

1 Ultraviolet-A light increases mitochondrial anti-viral signaling protein in confluent
2 human tracheal cells even at a distance from the light source

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1 **Abstract**

2 Mitochondrial antiviral signaling (MAVS) protein mediates innate antiviral responses,
3 including responses to certain coronaviruses such as severe acute respiratory syndrome
4 coronavirus-2 (SARS-CoV-2). We have previously shown that ultraviolet-A (UVA) therapy can
5 prevent virus-induced cell death in human ciliated tracheal epithelial cells (HTEpC) infected
6 with coronavirus-229E, and that UVA treatment results in an increase in intracellular levels of
7 MAVS. In this study, we set out to determine the mechanisms by which UVA light can activate
8 MAVS, and whether local UVA light application can activate MAVS at locations distant from
9 the light source (such as via cell-to-cell communication). MAVS levels were compared in
10 HTEpC exposed to 2 mW/cm² narrow band (NB)-UVA for 20 minutes and in unexposed
11 controls, at 30-40% and at 100% confluency. MAVS levels were also compared in unexposed
12 HTEpC treated with supernatants or lysates from UVA-exposed cells or from unexposed
13 controls. Also, MAVS was assessed in different sections of confluent monolayer plates where
14 only one section was exposed to NB-UVA. The results show that UVA increases the expression
15 of MAVS protein. Cells in a confluent monolayer exposed to UVA were able to confer an
16 elevation in MAVS in cells adjacent to the exposed section, and even cells in the most distant
17 sections not exposed to UVA. In this study, human ciliated tracheal epithelial cells exposed to
18 UVA demonstrate increased MAVS protein, and also appear to transmit this influence to distant
19 confluent cells not exposed to light.

20

21 **Introduction**

22 The human body has various defense mechanisms against infections, the most well-
23 known of which involve innate immune responses where immune cells are recruited to sites of

24 infection via cytokine signaling [1, 2]. Host intracellular responses to infection are also
25 important, particularly in the defense against viruses. In the past decade, it has been discovered
26 that mitochondria can mediate innate and adaptive immune responses via several mechanisms
27 [3], including the production of mitochondrial anti-viral signaling (MAVS) protein [4].

28
29 The MAVS protein is primarily localized to the outer membrane of the mitochondria, and
30 transduces signals from cytoplasmic retinoic acid-inducible gene I (RIG-I)-like receptors (RLRs)
31 that recognize viral RNA [4]. Specifically, after recognition and binding of viral components, the
32 RLRs RIG-I and melanoma differentiation-associated gene 5 (MDA5) interact with MAVS,
33 activating transcription factors that induce expression of proinflammatory factors and antiviral
34 genes [4]. However, some viruses have developed mechanisms to antagonize the activation of
35 MAVS and evade this innate immune response. For example, the SARS-CoV-2 transmembrane
36 glycoprotein M is thought to antagonize MAVS, thus impairing MAVS-mediated innate antiviral
37 responses [5].

38
39 We recently showed that application of UVA light, under specific conditions, to human
40 ciliated tracheal epithelial cells infected with CoV-229E, significantly improved cell viability
41 and prevented virus-induced cell death, and that this was accompanied by decreases in the levels
42 of CoV-229E spike (S) protein [6]. Moreover, cells treated with UVA light exhibited
43 significantly increased levels of MAVS protein [6]. This suggested that UVA may activate
44 MAVS. Further, in a first-in-human clinical trial in ventilated subjects with coronavirus disease
45 2019 (COVID-19), a 20-minute endotracheal UVA treatment daily for 5 days resulted in
46 significantly decreased respiratory SARS-CoV-2 viral loads [7]. Interestingly, despite time-

47 limited localized UVA therapy in this trial, average \log_{10} changes in endotracheal viral load from
48 baseline to day 6 was -3.2, suggesting a potential antiviral phenomenon beyond immediate
49 localized effects.

50

51 In this study, we explore the effects of narrow band (NB)-UVA light on MAVS
52 expression in uninfected human ciliated tracheal epithelial cells *in vitro*. We also explore
53 whether the effects of UVA light were limited to cells directly exposed to UVA, or were also
54 seen in cells not directly exposed to UVA.

55

56 **Materials and methods**

57 **NB-UVA effects on MAVS**

58 Primary human tracheal epithelial cells isolated from the surface epithelium of human
59 trachea (HTEpC, lot n° 454Z019.11, PromoCell GmbH, Heidelberg, Germany) were cultured at
60 37°C (5% CO₂) in 60x15mm standard tissue culture dishes (cat. 351007, Corning, NY, USA)
61 with Airway Epithelial Cell Growth Medium (cat. C-21060, PromoCell) prepared with
62 SupplementMix (cat. C-39165, PromoCell) and Gibco antibiotic-antimycotic solution (cat.
63 15240096, ThermoFisher Scientific, MA, USA).

64

65 Once the cells reached 10⁵ cells per plate (30-40% confluency), HTEpC were washed 3
66 times with sterile 1x PBS pH 7.4 (cat. 10010072, ThermoFisher), and fresh media was added to
67 each plate. Cells were exposed to 2 mW/cm² of NB-UVA for 20 minutes based on previously
68 validated ideal UVA irradiation levels [6]. Unexposed cells were used as controls. After 24 hours
69 the supernatants were collected, and cell were washed 3 times with sterile 1x PBS, pH 7.4.

70 Following the removal of any remaining PBS, cells were lysed in the plate using 1 mL of RTL
71 buffer from an AllPrep DNA/RNA/Protein isolation kit (Qiagen, Hilden, Germany). Experiments
72 were performed in triplicate.

