

1 **TITLE**

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3 A chemically-defined growth medium to support *Lactobacillus* – *Acetobacter* community analysis

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28 **KEYWORDS**

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30 *Lactobacillus* | *Acetobacter* | Chemically-defined growth medium | CDM

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34 **ABSTRACT**

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36 *Lactobacilli* and *acetobacters* are commercially important bacteria that often form communities in natural
37 fermentations, including food preparations, spoilage, and in the digestive tract of *Drosophila*
38 *melanogaster* fruit flies. Communities of these bacteria are widespread and prolific, despite numerous
39 strain-specific auxotrophies, suggesting they have evolved nutrient interdependencies that regulate their
40 growths. The use of a chemically-defined medium (CDM) supporting the growth of both groups of
41 bacteria would greatly facilitate identification of the precise metabolic interactions between these two
42 groups of bacteria. While numerous such media have been developed that support specific strains of
43 *lactobacilli* and *acetobacters*, there has not been a medium formulated to support both genera. We
44 developed such a medium, based on a previous *Lactobacillus* CDM, by modifying the nutrient
45 abundances to improve growth of both groups of bacteria. We further simplified the medium by
46 substituting casamino acids for individual amino acids and the standard Wolfe's vitamins and mineral
47 stocks for individual vitamins and minerals, resulting in a reduction from 40 to 8 stock solutions. The new
48 CDM and variations of it support robust growth of *lactobacilli* and *acetobacters*. We provide the
49 composition and an example of its use to measure nutritional interactions.

50 INTRODUCTION

51
52 Lactic Acid Bacteria (LAB) and Acetic Acid Bacteria (AAB) coexist in nature in a wide variety
53 of environments (Reese, 1938). These include food fermentations such as wine (Reese, 1938), beer
54 (Dysvik et al., 2020), kefir (da Cruz Pedrozo Miguel et al., 2010; Gulitz et al., 2011), sauerkraut (Wang
55 and Shao, 2018), kimchi (Wang et al., 2016), bread (Li et al., 2021), and cacao beans (Ho et al., 2018).
56 They also have been found together in agricultural feed, such as silage (Guan et al., 2018). LAB and AAB
57 can coexist as well in mammalian and insect gastrointestinal tracts where they have probiotic benefits
58 (Viladomiu et al., 2013), including within the intestine of the genetic model animal, *Drosophila*
59 *melanogaster*, where lactobacilli and acetobacters are the core types of LAB and AAB respectively
60 (Wong et al., 2011). We note that due to the recent reclassifications within the former *Lactobacillus* genus
61 (Zheng et al., 2020), we refer to the LABs used in this study by their new formal scientific names,
62 *Lactiplanibacillus plantarum* (*Lp. plantarum*) and *Levilactobacillus brevis* (*Ll. brevis*) or collectively by
63 their common name, lactobacillus (plural lactobacilli).
64

65 Why LAB and AAB co-occur so prevalently is the subject of ongoing investigations. A
66 synergistic metabolism between lactobacilli and acetobacters has been demonstrated based on sharing of
67 organic short chain fatty acids (SCFAs), including lactic acid and acetic acid. These compounds are
68 generally known to mutually promote growth through cross feeding, such that lactate stimulates
69 acetobacter growth and acetate stimulates lactobacilli (Consuegra et al., 2020; Henriques et al., 2020).
70 There is biomedical relevance of SCFA, including acetate, which are important in human and insect
71 health because their production by the gut microbiome plays a key role in gut epithelial cell metabolism
72 and immune homeostasis (Kim et al., 2018; Rivera-Chávez et al., 2016), potentially underlying the role of
73 LABs as probiotics (Viladomiu et al., 2013). Furthermore, in the mammalian colonic crypts, microbial
74 assemblages include *Lactobacillus* and other Lactobacillales, such as *Streptococcus* and
75 Alphaproteobacteria besides *Acetobacter*, including *Sphingomonas* and *Paracoccus* (Pédrón et al., 2012;
76 Saffarian et al., 2019), suggesting there may be a broader phylogenetic pattern of co-existence for these
77 groups, and understanding these relationships in *in vitro* communities could provide insights into their
78 roles in more complex environments with multiple trophic levels such as digestive tract. For instance,
79 cross-feeding may extend beyond SCFAs to other metabolites, including B-vitamins, such as folate and
80 cyanocobalamin, which also impact host health (Degnan et al., 2014; Sannino et al., 2018), and cross-fed
81 nutrients could influence secondary metabolite production (San Roman and Wagner, 2018).
82

83 Determining the nutrient requirements for organismal growth (Elli et al., 2000) as well as the
84 metabolites produced (Ponomarova et al., 2017) during fermentation is greatly improved with a defined
85 composition of the growth medium. Chemically-defined growth media have been developed to support
86 lactobacilli growth (Chervaux et al., 2000; Elli et al., 2000; Grobber et al., 1995; Petry et al., 2000;
87 Ricciardi et al., 2015; Saguir and de Nadra, 2007; Savijoki et al., 2006; Wegkamp et al., 2007), yet strain-
88 specific differences in growth requirements between different lactobacilli are widely reported, particularly
89 carbon, amino acid, vitamin, and mineral requirements, (Hayek and Ibrahim, 2013). Construction of a rich
90 CDM could overcome some of these limitations. Furthermore, no media have been developed with the
91 express purpose of supporting lactobacilli-*Acetobacter* communities. To better understand the nutritional
92 dependencies within lactobacillus-*Acetobacter* communities, we developed a rich, chemically-defined
93 medium (CDM) capable of independently supporting growth of both lactobacillus and *Acetobacters* from
94 the fruit fly gut microbiome and other sources in high throughput. We based this medium on the
95 formulation of Savijoki et al 2006. Our medium may be modified to optimize the growth of either
96 lactobacilli or acetobacters to a density of $\sim 10^9$ cells/mL ($OD > 1$) or to support co-cultures. In this short
97 report, we provide the chemical composition of the medium, some guides on its preparation, an approach
98 to circumvent strain-specific auxotrophies, and some known issues that can result from chemical
99 impurities. We focus our results on the lactobacilli and acetobacters from the *Drosophila* gut microbiome.
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101 RESULTS AND DISCUSSION

