these membranes, and then immobilizing them in a flow cell using PLL-PEG-biotin and streptavidin as previously reported [44]. Because we observed proteolytic activation of SARS-CoV-2 spike protein to be relatively slow, fusion assays were performed by pre-incubating viral particles with the protease of interest and then allowing the activated particles to bind. However, we also observed activation and fusion (albeit more slowly) without pre-incubation when membrane-bound proteases are present on the target membranes and proteolysis occurs subsequent to receptor-binding (Fig. S2).

For testing of exogenous proteases, Vero cell plasma membrane vesicles were used due to their low levels of TMPRSS2 expression yet good ACE-2 receptor expression. Indeed, minimal fusion was observed to Vero cell membranes in the absence of exogenous protease, while somewhat more fusion was observed to Calu-3 cell membranes with accompanying higher levels of TMPRSS2 expression (Fig. S2).

Figure 2. SARS-CoV-2 spike mediates fusion when expressed on different pseudoviral backgrounds. Cumulative distribution functions for single-virus fusion are plotted in panel (a) for SARS-CoV-2 spike protein expressed on VSV (green), HIV (red), and VSV (blue) genetic backgrounds and proteolytically activated using trypsin. All three result in productive fusion (lipid mixing shown here; evidence of downstream fusion shown in Fig. S1). Dashed lines show 90% confidence intervals. Fusion with VSV pseudoviruses is slightly faster than with HIV or MLV pseudoviruses; we hypothesize these differences are due to greater SARS-CoV-2 spike density on the viral surface. Fits to these cumulative distribution functions are shown in panel (b) and Fig. S3.

Analysis of fusion kinetics by proteolytically activated pseudovirions is made challenging by the fact that proteolytic activation and binding are substantially slower than subsequent fusion. We corrected for this by taking virions pre-incubated with protease that then show distinct binding and fusion events on fluorescence microscopy (Fig. 1). These selection criteria may bias the kinetic analysis by not including viruses where binding and fusion occur within the same frame (<1s), but this provides a lower limit for fusion. Additional data on total fluorescence change from lipid mixing integrated across the 133x133 μm microscope field of view are given in the Supplement. Cumulative distribution functions were calculated for trypsin-activated fusion by SARS-CoV-2 spike protein on each of the three pseudovirus genetic backgrounds. These results (Fig. 2) show fastest fusion on a VSV background, slowest on an MLV background, with HIV-based pseudovirions intermediate. Single-virus waiting times were statistically different between VSV and either MLV or HIV (p = < 0.001 via 2-tailed Kolmogorov-Smirnov test with Bonferroni correction) but not between HIV and MLV backgrounds (p = 0.69, 2-tailed Kolmogorov-Smirnov test). The minimum number of kinetic steps in a linear pathway for fusion has previously been interpreted as the fusion protein stoichiometry in cases where fusion protein activation is rate-limiting for lipid mixing [30, 32, 44-46]. The apparent fusion protein stoichiometry for SARS-CoV-2 spike fusion is between 1 and 3: N_{min} values were calculated at 0.89 (95% CI 0.61-1.6) for HIV pseudoviruses, 1.8 (95% CI 1.2-3.4) for MLV pseudoviruses, and 0.29 (95% CI 0.12-0.84) for VSV pseudoviruses. Interestingly, both HIV and VSV pseudoviruses show N_{min} values of less than 1. This has previously been discussed in the context of dynamic disorder[38, 47] or non-linear reaction pathways[48-49]. In this case, we hypothesize that the observations are due to *static*

disorder, namely multiple populations of pseudovirus that have different fusion rates due to different spike protein densities (Fig. S4).

At a coarser level, we hypothesize that the maximum-likelihood stoichiometry is identical between viruses but that the rates of fusion vary across pseudovirus backgrounds, likely due to changes in spike density. We therefore fit cumulative distribution functions to a gamma-distribution model [30], where the functional form is $f(t, N, \tau) = \frac{1}{\tau^N \Gamma(N)} \int_0^t t^{N-1} e^{-t/\tau} dt$, where Γ(N) is a gamma function. We performed two sets of fits, either allowing all parameters to vary independently (Fig. S3) or constraining N to be identical across pseudovirus backgrounds but allowing *tau* to vary (Fig. 2b). The results show high-quality fits with a constraint of common stoichiometry (RMSE = 0.08, 0.03, 0.06 for VSV, HIV, MLV respectively and Akaike Information Criterion (AIC) values of 2470 versus AIC of 2530 for unconstrained stoichiometry) support the simpler model of a common stoichiometry), thus suggesting a single most-likely fusion protein stoichiometry. In combination with the single-turnover variance analysis (N_{min}) discussed above, we conclude that there is likely static disorder present in the sample i.e. different pseudoviruses have different spike protein arrangements on their surfaces but that the spike protein stoichiometry required for fusion likely does not vary between pseudovirus backgrounds. Instead, the static disorder manifests as different apparent fusion rates.