73

74 **NB-UVA effects on MAVS signal transmission to unexposed UVA-** 75 **naïve cells**

76 To determine whether the activation of MAVS caused by exposure to NB-UVA light
77 could be transmitted to naïve, unexposed HTEpC, and to begin to elucidate the mechanisms
78 involved, three experiments were performed:

- 79 - To determine if an extracellular mediator was involved, supernatants from 30-40% confluent
80 HTEpC that were exposed to NB-UVA were transferred to 30-40% confluent naïve HTEpC.
- 81 - To determine if an intracellular mediator was involved, cell lysates from 30-40% confluent
82 HTEpC that were exposed to NB-UVA (after supernatant removal) were transferred to 30-
83 40% confluent naïve HTEpC.
- 84 - To determine if cell-to-cell signaling was involved, areas of 100% confluent HTEpC exposed
85 or not exposed to NB-UVA were analyzed.

86

87 **NB-UVA effects on MAVS signal transmission via extracellular** 88 **mediators**

89 Supernatants collected from UVA-exposed and control HTEpC from the previous
90 experiment were transferred to a new 60x15mm tissue culture dish containing 10^5 naïve HTEpC
91 (i.e. cells that were never exposed to UVA). Before receiving the supernatant from UVA-

92 exposed or control cells, the naïve HTEpC were washed 3 times with sterile 1x PBS, pH 7.4. The
93 PBS was completely removed, and 4 mL of the supernatant collected from UVA-exposed or
94 control HTEpC were added to the naïve cells. After 24 hours of incubation, the cells were
95 washed 3 times, and were then lysed in the plate using 1 mL of RTL buffer from an AllPrep
96 DNA/RNA/Protein isolation kit (Qiagen). Experiments were performed in triplicate.

97

98 **NB-UVA effects on MAVS signal transmission via intracellular** 99 **mediators**

100 HTEpC were cultured at 37°C (5% CO₂) in 60x15mm standard tissue culture dishes (cat.
101 351007, Corning, NY, USA) with Airway Epithelial Cell Growth Medium (cat. C-21060,
102 PromoCell) that included SupplementMix (cat. C-39165, PromoCell) and Gibco antibiotic-
103 antimycotic solution (cat. 15240096, ThermoFisher Scientific, MA, USA).

104

105 Once the cells reached 10⁵ cells per plate (30-40% confluency), HTEpC were washed 3
106 times with sterile 1x PBS pH 7.4 (cat. 10010072, ThermoFisher), and fresh media was added to
107 each plate. Cells were exposed to 2 mW/cm² of NB-UVA for 20 minutes. Unexposed cells were
108 used as controls. After 24 hours, the cells were washed 3 times with sterile 1x PBS, pH 7.4,
109 scraped from the culture dishes, and transferred to a 15mL sterile tube. Cells were pelleted, and
110 new fresh Airway Epithelial Cell Growth Medium was added. A single sterile 5 mm stainless
111 steel bead (Qiagen) was added to each tube, and cells were lysed by vortexing the tube for 5
112 minutes. Lysates from UVA-exposed and control HTEpC were transferred to a new 60x15mm
113 tissue culture dish containing 10⁵ naïve HTEpC (i.e. HTEpC that had never been exposed to
114 UVA). Before receiving the lysate from UVA-exposed or control cells, naïve HTEpC were

115 washed 3 times with sterile 1x PBS, pH 7.4. The PBS was completely removed, and 4 mL of the
116 lysate from either UVA-exposed or control HTEpC were added to the naïve cells. After 24 hours
117 of incubation, the cells were washed 3 times with sterile 1x PBS and were then lysed in the plate
118 using 1 mL of RTL buffer from an AllPrep DNA/RNA/Protein isolation kit (Qiagen).
119 Experiments were performed four times.

120

121 **NB-UVA effects on MAVS signal transmission via cell-to-cell**

122 **signaling**

123 HTEpC were cultured at 37°C (5% CO₂) in 150mm dishes (cat. 430599, Corning) with
124 Airway Epithelial Cell Growth Medium (cat. C-21060, PromoCell) prepared with
125 SupplementMix (cat. C-39165, PromoCell) and Gibco antibiotic-antimycotic solution (cat.
126 15240096, ThermoFisher) until they reached 100% confluence.

127

128 On the day of NB-UVA therapy, cells were washed twice with sterile 1x PBS, pH 7.4,
129 and fresh media was added. Each 150mm dish containing a 100% confluent monolayer of
130 HTEpC was divided longitudinally into four sections, designated as areas 1, 2, 3 and 4,
131 respectively (Fig 1). The NB-UVA emitting device was placed 2.3 cm from the bottom of the
132 dish and approximately 2 mW/cm² of NB-UVA was applied to area 1 for 20 minutes (S1 Fig).
133 Experiments were performed four times.

134

135 **Fig 1.** Schematic showing the design of experiments in which 100% confluent monolayer plates
136 of primary tracheal epithelial cells (HTEpC) were partially exposed to 2 mW/cm² NB-UVA for

137 20 minutes. NB-UVA was only applied to area 1. After UVA therapy, cells were collected from
138 areas 4, 3, 2 and 1 in that order.

139

140 To prevent UVA leakage to other parts of the plate during therapy, areas 2, 3 and 4 were
141 covered with a sterile barrier which blocked the passage of light through the top and sides of the
142 plate (S1 Fig). During the course of the therapy NB-UVA intensity was constantly checked in
143 unexposed areas (top, bottom, and sides) of the culture plates using a UV meter (SDL470,
144 Extech, NH), to assure there was no UVA light in these areas (S1 Fig). UVA-treated plates were
145 then re-incubated at 37°C (5% CO₂) for 24h.