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103 Formulation of the CDM for lactobacilli growth

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105 With a goal of defining a CDM that supports growth of the lactobacilli and *Acetobacters* isolated from the fruit fly gut (Table S1), we first tested a previous chemically-defined medium that was developed for lactobacillus species (Savijoki et al., 2006). This medium contains ? glucose? All amino acids nucleotides? (*it would be helpful to understand more precisely what was included*) However, that medium supported only limited growth of our strains (OD₆₀₀ of X) and a precipitate formed upon 4 C? room temperature? storage. To prevent precipitation, we modified the medium by reducing the concentration of amino acids from X to X ug/ml. This modified medium supported growth of *Lp. plantarum* LFM1, a *D. melanogaster* isolate, to an OD₆₀₀ of only approximately 0.2 (Table S2), corresponding to ~10⁸ cells/mL. This low value is ~10 fold lower density than reported for the *Lp. plantarum* strain analyzed in the previous study (Savijoki et al., 2006). As strain-specific differences in media preferences are widely reported in lactobacilli (Hayek and Ibrahim, 2013), we further refined the composition by individually adding amino acids, vitamins and nucleotides at 10-fold higher concentrations into the original CDM (Table S3). Higher amounts of tyrosine and cysteine resulted in media precipitation, causing a higher OD₅₉₅ reading, which would interfere with high throughput growth measurements. Improved growth yield with excess alanine and tryptophan was reproducible, thus we increased these concentrations in the CDM to 14 mM and 1.4 mM, respectively (Table 1). We also experimented with increasing or decreasing the total amino acids, vitamins, and nucleic acids (Table S4), which showed we could double these components to increase *Lp. plantarum* growth without substantially affecting other lactobacilli and acetobacters.

142 We next simplified the medium to reduce the total number of stock solutions. We first replaced the vitamins and minerals with Wolfe's vitamins and Wolfe's minerals stocks, which did not noticeably affect growth (not shown). We then replaced the individual amino acids with casamino acids, which are a mixture of purified amino acids derived from peptidase treatment of casein, having a

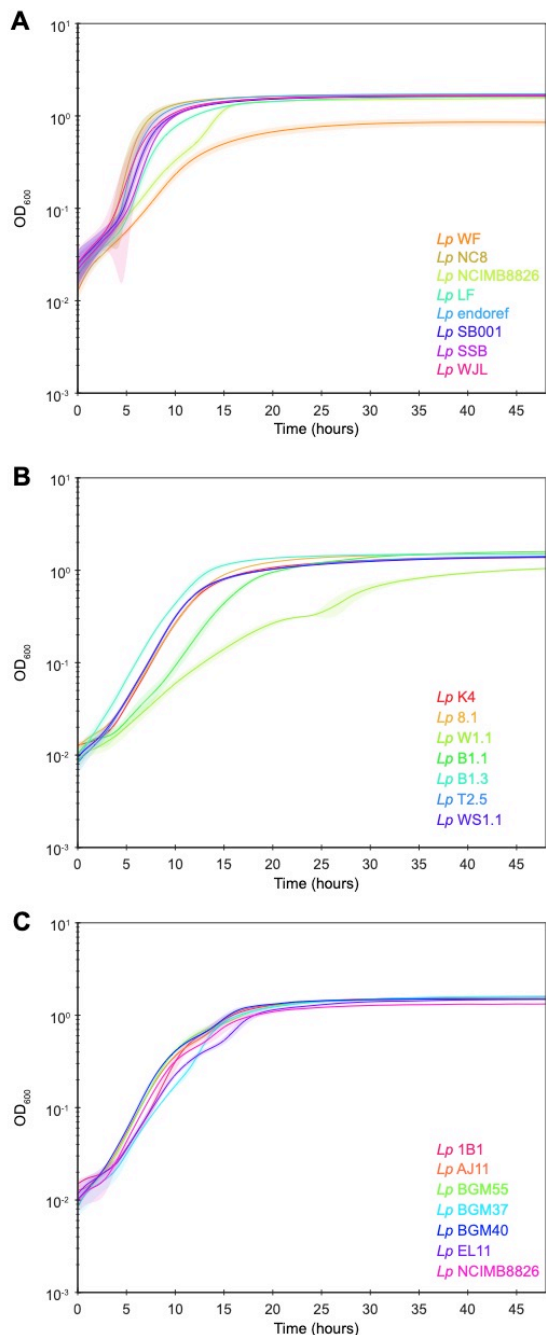


Figure 1. *Lp. plantarum* growth in CDM_L. Most strains grew to OD > 1.5, while *LpWF* grew to OD 0.8. Cultures were inoculated in 96 well microplates from CDM passaged cells at a starting OD of 0.05. N=12 replicates per sample. Solid line is cubic spline-smoothed mean. Shading is s.e.m. Samples in B & C were grown in a separate lab from A, with a separate batches of media and a different plate reader. In panel A, cells were passaged through CDM three times before inoculation for growth measurements. In B and C, cells were inoculated from MRS. Note faster initial growth in A.

151 representative abundance of each individual amino
152 acid. This variant of the medium, named CDM_L still
153 required additional cysteine (12 mM final
154 concentration) and tryptophan (2.5 mM final
155 concentration) (Figure S1; Table 2) but supported
156 rapid growth of a variety of *Lp. plantarum* strains
157 from different sources (Table S1) to an OD > 1,
158 corresponding to $\sim 10^9$ cells/mL (Figure 1),
159

160 We note several technical issues that arose when
161 constructing and testing the various CDMs. First,
162 inocula from nutrient rich agar plates such as MRS
163 agar do not grow well in CDM, but conditioning them
164 by passing through a mixture of 25:75 MRS:CDM
165 before 100% CDM greatly improved the number of
166 strains that grew. For many strains, the most robust
167 growth resulted after three passages in CDM.
168