Fusion mediated by each SARS-CoV-2 spike-bearing pseudovirus was measured at multiple trypsin concentrations to assess differences in fusogenicity of these different constructs. Results show differences in fusion efficiency (Fig. S5, Fig. S6) with monotonic increases as a function of protease concentration until saturation is reached. Cumulative distribution functions calculated for HIV pseudovirions treated with 50 µg/mL and 100 µg/mL trypsin show similar fusion kinetics (Fig. 3a): the data are compatible with a model where the stoichiometry of fusion is identical, and the fusion rates are with error of each other. The single-particle waiting time distributions were not significantly different from each other (p > 0.97, 2-tailed Kolmogorov-Smirnov test). These data are again compatible with a similar activation stoichiometry across pseudovirus backgrounds, subject to heterogeneous populations as discussed above; this may however vary between virus-cell fusion and cell-cell fusion as has been suggested for influenza[36].

Figure 3. SARS-CoV-2 spike-mediated fusion shows indistinguishable kinetics across protease conditions. Plotted in panel (a) are cumulative distribution functions from single-virus lipid mixing when pseudoviruses were activated with 50 or 100 µg/mL trypsin. Dashed lines are 90% confidence intervals. Plotted in panel (b) are similar cumulative distribution functions with different exogenous proteases (confidence intervals omitted for visual clarity; two-tailed Kolmogorov-Smirnov tests show no significant differences (p > 0.25).

Finally, we tested the ability of multiple trypsin-like proteases to activate SARS-CoV-2 pseudovirions for fusion. We tested each of the following proteases. Human airway trypsin-like protease (HAT), also known as TMPRSS11D, is a serine protease expressed in both lower and upper airway tissues, found in sputum, and also expressed in other tissues [50-52]. HAT has previously been suggested as a candidate for SARS-CoV-2 proteolytic activation [21]. Cathepsins B and L are late-endosomal proteases implicated in activation of other viruses including SARS-CoV [10-11, 17, 53]. Finally, TMPRSS2 is a cell-surface protease expressed in type 2 alveolar cells among others that has been implicated in MERS proteolytic activation and is a primary candidate for SARS-CoV-2 proteolytic activation [5, 18]. Each of these was indeed capable of activating SARS-CoV-2 spike protein for fusion (Fig. 3b; Fig. S6; Fig. S7). None of the single-particle waiting time distributions were significantly different from each other (p > 0.25, 2-tailed Kolmogorov-Smirnov test), although TMPRSS2 shows slightly but not significantly faster fusion.

Discussion and Conclusions
Based on these data, we propose an opportunistic model of SARS-CoV-2 activation and entry. Proteolytic activation by cleavage at the S2' site can occur in the airway extracellular milieu, at the cell surface, or within late endosomes. Furthermore, proteolytic activation can either precede or follow receptor binding; these events need not occur in sequence. We also demonstrate that the plasma membrane is capable of supporting SARS-CoV-2 fusion in addition to endosomes. We therefore propose a model (Fig. 4) where the site of SARS-CoV-2 entry is stochastically determined based on the proteases present in a given tissue and the rates of spike protein cleavage relative to the rates of viral attachment and endocytosis. In cases where extracellular or cell-surface proteolysis is rapid, entry will tend to occur at the cell surface, whereas if extracellular and cell-surface proteolysis are slow, entry will tend to occur within endosomes. This

opportunistic entry and ability to utilize parallel pathways may help explain why protease inhibitors such as camostat mesylate are effective in cell and tissue models but show less efficacy in clinical trials[5, 54-56].

Figure 4. Opportunistic activation and entry of SARS-CoV-2. We propose a model where SARS-CoV-2 undergoes proteolytic activation prior to membrane fusion but where this activation can occur (i) in the extracellular fluid prior to binding, (ii) at the cell surface after binding, or (iii) within endosomes. Both (i) plasma membrane and (ii) endosomal membranes are permissive for viral entry. Thus viral entry requires activation and binding to a host membrane, but the requirements for these two are loose rather than stringent.

Acknowledgements
The authors thank Jesse Bloom, Benhur Lee, and Judith White for the gift of reagents and M. Cervantes, G. Morbioli, A. Villamil Giraldo, R. Rawle, and J. White for helpful discussions. Electron cryo-microscopy was performed by K. Dryden at the Molecular Electron Microscopy Core at the University of Virginia. This work was supported by grants from the Commonwealth Health Research Board, the UVA Global Infectious Diseases Institute, and a Wallenberg Academy Fellowship to P.M.K.

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