146

147 UVA-treated HTEpC plates were washed 3 times with sterile 1x PBS, pH 7.4, before
148 harvesting the cells. 10 mL of sterile 1x PBS, pH 7.4, was added to the plate, and cells from area
149 4 were carefully scraped with a sterile Corning Cell Lifter (cat. 3008, Corning) and immediately
150 transferred to a 15 mL sterile tube. Cells were pelleted at low speed (~1000 RPM) and lysed with
151 one mL RTL buffer from an AllPrep DNA/RNA/Protein isolation kit (Qiagen).

152

153 The remaining UVA-exposed HTEpC from areas 1, 2 and 3 (still attached to the plate)
154 were washed 3 times with sterile 1x PBS, pH 7.4. 10 mL of sterile 1x PBS, pH 7.4, was added to
155 the plate and cells from area 3 were carefully scraped and lysed as described above. The same
156 process was used to harvest the cells from areas 2 and 1 (in this order).

157

158 **Protein extraction and western blotting**

159 AllPrep DNA/RNA/Protein Mini Kits (Qiagen) were used to extract total proteins from
160 UVA-exposed and non-exposed HTEpC from all experiments, according to the manufacturer's
161 protocol. Total proteins were quantitated using Qubit Protein Assays (ThermoFisher) and equal
162 loads of total protein were separated on a NuPAGE 4-12% Bis-Tris mini gel (NP0336BOX,
163 ThermoFisher) and then transferred onto a Biotrace NT nitrocellulose membrane (27376-991,
164 VWR). Total proteins were stained with Ponceau S solution (P7170, Sigma-Aldrich). The
165 membrane was blocked with tris-buffered saline containing 3% bovine serum albumin (cat.
166 A7030, Sigma-Aldrich) and 0.1% Tween 20 (P1379, Sigma-Aldrich) (TBS-T), and incubated
167 overnight at 4°C with mouse anti-MAVS antibody (1:200; SC-166583, Santa Cruz
168 Biotechnology) diluted in blocking solution. After washing in TBS-T, the membrane was then
169 overlain with horseradish peroxidase (HRP)-conjugated goat anti-mouse IgG antibody (1:300;
170 5220-0286, SeraCare), washed in TBS-T, and exposed to enhanced chemiluminescence solution
171 (RPN2235, GE Healthcare). Immunoreactive protein bands were imaged using an iBright
172 FL1500 instrument (ThermoFisher) and analyzed using iBright Analysis software
173 (ThermoFisher). Samples were normalized against total protein as determined from Ponceau S
174 staining (MilliporeSigma, St. Louis, MO, US).

175

176 **Statistical Analysis**

177 Graph construction and statistical analysis were performed with GraphPad Prism V. 9
178 (GraphPad Software, CA, USA). For all experiments, immunoreactive MAVS bands from
179 nitrocellulose membranes were normalized against total protein (Ponceau S) before statistical
180 analysis, using iBright Analysis software (ThermoFisher). MAVS relative densities (obtained
181 after normalization) were compared between groups applying a non-paired t-test. Comparisons

182 between each area from experiments with 100% confluent cell cultures were performed using
183 paired t-test and ANOVA test. Significance level was set at $p < 0.05$.

184

185 **Results**

186 **Narrow band-UVA (NB-UVA) increases MAVS protein levels in** 187 **human non-confluent and confluent ciliated tracheal epithelial cells**

188 Levels of MAVS were analyzed in primary tracheal epithelial cells (HTEpC) at 30-40%
189 confluency which were exposed to 2 mW/cm^2 NB-UVA for 20 minutes and in unexposed
190 controls. Normalized MAVS levels, as detected by western blot, were increased in NB-UVA
191 exposed cells when compared to unexposed controls ($P=0.0193$, Fig 2).

192

193 **Fig 2.** Normalized MAVS levels in 30-40% confluent HTEpC exposed to 2 mW/cm^2 NB-UVA
194 for 20 minutes, and in unexposed controls.

195

196 In addition, when primary tracheal epithelial cells were grown in 100% confluent
197 monolayers (as opposed to 30-40% confluency), normalized MAVS levels in area 1 were also
198 significantly increased following exposure to 2 mW/cm^2 NB-UVA for 20 minutes, when
199 compared to levels in unexposed monolayers ($P=0.0006$, Fig 3, S2 Fig).

200

201 **Fig 3.** Normalized MAVS levels in 100% confluent HTEpC area 1 exposed to 2 mW/cm^2 NB-
202 UVA for 20 minutes, and in unexposed monolayer controls.

203

204 **MAVS is activated by cell-to-cell signaling after NB-UVA exposure**

205 When naïve 30-40% confluent HTEpC were treated with supernatants from NB-UVA
206 exposed 30-40% confluent HTEpC, no changes in MAVS levels were observed ($P=0.4022$, Fig
207 4). However, when naïve 30-40% confluent HTEpC were incubated with cell lysates from NB-
208 UVA exposed 30-40% confluent HTEpC, normalized levels of MAVS tended to increase (Fig 5,
209 $P=0.1256$).

210
211 **Fig 4. A** – Normalized MAVS levels in 30-40% confluent naïve HTEpC treated with
212 supernatants from 30-40% confluent NB-UVA exposed HTEpC, and in controls incubated with
213 supernatants from unexposed 30-40% confluent HTEpC. **B** - Western blot of proteins extracted
214 from 30-40% confluent naïve HTEpC treated with supernatant from 30-40% confluent NB-UVA
215 exposed HTEpC (lanes 1, 2 and 3), and from controls treated with supernatant from 30-40%
216 confluent unexposed HTEpC (lanes 4, 5 and 6).