169 Second, we noticed that when different commercial
170 sources of iron and cobalt were used, a precipitate
171 sometimes formed after 48 hours at room
172 temperature. Re-filtering the media to remove the precipitate did not inhibit *Lp. plantarum* growth,
173 suggesting that lower metal concentrations may be used at least for some strains. As noted earlier, amino
174 acid precipitation was also an issue, which we were able to resolve by reducing the total amount of amino
175 acids (by x-fold) while increasing select ones through the use of casamino acids, cysteine, and tryptophan.
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178 **Modification of the CDM for *Acetobacter* growth**

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180 Next, we incubated several strains of *Acetobacter* in CDM_L. *A. pasteurianus* and *A. tropicalis*
181 exhibited extremely limited growth (Table S2). In an attempt to improve growth, we repeated the 10-fold
182 additions experiment used test for improved lactobacilli growth, with ascorbate providing the only growth
183 improvement (Table S3). Because ascorbate caused discoloration of the media after 48 h at room
184 temperature, we only use it optionally. Through a series of trials, we also added lactate, substituted
185 potassium acetate for ammonium acetate, and reduced the amino acid concentrations (by 2.5-fold to
186 formulate a new version of the CDM named CDM_A (Table 3), which supported an OD₅₉₅ of ~ 1.0 ($\sim 10^9$
187 cells/mL) for the three *Acetobacter* strains tested (Figure 2). We note that it was critical to supply
188 adequate aeration to *Acetobacter* by shaking and poking a hole in the sealing film over the plate.
189 Increased shaking speed increased the clumping of the cultures, which appears as increased variance in
190 the growth curves (Figure 2). Reducing the shaking speed reduced clumping but also reduced the growth
191 rate.
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193 **An *Ll. brevis* strain shows cross-feeding with an *Acetobacter***

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195 Some preliminary experiments with dropouts of individual nutrients suggested that *Ll. brevis* strain LF,
196 which we isolated from laboratory *D. melanogaster*, had several auxotrophies. This strain grew in Man
197 Rogosa Sharpe (MRS) rich medium but was unable to grow in the complete CDM_L, suggesting
198 metabolic deficiencies (Figure 3A). Growth was restored with the addition of 2.5% v/v MRS to the
199 CDM_L (CDM_L+MRS_2.5 (final OD₆₀₀ = 0.6). One of the auxotrophies appeared to be for folate. We
200 then made CDM_L+MRS_2.5 lacking folate (CDM_L+MRS_2.5-folate). *L. brevis* LF was unable to
201 grow in CDM_L+MRS_2.5-folate, consistent with a folate auxotrophy (Figure 3A).

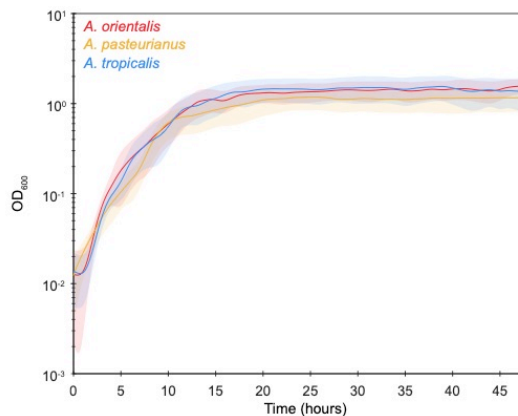


Figure 2. *Acetobacter* strain growth in CDM_A. *A. orientalis*, *A. pasteurianus*, and *A. tropicalis* grow to O.D. >1.0. Cultures were inoculated in 96-well plates from CDM-passaged cells at a starting O.D. of 0.05. N= 12 replicates per sample. Solid line is cubic spline-smoothed mean. Shading is s.e.m.

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Acetobacters are known B-vitamin producers, with complete folate metabolism (Bernhardt et al., 2019; Sannino et al., 2018). Coculture with *A. pasteurianus* increased *Ll. brevis* LF growth in CDM_L as did a 50:50 mix of CDM_L+MRS_2.5-folate with filter-sterilized spent CDM_L+MRS_2.5-folate from *A. pasteurianus* growth (Figure 3B), indicating that *A. pasteurianus* produces metabolites (likely including folate) that compensate for the *Ll. brevis* auxotrophies. While the overall densities of cells are quite low, this example shows how the base CDM can be used to explore community metabolism in lactobacillus-*Acetobacter* cocultures, even when the medium cannot support the individual strains.

CONCLUSIONS

The CDM formulated here enables investigation of lactobacillus-*Acetobacter* community metabolism and it may provide a starting point for investigation of more diverse LAB and AAB communities, which are often observed together in nature.

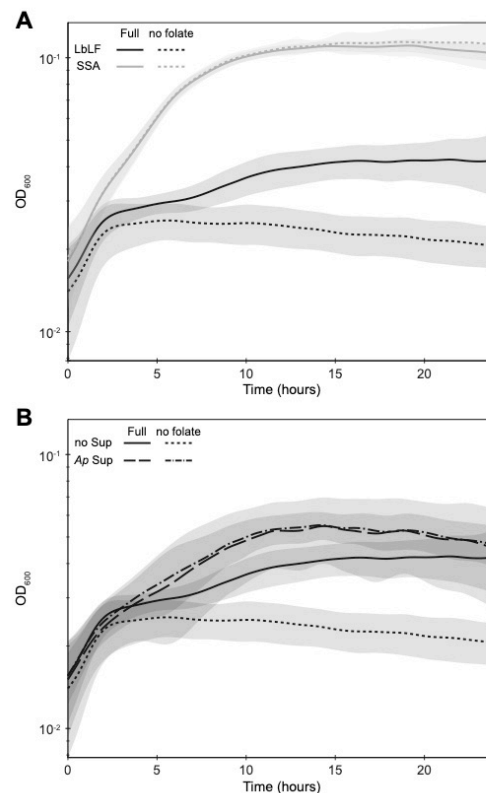


Figure 3. Lactobacillus-Acetobacter coculture in spent CDM_L+MRS_2.5 that lacks folate. (A) *Levilactobacillus brevis* LF grows in CDM_L supplemented with 2.5% MRS but not when folate is excluded. (B) *Acetobacter pasteurianus*-conditioned media restores *Ll. brevis* LF growth in CDM lacking folate. All samples grown in 96-well plates. N=12 replicates per sample. Solid line is cubic spline-smoothed mean. Shading is s.e.m.