217
218 **Fig 5. A** – Normalized MAVS levels in 30-40% confluent naïve HTEpC treated with lysates from
219 30-40% confluent NB-UVA exposed HTEpC, and in controls incubated with lysates from 30-
220 40% confluent unexposed HTEpC. **B** – Western blot prepared directly from lysates of 30-40%
221 confluent naïve HTEpC incubated with lysates from 30-40% confluent NB-UVA exposed cells
222 (lanes 1 to 4) and from lysates of controls incubated with lysates from 30-40% confluent
223 unexposed HTEpC (lanes 5 to 8).

224
225 Next, levels of MAVS were analyzed in different areas of culture plates containing 100%
226 confluent monolayers of HTEpC, after only one part of the plate (area 1) was exposed to 2

227 mW/cm² NB-UVA for 20 min (Fig 1). Normalized MAVS levels gradually increased from area
228 4 (farthest unexposed area) through area 1 (exposed to NB-UVA) (ANOVA P=0.08, Fig 6A,B),
229 and there was a statistically significant increase in MAVS levels in area 1 (exposed to NB-UVA)
230 when compared to unexposed area 4 (P=0.0382, Fig 6A,B). Importantly, levels of MAVS were
231 also significantly increased in unexposed areas 2 and 3 when compared to controls from
232 unexposed plates (P=0.0289 and P=0.0402 respectively, Fig 6A). Normalized MAVS levels in
233 area 4 (farthest unexposed area) also appeared to be higher than in controls, but did not reach
234 statistical significance (P=0.1262, Fig 6A).

235
236 **Fig 6. A** – Normalized MAVS levels in 100% confluent HTEpC partially exposed to 2mW/cm²
237 NB-UVA for 20 minutes. Area 1 was directly exposed to NB-UVA, but areas 2, 3 and 4 were not
238 exposed to NB-UVA. **B** – Western blot prepared from cell lysates of 100% confluent HTEpC
239 from three experiments, exposed to NB-UVA (area 1 - lanes 1, 5 and 9) and from lysates of
240 confluent HTEpC not exposed to NB-UVA from the same culture plate (area 2 - lanes 2, 6 and
241 10; area 3 - lanes 3, 7 and 11; area 4 - lanes 4, 8, and 12).

242

243 Discussion

244 In this study, we show that narrow band UVA light increases the expression of the
245 MAVS protein in uninfected human ciliated tracheal epithelial cells *in vitro*. In addition, in a
246 confluent monolayer culture of these cells, the induction of MAVS protein is transmitted to cells
247 not directly exposed to NB-UVA light. This transmission does not appear to be due to a secreted
248 extracellular mediator, but more likely results from direct cell-to-cell signaling, and possibly a
249 cytosolic mediator.

250

251 External UVA therapy has long been used in the treatment of skin conditions such as
252 psoriasis, eczema and skin lymphoma, for which it is FDA-approved [8-11]. To explore the
253 potential of internal UVA light therapy to treat microbial infections, we recently tested UVA
254 efficacy against a variety of pathogens *in vitro*, and found that under controlled and monitored
255 conditions, UVA light effectively reduced a variety of bacterial species (including *Klebsiella*
256 *pneumoniae*, *Escherichia coli*, *Clostridioides difficile*, and others), the yeast *Candida albicans*,
257 coxsackievirus group B, and coronavirus-229E [6]. Importantly, we found that human ciliated
258 tracheal epithelial cells that were infected with coronavirus-229E and then treated with NB-UVA
259 light *in vitro* exhibited increases in MAVS protein and survived infection [6]. These results
260 suggested that the increased cell viability of coronavirus-229E-infected and UVA-treated cells,
261 as compared to infected but untreated controls, might be due to activation of MAVS-mediated
262 antiviral signaling pathways. In the present study, human ciliated tracheal epithelial cells were
263 exposed to UVA light, without viral infection. The results confirmed that exposure to UVA light
264 alone results in increased levels of the MAVS protein in these cells, demonstrating that this is a
265 response to UVA light.

266

267 It is well recognized that the common cold, influenza and other viruses are seasonal and
268 occur more often in winter and less in summer months. The mechanism for this is unclear,
269 although data suggest that sunlight, and the production of vitamin D, may be important. Sunlight
270 has historical importance in medicine – for example, during the H1N1 influenza pandemic of
271 1918–1919, it was suggested that the combination of access to sunlight and fresh air, together
272 with strict hygiene and the use of face masks, may have lessened mortality among patients and

273 staff at an ‘open-air’ hospital in Boston [12]. A systematic review of data regarding vitamin D
274 levels and the current COVID-19 pandemic suggests that sunlight and elevated vitamin D levels
275 may improve outcomes [13]. Although the trials selected for inclusion in the latter study had
276 heterogenous results, these and other historical data [12] suggest that exposure to sunlight, and
277 thus to UVA, may be beneficial in combating viral infections.

278
279 Under normal physiologic conditions, MAVS protein levels are low, due in part to
280 binding of human antigen R as well as microRNAs to elements in the 3’UTR of the MAVS
281 mRNA [4]. Following recognition and binding of viral components, the N-terminal caspase
282 recruitment domains (CARDs) of RLRs are ubiquitinated and bind to the CARD of MAVS,
283 leading to aggregation of MAVS and activation of proinflammatory cytokines and antiviral
284 interferon genes [4]. However, viruses can also evade these pathways – for example, the
285 membrane glycoprotein M of SARS-CoV-2, the virus which causes COVID-19 [14], can interact
286 with MAVS and impair MAVS aggregation and activation of antiviral responses [5]. In our
287 preclinical studies, tracheal cells that were infected with CoV-229E and treated with UVA light
288 also exhibited decreases in CoV-229E spike protein [6], which suggested to us that UVA light
289 might also be an effective treatment for SARS-CoV-2.

290
291 The primary site of SARS-CoV-2 infection is the ciliated epithelial cells, associated with
292 downstream characteristic bilateral ground-glass opacities [15]. The acute respiratory viral
293 infection and subsequent inflammatory responses can result in compromised pulmonary function
294 [14, 16-18] and death [19]. Secondary bacterial and fungal infections are also common, with
295 ventilator-associated pneumonia (VAP) occurring in 31% of mechanically ventilated patients

296 [20]. To test the safety and efficacy of UVA light as a potential treatment for SARS-CoV-2, we
297 developed a novel UVA light emitting diode (LED)-based catheter device which can be inserted
298 into an endotracheal tube to deliver UVA light in critically ill COVID-19 subjects [7]. In the first
299 human study of mechanically ventilated COVID-19 subjects, all of whom had World Health
300 Organization (WHO) symptom severity scores of 9 at baseline (10 is death) [21], subjects who
301 were treated with endotracheally-delivered UVA light (treated for 20 minutes daily for 5 days)
302 exhibited an average \log_{10} decrease in SARS-CoV-2 viral load of 3.2 ($p < 0.001$) by day 6 of
303 therapy in endotracheal aspirates, and these accelerated reductions in viral loads correlated with
304 30-day improvements in the WHO symptom severity scores [7]. Moreover, the scale of the
305 improvements, despite the fact that only small portions of the trachea were exposed to UVA
306 light, suggested the possibility that the antiviral effects of UVA light might not be confined to
307 cells directly exposed to UVA, but might also be transmitted to neighboring cells.

308
309 To explore the potential mechanisms underlying this transmission, we first took
310 supernatants from UVA-exposed cells and added them to fresh plates of cells that were never
311 exposed to UVA light. No increase in MAVS protein levels were seen in these cells, indicating
312 that a secreted extracellular mediator was not involved. Next, to explore whether a cytosolic
313 mediator was involved, we lysed UVA-exposed cells and non-exposed controls and added the
314 lysates to fresh plates of cells that were never exposed to UVA light. There was a trend towards
315 an increase in MAVS protein levels in naïve HTEpC incubated with lysates from UVA-exposed
316 cells, but this did not reach significance. In contrast, when we compared MAVS levels in
317 confluent monolayers of HTEpC directly exposed to UVA light and in adjacent areas from the
318 same plate that were blocked from UVA light, we found that MAVS was not only increased in

319 cells in area 1 (directly exposed to UVA light), but was also increased in cells in the adjacent
320 areas 2, 3, and 4 which were blocked from direct UVA light, in a gradient that decreased with
321 increasing distance from UVA-exposed cells. These findings confirm that an increase in MAVS
322 in response to UVA light can be transmitted from directly exposed cells to neighboring
323 unexposed cells, and suggest that cell-to-cell signaling is involved, although further work is
324 required to determine the mechanisms involved.

325
326 While this study is provocative, future studies are needed to explore the potential of UVA
327 to enhance innate intracellular immunity to viruses. For example, as already stated, SARS-CoV-
328 2 suppresses MAVS. Understanding the mechanisms by which UVA light overrides this
329 suppression would be important. This could include damage to single-stranded viral RNA. In
330 addition, the effects of this MAVS activation might be important to study with *in vivo* models.
331 Limited data suggest that MAVS and resultant intracellular production of interferon α might
332 attract circulating immune cellular response to attack infected cells [4]. Interestingly, in our
333 previous *in vitro* study, CoV-229E caused precipitous cell death which was mitigated by UVA
334 [6]. This increased cell survival suggests that perhaps MAVS is a cell salvage pathway. This is
335 also supported by the first in human study of UVA in intubated critically ill subjects with
336 COVID-19 [7]. Two patients underwent bronchoscopy after 5 days of UVA application. There
337 was no macroscopic evidence of inflammation. Further studies are needed to explore these
338 concepts not addressed in this current study.

339
340 In conclusion, this study begins to unravel the possible mechanisms by which UVA light
341 could influence innate intracellular immunity. It appears that NB-UVA increases MAVS protein

342 levels in human ciliated tracheal epithelial cells. This increase in MAVS protein appears to be
343 transmissible to adjacent cells not directly exposed to UVA light. Further, our results suggest that
344 MAVS signal transmission involves cell-to-cell communication, and possibly a cytosolic (but not
345 a secreted extracellular) mediator. This finding may underlie the benefits of UVA seen *in vitro*
346 and in human studies of critically ill patients with COVID-19. The findings could have wide-
347 ranging implications for the treatment of SARS-CoV-2, other coronaviruses and other RNA
348 respiratory viruses such as influenza. Further work is needed to determine if this mechanism is
349 an important factor in the seasonality of specific respiratory viral illnesses.

350

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357

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435

436 **Supporting information**

437 **S1 Fig.** Monolayer plates of primary tracheal epithelial cells (HTEpC) partially exposed to NB-
438 UVA. No UVA light was detected in unexposed areas of the plate (i.e. areas 2, 3, and 4).

439 **S2 Fig.** Western blot of proteins extracted from 100% confluent HTEpC exposed to NB-UVA
440 (lanes 1, 2 and 4), and 100% confluent HTEpC that were not exposed to NB-UVA (Lanes 5, 6
441 and 7). Lane 3 (exposed to NB-UVA) was discarded due to poor total protein magnification.