228 MATERIALS AND METHODS

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230 Chemicals

231

232 A list of chemicals used in CDM are provided in Table S5.

233

234 Media preparation

235

236 Stock solutions were individually prepared in ultra-pure water or in appropriate solvents. pH adjustments
237 were made as indicated in Table 1. All stock solutions were passed through 0.22 μm filter and kept in
238 dark at 4 °C except nucleotides, which were stored at -20 °C. $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$ was freshly prepared. Medium
239 was initially made with 30 % less water to allow customized additions. Final pH of CDM was adjusted to
240 6.5 and the medium was passed through a 0.22 μm filter. CDM was stored at 4 °C and used within 2 days.

241

242 To make a carbon-free CDM, the following components were combined in the following order in a final
243 volume of 17.5 ml: 8.375 ml ultra-pure water, 2.5 ml MOPS buffer, 0.25 ml K_2HPO_4 , 0.25 ml NaCl, 0.25
244 ml NH_4Cl , 0.5 ml K_2SO_4 , 0.625 ml L-Alanine, 0.125 ml L-Arginine, 0.125 ml Glycine, 0.125 ml L-
245 Lysine, 0.5 ml L-Proline, 0.125 ml L-Histidine, 0.125 ml L-Serine, 0.125 ml L-Threonine, 0.125 ml L-
246 Aspartic acid, 20 μL of 10 N NaOH for pH correction, 0.125 ml L-Asparagine, 10 μL of 10 N NaOH for
247 pH correction, 0.125 ml L-Tyrosine, 0.125 ml L-Cysteine-HCl, 0.125 ml L-Valine, 0.125 ml L-Glutamic
248 acid, 0.125 ml L-Tryptophane, 0.125 ml L-Phenylalanine, 0.125 ml L-Glutamine, 0.125 ml L-Leucine,
249 0.125 ml L-Isoleucine, 0.125 ml L-Methionine, 0.125 ml Ca-D-(+)-pantothenate, 0.125 ml Lipoic acid,
250 0.125 ml Nicotinic acid, 0.125 ml para-Aminobenzoic acid, 0.125 ml Pyridoxine-HCl, 0.125 ml
251 Thiamine-HCl, 0.125 ml Biotin, 0.125 ml Ascorbic acid, 0.125 ml Folic acid, 0.125 ml Guanine, 0.125 ml
252 Uracil, 0.125 ml Xanthine, 0.125 ml Adenine, 0.25 ml $\text{MgCl}_2 \cdot 6\text{H}_2\text{O}$, 0.25 ml $\text{MnCl}_2 \cdot 4\text{H}_2\text{O}$, 0.25 ml
253 $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$.

254

255 Appropriate carbon sources were provided in CDM to grow specific isolates. A final concentration of 1 %
256 glucose and 0.1 % acetate were added for the growth of *L. plantarum*. A final concentration of 1 %
257 glucose, 0.5 % fructose and 0.1 % acetate was optimized for the growth of *L. brevis*. A final concentration
258 of 1 % fructose was used for the growth of *Acetobacter pasteurianus*, and 1 % glucose was used for the
259 growth of *A. tropicalis*.

260

261 Bacterial strains and growth

262

263 Bacterial strains used in this study are listed in Table S1. Strains were grown on MRS agar plates at 30 °C
264 incubation for 1 to 2 days. Plate-grown cells were routinely generated from glycerol stocks and plates
265 were used only once. At least 30 colonies [to reduce the odds of a mutant dominating the growth curve]
266 were transferred into 3 ml CDM in a test tube and cultures were shaken at 30°C for 16 to 18 h. Turbidity
267 was adjusted to OD_{600} of 0.5 and used to inoculate media for growth kinetics experiments. Time-course
268 growth experiments were performed in 100 μL CDM in 96-well microplates. After aliquoting 70 μL
269 CDM into each well, indicated carbon sources from sterile stocks were added to appropriate wells and the
270 medium was inoculated with 10 μL culture for a final OD_{600} of 0.05. Plates were sealed with a Breatheasy
271 film. Microplates were incubated in a temperature-controlled plate reader with shaking. OD_{595}
272 measurements were taken every 15 minutes for 24 to 48 hours. M1000 (Tecan) and Magellan (Biotek)
273 plate readers were used for experiments. OD_{595} measurements were background-subtracted using the
274 OD_{595} measurement of medium-only blank controls.

275

276 For acetobacter growth, maximal shaking was used, with a speed of 600 RPM at an orbital radius
277 of 3 mm. To improve aeration further, we poked an off-center hole in the Breatheasy film over each well
278 using a fine gauge needle.

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364 **Table 1.** Composition of the chemically defined medium.