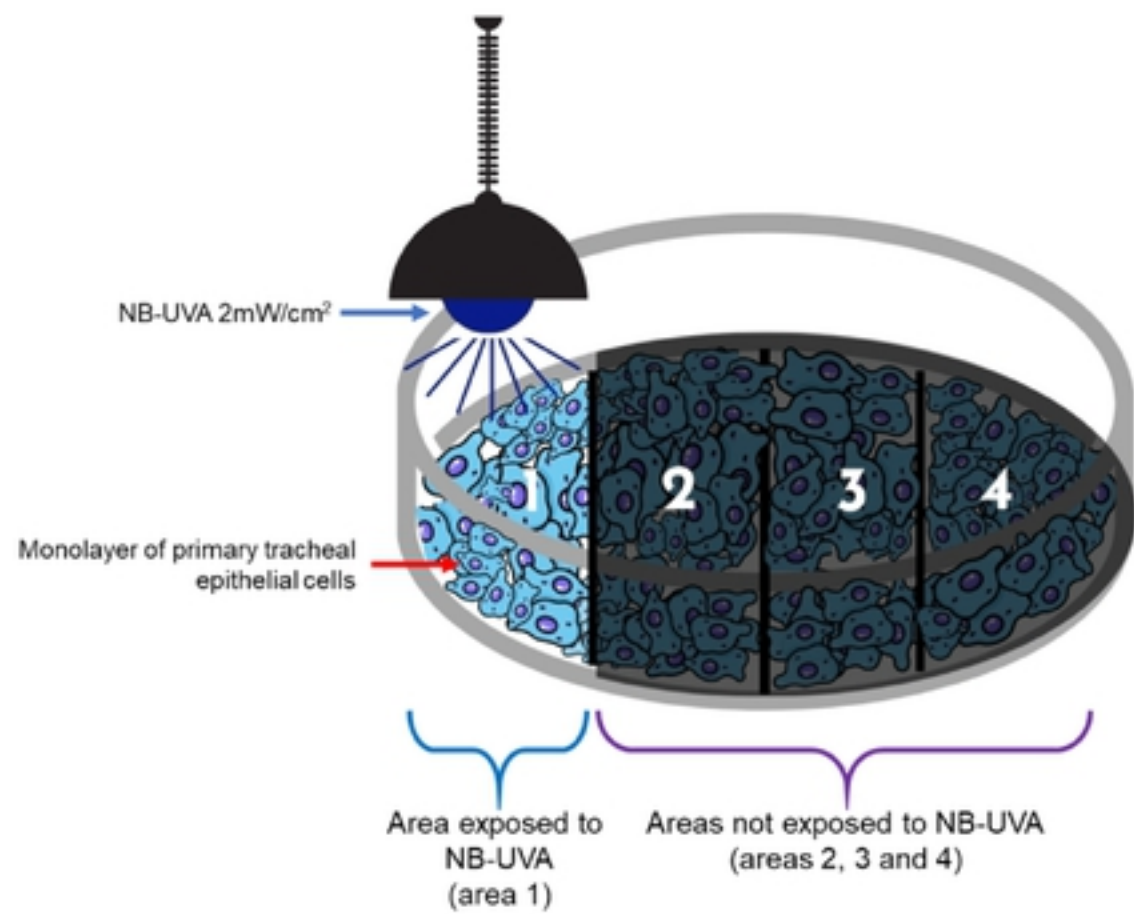


Figure 1

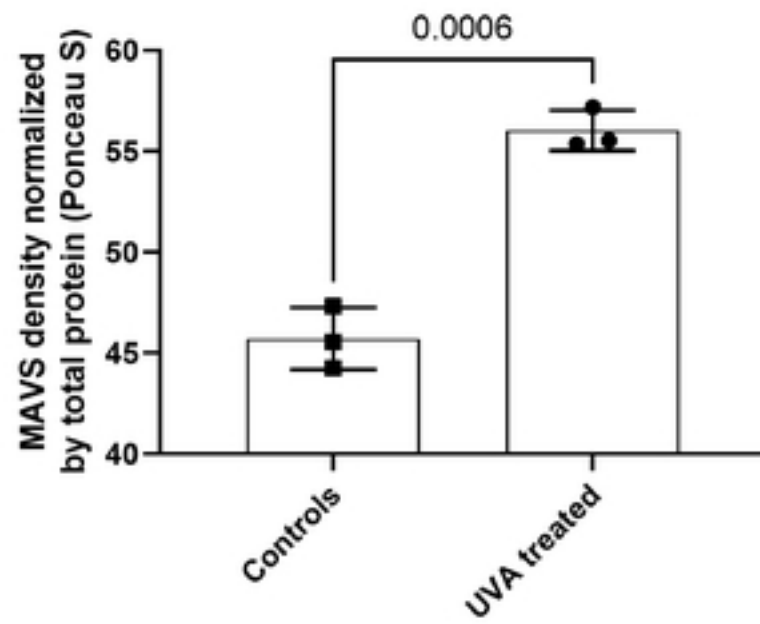


Figure 3