365	Compound	Concentration	Units	Supplier	Part Number	Stock
367	Base					
368	MOPS	40	mM	Millipore	475898	10x in H ₂ O
369	K ₂ HPO ₄	5	mM	Fisher	P288	10x in H ₂ O
370	NaCl	0.2	mM	Fisher	S271	100x in H ₂ O
371	NH ₄ Cl	20	mM	Fisher	A649	100x in H ₂ O
372	K ₂ SO ₄	10	mM	Sigma	746363	50x in H ₂ O
373	Metal Salts					
374	MgCl ₂ .6H ₂ O	1	mM	Fisher	BP214	100x in H ₂ O
375	MnCl ₂ .4H ₂ O	0.05	mM	Sigma	M3634	100x in H ₂ O
376	FeSO ₄ .7H ₂ O	0.05	mM	Sigma	F8633	100x in H ₂ O
377	Amino acids					
378	L-Alanine	14	mM	Sigma	A7627	40x in H ₂ O
379	L-Arginine	0.36	mM	Sigma	A5131	200x in H ₂ O
380	Glycine	3.41	mM	Sigma	G7126	200x in H ₂ O
381	L-Lysine	3.59	mM	Sigma	L5626	200x in H ₂ O
382	L-Proline	1.737	mM	Sigma	P0380	200x in H ₂ O
383	L-Histidine	2.664	mM	Sigma	H8125	200x in H ₂ O
384	L-Serine	7.374	mM	Sigma	S4500	200x in H ₂ O
385	L-Threonine	2.098	mM	Sigma	T8625	200x in H ₂ O
386	L-Aspartic acid	0.083	mM	Sigma	A9256	200x in 1 M HCl
387	L-Asparagine	4.162	mM	Sigma	A0884	200x in 1 M HCl
388	L-Tyrosine	1.1035	mM	Sigma	T3754	200x in 1 M NaOH
389	L-Cysteine-HCl	4.758	mM	Sigma	C1276	200x in H ₂ O
390	L-Valine	4.268	mM	Sigma	V0500	200x in 1 M NaOH
391	L-Glutamic acid	1.417	mM	Sigma	G1251	200x in 1 M HCl
392	L-Tryptophane	1.371	mM	Sigma	T0254	200x in 1 M NaOH
393	L-Phenylalanine	1.513	mM	Sigma	P2126	200x in 1 M HCl
394	L-Glutamine	3.267	mM	Sigma	G3126	200x in 1 M NaOH
395	L-Leucine	1.905	mM	Sigma	L8000	2000x in 0.5 M HCl
396	L-Isoleucine	1.905	mM	Sigma	I2752	2000x in 0.5 M HCl
397	L-Methionine	0.67	mM	Sigma	M9625	200x in 0.1 M HCl
398	Nucleotides					
399	Guanine	0.033	mM	Sigma	G6779	200x in 0.1 M NaOH
400	Uracil	0.0445	mM	Sigma	U1128	200x in 0.1 M NaOH
401	Xanthine	0.0325	mM	Sigma	X4002	200x in 0.1 M NaOH
402	Adenine	0.037	mM	Sigma	A2786	200x in 0.1 M HCl
403	Carbon					
404	Glucose	1	%	Sigma	G8270	50x in H ₂ O
405	Fructose	0.5 or 1	%	Sigma	F3510	50x in H ₂ O
406	Acetate	0.1	%	Fisher	S210	100x in H ₂ O
407	Optional					
408	Ascorbic acid	1.4	mM	Fisher	AA3623714	100x in H ₂ O
409	Lipoic acid	1	mM	Sigma	T1395	direct
410						
411						
412						

413 **Table 2. Composition of CDM_L (for lactobacilli).**
414

415	Stock Solution	Chemical	Final Concentration
416			buffer and salts
417	1	MOPS	40 mM (1x)
418	1	K ₂ HPO ₄	5 mM (1x)
419	1	NH ₄ Cl	20 mM (1x)
420	1	Na ₂ SO ₄	10 mM (1x)
421			
422		metals	
423	2	MgCl ₂ *6 H ₂ O	1 mM (1x)
424	2	MnCl ₂ *4 H ₂ O	.05 mM (1x)
425	2	FeSO ₄ *7 H ₂ O	.05 mM (1x)
426			
427		carbon source	
428	3	glucose / mannitol	125 mM (1x)
429			
430		Amino Acids	
431	4	Casamino AAs	3 g/L
432			
433	5	Cysteine-HCl*H ₂ O	1x (0.145 g/L)
434			
435	6	Tryptophan	1x (0.05 g/L)
436			
437	7	Wolfe's Vitamins	2x (see composition below)
438			
439	8	Wolfe's Minerals	2x (see composition below)

443	Wolfe's Vitamins (100x)	Concentration	units	Supplier	Part Number	Notes
444	Ca-(D)-(+)-pantothenate	0.001	g/L	Sigma	C8731	
445	Nicotinic acid	0.001	g/L	Sigma	N4126	
446	Para-Aminobenzoic acid	0.001	g/L	Nutr. Biochem.	R-238	
447	Pyridoxine-HCl	0.002	g/L	Alfa aesar	A12041	
448	Thiamine HCl	0.001	g/L	EMD Millipore	5871	
449	Biotin	0.0004	g/L	Sigma	B4639	in 0.1 M NaOH
450	Folic acid	0.0004	g/L	Sigma	F8758	in 0.1 M NaOH
451	Vitamin B ₁₂	0.000002	g/L	TCI	C0449	
452						
453						
454	Wolfe's Minerals (100x)					
455	Nitrilotriacetic Acid	0.3	g/L	Sigma	N9877	
456	MgSO ₄ -7H ₂ O	0.6	g/L	EMD Millipore	MX0070-1	
457	MnSO ₄ -H ₂ O	0.1	g/L	Fisher	M113	
458	NaCl	0.2	g/L	Fisher	S271	
459	CaCl ₂	0.02	g/L	Mallinckrodt	4160	
460	FeSO ₄ -7H ₂ O	0.02	g/L	Sigma	F8633	
461	CoCl ₂ -6 H ₂ O	0.02	g/L	Sigma	202185	
462	ZnSO ₄ -7 H ₂ O	0.02	g/L	Fisher	Z68	
463	CuSO ₄ -5 H ₂ O	0.002	g/L	VWR	330	
464	AlK(SO) ₄ -12 H ₂ O	0.002	g/L	Sigma	237086	
465	H ₃ BO ₃	0.002	g/L	Fisher	A78	
466	Na ₂ MoO ₄ -2 H ₂ O	0.002	g/L	Acros Organics	446360250	
467						
468						

469

470 **Table 3. Composition of CDM_A (for *Acetobacters*).**

471

472 **Reagent** **Concentration** **Supplier** **Part Number**

473 **Base**

474 MOPS 40 0.837 8.37 (pH 6.8) 40 mM (Millipore) 475898

475 K₂HPO₄ 5 mM (Fisher) P288

476 NH₄Cl 18.69 0.1 10 20 mM (Fisher) A649

477 K₂SO₄ 8.28 0.144 7.2 10 mM (Sigma) 746363

478 **Metal Salts**

479 MgCl₂·6H₂O 0.98 0.02 2 1 mM (Fisher) BP214

480 MnCl₂·4H₂O 0.05 0.001 0.1 0.05 mM (Sigma) M3634

481 FeSO₄·7H₂O 0.035 0.001 0.1 0.05 mM (Sigma) F8633

482 **Carbon Sources**

483 Glucose 125 mM (Sigma) G8270

484 Potassium Acetate 6 mM (Fisher) P171

485 DL-Lactic Acid 50 mM (Sigma) 69785

486 **Amino acids**

487 Casamino Acids 6 g/L BD Bacto 223050

488 L-Cysteine HCL 0.58 g/L Sigma C1276

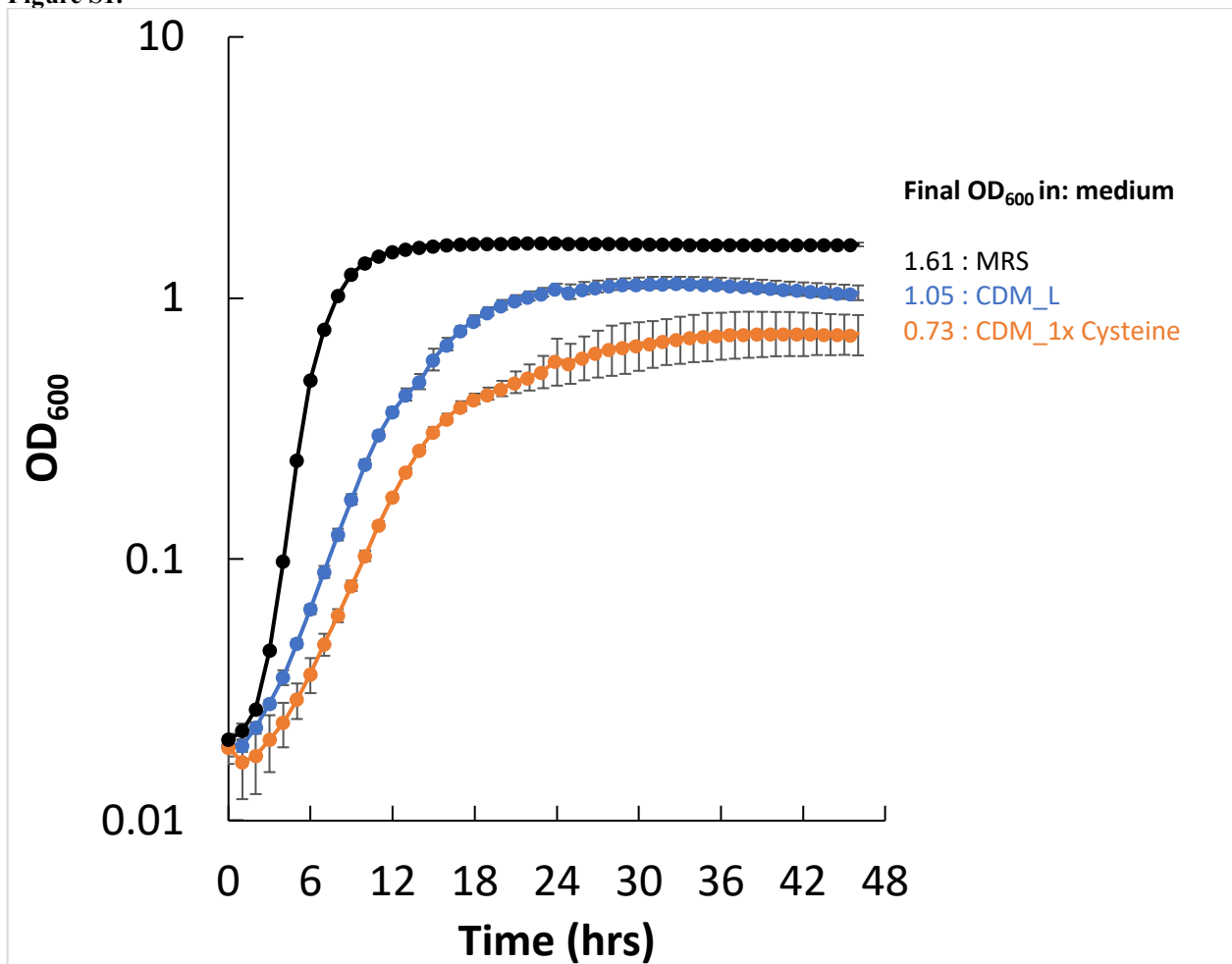
489 L-Tryptophan 0.2 g/L Sigma T0254

490 **Wolfe's vitamins 1x**

491 **Wolfe's minerals 1x**

492

493 Figure S1.



494 Growth of *Lp. plantarum* NCIMB8826 in MRS, CDM_L, and a CDM without added cysteine. Inoculation at
495 0.05 from overnight cultures of MRS grown cells washed in PBS. Growth in 96 well plates with 12 technical
496 replicates per growth curve. Note that CDM_L has 10x the cysteine of CDM_1x Cysteine.
497
498
499

500 **Table S1.**

501 Bacterial strains used in this study.

502	Species	Source	Reference
503	<i>Lp. plantarum</i> WF	Wild <i>D. melanogaster</i> isolate	Obadia et al. 2017
504	<i>Lp. plantarum</i> NC8	Fermented grass	Axelsson et al. 2012
505	<i>Lp. plantarum</i> NCIMB8826	Human saliva	Hayward & Davis 1956
506	<i>Lp. plantarum</i> LF	Canton-S <i>D. melanogaster</i>	Obadia et al. 2017
507	<i>Lp. plantarum</i> endoref	lab <i>D. melanogaster</i>	Storelli et al. 2011
508	<i>Lp. plantarum</i> SB001	lab <i>D. melanogaster</i>	Obadia et al. 2017
509	<i>Lp. plantarum</i> SSB	wild <i>D. melanogaster</i>	Hardy et al. 2018
510	<i>Lp. plantarum</i> WJL	lab <i>D. melanogaster</i>	Ryu et al 2008
511	<i>Lp. plantarum</i> K4	wheat sourdough starter	Yu et al 2021
512	<i>Lp. plantarum</i> 8.1	wheat boza	Yu et al 2021
513	<i>Lp. plantarum</i> W1.1	wheat flour teff injera	Yu et al 2021
514	<i>Lp. plantarum</i> B1.1	brown flour teff injera	Yu et al 2021
515	<i>Lp. plantarum</i> B1.3	brown flour teff injera	Yu et al 2021
516	<i>Lp. plantarum</i> T2.5	fermented tomatoes	Yu et al 2021
517	<i>Lp. plantarum</i> WS1.1	fermented tomatoes (spoiled)	Yu et al 2021
518	<i>Lp. plantarum</i> 1B1	cactus fruit (<i>Opuntia ficus-indicia</i>)	Tyler et al 2016
519	<i>Lp. plantarum</i> AJ11	fermented olives	Golomb et al 2013
520	<i>Lp. plantarum</i> BGM55	fermented olives inoculated with yeast	Golomb et al 2013
521	<i>Lp. plantarum</i> BGM37	olive fermentation brine	Golomb et al 2013
522	<i>Lp. plantarum</i> BGM40	fermented olives	Golomb et al 2013
523	<i>Lp. plantarum</i> EL11	fermented olives	Golomb et al 2013
524	<i>Ll. brevis</i> LF	isolated from lab <i>D. melanogaster</i>	Gould et al. 2018
525	<i>Ll. brevis</i> LF2	isolated from lab <i>D. melanogaster</i>	Obadia et al. 2017
526	<i>Ll. brevis</i> SSA	isolated from wild <i>D. melanogaster</i>	Hardy et al. 2018
527	<i>Ll. brevis</i> Di	isolated from wild <i>D. immigrans</i>	this paper
528	<i>Acetobacter orientalis</i>	Canton-S isolate	Gould et al. 2018
529	<i>Acetobacter pasteurianus</i>	Oregon-R isolate	Gould et al. 2018
530	<i>Acetobacter tropicalis</i>	Oregon-R isolate	Gould et al. 2018