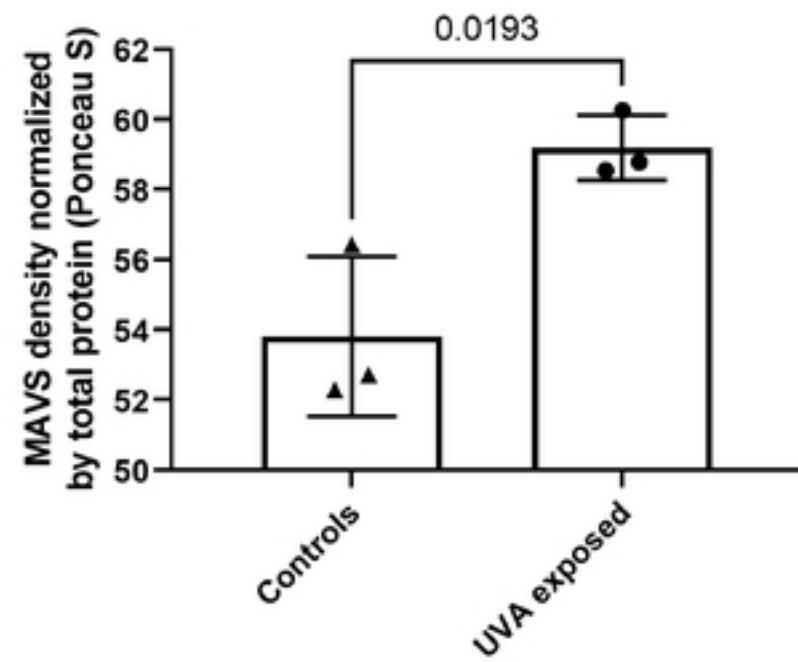


Figure 2

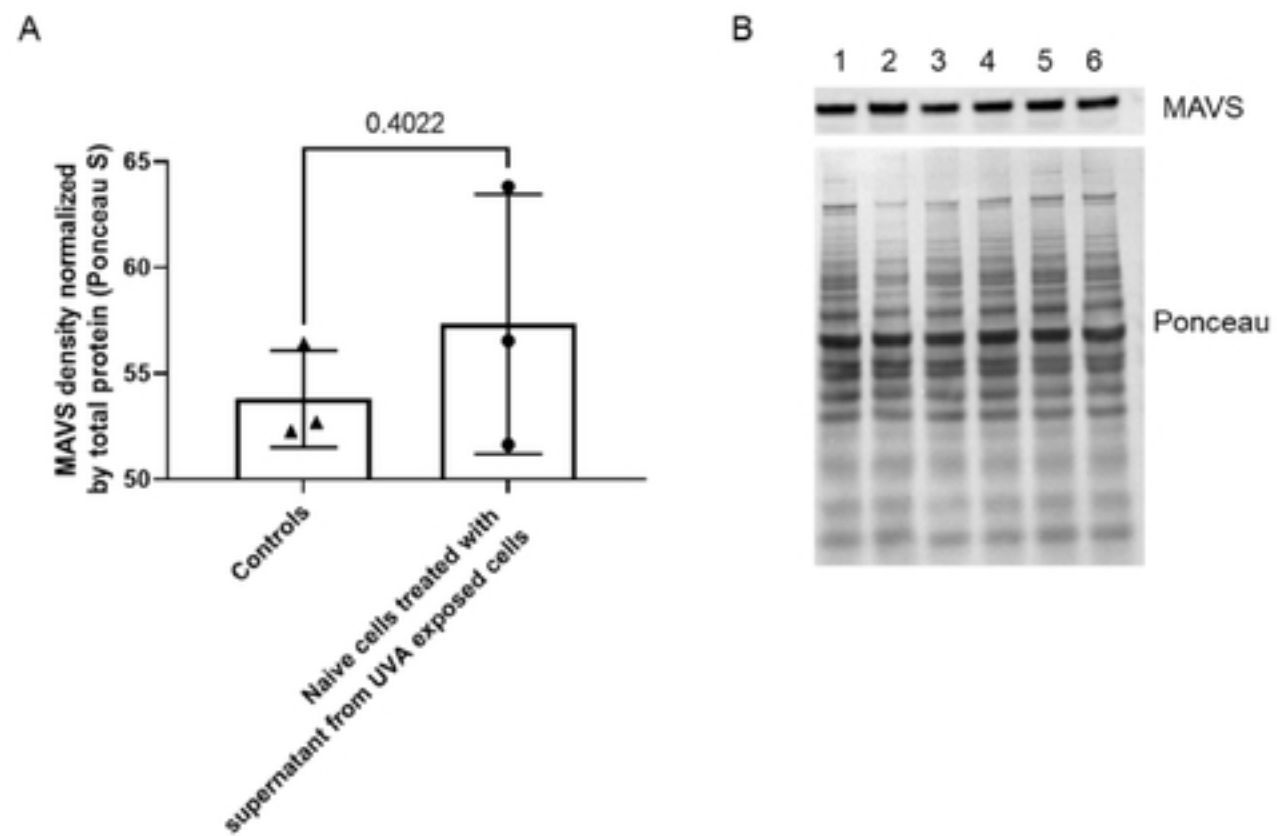


Figure 4