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534 **Table S2.**

535 Initial growth yield values of strains grown in CDM (Savijoki et al., 2006) with indicated carbon sources. Glu
536 (Glucose), Fru (Fructose), Ac (Acetate), LP (*Lactobacillus plantarum*), (LB) *L. brevis*, (AP) *Acetobacter*
537 *pasteurianus*, (AT) *A. tropicalis*.

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539

		Final growth yield (OD₅₉₅)					
		Glu (0.65 %)	Glu (0.65 %)	Glu (1 %)	Fru (1 %)	Glu (1 %)	Ac (0.1%)
		Fru (0.65 %)	Fru (0.65 %)	Ac (0.1 %)			
		Ac (0.1 %)					
540	LP			0.123		0.056	0.001
541	LB	0.051	0.026				0
542	AP				0.026		0.014
543	AT			0.021		0.044	0.021

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547 **Table S3.**

548 Variations in CDM and final growth yields of strains. CDM single variations with one component in 10-fold excess.
 549 The final growth yield was compared to the final growth yield of the same strains grown in CDM with the final
 550 concentration of amino acids, vitamins, nucleotides indicated in Table 1. ODs >0.3 are highlighted. S.E.M. in
 551 parentheses.
 552

		Final growth yield (OD ₅₉₅)			
		LP	LB	AP	AT
554	CDM (Table 1)	0.238 (m 0.002)	0.131 (m 0.001)	0.103 (m 0.020)	0.036 (m 0.001)
555					
556	CDM single variations				
557					
558	Ala	0.218 (m 0.009)	0.138 (m 0.000)	0.199 (m 0.000)	0.073 (m 0.007)
559	Asn	0.229 (m 0.019)	0.132 (m 0.005)	0.136 (m 0.112)	0.037 (m 0.006)
560	Glu	0.317 (m 0.011)	0.071 (m 0.006)	0.030 (m 0.004)	0.049 (m 0.002)
561	Phe	0.285 (m 0.033)	0.134 (m 0.002)	0.062 (m 0.040)	0.034 (m 0.003)
562	Leu	0.269 (m 0.109)	0.130 (m 0.002)	0.025 (m 0.003)	0.047 (m 0.004)
563	Ile	0.228 (m 0.001)	0.135 (m 0.011)	0.064 (m 0.023)	0.036 (m 0.005)
564	Met	0.231 (m 0.002)	0.123 (m 0.000)	0.024 (m 0.041)	0.040 (m 0.001)
565	Val	0.251 (m 0.044)	0.138 (m 0.001)	0.032 (m 0.003)	0.004 (m 0.001)
566	Trp	0.877 (m 0.535)	0.127 (m 0.004)	0.128 (m 0.059)	0.036 (m 0.003)
567	Gln	0.287 (m 0.007)	0.076 (m 0.003)	0.000 (m 0.002)	0.039 (m 0.000)
568	Arg	0.118 (m 0.030)	0.124 (m 0.000)	0.085 (m 0.021)	0.033 (m 0.002)
569	Gly	0.217 (m 0.005)	0.133 (m 0.000)	0.156 (m 0.040)	0.034 (m 0.000)
570	Lys	0.213 (m 0.000)	0.141 (m 0.001)	0.099 (m 0.013)	0.041 (m 0.000)
571	Pro	0.298 (m 0.016)	0.155 (m 0.002)	0.058 (m 0.020)	0.037 (m 0.000)
572	His	0.268 (m 0.019)	0.138 (m 0.003)	0.118 (m 0.083)	0.040 (m 0.000)
573	Ser	0.296 (m 0.008)	0.121 (m 0.007)	0.054 (m 0.002)	0.065 (m 0.032)
574	Thr	0.257 (m 0.025)	0.140 (m 0.002)	0.046 (m 0.011)	0.032 (m 0.001)
575	Panθοthenate	0.246 (m 0.011)	0.138 (m 0.002)	0.055 (m 0.027)	0.027 (m 0.009)
576	Lipoic acid	0.260 (m 0.010)	0.111 (m 0.004)	0.032 (m 0.005)	0.033 (m 0.000)
577	Cyanocobalamin	0.261 (m 0.005)	0.136 (m 0.000)	0.088 (m 0.000)	0.045 (m 0.003)
578	Nicotinic acid	0.218 (m 0.007)	0.151 (m 0.027)	0.074 (m 0.002)	0.039 (m 0.001)
579	para-Aminobenzoic acid	0.217 (m 0.010)	0.155 (m 0.028)	0.137 (m 0.065)	0.038 (m 0.004)
580	Pyridoxine	0.225 (m 0.000)	0.135 (m 0.001)	0.067 (m 0.007)	0.038 (m 0.004)
581	Thiamine	0.231 (m 0.012)	0.136 (m 0.001)	0.143 (m 0.051)	0.037 (m 0.000)
582	Biotin	0.299 (m 0.009)	0.137 (m 0.005)	0.075 (m 0.002)	0.041 (m 0.000)
583	Ascorbate	0.231 (m 0.007)	0.088 (m 0.052)	0.316 (m 0.370)	0.050 (m 0.000)
584	Folate	0.227 (m 0.010)	0.139 (m 0.001)	0.071 (m 0.009)	0.041 (m 0.000)
585	Riboflavin	0.230 (m 0.012)	0.135 (m 0.000)	0.187 (m 0.013)	0.037 (m 0.001)
586	Guanine	0.212 (m 0.004)	0.136 (m 0.000)	0.124 (m 0.035)	0.042 (m 0.005)
587	Uracil	0.267 (m 0.000)	0.155 (m 0.004)	0.066 (m 0.019)	0.043 (m 0.003)
588	Xanthine	0.243 (m 0.007)	0.138 (m 0.002)	0.069 (m 0.018)	0.040 (m 0.003)
589	Adenine	0.252 (m 0.007)	0.133 (m 0.001)	0.055 (m 0.033)	0.044 (m 0.002)
590	PO ₄	0.263 (m 0.008)	0.208 (m 0.000)	0.042 (m 0.018)	0.037 (m 0.002)
591	SO ₄	0.276 (m 0.074)	0.132 (m 0.000)	0.120 (m 0.081)	0.042 (m 0.001)
592	NH ₄	0.200 (m 0.004)	0.159 (m 0.002)	0.040 (m 0.017)	0.036 (m 0.003)
593	Mg	0.205 (m 0.092)	0.154 (m 0.039)	0.060 (m 0.003)	0.039 (m 0.002)
594	Mn	0.290 (m 0.008)	0.157 (m 0.003)	0.113 (m 0.029)	0.057 (m 0.020)
595	Fe	0.210 (m 0.007)	0.157 (m 0.001)	0.120 (m 0.029)	0.042 (m 0.001)
596	Na	0.177 (m 0.032)	0.139 (m 0.001)	0.164 (m 0.085)	0.018 (m 0.000)
597	Bicarbonate, 40 mM	0.347 (m 0.019)	0.0135 (m 0.001)	0.022 (m 0.004)	0.038 (m 0.000)
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Table S4.

Final growth yield values of strains grown in CDM with indicated fold-difference of the combined amino acids, vitamins, and nucleotides from the concentration of components listed in Table 1, which is set to 1x. LP (*Lactobacillus plantarum*), (LB) *L. brevis*, (AP) *Acetobacter pasteurianus*, (AT) *A. tropicalis*. S.E.M. in parentheses.

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Fold excess	Final growth yield			
	LP	LB	AP	AT
2 x	0.449 (m 0.029)	0.06 (m 0.005)	0.101 (m 0.078)	0.072 (m 0.005)
1 x	0.236 (m 0.016)	0.058 (m 0.002)	0.151 (m 0.014)	0.096 (m 0.001)
0.2 x	0.085 (m 0.009)	0.031 (m 0.001)	0.103 (m 0.004)	0.093 (m 0.004)

617 **Table S5.**
618 List of chemicals used in this study.
619

620	Chemical	Vendor	Catalog number	Molecular Weight
621	MOPS, Free acid, UltraPure	GoldBio	M790	209.26
622	K ₂ HPO ₄	Fisher Scientific	P288	174.18
623	NaCl	Fisher Scientific	S271	58.44
624	NH ₄ Cl	Fisher Scientific	A649	53.49
625	K ₂ SO ₄	Sigma	P9458	174.26
626	MgCl ₂ ·6H ₂ O	Fisher Scientific	BP214	203.31
627	MnCl ₂ ·4H ₂ O	Sigma	M3634	197.9
628	FeSO ₄ ·7H ₂ O	Sigma	F8633	278.01
629	L-Alanine	Sigma	A7627	89.09
630	L-Arginine	Sigma	A5131	210.66
631	Glycine	Sigma	G7126	75.07
632	L-Lysine	Sigma	L5626	146.19
633	L-Proline	Sigma	P0380	115.13
634	L-Histidine	Sigma	H8125	155.15
635	L-Serine	Sigma	S4500	105.09
636	L-Threonine	Sigma	T8625	119.12
637	L-Aspartic acid	Sigma	A9256	133.1
638	L-Asparagine	Sigma	A0884	132.12
639	L-Tyrosine	Sigma	T3754	181.19
640	L-Cysteine-HCl	Sigma	C1276	157.62
641	L-Valine	Sigma	V0500	117.15
642	L-Glutamic acid	Sigma	G1251	183.6
643	L-Tryptophane	Sigma	T0254	204.23
644	L-Phenylalanine	Sigma	P2126	165.19
645	L-Glutamine	Sigma	G3126	146.14
646	L-Leucine	Sigma	L8000	131.17
647	L-Isoleucine	Sigma	I2752	131.17
648	L-Methionine	Sigma	M9625	149.21
649	Ca-(D)-(+)-pantothenate	Sigma	C8731	238.27
650	Lipoic acid	Sigma	T1395	206.33
651	Nicotinic acid	Sigma	72309	123.11
652	Para-Aminobenzoic acid	Sigma	A9878	137.14
653	Pyridoxine-HCl	Sigma	P9755	205.64
654	Thiamine-HCl	Sigma	T4625	337.27
655	Biotin	Sigma	B4639	244.31
656	Ascorbic acid	Fisher Scientific	AA3623714	176.12
657	Folic acid	Sigma	F7876	441.4
658	Riboflavin	Sigma	R4500	376.36
659	Cyanocobalamin	Sigma	V6629	1355.37
660	Guanine	Sigma	G6779	151.13
661	Uracil	Sigma	U1128	112.09
662	Xanthine	Sigma	X4002	152.11
663	Adenine	Sigma	A2786	135.13
664	Glucose	Sigma	G8270	180.16
665	Fructose	Sigma	F3510	180.16
666	Acetate, sodium salt	Fisher Scientific	S210	90.08

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