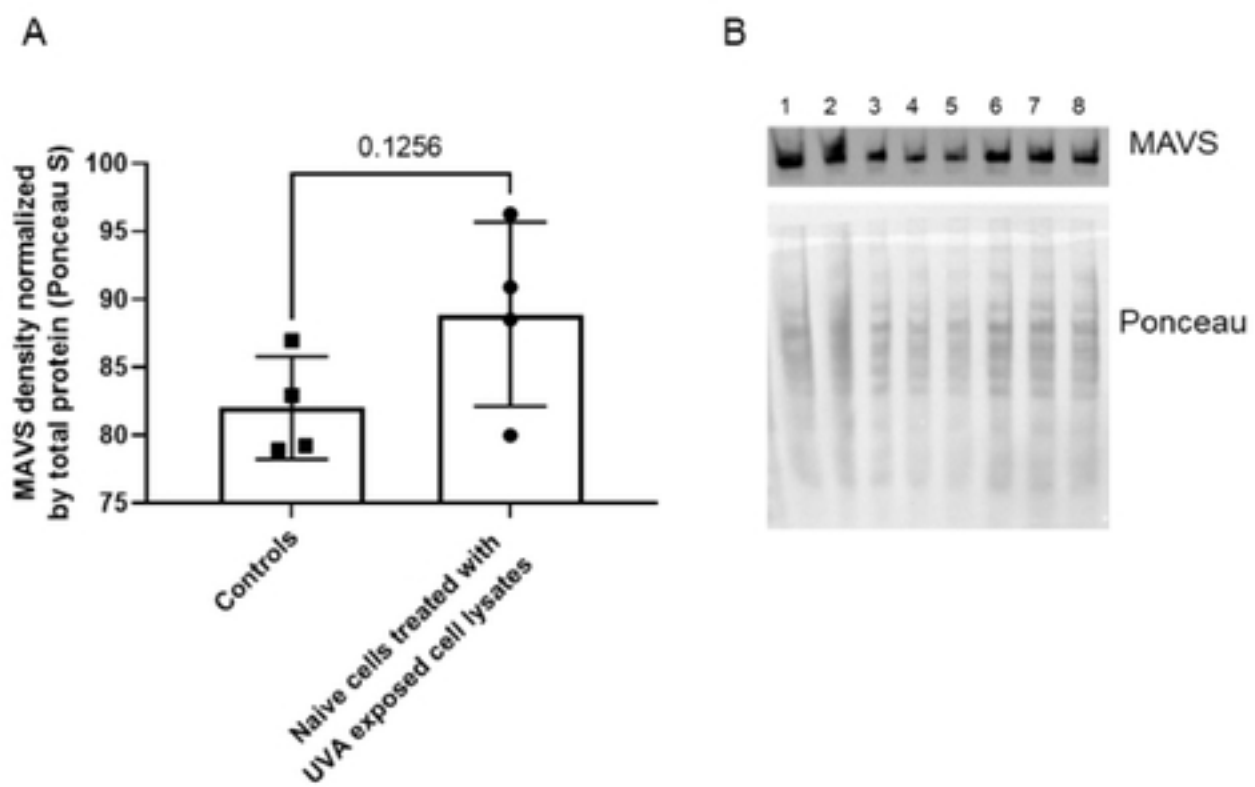


Figure 5

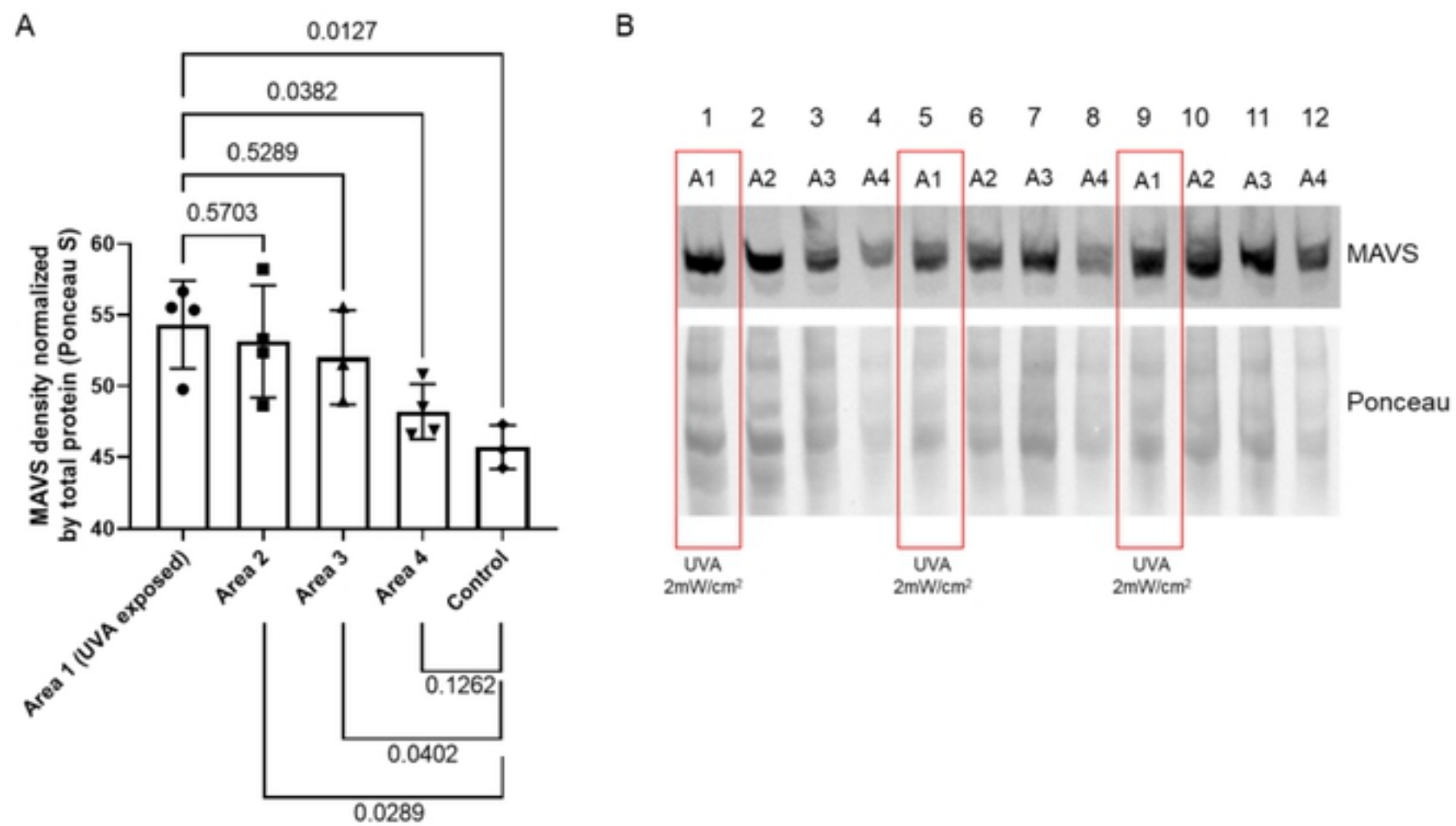


Figure 6